

The Waterdown Review

THE BIGGEST LITTLE PAPER IN ONTARIO

VOL. 6.

WATERDOWN, ONTARIO, THURSDAY, NOVEMBER 15, 1923

NO. 28.

The Family Herald and Weekly Star

and the

Waterdown Review

Both Papers One Year For

\$2.25



A Dr. Scholl Foot Expert COMING

**Come
In and Let
Him Examine Your
Feet and Advise
You FREE**

If you are tired of being bothered by hurting, tender feet, here is your chance to get immediate relief and permanent correction. You are invited to consult this foot specialist while he is here.

**He Will Be Here
November 30th**

Don't wait until the last minute and, maybe, lose your chance to get foot comfort. Come in any time during business hours and talk it over with the expert.

There is a
Dr. Scholl
Appliance or Remedy For Every Foot Trouble

There is no need to suffer from any foot trouble, any more. Be it ever so simple or ever so serious this specialist, who is a member of the Staff of Dr. Wm. M. Scholl, the noted foot authority, can show you the way to **immediate relief** and to ultimate

Foot Comfort

if you'll step in and give him the chance. He can tell just what the cause of your trouble is, and he knows the remedy.

Improve Foot Appearance

No larger sized or oddly shaped shoes needed. Wear the kind you like in perfect comfort. The Dr. Scholl Appliances actually **improve** the grace and beauty of the feet.

EAGER'S

"Watch Your Feet"

Village Council Meeting

Pursuant to adjournment the village council met Friday, November 9th at 8 p. m. for general business. The Reeve and Councillors Crooker, Nicholson and Speck present. The minutes of previous meeting was read and adopted.

A communication from the Hospital for Sick Children, Toronto, re Frances Newstead, and one from the Secretary of Hydro Electric Association were read.

On motion of councillors Crooker and Speck the village granted the Waterdown Poultry Association \$25 for their 1923 winter show.

The following bills and accounts were passed and ordered paid.

Village Accounts

To John Buchan for grading road \$3.50.

Hydro Accounts

To H. Nicol for work at Waterdown \$56.30, at Plain's Road \$25.65 total \$81.95.

To Canadian Westinghouse Co. repairs for meters \$7.15.

To Hamilton Hydro System for wire \$18.55, repairing meter \$10.60, one 500 watt lamp \$4, total \$33.15.

To C. W. Chadwick for wire and knobs \$11.09.

To Wm. Springer & Son for truck hire \$14.50.

To J. W. Griffin, cartage \$15.75.

On motion the council adjourned to Saturday night, December 15th for general business.

J. C. MEDLAR,
Village Clerk.

Hydro Notice

Commencing with the November billing all Hydro bills for lighting and power for Waterdown and East Flamboro must be paid at the Royal Bank, either at Waterdown, Aldershot, Burlington or Market Street Branch, Hamilton.



It is just half-past eight

The dinner dishes are washed, the children are in bed, and Mrs. ——— has settled down to a night's darning.

A hundred miles away, in the Hotel, Jim ——— has finished dinner, written the day's report and looked over the local paper. Time hangs heavy till, happy thought, he remembers Long Distance.

"Hello Mary! How are the children? How are you?"

Just three minutes at home, and yet it makes all the difference. The hotel seems brighter. And Mary ——— well, the holes in the socks don't seem quite so large. Just the effect of a voice you love to hear.

Keep the home ties strong, the Long Distance way



Every Bell Telephone is a Long Distance Station

Stewart-Weaver Wedding

The home of Mr. and Mrs. Samuel Weaver, Main street, Waterdown, was the scene of a quiet and dainty wedding on Thanksgiving Day at 3 p. m., when their eldest daughter, Louisa, was united in marriage with Mr. James Stewart of Hamilton. Rev. W. S. Daniels of Mt. Hamilton Methodist Church, of which Miss Weaver is a member, performed the ceremony in the presence of immediate relatives and a few friends, the happy couple being unattended.

The bride wore a pretty gown of silk crepe, reindeer shade, trimmed with maribou, a black velvet picture hat trimmed with osprey and carried a shower bouquet of ophelia roses.

Among the many valuable presents received was a beautiful quilt made entirely by a very dear friend of the bride, Mrs. Chantler of Hamilton, aged 92 years.

After a sumptuous wedding supper the happy couple left for Toronto where they will spend their honeymoon, after which they will take up their abode at 166 Kensington Ave., Hamilton.

MacQuarrie- Featherston Wedding

The marriage of Miss Velma Featherston, daughter of Mrs. A. L. Featherston, of Waterdown, and Mr. G. Dodds MacQuarrie, son of the late Mr. and Mrs. W. D. MacQuarrie of Toronto, was solemnized at the Methodist parsonage, Waterdown, on Saturday, November 10th, by Rev. C. L. Poole. The bride carried an armful of ophelia roses. After the ceremony, lunch was served at the bride's home. Mr. and Mrs. MacQuarrie left on their wedding trip for Detroit, the bride travelling in a brown velvet dress and fur coat.

