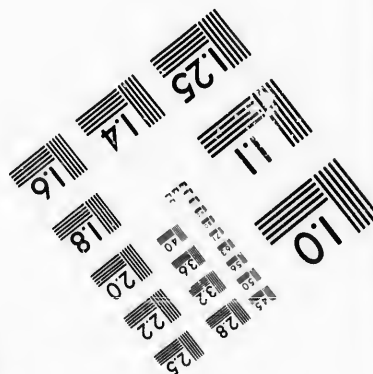
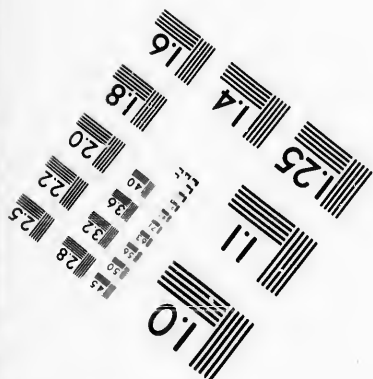
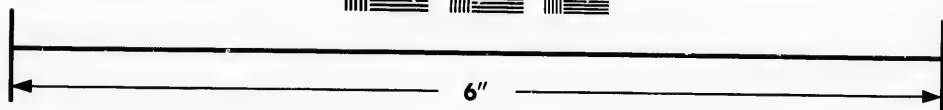
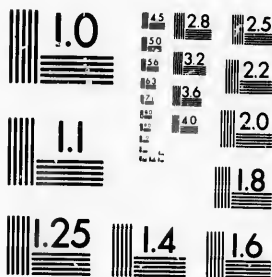


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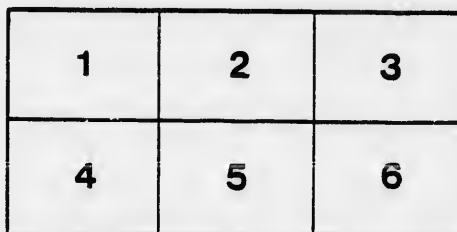
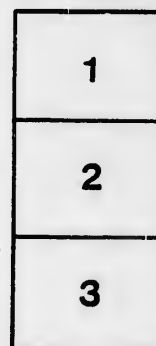
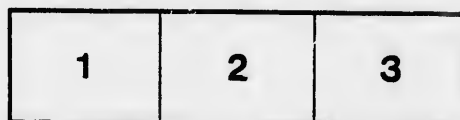
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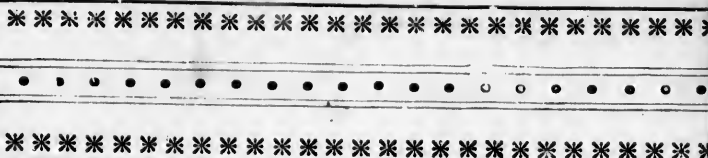
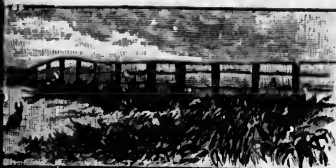
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FACTS AND.....



FIGURES

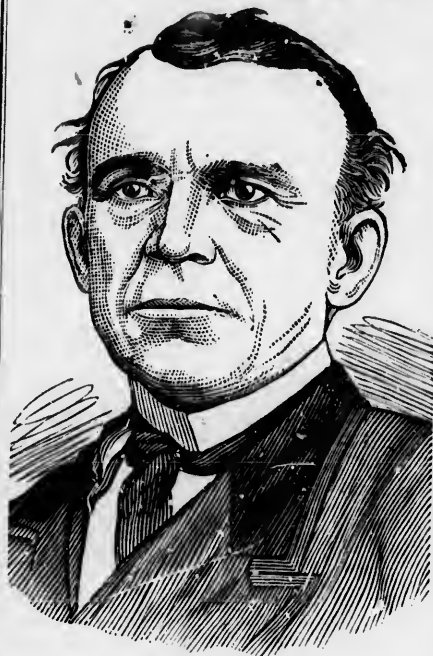
A USEFUL HANDBOOK
OF VALUABLE INFORMATION
FOR THE PEOPLE.

BRIMFUL OF THINGS WORTH KNOWING.
THINGS DIFFICULT TO REMEMBER.
TABLES OF REFERENCE.
HINTS AND HELPS FOR EVERYBODY.



PUBLISHED BY

T. MILBURN & CO.,
TORONTO.

WONDER IN WELLAND!**A REPRESENTATIVE FARMER SPEAKS.****MR C. C. HAUN.**

After using Burdock Blood Bitters for a few days the abscess burst, discharging fully five quarts of pus in two hours. I felt as if I had received a shock from a powerful battery. My recovery after this was steady and the cure permanent, seeing that for the four years since I have had as good health as ever I had. I still take an occasional bottle, not that I need it but because I wish to keep my system in perfect working order. I can think of no more remarkable case than what I have myself passed through, and no words can express my thankfulness for such perfect recovery.

In this connection the following letter from T. Cumines, Esq., a leading druggist of Welland, Ont., speaks for itself:

Messrs. T. Milburn & Co., Toronto.

GENTLEMEN,—I have been personally acquainted with Mr. C. C. Haun for the last twenty years, and have always found him a very reliable man. You may place the utmost confidence in anything he says with regard to your medicine. He has on many occasions within the last four years told me that it was marvelous the way the Burdock Blood Bitters had cured him, and that he now felt as able to do a day's work as he ever felt in his life. Although quite well he still takes some B.B.B. occasionally, as he says, to keep him in perfect health

Yours truly,

THOMAS CUMINES, Welland, Ont.

The steadily increasing sale of B.B.B., the length of time it has been before the people, and the fact that it cures to stay cured, attest the sterling merit of this monarch of medicines, the people's favorite blood purifier, tonic and regulator.

The following remarkable facts are fully certified to as being undeniably correct in every particular. Mr. Haun is well known in the vicinity, having resided here over fifty years, and is highly respected as a man of the strictest honor, whose word is as good as his bond.

As will be seen from his letter, four physicians had attended him, and it was only after he had given up hope of cure that he had decided to try Burdock Blood Bitters on the recommendation of a neighbor who had been cured of a similar disease by its use. Mr. Haun writes as follows:

DEAR SIRs,—I think I have been one of the worst sufferers you have yet heard of, having been six years in the hands of four of our best doctors without obtaining permanent relief, but continually growing worse, until almost beyond hope of recovery, I tried your Bitters and got relief in a few days. Every organ of my body was deranged, the liver enlarged, hardened and torpid, the heart and digestive organs seriously deranged, a large abscess in my back, followed by paralysis of the right leg, in fact the lower half of my body was entirely useless.

C. C. HAUN, Welland P.O.

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FACTS AND FIGURES.

The information given in the following pages may be relied on as correct, each item having been verified and the best authorities consulted in all cases. The facts in regard to the remedies advertised herein are also thoroughly reliable and the truth of every testimonial is vouched for in the strongest manner. All statistics are given as nearly as possible up to date and are the latest published records of the progress of the world.

Facts and Figures about B.B.B.

Fact 1.—B.B.B. is a purely vegetable combination of the most powerful alterative, tonic, purifying and strengthening roots, barks, herbs and berries, known to medical science. It contains no mineral or other poison and cures by acting in a natural manner on the stomach, liver, bowels, kidneys and blood.

Fact 2.—B.B.B. is made in Toronto, where the proprietors have a splendidly equipped laboratory, fitted with every appliance to insure the perfect preparation of their medicines.

Fact 3.—So great has been the success of B.B.B. that an immense laboratory has been constructed in Buffalo, N.Y., to supply the demand in the U.S. This is because B.B.B. sells on merit and does all it claims to do.

Fact 4.—Every testimonial we publish is true and all are from home people, whom you may write to for confirmation if desired. We print no purchased praise of our medicines but simply the unsolicited testimony of reliable Canadian men and women.

Fact 5.—Besides being the best medicine for all diseases of the stomach, liver, bowels and blood, B.B.B. is also the cheapest, the average cost being less than one cent a dose.

Fact 6.—The formula of B.B.B. is known only to the manufacturers. Any one claiming to be able to make it or "just as good" utters a falsehood.

HISTORICAL.

Fifteen Memorable Battles of the World.

MARATHON, 490 B.C., in which the Athenians, 11,000 strong, under Miltiades, defeated the Persians, 110,000 strong, under Xerxes.

PHILIPPI. Here, 42 B.C., Octavius Cæsar and Marc Antony defeated the Republican forces of Brutus and Cassius, who, thereupon, both committed suicide.

CHALONS, A.D. 451, in which the Huns, under Attila, "The Scourge of God," were defeated by the armies of the Romans and Visigoths.

TOURS, A.D. 732, in which Charles Martel defeated the Saracens, and Europe was rescued from Islam.

HASTINGS, where, 1066, William, at the head of his Normans, defeated Harold commanding the Saxon English.

BANNOCKBURN, where, 1314, 30,000 Scots, under Robert the Bruce, defeated 100,000 English under Edward II.

LUTZEN. Here, 1632, Gustavus Adolphus defeated the Imperialists under Wallenstein.

SPANISH ARMADA of 132 ships, under Medina Sidonia, scattered by the English Fleet, 1588.

WORCESTER, where, 3rd September, 1651, the Royalists were finally defeated by Cromwell. Cromwell's "crowning mercy."

QUEBEC won, 13th September, 1759, by Wolfe, from the French general, Montcalm.

SARATOGA. Here, 1777, the British were finally beaten by their American colonists, henceforward the United States.

VALMY, where, 1792, the invading Germans and Austrians missioned to chastise and distribute France, were thrashed by the young French Republic.

TRAFALGAR, off which, 1805, the British, under Nelson, gained a great victory over the combined fleets of France and Spain.

WATERLOO, where, 18th June, 1815, the French, under Napoleon, were definitely stopped short and ordered back by the Allies under Wellington.

SEDAN, where, 3rd September, 1870, the Franco-German war virtually ended by the surrender of Sedan.

Facts about Dyspepsia.

Some of the symptoms are pain and gnawing at the pit of the stomach after eating, flatulence, fullness and distention of the stomach, heartburn, acidity, constipation alternating with diarrhoea, despondency, lack of energy and others too numerous to mention. Among the causes are: Too hearty and rapid eating—bolting the food; overuse of stimulants or narcotics; too much rich, greasy food, pastry, cheese, pickles, etc.; neglected constipation; bad air; lack of exercise; working or hurrying to work immediately after eating.

Burdock Blood Bitters has an established reputation as a specific for Dyspepsia in all its forms. B. B. B. regulates the stomach, liver and bowels, stimulates secretion of the saliva and gastric juice to facilitate digestion, removes acidity, purifies the blood and tones the entire system to full health and vigor. It is a positive cure for dyspepsia and all diseases arising from this cause, having cured cases of twenty-five years' standing. We have many testimonials for B. B. B., and are pleased to publish the photograph of Miss Kuhn, the young lady who testifies so strongly as to the perfect cure of dyspepsia which B. B. B. effected in her case.



Indigestion Cured.

DEAR SIRs.—Two years ago life seemed a burden. I could not eat the simplest food without being in dreadful misery in my stomach, under my shoulders and across the back of my neck. Medical advice failed to procure relief, and seeing B. B. B. advertised, I took two bottles of it and have been entirely free from any symptoms of my complaint since. MISS L. A. KUHN, Hamilton, Ont.

Great Cities.

NAME.	Population (Thousands)
Alexandria.....	231
Amsterdam	390
Antwerp	210
Baltimore.....	332
Barcelona.....	241
Belfast	208
Berlin	1,315
Birmingham....	447
Bombay.....	773
Bordeaux.....	240
Boston, U.S.....	369
Bradford.....	229
Breslau	299
Brighton.....	119
Bristol.....	226
Brussels	458
Bucharest.....	221
Buda-Pesth.....	422
Buenos Ayres.....	466
Cairo	368
Calcutta.....	871
Chicago	503
Christiana.....	135
Cincinnati.....	255
Constantinople ..	873
Copenhagen.....	286
Dresden	246
Dublin	249
Edinburgh	262
Genoa.....	138
Glasgow.....	674
Hague.....	149
Hamburg	305
Havana	172
Hull.....	202
Leeds.....	351
Leicester.....	146
Lisbon	246
Liverpool	599
London	4,282
Lyons.....	401
Madras.....	405
Madrid.....	385
Manchester	378
Marseilles.....	376
Melbourne.....	410
Mexico.....	350
Milan	295
Montreal.....	210
Moscow.....	753
Munich	261
Naples.....	463
New Orleans.....	216
New York.....	1,206
Nottingham.....	230
Oldham	158
Palermo.....	205
Paris.....	2,344
Philadelphia.....	847
Portsmouth.....	139
Quebec.....	63
Quito.....	70
Rio Janeiro.....	357
Rome.....	273
Rotterdam.....	193
Rouen.....	107
St. Louis.....	350
St. Petersburg.....	842
San Francisco.....	231
Sheffield.....	321
Stockholm.....	227
Sydney.....	220
Toronto.....	200

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BURDOCK BLOOD BITTERS

Regulates and Strengthens the Stomach, Liver, Bowels and Blood.

The Secret of Curing Chronic Complaints.

It is a fact that the prime cause of much ill health consists in some obstruction or clogging of organic functions, which prevents a free, healthy circulation of the blood, and other fluids, or in other words an unequal circulation. The remedy in such cases is plainly indicated. Equalize the circulation of the nervous and vital fluids to restore the equilibrium of health. This is just what Burdock Blood Bitters does to perfection; by its renovating effect upon the whole glandular system it makes pure healthy blood, and causes it to circulate freely to build up the exhausted tissues of the body, and thus restores both physical and mental vigor. One great advantage of Burdock Blood Bitters over other medicines is that it acts at the same time on the Liver, the Bowels, the Secretions and the Kidneys, while it imparts strength.

GOOD BLOOD AND FREE CIRCULATION are the main springs of health. Burdock Blood Bitters unlocks all the secretions, makes pure, rich, nourishing blood, and promotes a healthy action to every organ, driving out all poisonous humors, and giving strength to the feeble frame.

In this way only, by natural and proper means does B.B.B. cure Dyspepsia, Constipation, Biliousness, Headache, Bad Blood, Scrofula and all Skin Diseases.

B.B.B. contains no poison. B.B.B. is purely vegetable.

SOLD BY ALL DRUGGISTS.

Price \$1.00 per Bottle, or 6 Bottles for \$5.00.

Weather Wisdom.

Herschel's Weather Table.

FOR FORETELLING THE WEATHER THROUGHOUT ALL THE LUNATIONS OF EACH YEAR FOREVER.

This table, and the accompanying remarks, are the result of many years actual observation, the whole being constructed on a due consideration of the attraction of the Sun and Moon, in their several positions respecting the Earth, and will, by simple inspection, show the observer what kind of weather will most probably follow the entrance of the Moon into any of its quarters, and that so near the truth as to seldom or never be found to fail.

<i>If New Moon, First Quarter, Full Moon or Last Quarter happens</i>		<i>In Summer.</i>	<i>In Winter.</i>
Between midnight and 2 o'clock.....	Fair	Frost unless wind Southwest.	
" 2 and 4 morning.....	Cold and showers.....	Snow and stormy.	
" 4 and 6 "	Rain	Rain.	
" 6 and 8 "	Wind and rain.....	Stormy	
" 8 and 10 "	Changeable	Cold rain if wind W., snow if E.	
" 10 and 12 "	Frequent showers.....	Cold and high wind.	
" 12 and 2 afternoon.....	Very rainy	Snow or rain.	
" 2 and 4 "	Changeable	Fair and mild.	
" 4 and 6 "	Fair	Fair.	
" 6 and 8 "	Fair if wind is N. W.	Fair and frosty if wind N. or N.E.	
" 8 and 10 "	Rainy if S. or S. W.	Rain or snow if S. or S. W.	
" 10 and midnight.....	Fair.....	Fair and frosty.	

