excalibur

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YORK UNIVERSITY'S COMMUNITY

50 students fall victim to suspected flu virus

By GARRY MARR and JAMES HOGGETT

Close to 50 resident students from both Stong and Bethune college reported persistent vomiting and diarrhea late Thursday night, which has been linked to a flu virus.

At approximately 11:00 p.m. several cases of nausea were reported throughout Complex II and five students were taken to York-Finch hospital for treatment. Michael Stokes, a don at Stong College, said York-Finch hospital indicated they would be unable to handle an epidemic and requested that no more students be sent over.

Initially, the source of the virus was alleged to have been food poisoning, which resulted in a quarantine of all food at the Complex II cafeteria. Food samples were sent from York to a private lab and the North York Health Department was also called in to collect samples.

Stong and Bethune both share the same kitchen, which prompted the food poisoning suspicions.

"We sent samples of everything in our fridge," said Jim Fougere, food service director on campus with Marriott.

But on Wednesday, Director of Food and Housing Norm Crandles was informed that food poisoning has been ruled out. "We treated it as if it could have been contamination," said Crandles.

Over 30 samples of food were sent out to be tested for salmonella, E coli, and staphylococcus, but all the results were negative.

York's chief medical official, Dr. James Wheeler, stated in yesterday's Toronto Star, "The students had a very sudden and accute gastrointestinal infection. Nothing other than a virus could do this.'

Among the victims of the unknown virus were Mike Robbins, a third year Economics students who also plays defense for the hockey Yeomen. After suffering stomach cramps from 8:00 to 11:00 Robbins was taken to hospital when he became severely nauseous. He had to wait up to twenty minutes for treatment at York Finch Hospital, during which time he vomitted again.

Kathy Lyons, a first year physical education and English student, also

reported similar symptons. She wa taken to York-Finch and released about three hours later.

Paul Ferris, a third year English student was told by doctors at York-Finch that he may have had food poisoning. Ferris was given an intravenous solution for several hours because of dehydration and released two hours later.

"They told me I should be better in a couple of days," Ferris said.

An article in The Toronto Star on Sunday said that the flu-like ailment had spread to Vanier and Winters colleges, where vomitting and diarrhea were also reported.

More housing for first-year students

By DANIEL WOLGELERENTER

A new recruiting strategy will allot more residence spaces to first-year students for the upcoming academic

Starting next September, about half of York's 1,564 undergraduate beds will be occupied by first year students, Provost Tom Meininger said. As a result, between 125-150 upper-level resident students will lose their beds. Currently, first year students account for about 35 per cent of undergraduate residents.

The Vice-President's Committee on Housing made the decision to give more spaces to first year students in early December after consulting the Department of Housing, the Council of Masters, and the Office of Admissions.

Meininger said that the decision was made because it is "in the recruiting interests of the University" to be able to offer more spaces to incoming students for whom "housing is high on the list of their concerns.'

He also said that the decision was made because upper-year students are more familiar with Toronto and are better equipped to handle living off-campus.

Founders master and chairperson of the Council of Masters Arthur Haberman said that because most universities have a greater percentage fo first-year students in resdience, York was at a disadvantage when it came to attracting students.

Haberman said that a more equitable mix between first-year and upper-level students was needed and that "a 50-50 split is minimally appropriate.'

The university also announced that residence boundaries around Metro have been extended to include more outlying communities.

The old boundaries extended from the lakeshore to Highway 7 in the North, and from Indian Line (mid-Etobicoke) in the West to Markham Road (mid-Scarborough) in the East.

The new boundaries extend farther north and west.

Beginning in September, residents of communities such as Kleinberg, Richmond Hill, and Aurora will no longer be eligible to live in residence unless they qualify for "high scholarship awards" which would guarantee them a space, according to Food and Housing Director Norman Crandles.

Crandles said that previously the boundary had not extended past Highway 7 to the north, which meant that students from downtown were ineligible for residence, while studens from just north of Highway 7 were eligible, even though they lived closer to York.

According to Meininger, the boundries as initially proposed would have made all Missisauga, Scarborough, Markhan, Brampton, and Newmarket students ineligible



WHERE IS THIS? The first five people to tell Excalibur's editor exactly where this photo was taken will win a pair of tickets to this Friday's Yeomen hockey match against Concordia. Game time 7:30

cont'd on p. 9

YUFA and CYSF back Prof. Holmes

By MARK WRIGHT

The York University Faculty Association (YUFA) and the CYSF have decided to support psychology professor Chris Holmes' continuing grievance against the university.

Last spring the Psychology Department rejected Holmes's proposal to make his specal topic courses - "Mystical Psychology and the Psychic Sciences," and "Mystical Views of Consciousness and Creation" - part of the undergraduate programme.

The decision was made by the Psychology Undergraduate Committee based on the investigations and advice of an ad hoc committee.

Holmes' major complaints are with the manner in which his courses were reviewed.

This is not the first time that Homes has had a conflict with the

university. In 1983 his tenure was turned down and he filed a grievance alleging that he was denied tenure because of a bias against his work.

The university settled with Holmes in 1986 before the case reached an arbitration board. In addition to financial compensation, he was given two special topics courses to teach that would be evaluated on the basis of academic freedom.

Academic freedom, as defined in Article 10 of the Collective Agreement (the contract signed between the university and YUFA), states that the university will strive to be free from "institutional censorship."

Holmes believes that during the reviewing process the ad hoc committee violated the terms of the settlement.

"One member of the subcommittee attended a class," Holmes said, "but for only half of it, and another attended to hear a guest

speaker and to hand out some class evaluations."

"I consider that the totally superficial justifications given for the dismissal of my proposed courses makes a mockery of the ideals upon which this university was founded, of any semblance of academic, scholarly integrity or tolerance within the Psychology Department," Holmes states in a letter to YUFA.

YUFA's renewed support is most valuable because the administration can't ignore it," Holmes said.

YUFA would not comment.

Psychology Department Chair Katherine Koenig said her department has not changed its position.

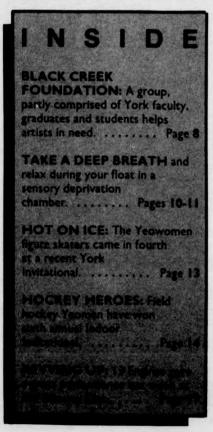
"As I understand it, we went through the ordinary review process. Every member of the Undergraduate Studies Committee went to Holmes's courses, read all the material and the special information about the courses," she said.

"The only thing that was unusual about this case was the great amount of effort made in reviewing it.'

Last week the CYSF decided to support Holmes. In a draft of its letter, which is to be sent to the Senate Committee on Curriculum and Academic Standards, the CYSF states that it "must question how much weight was given to student opinion" in the evaluation process.

The letter further states that the manner by which the ad hoc committee investigated the case was "nothing more than a stab at the process.

"The issue here is academic freedom," Holmes explained. "I think that it's important that students in a modern university be exposed to the areas of psychical, mystical, and spiritual teaching and research, and I don't understand why there is such resistance to one teacher who has an alternative view."



CAREER & PLACEMENT NEWS

VOLUME 2

WINTER 1989

NUMBER 1

"A Cure For Career Confusion"

January is the month when "career confusion" flares up at York like an epidemic. Many students at the Career & Placement Centre report that they are suffering from this normal condition which paralyzes its victims with uncertainty. The cure involves learning how to take charge of the future — simple to recommend but difficult to achieve!

For starters, I often "prescribe" an M.B.T.I. — one of four computerized vocational tests that are available at the Career & Placement Centre. The Myers-Briggs Type Indicator is based on Carl Jung's theory of psychological types, which was first published in 1921, as well as forty years of research development by Isabel Briggs Myers and Katharine Cook Briggs. Today, the M.B.T.I. is the fastest growing psychological assessment in North America.

This prescription works by explaining why different people are suited for different kinds of careers. It makes baffling behavioural differences in ourselves and others understandable in a positive, affirming framework. Rather than measuring intelligence or pathology, the M.B.T.I. identifies personality type preferences which will help with career path selection, job-fit issues, vocational conflicts and even resume content. MYERS-BRIGGS TYPE INDICATOR

Although no career development resource is a panacea, the M.B.T.I. is an effective way to begin dealing with a case of careerwork upset. Used in conjunction with other computerized instruments at the Centre, a total cure is possible.

If you're uncertain about your future, come to N108 Ross. Ask for an M.B.T.I. treatment. It won't hurt a bit and it may change your life - for the better!

York's own	n On-Campus	Recruiting	and Joh S
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Formerly,	On-Campus	Recruiting	was open

Employers

Search Training Program is getting results. More University and students are reaping the benefits. erated by the Federal Government's Canada Employment and Immigration Commission. The system is now designed specifically for York's graduating students and recent alumni.

During the program's first year (1987-1988), 65 employers recruited at the Career and Placement Centre. Eighty-eight percent of students who applied for positions were granted on-campus interviews. Sixty-eight percent were invited for second interviews and 49% of these students received at least one full-time career-related job offer.

As of the end of December 1988, the number of employers visiting the campus had increased 46% over the same time last year. Final statistics will not be available until May, but Janet Gaffney, Coordinator of the service expects this trend to continue.

"We're getting positive responses from recruiters," she says. "The new On-Campus Recruiting process is streamlined. New facilities have been built. Student attitudes and applications are improving. Employers are responding to a more professional recruitment approach."

One employer recently commented, "I thought (the) services were excellent and the help I received was . . . first class . . .

On-Campus Recruiting continues until March. For more information, please come to N108

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Contest closes March 15, 1989, 4:00 pm

York University Dossier Service

by: Doug Shanks

John Harries, Director of the Career and Placement Centre, has announced that a Dossier Service has been created in co-operation with CUEW and the York Administration to assist Part-time Faculty and Teaching Assistants in making applications for research grants, scholarships, academic programmes and/or employment. In order to simplify the preparation of applications, a collection of file documents will be retained at the Centre to be copied and submitted as requested.

Normally, a Dossier file will consist of: Curriculum Vitae, Academic Transcripts and Confidential References. To this basic file may be added: Thesis abstracts, Outlines of courses taught and Evaluations of teaching supervisors. Clients of the Service who prepare and submit Dossier materials may inspect the non-confidential documents on request and update materials as needed

Confidential References will be sent by referees directly to the Centre along with a written guarantee that the content of the document is not known to the client. Such References will not be available for perusal by the client and will be sent only as part of a Dossier being submitted in support of an application.

The co-sponsors of this special project anticipate that all Part-time Faculty and Teaching Assistants will take advantage of this opportunity. The Career and Placement Centre will offer assistance in the preparation of documents for the Dossier. To this end, a free orientation workshop will be held at the Centre on Friday, February 24, 1989, from 1 to 4 p.m. Please register in person at the Centre, N108 Ross, or telephone 736-5351.

Part-time faculty and Teaching Assistants may begin preparing their Dossier files immediately. Advisory assistance is available on request through Dr. Doug Shanks, Career Development Consultant for this York University Dossier Service.

Attention:

Student Leaders & Organizations, Colleges and Faculties

If you would like to book and co-sponsor a career and placement services "Information Session" for your students, please contact Josephine Campanelli at 5351 or N108 Ross. Job Search training sessions are also available.

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with \$35,000 debt

By JAMES HOGGETT

The financial problems of the Open End Pub should have been stemmed earlier, according to interim pub manager Elizabeth Mick.

"I don't know why something wasn't done about the problem sooner," Mick said. "The problem seemed to get worse as each quarter went along.

For the year ending April 30, 1988, the Open End ran a deficit of nearly \$30,000. They also owed the University Beverage Department over \$21,000.

The debt to the Beverage Depart-

ment has since increased to \$35-40,000 according to Mick.

"The University has been very patient with us so far," Mick said. "Right now we are trying to keep current with our bills to the Beverage Department."

On January 6, pub manager Pat Chester was dismissed by the Open End Management Board because it felt he had failed to act on the growing debt. The pub was subsequently closed for a week until an interim manager was found.

Mick, who was the Open End's

Open End pub faced Pages Plus denied funding

By DAVID WEBSTER

The CYSF has denied funding to Pages Plus, the newly opened desktop publishing company based in Calumet College. The decision was made late last week.

"It's an unfortunate thing," said CYSF President Tammy Hasselfeldt. "but based on our budget, we couldn't afford to do anything.'

