

**WHY WOMEN WRITE**

To Lydia E. Fine

Women who are the letters which the Medicine Co. are congratulating? "Why do women write?"

In answer we say published a fictitious letter, knowingly, an untruthful letter full and written by her who wrote it.

The reason that it from all parts of the grateful letters to Medicine Co. is ham's Vegetable Co. health and happiness once burdened with it.

It has relieved the worst forms of irregularities, nervous stomach troubles.

It is impossible for it well and who has never suffered to realize how these poor, suffering women feel when restored to health; their keen desire to help other women who are suffering as they did.

# Watford Guide-Advocate

Volume XLII—No 11

WATFORD, ONT., FRIDAY, MARCH 17, 1916

IN UNITED STATES, \$1.00 IN ADVANCE  
 Elsewhere, \$1.00 IN ADVANCE  
 Single Copies 5 Cents.

## LOCAL HAPPENINGS

THE GUIDE-ADVOCATE welcomes all items of interest for this column. Call Phone 11, send by mail or drop item in GUIDE-ADVOCATE Letterbox.

THE lengthening days are welcome. DON'T put the snow shovel in moth balls for a while yet.

ARE you going to buy liberty at the price of somebody else's boy?

NEW COATS see ad—ladies and misses very new styles.—SWIFTS.

ROBINS are reported in several places but most people are still wearing overcoats and rubbers.

THE high prices for gasoline are declared to be checking the use of automobiles in the States.

AN Ohio husband calls his wife "Birdie" because she is always associated in his mind with a bill.

WITH ice 34 inches thick at the north end of Lake Superior the chances for an early spring are not very bright.

THOSE twenty German Dreadnoughts that left Kiel Harbor remind us strongly of the ten little nigger boys.

SWIFT'S MILITARY TAILORS make to order, officers uniforms, British warms, great coats, breeches, full equipments.

SOME two hundred bars singled out by the License Board to close will remain open as a result of decision to have a referendum.

FIVE of the Westlake brothers who live near Wroxeter (Huron Co.) enlisted one day last week, and left home singing "We'll Never Let the Old Flag Fall."

A PROMINENT farmer near St. Catharines paid \$25 to the Railway Co. to have a crossing named after him. The money was turned over to the Red Cross.

THE INDUSTRIAL MORTGAGE & SAVINGS COMPANY of Sarnia, Ont., has \$100,000 on hand for investment in first class mortgages on farm lands, at current rates. m3-4t

THE Auditors' report of the finances of the Village of Watford is now ready for distribution. Ratepayers wishing a copy can obtain one by applying to the town clerk or at this office.

THE past month we shipped clothing to Moosejaw, Calgary, London, Peterborough, Alvinston, Wyoming.—SWIFT'S TAILORS.

DARK days are coming for the married men. The Easter millinery openings are drawing near and the wife's spring headgear must be packed for. Luckily there is no war tax on the "spring creations" this year.

AMONG the names of those who passed the recent examinations at London for Lieutenant we notice those of J. D. Dunning, R. W. Rigby, R. S. Schoder, B. E. Scott and P. H. Turnbull, all of the 27th Regt.

SEVERAL young men from here witnessed the Sarnia-Belleville hockey game on Friday night. The score was Belleville 4, Sarnia 14, thus giving the O. H. A. championship to the county town by one goal.

BISHOP FARTHING of Montreal, says that "God Save the King" is a hymn and a prayer, and not a sign for putting on coats. Some people, however, prefer to do their praying on the way home from an entertainment.

THE Grand Duke Nicholas is a heart-felt Christian and attributes the capture of Erzerum to the Deity. We agree, of course, but we also think that keeping his powder dry had something to do with it.

IF some of our young men would take the same interest in soldiering that they do in hockey, and could find the way to the recruiting station as easily as they do to the rink or pool room, the duration of the war would be shortened considerably.

GRAND LAKES marine interests see an end of the practice of carrying passengers on lake freighters in a recent order of the U. S. Department of Commerce requiring boats carrying passengers to be especially constructed. The order was given according to the provisions of the seamen's act.

SOMEONE (evidently a young man) signing himself "Anxious", dropped in to our letter box a request to publish directions for "tying a bow-tie." We are sorry that we cannot give explicit information about this matter but we can direct the young man to the armory where he can learn how to array his lower limbs in puttees.

SMART hats for wee men 60, 75, \$1.00.—SWIFTS.

FIFTY members of C. Company Lambtons 149 attended Trinity Church in a body on Sunday evening last. They were under command of Lieut. Lucas and headed by their drum and bugle band made a good showing in the parade to and from the church. The pastor, Rev. Capt. Irwin of the 27th Regiment preached an excellent sermon from the text Joshua 1:9.

A BOSTON man found at a coal emporium in that city a chap who managed to induce a degree of facetiousness into the transaction. "How much is chestnut coal?" timidly inquired the prospective customer. "That depends," said the salesman, "A la carte, it's eight dollars; cul-de-sac, it will cost you 60 cents extra."



LIEUT. R. P. BROWN

was awarded the Humane Society Medal for saving a young boy from drowning. Qualified Lieut. of 27th Regt. Has also taken Captain's training course at London. One of the first officers to receive an appointment to Lambtons 149.

NEXT TUESDAY is the first day of spring.

By the way, the Germans call the North Sea the German Ocean.

PATRIOTIC raffles are now a very popular means of raising money for the war.

THE new hats for men \$1.50, \$2.00, \$2.50.—SWIFTS.

OWING to the illness of the Rev. Canon Davis, of Sarnia, the Rev. W. M. Shore will be the special preacher at the Lenten midweek service in Trinity Church this (Thursday) evening.

IT is stated that a turtle has taken two years and seven months to travel eighteen miles. Yet there are some people who would throw them into convulsions of horror.

THE snow storm last Thursday night was the worst of the winter in this section. The mail couriers found great difficulty in getting through the drifts on Friday morning.

"I DRESS expensively. Do you think you could do as well for me in that respect as father does?" "Perhaps so," said the young man. "Still, I shouldn't like to go around looking as shabby as he does."

TO-DAY (Friday) is St. Patrick's Day. G. G. Brambill will not leave Petroles for Ottawa to take up his new duties as fiber expert until Nov. 1st.

THE hair sleighing on Saturday brought a large number of people to town, and business was good all afternoon.

TO-NIGHT (Thursday) will be soldier's night at Fowler's Kink. Soldiers and their ladies will be admitted free.

A LOT of interesting items from Plympton and Wainstead and a report of a presentation to Roy Clark came to hand too late for this issue.

ANYONE having a sewing machine which they will lend to Lambtons 149 Chapter of I. O. D. E., kindly notify Mrs. T. A. Adams, regent.

Miss Glenn, of Canada's Hair Fashion Store, Toronto, will be at Rogers' Hotel next Wednesday with a full line of hair goods. See adv. on last page of this issue.

AN ORDER was issued forbidding all troops in training at London from leaving camp Monday and Tuesday of this week to guard against a repetition of Saturday's rioting on the streets.

THE ladies of Watford are invited to attend a Red Cross organization meeting at Mr. E. D. Swift's residence on Monday at 3 p.m. Mrs. Shore and other ladies will address the meeting.

THE PRINCESS PLAYERS gave three nights of drama and vaudeville in the Lyceum this week to fair-sized audiences. The acting was good. This company purposes returning in May.

GERALD I. TAYLOR, who has recently attended the military school of instruction at London, was successful in qualifying for Lieutenant, and has been attached to D. Co. of the 142nd Battalion, "London's Own."

MRS. CLIFF, wife of Charles Cliff of Arkona, died suddenly on Saturday last. The funeral service will be preached at St. Stephen's Church, Arkona, next Sunday at 3 p.m. by the Rev. W. Asher-Everest.

DR. R. GRISON, of Moose Jaw, Sask., formerly of Watford, has been appointed Medical Officer for the 128th Battalion with the rank of Major. The doctor attended the Anglican Synod at Regina this month as delegate of one of the Moose Jaw Churches.

LAMBTONS 149 Chapter, I. O. D. E. are serving a ten cent tea 4 to 6 on Saturday afternoon, March 18th, also hot coffee and sandwiches from 8 to 10, in the parlour at the corner of Hickley Street. Everybody welcome. Special attention paid to men in khaki.

THE Reading Club will meet in the public library on Friday, March 17th, at 8 p.m. The evening will be devoted to a study of the country of Russia. An outline of the history of the Russian Empire and an account of the different classes and nationalities as found among the Russian people will be given by Miss McCaw and Miss Mitchell.

THE Manitoba Free Press of March 3rd has an excellent half-tone cut of Frank Roche, son of Rich. Roche of Winnipeg, the noted horseman. Frank has recently joined the ranks of the 108th Batt. and is the sixth of the Roche boys now serving the colors. He is well known throughout the west as one of the best ball pitchers in the country.

ACCORDING to present arrangements the 70th Battalion, over 1,000 strong, will be sailing for France on Saturday, March 25th. The Battalion expects to leave London on March 23rd and proceed to Strathroy, Watford, Wainstead, and Trenton, spending Friday night at the latter place and marching to Sarnia on Saturday and spending Sunday there.

ELSEWHERE in this issue will be found an advertisement inserted by Mr. G. B. Brian, people who represent the Department of Agriculture on the treatment of seed smut. The estimated loss to the farmers of Ontario last year through smut was \$5,000,000, and if this amount can be saved through the proper treatment of seed it is up to the farmers to follow the advice given.

THE Brantford Expositor of March 11th says:—"Rev. M. Kelly, pastor of the Congregational church, who has tendered his resignation, to take effect at the end of March, has been requested by his congregation to remain in charge for a while longer. He has, however, stated that after mature deliberation it is his intention to leave at the end of the month. He goes with the kindest of feelings towards the congregation for the many courtesies shown him and their kind request to remain longer with them."

THERE is a great cry about not inducing the farm boys to enlist as they are needed to produce. That is all right but when the said farm boys slip into the town or city and pick up some good job which some town boy gave up in order to enlist, it looks bad. England did not keep her farm boys at home. England is going to use thousands of women to till the land. Canada has not yet grasped the idea that even if the land is not tilled or the factory kept going the men must go to war.

WITH a view to encouraging the manufacture of toys in Canada both for the home market and for export Sir George Foster has arranged for a Toy Conference which will take place in the Royal Bank Building at the corner of King and Yonge Streets, Toronto, on the 28th of March beginning at 10 o'clock in the morning. A large number of samples of



PR. CAPT. H. A. TRAINOR

formerly Manager Bell Telephone Co., Sarnia, enlisted as a private in 29th Batt. Promoted to Sergeant. Received appointment as Provisional Lieut. in Lambtons 149 and has since been promoted to Provisional Captain. At present in charge of recruiting campaign at Sarnia.

German toys such as were formerly imported into Canada will be on exhibition to show Canadian manufacturers what the Germans supplied and there will be a collection of American toys to show what our neighbors in the United States have been doing to replace German toys.

CITIZENS of Lambton County with artistic tendencies have an opportunity to be of service to Lambtons 149, and at the same time win ten dollars in gold. The Battalion needs a crest to be used as a regimental badge. The one who submits the best design will be highly honored, for these badges, worn on the collar band and caps, will be carried by our boys into the firing line.

To stimulate interest E. P. Battle of Sarnia, offers a prize of ten dollars for the best idea. It is thought that the people of the County will gladly take advantage of this opportunity and that many beautiful designs emblematic of the County will be submitted. The contest closes March 31st. All designs or requests for further information should be sent to Capt. H. A. Trainor, Sarnia, Ont.

## PERSONAL

Lieut. Connolly was home over Sunday.

