













CHATS WITH YOUNG MEN

GET UP!
Have you had a fall, lad?
Tears won't help at all, lad—
Sloth will make you sadder
Every day, and madder;
Life holds out the ladder—
If they've knocked you down, lad
Laugh at Fortune's frown, lad
If you've troubles greet 'em
Down below why stop, lad?

THE POWER OF EXAMPLE

We are accountable to those around us for the example which we show them. Unconscious of it ourselves, every action which we perform exerts an influence upon our acquaintances and friends and even upon those who are wholly unknown to us.

ward to thank us for a good example given to them. It may have been much less than that given by the poor laborer to the aristocrat. But whatever it was, if it furnished a single good inspiration to a man or woman or even a little child, it was worth having lived for.

OUR BOYS AND GIRLS

TWO BOYS AND A CIGARET
Two bright little fellows, named Henry and Will,
Were just the same age and the same size until

BE SURE YOU'RE FIT
Not long ago I came across a case where a boy lost a fine chance to connect with a fine job. The man who might have employed him didn't like the way he walked. He slouched.

TWO HONEST BOYS
An example of honesty is always instructive, whether it be given by a child or by one of maturer years. A skilful teacher who takes great interest in the moral growth of her pupils, writes as follows: "In a country school a large class were standing to spell. In the lesson there was a very hard word. I put the word to the scholar at the head, and he missed it. I passed it to the next, and the next, till it came to the last scholar, the smallest in the class, and he spelled it right—at least I understood him so—and he went to the head, above seventeen boys and girls, all older than himself. I then turned round and wrote the word on the blackboard so that they might all see how it was spelled, and learn it better.

and, taking the basket up, she stepped into the house. He did not follow her, but remained behind, whistling to her canaries as they hung in their cage in the porch. He seemed fully occupied with the pretty bird pets, and the berries appeared forgotten.

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KEEP STRONG AND HEALTHY

It is impossible to feel active and energetic when the bowels are clogged from undigested food. When this condition exists it gives rise to constipation, biliousness, sick headache, a muddy skin, blotches, pimples and other liver marks; there is lack of energy and a more or less tired feeling.

HENRY JONES FORD TELLS WHY HE ENTERED THE CATHOLIC CHURCH

Henry Jones Ford, former President of the American Catholic Historical Association, former professor at Princeton University, editor of leading papers in the country, author and a former confidential and diplomatic official in the United States Government, died last month. He was a convert to the Catholic Church. Following is an article he wrote some time ago for the Baltimore Catholic Review telling the story of his conversion.

TRUTH STRIKES HOME
It struck in my mind as a mysterious affair, and years after when I found that the very purpose of chaining the Bible was to keep it in public use, just as the city directory in a hotel is still often chained to the desk, my confidence in the instruction I had received in childhood received a fatal blow.

IRISH HARVEST SHOWS IMPROVEMENT
The Irish harvest this year will show an improvement on that of the past two years. Where there has not been an increase in the yield of the crops there is, in most instances, an improvement in quality. The heat and rains of August brought on grass very rapidly and cattle are in much better condition than they were a month earlier.

COULD NOT STOMACH AGNOSTICISM
A notion that had been put in my mind in childhood was that the Reformation was essentially a return to primitive Christianity. My study of history completely eradicated that opinion. I came to the conclusion that Catholicism was certainly the historical form of Christianity and that Protestantism was a new version. This, I believe is now the general verdict of disinterested scholarship. But as this opinion was formed in my mind it was accompanied by the development of a cynical and superior attitude to the whole subject of religion.

religion. Those were the days when Herbert Spencer was supposed to be a great philosopher. Darwin, Huxley and Tyndall were regarded as great emancipators of thought, and science figured as the true evangel of humanity. I shared in this enthusiasm, but on one point I could not be a docile adherent. I could not stomach agnosticism. Instead of being the mark of a strong mind, it seemed to me that it is evidence of weakness if the mind is unable to reach any positive conclusion on matters considered by it.

WOMEN
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MEN AND HORSES
How closely related is man to the more intelligent of the animals is seen in many of the ailments to which both are prone and the remedies to which they answer.

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