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## HANDBOOK

$\mathrm{OF}^{\mathrm{THE}}$
holy league of the sacred heart of Iesus FOR MEN, WITH HYMNS AND PRAYERS.

Imprimatur:
$\dagger$ EDUARidus Car., Arch Marianopolitunus.


MON'IREAL,
Office of the Central Director for Cillatl. St. Mary's Colleqe, Bleury Street.

Registered according to Act of Parliament of Canada in the year 1888, by J. B. Nolin, S.J., at tlys Office of the Minister of Arriculture.

APPROBATIONS
OF THE

## League of the Sacred Heart FOR MEN.

CANADA.
$\dagger$ Elk. Alex. 'Tascherean, Curdimal Archbishop of Qnebec,
$\dagger$ Ed. Chs. Fabre, Archbishop of Montreal.
$\dagger$ J. Th. Duhamel, Archbishop of Otteuva.
$\dagger$ L. F. Laflèche, Bishop of Trois-Rivières.
$\dagger$ L. Z. Moreau, Bishop of St. Hyucinthe.
$\dagger$ J. P. Laforce Langevin, Bishop of Rimouski.
$\dagger$ Dom. Racine, Bishop of Chicoutimi.
$\dagger$ N. Z. Lorrain, Vic. Apost. of Poutiac.
$\dagger$ Antoine Racine, Bishop of Sherbrooke.
$\dagger$ Elphège Gravel, Bishop of Nicolet.
UNITED STATLS.
$\dagger$ J. J. Williams, Archbishop of Boston.
$\dagger$ P. T. O'Reilly, Bishop of S'uriuyfiehl.
$\dagger$ J. A. Healy, Bishop of Portlamd.
$\dagger$ D. M. Bradley, Bishop of Mauchester.
$\dagger$ Fr. McNeirney, Bishoy, of Albamy.

THE HidHE HEAGUE: ©F THE:


Certificate of Membership.
 in the year of our Lord $18 \ldots$

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## ESSENTIAL PROMISE

## of the

## Holy * LEAGUE.

[First degree of the Apostleship of Prayer.]

At the morning prayer, make the following offering to the S. H. of Jesus: " O Jesus, through the most pure Heart of Mary, I offer the prayers, Work and sufferings of this day for all the intentions of thy divine Heart."

## Special Engagements for Men,

1st. To receive communion at least four times a year.

2d. To avoid cursing and blaspheming, and prevent it in others, as far as possible.

3d. To abstain from drinking in barrooms, and keep away from all such places.
A. M. D. G.

Fonumation and Approbation of the Leagne
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OF THE
Heart of Jesus for Men,
IN CANADA AND THF UNITED STATES.
To the Rev. Father R. Hamom, S.J., ST, mary's college, montreafo Rev. Father P. C.:
The plan of your League seems to me excellent. It may, indeed, form, as you wish, a special branch of the Apostleship of Prayer, on one condition, however. That it observe all that is necessary for validity of admission, and for the gaining of indulgences. These requisite conditions are :

1st. To have the names of the members inscribed on the Register of the League, kept in the parish.
$2 d$. To provide each member of the League with a ticket of admission,
which ticket may be a pamphlet in explination of the League. At the end of it these lines, for example, may be added:
" I,
have been received into the League of the Heart of ,Jesus, the

18 "
Bd. To have the parishes wherein the l.eague is established, aggregated by a Dip'oma to the Apostleship of lrayer. 'I'o have these diplomas signed hy the Dioces:u Director (where such exists) or by the Director-Superior: Rev. Father Sestini, in the United States; Rev. Father Saché, for the district of Quebec; Rev. Father Turgeon, for the district of Montreal.

4th. As soon as the parish is aggregated, at least, as soon as possible afterwards, to transmit the name and date of aggregation to the Director-Superior of the district.

It is, however, fuliy understood that, in case where a parish has been already
aggregated, you can there organize your League without a new Diploma for the parish.

As to the other details, the printed pamphlet, insignia, organization of councils, etc., I most heartily approve of all, and beg you to send us occasionally some particulars concerning your work.

Let me add in conclusion, that I willingly authorize you to countersign the Diplomas, under the following title:

Special Director of the League of the sacred Heart for Men, in Canada and the United States.

In union with your Holy Sacrifices, and with my best wishes for a holy and happy year.

Your Reverence's
Servus in Christo E. REGNAULT, s. J. birector (immeral of the Apostleship of Prayer, League of the Heart of Jesus. Toutnuse, Dec. 31, 1884.

## INTRODUCTION.

The devotion to the Sacred Heart of Jewns in its bearing towards Men.

General Notions. The devotion to the Sacred Heart of Jesus, despised by impious men, has too long been little understood by the greater part of good Christians. This devotion was tolerated in pious women and priests, but a man of the world, or a young man, would not have dared to profess openly a devotion repated so mystical.

If ever an absurd prejudice existed it is surely this one. For the Heart of Jesus is not only the Heart of a Gud, and therefore worthy of the adoration of every Christian ; but moreover, it is the strongest, the most generous, the manliest of all human hearts, hence, it deserves to be especially honored by men.

Thanks to God, this truth is now spromel broadcast, and true Catholics to-day wre proud to take their place under the b:bnnor of the Sacred Heart.

For is not this devotion according to the words of Card. Pie, the abridgment and substantial summary of all religion?
" The Church," said the illustrious Pius IX, "the Church and society have no longer any hope, save in the Heart of Jesus. It is it which will supply a remedy to all our evils; preach this devotion everywhere, it is destined to be the salvation "f the world."

Itis glorious successor, Leo XIII, added in his magnificient discourse to the Associates of the Apostleship of Prayer: " With all the ardor of our soul, we desire that the devotion to the Sacred Heart of Jesus should increase and spread itself the world over. We are well aware how salutary and profitable it is ; and we nourish a sweet and firm hope that immense treasures will not fail to flow from the divine Heart, and that they will prove an efficacious remedy to the evils which afflict the world.
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## II.

Object, End and Motives. What then is precisely the object, the end of this blessed devotion, and what are the main motives leading men to embrace it?

The devotion to the Sacred Heart of Jesus has for object the adorable Heart of our divino Saviour, and the immense love with which it is inflamed for us.

Its end is to render love for love, and to repair both the outrages which he received inhis passion, and those which he daily receives in the Holy Eucharist.

The most powerful motives urge Christians to embrace this providential devotion. Established by our Lord Himself in the most authentic manner, at the time of the great revelations at Paray-le-Monial, it is of all devotions the most excellent, both in its material object, which is the very hear't of the Man-God ; the source of the blood that saved the world ; and in its spiritual olject which is the love of our divine saviour, the principal of all the marvels of the supernatural order: it is the most tonching, since it puts before olw

## 4

eyes the Heart of a God living and dying for us ; it is the most solid since it is the abridgment of all religion, which is nothing else than a communion of love between God and man through Jesus-Christ.

It is likewise the most salutary devotion for socicty. For according to the celebrated revelations made to St. Gertrude four centuries before the manifestations of the Divine Heart at Paray-le-Monial, it is in the knowledge and love of the Heart of jesus that dormant and decrepit society will recruit warmth and life.

Lastly, it is the most salutary devotion for each christian in particular, as attested by the magnificent promises made by our Lord Jesus Christ himse f to those who would honor his divine Heart or cause it to be honored.

## III.

We address ourselves to men:
$1^{0}$ Because man is the head of his family, and this devotion should tend principally to regenerate the Christian family.

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indifference and contempt of which Uur Lord complained so bitterly to the Blessed Margaret Mary.
$3^{\circ}$ Because the Sovereign Pontiff does not cease to encourage and promote, with all his power, pious associations among men. The editor of the Messenger of the Sacred Heart of Jesus recalled this to our minds lately in these words:
" Leo XIII, when he said: 'Let us look after the men,' gave the watchword, for by them we shall have the women, the children, the parish, the whole country. It is time to think of the fathers of families; a single conquest among them is worth five among their subordinates; for it is, at once, more influent, more solid and more lasting in its happy results.

## IV.

IHE APOSTLESHIP OF PRAYER, the holy league of the sacred heart OF JESUS.
Name and Objects. The Apostleship of Prayer is a League of zeal and prayer, in union with the Sacred Heart of Jesus Christ.