H. G. Taylor left on Saturday for Alsack, Sask., after spending the winter at his home here.

Mrs. G. R. Ashmore, and daughter Lillian, who has been spending the winter at her home here, returned to Waskada, Man., on Saturday.

Miss Leila Willoughby returned on Tuesday from a month's visit with relatives and friends in Guelph, Brantford and Hamilton.

S. W. Louks is in Niagara Falls this week attending the annual meeting of the Grand Camp of the Woodmen of the World.

Mrs. Louise Kadey, who has been spending two weeks with relatives and friends in Watford and vicinity returned to her home in Detroit on Saturday. It is 36 years since Mrs. Kadey last visited Watford.

## MILITARY NOTES

The prospects are that Lambton will be called upon for another battalion.

Captain R. H. Stapleford, besides acting as adjutant of Lambtons 149 is supervising the organization of the Machine Gun Section.

Sergt. R. D. Swift has been promoted to the rank of Lieutenant and will be stationed in Watford for a short time. This promotion is very popular among both officers and men.

Farm Labor is being secured in U.S. immigrant offices are now open, and labor can be secured. This will make it possible for more farmers' sons to join. The farm population has been slow to respond to the call.

The organization of Lambtons 149 is all done by Lt.-Col. Bradley from headquarters at Watford. Colonel Bradley speaks very highly of Watford and has no regrets making headquarters at Watford, being a Sarnia man he was considerably obligated to West Lambton.

Colonel Bradley is going over the different recruiting points, and states that Watford and vicinity will be expected to give 35 more men. From 50 to 100 men are expected here this week from Sarnia, besides this Watford will have the Machine Gun Section stationed here, this will make in the neighborhood of 200 men in Watford.

Strathroy Age.—The town council is hard up. They admit it. They are so hard up, there is a strong suspicion that they purpose liquidate all municipal bills in cash, rather than by the issue of cheques, upon which they would have to expend two cents for the now customary war stamp. Some exhibition of patriotism!

## Lambtons 149 I. O. D. E.

A new I.O.D.E. Chapter was organized by Mrs. Lieut.-Col. Campbell with 28 members on the roll, on February 24th, at the home of Mrs. J. W. McLaren. The following officers were elected:—  
 Hon. Regent—Mrs. Kelly.  
 Regent—Mrs. T. A. Adams.  
 1st Vice-Regent—Mrs. F. K. Mathews.  
 2nd Vice-Regent—Mrs. J. W. McLaren.  
 Secretary—Miss E. McLeay.  
 Treasurer—Miss M. Brown.  
 Standard Bearer—Miss V. Swift.  
 Echo-Secretary—Mrs. W. G. Connolly.  
 This executive with Miss C. Morgan and Mrs. G. Harper formed the charter members of the society.

The first regular meeting was held at the home of Miss E. McLeay on March 13th, at 7:30 p.m. The name chosen for the new society was "Lambtons 149," and the motto "For God, King and Country." The members were divided into groups, who will take turns in giving teas and other entertainments during the next three months. Hospital shirts, towels and personal property bags were distributed to members to be returned at next meeting completed. Meetings for work will be held every Thursday, afternoon in the Council Chamber at 8 p.m. The meeting adjourned with God Save the King.

## WARWICK

Mrs. Morris Cornell, Ashland, Wisconsin and Mrs. Frank Catt, Theford, spent last week at the home of their sister, Mrs. Richard Higgins.

A box social under the auspices of the Patriotic Club will be held in Kingscourt school house on Tuesday evening, March 21st. Everybody come.

Kingscourt Sewing Circle will hold a box social on Tuesday, March 21st at Kingscourt school house. Proceeds for Red Cross purposes. Good program.

A meeting of the Women's Patriotic League will be held at the home of Mrs. A. N. Cox on Wednesday afternoon, March 22nd. At this meeting the work will be partly for the Serbian Relief. Contributions of clothing and other necessaries are asked for.

A splendid attendance of workers was the opinion of everybody at the meeting of the Red Cross Workers' Union at D. Kelly's on March 1st. The work sent to the Red Cross consisted of 6 towels, 4 hospital shirts, 43 pillow cases. The meeting on Wednesday, March 22nd is to be at Miss Olive Davidson's and a good attendance is requested.

Our old friend, Mr. H. B. Collier, musical and manual training instructor of the Boys' Industrial School of Vancouver, B. C., has enlisted in the 21st Western Irish, C.E.F. and is in camp with his Battalion at New Westminster. Bram is the son of our old townspeople, T. H. and Mrs. Collier of Vancouver. The Guide-Advocate and friends in this vicinity wish him success and a safe return when the war is over.

In one of the worst storms of this winter, twenty ladies showed their patriotism by gathering at the home of Mrs. Cook to attend meeting of the Women's Patriotic League. They forgot the blizzard, however, when they saw the beautiful plants and flowers which decorated the home, and received the genial welcome of the hostess. Three sewing machines were operated, while quilting, hand sewing and knitting occupied busy fingers. Donations in cash, \$15.01. The sale packed contained 2 quilts, 29 grey flannel shirts, 8 pillow slips, 6 towels, 5 pairs socks.

The Red Cross Workers' Union is thankful to the friends who gave in their envelopes for February. There are others we should be grateful to hear from. In a letter received from the Corresponding Secretary of the Red Cross Society, London, the workers are advised to make more grey flannel shirts, as they do not want any flannel shirts at the front. All are to be of woolen material even for the summer months. Your work is splendid we are looking for more of it, and Mrs. McPhedran, Toronto, sends word, "Your socks received. They are splendid. But can you help us financially?"

**BORN.**  
 In Warwick, on Tuesday March 14th, 1916, to Mr. and Mrs. Harry Moon, a daughter.  
 In Watford, on Tuesday, March 7th, 1916, to Dr. and Mrs. C. W. Sowers, a daughter.  
 In Plympton, on Monday, Feb. 28th, 1916, to Mr. and Mrs. Wm. G. Anderson, a son.  
 In Bosanquet, on Thursday, March 2nd, 1916, to Mr. and Mrs. Elroy Lester, a daughter—Margaret Elna.

**MARRIED.**  
 At the Manse, Alvinston, on Wednesday, March 1st, by the Rev. R. G. McKay, Charles Edward Swartz to Miss Jennie McCallum.  
 At Bashaw, Alberta, on Monday, Feb. 21st, 1916, by Rev. R. Clegg, Mr. Thomas Page, formerly of Wyoming, to Lottie, daughter of Mr. and Mrs. J. Wing, formerly of Plympton, all now of Doreline, Alberta.

**DIED.**  
 At Lethbridge, Alberta, on Monday, Feb. 21st, 1916, Stewart, beloved son of Mr. and Mrs. Tom Williams (nee Lulu Mathers) aged 6 months and 8 days.

**UMATISM**  
 A MYSTERY  
 Rooted Out of the System it Grows Worse and Worse

diseases give immunity from attack, but rheumatism works just the opposite. Every attack of rheumatism makes another. Worse than that, the body's power so that each attack is more than the one before. If any needs curing early it is rheumatism. There are few diseases physicians are difficult to treat successfully. Rather does not cause, rheumatism comes, though, though weather conditions may start the aches and pains. Rheumatism is now known to be dependent on the blood condition and medical ties agree that the blood becomes the alarming rapidly as rheumatism develops. Maintaining the quality of the blood is, therefore, a reasonable preventing and curing rheumatism. That it works out in fact is shown by the beneficial results which follow a course of Dr. Williams' Pink Pills. Pills actually make new, rich blood drives out the rheumatic poison, the blood is kept in this condition. Mr. W. T. Fell, Palermo, Ont., "I was attacked with a trouble was ultimately pronounced rheumatism. Often I was barely able to get to bed, and seldom able to do any work. In this condition I had for a year, absolutely getting no relief. Then I consulted another doctor. He prescribed dieting, rest, but instead of getting relief I weaker and less able to get to bed, and was under his treatment for four months with no better result. I gave up the doctors and tried medicines which were equally futile. One day our store keeper sent me a box of Dr. Williams' Pink Pills, saying, 'I got these pills through any dealer or by mail, post paid, at a box or six boxes for \$2.50 from Williams Medicine Co., Brockton, Mass.' I took them and then got more. I found they were helping. Probably used \$10.00 worth before they cured, but they did cure me. I'm cheap as compared with the doctors which did not help me. I was made several years ago, and I'm well and strong. I give it over to all Dr. Williams' Pink Pills."

W. Ferguson Co. of Petroles, an assignment.

## Here's Your Chance

Winnipeg says:  
 Before men are urgently required, see you a MAN? so—prove it by listing to-day in

## Lambtons 149

## W SPRING FASHION PAPERS

We are getting ready for Spring with the largest selection of patterns yet. See our samples.

any one and two room houses at a bargain.

## J. W. McLAREN

Stationery  
 The Rexall Store &



## WHY WOMEN WRITE LETTERS

To Lydia E. Pinkham Medicine Co.

Women who are well often ask "Are the letters which the Lydia E. Pinkham Medicine Co. are continually publishing, genuine?" "Are they truthful?" "Why do women write such letters?"

In answer we say that never have we published a fictitious letter or name. Never, knowingly, have we published an untruthful letter, or one without the full and written consent of the woman who wrote it.

The reason that thousands of women from all parts of the country write such grateful letters to the Lydia E. Pinkham Medicine Co. is that Lydia E. Pinkham's Vegetable Compound has brought health and happiness into their lives, once burdened with pain and suffering.

It has relieved women from some of the worst forms of female ills, from displacements, inflammation, ulceration, irregularities, nervousness, weakness, stomach troubles and from the blues.

It is impossible for any woman who is well and who has never suffered to realize how these poor, suffering women feel when restored to health; their keen desire to help other women who are suffering as they did.



**Guide-Advocate**  
Watford, Ont.

PUBLISHED EVERY FRIDAY.  
Subscription price per annum in advance \$1.50 in advance to the United States.

**ADVERTISING RATES**  
Singles 25c, Half Year 1.25, 1 Month 10c.  
One column 35c, 22 12, 12 7.  
One fourth column 22 12 7.  
Special rates 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.  
LOCAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. A rate measure 14 lines to the inch.  
BUSINESS CARDS—One inch and under, per year \$5.00.  
Auctioneers' cards—\$5.00 a year.  
LOCALS—10c per line each insertion. Minimum charge 25c per line.  
Advertisements without specific directions will be inserted until forbid and charged accordingly.  
**HARRIS & CO.**  
PROPRIETORS

**Guide-Advocate**  
HARRIS & CO. PROPRIETORS.

WATFORD, MARCH 17, 1916

### NOTE AND COMMENT

Turkey and Bulgaria are said to be seeking peace. Germany is no longer in a position to help them.

The monthly payments of assigned pay and separation allowances to relatives or dependents of the men at the front now aggregate more than \$2,000,000.

The British debt March 1 will be close to \$11,000,000,000. Terrible! Almost \$240 per capita! At this rate it will soon reach the gross debt of New York City, which was nearly \$300 per capita June 30, if reckoned from the last general census in the same manner.

The great American game of Note writing is now switched on to Great Britain. We, it appears, are in the habit of seizing mails in our own waters. The German, on the other hand, prefer the killing of females in foreign waters.

### HOW THIS MOTHER Got Strength To Do Her Work

Fair Haven, Vt.—"I was so nervous and run down that I could not do my housework for my little family of three. I had doctored for nearly two years without help. One day I read about Vinol, and thanks to it, my health has been restored so I am doing all my housework once more. I am telling all my friends what Vinol has done for me."—Mrs. JAMES H. EDDY.  
Vinol is a delicious cod liver and iron tonic which creates a healthy appetite, aids digestion and makes pure blood.  
Taylor & Son, Druggists, Watford.

and small left in the banks of Canada, and apparently likely to remain there, without known owners.

