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MONTREAL

# Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL  
HOMŒOPATHIC HOSPITAL.

Vol. III. No. 4

MONTREAL, APRIL, 1898.

25cts. A YEAR.

## Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Woman's Auxiliary of the Montreal  
Homœopathic Hospital.

Communications relating to business and subscriptions to be sent to the Business Manager, care Sterling Publishing Co., 37 St. Gabriel St.

Manuscripts, new items, etc., should be addressed to the Editor Record, care Sterling Publishing Co., 37 St. Gabriel St.

### JUBILEE ENDOWMENT.

In an early issue of the RECORD we hope to have the pleasure of announcing the completion of arrangements whereby the trustees of the Jubilee Endowment will be placed in possession of a goodly investment, the annual interest of which will be available to the management of the Hospital in carrying out the various obligations and responsibilities they have undertaken.

A kind and warm-hearted friend of the Hospital has set aside a handsome sum till such time as just the desired kind of investment can be procured. Business men know the importance of having investments for an institution like a hospital, which will yield the maximum of interest with the maximum of security. They recognize the importance of having securities of as permanent a character as possible, and those which will give the minimum of trouble in their management. It is the procuring of such an investment at the most favorable price that our generous friend is now engaged in, so that the lump sum of money which has been set aside will yield the Hospital the largest possible amount of invested funds.

When this endowment comes into th

possession of the Hospital it will mark an epoch in its history. Though it has been in active operation nearly four years it has, so far, not been in the enjoyment of a single dollar of endowment revenue or of government or municipal grant. It has been projected and maintained by the loving devotion and self sacrifice of its friends. With the establishment of an endowment fund now being made, it is both hoped and believed that other generous friends will be encouraged to emulate the wise course of providing such gifts while they are alive and can enjoy the keen pleasure of planning them and seeing the results rather than of making provision for them by will.

Where this course is impracticable however, for any reason the bequest by will should not be neglected.

Every institution of the nature of our Hospital should have a fair amount of endowment so that a certain dependable revenue can be counted upon.

Such a financial condition gives stability to the work and courage to the management.

The *Atlanta Medical and Surgical Journal* for March, in an editorial on that oft-repeated plea of murderers and other brutal criminals, the plea of "insanity," says: "Above all, let our 'experts' give testimony according to facts and not according to the side they are on." A more biting arraignment of the "expert" would be difficult to find. And if "experts" testify as they are paid—and it seems that some of them do, according to the journal quoted—what difference is there between them and its false witness sometimes called perjurer.

## SCIENCE AND COMMON SENSE.

THE STANDARD MEDICAL TREATMENT OF  
CROUP.

The Montreal Witness of a recent date printed the following in its home department:

"IN CASES OF CROUP. — A standard medical authority says that the first thing to do for the child is to put his feet into as hot mustard water as he can bear, and be sure that the room is very warm. If possible put him into a hot bath; and then, quickly drying him, put him in between blankets. Even before putting him in bed give him syrup of ipecac in teaspoonful doses until he vomits. For external applications take two tablespoonfuls of turpentine and four tablespoonfuls of goose-oil, or sweet oil, or lard oil, mix well, and rub thoroughly on the outside of the throat. Hot bricks, or bottles filled with hot water, should be placed at the child's feet and then at the sides of his body to induce perspiration. Keep him carefully covered. After the vomiting the bowels must be kept open with syrup of squills. The best drink for the child is slippery elm water. Give plenty of nourishment to keep up the strength."

The only good in the above inhuman treatment is the slippery elm water. Such a method of treating croup reminds one of the mediæval period. Where the modern physician can find the much flouted "science" is beyond comprehension. It is safe to surmise that the author of the above had no children of his own. Suffering childhood is forced to endure many severe punishments under allopathic treatment, but nothing can be more barbarous than such a treatment for croup. If, as claimed by some of our opponents, Homœopathy is diametrically opposed to all sound scientific treatment, then humanity has cause to rejoice in such opposition. Homœopathy stands for the relief and cure of disease in the easiest, quickest, and surest possible manner. Blood letting, salivating, huge doses and other horrid practices have been abandoned since the introduction of Homœopathy. All families employing Homœopathic treatment are aware how quickly Aconite, Spongia, Iodine, Kali, Bich or Hepar, given according to well known indications, will cure the child suffering from croup. The relief is like magic, and where children are susceptible to this distressing disease a few of these remedies should always be kept in the house.