It is a League, not a Congregation, Sodality or Confraternity ; it is a League of souls; and the one bond of union between all the millions of Catholics which it embraces is the common purpose and desire to make the interests of Jesus Christ on earth prevail. Hence the motto given to it by Pope Pius IX: Thy" Kingdom come.

It is called an Apostleship: not only because it endeavors to make of each of its members apostles in desire: but because its whole action is apostolic: it is ever striving to draw all Catholics into its ranks, in order to stimulate their zeal for Gol's cause ; to direct their interest and energies to the aid of the Church, and of souls.

## 7

It is called an Apostleship of Prayer: first, because prayer is the principal means which it uses to attain its end: secondly, becaluse it teaches its members to convert everything they do, even their commonest autions, into prayer ; and, thirdly, because wherever it flourishes, its fruit is prayer.

It is called the League of the Sacred Heart: for the Heart of Jesus is living not only at the right hand of His Father, but in the very midst of us ; and the Altar, where His love for us detains Him, is the common centre to which all the members of the League turn their eyes each morning; with His intentions and pleading desires, they daily unite their own.

Degrems and Practices. The Apostleship of Prayer includes three distinct degrees which correspond to three Catholic practices undertaken by the Associates.

It is however to be remarked that, only the first of these is essential to membership; the others may be accepted or not by the members, according to th ir taste or derotion ; but they are most important for the life and maintenance of the League.

The First Degree, is of those who, having been duly inscribed on a Register, and having received a certificate of membership, undertake to add to their morning prayers, the offering of the prayers, work, and sufferings of the day, for the intentions of the Sacred Heart of Jesus. This morning offering may be done in any words, of even in thought only. One may use the formula found on the certifiate.

The Second Degree, is of those who, in addition to their daily offering, undertake to say daily a decade of the Rosary for the preservation of the Sovereign Pontiff and for the other intentions recommended each month to the members.

The Third Degree, is of those who, in addition to their daily offering, undertake to offer Holy Communion at certain fixed times in the week, or the month, in reparation to the Sacred Heart for the injuries which it receives from men.

Organization. A proper organization is very important for the life and prosperity of the Leagne. After the reception of a Diploma of Affilation from the Central

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Director, the Local Director may proceed to the affiliation of members; he then distributes them into sections of thirty, which may be subdivided into two bands of fifteen, or in four binds of seven. $\Lambda$ Promoter is placed at the head of every section of thirty, or of each band of fifteen, and distributes monthly to every one of his associates a Rosary leaflet, and endeavors to orgimize weekly or at least monthly groups of the Communion of Atonement.

Approbations. The Holy Leeque halis been approved by twenty-two Brief's, Decrees, or Rescripts of the Holy See, and by mostly all the Bishops of the world.

Advantages. I. The associates may gain 170 plenary indulgences a year, and a great number of partial ones, as will be seen below II. It is a special title to the love of the Sacred Heart. III. Its associates participate in a special manner in the prayers, masses, communions of all the great Religious Orders, of more than 120 religious congregations, and of 42,000 parishes, Communities, \&c.

## 10

## PRINCIPAL INDULGENCES.

[All are applicable to the Souls in Purgatory. The conditions, common to all, are Confession, Communion, and prayer for the intentions of the Holy Father].

## FIRST IDEGRELE:

All who make the offering of the actions of the day can gain :

1. A Plenary Indulgence on the diay of admission, the feast of the Sacred Heart (or Sunday following), one Friday and one other day in each month, also on the day appointed every month for the General Communion of Atonement.
2. A Plenary Indulgence on the feast of the Patron Saint, marked upon each one's Rosary Leaf.
3. An Indulgence of 100 days for each action offered for the intentions of the Apostleship.
4. An Indulgence of 100 days each time that an associate, wearing the badge

## 11

of the Apostleship, repeats orally or mentally the aspiration: Thy Kingdom come.

5 . An indulgence of 7 years and 7 quarantines, if the Badge is worn openly during procession, or at Exposition.

## SECOND DEGREE.

All who to the daily offering of actions add the daily recitation of a decade of the Rosary can gain :

1. Plenary Indulgences on the feasts of the Proyer in the Garden, the Most I'ure Heart of Mary, and the Patronage of St. Joseph.
2. An Indulgence of 100 days each time.
3. If beads bearing the Apostolic indulgences are used, a Plenary indulgence on Christmas Day, the Epiphany, Easter Sunday, the Ascension, Pentecost, Trinity Sunday, Corpus Christi, the Nativity and Assumption of the Blessed Virgin, the Nativity of St. John the Baptist, the feast of St. Joseph, of the Apostles (St. Matthias included), the feast of all Saints, and at the hour of death.
4. If beads bearing the Indulgence of St. Bridget are used, a Plenary Indulgence on the feast of St. Bridget (Oct. 8), and at the hour of death, and an Indulgence of 100 days attached to each bead of the Rosary.
N. B.-Directors of the Apostleship who have fifty associates reciting the daily decade have the faculty of attaching to the beads the Apostolic and Bridgettine Indulgences provided a monthly meeting of the Apostleship be held in the church.

## THIRD DEGREE.

1. All the Indulgences granted to the Communion of Atonement
2. All the Indulgences of the Archconfraternity of the Sacred Heart are at their disposal, as every Yocal Director of the Apostleship has puwer to aggregate its members to the Archconfraternity.
3. All who practise the devotion of the Holy Hour can gain a Plenary Indulgence once a week.

## 13 <br> V.

THE HOLY LEAGUE OF THE SLCHED HEART OI'JENUA POR MEN.
As may be seen, to the first degree of the Apostleship of Prayer, which was at the beginning and still remains the essential part of the Work, a form of the Iiving Rosary, and the Communion of Reparation, have been successively added.

These constitute the three principal branches of that tree of life. But to these branches are attached others, which all participate in the sap of the tree, increasing its vigor and beauty. They are the Apostleship of Study, the Guard of Honor, the Holy Hour, the Children's League, the Men's League, and other similar associations, which, though they all have for scope the Devotion to the Sacred Heart of Jesus, yet belong to different categories, and require special promises and practices in relation to their needs.

The men's Holy League of the Sacred Heart was approved as a special branch of the Apostleship of Prayer, by the General Director of the Apostleship at Toulouse, the 31 st. of December 1884 , at the request of Rev. Fr. Hamon S.J., its founder.

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## THE HOD，LEA Cざ「

 of the：
## Sacred Heart of Jesus for Men．

## Part First．

## CONSTIMए「IONS．

SCOPE OH THE LeAGUE．
By devotion to the Sacred Heart of Jesus，and union of prayer with mem－ hers of the Apostleship，the League proposes，1st，to keep up a Catholic． spirit in families he means of men．＜compat＞ᄋd ， to combat blasphemy and intemperance．

## ESSENTIAL PROMISE OF THE LEAGUE．

To obtain this end，the associates promise：At the morning prayer，to offer their daily actions to the Sacred Heart of Jesus，saying for instance ：
＂ O Jesus，through the most pure Heart of Mary，I offer my daily actions for all the intentions of Thy Divine Heart．＂（First degree of the Apostle－ ship of Prayer．）

## 16

Special Engugements of the League.
They will, moreover, take special engagements according to the neens of the parishes. These engagements may be:

1st. To receive Communion at least four times a year. At Easter, in the month of June, in the month of November and in the month of January.

2d. To avoid cursing and blaspheming and prevent it in others, as far as possible.

Ba. To abstain from drinking in barrooms, and leep ausay from such places.

This first degree of temperance is the only one required by the League from all its members.

If, however, some of the associates desire it, they mily, with the consent of their confessor, take privately the second degree of temperance which consists in abstaining from all strong drinks, (whiskey, brandy, etc.) or they may even take the toial abstinence pledye.

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## League.

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associates consent of the second onsists in drinks, they may pledge.

## OBSERVATIONS.

Our special engagements will help us to have a good life, and will secure for us and our families all the blessings promised by our saviour to those who will practice the devotion to his Divine. Heart.

Those engagements, however, especially the third one, may be modified by the parish priests, according to the special needs of their parish.