Calumet College Master Pegg, Keall said Pages Plus based its request for funds - \$18,000 this year and a smaller amount over the next two years - on a verbal agreement with last year's CYSF President, Drew McCreadie.

The funds were to have been the sole financial support for the

Last year the company received \$17,000 from the Calumet-CYSF trust

fund, but this fund no longer exists. Pages Plus needs money to pay for staff, computers, and other equipment. After this initial period the company would start to make a profit, said Keall.

Hasselfeldt said this year's executive did not know that there would be a request for financing from Pages Plus, as McCreadie did not sign a three-year contract with Pages Plus.

CYSF Vice-President of External Affairs Joe Zammit said that no CYSF council has the power to commit the funds of future councils without a written contract.

Keall said she takes the CYSF's claim that it didn't know Pages Plus needed money with "a grain of salt." She felt that the CYSF "didn't fulfill its responsibilities."

Keall is looking for other sources to keep Pages Plus going past the end of the school year. She said there was a good chance that arrangements could be made without the help of

By-law won't effect students: Lastman

By ALEXANDER SGROI

North York Mayor Mel Lastman has assured the CYSF that university students will not be affected by the enforcement of the exclusionary bylaw, which restricts the number of unrelated people living in one dwelling.

North York's by-law allows three unrelated people to live together and subsequently caused a number of students living in the area to be

Last Thursday several groups including the CYSF, OFS, and the Committee to Stop Rooming House Closures in North York - met with Lastman to urge him to repeal the by-law.

Although the Mayor supports the law, he assured CYSF Vice-President External Joe Zammit that university students will not fall victim to the by-law's restrictions.

Lastman was unavailable for comment but his executive assistant Sheila White explained that the bylaw implementation committee does not actively search for illegal dwellings, and only acts on complaints launched by the community.

Zammit said he was "pleased with Lastman's assurance," but added that he will forward a letter to the mayor requesting his promise in

CYSF rejects Lexicon's bid

By NANCY PHILLIPS

The Lexicon, Bethune's college newspaper, has lost is bid for official recognition as a central student service, which would have secured \$1,500 to \$2,000 from the CYSF.

In his presentation to the CYSF at last week's Council meeting, The Lexicon's business manager Rajiv Persaud explained that the college newspaper deserves to be recognized as a central student service, since membership is open to students from every college, and the paper covers news and events from the whole university and the surrounding community.

Persaud said The Lexicon can "put out a newspaper embracing Bethune's mandate and still qualify as a central student service."

UDITIO

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Musicians, Specialty Acts 12 noon-2 p.m.

Canada's Wonderland—Scandinavian Studios
Technicians, Characters, Ushers, Escorts 11 a.m.-1 p.m.

This year The Lexicon received about \$7,000 from the Norman Bethune College Council in addition to other revenue, and it predicts that it will have a deficit of \$1,440.

Last year The Lexicon received \$1,500 from the Bethune-CYSF trust fund. Persaud said this meant that "last year Council recognized us as a central student service.'

York's provost Tom Meininger agreed with The Lexicon's position. He said, "In the past couple of years, as a result of the trust fund agreement, the CYSF has been willing to recognize The Lexicon as a central student service, a point of view that I subscribe to.'

But CYSF president Tammy Hasselfeldt said after the Council meeting that "to get money from the trust

INSTRUMENTALISTS

tund a group had to satisfy the administration that it was a central student service, not the CYSF. The CYSF never acknowledged that [The Lexicon] was a central student service.

One of the CYSF's main concerns was that it would open itself up to requests for funding from other college newspapers if it accepted The Lexicon's request.

"I think we'd be setting a horrific precedent if we funded The Lexicon," said Founders College representative Warren Pratt.

In order to raise additional funding, Persaud said before the council meeting that The Lexicon may hold a campus-wide referendum this

Details of the referendum, however, have yet to be finalized

Meeting today at 3:00



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__EDITORIAL

Security's need for **Special Constables**

Last November a woman spotted two men leaving her office. They had apparently broken in. When the woman called Security with a description of the men, the suspects were apprehended within 15 minutes.

The men admitted to the security officers that they were not York students, and then failed to produce identification. Security found that the suspects were carrying walkie-talkies and gloves, and that one man had a crowbar under his jacket. They were arrested for trespassing and held for Metro police.

A two-week rash of break-ins had occurred and the two York security officers believed they had finally caught the suspects. But when Metro police arrived, they refused to charge the men with possession of burglary tools, saying that Security's search was illegal. Police did lay trespassing charges, but the suspects were free to

The above series of events epitomizes York security officers' need for more power, specifically Special Constable status.

Presently, a York security officer's authority is limited to that of an ordinary citizen. In the above scenario, for instance, the suspected burglars had to be caught in the act in order for Security to legally search them, and ultimately make a citizen's arrest.

But the chances of a security officer witnessing a crime on York's 650-acre campus are slim. And even if there are witnesses and full accounts of an incident, York Security can legally conduct only a limited investigation, even of the most minor offenses. Furthermore, to follow up on a case, the heavily-taxed Metro Police 31 Division has to be contacted which has led to strained relations between York and the police.

Special Constable status — the power to arrest, without warrant, anyone that the officer believes within reasonable and probably grounds, has committed a criminal offence — would aid York Security's quest to become an effective force.

Arrests, such as the ones that should have taken place with the two suspected burglars, would be much easier to perform. But there are additional benefits, as well. Like their counterparts at U of T and Guelph, York Security officers, with Special Constable status, would be empowered to enforce federal and provincial laws, and municipal by-laws. York's officers would then have the authority to issue provincial offence tickets, do follow-up investigations that could lead to arrests, escort prisoners off-campus, and use Metro Police forms for reports — all of which, advocates of the status argue, are imperative for an effective security

Moreover, the status would ease relations with Metro Police 31 Division, and ultimately raise the morale of campus security by giving officers a great sense of authority and purpose

The costs associated with obtaining the status are minimal. In fact, there are no costs for obtaining the power itself. But if Special Constable status was obtained, explained Eric Pond, Assistant Director of Security Services, who has just completed a detailed report on the issue, Security would immediately improve its training programme so officers could effectively use the power

Pond said that as part of a new training package over half of Security's 30 full-time officers would eventually have to be sent to Ontario's Police College, in Aylmer, for its nine-week, \$2,700 per person course. He added that because of the increased training, wages might also rise to roughly \$15/hour, from the present ceiling of about \$13/hour.

But as Pond and other security officers have pointed out, training costs would be easily offset by a more effective security force acting as a deterrent against the increasing amount of campus theft and, more significantly, vandalism — a problem that has cost York over \$1 million in the last five years.

There is some concern, however, that a security force comprised of Special Constables would create a police-like atmosphere on campus and that some officers might abuse their increased authority.

But use of these powers would be the exception, not the rule. Pond explained that the York community would not be confronted with a drastic change in security operations. As John McKergow, Deputy Chief of U of T police, said, "[Special Constable status] greatly increases our effectivenss, although we really only use it the odd time.

And if the status were obtained, guidelines and policies would be implemented by the Ontario Police Commission (OPC) and York, thus creating rules for everyday working procedures. If a Special Constable went beyond the guidelines, that officer would risk disciplinary action by the OPC and the University in the form of suspension, demotion, or dismissal.

Pond presented his Special Constable status report to the Security Advisory committee on Monday. A sub-committee has been established to further examine its legal, operational, and implementation concerns, and in about a month the Security Advisory Committee will make a recommendation to Bill Farr, Vice-President of Finance and Administration.

Hopefully, they will recommend that Special Constable status be implemented.

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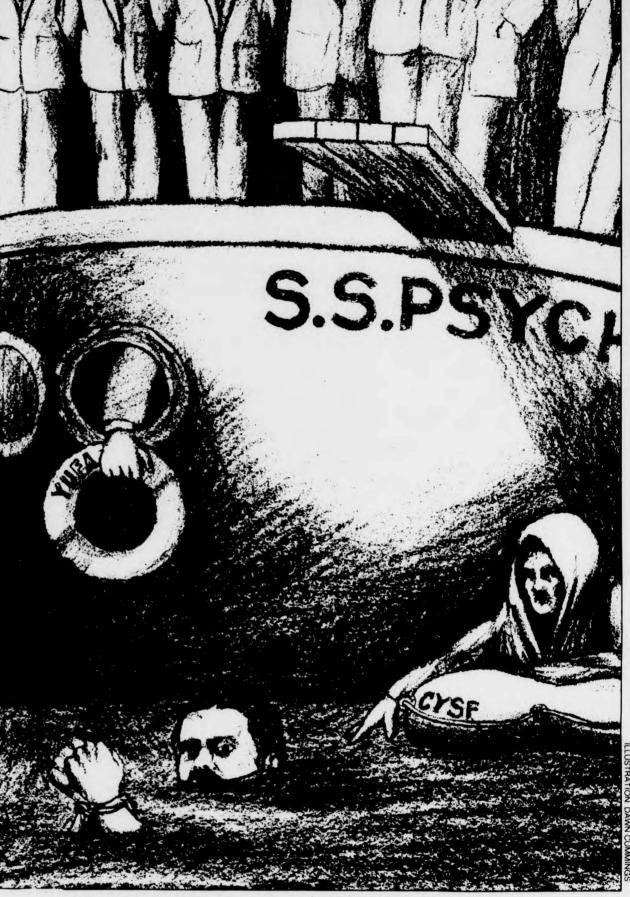
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Professor Holmes' last attempt to stay afloat

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If Aesop ran

It is a matter of ancient wisdom, Aesop's in fact, not to count your chickens before they are hatched, and I do hope CHRY's fundraisers did not count on their pledges before they were cashed. With \$19,916 pledged and only \$9,333 collected, it would seem that CHRY's fundraising drive has borne out the truth of the old saying that cash in the hand is worth two cheques in the mail.

No doubt there was great disappointment in the final tallying of the numbers, and I appreciate Mr. Zaretsky's frankness in publishing the figures in Excalibur, though his figures still leave me with a few questions. One of these, quite simply, is whether the campaign expenses have been deducted from the total of donations collected (\$9,333). As I remember, T-shirts, buttons and programme guides were offered for pledges, and with any fundraising drive, there are always postal, telephone and computer expenses.

Another question of special interest to those of us in the York community is how much of the money collected came from campus donations and how much from what Mr. Zaretsky calls the "outerlying" area.

With these questions yet remaining, it is to be hoped that CHRY's fundraising figures do not, like Oscar Wilde's chickens, "run about so absurdly that it is impossible to count them accurately.'

> Yours, N. Sperling-Rosen

Why pay for CHRY?

Are York students aware that CHRY, the university radio station, received about \$100,000 of their money for the 1988-89 fiscal year. According to a letter in the January 19, 1989 issue of Excalibur by Daniel Zaretsky, station manager and president, "CHRY currently receives \$4.50 per full-time equivalent student at York University, approximately \$100,000 this year. \$100,000 is definitely not an

insignificant amount.

My question is this: Why should every student, through a levy imposed by York, contribute to a radio station that plays music most of them don't give a damn about? In fact, many students do not even listen to CHRY due to dislike, indifference, or inability to receive broadcasts. CHRY is an alternative music station. It is probably safe to say that York's population has more mainstream tastes and just isn't into the alternative scene. Alternative music has always appealed to a minority so therefore it shouldn't be financially supported by an unknowing and uninterested majority.

CHRY's eccentric tastes can be seen in the station's list of 10 favourites for 1988, also published in the same issue of Excalibur. These titles, taken from programmer's playists throughout the year, include "Hold Your Nose" by Pigfarm, "Nobody Likes The Dik Van Dykes" by The Dik Van Dykes, "Trinity Sessions" by Cowboy Junkies and "Live -

cont'd on p. 5

LETTERS

cont'd from

You Goddamned Son of a Bitch" by The Revolting Cocks.

These selections might be some of CHRY's favourites but I, for one, surely don't believe that they are representative of the student population's musical tastes. Who has even heard of them?

Financial support for CHRY obtained via a levy should be denied on the basis that most students, the ones who are paying, couldn't care less about the station. Since the station's operating and capital expenses are also made up through radio sponsorships and public fund raising efforts, those students and fans of alternative music still wishing to contribute could continue to do so. There is no rationale for every student to give part of their tuition fee towards a project they're apathetic about. \$100,000 of student money could be put into far more popular and worthwhlie undertaking.

