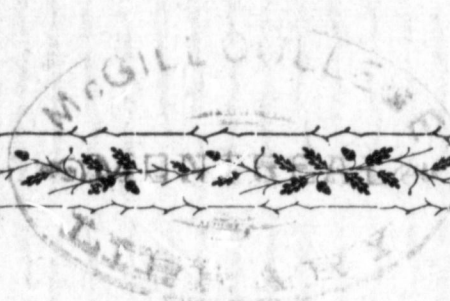


From J. McLennan Esq.
13/5/96.



HV110
M6M6343

ELEVENTH ANNUAL REPORT

OF THE

MONTREAL

❁ DIET ❁ DISPENSARY ❁

BASEMENT OF THE AMERICAN PRESBYTERIAN CHURCH.

1890.

The Diet Dispensary—inaugurated by the Young Women's Christian Association eleven years ago—has, owing to financial and legal technicalities, been incorporated as an independent organization, under the name of

THE MONTREAL DIET DISPENSARY.

DIET DISPENSARY

President

MISS DEWITT, 963 Dorchester Street.

Executive Committee :

MISS DEWITT, *Chair*.

MRS. H. BIRKS, *Vice-Chair*, 299 University Street.

MISS ISABEL MACPHERSON, *Secretary*, 366 St. Antoine Street.

MISS GOULD, *Treasurer*, 963 Dorchester Street.

MRS. HENEY.

" F. MÜLLER.

" A. D. NELSON.

MRS. J. A. PILLOW.

" FORBES TORRANCE.

MISS C. N. MACFARLAN.

MISS AMES.

Advisory Board :

HUGH MCLENNAN, Esq.

CHARLES H. GOULD, Esq.

GEO. H. KEMP, Esq.

REV. DR. WELLS.

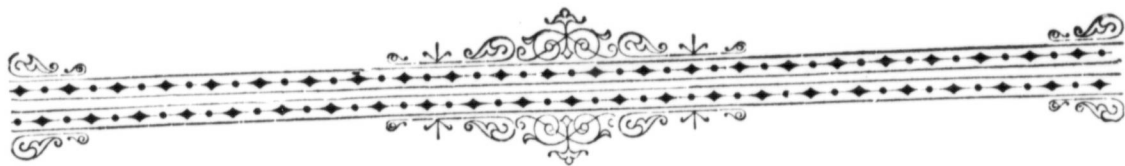
DR. GEO. ROSS.

DR. A. LAPHORN SMITH.

A. D. NELSON, Esq.

Legal Adviser :

FRANCIS MCLENNAN, Esq.



❁ DIET ❁ DISPENSARY ❁

ELEVENTH ANNUAL REPORT.

MARCH, 1890.

The annual report of any charitable institution can, of necessity, give only a limited statement of the work projected and carried into effect throughout the year.

The varied circumstances under which applications are made, the condition and character of the patient, make it needful to use both liberal discretion and cool judgment in many cases. The official rules of the Dispensary—eight in number—hang, framed, on the wall of the office, and are neatly printed on the fly-leaf of the report of 1889, but besides this the Committee, the Nurse, and the Dispenser, must be guided by that unwritten code which exists in the heart and prompts all true and thoughtful charity towards the suffering.

On referring to a former report we find this statement: "The record of applicants is, at times, almost startling, and had such results been anticipated a few years ago, it is possible that we might have shrunk from the undertaking. But the growth has been gradual: different branches have easily and naturally developed themselves," &c. The truth of this quotation remains unquestioned, but where formerly "we might have shrunk," we now eagerly follow up every avenue that leads to the extension and improvement of the work. Not with over-confidence in our ability to overcome difficulties, but with unflinching belief that the Institution, which holds a unique position among the charities, has within its own sphere practically no limit to its usefulness.

It was owing to this view of the Dispensary's future that the Committee, after long and thoughtful deliberation, acted on the advice of experienced counsellors, and took the decisive step of proposing a withdrawal from the protection of the Young Women's Christian Association.

