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MONTREAL
Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

VOL. II. No. 5.

MONTREAL, MAY, 1897.

25cts. A YEAR.

Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Woman's Auxiliary of the Montreal
Homœopathic Hospital.

All matters of business and subscriptions to be sent to C. S. De Witt, care of Montreal Homœopathic Hospital, 44 McGill College Avenue.

All manuscripts, news items, etc., should be addressed to Dr. Arthur D. Patton, care of Hospital.

DOCTOR JOHN WANLESS.

The most notable event of the past month in the Montreal Homœopathic world was the retirement from practice and removal to Toronto of Doctor John Wanless. For upwards of thirty years this sturdy disciple of *similia similibus curantur* has carried its healing principle to the bedside of suffering humanity in Montreal. It is easy to realize that after such a term of active and eminently successful practice many, who had learned by experience of his great ability, to implicitly trust the lives of those dearest to them to his hands, heard of his determination with heart-felt sorrow and possibly with anxiety for the future. Notwithstanding the suggestion of accumulating years that active practice cannot be continued forever, such severances of life-long relations usually carry with them more or less of the nature of a shock. This was eminently so in the case of Doctor Wanless, many of whose patients in parting with him felt the loss not only of a trusted adviser but of a true friend, interested in their welfare apart from the mere relations of doctor and patient.

Thanks to a magnificent constitution and a careful and well regulated life, the

Doctor at the ripe age of eighty-four finds himself hale and hearty and still fit for active work. He will not be offended, however, at the statement that he is a living example of the benefits of the homœopathic way of treatment, with which he accomplished marvelous results. For there is no firmer disciple of *similia* than he, none more modest regarding his own share of credit in the results attained, none more willing to give it all to the system. All who know him will rejoice at the resolution of the good old doctor to spend his remaining years in restful enjoyment, the right to which he has most thoroughly earned. He has gone to Toronto to be near his daughter and grand children. His friends here will miss his cheery presence, and lose the contact of his sturdy, straight-forward, truth-loving and sham-hating character, but they will never forget him nor cease to wish him continued health and happiness.

HOUSEKEEPER'S SALE.

A number of replies have been received to the circular sent out by the Woman's Auxiliary asking members and their friends to co-operate in a "Housekeeper's Sale" for October. The encouragement received from the replies has decided the Auxiliary to hold the sale. A good supply of aprons for women and children will find ready purchasers, also strong clothes pin-bags, and other useful articles which will, no doubt, suggest themselves.

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Purchasers should mention the Homœopathic Record, to encourage our generous advertisers.

PHILLIPS' TRAINING SCHOOL.

FIVE LADIES PASS SUCCESSFUL EXAMINATIONS AND RECEIVE CERTIFICATES TO PRACTICE SICK NURSING.

The graduation exercises of the Phillips' Training School for Nurses, which took place Monday afternoon, May 3rd, were most successfully accomplished. Notwithstanding the downpour of rain which the weather authorities, by mistake no doubt, furnished for the occasion, the governor's rooms at the Hospital were filled with an interested audience. Mr. Samuel Bell, president, presided, having on his left Rev. Dr. Rose, and on his right Mr. F. E. Grafton, vice-president of the Association. On the left sat the graduating class, with Miss Davis, the lady superintendent, and behind them the staff of hospital nurses in training.

Rev. Doctor Rose having invoked the Divine blessing, the chairman expressed the pleasure he felt in being able to assist on this auspicious occasion. He referred to the satisfaction felt by all those who had to do with the training school, at the tangible evidence, the five lady graduates, of its success. He pointed out that until the establishment of this school there were no nurses in Montreal trained in the homoeopathic methods. These graduating ladies would therefore fill a long felt want. He referred to the probability of extending the course from a two to a three year one, with the view to giving a still more extended training, and closed by wishing the graduates a prosperous and happy future.

Dr. H. M. Patton, medical superintendent of the Hospital, after explaining the importance of having nurses trained in the homoeopathic way as a necessary accessory to the homoeopathic practice, addressed a few words to the graduates. He cautioned them against doing anything which would justify the charge that he had known to be made against the trained nurse, that when one was got into a house a servant had to be deputed

to wait on her. He was sure that the excellent instructions they had received from their lady superintendent would prevent them ever offending in this way. He asked them to make allowance for the whims of sick people, who were really not accountable, to anticipate their wants, and to endeavor to be patient under all circumstances.