Special Services

The special services will continue in the Methodist Church through this week excepting Saturday evening. Sunday evening service will be of special interest. Evangelist Brown will have charge of the service, and Miss Sadie McAlpine of Toronto is expected to be present to assist in the singing. These services will be continued every night next week. Come and bring your friends, and hear the man who was once a policeman in New York City and is now a preacher of the gospel of Christ.

Locals

Mrs. W. R. Seckman visited in Tansley last Sunday.

There are still a number of cases of chickenpox in the village.

Mr. and Mrs. Marshall of Toronto spent the week end at the home of Dr. Gillrie.

Mr. John Kirk who was reported to be seriously ill a few days ago, is somewhat improved.

The paving of Main street has been completed and is now open to traffic. It is about a foot higher than the old street, but never-the-less a great improvement.

Carlisle

There has been many cases of chickenpox in the community in the last few weeks, but most of the children are able to return to school again.

A very quiet wedding took place at the parsonage on Wednesday November 7th, when Mr. Brooks and Miss Heatherington, both of Kilbride, were married.

The Gleaners' Circle intend holding a concert and social on Friday evening, November 16th, in aid of their Christmas bale to be sent to Miss Black, W. M. S. worker in the Italian Mission in Hamilton. The admission will be either something for the bale, or 25c. The girls would appreciate a large attendance in aid of this good cause.

The Beef Ring held an oyster supper at the home of Mr. Ed. Freed last Wednesday.

The Sunday evening service is being withdrawn to give the Carlisle people an opportunity to hear Mr. Brown at Waterdown.

The choirs of Carlisle and Waterdown Methodist churches will unite in conducting the musical part of the service on Thursday evening in Waterdown Methodist church.

Congratulations are due to Mr. McDermot, our local banker, on the arrival of a baby girl in his home recently.

Greenville

Mr. J. Slater and daughter Frances visited in Bridgeburg over the holiday.

Mr. and Mrs. W. Hyslop, Mrs. E. Hore and Miss Mabel Surerus motored to Buffalo for the week end.

Miss Laura Morden, of Hamilton, was calling on friends here Sunday.

Mr. and Mrs. W. Bailey, Toronto, were here Sunday to attend the funeral of Mrs. Catchpole.

Mrs. W. Grightmire and little son are visiting in Hamilton.

Miss Muriel McMahon has returned from a visit to Toronto.

Locals

Our local hunters returned home this week, all being successful in securing a fine deer.

Mrs. W. J. McFee, of Christie, spent the week end with relatives and friends in the village.

The C. G. I. T. will hold an Afternoon Tea in the Assembly Hall of the Public school, Friday, November 23rd. A good program will be given. Admission 25c.

A very enjoyable time was spent Thursday evening at the home of Mrs. A. L. Featherston when a miscellaneous shower was held in honor of Velma Featherston, given by her girl friends. Many beautiful gifts were received by the bride-elect.

The Public school scholars are preparing for a concert to be given in the Memorial Hall on Tuesday, December 18th. The entertainment will consist of a play "Santa Claus and the Magic Carpet," also solos, duets, choruses and a melody chorus by the school.

For Home and Country

NOTES FROM THE FORT WILLIAM CONVENTION

The Women's Institutes of North Western Ontario held their Convention at Fort William on October 10th and 11th, with the usual good attendance and the usual abounding enthusiasm. A rare combination of conditions makes the work in this section of the province particularly interesting. The twin cities, Fort William and Port Arthur, each have their Women's Institute. In the fertile valleys of the districts back of these cities, are Institutes working with much the same problems as their sister organizations in Southern Ontario. And beyond this again in the newer settlements women are grappling bravely and intelligently with the problems of pioneering. The warm feeling running from the cities to the farthest settlements and back again is one of the forces which makes Institute work in north-west Ontario a particularly vital thing.

The lines of work reported at this Convention were quite as varied and as practical as might be expected. At Fort William the Institute has been helping in a mission in the foreign settlement, thus coming in personal touch with the new-Canadian women. This year they presented this mission with baby scales to be used in their baby clinics. In addition to this, the secretary says, "Then the women gave themselves. In our protected lives we do not understand what some other women have to consider. These foreign women look to the ladies who come among them as something superior and feel quite honored. After a few meetings they begin to find out that we are all very human and have a lot in common." Fort William Institute helped the fire sufferers at Haileybury by buying material and making it into underwear. They also had a tea and cake sale with a shower for needy families in the town, some of the women cutting out and making over the donated clothing. The women of the Fort William and Port Arthur Institutes went to a great deal of trouble to make the Convention hospitable and pleasant for the visiting delegates.

South Neebing is concentrating its efforts on school work this year. On the 24th of May as many of the members as could leave home met some of the school-board at the school and helped to clear up the grounds and put up window boxes. In the afternoon the women cleaned the interior of the school and varnished the wood-work. They have presented the school with paper towels and library books, the funds for their school work being raised by a series of social evenings. They give prizes at the school fair, send flowers to the sick, and take gifts to every mother of a new baby in the neighborhood. They had a sewing course from the Department last spring.

