

ELEVENTH REPORT  
OF THE  
Millcrest  
Convalescent Home

Wells' Hill, Corner of Davenport Road and  
Bathurst Street

From Oct. 1st, 1897 to Sept. 30th, 1898.

Telephone Number 4452.

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INCORPORATED 1892.

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TORONTO:  
HENDERSON & CO., PRINTERS.

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1899.



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## FORM OF BEQUEST.

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THE HILLCREST CONVALESCENT HOME can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land, or its proceeds, by Will, it is necessary that the Will should be executed at least six months before the death of the donor. The form of devise in the Will may be as follows :—

*I give to the HILLCREST CONVALESCENT HOME,*  
*Toronto,* (Describe the land so that it can be identified.)

*Or,*

*I give to the HILLCREST CONVALESCENT HOME,*  
*Toronto, a Mortgage, dated*  
*and made by* *to me, for*  
*\$* *on land described as follows :*  
(Hereby describe lands as above.)

*Or,*  
*I give to the HILLCREST CONVALESCENT HOME,*  
*Toronto, \$* *to be paid out of*  
*my Estate.*

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of

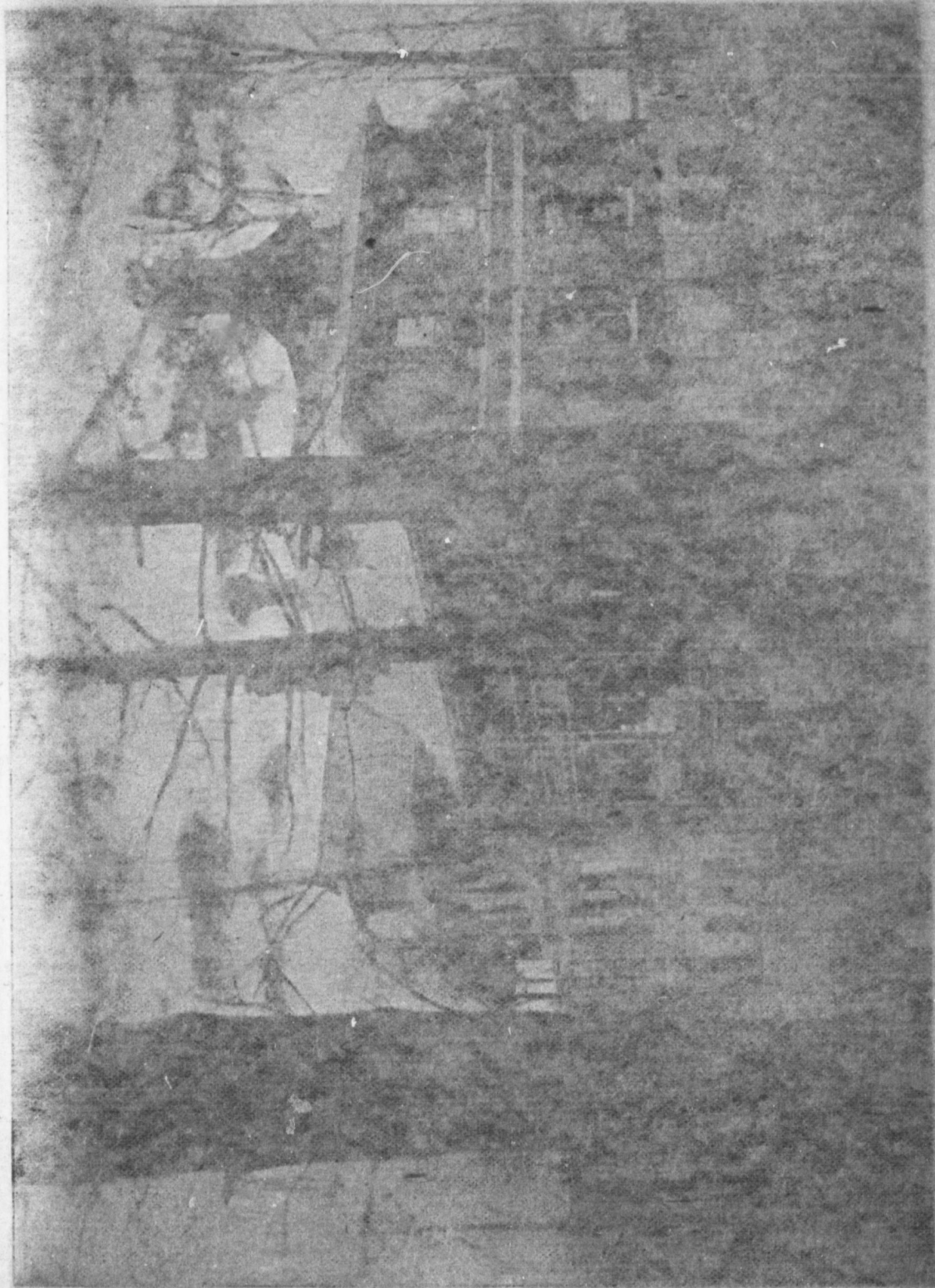
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for

