## The alniom giltocate

WJL. LVIII. No. 49
NEWCASTLE, NEW BRUNSWICK, TUESDAY, DEC. 81925
FIVE CENTS PER COPY

THE RELIABLE STORE Fresh Stock Right Prices Prompt Delivery christmas cooking

OUR MOTTO- will be to fulfil these requirements to the best of our ability EITHER CALL AT OUR STORE OR PH
WE WILL DO THE REST.
Groceries, Canned Goods, Fruits, Chocolates, Vegetables, Celery, Lettuce, Salt, Fresh and Smoked Heats, Salt and Sois Confectionery, Nuts, Dates, Fiss, Mived Peels, Raisins, Currants, Spices, Extracts, Etc.
MOIRS' Bread daily---Moirs' and Ganong's Chocolates in Fancy Boxes and Bulk Use Your Phone WEAREAT YOUR BIDDING it will se a Pleasure PHONE 210 M/LLSTABIES NEWCASTLE, N. B.

## Help Us to Help You

Our stock is immense, and in order to reduce it, we are offering th public a chance to live regardless of hard times
Prices Cut Down almost Impossible to Believe Give US a Call-You are under no obligation to buy.

CHRISTMAS COOKING
Peels, Extracts, Spices, Raisins, Currants, B. Powder, Soda, Figs, Dates, Icing Sugar, Walnuts and a complete line of Groceries

We have an Up-to-date Meat Market where we can supply many a tasty meal which we can assure jou to be the Best Our Out-of-Town Orders will be Given Our Careful Attention
flour M. L. Hachey feids
service
Phone 130

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## AUYO LICENSE FEES ABUUT 20

P. C. IESS IN 1926

SMELI FISHERMAN
FELL AND FRACUURLD His SKU




$\left\lvert\, \begin{aligned} & \text { Thibodeau } \\ & \text { fishing and whe engage } \\ & \text { while }\end{aligned}\right.$


was found that he had suffered ?
rac:ured skull and severe chest in
uries The unfortunate man di
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is survived by a wift

KING GEORCE MUST TAKE TWO MONTH;'
SEA TRIP A YEAR
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 molt in oreat pratai.

HOWARD MCKENDY HEADS CHATHAM CURLING CLUB
At a meeting oo the chatama
 comits remen wen oteces ant or tor vice pratuent-w. $\mathrm{H} . \mathrm{s}$. Ruchete



 and
 apects are bright for a most successtul season.
The Chatham hockey team is un-
dertaking strenuons indoor practic at the college symn, under the d1-
rection of coach $w$. rection of coach W. A. Broady. It is
expected that wulder tavorable
 pracitice will start within a week.
Arthur Leggat. Secretary Treasure
 whene he will attend the meeting
the Maritime Amateur Hockey As. sociation, as representative
sociation, as
Chatham Club.
Canadian meeting was amonded to read "The gooliteoper max ctop the
puck in any way or manivor be plaas. puck in any way or mannior he pleasas
es. When caught the piock muast be
 cleared by throwing dirgetily back of
the net"


THE UNION ADVOCATE, TLESDAY. DEC. STH, 1925
page three

## Fragrant and Pure MATADA"

is kept deliciously fresh in airtight aluminum foil packets. Never sold in bulk

| Here and There |
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 pacted that approximately one han. on the Bastl whindermere Rod over the Wolverime Phaterua rnd past Lake O'Bare to Hector, while botween


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Treatros 61,000 berrestery mould dop
 triphty meot, mo to entime

Georgo Morrie Boosorti, Cumpros.
( 4 chipe who diod in London, Engitand





 Tyeftio eni wide thit the oimpany


## Value of all Diamonds

Estimated at Five

Large Share of Jewol Wealth Owned in United Statos,
Says Gem Expert. Says Gem Expert.
$\qquad$ ve have any record, tn later time
he diamond has become the stand

## HON. D. A. STEWART SEES NO REDUCTION IN AUTOMOBILE LICENSE FEES THIS YEAR

Minister of Public Works in the Provincial Governmen
Syys Gas Tax Both Necessity and Fair --Tax May be Over Three Cents Per Gallon not Likely to be Less.