Sunset Colors.

A gray, lowering sunset, or one where the sky is green or yellowish green, indicates rain. A red sunrise, with clouds lowering later in the morning, also indicates rain.

In hot summer weather keep Dr. Fowler's Wild Strawberry on hand. It cures all Summer Complaints.

Facts about Constipation, the Father of Disease.

Its Cause.

Constipation or costiveness often arises from improper food, neglect of regularity, etc., but more frequently is caused by torpid liver, dyspepsia or bad blood. In its turn it causes a multitude of distressing symptoms and diseases such as headache, piles, fistula, eruptions, sores, stomach troubles and liver and kidney diseases; in fact health is impossible while constipation exists.

Its Cure.

The natural remedy is a tonic laxative such as B.B.B. is, to gently, yet thoroughly act on the bowels, unlock the secretions and remove all impure matter. By its action on the four cardinal points of health, the stomach, liver, bowels and blood, this medicine regulates the entire system, and by removing the cause not only cures constipation but prevents its return if reasonable care be used in diet. Cases which for twenty-five years resisted all other treatment have been permanently cured by B.B.B.

The following portrait of Mrs. Gordon McKay was kindly furnished to us by that lady when sending us her testimony, which is given below.



DEAR SIRS.—I suffered with constipation and headache, and having taken a bottle of B.B.B. on trial, found it doing so much good that I sent for several more and it proved a sure cure. I use it in my family and feel safe in recommending it to my friends.

MRS. GORDON MCKAY,

Jordan Falls, N.S.

How to Make Money.

One dollar loaned for 100 years at the following rates of interest compounded will amount to the figures set opposite the per cent. at the end of that time:

3 per cent.....	\$	19.25
6 " ".....		340.00
8 " ".....		2,303.00
10 " ".....		13,809.00
12 " ".....		85,075.00
18 " ".....		15,145,007.00
24 " ".....		2,551,799,404.00

The moral is—*lend instead of borrow.*

The Cost of Smoking.

The following figures show the expense of smoking two cigars a day, at 5 cents each, and at 10 cents each, from the age of 20 to the end of each period of five years, up to the age of 70, 6 per cent. compound interest semi-annually being reckoned upon the money:

From the Age of—	Two Cigars a day at 5 Cents Each.	
	Princip'l	Pr. & Int.
20 to 25 years.....	\$ 182.50	\$ 209.21
20 to 30 ".....	365.00	490.39
20 to 35 ".....	574.50	868.25
20 to 40 ".....	730.00	1,375.06
20 to 45 ".....	912.50	2,058.44
20 to 50 ".....	1,095.00	3,094.99
20 to 55 ".....	1,277.50	4,367.46
20 to 60 ".....	1,460.00	6,078.73
20 to 65 ".....	1,642.50	8,378.52
20 to 70 ".....	1,825.00	11,463.25

From the age of—	Two Cigars a day at 10 Cents Each.	
	Princip'l	Pr. & Int.
20 to 25 years.....	\$ 365.00	\$ 418.43
20 to 30 ".....	730.00	980.78
20 to 35 ".....	1,095.00	1,736.52
20 to 40 ".....	1,460.00	2,752.20
20 to 45 ".....	1,825.00	4,115.92
20 to 50 ".....	2,190.00	5,949.88
20 to 55 ".....	2,555.00	8,414.47
20 to 60 ".....	2,920.00	11,738.03
20 to 65 ".....	3,285.00	16,093.51
20 to 70 ".....	3,650.00	21,937.72

Pins.

About 1,500 tons of iron and brass wire are yearly manufactured in England into pins. The Newhall Works, Birmingham, make 10,000,000 pins per day. What becomes of them?

A Record.

358 Testimonials as to the value of Burdock Blood Bitters were received in January, 1892. If every sufferer cured by B.B.B. would write us we would receive a hundred times that number.

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Facts about Bad Blood.

BBB**Cures Bad Blood
In Any Form.**

The blood reaches every portion of the body to distribute nutriment and remove effete matter and waste products. Clearly then, any influence, good or bad, affecting the blood, must necessarily affect the entire system for good or evil as the case may be. To this fact is due the wonderful efficacy of Burdock Blood Bitters in removing every form of Blood disease. From impure, tainted blood the transition to SCROFULA is easy and almost certain, and in the train of scrofula the most terrible and life-destroying diseases follow. **Ulcers, Tumors, Abscesses, festering sores, disgusting eruptions, and last, but not least, Consumption,** are some of the results of Scrofula. Here the powerful alterative, purifying and tonic action of B.B.P. exerts a curative influence unapproached by any other remedy.

Portrait of Mrs. B. Maddis.



DEAR SIRs. — The disease I was troubled with was a pain in my left side which broke out in sores, and these broke and ran matter. I had doctored a long time without relief when a neighbor told me if I would try B.B.B. I would get better. So I gave up doctors for over two years, and have taken twelve bottles of B.B.B. and think very highly of it. It was the first medicine that ever gave me relief, for my side is all healed up now and I am able to go around again after being in bed over a year without relief. I also use Burdock Pills, and would not be without them.

MRS. B. MADDIS,
Mount Pleasant, Ont.

The British Empire.

The following brief table gives an abstract of the population of the British Empire throughout the world. Brief as it is, it deserves careful study. The material greatness of the country is amazing—it exceeds that of any other Empire ancient or modern. Its moral greatness is equal to its material. The Empire is governed by settled Law, every man's property is protected; his person, like his property, cannot be touched except by legal process. Religion is free. And although susceptible of some improvement, the British Empire under its present Sovereign presents the nearest approach to a true Commonwealth that the world has yet seen:—

NAME OF COUNTRY.	POPULATION.
Great Britain and Ireland.....	42,059,000
Indian Possessions, &c.....	284,577,000
Other Eastern Possessions.....	4,169,800
Australasia, &c.....	4,200,000
America (North).....	5,200,000
America (South).....	380,000
Africa.....	2,900,000
West Indies, &c.....	1,450,000
European Possessions.....	162,000
Total.....	346,020,800

Years of Age which various
Animals attain.

Whale, estimated	300
Elephant	400
Swan	300
Tortoise	100
Eagle	100
Raven	100
Camel	100
Lion.....	70
Porpoise.....	30
Horse	30
Bear.....	20
Cow.....	20
Deer.....	20
Swine.....	20
Cat.....	15
Fox.....	15
Dog.....	10
Sheep.....	10
Rabbit.....	7
Squirrel	7

Average Human Life.

The average of human life is now about 35 years. With proper care and attention the span of life should be 70 years on the highest authority—the Bible, which also states that the blood is the life. We argue from this that the blood should be kept perfectly pure and we have proved in thousands of cases that B.B.B. is the perfect Blood Purifier.

Standard Gold.

Great Britain, 916½ fine; U. S., 900 fine. \$54 of British coin contains as much pure gold as \$55 of U. S. coin.

How to Cure Headache.

This complaint is usually not in itself a disease but a symptom of other diseases, principally those of the liver, stomach and nerves. As varieties of headache commonly met with we may name sick or bilious headache, nervous headache, headache from constipation, debility or indigestion, periodical headache. Undoubtedly the cause must be removed before permanent relief can be had. In dyspeptic headache we have chilliness, cold feet, flushed face, dry skin, furred tongue, etc. When the dyspepsia is removed the headache disappears. In sick headache there is sometimes nausea and vomiting, and constipation usually exists. For headache B.B.B. is almost a specific—a medicine that cures where others fail. Keep the stomach, liver and bowels in perfect working order by the use of nature's regulator and tonic, Burdock Blood Bitters, which cures nearly all forms of headache by removing the cause. B. B. B. builds up the shattered nervous system, regulates the digestive and biliary organs, and is a never-failing friend to sufferers from any form of headache.



Cures Headache.

Read the Proof.

Completely Cured.

DEAR SIRs,—I was completely cured of sick headache and constipation by the use of three bottles of B.B.B., and can safely recommend it as the best remedy I have ever used.

MISS MAUD M. CLARK,
Charlottetown, P.E.I.

Sick Half the Time.

DEAR SIRs,—I was sick half the time for years with severe headache, but was at last advised to take B. B. B., and am thankful to state that I was cured by its use and can truly recommend it.

MISS JULIA STEWART,
St. Catharines, Ont.

As Well as Ever.

DEAR SIRs,—Having been troubled with headache for years, and having doctored to no effect, I thought I would try your B.B.B. and Burdock Pills, which I can now safely say have made me as well as ever. I consider them the best medicines I have ever used.

MRS. TEENIE QUINN,
Toronto, Ont.

To Save Doctors' Bills.

Never go to bed with cold or damp feet.

Never lean with the back upon anything that is cold.

Never begin a journey until the breakfast has been eaten.

Never take warm drinks and then immediately go out into the cold.

Never omit regular bathing, for unless the skin is in regular condition the cold will close the pores and favor congestion or other diseases.

After exercise of any kind, never ride in an open carriage, or near the window of a car for a moment; it is dangerous to health or even life.

When hoarse, speak as little as possible until the hoarseness is recovered from, else the voice may be permanently lost or difficulties of the throat be produced.

Merely warm the back by the fire, and never continue keeping the back exposed to the heat after it has become comfortably warm. To do otherwise is debilitating.

When going from a warm atmosphere into a cooler one, keep the mouth almost closed, so that the air may be warmed by its passage through the nose ere it reaches the lungs.

Never stand still in cold weather, especially after having taken a slight degree of exercise, and always stand on ice or snow, where the person is exposed to the cold wind.

Why is Food Required?

The question seems almost absurd, so familiar is the fact; and yet the answer to it involves one of the grandest chapters in the history of science. In its simplest form it may be given in three words: it is fuel. We require food frequently, for just the same reason that a fire requires coal frequently, and a lamp oil—because we are burning away. The air that we breathe into our lungs contains oxygen, and this oxygen combines with or burns the muscles or other organs of our bodies just as it does the coals in a fire. About 30 oz. of oxygen a day are thus consumed, requiring about 12 oz. of carbon to replace the waste, or say 3 lbs. of bread. The heat produced in a man's body in the course of a day is considerable in quantity, though not very intense in quality. Taking the average, it is enough to raise five and a half gallons of water from freezing point to boiling point, and this is about the heat that would be given off during the burning of a pound of coal. All this heat comes from slow wasting or burning of the substance of the body, so that it is evident that if we did not make up for this constant loss by eating food, our organs would soon be wasted away and consumed.

The Pulse.

Beats		Beats	
Ages.	per minute.	Ages.	per minute.
At birth.....	130 to 140	Seven years....	85
One month....	120	Puberty.....	85 to 80
One year.....	120 to 108	Adult Age.....	75 to 70
Two years.....	108 to 90	Old Age.....	65 to 60
Three years....	90 to 80		

Facts about Scrofula. Its Symptoms and Cure.

SYMPTOMS:

**Tumors, Abscesses,
Sore Eyes, Thick Lips,
Soft Muscles, Enlarged Neck,
Swollen Glands, Wasting of Flesh,
Pallid Complexion, Chronic
Skin Eruptions.**

This disease affects, in one form or another, probably twenty per cent. of the human race, and is the cause of untold misery. In order to obtain a perfect cure the body must be well nourished while the poison is being eradicated from the blood by the alternative, tonic and purifying properties of Burdock Blood Bitters, the best anti-scorfulous medicine ever devised. It is an indispensable remedy in scrofula, scrofulous diseases, eruptive diseases, chronic skin disorders, glandular swelling, ulcers, abscesses, and all the results of scrofulous taint (however acquired) from a common pimple to the worst scrofulous sore. All foul humors, impurities and effete matter are removed by the action of B.B.B. upon the excretory organs, the bowels, kidneys and skin, while the whole system is rebuilt, strength returns, and the disease is gradually but surely eradicated. The best results are attained by applying B.B.B. externally to the parts affected, besides using it internally as directed.



**Cures Itching
Skin Diseases.
Cures Scrofula.**

Scrofulous Catarrh.

DEAR SIRs,—About three years ago I suffered from impure blood which at last ended in scrofulous catarrh, causing me much suffering. Seeing Burdock Blood Bitters recommended, I purchased three bottles and have received from it such great relief from my sufferings that I deem it my duty to make it known to other sufferers. I recommend it to all my neighbors.

R. J. DOHERTY,
New Mexico, P. Q.

Skin Disease Cured.

DEAR SIRs,—About two years ago I was troubled with skin disease and tried everything I could think of without effect until I used B.B.B. and it cured me completely.

ALBERT C. RATHWELL, Perth, Ont.

Bushels of Seed to the Acre.

Table of different varieties of seed, showing the quantity of each required to plant an acre:—

KINDS OF SEED.	Bushels to the Acre
Wheat.....	1½ to 2 bush.
Barley.....	1½ " 2½ "
Oats.....	2 " 4 "
Rye.....	1 " 2 "
Buckwheat.....	1 " 1½ "
Millet.....	1 " 1½ "
Corn.....	1 " 1 " "
Beans.....	2 " 2 " "
Peas.....	2½ " 3½ "
Hemp.....	1 " 1½ "
Flax.....	1 " 2 " "
Rice.....	2 " 2½ "
Broom Corn.....	1 " 1½ "
Potatoes.....	5 " 10 "
Timothy.....	12 " 24 qts.
Mustard.....	8 " 20 "
Herd's Grass.....	12 " 18 "
Flat Turnip.....	2 " 3 lbs.
Red Clover.....	10 " 16 "
White Clover.....	3 " 4 "
Blue Grass.....	10 " 15 "
Orchard Grass.....	20 " 30 "
Carrots.....	4 " 5 "
Parsnips.....	6 " 8 "

Amount of Barbed Wire required for Fences

Estimated number of pounds of Barbed Wire required to fence space or distances mentioned, with one, two, or three lines of wire, based upon each pound of wire measuring one rod (16½ feet). The quantity required for two lines and three lines is exactly twice and three times, respectively, greater than that needed for one line:—

	1 Line.
1 Square Acre.....	504 lbs.
1 Side of a Square Acre.....	124 " "
1 Square Half-acre.....	36 " "
1 Square Mile.....	1280 " "
1 Side of a Square Mile.....	320 " "
1 Rod in Length.....	1 " "
100 Rods in Length.....	100 " "
100 Feet in Length.....	61-16 " "

Seven Wonders of the World

The name given to seven very remarkable objects of the ancient world:—The Pyramids of Egypt; Pharos of Alexandria; Walls and Hanging Gardens of Babylon; Temple of Diana at Ephesus; the Statue of the Olympian Jupiter; Mausoleum of Artemisia; Colossus of Rhodes.

Seven Wise Men of Greece.

These men, distinguished for their practical sagacity and wise maxims on the principles of life, flourished in Greece in the sixth century, B.C. Their names were: SOLON, CHILO, PITTACUS, BIOS, PERIANEPH, CLEOBULUS and THALES.

The Seven Hills of Rome.

The Seven Hills upon which Rome is built are the Aventine, Capitoline, Caelian, Esquiline, Palatine, Quirinal and Viminal. Their altitude above the Tiber is only about one hundred and fifty feet.

Facts about Billiousness and Liver Complaint.

The liver is very liable to be attacked by different disorders, and few people escape biliousness or liver complaint altogether. These complaints prevail especially in spring when the system is overloaded with strong food during winter, and the bowels become clogged, the digestion poor, and unhealthy bile accumulates. Nausea, faintness, dizziness, costiveness and diarrhoea alternately, pain under right shoulder or in the head and eyes are among the usual symptoms, and continue until the bile is removed and the liver regulated.

At the commencement of an attack take a purgative dose of Burdock Pills, and continue the treatment by taking Burdock Blood Bitters (the most effectual liver regulator known) according to directions. B. B. B. stimulates and arouses the liver and regulates its secretions, at the same time purifying the blood, while it removes through the bowels and kidneys the impure matter which clogs up the liver and renders it torpid and inactive. In this way, and also by improving digestion and toning the whole system, the liver is quickly restored to proper action, while biliousness, liver complaint, etc., are removed without fail. See testimonials.