A. R. GRIFFITH, M.D.

WOMAN'S AUXILIARY, MONTREAL  
HOMOEOPATHIC HOSPITAL.

## TREASURER'S REPORT FOR MARCH, 1898.

Dr.	
To balance on hand, March, 1st	\$166 96
" patients.....	240 34
" subscriptions.....	43 75
" dispensary, returns for Feb...	10 50
	\$461 55
Cr.	
By wages.....	\$102 50
" Hospital expenses...	161 91
" household expenses	71 78
" Medical and Surgical	
Supplies.....	22 83
	\$359 02
By balance on hand	March 31st..... 102 53
	\$461 55

HARRIET W. PATTON,  
Treasurer W. A., M. H. H.

## SUBSCRIPTIONS RECEIVED.

The Woman's Auxiliary acknowledges, with many thanks, the following subscriptions received during March, 1898:—

Mrs. Andrew Wilson, ann. sub.	\$10 00
Mrs. Stewart Munn, " "	10 00
Mrs. Hugh Watson, " "	5 00
Mrs. E. W. Childs,	1 00
Mrs. Ed. Holton, sub. to Pound	
Party .....	1 00
Mrs. Robertson, sub. to Pound	
Party.....	50
Mrs. Gilmour, sub. to Pound	
Party.....	50

## Auxiliary Fees:—

Mrs. Arnold, Mrs. Fuhrer, Mrs.	
Doran, Mrs. Gaunt, Mrs.	
Renaud, each \$2 00.....	10 00
Donations to Bread Fund.....	5 75
	\$43 75

## DONATIONS FOR MARCH:

Mrs. J. A. Sheffield, vials.  
Mr. S. Bell, oranges for nurses.  
Miss Marie Robertson, Nightingale.  
Mr. R. N. Cross, Melbourne, Quebec.  
Maple Sugar.  
Mr. A. H. Thomson, two plants for nurses' table.  
Mrs. Loynachan, cake for nurses.  
Dr. A. D. Patton, bound copy of vol. 1 and 11 of Montreal Homœopathic Record for the use of the Treasurer of Woman's Auxiliary.

## SICK-ROOM COOKERY.

**PANODA.**—Lay 6 nice crackers in a bowl, sprinkle over them powdered sugar and a pinch of salt. Add a very small piece of fresh butter. Pour boiling water over the crackers, and let them remain near the fire half an hour, then add a little nutmeg or other flavoring and serve while hot.

**EGG AND BRANDY STIMULANT.**—Four oz. brandy, 4 oz. cinnamon water—yolks of 2 eggs, 1 tablespoonful loaf sugar. Beat yolks and sugar together, add cinnamon water, then brandy. Dose, 1 tablespoonful every 10 minutes, or as ordered.

**RAW MEAT** for diarrhoea of children, when beef tea and milk do not suit. Take fillet of beef, cut fine, then pound in a mortar and strain through a sieve. The pulp is separated and rolled in small pills with a little salt, then rolled in sugar. One pill can be put in the child's mouth. The first day about 3 teaspoonful being given and the quantity doubled the succeeding day, till 6—8 oz. are given.

**MILK.**—When pure milk does not agree with the stomach, mix lime water with it in the proportion of 1 part lime water to 4 of milk. Milk and English soda-water are useful for sour stomach.

## HOSPITAL NOTES.

April twenty-fourth and twenty-fifth, will commemorate the second anniversary of the opening of the Wing of the Hospital. The Woman's Auxiliary hopes to hold a "birthday party" in honor of the event at the Hospital, as arranged, due notice of which will be given. Each friend—children too—are expected to bring with them to the "party" a sealed envelope containing as many cents, or more, as they are years, old. If the cents are in excess of the years, the Hospital will be the gainer, and no one will be the wiser, as no names will appear in the envelopes.