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of



HILLOREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

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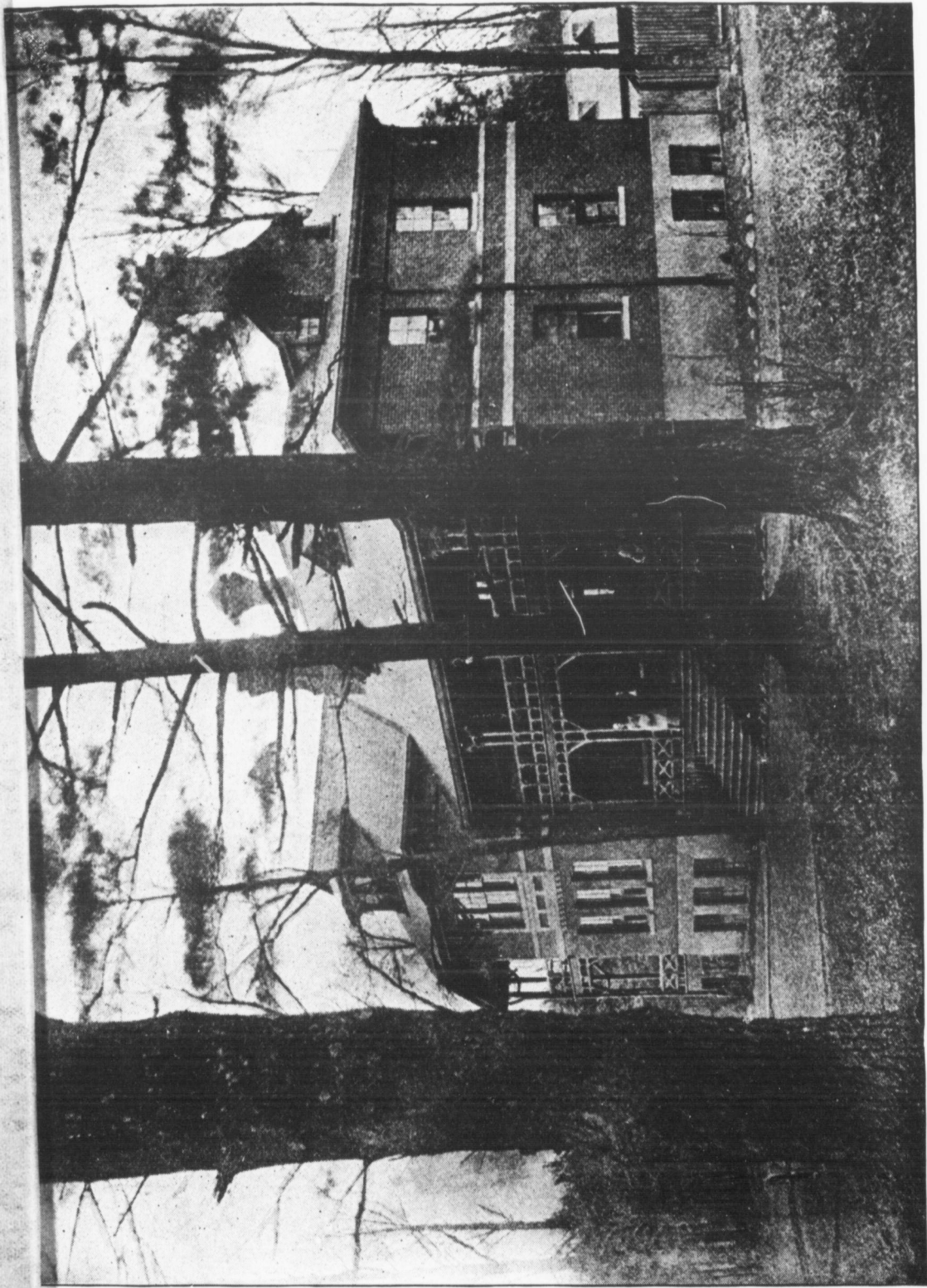
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HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