As a Sub-Committee of another institution, the Diet Dispensary was legally incapable of receiving donations or bequests in its own name, and giving a discharge therefor, and the Treasurer in consequence became personally responsible for all such monies. Other legal technicalities also impeded the Committee, into which it is unnecessary to enter at this time.

That the members of the Y.W.C.A. have taken the suggestion in the spirit in which it was offered is a subject for congratulation, and strengthens the bond, already vital, of kindly feeling and harmonious goodwill between the Diet Dispensary and the Mother Association.

The Working Committee continues unchanged, and the staff of employees has been reinforced in the person of an assistant. The Manager, Mrs. Martin, notwithstanding her zeal and activity, requires this aid, owing to the very laborious character of her work.

The Nurse still maintains her arduous position, and gives great satisfaction. It is a matter for regret that she is compelled to traverse long distances, laden with a heavy basket, and, although when the street cars are of use they are employed, still this department of the work makes great inroads on her physical strength. Her visits during the year number 2,240, giving an average of over 43 each week; Sunday nursing, 27 times; night nursing, 24 times; confinements, 36. A pleasant feature is that afforded by a fund supplied by two or three friends for the purpose of giving convalescents short trips, with very gratifying results. A small surplus from last season also allowed the Committee to send a crippled boy and a mother and two infants to Miss Hervey's Home at Murray Bay for a fortnight, the Richelieu Company giving half-fare rates. These patients were also supplied with neat clothing.

In October the Annual Appeal was published in the newspapers, and in November an entertainment was held in the lecture room of St. Andrew's Church, kindly granted for the purpose. The treasury, being replenished by funds resulting from these sources and from annual subscribers, as well as new and occasional benefactors, has proved equal to the severe strain on it.

Early in the year a special donation of \$1,000 was received from a lady deeply interested, with the condition that the money should be invested and the interest used for running expenses. This forms, we hope, the nucleus of that permanent endowment fund which will relieve the officials from constant anxiety regarding finances.

On referring to the Treasurer's statement we find that the sum total during the year (including balance from last year) was \$1,784.23, and the amount expended \$1,531.24, leaving balance of \$263.01. Considering that the running expenses of the Dispensary average \$125 a month, leaving no margin for contingencies, it will readily be seen that much more than the balance on hand will be required for the summer. Expenses then are little diminished, and very few subscriptions received.

The applications received and filled number 7,367. Of these 5,839 were free, 1,438 full price, and 90 half price. It is noteworthy that the proportion of paid orders is larger than formerly, and is accounted for by the epidemic prevalent in January and February, some prostrated families receiving their entire supplies from the Dispensary, and the whole number of applicants in a week sometimes amounting to 265.

To fill these orders were dispensed 4,181 pints beef tea, 673 pints chicken broth, 461½ pints wine jelly, 411 pints calf's foot jelly, 2,884 pints milk, 276 pints Irish moss blanc mange, 513 light puddings, custard, tapioca, &c., 33½ dozen fresh eggs, besides chicken jelly, steak, sweet-breads, veal, halves of chicken, gruel, sago, meal, lemons and other fruits, and a large quantity of fruit jellies, syrups and preserves.

Through the kindness of friends and mission societies belonging to several churches we are also able to provide comfortable clothing for many destitute persons and infants.

The thanks of the Committee are extended to the Trustees of the American Presbyterian Church for rooms, rent free ; Mr. Becket, reduction in ice bill ; Mr. Usherwood, receipted account for tinting and painting ; Rev. J. Edgar Hill and Ladies' Aid of St. Andrew's Church, Joseph Gould, Esq., and members of the Mendelssohn Choir, and all others who contributed by donations of any kind to the success of entertainment ; to Editors of *Herald*, *Gazette*, *Star* and *Witness* for gratuitous notices, &c., and to all other benefactors.

ISABEL S. C. MACPHERSON,
Secretary.