The members of the League are earnestly requested to say at their evening prayers, A pouter - wove - and three glorias, in order to make amend to the Sacred Heart for blasphemy. ed, to assist faithfully at the monthly reunion in the church.
IV. CONDITIONS OF ADMISSION.

To become a member of the League, one must:

## 18

1st. Have his name entered on the Register of the Society.
20 . Receive a ticket of admission into the League.
> M. was received into the League the 18

The Director.
Y. AN ACT OF CONSECRATION TO THE SACRED HEART.
O Jesus, we the parishioners of members of the Holy League of Thy divine Heart, hasten to offer Thee a Solemn act of reparation, and to consecrate ourselves in a special manner to Thy holy service.

Thou lovest us as a father loves his children, Thou dost abide in the Holy Eucharist to be our friend and our companion in life ; yet the greater part of mankind, through indifference or contempt, pass whole years without receiving Thee in Holy Communion.
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$s$ of
y League to offer tion, and a special loves his the Holy and our ater part rence or without mion.

Thou art our Benefactor, yet many, even among christians, alas! far from blessing Thee, dare to blaspheme Thy Holy Name ; the Holy Sacrament of Bapoism, which made them thy children ; the altar, which shelters them from the wrath of an offended God. Many others go so far as to join societies, whose aim is to revile Thee and to overthrow Thy Holy Church upon earth. Once separated from Thee, these unfortunates too often abandon themselves to every vice, particularly to intemperance, which is the ruin of their families, and for themselves the cause of eternal reprobation!

In order to combat these great evils, O Jesus, and at the same time, to console Thy divine Heart for such ingratitude, we have joined the Holy League which takes Thee for Chief and Father and have solemnly promised, and do again to day promise :
1st. To receive holy rommomion at least fomb times a ! jerer ;

2nd. To avoid cursing "ni blaspheming, ared prevent it in others as far as possible; 3rd. To abstain from drisaking in bar-rommes and keep anviy from all suich places:

Help us, O Jesus, to keep these promises faithfully. May they be a source of blessings for our families, which we beg to consecrate in a special manner to Thy divine Heart!
Jesus, Mary, Joseph, assist us during life, and protect us at the hour of death. Amen.

> VI.-THE ORGANIZATION OH THE LEAGUE.

1st. The League is directed by a council composed of the Priest Director, the President, two Vice-Presidents, a Treasurer, a Secretary and Councillors.

2nd. The President remains in office one year ; he is then replaced by the first Vice-President, who in turn is replaced by the second Vice-President.
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3d. The associates elect each year a second Vice-President on the sunday which procedes the solemnity of the Sacred Heart, the patronal teast of the League. The other officers are selected by the council, which may, if it chooses, continue the same ones in charge.

4th. The President, on leaving office, remains by right councillor for three years.

5 th. There is a meeting of the council every month presided over by the Father Director.

6th. Candidates are accepted by a majority of votes; atter three months' trial they are received into the League by vote of the council.

7 th. Motions are passed by a majority of votes, and with the approval of the Father Director.

8th. Members not faithful to their promises, shall be dismissed after being warned three times by the Father Director.

## 22

9th. The League does not exact any money contribution ; but should the members desire it, a benevolent society may le formed within the circle of the associates.

10th: To belong to it, one must bea member of the League and be faithful to the obligations thereof.

## VII.-DUTIES OF THE OFHLCERS OF THE LEAGUE.

§ I.

Duties of the President and Vice-Presidents.
The President and the two VicePresidents of the League are the chief aids of the Director.

Their duty is to watch over the honor of the society, and warn the Director of any thing that might prejudice it.

Let them give the example of assiduity at the monthly meetings, and on General Communion days.

## 23

They should, as far as they are able, help the members of the League in a spirit of charity and self-sacrifice ; visiting them when sick; assisting them to find imployment, and, in case of need, seeking alms for them, encouraging them to remain faithful to the promises of the League.

When a member of the League shall neglect his duty, or fall again into bad habits, intemperance for instance, they must speak to him in private and try to bring him back to the practice of his good resolutions.

They should also try to draw in new recruits into the League, especially among young men and new settlers.

The President and Vice-Presidents receive the names of candidates and propose them to the council.

# 24 <br> § II. <br> Duties of Councillors. 

The councillors have in a certain measure the obligations of the three first officers.

They are likewise the griardians of the honor of the League, and the propagators of the devotion to the Sacred Heart.

They should carefully watch over their ward, and if they see any members failling publicly in their promises, especially by frequenting bar-rooms, they are bound in conscience to report to the council.

They should also practice the duties of charity recommended to the chief officers.

They will also show themselves zealous Promoters of the devotion to the Sacred Heart ; and they will have a right to the magnificent promises made
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## § III.

## Duties of the Secretary and Treasurer.

The Secretary will enter on a special register the names of the admitted members. The pages of this register shall be divided in three columns, in the first of which he shall enter the names of the members; in the second, the date of their reception; the third shall be reserved for remarks. . . dismissals... deaths.

He shall send, in the name of the council, unless the Director consents to take the burden upon himself, any censure or notices of dismissal.

Let him remember that the certificate of membership, and the entry on the
register are two essential conditions to become a member of the League.

Every year he shall prepare a report of the state of the League and have it ready to present it to the council in the month of June ; and he shall send a copy, or at least the substance of it, to the Central Director, in order that an account of it may be given in the Messenger of the League.

The Treasurer shall keep in hand a supply of the constitutions, hand-books and badges, and see that new members are furnished with them.

No contributions are taken up for the League ; but if, from time to time, collections are made in the assemblies, the Treasurer shall keep this money to be disposed of according to the advice of the council in having masses sung for the members both living and dead.
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up for to time, emblies, mey to e advice es sung d dead.
> VIII.-AIVANTAGEN OF TME LEAGUE OFTHESLCREI) HELITT.

Numerous and importint are the advantages furnished us by the devotion to the Sacred Heart. If a christian has only at heart his salvation and the Glory of God, he will gladly find in this devotion the most efficacious means of procuring both the one and the other.

## I

GENERAL ADVANTAGES.
According to St. Bernard, in these Societies:

Man falls more rarely,
Rises from sin more promptly, Perseveres more easily,
Saves himself more certainly.
By entering into the League, you will fall more rarely, because, by praying more, a greater abundance of graces shall be bestowed on you to resist temptations.

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You will rise from sin more promptle ; the four general communions will provide you with such salutary means that, little by little, thus strengthened by communion and upheld by che prayers and example of your brothers, you will be enabled to pass whole years without committing a mortal sin.

Being thus confirmed in a true christhan life, your final perseverance and salvation will be secured.

## II

## PARTICULAR ADVANTAGES.

Besides these general advantages, the League will furnish you with others still more precious for your souls, such as numerous Indulgences and a share in Our Lord's promises to those who would be devout to his Sacred Heart.

## 1. Indulgences of the Holy League.

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vantages, th others ils, such a share lose who d Heart.

League. e Sacred

Heart having been officially recognize as a special Branch of the great associaton called the Apostleship of Prayer, its members are at liberty to gain all the numerous and rich Indulgences which the Sovereign Pontiffs Pius IX ant Leo XIII have granted to that associaton ; see above, page, 10," Indulgences; of the First Degree."

## II. -TILE PROMISES OF OUR LORD TO THOSE WHO SHOULD HONOR HIS sACRED HEART, AND TRY TO MAKE IT HONORED BY OTHERS.

All the members of the Holy League may, with especial reason, hope to see realized in their favour the following promises, taken from the authentic writings of blessed Margaret Mary, as reviewed by the Sacred Roman Congregation of Rites, previous to Beatification :

1. I will give them all the grates mesessury in their state of life.
2. I will cstablish peace in their houses.
3. I will comfort them in all therr afflictions.
4. I will be ther secure refuge durmg life, and above all in death.

5 . I will bestow a large blessing upon all their undertakings.
6. Sinners shall find in My Heart the source and the infinite ocean of mercy.
7. Tepid souls shall grow fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place where a picture of My Heart shall be set up and honoured.
10. I will give to priests the gift of twohing the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in My Heart never to be blotted out.
12. I promise thee, $m$ the excessive mercy of My Heart, that My all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence ; they shall not die in My disgrace nor without receiving the sacraments ; My Divine Heart shall be their safe refuge in this last moment.