Andrew Lee

Abortion is "non-viable"

To the York community c/o the Editor:

What is at issue in the abortion controversy anyway? There are some who would have us misled that all pro-abortionists are immoral humanists who endorse promiscuity, support alternate sexual orientations, and decry a belief in God. Such arguments are readily refuted, but the belief is unfortunately perpetuated, potentially fueling tensions. Then there are some who would have us believe that all anti-abortionists "have a broader agenda" than their anti-abortion campaigns. They convolute issues by saying that antiabortionists are also anti-daycre, anti-homosexuals, and definitely pro-religion. Such lies are again easily refuted, but again, the tensions are escalated by meaningless, thoughtless politicizing.

In order to accurately understand

the abortion controversy and to think clearly of our personal position in that controversy, it is necessary to isolate the issue from the tremendously large "cluster" of beliefs that accompany it. In essence, then, I will posit that the issue of abortion boils down to two "inalienable privileges" - free.com and life. Ordinarily, these two privileges do not clash in intent and, in the interest of space, I will not discuss the situations wherein they agree.

But in abortion, ah, we have a conflict. The pro-abortionist cries freedom - the right to choose what to do with one's own body; the right to make a decision concerning one's own pregnancy. No other person, by law or by political and social pressure, should take away that freedom. The anti-abortionist, on the other hand, cries life. There are two lives involved, the mother's and the child's. They content that both lives (not just the child's) are adversely affected by abortion - in one, the emotional trauma; in the other, the extinguishing of life through processes such as dismemberment, chemical poisoning, and the like. As the jury to life's dilemma, whom do we believe? Which do we consider the higher moral calling?

There are some facts to which we have to acquaint ourselves before we embark on such a profound decision. First, sexual intercourse must be the choice of two persons. If the freedom of one is violated, then provision must be given for an individualized decision concerning the product of that intercourse. But following the full exercise of choice (whether out of ignorance or ignominy) the pregnancy that results now involves three persons, two of whom are by nature linked. One, the mother, is able to exercise freedom; the other, the child in fetal form, cannot. Can one exercise freedom at the expense of life? Can one advance the argument that since the other is totally dependent and has no opportunity for existence apart from the host choose to terminate that life? I have carefully avoided the philosophical puzzlement of when life actually begins, but I do not think that any would disagree with me that the mother seeks an abortion because

she knows that she is ultimately ridding herself of a baby and not simply a chunk of cells.

I would empathize (though not agree) with those favouring abortion who say that any man opposing abortion cannot understand how a woman feels. (Tautologically, these also say that any man agreeing to abortion, can!) Personally, I will underscore my belief that choice can only be inalienable if it does not violate life . . . and that this principle should operate not only in abortion, but also in numerous other moral decisions. For that reason, and for many others which I have not the space to elucidate, I must also urge you to decide that abortion is indeed a non-viable option in the exercise of freedom. I also cannot at the present outline the numerous viable options available to one who has rejected abortion, though such information is readily available.

Let me close with an abortion parable to which I know both men and women can relate:

My father is very old. In fact, he's so old that after my mother died, he could not live on his own. I made an initial choice, which I now regret, of promising mother he could live at my house until he passed away. It was an unfortunate, but irretractable choice. You see, Dad is now totally dependent on me. He lives in my house; he eats my food; he sleeps in my bed; he uses my money. He is in contact with no one else, and is a burden to none other than me. Then I reasoned to myself: I have a life to lead! This is my house, my food, my bed, my money. This man owes his present existence to me, and only to me. Now, he is an inconvenience, and I want to exercise my privilege of freedom. Allow me to provide you with one gruesome solution: kill him; dismember him; poison him; dispose of him. In the destruction of his life, I buy my freedom.

My dear reader, if you are irked by that solution on a life that has exhausted many good years on the face of the earth, why will you not have compassion on a life that has as yet so much potential as that of a little child's?

> T. Quek Graduate Student, Psychology

Women are "victimized"

Editor,

In response to the letter of Gavin C. Miller (Excalibur, Jan. 19, 1989).

Unfortunately, the victimization of women is a fact in today's society. Though one day we may achieve "a radical responsibility by the male for his own sexuality" this would not make free access to abortion obsolete. Furthermore, although birth control and sex education are valuable components in preventing unwanted pregnancies, they are not 100 per cent effective.

Though we understand that antiabortionists have been subjected to stereotypes, many of us who believe in the right to abortion have had our views misinterpreted as well. We have been portrayed as people who are accepting the lesser of two evils, the life of the foetus for the convenience of the mother. Many of us, however, feel that the foetus at early stages of development does not constitute a human being anymore than the mixture of sperm and egg in a petrie dish. The process of artificial insemination has allowed couples to have children who are wanted. However, several dozens of fertilized eggs are discarded in the process. This has not been a major issue in the abortion controversy, but in essence . . . raises the same questions.

We believe that if society can accept artificial insemination, it should, in principle, accept abortion. If the pro-lifers wish to be consistent in their beliefs they should be holding funerals for every miscarriage!!!

Leesa Beales Sheila Holyer Robert Fantinatto

Parliament "memorable"

Editor,

It could have been better, but not as interesting. York University's first official model parliament began with

little glamour, and ended with a very big bang. (The Liberal party knows this.) It proved to be a memorable experience for all involved.

In one weekend, this parliament had the makings of any parliament or legislature in Canada. It began with a Throne Speech by Governor-General John Saywell; the presence of Toronto - Bill Atwell, and Alan Redway - and, of course, the participation of nearby York MPs. Most characteristics were also covered such as expulsion of members; intense debate; heavy cheering; and partisan pounding on pseudo-Hansard desks.

A load of thanks has to go to CYSF's Tammy Hasselfeldt and Joe Zammit for their tremendous support. Joe also gave a performance, as Minister of the Environment, that shows there is a place for him in Ottawa in future years. The Honourable David Gilinsky should also be thanked for his "John Crosbyish" role of party whip. He fit the role.

To the Liberals (Steve Thiele), the NDP (David Hanley), and the Progressive Conservatives - here's to next year.

Stephen Reid Director-At-Large Model Parliament, York Progressive Conservatives

Jolly Roger Coalition

Dear Editor:

Finally, a campus political organization that even a flaky, uninformed Fine Arts student like myself can debunk - The Liberty Coalition. Pleased to see they're receiving so much attention as of late. I feel brainy whenever they're mentioned.

Is that debate still going on about their using the US flag as their club banner? Y'know, they could use the Jolly Roger. Underneath the crossbones they could write, "The hell with you, Jack, I've got mine!" and they'd have as close to a universal symbol of "Enlightened Self-Interest" as you can get.

Love, Robert Butz

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News Survey



Compiled by Jerome Ryckborst

Sexual harassment filmed

(Edmonton) A 12-minute educational movie produced by the University of Alberta's President's Advisory Council on Sexual Harassment (PACSH) should fill a gap in educational films on sexual harassment. The PACSH coordinator says, "If you're going to have a sexual harassment policy you have to have an active educational campaign." PACSH produced the film because other material is too long, too American, or aimed at an office setting.

The Gateway

Student gets five-year suspension

(Toronto) A U of T student was suspended for five years after the U of T's academic tribunal ruled that he had cheated on a quiz by changing answers and having the grade re-checked. The student also received a grade of zero in the course in question. The student maintains he did not cheat.

The Varsity

Engineering paper makes changes

(Toronto) The U of T Engineering Society's controversial newspaper, *Toike Oike*, is making changes after a recent issue attracted city-wide attention and criticism. The paper will adopt a code of ethics "that clearly prohibits sexist, racist, homophobic or degrading material," and will establish a review board to ensure the code of ethics is upheld.

the newspaper

College council bans sex in residence

(Lethbridge, Alberta) The board of Lethbridge Community College amended its cohabitation policy last December to ban sex in residences for non-married students. Although the new policy, which replaces an earlier, broader one, affects 300 students, the decision was made at a closed meeting without student representation. Students who violate the policy can be expelled after receiving two warnings.

The Gateway

Student Union hell

(Toronto) Ryerson's student union has avoided a lawsuit for copyright infringement of a cartoon character owned by ACME Features Syndicates. The students' union is using a logo for its winter carnival which resembles a character in Matt Groenig's "Life Is Hell" series. The logo now includes the phrase "Printed with permission of Matt Groenig." Groenig said that he himself could have drawn something better and funnier.



Eveopener

Litigation avoided

Conservation lab replaces art gallery

(Edmonton) The University of Alberta is replacing its Ring House Gallery with about 1,000 square metres of exhibit space in its new conservation facility. The Timms Centre, which opens in 1992, will also include facilities for teaching and research. In the three-year interim, the gallery's staff will assess the value and condition of the university's 17 million artifacts, including a vast collection of international textiles.

The Gateway

Huge Student Union Surplus

(Toronto) The U of T Student Administrative Council (SAC) budget revision has shown a surplus of over \$150,000 which the SAC plans to spend by increasing student services. One SAC member suggested adding laser printing centres at all U of T campuses, instead of just the downtown campus, as currently proposed.

Queen Week: charges of sexism

(Calgary) Engineering Week, an annual week of festivities which takes its name from the choosing of a queen by each engineering department, "creates an environment which is not hospitable to women, says the U of C's President's Advisory Council on the Status of Women. This year's Queen Week, which ran from Jan. 9-14, included events like a scavenger hunt, a pub crawl, and judging the best queen. The co-ordinator of the Omnipotent Queen Week Committee says, "There may be sexual connotations involved, but there is no sexist material in Engineering Week."

Gauntle

School prayer opposed

(Winnipeg) The Manitoba Association for Rights and Liberties (MARL) and two educators are challenging the provisions of the Manitoba Public Schools Act, calling for mandatory religious exercises in the province's primary and secondary schools, saying that the current provision to allow individual students to 'opt out' of morning prayers is still an infringement of the Canadian Charter of Rights and

Manitoban

Winnipeg offers journalism program

(Winnipeg) In response to a need for reporters born and raised in Western Canada, the University of Winnipeg is offering a Diploma of Journalism programme. The managing editor of the daily Winnipeg Free Press commented that eastern journalists are often unwilling to remain in the West, and that "they don't have that ingrained local knowledge that can be so useful to a reporter." The program will accept up to 30 students who have a Bachelor of Arts degree and \$4000 for tuition.

Manitoban

SECURITY BEAT

By JAMES HOGGETT

• On Tuesday, January 17, at approximately 1:20 a.m., York Security spotted a car parked in lot B with all its windows smashed. Nothing appeared to have been stolen, damage has been estimated at \$1,000.

Security had noticed the vehicle earlier the previous evening, but it ws not damaged at that time.

The owner of the vehicle has yet to officially report the incident.

• At around 3 p.m.last Friday, staff members of Absinthe Pub in Winters College called York Security about a patron who had been prohibited from the pub. The male, a former York student, was arrested and charged with trespassing by Metro Police.

The suspect could face additional charges for harassing students in the Complex I residence.

• A man being chased by several assailants flagged down a security van on Keele St. between York Rd. and St. Lawrence Blvd. at 1:30 a.m. Sunday. the man said he had been assaulted at the Grand West Tavern and chased across the street onto the York campus.

The assailants gave up their chase when the victim sought the help of York Security. When York Security began to call Metro Police, the victim fled.

Debt

cont'd from p. 3

assistant manager, said she was unaware of the circumstances involving the pub's debts since Chester kept much of this to himself.

"There was a very uneven distribution of responsibility," Mick said.

Many factors can be linked to the cause of the Open End's financial trouble, according to Mick. These included repair costs, sales and cost changes, unrecorded sales, wastage, staff consumption, and theft of inventory.

"If you don't tell someone they can't have a staff drink, they're going to have one," Mick said. "We have

to establish a personnel policy and really crack down on things like this.

Last year's OEMB members could not be reached for comment, but Phil Downes, Vanier College President and member of the Management Board, said, "I don't think the Management Board in the past has been as strong as it should have been."

"I'm not accusing people of being negligent, as I wasn't on the board last year," Downes said. "But I think the responsibility for what happened must fall on the Management Board, the pub manager, and the staff."

Downes said that OEMB is considering obtaining a bank loan to pay off the debt.

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Black Creek Foundation: helping artists in need

By SUSAN VANSTONE

Rigid Toronto zoning laws are causing problems for the city's visual artists.

Municipal government by-laws require artists to rent separate living and studio spaces, except in commercial areas. But because commercial space in Toronto is far beyond the reach of artists' modest incomes, as would be two rents, a large number live illegally in industrial buildings.