The Salvation Army is said to be contemplating a scheme under which widows and orphans of fallen soldiers shall be brought over to Canada in large numbers both now and after the war and settled here. This plan should be most carefully examined before any attempt of the kind is permitted. In the first place the pensions which the widows would enjoy would be quite insufficient to meet the prices that obtain in the Dominion. They were devised with a view to the much smaller prices of necessities that are found in Great Britain. They would therefore have to eke out their pensions with outside work and thus would be likely to congest the crowded market for unskilled labor. Further, charity undoubtedly in these cases begins at home and it is much more our duty to look after the widows and orphans of our own soldiers before we consider the possible advantage of those of Great Britain.

When the attacks of the enemy on the British mercantile marine are reckoned up they are seen to be of very slight moment as a factor in the war, and it is evident that the war risk has not unduly increased the general danger of marine traffic. The British wrecks for February are announced as 69, of which 42 were steamers and 27 sailing vessels. Of these 69 exactly one-third, or 23 were lost to the enemy. Ten steamers were sunk by enemy war ships, five by mines, one by a mine or submarine, and one by a zeppelin bomb. Six sailing vessels were sunk by enemy war ships, which may mean submarines. The lives lost numbered 420. Of these 233 were lost from steamers sunk by enemy operations. The lives lost from sailing vessels are not detailed. That the risk of war should be only one-half as much greater than in peace is a remarkable tribute to the British navy, which "looks after the life of poor Jack." The Germans have alleged that they have not been doing their worst at sea recently. It will be seen at the end of March, which is usually as stormy a month as February, whether they have added anything more to the terrors of the deep. Britain, we may be thankful, has yet had no such colossal tragedy as that of the Province, but none can say what terrible blows may yet be struck before the war is ended.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.  
F. J. CHENEY & CO., Toledo, Ohio.  
Sold by Druggists, 75c.  
Take Hall's Family Pills for constipation.

### Forest Protection in Canada

According to press reports, Sweden proposes to cut off the export of chemical pulp to Great Britain. Naturally, all eyes are immediately turned to Canada to supply the threatened deficiency.  
The Commission of Conservation has just issued a report on "Forest Protection in Canada, 1913-1914," which is of particular interest in this connection. It contains much information respecting the work of the provincial forest services and of the federal departments entrusted with the care of our forests.  
Forest fire protection is assuming a large place in public attention. It is obvious that, if Canada is to continue as a wood-producing country, she must conserve her resources of this natural product. The report treats exhaustively of the fire protection of forest lands along railway rights-of-way. Through co-operation action, great headway has been made in securing the reduction of forest losses through fires traceable to railway causes.  
The forests of British Columbia and on Dominion lands in the West have been dealt with in reports containing the results of special studies conducted by Dr. C. D. Howe and Mr. J. H. White. The Trent watershed in Ontario, has also received special attention, in a report of an investigation by Dr. C. D. Howe in the townships of Burleigh and Methuen. This district is important in that, while of very little value as an agricultural area, it is being repeatedly overrun by forest fires and the little remaining merchantable timber destroyed. It is suggested that the area be placed under the control of the Dominion Forestry Branch for protection from fires and for reforestation.

### Money in Mexico

You can buy a square meal in Mexico for a few hundred dollars. Here are some items from a Pullman menu mailed home recently by a Yankee traveler:

Chicken soup.....	\$100
Corned beef hash.....	120
Two boiled eggs.....	100
Cold ham.....	160
Sandwiches.....	60
Bread and butter.....	40
Coffee.....	40
Tea.....	60
Ginger.....	100
Cigars, 10 for.....	100

These prices, of course, are in Mexican currency. They show to what a stupor extent Mexican paper has depreciated. Even the standard paper dollar, which is normally worth nearly 50 cents in our money, is now worth about 5 cents. Vast quantities of banknotes printed by various revolutionary leaders are worth less than one cent in the dollar.

To safeguard the child from damage that worms cause, use Mill's Worm Powders. This medicine par excellence for children, these powders will clear the system out of worms, will regulate and stimulate the organs injuriously affected by the worms, and will encourage healthful operation of the digestive process. As a vermifuge it cannot be surpassed in effectiveness.

### The German Budget

The next German Budget will have to cover a sum of 1,100 million dollars, and is, like that of every other belligerent nation, the largest in its history. There seems to be no way of meeting it save by the imposition of new taxes to the amount of \$600,000,000. With the strict enforcement of the blockade, this cannot be done by way of customs and excise duties, and there is nothing for it but direct taxation. Taxation of necessities are out of the question. As we showed last week, the limit has been reached of high prices, and already there is evident dangerous and growing discontent throughout the Empire. Furthermore the wealthy merchants and nobles of Germany are sending vast sums for investment in the United States, and these investments have increased enormously of late. Altogether the signs point to final bankruptcy in a few months.

### What He Thought He Was Getting

The Sunday School teacher had explained very carefully how Eve was created out of one of Adam's ribs and made the wife of Adam. Little Bobby was deeply impressed with the story, and when he went home he related it to his parents. The next day, after running around a good deal, a pain developed in his side, and when his mother found him he was lying on the bed, sobbing bitterly. "Why, what's the matter with my little boy?" she asked. "Oh, dear," was the response, "I'm getting a wife."

### A Made-in-Canada Kiddie

Four-year-old Helen, who lives on the Upper Level in Westmount was greatly perturbed.  
"Mother," she said as she was being bathed, "Look and see if it is on my back, and if it is rub it off."  
"What do you think is on your back, dear?" asked the wondering mother.  
"Made in Germany," cried the child.

### He Knew of Two

At a Sunday school one afternoon the teacher started talking about the heathens who worshipped images of wood and stone.  
"You know, children," she went on solemnly, "these poor, ignorant people call their images idols. Now, Freddy, have we any idols in this country?"  
Freddy thought hard for a moment; then his little face brightened.  
"Oh, yes, miss," he replied; "my dad's idol and so's my Uncle Jim, too!"  
Mignonette will not grow in soil deficient in lime.  
Sight improves, for distant objects, with old age.  
A patent has been granted for an egg substitute made chiefly from, thoroughly cooked yams.  
Natives of Sumatra make drinking cups of rhinoceros horn, believing it a cure for poison.  
More than 600,000 tons of lead were mined in the United States last year, a record quantity.  
Denmark has followed the lead of Russia, Sweden and Norway in officially adopting 24-hour time.  
Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Cure is within reach of all.

# TAKAKE

The Harmless but Efficient remedy for Headache, Neuralgia, Anemia, Sleeplessness, Nervous Exhaustion, &c.

GEORGIAN MFG. CO., COLLINGWOOD, ONT.

## HOUSEKEEPING LABOR SAVERS

Don't grab all the labor saving machinery. Give the lady who gets your meals a chance.

- Home Washer - \$12.00
- Excell All Washer - 10.00
- Bonnie Washer - 6.50
- Wringers - \$3.00 to 4.50
- Carpet Sweepers, \$3.00 to \$4.00.
- Vacuum Cleaner and Sweeper combined - \$6.00



The N.B. Howden Est.

## What are Your Roofing Requirements for This Year?

Is it a new roof or a coating for the old one? No matter what it is we sell it.  
For a new roof we sell Ready Roofings—Wood Shingles, Asphalt Slate Shingles, Metal Shingles, Corrugated Iron, Corrugated Crimp Roofing. For old roofs we sell Roof Coating—the Coating with life, also Arco Sealit which will stop a leak instantly Once and Forever.  
See Our Asphalt Slate Shingles, best quality \$4.75 per square. This is the yard for good values.  
**G. CHAMBERS.**  
EST. 1870.

## TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.  
We Carry Full Stock of  
**INTERNATIONAL STOCK FOOD**  
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.  
**CALDWELL'S MOLASSES MEAL**  
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.  
ALL KINDS OF GRAIN TAKEN IN EXCHANGE  
Crapping and Rolling Done While You Wait  
PHONE 39

## HANDSOME, LUXURIOUS FURNITURE

- Buffets
- Extension Tables
- Brass Beds
- Iron Beds
- Sideboard
- Parlor Tables
- Walnut Beds
- Oak Beds
- China Cabinet
- Card Tables
- Pedestals
- Dresser
- Chiffonier
- Magazine Stands
- Child's Rockers
- Book Cases
- Dressing Table
- Jardiniere Stands
- Bed-Room Chair
- Secretaries
- Hall Seats
- Umbrella Stands
- Rocking Chairs
- Desks
- Morris Chairs
- Hall Mirrors
- Kitchen Cabinets
- Hall Racks
- Music Cabinets
- Living Room Chairs
- Felt Mattresses
- Dining Chairs
- Parlor Sets
- Library tables
- Couches
- Pictures
- Davenport, and anything kept in a first-class furniture store.

**MASON & RISCH PIANOS**  
Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

**HARPER BROS.**  
PHONE 31.  
FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

Guide-Advocate Ads, are Business Bringers



GIN PILLS FOR THE KIDNEYS Perhaps Your KIDNEYS

are out of order. Make the doctor's test. Examine your urine. It should be a light straw color...

Get GIN PILLS at once, and take them regularly. Rheumatism, Sciatica, Lumbago, pain in the back, groin or hips...

GIN PILLS are worth their weight in gold because they drive these poisons clean out of the system...

National Drug & Chemical Co., of Canada, Limited Toronto - Ont. 14



WINTER DAIKING It is Essential that the Cows Be Kept Comfortable.

The first essential in securing the greatest net profits from the herd in winter is that the cows be kept comfortable, for a cow must be comfortable to do her best...

Clean and sheltered yards must also be considered when planning for the comfort of the dairy cow. Cows that are compelled to stand in a muddy yard...

The cows should go into their winter quarters in good flesh. If a cow is in poor condition when winter comes upon her...

PILES

Are you a sufferer? Know that terrible itching, dragging-down pain, that robs you of pleasure, even of rest, and makes life miserable?

Just give Zam-Buk a fair trial! Mr. J. McEwen, of Dundas, suffered from piles for fifteen years.

The rich herbal essences of which Zam-Buk is composed, quickly remove congestion, relieve the dull, gnawing, burning pain, and cure.

ZAM-BUK

the milchling would pay in spite of the labor. Approximately three tons of straw an acre should be used after the wheat has become dormant for the winter.

ORGANIZATION FOR FARMERS. There is now a movement under way in the far west for a great national organization of farmers.

ADVERTISING HELPS. Fruit Consumption Greatly Increased by Stimuli Publicity.

It Makes Tracks. One day small Harold came running into the house, and holding up a horseshoe...

Keeping Company. They kept company for an awfully long time before they finally got married.

Temptation does not make a man bad. It merely shows him what he is.

CASTORIA For Infants and Children In Use For Over 30 Years

WATFORD ASTONISHED BY SIMPLE MIXTURE. Watford people are astonished at the INSTANT action of simple buckthorn bark, glycerine, etc., as mixed in Adler-ika.

OUR CLUBBING LIST THE GUIDE-ADVOCATE AND Family Herald and Weekly Star \$1 90

OUR CLUBBING LIST THE GUIDE-ADVOCATE AND Family Herald and Weekly Star \$1 90

GRAND TRUNK RAILWAY TIME TABLE. Trains leave Watford Station as follows:

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THE NEWEST REMEDY FOR Backache, Rheumatism and Dropsy.