Since last issue inquiries have come from Ta-Fong, North China, about our Hospital, from the first Lady Superintendent, Miss Jessie Thompson, who left the work here for the Foreign Missionary field, but still retains her interest in the Hospital. She has had a good deal of nursing and dispensing work, which has interfered somewhat with her study of the language, but she succeeded in passing her second examination with a high percentage. She is enjoying her work, and reports her health much better than last year.

Ten nurses are now in training, two senior nurses being available most of the time for outside duty at the call of the doctors, thus gaining practical experience outside the Hospital.

## NECESSITY OF COVER DURING SLEEP.

The object is simply this: Nature takes the time when one is lying down to give the heart rest, and that organ consequently makes ten strokes less a minute than when one is in an upright posture. Multiply that by sixty minutes and it is six hundred strokes. Therefore, in eight hours spent in lying down the heart is saved nearly five thousand strokes, and as the heart pumps six ounces of blood with each stroke, it lifts thirty thousand ounces less of blood in a night of eight hours spent in bed than when one is in an upright position. As the blood flows so much more slowly through the veins when one is lying down, one must supply then with extra coverings the warmth usually furnished by circulation.

One of the most useful external applications is goose grease. In coughs lingering after colds on the chest, it is excellent to aid in expelling the mucus that is so difficult to raise; also in cases where the nose and head are "all stopped up" with a cold, goose grease, well rubbed in, will afford quick relief in breathing. Also in cases of croup it is invaluable. In muscular rheumatism it is also of great value to oil up the rusty joints. It is said that there is no oil known that is so penetrating as *Oleum anseris*, or goose grease.

## CHEERFULNESS IN THE SICK-ROOM.

Despondency on the part of the patient is in many cases more deadly than disease, and whatever is said or done in and about the sick-room should be with a view to dispel that emotion, and replace it with something more healthful. Do not go tip-toeing and creeping about the apartment; do not stand behind a screen, curtain or door and peer wistfully at the invalid; do not stare fixedly at him from any point, and do not indulge in persistent questions which are evidently annoying. If the patient invites conversation, and is able to endure it, talk freely of those matters in which he is interested—the current news of the day, social events or reminiscences; but under no circumstances permit such topics as sickness, death, suffering, etc.

## HINTS.

*Aconite*.—Cough better when lying on the back.

*Kali sulph.*.—Headache worse in a warm room.

*Spongia*.—Cough relieved by eating or drinking.

*Ferrum phos.*.—Inability to retain urine during the day.

*Mizarum*.—Small patches of the skin that itch intensely.

*Silica*.—A slight draft aggravates or brings on the cough.

*Cannabis ind.*.—Constant backache; no aggravation or amelioration.

*Antimonium crudum*.—For painful, callous places on the soles of the feet.

*Ferrum met.*.—Is one of the best remedies for cramps of the feet and calves.

*Magnesia phos.*.—For neuralgic and intensely painful spasms about the heart.

*Aurum met.*.—Tightness of the chest, and drawing deep breath every now and then.

*Hyoeyamus.*.—Dry and spasmodic cough, aggravated at night (old people especially.)

*Natrum mur.*.—For lachrymation where there is constant flow of tears with corrosion.

*Platina*.—Is the chief remedy for constipation when traveling; *Bryonia*.—During sea voyage.

*Ihus tox.*.—Is very useful after the throat has been much strained by speaking or singing.

*Ledum*.—Is the best remedy internally and externally for mosquito bites, poisoned wounds, etc.

*Esculus*.—Bleeding piles with pain in the rectum and pulsations resembling the beating of little hammers.

*Antimonium tart.*.—Lumbago when the slightest effort to move causes nausea, retching, and cold, clammy sweat.

*Plantago* ointment, or the tincture of *Plantago*, is an excellent application for poisonous wounds or for the bites of animals and insects.

*Ferrum Picrat.*.—Dr. R. T. Cooper has found this an excellent remedy in the third dilution to disperse warty growths on different parts of the body.

*Nepia*.—Ice-cold hands with warm feet or vice versa; frequently, however, all the extremities are icy cold. It is also indicated for sensitiveness to cold air.

*Spigelia*.—Headaches always worse from noise, a jar, or thinking; commences in the back of head in the morning, and spreading upward and forward toward the left side, increases till noon, then gradually subsides till toward evening.

