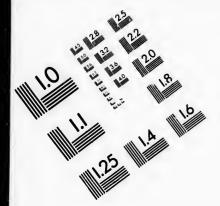
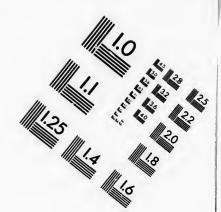
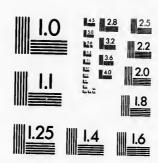
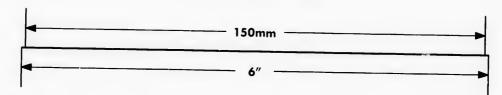
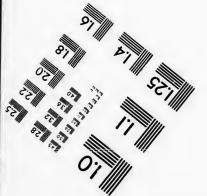
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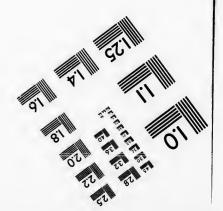






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#### Muffins, Biscuits, Etc.

GRAHAM GEMS-One cup Graham flour, one half cup white flour; three teaspoonfuls sugar, one half teaspoonful salt, one and one-half teaspoonful baking powder, one cup milk, one egg, one teaspoonful melted butter. Mix all the dry ingredients together. Beat the eggs and pour the milk into it. Then stir in the dry materials and butter. beat all very light. Bake in gem pans.—Mrs. Morse.

Buns-Three cups of flour, two teaspoons of baking powder, a pinch of salt, add a piece of butter the size of an egg, lard the same. Ice-

cold milk enough to make a soft dough.—Mrs. J. Davis.

CORN MUFFINS-One cup of corn meal, two cups of flour, two tea spoons of baking powder, one small cup of granulated sugar, a little salt butter the size of an egg, two eggs beaten light, one and one-half or two cups of sour milk, one-half teaspoon of soda. Make a soft batter.-MRS. Cox.

GRAHAM MUFFINS-One tablespoonful of butter, meited, one cup of brown sugar crushed, one egg broken on sugar and butter, one cup of sour milk, one teaspoon of soda dissolved in milk, a little salt, two cups of Graham flour.—MRS. GALLOWAY.

LEMON BISCUITS-Two cups of sugar, two eggs, one cup of lard and butter mixed, two cups of sweet milk, five cents worth of oil of lemon, five cents worth of baking ammonia, use one-half of the ammonia. Roll out

soft and bake in a quick oven. - Mrs. J. Davis.

Rolls-Scald one pint of milk so it will not become sour, one tablespoon sugar, one tablespoon lard, one teaspoonful of salt, one yeast cake or three-quarters of a cup of home-made yeast- Work all ingredients into sifted flour. Knead a little, but not so much as for bread nor so stiff.

When light knead a very little. Roll thin and cut with a small roll cutter.

BISCUITS-Three cups of flour, butter size of an egg, one cup of -MRS. SIMPSON. sweet milk, three teaspoons baking powder, pinch of salt. baking powder, salt and butter well with the hands before adding the milk. Rol! and cut in small cakes. Wash the tops with a little milk before putting in the oven.-MRS. MORSE.

POTATO MUFFINS-Two cups of cold potatoes chopped fine, two thirds of a cup of milk, one-half teaspoon of salt in milk, large teaspoon butter and one egg beaten. Stir together and pour the mixture into hot

jem pans dusted with flour and put in hot oven until browned.

CINNAMON ROLLS-Take enough bread dough for a small loaf, roll out on on the kneading board and spread over with butter. Then sprinkle with sugar and cinnamon and roll as a roll jell cake. Slice it off and let

Graham Loaf—Two eggs, two tablespoons sugar, a little salt, two it rise.—MRS. J. DAVIS. and one-half cups of buttermilk, one teaspoon of soda, four tablespoons of white flour and eight or nine of graham. Bake three-quarters of an hour

in a slow oven.—MRS. MORSE.

BREAD-Boil twelve medium sized potatoes, when done pour the water off, there should be one quart of water. Mash potatoes, pour the water back, then add three heaping tablespoons flour, two tablespoons sugar, one tablespoon salt, scald these with a pint of boiling water; mix the potatoes and this together then add one quart of cold water. Dissolve two royal yeast cakes in one cup of luke warm water. When the potatoes are cool enough put in the yeast cakes. Let all rise over night. one and a half cups of yeast for one loaf of bread. Knead the dough half an hour, put in pans and bake. No water is needed when mixing the bread.—Miss I, Wigle.

## Puddings and Pastry.

Lemon Pie—One cup of sugar, yolks of three eggs stirred to a cream. One tablespoon of flour, grated rind and juice of two lemons, one coffee cup of milk. Bake with under crust. Make a frosting of the whites of the eggs and three tablespoons of sugar. Set in the oven and brown slightly.—Mrs. J. Ford.

Snow Pudding—One third of a box of gelatine, soak ten minutes in cold water, then put on the stove and stir until dissolved. Let it cool and then beat to a froth. Beat the whites of two eggs to a froth, add one cup of sugar flavored with lemon. Mix all together and let it get cold. Make a custard of the yolks and turn over the pudding.—Mrs. J. Davis.

SUET BREAD PUDDING—One cup of currants, one cup of stoned raisins, one cup of chopped suet, one cup of flour, one cup of bread crumbs, spice to suit taste, three eggs, a little salt, one tablespoonful sugar, a little lemon peel, one teaspoonful of soda in a little sour milk. Steam two and one half hours.—Mrs. W. D. Cox.

WHITE CREAM PIE—One cup of sweet cream heated, to this add one teaspoon flour made smooth in a little milk, cook until it thickens. Have whites of three eggs whipped stiff and add to the hot cream a little at a time. (Remove cream from the stove.) When well whipped season.