Last year, the non-profit Black Creek Foundation (BCF) - an organization established by four York economics professors as an avenue for public service research in economic matters — presented a brief, and a petition of 193 signatures to the Toronto City Council.

The BCF — whose 38 members are partly comprised of York graduates, faculty members, and students have focused on the economic problems of visual artists since 1984.

The brief outlined the artists' financial difficulties, and the economic cial difficulties, and the economic and cultural benefits that visual artists provide to the community. Artists - whose incomes tend to be sporadic and insufficient for Toronto's high living costs - cannot afford separate living and studio accommodations. The brief states that Toronto is the only one of nine major North American cities that does not provide zoning laws directed at encouraging the arts. It suggests greater subsidies and zoning changes, to allow for combined living and studio space for visual artists.

"If lucky, artists make \$6,000 a year on their art, so they must have part-time jobs," said BCF Secretary/ Treasurer John Buttrick. "They can't get unemployment compensation, and they're being asked to pay two rents in today's housing markets? If that's City Council's answer, they're saying, 'Get out of town you're not wanted here.' "

The BCF proposed that the twostorey, 3,000-square metre federal surplus building at 60 Atlantic Avenue could be leased through the provincial government, or sold directly to the BCF. With a site specific zoning change, the building could provide 17 residiential units and 20 studios to artists approved by the BCF's Board of Directors.

The BCF received approval of subsidies from the Ministry of Housing.



60 ATLANTIC AVENUE: The BCF has proposed that this site be converted to live/work space for artists.

However, it was under conditional terms — the BCF had to first find a building. Once a building was found, the government promised to subsidize 75 per cent of the artists' rent, and provide loans for renovations.

But, the BCF could not obtain housing funds for 60 Atlantic Avenue unless the municipal government rezoned it to include residential space. Studio space — a commercial use - would not qualify for subsidies, and converting the building to living space would not solve the tworent problem.

However, Toronto City Council refused the BCF's request for a zoning change, arguing that such a move would force the entire area around 60 Atlantic Avenue to be rezoned for residential use. Coucil believes that a rezoning of the area would force industry out, increase the demand for housing, raising rents, and eventually drive out the artists. City Council however, does not oppose renovating the building into work

BCF Past-President Fred Lazar siad that City Council saw that subsidies for both housing and studio space would solve artists' financial problems. "At face value, that would appear to be a solution," Lazar said. "But the difficulty is that artists don't work nine to five, and there's the question of safety and day care.

If the artist lives and works in the same place, there is no worry about taking public transportation late at night, or making arrangements for children;' he explained.

The BCF found that no programme for subsidizing visual artists exists in Toronto. Buttrick explained that unlike most theatre or dance companies, which have publicists and administrators, individual artists lack the means necessary to obtain sufficient financial support. The Toronto Arts Coucnil does not fund visual artists, said Buttrick, and Statistics Canada research from 1985 to 1986 showed that visual artists get only one per cent of all government arts subsidies in Canada.

Lazar suspected that "motherhood" comments were made by City Council, regarding the need to support artists and develop a viable arts community in the city. However, the BCF has received no response to its petition. Buttrick said that while in contact with the Mayor's office this month, he was told the petition had been lost.

Lazar saw two groups in the City Council - one favours keeping the area industrial and is reluctant to change any zoning laws. The other is willing to negotiate, as it sees rezoning as a way of converting the area to residential use.

BCF board member and York vis-

ual arts professor Judith Schwarz noted discrepancies between "token and unseen acknowledgement" of the arts. The municipal government gets kudos for the film festival and arts awards, she explained, since those are well publicized, public events. However, the city is unwilling to change zoning, or provide housing. Also, Schwarz added, the city overlooks the economic base provided by the arts - materials, exchanges of services, and employment of architects, administrators, curators, critics, and technicians.

Buttrick said that the city's rezoning has created a need for downtown residential units. "The city has rezoned the railroad lands and Massey Ferguson," he said, "and this little bit is not going to be rezoned? The city is doing everything to increase the demand for housing in that neighbourhood. There's commercial enterprises all around, and [60 Atlantic Avenue] is supposed to be industrial?"

The importance of obtaining a government building, explained Lazar, is that they are relatively cheap. "The cost would be exorbitant to buy a building from another group and pay full market price. No one could afford the resulting rents," he added.

The building must be downtown, he continued, so that artists can interact, and be close to galleries.

60 Atlantic Avenue is a good location for artists, said Buttrick, as it is near King and Dufferin, where artists converge, and warehouse space is plentiful. The building has high ceilings, and would be relatively cheap due to the industrial - rather than residential or commercial neighbourhood.

Work space would need minimal renovation, but living areas would need major upgrading, said Lazar. "Given the fact that there are no other buildings in the downtown core that could be made available by some level of government for a low price, the BCF is dealing with wnat's available," he said.

Prior to joining the BCF, Schwarz worked on a search committee for inexpensive accommodations for artists in Toronto. The committee found that rental costs for galleries averaged \$3,000 a month - which, she said, is an enormous financial pressure on an artist-run group. No spaces were found as prices were high all over Toronto.

"The whole demographics of downtown have changed," explained Schwarz. "Queen Street used to have second-hand stores and older buildings. Now it's developed. New buildings like the SkyDome, Roy Thompson Hall, and the Metro Convention Centre, have brought in new interests. Developers have come in, and rents have increased," she continued.

Schwarz said she knows artists whose rents have doubled from one month to the next.

"[Underfunding] is a problem of tremendous urgency," she said. "I really wonder what the future is for graduating visual arts students. Artists may chose to move imagine a city that is emptied of

"Black Creek is trying to make the city aware that the art community is an important part of the cultural and economic fabric of the city," said Schwarz. "Toronto is proud of being a cultural city," she added, "and there has to be true acknowledgement at the level where zoning is changed, and creative requirements are understood.

"It is important for the organic and cultural growth of the city to recognize contributions of artist and to adjust the laws so that artists don't have to leave the city.'

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Founders mix-up costs 15 jobs

By MARK WRIGHT

Confusion over the effects of the new college reforms has forced Founders College Student Council to revise its budget last week.

Founders College Student Council President Dan Silver said that the problem arose because of a mix-up over Founders' annual grant.

Each college currently receives \$27.50 per college student.

"It was my interpretation that when the new reforms were implemented that there was going to be a freeze on grants going down. So we wouldn't receive less than what we got last year but we could get more if the number of students went up," Silver explained.

"I was told by the Office of Student Affairs in September that we were going to receive about \$60,000, based on the number of students we had at that time."

Instead, the college got only

However, Assistant Director of Student Affairs Polly MacFarlane said that's not possible.

"I can't imagine anyone saying

that, because we wouldn't have known the final figures," she said.

Provost Tom Meininger concurs that "everyone has known that the grants were frozen."

"This is the first year of the freeze and it has been clearly explained, both verbally and in writing."

As a result of the revised budget 15 part-time employees were laid off, which caused the FUSE (weightlifting) room's hours to be reduced to 50 from 60 hours a week. Also, the equipment in the reading and listening rooms may have to be taken out, depending on the success of volunteers supervising the room.

of volunteers supervising the room.

Master of Founders College Arthur Haberman stressed that none of the services were being discontinued.

"It was good management and they [the council] handled it responsibly," he said.

"We never lost control," Silver said. "We would have been in trouble if we hadn't re-budgeted. My only regret was the dismissal of the employees."

Boundaries

cont'd from p. 1

for residence. The boundries that were accepted will make sutdents from the western halves of Missisauga, Brampton, nad Newmarket - as well as the "eastern sectors" of Scarborough and Markham - eligible for residence.

Meininger said that the original advice from the Council of Masters would have prevented some students from even considering York without being eligible for residence because of the state of public transit. After concerns were raised by the Office of Admissions/Liasons, the new boundaries were adopted as a compromise.

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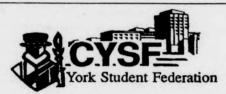
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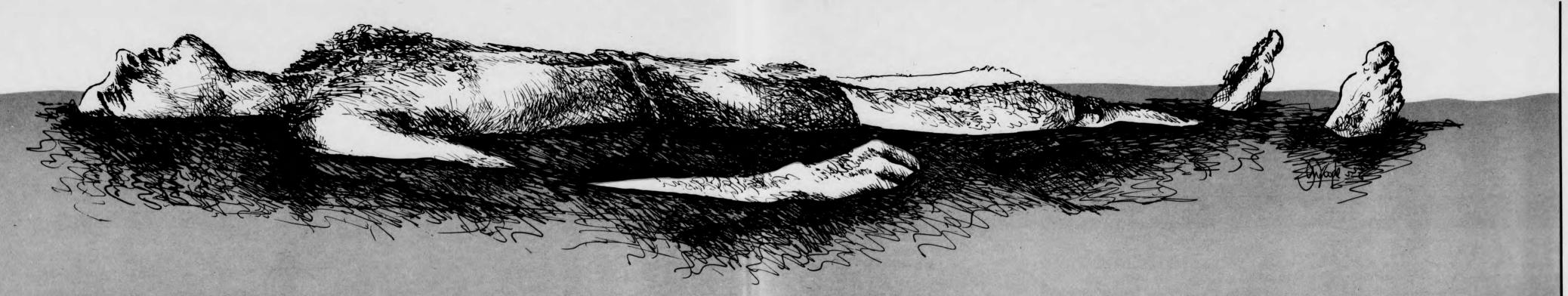
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FLOATING

the sensory deprivation experience

By ADAM KARDASH

I have floated eight times, but of all my floating experiences the first one was the most intense. I remember being so anxious during the brief shower that preceded the hour and a float. And before I knew it, I was sitting naked inside a grey, water-filled oval pod, eight feet in length, five feet wide, and five feet deep.

With the door still open, I gazed around the insides of the chamber and reassured myself that nothing dreadful could possibly happen. I then lay horizontally. In an instant, the 800 pounds of dissolved Epsom salts had me floating on the surface like a buoy.

Within a few moments I began to feel a little more relaxed. In one swift motion, I closed the door of the chamber. I was lying in utter darkness. The cotton in my ears deprived me of hearing. As I lay motionless, my body temperature regulated itself to the 93½ degree water and I

I was completely sensory deprived.

I began craving any type of stimulus. And soon, after what seemed to be a few minutes of sheer restlessness, my mind turned all awareness inward. I became acutely aware of how tense my body was; my heartbeat became extraordinarily loud; I felt my stomach churn; and a greyblue haze glowed before my eyes.

After a minute or so my body felt as though it was slowly spinning, and without sight and sound to navigate I became totally disoriented. Isolated from all external stimuli, I became drugged by the throbbing of my own heart and the functions of my body. Paradoxically, although I was completely deprived of sensations, I felt extremely stimulated.

I then started to relax different parts of my body. At first this was difficult, as my mind kept wandering off and exploring its new environment. But soon after, a strange sensation began to occur. Each part of my body, as it became relaxed, slowly felt as if it were disappearing into the black void that surrounded me. First my legs, hands, arms, torso, then finally my chest and head felt as if they had all evaporated. The only thing that seemed to be left of me was my mind.

I presume that these initial events occurred within the first 10 or fifteen minutes. What followed in the remaining 45 to 50 minutes is much harder to recall in an ordered fashion

During this time, my mind was the medium for a myriad of images, sounds, and sensations. At first I let these unpatterned thoughts flow in and out of my mind. But later, because I wanted to fully relax and purge myself of all distractions, I attempted to stop this stream of thoughts. Strange as it may sound, I was unable to do so. I could not control what was coming in or leaving my mind. I remember finding it very disturbing that I could not "stop thinking."

Before I knew it, as if only a few minutes had passed, soft music began to play in the flotation chamber, signifying the end of the float. But although my first floating experience was technically over, in essence, it had just begun.

In a daze, I exited the tank, slowly dressed myself, and paid the 30-dollar fee. During the two-block walk to my car, I could not suppress the smile on my face. My body

felt extremely refreshed and relaxed; it was as though I had just had an eight-hour sleep.

The biggest change, however, occurred in the clarity and acuity that all my senses were experiencing. It was as if my senses were compensating for the deprivation they had just endured. Every object seemed to be bright and vivid. I heard everything with a sharpness and clarity which I had never experienced. My sense of touch was tremendously magnified; everything seemed to possess great texture. I was also encountering all the city's scents with an uncontrollable vigor.

