## (1)

## The First Issue of Our Thirty=eighth Year



|  | and with the Meslieval Venetians that interest should be made unlawfu | exaggerated figure and may give its stock in payment. In other words, |
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| The Leading weekly of the Eastern Townships. |  |  |
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Hext Tauble
THE HUB
The Bargain Centre of Missisquioi and Broma FALL GOODS

Are Arriving Daily

We are now showing our New Fall and Winter Mantles, Cloth Jackets. Heavy C raven ette Coats, Women's, Misses and children's mere Hosiery, New Fall Dress Goods, includithe striped effects. New Priestley Black Good New Cravenettes, New Flannelettes in plain and Fancy, New Flannelette Blankets, New Mens Shoes for everybody. Full line Mens Underwear

## Millinery

## Millinery <br> Millinery

Our Millinery Department is now open, and we will be pleased to welcome all our old cus tomers and any new ones No pains have been spared to have on hand thie very latest creations in Millinery. Call early

## Remnart Sale

At 25 p. c. Disct. for Another Week
It is a long time since we had a Remnant Sale and we have accum lated a large lot of Rem nants of all kinds which we are measuring and marking at the regular price and for this sale you can take your choice at 25 per cent. count

## GROCERY DEPART/IENT

Twenty pounds Granulated Sugar this week full 40 c value in Cream of Tartar this week, per pound 25 c
10 puund pails, at 15 c per por Brand, in 3,5 and

## Wanted Wanted

vill allow 22 c per dozen. Good Dry and Hard Maple for which
dor any sized cakes, Tc per prumd. . Block Wood $\$ 2.00$. Potitoes

Remember to get your Cash Checks. Big lot of New Crockery to choose your premium from has arrived.

## The lisb, Cowansville



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## INTERESTING THINGS <br> FOR LADY READERS <br> Home and Other Helps with the Latest No in Dress from the Near-by Metropolis

## All anticles under this heading writum und contributed specially Tue Onsetyer by a lady experienci <br> | in the various phases of heme |
| :--- |
| der the nom de plume at presen |
| M, $C$. $w$. |

## w many of us walk graceffully?

## the fact honestly in the facc, 1 we would have to ackowite moot of us women walk badly.

$$
\begin{aligned}
& \text { men out of the question, though } 1 \text { say } \\
& \text { in passing that men offen an suct, } \\
& \text { women do, as regards the subject of }
\end{aligned}
$$

$$
\begin{aligned}
& \text { ungracefol waking. In the eec } \\
& \text { and hurry wimen have so many }
\end{aligned}
$$

$$
\begin{aligned}
& \text { and hurry women have so many miter- } \\
& \text { es sthat the average woman dooset not } \\
& \text { hase time to study how one shall walk, }
\end{aligned}
$$

$$
\begin{aligned}
& \text { I believe that the subject should } \\
& \text { siven more erominenge io our scoos } \\
& \text { rooms. The teachers of long tago, hit }
\end{aligned}
$$

ger the sion

$$
\begin{aligned}
& \text { thooght of it and I believe that many } \\
& \text { ungraceful gestures are interited, buut }
\end{aligned}
$$

$$
\begin{aligned}
& \text { much of the ungraceful walking } \\
& \text { Auncd by tigh stoes or shooss wilh thit }
\end{aligned}
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\begin{aligned}
& \text { way towards making ones success s. } \\
& \text { in life. The very foosteps in }
\end{aligned}
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\begin{aligned}
& \text { direction should be begum by } \mathrm{m} \\
& \text { when their taties are small. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { bath a noother should rub the fint } \\
& \text { back and legs of her child thoroug }
\end{aligned}
$$

and strong.
s they begin to walk, w

$$
\begin{aligned}
& \text { One fortunate yougs lady informed mee } \\
& \text { thath hat two oplia houses, a plaid }
\end{aligned}
$$

$$
\begin{aligned}
& \text { care the litele ones should be taught } \\
& \text { thrown their chess out and hold the }
\end{aligned}
$$

heads high, this expands the lungs

$$
\begin{aligned}
& \text { and ato helopos give elff confidence. } \\
& \text { It is imposithe for a child or person }
\end{aligned}
$$

$$
\begin{aligned}
& \text { erger wash goods will be much worn. } \\
& \text { I recmly saw an impored plaid blose } \\
& \text { f healy weight gingham in the soffer }
\end{aligned}
$$

$$
\begin{aligned}
& \text { to walk with a buoyant selliassurece } \\
& \text { maner, without having cutivated it }
\end{aligned}
$$