Kidney, Bladder and Uric Acid troubles bring misery to many. When the kidneys are weak or diseased, these natural filters do not cleanse the blood sufficiently...

During digestion uric acid is absorbed into the system from meat eaten, and even from some vegetables.

Send for a trial package. During digestion uric acid is absorbed into the system from meat eaten, and even from some vegetables.

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The Harmless but Efficient Remedy for Headache Neuralgia, Anemia, Sleeplessness, Nervous Exhaustion, &c.

FOR SAVERS

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FOR SAVERS

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FOR SAVERS

FOR SAVERS

FOR SAVERS

FOR SAVERS

FOR SAVERS

WATFORD, MA. BROOD

The Tipperary Red C at Mrs. J. Lucas' on 21st, 1916.

Mrs. Mary Harrison, St. Joseph's Hospital, I go an operation for app

During the absence son, who accompanied don, Mr. J. W. Lucas v rural route No. 7.

The proceeds of th 21st given in aid of the Farmers' Club, 10th No. 13, have been ha Inwood Red Cross S amounting to \$50.00.

On Monday evening most pleasant eve- place at Mr. Jas. Sea East, when about sev assembly and an enjo Music was furnished and Higgins (Lunc twelve and again at five well pleased with th ment.

The next debate Farmer's Club will be 1 house on Tu. day even The subject is, Resolv is more benefit to m The leaders are Miss B Miss Kathleen Kingst last debate of the sea crowd is expected.

The March meetin Brooke W. I. was ha Mrs. Lachlan McLean time was spent. The excellent papers; o farm life attractive for t Stiehm, and the ot living" of Miss Bertha much appreciated. M son gave much plei an instrumental. A l corporal W. L. Cana Germany, was read. name of a fellow priso who has been adopte One box of supplies sent to the prisoner. A be sent immediately.

Presentation to l Parke

A very enjoyable eve the home of Mr. Don Tuesday evening, wh mission band of St. spend a social evening Mrs Russell Parker be for the west where sh her home. During t evening Mrs. Parker and the choir made her beautiful carving set knie, with the misio her with a miscellaneo Miss Eva Johnston re address:

It is our privilege to you and your husband home and celebrate wit coming, after your jo tour.

We have spent man- gether from our youth present, and have form ship that distance can As a member of our c band you have always standard and have re help and pleasure in va We are sorry that yo further live in our neigl take much pleasure, on ing you much joy and new home in the west, God of Happiness may and yours for the rest o As slight souvenirs of for you, we ask you these several articles, as you may use them, your mind will travel faster itself upon soc events we are glad to Please accept these pris of our good will towars health, wealth and hi future lot.


Signed on behalf of Eva Jo Hattie Pina V Mrs. Parker made a thanking them and wi band and choir every st The young ladies the lunch and the remaine was spent in games, tes close by the singing. Anthem.

Mr. and Mrs. Parker their many friends to vi future home, Kellihir.

SALE REG Wednesday, March con 4, N. E. R. War and implements. Se Thursday, March 23, S. E. R., Warwick. F. C. Reycraft proprietors

CHOP S Mrs. W. G. Fraser, c covering from an attac Flax raising will be extensively by some around Alvinston. The L. Dean Bros., of Inw the butcher shop recen Kirby north of his gro Wm. Farris, of Plym farm and implements b bought a farm implem residence in Wyoming. Fire destroyed J. Ru at Forest on Saturday finished monuments t





**CO.**

**sy Store**

...above all you want to be bright and e. There is no best done ng of Dodds' ge stock of attorns and made at the

tunity and let us urns at such low m 10 feet square order for 75c.

our bedroom can We just opened cheap in price to

hoes is complete. es, either cloth or French heel or low how you the new es.

**& SON**

Store

... six weeks old; 5 pigs 150 lbs. each

... to facilitate the handling of the front and to insure prompt it is requested that all mail be d as follows:—

... gimental Number, ...

... T. V. RIDLEY, Auctioneer

Addressing of Mail

... to facilitate the handling of the front and to insure prompt it is requested that all mail be d as follows:—

... gimental Number, ...

... T. V. RIDLEY, Auctioneer

Addressing of Mail

**ARKONA**

Miss Stella Rooks, who has been visiting friends in Clinton, returned home on Monday.

Miss S. McKenzie, of Buffalo, and Mrs. J. Stephenson, of Forest, are visiting their sister, Mrs. R. Ott.

Rev. Fair exchanged pupils last Sunday with Rev. Brown, of Ailsa Craig.

Mr. C. J. Ready is spending the week with friends in St. Marys.

Book your order for clover seed now. Some of the best varieties will be scarce later on.—Brown Bros.

Mr. Thos. Langan spent last week visiting his daughter, Mrs. Muxlow, near Stratroy.

Mr. and Mrs. Kiltir, who have been visiting friends in and around the Ark, are returning home to Sask. the latter part of the week.

Miss Irene Dickison announces her millinery openings on March 24th and 25th. You are cordially invited to attend.

Miss Moule, of London, is visiting her brother, Rev. Moule, at Baptist parsonage.

Mrs. John F. Dickison, is spending a few weeks with her son Ed. in Detroit.

See our stock of new wall papers, special values.—Brown Bros.

Mr. and Mrs. Swan of Mt. Pleasant, Mich., and Miss Marguerite Swan, of Detroit, Mich., attended the funeral of the late Mrs. Chas. Cliff, which was held on Tuesday.

Mrs. J. nes, of Petrolia, attended the funeral of the late Mrs. Cliff on Tuesday.

A very pleasant evening was spent in the Methodist church on Friday evening, March 3rd, when, after the usual choir practice, the pastor, Rev. Mr. Fair, made a few remarks and Miss Stella Wilson, in behalf of the choir and congregation, read an address of appreciation. Miss Frances Mellor presented their organist, Miss Elva Fuller with a purse of gold. Lunch was served and a social evening enjoyed by all.

Fuller Bros. wish to announce their military openings for Friday and Saturday, March 24 and 25th. A beautiful showing of the newest shapes and styles will be shown.

The funeral of the late Geo. Bitner, of Welland, was held on Wednesday afternoon, interment at the Arkona Cemetery.

Just received several pieces of new spring coatings. Call and see them.—Fuller Bros.

**WHEN BABY IS ILL**

When baby is ill no other medicine will so quickly relieve him as will Baby's Own Tablets. They go right to the root of most childhood ailments—those derangements of the stomach and bowels which cause difficult teething, colds, constipation, vomiting and simple terrors. They cleanse the bowels and sweeten the stomach and drive out all cause of illness. Concerning them Mrs. Wm. Evers, Gilks, N.B., says:—"We always keep a box of Baby's Own Tablets in the house as we have found them an excellent medicine for little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

**PAINT** direct from factory saving dealer's profit

Ready Mixed and Fire Resistant—Barn, Roof, Iron, Priming \$1.25 a gallon \$10 10 gallons for

House Paint, inside or outside, Flat or Oil Finish, Quarts 45c \$1.50

Why pay regular retail prices for paint when you can get what you want at less than wholesale?

Our Paints are guaranteed to give satisfaction.

**MINERAL PAINT COMPANY, LONDON, ONT.**

**CHEVROLET**

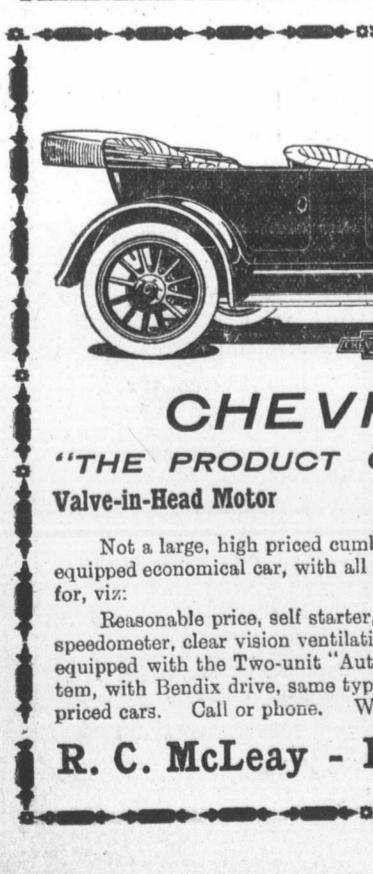
**"THE PRODUCT OF EXPERIENCE"**

Valve-in-Head Motor Powerful and Quiet Running

Not a large, high priced cumbersome burden, but a small, well equipped economical car, with all the advantages one would wish for, viz:

Reasonable price, self starter, electric lights, electric horn, good speedometer, clear vision ventilating wind shield, etc., etc. It is equipped with the Two-unit "Auto-Lite" starting and lighting system, with Bendix drive, same type and grade as used on the highest priced cars. Call or phone. We will be pleased to demonstrate.

**R. C. McLeay - Dealer - Watford**



**The Watford Women's Institute**

The regular monthly meeting of the Watford Women's Institute was held at the home of Mrs. T. Dodds on Wednesday evening, March 8th. Vice-President presiding. After singing the "Maple Leaf Forever" Roll-call was answered by quotations on St. Patrick. There was a good number present. After the usual business of the meeting and the secretary gave a report of the Red Cross Work. Another parcel was forwarded to Hyman's Hall, London, consisting of pillow slips, hospital towels, trench towels and face cloths, also a donation from Miss Logan \$2.00 for Red Cross Work. The program opened with an instrumental by Valore Dodds; solo by Harold Roche entitled "A little bit of Heaven"; Georgie Willoughby an instrumental and a comic song by Mr. Lewis. All these numbers were very much appreciated by all present. A vocal duet was rendered by Mrs. Millar and Mrs. Bennet "Come back to Erin"; another by Miss Richardson and Miss Humphries "When I dream of old Erin, I'm dreaming of you" also an instrumental duet by Mrs. Vail and Miss Jones, these were all much appreciated by all. A paper was read by Mrs. Fulcher on "Woman and war" and one by Miss Bambridge on "The Land of Michael O'Leary"; also a recitation by Miss Moody, these were very interesting. Meeting closed by singing "God Save The King" when lunch was served and a social time spent. Next meeting at the home of Mrs. Kennell.—Secretary.

**Sketch of Lt.-Col. Bradley, O. C. Lambtons 149**

Lt.-Col. Thos. P. Bradley, the popular commander of the 149th Battalion, was raised on a farm near Georgetown and attended the high school in that town. His father died when he was quite young and left him to look after the farm. After going through college he went to Sarnia to assist Dr. Fraser, who was in poor health. Dr. Bradley remained with Dr. Fraser until his death, two or three years later. Dr. Bradley continued the practice on his own account, and soon established a flourishing and lucrative business. When the call to duty came, door and signed up with the Army Medical Corps. While he was serving in this capacity Dr. Kelly, O. C. Lambtons 149, died very suddenly and Dr. Bradley was selected as the new leader of the 149th Battalion. He is popular with his men and there is no doubt whatever as to his efficiency. He is a hard worker, zealous and a strict disciplinarian. He is well thought of by his men and popular with all ranks.

**SCHOOL REPORTS.**

Report of S. S. No. 4, Warwick, for February. Class IV Sr.—Archie Luckham Class III Sr.—Freddie Kenzie, Class III Jr.—Harvey Richardson, Mabel Cable, Mildred Brent. Class II.—Stella Goodhand, Frieda Luckham, LeVerne Kenzie, Kenneth Herington, Sherwood Stephenson. First Class—Everett Herington. Primary—Roy Cable, Jack Herbert Holliday, Ralph Stephenson, Herk Herington. \*Pupils marked thus were absent for one or more exams. M. E. BUR-LICK, Teacher.

