

From J. McLeenan Esq  
13/8/96.



# DIET DISPENSARY

*(Recommended by the Medical Faculty.)*



## EIGHTH ANNUAL REPORT.

APRIL, 1887.







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In presenting the Eighth Annual Report of the Diet Dispensary, we are happy to record a year of increased usefulness and prosperity. The proportions which this charity has now assumed are most encouraging to those who have actively engaged in promoting its work, as well as to the benefactors who, at all times, have supplied liberally the necessary funds.

The Committee which set out on this enterprise eight years ago, with a capital of \$18 and a fund of energy beyond price, has changed to some extent in the body, but the old spirit lingers. And it is largely to this spirit of unanimity and faithfulness that we attribute the success of our efforts.

A very interesting feature of the Dispensary work is the visiting nurse department. Our first venture in this direction was an unqualified success, but, unfortunately, her marriage deprived us of her services. Several other nurses have, during the year, occupied the situation, and we are happy to report that the person at present engaged is eminently suitable for the post she has undertaken and discharges her work with zeal and ability. The visits made during the year average 40 each week—besides extra work, such as soliciting the aid of doctors, and national societies, in cases of great poverty, accompanying patients to the Hospital when able to go, and attending to the neglected children of suffering mothers. The area traversed extends from the St. Jean Baptiste quarter and Hochelaga to the outskirts of Point St. Charles.

The dispensing department, under the vigilant care of Mrs. Martin, has relieved 4649 applicants. Of these 3611 are free, 935 cost and 103 half-price. To fill these orders, have dispensed 3961½ pints beef-tea, 333 pints chicken broth, 385 pints wine jelly, 259 pints calf s-foot jelly, 833 quarts milk. Also a variety of delicacies, such as arrow root, farina, puddings, eggs, fresh fruit, and fruit jellies and syrups to tempt the variable appetite in cases of tedious illness, in addition to the unfailling supply of meat-cakes.

To meet the expense necessary in maintaining a charity of this kind the Annual Appeal through the daily papers was resorted to last Autumn. Later in the season the necessities of the situation caused serious discussion, and several means of raising funds were suggested. Finally, it was decided to make a second appeal to the public, setting forth the grave necessities of the work and the expenses of carrying it on. Printed slips were accordingly circulated, with the result of interesting many new persons in the work and leaving a neat deposit to our credit in the bank. The possession of such wealth, however, need not occasion any anxiety, as we must assure our benefactors that all of this money and more will be required for the summer campaign, when the outlay is very little diminished and the income is *nil*.

We have also great pleasure in mentioning several timely donations of bed-linen and underclothing, &c., adding materially to the comfort of patients, and from unknown friends donations of delicacies, such as arrowroot, wine, preserved fruits, cocoa-nibs, honey and marmalade. Regarding these three last, it will be gratifying to their kind donors to hear that these contributions arrived most opportunely and were of great benefit, especially in one instance where the patient was unable to taste anything else.

In closing, we beg to tender grateful thanks to the Trustees of the American Presbyterian Church for the use of their rooms, rent free; to the Young Men's Association of St. Andrews' Church, for the proceeds of an illustrated lecture delivered by Mr. Joseph Gould, under their auspices; to the Editors of the *Herald*, *Gazette*, *Witness* and *Star*, for gratuitous insertions of advertisements; and to many other friends who have assisted the Committee in carrying on its work.

ISABEL S. C. MACPHERSON,

*Secretary.*



#### DONATIONS TO THE DIET DISPENSARY.

Mrs. John Macintosh, underclothing; Miss Brush, flowers, jar black currant jam, rolls, dressing gown, clothing; Mrs. De Witt, bottles and basket; Mrs. D. Sinclair, 20 lbs. sugar; Mrs. G. H. Kemp, 1 doz. sheets; A Friend, 3 sheets, 2 pillow-slips, ½ doz. jars black currant jam; Miss Macpherson, bottle cochineal; Mrs. Peterson, clothing; Miss Greene, 2 doz. tumblers; Mrs. Birks, clothing, flannel; Mrs. R. Bigelow, 5 prs. socks, 4 prs. bed socks; Mrs. Dow, underclothing; Rev. T. C. Perry, 3 fowls; Messrs. James Walker & Co., 1 pan; J. C. McArthur, Esq., clothing from Industrial Rooms; Mrs. Torrance, dishes; A Friend (per Miss Brush), 1 pair slippers, 2 pairs socks; Mrs. E. K. Greene, underclothing, boy's overcoat; Miss De Witt, 8 pudding moulds; Mrs. Barclay, 4 packages groceries; Anon, 2 jars marmalade, 1 jar honey, 1 jar apples, 2 packages farina, 1 do. prepared groats, 1 do. oatmeal, 1 do. tapioca; Robert White, Esq., cocoa-nibs; Mrs. Rankin, jar black currant jam; Mrs. G. S. Brush,