Cures
Billiousness.

Unsolicited Testimonials

Well Pleased.

DEAR SIRS,—I have taken six bottles of B.B.B. for liver complaint. Before using it I had a troublesome headache and felt very weak, but am now perfectly well, have a good appetite and feel better in every way.

ALICE LAPOINTE,
Gentilly, Que.

Sour Stomach Cured.

DEAR SIRS,—I have used your B.B.B. for the past five or six years and find it the best cure for sour stomach and biliousness. I have also used Burdock Pills and can recommend them highly.

AMANDA FORTUNE,
Huntingdon, Que.

Our Own Country.

Information about Canada.

Population.

Ontario.....	2,112,989
Quebec.....	1,488,586
Nova Scotia.....	450,523
New Brunswick.....	321,294
Manitoba.....	154,442
P. E. Island.....	109,088
British Columbia.....	92,767
N. W. Territories.....	67,554
Unorganized.....	32,168
Total.....	4,829,411

Religions of the People.

Roman Catholic.....	1,990,465
Methodist.....	847,469
Presbyterian.....	755,199
Episcopalian.....	644,106
Baptist.....	303,749
Lutheran.....	63,979
Congregational.....	28,155
Disciples.....	12,763
Other Denominations.....	33,755
Brethren.....	11,639
Adventists.....	6,355
Quaker.....	4,638
Universalist.....	3,169
Pagan.....	26,709
Jews.....	6,414
Unitarian.....	1,772
Salvation Army.....	13,949

The balance of the population is made up by those whose religion is not given, and various scattering sects.

Industrial Notes.

The value of tools and machinery in use in Canada.....	\$80,803,265
The number of steam engines in use in Canada for manufacturing.....	9,873
(This does not include those used in mining, shipping and agriculture).	
Amount of steam power given as horse power.....	1,073,991

Our Homes.

Number of Dwellings in Canada.....	930,684
Inhabited.....	854,842
Empty.....	54,164
Under construction.....	10,873

Out of the 854,842 inhabited houses, 697,356 are built of wood, 131,522 of brick, 25,964 of stone and 250 of sod.

Our Brave Defenders.

The Militia is divided into Active and Reserve land and marine force. The Active land and marine force is composed of men raised by voluntary enlistment or by ballot, and the Reserve force consists, practically, of the whole of the efficient men not serving in the Active Militia of the time being.

The strength of the Active Militia (including a Permanent Force, limited by the present Militia Act to 1000 men) was, in October, 1891: Cavalry, 2,006; Field Artillery, 1,440; Garrison Artillery, 2,352; Engineers, 179; Infantry, 31,733; Total, 37,710.

Facts about Skin Disease.

Under this name such troubles as salt rheum, erysipelas, tetter, shingles, psoriasis, scurf, itching rashes, eruptions, boils, pimples, etc., are included. Skin diseases are unsightly, irritating and often terribly annoying to the sufferer; they depend mainly on bad blood, from one cause or another, for if the blood is pure and circulation good no skin disease can exist, except it arise for lack of proper cleanliness or from contagion.

How to Cure Skin Diseases.

First of all wherever needed the affected parts should be kept thoroughly clean by means of washing with warm water and pure castile soap, then (1) Observe strictly all the laws of health; (2) Keep the skin clean; (3) Maintain regular action of the bowels to carry off all impure and effete matter; (4) Avoid high living; (5) Pure air and proper exercise are highly beneficial; (6) Eat plain, nourishing food; (7) Cleanse and keep pure the blood by taking Burdock Blood Bitters—the key to health, which unlocks all the secretions, and makes new, rich blood by acting upon the stomach, liver, kidneys and bowels. B. B. B. cures all blood diseases from the smallest pimple to the worst scrofulous sore. Obstinate blood humors and scrofula of years' duration and apparently incurable have been permanently cured by B.B.B. See testimonials.

B.B.B. Cures all Skin Diseases.

Spent \$73 in Medicine.

GENTLEMEN,—Having suffered for over a year with ulcers in the mouth and sores and blotches on my face and spent \$73 in medicine, and most of the time had to take it through a quill as my mouth was so sore, I was induced to try B.B.B. a few months ago, and to-day I am entirely cured after having taken five bottles. I am still taking it as I would not suffer what I have again for any money. In gratitude to it I never lose an opportunity to praise it and shall never be without it in the house. You can use my testimony and my name, for it may fall into the hands of some one suffering from a like malady.

MRS. ADIE LAWSON,

43 Trinity Square, Toronto, Ont.

Counterfeits of the Bills of Canadian Banks.

Bank of Commerce.

\$5 bill—counterfeit just issued. The vignette of Her Majesty is very poor, and the ring on her right hand, in the genuine note, has been omitted. In the words "Canada Bank Note Printing Tint," under the vignette, the word "note" has been mis-spelled *noto*. The signature on the left hand, which should be a pen and ink signature, is evidently printed, but in an ink of a different shade from the body of the note.

Ontario Bank.

\$10 issue, bearing date November 1st, 1870. Is rather smaller than the genuine—paper not so strong—numbering letters smaller, and "British American Bank-Note Co." is omitted from the back. It is a remarkably good forgery, and great care should be taken with notes of this denomination to see that they have not the above defects.

Quebec Bank.

\$1 bills of the old issue of the Toronto branch have been forged. As \$1 and \$2 bills are now issued only by the Dominion Treasury, bills of these values issued by Banks should be refused to ensure safety.

Union Bank of P. E. Island.

\$2 bill has been photographed, but is a very poor forgery. The TWO is quite a daub, and shows through the paper.

Thirteen Choice Life-Maxims.

1. Affectation is at best a deformity.
2. Ask thy purse what thou shouldst buy.
3. Be slow in choosing a friend, but slower in exchanging him.
4. Before you attempt anything, consider what you can do.
5. By reading, you enrich the mind, by conversation you polish it.
6. Consideration is due to all things.
7. If you would teach secrecy to others, begin with yourself.
8. In order to judge of another's feelings, remember your own.
9. Let your anger set with the sun, but not rise with it.
10. None have less praise than those who seek most after it.
11. Pride is as loud a beggar as want, and a great deal more saucy.
12. Rage robs a man of his reason, and makes him a laughing stock.
13. Apply the Golden Rule to your every act and thought.

Fifty Years of Human Life.

According to a French statistician, taking the mean of many accounts, a man of 50 years of age has slept 6,000 days, worked 6,500 days, walked 800 days, amused himself 4,000 days, was eating 1,500 days, was sick 500 days, etc. He has eaten 17,000 pounds of bread, 10,000 pounds of meat, 4,600 pounds of vegetables, eggs and fish, and drunk, in all, 7,000 gallons of liquid, namely, water, tea, coffee, beer, wine, etc.

**Almost Helpless from
Rheumatism.
Cured by B. B. B.**



Almost Helpless.

DEAR SIRS,—About two years ago I took an attack of rheumatism in my knees which was so bad that I could hardly go up or down stairs without help. All medicine failed until I was induced to try B.B.B. which I did with wonderful results. By the time I had taken the second bottle I was greatly relieved, and the third bottle completely removed the pain and stiffness. The fourth bottle will effect an entire cure of my case which I never expected to obtain a cure for. I think B. B. B. cannot be surpassed.

MISS MAGGIE BEEMER,
Woodstock, Ont.

NOTE.—The accompanying likeness was sent us for publication by Miss Beemer, who feels grateful indeed for the marvellous results she experienced from the use of B.B.B.

Plain Rules to Cure Rheumatism.

(1) Always wear flannel next to the skin, and change damp or wet clothing without delay; (2) Be careful in diet, preferring plain, nourishing food, alkaline drinks are also useful; (3) Regulate the stomach, kidneys and bowels, and correct the acidity of the fluids while arousing the liver and skin to remove the offending impurities. At the commencement of an attack give a purgative dose of Burdock Pills, and follow it up by using Burdock Blood Bitters, which acts upon the liver, kidneys and skin, and regulates the bowels and stomach, thus purifying the blood and carrying out of the system the acid humors and impurities which cause rheumatism.

**Choice Selections for Auto-
graph Albums.**

In leisure moments cast a look
Upon the pages of this book;
When absent friends thy thoughts engage,
Think of the one who fills this page.

Go forth, thou little volume,
I leave thee to thy fate;
To love and friendship truly
Thy leaves I dedicate.

Go, little book, thy destined course pursue,
Collect memorials of the just and true,
And beg of every friend so near
Some token of remembrance dear.

In this fair garden plants shall grow,
And in their freshness bud and blow—
Plants to which love has beauty lent,
And blossoms sweet of sentiment.

What's the use of always fretting
At the trials we shall find
Ever strewn along our pathway—
Travel on, and never mind.

When the golden sun is setting,
And your mind from care is free,
When of others you are thinking,
Will you sometimes think of me.

I can but add one little pearl
To all the gems about thee scattered;
And say again, sweet, artless girl,
That all the poets have not flattered.

Think not, though distant that thou art,
Thou can'st forgotten be;
While memory lives within my heart
I will remember thee.

May happiness ever be thy lot,
Wherever thou shalt be;
And joy and pleasure light the spot
That may be home to thee.

When this you see,
Remember me,
For I was cured
By B. B. B.

**Greatest Tunnels in the
World.**

Mount St. Gothard, 49,170 feet long (the longest in the world); Mount Cenis, 40,620 feet long; Hoosac, 23,700 feet long; Thames, 1,680 feet long; Harecastle, 8,778 feet long; Kilsby, 6,210 feet long; Baltimore, 32,400 feet long; St. Clair, 6,025 feet long.

Baseball.

The distance from the home plate to the pitcher's position is 50 feet, so that must be the distance the ball is pitched. The distance from the home plate to the first base is 90 feet, and 127 feet 4 inches to second base.

The largest empire in the world is that of Great Britain, comprising 8,557,658 square miles—more than a sixth part of the land of the globe, and embracing under its rule nearly a sixth part of the population of the world.

Facts about Kidney Complaint.

Diseases of the kidneys are numerous from the fact that these organs act as filters to the blood, and form one of the great channels for the removal of impurities from the system which, if allowed to remain, cause the various kidney affections, rheumatism, gravel, uræmia or blood poisoning, etc.

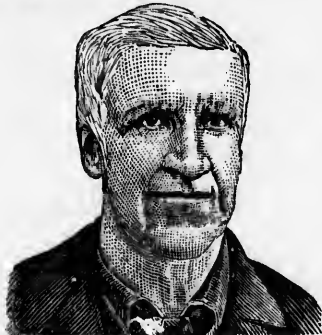
Correct the bile and blood, and stimulate the bowels and skin to action by the use of Burdock Blood Bitters, thus relieving the kidneys from overwork, and allowing them to rest and regain a healthy condition.

In addition to its thorough action on the stomach, liver and bowels, B.B.B. possesses perfect diuretic powers to act on the urinary secretion, and is thus specially valuable in curing dropsy, etc. B. B. B. has completely cured severe cases which had resisted all other treatment for years. See testimonials.

IT IS A FACT THAT



Cures
Kidney
Complaint.



A Loyalist Veteran Speaks.

DEAR SIRS,—I have always had strong objections to proprietary medicines, but must in honor state that both the Burdock Blood Bitters and Burdock Pills have relieved me wonderfully. Although 71 years of age, I feel a great deal better after using three bottles of B.B.B. for kidney and liver complaint, and I shall keep on taking them, as I attribute the benefit solely to the use of your excellent medicines. My son and daughter are likewise beginning to use them. Yours truly,

W. H. W. NEWTON, U.E.L.,
Compton Centre, Que.

The Biggest Things.

Facts Useful when you get into an Argument.

The largest theatre in the world is the new Opera House in Paris. It covers nearly three acres of ground; it cost about 100,000,000 francs. The largest suspension bridge is the one between New York City and Brooklyn; the entire length of the bridge is 5,980 feet. The loftiest active volcano is Popocatepetl—"smoking mountain"—Mexico; it is 17,748 feet above the sea-level, and has a crater three miles in circumference, and 1,000 feet deep. The longest span of wire in the world is used for a telegraph in India over the River Kistnah. It is more than 6,000 feet in length, and is 1,200 feet high. The largest ship in the world was the Great Eastern. She was 680 feet long, 83 feet broad, and 60 feet deep.

The greatest fortress, from a strategical point of view, is Gibraltar. It occupies a rocky peninsula jutting out into the sea, about three miles long and three-quarters of a mile wide. One central rock rises to a height of 1,435 feet above the sea-level. Its northern face is almost perpendicular, while its east side is full of tremendous precipices. The fortress is considered impregnable to military assault. The regular garrison in time of peace numbers about 7,000.

The Chinese wall is the largest in the world. It was completed about 220 B.C., as a protection against Tartars. It traverses the northern boundary of China, and is carried over the highest hills, through the deepest valleys, across rivers, and every other natural obstacle. Its length is 1,250 miles. Including a parapet 5 feet, the total height of the wall is 20 feet; thickness at the base, 25 feet, and at the top 15 feet.

The deepest mine in the world is the Lambert coal mine in Belgium, 3,490 feet.

The biggest cavern is the Mammoth Cave, in Edmonson County, Kentucky. The cave consists of a succession of irregular chambers, some of which are large, situated on different levels. Some of these are traversed by the navigable branches of the subterranean Echo River. Blind fish are found in its waters.

The biggest trees in the world are the mammoth trees of California. One of a grove in Tulare County, according to measurements made by members of the State Geological Survey, was shown to be 276 feet in height, 108 feet in circumference at base, and 76 feet at a point 12 feet above ground. Some of the trees are 376 feet high, and 34 feet in diameter.

The largest library is the Bibliothèque Nationale, in Paris, founded by Louis XIV. It contains 1,400,000 volumes, 300,000 pamphlets, 175,000 manuscripts, 300,000 maps and charts, and 150,000 coins and medals. The collection of engravings exceeds 1,300,000, contained in some 10,000 volumes. The portraits number 100,000.

The largest desert is that of Sahara, a vast region of North Africa, extending from the Atlantic Ocean on the west to the valley of the Nile on the east. The length from east to west is about 3,000 miles, its average breadth about 900 miles, its area about 2,000,000 square miles.

Facts about General Debility.

Under this name many forms of weakness, tired feeling, etc., are referred to. There is usually no special disease, but the sufferers complain of sleeplessness, prostration, loss of appetite, lack of energy, depression, nervousness, languidness and other familiar symptoms. Often impure blood, imperfect circulation, etc., is the cause, the digestion is faulty, the kidneys and liver overburdened and clogged with effete matter and the entire system debilitated and run down. In such cases the superb tonic, renovating, purifying and invigorating powers of B.B.B. readily exert their health-restoring influence and impart strength and vigor to the body. Persons who had almost despaired of restoration to health, discouraged by years of unceasing suffering, and embittered by the failure of other remedies, have been restored to the full enjoyment of health by the use of this unrivalled medicine which regulates every organ of the body to the perfect performance of its functions. If the blood is pure, the digestion good and the bowels act regularly no disease can exist, and in securing these conditions the success of B.B.B. is unparalleled. Hundreds of seemingly incurable cases have been cured by B.B.B. and below we publish several testimonials to which we direct the reader's attention.

B.B.B. Makes Good Red Blood.

A Perfect Martyr.

GENTLEMEN,—My wife has been a perfect martyr to neuralgia, nervous prostration, loss of appetite and general debility from which she could apparently obtain no relief until recommended by a friend to try the Burdock Blood Bitters. After taking it for a few weeks she has entirely recovered and is to-day stronger and in better health than for years. I strongly recommend this excellent medicine as most effective in similar cases.

A. H. C. WALPOLE,
Montreal, Que.

DEAR SIR,—I was greatly troubled with weakness, loss of appetite, restlessness and sleeplessness, and found B.B.B. the most strengthening and beneficial medicine I have ever taken. MISS HEASLIP,
34 Huntley St., Toronto, Ont.

