






## HEAD

## FOOD

Every Brain-worker wants a sttong, keen thinker in his HEAD QUARTERS. Many successful men and women regularly eat the brain making food-GRAPE NUTS. For the Phosphates necessary for this purpose are intentionally supplied in GRAPE-N UTS in libera

quantities and will positively rebuild the worn out brain and nerve centres,

## The Inventor of GRAPE-NUTS

by Nature to rebuild the depleted nerves and brain. BUT such food must be made easy of digestion, else the weakened organs of boly could not extract he rebuilding elements. the rebuilding elements.<br>Finally success came, after dozens of experiments and failures. The right parts of Wheat and Barley were selected, skilfully blended in right proportions. were selected, skilfully blended in right proportions. Subjected for hours to moisture, then hours more to slow heat, gradually producing changes and mechanically digesting the food. Further processes follow, until the food is finally delivered fully cooked, pre digested and ready for instant service with a littie rich cream. Years have gone by and experience has shown that the now famous brain food, planned for a purpose, accomplishes that purpose. It does supply pre-digested food that a babe or an athlete can digest.<br>It does furnish the nerve centres and brain with the delicate, microscopic particles of natural Phosphate of Potash which combines with Albumen to make the grey matter filling the nerve centres and brain. It does prove itself to users in a very few days.<br>It, is known to, and used by, our most famous Physicians, Teachers, Scientists, Capitalists, Professors, Clergymen, Authors, Journalists, Merehan:s and successful thinking Farmers.<br>"There's a Reason" and a profound one for<br>GRAPE-NUTS



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