Report of S. S. No. 1 and 13, Brockle

**BOARD OF EDUCATION.**

Minutes of a special meeting, called for general business, of the Board of Education held on Friday, March 10, 1916, in the Library Board room at 7.30 p.m.

Present: J. W. McLaren, Chairman; Wm. Harper, C. W. Vail, R. C. McLeay, Dr. Howden and W. E. Fitzgerald.

The minutes of the last meeting were read. Howden—Vail, and carried, that the minutes as read be adopted.

The report of public school for February was read. Fitzgerald—Harper, and carried, that the report be received and filed.

McLeay—Howden, and carried, that the following accounts be paid: High School—P. Dodds & Son, wood, etc., \$2.75; R. O. Spalding, repairs and furnishing electric call bell, \$3.90; W. S. Fuller, insurance, \$17.00; W. E. Fitzgerald, insurance, \$17.00.

Public School—Walter Mansfield, wood \$8.00; P. Sullivan, wood, \$4.00; P. Dodds & Son, wood, \$5.25; May Reid, story readers, \$6c; T. B. Taylor & Son, supplies \$2.45; D. Hamilton, hanging paper, etc., \$2.25.

Harper—Vail, and carried, that all accounts for supplies ordered by teachers will require to be O.K.'d by the principals before being presented to the Board for payment.

Vail—Howden, and carried, that the Board ask the Municipal Council for \$300.00 for public school requirements.

Fitzgerald—McLaren, and carried, that the repair and supply committee be authorized to procure a suitable flag pole for the high school.

Harper—McLeay, and carried, that the principal of the public school be authorized to purchase a suitable globe.

Howden—Vail, and carried, that the secretary present reports of the high and public schools at the next nomination meeting.

Fitzgerald—Harper, and carried, that we place on record our appreciation of the gift of a flag presented by the pupils of the high school.

McLeay—Howden, and carried, that we adjourn.

D. WAT, Secretary.

"King George's Men" is the title of a Patriotic song published by Whaley, Royce & Co., Toronto. The words are by Jean Blewett and the music by Isabel Rutter. The latter in her girlhood days was organist in the Petrolia Presbyterian Church.

Last fall a farmer in Gosfield South put away a few hundred pounds of sweet clover to see how his stock would relish it in the winter. He finds that his cows will leave clover hay to eat it, and devour even good-size stalks of the "weed." He will likely put up a large quantity of it this year.

and Warwick, for the month of February. Sr. IV.—Maidie Ruth, 283; Norval Woods, 232; Clayton Davidson, 174; Flora Gilliland, 158; Vaughn Stillwell, 61; Harold Greer (a). Jr. IV.—Gordon Cran, 63. III Class.—Joe Ruth, 143; Donna Cameron, 134; K. V. Davidson, 126; Edith Stillwell, 81; Jessie Cran, 42. II Class.—Clara Ruth, 164; Vera Davidson, 152; John Clothier, 108; Ben Stillwell, 91; Frank Gilliland, 87. I Class.—Clare Cran, Earl Davidson, Phoebe McNeil, Primer—Earl Gilliland, Melville Gilliland, Christina Ruth, Bessie Stillwell, S. McDougall, Teacher.

**Honor Roll, C. Company, 149th**

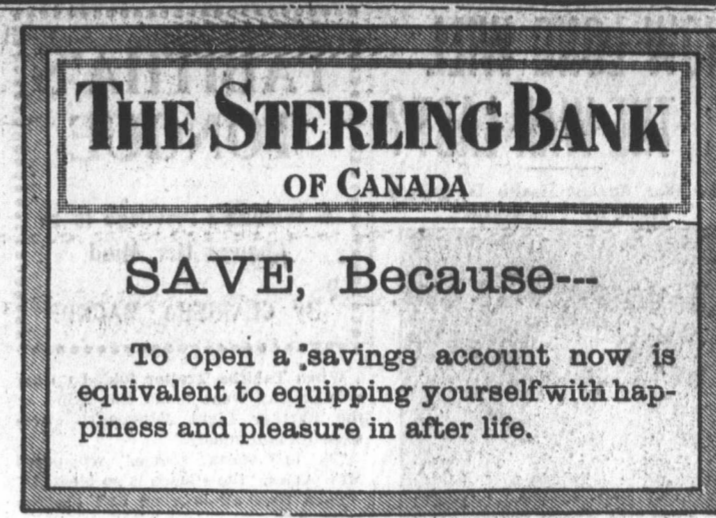
(Corrected to date by Capt. Stapleton)

Sergt. W. H. Stryth  
Sergt. R. D. Swift  
Sergt. W. D. Lamb  
Sergt. M. W. Davies  
Sergt. S. H. Hawkins  
Sergt. E. A. Deeds  
Corp. W. C. McKinnon  
Corp. W. M. Bruce  
L. Corp. J. C. Anderson  
L. Corp. H. Murphy  
L. Corp. C. F. Roche  
L. Corp. A. I. Small  
L. Corp. J. Menzies  
Pte. A. Banks  
Pte. F. Collins  
Pte. A. Dempsey  
Pte. S. E. Dodds  
Pte. J. R. Garrett  
Pte. H. Jamieson  
Pte. G. Lawrence  
Pte. J. Lawrence  
Pte. C. F. Lang  
Pte. W. C. Pearce  
Pte. W. Restorick  
Pte. T. E. Stillwell  
Pte. R. Watson, Military police.  
Pte. A. H. Lewis, Bugler  
Pte. G. A. Parker  
Pte. A. W. Stillwell  
Pte. W. J. Saunders  
Pte. A. Truand  
Pte. W. C. Aylesworth, Bugler  
Pte. R. Clark, Bugler  
Pte. T. Shaw  
Pte. S. L. McClung  
Pte. J. McClung  
Pte. H. Cooper  
Pte. C. Atchison  
Pte. B. C. Culley  
Pte. J. M. Peely  
Pte. H. B. Hubbard  
Pte. G. Young  
Pte. S. Yerks  
Pte. T. A. Gilliland  
Pte. D. J. Russell  
Pte. F. J. Russell  
Pte. Geo. Gibbs  
Pte. E. Mayes  
Pte. C. Haskett  
Pte. S. G. Haskett  
Pte. C. McCormick  
Pte. W. Palmer  
Pte. H. Thomas  
Pte. F. Thomas  
Pte. B. Truand  
Pte. E. A. Shanessy  
Pte. W. Zavitz  
Pte. F. Trolley  
Pte. W. J. Sayers  
Pte. C. Killen  
Pte. Lot Nicholls  
Pte. Bert LaVerne Edwards  
Pte. John Lamb  
Pte. Eston Fowler

**THE STERLING BANK OF CANADA**

**SAVE, Because--**


To open a savings account now is equivalent to equipping yourself with happiness and pleasure in after life.



**THE STERLING BANK OF CANADA**

**SAVE, Because--**

To open a savings account now is equivalent to equipping yourself with happiness and pleasure in after life.




**"MADE IN CANADA"**

**FORD TOURING CAR**

**Price \$530**

One million, seven hundred and twenty-four thousand dollars have been spent in Canada by Ford Motor Co. of Canada in new buildings since war began, which benefits Ford service to owners.

The Runabout is now \$480; the Town Car \$780; f.o.b. Ford, Ontario. All cars completely equipped, including electric headlights. Equipment does not include speedometer. Get particulars from Ray Morningstar, Watford, agent for Watford and Warwick, or G. A. Hadden, Alvinston, agent for Alvinston and Brooke.



**\$5,000,000**

The above figures represent the estimated loss by farmers through Smut in grain crops in Ontario in 1915. If you had a field of oats, barley or wheat you, no doubt, contributed to the great loss. By reason of the prevalence of smut last year the danger is rendered greater this year. There is one way to prevent this and that is to

**Treat Your Seed For Smut**

The method usually adopted is as follows:—Mix one pint of Formalin with 40 gallons of water or 2 tablespoonsful to 1 pail of water. Place the grain to be treated in a heap on clean canvas or floor. Sprinkle the formalin solution over the grain, then shovel. Repeat this until every grain is moistened by the solution; then cover the pile with sacking and leave for 3 or 4 hours. At the end of this time spread the grain out thinly to dry; shovelling it over three or four times will hasten the drying. Forty gallons of the formalin solution is sufficient to sprinkle thirty or forty bushels of grain, smaller amounts in proportion. Immersing the grain in a bag is sometimes practiced and is equally effective. Those requiring further information apply to

**HON. JAS. S. DUFF, G. G. BRAMHILL, B. S. A.,**  
Minister of Agriculture, District Representative,  
Toronto, Ont., Petrolia, Ont.

**HOW LONG WILL THE WAR LAST?**

The War Against Health Ended By "Fruit-a-tives"

**MRS. DEWOLF**  
East Ship H

"It is with great pleasure I tell you of the benefit I have received from 'Fruit-a-tives'. For years I suffered from Constipation, aches, and I was miserable! Nothing in the way of medicine seemed to help me. I tried 'Fruit-a-tives' and it was splendid. After taking one box a new person and I am thankful to have relief from 'Fruit-a-tives'."

**Mrs. MARTHA**  
"FRUIT-A-TIVES", made from fruit juices, more sufferers from Headache, Stomach, Liver, Skin Troubles than any other. 50c. a box, 6 for \$2.50, at all dealers or sent on request by Fruit-a-tives Limited, (

**CENTRAL Business**  
STRATFORD, ONT.  
YOU CAN SECURE A

If you take a course will demand upon us for trial many times the number. Students are entering a course for our entry at any time once for free catalog, commercial, shorthand or department.

**D. A. McLAHLAN**

**A. D. H. C.**  
Painter and Decorator  
WATFORD

**GOOD WORK PROMPT ATTENTION REASONABLE PRICES SATISFACTION GUARANTEED ESTIMATES FREE**

**RESIDENCE—ST. CLAIR**

**Here's What You Get In Lovell's**

Nut like flavor a sweet look for.

A crisp thin crust that retains its flavor for days without crumbling.

Every slice not only a source of vitality, but a rich source of nutrition of the richest wheat.

Bread that ensures complete digestion.

**TRY A LOVELL'S**

**Children FOR FLETCHER CASTO**

**Children FOR FLETCHER CASTO**



# HOW LONG WILL THE WAR LAST?

The War Against Health Is Quickly Ended By "Fruit-a-tives".



MRS. DEWOLFE

East Ship Harbour, N.S. "It is with great pleasure that I write to tell you of the wonderful benefit I have received from taking 'Fruit-a-tives'. For years I was a dreadful sufferer from Constipation and Headaches, and I was miserable in every way. Nothing in the way of medicines seemed to help me. Then I finally tried 'Fruit-a-tives' and the effect was splendid. After taking one box, I feel like a new person and I am deeply thankful to have relief from those sickening Headaches."

Mrs. MARTHA DEWOLFE. "FRUIT-A-TIVES", the medicine made from fruit juices, has relieved more sufferers from Headaches, Constipation, Stomach, Liver, Kidney and Skin Troubles than any other medicine. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

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PROMPT ATTENTION  
REASONABLE PRICES  
SATISFACTION GUARANTEED  
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**Here's What You Get In Lovell's Bread**

Nut like flavor a sweetness that you look for.

A crisp thin crust that has flavor.

A nice, white, well-risen loaf, that retains its flavor for days, and cuts without crumbling.

Every slice not only a delight, but a source of vitality, alive with the matchless nutrition of Manitoba's richest wheat.

Bread that ensures ready and complete digestion.