Facts Worth Knowing.

There are 2,754 languages.
America was discovered in 1492.
A square mile contains 640 acres.
Envelopes were first used in 1839.
Telescopes were invented in 1590.
A barrel of rice weighs 600 pounds.
A barrel of flour weighs 196 pounds.
A barrel of pork weighs 200 pounds.
A firkin of butter weighs 56 pounds.
The first steel pen was made in 1830.
A span is ten and seven-eighths inches.
A hand (horse measure) is four inches.
Watches were first constructed in 1476.
The first iron steamship was built in 1830.
The first lucifer match was made in 1829.
B.B.B. cures bad blood.
The first horse railroad was built in 1826-7.
The average human life is thirty-one years.
Coaches were first used in England in 1569.
Modern needles first came into use in 1545.
Space has a temperature of 200° below zero.
Kerosene was first used for lighting purposes in 1826.
The first newspaper was published in England in 1588.
The first newspaper advertisement appeared in 1652.
No other remedy has such a record of cures as has B.B.B.
Until 1776 cotton-spinning was performed by the hand-spinning wheel.
Measure 209 feet on each side and you will have a square acre within an inch.
The first sewing machine was patented by Elias Howe, Jr., in 1846.
The first steam engine on this continent was brought from England in 1753.
The first knives were used in England, and the first wheeled carriages in France in 1559.
Avoid imitations or substitutes for B.B.B. The substitute may do good, but B.B.B. never fails to.
The cost of coal burned by an ocean steamer on a trip will average \$13,000.
The sun is 92,500,000 miles from the earth. The latter receives only one two-billionth of the solar heat.
The nearest fixed star is 16,000,000,000 miles distant, and takes three years for light to reach the earth.

How to Preserve Eggs.

To each pailful of water, add two pints of fresh slacked lime and one pint of common salt; mix well. Fill your barrel half full with this fluid, put your eggs down in it any time after June, and they will keep two years if desired.

Strength of Ice.

Ice one inch and a half thick will support a man; four inches thick will support cavalry; five inches thick will support an eighty-four pound canon; ten inches thick will support a multitude; eighteen inches thick will support a railroad train.

"Burdock Blood Bitters has worked some remarkable cures in chronic diseases of the Blood, Liver and Kidneys, and its popularity seems rapidly on the increase, both with dealer and public."—*Woodstock Sentinel*.

Facts about Cancer.

Dr. J. E. Danelson, states in his *Counsellor* that "Cancer is sometimes curable we know," and recommends "for open cancer, powerful tonics and anti-scorfulous remedies."

This advice is exactly in accord with our experience. The use of Burdock Blood Bitters (which is undoubtedly the most powerful tonic and anti-scorfulous remedy yet discovered), both internally and externally, having produced undeniable cures and furnishing a reasonable hope of cure when faithfully used. The B.B.B. should be taken three times per day in sufficient quantity to keep the bowels free and regular, and in addition to the carbolic wash, soft linen cloths wet with B.B.B. (diluted if necessary with water or milk), should be applied to the cancer and renewed from time to time. In addition to the following testimony regarding the effects of B.B.B. in cancerous diseases, we have permission to refer those interested to Mr. Geo. V. Thomas, of Hull, Que., and Mrs. Cyrus Kilborn, Toronto.

B. B. B.
HAS CURED MANY CASES
OF CANCER,
THUS PROVING THAT IT
IS SUPERIOR IN BLOOD
CLEANSING POWER
TO ALL OTHER
REMEDIES.

Cancer of the Stomach.

GENTLEMEN,—For five years I suffered from what my physicians pronounced cancer of the stomach and incurable. I felt continual pain and was covered with blotches. But all my troubles have disappeared, thanks to your B.B.B. One day I resolved to try B.B.B. The first few doses seemed to have no effect, but the subsequent doses occasioned somewhat sharp pain for an instant followed by a feeling of relief which was happiness to me. I have now taken six bottles and consider myself cured. My physician is astonished at my complete recovery. I can walk, run or ride now, which was impossible while I suffered from my disease.

STEPHEN EDGE, Nicolet, Que.

Facts for Builders.

1000 shingles, laid 4 inches to the weather, will cover 100 square feet of surface, and 5 lbs. of shingle nails will fasten them on.

One-fifth more siding and flooring is needed than the number of square feet of surface to be covered, because of the lap in the siding and matching.

1000 laths will cover 70 yards of surface, and 11 lbs. of lath nails will nail them on. 8 bushels of good lime, 16 bushels of sand, and 1 bushel of hair, will make enough good mortar to plaster 100 square yards.

A cord of stone, three bushels of lime, and a cubic yard of sand, will lay 100 cubic feet of wall.

5 courses of brick will lay 1 foot in height on a chimney, 16 bricks in a course will make a flue 4 ins. wide and 12 ins. long, and 8 bricks in a course will make a flue 8 ins. wide and 16 ins. long.

Cement 1 bush., and sand 2 bush., will cover $3\frac{1}{2}$ square yds. 1 inch thick, $4\frac{1}{2}$ square yds. $\frac{1}{2}$ inch thick, and $6\frac{1}{2}$ square yds. $\frac{1}{4}$ inch thick. 1 bush. cement and 1 of sand, will cover $2\frac{1}{2}$ sq. yds. 1 inch thick. 3 sq. yds. $\frac{1}{2}$ inch thick, and $4\frac{1}{2}$ sq. yds. $\frac{1}{4}$ inch thick.

Armies of Europe.

	War Strength.
Germany.....	2,520,000
France.....	2,440,000
Russia.....	2,495,000
Italy.....	1,010,000
Austria.....	1,145,000
Turkey.....	620,000
Balkan States.....	250,000
	10,460,000

Legal Holidays in Canada.

BANK HOLIDAYS.

ONTARIO, NEW BRUNSWICK AND NOVA SCOTIA.—New Year's Day; Good Friday; Queen's Birth Day; Dominion Day; Christmas Day.

QUEBEC.—New Year's Day; Epiphany; Annunciation; Good Friday; Ascension; Corpus Christi; St. Peter's and St. Paul's; All Saints; Conception; Christmas Day; Queen's Birth Day; and Dominion Day.

Also throughout the Dominion any day appointed by Proclamation for a General Fast or Thanksgiving.

Marriage Age in Different Countries.

In Austria, 14 years for both sexes. Germany, the man at 18, the woman at 14. Belgium, the man at 18, the woman at 15. Spain, the man at 14, the woman at 12. France, the man at 18, the woman at 15. Greece, the man at 14, the woman at 12. Hungary—Catholics, the man at 14, the woman at 12; Protestants, the man at 18, the woman at 15. Portugal, the man at 14, the woman at 12. Russia, the man at 18, the woman at 16. Saxony, the man at 18, the woman at 16. Switzerland, the man at 14, the woman at 12. Turkey, at puberty. Canada, whenever the notion strikes you.

ELEVEN RUNNING SORES.

After Years of Terrible Suffering Mr. Wm. McNee, of
St. Ives, Ont., is Rescued from Misery by

BBB

An Interesting Account of His Case. He Throws Away
His Crutches.

STATEMENT OF MR. MCNEE.

For eight years I was troubled with a sore on my leg which resulted from having it broken. The doctors kept me in bed five months trying to heal it up, but all to no purpose. I tried all sorts of salves, liniments, ointments, pills and blood medicines but with no benefit. In 1883 it became so bad that I had to sit on one chair and keep my foot on another for four months. I could not put my foot on the ground or the blood would rush out in a stream and my leg swelled to twice its natural size.

... ELEVEN RUNNING SORES ...

developed on it which reduced me to a living skeleton (I lost 70 lbs. in four months). Friends advised me to go to the Hospital; but I would not, for I knew they would take my leg off. The doctor then wanted to split it open and scrape the bone, but I was too weak to stand the operation. One old lady said it had turned to black erysipelas and could never be cured. I had never heard of Burdock Blood Bitters then, but I read of a minister, Rev. Mr. Stout, (see testimony on page 16), who had been cured of a severe abscess on the neck by B.B.B., after medical aid had failed, and I thought I would try it. I washed the leg with the Bitters and took them according to directions. After using one bottle I could walk on crutches, after taking three, I threw away the crutches, took a scythe and went to work in the field. At the end of the sixth bottle my leg was entirely healed up; pieces of loose bone had worked out of it and the cords came back to their natural places again. That was nine years ago and it has never broken out since, I can walk five miles to-day as fast as anyone, and all this I owe to B.B.B., which certainly saved my leg if not my life. I cheerfully recommend it to all sufferers. Give B.B.B. a trial, it will cure you as it did me.

Yours truly,

WM. MCNEE,

St. Ives P.O., Ont.

Mr. F. C. Sanderson, the druggist of St. Marys, Ont., certifies to the entire truthfulness of the remarkable statement made by Mr. McNee and says that several other wonderful cures have been made in his district.

Wedding Anniversaries.

First.....	Cotton Wedding.
Second.....	Paper Wedding.
Third.....	Leather Wedding.
Fifth.....	Wooden Wedding.
Seventh.....	Woollen Wedding.
Tenth.....	Tin Wedding.
Twelfth.....	Silk Wedding.
Fifteenth.....	Crystal Wedding.
Twentieth.....	China Wedding.
Twenty-fifth.....	Silver Wedding.
Thirtieth.....	Pearl Wedding.
Fortieth.....	Ruby Wedding.
Fiftieth.....	Golden Wedding.
Seventy-fifth.....	Diamond Wedding.

Height of Principal Monuments and Towers.

Eiffel Tower.....	Feet 1,000
Washington Monument.....	555
Pyramid of Cheops.....	486
Antwerp Cathedral.....	476
Strasburg Cathedral.....	474
Pyramid of Cephrenes.....	455
St. Peter's Church.....	448
St. Martin's Church at Landshut.....	411
St. Paul's Church, London.....	365
Salisbury Cathedral.....	400
Cathedral at Florence.....	386
Cathedral at Cremona.....	397
Church at Fribourg.....	386
Cathedral of Seville.....	360
Cathedral of Milan.....	355
Cathedral of Utrecht.....	356
Pyramid of Sakkarah.....	336
Cathedral of Notre Dame, Munich.....	348
St. Mark's Church.....	328
St. James Cathedral, Toronto.....	321
Assinelli Tower, Bologna.....	272
Trinity Church.....	284
Column at Delhi.....	262
Porcelain Tower, Nankin.....	260
Church of Notre Dame.....	224
Bunker Hill Monument.....	221
Leaning Tower of Pisa.....	179
Washington Monument.....	175
Monument, Place Vendome.....	153

Values of Foreign Coins.

Country.	Monetary Unit.	Value in Canada. \$ c. mills.
Austria.....	Florin.....	0.34.5
Belgium-France.....	Franc.....	19.3
Brazil.....	Milreis, 1000 reis.....	54.6
Denm'k-Sweden.....	Crown.....	26.8
German Empire.....	Mark.....	23.8
Greece.....	Drachma.....	19.3
India.....	Rupree 16 annas.....	33.2
Italy.....	Lira.....	19.3
Mexico.....	Dollar.....	76
Portugal.....	Milreis 1000 reis.....	1.08
Spain.....	Peseta 100 cntms.....	19.3
Turkey.....	Piastre.....	04.4

WEIGHTS OF FAMOUS BELLS.—The bell of Notre Dame, Montreal, Que., weighs 28,560 lbs.; that of the City Hall, New York, 22,300 lbs.; of St. Paul's, London, 11,470 lbs.; "Big Ben," Westminster, 30,350 lbs.; "Great Tom," of Oxford, 18,000 lbs.; St. Peter's, Rome, 18,607 lbs.; Rouen, France, 40,000 lbs.; St. Ivans, Moscow, 127,830 lbs.; one unhung at Moscow, 440,000 lbs.; and one in China weighs 120,000 lbs.

Digestion of Food.

The following table shows the time, in hours and minutes, required for the digestion of the more common articles of food:—

Kind of Food.	Hrs.	Min.
Rice, boiled.....	1	...
Eggs, whipped.....	1	30
Trout, fresh, fried.....	1	30
Soup, barley, boiled.....	1	30
Apples, sweet, raw.....	1	30
Venison steak, broiled.....	1	30
Sago, boiled.....	1	45
Tapioca, boiled.....	2	...
Barley, boiled.....	2	...
Milk, boiled.....	2	...
Liver, beef, broiled.....	2	...
Eggs, fresh, raw.....	2	...
Apples, sour, raw.....	2	...
Cabbage, raw.....	2	...
Milk.....	2	15
Eggs, roasted.....	2	15
Goose, roasted.....	2	30
Turkey, roasted.....	2	30
Cake, sponge, baked.....	2	30
Hash, warmed.....	2	30
Beans, pod, boiled.....	2	30
Parsnips, boiled.....	2	30
Custard, baked.....	2	50
Oysters, raw.....	2	55
Eggs, soft-boiled.....	3	...
Beefsteak, broiled.....	3	...
Mutton, broiled.....	3	...
Mutton, boiled.....	3	...
Soup, bean, boiled.....	3	...
Chicken soup, boiled.....	3	...
Pork, salt, boiled.....	3	15
Mutton, roasted.....	3	15
Bread, corn, baked.....	3	15
Carrot, boiled.....	3	15
Sausage, broiled.....	3	20
Oysters, stewed.....	3	30
Oysters, stewed (according to Beaumont).....	3	30
Butter.....	3	30
Cheese, old.....	3	30
Bread, fresh-baked.....	3	30
Turnips, flat, boiled.....	3	30
Potatoes, Irish, boiled.....	3	30
Eggs, hard-boiled.....	3	30
Green corn, boiled.....	3	45
Beans and beets, boiled.....	3	45
Salmon, salted, boiled.....	4	...
Veal, fresh, fried.....	4	30
Cabbage, boiled.....	4	30
Suet, beef, boiled.....	5	30

Where dyspepsia or indigestion exists, neither comfort nor full benefit is derived from the food, unless perfect digestion is restored by the use of B.B.B., nature's remedy.

Religious Statistics.

Creed.	No. Followers.
Christianity.....	338,000,000
Buddhism.....	340,000,000
Mohammedanism.....	210,000,000
Brahmanism.....	175,000,000
Confucianism.....	80,000,000
Sintoism.....	14,000,000
Judaism.....	7,000,000

Seventeen Physicians Failed.

Ulcerous Abscess Cured After 20 years Suffering by B.B.B. in Four Months' Time.

SCROFULA.

For upwards of twenty years I endured the most awful suffering from a scrofulous abscess on my neck, and notwithstanding the skillful treatment of seventeen of the best physicians in Canada, failed to obtain relief. When I had exhausted all the resources of regular medical practitioners, I resorted to nearly all the patent medicines that promised to cure scrofulous and blood diseases, but without any benefit whatever. Finally, in an almost helpless condition, I tried Burdock Blood Bitters, thinking that if the medicine was good when taken internally, I reasoned that it must be equally good when outwardly applied. So I wet a linen cloth with the Bitters, and applied; also used it as a wash upon the sores. I took these Bitters for about four months, with the most astonishing and gratifying results, and for the first time in four years I was enabled to dispense with surgical aid, which I firmly believe I shall never require again for the same disease. More than two years have elapsed since I have had any attack of the disease, and I feel as well and safe now as if it had never affected me.

I have used Burdock Blood Bitters internally and externally for one of my children, who was afflicted with an obstinate humor of the blood, and whose face was covered with sores, now perfectly smooth and clean; also my servant treated for swelled neck, and many other cases in our parish to whom we have given and recommended the remedy.

Knowing that it cured me, and believing that it saved my life, I most earnestly and heartily recommend it to suffering humanity, and urge all who may be similarly afflicted to give it a trial, believing it to be a true specific for all constitutional scrofulous blood diseases, and unsurpassed as a rare healing remedy of great cleansing and curative power. Yours faithfully,

REV. WM. STOUT,
Point Edward, Ont.

