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## PROCEEDINGS

# ROYAL GEOGRAYHICAL SOCIETY AND MONTHLY RECORD OF GEOGRAPHY. 

A Journey in the Interior of Labraldor, July to October, 1887.
By Randle F. Holame.
(Read at the Evening Meeting, February 15th, 1888.)
Map, p. 240.
Ir is a curious faet that the purt of the American Continent, which is nearest to the British Isles, and on the same latitude, is of all that continent the least known. Labrador has beon almost miversally avoided. The reason for this is not fier to seek. It is the samo that explains why Newfoundland, the oldest of all British Colonies, is perhaps the least devoloped. Eaeh of these countries was first sought by fishermen, who found tho const, of Labrador especially, a real "alomination of desolation." On the Lubrador const not a tree is to be seen. There is nothing thero but bare rocks, and occasionally a little stunted grass. It is almost perpetual winter.

The reports of the fishermen and mariners, to whom this uninviting prospeet was displuyed, gave the country its churacter, and thore has heen created a false impression that the interior of the country is fuirly sampled by the coast.

The Arctic current, with as icebergs and iey waters, freezes the coast, but has no effect on the inland. At a distance of not more than 12 miles from the const thero commences a luxmriant forest growth, which elothes tho whole of tho country, with the exception of a few spots, chiefly towards the north, called "larrens." These barrens aro what we should call moors, and are the homes of vast herds of cariboo. The climate a few miles inland is totally different from that on the coast. A journey of 20 or 30 miles in summertime up the country from the sea is like passing from winter to surumer.

Before entering upon any dotails of my recont journey, it will be as well to inquire to what extent Labrador is at present populated, and how far the interior has been explored.

The whole of the south and the greater part of the east coast is devoted in the summertime to the cod-fishery. For the purpose of this

No. IV.-APRIL 1888.]
fishery, luge mmbers of Newfomallamers selthe in the spring ou the coast in villagen, and return to Nowfomelhand in the nutumn at the close of the fishing season. Abont the inlets and estuarien, ital whereever any nulmon are to be caught, thero live a fow british und Newfomedhal emigrants, and a large sumber of Eskimos and half-hreeds. Theso men spend the winter as well nas the sumaner in the comatry, living, not in villuges an the cod-fishermen du, lint in scattered homesteads. Their employment consists in the nummer of salmon-fishing, it the winter of trapping, and in the spring of seal-hmeting. They never live fur from the const; lint in the wintertime they sometimes walk comsiderable distances inland in seareh of fur. The pure beskimos are not cften fomad farther sonth thma Hamilton Inlet. In that inlet, however, they are numerous.

On the east coast, north of Hamilton Inlet, are several Moravian mission and trading settlements. A Churel of Eughani mission-honse is now being luilt at Cartwright in Sandwich Harbour. The first Charch of Eugland missionary whe has spent it winter so fur north as Sandwich Harbenr is the Rev. Frank Collyy, of Newfomilhand, who has spent the last three winters thore. There is also a Church of England mission-honse at Buttle Harhonr, on an island in tho Straits of Belle Isle. A Dissenting minister has recently settled in Hamilton Inlet.

There are Hulson's Bay Company's posts at Mingan on the south coast; at Cartwright, Rigolet, North-west river, Davis Inlot, and Naehvak on tho east coast ; and at Fort Chimmo in Ungava Bay.

The interior is inhabited by a considerable number of Red Indians, whose numbers are, however, ludieronsly disproportionate to the enormons size of the country.

The Indians of Labrador are all of the Cree natien, but these whe frequent the north eoest call themselves Nascopees, and those on the sonth and enst, Montagnais, or Mountaineers. They spend a few weeks in the spring of each year encamping near the Company's posts, either at Mingan, North-west river, or Fort Chimmo, whero they meot the priest, and trale their furs for ammmition, clothes, and provisions; but $f=$ the rest their habits are antirely nomadic. They livo in wigwams covered with birch-bark or deer-hide, round which they pile the suow in wintortime. Their canous they also mako of birch-bark, and in theso in summertime they slowly movo about. In winter, however, they walk enormous distances over the snow, although their snow-shoes aro of a clumsy round pattern and do not facilitate walking as the elegant oblong Canadian ones do. During theso journeys they drag behind them hand-sledges which are frequently very heavily loaded. Their sole occupation is trapping and hunting. The provisions which they obtain at the stores they generally devour in a few weoks, trusting. thereafter for sustenance solely to their guns and traps. The only thing which they try to mako last is tea, for which they have acquired a
great affection since the Compmay ceasel to trade lifuar with thom. There is now a henvy Government fine ipon any one trenung an Imbian or an Eskimo to drink. They live in famili s; each fimily generally possesses a sumall dog trainel to hunt for poreupines, which, with ptarmigan, furm their most reliable means of support.

The Eskimos nlomt Hamilton Inlet are guite civilised. Higher up on the east coast they are less se, although they have the alvantuge of Moravian truining. In the extreme north thry are chiefly pagno, and absolutely meivilised, oating all their forod raw, and living in the winter in snow honses without fires. The Eskimos nover go inlaul.