CASH DONATIONS TO DIET DISPENSARY.

Benevolent Fund, American Presbyterian Church.....	\$100 00	St. George's Church District Visiting Society.....	\$10 00
American Presbyterian Church Sunday School (two years' subscriptions).....	50 00	Mrs. J. A. Pillow.....	10 00
St. Paul's Church Sunday School (three donations).....	40 00	Union Society, Mrs. Lay's Seminary..	8 00
Mrs. Dow (two donations).....	40 00	Mrs. Mary A. Bigelow (two donations).....	7 00
Poor Fund, American Presbyterian Church).....	25 00	Mrs. W. Macfarlan.....	5 00
Mrs. Benj. Dawson, Jr.....	25 00	Lady Galt.....	5 00
L. M.....	25 00	Mrs. S. Bell.....	5 00
Miss Orkney (two donations)...	30 00	Mr. R. R. Grindley.....	5 00
Mrs. N. B. Corse (two donations)	20 00	Mr. W. Barnard Evans.....	5 00
Mrs. Evans, Sr (two donations)	20 00	Mrs. Niven and Miss Cruso (two donations).....	5 00
Mr. W. W. Robertson.....	20 00	Mr. Jeffrey H. Burland.....	5 00
Mr. and Mrs. J. B. Learmont..	15 00	Mr. John O'Flaherty.....	5 00
Mr. E. G. Penny.....	12 50	Miss Newnham.....	5 00
Mrs. Wentworth Buchanan....	10 00	Miss Margaret Allan.....	5 00
Mr. James Moore.....	10 00	Mrs. Wm. McDunnough.....	5 00
Mr. A. D. Nelson.....	10 00	Lady Hickson.....	5 00
Mr. Andrew Robertson.....	10 00	Mr. A. Macnider.....	5 00
Miss Dow (for summer trips)...	10 00	Mrs. W. Dunbar Sutherland...	5 00
Mr. Walter Drake.....	10 00	Mrs. W. S. Paterson.....	5 00
Mrs. George Caverhill.....	10 00	Mr. W. S. Paterson.....	5 00
Mrs. John McDougall.....	10 00	Mr. G. S. Brush.....	5 00
Mr. G. H. Kemp (two donations)	10 00	Mr. F. Stancliffe.....	5 00
Mr. H. Speid, Lennoxville.....	10 00	Mrs. P. S. Dods.....	5 00
Poor Fund, Church of St. John the Evangelist.....	10 00	A Friend.....	5 00
Mrs. W. I. Whitehead.....	10 00	Mrs. G. T. Moss.....	5 00
St. James Street.....	10 00	Mrs. E. N. Heney.....	5 00
Rev. B. Dawson.....	10 00	Mrs. C. R. Hosmer.....	5 00
Mrs. H. Birks.....	10 00	Mrs. W. H. Hutton.....	5 00
St. Paul's Ladies' Aid and Dorcas Society.....	10 00	Mr. James Torrance.....	5 00
A Friend, per L.M.S.....	10 00	Mr. J. Murray Smith..	5 00
American Presbyterian Chapel Sunday School.....	10 00	Rev. T. C. Perry, Laprairie...	5 00
St. Andrew's Church Ladies' Aid Society.....	10 00	"Rival".....	5 00
		Mrs. H. Dickson.....	5 00
		Mrs. E. K. Greene.....	5 00
		Rev. Dr. Wells.....	5 00
		Messrs. Henry Morgan & Co...	5 00
		A Member of St. George's.....	5 00