HON. S.  
J. K. KE  
J. J. GAR  
DR. W. I  
DR. BER  
A. H. SM  
J. J. WI  
H. P. D  
MRS. GI  
" E.  
" HO  
MISS M.  
" AI  
MRS. BA  
" J. I  
" GU  
LADY G  
MRS. HO  
" JA  
MISS M  
" O'  
" PA  
MRS. SH  
" VA  
" W



## Members of the Corporation.

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HON. S. H. BLAKE, Q.C.	..	..	256 Jarvis Street.
J. K. KERR, ESQ., Q.C.	..	..	"Rathnelly," Avenue Road.
J. J. GARTSHORE, ESQ.	..	..	48 Front Street West.
DR. W. H. ELLIS,	..	..	74 St. Alban's Street.
DR. BERTRAM SPENCER	..	..	8 Bloor Street East.
A. H. SMITH, ESQ.	..	..	London, Ont.
J. J. WITHROW, ESQ.	..	..	27 Wilton Crescent.
H. P. DWIGHT, ESQ.	..	..	107 St. George St.
MRS. GIBSON	..	..	..
" E. BLAKE	..	..	467 Jarvis Street.
" HODGINS	..	..	92 Pembroke Street.
MISS M. R. CREIG	..	..	17 Queen's Park.
" AIKINS	..	..	29 Wellesley Street.
MRS. BARNETT	..	..	..
" J. I. DAVIDSON	..	..	53 St. George Street.
" GUNTHER	..	..	"Bellevue," Poplar Road.
LADY GZOWSKI	..	..	"The Hall," Bathurst Street.
MRS. HOSKIN	..	..	"The Dale," Rosedale.
" JARVIS	..	..	258 Jarvis Street.
MISS MORRIS	..	..	471 Jarvis Street.
" O'BRIEN	..	..	383 Sherbourne Street.
" PARSONS	..	..	235 Jarvis Street.
MRS. SHORTISS	..	..	115 St. George Street.
" VANDERSMISSEN	..	..	15 Surrey Place.
" WAKEFIELD	..	..	..

## Committee of Management.

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<i>President</i>	..	MRS. GIBSON	..	..	..	..	..
<i>Vice-Presidents</i>	{	MRS. G. GOODERHAM	" Waveney,"	St. George St			
		MRS. GRAHAM	..	..	Bloor Street East.		
<i>Treasurer</i>	..	MISS M. R. GREIG	..	..	17 Queen's Park.		
<i>Secretary</i>	..	MRS. HODGINS	..	..	92 Pembroke Street.		