*Ferrum Phos.* is a good remedy for rheumatic pains; *Kali Phos.* for general lameness and stiffness, as when arising, etc.

*Rheumatism*, where the pain does not permit the limbs the least rest, is often cured by *Rhododendron*. In *Rhus Tox.* rheumatism a change of position gives temporary relief.

For offensive sweat of feet and armpits, *Petroleum* is often efficacious.

There is said to be no better remedy for itching, tingling, creeping of lichen, prurigo, or chronic rash than *Sulphuric acid* 3.

*Cimicifuga* is a good remedy for muscular rheumatism.

Every cold causes rheumatic pains in the joints calls for *Calcarea phos.*; or rheumatism at every change to damp weather indicates the same remedy.

*Kali bichromicum* is also a remedy for physical ills directly traceable to beer drinking; for those resulting from whisky, take *Nux vomica*.

"Redness and swelling of the toes with lanciating pains as after freezing them," *Carbo veg.*

"Hungry immediately or soon after eating," *Calcarea carb.* 30.

"Coldness of the feet in the evening, foot sweat," *Calcarea carb.* 30.

"Great exhaustion after every little walk," *Calcarea carb.* 30.

Intolerance in a child of being touched or looked at, *Antimonium crud.* 6.

"RADNOR"

Dr. J. R. Kippax, Professor of Medical Jurisprudence in the Chicago Homœopathic Medical College, writes: "Radnor Water is an agreeable and exceedingly pure table water, and surpasses the leading German Waters in therapeutic value."

A CINCII FOR THE DRUGGIST. — Mr. Samuel Jessup died May 17, 1817, at Heckington. He was defendant in a trial for the amount of an apothecary's bill at the Lincoln Assizes. The evidence at the trial gives the following details: In twenty-one years (from 1794 to 1816) he took 226,934 pills, supplied by a respectable apothecary in Bottlesford, which gives an average of 10,806 pills a year, or 29 each day. In the last five years preceeding 1816, he took the pills at the rate of 78 a day, and in the year 1814 swallowed not less than 51,590. "Notwithstanding this," says the *Toecin*, "and the

addition of 40,000 bottles of mixture, besides the julep and electuaries, set out in fifty-five closely written pages of the apothecary's bills, he lived to the age of sixty-five years."

Colorless urine (diabetes), or milky-colored urine, sweat, debility, painless diarrhœa, clear up when *Phosphoric acid* S is prescribed. Also headache in rapidly growing children; and "growing pains" in children are benefited by the same remedy.

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For Fourth Annual Term, including special clinics	125 00
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AND ITS HOSPITAL.**

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JOHN R. KIPPAX, M.D., LL.B., Secretary,  
154 Indiana Avenue, CHICAGO, ILL.

## OLIVE OIL AS MEDICINE AND FOOD.

"Olive oil is now used in many ways at one time never thought of. Besides being more largely used medicinally, it enters into various processes of cooking much more extensively than it did. It is well known that good eggs fried in olive oil are much better flavored than when any other kind of fat has been used. In massage, bathing, and for numerous other purposes the use of this most natural valuable food is greatly extending. The value of good olive oil is beginning to be more generally recognized throughout the world than it formerly was. Eminent authorities have experimented with it and found it a potent agent for many defects of the excretory ducts, especially the skin. Eczema has rapidly disappeared upon a discontinuance of starch foods and substitution of a diet of fresh and dried fruits, milk, eggs, and olive oil. Its beneficial effects when taken in conjunction with a fruit diet have frequent-

ly been marked upon the hair, nails and scalp, and supplying to the sebaceous glands the only substance which they secrete when in a healthy condition, and the absence of which is the cause of debility of the hair, frequently ending in baldness. It has long been observed that those who live on olive oil as a common article of food, and take it as such, are generally healthier and in better condition than those who do not. Its therapeutic and prophylactic properties are now well known to medical men. Oil is destructive to certain forms of micro-organic life, and it is reasonable to suppose that they can best be eradicated from the system by its internal use. The use of oil not only does this, but it restores to the wornout or diseased tissue just those elements of repair that its reconstruction demands."—*Board of Health Journal.*

For burns, crude petroleum poured upon the burned surface and covered loosely with cotton will subdue the pain almost at once.

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