There is mail communication from Newfoundland letween July and Oeteber us far north as Niin on the east coast. The steamer nlso goes as far west as Bonne Epirance on the south coast. Once during the winter a mail is sent by Cometic* nnd dogs over the snow from Quebee.

The south of the country is extremely well watered, and the whole interior is dotted with large lakes. The Indinms are consequently acquainted with a complete system of internal navigation, joining the Soven Islands, Mingan, and the month of the St. Angustino river on the sonth coast, with North-west river on the east, and Ungava on the north.*

Only two white men, however, other than offieers of the Hudson's Bay Company, have until now ever mado an inland voyage, so far as I have been able to ascertai One is Pere Lacasse, the Roman Cathotic missionary to the Indians, who receives the varions portions of his tlock at Mingan, Nurth-west river, and lingeva. He generally proceeds to these places by sea, but on one occasion he journeyed from Mingan to North-west river by the Mingan and Kenamon rivers, and from North-west river to Ungava by the Naseopee and Waquash rivers.

The other is Professor Hind, who in 1861 journeyed up the river Moisie and back again. This was not, however, properly speaking, a jouncy in Labrador, but in the Canadian province of Quebee, the boundary between Labrador nud Canada being Salmon river. $\dagger$

Of Hudson's Bay Company officers, it is understood that Mr. Maclean in 1839 journeyed by rivor from Ungava to Lake Petchikapou, aud on as far as the Grand Falls on the Grand (or IIamilton) river above Lako Waminikapou.

Sir Donald A. Smith, formerly a clerk in the Company's servico in Labrador, oneo journeyed overland from Mingan to North-west river on the route subsequently followed by Père Laeasso.

But the most impertant point comected with the Labrador interior

[^0]$\dagger$ V'ide 'Journal R.G.S.,' vol. sxxiv. p. s2.
is the Company's inland post, Fort Nascopee, which formerly existed on Lake Petchikapon. During the latter years when this post was used, : journey was made annually from North-west river in an inland boat up the Grand river, and through Lake Waminikapou. The men, about twenty in number, with an officor in charge, went up in the autumn with stores for their own use, and goods for trading purposes, and returned in the spring as soon as the inland navigation opened, leaving the post desorted during the summer months.

In 1864, however, this post was abandoned, and since that date the Grand river has not been navigated by a white man until last summer, whon I ascended tho river as far as Lako Waminikapon.

I left England on July 5th, accompanied by Mr. H. Duff, Fellow of All Souls College, Oxford, and reached St. John's, Newfoundland, on July 13th. The first Labrador mail for the year had left shortly bofore we arrived. After waiting six days in Newfoundland, we caught the second mail. This was a small coastal steamor, the Plover, belonging to a St. John's firm. After touching at numerous ports on tho east and north coast of Newfoundland, and on the sonth coast of Labrador, going as far west as Bonne Espérance, tho Plorer left us at Battlo Harbour, in the south-east corner of Labrador, on July 24th. Here we changed into the Lady Glover mail steamer, which had loft St. John's a few days beforo we arrived there, and had by this time made her first trip on tho Labrador coast. The field ice on the coast had prevented her on that trip from going further north than Hamilton Inlet. On her next voyage, however, sho was able to proceed as far north as Nain, her extreme point.

The Lady Glover carries a doctor paid by the Government for the benefit of the inhabitants of the coast. In this steamer we reached Rigolet in Hamilton Inlot on July 27 th.

The voyage on the Newfoundland coast was warm and most enjoyable, and the scenery in many places exquisito. In the Straits of Belle Isle, however, we encountered thick fogs. On the Labrador coast it was cold, but clear and beautiful. The coast was bleak and dreary, without any vegetation whatever, but indented with a great number of superb natural harbours. On the Labrador coast, south of Hamilton Inlet, we touched at numerous ports, which were in many cases tiny settlements of not more than three or four honses.

We were armed with a letter of introduction, kindly obtained for us by an influential friend in London, from the headquarters of the Hudson's Bay Company, without which a journey inland is scarcely praeticable. Mr. Keith Maekenzie, the gontleman in charge of the post at Rigolet, received us with the utmost hospitality, and here we were fortunato enongh to meet with the missionary to the Indians, Père Lacasse, of whcia mention has already been made.

Wo started to sail $u_{p}$ the inlet in a small echooner belonging to the

Company. Twelve mits west of Rigolet lies Eskimo Island, the seene of a traditionary battle between Indians and Eskimos, the tro races having nlways been, and still being, hereditary foes. On this occasion the casus belli was as follows:-The Indians asserted that the Great Spirit had made an mmistakablo sign by whieh to distinguish the territories of the two races; all that was efvered with forest belonging to the Indians, and all that was barren leing for tho Eskimos; upon which issue they joined battle upon this island. This tradition is supported by my having found, when I went ashore there, abont seventy Eskimo graves. These graves were made in the ordinary Eskimo custom, not being undergronnd, although the soil was by no means deficient, but consisting of rough mulewn bloeks of stone heaped together in an oblong form, tho inside measurements being 2 feet by $1 \frac{1}{2}$ feet. Many of them had been disturbed by bears or wolves, but in most of them a sknil and bones were lying.