### HONORARY MEMBERS.

LADY GZOWSKI

MRS. BLAKE

MRS. WAKEFIELD

### COMMITTEE

MISS C. AIKINS	..	..	29 Wellesley Street.
MRS. BARNETT	..	..	..
" BULL	..	..	Bloor Street West.
MISS BOULTON	..	..	.. 355 King St. East.
" BROUGH	..	..	.. 23 Madison Avenue.
MRS. JOHN I. DAVIDSON	..	..	.. 53 St. George Street.
" GUNTHER	..	..	"Bellevue," Poplar Road.
" G. H. GOODERHAM	..	..	Jarvis Street.
" HOSKIN	..	..	" The Dale," Rosedale.
" JARVIS	..	..	.. 358 Jarvis Street.
MISS JENNINGS	..	..	.. St. Vincent Street.
MRS. J. L. MORRISON	..	..	.. 75 Winchester Street.
MISS MORRIS	..	..	.. 471 Jarvis Street.
" McCALLUM	..	..	.. Bathurst Street.
MRS. NORMAN	..	..	.. 66 Bloor Street East.
MISS O'BRIEN	..	..	.. 383 Sherbourne Street.
MRS. SHORTISS	..	..	.. 115 St. George Street.
" H. STRATHY	..	..	.. Queen's Park.
" VANDERSMISSEN	..	..	.. 15 Surrey Place.

## Medical Staff.

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DR. B. SPENCER	..	..	..	8 Bloor Street East.
DR. H. T. MACHELL	..	..		95 Bellevue Avenue.
DR. CRAWFORD SCADDING	..	..		311 Sherbourne Street.
DR. P. STRATHY	..	..		98 Beverley Street.
DR. ALLEN BAINES	..	..		194 Simcoe Street.

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### LEGAL ADVISER

T. D. DELAMERE, Q.C.

(Messrs. Delamere, Reesor & English, 17 Toronto Street.)

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### MATRON

MRS. BIGHAM, "Hillcrest," Bracondale.

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### NURSE

MISS DRUMMOND.



# Hillcrest Convalescent Home.

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Eleventh Annual Meeting, 1898.

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THE Annual Meeting of the Corporation of this Institution was held at Hillcrest Convalescent Home on Friday, the 28th of October; Mr. O. Howland presiding, in the place of His Honour the Lieutenant-Governor, who was unable to be present.

After the meeting had been opened with prayer, letters of regret were read from the Lieutenant-Governor, the Mayor, and others. The Secretary then read the following report:

“In presenting this, the Eleventh Annual Report of the Hillcrest Convalescent Home, there is not much to bring before the notice of the meeting different from the ordinary statement of past years.

From the possibilities of the Home to accommodate a large number of convalescent patients, and those seeking rest and change, where pure air, considerate attention, wholesome surroundings and all the adjuncts necessary to recovery are to be had, it is strange that more of the

invalid class do not avail themselves of its manifest advantages.

The number of those who have secured for themselves the comforts and helps which the Home confers on those striving after the recovery of lost health, has been less this year than last by eight patients, the number for 1898 being 166, for 1897 being 174.

We are glad to report that during the past year we have had no deaths in the Home; and we are pleased to notice that a number of those who have resorted to the Home for recovery to health, have paid either in whole, or in part, for their maintenance during residence.

The public ought to have impressed upon it, the fact, that the Home is not merely for convalescents, but a place of rest and repose for those whose powers have been overtaxed, or given way in the severe struggle of life, and need a place where to rest and recuperate. Men, women, and children over eight years of age, are made welcome to all the advantages arising from the quiet and benefits of the Home.

We rejoice that the grounds attached to the Home have lately been enlarged by the purchase of the property to the south, intervening between the south boundary of the present site and Davenport Road. This, when laid out and beautified, as we hope soon to see it, will form a delightful resort for the residents of our Establishment. The size of the lot is somewhat less than an acre, and the price paid for it was \$1.250.

We regret to have to announce that no bequests have been made to the Home during the past year.

The Medical Staff, who so gladly give their gratuitous services, deserve the grateful thanks of all friends of the Home, and we sincerely thank them, and all who sympathize with the Management, in making our Home what we desire and aim it should always be, namely, a place of restful repose for the tired and weary in the journey of life.