## night, Hon. D. A. Stewart, Minister <br> of Public Works in the present pr vinclat government, anhounced th

there would be no reduction in auto-
the proposed Gasoline Tax migh
s much as 5 cens s per, gallon.
The minister was responding to 2
in doring so, naturally dealt with


| ity, recently has completed of the v.crid's store on ge ruby mines of Burma have ked for centuries and they producing heavily, nearly 000 being discovered during thirty-five years. <br> . Kunz computes the value monds in the wo:ld to-day at 000,000 and it is generally omewhat less than $\$ 8,000,000$, of which happens at this In the United States, even here. |
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Britain Will Scrap 37 Naval Vessel
$\qquad$
$\qquad$ Secretary for the Admiralty., announ ed in the House of Commons.
This list will be made up of thr rs, seven submarines, three trawt
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$\qquad$

## as

tor fight, on war airplanes were re
urvice, satd emerge bution of the nying units of the a 8 for each aquadron, was $271 / 2$ saquad :81/2 equadrons at at
the home country.


## Children

## Cry for

## CASTORIA

MOTHER! Fletcher's Castoria is a harmless Substitute fot Castor Dii, Paregoric, Teething Drops and Soothing Syrups, prepared to relieve Infants in arms and Children all ages of

$$
\begin{array}{ll}
\text { Constipation } & \text { Wind Colic } \\
\text { Flatulency } & \text { To Sweeten Stomach } \\
\text { Diarrhea } & \text { Regulate Bowels }
\end{array}
$$

Aide intt easgimilation of Food, promoting Cheerfulness, Rest, and
Natural Sleep without Opiates To avoid imitations, always look tor the signature of Cowhere recommend it.

$\left\lvert\, \begin{gathered}\text { crystallizsd. } \\ \text { A person possessing what }\end{gathered}\right.$ perts call "imperative idéas," is W j jch cheracseizes perfect santry Add to this mental defect the fears -the "phobias," the doctors call combina I have mention eq ane included in what the medica
profession describes as "psycha asthentla." of this condition there are several forms.
par instance, there is a type of psychoasthenia in which everlasting victim is never sure of the resilt in any computation. He must go over the tigures, time and time again. He demands repeated explanation Atz
the painful details must be recite the painful details must be recited
over and over. He goes into the most careful and painstaking recoñclusion. These persons are scrupulcus to the ninth degree Another type is possessed of an obsession He wants to kill, or to steal
or to do other criminal things. He the time. Th: tendenc" to inebriety impu'se, irresistible pethaps, to get drug.
These mental disturbances are of nutie consequence if they are as
sociaed with ill health. With the rs turn ot strength and vigor will come
mental restonation and freedom of $\left.\right|_{\text {more dirficult to deal with if they }} ^{\text {are not founded on some physica }}$ state which is neadily discorered Children must be watched and should be sensibly directed. Every care must be taken to guard against debilitating or damaging be taughi
Personal hygiene should be arithmetic.
over, baby and codde, your child Let him have freedom enough to

ELECTED By acclamation. candidate, will have no opposition tor the by-elec ton fin St. Stephen-
Milltown on December 10th. Thara day was nomination day and no other tiled. The racancy was caused by the
 GUARD CAREFULET A mother's strength
should be guarded with
jealoses cara. OHten whes
vitality is deploted Scolt's Emulim nouriohing and strengh:
reviving, is juat the Fivit:
that is needed. Scolts: Emulkion has been helping strengthex-
hausted mothers for hausted mothers for scot a mosen revernion: se

THE UNION ADVOCATE


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SCHOOL STANDING

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## ค.