A sail of two days brought us $\tau_{0}$ the post at North-west river, at the head of the inlet. This is a subsidiary post to that at Rigolet, which is the head post of the district. It is now the furthest inland post in Labrador, and it is here that all the Indians, except those who go to Mingan or Ungava, bring their furs to trade in springtime.

This post is in charge of Mr. Walter West, and a considerablo number of families, mostly half-breed Eskimos, live scattered about the head of the bay, engaged in salmon-fishing, seal-hunting, and trapping.

Most of the Indians had unfortunately gone off into the interior about a week before our arrival, and as the salmon-fisling season was at its height we found it impossible at first to obtain any men to accompany us; we spent thereforo some very enjoyable time at the post.

We afterwards ohtained the services and the boat of John Montague, a "planter" at North-west river, who had emigrated from Orkney some thirteen years ago, a fine, strong man of twenty-eight years of age, well aequainted with the head of the bay. John had passed several years at Ungava, and was therefore able to give me considerable information as to the character of the country in the north.

In his company Mr. Duff and I explored all the rivers that flow into the head of tho bay, aseending them in most cases as far as they are navigable. They are as follows :-

Gudder's Bight River.-A deep stream about 50 yards wide at the month, navigable fer a small loat for four miles, or for a canoe almost as far as the Mealy Mominans, in whieh the river has its somee.

Kenamish Riter.-Very similar to the Gudder's light river, taking its souree in the Mealy Mountains.

Kcnamou River.-An important river, used as one of the routes from the sonth. It is a wide shallow strean coming through $n$ break in the mountain range; navigable for boats for alout 10 miles, for canoes probably to its source.

Travespines River, flowing into the Grand river, five miles from its mouth. The Travespines is navigablo for boats fur five miles, and is a rapid, narrow stream.

We also explored the shores of Goose Bay, Rabbit Island, and Mudily Lake.

Mudly Lake is juined to the river Travespines by a small brook. Unti' a few years ago the water in this brook, and in Muddy Lake, was perfectly clear; but recently a landslip, or perhaps a slight earthquake, took place, und opened a mud-spring in the brook. Sinee then the poivonous vapour of the mud-spring has rendered the brook impassable, and the waters of the entire lake have ever since been opaque and fuul.

North-uest River, so called, is properly speaking not a river at all, but merely a channel some 300 yards long, joining the Big Bay to a small lake three miles long, which is at its upper end joined by a similar short channel to the Grand Jake, which is 40 miles long. Into the Grand Lake flows tho river Naseopee, used as a route to the north.

The expedition during which these observations were made oceupied us from August 5th to August 19th. During that time the average minimum temperaturo between $8 \mathrm{p} . \mathrm{m}$. and $8 \mathrm{a} . \mathrm{m}$. was $381^{\circ}$ Fahrenheit, the highest being $46^{\circ}$, on Angust 17 th, and the lowest $30^{\circ}$, on August 9th, the tomperature by day ranging as high as $70^{\circ}$ to $80^{\circ}$.

Upon our arrival at North-west river after this expedition, Mr. Duff was compelled to return to England.

Being anxious, however, to make a further exploration of the Grand river, which is far the largest of the rivers flowing into the bay, I reengaged John Montague, and also obtained the services of Flet, another Orkney emigrant. Flet was past the prime of life, and rather weakly after many years of semi-starvation; but $I$ engaged him partly because there was no one else and another hand was necessary, and partly because he had furmed one of the crew of the Company's inland boat on the last two oceasions that the inland post had been used, and therefore knew the river to a certain extent.

John and I left North-west river on August 22nd, and reached the roouth of Goose Bay river in the evening. This was out of our way, but we had to call there for Flet. On August 23rd we were detained at Goose Bay river by a gale.

On August 24th we left Goose Bay river and started up the Grand river. We met three families of Indians near the river mouth, and we saw no other human being until we reached the same place on our way back a month later. We spent the night in an empty log-hut at High Point, on the south side of the river. On August 25th we reached the first falls by noon, and I spent a few hours in photographing them. These falls consist of two steps, the total fill being 70 fuet.

The whole of August 26 th was occupied with portaging tho boat and
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- a small brook. Iuddy Lake, was a slight carthok. Since then 18 lorook impassbeen opaque and
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1 up the Grand mouth, and we aee on our way og-hut at IIigh we reached the raphing them. ig the boat and
stuff to the head of the falls. The portage path cousists of a step , aseent of 210 fect, followed by about half-a-mile level through the woods, and a deseent of 140 feet.

A canoc would, of course, have been more suitable for work of this kind, but as my crew consistel of white men who were less accustomed to canoes, I had been compelled to take a boat. This had also cortain advantages, as we were frequently able to sail, and moreover a boat is not so dependent upon the weather as a canoe, on a large river liko this. The boat we had was an ordinary fisherman's dingey with two small masts; light as such boats go, but still almost more than threo men could lift.

The bont was hoisted up tho bank by means of a block and tackle attached to trees, and frequently shifted, dragged across the level piece, and lowered down the other bank. Then tho stuff was carried over, piece by piece. On August 27th it rained incessantly. However, we made nearly 15 miles, and camped on the north side just below Sandy Banks.