Hints on Etiquette.

When introducing a friend, consider if the introduction is likely to be acceptable—to both parties.

A gentleman should be introduced to the lady, not the lady to the gentleman.

If the sexes are the same, always present the inferior in social rank to the superior.

Permission must be obtained when a gentleman is presented to a lady.

One gentleman being introduced to another, should acknowledge it by a bow, not by offering the hand.

Persons meeting at a mutual friend's, not introduced, should not claim acquaintance if they meet elsewhere.

If walking with a friend, you meet or are joined by a third, it is unnecessary to introduce the one to the other.

At a ball or evening party, the lady of the house may introduce any gentleman to a lady without first asking the lady's permission, after ascertaining if the lady is willing to dance.

An introduction given to a lady at a ball does not entitle a gentleman to bow to her on a future occasion; if he commits that error, the lady is not bound to acknowledge his salutation.

Letters of introduction should be sent by post, enclosing your own card—not personal delivery.

If desirous to pay a high compliment to the person introduced, invite him to dine with you, and have a few friends to meet him.

Letters of introduction should be given unsealed.

Afternoon calls are usually made between the hours of two and four.

When returning complimentary visits, you may leave a card without going in. It is usual to ask after the health of the family.

Visits of condolence are paid within a week after the event that occasions them.

On making morning calls, a gentleman should never leave his hat in the hall—take it into the room with him—should be held in the hand, not placed on any of the furniture. Umbrellas must be left in the hall.

If during a visit in the drawing-room (which should not exceed half-an-hour) a lady visitor leaves, it is polite to rise.

On other visitors being announced, wait till they are seated, then depart, bowing politely to the newly-arrived guests.

Avoid looking at your watch during a visit.

In conversation avoid political, commercial or religious subjects; never interrupt a person when speaking; appear to pay attention and to be interested in the conversation. Whispering is bad taste, or conversing in a language that all parties may not be acquainted with. If gifted with wit, do not make a display of it. Look, but avoid staring, in the face of the person you are conversing with. To be an agreeable companion, it is necessary to be well acquainted with the current books of the day. Scandal is inexcusable.

In conversing with persons of rank, avoid the too frequent use of their title; address a nobleman as you would any other gentleman; the Prince of Wales is only addressed as Sir in conversation; the Queen, Madam.

Letters should be brief, and to the purpose.

DR

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DR. FOWLER'S EXTRACT —OF— WILD STRAWBERRY

Cures Summer Complaints, Diarrhoea, Dysentery, Pain in the Stomach, Sea Sickness, Cholera, Cholera Morbus, Bilious Colic and all Bowel Complaints of children and adults. During over thirty years' trial it has always given complete satisfaction, and still remains the most popular standard remedy before the public, evidenced by its annually increasing sale and the constant receipt by the proprietors of words of the highest praise from the press and the public. It is a remedy that stands a positive guarantee of reliability. If attacked by any form of Summer Complaint, young or old will find it an unfailing cure. It has justly earned the title of "nature's specific" for all Bowel Complaints. In canker of the mouth—the nursing sore mouth of infants—as well as the ordinary sore mouth of adults, arising from a cankered condition of the mucous coating of the stomach, Wild Strawberry will afford immediate relief and speedily effect a cure.



Wm. T. Glynn.

GENTLEMEN.—I suffered three days very severely from Summer Complaint and could not get relief but kept getting worse and worse till the pain was almost unbearable and I became very weak. Some friends advised Dr. Fowler's Extract of Wild Strawberry, and after I had taken the first dose I found much relief and it did not fail to cure me. I do not intend to be without this valuable medicine if I can help it.

WM. T. GLYNN, Wilfred, Ont.

Size of Lakes, Seas and Oceans.

LAKES.	Miles Long.	Miles Wide.
Cayuga.....	36	4
George.....	36	3
Constance.....	45	10
Geneva.....	50	10
Lake of the Woods.....	70	25
Champlain.....	123	12
Ladoga.....	125	75
Maracaybo.....	150	60
Great Bear.....	150	40
Ontario.....	180	40
Athabasca.....	200	20
Winnipeg.....	240	40
Huron.....	250	90
Erie.....	270	50
Great Slave.....	300	45
Michigan.....	330	60
Balkal.....	360	35
Superior.....	380	120
SEAS.	Miles Long.	
Aral.....	250	
Baltic.....	600	
Black.....	932	
Caribbean.....	1,800	
China.....	1,700	
Caspian.....	640	
Japan.....	1,000	
Mediterranean.....	2,000	
Okhotsk.....	600	
Red.....	1,400	
White.....	450	
OCEANS.	Miles Square.	
Arctic.....	5,000,000	
Southern.....	10,000,000	
Indian.....	20,500,000	
Atlantic.....	40,000,000	
Pacific.....	80,000,000	

Percentage of Alcohol in Wines and Spirits.

Beer.....	4°0	Sherry.....	19°0
Porter.....	4°5	Vermouth.....	19°0
Ale.....	7°4	Madeira.....	21°0
Cider.....	8°6	Port.....	23°2
Tokay.....	10°2	Gin.....	51°6
Bordeaux.....	11°5	Brandy.....	53°4
Champagne.....	12°2	Rum.....	53°7
Claret.....	13°3	Irish Whisky.....	53°9
Burgundy.....	13°6	Scotch Whisky.....	54°3

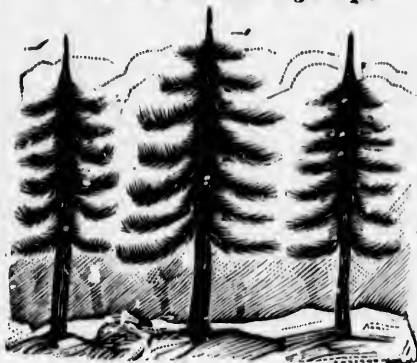
Gipsies.

According to an estimate of 1880, there were 100,000 gipsies in Turkey, 10,000 in Bosnia, 25,000 in Servia, 250,000 in Roumania and Montenegro, 10,000 in Austria, 196,000 in Hungary, 40,000 in Spain, 5,000 in France, 34,000 in Germany and Italy, 250,000 in Russia and Poland, and 20,000 in England. They were probably of Indian origin, and their language contains many Aryan roots.

The Marriage Knot.

The old Norse Rune, N, was called Nyth or Nyd, and meant necessity, compulsion or knot. The Scandinavian bridegroom drew this Rune on the fingernail of the bride. This Rune standing alone meant either compulsion or marriage.

DR. WOOD'S Norway Pine Syrup.



The Prince of Pectoral Remedies.

A Prompt, Pleasant and Perfect Cure for Coughs, Colds, Hoarseness, Sore Throat, Pain in the Chest, Asthma, Bronchitis, Croup, Whooping Cough, Quinsy, Influenza, and all Throat and Lung Troubles.

This soothing, healing and mucilaginous expectorant possesses unrivalled curative power in all diseases affecting the Throat, Lungs and air passages. The virtues of Norway Pine and Wild Cherry Bark, with other standard pectoral Herbs and Balsams are skillfully combined to produce a reliable, safe and effectual medicine that may be confidently relied on as a household specific for all those familiar forms of disease originating mainly from colds.

Obstinate Coughs yield to its grateful, soothing action, and for the racking, persistent cough, often present in consumptive cases, it will be found exceedingly beneficial and pleasant to take.

In Asthma and Bronchitis, it gives great relief, rendering breathing easy and natural and enabling the sufferer to enjoy refreshing sleep, while its tonic and healing properties usually effect a gradual yet permanent cure.

For children it is particularly adapted, being pleasant to take and having no injurious effect on the most delicate constitution. If desired, it may be taken in water or milk, especially in the case of children.

Price 25 and 50 Cents per Bottle.

Language of Precious Stones.

The ancients attributed marvellous properties to many of the precious stones. We give in tabular form the different months and the stones sacred to them, with their respective meanings. It has been customary among lovers and friends to notice the significance attached to the various stones in making birthday, engagement, and wedding presents.

JANUARY.—GARNET.—Constancy and fidelity in every engagement.

FEBRUARY.—AMETHYST.—Against violent passions a preventive.

MARCH.—BLOODSTONE.—Courage, wisdom, and firmness in affection.

APRIL.—SAPPHIRE.—Free from enchantment; denotes repentance.

MAY.—EMERALD.—Discovers false friends, and insures true love.

JUNE.—AGATE.—Insures long life, health, and prosperity.

JULY.—RUBY.—Discovers poison; corrects evils resulting from mistaken friendship.

AUGUST.—SARDONYX.—Insures conjugal felicity.

SEPTEMBER.—CHRYSOLYTE.—Free from evil passions and sadness of the mind.

OCTOBER.—OPAL.—Denotes hope, and sharpens the sight and faith of the possessor.

NOVEMBER.—TOPAZ.—Fidelity and friendship. Prevents bad dreams.

DECEMBER.—TURQUOISE.—Prosperity in love.

Feminine Height and Weight.

It is often asked how stout a woman ought to be in proportion to her height. A very young girl may becomingly be thinner than a matron, but the following table gives a fair indication of proper proportions:—

	POUNDS.		POUNDS.
5 ft. high	about 100	5 ft. 7 ins.	about 150
5 ft. 1 in.	" 106	5 ft. 8 ins.	" 155
5 ft. 2 ins.	" 113	5 ft. 9 ins.	" 163
5 ft. 3 ins.	" 119	5 ft. 10 ins.	" 169
5 ft. 4 ins.	" 130	5 ft. 11 ins.	" 176
5 ft. 5 ins.	" 138	6 ft.	" 180
5 ft. 6 ins.	" 144	6 ft. 1 in.	" 186

Simple Rules for Spelling.

Words ending in *e* drop that letter before the terminat on *able*, as in move, movable, unless ending in *ce* or *ge*, when it is retained, as in change, changeable, etc.

Words of one syllable ending in a consonant, with a single vowel before it, double that consonant in derivatives; as ship, shipping, etc. But if ending in a consonant with a double vowel before it, they do not double the consonant in derivatives; as troop, trooper, etc.

Words of more than one syllable ending in a consonant preceded by a single vowel, and accented on the last syllable, double that consonant in derivatives; as commit, committed; but except *chagrin*, *chagrined*.

All words of one syllable ending in *l*, with a single vowel before, have *ll* at the close; as mill, sell.

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HAGYARD'S YELLOW OIL

For External and Internal Use.

Used externally, it stops all pain and prevents blistering of a burn as soon as applied. It prevents swelling, removes pain and discoloration of bruises, by a few applications. As a liniment or embrocation it has no equal for Rheumatism, Stiff Joints, Contracted Cords, Calloused Lumps, Painful Swellings, Sprains and Bruises, and lameness of every description. It has cured Chronic Rheumatism of years' duration, after all other means had failed.

Internally used it is equally wonderful in its efficacy. One or two doses cures Hoarseness and Sore Throat. The sufferings of Asthma are relieved by the first dose, and in Croup it is almost a specific cure. Bronchitis and Swelled Tonsils yield to its curative influence. Taken inwardly in doses of from 10 to 30 drops on sugar or in water, it relieves Quinsy, Colds, Pains in the Chest, Stomach, Kidney Complaints, etc.

I have used Hagyard's Yellow Oil this winter for the first time for the croup, and I must say I find no better remedy for it.

MRS. D. A. FRASER, Goderich, Ont.

Last summer I suffered from lumbago, and could not get relief until I tried Hagyard's Yellow Oil, one bottle of which cured me.

GEO. F. EVERETT, Four Falls, N.B.

Honor to Whom Honor is Due.

GENTS.—I find in my practice your Yellow Oil a specific in asthma and croup, and would be lost without it. DR. JNO. MAXWELL, Lime Lake P.O., Ont.

A Great Boon.

I can recommend Hagyard's Yellow Oil as a sure cure for neuralgia, enlarged glands and earache, and I consider it a great boon to mankind.

A. R. McPEERSON,
New Gairloch, Pictou, N.S.

Rheumatism Cured.

DEAR SIRS.—I was taken ill with rheumatism and lost all power of my limbs, so that I had to be lifted whenever I wished to move. I was confined to bed for six weeks, when a neighbor told me to use Hagyard's Yellow Oil. I procured one bottle and began rubbing it on, and before the bottle was all used, I could walk across the room. I can recommend Yellow Oil to all suffering from rheumatism.

MRS. T. DOBSON,
Wellington, Man.

Household Facts.

Recipes for Housekeepers.

ANTS, RED.—Sprigs of winter-green or groundivy will drive away red ants. Branches of wormwood will serve the same purpose for black ants. The insects may be kept out of sugar-barrels by drawing a wide chalk-mark around the top, near the edge.

BILIOUSNESS.—For biliousness use B.B.B. according to directions.

BITES AND STINGS OF INSECTS.—Wash with a solution of ammonia water.

BITES OF MAD DOGS.—Apply caustic potash at once to the wound, and give enough whiskey to cause sleep.

BOOTS.—To make leather boots waterproof, saturate them with motor-oil; to stop squeaking, drive a peg into the middle of the sole.

BOTTLE - CLEANING.—Bottles are easily cleaned with hot water and fine coals.

BURNS.—Apply Victoria Carbolie Salva.

CHARCOAL.—It is well to keep large pieces of charcoal in damp corners and in dark places.

CHIMNEY ON FIRE.—Throw salt or a handful of sulphur in the grate.

CLEANING LAMP-CHIMNEYS.—Newspapers are the best thing for cleaning lamp-chimneys. When filling the lamp, drop the least kerosene on a piece, then rub the chimney till it shines.

CLINKERS.—To remove clinkers from stoves or fire-brick, put in about half a peck of oyster shells on top of a bright fire. Repeat if needful.

COLD ON CHEST.—Dr. Wood's Norway Pine Syrup cures Coughs, Colds, and Tightness of the Chest.

COLORS FADED.—Hartshorn will usually restore colors that have been taken out by acid.

COUGH.—Boil one ounce of flaxseed in a pint of water, strain, and add a little honey, one ounce of rock candy, and the juice of three lemons. Mix and boil well. Drink as hot as possible.

CUTS.—A drop or two of creosote on a cut will stop its bleeding.

DISINFECTANT.—Chloride of lime should be scattered at least once a week under sinks and wherever sewer gas is likely to penetrate.

FLIES.—20 drops of carbolic acid evaporated from a hot shovel will go far to banish flies from a room, while a bit of camphor gum, the size of a walnut, held over a lamp until consumed, will do the same for the mosquito.

FURNITURE, TO CLEAN.—First rub with cotton waste, dipped in boiled linseed oil; then rub clean and dry with a soft flannel cloth. Care should be taken that the oil is all removed.

GILT FRAMES.—To restore gilt frames, rub with a sponge moistened in turpentine.

GREASE SPOTS.—To remove grease spots, thoroughly saturate with turpentine, place a soft blotting-paper beneath, and another on top of the spot, and press it hard. The fat is dissolved, then absorbed by the paper, and entirely removed from the cloth.

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Facts about Cholera.**Dangers of Summer.**

Many dangerous and distressing diseases prevail in summer and fall, and as they occur suddenly, often terminate fatally before aid can be had. Complaints such as Cholera Morbus, Cholera Infantum, Diarrhoea, Dysentery, Colic and bilious attacks are nearly always due primarily to an unhealthy condition of the bile and blood, the attack being excited by indiscretions in diet, bad air and water, colds, unripe fruit, fermenting food or anything which causes an excess of bile. Cholera is now said to be caused by a minute germ or *bacillus*, and rigid cleanliness and the use of disinfectants is indicated. Cholera Morbus and Canadian Cholera are modified forms of Asiatic Cholera, with many symptoms in common, such as purging, cramps and collapse. Never neglect a simple diarrhoea, but avoid opiates and powerful astringents, which sometimes produce inflammation through too suddenly checking the discharge. The symptoms in these complaints vary greatly; sometimes there is great pain, nausea and vomiting, in other cases painless diarrhoea exists, but in all cases the sovereign remedy is Dr. Fowler's Extract of Wild Strawberry, which promptly arrests the diarrhoea, soothes the pain and corrects the unhealthy biliary symptoms.