 The Month of Novemiber
$\left.\begin{array}{c}\text { HIGH SCHOOL DEPARTMENT } \\ \text { Frances Ryan, }\end{array}\right)$ Leona Michaud Frances Ryan, Leona Michaud
Eileen O'Brien, Susie Dolan, MarEileen O'Brien, Suste Dolan, Mar-
garet Gardner, Alfreda Robichaud.
Helen Connors, Frances Hartery,
Ursula Monahan, Ella Hayes, Edith
and Helen Connors, Frances Hartery,
Ursula Monahan, Ella Hayes, Edith
Mc William, Katherine Doyle, Kath-
leen Morrissy, Florence Fitzpatr.ck.
It Margaret Hanson, Katherine Daw
son, Genevieve Fitzgerald, Murie, McCullam, Elizabeth Sullivan, Helen
MeWiliam, Delphine Murphy, Mar
garet Ryan, Agnes MeLean, Marion
Doyle.



QUEEN MOTHER RESTS AMONG THE
TOMBS OF RINGS


 $\mid$



## Henrietta Ball. Division $2-$ Frank Snirley Burgess, Marjorie Campbell, Ferguson.

 Lrsenaul, Periey
Landree failed.
The
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## The Clearing Sale

## Ladies Coats

Continues at Creaghans' and each day marks increased sales and fewer garments to choose from
If you haven't bought your winter基Coat don't put off any longer Savings amount in many cases to 33 1-3\% and every Coat is included in this big Sale ovent Prices Now Are- $\$ 13.95$, \$18.95, \$19.95 Regular prices were $\$ 20^{.50}$ to $\$ 52.50$ VISIT TOYLAND and see the most at tractive display at prices before unheard of - A big variety at 10c and 15c and a real feature as sortment at a Quarter. Other prices run 15 c to
$\$ 2.00$-all imported direct.

## dotrenturac:

WHERE THE GOOD GOODS COME FROM

## DELICIOUS MEATS

 We keep nothing but the very best WESTERN BEEF and are always well stocked
TRY。OUR SAUSAGE
They are HOME MADE and we guarnatee them to be strictly fresh.
We also carry Fish, Bacon, Pork, Salt Meats, Poultry, Corned Beof, Spare Ribs and Vegetablea
FRANK WHITE, NEMCHOMTE,N.

## Young Trees For

Christmas Use
$\qquad$
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$\qquad$ Itsurres obtialmed at the Canadian Na-
tional Rallway headquartiors. The moromemat began about Nor. 20 and Than पeees ary in inte trom teers

 Meen two and hire inchen ith dial nomerous.
They aro sastened in bundles aver about 450 of the bundles are placed on a flat car, although in one in. stance noted, the bundies totalled 540 in a car. The number of cars uned so tar this season has been in excess of 115, en
trains. trains.
Prices pald tor the trees amount
and bumding. For the most part the
cutting in this particular district has been ponaned to the neignborbiod of
seotch Settlement and Berry's will scotch settlement inid Berry's Mills.
In other parta of the province, however, and in Nova Scotia the operaShipmenta pach more expensive.
pasing through Moncton are eollected at many polats on the
main line of the C.N.R.

## A Job For You

 56 to 510 Daily 50 Men WANTHD. No previous page Free Book, which explains how you can earn while learning to workand town ahope as Auto Mechanies. Mangineor, Bleetrical: teur, Salesman, or Weiding Expert, Chiauting, Plastaring, Mechanical Beitrytry and Barbering. Dentit Deattis orer. WRITE NOW. WHICH JOB.
Addrean Hemphill Government Chart Adaroan Hemphil Government Chart
ored Trade Sehoold Free Emplosment Service $16 s^{\text {King }}$ Kt. $\mathbf{w}$. Tor.
onto.. iy from heart diseese, atter she ha attended a mamorial service in ist
Paul's Cathedral.
In the afternoon, cuetodian of Westmintiter An'.is
who had over-taxed himself in ar-