Oadriest is steadily raising money for their community hall. They find box-socials very effective in this connection. They have contributed clothing to the northern fire relief and prizes to the school fair.

Burriss is equipping a domestic science room in their new consolidated school. They are planning next year to give the school some playground equipment. They give prizes annually to the girls of the community for cooking and sewing and had a large number of girls attend the domestic science course this summer. They put on a very interesting entertainment this summer in the way of a debate between two men and two Institute members. Last fall they raised \$65 at a fowl supper. Part of this money was spent for a Christmas treat for children and part was given to a family outside the neighborhood who had been burned out.

West Fort William has been active in local relief work, and in making their regular meetings of practical value to homemakers. They have recently bought a piano.

Ignace has made use of a number of outside services during the past year. They had a sewing course from the Institutes Department and an address on "Health Promotion and Disease Prevention" with the film entitled "The Gift of Life," by Miss Moore of the Health Department. This Institute took charge of the poppy sale on Armistice day for the war veterans, and at different times through the year have provided social entertainment for the community. Bazaars and bake sales are popular here as in several other places in this section.

Hornepayne Institute this year gave gold medals to the children taking the highest number of marks during the year in each room of their school. They also gave books as general proficiency prizes. The Institute is responsible for a petition going from the townspeople to the Post Office Department asking to have a daily mail service for Hornepayne. They have also applied to have the old school house taken over by the Institute and used as a community hall. And next year they hope to assist in having the grounds around the new school made

into good play grounds. They assisted a family who had been burned out, and when a fireman from Hornepayne was injured in an accident and had to go to Port Arthur Hospital they remembered him regularly with boxes of treats.

Keewatin Institute last September arranged a very enjoyable reception for the school teachers and parents. They assisted the fire sufferers, the Navy League, the Muskoka Hospital for Sick Children and the Horticultural Society. Through the influence of the Institute milk dealers in the vicinity were obliged to have their cows tested for tuberculosis. In a "whist drive" they raised \$375 for the rink. And in June at a silver tea and apron sale they raised \$50 towards furnishing a rest room in Keewatin Park. They also provided clothing for a family of children in the neighborhood.

Murillo Institute, feeling that children who had to go to the city to write on their entrance examination, frequently suffered from nervous strain, secured permission from the authorities to have the children of their school and neighboring rural schools, try their examinations at Murillo, from where they could all be taken home every night. This Institute held a very successful "Old-Timers' Re-union" and have doubled the number of volumes in their library so that they have now about nineteen hundred books. They have also assisted the Institute for the Blind.

Hymers Institute, which is only one and one-half years old, has put a stage in the school; improved the cemetery; filled up holes in the sidewalks with cinders, presented the school with a three-burner oil stove to be used in preparing a hot lunch, and given the athletic club \$100 towards buying lumber for a grand stand. Their money is raised through bazaars, bake sales, and bean suppers. Last year when the news of the Haileybury fire reached them all the flannellette articles intended for the bazaar were sent to the fire sufferers along with other clothing. On Dominion Day the Institute held a field day, spending \$70 in prizes. One prize was given to the school child writing the best essay on "Dominion Day and What It Means." This Institute carries out the rather unique feature of taking a "stork shower" to prospective mothers. Their regular meetings are held in the school, the Institute paying a rental of \$5 per meeting.

Devlin Institute, among its entertaining features this year, had a debate with two gentlemen, "Resolved that a man spends more time and money on his own pleasure than a woman does." This Institute has helped their baseball club, the Haileybury fire sufferers, Russian relief and the Emo fall fair.

Barnhart Institute has been buying lumber for a new kitchen and shed to be added to their town hall. When a new baby is expected in a member's home the Institute members each make a garment for the layette. They have sent donations to the fire sufferers, hospitals, and the Institute for the Blind.

Box Alder Institute has painted the church and supplied it with an organ. They have also assisted the school fair and fire sufferers.

Big Fork, organized only last year, assisted with the school fair, formed a reading club and provided the community with a travelling library.

Crozier Institute had a domestic science course last year. They are also much interested in the school fair.

Fort Frances Institute is particularly interested in child welfare work. They have given prizes to the school fair; provided the school with swings and sand hills and equipped a park for them. They sent out generous Christmas cheer parcels to the sick and shut in people in the community. They have had a domestic science course this year, and a showing of the "Gift of Life" film by Miss Moore of the Department of Health. They have furnished an Institute room in the library, assisted fire sufferers both at home and in Temiskaming, and have \$500 in the bank towards providing a local hospital. Much of their money is raised by sales of home cooking and a sale of plants in the spring.

LaVallee Institute has been generous in relief work and brought a domestic science course to the community this summer.

McIntyre Institute, with a membership of eleven, has this year raised \$800. Part of this goes to finish paying for a piano for the school. The balance is being invested in school fair prizes, relief work and hospital funds. This Institute had a sewing course last spring.

Quibell has assisted with school fairs and fire relief work.

Carpenter Institute along with other community work arranged to have church services held in the school house.