On the other hand, people who natura

Iy possess self conce
inclined to swagge
gracefulas as the stooping, gentle halting walk,
Josh Billings on Hens
good thing to help oere is a

$$
\begin{aligned}
& \text { The best time to set a hen is when } \\
& \text { the hen is ready. I cant tell you what }
\end{aligned}
$$ self.consciousness. A A person who

consciuss of his hands

$$
\begin{aligned}
& \text { the his ready. I cant tell you whe } \\
& \text { the best breed is but the Shanghigh } \\
& \text { the meanest. It kosts az much }
\end{aligned}
$$ graceful, naturalness is grace.

help towards graeful walkin dress the feet in comfortable low heeled

$$
\begin{aligned}
& \text { poard one az a stage hoss, and yo } \\
& \text { night az well undertake to fot a fan } \\
& \text { ning mill runnin cats thru it. The }
\end{aligned}
$$ shoes, with thick soles. The weight

of the clothing should be from the

$$
\begin{aligned}
& \text { ning mill runnin cats thru it. Ther } \\
& \text { aint no profit in keeping a hen for hi }
\end{aligned}
$$ shoulders, the whole body should feel

$$
\begin{aligned}
& \text { eggs if he lavs less than one a day } \\
& \text { Hens are longlived if they dont contra }
\end{aligned}
$$ coinfortable. The arrus should fall

without muscular tension from the

$$
\begin{aligned}
& \text { Hens are longlived if they dont contrac } \\
& \text { the throat disease; there is a good man } \\
& \text { goes to pot each year by this mellonkol }
\end{aligned}
$$ without muscular tension

shoulders and allowed to swing gentl) when one walks. A few weels of care

$$
\begin{aligned}
& \text { goes to pot each year by this mellonkol } \\
& \text { ly disease. I kant tell eggsactly how } \\
& \text { to pick out a good hen, but as a genera }
\end{aligned}
$$ in (uiv direction and one will form the

habit ofeasy and gracetul walking thar

$$
\begin{aligned}
& \text { to pick out a good hen, but as a genera } \\
& \text { thing , } \\
& \text { the least long - ape to scrat ones, I kno, ar } \\
& \text { ap the garden }
\end{aligned}
$$ will cling

through.

$$
\begin{aligned}
& \text { the least apt to scratch up the garden. } \\
& \text { Eggs packed in equal parts of lime } \\
& \text { water, with the other end down, will }
\end{aligned}
$$

## How to Make a cood cup of Tea

$$
\begin{aligned}
& \text { keep fom } 30 \text { to } 40 \text { years, if they are } \\
& \text { not disturbed. Fresh beefteakiz good } \\
& \text { for hens: I suppose } 4 \text { or } 5 \text { pounds a }
\end{aligned}
$$

Ten, the cup which ch

$$
\begin{aligned}
& \text { for hens: I suppose } 4 \text { or } 5 \text { pounds } \\
& \text { day would be awl a hen would need } \\
& \text { irst. } \sim \text { I would be happee to advi }
\end{aligned}
$$ one uses, we might almost call it

stapape article of

$$
\begin{aligned}
& \text { first, I would be happee to advis } \\
& \text { with you on the hen question and take } \\
& \text { pay for my advise in eggs. }
\end{aligned}
$$ our honies it is used at every meal; for ore badly made tea is really injurious oa the range or hob until the decoction is rank, reedy, and bitter is nothing less

$$
\begin{aligned}
& \text { cup of molasses, I cup. of raisins, } \\
& \text { cup of suet, I lemon, iteaspoon of sods } \\
& 31 / 2 \text { cups of flour. Steam } 3 \text { hours. }
\end{aligned}
$$ boil, is utiterly. ruined and should neever be drank by anyone. Tea is so easy it making. Marion Harhand the great-

$$
\begin{aligned}
& \text { Railroad Pudding-I cup of water, } \\
& \text { I cup of molasses, I cup, of raisins, I } \\
& \text { cup of suet, I lemon, I teasnoon of oodu }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Lemon Sauce- } 1 \text { tablespoon butter, } \\
& \text { tablespoon flour, I cup boiling water, }
\end{aligned}
$$

$$
\begin{aligned}
& \text { tablespoon flour, I cup boiling water, } \\
& \text { lemon (grate finecand add juice only.) }
\end{aligned}
$$ authority on cuaking, says that she says she can equant on the fingers of her

$$
\text { Chili Sauce- } 12 \text { tomatoes, } 6 \text { peppers, }
$$ had really

$$
\begin{aligned}
& \text { onions chopped fine, } 2 \text { cups vinerar } \\
& \text { tablespoon salt, I cup sugar, I tea. }
\end{aligned}
$$ says the first rule for makini moed

$$
\begin{aligned}
& \text { tablespoon salt, I cup sugar, I lea } \\
& \text { poon cacll, of cloves, allspice, and nut }
\end{aligned}
$$ ond rule is, the water in which the s.