Hithorto the river had been wide, the current fairly slack, and the banks sandy, and we had rowed or sailed most of the way. On August 28th these conditions became reversel, and from this point right up to Lake Waminikapou, with the exception of Gull Island Lake and some parts of the river near to it, the journey was one long struggle with the rapid water. Flet stecred, being, as has been said, not very strong, while John and I tracked along the rocky bank the entire distance. The walking was often of tho most terrible deseription, and frequently necessitated climbing over shecr rocks or henps of fullen timber. Sometimes the character of the bank required us to cross tho stream, an operation which generally cost us nearly a quarter of a mile.

On Angust 29th we reached the foot of Gull Island Rapid. This is the fiercest of the rapids on this river, though not the longest. Unfortunately a great deal of rain had fallen during tho previous week, and cousequently we found the water so high that an ascent of the rapid was impossible. We were therefore compelled to wait for two days, August 30th and 31st, during which the river fell to tho extent of nearly two feet. We were the less annoyed at this delay as Gull Island Lake proved to bo full of fine whitefish, largo numbers of which wo caught and dried.

On September 1st we ascended, with great difficulty, the Gull Island Rapid. For this it was necessary to entirely empty the boat which, stecrod by ono man, was then step by step hauled up the rapid. The stuff was carried along the rocky shore. We camped on the shore immediately above the rapid. For nearly 15 miles above this rapid the river rums through a gorge, tho mometain ranges coming close down to the river on each side.

On September 2nd we reached tho Horseshoe Rapid, tho current being
very strong the whole of the way. This rupid consists of three separate parts, and caused considerable diffienlty. On September 3rd we came within sight of Ninipi Rapil, the largest rapil on the river. The lanks are here extremely wild and rugged, and the forest has been burnt for many miles.

There flows into the Grand river at the Ninipi Rapid a small stream called Ninipi river, which is a favourite route of Indians between Mingan and North-west river.

On September 4th we passed the Ninipi Rapid.
On September 5th the stream was slacker, and we made 13 miles. On that day I got a shot at a large black bear, which we failed, however, to secure. Bears are commonly found where the forest has been burnt down, as burnt forest ground proluces quantities of berrios, the favourite foed of those animals.

On September 6th we made $12 \frac{1}{2}$ miles, the stream being fairly slack. On September 7 th the current began to be stronger again, but we succeeded in making another $12 \frac{1}{2}$ miles. On September 8 th it rained the greater part of the day, which made the rocks very slippery to walk on. The stream was also very strong, and we consequently only made $6 \frac{1}{2}$ miles. On Sentember 9th wo passed the Mouni Rapids and reached Lake Waminikapon.

On September 10 th we rowed abont 20 miles up Lake Waminikapou. During the afternoon, however, a gale began to blow in our teeth, and, a heavy sea getting up, we found it impossible to proceed, and were compelled to put to shore, where we spent the night.

The expedition had thus far taken much longer than I had anticipated, partly owing to the height of the water, and partly to fallacious ideas as to the distances. The men had been quite mable to say how far it was, or how long it wonld take us, and I had expected to find Lake Waminikapou to be certainly less than 100 miles from the month of the river, whereas it is almost 150. In faet, in Professor Hind's 'Labrador,' vol. ii. p. 136, the Grand Falls of the river are said to be about 100 miles from the month. Now I had reliable information that these falls are 30 miles above Lake Waminikapou, and that the lake is 40 wiles long. According to Professor Hind, therefore, the lake should be within 30 miles of the river-mouth.

Owing to these miscalculations our provisions were by this time runuing extremely short. We had for some days heen on short rations, and on the night of September 10th we finished our jork. We had then nothing left but a small quantity of flow and some tea.

When, therefore, we were stopped on Lake Wiminikapou by the gale, which appeared likely to last for some days, we had no option but to turn back, which we did, reaching the head of the First Falls in three days and a half. The boat and the remains of onr baggage were taken over the portage path again, aul that morning we ate tho last remmants of our
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food. We proceceded the same duy as far as High loint, where we met with some Indians, who gave us porenpine and bread to eat.

The next night we encamped at Sandy Point, and on September 19th renched North-west river.

It was anoying to have to tum back when we did, as wo were within 50 miles of the Grand Falls. Of this 50 miles 20 were in the still water of the lake, and it would not have been necessary to take all the longgage the other $: 0$ miles. Wo might even have walked them if the river had turned out to bedifficult. Indeel, we estimated that in another three or four days, had the gale abated, we should have reached the falls. But we failed to entch nny fish in tho lake, and there nppearel to be nothing to shoot; and when, on the moming of September 11th, wo found the gale blowing as strongly as ever, wo considered that to proceed would mem starvation, while waiting would be little better.