**TRY A LOAF**

**Lovell's Bakery**

**Children Cry FOR FLETCHER'S CASTORIA**

**Children Cry FOR FLETCHER'S CASTORIA**

# TABITHA'S TONGUE

A Woman's Privilege is to Change Her Mind

By CLARISSA MACKIE

When Tabitha Trotter folded up her sewing and went home the ladies of the Farther Light Missionary circle sighed unanimously.

"No one speak, please," whispered Mrs. Ames, "the silence is so blessed!" Then they all laughed and tongues wagged.

"Did you ever hear any one run on so?"

"Tabby Trotter never did let a body get a word in edgewise!"

"There's no interrupting her either."

"I think one who lives alone is apt to talk much more when among people than those whose families act as safety valves." The minister's wife spoke defensively of the absent member.

"Humph!" sniffed Mrs. Ames. "Be that as it may, I know Tabby was a chatterbox when she was a child, and it's a habit that can't be broken now."

"We are all glad to hear the news," defended Mrs. Berry, the minister's wife. "And Tabitha never repeats scandal, and she doesn't say anything unkind."

"I know one thing," asserted Mrs. Ames, looking around at the interested women. "I know that Tabby's tongue cost her a husband!"

"Sally Ames!" gasped a dozen voices. "It's a fact. You remember that man who bought the Allen place—Martin is the name. When he came four years ago he was quite attracted to Tabby. She was so tickled over his attentions that she talked him most to death. I heard say that he compared her to a phonograph; said he could buy a talking machine and shut it off when he was tired! Of course he couldn't do that with a wife."

A slight smile greeted this story, but Mrs. Berry's face wore a displeased look.

"Tabitha was well rid of any man who would speak so of a woman," she said sternly.

Mrs. Ames looked uncomfortable. How was she to explain that David Martin never actually had said those words? What she had repeated was a conversation which had taken place at her own table between members of her family, and in the repetition she had made a better "story" by crediting David Martin with the remarks.

The Farther Light circle broke up and went home—that is, all of them dispersed to their homes and the preparation of supper excepting Miss Fanny Bond. Miss Bond turned in at Tabby Trotter's gate and went around to the side door.

"I'm telling you as a friend," said Fanny in a scared tone as she got up to leave, for already she was regretting having repeated Mrs. Ames' idle gossip—"I'm telling you because you're my friend."

Tabby Trotter's round, rosy face paled, and her blue eyes became very hard and cold.

"Thank you, Fan," she said slowly. "You are a good friend." And the laugh which followed the remark sent Miss Bond hurrying home feeling like the sneak which she was.

"Is that how he explained it?" thought Tabitha.

And all the rest of the evening Tabby went sullenly about the house. The song which was ever on her sweet lips was stilled. In silence she went to and fro and at last to bed.

Tabby Trotter's tongue certainly was still that evening.

The next day Mrs. Ames happened into Tabby's kitchen.

"I want to borrow some eggs. I don't know what's got into my hens," she explained, sitting down by a sunny window.

"How many?" asked Tabby.

"A dozen will do if you can spare 'em."

"Certainly."

Sally Ames took her little basket of eggs and set it on the floor beside her chair. "What's the news, Tabby?"

Tabby was making sugar cookies. She deftly rolled out a sheet of yellow dough and cut out the circles with a star shaped cutter.

"What's the news?" repeated Mrs. Ames.

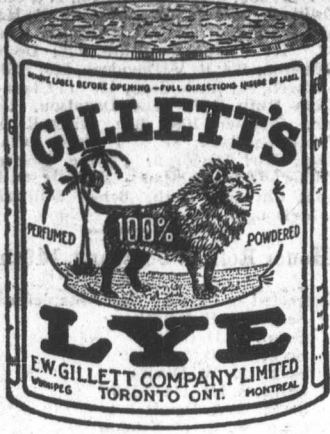
"Haven't heard any," said Miss Trotter.

"I thought perhaps you'd heard when Annie Smith was going to be married. I heard she was making pillow cases."

"Haven't heard," said Tabby tersely. "What's the matter with you, Tabby?"

"Nothing."  
"Yes, there is."  
"Why?"  
"You don't say much. You're mad about something, Tabby Trotter."  
"I'm not mad. I'm glad."

# GILLETT'S LYE EATS DIRT



Mrs. Ames picked up her basket and opened the door.

"Come and see me when you've got time," she called back. "I'll want to hear all about your cousin Ellen's operation."

"H'm!" responded Tabby in a non-committal manner.

Sally Ames hurried home much perturbed.

At the dinner table her family marked her preoccupation of mind and made inquiry.

"Oh, law," she sighed. "I don't know what's come to Tabby Trotter. She's close mouthed as can be. Can't get a word out of her!"

Her husband laughed indulgently. "That's like you, Sally. The other day you complained because she talked too much. Tabby's a cheerful, little soul."

At that moment Tabby looked anything but cheerful as she sat on her back doorstep sewing. Once in awhile her gaze shifted from her work to the quiet bay which lapped the sand beyond the back fence. On the sand was a rowboat tied to a stake.

Out on the bay a motorboat chugged slowly from shore to shore. With her eyes closed Tabby could have told you that it was David Martin's boat and that he was in it, perhaps going over to the village for supplies and the mail, for David's place was on a neck of land jutting into the harbor, and the shortest way to the village was by water rather than by the highroad.

The boat vanished around a point of land, and Tabby's needle stopped flying to and fro. A tear dropped, and then another, and another fell unheeded on the white seam.

The chickens that loved the sound of Tabby's voice stood aloof, wondering. Her black cat purred questions that remained unanswered.

A saucy catbird in the blackberry bushes that was wont to hold animated conversations with little Miss Trotter challenged her in vain while he tilted to and fro on a twig.

"Tabby Trotter crying?" they all seemed to ask. "Why, she is the most cheerful friend we have hereabouts. Tabby never cries."

After that every one noticed a great change in Tabby Trotter. She became very silent. She rarely spoke except in monosyllables, and her friends wondered what had happened.

They missed the pleasant cheeriness of her voice. As Mrs. Berry remarked one day at a Farther Lights meeting: "I'd rather hear Tabitha talk too much than not at all. I miss her merry tongue. I hope no one has been so unkind as to repeat what Mrs. Ames said about her."

Sally Ames looked uncomfortable, and Fanny Bond blushed fiery red.

But no one answered the remark.

"It's Fanny Bond's work," thought the minister's wife resentfully.

A few weeks later there came a fierce summer storm that lashed the harbor into a fury of whitecapped waves and bent the trees to the ground.

As darkness came on Tabitha lighted many lamps to make her rooms cheerful, and, opening her old piano, she poured out her long repressed feelings in song after song.

Once as she paused to turn over the sheets of music the storm beat its greater fury against the glass doors. The waves thundered on the beach.

"My tongue won't trouble any one tonight," she thought bitterly. "No one can hear me above the storm."

But Tabitha was mistaken. Out on the bay a motorboat battled helplessly with the waves. The engine had been flooded and was quite useless. David Martin grasped the spare oar, and, paddling with one hand, he tried to bale out the boat with the other, all the while keeping an anxious eye on the pall of darkness.

But no answering gleam of light rewarded his watchfulness. Blackness all around, overhead and beneath.

Back of him somewhere was the narrow channel that led into the sound. The tide was pulling him around. Death awaited him on the jagged rocks, where the water swept like a millrace.

"If I could make out Trotter's point and get in the lee of it I would be all right," he panted, for, strong man that he was, David was feeling the strain.

Suddenly there was a lull in the storm, and on the silence floated a woman's voice singing "Nancy Lee" in a wild abandon that seemed to defy the storm.

"Tabitha's blessed voice!" muttered David, bringing the boat about so that the voice was on his starboard quarter. "There! Lights! They must be her house. She will not mind if I land there, even if she doesn't want to marry me!"

Again the storm broke over him, and darkness blotted out the lights, but only momentarily. Every now and then he glimpsed the lights in Tabitha's windows until at last, spent and worn, he felt the boat lifted high on a wave and flung crashing on the beach beneath the lights.

Before he fainted David uttered a feeble shout.

Tabitha heard David's cry. Love's ears are keen, and she had loved David Martin even while she refused to marry him, believing that she loved her freedom better. But when she learned through Fanny Bond that David had said Tabitha talked too much for a wife Tabitha had tried to kill her love for him and failed, oh, so forlornly!

David opened his eyes on Tabitha's sitting room floor in front of a blazing log fire. Tabitha knelt beside him, pulling off the wet oilskins on her speckless carpet. Tears were running down her rosy cheeks.

David smiled and got up.

"Don't cry about me, Tabby, dear," he whispered.

"I can't help it," sobbed Tabitha. "Smile, then. You saved my life. The sound of your blessed voice—well, you know I love it. You're such a cheery little thing."

Tabitha's tears stopped flowing.

So David really liked to hear her talk! All the doubt and suspicion fled forever, leaving faith and trust.

"If you can get along with my tongue, David," she whispered. "I've changed my mind."

David whirled her into a wet embrace.

"Bless the child! Isn't it a woman's privilege to change her mind and ratify her tongue?" And for obvious reasons Tabby could not answer him.

**Tree Leaves and Water.**  
Ash leaves are capable of taking up more water than those of most other trees. In a hundred pounds of ash leaves are eighty-five of water. In the same weight of beech leaves seventy-five, of maple sixty, of pine fourteen and of fir ten.

**Naturally So.**  
"She's been so conceited since they managed to get a player piano."  
"Well, dear, player piano owners do as a general thing put on airs."—*Not timore Americans.*

**The Sense of Taste.**  
Scientists say that the flavor of food and drink does not come to us through the sense of taste. The latter can only furnish sensations corresponding to the chemical composition of substances taken into the mouth. Although almost infinite in their variations, these sensations are few in number, comprising sweetness, bitterness, saltiness and sourness, with their numerous degrees of intensity.

The distinctive flavors of food do not come from chemical action and are therefore not perceived by the sense of taste, but by the olfactory nerve by which the sensation is transmitted to the brain.

This explains why one's food does not taste "right" when he is suffering from a cold.

**Two of a Kind.**  
A lady selected some purchases in a store, asking that they be kept for her until the next day. When she returned she could not remember who waited on her. After puzzling over the matter, she approached one and asked:  
"Am I the woman who bought some embroidery here yesterday?"  
"Yes'm," replied the girl, stolidly, and turned to get it.—*Christian Register.*

**Simply Couldn't.**  
"Now, son," said the lawyer, "you were guilty of various misdemeanors today and must be taken to task."  
"I apply for a stay of proceedings, pop, and a change of venue to ma."  
And how could a good lawyer refuse such a request?

**Envious.**  
Howell—I'm engaged to Miss Rowell. Congratulate me, old man. Powell—I would if I did not know that in her case a nomination is not equivalent to an election.

**On His Part.**  
"Tom out of work again? Why, I thought he had a steady job?"  
"Oh, the job was steady; Tom wasn't."

All men have their frailties, and he who looks for a friend without imperfections will never find what he seeks.

# ROLL OF HONOR

## Men From Watford and Vicinity Serving the Empire

### 27TH REGT.—1ST BATTALION

- Thos. L. Swift, reported missing since June 15
- Rich. H. Stapleford
- Bury C. Binks
- L. Gunn Newell, killed in action
- Arthur Owens
- F. C. N. Newell
- T. Ward
- Sid Welsh
- Alf. Woodward, killed in action
- M. Cunningham
- M. Blondel
- W. Blunt
- R. W. Bailey
- A. L. Johnston
- R. A. Johnston
- G. Mathews
- C. Manning
- W. G. Nichol
- F. Phelps
- H. F. Small
- E. W. Smith
- C. Toop
- C. Ward
- J. Ward, killed in action
- F. Wakelin, D.C.M., killed in action
- T. Wakelin, wounded—missing
- H. Whitsitt
- B. Hardy

### PRINCESS PATRICIA'S C.L.I.

### Gerald H. Brown

### 18TH BATTALION

- C. W. Barnes
- Geo. Ferris
- Edmund Watson
- G. Shanks
- C. Jamieson
- J. Burns
- F. Burns
- C. Blunt
- Wm. Auterson
- S. P. Shanks

### 2ND DIVISIONAL CAVALRY

- Lorne Lucas
- Frank Yerks
- Chas. Potter
- Rus. G. Clark.