Proof from the People.**A Family Friend.**

SIRS,—I have used Dr. Fowler's Extract of Wild Strawberry in my family for years and can highly recommend it for summer complaint, diarrhoea, cramps, etc.

MRS. GEO. WEST, Huntsville, Ont.

Baby was Sick.

DEAR SIRS,—My baby was very sick with diarrhoea, and everything we tried failed. But on trying Dr. Fowler's Extract of Wild Strawberry we found it gave prompt relief and very soon cured him completely.

MRS. JOHN CLARK, Bloomfield, Ont.

Precious as Gold.

SIRS,—For several seasons we have relied on Dr. Fowler's Extract of Wild Strawberry for all Summer Complaints. A few doses always give relief and it never fails to cure. We think it a very valuable medicine; as precious as gold. MRS. F. C. WINGER, Font Hill, Ont.

Household Facts.**Recipes for Housekeepers.**

IRON RUST.—To remove from muslin or white goods, thoroughly saturate the spots with lemon juice and salt, and expose to the sun. Usually more than one application is required. A good way to prevent its appearance on clothes is, when washing, to always have them enclosed in a muslin bag while being boiled.

MOTHS.—Thoroughly beat furs and woollens before putting away. Put them in a paper bag and fasten up tight. If there are no moths or eggs inside the bag the furs will be safe.

PAINT.—Chloroform will remove paint. When the color of a fabric has been destroyed by an acid, ammonia is applied to neutralise the same; after which an application of chloroform will, in almost all cases, restore the original color.

PILE OF PLUSH OR VELVET.—To raise the pile of plush or velvet, dampen on the wrong side with clean cold water, then hold tight across the face of a hot iron, and rub up the compressed part with a clean stiff brush.

POLISHED FLAT-IRONS.—Black flat-irons, when rusty, with stove-polish, and rub well with a dry brush.

POLISHING STOVES.—For polishing heating stoves, hardware dealers use turpentine and black varnish. Properly put on, it will last throughout a season.

RATS.—Chloride of lime is an infallible preventive against rats, as they flee from its odor as from a pestilence.

SCREW.—To remove an obdurate screw, apply a red-hot iron to the head for a short time, the screw-driver being applied immediately while the screw is hot.

SILVERWARE.—Silverware can be kept bright for months if placed with a largish piece of camphor in an air-tight case.

—To prevent articles of silverware from tarnishing, first warm them, and then paint them over with a thin solution of collodion in alcohol, using a wide soft brush for the purpose.

SMELL OF ONIONS.—Rub the hands on a stick of celery after peeling onions, and the smell will be entirely removed.

SORE THROAT.—Cut slices of fat boneless bacon, peppered thickly, and tie around the throat with a flannel cloth.

SOUP.—If the cover is removed from soup dishes in the process of making, the soup will not get soft.

STAINS.—To remove stains of ink, wash carefully with pure water, and apply oxalic acid. If the latter changes the dye to a red tinge, restore the color with ammonia.

Little Facts.

There are in London 65 theatres and about 500 music halls, providing entertainment for 325,000 people every night, or 100,000,000 in the course of a year.

The multiplication of 987,654,321 by 45 gives 44,444,444,445. Reversing the order and multiplying 123,456,789 by 45 a result equally odd is obtained—5,555,555,505.

Hagyard's Pectoral Balsam.

THE BEST COUGH CURE.

**The Most Pleasant and Perfect
Throat and Lung Healer in
the World for Children
or Adults.**

This is no vain boast, but a fact that can be backed by unimpeachable evidence. One 25 cent bottle, indeed a trial dose, will prove its merits.

This soothing, healing and mucilaginous expectorant is composed of horehound, wild cherry, licorice, balsam tolu, and the best principles of other pectoral medicines, and is a true specific for all THROAT AND LUNG DISEASES. It gives prompt relief in Coughs, Colds, Hoarseness, Whooping Cough, Croup, Asthma, Influenza; and is a preventive of that terrible destroyer, Consumption. Obstinate Coughs yield at once to its expectorant, soothing and healing properties; even in confirmed Consumption it affords the sufferer great relief from the harassing cough.

Testimonials.

By Cool Siloam.

DEAR SIRs,—I was suffering from a very bad cough, but was entirely cured by using one bottle of Hagyard's Pectoral Balsam. I would not wish a better medicine for coughs and colds, and am thankful that I used it.

MISS ESTHER WIDDIFIELD,
March 20, 1888. Siloam, Ont.

Incipient Consumption.

DEAR SIRs,—About six months ago I caught a bad cold, often coughing until I nearly choked. The doctor here said I had incipient consumption. This continued until about one month ago, when I tried Hagyard's Pectoral Balsam, which has completely removed the cough, and from this forth I shall always recommend it to all having colds or coughs.

GEO. H. STRACHAN,
March 17, 1888. Hillsdale, Ont.

DEAR SIRs,—I can highly recommend Hagyard's Pectoral Balsam. It cured me entirely of a hard cough with tightness of the chest, when all other remedies failed.

MRS. J. W. CROMWELL,
March 15, 1888. Simcoe, Ont.

Railway Mileage of the World.

Countries.	Year.	Miles of Line.
Algeria.....	1888	1,554
Argentine Republic.....	1888	4,650
Austria-Hungary.....	1888	14,354
Australia.....	1888	8,000
Belgium.....	1888	756
Bolivia.....	1888	28
Brazil.....	1888	5,281
Bulgaria.....	1888	912
Canada.....	1888	13,549
Cape of Good Hope.....	1888	1,599
Chili.....	1888	2,654
China.....	1888	86
Colombia.....	1888	148
Costa Rica.....	1888	52
Cuba.....	1888	1,067
Denmark.....	1888	1,208
Dutch East Indies.....	1888	442
Ecuador.....	1888	60
Egypt.....	1888	1,276
France.....	1888	29,683
Germany.....	1888	51,148
Great Britain and Ireland.....	1888	19,578
Greece.....	1888	370
Guatemala.....	1888	100
Hawaii.....	1888	32
Honduras.....	1888	89
India, British.....	1888	14,383
Italy.....	1888	6,438
Japan.....	1888	721
Luxemburg.....	1888	224
Mexico.....	1888	4,600
Netherlands.....	1888	1,520
New Zealand.....	1888	1,998
Nicaragua.....	1888	99
Norway.....	1888	9
Paraguay.....	1888	1,990
Peru.....	1888	1,000
Portugal.....	1888	1,400
Roumania.....	1888	17,845
Russia.....	1888	54
San Salvador.....	1888	339
Spain.....	1888	5,523
Sweden.....	1888	4,426
Switzerland.....	1888	1,923
Tunis.....	1888	258
Turkey.....	1888	920
United States.....	1888	147,998
Uruguay.....	1888	399
Venezuela.....	1888	266

TOTAL MILEAGE..... 375,329

Average Velocity of Various Bodies.

	Per Sec.
A man walks.....	4 feet
Slow rivers flow.....	4 "
Rapid rivers flow.....	10 "
A horse trots.....	10 "
A moderate wind blows.....	10 "
Sailing vessels run.....	14 "
Steamboats run.....	26 "
A storm moves.....	52 "
A hurricane moves.....	117 "
Sound moves.....	1142 "
A rifle ball moves.....	1466 "
Light moves.....	192,000 miles.
Electricity moves.....	288,000 miles.



EXACT SIZE OF BURDOCK PILLS.

"MUCH IN LITTLE."

BURDOCK PILLS

OR SMALL

Sugar-Coated Granules

These elegant little sugar-coated grains are designed not only as a perfect and reliable family cathartic or laxative pill, but also to aid Burdock Blood Pitters where the system is very foul or bilious, and to prepare the system in obstinate chronic diseases for the more rapid and thorough work of the bitters. Being in the form of little grains, highly concentrated and strictly vegetable, they replace the old nauseous bolus and large pills, so objectionable to many. Little Burdock Pills work upon the Bowels and Liver, carrying off the bad bile and regulating Constipation in the most perfect manner.

Price 25 Cts. per Phial, or 5 for \$1.

Testimonials.**Truthfully Told.**

SIRS,—I have derived great benefit from Burdock Pills, as they cured me of headache after all other pills had failed.

J. D. McKAY,
Scotsville, C.B.

They are Excellent.

DEAR SIR,—Your little Burdock Pills are excellent for biliousness. A dose once in a while keeps me all right. I find nothing else as good.

A. BOAK,
Cooksville, Ont.

A Bruised Knee.

DEAR SIR,—I fell last spring and bruised my knee, and I used Boyer's Galvanic Fluid and it helped me right off. I would not be without it.

JAMES STEWART,
Ompah, Ont.

Pimples and Rough Skin.

DEAR SIR,—I have used Low's Sulphur Soap for pimples and rough skin, and find it acts just as you say.

MISS RUTH SHAW,
Pakenham, Ont.

Highest and Greatest Mountains in the World.

NAME.	FEET HIGH.
Mt. Everest (Himalayas).....	29,002
Sorato, the highest in America.....	21,284
Illimani.....	21,145
Chimborazo.....	21,422
Hindoo-Koosh.....	20,600
Demavend, highest of Elburz Mts.....	20,000
Cotopaxi, highest volcano in the world.....	19,496
Antisana.....	19,150
St. Elias, highest in North America.....	17,850
Popocatepetl, volcano.....	17,540
Mt. Roa, highest in Oceania.....	16,000
Mt. Brown, highest peak of Rocky Mts.....	15,900
Mont Blanc, highest in Europe, Alps.....	15,732
Mt. Rosa, next highest peak of Alps.....	15,130
Limit of perpetual snow at the Equator.....	15,207
Pichinca.....	15,924
Mt. Whitney.....	14,887
Mt. Fairweather.....	14,500
Mt. Shasta.....	14,442
Mt. Ranier.....	14,444
Long's Peak, Rocky Mountains.....	14,271
M. Ararat.....	14,320
Pike's Peak.....	14,216
Mt. Ophir.....	13,800
Fremont's Peak, Rocky Mountains.....	13,570
Mt. St. Helens.....	13,400
Peak of Teneriffe.....	12,182
Miltzin, highest of Atlas Mountains.....	11,500
Mt. Hood.....	11,225
Mt. Lebanon.....	10,533
Mt. Perda, highest of Pyrenees.....	10,950
Mt. Aetna, volcano.....	10,835
Monte Corno, highest of Appenines.....	9,523
Sneehattan, highest Dovrefield Mts.....	8,115
Pindus, highest in Greece.....	7,677
Mount Sinai.....	6,541
Black Mountain, highest in N. Carolina.....	6,760
Mt. Washington, highest White Mts.....	6,285
Mt. Marcy, highest in New York.....	5,402
Mt. Hecla, volcano.....	5,104
Ben Nevis, highest in Great Britain.....	4,406
Mansfield, highest of Green Mountains.....	4,280
Peaks of Otter.....	4,260
Mt. Vesuvius.....	4,253
Round Top, highest of Catskill Mts.....	3,804

One horse power is the strength necessary to lift 33,600 pounds one foot per minute.

Ancient Fidal Fancies.

Married in white, you have chosen all right.
Married in gray you will go far away.
Married in black, you will wish yourself back.

Married in green, ashamed to be seen.
Married in blue, he will always be true.
Married in pearl, you will live in a whirl.

EXCELSIOR AXLE GREASE.—Tallow, 8 lbs.; palm oil, 10 lbs.; plumbago, 1 lb. Heat and mix well.

TO PREVENT RUST ON IRON OR STEEL.—Take tallow, 2 ozs.; resin, 1 oz. Melt and strain while hot, and paint the articles.

WATER-PROOF VARNISH FOR HARNESS.—India-rubber, $\frac{1}{2}$ lb.; spts. turpentine, 1 gallon. Dissolve to a jelly; then take hot linseed oil, equal parts with the mass, and incorporate them well over a slow fire.

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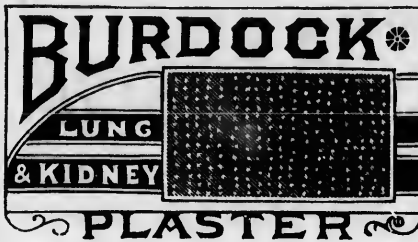
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One of the most elegant and perfect Porous Plasters made for Weak Back, Weak Lungs, Pain in the Back or Side, Kidney Complaints, etc., etc. Price 25c. Sold by all Druggists.

Be sure you ask for Burdock Lung and Kidney Porous Plaster, and take no other. Every Plaster warranted to be one of the best mechanical supports, containing medicinal virtues that are absorbed through the skin to strengthen the muscular system, imparting a warm tonic effect to the diseased parts of the chest, side or back.

BURDOCK HEALING OINTMENT

An invaluable Dressing for all Sores, Ulcers, Old Wounds—hard to heal, and for all the purposes of a perfect Ointment.

Purely Vegetable, Cleansing, Soothing and Healing.

Price 25 Cts. or 5 for \$1.

ROSCOE'S HAIR REVIVER

This elegant and efficient preparation is the result of much careful study of the wants and conditions of the hair and scalp, and combines in one preparation a perfect Hair Reviver and an elegant and fragrant dressing for the hair

ROSCOE'S HAIR REVIVER

Restores gray hair,
Heals and cleanses the scalp,
Prevents loosening and falling out,
And renders the hair soft and glossy.

IT IS NOT A DYE,

but acts solely by causing natural, healthy action of the scalp to produce and preserve that most charming and beautiful of all personal adornments—a luxuriant growth of soft and silky hair.

Full directions accompany each bottle.

SOLD BY ALL DRUGGISTS.

The Mystical Seven.

Some modern philosopher has given in these eleven lines the summary of life:

7 years in childhood's sport and play.....	7
7 years in school from day to day.....	14
7 years at trade or college life.....	21
7 years to find a place and wife.....	28
7 years to building upward given.....	35
7 years to business hardly driven.....	42
7 years for some wild goose chase.....	49
7 years for wealth and bootless race.....	56
7 years for hoarding for your heir.....	63
7 years in weakness, pain and care.....	70
Then die and go—you should know where.	

A Single Line.

Oats are brain food.

Vesuvius is in eruption.

India has 287,200,000 souls.

The Vatican has 4,422 rooms.

Venezuela licenses gambling.

Longevity is on the increase.

Java leads in thunder storms.

Uncle Sam has 250,000 Indians.

Scotland had 143 divorces in '91.

China is "a nation of gamblers."

Japan has returned to cremation.

Rome has now 400,000 population.

Baby farming is shocking England.

The Japanese language has no oaths.

Victoria's reign has seen fifteen wars.

Dates of First Occurrences.

Postoffices were first established in 1464.

Printed musical notes were first used in 1473.

The first watches were made at Nuremberg in 1477.

America was discovered in 1492.

The first printing press was set up at Copenhagen in 1493.

Durer gave the world a prophecy of future wood-engraving in 1527.

Jergens set the spinning wheel in motion in 1530.

Religious liberty was granted to the Huguenots in France in 1562, and was followed by the massacre of St. Bartholomew in 1572.

Cervantes wrote Don Quixote in 1573.

The first printing-press in the United States was introduced in 1629.

The first air-pump was made in 1650.

The first copper cent was coined in New Haven in 1687.

The first balloon ascent was made in 1783.

The first society for the Promotion of Christian Knowledge was organized in 1698.

The first attempt to manufacture pins in this country was made soon after the war of 1812.

The first prayer-book of Edward VI. came into use by authority of Parliament on Whit-Sunday, 1549.

MILBURN'S COD LIVER OIL EMULSION.

WITH WILD CHERRY BARK AND THE HYPOPHOSPHITES OF LIME, SODA AND MANGANESE.