## ranging for the went home m.

"I am afrata. it has been too muc for mo," his wife heard him murmin as ahe sum at the bedsice rinme
iy afterward the Caibur aide? At sunderland on wednodday, warden of a chirch was killed as he
was matring the bells for tollitie dintang yesteriay's service in. Wose mindater.
A large beil had been thlted, fell
over and pinned him to the flo over and pinnee amis the tloo
of the belfry, ertuhing his head ant bohy.
INSURASICE ACCDENT ansuranc
Bpdowment

> Nothing can take the place of
> MORSE'S TEAS
the union advocate, tuesday. dec. sth, 1925

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| :---: | :---: |
| Mackinaw, Homespun and other heavy WINTER PANTS | Gray, Black, White \& Red KNITTING YARNS at 20 c and 30 c per hank |
| Coat, Pull-over \& Vest SWEATERS | GRAY BLANKETS |
| Horse Hide, Mule and Knit GLOVES \& MITTS | and a full and complete slock of Heavy Fall \& Winter Goods |
| JOHN FERCUSON \& SONS LTD. <br> Lounsbury Block <br> Phone 10 |  |

## AT THE GIFT SHOP

Fountain Pens and Pencils
FOR CHRISTMAS
We have the largest assortment in town to select from.
Waterman, Parker Duofold and Wahl PENS in individual cases or in combination with
Pencils and Sautoirs

GENUINE EVERSHARP and WATERMAN 50 c to $\$ 5$. PENCILS from.

PEN and PENCIL SETS in $\quad \$ 3.50$ up to $\$ 8.00$
Cases from................. $\$ 3.5$.
Thereis no more welcome Christmas peent for Ladies or Gentemen Cases irom

A call will conoince you that we are in a position
will conoince you that we are in a

- help you with your Gift solections.


## H. WILLISTON \& COMPANY



PERSONALS WEDDINGS Mise Hazel McMaster, is Mr. Edward $\mathrm{V}_{\mathrm{y}}$ Mr. Ed ward Vye. of Blackrille,
was a visitor to Moncton Mayor 2 visitor to Moncton on' Friday. Mayor John Ru'sell returned
Thursalay from ansing Nova Scotia.
Miss Emma Delano is a paitent in
the Miramichi Hospital, sufferin the Miramichi Hospital, suffering
Trom a severe cold. Friends of Mr. James Mailer are pleased to see him again attending
eo business, after his recent !ilness. Miss Gertrude Davidson, returne
ing läst week to Fredericton, atter a
pleasant visit to her home here: Miss Clare Lawlor, who had been ili with diphtheria has again resum-
ed her duties as teacher at Harkins Academy.
Messrs. Edward Datton and will iam Murphy who left some time ago for Florida, have ar
West Palm Beach..
Miss McCain, teacher in Harkins High School, was called to her home in Edmundston, last we
the death of her sister. Mrs. O. Nicholson, returned home
on Saturday's Ocean Limited, after ?n extended visit to Winnipeg
Toronto and other western citties. Police Magistrate Demers, has been ill for some time is improv ing, Mrs. Demers, who has also bee
il in imaking satistactory recovery. Miss Mary Crocker is being con-
gratulated on having gratulated on having won a silver
sedal for the best essay on william yndale, sent in from this county he Provincial Bible Society. Miss Florence Murphy, nurse training, at St. Mary's Hospital, N Illness of her father, Mr. Jame Murphy. Mrs. Charles Sargeant of "Bircl Till," Nelson, left last week tor
Iontreal, where she was married to ${ }^{\circ} \mathrm{r} . j^{\mathrm{H}}$. Lockwood, Buckingham iebiec, on Saturday.
Mieses Dorothy Atkinson and Hild Mleses Dorothy Atkinson and Hilda
Ctekeon. nurses-intrainjng at the Ctekson. nursesinatrainjng at
Miramichi Hosplat, left last week for Montreal to take a six month pital.

