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DEV $\mathrm{O}^{2} E \mathrm{D}$ TO THE INTERESTS OF HOMGOPATHY AND OF THE MONTREAL HOMGOPATHIC HOSPITAL.

YoL. II. No. S.
MON'TREAL, ACGC'S'I, 1897.
25 cts a Year.

# Etlontral figomaporathic Enccord 

By the Woman's Auxiliary of the Montreal Homosopathic Hospital.

All matuers of business and subscriptions to be sent to C. S. De Witt, care of Montreal Homoopathic Hospital, ${ }_{4}$ McGill College Avenue.
All manuscripts, news items, etc., should le address ed to Dr. Arthur D. Patton, care of Hospital.

## THE ON'TARIO PRECEIUENT MATCHED.

In the June number of the Record we referred to the resolution of the Medical Association of Ontario condemnatory of the Order of Victorian Nurses, and expressing the opinion of that august body that such an organization would be "dangerous" to the life of the people of Canada. It would appear, however, from a recent experience in Missouri, that the Ontario doctors of the regular school enjoy no monopoly of the "guileless assumption" which enables them to deal in an off-hand manner with the opinions of those who are not in accord with them. The ILomoopathic Enrou, of Lancaster, Pa., thus tells the Missuuri story :
"Out in Missouri the Governor appointed a homoopathic superintendent to the Fulton Asylum for the Insane. This appointment seems quite just to fair-minded citizens, inasmuch as there are asylums for the insane in the state where those who want their insane treated allopathically can be accommodated, and it is surely only fair that those who prefer homeopathic treatment for their aflicted should have that right without interference on the part of others who think differently. But the allopathic doctors camnot see it in this light, and the way they view Governor

Stephens' very just action can be scen in the 'resolutions' adopted by their central body at a meeting at Sedalia. They 'resolve' that the Governor's power is 'doubtful' and his use of it 'indiscreet:' that they (the allopaths) stand for 'true and genuine science,' while the homoopaths represent 'the infatuation of factional science and the hallucination of unscientific imagery;' that by this act the Governor has forfeited the respect of all lovers of science and humanity, as well as the impartial citizenship of the State, and more of similar tenor. Now, we hold, this is not conceit, as may appear at first glance, but an imocent and confiding belief, based on their corner-stone, 'authority' that they, the allopaths, alone are in medical light and all else is in outer darkness. To be sure, all adrancement of medicine has originated without the allopathic fold, or been fought within it -with great ferocity, but this makes no difference to them, and indeed it may he doubted if they realize the fact so patent to all the rest of the world."
"The resolution then goes on to impeach the Governor's 'mental condition,' which is characteristic of the allopaths and quite logical with their premises, that none are sane in matters medical save themselves."
"It is an amusing set of resolutions, but alittle sad, too, when we realize that a spirit so antagonistic to liberty of conscience and progress is at large. (It is also a very dangerous spirit to entrust with any exclusive power.)"
"As a postseriptum, the following 'fruits' of the two systems may not be malapropos.

## INSANITY.

## ahi.OPathic.

Marrisburs, Pa., isylum, 4 .ni p.ce of recoveries.


During the same perion the percentage of deaths was reversed at the above asylums, it.. those mater homwopathic treatment averaged 4.24 yer went. and those under allopathic treament $\bar{i} 14$ percent."

After reading the above sweeping demmeration of everything not in aceord with the way of thinking of the Missomi doctors, their Cotario brethren would be justified in considering themselves an excessively molest set of fellows."

## PECULAARITIEN OF THE X RATS.

Dr. Andrew Wilson in his Science Jottings in tho February, 159 A , number of the Mlustrated I.ondon hers gives a pleasing suggestion of the possibilities for further usefulness which maty perhaps be yet found in the recently discovered puwer of the Roentgen hays. The ductor says: "That there is more in the X-Rays than at first sight appars is evinced by the acounts weare receiving of certain peculiar effects these rays exert on the human skin. In one case a patient lust his hair after exposure to the influence of the hontgen rays, amd now we hear of cases in which skininflammation has heen proluced hy them. The symptoms described by a medical man who had suljected himself for scientitic purposes to the nell photography were of faitly severe character. These incidents appear to prose that the rays are of singularly powerful nature, and that some useful application or other of the at present undesirable cffects may not he at all an unlikely discovery. It would inleed prove interesting if, in addition to their diagnostic powers, a curative action of the rays was ncted."