The most change, however, could be best articulated by what a Tranquility Tanks staff member Gord Stevenson mentioned before my float. Stevenson said that after you float, for about two days or so, "you will feel more inside your body."

I usually frown on such phrases because they sound completely ridiculous. How would I possibly be able to "feel more inside my body?" Strangely enough, though,

Scientific Verification

To those who have never experienced it, floating may sound like just another New Age gimmick. But unlike much of the New Age movement, numerous studies have been published attesting to floating's powerfully positive physiological and psychological effects.

Floating has been scientifically proven to have powerfully positive effects on our physical and mental well-beings.

For example, as I mentioned earlier, floating is extremely relaxing and there is ample scienfic evidence to back this up.

Endocrinologist John Turner and psychologist Thomas Fine of the Medical College in Ohio, for example, have done extensive testing on floating's effects on hormones and other neurochemicals. They discovered that floating activates what is commonly referred to as the body's relazation response — a state where levels of stress-related biochemicals are sharply reduced; heart rate, blood pressure, and oxygen consumption drop; breathing becomes deep and slow; dexterity increases; and muscles relax.

The relaxation response is the body's counter-response to what endocrinologist Hans Selyne termed the "fight-or-flight" reaction — an emotionally triggered state where all the above-mentioned body functions increase in intensity. The body uses the fight-or-flight response to aid itself in situations where we might be, for example, "running for our lives."

But an overactivation of the fight-or-flight reaction impairs our capability to perform dextrous and skilful movements and, more significantly, limits our ability to think coherently.

Floating in a sensory-deprived environment, Turner and Fine found, allows the body to easily assume the relaxation response — a virtual stress-free state which, once one is familiar with it, is highly condusive toward clear thinking.

Studies have also shown that floating helps to decrease or even eliminate pain. A number of clinics, such as Dr. Fine's, use floating as a method of helping chronic-pain patients ease their suffering. Floating, Turner and Fine speculate, stimuates the secretions of endorphins — the body's own opiates. During one 45 minute float the body likely floods itself with its opiates and may not only reduce feelings of pain but cause the euphoric sensation felt by many floaters.

Floating can also have a powerful effect on mental processes. For example, studies have shown that floating increases the awareness and functions of the right hemisphere of the brain — the side which processes information in a mostly non-verbal, simultaneous, innovative, nonlinear, and imagistic manner. Today's society, acording to many academics, stresses left-brain functions — that is, most of us are more or less conditioned to use our analytical, sequential, logical, and time-oriented prodesses. This is best exemplified by our school systems where, for the most past, right-brain functions such as fantasizing and intuitive answers to questions are frowned upon. By the time a student is finished his formal education, left-brain functions are firmly rooted in their dominating roles.

Therefore, most of us would greatly benefit from an increased use of our right-brain hemisphere's processes. Michael Hutchison, author of *The Book of Floating* — a comprehensive examination of the effects of floating — suggests that it is precisely this increase in the functioning of the right-brain processes which leads to a claim by many people who have floated that they feel more confident, competent, and productive.

Practitioners of Zen, yoga, meditation, self-hypnosis, and even jogging — activities which have been scientifically found to nourish right-brain functions — often claim to have the same feelings. But in a review of the literature Hutchison has found that of all the practices which stimu-

late right-brain functions, floating is the most effective.

Perhaps the greatest example of a right-brain function that can readily occur in the tank is a therapeutic technique called visualization. Many floaters, according to

Tranquillity Tanks staff, practise this technique on a regular basis.

The most well-known practitioner of visualization is Rafael Septien, a place-kicker for the Dallas Cowboys, who began floating at the beginning of the 1981 season when he was suffering from a crippling injury. While floating to ease the pain and to relax, Septien found that his ability to manipulate mental images was strengthened. He therefore began visualizing himself kicking perfect field goals. Septien performed well that season and was later selected for the all-star team. He maintains that his floats were largely responsible for his recovery and effectiveness that season.

"There's no doubt the tank is powerful," Septien told Hutchison in a November 1984 Esquire article. "They say that practice makes perfect, but actually it's perfect practice that makes perfect. That's what you visualize in the tank — perfect practice."

Studies have shown that if the mind is presented with a vivid image, the subconscious and the body perceive it to be real. Septien visualizing himself kicking perfect field goals may have been just as effective as actually kicking them.

Visualization, however, is difficult to perform without total concentration. The floatation chamber, with its absence of distractions, is an ideal place for the technique. According to Hutchison, many athletes — such as the US bob-sled team members and javelin thrower David Schmeltzer — now float regularly to enhance their performance. In fact, both the Philadelphia Eagles football team and the Philadelphia Philles baseball team installed flotation chambers before their 1980-81 season. Both teams, interestingly, had successful seasons that year, winning a Superbowl and World Series respectively.

Visualization via the flotation chamber has also proven to be a powerful technique for the elimination of unwanted habits and addictions. Hutchison states that a number of physicians have found that destructive behaviour patterns such as over-eating or smoking could easily be changed by short series of floats.

The first step toward change, he explains, is to just go for a float without any expectations. At the very least, he states, you will feel very relaxed. Relaxation, Hutchison adds, not only reduces stress — which very often causes unwanted behaviours — but aids in self-awareness.

Awareness of our physical and emotional states makes it easier to see the effects that unwanted behaviour may have on our body. Smokers, for example, would intensely feel the effects their habit had on their lungs. Overeaters would easily feel the effects of their extra weight. Whatever the unwanted habit may be, Hutchison explains, floating increases our awareness about its nature and cause, and subsequently we are more likely to be motivated to do something about it.

Vividly imagining oneself in situations where our habit to smoke or overeat is triggered, and then picturing our controlled environment.

selves resisting the temptations, has been scientifically proven to be a powerful method of positive behaviour change.

But stemming an addictive behaviour is difficult because often the habit causes the body to release pleasurable endorphins, limiting our ability to experience pleasure on its own. But in addition to imagining ourselves resisting the habitual behaviour, scientists have found that visualizing pleasurable and fulfilling scenes where the unwanted behaviour plays no part at all is particularly effective in changing unwanted behaviour patterns as well.

It seems that because the brain perceives these visualized images to be real, after a while, the imagined desired behaviour becomes ingrained, making it easier to actually change the unwanted habit. Scientists have also found that if the brain perceives an imagined pleasurable scene to be real, it will react to it by releasing neurochemicals, such as the pleasurable endorphins. In other words, if the visualization technique is effectively employed in the tank, you may actually start to feel the positive results of changing an unwanted habit during the float. These feelings, Hutchison states, will stay with you and help you to change your habitual behaviour.

Developing the Float Chamber

Sensory deprivation, in one form or another, has been employed for thousands of years. Yogis, mystics, and monks, for example, used sensory deprivation techniques to meditate and ultimately attain enlightenment. But the flotation chamber, as we know it, was developed by a psychoanalyst and neuropsychologist named Dr. John C. Lilly in the early 1950s.

Lilly was fascinated with the topic of brain-mind processes and, in particular, the question of the origin of consciousness. He found that the best way to study this topic was to isolate the mind from external stimulation. In 1954, at the United States National Institution of Mental Health, Lilly stumbled upon an ideal facility — a sound-proof chamber containing a tank constructed during World War II for experiments by the navy on the metabolism of underwater swimmers. This gave Lilly and his co-researcher Dr. Jay Shurley the impetus to construct their own sensory deprivation chamber.

Their first tank had the floater suspended in an upright position, entirely underwater, with the head covered by an underwater breathing apparatus and mask. But over the years, Lilly and Shurley simplified and improved the general design of the tank, allowing the floater to lie in a more comfortable horizontal position, floating in a filtered and clean, buoyant Epsom salt solution in a thermostat-controlled environment.



Flotation chambers, such as the one pictured above, range from \$6,000-\$12,000.

But it wasn't until the 1970s that the general public began accepting the flotation chamber. By this time, Lilly had perfected the design of the tank and had begun inviting members of the newly formed "Human Potential" movement to his Malibu home for floats.

Word of the powerful effects and potential of the flotation chambers quickly spread and further innovations to the tanks — particularly the changes that allowed for the relatively inexpensive construction of tanks for private home use — occurred. By the late '70s, thousands of people had floated either in their private homes or through informal floating networks. In addition, newlyformed companies began manufacturing tanks for commercial use.

But it was the publication of Paddy Chayefsky's Altered States — a novel about a scientist's experiments on himself in a float tank, somewhat based on Lilly's experiences — and the release of the movie two years later that dramatically increased the general public's awareness of floating. Since the movie's release, both the number of people visiting commercial float-centres and sales of private floation chambers have sharply risen.

Hutchison states that today there are thousands of tanks in everyday use and over 100 commercial float centres, like Toronto's Tranquillity Tanks, operating in North America, Europe, and Japan.

For years tanks were confined to psychology departments at universities, private homes, or in commercial tank centres. But now tanks are employed in hospitals, health spas, exercise and recreation centres, biofitness institutes, corporations, and even in beauty salons. Some universities even use that tanks for courses on "superlearning."

Research involving floating has also intensified. Many universities and research centres have acquired tanks in order to conduct research in a diverse range of topics ranging from biochemistry, electromagnetism, and sleep to suggestibilty, self-regulation, and healing.

The tank design has also radically changed. There are dozens of flotation chamber models to choose from, ranging from a \$12,000 luxurious, domed-shaped model complete with in-tank lighting, water massage, underwater stereo, intercom, and video, to a \$2,000-\$2,500 do-it-yourself home model.

As Hutchison states: "Tanks are rapidly losing their air of the exotic, the laboratory, as they become attractive, glossy, high-tech appliances; they are no longer unwiedly curiosity pieces but tools, as accepted and as useful as the home computer."

Toronto's Float Centre

Tranquillity Tanks Inc., located at Sherbourne and Bloor in Toronto, is typical of hundreds of commercial float centres.

In business for about seven years, the centre was established as part of an existing holistic health shop.

"Business is carrying on quite well," said Tranquillity Tanks owner Elizabeth Randall. "Originally people were frightened by the idea, but now that the concept has become more familiar, it is much

"Making the first step (to float) is usually the hardest," explained Randall. "Most of our clients—about 75 per cent—have been referred to the centre by friends."

Randall said that about 60 per cent of Tranquillity Tanks' clients are men and that its patrons' ages range from about 25 to 40. Other than these variables, a socio-economic profile of Tranquillity Tanks customers is hard to pin down. The facility, however, primarily services what Randall terms a "value-oriented, inner-directed group."

Tranquillity Tanks houses three tanks — all eight feet high, five feet deep, and five feet high — ranging in price from \$6,000 - \$12,000. The tanks are run on a system similar to that of a swimming pool or jacuzzi, and therefore require a high degree of maintenance with such things as the water being checked for PH levels, density, clarity, and cleanliness. In addition, the tanks' 1,000 pound \$3,000 — Epsom salt solution must be closely monitored.

For \$30, a client receives approximately an hour and a half float, towels, and access to shower facilities. But the centre can only accommodate 21 clients a day, or seven a day per tank. In addition, Randall said that the centre is only busy during the winter months, making a commercial float centre not a very profitable venture.

"It's not a good choice of a business if you're doing it for the money," explained Randall, who also works in the film industry. "You really have to enjoy the psychology of the self and be of the self-exploratory nature. Then it's worthwhile."

DIRECTIONS

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AWARDS

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S101 ROSS 736-5682 The Centre for Race and Ethnic Relations provides services to York University's multiethnic community. It's aim is to encourage a social climate free from racial discrimination

The Centre operates as a resource to handle complaints, advise on policy and to provide education and training around the issue of racism. It initiates activities as well as co-operates with and provides support to those parties on campus interested in this issue.

and harassment so that studying and working at York will be a rewarding experience for all.

AND ETHNIC RELATIONS

The following are some of the public events planned for winter 1989. Further details (time, place, speakers) will be provided closer to the event:

February

The Media and Race Relations The Impact of Racism: The Perspective of an Educator

Members of the Advisory Board

Wilson Head, Chair Eshrat Arjomandi Winston Charles Arthur Haberman Jim Hathaway

Problems of Systemic Discrimination: Re-thinking the Humanities Racism and the Workplace

Louise Jacobs

Ritu Kaushal Ato Sekyi-Oto Michael Stevenson

The Centre also takes this opportunity to announce a COMPETITION to select a logo and posters to be used in the Centre's programmes of ANTI-RACISM AWARENESS. Details will be given in a subsequent announcement. The winners will be chosen and prizes distributed at the end of the Winter Term.