Delicious Nut Pudding—One cupful each of molasses, chopped suet and sweet milk, two and one-half cupfuls of flour, one cupful of seeded raisins, one pound of English walnuts, and a quarter of a pound of figs chopped. A grated nutmeg and a teaspoonful of soda. Mix and steam two hours and a half.—Mrs. Morse.

CHRISTMAS PLUM PUDDING—One pound of flour, one pound of brown sugar, one pound and a half of beef suet, one pound of stoned raisins, one pound currants, one-half pound of candied lemon, two oz. of candied orange, one half cup East India molasses, two teaspoonfuls ginger, cloves, allspice, and cinnamon. Half of one nutmeg, one level teaspoonful of soda, one teaspoonful of salt, and two eggs. Mix the dry ingredients well

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Use dough ing the together. Then moisten with the molasses; add enough water to make the batter soft enough to drop from the spoon. Then divide into two parts and boil separately for two hours in pudding bags keeping the pot full of water. Water must be boiling when pudding is put in. -- MRS. SIMPSON.

SUET PUDDING-One cup suet chopped fine, one cup syrup, one cup raisins stoned, one cup sweet milk, one and a half teaspoonfuls soda, three cups flour. Mix together and season with cinnamon and cloves and steam three hours.

LEMON PIE-One and a half cups sugar, one cup water, half a cracker, two tablespoons of flour, two eggs, juice and grated rind of one lemon. The above quantity will make two pies. - Mrs Galloway.

QUEEN OF PUDDING'S - One pint of bread crumbs, grated rind of one lemon, one quart of milk, yolks of four eggs, one cup of sugar, butter the size of an egg, stir well together and bake. Put a layer of raspberry jam over the top, beat the whites of the eggs, add the juice of the lemon, one cup of sugar. Spread over the top and brown.-M. F. M.

TAPIOCA PUDDING—Half pint tapioca to one quart milk; boil till done then add the yolks of five eggs and sugar to suit taste. When thick put in a pudding dish. Beat the whites of the eggs to a stiff froth, add white

sugar and spread over the top and bake till brown.—N. G.

SAUCE FOR PUDDING—One large cup of sugar, quarter cup of butter, one large tablespoonful of corn starch and a little cinnamon. Stir in boiling water.

FIG PUDDING—Half pound figs chopped fine, one cup suet, one egg, one pint bread crumbs, one cup milk, sugar to sweeten, two teaspoons baking powder, flour enough to stiffen. Boil two hours.-Mrs. Gallo-WAY.

MARMALADE PUDDING-One egg, one cup suet, one cup milk, one and a quarter cups flour, two tablespoons marmalade. Boil or steam one and a-half or two hours. (See receipt for Orange Marmalade).

ORANGE PUDDING-Peel and cut five good oranges in thin slices,

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taking out the seeds; put over them a cup of white sugar. Let a pint of milk get boiling hot by setting in boiling water; add the yolks of three eggs well beaten, one tablespoon corn starch. Stir all the time, and as soon as thickened pour over the fruit. Beat the whites to a stiff froth; add a teaspoon of sugar and spread it on for frosting; set in oven to

ORANCE PIE—Beat the yolks of three eggs with a cupful of sugar, and when light add a tablespoonful of butter. Stir in the pulp and juice of two oranges, the grated rind of half of one, and a cupful of milk. Bake in a deep pie dish lined with pastry. When done cover with a meringue of the three whites of eggs beaten with three tablespoonfuls of sugar; brown slightly, cool and serve.—E. A. G.

CHERRY SAUCE—Cream one-third of a cupful of butter with one cupful of sugar: add one-half teacupful of cherry juice, and beat well. The juice can be strained from cherries which have been stoned and sugared an hour beforehand. Serve very cold. An excellent addition to

almost any plain pudding.

LIGHT DESERT—One quart of boiling water, three heaping teaspoons corn starch, a pinch of salt, one heaping coffee cup of sugar, juice of two lemons, whites of three eggs beaten to a stiff froth, put in last. Beat all together with an egg-beater, and put into a mould. Eat with whipped cream flavored with vanilla .- T. S.

CARROT PUDDING-One cup currants, one cup raisins, one cup suet, one cup flour, one cup sugar, one cup carrots and one cup of raw potatoes grated. Spice to suit. Boil or steam two hours. Very good.-Mrs.

FRUIT DESSERT-Yolks of two eggs, half cupful of powdered sugarquarter teaspoonful salt, juice of one lemon, three bananas, two oranges. Whip the yolks until they are thick and light-colored, then add (beating gradually) the sifted powdered sugar and salt, bearing until sugar is dissolved; add the lemon juice and beat again, peel and thinly slice the bananas, peel the oranges close to the pulp, sice them across in thin

slices and remove the seeds; place in a glass dish first a layer of bananas, then one of dressing, then a layer of oranges and so on until all the ingredients have been used, placing a layer of dressing on top. Set on ice and serve very cold.—MISS M. SHERWOOD.

#### Custards and Jellies.

Cranberry Jelly—One quart berries, one pint granulated sugar, half pint water, cook together about fifteen minutes, then rub through a sieve and pour into moulds.—Mrs. W D. Cox.

ORANGE MARMALADE—One dozen oranges, three lemons; peel, and boil the peel till tender. Pour the water off and add fresh water. One pound of sugar to one pound of fruit. Boil half an hour. Water to cover.—Mrs. J. Davis.

PEACH OR STRAWBERRY FLOAT—Whites of two eggs beaten to a froth, stir in fresh or canned fruit and flavor. For apple float, take two apples and grate them, sprinkle sugar on them as you grate to keep from getting dark. Use whites of two eggs and nutmeg. Put all in together and whip.—Mrs. A. D. Brown.