$$
\begin{aligned}
& \text { poon eacll, of cloves, allspice } \\
& \text { reg. Boil fill rather Thick. }
\end{aligned}
$$ ule is that the water used for flling the pot must to boiling. These three

## ouration of Life Among Bircte

## Strange as it may seem there is

 much exact knowledge on this sub.$\qquad$ ..... Defaced kid toots will be greaty in
Ned by being" rubbed weli with
arr a rank flavor to the strongest in
fusion of the best Java. Waah
offee pot thoroughly every day,
fifteen minutes.
To clean wold Lamp-Burners was
come out bright as new. Many times
a burner is condeñned because the light
is poor, when, having clogged up with
ediment, the wick is at fault.
Street Cries in Montrea
simple mode of prevention is to place
sar
large marble in the kettle, which, by
attracting the mineral partices in the
and
simple mode of prevention is to place
sar
large marble in the kettle, which, by
attracting the mineral partices in the
and

| Fashionable Plaids | large marble in the kettle, which, by |
| :---: | :---: |
| is | attracting the mineral p |
| ketw ure heims proked and dresses |  |
| being made prepartory to start for | To remiove a screw fusted in the |
| The young gitl who wishes to be up. | wood |
| -date must have it least one plaic |  |
|  |  |




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 COLD oUST malkes thes. If water sof

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## The eloman In the Alcove

By ANNA KATHARINE GREEN,






Well, sir, rut tell you." The tone Cures Woman's Weainesses.



N





all about thim. But I cannot get over
the facts. They all point it eeems to me, straight in one direction",
"All: You heard what was said in
this room- saw It in your ese-howe the man who surprised the steward in
his own room last night qeard with Mrs. Fairbrother. To kiss what ".es, I heard that. But did he mean
that he had been her actual slayer?
Could you convict him on those
ellyood's part in the little bosiness, you choose to consider that it theok,
phace at the time the stone fell from
Mr. Greys band What proo have
you that the substitution you belleve
in was not made by him?



| told me about Sears, all I have heard about him, in fact"-this 1 emphasized - "does not convince me of the entire folly of my own suspicions. Indeed; I |
| :---: |
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|  |  |
|  |  |
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|  |  |

"Possibly, but the afrair is full of in credibilities, the greatest of which, to
my mind, is the persistence with which you, a kind hearted enough little wo-
man, persevere in ascribing the deep-
est guith to one you profess to admire
and certainly would be glad to find infeit that 1 must Justify myseif.
Ir. Durand has had no such con-
ration shown him" said I

DURUM WHEAT.
$\qquad$ duction of durum wheat in northern
Minnesota and North Dakota and in
the aril or semiarid sections of other pert. They find the grain too rich in nen don't handle it freely because it
cessitates special bins. But the exDurum is sometimes called macaront
whieat because its main use up to this
time whieat because its main use up to this
time has been for the manufacture of
macaroni. The are accounted the best cooks in the
world, have employed it quite esten-
sivel in breadmaking, and it as-
serted that the bread made from it is most nutritious as well as illght and
appetizing. There is no reason why it Glaten is a muscle former. In 100
ounces of lean beefsteak there are
eighteen parts of muscle formers. In
100 ounces of ordingry 100 ounces of ordinary bread there ata seven to elght ounces of muscle form-
ers. In 100 ounces of potatoes two
ounces, in 100 ounces of mikl fori, but
in 100 ounces of macriront or bread
in Admitting the forming materiat farmer to whose temp it is in to to the the
is ammost inceststible when a whipat to stands drought much better plant than other
wheat. It is so hardy and thriffy and smut and bugs. The average yleld is high, often from
50 to 100 per cent greater than that of the old varieties of wheat-grown in
the same astrict It seems certain
that durum is destined to prove that durum ts destined to
blessing to the farmers.