FOR generations Cod Liver Oil has been the mainstay of the medical profession in treating diseases of the throat, lungs and chest. Similarly Wild Cherry Bark has been successfully used for many years, and in fact these two form the only largely successful anti-consumptive medicines available, but hitherto they have not been used in combination with each other. We now place on the market an effective and elegant combination of both remedies. In this preparation the nauseous taste of the oil is entirely disguised, and its medical power greatly increased by the addition of Wild Cherry Bark, and the Hypophosphites of Lime, Soda and Manganese (which latter are largely used in many European hospitals for pulmonary troubles).

ITS PALATABILITY, PERMANENCE AND EFFECTIVENESS

as a cure for diseases of the throat and lungs, whether slight or serious, render it a most important advance in medical science of untold value in every household.

By its use **COUGHS, COLDS, HOARSENESS,**

ASTHMA, BRONCHITIS, ETC.,

are relieved and cured in an astonishing short space of time, while

... IN CONSUMPTION ...

marked benefit is at once felt; the patient gains both in strength and weight, the harassing night cough ceases, comfortable rest is obtained, and general improvement is manifested, while steady progress toward recovery ensues, and vigorous health returns. Where the disease has not advanced too far a complete cure will result from the faithful use of this unequalled remedy, and even in the last stages of this dread disease decided benefit, ease and comfort result from administering it.

It is pleasant to take, easily borne by the weakest stomach, and none but the **Purest Norwegian Oil and selected ingredients** enter into its composition.

Owing to our improved process, this emulsion contains a larger percentage of oil, and that in a more easily digested state, than any other emulsion, thus constituting it invaluable for all wasting diseases, debility and weakness, where the strength requires building up, and the exhausted energies need restoration. The tonic principles contained in this preparation are of the highest efficacy, infusing new life and strength, and promoting healthy action of the entire system, so **necessary in treating pulmonary complaints.**

Price \$1.00 per Bottle, or 6 Bottles for \$5.00.

Facts about the Eyes.

Never read when lying down or stooping over.

Avoid reading or sewing by twilight.

When the eyes are at all defective avoid working at fine needlework, drawing, etc., longer than half an hour at a time.

Reading in a moving car is a great strain on the eyes.

Diseases of the eye are often the result of general weakness.

The eyes are often troublesome when the stomach is affected.

Do not read or sew when recovering from illness, especially fever.

For granulated lids apply Churchill's Climax Eye Salve according to directions.

A sty on the eye will sometimes yield to an application of very strong black tea.

The custom of tight bandaging or tying up the eye as soon as it becomes inflamed is a bad one, as it prevents the free access and beneficial effects of the cool air.

For inflamed eyes or eyelids, Churchill's Climax Eye Salve is the very best remedy.

Facts about the Teeth.

Worthless teeth are apt to cause serious trouble and should not be allowed to remain in the mouth.

Relief from tooth-ache may be had by using Victoria Tooth-ache charm. It stops tooth-ache instantly and is a favorite wherever tried.

If the teeth feel on edge, a wash of bi-carbonate of soda, or a little chalk placed in the cavity will partially quiet the pain.

Most powders, washes, soaps and nostrums for the teeth should be avoided unless advised by physician or dentist.

Acid medicines should be taken through a tube and then the mouth and teeth thoroughly rinsed with an alkali as lime water or bi-carbonate of soda.

The tooth-brush should be used after each meal.

The primary elements of decay are contained in the substances in the mouth and which find lodging places upon the roughened or more favorable surfaces of the teeth. The dentist should be consulted frequently concerning the troubles which may involve any part of the mouth.

The teeth are the least understood and the most neglected of all the organs of the body.

An improper diet affects the teeth as soon as it does other parts of the body.

Teeth at the present day suffer largely from a lack of exercise.

Absolute cleanliness is necessary to the preservation of the teeth.

Oatmeal is one of the best foods for supplying the teeth with nourishment.

In brushing the teeth always brush up and down as well as across them.

Burls, used in making veneers with remarkable eccentricities of grain, are excrescences that grow upon various trees, such as the walnut, rosewood, mahogany, oak and ash. They weigh from 1000 to 6000 pounds, and the largest and best come from Persia and Circassia, and cost in the rough from fifteen to forty cents a pound.

Wonders of the Heavens.

There are stars of the first magnitude. These are at least 211,000 times farther from the earth than is the sun, and their light takes over 3 years to reach us. There are 55 of the second magnitude, their light taking over 6 years to reach us. 170 of the third magnitude, their light reaching us in over 9 years. 500 of the fourth magnitude, their light taking 12 years to reach us. Stars as distant as those of the sixth magnitude, their light taking over 36 years to traverse the intervening space, are visible to the naked eye. Of these there are about 6,000. A 9-foot telescope reveals stars of the twelfth magnitude, about 10,000,000 in number. An 18-foot telescope reveals about 43,000,000 stars, including those of the thirteenth magnitude, whose light takes 2,700 years to reach us. Each of these stars is thought to be the centre of a solar system like our own. Our own solar system consists of the Sun, and the following planets revolving around it; Mercury, nearest the sun, is 35,000,000 miles distant; Venus, 66,000,000 miles; the Earth, 91,000,000 miles; Mars, 139,000,000 miles; the Asteroids, about 266,000,000 miles; Jupiter, nearly 476,000,000 miles; Saturn, 872,000,000 miles; Uranus, 1,754,000,000 miles; and Neptune, 2,746,000,000 miles from the Sun.

Names of the Planets.	Sign.	Approximate mean distance from the Sun in miles.	Number of Moons.
Vulcan	13,082,000	...
Mercury	☿	35,392,000	0
Venus	♀	66,131,500	0
The Earth	⊕	91,430,220	1
Mars	♂	139,312,200	2
Planetoids	0
Jupiter	♃	475,693,100	4
Saturn	♄	872,134,600	8
Uranus	♅	1,753,851,000	4
Neptune	♆	2,746,271,200	1

Eight aqueducts supplied ancient Rome with water, delivering 40 millions of cubic feet daily. That of Claudia was 47 miles long and 100 feet high, so as to furnish the hills. Marcia was 41 miles, of which 37 were on 7,000 arches 70 feet high. These vast erections would never have been built had the Romans known that water always rises to its own level.

The Temple of Diana, at Ephesus, was 425 feet long and 225 feet broad, with 127 columns, 60 feet high, to support the roof. It was 220 years in building.

The largest one of the Egyptian pyramids is 543 feet high, 693 feet on the sides, and its base covers 11 acres. The layers of stones are 208 in number. Many stones are over 30 feet long, 4 broad and 3 thick.

MILBURN'S BEEF, IRON AND WINE



THE PUREST AND BEST.

It is well known to the medical profession that as a blood building tonic, there is no one element in medicine of more value than Iron, the effect of which is to strengthen and restore the red corpuscles or nutritive principle of the vital fluid, and is peculiarly adapted to those pale, bloodless conditions that we so often see in the feeble and debilitated, and especially in females suffering from nervous depression, loss of blood, pallor, weakness, fainting and the many ailments peculiar to their sex.

FOR CONVALESCENTS,

or during the recovery from exhausting fevers, where the strength lags and the appetite lies dormant, the gentle stimulant of

PURE SHERRY WINE

and the nourishing properties of

CONCENTRATED SOLUBLE BEEF

when flavored to a palatable form, makes a most valuable and agreeable source of nourishment that even the dyspeptic with inability to digest food may take with pleasure and benefit. Wine that could not be borne in any other form, will be most beneficial as a gentle stimulant in this manner; and Iron that would not be tolerated by the delicate and sensitive, will in this palatable form be quite acceptable to the most critical taste.

Combining Nutrient Tonic with Mild Stimulants and Aromatic Stomachics.

The very essentials required in a wide range of debilitated conditions of both sexes and all ages, either in acute or chronic forms of disease.

**T. MILBURN & CO., Proprietors,
TORONTO, ONT.**

Facts about London.

London (with all the suburbs) covers within the 15 miles radius of Charing Cross, nearly 700 square miles.

It numbers within these boundaries over 4,000,000 inhabitants.

It contains more country-born persons than the counties of Devon and Gloucester combined, or 37 per cent. of its entire population.

Every four minutes a birth takes place in the metropolis, and every six minutes a death. Within the circle named there are added to the population 205 persons every day, and 75,000 annually.

London has 7,000 miles of streets, and on an average, 28 miles of new streets are opened, and 9,000 new houses built every year.

1,000 vessels and 9,000 sailors are in port every day.

Its crime is also in proportion to its extent. 73,000 persons are annually taken into custody by the police, and more than one-third of all the crime in the country is committed within its borders. 38,000 persons are annually committed for drunkenness by its magistrates.

The Metropolis comprises considerably upwards of 100,000 foreigners from every quarter of the globe.

It contains more Roman Catholics than Rome itself, more Jews than the whole of Palestine, more Irish than Belfast, more Scotch than Aberdeen, and more Welsh than Cardiff.

Its beer shops and gin palaces are so numerous, that their frontages, if placed side by side, would stretch from Charing Cross to Chichester, a distance of 62 miles.

With regard to churches and chapels, the Bishop of London, examined before a Committee of the House of Lords in the year 1840, said:—"If you proceed a mile or two eastward of St. Paul's you will find yourself in the midst of a population the most wretched and destitute of mankind, consisting of artificers, laborers, beggars, and thieves, to the amount of 300,000 to 400,000 souls. Throughout this entire quarter there is not more than one church for every 10,000 inhabitants, and in two districts there is but one church for 45,900 souls."

Advice to Boys.

Whatever you are, be brave, boys!

The liar's a coward and slave, boys!

Though clever at ruses,

And sharp at excuses,

He's a sneaking and pitiful knave, boys!

Whatever you are be frank, boys!

'Tis better than money and rank, boys!

Still cleave to the right,

Be lovers of light,

Be open, above-board, and frank, boys.

Whatever you are, be kind, boys!

Be gentle in manners and mind, boys!

The man gentle in mien,

Words, and temper, I ween,

Is the gentleman truly refined, boys.

But, whatever you are, be true, boys!

Be visible through and through, boys!

Leave to others the shamming,

The "greening" and "cramming,"

In fun and in earnest, be true, boys!

Henry Downton.

MILBURN'S AROMATIC QUININE WINE.

A powerful, pleasant and pure invigorating tonic and appetizer, which cleans the foul-coated tongue, sharpens the appetite, and invigorates both body and brain to a remarkable degree. In moderate doses it is a mild and genial tonic; in larger doses it breaks up and prevents the return of Ague, Chills, Bilious Fever, Dumb Ague and similar complaints, and fortifies the system against their attacks, imparting both nervous and muscular strength, and quieting undue febrile excitement if taken during the intermission of remitting fevers. In Milburn's Aromatic Quinine Wine, none but the purest sulphate of Quinine is employed. This, combined with the choicest of Aromatics to flavor, and the finest Sherry Wine in which the Quinine is perfectly dissolved, renders this preparation both agreeable and reliable.

Children or Delicate Females may take this wine with comfort and safety, and it will be found a most grateful and refreshing invigorator and appetizer during convalescence from protracted illness or in any case of exhausted energy. - Price \$1.00

HAGYARD'S Royal Pain Remedy.

USED INTERNALLY AND EXTERNALLY.

An instant relief and perfect cure
for Pain, Cramp and Spasm.

IT IS NOT A PAIN KILLER BUT A PAIN CURE.

CRAMPS, Colic, Pain in the Stomach or Bowels, etc.—Take a teaspoonful or more in milk or hot water sweetened; repeat every half-hour or hour until relieved. Bathe the region of the pain freely with the Remedy, or apply on hot flannel.

SORE THROAT, Canker of the Mouth, Throat or Stomach, Chills, Colds, Influenza, etc. Take a dose two or three times daily; gargle with the Remedy and apply outside.

RHEUMATISM, Neuralgia, etc.—Bathe freely with the Remedy, rubbing it in well, and take a dose at bedtime, continuing until relieved.

Fire Insurance in Canada. Amounts at Risk, 1869 to 1889.

YEAR ENDING 31st DECEMBER.	Fire Insurance.
	\$
1869	188,359,809
1870	191,594,586
1871	228,453,784
1872	251,722,940
1873	278,754,835
1874	306,848,219
1875	364,421,029
1876	454,608,180
1877	420,342,681
1878	409,899,701
1879	407,357,985
1880	411,563,271
1881	462,210,968
1882	526,856,478
1883	572,284,041
1884	605,507,789
1885	611,794,479
1886	586,773,022
1887	634,767,337
1888	650,735,059
1889	684,538,378

Amount of Life Insurances in Force in Canada, 1875 to 1889.

YEAR.	Total.
	\$
1875	85,009,264
1876	84,250,918
1877	85,687,963
1878	84,751,937
1879	86,273,702
1880	91,272,136
1881	103,290,932
1882	115,042,048
1883	124,196,875
1884	135,453,726
1885	149,962,146
1886	171,315,696
1887	191,654,270
1888	211,761,553
1889	231,963,702

The best Accident Insurance is to provide yourself with a bottle of Hagyard's Yellow Oil, the great cure for Cuts, Burns, Bruises, and Wounds.

While 23 per cent. of the total population of England is engaged in manufactures, the proportion so employed in the United States is only 7½ per cent., in Prussia 13, in France 12, and in India 14½ per cent.

"Paradise," by Tintoretto, is the largest painting in the world. It is eighty-four feet wide, thirty-three and a half feet high, and is now in the Doge's palace, Venice.

DR. LOW'S Pleasant Worm Syrup

This agreeable, safe and effectual remedy for worms has attained a world-wide popularity, and from its extensive use HAS SAVED THE LIVES OF THOUSANDS OF CHILDREN. It is *strictly vegetable and positively safe*, and so pleasant to the taste that a child once taking it will ask for more. It is free from Castor Oil, Calomel, or other nauseous, sickening and hurtful drugs. It is impossible for worms to remain when this syrup is given so freely as to act upon the bowels. *No other cathartic required during its use.* It destroys the worms entirely, at the same time its cathartic action drives them out of the system. A single bottle has frequently destroyed from 100 to 200 worms. Tape worms of 16 to 35 feet in length have been expelled by the use of this great Worm medicine. Worms prevail mostly in children, but the frequent use of this Worm Syrup as a laxative has expelled large numbers of worms from older people, where the cause of ill health was not suspected. Read the following testimonials:

Children Cry for It.

I certify that there is nothing near as good as Dr. Low's Worm Syrup. My children used to cry for it. Our storekeeper keeps it on hand, and it sells like hot cakes.

MRS. PETER MURRAY,
DeVizes P. O., Ont.

Six Years' Experience.

DEAR SIRS,—Have used Dr. Low's Worm Syrup for six years, and within that time one little girl has passed 78 large round worms, 4 to 8 inches long, and another I am now giving it to has passed 10 of the same kind. One little boy (a neighbor's) was taking fits every 20 minutes, when they came for me, saying they had tried four doctors without success. I told them my firm belief that it was a bad case of worms, and to send for \$1 worth of Low's Worm Syrup. They did so, and though the boy could not then speak, in less than a week he could talk again, and walk across the floor almost recovered completely. These things ought to be known to all anxious mothers.

MRS. JOHN ILLINGWORTH,

King St., Chatham, Ont.

Dr. Low's Pleasant Worm Syrup, sold by all druggists. Price 25 Cents.

Friday is not Unlucky.

Friday, February 22nd, 1732, George Washington was born.

Bismarck, Gladstone and Disraeli were born on Friday.

Friday, March 25th, 1609, the Hudson river was discovered.

Friday, June 30th, 1461, Louis XI. humbled the French nobles.

Friday, March 18th, 1776, the Stamp Act was repealed in England.

Friday, June 13th, 1492, Columbus discovered the continent of America.

Friday, December 22nd, 1620, the Pilgrims made the final landing at Plymouth Rock.