Blessed Margaret Mary was constantly repeating these promises to every body, but she particularly insisted on the latter, namely: " the great grace of eternal salvation promised to this devotion."
"Oh! if you could only understand how good it is to love the Sacred Heart of Jesus, and to be loved by it in turn. I believe that none of those particularly devoted and consecrated to it, shall perish." (5th Letter). In another letter, she adds: "Our Lord made known to me that all those who would be devoted to His Sacred Heart, should not be lost eternally." (33th Letter).

We may depend upon these promises: Our Lord is faithful to his word and cannot deceive us.

When a member of the League shall have offered during many years his dauly actions to the Sacred Heart, done his best to prevent blasphemy, and recited the Pater, Ave and three Glorias to atone for it; when he shall have labored to extend the reign of God by opposing intemperance, the source of so many sins ; and every three months, at least, shall have received worthily and fervently Holy communion ; can such a man have any fear at the approach of death, lest Our Saviour might abandon him and let him fall into hell? Assuredly not. Our Lord, who was his refuge in life, will certainly be his consolation and strength at the last moment. If such a man has any unexplated sin on his conscience, Jesus will give him grace to repent, to receive the sacraments, and to die a good and saintly death.

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Do you wish, then, to lead a saintly christian life?
Do you wish to heap up abundant merits?
Do you wish to bring down the blessings of God on your families?
Do you, in fine, wish to make your eternal salvation sure?
Then enroll yourself among the friends of our dear Lord; come and take your place under his banner; fight his combat, and, when the last hour shall come, you will repeat with Blessed Margaret Mary: "How sweet it is to die after having had a constant devotion to the Heart of Him, who is to be my Judge."


BADGE OF THE HOLY LEAGUE.

YI.-BADAE OF THE TAAGUE.

Soldiers need a chief to lead them to combat, arms for the assault, weapons also wherewith to act on the defensive, a rallying cry whereby they may recognize each other, and hope of success
to sustain and encourage them in the fray.

Our badge is all this for us.
In the center is the Heart of Him, whom we choose for Father and Chief in the combat of life, Our Saviour Jesus Christ.

The crown and the shield, the badges of the old crusaders, shall likewise be ours. The Cross of Jesus with which to attack our enemies; the shield of faith to repel the assaults of impiety and indifferentism.

Our rallying cry will be the desire expressed by the Sacred Heart of Jesus: "Thy Kingdom come." May ian life, and may the observance of His holy law, and also the propagation of the faith be the mark that.He reigns in our families, our parishes, our whole country.

Our hope is the crown of justice pro-

## 36

mised by our Lord to all those who shall have fought the good fight ; the eternal palm of victory shall be the recompense of those, who, with Jesus Christ, shall triumph over the world and the devil.

Behold the meaning of our badge. Be proud of it; wear it with honor during life, and, when death comes, transmit it as a precious relic to your children.
XII.-HOWTO ESTABLISH THE IEAGUE IN PARISHES.
§ I.

The League of the Sacred Heart is a special branch of the Apostleship of Prayer. Wherefore to belong to it, site for affilation to this great society.

These conditions are :
1st. To obtan, from the Central Di-

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rector of the Holy League, a Diploma of affiliation of the parish to the Apostleship of Prayer.

2nd. To inscribe the names on a special register kept in the parish.

3d. To hand over to each member of the society a ticket of membership. (This hand book of the League, will suffice.)
4th. To gan the indulgences, the members should at morning prayers, offer their actions to the Sacred Heart. (See Formula on Certıficate of membership).
5th. The League being once established, the name of the parish and the number of members, also the names of the Officers, should be sent to the Central Director.
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## I

THE ELECTION OF THE OFFICERS.
Immediatly after a meeting of the members, or after a triduum, when the obligations and advantages of the League have been put forth, the names of those who wish to become members are taken, after which comes the election of the three first Officers.

For the first election, the parish Priest himself may choose three candidates and propose their names to the meeting. These names are then written on three boxes, and each member, after receiving the ballot, drops it into the box of his chosen candidate.

The candidate who receives the majority of votes is elected President, the one who has the greater number of votes after him, is first Vice-President; the other, 2nd Vice-President.

These three Officers and the Director choose a Secretary and a Treasurer,
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after which, the five Officers elect the Councillors according to the number of members of the League.

Every year, the council chooses a second Vice-President after the same manner. That is, three candidates are proposed, whether belonging to the council or not, (the latter being often more avantageous), and then the voting is carried on as mentioned above.

## XIII.-HOW THE LEAGUEIS TO BE KEPT UPIN PARISHES.

A FEW POINTS WHICH WE RESPECTFULLY SUBMIT TO THE DIRECTORS OF THE LEAGUE

The Leaguedepends for its maintainance, first of all, on the special blessing of the Sacred Heart, which certainly will not fail it. But besides this, the Priest charged with the work, should give it a zealous and constant
encouragement to keep, it in vigor and prosperity.

The prosperity of the Learne rests on the interest which the Director takes in it, the regularity of the meetings, and above all the general communions.

## MONTHLY MEETING.

First of all, this monthly meeting is a great act of love and reparation to Our Lord ; then it brings to mind the promises made by the members ; and finally, it gives to the Director the practical means of exercising his influence over the conduct of the nembers.

The order of these reunions is as follows:

1st. Hymn of the League ;
2nt. Special recommandation of the wick, the dead, \&c.;
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3d. A short and simple instruction ; 4 th. Benediction and act of consecration.

All this should occupy no more than a half or three quarters of an hour. The subject of the instruction may be on the promises of the League, or a point indicated by the letters, encyclicals, discourses of the Pope, his advice to christians, and especially to the working classes, or a monthly devotion, or one of the promises made by Our Lord ; or, in fine, the Instructor may treat of some of the many obligations of man towards his family and Society.

After the reunion, the meeting of the council should be held for the purpose of proposing candidates, recerving informations regarding the conduct of members, ant the censures to be given, that the honor of the society may be preserved. The council, especially in the beginning, should show itself severe towards those members who fail publicly in their promises.

As to the hour of reunion, the Directors themselves may choose the time which seems to them most convenient. In cities, the hour which precedes or immediatly follows the evening meal, has proved a good time. In country places, the reunion takes place about vesper time, or directly after mass.

## II <br> GENERAL COMMUNION.

A special sunday should be set aside for this communion, and on the preceding day only men's confessions should be heard. If one sunday does not suffice, the octave may serve the same purpose, and the reunion should be held on that day.

On communion days, the members shall wear their badges, and the banner will be hung in the sanctuary.

In the evening a solemn meeting will be held, all the members wearing their badges.

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## III

## THE RECEPTION OF CANDIDATES.

During the reception, the banner is held by the President within the sanctuary. He should likewise be accompanied by the other Officers. The candidates are called to the communion rail. The Director asks them : " Do you promise to be faithful to the engragements of the League?

1st. To communicate at least four times a year?

2nd. To avoid cursing and blaspheming, and to prevent it in others, as far as possible?

3d. To abstain from drinking in barrooms, and keep away from all such places?"

The candidates raise their hand saying:
" Yes, we promise it."

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Then the Director blesses the badges and distributes them saying: " Accipe, frater, imaginem cordis Jesu. Sit protectio tua in vita et salus in morte."

That is: " Receive, my brother, the Badge of the Sacred Heart, let it be thy protection in life, and thy salvation in death."

Then follows the Benediction of the Blessed Sacrament and the solemn consecration of the League.

TIV-BENEDICTIONS.


## (Badges)

V. Adjutorium nostrum in nomine Domini.
R. Qui fecit cœlum et terram.
badges Accipe, u. Sit morte." ner, the t it be alvation mn con-

## 45

V. Dominus vobiscum. R. Et cum spiritu tuo. Oremus.

Omnipotens sempiterne Deus, qui sanctorum tuorum imagines, sive effigies sculpi aut pingi non reprobas, ut quoties illas oculis corporis intuemur, toties eorum actus et sanctitatem ad imitandum memoria oculis meditemur, has, quæsumus, imagines, in honorem et memoriam unigeniti Filii tui Domini nostri Jesu Christi adaptatas, bene $\dagger$ dicere digneris et presta, ut quicumque coram illis Unigenitum Filium tuum suppliciter colere et honorare studuerit, iliius meritis et obtentu, a te gratiam in præsenti et æternam gloriam obtineat in futurum. Per eumdem Christum Dominum nostrum. Amen.
(Aspergat aqua benedicta.)