## Saturday December 12th

WILL BE

## The GRAND Opening Day

OF Á. J. BELL \& C0Y.
50 тo $\$ 1.00$ Variety Store
For this opening event we have gotton together from near and far many useful articles which will be so priced that we expect to clean them out firat day of opening,
During the Cluistmas Season We will have a Fill Range ot:Toys, Dolls, and Fancy. Artides suitale for Xmas Gifts

Now Goods will be arriving daily for Our Variety Store-A visit every time in town will be worth your while.
Make the Variety Store Your Headquarters
A full line of Furniture and Pianos will be carried (on the second floor)
asvota. NatBlobit if CO.
Phone 245-11
 Could Not Get Sleep for Hou After Going to Bed.
down and write a letter in pratse o wroprietary medicine as I had at tues." Thus writes Mr. Arthur Se guin, Storthoaks, Sask,, who further says:-"But three years ago I open-
ed a genetal store here in Stor:inoaks and placed on my sheives a few linee
of the best known propritary medi cines. Among these, naturally, were
Dr. Williams' Pink Pulls. As theDr. Wiliams' Pink Pllls, As the:
were three of my eustomers why were obtaning good resalts sfjm
taking the pills, and as 1 was in need $r$ a medicine I decided to try them r a medicine
mysell:
"I had bee rears, and suffering from catarrh completely broken down my health 1 was coughing all day, suffered until three or four hours after retiring
I started the pills, not with any great conidence, but by the time sreat conkdence, but by
had Anished the second bot I mark-
ed much improvement. At the fourth ed much improvement. At the fourth
box I felt quite recovered, but continued them for some further tume. Ny cough has left me, and indilges. tion has disappeared and I now tall asteep almost as soon as I am in bed.
In my store now I do not hesitate to recommend Dr. Williams' Pink Pill to thout energy, as I think they are without energsy, as I ciniak will give Dr. Williams' Pink Piilis a tair trial they will be convinced a was Mr. Seguin.
You cal get the pills from you
"erist, or by mall at 50 cents a box from The Dr. Willams' Medt-

## Sentence 'of

Arsenanlt is
Comanted A despatch received from Hon.
Ernest Lapointe, Minister of Justice. Ernest Lapointe, Minister of Justice
announces that the Department of Juatice has declded to commute the sentence of Alfred Arsenailt aged
17 of Moncton, who was convicted of the murder of Alpheus Hanselpecker, of Be:hel, Charlotte count last summer. The sentence of hang
ing had been Imposed and the Deing had been imposed and the Department has
E. r. McDonald of shediac, wa coumsel wor arainst the tentention on th -d against the tentenge on the cause of the youth at the lad.

## OBIT UARY

death of mrs. w. C. winslow The death of Mre Mary Josephin Winilow, K. C., barrister, Chattram. and daughter of the pate George ind
Margaret caifvil, Waterloo etreet, Margaret carral, Waterion otheet
St. John, took place Friany morning átter a brief illness. Deceased is sur-
vived by four sons, Pelham $\mathbf{F}$., Glace vived by four sons, Pelham F., Glace
Bay N. S.; Arthur C., Frederiloton;
$\qquad$ wo. daughters, Sister Winslow of

You Should Be Very Careful in Selecting Your

## Rubber Goods

## 

 articles, you thould be carefulchocse a brand that represents th chorse a brand that represents the
very best of material if you intend to get long uervice for your mone