Chapple Institute has brought a

travelling library to the neighborhood and assisted with the school fair.

Barwick Institute has paid for the inspection of the school children's plots, donated special prizes to the school fair, built a refreshment booth on the fair grounds, and has promised to erect a fence around the soldiers' monument. They are also planning to serve a hot lunch in the new consolidated school this winter. Perhaps their most unique feature of work is to contribute \$100 towards bonusing a doctor to stay in the district.

The delegate from Stratton said, "If it were not for the Institute some of us would never see each other all year." Last winter this Institute paid a woman to supply hot soup and cocoa to the school children. This Institute has a good number of girl members, and the programs are planned to keep the girls interested. At the time of the Northern Ontario fire the Institute was instrumental in having a car load of food and clothing sent to the fire sufferers.

Pinewood Institute has been very active in local and outside relief work.

Rainy River Institute has adopted the name of the "Beaver" Branch, "because this little animal works all the time." One outstanding feature of their work has been to fit up the armories as a play house and a gymnasium for the children. They have had a number of demonstrations from the Public Health Nurse, Miss Carriarris. They have assisted the town band and are steadily raising money for a community hall.

Shenstone Institute, recently re-organized, is making active plans for their winter's work.

McIntyre Institute is paying for a community hall which they have built entirely on their own responsibility. Just now the church services are being held in this hall.

Port Arthur is assisting the Red Cross Hospital, and the Navy League. They aim to make their regular work of practical benefit to the members. They have educational meetings and remember those in trouble or illness.

O'Connor Institute has the distinction of being the one place in Ontario, or in Canada so far as we know, where the women carry on an Agricultural Fair entirely on their own responsibility. This year the women included three of their husbands on the fair committees, as they could not erect tables, etc., themselves. They hope this year to finish paying for their community hall. They are always ready to assist their members in time of poverty or trouble.

Dryden Institute has raised \$1,983 this year, the main outlay from this sum going towards fire relief. One outstanding feature of the programs of this Institute is the work done through its standing committees.

The school committee met the teachers upon their arrival for the fall term and found temporary boarding places for them. They arranged a reception for the teachers and parents. At the opening of the new school this committee arranged the refreshments and the entertainment, taking care of a crowd of about seven hundred people. Perhaps in this feature as much as in any other the Institute won the warm appreciation of the school board. A piano was provided for the school, the money being raised partly through teas given by the Institute and partly through a dance given by the teachers with which the school committee assisted.

The Home Economics Committee



Too near to be comfortable.

—Cleveland Plain Dealer.

SUFFICIENT IS THE DAY

Worry is the terrible cancer of life. It not only destroys our spirit for accomplishing sane things, but it finally has its deadly effect upon the body. This, of course, is unfortunate, and especially when the cause of our worry is due, not to the things immediately before us, but largely to the problems of to-morrow. The Good Book says, "sufficient unto the day is the evil thereof," and from our youth we have been advised "not to cross a bridge until we come to it."

We find that our thoughtful farmers are taking this attitude with regard to the use of lime upon their fields. There is now a growing tendency to apply less of this material to a larger number of acres instead of attempting to apply large amounts to a small acreage with the hopes of keeping the soil alkaline for a long period of years.

Strange to relate, experimental tests show that frequent applications of small amounts of lime are more economical and effective than the heavier applications applied at longer intervals. These tests, like many others, simply verify the practices which keen farmers have, through observation and inclination, found to be best suited to their needs.

We anticipate, therefore, that it will not be long before farmers who have acid soil to contend with will have a regular time during the rotation when a sufficient application of lime will be made to correct acidity only until the rotation cycle is completed.

The Goose Trait.

One renowned theorist has said that the human being is a conglomeration of all the other animals and birds. It is true that man is the most versatile of all living beings, and perhaps his versatility may be due to having all these traits. Otherwise, he would not at times try to sing like a bird, be as obstinate as a jack-ass, and act like a goose.

Now, one of the common traits of the goose is to follow the leader in whatever he might do, whether it be foolish, dangerous or sane. This leader is usually a gander, but just how this gander gains his leadership is not within our limited knowledge. It may be because of his loud and profuse quacking ability, or he may have to show other more worthy qualities to attain his position.

With us trousered and skirted bipeds this goose-like quality of following the leader is outstanding. A great many of us flock to the leader because of his loud quacking ability, others are flopping around because they can not find a suitable leader to flock to, and still others follow the ones who lead to sane and constructive purposes. This goose quality is a good one, for leaders must be followed to bring unity of purpose in big undertakings. But the selection of the leader is the vital thing. There is at the present time a lot of loud quacking, political and otherwise. As noise is always attractive to our emotions, let us use judgment to ascertain whether the loudest quacking has good purpose behind it, or is quack all the way through.

We can feel reasonably safe if we will use good human sense instead of emotion in following our goose trails.

Air and Incidental Discoveries

The first thing we have use for when we come into the world is air; we breathe it every day that we live, and it is the last thing we have use for before leaving the world. We ought to understand it if we understand anything in the universe and yet the human family breathed it for centuries before they knew what it was or had any just conception of it.