NATIONAL LIFEGUARD SERVICE RECERTIFICATION

Lifeguards: NLS Recert, January 29, 1989, 9 am - 12 pm. Register at Rec York, Room 211A Tait MacKenzie. Call: 736-5184. Cost: \$25.00

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\$5,000 for a commission for the new Student Centre Building and three awards of \$1,000 for locations in the Ross Building and in the Colleges.

Open to all York undergraduate and graduate level students working in Painting, Sculpture, Photography, Mixed Media and Design.

Deadline for submissions: Monday, February 13, 1989, 5 PM at the I.D.A. Gallery in the Fine Arts Building. Application forms are available at the CYSF Office; the Office of Student Affairs and the Visual Arts Office in the Fine Arts Building.

SUMMER EMPLOYMENT WITH THE FEDERAL GOVERNMENT

Applications for the Federal Government's Career Oriented Summer Employment Program (COSEP) are now available for pick up in the Career and Placement Centre (N108). Deadline: Februrary 28, 1989.



January Blahs?

Here are two tasty recipes to warm your day. For more non-alcoholic drink recipes, consult any book on Party Planning.

Tropical Fizz

One teaspoon instant coffee Two teaspoons instant chocolate powder mix 1/4 cup water Bitter Lemon soda pop orange slices

Mix instant coffee and chocolate powder with water until it is all dissolved. Divide mixture into two tall glasses. Add ice cubes and fill with better lemon. Stir. Add oranges slices. (serves two)

Honey Iced Cocoa

Two tablespoons cocoa Two and one half tablespoons of liquid honey Two cups of milk Crushed Ice Whipped cream (optional)

Blend cocoa and honey in a small bowl. Add a little cold milk and blend until smooth. Heat remaining milk and stir in cocoa mixture. Simmer five minutes, stiring often. Fill two tall glasses with crushed ice. Pour hot cocoa over ice and add a long spoon. Top with whipped cream. Serve immeadiately.

SPORTS



"TAKE YOUR EYES OFF MY BALL" York's Michelle Sund goes on offence against Ottawa.

B-Yeomen are back

By MICHAEL KRESTELL

The Yeomen basketball team is far from dead.

The Yeomen earned back to back victories over the weekend, posting their second and third wins of the season. York squeaked by Carelton 56-55 for a victory on Friday night.

The Yeomen, spurred on by Mark Bellai's outside shooting, jumped out to an early lead. After the first 20 minutes of play they led 31-27.

The Ravens came back in the second half. At one point Carleton led by five points but York fought back. Once again it was Bellai leading leading the way for the Yeomen. With three minutes remaining York was up by five.

Some sloppy play down the stretch by the home side gave the Ravens a chance to win the contest. A last-minute desperation heave by Carleton's Mike Tought went astray and allowed the Yeomen to record their second victory of the season.

York coach Bob Bain had nothing but praise for his team's defence. "They came up really tough and this let us control the pace," said Bain. "Tonight we played a grinding game. It's when we play a freewheeling style that we get into trouble."

Carleton coach Paul Armstrong was quick to praise the Yeomen

cont'd on p. 13

Yeowomen dunk the capital

By "HOOPS" JARVIS

Chalk up two more for the basketball Yeowomen.

York's hoop women swept the Carleton Ravens 83-42 Friday night and followed with a 61-52 win over the Ottawa Gee-Gees.

"We expected to beat Carleton," said York forward Heather Reid. "We're well-matched against Ottawa. It was a good win.'

Rookie Tanya Philp led the Yeowomen with 15 points against Carleton. Reid had 12 and Evelyn Wayne added 11. York shot 88 per cent from the foul line.

York coach Bill Pangos utilized his entire bench in the game.

"It was a good team effort. Everyone contributed to the win," said Pangos. "We worked on certain parts of the offence and defence."

Rookie Mary Katherine Stapleton played strongly on the offensive boards and was named York's player of the game.

"Mary did a superb job offensively," praised Pangos.

The game against Ottawa was much closer. It was the first regular season meeting between the two teams. York and Ottawa split a pair of games in exhibition play.

In the first half, Ottawa spent a lot of time at the foul line and kept York's lead to 32-26 at the half.

The Yeowomen forced the Gee-Gees to man-to-man coverage in the second half. A combination of strong boards and smart shot selection gave York a 61-52 win. gave York a 61-52 win.

Pangos was not impressed with his team's play in the first few minutes of the second half. However, he said the team "showed composure."

He was happy with the execution of the offence in the last fifteen minutes of the game.

"We ran the man-to-man and made some good decisions to shoot at the end.'

Pangos said he was also pleased with the intensity his team displayed on defence.

"I think our defensive intensity transferred to the offence in the second half," said Pangos. "It may have contributed to some fouls . . . Ottawa got to the line more than we wanted and they're a very good foulshooting team.

"But it was hard for them (Ottawa) to score field goals."

Michelle Sund scored 17 points

against Ottawa. Centre Sue DeRyck was York's player of the game.

"Sue had good boards," said Pangos. "Ottawa is bigger than us and we needed boards. Evelyn Wayne also had a good game for us."

York's play was "no real surprise" for Ottawa coach Wanda Pilon.

"York kept the pressure on and played hard for 40 minutes," said Pilon. "We had to score from the inside and shot only 31 per cent from the floor. York really hustled . . . they deserved to win.'

Pilon sees Laurentian and Toronto as the teams to beat in the league.

"York is capable of beating them," she said.

The young Ottawa team is struggling a bit but Pilon said "our goal is to make the playoffs."

Assistant York coach Al Scragg feels the team is progressing nicely.

"Some of our first year players have obtained the necessary experience to compete. What was most gratifying tonight, though, was the play of our veterans. They came up big when we needed it."

York faces league giants Lauren-

cont'd on p. 16

York figure skaters in fourth place

By PAM SERKOWNEY

They're a little team wth a lot of heart.

Yeowomen figure skaters turned in some strong performances last weekend to place fourth overall at the York Invitational meet. A team from Western captured the gold.

"We weren't 100 per cent ready for the competition," said York coach Tracey McCague. "We're smaller than the top teams [Western, Queen's, and Toronto] so we don't have as many competitors. It does even out a bit in the finals where only one skater per team can compete in

The small York squad won the group precision event and skated to a third-place finish in the formation 14-step. The precision fours free also placed third.

Yeowoman Laura Hunter won the senior singles event. Tracey Woodhead and Tracey Anne Elliot finished second in intermediate similar pairs.

Jane Griffith was third in junior singles.

'It was a good competition for us because we skated more together," said Hunter. "We really worked on precision and it helped our group cohesion."

The number does pose a problem for the 13-member team.

'We don't have as many people as Western or Queen's, where they have to have tryouts," said Griffith.

It's very touch and go . . . sometimes we don't have enough people for all the events," said Hunter. "We

have poor ice time. People aren't always committed to early practice. We're doing really well for what we have.'

"We have a very low profile," commented coach McCague. "A lot of people don't even know we have an arena, let alone a [figure skating] team."

McCague places emphasis on participation.

"Skaters compete over a wide calibre of competitive levels. We always need more skaters and I would like to see more people coming out for the team.'

"Winning precision really gives us a boost," said McCague. She feels the team can finish in the top two at the Ontarios. The OWIAA Championships are scheduled for February 10 and 11 at Waterloo.

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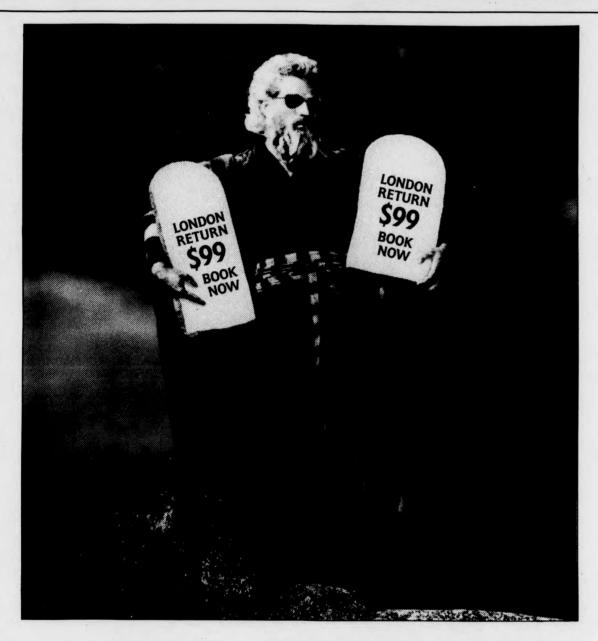
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Israel Folk - Dancing	University Options	- Display of Israeli Products	Israel
Israel	in Israel	- Sample The	3:00 p.m.
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		2:00 p.m.	
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Yeowomen capture indoor hockey gold

Van der Merwe saw the game as a

"They remained calm and exe-

In the final, Brough led the Yeowomen with a five-goal performance.

cuted the game plan," said van der

Creelman added a hat trick, and

"We outlasted them," said van der

Merwe. She felt the score did not

really indicate York's superiority in

the game, rather York "just put it

was also pleased with York's

improved the most," said Broderick.

Assistant coach Kathy Broderick

"Of all the teams there, we

"You either play the indoor game

or you don't. I'm pleased that the

team has made the transition from

Nomads player Sheila Forshaw, a

two-time Olympian, led all scorers

with 11 goals on the weekend.

Creelman had 10, and York team-

Forshaw enjoyed the level of

"Mixing club and varsity gives the

university teams a different sort of

competition," said Forshaw. She

admitted that the Nomads were tired

after a tough 7-6 semifinal win over the Oopiks club. However, Forshaw

said that "York played well through-

Forshaw, who is also a York field

"Field hockey players are becom-

The Yeowomen play next at the

Toronto Invitational on February 4

and 5. The season comes to a close with the OWIAA Championships on

ing more athletic. With coaching,

York has become strong all over the

hockey alumna, feels that the calibre-

outdoor to indoor so quickly."

competition at the tournament.

together comfortably."

Van der Merwe agreed.

mate Brough had nine.

out the weekend."

March 4 and 5.

of hockey is improving.

performance.

Holt and Dale Peltola had singles.

"good learning experience" for her

By PAMELA JARVIS

It was a successful weekend for York's field hockey Yeowomen.

The host squad won the York Indoor Invitational for the first time. The Yeowomen defeated the Nomads Hockey Club 10-5 in the final to capture the title.

The tournament, in its sixth year, featured fast, exciting play and even officiating. Eight club and varsity teams participated.

"In general, the tournament was very successful," said York coach Marina van der Merwe.

"It was a good kickoff to the indoor season. From here, the teams will become more sophisticated; the play better, more exciting, more clever."

On Saturday, York defeated Bonzo's Babes 4-0. Goalie Michelle Capperauld registered the shut-out. The afternoon match was a battle of the eventual finalists.

The Nomads shaded York 3-2.

The Yeowomen opened play on Sunday with a 5-1 win over the Western Mustangs. York's Cathy Timmins left the game with a cut above her right eye. She returned with seven stitches in her forehead later in the day to anchor the feisty York defence.

York finished second in its pool, thus qualifying for the semifinal crossover against Toronto's Varsity

The semifinal was "a classic U of T-York contest," said York's Sharon Creelman.

Creelman opened the scoring with a first-half goal. Joel Brough added a single to give York a 2-0 half-time lead.

The Blues exploded in the second half, notching two goals in the first minute. Creelman put York ahead with her second of the game. Toronto managed another goal in the half but it wasn't enough.

Tammy Holt scored to seal a 4-3 York victory.

action against Rams heiped us in terms of endurance,"

By MONICA O'BRIEN

York splashed, dove and swam circles around the Ryerson Rams last weekend.

York's men's team trounced Ryerson 70-22, while the Yeowomen handily defeated the Lady Rams 66-24.

York dominated the meet, winning all but three events. Veteran Heather Aldrid felt the Ryerson meet was a key one as the team came together as a unit. "The team is really starting to gel. We're all setting personal bests."

The Yeomen were lead by double winners Trevor Erwin and Peter Darvas. Erwin captured first in the 50 and 100 freestyle, while Darvas touched the wall first in the 100 'fly and 100 breaststroke.