The Rubber Gocds which we
feature are guaratted both
by the manufacturer and by
THIS WEEK we are displaying a nationally popular line of rubber inspect our complete stock.
C.M. Didisiso \& Sors Aewcastle \& Doaktowz om $\begin{aligned} & \text { vicinity died in the Miramichi Hos- } \\ & \text { pital early on Friday morning Sov }\end{aligned}$ 27. He was brought to the hospital to undergo a slight operation some two oles and steadily weakened till death He spent the greater part of his active life up the North West Branch of the Miramichi, was one of the pio-
teers of that section and made himieers of that section and made him-
ielf very familiar with the niver and Che woods. In later years he has lived
on the farm on Chaplin Road, a mile and a halt trom Newcastle. He was through life a staunch Methodist. His wife, Mrs James Allison, hts brother.
Mr. John R. Allison, and ten children Mr. John R. Allison, and ten children
and quite a number of grandchildren mourn his loss. The funeral service took place at the residence of Mr.
Eraest Allison, the deceased's son. on Sunday afternoon, conducted by
the Rev. A. W. Brown. Many relative and friends attended. Members os the St. John's choir led the singing. Six young men, grandsons of the deceased acted as pall-bearers. The nemains were taken to $s$ Jamet :Cem
took place.

ELDON HOSFORD The residents of Trout Brook and vicintty were greatly shocked on \begin{tabular}{|l|l|l|}
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Ernest Hosford, Eldon had passed a. \& "A door is opened in Heaven". Tin <br>
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\end{tabular}

 and a general favorite among the sympatity of many friends is eas. boys. He loved to go to church. Dur. ftended to the pareats, andi thetr faser.
ing his sickness he received the ily in their bereavement. ing his sickness he received the fly in their bereavement.


Proved safe by millions and prescribed by physicians for Colds Headache Neuritis Lumbago Pain Neuralgia Toothache Rheumatism: DOES NOT AFFECT THE HEART
10 Qfe $\rightarrow$ Atcep ony "Byer" pachee
the chion abvocate, tuesday. dec. sti, 1925

| lassified | for This Year | Jazz-Mad Age Means Decline |
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| professiomal |  |  |
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| Dr. J.E. Park, M.D.C.M. <br>  amee Phome 18a Noweatio, |  |  |
|  | he history of the Noel Institute, is the institute has already decidd against the giving of the other | night. "The strong must be wedded to the strong, the beautiful to the |
| V. J. McEVOY, IL.P. Barrister, solicitor, Notary $\mathbf{L}$ cal Representaive C.P. R Stabbe; Block - Newwaste, N. . |  | "The collese men and women |
|  | RECEIVED TAXES |  |
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| $\begin{aligned} & \text { A•FAMILY } \\ & \text { MEMORIAL } \\ & \text { ahould be record for the age } \end{aligned}$ |  | \|one |
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| Fredericton Business <br> COLLEE <br> Fab.03soRNE; Pivinolpal Box 928 |  |  |
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|  | Safe for Children |  |
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## Winning New Customers

This ever-present task of the business man is one that Advertising can mest efficiently perform.

Advertising in the ADVOCATE ould carry amy message you desire into vert . icme in thie eonsmunity it weuld pread the "news" about new merchan dise, special sales or new store policies quickly and thoroughly

Take a friendly interest in telling the "buyers" of this town what you have for win new customers constantly.

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## Manitoba Bees Set out to Make a Record









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| irst Impressions Important <br> In a world where appearances are valued as indexes to character, Your Stationery should represent you worthily-always and everywhere. <br> That atmosphere of character and refinement, which shouid distinguish all self-respecting correspondence is assured wher you place your stationery order with us. If you allow us to furnish your <br> tter Héads, Bill Heads, ípping Tags, Office Forms, velopes, Statements, Etc. <br> they will reflect the dignity and self-respect of the discriminating, and be an excellent ad vertisement for your business, for a business man may be judged by the quality and style of his printed matter. <br> he Advocate b Printing |
| :---: |


is without doubt the lest equipped on the North
Shore and consequently in a position to turn Shore, and consequently in a position to turn
out all kinds of Job Printing Neatly, Promptly and Satistactorily, at very reasonable prices.
We are constantly adding new type and materie to our already up-to-date equipment, and we
have recently'put in several of the newest type have recently'put in several of the newest type
faces manufactured.