### 33RD BATTALION

- Percy Mitchell Lloyd Howden
- Gordon H. Patterson, died in Victoria Hospital, London.
- Geo. Fountain

### 34TH BATTALION

- E. C. Crohn
- S. Newell
- Stanley Rogers
- Macklin Hagle
- Henry Holmes
- Wm. Manning
- Leonard Lees

### 70TH BATTALION

- Ernest Lawrence
- Emmerson
- C. H. Loveday
- A. Banks
- S. R. Wholton
- Thos. Meyers
- Jos. M. Wardman

### 71ST BATTALION

- R. H. Trenouth

### 28TH BATTALION

- Thomas Lamb

### MOUNTED RIFLES

- Fred. A. Taylor

### 29TH BATTERY

- Wm. Mitchell
- John Howard

### ANTI-AIRCRAFT

- Gunner Woolvet

### PIONEERS

- Wm. McNally
- W. F. Goodman

### ENGINEERS

- J. Tomlin

### ARMY MEDICAL CORPS

- T. A. Brandon, M.D.
- Capt. W. J. McKenzie, M.D.
- Norman McKenzie

### 135TH BATTALION

- N. McLachlan



OF HONOR

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MEDICAL.

**JAMES NEWELL, PH. B., M. D.**  
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For the County of Lambton.  
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**W. G. WILLOUGHBY,** MANAGER AND  
SEC. TREAS.  
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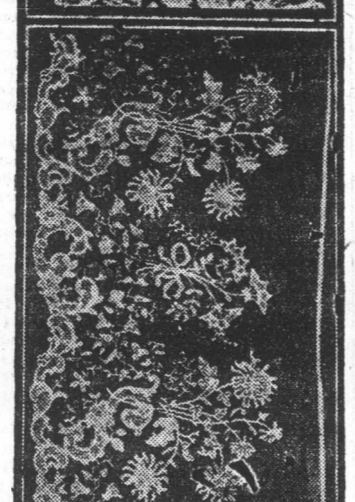
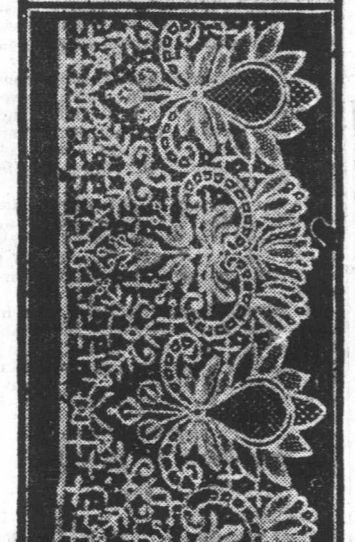
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**H. Hume R. Sec. J. K. Collier, F. Sec.**

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Specimens of Belgian Laces on Sale in  
This Country For Relief.  
These are samples of the choice  
work that the small army of Belgian  
lace-makers, 40,000 strong and  
thrown into idleness, oftentimes  
need, by the war, are now placing  
for sale in Canada under the auspices  
of an international commission. Tra-  
veling exhibits and sales are being  
arranged by the commission, and it  
is hoped that prominent women's  
clubs will be interested to help with  
smaller exhibits. In one collection,



EXQUISITE HANDWORK.

worth \$200,000, are thirty different  
patterns of lace, ranging from edg-  
ings, baby caps, kerchiefs, and col-  
lars at reasonable prices up to bridal  
veils 300 years old, fit for museums.  
Our top illustration is of flanders  
guipure about nine inches wide, at  
\$9.50 per yard. The second is also  
guipure of a richer pattern, valued at  
\$12, and the third is brussels appli-  
que of very fine mesh, worth \$65 a  
yard. Many of these laces exhibited  
were made by women blinded and  
paralysed with age. Each piece bears an  
official seal and number, which in-  
sure the worker her percentage of  
proceeds.

Oyster Delicacies.

Oyster Force-meat.—Mix half a  
cupful of melted butter, a cupful each  
of breadcrumbs and cracker crumbs,  
the liquor from the oysters, pepper  
and salt and one egg, well beaten.  
Mix thoroughly, but do not make into  
a paste. Add two dozen oysters. This  
can be used for stuffing green pep-  
pers.  
Creamed Oysters.—Scoop out the  
centre from a stale loaf of bread. Fry  
brown in butter three scant cupfuls  
of fine breadcrumbs. Mix a teaspoonful  
of milk with three tablespoonfuls of  
flour and pour into a quart of very  
rich milk. Heat and add a quart of  
oysters, drained, and put into the hol-  
lowed loaf in layers with the bread-  
crumbs between. Bake thirty min-  
utes. A layer of crumbs should be  
on top.

Odds and Ends.

Now that prices on foodstuffs have  
advanced so high it is advantageous  
to know that a pinch of baking powder

added to the flour when baking pies  
requires a considerable less amount of  
shortening and turns out pies flaky  
and delicious.  
Many times there is difficulty in  
opening self-sealer cans. This being  
the case, place the can under the warm  
water faucet and let the water run on  
the lid a few minutes. It is surprising  
how easily the can will open after this  
has been done.  
When buying stair carpet get half a  
yard more than is needed, fold under  
and each time the carpet is taken up  
for cleaning put a different part over  
the edge of each step. The carpet  
will last very much longer and not  
show wear.

**Fresh Discovery of an Old Truth.**  
Helen's enjoyment of the party  
given in honor of her ninth birthday  
was nearly spoiled by the ill-timed  
outbreaks of a very pretty and well  
dressed little girl who was among her  
guests. A peace-maker appeared, how-  
ever, in a plain and rather shabby  
child, who proved herself a veritable  
little angel of tact and good will.  
After her playmates were gone Helen  
talked it all over very seriously  
with her mother. She summed it up  
in this piece of philosophical wisdom:  
"Well, I've found out one thing,  
mamma. Folks don't always match  
their outsides."

**The New Zealand Eel.**  
At a recent meeting of one of the  
New Zealand acclimatization societies  
the curator of a game farm reported  
that he had included eels in the list of  
vermin which caused the death of  
young pheasants. He gave his assur-  
ance that no fewer than seventeen  
young birds had been lost owing to  
eels seizing their heads while they  
were in the act of drinking creek wa-  
ter. The deaths of innumerable young  
ducks had been caused by eels, and it  
was a common thing to see scores of  
ducks minus a leg, which had been  
dragged off by these voracious fish.

**Best Wishes.**  
"Father, I had a fight with Percy  
Raymond today."  
"I know you did," replied the father  
soberly. "Mr. Raymond came to see  
me about it."  
"Well," said the son, "I hope you  
came out as well as I did."

**Thoughtlessness.**  
"Which are the pictures in your gal-  
lery that you value most highly?"  
"I dunno," replied Mr. Cumrox.  
"Mother an' the girls told the man to  
go round and take off the price marks  
I had put on 'em before I had time to  
learn 'em by heart."

**He Had Painted Too.**  
"My dear fellow," said the artist,  
"you can't imagine how much work  
there was in painting that picture."  
"Oh, yes I can," said the young coun-  
try lad, "my father made me paint the  
barn one summer."

**Still Worse.**  
Kathryn—I hear that you said I was  
double faced.  
Kitty—I never did. I merely said  
you were double chinned.

**An Easy Pill to Take.**—Some persons  
have repugnance to pills because of their  
nauseating taste. Parmelee's Vegetable  
Pills are so prepared as to make them  
agreeable to the most fastidious. The  
most delicate can take them without  
feeling the revulsion; that follows the  
taking of ordinary pills. This is one  
reason for the popularity of these celeb-  
rated pills, but the main reason is their  
high tonical quality as a medicine for the  
stomach.

**Advice For the One Fleeshy Woman.**  
You can lose from two to four pounds  
with this treatment: Rise early in the  
morning, restricting the sleeping hours  
to six. Take a walk before breakfast.  
Begin breakfast with raw, ripe fruit,  
taking toast instead of bread, and tea  
without cream, and as little sugar as  
possible. Sugar and starch must be  
avoided.

**Drink no coffee, cocoa, beer or wine,**  
and take as little liquid at meals as  
possible. Drink lemonade. Avoid pork,  
ham and bacon and all sweet desserts.  
Take a small dose of some aperient  
water every morning. Take a Turkish  
bath once a week, followed by mas-  
sage until fatigued.

**Asthma Brings Misery;** but Dr. J. D.  
Kellogg's Asthma Remedy will replace  
the misery with welcome relief. In-  
haled as smoke or vapor it reaches the  
very inmost recesses of the bronchial  
passages and soothes them. Restriction  
passes and easy breathing returns. If  
you knew as well how this remedy would  
help you as do thousands of grateful  
users, there would be a package in your  
home to-night. Try it.

Unnecessary mention of higher forma-  
tions, such as brigades, divisions, is  
strictly forbidden, and causes delay.

**CASTORIA**  
For Infants and Children.  
Mothers Know That  
Genuine Castoria  
Always  
Bears the  
Signature  
of  
*Chas. H. Fletcher*  
In  
Use  
For Over  
Thirty Years  
**CASTORIA**  
THE CASTORIA COMPANY, NEW YORK CITY.

Exact Copy of Wrapper.

The Guide-Advocate  
**JOB PRINTING  
DEPARTMENT**  
YOUR ORDER SOLICITED  
ALL WORK SATISFACTORILY DONE  
PRICE REASONABLE

William Lambe, for many years a resi-  
dent of the 2nd con., Bosanquet, died at  
Arkona on Sunday Feb. 27th, in his 81st  
year. Deceased was born in Ontario  
county and 48 years ago came to Bosan-  
quet. He is survived by two sons and  
four daughters, viz., Frank, of Arkona;  
William, in Ironton, Ohio; Mrs. Alex.  
Smith, of Embro; Mrs. Chas. Moore, of  
Muskegon, Mich.; Mrs. John Kilby, of  
Osage, Sask., and Mrs. Henry McLean,  
(widow) at home. The funeral took  
place on Thursday at Arkona cemetery.

**Oil for Toothache.**—There is no pain  
so acute and distressing as toothache.  
When you have so unwelcome a visitor  
apply Dr. Thomas' Electric Oil accord-  
ing to directions and you will find im-  
mediate relief. It touches the nerve  
with soothing effect and the pain departs  
at once. That it will ease tooth-ache is  
another fine quality of this Oil, showing  
the many uses it has.