On the women's side, Adrienne Sutton put in a solid performance. setting a personal best in the 400m freestyle. Yeowoman Debbie Jansen squeaked by teammate Cheryl Stickley to win the 50m free.

York coach Rychard Buwaj felt the team's training camp in Puerto Rico over the Christmas break contributed to York's excellent showing. "Training four hours a day has

York dominates pool

explained Buwaj. "I'm looking for a quality job from my swimmers and the Ryerson meet reflected this aspect.'

Ryerson coach Debbie Post was pleased with her team's effort, but explained the tribulations faced by Ryerson swimmers. "We have a beginner team. The fact that we don't have a physical education program means that we have no drawing card. Swimmers just are not attracted to Ryerson, said Post. "With U of T close by we don't stand a chance." However, with the completion of Ryerson's new recreation complex, they now have an ideal place to train, and are expected to improve their program as a result.

The York swim team travels downtown tonight for a meet at U of T. Coach Buwaj is expecting stiff competition. "U of T has many national swimmers and excellent training facilities. But this meet is not that important to us as we're gearing up for the Ontarios."

The women's Ontario championships will be held at Laurier on February 11 and 12, while the men's Ontarios will be on the 17th and 18th of February in Ottawa.

Yeomen

cont'd from p. 13

effort. "Don't let York's poor record deceive you," said Armstrong.
"They work hard and when Bellai is hitting from outside they can be very dangerous."

Bellai finished with 20 points on

the night for York.

The Yeomen picked up their third win of the season on Saturday. Jeff Mcdermid had 23 points in the 74-59 win over the Ottawa Gee-Gees. Steve Szgala scored 19 points and was named York's player of the

The Yeomen take on the Laurentian Voyageurs tomorrow night in Sudbury. Three in a row? Who



January 26 - February 2

by 'Stats' Conroy

Ice Hockey: MEXICANA NIGHT: Yeomen vs Concordia, Fri. Jan. 27 (7:30 pm). The exciting SHOOT FOR MEXICO contest finals will take place and one lucky student will win a trip for two to Acapulco.

ALUMNI NIGHT: Yeomen vs. McGill, Sat. Jan. 28 (7:30 pm) York Alumni are extending the challenge to all McGill alumni living in the Toronto area to support the alma mater. Free admission with alumni card.

Yeowomen vs. Guelph, Tues. Jan. 31 (8:30 pm)

Swimming: Yeowomen and Yeomen, Sat. Jan. 28 vs. Toronto (5 pm)

Volleyball: (Yeomen) - THE EAST WEST CHALLENGE York vs. Waterloo (1 pm) Toronto vs Waterloo (4 pm) York vs Toronto (7 pm)

SPORT YORK RESULTS

January 16 - January 22

VOLLEYBALL:

THE DALHOUSIE INVITATIONAL - JANUARY 20-22

YEOWOMEN:

Defeated Brock 15-1, 15-2, 15-6 Defeated Mount Allison 15-4, 15-13, 15-5 Defeated Moncton 15-10, 15-12, 15-9 Semi-final: Defeated Carleton 15-6, 15-8, 15-6 Final: Were defeated by Laval 15-2, 2-15, 12-15, 7-15 Yeowomen win the Silver Medal, Chris Pollitt and Susan Craig were selected as tournament all-stars.

YEOMEN:

Defeated Manitoba 10-15, 15-6, 17-15, 10-15, 15-3 Defeated Moncton 15-5, 15-3, 15-1 Defeated Sherbrooke 9-15, 15-9, 15-4, 15-7 Semi-final: Defeated George Mason 15-13, 15-13, 16-14 Final: Were defeated by Manitoba 16-14, 8-15, 15-12, 8-15, 8-15 Yeomen win the Silver Medal, Dexter Abrams was selected as a tournament all-star, Bill Knight chosen tournament MVP.

WRESTLING: THE GUELPH OPEN - JANUARY 21

York placed 1st of 15 teams. 1st place: Paul Hughes, Gord Sturrock 2nd place: John Cho, Chris Crsoki 3rd place: John Martile 4th place: Ari Taub, Mike Campitelli

ICE HOCKEY:

January 19

Yeowomen were defeated by Guelph 2-1, Kim Downard scored a shorthanded goal for York.

January 20

Yeomen defeated Brock 7-4

January 21

Yeowomen tied Guelph 1-1, Chris Clayton scored for York. Yeomen defeated McMaster 10-1.

FIELD HOCKEY: THE YORK INVITATIONAL - JANUARY 21/22

YEOWOMEN:

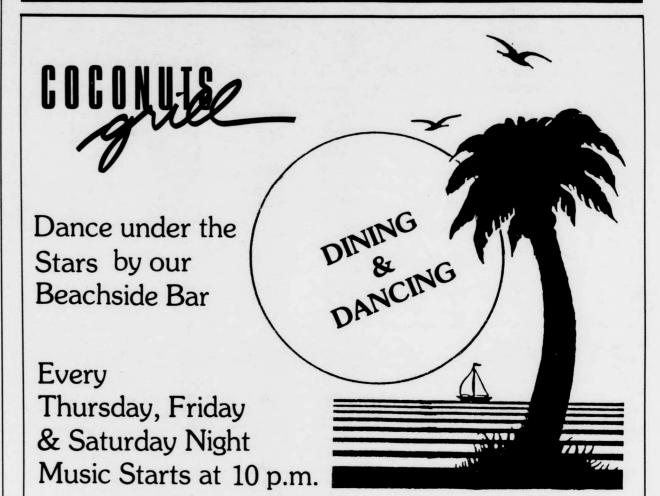
Defeated Bonzo's Babes 4-0 Were defeated by the Nomads 3-2 Defeated Western 5-1 Semi-final: Defeated Toronto 4-3 Final: Defeated the Nomads 10-4 The Yeowomen win the Gold Medal.

SQUASH: OWIAA COMBINED AT MCMASTER - JANUARY 21/22

Rachel Devitt and Lisa Barichelle each placed first in their respective competitions.

Excalibur offers one free ad per week to clubs and organizations wishing to advertise events or meetings. Submissions for the Classified Section must be received at least one week prior to publication and be not more than 30 words.

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Yeowomen skate to a 1-1 tie against Gaels

By CHRIS "HUNT" HURST

Saturday afternoon the York Yeowomen hockey squad took to the ice to face the Golden Gaels from Queen's University. The teams skated to a 1-1 tie with the Kingston team giving the Yeowomen a record

Both teams came out strong in the first period, setting a fast-paced, close-checking tempo early. As a result, no goals were scored until the closing moments of the first.

With just over three minutes remaining in the first period, Queen's forward Julie Stevens opened the scoring. Stevens split two York defenders, walked in and beat York goalie Dyana Curran.

Queen's threatened again only minutes later while on a power-play. York's Janice Keith was penalized for interference with one minute left in the period, giving Queen's the opportunity to take a two goal lead into the second period. They were kept off the board, however, due to some excellent York defence.

The Yeowomen came out in the second period looking to tie the score. They were given an excellent chance to do so when Danielle Brezina of Queen's took an interference

penalty just past the five-minute

Queen's was able to successfully defend against the York attack, however, and the Yeowomen would have to wait until, with 37 seconds left in the first penalty, Queen's took another. Jennifer Sasaki was given two minute for high-sticking, and the Yeowomen went to a five-onthree attack for 37 seconds.

A York marker finally came just as the first Queen's penalty expired. Chris Clayton was able to jam the puck under both a pile of Queen's defenders and Queen's goalie Charlyn Gibson to tie the score at 1.

Both teams started the third period obviously looking for the win. Queen's especially were handed several prime opportunities to clinch the game, but York held on for the single point.

After the game, Yeowomen head coach Barb Moran explained why York often comes out of similar games either with a tie or on the short end of the stick.

"Our problem is we don't have a true goal-scorer," she said, ". . . someone who can put the puck in the net consistently."

Moran also pointed out that she doesn't feel that the team's 2-4-2



DRAGGED FROM THE SHOWER . . . The hockey Yeowomen kick back at the Ice Palace after tying a strong Queen's squad on Saturday.

record is an accurate measure of the team's true talent. "Our record really doesn't indicate how well we've played," she said.

The Yeowomen will attempt to

improve their somewhat ambiguous record when they next take to the ice against the U of T squad next Wednesday night at the Ice Palace, at

Basketball

cont'd from p. 13

tian and Toronto soon. In their last meeting, York lost a close game to perennial powerhouse Laurentian.

"This game might be harder because the home fans in Sudbury have a 'Fork York' night," laughed DeRyck. "They bring their pots and pans and it gets pretty noisy."

"It's hard to play there," Pangos agreed. "Last time we out-rebounded them. We might try to surprise them with a trapping zone."

The Yeowomen may be more relaxed with the home court advantage against Toronto.

"Hopefully we'll have the edge," said Reid. "We'll have to get on Mary Ann Kowal who's one of the top players in Canada."

The Varsity Blues have dominated Ontario women's basketball for years," said Pangos. "I think we have the ability and enthusiasm that is necessary to beat them. Our team's strength is their confidence. They know what they can do."

Pangos is hoping for strong fan support for the game on February 7.

We're looking to take one game away from Toronto (and Laurentian)," said Pangos.

The Yeowomen take on the Laurentian Voyageurs in Sudbury tomorrow night.

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16 EXCALIBUR January 26, 1989



Album & concert showcase talent of 13 Engines

By LISA ROCK'N'ROLL

The 13 Engines Byram Lake Blues Nocturnal Records Siboney Club, January 21

The 13 Engines seem to be a lucky band, and if we lived in a just and perfect world they would be huge pop stars, exponentially more famous than the likes of REM.

They're in such an enviable position, perhaps they could soon lead one of those career seminars, "What Can I Do With A Fine Arts Degree?" Their second independent record just came out on a US label that actually does constructive work for the band; it'll be distributed domestically by Fringe Product.

They've garnered piles of good press all over the continent, and they write plenty of catchy songs. They're an amazing live band, they could be considered good looking, and they attract crowds.

It's a cold January night, but there are no empty chairs at the Siboney, a spacious Latin ballroom turned rock showcase in the Kensington Market. The crowd has an obviously upscale, older contingent, as well as all the usual suspects. Rumours are flying as to exactly which major labels reps are present.

After the heavy press coverage prior to their jam-packed New Year's Eve gigs, The 13 Engines ought to be a hot commodity. Kids are sitting at the edges of the tiled dance floor but no one's dancing yet.

Byram Lake Blues is a strong record, full of anthemic numbers one can hum for days. (This is not a new phenomenon with them — their raw demo tapes still refuse to be put neatly aside.) The Engines rework such well-worn themes as lost love, drinking, loneliness, adolescence, and suicide to great effect, matching slightly complicated lyrics (cenotaph? stellar? coliseum? unfurl?) with a crunching wall of guitars.

This record would suit perfectly one of those old turntables with automatic repeat. The entire second side should be played until it wears

They have an angst-ridden romantic air to them, but the slight daze apparent in all their press pictures disappears in their driving live

John Critchley is a remarkable lead singer, the focus of the audience's attention as he rocks back and forth in his black cowboy boots, strumming a big dark red semiacoustic guitar. He should soon have a fan club of 17-year-old girls from Unrequited Love Collegiate Institute.

Mike Robbins, the other ex-York student, favours the crazed and barefoot school of manic guitar playing, off in his own corner. Jim Hughes on bass and Grant Ethier on drums form a steadfast and sturdy rhythm section. Grant's also responsible for background vocals.

January is an odd time for a record release, just missing the Christmas rush, but potentially being forgotten by next year's inevitable "best of 1989" lists. Hopefully Byram Lake Blues will escape that fate, as it's chock-full of great songs - whether you're looking for a garagy number like "My Time," the

melodic "Making Love Alone," or the "Blue Smoke Curl," pigeonholed by numerous critics as their country stomp.

"Beached," "Rest In Between," "Blue Funk," and "Love Blooze" are all worthwhile examples of The 13 Engines' distinctively cool style.

The well-crafted 75-minute set is about halfway through, and The Engines' infectious songs have finally enticed people onto the dance floor, led by Pigfarm's indefatigable drummer Liz Becker. The Engines mix songs from both their vinyl releases with new material, boding well for the future.

Standout songs from Before Our Time (a record with a medieval painting on the cover) include "The End of Your Chain" and the Edgar Allan Poe poem "Annabel Lee," which incorporates the word "sepulchre." Critchley can actually sing clearly and occasionally quietly, drawing the audience like a magnet.