## Let Us Prove

to YOU the truth of the above statement by
giving us a trial order for any of the above men
tioned office requisites, or an order for

Posters or Dodgers, any size Flyers, Circulars, Programs Menus, Display Cards, Business or Visiting Cards, PriceLists, Booklets
in fact, ANYTHING YOU WANT PRINTED Neat, Artistic 7 wo-Color Work a Specialty. Call on us when you need anything in our
line. We assure satisfaction. Mail orders receive our careful attention. Write us for prices.

## The Advocate

Job Department
Phone is P.o. sor ss



| How to Relieve |
| :--- | :--- |
| Children's Colds |$|$ Dis A oid Sorious Results by Using

Baby's Own Tablets.
When a child shpws the first sympWhen a child sypws the first symp-

| P. O. Department |
| :---: |
| Use of Small Envelopes for <br> Many Reasons. <br> During the holiday season many |

CITY SPEED IS THE


children and tind them a very satis-
tactory medicine. When my hitue boy
had a cold I I gave him the Tabitets a
"ight and he was well next day. I
give them to the chiluren for consti-
pation and they always do gooi. I pation and they always do good. I
thtink Baby's own Tablets are muen
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be kedt on tand,y
Raby's own Tablet Raby's own Tablets are sold
medicine dealers or wil be sent br
mall at 25 cents a box trom The Dr NEW LAMP BURNS 94\% AiR
Beats Electric or Gas A now oll lamp tuat gives an a-






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Advocate $\$ 2.00 \mathrm{Yr}$
brieg is the Lestimony liven, My a. E. Mcintosh before the Pomoligs:
b La -

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 mimopacimy amina:lons are made of each boy or
outh before he is accepted and
rained for any special branch of thlytics, and the diseased or damag. ed hearts are eliminated. But what
medical examination of a boy or
yourth can exactly determine his reyour:h can exactly detern
serve heart strength
$\qquad$ competitive athre:ics should be grad-
od to the average endurance for the age of the boy. The distance of the
run and the length of the boat race
iould be kept down t. Could be kept down tc. the figure
that is perfectly safe for well hearts at a given age. Acute heart strain is
of not intrequent occurrence in train or ing insequent occurrence in trat
ing for athletics, to say nothing race. It has been repeatedly shown
that with the first strain of heary but it soon becomes normal or eve tracts, and the cavities of the heart will be completely emptied at each
systole.
systolic blood pressure is rapidy increased, it may become so great as to
prevent the left venticle 4rom com-
pletely evacuating its contents. The pletely evacuating its contents. Tl
heart then increases in size and m :
soner this strain is severe, an acute dilata
tion may of course occur, even in an tion may of course occur, even in an
otherwise well person. Such instances arready enlarged or slighty delated
and insurficient will more closely in. crease its forcefulness under the
stress on muscular labor: and we sure. Also the paleness, faintnes nausea and vomiting that often oc
cur after long runs or other severg strain, with or without heart
evidence of heart straln.
$\qquad$ 2n acute dillatation, but the heart
weakness may persist for days and exen weeks. Repeated heart tone
must impair future heart tone. The
hear strain tace, as photographed at heary strain tace, as photographed at
the end of a long competitive race, typically shows the actual circulatory
strain undergone by the competitor. Falling over in the boat at the end
of a four-mile race is positive indica. of a four-mile race is positive
tion of utter heart exhaustion. "The boy is ready to die for the
tame and success of his alma mater. and the Faculty schoolmates and
friends all put theiry faith and dependance on him. He must not fall! But
is the sacrifice of even a small number (there may be many) of our
fine, sturdy men worth the price? Our young girls, in this age of feminine treedom, are also overdoing
athletics. $\%$. Why should girls try tests of vaulting?. Is such prowess worth the possible price? callisthenics, exercise, athletics and outdoor life for ail chlldren and vcuth is not intended. Outhoor, ex-
ercises and sports are essential fo:he health of adults. "Our age has been chatacterized as

- 'mhetics crazy;' let us see wheth-"- 'شhetics crazy;' let us
erwe can not get back to erwe can nor
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