The Grand Falls are said by the Labrador Indians to le haunted, and as they firmly helieve that no one can look upou them and live, they are careful to avoid them. There is little donbt that only two white men have ever seen them: one is Maclean, whose expolition in 1839 was stopped by them, and the other is a Mr. Kennedy, who some thirty years ago was in chargo of Fort Nascopec on Lake Petchikapou. Mr. Kemely was guided to them by an Indian called Lonis-over-the-Fire, who, leing an Irroquois, does not entirely slare the Labrador Indian superstitions. Louis came over from Montreal in the Company's service forty years ago, and has spent all his life since then in the Labrador interior. He was the pilot of the Company's inland boat to Nascopee during the last fifteen years that route was used. He speaks English well, and gave mo considerable information with respect to the country. He is now unfortunately a cripple, or I should have engaged him as guide.

It may appear strange that during the many years the inland route to Nascopee was used, ne officer of the Company, except Mr. Kennedy, should ever have been to the Grand Falls. When, however, it is noted that the route taken by the Company's men left the Grand river a short way ubove Lake Waminikapou and made a portage, abont seven miles long, to the nearest point of the next lake, leaving the falls about 30 miles to the west, and that the men were paid by the day during the voyage, these cousidcrations will sufficiently account for this apparent want of curiosity on the part of the officers in charge.

The height of the Grand Falls is not known, lut there is little doult that they are in certain respects the most strpendons falls in the world. 'ihe centro of Labrador, as is generally known, is a vast tableland, the limits of which are clearly defined, though of course the comntry intervening between this linit and the coast always consists, more or less, of a slope. Roughly speaking, it may be eaid that in the sonth and
north there is a more or less gradual slope from the height of land to the coast, while in the south-east tho descent is sudden, and almost immediately after leaving the tableland thore is reached a level which is but little above that of the sen. In the north-east portion the cdge of the tableland approaches nearest to the coast,* while it trends considerably to the wost in the roar of Hamilton Inlet. The most fertile part of the country is that which lies between the tableland and the sterile belt on the coast, though the height of land itsolf is by no means a desort. On the height of land there is found a succession of great lakes joined together by broad placid streams. When the streams of water reach the edge of the tableland, they of course commence a wild career down towards the sea. In the case of the Grand river this rapid descent commences with the Grand Falls, and almost the whole of the great drop to the sea-level is effected in the one waterfall.

The elevation of the Labrador tableland is given by Prof. Hind as 2240 feet. From this height the Moisie and Cold Water rivers descend to the sea by means of a considerable number of falls. But in the Grand river below Lake Waminikapou there is only one fall, viz. that which occurs 25 miles from the river-mouth. This fall is 70 feet. It is true that the whole of the river from Lake Waminikapou to the First Falls is rapid, but there is no place where there is any considerable drop, and indeed no place where it is nocessary to take the boat out of the water.

Now the lake first above the Grand Falls is on the height of land. In the channels joining the various lakes above the falls there aro no rapids and there is scarcely any stream.

It follows, assuming the elevation of the tableland on the east to be approximate to that on the south, that in the 30 miles beginning with the Grand Falls and ending with Lake Waminikapon, there is a drop of about 2000 feet.

Somo of this drop is probally effected by the rapids immediately below the falls, but the greater part is no doubt made by the fall itself. The river is said by Maclean to be 500 yards broad above the falls, contracting to 50 yards at the falls themselves. It therefore seems probable that there is no other fall in the world of such volume of water so high, or of so great height with such volume of water. $\dagger$

[^1]height of land to lden, and almost sed a level which ortion the edge of t trends considermost fertile part ad the stcrile belt o means a desert. reat lakes joined s of water reach wild careor down is rapid descent of the great drop
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2550 feet high, but three separate falls. be the only known 1 to the falls on tho though of incomrespectively, while - in height can be untain torrents.

The map of the interior published by Prof. Hind in his book, has been gencrally accepted in maps since made, which are very meagre and often contradietory. The canoo ronte which he marks betwcen Lake Aswanipi and Hamilton Inlet, is in its main features correct. But it is a mistake to supposo that the Grand river is the means of communication the whole way, more than half the distance consisting. of tho Ninipi river, which is a small tributary of the Grand river, and not more than one-ciglath of its size. It is also a mistako to suppose that Lake Waminikaju, the Grand Falls, Lako Petclikapou, and the numerous intervening lakes, are on the line of communication between Lake Aswanipi and Hamilton Inlet.

Lake Petchikapou is not, as it is placod in Hind's map, on or about the sume lutitude as Munilton Inlet, but just half-way between Northwest river and Ungava. In most recent maps Hind's map has been departed from so far as to place this lake in its proper position.* But the logical consequence of this alteration has not been fulluwed out; that is to say, the position of the Grand river, which flows out of that lake, has not been elungel, though tho position of the lake itself has beon changed. $\dagger$ And with the Grand river must also bo shifted that string of lakes which it connects, lying between Lakes Petchikapou and Waminikapou. Consequently that string of lakes, instead of lying east and west of one anothor, are almost north and south, which is elearly an all-important change in the configuration of the interior.

Lake Petchikapou ean be reached from North-west river by the Nascopee river, as well as by the Grand river. That route is shorter but moro difficult.

It should be also noted that the usual route from the south eoast to the east coast is not, as might, from Prof. Hind's map, be supposed, that viî Lake Aswanipi, but by the Mingan and Kenamou rivers, or by the St. John's, Ninipi, and Grand rivers. The Aswanipi route would generally be only used on the way to the north.