In 1650 A. D. Otto Von Guericke invented the air pump. Boyle, the next investigator, endeavored to ascertain the chemical constituents of the atmosphere. He concluded that there were different kinds of air. Hales pursued the investigation still further, but Black was the first to use the plural of the word air and to use a balance for weighing air.

In 1771 Rutherford discovered nitrogen and in 1774 Priestly discovered oxygen. Lavosier, a Frenchman, generalized the observations of the others and invented the alom-meter. He classified the elements of air as oxygen, nitrogen and carbon. Liebig discovered that air possesses a small portion of ammonia.

Fresh observations are still being made which tend to show how little is yet known about the air. Electricians fill it with ozone, radios fill it with sound, and when treating of those departments of physics scientific speculations fill it with light, heat, odor, gravity and ether, and still we breathe it and it sustains life now just as when first introduced into the first pair of lungs.

About the House

STIMULATE DIGESTION WITH BRAN.

One of the first steps in analyzing our daily diet is to check up on the amount of roughage we are eating. To keep digestive tract in the prime of condition, Nature demands that we eat a goodly supply of bulky foods, especially those containing a residue. These foods assist in stimulating the excretion of all digestive juices along the canal through which it passes and are thus conducive of a normal elimination of bodily waste.

When the family begins to get grouchy and they get up in the morning with the pink faded from their cheeks, try feeding them some of these good things made of bran, and watch the results.

Bran Muffins— $\frac{1}{4}$ cup sugar, shortening size of egg, 1 egg, 1 cup sour (or sweet) milk, 1 cup bran, $\frac{1}{4}$ cups flour, 1 level teaspoon soda (or 2 teaspoons baking powder; if sweet milk is used), pinch of salt. Cream shortening and sugar together. Mix and sift dry ingredients. This will make twelve large muffins.

Steamed Bran Padding—3 tablespoons beef suet or any preferred fat, $\frac{1}{2}$ cup molasses, 1 egg, 1 teaspoon salt, 1 cup bran, $\frac{1}{2}$ cup milk, 1 cup flour, $\frac{1}{2}$ teaspoon soda, 1 cup dates, stoned and cut fine. Melt suet and mix with molasses, milk and egg well beaten. Sift flour, salt and soda together. Add one cup of bran and combine wet and dry ingredients. Stir into the batter one cup of dates, stoned and cut up fine, turn into buttered cups, having cups half full. Steam one hour. If steamed in one large mold, three hours' cooking is required. Serve with hard sauce or lemon sauce.

Bran Nut and Raisin Bread— $\frac{1}{4}$ cup brown sugar, $\frac{1}{2}$ cup milk, 1 cup flour, 1 cup bran, $\frac{1}{2}$ cup water, $\frac{1}{2}$ cup English walnut meats (cut in slices), $\frac{1}{4}$ cup molasses, 2 teaspoons of baking powder, 1 teaspoon salt, $\frac{1}{2}$ cup raisins. Mix in the order given, sifting flour, baking powder and salt. Add raisins and nut meats dusted well with flour. Pour into buttered bread pan, having pan three-quarters full. Bake slowly two hours or longer. Nut meats may be omitted.

Bran Doughnuts— $1\frac{1}{2}$ cups bran, $1\frac{1}{2}$ cups flour, 1 tablespoon butter or lard, 1 egg, 2 teaspoons of baking powder, $\frac{1}{4}$ cup sugar, $\frac{1}{2}$ cup milk, 1 teaspoon salt. Cream butter and sugar. Add egg well beaten. Mix and sift dry ingredients and add to the first mixture. Roll on a floured board. Cut with a doughnut cutter. Fry in very hot deep fat.

A LESSON IN TIDINESS.

Even though my little girls had a closet all their own in which to hang their clothes, they quite often left them lying around on chairs, on the bed or even on the floor. This in spite of my frequent reminders that untidiness is a most distressing habit.

I hit upon a plan that has solved the problem satisfactorily; in fact, I never have to pick their clothes up now. I bought several wooden hangers, a can of blue and a can of pink enamel, a can of shellac and a small brush. I let the girls watch me make those plain hangers into wonderfully attractive things with the enamel. When they were dry I cut from old magazines tiny heads and figures. On the hangers for party dresses I pasted fairy figures and butterflies. On the hangers for coats I pasted winter scenes. On the ones for play dresses I pasted appropriate figures. There was even a hanger for the nightie, with the figure of the cunningest sort of a sleeping baby pasted on.

I gave all the hangers a coat of shellac and to one girl I gave all the pink hangers and to the other all the blue ones. It's fun now for them to hang their garments each on the proper hanger.—M. H. M.

A HOME PAPER SUPPLY.

A neighbor farm woman has hit upon a novel scheme for always having a supply of good, unwrinkled wrapping paper on hand. A roll was bought at a grocery store which had been reduced to about four inches in diameter, for very little cost. This was set up on one end of the table top under the shelves in the pantry by means of two short wood blocks which were bored for the broom-handle shaft.