**Children Cry  
FOR FLETCHER'S  
CASTORIA**

25 - 0  
BY going direct to  
finest range of  
and are bound to give  
prices than we ever  
qualities and guaran-  
again. Look over  
greater will be your  
**FLANNELET  
SATEENS.**—in  
**GINGHAMS.**—  
**GALATEAS.**—  
**PRINTS.**—The  
**DENIMS** and  
**SHIRTINGS.**—  
**TOWELINGS.**—  
**PIQUES.**—Nai-  
**SCKIMS** and  
**COTTONS.**—F  
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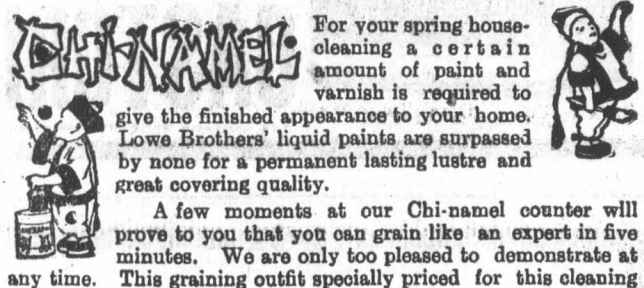


## 25 - Cases New Staple Goods - 25

BY going direct to the market with the spot cash, we have been able to secure 25 cases of the finest range of staple dry goods ever brought to Watford. Prices are soaring as never before and are bound to go higher. We were mighty lucky to secure these old quality values at lower prices than we ever looked for. Remember this entire shipment is made up of "before the war" qualities and guaranteed dyes. It will be years before we expect to be able to offer such values again. Look over the list below. Anticipate your needs and the larger quantities you buy, the greater will be your savings.

**FLANNELETTES**—light and dark fancy patterns, plain white and pink.  
**SATEENS**—in all fancy shades, as well as cream, white and black.  
**GINGHAMS**—Scotch and Canadian makes, in dress and apron patterns.  
**GALATEAS**—Steelclad quality, plain shades and fancy patterns.  
**PRINTS**—The famous "Taffeta" and "Scout" cloths, in all colors.  
**DENIMS AND COTTONADES**—in blue, black and stripes.  
**SHIRTINGS**—Standard, Rockfast, Oxford and Johnston qualities.  
**TOWELINGS**—Huckabacks, Crash and Glass Towelings.  
**PIQUES**—Nainsooks, Rippes and Indian Head Suitings.  
**SCRIMS AND CRETONNES**—Art Sateen and Damasks.  
**COTTONS**—Factory and bleached, several bales at odd prices.

### A. BROWN & CO.



**CHI-NAMEL** For your spring house-cleaning a certain amount of paint and varnish is required to give the finished appearance to your home. Lowe Brothers' liquid paints are surpassed by none for a permanent lasting lustre and great covering quality.

A few moments at our Chi-namel counter will prove to you that you can grain like an expert in five minutes. We are only too pleased to demonstrate at any time. This graining outfit specially priced for this cleaning season.



**Chi-Namel**

### T. Dodds & Son

## Canada's Hair Fashion Store

### GLENN-CHARLES HAIR GOODS



Our MISS GLENN will be in Watford on Wednesday, March 22, at Roger's Hotel, with a full line of *Hair Goods*, including *Switches, Pin Curls, Bangs, Transformations, etc., Men's Wigs and Toupees.*

If you are not satisfied with the appearance of your hair, consult Miss Glenn.

Free Demonstration. One Day Only.

### Glenn-Charles

100 King St. W. - - - Toronto

Ladies desirous of having Miss Glenn call at residence, kindly leave their address at the hotel.

### A Gun That Does the Work of a Hundred Rifles

One of the most important implements of modern warfare is the Machine Gun. It only weighs sixty pounds and may be easily shifted at a moment's notice. It can fire as high as 600 shots a minute, 10 shots per second. It is invaluable in trench warfare, for with a few of these guns a small body of men can repel the attack of thousands. Pumping out lead in a deadly stream it mows down the attackers by the hundred.

Lambtons 149 will be supplied with four of these guns, to man which forty sturdy recruits are required. This is a chance for real men, men who are not afraid to get into the thick of the fight and do their bit for King and Country. The Machine Gun Section will be under the command of Capt. R. H. Stapleford, of Watford, an officer of the 1st Battalion who was wounded at the battle of Givenchy. Capt. Stapleford received his training as a Machine Gun Officer at the Royal School of Musketry, Hythe, London, England. Men wishing to sign up for the Machine Gun Section should apply to any recruiting officer of Lambtons 149 or report at the Armouries, Watford.

### Death of County Constable Pitfield

Sarnia, March 10.—M. George J. Pitfield, the oldest constable in the County of Lambton, died suddenly this morning at his home at 137 Crawford street of heart failure. He retired last night about 10 o'clock in the best of health.

Mr. Pitfield was 72 years old and was born in Sussexville, New Brunswick. For the past 42 years he had been employed as a county constable under Sheriff Flint-off. During the past two years, there being little or none of court duties to hold him, he took up odd jobs here and there, and at the time of his death he was employed at the Mueller brass works as a watchman.

On Tuesday, when he was coming home, he slipped on the ice and received a severe shaking up, which it is thought might have been indirectly the cause of his death, as he was obliged to remain at home yesterday on account of the pain that he felt from the fall.

He was a veteran of the Fenian Raid of 1866. At the time of the raid he was a private in the Sarnia Provincial Battalion, but later, on the organization of the 27th Regiment, he was made sergeant-major.

He was unmarried and lived with his sister, Miss Annie Pitfield. He is also survived by two other sisters, Mrs. J. Smith, of 189 Vidal street, and Mrs. G. L. Weatherwell, of Hamilton. There is also a brother, W. H. Pitfield, who lived at home with him.

### Men Must be Provided

(Contributed)

The impression seems to prevail in some of the rural sections of Lambton that production should be considered before enlisting, and on this account many young men on farms have been discouraged from enlisting. This is a mistaken idea. At the beginning of the war production was one of the chief considerations. At this stage of the war, however, the question of men is more important than the question of production. If we do not get the fighters now we can not win the war, and it is therefore the duty of every young man who can possibly enlist to join the colors. What good will the land be to farmers, if it is so burdened down with war taxes that it is impossible to work it at a profit. When this war is over someone will have to pay the cost and if Germany wins, it will be the British Empire which will have to pay and pay dearly. Production cannot win the war. We must have men, and if the Lambton Battalion is raised, we must have men from the farms. It will naturally mean a loss to some farmers, but those who are the best able to bear the loss are the ones who will have to bear it, and make the sacrifice by allowing their boys to join the Lambton Battalion. The Empire is "up against it" and the only thing that can save Britain in this hour is MEN.

There are plenty of men in the towns and villages of Lambton who have retired from the farms, but who are capable of doing many a day's good work yet. The most patriotic thing they can do is to go "back to the land" and take the place of some able-bodied young man who is strong enough to fight. No man who is capable of serving can avoid doing his bit by paying, even though he gives his entire wealth. Money cannot win the war. It is service that counts and a man who cannot go to the front, but who can take the place of another man on the farm who has the ability to fight, is doing just as much service for his country as though he were serving in the trenches himself. Every man who cannot go, should, if possible, see that he makes it possible, for another man to go in his place.

Parents must allow their sons to go. It is a hard thing to ask but other parents have made the sacrifice, and if they had not, Germany would be ruling the world to-day. All the sacrifice that has been made will be in vain unless the parents whose boys are still at home fall in line and tell their sons, "Go! Serve your country and your God!"

### Homeseekers Excursions to The Land of Wheat

Homeseekers' Excursions to Western Canada at low fares via Canadian Pacific each Tuesday March 7th to October 31st inclusive. Particulars from any Canadian Pacific Agent, or W. B. Howard, District Passenger Agent, Toronto.

Frederick Douglas, a well-known colored character, was found frozen to death Saturday in his shack near the village of Glencoe. His body was partly devoured by rats. He had been missing for a week. There was no fuel in the place.

### SPRING IMPURITIES IN THE BLOOD

A Tonic Medicine is a Necessity at This Season

Dr. Williams' Pink Pills for Pale People are an all year round tonic, blood-builder and nerve restorer. But they are especially valuable in the spring when the system is loaded with impurities as a result of the indoor life of the winter months. There is no other season when the blood is so much in need of purifying and enriching, and every dose of these Pills helps to make new, rich, red blood. In the spring one feels weak and tired—Dr. Williams' Pink Pills give strength. In the spring the appetite is often poor—Dr. Williams' Pink Pills develop the appetite, tone the stomach and aid weak digestion. It is in the spring that poisons in the blood find an outlet in disfiguring pimples, eruptions, and boils—Dr. Williams' Pink Pills speedily clear the skin because they go to the root of the trouble in the blood. In the spring anaemia, rheumatism, indigestion, neuralgia, erysipelas and many other troubles are most persistent because of poor, weak blood, and it is at this time when all nature takes on a new life that the blood most seriously needs attention. Some people dose themselves with purgatives at this season, but these only further weaken themselves. A purgative merely gallops through the system, emptying the bowels, but it does not cure anything. On the other hand Dr. Williams' Pink Pills actually make new blood, which reaches every nerve and organ in the body, bringing new strength, new health and vigor to weak, easily tired men, women and children. Try Dr. Williams' Pink Pills this spring—they will not disappoint you.

You can get these health-renewing Pills through any medicine dealer or by mail post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Stratford has decided to have a voluntary campaign on behalf of the patriotic fund in order to reach those whom the tax rate will miss.

The Ontario Government, with an eye to relieve the shortage of farm labor caused by so many of our young farmers enlisting, has opened an employment bureau in Port Huron, with the well-known Immigration Agent, Mr. John Farrell in charge. During the first three days Mr. Farrell received fifty applications for employment which is a fair indication that the fears of our farmer friends that there would be a shortage of help this year will prove to be groundless. Farmers requiring help to replace men who have enlisted must, however, be prepared to pay \$5.00 per month all around more than last year.

## Here's Your Chance

Kitchener Says: "More men are urgently required." Are you a MAN? If so—prove it by enlisting to-day in

### LAMBTONS 149

## NEW SPRING WALL PAPERS

We are getting ready for your Spring Wall Paper business with the largest assortment of patterns yet shown. See our samples.

Many one and two room remnants at a bargain.

### J. W. McLAREN

Drugs • stationery

The Rexall Store



### AN ERROR OF SIGHT

May be trifling now, and a simple examination will reveal it—Therefore if you suffer with a slight eye trouble have it attended to at once.

### COME HERE

You will be well repaid by a visit to our optical department where everything is in readiness for high grade satisfactory optical work.

**CARL GLASS**  
Jeweler and Optician  
ISSUER OF MARRIAGE LICENSES

WE ALLOW

### 5 PER CENT. ON DEBENTURES

The Sarnia Realty Company Limited

Authorized Capital \$1,000,000.

F. C. Watson, Manager.

151 Front St. Sarnia.

### FARM FOR SALE

100 acres, being Lot East half of 20, con. 5, S. E. R. Warwick, known as the Harrower Farm. Soil clay loam. On the premises are a frame house and frame barn. Small orchard. Creek at rear of farm. All now seeded down. Suitable for pasture farm. Convenient to churches and schools being within one mile of Watford. Possession given in spring. Apply to ROBT LONG, Lot 20, con. 14 Brooke, Watford, P. O.

### FARM FOR SALE

100 acres being east half of lot 21, concession 12, Brooke. For particulars apply to DAVID A. MACDONALD, Lot 16, con. 11, Brooke, Watford R. R. 7. m 17-4t.

### Manitoba Decides For Prohibition By 2 to 1 Vote

WINNIPEG, March 13.—By a vote of a little over two to one the Province of Manitoba to-day voted in favor of the Manitoba Temperance Act, which closes all bars, wholesale licenses and club licenses throughout the province from June 1 next.

Liquor may still be imported by private persons from outside provinces and the manufacture of liquor in the province for export is still permitted. These are the constitutional limitations placed on the province in legislation along this line, by the federal authorities, but to remove these limitations, a mass meeting of citizens tonight, amid great enthusiasm, endorsed a resolution calling Sir Robert Borden and his Government at Ottawa to introduce a Dominion-wide prohibition act.