Orange Jelly—Take two or three oranges, peel and slice very thin into a glass dish. Sprinkle well with sugar and let stand; then take half box of gelatine, cover with half pint of cold water and let stand for two hours. Then add a scant half pint of boiling water, the juice and a little of the grated rind of one large lemon. Sweeten to taste and set all, but the oranges, on the stove till dissolved but do not let boil. When cooled a little, pour over the fruit and set away in a cool place till jellied.—Mrs. N. B. Eede.

Banana Custard—Yolks of three eggs, half cup of white sugar, one tablespoon corn starch, mixed with a little cold milk. After beating eggs

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ORANGE MARMALADE—One dozen oranges, half dozen lemons, one gallon of water, six pounds sugar. Peel the fruit, remove the seeds, cut up the pulp and slice the rind as thin as possible. Put the fruit and water into a crock, and let it stand thirty-six or forty-eight hours, stirring once or twice. Boil two hours, then add the sugar and boil two hours longer, or until it thickens.—Mrs. Galloway.

Spanish Cream—One quart of milk four eggs, one ounce gelatine. Pour one pint of milk over gelatine to soak, then add other pint and stir over the fire in a kettle (not tin). Beat the yolks of the eggs with three tablespoons of white sugar, and stir into the milk just before it boils. When it comes to a boil take it off and add the whites beaten very stiff with three tablespoons of sugar. Stir well and flavor with vanilla.—Mrs. W. D. Cox.

Snow Custard—Take half a box of gelatine, the juice of two lemons, and rind of one half lemon, half a pint of cold water. Soak for one hour, then add two cups of granulated sugar and one pint of boiling water. Stir till dissolved, then strain twice through a piece of cheese cloth, put in a mould and p'ace in a cold place. For the custard take a pint of milk, place in a bright tin pail, and set it in a kettle of boiling water until it barely comes to a boil; have beaten in a large bowl the yolks of the three eggs, with two tablespoons of sugar. When the milk reaches the boiling point, pour it over the eggs and sugar; stir well, and having thoroughly cleansed the vessel in which the milk was boiled, return the mixture to it and stir constantly until it boils again; then remove the custard, flavor and set away to cool. To prepare for the table place the jelly in centre of a large glass dish, and having beaten out the whites of the three eggs to a stiff froth and sweetened spread it over the jelly with a knife, and pour custard around it.—Mrs. J. Galloway.

CHARLOTTE RUSSE—One-half box gelatine dissolved on the stove in one cup of milk, one pint cream (whipped), whites of two eggs beaten stiff; as gelatine cools mix with cream and eggs and flavor to taste and sweeten; have a dish already lined with cake joined together with white of egg, pour the cream into it and set on ice until ready for use.—F. S. C.

. APPLE CUSTARD—One pint of apple sauce, one pint of sweet milk and three eggs. Flavor and sweeten to suit the taste. Bake with under

crust.

GRAPE JELLY —Press the desired quantity of fine ripe grapes, thoroughly extracting the juice, and to each pound of juice add one pound of white sugar; boil ha'f an hour, and you will have a fine jelly when cold.

#### Cakes and Cookies.

CHOCOLATE CAKE - One half cup of butter, one cup of sugar, three eggs, half cup of sweet milk, one cup of raisins, one cup of walnuts, one and one-half teaspoons of baking powder, one half teaspoon of vanilla, one teaspoon of lemon, flour to stiffen. Chocolate icing.—Mrs. Cox.

COCOANUT CAKE—Beat half pound butter to cream, add gradually one pound sifted flour, one pound white sugar, quarter of a pound of cocoanut, two teaspoons baking powder, four eggs, one cup milk, flavor to taste.—Mrs. Cox.

SILVER CAKE—Whites of four eggs, half cup of corn starch, one cup flour, half cup of butter, half cup of sweet milk, two and a half teaspoons

of baking powder, one cup white sugar.—Mrs. Galloway.

Date Cake—One cup sugar, half cup butter, two eggs, two-thirds of a cup of sweet milk, two teaspoons baking powder, two and a-half cups of flour. Cream the butter and sugar, add beaten eggs, the milk and the flour in which the baking powder has been sifted. Take out one-third of this and stir in one-half teacup of chopped dates. Bake in three layers, one with dates and two plain.

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Walnut or Hickory Nut Cake—Whites of four eggs, one cup of sugar, half cup of butter, one cup chopped raisins, one cup of chopped walnuts or hickory nuts, half cup of milk, two cups of flour, five cents' worth of lemon peel, two teaspoons vanilla. Beat the butter to a cream, add sugar and beat. Beat the eggs until they are stiff, add butter and sugar, then milk, etc.—Mrs. A. D. Brown.

Washington Pie-Three eggs, one cup of sugar, four tablespoons cold water, two cups of flour, two teaspoons baking powder. Filling—Two cups of milk, two tablespoons corn starch, three-quarters of a cup of sugar, two eggs, butter the size of an egg, flavor to taste. Split each cake

open and fill.—E. A. G.

Brandy Snaps—One cup of brown sugar, one cup of molasses, three quarters of a cup of butter. Cloves and ginger to suit taste. Flour enough to make a stiff batter. Drop in a pan with a teaspoon, a good distance apart. Bake in a moderate oven and when cooled a little roll each one on a round stick.—Mrs. J. Davis.

TEA CAKES—Half a cup of butter, half a cup of lard, one cup of granulated sugar, two eggs, three teaspoonfuls of baking powder, flour

enough to roll, flavor with essence of lemon. - MRS Cox.

DOUGHNUTS.—Three eggs, one and a half cups of sugar, butter size of an egg, one cup of sour milk, nutmeg, one teaspoon of soda and two

of cream of tartar. Fry in hot lard.—MRS. W. O. FRANKLIN.