The finish strip along the lower edge of the overhead doors was removed and a cut made with a rip-saw two feet from one end. The strip was replaced and after the edge of the paper had been placed in this cut, the left-hand end of the strip was drawn together so that there was a slight pressure on the paper at all times.

To pull the paper out for the next piece to be torn off, a notch was cut just large enough for the thumb and finger. The paper tears smoothly along

the wood strip. Whether the paper is wanted for lunches for the men in the field or whether a package is to be sent through the mails, paper is thus always on hand and, being located in the corner, takes up but little room. The arrangement might be placed in a less-used spot by building a device to take the place of the wood strip under the pantry shelves.—D. R. V. H.

VARNISH TILE WALLPAPER.

Tile wallpaper, which is widely used for decorating bathrooms and kitchens, will last twice as long if a protecting coat of clear varnish is applied soon after the paper is hung. The glazed surface of the tile paper itself will not stand much washing, but when re-enforced with a thin coat of good varnish, spots may be wiped off with a wet cloth without affecting the paper. Thus a continued sanitary condition of the walls is easily possible.

Even when walls have been papered for some length of time it pays to go over the glazed surface with a good varnish. It is surprising how much fresher the room will look and how much longer the paper will last.



A HOUSE DRESS "NEAT AND TRIM."

4488. The House Dress of to-day has a very important place in the wardrobe of every woman. The model here illustrated is suitable for the stout and slender figure. Gingham, crepe, ratine or printed cotton, as well as linen may be used for its development. The width at the foot is $2\frac{1}{4}$ yards. The closing is at the left side in front.

The Pattern is cut in 6 Sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. A 38-inch size requires $4\frac{1}{2}$ yards of 36-inch material.

Pattern mailed to any address on receipt of 15c in silver or stamps, by the Wilson Publishing Co., 73 West Adelaide Street, Toronto. Allow two weeks for receipt of pattern.

November Rain.

The rain is dripping from the trees,
And running from the eaves,
And splashing on the open road
Bestrewn with sodden leaves,
And every bush and leafless twig
And withered plant appears
Impaired with countless tiny drops
Like melancholy tears.

For all the radiant floral band
That made the autumn gay,
The asters and the goldenrod,
Alas! have passed away,
And o'er her flower children dead
Upon their woodland bier,
Lo! sorrowful November weeps,
The Rachel of the year.

—Minna Irving.



Fear Eliminated.

"As a lecturer, don't you sometimes fear to face an audience?"
"Never—my talks are all broadcast, you know."

An English inventor has patented a double parachute designed to steady the descent of a user.

GOOD RED BLOOD A REAL NERVE TONIC

Weak, Watery Blood the Source of All Nervousness.

"If people would attend to their blood, instead of worrying themselves ill," said an eminent nerve specialist, "we doctors would not see our consulting rooms crowded with nervous wrecks. More people suffer from worry than anything else."

The sort of thing the specialist spoke of is the nervous, rundown condition caused by overwork and the many anxieties of to-day. Sufferers find themselves tired, low-spirited and unable to keep their minds on anything. Any sudden noise hurts them like a blow. They are full of groundless fears, do not sleep well at night. Headaches and other nerve pains are part of the misery, and it all comes from starved nerves.

Doctored nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich red blood. Therefore to relieve nervousness and run-down health Dr. Williams' Pink Pills should be taken. These pills enrich the blood, which tones the nerves, improves the appetite, gives new strength and spirits, and makes hitherto despondent people bright and cheerful. If you are at all "out of sorts" you should begin taking Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

The Breath of Life.

Fresh air is the breath of life. There is little use in trying to keep well if we do not get abundance of pure, fresh air to breathe.

People whose resistance is weakened by disease and who must fight not only to keep alive but to conquer the germs of any disease like tuberculosis must have abundance of fresh air. For them it is not enough to spend the daylight hours in the open; the entire twenty-four hours should be fresh air hours. The windows should be open or the porch available at all times. The tuberculosis patient who tries to stay in the open air as much as possible and who faithfully follows the other directions of his physician, has the best chance of recovery.

For those who are well, good health is promoted and maintained by no better means than suitable outdoor exercise and good food. If every man, woman and young person in this country could be persuaded as a matter of daily routine to take at least twelve deep breaths in the open air, or before an open window every morning, the residual air in the lungs would be replaced by fresh air and

—AND THE WORST IS YET TO COME



more oxygen supplied for the general upkeep of the body. The result would undoubtedly be beneficial to everybody and would bring about a general improvement in the health standard of the entire community.—Dr. J. J. Middleton.

The Stirrup-Cup.

Death, thou'rt a cordial old rare;
Look how compounded, with what care!
Time got his wrinkles reaping thee
Sweet herbs from all antiquity

David to thy distillage went,
Keats, and Gotama excellent,
Omar Khayyam and Chaucer bright,
And Shakespeare for a king-delight.

Then, Time, let not a drop be spilt:
Hand me the cup when'er thou wilt;
'Tis thy rich stirrup-cup to me;
I'll drink it down right smilingly.