The floor doesn't clear until the last encors end, one of which was a never-to-be-repeated and extremely heavy Neil Young cover.

In the last year or so the band's

been dividing its time between Toronto and Michigan, where the new record was recorded after frenetic US touring. If The Engines can keep up their good press they should stand head and shoulders above a mass of American guitar bands, all the while keeping their loyal Canadian following.

Any band that works this hard with this much talent deserves to do very well, despite the clichés.

Now if we could only convince Ethier to play "Indian Arrow" just one more time



BEAM ME UP, RITA JOE...

Canadian actor August Schellenberg stars in a York Theatre production of The Ecstasy of Rita Joe. Schellenberg starred in the play's 1967 premier at the Vancouver Playhouse. The drama, by playwright George Ryga, deals with the problems of Canada's natives, struggling to fit into a society dominated by whites.

Directed by Joseph Green, featuring the talents of several fourth-year theatre students, and with original music by York alumnus Don Ross, performances will take place in the Moot Court at Osgoode Hall Law School, January 30 to February 3. Admission is \$7, \$5 for students and seniors. For reservations, call the box office at 736-5157.

Symposium investigates glasnost effects on Ukraine

By SUSAN (THE CLAN WHO RUNS TORONTO) VANSTONE

Stong College is presenting the Inaugural Proc Memorial Lecture Series: Glasnost in Soviet Ukraine, from January 28 to February 1. The symposium will investigate the application of glasnost in a non-

Programme Committee member Romana Bahry said that there have been improvements in Ukrainian arts since glasnost's inception. Films and literature that were previously banned are now being released. For example, two avant garde films made by Yuri Ilienko, Spring for the Thirsty (1965), and St. John's Eve (1968) were banned in the Soviet Union until 1987. Both films will be screened at the York

Topics to be discussed in the lectures include religion, politics, and e arts. Art exhibits, films, and a concert by violinis also be presented.

For more information, call 736-5132, ext. 7305.

Beverley Daurio's concept of justice

By LORRAYNE ANTHONY

Embarassing men through sexual manipulation is Beverley Daurio's idea of female justice.

This unconventional idea is the underlying theme in her latest work, Justice, a collection of fiction and prose poetry. The plot of most of the fiction follows a basic sequence:

woman has bitter feelings about man, woman meets new man, woman plays cruel game on new man. Through variations of this plot, Daurio examines relationships in the socially turbulent '80s.

Daurio, a native of Toronto, studied Creative Writing at York University with Don Coles, bpNichol

and Matt Cohen. She admits that she attended York in order to make time for her writing. She feels that it is difficult for a writer to set aside time for his/her craft; York provided that time for her Daurio revealed that Nichol influenced her greatly. ". . .

cont'd on p. 19

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GALLERIES

Art Gallery of York University: Closed for renovations until March. Glendon Gallery: Narrative Construction, the work of Sue Real until Feb 12, 2275 Bayview Ave. Gallery hours: Mon-Fri 10-4, Thurs 6-9, Sun

IDA Gallery: Design Show, a display of selected works by York's design students until Feb 3 on the first floor of the Fine Arts Bldg. Gallery hours: Mon-Fri 9-5.

Samuel Zacks Gallery: Feolosii Humeniuk, selected paintings by the Ukrainian artist on display until Feb 10. The opening will be held Sun Jan 29 at 1 pm with a reception at 3:15. Gallery hours: Mon-Fri 12-5.

Dancer's Forum: Voice Work for Dancers, a workshop led by instructor Michael Leach on Fri Jan 27 in Studio I of the Fine Arts Bldg. between

Holes in the Landscape/Trous dans le paysage: Paul Andre Fortier, Montreal dancer, choreographer, and artistic director of Montreal Danse, presents a one-time event to commemorate Environmental Action Day on Jan 26 in Burton Auditorium at I pm. Performance includes students from the departments of dance, video, music, theatre, and visual arts, as well as students from the Faculty of Environmental Studies.

Student Concert Series: A concert featuring student chamber and contemporary ensemble groups at Dacary (McLaughlin) Hall at noon on Fri Jan 27. Free.

THEATRE

Vanier College Productions: Arsenic and Old Lace, featuring Canadian actor August Schellenberg between Feb 1-4 at 8 pm in Vanier College Hall. \$8, \$5 for students and seniors.

Fourth-year Acting Ensemble: George Ryga's The Ecstacy of Rita Joe, directed by Joseph Green and with music by York alumnus Don Ross. Evenings between Jan 30-Feb 3 at 7 pm in Moot Court of Osgoode Hall Law School. \$7, \$5 for students and seniors.

LECTURES

Environmental Studies: Garbage? - A panel discussion with Richard Gilbert, councellor for the Municipality of Metropolitan Toronto, Gord Perks of Pollution Probe, and George Reddom, District Landfill manager, Laidlaw Waste Systems on Thurs Jan 26, 3:30-5 pm in 306 Lumbers.

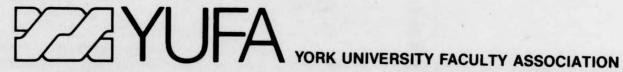
YUFA Negotiations 1989

The YUFA Negotiating Committee invites all YUFA members to attend

FA GENERAL MEMBERSHIP MEETING

TUESDAY, JANUARY 31ST 12:00 - 2:00 SENATE CHAMBER 9th Floor - Ross Building

Please plan to attend this important meeting



Guitar boogie at the Gallery

By LEO MACDONALD

Guitar Boogie Canadian Electronic Ensemble Music Gallery

On Saturday, January 21, the Canadian Electronic Ensemble (CEE) held a concert of experimental music featuring wide-ranging themes and styles. Contrary to the name, Guitar Boogie, did not feature pat, over played guitar solos.

Instead, the CEE presented new music for guitars and percussion. The ensemble included three guitars, four drum kits, a French horn, keyboards, and a vocalist. The gratingly provocative music can be described as soundtrack with a conscience.

The first piece featured former York student John Siddal playing "The Irrestistable Urge of an Eternal Dodge City." If the title makes you think of Marshall Dillon from Gun Smoke, you are not far off from what Siddal had in mind.

In this work Siddal explores "flambovance, drive, and will-power as being symbolic of a very prevalent weave in the social fabric of the United States. These qualities have inspired American ingenuity in its positive sense and at the same time have fueled a passion for the gun."

The work begins with four drum kits pounding out a driving beat, punctuated by piercing guitar leads put through an echo chamber. The only correlation between this piece and America's passion for handguns is quite obvious: you wish it would

The second work, composed by David Lindsay, is less harsh and more arousing. "The Whale Song," played on a MIDI guitar, is based on the music and sounds of the Humpback whale. This piece incorporate call-and-response between guitar and synthesizer.

The piece creates underwater imagery by emitting warbling, blips, and blurbs which give you the feeling of listening to the wilderness.

Lindsay takes this underwater world and intersperses it with harsh sonorities. These intergalactic con-

Justice

cont'd from p. 17

Not so much by his writing, but by his approach. bp was a great editor. He knew how to find the strength in anyone's work. He taught me how to write exactly what I was thinking.'

Justice is a compilation of 10 years of Daurio's work. Although the concept of justice is common to all her work, it is best illustrated in her current collection.

Daurio's female characters are realistic. They are complex, intelligent and sensual women. They give us insight into the bitter feelings people can harbour and how they act on them. Her characters taking innocence and complacency and turning them into something on the verge of violence. Unfortunately, her male characters are shallow and twodimensional. They serve only as shadows cast by the female characters

One of the stories, "A Touch of Harry in the Night," is quintessential Daurio. This story deals with a woman confronting her feelings of rejection following an affair. It leaves the reader with a disturbed awareness. All of Daurio's stories leave the reader with this same unsettling feeling.

Daurio's poetry is thoughtprovoking. Once again, she examines relationships from a woman's perspective. However, the relationships in these pieces are not limited to ones of a sexual nature; interfamily relations are also inspected.

Pieces from this collection have appeared in Grain, Rampike, Love and Hunger: An Anthology of New Fiction, and Cross-Canada Writers' Magazine. Justice is published by Moonstone Press and is available in trade paperback.

frontation, we are told, "symbolize continued decimation of the whale population for profit."

Two other pieces were "Leurs" and "Ranei Te Take." "Leurs" was composed by Serge Arcuri and featured french horn soloist Robert McCosh. This piece, like the soundtrack for a brooding motion picture thriller, is such that you might not want to listen to it by yourself.

In a similar vein, Tim Brady's "Renei Te Take" sounds like a horror film score. This work is based on the prologue of the book The Bone People by Keri Hulme.

In this piece soprano Iraina Reufeld belted out some engaging harmonies which moved in and out of sync with a vibraphone and tremelo keyboard surges.

The final piece of the concert was called "The Refutation of Gravity." In Jack Vee's mind this work "is a product of my interest in some very basic physicalities of sound, particularly what happens when large masses of sound occur in opposition to or in conjunction with one another.'

These masses of sound are generated by a single drum kit divided among Bill Brennan, Mark Duggan, Blair McKay, and Richard Sacks. They strategically place themselves at the corners of the room, creating pockets of sound that became monotonous and trying for my tender sensibilities. The driving drums and the piercing guitar chords could be seen as an experiment in sound physicalities as well as a test of an eardrum's limits.

Aside from some loud and strident moments in the concert, the CEE's Guitar Boogie presented a provocative evening of moods and motifs, articulating ideas far beyond those

Israel Week: faces of the Holy Land

By HOWARD KAMAN

York students will be able to experience Israel cheap next week. The Jewish Student Federation (JSF) will present Israel Week, filling the East Bear Pit with the sights and sounds of the Holy Land for four days.

As JSF programme coordinator Alan Howitt explained, the events of next week will allow York's Jewish community to "show the rest of the York community how much we care for Israel, and show off what Israel's got to offer.'

The week will begin on an artistic note, after a brief opening ceremony with Moshe Ronen, chairman of the Community Action for Israel Committee. Following opening remarks, the Hashomer Hatzair Youth Movement will take the stage for some Israeli folk dancing, followed by a performance by Racheli, a wellknown Israeli pop star.

On Tuesday, the JSF will feature a display designed to present students with options for continuing education in Israel. There will be representatives from various kibbutzim explaining life in these small, selfsufficient communities.

Professor Zeev Mankowitz of the Hebrew University of Jerusalem will present a lecture in Curtis Lecture Hall E at 2 p.m. on Wednesday. The lecture, "What Is Zionism?", will explain the concept of the Zionist

Universal Congress OfMecolodics

movement and its prominence throughout Jewish history.

Capping off the week on Thursday, representatives of various groups will highlight the Israeli sites pertaining to their various religions in a day dedicated to Tourism in Israel. At 3 p.m., the closing ceremonies will feature remarks from Toronto MP Bill Atwell.

A reception will follow the ceremonies. Throughout the week, there will

be an Israeli film festival, daily in the JSF portable from 12-2 p.m.

A list of films was not available at press time.

'The theme of the week is Faces of Israel," said Howitt.

"Each day, a different face. We decided to make it non-political because, if we wanted to show off the political sides of Israel, we'd have had to make it Israel Decade, rather than Israel Week."

With a focus on culture, as opposed to political conflict, it appears that Israel Week will safely avoid controversial issues.

Howitt explained that Israel Week is simply a way for York's Jewish community to express the pride they have in their heritage.

"Jewish students on campus, on the whole, feel that this is a terrific way of expressing their identity as Zionists.'

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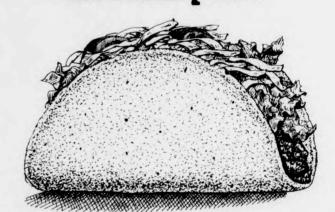
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PHYSICS CAREER DAY-The Student Faculty Liaison Committee for Physics is holding a Career Day on Wednesday, Feb. 1, from 2:30 to 4:30 in Bethune Gallery, 320

RELIGIOUS STUDIES STUDENTS ASSO-CIATION presents their first party of 1989. Thurs. Jan. 26 at 4 p.m. Vanier Senior Common Room (010). Everybody welcome.

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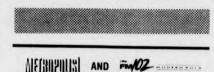
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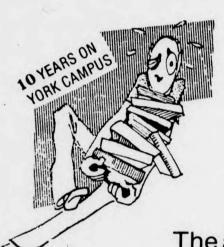
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