Mr. O'Connor, acting secretary, then read, and the graduates repeated after him the following:

NURSE'S COVENANT.

"In grateful remembrance of the Phillips' Training School for Nurses of the Montreal Homoeopathic Hospital, I hereby solemnly promise to endeavor faithfully to fulfill my duties as nurse, and so to regulate my life as to do credit to its diploma which is about to be granted me.

In contemplation of the great responsibilities involved in the work in which this diploma permits me to engage, and the necessity for perfect faithfulness in its performance, I further undertake to surrender it, upon the order of the Montreal Homoeopathic Hospital, should I at any time violate the solemn undertaking I hereby engage in."

Mrs. Hector Mackenzie, president of the Woman's Auxiliary, then presented the diplomas in the following order of seniority: 1, Miss Emma E. Egan; 2, Miss Lurella G. Adams; 3, Miss Ella Rebecca Grant; 4, Miss Edith Caroline Pangborn; 5, Miss Jessie Strachan.

Misses Egan and Adams completed their course in October last, and have been practising since then and wearing the graduates' medal. This being the first public graduation was the reason for their appearance as graduates now.

After this formality was concluded, Rev. Dr. Rose and Mr. F. E. Grafton delivered short, interesting, but admirably conceived addresses, illustrative of the wide field of usefulness upon which the graduates had now entered. Doctor Rose said that no work was more noble or more Christlike, for He served others. Mr. Grafton spoke of the illimitable nature of the work, and the impossibility of over-crowding it.

The formal business then being over, the chairman called upon Rev. Dr. Rose to pronounce the benediction.

The graduates were then heartily congratulated, as well as Miss Davis, the lady superintendent, and Dr. Muller, the chairman of the training school committee, and a general hand shaking was the

result, which exercise gave an additional relish to the tea and bread and butter and cakes which were then served by the Woman's Auxiliary.

The rooms were tastefully decorated with plants kindly loaned for the occasion by Mrs. Martin, of Windsor street.

ABOUT THE CHILDREN.

SOME SYMPTOMS AND THEIR MEANINGS.

The face of a healthy sleeping child wears an expression of perfect repose. During sleep the eyelids should be completely closed. When partly opened, showing the whites of the eyes, some acute or chronic disease is indicated. Pain very quickly alters the expression of a child's face. Contraction of the brows denotes pain in the head; sharpness of the nostrils pain in the chest, and a drawing of the upper lip, pain in the abdomen.

Blueness of the eyelids and lips is a sign of lung or heart affections. A faint purple tint of eyelids and around the mouth indicates weak circulation or imperfect digestion. A yellow hue of the skin is seen in jaundice, while an earthy appearance of the face is noticed in chronic intestinal diseases.

Parents should faithfully cleanse and care for the first teeth of children. Great suffering will be avoided in after years if the child's mouth be given the proper attention while young. Consult your dentist and do not teach the child to fear him.

A child should be given a full tub bath when ten days old unless contrary indications exist. The bath should be given quickly and the body dried rapidly. An infant can be bathed and dressed in seven minutes if the Gertrude baby pattern is used. The bath should be given daily during the first two and a half years of life. After the third year three baths a week are quite sufficient. A hot bath, 95 to 100, will very often relieve nervous irritability and promote sleep.

During an acute illness the amount of food should be very greatly reduced in quantity and made more dilute than usual.

Children craving for lime, clay, chalk, etc., should at once receive medical attention. Such abnormal cravings are not healthy and indicate a depraved condition of the system.

Teach the child to properly chew his food.

A. R. GRIFFITH, M.D.

HOSPITAL NURSES.

A great deal has been said about the comfort and security felt by the presence of a trained nurse in an anxious and grief-stricken household; and to those who have been fortunate in their experiences with these women they cannot be over-rated. The kindness, gentleness, and constant care which a conscientious and skillful nurse gives to the patient under her care often lays the foundation for a strong friendship between the two, and a mutual interest which is felt long after health and strength are restored, and conversation is not confined to "symptoms." I once knew quite well one of these nurses. She was a quite little woman, with the quickest observation, and most sympathetic and persuasive ways with her patients. "We are going to have such nice times together and be such good friends," she said coaxingly to a feverish little boy who opened his eyes and looked doubtfully at the strange face bending over him. "I never saw such a good boy!" she said to the doctor continually in her little patient's hearing.