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§ II.

## BENEDICTIO VEXILLI.

## (Banner or flag.)

V. Adjutorium nostrum in nomine Domini.
R. Qui fecit coelum et terram.
V. Dominus vobiscum.
R. Et cum spiritu tuo.

## Oremus.

Domine Jesu Christe, cujus Ecclesia est veluti castrorum acies ordinata; bene $\dagger$ dic hoc vexillum, ut omnes sub eo tibi Domine Deo exercituum militantes, inimicos suos invisibiles in hoc sœeculo superare et post victoriam in cœlis triumphare mereantur. Per te, Jesu Christe, qui vivis et regnas cum Deo Patre et Spiritu sancto in soccula in soeculorum. Amen.
(Vexillum aspergat aqua benedicta.)

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## PRAYERS AND HYMNS.

## MASSIN HONOR OF THESACREDIHEART DF JESUS.

## Prayer before Mrass.

Eternal Father, permit me to offer Thee the Heart of Jesus Christ, Thy well beloved Son, to supply for my insufficiency. Receive it, as the sole homage worthy of'Thee, the sole means I possess of rendering Thee infinite glory. Receive it in satisfaction for all my sins, and grant, through his merits, the graces that are necessary for me.
O Divine Heart of Jesus, grant me a profound respect, a lively faith and a tender devotion during this adorable sacrifice. Make my heart a victim of Thy love, that it may be united to Thee and partake of all Thy merits.

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## At the beginning of Mass.

Heart of Jesus, adorable sanctuary of God for men, can I ever sufficiently deplore the excess of my ingratitude towards Thee? O my God, Thou hast loved me from all eternity; Thou hast created me to thine own image; Thou hast given me life in order to shed upon me all the blessings of which Thou art the source, and thus to satisfy Thy desires to make me ever happy. When man by his fall betrayed Thy love, then Thou, more liberal and merciful than ever, didst deign to annihilate Thyself for our ransom. Thou hast taken a heart like to ours in order to force our hearts to love Thee.

Divine Heart! Heart burning with the warmesi flames of Charity, Thou hast enclosed within Thyself our miseries and our sorrows. Heart infinitely holy! most pure source of all justice and innocence; Thou hast borne the iniquities of the world; Thou hast

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drunk the dregs of their bitterness ; Thou hast been pierced for our crimes, and with Thy adorable Blood, Thou hast shed purifying graces over the whole earth. Nothing could stop Thy Charity, neither the sufferings and labors of Thy entire life, nor the monstrous ingratitude with which man has repaid Thy benefits ; and Thou hast crowned all these wonders by renewing for me each day on the altar the august sucrifice of Calvary. Adorable Saviour! I ask purdon of Thee for all the outrages Thou hast received. Accept all that henceforward I may do as so many acts of expiation, reparation, and continual sacrifice to Thy outraged Heart.

## At thes Kyrie.

O Holy Father, have compassion on the work of Thy hands. Heart of Jesus, have pity on a soul that has cost Thee so dear. O Holy Spirit, have mercy on a heart that is Thy sanctuary. and which Thou hast filled with Thy gifts.

Gloria in excelsis Deo, et in terra pax hominibus bonæ voluntatis. Laudamus te. Benedicimus te, Adoramus te. Glorificamus te. Gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex cœlestis, Deus Pater omnipotens: Domine, Fili unigenite, Jesu Christe ; Domine Deus, Agnus Dei, Filius Patris. Qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserere nobis. Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Jesu Christe, cum Sancto Spiritu, in gloria Doi Patris. Amen.

## At the Collect.

Lord Jesus, who by a fresh act of love, hast deigned to open to Thy Church the treasure of the ineffable riches of Thy Heart, grant that we may return love for love to this adorable

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rra pax adamus e. Gloi propDomine r omnie, Jesu Dei, Fimundi, $a$ munm. Qui ere noin solus Jesu gloria neffable we may dorable

Heart, and by a worthy homage repair the outrages that it has suffered, and which it still suffers every day from the ingratitude of men: who livest and reignest with the Father and the Holy Ghost, God for ever and ever. Amen.

## At the Epistle and Gospel,

When Jesus expired, he uttered a loud cry as if to call all men to him. A soldier with a stroke of his lance opened in hisside a large wound, whence flowed blood and water. "Jesus, says St. Bernard, was wounded by thiscruel weapon, which the soldier's ferocity aimed at him, because His Heart was already pierced by' his ardent love for the salvation of men."

O most loving wound! cries out St. Bonaventure, it is through Thee that I have entered into the bowels of the charity of Jesus Christ. Behold the gate of Paradise is open! the sword

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that guarded its entrance has been forced aside by the lance that was found worthy to make this opening. Oh! had I been in the place of this lance, I would never have quitted the side of Jesus Christ, and I would have said : "Here is the place of my repose for ever ; here w!ll I dwell, because I have chosen it."

O adorable wound of love! O precious blood filling me with hope! It is there, yes, it is there that I shall seek refreshment, and quench the thirst after happiness that consumes me. O my Jesus! I have found a heart most loving, a heart that has loved me to excess ; Thine own Heart pierced for me and always open to receive me. Heart of the best of Fathers, Heart of the most loving shepherd, of the most faithful of friends. Permit me, O my Saviour, to dra:v near to this heart, that I may purify myself in this Blood of expiation that flows from it ; permit me to enter this gate of salvation. O Jesus, love
has vite ther strol desis that thos pote biliu unur hium tum lume vero. stant sunt. ter n Et in Mari
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is been as found Oh lance, I side of re said : pose for I have
orecious is there, refreshter hapJesus! oving, a excess ; me and Heart of he most thful of iour, to I may xpiation to enter us, love
has opened to me Thy Heart ; love invites me to enter it ; love will receive me there, and love will shelter me from the strokes of divine justice. It is there I desire to live; it is there I hope to die, that I may die the precious death of those who die in the Lord. Amen.

## Crealo.

Credo in unum Deum, Patrem omnipotentem, factorem cœli et terræ, visibilium omnium, et invisibilium. Et in unum Dominum Jesum Christum, Filium Dei unigenitum, et ex Patre natum ante omnia sæcula. Deum de Deo, lumen de lumine, Deum verum de Deo vero. Genitum, non factum, consubstantialem Patri ; per quem omnia facta sunt. Qui propter nos homines et propter nostram salutem descendit de coolis. Et incarnatus est de Spiritu Sancto, ex Maria Virgine, et Homo factus est. Crucifixus etiam pro nobis, sub Pontio Pilato passus, et sepultus est. Et resurrexit tertia die, secundum scriptu-

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ras. Et ascendit in colum, sedet ad
Sav dexteram Patris, et iterum venturus est cum gloria judicare vivos et mortuns; cujus regni non erit finis، Et in Spuritum Sanctum Dominum et vivificantem, qui ex Patre Filioque procedit. Qui cum Patre et Filio simul adoratur et conglorificatur, qui locutus est per prophetas. Et unam sanctam catholicam et Apostolicam Ecclesiam. Confiteor unum baptisma in remissionem peccatorum. Et expecto reeurrectionem mortuorum. Et vitam venturi secuit. Amen.

## At the Offertory,

My God, I offer Thee the Heart of Thy beloved Son as my thanksgiving for all the benefits thou hast bestowed on me, as my prayer, as my offering, as my adoration, and as all my resolutions. Receive it, O Eternal Father, to suply for all that Thou desirest of me, since I have nothing to offer Thee that is not unworthy of Thee excepting Jesus, my
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sedet ad aturus est mortuns ; in Spuriificantem, lit. Qui oratur et per protholicam Confiteor m peccaectionem ri sæcmi.

Heart of ksgiving oestowed ering, as olutions. osupply , since I at is not esus, my

Sivviour, whom Thou hast wholly given to me.