[^2]While on the sulject of tho map of Labrador, it may be remarked that the settlement called Southbrook, generally marked at the head of Hamilton Inlet by the mouth of the Kenamou river, may in future maps be omitted, as tho sea has thero largely encroached, and some years ago the last vestige of the villago was obliterated.

The country between the edgo of tho tableland and the coast is hilly, and often mountainous, and almost entirely covered with forest, that is to say, with various species of coniferous trees, bireh, and willow. Berries, especially the whortleberry and cranberry, are numerous and excellent, espeeially where the forest has been burnt.

In some places on tho sonth side, abuut the head of the bay, the Mealy Mountains are barren, and were formerly frequented by cariloo. In order to find any quantity of these animals now, however, it is necessary to go further north.*

The mast common birds are wild geese, black ducks, shell-birds, divers, loons, plover, and, near the coast, curlew.

The salmon fishery, whieh a few years ago was unlimited, has now almost entirely failed in Hamilton Inlet and on most of the east coast, though it still prospersin Ungava Bay. Salmon peel and trout are still sufficiently numerons in all parts. White-fish and "suckers" are also very common, the former being almirable eating, the latter very coarse.

The most plentiful mineral appears to be iron. The sand of almost all the rivers flowing into the head of the bay is black with this mineral. An attempt was recently made on the Kenamou iiver to turn this to account, but the scheme failed.

Labradorite, or Labrador spar, is very common about IIamilton Inlet, huge boulders of it lying about the keach. I sailed from North-west river to Rigolet in a schooner entirely ballasted with this beautiful stone.

The curse of this country in summer is the flies, that is, mosquitoes and black flies. It is probable that these pests are worse in this country than in any other. Were it not for them, the country would be most enjoyable in summertime. The summer lasts for a good three months, from the middle of June to the widdle of September, during which it is liko an English summer without the oppressively hot days. There are small kitchen-gardens at North-west river, Rigolet, and other places on the shores of Hamilton Inlet, which meet with very fair success. As, however, they are not able to plant till June, in which month the snow generally clears away, their season is thrown rather lato. I ate new potatoes at Rigolet in September. There is one cow on the east coast,

[^3]ay be romarked $d$ at the head of $y$ in future maps l some yoars ago
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Hamilton Inlet, om North-west this beautiful
; is, mosquitoes in this comntry would be most 1 three months, ing which it is ys. There are other places on $r$ snceess. As, lonth the snow te. I ate new the east coast, dor:-Black bear, , silver fox, ottir,
in the south-west corner of Hamilton Inlet, and no other cattle of any kind. The reason for this is that Eskimo dogs are a necessity, and are kept in largo quantities, and owing to their ferocity it is almost an impossibility to keep any other kind of animal.

In conclusion, if travellers are not deterred by the flies, whieh ean, to a certain extent, be connteracted by mosquito nets at night, and other appliances by duy, and to which, like all other troulles, man gets wonderfully inured, tho Labrador interior affords great interest of matural scencry, and from the almost total absence of information and maps opens up a field of enterpriso which has not hitherto been explored. Now and superior steamers are leing built for the coastal servieo from St. John's, and will begin to run this summer.

It is, however, right to add that the comintry affords few inducements to the sportsman, in the summer at least, either as regards slivoting or fishing, as compared with many other more accessible parts of the world. Of the winter I cannot from my own experience speak; but from all I could gather, any one spending a winter in Labrador, which under the anspices of tho Hudson's Bay Company would be by no means a comfortless thing to do, would find sport of an exceptionally attractive character, while he might add considerably to our geugraphical knowledge; for it may readily bo understood that a man travelling over a frozen river behind a team of perhaps twenty dogs, will cover the ground with greater case and speed than ho who painfully hauls a boat against a rapid curront

As an agricultural or pastoral country Labrador has no prospects; and unless its mineral resources are some day turned to account, I cannot seo that the country will ever be very different from what it is now.

But it is this very quality of mattraetiveness to the colonist that renders the country invaluable to the student of nature or of anthropology. Labrador is a kind of Pompeii of the New World. It is there, perhaps, alono that the unadulterated Red Indian is now to be fouml. The country of this fortunate section of an unfortunate race has so little to offer the progressive European, that the forests and their inhnbitants have been left to their primeval owners. It is true that the advent of the Hudson's Bay Company has brought them a few things to strengthen them in their warfare with nature animate and inanimate, and that the Indians have probably all been converted to Christianity, although they have retained many of their old superstitions intret. But on the east coast, and, so far as I am aware, on the south and north coasts also, no instance is known of Indians laving intermixed either with whites or Eskimos, although mions between the two latter are extremely common. This interesting race is therefore, I believe, found in Labrador in a state far more primitive than in any other part of the continent of North America.