SNOW CAKE—Half a cup of butter, one cup of sugar, one and a half cups of flour, half a cup of sweet milk, whites of four eggs, two teaspoons of baking powder, flavor with vanilla. Put whites of eggs in last and bake ih one square tin.—Mrs. Ford.

CREAM PUFFS—Put one cup of water and two tablespoonfuls of butter in a sauce pan to boil, add to it four tablespoonfuls of flour. Stir

constantly until it forms a perfectly smooth loaf, which leave the bottom and sides of the pan as you stir. Take from the fire, and when cool add four eggs, one at a time until each is thoroughly mixed with the batter. Drop this by the desert spoonful into a greased pan and bake in a moderate oven. Filling: One cup of milk, one egg, one teaspoon corn starch, flavor with vanilla.—Miss Smith.

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FRUIT CAKE—Two cups of sugar, one cup of butter, three eggs, one cup of sour milk, one teaspoon of soda, one tablespoon of cinnamon and cloves, half a nutmeg. Fruit: Raisins, currants and lemon peel. Flour not too stiff.—Mrs. J. Davis.

BUTTERNUT CAKE—One cup of sugar; half a cup of butter, half cup of sweet milk, two eggs, two cups of flour; two teaspoonfuls baking powder, one cup of butternut (or walnut) meats chopped, half a cup of raisins.

—Mrs. J. Davis.

Marble Cake—White part—Quarter of a cup of butter, three-quarters of a cup of sugar, quarter of a cup of sweet milk, one cup of flour, whites of two eggs, one teaspoonful of baking powder. Dark part—Quarter of a cup of outter, half a cup of sugar, quarter of a cup of molasses, quarter of a cup of sweet milk, one and a quarter cups of flour, yolks of two eggs, one large teaspoonful of baking powder, half a teaspoonful each of cloves, cinnamon, nutmeg and mace. Mix the two parts separately, beat until very light, then put in a baking pan a spoonful at a time, taking pains to have the light and dark alternate.—Mrs. P. Phillips.

Drop Ginger Cakes—One cup of lard or butter, one cup of sugar, one cup of molasses, one cup of sour milk, four and a half cups of flour, one teaspoonful each of soda, ginger, cloves and cinnamon. Drop in spoonfuls in a buttered pan. Bake in rather a quick oven.—Mrs. Morse.

LAYFR CAKE.—Four eggs, one cup of white sugar, half a cup of butter, three-quarters of a teaspoonful of soda, the same of cream of tartar, two tablespoonsful of sweet cream or milk, one cup of flour. Beat the eggs till light, add sugar and beat five minutes, whip the butter to a

we the bottom when cool add it the batter. in a moderate n corn starch,

hree eggs, one cinnamon and n peel. Flour

utter, half cups baking powcup of raisins.

butter, three-lk, one cup of DARK PART of a cup of cups of flour, er, half a tea-x the two parts a spoonful at a s. P. PHILLIPS.

cups of flour, non. Drop in MRS. MORSE. half a cup of e of cream of of flour. Beat he butter to a

cup of sugar,

cream, mix soda and cream of tartar in the cream, pouring from one cup to another till it froths.—Mrs. Davis, Calgary.

CHOCOLATE ICING—One and a-half bars of chocolate broken up, dissolved in boiling water and thickened with icing sugar. A little butter

makes it glossy.-N. G. S.

GINGER SNAPS.—One cup molasses, one cup of sugar, one cup of butter, one teaspoonful of cinnamon, one tablespoonful of ginger, one teaspoonful of soda. Boil this together about eight minutes, let it cool, then mix with flour and roll very thin. Bake on floured fins in a quick oven.—Mrs. W. D. Cox.

PAN CAKES—Cnt dry bread in thin cakes with cake cutter. Dip in batter and fry in butter or dripping. BATTER—Two eggs, two cups of sweet milk, some salt, one large teaspoonful of baking powder sifted in one cup of flour. Serve hot with syrup or honey.—Mrs. Harrison.

FIVE O'CLOCK TEA CAKE—Whites of three eggs, half a cup of butter, half a cup of milk, one and three-quarter cups of flour, one cup of

sugar, two teaspoons of baking powder.-MRS. A. G. BAKER.

BROWN ICING—One cup of brown sugar, two desert spoons of milk, a small piece of butter. Boil one minute and flavor with vanilla. Stir till cold:

ANGEL CAKE—Whites of six eggs, one cup of sugar, half a cup of

flour, one teaspoon of cream of tartar.—E. GALLOWAY.

ICE CREAM CAKE—Whites of four eggs, half a cup of sweet milk, half a cup of butter, one cup of sugar, half a cup of corn starch, one cup of flour, two teaspoons of baking powder mixed with flour, flavor with vanilla. Bake in layers.—Mrs. Cox.

STRAWBERRY SHORTCAKE—One good teaspoon butter, three table-spoons granulated sugar, one egg, one tablespoon sour cream, stir well. Six tablespoons milk, one cup of flour, one teaspoon baking powder. Split and spread berries between and on top. Chop berries fine and sweeten. To be eaten with cream.—Mrs. Franklin.

CREAM CAKE.—Three eggs, one cup of sugar, three tablespoons of

butter, half a cup of sweet milk, one and a-half cups of flour, two teaspoons of baking powder. The CENTRE: One cup of sweet cream, bring it to a boil, then add two tablespoons of corn starch, three of sugar. When almost thick, take off and add essence to taste.—Mrs. Galloway.

Doughnuts—One cup of sugar, one cup of sour milk, one egg, one teaspoonful of soda, two tablespoonfuls melted butter, a little salt. Mix into a soft dough, roll out thin, cut into cakes with a doughnut cutter and

fry in lard.—MRS. P. PHILLIPS.