—Sidney Lanier.

Remember that your face is an advertisement. It shows the public what mental and moral goods you have to offer.

The pouch of a pelican is large enough to contain seven quarts of water.

Ingenious Means Used in Surveying Operations

Those who go down to the sea in ships are not the only ones who see the wonders of the deep and of the sky. The engineers who go to measure the land witness wonderful phenomena and even make use of them in their daily operations. The engineers of the Geodetic Survey of Canada in the triangulation of the vast areas they are called upon to measure are sometimes forced to secure sights between points which tax the maximum resources of their equipment and indeed sometimes exceed them except under extraordinary conditions. Higher towers at times are not feasible and more powerful lights or telescopes are useless if the line of sight is obstructed. When some part of the earth comes between the two observation points it would seem that there is nothing left for the surveyor to do, but Geodetic engineers have found that by taking advantage of times when the beam of light bends conveniently they can make their observations. For example in observing points on the north shore of the St. Lawrence from the south or Gaspe coast it was found that the straight line (about 80 miles long) between the two points passed under the surface of the water. It was impossible to use higher towers and on several clear nights tests showed that the lights were invisible. Then came several nights when the conditions of refraction were abnormal and when owing to the upward arching of the line of sight the north and south shore lights became intervisible, and it was possible to complete the required angular measurements. Moreover the refraction was on its good behavior and while it conveniently bent the line perpendicularly so as to pass over the hill of water, so to say, between the lights, it did not bend it horizontally, and the measurements were consequently accurate. How the engineers assured themselves that the line did not bend horizontally is another story, but they also determined that point.

At other times abnormal refraction develops in other forms. In taking observations at night between Cape Breton and the Magdalen Islands it was necessary to take readings on the image of the electric light when it appeared as a vertical pencil or band approximately fifty feet wide and half a mile high. Sometimes the image appeared as a series of disks one above the other. At times the disks were all of one color, yellow or white, and clean cut and separate. At other times the disks overlapped and were red, white and green in regular order. Other variations were noted when acetylene lamps were used, but in all cases the images were in a vertical plane, so that the observations for horizontal angles were not delayed, the results being quite satisfactory.

Trawling Centre.

Grimsby, England, is now the greatest trawling centre in the world. Between five and six hundred steam trawlers alone are now registered at this port, in addition to many other vessels.

London is experiencing a shortage of children four and five years old; this is due to the abnormally low birth-rate of the years 1918 and 1919.



AWARDED QUEBEC SCHOLARSHIP

As the result of her distinct artistic appeal, Antoinette Giroux, La petite Canadienne of the Stage, has been awarded a Scholarship by the Provincial Government of Quebec, entitling her to three years' dramatic study at the French Capital. Photograph taken aboard the Canadian Pacific S.S. Minnedosa en route to Paris via Cherbourg.

Gordon & Son

**CUSTOM
TAILORS**

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WATERDOWN

We Will Be Pleased

To Have You Visit

**"Our Home"
Tea Room and Shop**

Try our P. M. C. Ice Cream,
Polar Pies and Sundaes.

We sell P. M. C. Creamery
Butter and Buttermilk, also soft
drinks, hot tea and coffee, candy,
light refreshments, tobacco, fruit,
choice groceries, stationary and
school supplies. Canada and
Sykes Bread fresh.

Oysters now on sale.

W. G. SPENCE

Phone 121
Mill Street Waterdown

Grace Church

REV. E. A. SLACK, L. Th., Rector
Sunday School 10 a. m.
Matins and Sermon 11 a. m.
Holy Communion 1st and 3rd Sun-
days of the month at 11 a. m.
Evensong and Sermon every Sun-
day at 7 p. m., except last Sunday
in the month when the only service
of the day will be at 3 p. m.

St. John's, Nelson

Evensong and Sermon every Sun-
day at 2.30 p. m., except last Sunday
in the month when Holy Communion
will be celebrated at 10.30 a. m.

Knox Church

REV. C. SINCLAIR JONES, Minister
Morning Service—Subject, "The
Spirit of Jesus in the Early Church"
Evening Service—Rev. C. A.
Mullin of West Flamboro will
preach.

Sunday School and Bible classes
at 9.15 a. m.

The Church Club meets Tuesday
evening at 8 o'clock.

Methodist Church

REV. C. L. POOLE, B. D., Pastor

Morning Service—The Pastor will
preach.

Evening Service—Evangelist J.
E. Brown.

10 a. m. Sunday School and Bible
classes.

The Y. P. S. meets on Monday
evening at 8 o'clock.

Prayer Service on Thursday even-
ing at 8 o'clock.

Gladiolu Bulbs

The past season has been a most
successful one for growing bulbs,
and in order to relieve the spring
rush I will allow a 10% reduction on
all orders received up to December
10th. Send for price list and de-
scription sheet to

Len. Fortune

Aldershot Ontario

Miss Muriel Feilde

Teacher of
Piano and Theory
(Leschetizky Principals)

Dr. P. F. METZGER

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Mill Street Waterdown

R. J. VANCE

DENTIST

Phone 105

Mill Street Waterdown

THE PUBLIC

Will save a large percentage in
purchasing their watches from

N. Zimmerman

And also by having him do re-
pairing for them.