During my expedition on the firand river I took the following meteorological notes:-


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Below Gull Island Lake thero was no pereeptible drop exeept at the first fills.
The following discussion ensued :-
Kev. J. J. Cualina, f.r.g.s., said that part of the coast of Labrador was in his rural deanery. The clergyman in charge of the district north of Sandwich Bay and Hamilton Inlet was the Rev. F. Colley, and it was only during the last two years that that mission had been occupied during the winter; but the mission of Battle Harbour had been cccupied for forty or fifty years, some very noble clergymen having spent their time there. He himself was only able to speak about the coust of Labrador. By the last census in 1884 the number of inhabitants of the coast from Bianc Sablon up to Cape Chudleigh was 4211. From Hamilton Inlet to Cape Chudleigh there were 1425, of whom only 60 were Europeans; here the Moravian missionaries lad six stations. The great interest in Labrador was the summer fishery. During the summer the people went from Newfoundland in large numbers to fish there. Probably they numbered 30,000 , so that when the steamers were running it was a very busy place, and every little cove in which poople could settle was oceupied in order to catch cod, which were slipped away to the Mediterranean and other parts. In September the fishermen returned to Newfoundland. While they were in Labrador, the clergymen went to the north and endeavoured to minister to their wants. The ceast was a greai contrast to the interior. It was barren and bleak, the drift ice coming down from the north preventing any vegetation, whereas inland the scenery became picturesque, with large trees, growth being very rapid in the summer months. The navigation seldom elosed before Christmas, and rarely opened before the end of June. During the middle of June a steamer could force its way very often through the drift ice. The Labrador steamer left London generally towards the end of May, and went direct to Sandwich Bay. At the end of June he had himself been obliged to con a vessel through the ice in order to make the land. After exhibiting and explaining a snow-shoe he said that in tho southern part dogs could not be used, as they would have to pass through woods from one bay to another. No covering was really required there. Day after day the traveller might journey in the depth of winter without anything extra to put on in the night. A little before darkness set in a spot was chosen in the woods, where, even in a gole, the wind could not penetrate. A fire was made, and the snow being three or four feet deep, the fire made a hole. For about an hour wood was cut down, and another fire was made a short distance off, which could be kept blazing throughout the night. A very comfortable night could thus be spent
below the show, the temperature being sufliciently low to prevent the snow melting.
In the interior of Nowfoumfland not much conld be dono in the way of agriculture. Those tishermen who lived on the const and had farms got on the best, but they souhl not compete with Manitoba and other parts. Newfoundland was at present verparated from the Domiulon of Canaila, having its own Governor, corresponding directly with the Imperial Government. It was quite an open question whether it would not be strengthened if it were joined to the Dominion of Canada. The country itself was rather like a very large ship, from whith fish could be caught; certain minerals could be found in tho interior, but directly they wero taken out they were all sent away, so that althongh a great deal of money was mado in Nowfoundland the people themselves were poor, and as a rule, those who emigrated from Fagland would find that they would do better in the central parts of Canadn than in Newfonnlland itself. At the same time the country had many attractions for those who had spent years there. The elimate might be hard, but it was decidedly healthy, nud was not all fog ns some people seemed to think. Just in the Sirnit of Belle Isle it was foggy, and on the south coast it was foggy in the summer, but during the winter there was no fog. In the interior and on various $l^{\text {marts }}$ of the yet that fishery was a very variable Though the salmon fishery failed last summer, gentleman going out there for sport in the mummer it might be froil. Any October, would certainly get gool trout fishing and pof August, September, and especially if he had a yacht to visit different and protably good salmon fishing, into the interior in the latter part of Sent parts of the country, and if he went October, he would have as good cariboo shooting and camo out hefore the end of General Dashwood said that last anmerg in in any part of the world. part of the const as Mr. Holme had visited but he spent two mouths on the same wich Bay. All the white men there wero fut he went no farther north than Sandthem lived there all the year round hardship on the old English settlers. One thing that struck him as a very great posts along the shore, laid elaim to the exat the Ifudson's Bay Company, who had and also in the tidal portions of rivers. As fire right of killing salmon in the sea the salt water was vested in the public, As far as he knew the right of fishing in of rivers was vested in the Crown. exelusive right to fish all along on many parts Hudson's Bay Company claimed and supplied the men with a certain parts of the coast. They had fixed nets, form of a portion of the fish, for the amount of gear, and charging a rent, in the all his gear himself, the Company took ont of fishing tiose posts. If a man found to be a Justice of the Peace for Newfoundland of his eatch. IIf himselt happened He should have done so in any case. There wand he took the part of the $^{1} p$ pople. coast of Labrador, and the people said if they no members of taplan wat that them, their posts would be taken away. He had not do what the Company told Newfoundland Government, and he believed that brought this to the notlee of the to put an end to it. He was armed with a that next summer steps would be taken Bay Company, but did not use it. He found ter of introduction from the Hudson's i... uature was more cr less barred. He that every river that was not preserved Sa. Cia Bar, calling his attention to He wrote to the agent of the Company at inn $r, \quad$, as surn !ied by the Company and ang, especinlly in one river, where agmat to.. monne not to mind what was salmost barred the stream, but the cartied c.t witeleg with hoo's and line, with said. In former days cod-fishing was somemy rimar man inventec cod-traps, wherrings, squib, or caplin for bait, but distance. A man in a boat who caught a fish that wat with ings to an enormous again, but the trals did not, and the consequence was that small threw it back