O my Lord and my God, I offer Thee my heart with all the feelings of which it is capable. O my God, how great are Thy mercies towards me! God of Majesty, what am I that Thou shouldst vouchsafe to receive the sacrifice of my heart? All my sorrow is that I should offer what is so little worthy of Thee, covered with so many wounds, profaned by so many passions, and stained with so many sins.

I give it to Thee without reserve ; and, not satisfied with having but one heart to offer Thee, why have I not the ardent love and the transports of all the angels, and of all the blessed, to consecrate them all to Thee? Receive then this heart, O my God, or rather take it Thyself; change it and render it worthy of Thee. Take my heartand give me thine, O Divine Jesus; give me a heart grateful for Thy benefits ; a
heart penitent and contrite for its sins; faithful to Thy grace, resigned to Thy adorable will, and filled, inflamed and consumed with Thy love. Take this heart, $O$ Lord, and when thou hast taken it, hide it in thine own, and there keep it for ever.

## At the Canon

O my most loving Saviour, I conjure Thee by Thy Divine Heart, which Thou hast opened to me as a secure asylum, to attach me so closely to Thy sacred side that I may never leave it. Reserve for me the possession of heavenly gifts, and dispose as Thou pleasest of the goods of this earth.

Remember, O most sweet Jesus, that none who have had recourse to Thy Siccred Heart, implored its assistance, or called for mercy, has ever been abandoned. Filled with and animated by this same confidence, O Divine Heart, Ruler of all hearts, I fly to Thee, and

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I conjure aich Thou e asylum, hy sacred Reserve enly gifts, st of the
esus, that e to Thy ssistance, ver been mated by ne Heart, thee, and
groaning beneath the weight of my sins, I prostrate myself before Thee; despise not my feeble prayers, but listen to them with a favorable ear, and vouchsafe to answer them. Show us that Thou art the Heart of the best of Fathers, and that He who has deigned to give Thee to us as our Salvation, will through Thee receive our prayers.

## At the Memento for the Living.

In the name of the Passion and Death of Thy beloved Son, in the name of His Heart wounded for love of us, be mindful, O most merciful Father, of Thy Holy Church, which issued from thiat wound ; vouchsafe to protect, sanctify and exalt it as the Spouse of Thy Divine Son.

Remember also, O Lord, my parents and my friends, N.N. ; defend them, and by Thy grace advance them in the Way of Salvation. O Divine Jesus, hide in the wound of Thy Siwed Heart
all those who are devoted to it; moltiply their numbers, increase in them faith, hope and charity, that by their fidelity they may compensate Thee for the outrages with which Thou art insulted by those who have the misfortune not to love Thee.

## At the Elevation.

O Jesus, my Saviour and most loving God, who wert pleased to be crucified for love of me, and to allow Thy Heart to be pierced with a lance, that Thou mightest discover to me the wound love had made there already, I adore Thee, I love Thee, I glorify Thee with the Father and the Holy Ghost. I desire with all my soul that Thou shouldst be adored, loved and glorified without limit by all creatures, and by all possible means, now, and for all eternity. I believe in Thee, I hope in Thee, and I love Thee ; all that I love, I love for Thy sake. Most Holy Father, look upon Thy beloved Son, whom I offer to

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ost loving crucified hy Heart hat Thou and love ore Thee, with the I desire ouldst be nout limit possible rnity. I ec, and I
love for er, look I offer to

Thee as a sacrifice of praise, of thankswiving and of propitiation. I beg of Thee by His tears, His sweat and His blood, by the groans and sighs of His Sacred Heart, to have mercy on me and on my brethren. Grant that we love Thee perfectly in time and in eternity. Amen.

## At the Memento for the Dead.

In the name of Thy beloved Son, O Father of mercies, have pity on the souls of the faithful departed, and purticularly on the associates of the Sacred Heart, N.N. Grant them, in Thy mercy, pardon and everlasting rest, that they may bless, praise and glorify Thee eternally amid the brightness of the saints.

## At the Our Fithen.

O Father of Our Lord Jesus Christ, who hast not spared Thine only Son, in order to restore to us the title of child-

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ren of God that we had lost, mercifully hear in our lehalf the supplications of This Divine Saviour, who now immolates Himself for us on the altur.

O Jesins, may Thy sacred name be blessed and sinctified by all intelligent creatures ; maty Thy precious Blood, shed for us in Thy cruel crowning with thorns, gain for us that heavenly inheritance, where we shall dwell in honor and glory.

O Jesus, obedient even to the death of the crciss, I submit to Thee my will, I consecrate it to Thee ; may Thy will be done and not mine. Grant me this grace, O Jesus, by Thy sweat of blood.

O Jesus, make me worthy frequently to receive Thy Sacred Flesh, which was bruised and torn for me in Thy Passion.

O Jesus, model of heroic patience, who prayed for Thy executioners, make me like Thee, meek and humble of

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ne death ny will, Thy will me this of blood.
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patience, rs, make mble of
heart. May Thy Blood, O Jesus, purify my conscience from dead works, that I may serve the God of life,

O Jesus, open to me Thy Divine Heart, that it may serve me as an asylum in all temptations, so that no creature may ever be able to separate me from Thy love.

O Jesus, the blood and water that issued from Thy Sacred Heart washes away every $\sin$, strengthens the weak, heals the sick and is our safety in all peril. O Jesus, deliver us from evil, opening to us the love of Thy living Heart.

## At the Agnus Dei.

Grant, O my Divine Jesus, that the depths of my soul may hear those consoling words that Thou didst speak to Thy disciples on the day of Thy resurrection: "Peace be with you." Give us that peace which surpasseth cull understanding and all consolations; efface, O Divine Lamb, by Thyprecion.;
blood, those momerable sms that place so wide a barrer between 'Thee and Thy ereatures.

## at the Commmonion

O Jesus, king of all hearts, place Thyselt as a seal on my heart and on my aim: on my heart, to close it arrumst ail terrestrial objects, and to direct all its affections towards Thee; on my arm, that all my actrons may have no other end than the glory and love or Thy Sacred Heart.

May my eyes and my hear't, O Jesus, ever remain attached to the wounds in Thy Heart.

O Jesus, give me that water of which Thy Heart is the source, that. I may thin'st no more for ever.

I have found the heart of my King, of my Father, of my most sweet friend, Jesus. What can I desire more in Heaven or seek upon earth?

These aspirations may be used for spiritual communion, if you have not the happiness of communicating really.

## After Communion.

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, incbriate me. Water from the side of Christ, purify me. Passion of Christ, contort me. 'O good Jesus, hear me; nide me in thy wounds; permit me not to be separated from Thee ; from the malice of my enemies d $\sim$ fend me ; at the hour of my death call me, that with Thy saints T may bless Thee for everfasting ages. Amen.

Honoring the memory of Thy Heart, so humble aid! so meek, let us, O Jesus, learn from Thee to practice meekness and humility, that we may obtain that peace Thou hast promised, and find rest for our souls. Thou, who with the Father and the Holy Ghost, livest and relgnest Goal, world without enl. Amen.

## 64

## It the Blessiny.

Praise, honor and glory be to Thee, O Jesus, who, afier having blessed Thy disciples, ascended gloriously to Heaven where Thou art seated at the right hand of the Father ; vouchsafe to bless us 'Thyself now, as thou wilt bless Thy elect on the last day. Amen.

## At the last Gospel.

O Almighty and Eternal God, who through thine infinite goodness, hast placed Thy Son to be the only mediator between Thyself and ail mankind, I beseech Thee to look down favorably on this adorable sacrifice. Forgive my want of fervor and my negligence during the course of it. Do not suffer, O Lord, that I should ever be separated from Thee. Bless me, and grant me the grace to serve Thee fiathfully in all things to the end ; and grant that after this life, I may be found worthy to bless and glorify Thee eternally in the company of the Saints. Amen.
o Thee, ed Thy Heaven ht hand bless us ess Thy
od, who ss, hast nediator nkind, I rably on rive my gligence ot suffer, eparated rant me afully in riont that d worthy rnally in nen.