We acknowledge with gratitude that the spiritual welfare of the occupants is being attended to by thoughtful and loving friends; we also thank all those who have aided us with clothing, papers, fruit, etc., through the year now past.

We will close this, our annual report, by drawing attention to the private apartments which we have for patients, with all the necessary and needful attendance that may be required. These rooms seem to have given perfect satisfaction to those who have heretofore occupied them, since many who have once enjoyed the benefits of a season's residence in them have returned to procure again the health and comfort which may there be found.

NUMBER OF PATIENTS UP TO OCTOBER 1st, 1898.

Women .....	121
Men .....	45
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Total .....	166

NATIONALITY.

English .....	58
Irish .....	32
Scotch.....	11
Canadian .....	60
United States .....	1
Other Countries ..	4
	<hr/>
	166

## RELIGION.

Episcopalians .....	84
Presbyterians .....	25
Methodists .....	33
Baptists .....	6
R. Catholics .....	12
Other Denominations .....	6
	166

Collective stay of Patients=3,391 days.

Average stay of Patients=21 days, 19 hours.

The Treasurer's Report, which appears elsewhere, was then presented by Mr. W. Gillespie. The adoption of these reports was moved by Colonel Davidson, seconded by the Rev. Mr. de Pencier.

The Board of Management for the ensuing year was moved by Mr. Gillespie, seconded by Mr. G. McMurrich. The meeting was then closed with prayer.



## Medical Report.

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MR. CHAIRMAN, LADIES AND GENTLEMEN,—

The Medical Staff of the Hillcrest Convalescent Home beg to present this report for the past year.

During the year, 166 patients were admitted to the Home; 23 of these being private patients, and 143 occupying the public wards.

During the year ending 1st October, 1897, there were 174 patients admitted; of these, 22 were private and 152 were ward patients. While the private patients practically number the same, there is a falling off in those occupying the public wards. Of course this decrease is very little, but it is a decrease instead of an increase. When we look back only four years ago and find there were 306 patients admitted, while this year there were only 166, the decrease becomes very apparant. Where is the explanation? The prevalence of influenza swelled the numbers in 1893, the unconcern of the medical profession, the hospitals and the general public account, in a measure at least, for the decrease in 1898.

The following are some of the conditions for which a large number were admitted: Debility, Rheumatism, Post-operative conditions, Nervous Debility, Influenza, Typhoid Fever, Pulmonary Tuberculosis, Ulcers, Puenmonia, Bronchitis, Anaemia, Heart Disease, Hemorrhages, Accidents, etc. No deaths occurred during the year.

We are surprised that Hillcrest is not more freely made use of by the medical profession, and the laity, for the benefit of their patients and friends, who, though not ill enough to require regular attendance, would, in the vast majority of cases, be very much benefited by an open-air life of a few weeks on the verandahs and grounds, or in the adjacent fields and woods. Fresh air, fresh milk, fresh eggs and fresh butter, work wonders in a surprisingly short time. If a larger number took advantage of the Home, fewer would have to leave the city and seek fresh air and rest at some of the summer resorts.

### Subscriptions.

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Mrs. Edward Blake .. .. .	\$20 00
Mr. J. J. Kenney .. .. .	8 00
Mr. H. J. Mathews .. .. .	3 00
Mrs. J. L. Brodie .. .. .	2 00
Mrs. G. H. Gooderham .. .. .	1 20
Mrs. Vandersmissen.. .. .	1 00
	<hr/>
	\$35 20

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### Rooms for Private Patients.

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In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bedrooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs for their exclusive use. All bedding, linen, china, etc., will be kept separate, and there will be good attendance.

The charges for these rooms will be from \$5.00 to \$9.00 per week, according to accommodation.

## Treasurer's Statement.

FOR THE YEAR ENDING 30TH SEPTEMBER, 1898.