COOKIES, ROSE FLAVOR.—Two cups of sugar, three eggs, one cup of butter, two teaspoons of baking powder, quarter of a cup of sweet milk. Roll soft and bake in a quick oven.—Mrs. J. Davis.

WHITE CAKE—One cup of sugar, half a cup of butter, half a cup of sweet milk, whites of five eggs, two cups of flour, two teaspoons of baking

powder, one teaspoon of almond extract.—Mrs. J. Davis.

DATE CAKE—One half cup of sour milk, one-half teaspoon of soda, two cups of oatmeal, two cups of flour, one-half cup of butter, one-half cup of lard, one cup of brown sugar, two pounds of dates. Roll the pastethin, spread one half with dates, lay the other half over; cut in squares and bake.—Mrs. Cox.

FRENCH CAKE—Three eggs, two cups of sugar, one cup of butter, four cups of flour, one cup of milk, two teaspoons of baking powder, one teaspoon of lemon, a pinch of salt. Beat well. For citron cake add half a pound.—Mrs. Ford.

SHORT BREAD—One and one-half cups of brown sugar, one cup of butter, one cup lard, six cups of flour, warmed; mix well together until soft, roll out until half an inch thick, prick well with a fork, cut in squares and bake in a moderate oven.

OATMEAL CAKES—Two cups of flour, four cups of oatmeal, eight tablespoonfuls of lard, eight tablespoonfuls sugar, two teaspoons soda, water to make stiff dough.—C.

FRUIT CAKE—One pound of raisins, one pound of currants, one pound butter, half a pound of citron peel, half a pound of lemon peel, one

f flour, two teaeet cream, bring three of sugar. IRS. GALLOWAY. lk, one egg, one little salt. Mix ghnut cutter and

eggs, one cup of of sweet milk.

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aspoon of soda, butter, one-half Roll the paste

cut in squares e cup of butter, ng powder, one

n cake add half

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of currants, one emon peel, one

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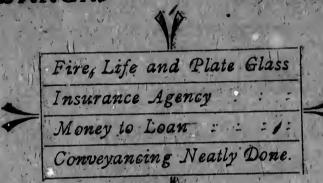
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pound figs chopped fine, six eggs, one oz of mixed spices, flour. Good.

Almond Icing—One pound of almonds, blanched and well pounded.

Whites of three eggs well beaten, one pound of icing sugar, three or four bitter almonds. If too stiff, you can add one teaspoonful of cold water.

—A. C. W.

GINGER BREAD—One egg, small cup of brown sugar, half a table-spoonful of butter, hair a tablespoonful of lard, one cup of sour milk, one large tablespoonful of soda, one cup of molasses, two large cups of flour and half a cup of rolled oatmeal sifted together, two teaspoons of ginger, two teaspoons of cinnamon, a pinch of salt.—Mrs. Cox.

NUT CAKE—Two-thirds of a cup of butter, two cups of sugar, one cup of milk, three eggs, three cups of flour, three teaspoons of baking powder, one cup of nuts chopped fine. Half of the recipe may be used.—Mrs.

GALLOWAY.

LEMON FILLING FOR TARTS—Half dozen lemons, eight eggs, two pounds sugar, half pound of butter. Melt the sugar, butter, and lemon juice together, beat the eggs well and stir in. Let it come to a boil.

Soda Cake—Two cups of flour, one cup currants, one cup sugar, half a cup of butter, half a cup of candied peel, one teaspoonful of soda,

two cups of milk. Bake one hour and one half.-M. J. G.

Orange Shortcake—Cream together a half cupful of butter and a cupful of sugar; into them stir a well-beaten egg, half a cupful of milk and a pint of flour, into which two teaspoonfuls of baking powder has been sifted. Roll and bake in two sheets. For the filling, peel six oranges, remove the seeds, slice, sprinkle with sugar, and place between the layers.

TEA CAKE—One cup of butter, one cup sugar, three eggs, one teaspoon of soda, two teaspoons of cream of tartar, one tablespoon sour

cream. Flour enough to roll nicely.

CREAM CAKE—Two eggs, one cup sugar, one cup of cream, two cups

of flour, one teaspoon cream of tartar, one of soda. -- E. A. G.,

Orange Cake—Two cups of flour, two cups sugar, half a cup of water, two teaspoons of baking powder, yolks of five eggs, whites of three

Bake like jelly cake. Dressing-Whites of two eggs, grate the rind of two oranges, add the juice and sugar to thicken; put this between cakes and set in oven for a minute.

Boiled Frosting-One cup of sugar, moistened with six teaspoonfuls of water and boiled until it will hair as it drips from a spoon. Stir it slowly into the beaten white of one egg, beating rapidly. Beat until cool,

and then spread on cake.-Mrs. P. Phillips.

WHITE FRUIT CAKE—A quarter of a pound of sugar, three ounces of butter, whites of four eggs, quarter of a box of cocoanut, quarter of a pound and two ounces of almond nuts sliced fine, quarter of a pound of eitron peel chopped fine, one teaspoon of soda, two of cream of tartar. Flavor with rose water.—Mrs. FREEBORN, CLINTON.

DELICATE CAKE Yells of two eggs, white of one egg, butter the size of an egg, three-quarter cup of sugar, three-quarter cup of flour, threequarter cup of corn starch, ha f a cup of milk, two teaspoons of baking powder.

COFFEE CAKE—Five cups of flour, one cup of butter, one cup of eoffee, steeped and set aside till cold, one cup of raisins, one cup of molasses, one cup of sugar and a teaspoonful of soda. Excellent.--Miss

MALOTT.