Mr. Moses Parker.	\$5 00	Mr. J. Fair	\$2 00
Mrs. Hugh Paton.....	5 00	Mrs. P. S. Ross.....	2 00
X.M.N.R.	5 00	Mrs. A. W. Ogilvie	2 00
Mr. and Mrs. S.P.W.....	5 00	Mr. W. H. Warren.....	2 00
Mrs. Charles Phillips.	5 00	A Friend.....	2 00
Mr. Forbes Torrance.....	5 00	Mrs. W. B. Lindsay.....	2 00
Mrs. E. F. Ames.....	5 00	Mrs. W. Francis.....	2 00
Mrs. Hooper.	5 00	Miss L. Galt.....	1 00
Mrs. John Greenshields.....	5 00	Mrs. Fisher.....	1 00
Mrs. L. H. Holton	5 00	Mr. Richard Tener.	1 00
Mrs. John A. MacMaster	5 00	Miss Brush.....	1 00
Mr. J. R. Dougall	5 00	Mr. H. S. Ames.....	1 00
Charity.....	5 00	Miss Ogden.....	1 00
Mrs. Carmichael	5 00	Miss Annie Ogden	1 00
Mrs. Charles Childs	5 00	Mrs. Doran.	1 00
Anon	4 00	A sincere well-wisher	1 00
Anon	4 00	Mrs. W. F. Brown.....	1 00
Mrs. James Haldane.....	4 00	A Friend.....	1 00
Mrs. Edward Holton.....	4 00	Mrs. Mitchell	1 00
J. T. Johnson, Repentigny....	3 00	Miss Carmichael	1 00
Mrs. Williamson, Repentigny		A Friend.....	1 00
(two donations).	2 00	G—	1 00
Mr. W. Croft, Middleville. ...	2 00	C—.....	1 00
Mrs. R. Bigelow.....	2 00	Mrs. Chas. Lyman.....	1 00
A Friend (for summer trips)...	2 00	Mrs. A. Perkins.	1 00
Mrs. A. Holden	2 00	West Winchester.. ..	50
I. H. N. Society (per Mrs.		J. M. G.....	50
Henderson).....	2 00	C. C.....	50
Rev. Canon Anderson.....	2 00		
Mrs. M. H. Gault.....	2 00	Total.....	\$956 00

DONATIONS TO DIET DISPENSARY.

Parcels of clothing purchased at the Industrial Rooms, from Miss Dow, Mrs. Dow, Mrs. E. K. Greene, and Mrs. W. W. Ogilvie; parcels of clothing from Emmanuel Church Missionary Society, "King's Daughters," I.H.N. Society, Young Ladies' Mission Band, American Presbyterian Church, Ladies' Aid Society, Emmanuel Church; partly worn clothing from Mrs. Stroud, Mrs. Buchanan, Miss Kinloch, Mrs. John Macintosh, Anon., Mrs. Macphie, Mrs. G. S. Brush, Mrs. McLennan, Mrs. W. S. Paterson, Mr. T. C. Brainerd, Mrs. J. A. Pillow, Miss Newnham, Anon., A Friend, Anon., An Anonymous Friend, Mrs. R. C. Adams, Miss Brush, Mrs. Rankin, A Friend, Mrs. Hugh Paton, Mrs. A. M. Foster, Miss Macfarlan, Mrs. W. H. Warren, Mrs. Benj. Dawson, Jr., Anon., F.B.W.; Mrs. John Barrett, Irish moss; Mrs. James Hutton, lemons; Mrs. R. D. Macpherson, 1 doz. fresh eggs;