Onder Homoropathir treatment the death rate from diphtheria has never been as high as the lowest rate chamed for the serum treatment. But this fact is steadily ignored by the mediesl gentlemen who claim to he "regular."

Subscribe to the Record, and senis it to your friends, only 25 cents a year.

VARICELA..1-V゙AR1OLA.

THEIR ASMOTOMS AND TREATMENT,
The onthreak of small-pox in Montreal gives special prominene to that disease and to its ally, chicken-pox, which at times closely resembles the more dangerons disease. The two are so intimately related that a severe case of chicken-pox is often mistaken for smallpox.

Chicken-pox is; essentialiy a disease of childhoom, and selhom gives any canse for alam. It spreads by contagion, and epidemies are of ammal ocemrence. The child has a slight fever, and on the secom day an eruption appears. This comes out irregularly and in suceessive crops. Small rose-red papules are first moticed. These quickly develop into vesides, which vary from a dozen or two to a hundred or more in number. The eruption is found principally on the back aml in the hair. The face is sehom affected. There is not much fever except in isolated cases, when the temperature may reach $10 t^{\prime}$ or more with a profuse eruption and severe symptoms. These rare cases are the anes mistaken for small-pox. The course of chicken-pox seldom exceeds eight or ten days. Complete and carly recovery is the rule Very little medicine is required. Rhus tox is the best genema remedy, and shonld be given as som as persible. Mere. Sol. 6x may be needed if any suppuration takes place. Attention should be paid to the diet. (iive simple, phain fovit. Milk is to be preferred. The child must be taken from shool and kept away from other chidren as a matter of protection to the public.

Variola, or small-pox, is a disease dreadel ly people of all mations. It is highly infections and attacks children and adults with equal severity. The average proviol of incubation in smallpox is twelve days. Sometimes, however, the disease will not appear after exposure, until the fifteenth day. Durjug this period the child usually shows no symptoms of the discase. Where is generally an abrupt invasion. A chilhness or distinct rigor is followed by high fever, headache, vomiting, great prostration and severe pain in the back and loins. Ahout the third day the rash appears in the form of red spots, first on the face and quickly extending to the sealp and neck. It next invades the trunk, extremities and palms of hands and soles of feet. The eruption comes
like small hard pimples, feeling like shot in the skin. The fever subsides when the eruption is complete. The spots fill with water forming vesicles. By the tifth or sixth day of the rash this fluid becomes yellowish and the pustules are formed. 'ithey are depressed in the centre and are surrounded by a cireular inflamed ring. The evelids, face and hands are swollen. A peruliar disagreeable odor now eminates from the palient. A secondary fever oceurs aboat the eighth or ninth daty of the cruption when the pustules begin to diselarge their contents. A high fever during this stage is of grave significance. About the twelfth day the pustules berin to dry up, the inflammation and swelling of the skin subsides, and a general improvement takes phace in all symp. toms. The erusts formed over the pustules drop off in four or five days. P'urplish spots remainsix or eight weeks or indelible sears appear which are the well-known pock marks. In chillien inflammation of the month, theort, nose or eyes are the most frequent complications. When the pustules run together it indicates a confluent type of the disease, and is very dangerous. Fatal chest symptoms are likely to arise. Infancy is an unfavorable period. The disease is seldom fatal to children between seven and fourteen years of age. Over half the deathsoceurbetween the seventh and elerenth day of the eruption.

Vaccination is the great preventative of this fatal disease. While much has been said arainst the custrm, the fact is evident that small-pex has been under control since the introluction of vatecination. And the only correct theory by which vaccination an he explained is by the law of similars-a truly Homuepathic principle.

The treatment of small-pox must be prompt and careful. Good ventilation with plenty of fresh air is necessary. The body must be sponged and sheets and linen frequently changed. As the eruption ripens into pustules and before they break, the skin may be sponged with rose water and glyeerine equal parts, and then dusted with a powder containing one part of the first trituration of tarter emetic to eight 1 arts of violet powder. This will prevent pitting. The child's hands should be mumbed. Sponsing with a solution of carbolie acid or Condy's lluid may ho necessity for ex essive irritation of the skin. Complete isolation of course is necessiur. The diet should consist largely of milk
and soda water, gruel, raspberry vinegar, toast water, barley water, etc. Ant. tart. is the most suitable remedy as a vale. Other remedies are Apis, Mere. Sol. Camphor, Sulphar or Arsenicum, aceording to the indications.
A. R. (inmetit, M. D.