CINNAMON COOKIES-One cup of sour cream, one cup sugar, one tablespoon butter, one teaspoon of soda, one egg. Mix four tablespoons of white sugar and two tablespoons of cinnamon together. Dip out a spoonful of the paste and roll in this mixture. Bake on buttered tins, leaving a space between each one. - MISS MALOTT.

#### Meats and Fish.

HAMBURG STEAK—Chop steak very fine, add one onion chopped fine and salt and pepper to taste. Make in little cakes and fry in butter.—Mrs. A. D. Brown.

Quail on Toast—Toast the bread and lay in bottom of bake tin. Dress the quail, and put rice sized piece of butter in each one. Rub well with butter on outside, also sprinkle with pepper and salt. Pin up the wings, lay on toast and roast in a hot oven for twenty minutes. Serve toast and all.—Mrs. Harrison.

BEEF LOAF—Three and a half pounds of beef, minced fine; four large crackers, rolled, one egg, one cup of sweet milk, butter the size of an egg, one tablespoonful salt, one of pepper. Mix in shape of loaf, and bake in a slow oven, basting often. To be eaten cold.—Mrs. Galloway.

Delicious Entree—Cut off the wings and legs left from a roast turkey or chicken, join them, score deeply and season well with salt, red pepper, and a dash of Worcestershire sauce or warm mushroom catsup, and broil. Serve with or without a sauce.

Cod Fish—Pick fine, and let stand two hours, then put in water and let boil. When done pour the water off and add milk, and when the milk comes to a boil put in butter and pepper and add two eggs, well beaten. If it is not thick enough add a little flour.—Mrs. A. D. Brown.

JELLIED CHICKEN—Boil the chicken until the water is reduced to a pint, pick the meat from the bones in fair sized pieces, removing all gristle, skin and bone. Skim the fat from the liquor, add an ounce of butter, a little pepper and salt, and half a packet of gelatine. Put the cut-up chicken into a mould, wet with cold water; when the gelatine has dissolved pour the liquor hot over the chicken. Turn out when cold.—E. A. G.

Mock Duck—Take a slice of steak one and one-half inches thick, make a dressing of bread crumbs seasoned with salt, pepper, butter, sage,

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and one orion, chopped fine; spread the dressing on the steak, roll and

roast one hour; baste frequently.

CODFISH CAKES—Soak three pounds of salt codfish in cold water till it comes to a boil; pour off the water: if too salty for the taste add fresh cold water, but do not boil; when soaked sufficiently remove all bones and skin and chop fine in a chopping bowl. Boil eight white potatoes till done; drain off water, mash very fine; add half a cupful of milk, less than one half cupful of butter, salt in proportion to the freshness of the fish; beat well with a spoon and add to the fish, mixing thoroughly, using more potatoes than fish, roll with the hands into small round cakes an inch thick, and fry a rich brown in very hot lard.

FRICANDELLES—Take cold beef, veal, or any other meat, the more variety the better, hash it fine, and mix with two eggs, a little grated onion, melted butter, two crackers pounded, pepper, salt. Form into balls and fry in butter Serve with drawn butter flavored with lemon.—H. C. B.

FRIED OYSTERS—Select the largest, dip them in beaten egg, and then in bread or cracker crumbs; fry in equal parts of butter and lard until

they are brown.

SCRAPPLE—Nice for breakfast. Take the head and feet of pork, clear well, soak in weak salt water over night. Boil till tender. Chop fine and pick out all the bones. Season to taste with salt, pepper and sage and savory. Skim all the fat from the liquor in which the meat was boiled, strain the liquor and put back in the kettle; put in the meat and thicken with cornmeal till the spoon will stand in it. Cook for a while over a slow fire, stirring most of the time to prevent scorching. Skim off all fat that may arise, and turn it out in a mould. When cold, cut in slices, grease the griddle as you would for pancakes, using the fat that was skimmed from the meat. Fry a light brown on both sides.—Miss Malott.

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Boston Baked Beans—Two cups of beans, cover with cold water, let come to a boil and simmer gently about ten minutes. Pour off the water, put on plenty of cold water and wash thoroughly three times. Put one half the beans in a quart bean jar. Then add one quarter of a pound of salt, fat pork, and on top of this the remainder of the beans. Sprinkle over them half a teaspoonful each of soda, mustard and three tablepoons of molasses. Put on cold water enough to nearly cover them. Put a cover on, and bake six or eight hours. They must just simmer, not boil. Less heat is required than for baking anything else. If they become dry, add more water. About one half the water should cook off.—Mrs. Morse.

OMELET—Four eggs, whites and yolks beaten separately, a little salt and pepper, one tablespoon of corn starch. Beat well, then put in a teaspoon of baking powder and beat again. Add a cup of milk. Beat the yolks to a stiff froth and add last. Butter a pan, pour the mixture in, brown on one side and set in a hot oven to finish.—Miss Malott.

BOSTON CHIPS—Peel potatoes, wipe dry, slice lengthwise and fry in hot lard. Sprinkle with salt and pepper and eat hot.—Mrs. HARRISON.

SCRAMBLED EGGS—Break each egg by itself in a dish before putting in a frying pan, which stands on the stove warmed and buttered. For each egg allow a tablespoon of milk, which put into the buttered spider, and let it get hot before putting in the salt and eggs. Set where all will cook slowly, and don't stir until the whites begin to set. Then move to where they will cook more rapidly, and stir with long strokes. Turn into a hot dish while yet soft.

SPANISH ROSES—Two eggs well beaten, stir in granulated sugar, one cup sifted flour, a little salt. Roll a little at a time very thin. Cut three layers at a time with a small cake cutter made with six scollops, about one and a half inches across. Pat two or three layers together with a fork and fry in hot lard.—Mrs. A. D. Brown.