underclothing ; Mrs. George Childs, 2 doz. packages gelatine ; Anon, 8 lbs. arrowroot ; Mrs. Kingman, bottles ; Mrs. James Baylis, ulster and morning gown ; Mr. Kingston, 2 gals. sherry ; Lawrence Manufacturing Company, 1 demijohn wine ; Young Ladies' Mission Band, American Presbyterian Church, babies' and children's clothing, underclothing for men and women, 2 nightingales ; Emmanuel Church Sunday School, box of toys, do. fruit ; Young Ladies' Society, Emmanuel Church, large parcel of children's clothing, comforter, picture books and papers ; Editors of *Star* and *Witness*, free assertion of various paragraphs.



CASH DONATIONS TO DIET DISPENSARY.

Miss Jessie Dow.....	\$50 00	Mrs. J. A. Pillow.....	\$10 00
St. Andrew's Church Young		Andrew Robertson, Esq. ....	10 00
Men's Association.....	40 00	W. W. Robertson, Esq.....	10 00
American Presbyterian Church		A Friend .....	10 00
Benevolent Fund.....	40 00	Three of a Kind.....	7 50
American Presbyterian Church		H. Speid, Esq.....	7 00
Sunday School .....	25 00	A Friend.....	7 00
Women's Working Society,		American Presbyterian Church	
Erskine Church .....	25 00	Sunday School, Christmas	
Mrs. T. C. Brainerd.....	25 00	Offering .....	6 12
Mrs. B. Dawson .....	25 00	Union Society, Mrs. Lay's	
G. B. Burland, Esq.....	25 00	Seminary .....	6 00
W. R. Elmenhorst, Esq.....	25 00	H. O. Wilson, Esq.....	6 00
Mrs. Arthur Fisher .....	20 00	The Young Women's Christian	
Miss Orkney.....	20 00	Workers' Society.....	5 00
Hugh McLennan, Esq.....	20 00	Miss Margaret Allan .....	5 00
R. A. Smith, Esq.....	20 00	Mrs. J. Abbott.....	5 00
Emmanuel Church Sunday		Mrs. J. J. Arnton.....	5 00
School.....	20 00	Mrs. Edwin Atwater . . . . .	5 00
Mrs. N. B. Corse.....	15 00	Dr. G. E. Armstrong.. . . .	5 00
"A Contingent".....	12 00	J. C. Baker, Esq.....	5 00
St. Andrew's Church Ladies'		Mrs. James Baylis.....	5 00
Aid Society.....	10 00	Mrs. Mary A. Bigelow.....	5 00
St. Paul's Church Ladies' Aid		Mrs. W. F. Brown.....	5 00
Society.....	10 00	Jeffrey H. Burland, Esq . . .	5 00
St. George's Church Relief		Mrs. Carmichael .....	5 00
Fund.....	10 00	Mrs. G. W. Campbell.....	5 00
Mrs. John Aitken .....	10 00	Robert Campbell, Esq.....	5 00
Miss Benny.....	10 00	Mrs. George Caverhill... . .	5 00
Mrs. H. Birks .....	10 00	Mrs. T. James Claxton.....	5 00
Mrs. Dow.....	10 00	Mrs. B. T. Davis.....	5 00
B. Dawson, Sr., Esq.....	10 00	Mrs. M. H. Dickson.....	5 00
Walter Drake, Esq.....	10 00	Mrs. P. D. Dods.....	5 00
A. F. Gault, Esq.....	10 00	J. R. Dougall, Esq.....	5 00
Miss Greene .....	10 00	Mr. and Mrs. Alex. Douglas..	5 00
Mrs. Lyman .....	10 00	Lady Galt .....	5 00
Mrs. John McDougall.....	10 00	Mrs. Greenshields.....	5 00
Mrs. Charles Phillips.....	10 00	R. A. Grindley, Esq.....	5 00