## DEVOTIONS

FOR

## COMMUNION.

MAKE AN ACT OE FAITH.
I most firmly believe that in this holy sacrament Thou art present verily and indeed; that here are Thy hody and blood, Thy soul and Thy divinity. I believe that Thou, my Saviour, true God and true man, art really here, with all Thy treasures; that here Thon communicatest Thyself to us, makest us partakers of the fruit of Thy passion, and givest us a pledge of eternal life. I believe that there cannot be a greater happiness than to receive Thee worthily, nor a greater misery than to receive Thee unworthily. All this I most steadfastly believe, because it is what Thou hast taught us by Thy word and by Thy Church.

## 66

## MAKE AN ACT OF CONTRITION.

O my God, I am most heartily sorry, \&e.

MAKE AN ACT OF JIVINE LOVE。

O Lord Jesus, the God of my heart and the life of my soul! as the hart pants after the fountains of water, so does my soul pant after Thee, the fountain of life and the ocean of all good. I am overjoyed at the hearing of these happy tidings, that I am to go into the house of our Lord ; or rather that our: Lord is to come into my house, and take up his abode with me. Oh! happy moments, when I shall be admitted to the embraces of the living God, for Whom my poor soul languisheth with love. Oh ! come, dear Jesus, and take full nossession of my heart for ever. I offer' it to Thee without reserve; I desire te consecrate it eternally to Thee. I love "hee with my whole soul above all things; ; it least, I desire so to love

The love tear love

## 67

Thee. It is nothing less than infinite love that bringeth Thee to me: oh! sorry,
heart e hart ter, so fountood. I these nto the at our e, and happy ted to od, for h with dake ver. I I deThee. above to love
teach me to make a suitable return of love.

## IIUMBLY BEG GOD'S GRACE.

But, O my God, Thou knowest my great poverty and misery, and that of myself I can do nothing: Thou knowest how unworthy I am of this infinite favor, and Thou alone canst make me worthy. Oh! since Thou art so good as to invite me thus to Thyself, add this one bounty more to all the rest, to prepare me for Thyself. Cleanse my soul from its stains, clothe it with the nuptial garment of charity, adorn it with all virtues, and make it a fit abode for Thee. Make me one according to Thy own Heart, that this heavenly visit, which Thou designest for my salvation, may not, by my unworthiness, be perverted to my damnation. Oh! let me never be guilty of Thy body and blood by an unworthy enmmunion.

## 68

For the sake of this same precious blood, which Thou hast shed for me, deliver me from so great an evil.

## ASPIRATIONS AFTER COMMUNION.

Behold, O Lord, I have Thee now, who hast all things; I possess Thee who possesseth all things, and who canst do all things. 'Take off my heart, then, O my God and my all, from all other things but Thee, in all which there is but vanity and affliction of spirit. Let my heart be fixed on Thee alone; let me ever repose in Thee, where alone my treasure is, the sovereign truth, true happiness, and happy eternity.

Let my soul, O Lord, feel the sweetness of Thy presence. Let me taste how sweet Thou art, O Lord; that more hunt after worllly joys: for Thou art the joy of my heart, and my portion for ever.

Thou art the Physician of my soul,
me
Tl
ne
en
; blood, deliver

## N.

ee now, hee who canst do t , then, Il other there is it. Let e; let me lone my ath, true me taste rd ; that nay never for Thou ny portion
my sonl,
who heilest all our infirmities by Thy sacred blood. I am that sick man, whom Thou camest from Heaven to heal: oh! heal my soul, for I have sinned against 「inee. What canst Thou deny me, who hast given me Thyself.

Thou art the Good Shepherd, govern me, and I shall want nothing in the place of pasture where Thou hast put me, until Thou bringest me to the happy pastures of life eternal.

O true Light, enlighten the eyes of my soul that I may never sleep in death.

O Fire, ever burning, inflame our hearts, that they may burn with Thy love: for, Thou camest to cast fire upon earth, and what dost Thou dessre but that it be enkindled?

O King of heaven and earth, rich in mercy, behold I am poor and needy; Thou knowest what I stand most in neerl of; Thou alone canst assist and enrich me. ILelp me, O God, and, out
of the treasure of Thy bounty, succour my needy soul.

O my Lord and my God, behold I am Thy servant, give me understanding, and excite my affections, that I may know and do Thy will.

Tholl art the Lamb of God, who takest away the sins of the world; take away from me whatever is displeasing to Thee....

Thou art my love and my joy ; Thou art, sweet Jesus, the portion of my inheritance. O my God and my all, may the sweet flame of Thy love consume my soul, that so I may die to the world, to myself, for the love of Thee, who hast vouchsafed to die upon the cross for the love of me.

## A Prayer to Jeaus Crucified.

Behold, O kind and most sweet Jesus, I cast myself on my knees in Thy sight, and with the most fervent desire of my soul, I pray and beseech Thee, that Thou wouldst impress upon my heart lively sentiments of faith, hope and charity, with true repentance for my sins, and a firm desire of amendment; whilst, with deep affection and grief of soul, I ponder within myself, and men. tally contemplate Thy five most precious wounds, having before my eyes that which the Prophet David said of Thee, O good and sweet Jesus: "They pierced My hands and My feet; they have numbered all My bones." Amen.
(A Plenary Indulgence after :ommunion, when recited before a crucifix).

## 72

## ACTS OF PRAISES

IN ATONEMENT FOR BLASPHEMY゙ AND MPRECATIONS.

## Blessed l, God!

Blessed be His Holy Name!
Blessed be Jesus Christ, true God and true Man!

## P

 in $x$Blessed be the Name of Jesus!
Blessed be Jesus in the Most IIoly Sacrament of the altar!

Blessed be the Holy Virgin Mary, Mother of God!

Blessed be her Holy and Immaculate Conception!

Blessed be the name of Mary, Virgin and Mother!

Blessed be God in his Holy Angels and his Saints !

MPRE-

## BLESSED SACRAMENT.

## PARCE DOMINL.

Parce Domine, parce populo tuo: ne in eeternum irascaris nobis.
(Repeat three times.)

## O SALUTARIS.

O Salutaris Ilostia Quæ coli pandis ostium! Bella premunt hostilia, Da robur, fer auxilium. Uni trinoque Domino Sit sempiterna gloria, Qui vitam sine termino Nobis donet in patria. Amen.

## AVE MARIS STELLA.

Ave, Maris Stella, Dei Mater alma, Atque semper virgo, Felix coeli porta.
Sumens illud ave Gabrielis ore,
Funda nos in pace, Mutans Evæ nomen, Solve vincla reis, Profer lumen cæcis, Mala nostra pelle, Bona cuncta posce.
Monstra te esse matrem, Sumat per te preces Qui pro nobis natus, Tulit esse tuus.
Virgo singularis, Inter omnes mitis, Nos culpis solutos, Mites fac et castos.

Vitam prestil puram,

## 75

Iter para tutum, Ut videntes Jesum, Semper collætemur.
Sit laus Deo Patri, Summo Christo decus, Spiritui Sancto, Tribus honor unus. Amen.

Cor Jesu Sacratissimum: P. Miserere nobis.

TANTUM ERGO.
Tantum ergo Sacramentum
Veneremur cernui, Et antiquum documentum Novo cedat ritui ; Præstet fides supplementum Sensuum defectui.

Genitori, Genitoque
Laus et jubilatio,
Salus, honor virtus quoque
Sit et benedictio
Procedenti ab utroque
Compar sit laudatio. Amen.
V. Panem de cœlo præstitisti eis.
R. Omne delectamentum in se habentem.

## magnificat.

Magnificat anima mea Dominum. Et exultavit spiritus meus in Deo salutari meo.

Quia respexit humilitatem ancillæ suæ, ecce enim ex hoc beatam me dicentomnes gener:tiones.

Quia fecit mihi magna qui potens est, et sanctum nomen ejus.
Et misericordia ejus a progenie in progenies, timentibus eum.
Fecit potentiam in brachio suo: dispersit superbos mente cordis sui.

Deposuit potentes de sede, et exaltirvit humiles.

Esurientes implevit bonis et divites dimisit inanes.

Suscepit Israel puerum suum, recordatus misericordiæs suæ.