Miss Mathewson, jars, 4 bags sea-shells ; Mrs. C. W. Williams, lemons, meat ; S.A.D., infant's flannel shirt ; Miss De Witt, 2 jelly moulds ; Miss Kinloch, bottles ; Miss Ogilvy, various groceries ; Mrs. B. T. Davis, carpet ; Mrs. C. E. Smith, 4 jars black currant jam, bananas ; Flower Mission, 12 bouquets weekly during the season ; Mrs. Channel, jars and bottles ; Mr. J. C. Campbell, strawberries, lemons, and apples ; Mr. Charles Charters, meat and eggs ; Miss Gairdner, Irish moss ; Mrs. McLennan, red currants ; Mrs. Shelton, black currants ; Mrs. Müller, dishes ; Mrs. E. K. Greene, apples ; Miss Brush, flowers ; Anon., 7 cups ; Mrs. John Aitken, crab apples ; Mrs. De Witt, marmalade ; Mrs. S. Greenshields, basket of pears, basket of apples ; Mr. N. O. Greene, 3 baskets Siberian crab apples, 1 basket St. Lawrence apples, grapes ; Anon., black currant jam ; Mrs. Seybold, cradle, black currant jelly and infant's clothing ; Mrs. Rawlings, apples ; Mrs. John Rankin, black currant jam ; An Anonymous Friend, old linen, 4 children's picture books ; Mrs. John Watson, 10lbs. sugar, 2 doz. lemons ; American Presbyterian Church per Rev. Dr. Wells, fruit ; Mr. Bryson, groceries ; Miss Macfarlan, apples ; Mrs. Bigelow, socks, mittens, 2 shirts ; Mrs. L. H. Holton, 2 blankets, felt cover, 3 skirts ; I.H.N. Society, Bibles and tracts ; Anon., clothing and magazines ; Mr. Usherwood, painting and tinting rooms ; Mr. R. A. Becket, reduction in ice bill ; *Daily Witness*, free insertion of all printed matter in its columns ; Mr. McLeay, buttermilk for "Oatmeal Festival."



TREASURER IN ACCOUNT WITH THE DIET DISPENSARY.

RECEIPTS.

1889.	To Balance from last year	\$ 152 45
March 16th.		
1890.		
March 15th.	" Donations to	
"	Date.....	\$956 00
"	" Sales to Date..	469 52
"	" Proceeds of Oat-	
"	meal Festival.	203 80
"	" Interest on De-	
"	posit in Bank	
"	of Montreal..	2 48
"	" Special Donation	\$1,631 80
		1,000 00

\$2,784 25

Audited and found correct,
CHAS. H. GOULD.

1890.	EXPENDITURE.	
March 25th.	By Meat and Poul-	
"	try.....	\$534 89
"	" Groceries.....	122 80
"	" Milk	116 90
"	" Fruit	3 30
"	" Ice.....	10 00
"	" Wages.....	599 90
"	" Gas, Fuel, and	
"	Plumbing	45 93
"	" Stationery and	
"	Printing.	32 08
"	" Summer Trips.	14 00
"	" Tin ware and	
"	Mending	6 26
"	" Refrigerator...	10 50
"	" Repairing Stove	4 50
"	" Car Fare for	
"	Nurse.....	7 15
"	" Incidentals, in-	
"	cluding some	
"	outlay for	
"	" Festival"...	13 03
"	" Deposit placed in Bank	\$1,521 24
"	of British North	
"	America, being special	
"	donation	1,000 00
"	" Balance on hand.....	263 01
		\$2,784 25

MARY C. GOULD,
TREASURER.

RULES.

I.—The officers shall consist of Chairman, Vice-Chairman, Secretary and Treasurer ; to be elected by ballot annually.

II.—That a business meeting be held on the last Tuesday of each month, three members to constitute a quorum.

III.—That all free and half-price orders be signed by a physician, clergyman or city missionary ; any other person desiring to recommend an applicant must obtain a written order from a member of Committee.

IV.—That it be optional with the Committee to refuse applicants who, on investigation, prove unsuitable.

V.—That in no case should the Nurse carry supplies where it is possible for the patient to send for them.

VI.—That the Dispensary be open daily, Sundays excepted, from 9 to 12 a.m., and from 1 to 5 p.m.

VII.—That the Dispensary be visited daily by a member of the Committee, to attend to the distribution of clothing, cash entries, and general business. Each member in turn visiting for a week at a time.

VIII.—That applicants provide their own dishes to carry away supplies. The Manager is required to exact from any person failing to do so a sum equal in value to cost of borrowed article ; said deposit to be refunded on return of borrowed article.

BY ORDER OF COMMITTEE.