## THE NURSES (iREAT DANGER.

People who are not aware of the conditions do nut realize the continnal risk incurred by doctors and nurses in hospitals, in the operating room and when dressing sores. In spite of the noststringent precautions, sterilized instrments, antiseptic washes. etce, slight cases of blood poisoning are not uncommon, and the appearance of a nurse with a handagd hand excites comparatively little remark. The first signs of danger are so guickly detected and treated that there are few fatal cases. A nurse whose infected finger had been lanced to the bode and scraped said cheerfully:" "I ought to be thankful that I shall not lose the nail. Miss sawbones is ina far worse state. Her wholo arm is inffamed, and she has lost a thamb nail. She went to bed apparently well, but awoke in an hour or tow with shooting pains in her hand and arm. However, she's doing well now and will be all right soon."-New York l'rbune.

## the ralee of the Mardow. BOSE.

A grateful mother has just told of the almost miraculons cure of her grownup som by the very simple means advised hy an eminent physician. It was a case of debility and cmaciation that nothing could seem to reach until the physician in question prescribed a remedy that he has found remarkably efficacious in treating weak invalids and delicate children. This was nothing more than the eating of an malimited amount of marrow. Every day a large quantity of the bones containing marrow was ordered from meat markets. The only preparation necessary was to warm the marrow sufficiently to enable it to be aasily spread on bread; then with the aldition of a little salt to render it more palatable, it was ready to do its workrege of neration. Under this treatment the person mentionelgained during the first two weeks ten pounds of flesh and strength in proportion, and afterward continued to gain steadily until health and strength were quite restored.

## INVATH) COOKERE.

Compiled from tested recipes by Mrs. II. P. T. in Morpital Tidinge.

Whute wise whey, No. 1.
$\frac{1}{2}$ pint of milk, $\frac{1}{2}$ gill sherry wine, 1 teaspoonful of sugat. Put in a samepan the milk and sugar, and the instant it. hoils pour in the wine; when the milk curdles, strain it. (iive it to the patient hot.

WHITE WINE WHEY, No. ©.
2 pint sherry wine. Volks of 2 egys. 1 teaspoonful sugar. Put the wine on to boil; beat the yolks and sugar together; as soon as the wine boils, pour in the eggs, and when it curdles, strain it.

OATMEAL GMERL,
1 piut milk. 1 small tablespoonful oatmeal. Small pinch of salt. $\frac{1}{}$ teaspoonful sugar. liece of butter size of a nutmeg. In a hasin put the oatmeal and mix it with a little cohl milk, then add it to the milk in a satheepan, stir it till it boils, then let it boil for five minutes, at the last minute add the butter, sugar and salt, then strain it.

## jormidge.

1 pint of water. 3 tablesponfuls oatmeal. When it boils, add salt and let it boil slowly for $\underset{d}{ }$ hour.

## IESTORATLVR JELLY.

1 oz. pure Russian ismelass. \& oz. gum arabic (pounded). ㅇoz sugar. $\frac{1}{2}$ pint best port wine. $\frac{1}{}$ doz. cloves. $\frac{1}{2}$ teasponiul iemonjuice. Put in a pitcher the isinglass, gum arabic, sugar, lemon juice, cloves and port wine; cover "ith brown paper and let it soak one hour; then place the pitwher into a ketle of boiling hot water and stir until the isinglass is melted, then let the water in the kettle boil riolently for a few minutes. Strain the jelly on a flat dish and when cold cut in squares.

## AmRowncot p:DDING.

1 desertspoonful arrowroot. $\frac{1}{\text { pint }}$ milk. I teaspounful sugar. Put the milk in a saucepan to boil; then in a bowl put the arrowroot and sugar, make it smooth with a little cold milk; the instant the milk boils pour it over the arrowront and stir comstantly.
For the jullhig, take: 2 eggs. 1 teaspoonful sugar. $\underline{i d}$ oz. butter. Soparate the yolk and whites, whip the whites to a stiff froth; add to the arrowrost the yolks and sugar and mix well together, then add the whites carefully. Groase
well the pudding dish with butter, put in the mixture amb bake in a hat oven for five mimutes.