Main Street opposit Weaver's

FOR SALE—Upright Mahogany
Piano. Apply at Review Office.

HOUSE FOR RENT—Apply to
Frank Slater, Waterdown.

FOR SALE—1 Happy Thought
Range cheap. Apply to Nelson Zim-
merman, Main street.

FOR SALE—Ford Coupe in first
class mechanical condition, Yale lock,
accelerator, shock absorbers, etc.
Apply at Review Office.

The Family Herald and Weekly
Star and the Waterdown Review
both papers one year for \$2.25.

HEMINGWAY'S

JUST RECEIVED

A shipment of Ladies' and Men's Winter
Hosiery, also a new lot of Men's All Wool
Sweaters and Winter Caps.

We Are Offering Ladies' Strap Slippers

Regular \$5.00 for \$4.50

Regular 4.25 for 4.00

Regular 4.00 for 3.75

Regular 3.50 for 3.25

Regular 3.25 for 3.00

Regular 3.00 for 2.75

To Arrive in a few days a shipment of
Valentine Army Work Shoes
Which has given such great satisfaction

RUBBERS

Just received a shipment of Rubbers of
all descriptions. Prices below city prices.

**FOOT COMFORT
DEMONSTRATOR**

from
CHICAGO
coming to
our store

NOVEMBER 30th



Pain or callouses there? See
the Dr. Scholl's Foot Comfort
Demonstrator at our store

If foot troubles have clouded your life with needless
misery, here is your opportunity to rid yourself of this
trouble. Meet at our store a man specially trained in
Dr. Scholl's Method of Foot Comfort. Let him tell you
how the famous Dr. Scholl's Foot Comfort Appliances
can ease the pain of such foot disorders as weak and
broken down arches, weak, aching ankles, callouses on
the soles, corns and bunions.

This is a direct invitation to you

EAGER'S

Waterdown

You Will Find It Here

FOR SALE—Good Sideboard in
first class condition with mirror.
Owner has no room for it and will
sell very reasonable. Apply at Re-
view Office.

FOR SALE—White Plymouth
Rock Cockerels, bred-to-lay strain
imported from F. A. Schwegler,
Buffalo, N. Y. Apply to Frank
Johnstone, Waterdown.

FOR RENT—Two Front Business
rooms. Apply to Mrs. A. L. Feather-
ston, Mill street.

LOST—Back rack off green Ford
truck Saturday, Nov. 3rd, between
Flamboro Centre and Waterdown.
Finder please notify J. H. Drum-
mond. Phone 14 r 12.

NOTICE—Anyone wishing cider
made apply to Robson Bros. Phone
35 r 2.

FOR SALE—A good Buck Heater,
medium size, good as new. Apply
at Weaver's store.

FOR SALE—Iderl Jewel Feeder
with oven, \$15. Apply to C. H.
Brigger. Phone 26 r 2.

FOR SALE—1 Library Table and
2 Chairs in fumed oak with leather
seats. Apply to Mrs. H. Slater.



(National Crop Improvement Service.)

"Building the weather out is fully
as important as maintaining a fire in
the furnace. In the old days when
we scorched our faces and froze our
backs at the open fireplace, we went
shivering to bed and breathed icicles
on the coverlid.

"We have learned to plaster our
houses inside and out, but in frame
construction we have always had dif-
ficulty through expansion and con-
traction of preventing the plaster
from cracking and scaling off.

"But the introduction of triangular
steel reinforcement and the improve-
ment of outside plasters has correct-
ed this evil and a house now could be
tumbled end over end and its plas-
tered walls remain intact," says Mr.
R. S. Rider, president, Canadian Steel
& Wire Co.

"Another feature is that reinforced
stucco never has to be painted, which
is something every home owner will
appreciate."

SPECIAL FOR SATURDAY

Neilson's Regular 50c and 60c Chocolates

Saturday 39c a lb.

Neilson's Creamy Toffee

Half pound 25c

Delicious Cubes of Sugar and Cream

Call in and see our samples of Private
Greeting Cards for Christmas.

We will appreciate your order

We Carry a Full Line of Fresh Tobaccos

Regular 10c Cigars—Tuckett's Devon, Club Alpine, White
Owl, Bachelor and Barrister

Three for 25 cents

W. C. Langford

Waterdown

**Watch Us Grow
There's a Reason**

The Sawell Greenhouses

**Geo. Dougherty and W. G. Spence
SELL THIS BREAD**



**Bread The
Children Love**

is the kind we bake, because
it's so soft, light, white and
wholesome. Good for the
kiddies, good for grown-ups
too. Fine to eat with soup,
sandwiches, meats, bread pud-
ding, etc. Try our bread and
you will continue.

100 Per Cent Whole Wheat Bread

Sykes Bread Limited

Manufacturers of

"The Loaf Supreme"