Praise does so much more good at such times than "reasoning." There is nothing that will close the teeth and turn the back of a patient quicker than the words: "It is better for you." Tiptoeing when passing, mixing medicines with the back turned to the bed; anything that has a mysterious air is aggravating to a person lying helpless in bed. We sometimes realize how invalids must ponder and worry over some little thing that has happened, or some ridiculous idea that has come into their heads, and stays there for days. I once knew a little girl of ten or eleven years old who was recovering from a fever, and during the long hours when she lay quiet, "gaining strength," used to wonder whether if she were stretched out she would be longer than a window-sill opposite her bed, until one day when she was left alone for a moment, she slipped out of bed and crawled feebly along to the window where she stretched herself out on the floor and found that she went far beyond the window-sill. She reached the bed again with the help of some chairs, and went calmly to sleep.

With the nurse as with anything else, an unsatisfactory one is in the way and a general nuisance; but the other kind is a treasure, and a grateful family has a peculiar admiration and affection for her ever afterwards.—*Good Housekeeping*.

Subscribe to the Record, and send it to your friends, only 25 cents a year.

DONATIONS DURING MARCH.

Two safety lamps, Mrs. Geo. Sumner; Wrapper, etc., Mrs. E. K. Greene; Oysters, Unknown; cake for nurses, Mrs. J. Muir; grey flannel nightshirt, Unknown; fruit for nurses, Mrs. S. M. Baylis; chest of tea and box of soap, Mr. and Mrs. J. A. Mathewson, Jr.; books for library, Miss Morkill; four chairs for private wards, Mr. Wm. McNally, bottle of ink, Foster Brown; oyster patties for nurses tea, Mrs. W. H. Stanley; doughnuts and preserves for nurses, Mrs. A. R. Griffith; cake for nurses; Mrs. W. F. Brown; black currant jam, Mrs. C. E. T. Woodley; homemade soap, Mrs. A. R. Griffith; cake and candy for nurses, Pound Party; 12 pounds soap, Mrs. Duval; tea cosy, for nurses, Mrs. Hector Mackenzie; refrigerator, Mr. C. S. Williams; 12 bottles Wyeth's Malt Extract, Davis, Lawrence Co.

MAGAZINES from Mrs. Buzzell, Miss Morkill, Mrs. Beardsley, Rev. Mr. Gould, Miss Viccars, Ready Circle of King's Daughters, Madame Langlois, Mrs. Edwin Gould.

EMPTY VIALS from Mrs. Sutherland Taylor, Mrs. Walker, Unknown, Mrs. E. W. Childs, Mrs. S. T. Willett, Mrs. Moody, Terrebonne, Mrs. Sheffield, No Name, Unknown, Dr. Laura Muller.

OLD LINEN from Mrs. W. H. Stanley, No Name, Mrs. Hector Mackenzie, Mrs. Moody, Terrebonne, Mrs. James Baylis, Unknown.

DONATIONS DURING APRIL.

Combs, brushes, sponges and small tooth combs, R. K. Holland, Esq.; six cans tomatoes, three cans corn, three cans peas, Mrs. J. Hutton; fruit for nurses, Mrs. S. M. Baylis; tickets for Chicago Marine Band concert, Graham & Co.; quantity of fish, Mr. Dick, Boy's Home; toys and clothes, Mrs. Dumaresq; Easter plum pudding, Mrs. Thomas; bottle of ink, W. B. Baikie; our dozen new laid eggs, Mrs. C. H. Binks; packet of Brooks' Monkey soap, Mrs. C. H. Binks; magazines, Mr. C. W. Coates, Unknown; empty vials, Unknown; toys, Unknown; flowers, Westmount Y.W.C.T.U.

PHILLIPS' TRAINING SCHOOL.

Miss Davis, the lady superintendent, would like to receive the names of those desiring to enter the Phillips' Training School as vacancies occur. She will be glad to furnish particulars at the Hospital.

WOMAN'S AUXILIARY, MONTREAL HOMOEOPATHIC HOSPITAL.

Treasurer's Report, for April 1897.