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IRISH POTATO PUFF.—Stir two cupfuls of mashed potatoes, two tablespoons melted butter, and a little salt to a creamy condition, then add two egg whites and yolks beaten separately, and six tablespoons of cream or milk. Beat the whole well together, then pile in a rocky form in a dish and bake it in a quick oven till nicely browned. It will become quite light.—Mrs. Galloway.

Boiled Onions—Peel as many onions as desired, being careful to remove all of the green leaves. Boil one hour in salted water, changing the water after first fifteen minutes boiling. When done drain well, place in serving dish and pour over them a cream sauce made of one pint of milk, one tab espoonful of flour, two tablespoonfuls of butter, salt and pepper to taste—Miss Sherwood.

POTATO CROQUETTES—Take cold mashed potatoes, use one egg beaten, one tablespoon of flour, salt and pepper to taste, half a teaspoon of baking powder. Make into little balls and fry in hot lard.—Mrs. A. D. Brown.

CHEESE PUFFS—Take an equal quantity of grated cheese and bread crumbs. Soak crumbs in as much milk as they will absorb. To each pint of crumbs allow-two eggs. Season with salt. Place alternate layers of cheese and bread crumbs in a baking dish, add two eggs and bake fifteen minutes.

OMELET—One cup of milk, one tablespoon of flour, stirred into the milk, four eggs, the whites and yolks beaten separately, one half tablespoon melted butter stirred into the mixture, a little salt. Stir in the whites before putting in the spider. Cook on top of stove about ten minutes, then set the spider in the oven to brown the top.—N. Galloway.

POTATO CAKE—Take cold, boiled potatoes, mash fine, add a good handful of salt, mix well with flour until stiff enough to roll, cut into pieces as you would cut a pie. Fry in pork gravy until brown on both sides.—MISS MALOTT.

BAKED CABBAGE—Cook a cabbage in salt water till quite done, take it up with a skimmer so as to drain off the water as much as possible, put

at into a dish and cut it up fine, season with butter and pepper, add a little more salt, then add a cup of sweet milk, less if cabbage is small, put the whole in a baking dish and cover the top an inch thick with rolled cracker crumbs, then put on minute pieces of butter. As soon as it is brown it is done. Delicious.—E. A. G.

EGG SANDWICH—For four dozen sandwichs; half a dozen eggs boiled six minutes. Chop fine, season with salt, pepper and butter. Dressing—One teaspoon of mustard, nearly one of flour, wet with vinegar, and pour boiling water on to make it the consistency of cream.—Miss Malott.

MACARONI—Cook macaroni in water until soft, then put in a deep dish with alternate layers of grated crackers and cheese, a little salt, fill up the dish with milk and bake one hour. Very good.

#### Soups.

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ke ut Tomato Soup—Cook four ripe tomatoes well, then add one teaspoonful of baking soda, one quart of sweet milk, one third of a cup of butter, three soda biscuits, salt and pepper to taste. (Break the biscuits quite fine).—Miss Sherwood.

POTATO SOUP—Mash potatoes and season as for table, beating with a large fork until creamy. Use rich milk, to which add cream or a little butter, and heat two quarts. Stir the mashed potatoes in slowly, and when again cooked up serve in hot dishes with celery and hot buttered toast. A splendid substitute for oysters when they are out of season.

BEAN SOUP—One pint of beans, four quarts of water; boil one hour, then put in a small piece of fat beef and boil two hours longer and strain add salt and pepper to taste, if too thin add one tablespoonful of flour.

#### Salads.

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Potato Salad—Boil six large potatoes. When cold place in chopping bowl with one large onion, season with salt and pepper and chop fine. Dressing—Two eggs; one tablespoon of butter, one teaspoon of sugar, a quarter of a teaspoon of mustard, ten tablespoons of vinegar, Cook until as thick as cream then pour over potatoes and onion. Let stand until cold, then garnish with slices of cold boiled egg, lettice or parsley.—Mrs. Simpson.

Cabbbage Salad—Yolks of two eggs beaten well, half a teaspoon of salt, a pinch of pepper, five teaspoons, of white sugar, one and a half tablespoons of butter, five tablespoons of vinegar. Put on the stove and stir well until thick, if too thick when cold add as much cream as desired. Pour over one quart of finely chopped cabbage.—Mrs. A. D. Brown.

SALMON SALAD—Pick the Salmon in small pieces, season with salt and pepper, and mix with an equal quanty of celery or lettuce cut in small pieces. Pour over the following dressing: One egg, one teaspoon sugar, one desert spoon mustard, two tablepoons of cream or two of melted butter, one cup of vinegar. Put on stove and just before boiling, stir in one teaspoon of corn starch wet in a little water. When cool add two or three spoons of whipped cream.

SALAD DRESSING—Half cup of vinegar, half cup of cream, one cup of sugar, one egg, one teaspoon mustard, one teaspoon salt, one teaspoon of flour mixed smooth with a little of the cream. Stir all together and cook in double boiler till thick as cream.—Mrs. Simpson.

CABBAGE SALAD—Two tespoons sugar, one large teaspoon mustard, a little salt, half a cup of vinegar,. When thoroughly mixed fill cup with sweet cream and pour over cabbage.—Mrs. Harrison.

#### Pickles and Sauces.

CHILI SAUCE—Eighteen large half ripe tomataes, four onions, one and a half cups of vinegar, four tablespoons sugar, two tablespoons salt, two teaspoons ground cloves, two teaspoons cinnamon, two teaspoons allspice, a little white pepper. Boil one hour.—Mrs Cox.

MUSTARD PICKLE DRESSING—One gallon of cider vinegar, half a pound of best English mustard, one cup flour, one cup of brown sugar, one ounce of turmeric powder, Boil altogether and pour over about two gallons of pickles.—Mrs. A. D. Brown.