*Receipts.*

Balance on hand 1st October, 1897.....	\$3,554 06
Received from Government of Ontario.....	441 82
"    "    the City of Toronto.....	718 90
"    "    the County of York.....	8 75
"    "    the Inmates themselves.....	921 15
Income from property belonging to Home.....	157 35
Subscriptions, Donations and Bequests..	35 20
Received from all other sources .....	22 00
	<hr/>
	<u>\$5,859 23</u>

*Expenditure.*

Butcher's Meat.....	\$284 60
Butter .....	108 00
Beer, Wine and Spirits.....	5 75
Flour, Bread and Meal .....	149 80
Milk .....	159 96
Water supply (Windmill) .....	21 45
Potatoes, Vegetables and Fruit .....	51 95
Groceries and Provisions, not above enumerated.....	226 14
Advertising, Printing, Stationery, Postage, etc.....	45 35
Soap, Brushes, Mops and Cleaning Appliances.....	18 38
Fuel.....	252 40
Furnishings .....	57 45
Grounds.....	14 88
Oil and Light.....	28 47
Medicines.....	15 19
Repairs, ordinary.....	90 84
Live Stock, and feed for same .....	2 20
Salaries and Wages .....	973 30
Insurance for three years .....	88 25
All other expenditures not above enumerated..	109 28
Purchase of Land adjoining Home.....	1,250 00
Cash on hand.....	1,905 59
	<hr/>
	<u>\$5,859 23</u>

## HILLCREST ENDOWMENT FUND.

Balance, 30th September, 1897 .....	\$3,157 83
Interest on Deposits, credited .....	56 98
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	<u>\$3,214 81</u>
	<hr/> <hr/>
Balance on Deposit .....	<u>\$3,214 81</u>

Having examined the Cash Book of the Hillcrest Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE,  
*Auditor.*

TORONTO, 5th October, 1898.

## ACT OF INCORPORATION, 55 VICT., 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said Home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of \$11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who

may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies*, shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them, or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home, shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home, provided the annual value thereof do not exceed the sum of \$15,000 in all; and may also acquire any other real estate or interest therein, by gift, devise or bequest, if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years, and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times, when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.



BY-LAWS.  

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I. This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II. It is to be managed by a committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III. The said Committee shall elect by ballot out of its number a president, two vice-presidents, a treasurer and a secretary, in accordance with clause 4 of the Act.

IV. The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a.m., at such place as it shall appoint. Three members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V. The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI. The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII. All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII. The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the annual report of the Committee of Managers.

IX. Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the Home; (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X. Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, \$2.40.

XI. Infectious or contagious cases cannot be admitted to the Home.

XII. Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII. A small quantity of alcoholic liquor for use in extreme cases, or by medical order, may be kept in the Home; but must be in charge of the Matron, under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV. Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV. The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI. The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII. The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII. Each member of the Board must notify the Secretary before leaving town for a length of time. Also that any member of the Board being absent for three consecutive months without

having given formal notice of absence to the Secretary, will cease to be a member of the Board.

XIX. The managers may appoint, from time to time, sub-committees from among themselves to attend to any special duties. As a rule such sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall, as a rule, report to the Board in writing.

XX. Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI. The President and Secretary, or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same, and may adopt any form of seal which to them may seem proper as such corporate seal.

## RULES FOR INMATES.

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1. The inmates shall attend Morning and Evening Prayers, conducted by the Matron.
2. All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission of the Matron.
3. Patients able, in the opinion of the physician, shall assist in any work that the Matron may require.
4. No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.
5. Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.
6. The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.
7. No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron, each patient may have six pieces washed at the Home every week free of charge.
8. On entering the Home, patients are requested to hand to the Matron for safe keeping any money or valuables brought with them.
9. Patients are not allowed to carry lighted lamps through the house.

10. Such patients as are well enough are expected to attend Divine service on Sundays.

11. Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12. Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13. Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14. At 9 o'clock lights must be out, and perfect quiet must be observed in the wards.

15. Whenever patients misbehave or violate any of the rules of the Home, the Matron may at once discharge them.

16. No chewing of tobacco allowed in the building or on the verandah; nor smoking, except in the place allotted to that purpose in the basement.

17. The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.