## mere stenk.

Cut Porter house steak, 1 inch thick, put it on a hoard and heat it with a rolling pin; broil from 7 to 10 minutes, put it on a hot plate, sprinkle with pepper and salt and a litle butter.

Muthon (hopls from the bin, same way ; cook quickly for $\overline{5}$ or 7 minutes.

MULIED JELL.Y.
Beat 1 tablesporonful of red or wack currant jelly with the white of one egg amd a litule sugar, pour over this a small cupful of boiling water.

## PAP OF BULIED FLOUR.

Take two teacupfuls of flour, pack ami tie closely in a cloth, boil ejght hours, when cold take ofl cloth, cat small emongh portion of outside rind to grate the inside (which is whiter). This is done that it may be kept fresh for use several days. (irate enough to mix in a little cold milk the consistency of starch, stir this in bonling milk, when done sweeten to taste. This is an excellent fuod for babies and children with diarrhoa, and was recommended by Dr. Guernses. Sr., years ago, and mueh appreciated hy a patient.

## PELLE'TS.

Dr. Jaura Muller, is visiting in Boston.
The October sale will be due in two months.

Dr. Mellarrie, is taking what is usually referred to as a "rest" at Little Metis.
(iratifying prouress with articles for the October housekeeper's sale are reported.

Dr. H. M. Patton, has returned from his vacation as "brown as a berry" and is again in charge at the Hospital.

The fewness of the patients in Hospital is a gratifying indication of the improved condition of the health of those who practise the Homuopathic treatment.

Schüssler says that Natrum mur., 6th dilution, rubbed on insect bites at once allays the pain. Whether it will is a question almost any one can settle for himself.
"Sumburne" is the name of a distillation of flowers that is very useful in these dor-days for allaying the pain and smart of sunburn. To be had at the various homcopathic pharmacies.

## DONATIONS DURLNG JULY.

Bottle of lime juice, Dr. MLCHarric; one dozen new haid eggs, and one dozen cooking eggs, Mrs. Robertson; ice eream and eake for murses, Mrs. Meliwen; wrapper and bottle of strawberry syrup, no name; two jars marmalade, Mrs. Nolan; bag of. rice, Mr. D. W. Rass; mails and pair bedroom slippers, Miss Marie Robertson; raspberries for nurses' tea, melons, oil cloth and tin boxes for storeroom, two fancy salt and pepper sets, Mrs. W. E. Phillips; flowers from Mrs. Shembeld, Gardners' and Flomsts' Club, W.C'T.U. Central Flower Mission, Y.W.C.S.U., Westmount ; old linen, Miss Maric Robertson.

## HOSPITAL WANTS.

old linen, vials, palm leat fans.

## SENSITTVENESS IN THE SICK ROOM.

Siek people don't like to be stared at. They are sensitive, morbidly so. Looking as if you were surprised at the change sickness has wrought is annoying, and worse than that, it is disheartening; and they imagine their case to be worse than it is.
'Therefore, don't stare at a sick person.
And, don't stand at the back or the head of the bed, to make him turn his oyes around to see you.

George Macdonald con't believe in standing before a sick person; he makes his vicar in "A Seaboard Parish" say that he always sits by the bedside, "for the patient feels more at rest than if you stand up tall before him."

And, don't whisper in the room, don't talk in a low voice, don't follow the doctor or a caller out into the next room. The invalid will be absolutely certain that you are discussing him.

And, ion't wear garments that rustle, or of rough cloth to come in contact with the soft hands made tender by sickness; and don't wear squeaking shoes or thick-soled shoes.
"We appreciated your slippers last
night," said a tired-out man to a young lady who had been watching with his sick wife; "but oh! what a noise Miss B's heary, stueaking boots made! "

This Miss B., who was helping as nurse, har bern batk and forth through the sick room all night., and up and down the uncarpeted stairs, and by the door where the wearied man was vainly trying to get an hour's sleep.
The la ly a hlres.ie 1 hat brought with her, an I put on, a pair of moiseless felt slippers, with felt soles - "slippers of silence," sumeborly called them.