CATSUP—Forty tomatoes, eight onions, three green peppers, seven tablespoons salt, six cups vinegar, sixteen tablespoons sugar, two tablespoons mustard, two teaspoons ginger, two teaspoons cloves, two whole nutmegs, two teaspoons cinnamon. Boil tomatoes, onions, green peppers until fine, then strain through a sieve and add vinegar and spices, Boil four hours and bottle for use.—Mrs. Ford.

SPICED FRUIT—For two gallons take one pint of vinegar, eight pounds of sugar, one tablespoonful of salt, one tablespoon of cayenne pepper, two tablespoons cloves, two tablespoons einnamon, ten pounds of fruit. Boil all together until quite thick.—Miss Sherwood.

MUSTARD PICKLES—One and a half gallons of best vinegar, one ounce of allspice, one ounce of chillis, one ounce of black pepper, two ounces of turmeric powder, one pound of best mustard, one pound of salt. Mix the mustard and turmeric powder, smooth in a little cold vinegar. Mix everything together and boil fifteen minutes. Put in a jar to cool then add cucumber, cauliflower, onion, etc.—Mrs. J. Davis.

Tomato Sauce—One gallon green tomatoes chopped fine, one cabbage chopped fine, ten onions, one teacup salt. Mix and let stand half an hour, drain and put into kettle with four green peppers, two pounds brown sugar, half an ounce of turmeric powder, half an ounce of celery seed. Cover with vinegar and boil one hour.—Mrs. W. O. Franklin.

CHILI SAUCE—Take twenty-four large ripe tomatoes, four white onions, three green peppers, four tablespoons of salt, one of cinnamon, half a tablespoonful of ground cloves and allspice mixed, a teacupful of sugar with a pint and a half of vinegar; peel the tomatoes and onions; chop fine; add the vinegar spices, salt and sugar; put into a preserving kettle; set over the fire and let boil slowly for three hours. Bottle and seal. Excellent and much less trouble than the strained tomato catchup.—Mrs. Galloway.

GREEN TOMATO SAUCE—Slice one peck of green tomatoes into a jar; sprinkle a little salt over each layer; let them stand twenty-four hours, drain off the liquor and put the tomatoes into a kettle with a teaspoonful of each of the following spices: ground ginger, allspice, cloves, mace, cinnamon, a teacupful of scraped horse-radish, three large red peppers, three onions, a cupful of brown sugar. Cover all with vinegar; boil slowly for three hours.—Mrs. Cox.

INDIA SAUCE—Twelve large tomatoes, twelve sour apples, seven onions, one pound raisins, two pounds brown sugar, one small cup of salt, one red pepper, four quarts vinegar. All to boil one hour, then strain and add half a pound of mustard and two ounces of ginger. Boil one hour and bottle.—Mrs. Franklin.

Tomato Lov—Southern Recipie—Take a bushel of ripe tomatoes, cut them in slices and skin; sprinkle the bottom of a tub with salt; put in a lawyer of tomatoes; cover with salt; add more tomatoes and salt until all are in the tub. Cover the top with a thick layer of sliced onions; let stand three days; turn into a large kettle, set over the fire and let boil slowly for eight hours; stir occasionally to prevent sticking. Take from the fire and stand aside over night. In the morning strain and press through a wire sieve; add four pods of red pepper, chopped fine; an ounce of ground cloves, and two ounces each of allspice and black pepper. Return to the kettle; set over a slow fire and let boil until very thick and smooth. When cool put in small jars and seal.

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ope per: PICKLED ONIONS—Peel small onions, soak them two days in strong brine, changing brine once, scald them in milk and water without cooking, rinse in hot water and soak for one day in weak vinegar, in which is dissolved a very small piece of alum, scald strong vinegar with whole black pepper and some pieces of red pepper, pour over onions and bottle for use

Delicious Chow Chow—One large head of red cabbage, one large cauliflower, two quarts each of very small string beans, green tomatoes, cucumbers and silver-skin onions. Cut the cabbage into puarters remove the core, then shave in very thin slices, break the cauliflowers into flowerets; leave all the other vegetables whole, peeling the onions and stringing the beans. Mix altogether thoroughly and add one pint of salt. Let them stand over night; in the morning mix well in cold water and drain. Add one ounce of white mustard seed, one ounce of celery seed ond one of small ground mustard. Cover well with vinegar and boil twenty minutes, While cooling the mixture, mix one tablespoonful of turmerick with a quarter of a pound of granulated sugar, and stir thoroughly into the pickles. Bottle and seal.—F. B.

#### Wines.

Grape Juice—Pick over and wash your grapes, Concords are said to be preferable. Put them in your porcelain kettle with just enough water to prevent sticking; when the skins crack, remove from the fire, strain through a jelly bag and press out all the juice. Add nearly half as much sugar as juice and return to the kettle. When the sugar is all dissolved and the juice boiling, pour into cans and seal as you would fruit. When opened, this can be diluted with water to suit the taste and will keep perfectly sweet for several days in a cool place. For medicinal and

sacramental purposes, this is excellent and easily prepared. — Mrs. Morse.

RASPBERRY VINEGAR—Bruise one quart berries in an earthen basin, pour over them one pint good vinegar, cover closely, let stand three days and stir daily. Strain through a flannel bag but do not press it. To one pint of liquid put one pound of white sugar, boil ten minutes and skim if necessary. When cold, bottle.—Mrs. A. D. Brown.

### For Cleaning Silverware.

One part of rouge, 10 parts of amonnia, 3 parts of whitening, 3 parts of water. Mix well and apply with cloth or brush, rub a little and then let dry, then brush the article clean. Shake bottle before using.



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