Dr.	
To cash on hand, April 1st	\$265 82
" amount received from subscriptions	108 75
" " " " patients	343 00
" " " " sale of doll.	1 00
" " " " dispensary	6 70
" " " " Supplies to nurses	7 13
Total	\$732 40
Cr.	
By amount paid for wages	\$112 70
" " " " for supplies	11 58
" " " " med. and surg.	21 34
" " " " la'ndry 2 mos.	83 19
" " " " furnishings	147 31
" " " " gas and elec.	24 69
cash on hand April 31st	\$400 85
Unpaid bills amounting to about	\$674 48
Cash on hand	331 55
Deficit	\$342 93

SUBSCRIPTIONS FOR APRIL.

J. G. Ogden, Esq.	\$50 00
Mrs. Dobbin	18 00
Mr. and Mrs. W. F. Brown	12 00
Mrs. Sutherland Taylor	10 00
G. A. Childs, Esq.	5 00
Mrs. Winfindale	5 00
Mrs. Gould, aux. fee	2 00
Mrs. Gaunt	2 00
Miss Miller	2 00
Sub. to bread bill	2 75
Total	\$108 75

MONTREAL HOMOEOPATHIC HOSPITAL.

RECORD FOR MARCH AND APRIL, 1897.

No. of patients admitted during the period	56
No. of patients discharged	58
In Hospital on March 1st	13
In Hospital on April 1st	11
Treated in Dispensary	178

SICK ROOM COOKERY.

MUTTON BROTH.

Take 2 lbs. of the neck of mutton; cut it up in small pieces leaving out the fat; 1 quart of cold water. Put on the fire and bring to the boiling point, skim and simmer 2 hours. Strain and add one oz. rice; boil till the latter is soft. If *wish'd*, half a carrot, quarter of a turnip and one onion can be cut into slices, and with pepper and salt added when rice is put in.

ODORS OF DISEASE.

Dr. McCassy (*Lancet-Clinic*) writes as follows: "Diseases have their characteristic odors. Insane asylums have a familiar odor. Favus has a mousey odor; rheumatism has a copious, sour-smelling, acid sweat. A person suffering with pyæmia has a sweet, nauseating breath. The rank, unbearable odor of pus from the middle ear tells the tale of the decay of osseous tissue. In scurvy the odor is putrid, in chronic peritonitis musky, in syphilis sweet, in serofula like stale beer, in intermittent fever like fresh-baked bread, in fevers ammoniacal, in hysteria like violets of pineapple. Measles, diphtheria, typhoid fever, epilepsy, phthisis, etc., have characteristic odors." Yet only in Homœopathy is any therapeutic use made of these striking peculiarities

REST AS A REJUVENATOR.

The woman who rests every day is the woman who keeps young and fresh. If she is a woman of leisure, she may indulge in an afternoon nap, after which she will rival her daughter in usefulness. If she is a busy housewife, she should snatch at least half an hour a day for lying still in a darkened room. If she is a business woman, she must break into the afternoon with the only sort of rest

she can command—sitting still for ten or fifteen minutes, with eyes closed, thoughts banished and muscles relaxed. "Which advice," some old bachelor remarks, "not one woman in five hundred would think of doing, nor could if she would."

AND SALT IS CHEAP.

Salt puts out a fire in the chimney.

Salt in the oven under baking tins will prevent their scorching on the bottom.

Salt and vinegar will remove stains from discolored teacups.

Salt and soda are excellent for bee stings and spider bites.

Salt thrown on soot which has fallen on the carpet will prevent stain.

Salt put on ink when freshly spilled on a carpet will help in removing the spot.

Salt in whitewash makes it stick.

Salt thrown on a coal fire which is low will revive it.

Salt used in sweeping carpets keeps out moths.

HOSPITAL WANTS.

Empty medicine vials for Dispensary
Old linen.

Die for nurses' medals.

Wrappers for patients.

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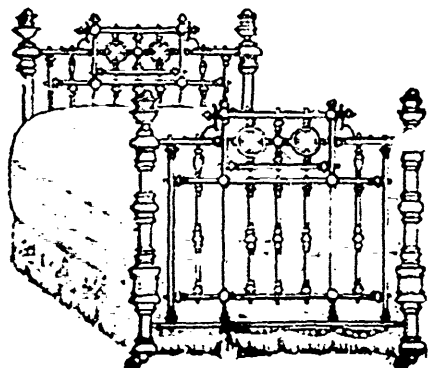
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