Friday, June 13th, 1785, General Winfield Scott was born in Dinwiddie County, Va.

Friday, June 10th, 1834, Spurgeon, the celebrated English preacher, was born.

Friday, November 20th, 1721, the first Masonic lodge was organized in North America.

Thomas Sutton, who saved England from the Spanish Armada, was born on Friday.

Friday, January 12th, 1433, Charles the Bold, of Burgundy, was born, the richest sovereign of Europe.

Friday, November 28th, 1814, the first newspaper ever printed by steam, the *London Times*, was printed.

Friday, June 12th, 1802, Alexander Von Humboldt, in climbing Chimborazo, reached an altitude of 19,200 feet.

Friday, September 7th, 1465, Melendez founded St. Augustine, the oldest town in the United States, by more than forty years.

Friday, April 8th, 1646, the first known newspaper advertisement was published in *The Imperial Intelligencer*, in England.

Friday, May 14th, 1586, Gabriel Fahrenheit, usually regarded as the inventor of the common mercurial thermometer, was born.

Friday, March 5th, 1496, Henry VIII. of England gave to John Cabot his commission, which led to the discovery of North America. This is the first American state paper in England.

Here is a way to tell how fast you are travelling in a railway car: Every time the car passes over a rail joint there is a distinct click. Count the number of these clicks in twenty seconds and you have the number of miles the train is going per hour. This is a simple matter of arithmetic, as the length of the rails is uniform.

The women on the Magdalena river, while shaping earthen vessels on the potter's wheel, put large lumps of clay in their mouths. In the same place it is often necessary to confine the children to prevent their running out to eat earth immediately after a fall of rain.

A curious taste prevails in many parts of the world for clay. It is eaten in all the countries of the torrid zone, but the practice is also observed in the north, as hundreds of cart loads of earth containing infusoria are said to be annually consumed by the country people in the most remote parts of Sweden, and in Finland a kind of earth is occasionally mixed with bread.

DR. BOYER'S
Galvanic Fluid
FOR EXTERNAL USE ONLY.

This old and popular remedy is still in the market, and is highly recommended for the cure of Rheumatism, Lumbago, Neuralgia, Bruises, Sprains, Swellings, Frost Bites, Headache, Pains in the Joints or Muscles, and for general use as an active electrical penetrating liniment. Its effects are truly wonderful in all painful conditions.

Price 25 Cts. Sold by all Druggists.

Tributes paid to Women.

Woman is the masterpiece.—CONFUCIUS.
 Women teach us repose, civility, and dignity.—VOLTAIRE.

Shakespeare has no heroes, he has only heroines.—RUSKIN.

All that I am my mother made me.—JOHN QUINCY ADAMS.

If woman lost Eden, such as she alone can restore it.—WHITTIER.

Woman is the most perfect when the most womanly.—GLADSTONE.

Woman is last at the cross and earliest at the grave.—E. S. BARRETT.

A handsome woman is a jewel; a good woman is a treasure.—SANIDI.

There is a woman at the beginning of all great things.—DAMARTINE.

The sweetest thing in life is the unclouded welcome of a wife.—N. P. WILLIS.

Women are a new race, re-created since the world received Christianity.—BEECHER.

Heaven has nothing more tender than a woman's heart when it is the abode of pity.—LUTHER.

For where is any author in the world who teaches such beauty as a woman's eyes?—SHAKESPEARE.

Woman is born for love, and it is impossible to turn her from seeking it.—MARGARET FULLER OSSOLI.

VICTORIA
Carbolic Toilet Soap

This Toilet Soap possesses all the well-known antiseptic and disinfecting properties of Carbolic Acid, has a healthy action on the skin, prevents irritation, removes the effects of perspiration, and should be regularly used by families. Cholera, Smallpox and Fever patients should be washed with this Soap; and its use by persons liable to infection will materially prevent the spread of the disease.

VICTORIA
CARBOLIC SALVE.

*This Salve is the
 Most Wonderful
 Healing Compound*

Ever discovered for the perfect and rapid cure of every description of broken skin, from a single scratch or bruise to the most aggravated Ulcer, including Cuts, Wounds, Bruises, Burns, Scalds, Sore Nipples, Broken Breasts, Fever and Scrofulous Sores, Ulcers of all kinds. Abscesses and Boils, Piles, Pimples, etc.

**And Chronic Diseases of the Skin
 of every Description.**

PRICE 25 CENTS.

FREEMAN'S
SWEET
CASTOR OIL

A new product from Pure Castor Oil in which the oil is rendered not only perfectly free from nauseous taste but as sweet as honey.

Its effects are similar in all respects to ordinary Castor Oil (of which it contains 97 %), but its palatability renders it in every way preferable and superior to the nauseous old style Castor Oil.

Large Bottles 25 Cents.

LOW'S MAGIC SULPHUR SOAP

**The Great External Remedy for all
Local Diseases of the Skin, and
for General Toilet Use.**

The healthful virtues of the Sulphur Bath are well known, and in this Soap you may have these virtues in an elegant and convenient form.

A positive cure for Itch, Prickly Heat, Nettle Rash, Itching Piles, Bites and Stings of Insects, Tetters, Scaly Eruptions, Chafes, Chapped Hands, Pimples, Tan, and all rough and diseased conditions of the skin.

IT DISINFECTS, CLEANSSES, HEALS AND BEAUTIFIES

the person, and for the Bath or Toilet is unequalled. It is delightfully perfumed, and clean and inoffensive to use.

Low's Sulphur Soap also destroys Vermin on animals by a few applications at a trifling cost. Sold by all Dealers.

TWENTY-FIVE CENTS,

Or a Box of Three Cakes for 60 Cents.

Wonders of the Body.

The skin contains more than 2,000,000 openings, which are the outlets of an equal number of sweat glands. The human skeleton consists of more than 200 distinct bones. An amount of blood equal to the whole quantity in the body passes through the heart once every minute. The full capacity of the lungs is about 320 cubic inches. About two-thirds of a pint of air is inhaled and exhaled at each breath in ordinary respiration. The stomach daily produces 9 pounds of gastric juice for digestion of food; its capacity is about 5 pints. There are more than 500 separate muscles in the body, with an equal number of nerves and bloodvessels. The weight of the heart is from 8 to 12 ounces. It beats 100,000 times in 24 hours. Each perspiratory duct is one-fourth of an inch in length, of the whole about 9 miles. The average man takes $5\frac{1}{2}$ pounds of food and drink each day, which amounts to one ton of solid and liquid nourishment annually. A man breathes 18 times in a minute, and 3,000 cubic feet, or about 375 hogsheads of air every hour of his existence. To maintain the body in health and strength, B.B.B. should be occasionally used. It regulates all the organs and expels all impurities.

FREEMAN'S ANTHELMINTIC WORM POWDERS

**AN INFALLIBLE REMEDY
FOR WORMS.**

Put up in the form of an elegant little powder, pleasant to the taste, and convenient to administer; so agreeable that any child will readily take them. They contain their own purgative, therefore no nauseating cathartics need be given. They are safe and reliable for all ages, and contain nothing hurtful to the most delicate child.

PRICE 25 CENTS.

Large Landowners in Australia.

There are some large landowners in Western Australia. Mr. W. H. Barber has 620,000 acres; Mr. J. Bateman upwards of 1,200,000; Mr. A. J. Cunningham has upwards of 3,600,000, or an area equal to about a tenth of that of England. Mr. W. Mackinnon has upwards of 4,000,000, and the Union Bank of Australia has upwards of 7,800,000.

LOW'S French Cologne

DELICATE, LASTING, FRAGRANT.

Equal in fragrance and bouquet to many of the handkerchief extracts. Much lower in price than any other perfumes, and possessed of exquisitely delicate and refreshing odor.

A REAL TOILET LUXURY.

Price 25 Cents.

VICTORIA COMPOUND SYRUP — OF — HYPOPHOSPHITES.

**The Great Vitalizer, Nutritive
and Nerve Tonic.**

Supplies the nutritive elements of Blood, Brain, Bone and Muscle; restores Nervous Energy when lost by imprudence or excesses, enriches the Blood and strengthens the system when debilitated by exhaustive discharges. Supplies the chemical constituents of the system, Iron, Lime, Soda, Potash, etc., in that peculiar weakness and wasting that leads to Consumption, and other debilitating forms of disease. Endorsed by leading Chemists and Medical Men.

PRICE ONE DOLLAR.

When to Pare the Finger Nails.

The old formula, from early Saxon times, reads as follows:

Cut them on Monday, cut them for health.
Cut them on Tuesday, cut them for wealth.
Cut them on Wednesday, cut for a letter.
Cut them on Thursday, for something better.
Cut them on Friday, you cut for a wife.
Cut them on Saturday, cut for long life.
Cut them on Sunday, you cut them for evil.
For all o' that week you'll be ruled by the devil.

EGYPTIAN SALVE — OR — RHEUMATIC PLASTER.

An excellent strengthening and Healing Salve, used for Dressing and Healing all Flesh Cuts and Wounds, for Rheumatism, Weak and Lame Back, Pain in the Breast or Side, Corns, Bunions, etc. A Roll Salve that is handy and useful in every household. For sale by all Dealers.

About Finger Nails.

A white mark on the nail bespeaks misfortune.

Pale or lead colored nails indicate melancholy people.

People with narrow nails are ambitious and quarrelsome.

Broad nails indicate a gentle, timid, and bashful nature.

Lovers of knowledge and liberal sentiment have round nails.

Small nails indicate littleness of mind, obstinacy, and conceit.

Choleric, martial men, delighting in war, have red and spotted nails.

Nails growing into the flesh at the points or sides indicate luxurious tastes.

People with very pale nails are subject to much infirmity of the flesh, and persecution by neighbors and friends.

Victoria Compound Fluid Extract — OF — BUCHU AND UVA URSI.

**The Specific Remedy for all Diseases of
the Kidneys, Urinary Complaints,
and Sexual Debility.**

For Non-Retention or Incontinence of Urine diseases of the Bladder or Kidneys, diseases of the Prostate Gland, Gravel, Diabetes, Bright's Disease, Dropsical Swellings, Mucous, Discharges, Sedimentary Urine, Lame Back, Weakness arising from excesses or bad habits. Female Complaints, etc. This is a Sovereign Remedy, praised alike by the people and the profession for the class of diseases named. All Druggists sell it.

PRICE ONE DOLLAR.

Couldn't Find It.

A German anatomist has dissected many a human body and declares that he has never found the soul. Astonishing! If there is a soul he surely would discover it. Did he find any life in the dead body? No. Of course; then there was none before the body died. Did he find any mind, any thought, any affection? No. Therefore there is no mind, no thought, no affection. The following reply has been given to the anatomist:—A cat listened with admiration to the song of a nightingale. Ambitious to learn the secret of such charms and to acquire them himself, he caught the sweet singer, tore it to pieces, and found to his astonishment no music.—J. H. W. SLUKENBERG, D.D.



Is Guaranteed to Remove Corns in Five Days without Pain or Soreness.

PRICE 25 CENTS.

Deaths of the Apostles.

It is generally believed that only one of Christ's apostles, John, escaped martyrdom. Matthew is supposed to have been slain with a sword in Ethiopia. James, son of Zebedee, was beheaded at Jerusalem. James, the brother of our Lord, was thrown from a pinnacle of the Temple and then beaten to death with a fuller's club. Philip was hanged up against a pillar of Hieropolis, a city of Phrygia. Bartholomew was flayed alive at Albanapolis, in Armenia. Andrew suffered martyrdom on a cross at Patrae, in Achaia. Thomas was run through the body with a lance at Coromandel, in the East Indies. Thaddeus was shot to death with arrows. Simon Zelotes was crucified in Persia. Peter was crucified, head downward it is said, during the Neronian persecution. Matthias was first stoned and then beheaded, and Paul was beheaded at Rome by the tyrant Nero. Judas Iscariot, after the betrayal of our Lord, hanged himself.

HAGYARD'S CATTLE SPICE

**THE GREAT BLOOD PURIFIER
FOR CATTLE.**

To fatten and improve the health of Horses, Cattle, Sheep, Pigs and all kinds of Farm Stock. A grand purifying and invigorating Cattle Tonic.

Regulates the Urinary Organs, Digestive Functions, Air Passages, Blood and general condition of Horses and Cattle. Curing Broken Wind, Heaves, Blood and Urinary Diseases, etc. First-class Breeders throughout Ontario recommend it.

Large Package - Price 25 Cts.

KEY WEST Florida Water.

Rich in the balmy odors and refreshing fragrance of Florida flowers. Vastly superior in delicacy, sweetness, and permanence to any other.

Look for the signature "T. Milburn & Co." on the neck label of the bottle and take no other kind.

Price 25 and 50 Cts. per bottle.

Lost Books of the Bible.

There are nine books and one psalm mentioned in the Bible which are now lost to the world.

The book of Jasher, mentioned in Joshua x. 13, and 2nd Samuel i. 18.

The book of Iddo, the Seer, to which reference is made twice in 2nd Chronicles—in ix. 29, and xii. 15.

The prophecies of Ahijah. See 2nd Chronicles x. 29.

The book of Nathan, the Prophet. See as above.

Book of Shemaiah mentioned in 2nd Chronicles xii. 15.

Book of Jehu. See 2nd Chronicles xx. 34. Solomon's five books on natural history. See 2nd Kings iv. 31-35.

The prophecy of Enoch. See Jude 14.

The book of the wars of the Lord. See Numbers xxi. 14. The psalm mentioned in several places but not found in the Bible is the 151st.

HAGYARD'S ROYAL BLACK OIL.

**A well-known and
excellent stimulating Liniment
for Man and Beast.**

The proprietors have numerous testimonials as to the superiority of this Oil over other Black Oils now in use, for the cure of Rheumatism, Wounds, Bruises and Sprains, also for Corks, Cuts and Saddle Galls.

**All Dealers in Medicine sell the
Remedies named in this Book.**

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THE BLOOD IS THE LIFE.

A RAILROAD MAN'S EXPERIENCE.

HAD 53 BOILS.

SUFFERED SEVERELY.



MR. H. M. LOCKWOOD, of Lindsay, Ont., whose portrait is shown above, is a well known railway employee, and has lived in Lindsay for the past three years.

Mr. Lockwood was born and brought up in Hastings County, where he has many friends who will be glad to hear of his recovery from the trying complaint which afflicted him so severely. Mr. Lockwood writes as follows:

I WAS TERRIBLY AFFLICTED

with boils, having no less than 53 in eight months. During that time I tried many remedies without relief, doctors' medicine did not relieve me—in fact I could not get rid of them at all until

I BEGAN USING B. B. B.

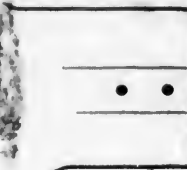
It completely cured me, and I have not had a boil since taking the first bottle. I write this to induce those afflicted with boils to try B. B. B. and get cured, for I am confident that but for Burdock Blood Bitters I would still have had those terrible boils, which shows plainly the complete blood cleansing properties of this medicine, because everything else that I tried failed.

A friend of mine who also suffered from boils, took one bottle by my advice and, thanks to B. B. B., his boils all disappeared.

Yours truly,

H. M. LOCKWOOD,
Lindsay, Ont.

B. B. B.



FOR THE BLOOD.

At all seasons of the year, at any time of life, whenever disease arising from wrong action of the Stomach, Liver, Bowels or Blood exists, this unrivalled remedy may be relied on to relieve and cure even where all else fails.

B. B. B. CURES

DYSPEPSIA, CONSTIPATION, BILIOUSNESS,

HEADACHE, SCROFULA,

**AND EVERY FORM OF BAD BLOOD, FROM A COMMON PIMPLE,
TO THE WORST SCROFULOUS SORE.**

PRICE, \$1.00 Per Bottle, 6 for \$5.00, or less than 1 cent a Dose.

SOLD BY ALL DRUGGISTS.



WITH COMPLIMENTS OF