Sicut locutus est ad patres nostros, Abraham et semini ejus in seccula.
eis.
se ha-
um. Deo sacula.

## PSALMS AT VESPERS.

## Psalm 109.

Dixit Dominus Domino meo : sede a dextris meis.

Donec ponam mmicos tuos, scabellum pedum tuorum.

Virgam virtutis tuæ emittet Dominus ex Sion, dominare in medio inimicorum tuorunı.

Tecum principium in die virtutis tuæ, in splendoribus sanctorum : ex utero ante luciferum genui te.

Juravit Dominus et non pœnitebit eum : Tu es sacerdos in æternum secundum ordinem Melchisedech.

Dominus a dextris tuis: confregit in die iræ suæ reges.
Judicabit in nationibus, implebit ruinas; conquasabit capita in terrà multorum.
1): torrente in via libet : propterea exaltabit caput.

## Psalay 110.

Confitebor tibi Domine, in toto corde meo; in consilio justorum et congregatione.

Magna opera Domini, exquisita in omnes voluntates ejus.

Confessio et magnificentia opus ejus : et justicia ejus manet in sæculum sæculi.

## 78

Memoriam fecit mirabilium suorum misericors et miserator Dominus ; escam dedit timentibus se.

Memor erit in sæculum testamenti sui : virtutem operum suorum annuntiabit populo suo.

Ut det illis hæriditatem gentium: opera manuum ejus veritas et judicium.

Fidelia omnia mandata ejus, confirmata in sæculum sæculi : facta est veritate et æquitate.

Redemptionem misit populo suo: mandavit in æternum testamentum suum.

Sanctum et terribile nomen ejus: initium sapientir timor Domini.

Intellectus bonus omnibus facientibus eum : laudatio ejus manet in sæculum sæculi.

## Psalm 111.

Beatus vir qui timet Dominum: in mandatis ejus volet nimis.

Potens ir terra erit semen ejus: generatio rectorum benedicetur.

Gloria et divitiæ in domo ejus; et justitia ejus manet in sæculum sæculi.

Exortum est in tenebris lumen rectis: misericors, et miserator, et justus.

Jucundus homo qui miseretur et commodat, disponet sermones suos in judicio: quia in æternum non commovebitur.

In memoria æterna crit justus: ab anditione mala non timebit.

Paratum cor ejus sperare in Domino; confir-
matu despic Dis net in in glo Pe freme peribi

La
Domi
Sit
et usc
A
nome
Ex
supsr
Qu
habita
Sus
gens
Ut
cipibu
Qui filioru

Lat eum o

Qu dia ej

## 79

matum est cor ejus: non commovebitur donec despiciat inimicos suos.

Dispersit, dedit pauperibus; justitia ejus manet in sæculum sæculi: cornu ejus exaltabitur in gloria.

Peccator videbit et irascetur; dentibus suis fremet et tabescrit: desiderium peecatorum peribit,

$$
\text { Psalm } 112 .
$$

Laudate pueri Dominum: laudate nomen Domini.

Sit nomen Domini benedictum, ex hoc nunc et usque in sæculum.

A solis ortu usque ad occasum, laudabile nomen Domini.

Excelsus super omnes gentes Dominus: et supsr cœelos gloria ejus.

Quis sicut Dominus Deus noster, qui in altis habitat, et humilia respicit in colo et in terra.

Suscitans a terra inopem, et de stercore erigens pauperem.

Ut collocet eum cum principibus, cum principibus populi sui.

Qui habitare facit sterilem in domo, matrem filiorum lætantem.

## Psalm 116.

Laudate Dominum omnes gentes: laudate eum omnes populi.

Quoniam confirmata est super nos misericordia ejus; et veritas Domini manet in æternum.

## HYMNS.

HYMN OF THE HOLT LEAGCE.
Marziale. СновUs.

## 81

Unhappy he in self conffding, And he alone abiding :
Defeat his lot, and bonds unfailing Eternal death and wailing.

Thrice happy who to hearen turning Prays, while with ardour fighting Begs aid from those who here hare [striven, Implore Mary, Queen of Hearen.

Beneath our God's most noble Banner And in His kind powerful hand United with His Heart by praver Throughout life with Him we'll stand.

O Mary, O most Blessed Mother, Thy sons from dangers shelter, That in the last dreaded hour, God's kingdom may be our share.



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FAIEH OF OUR FATHERS.
Moderato. Solo.


Faith of our Fathers! liv - ing still in spite of

dungeon,fire and sword, Ohl Ireland's hearts beat high with

joy, Whene'er they hear that glo a xious word. Chorus.


Faith of our Fathers! Ho-ly Faith ! we'll be

true to thee till death I Faith of our Fathers I Ho-ly


Our Fathers chained in prisons dark, Were still in heart and conscience free ; How sweet would be their children's fate, If they, like them, could die for Thee.
Faith of cur Fathers! Mary's prayers Shall keep our country fast to Thee ;

And thro' the truth that comes from (fod, O we shall prosper and be free.

Faith of our Fathers I distant shores Their happy faith to Ireland owe; Then, in our home, O shall we not Break the dark plot against Thee now?

Faith of our Fathers ! days of old Within our hearts speak gallantly; For ages thou hast stood by us, Dear Faith, and now we'll stand by thee.

## 84

ALL TE WHO SEEK A SURE RELIEF. Andante. Solo.


trouble and dis-tress, what - e-ver sur-row Chorus.

pens to you lis Sacred Heart, 0 to that Heart draw high.
Ye hear how kindly He invites, Ye hear his words so blest: " All ye that labor come to me, And I will give your rest."

What meeker than the Saviour's heart, As on the cross he lay?
It did His murderers forgive, And for their pardon pray.

## 85

LIEF.
linin
sur-row
Chorus.


Joe.

aw high.
heart,

0 Heart! Thou joy of saints on high ! Thou hope of sinners here! Attracted by those loving words, To Thee I lift my prayer.

Wash Thou my soul in that dear Blood, Which forth from Thee did flow; New grace, new hope inspire ; a new And better heart bestow.

SWEET HEART OF JESUS. Andantino. Solo.


Sweet Heart of Jesus, source of love and

mercy, we beg of the, $O$ fount of li-ving
 grace; Ohllist to souls who humbly now imp-
 ploce thee, and make them thine for ever, ever more.


## 87

Restore him to his rights and royal O , make his subjects loyal and [crown ; As he e'er is to his great God and [King.

## IN THIS SACRAMENT.

Andante. Solo.


In this Sa - crament, sweet Je-sus, Thou dost

give thy flesh and blood, with thy soul and God-head
 al-so As our own most precious food. Yes, Dear
 Jesus, I believe it and thy presence I a-dore, And with
 all my heart I love thee, may I love thee more and more.

Come, sweet Jesus, in Thy mercy, Give Thy flesh and blood to me. Come to me, O dearest Jesus, Come my soul's true life to be.

Come, that I may live for ever, Thou in me and I in Thee ; Living thus, I shall not perish, But shall live eternally.

Blessed be the love of Jesus, Giving us His flesh and blood; Blessed be His Mother Mary, Mother ever kind and good.

Blessed be the great Saint Joseph : Sing then with devotion true: Dearest Jesus, Mary, Joseph, Heart and soul I give to you.

turn
Se
W
Hi
Th
Br
Sp
Th
Th
O

## LOOK DOWN, O MOTHER MARY:

 Chorus.
thy bright throne a - bove; Cast down up - on thy

children one on - ly glance of love. And

if a heart so tender with pi-ty flows not o'er, Then

turn away, 0 Mo-ther, and look on us no more. See how ingrate and guilty, We stand before thy Son! His loving Heart reproaches The evil we have done. But if Thou will appease Him, Speak for us but one word: Thou, only, canst obtain us The pardon of Our Lord.
O Mary! dearest Mother,

## 90

If thou wouldst have us live, Say that we are thy children; And, then, He will forgive. Our sins make us unworthy That title still to bear;
But thou art still our Mother: Then, show a Mother's care.

Open to us thy mantle; There we'll stay without fear: What evil can befall us, If, Mother, thou art near? O sweetest, dearest Mother ! Thy sinful children save. Look down on us with pity, Who thy protection crave.

Adv

Apos

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