## LFETURES ON GE MRAPIIM.

at the snow melting. way of agriculture. n the best, but they and was at present anor, corresponding |uestion whether it a of Canada. The a could be caught; cy were taken out was mato in Newtho emigratel from Is of Canala than uny attractions for It it was decidedly Just in tho Sirnit the summer, but rious purts of tho iled last summer, it be quod. Any , September, and 1 salmon fishing, , and if he went before thie end of the world.
ths on the same north than Sandnd, and some of a as a very great npany, who had ilmon in the sea ht of fishing in he tidal portion mpany claimed had fixed nets, Ig a rent, in the If a man found inself haprened 1 of 1 in 1 sople. "riunt val that Company told he notice of the would be taken n the Hudson's s not preserved e Company at ${ }^{20}$ river, where ream, but the od-fishing was I for bait, but , an enormous hrew it back fisheries had
been very hat for the hast two or three yerry: Anotl.er result was that the prople, insteal of working hard in their boats, wat with their hands in their peekets, and w. Treame domorallsed. The interior of Newfundland was not an magriculturat conntry. The fine agrieulturnl hand which was sometlmes deseribed was rusk and beer, and the timber serul. The other day on Ioard a stanner he net the gifecial com. mimsomer of a London newspaprer, who fin his aecount sain that in the interlor the lud was maguifieent, muld that any number of furtumes could be male there; lut the truth was that the lame there was sery hiferior. It can grow potatoes, oats, and vesitables, anal help a fisherman to live, but it could not compote with Manltoba as an agricenleurul distrint.

Mr. Hesare said that though Lalirador might not be in a perfectly satisfictory state with the Hudson's Bay Company, it would be much worso without it. If it were not for the Comany thero wonh be neither law mor order in the comutry It was true that a government court-Lonse-a shij,-amnalij went roume the const, lout a court whiel only called in for abont ten minutes in each year was not of much force. More than this, the Company took the place of l'oor Guardians. Thero were thensands of cases in which the people would lave starved if it had not been for the Hudson's Bay Company, which supplied them with food and other necessaries, and kept them going without any prosibibity of ever being paid for what they gave.

Thu P'uesidext, in proposing a vote of thanks to Mr. Holne, said that Labrador was evidently not a hospitable comatry, or very inviting to Euglish travellers. The falls of the Grand River must be vory stupendons if they were of athything like the magnitude that Mr. Ilolme had suggested. Ho confessed he was somo:3hat sceptical on that point. Judging from the anercid observations given in the paper, he should say that Lake Waminikapon must be 700 or 800 feet above the sea, and the antliority for 2240 feet as tho height of the tablelaud was donbtful. Anything like a fall of 2000 feet was harelly conceivable.

The vote of thanks having been agreel to, the meeting adjourned.



[^0]:    * I conversed with an Indian, named lierre (iaspe; who last spring eatue frm Gaspi, on the south side of the Gulf of St. Lawrenee, and reached North-west river by mean' of the St. John's, Ninipi, and Grand rivers.

[^1]:    * My reasons for this belief aro:-1. Nu rivers of any eonsiderablo size appear to debouch upon that portion of tho coast. 2. High land is reported to be thero seen near the coast.
    $\dagger$ The greatest watcrfall in tho Yosemito valley is said to be 2550 feet high, but this is broken into three leaps, and, properly speakiag, consists of three separate falls. The river is there said to be about 40 yards wide. This seems to be the only known fall that fur the combination of height and volume can bo compared to the falls on tho Grand river; for, of other falls, Ningara, Zambesi, and Missouri, though of incomparably greater volume, are only 164 feet, 100 feet, and 87 feet high respectively, while none of the other falls that approach those on the Grand river in height can be compared to it in point of volume. being, in fact, little more than mountain torrents.

[^2]:    * On what grounds tho alteration has beon made in recent maps I do net know. I have no doubt, hewever, that the change is correct, on the following greunds, apart from the assertions of Indians acquainted with tho interior. Lake Petchikapen is reached from North-west river net only by the Grand river, but also by tho Nascopee river on the route to the nerth, as fellowed by Père Laeasse. This preeludes the pessibility of its being on the latitude of Hamilton Inlet, especially as, aecording to the Pere, the route from North-west river to Ungava is fairly direct.
    $\dagger$ Maclean, after travelling from Ungava to Lake Petehikapen, proceeded to try and discover the route (afterwards achieved) connecting Petehikapeu and Hamilten Inlet, and succeeded in getting by water as far as the Graud Falls, when he turned back. This proves that it is the Grand river which conneets Lakes Petchikapou and Waminikapou. For had there been any other water route leading out of the lake next above the Grand Falls, there is no doubt that Muclean would have procecded by it, inasmuch as he was at his wit's end to discever seme means of eircumventing the Grand Falls, but failed to do so, and consequently retraeed his stepe.

[^3]:    * The following is a list of the fur commonly tripped in Labrador:-Blaek bear, wolf, wolverine, lyns (or momntain eat), red fos, white fox, hue fos, silver fos, ottir, Leaver, maztin, musquash, mink.