John S. Hall, Jr., Esq.....	\$ 5 00	J. Murray Smith, Esq.....	\$ 3 00
Mrs. E. N. Heney.....	5 00	A Friend.....	3 00
Mrs. L. H. Holton.....	5 00	A Friend.....	3 00
Dr. R. P. Howard.....	5 00	Mrs. Hugh McLennan... ..	2 75
Joseph Hickson, Esq.....	5 00	Mrs. Stanley C. Iagg .....	2 00
Mrs. James Johnston.....	5 00	Mrs. R. Bigelow .....	2 00
Mrs. W. Johnson .....	5 00	Mrs. Alex. Falconer.....	2 00
Mrs. E. F. Ames.....	5 00	Miss Forsythe.....	2 00
Mrs. M. McCulloch.....	5 00	Misses Lena and Evelyn Galt..	2 00
Mrs. W. N. Macfarlan.....	5 00	H. R. Ives, Esq.....	2 00
Mrs. W. H. McDunnough....	5 00	Mrs. John Murphy .....	2 00
A. Macnider, Esq.....	5 00	A. P. M .....	2 00
Mrs. J. B. Learmont.....	5 00	Mr. and Mrs. Nivin.....	2 00
Mrs. A. D. Nelson.....	5 00	Mrs. G. W. Reed.....	2 00
Mrs. W. Ogilvie.....	5 00	Mrs. Forbes Torrance .....	2 00
Mrs. M. E. W. Papineau		W. H. Warren, Esq.....	2 00
(Monte Bello) ... ..	5 00	A Friend.....	2 00
W. S. Paterson, Esq.....	5 00	A Friend.....	2 00
Rev. T. C. Perry (Laprairie)..	5 00	Miss Atwater.....	1 50
Mrs. W. R. Sutherland.....	5 00	Miss Cruso.....	1 00
Mrs. H. C. Scott .....	5 00	Mrs. Elizabeth Doran.....	1 00
J. P. Scott, Esq.....	5 00	Miss I. Durie.....	1 00
F. Stancliffe, Esq.....	5 00	Mrs. Martin.....	1 00
James Torrance, Esq... . .	5 00	Mrs. Harrison .....	1 00
Forbes Torrance, Esq.....	5 00	Mrs. P. S. Ross .....	1 00
Mrs. W. T. Whitehead.....	5 00	Miss May Stewart (Quebec) ..	1 00
"St. Andrew's Ball".....	5 00	A Friend... ..	1 00
A Friend.....	5 00	A Friend.....	1 00
A Friend.....	5 00	Anon .....	1 00
Mrs. Evans .....	4 00	A Friend.....	1 00
Mrs. E. Holton.....	4 00	Three Friends.....	0 75
Mrs. James Haldane.....	3 00	"Winchester" .....	0 50
Mrs. John Macintosh.....	3 00		
Mrs. W. S. Paterson.....	3 00		
Mrs. Hugh Paton.....	3 00		
		Total.....	\$960 12



## TREASURER—IN ACCOUNT WITH DIET DISPENSARY.

DR.	CR.
1886, April 1st.	1887, March 31st.
To Balance. . . . . \$ 299 41	By Butcher's bill. . . . . \$ 321 72
1887, March 31st.	" Grocer's " . . . . . 68 18
To Donations to date. . . . . 960 12	" Milk " . . . . . 66 64
" Interest on deposit, Bank	" Ice " . . . . . 6 00
of Montreal. . . . . 2 34	" Wages " . . . . . 486 25
" Sale to date. . . . . 296 61	" Vegetables and Fruit. . . . . 26 25
	" Gas and Fuel. . . . . 37 50
	" Stationery and Printing. . . . . 20 96
	" Incidental Expenses, in-
	cluding Plumbing, Tin-
	ware, Repairing, Car fare
	for Nurse, &c . . . . . 14 60
	<u>\$1,048 10</u>
	1887, April 1st.
	By Balance on hand. . . . . \$ 510 38
<u>\$1,558 48</u>	<u>\$1,558 48</u>

M. C. GOULD,  
*Treasurer.*



## COMMITTEE

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963 Dorchester Street.

MISS GOULD, *Treasurer.*

MISS MACPHERSON, *Secretary.*

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" H. BIRKS,  
" P. P. OLDERSHAW,

MRS. FORBES TORRANCE,  
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MISS C. N. MACFARLAN,  
" M. C. AMES.