## THE TONGUE.

The perfectly healthy tongue is clean, moist, lies loosely in the mouth, is round at the edge and has no prominent papillae. The tongue may be furred from local causes, or from sympathy With the stomach, intestines or liver. The dry tongue oceurs most fruquently in fevers, and indicates a nervons prostration or depression. A white tongue is diagnostic simply of the feverish condition, with perhiels a sour stomach. When it is moist and yellowish brown it shows disordered digestion. 1hy and brown indicates a low state of the system, possibly typhoid. When the tongre is dry and red and smooth, look out for inflammation, gastric or intestinal. When the papillae on the tongue are raised and very red we call it a strawberry tongue and that means scarlet fever. Sharp pointed red tongue will hint of brain irritation or inflammation, and a yellow coated tongue indicates liver der:mgement. When so much can be gained from an examination of the tongue how important it is that the youngest child should be taught to put its tongue out so that it can be visible to the uttermost point in the throat.-N.Y. state Med. Reporter.

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## CUINESE PUYSICIANS.

One of the Chinese servants of tho American consul at Amoy fell sick with a severe attack of rheumatism. He bore the pain bravely for three days, refusing all "foreign devil medicine," and on the fourth sent for a native physician. The later duly arrived and heran preparations for treatment of the malaly, which he announced to be due to the presence of a "darting snake" in the sufferer's hody. Incense stichs were linhted and placed just outside the door and also in the room. A pack of fire-erackers were set off, and a talismanic paper pasted to the wall. This was done to drive away evil spirits and attract good ones. Next the ductor wrote a lot ot characters on a thick piece of paper with a vermillion pencil, and set fire to it. It hurned into a black ash, which was broken into a cup of water and drunk by the patient. A great bowl of herb tea iras made, of which a cup an hour was the alloted dose. The son of Aesculapius next bared the body of the sufferer and drove deep into it, at nine points, a long needle moistened with such skill in aroiding large bool vessels that the hemorrhage was insignificant. He then covered each acupuncture with a brownish paste, and this in turn with a piece of dark paper. He then collected his fee. 50 eents, and left. The patient soon fell asluep, and the next day was better. He kept in his bunk two more days, laughing, chatting, sinoking cigarettes, and once or twice using the ophum phe, and then rejorted as being well. He left the paste and paper in place until they fell off. The skin was smooth and the scar hardly perceptible. He took his recosery as a matter of course, hisonly comment being that the darting snake was thoroughly dead.

## THE VALCE OF SALT.

Severe pains in the bruels and stomach are often speedily relieved ly the application of a bag of hot salt. A weak solution of salt and water is recommended by gorl phesicians as a remedy for imperfect digestion, and for a cold in the head it is a complete cure snuffed up from the hollow of the hand. We have known severe chronic cases of catarrh entirely cured by persistent use of this simple remedy every night and morning for several months, when the best efforts of the best physicians failed to do any good. It should be used milkwrm. A goon handful of rock salt added to the bath is the next-best thing
after an "ovean dip," and a gargle of a Weak solution is a good and ever-realy remedy for a sore throat. As a dentifrice salt and water is very eleansing and also hardens the gums. It will also prevent the hair from falling ont. When broiling steak throw a little salt on the coals and the haze from the dripping fat will not amoy. A little in starch, boiled or raw, will prevent the irons from sticking. If the irons are rough put a little salt on a thick hrown paper, lay a piece of thin muslin orer it, and rub the iron over it till perfectly smooth. Ink stains are entirely removed by the immediate application of $d r y$ salt hefore the ink has dred. When the salt becomes discolored by absorbing the ink, brush it ofl and apply more; wet slightly. Continue this till the ink is all remosed. If new cabieoes are allowed to lie in strong salt water for an hour before the tirst washing the colors are less likely to fade. Damp salt will remove the discoloration of cups and saucers eaused by tea and careless washing. A teaspoonful of salt in eath kerosene lamp makos the oil give a much clearer, better light.-Ecchange.

## - TRIING POAITION.

Old Mrs. M—, who was seriously ill, foum herself to be in a trying position, which she defined to a friend in these words:
"You see, my damphter Harrict is married to one o' these homespath docturs, amd my daughter Kate to an allypath. If 1 call in the homeypath, my allypath son-in-law an his wife git mad, an if I call in my allypath son-inlaw my homeypath son-in-law an his wife git mad, an if go ahead an git well without either o' 'em then the 'y both be mad, su I don't see but l'd better die outright.- Detroit Frec Press.

Cor Purcliasors should montion the Iromesopathic Record, to encourage our generous mavortiserm.

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