

ol. XXVI

TORONTO, AUGUST 19, 1905.

No. 17

## LIFE'S FURROWS; OR, THE FALLOW FIELD.

The sun comes up and and the sun goes down;

e night mist shroudeth the sleeping town,

But if it be dark or if it be day, If the tempests beat or the breezes play,

Still here on this upland slope I lie, Loking up to the changeful sky.

Neught am I but a fallow field; Never a crop my acres yield.

Over the wall at my right hand Stately and green the corn-blades stand,

And I hear at my left the flying feet the winds that rustle the bending wheat.

Often while yet the morn is red List for our master's eager tread.

The smiles at the young corn's towering height,

He knows the wheat is a goodly sight, But he glances not at the fallow field, Whose idle acres no wealth may yield.

The sleeping pulse of my being stirs, and as one in a dream I seem to feel the sweep and the rush of the swinging steel,

I catch the sound of the gay refrain

As they heap their wains with the gooden grain.

Yet, O my neighbors, be not too proud,

Though on every tongue your praise is loud,

Our mother Nature is kind to me,

And I am beloved by bird and bee, and never a child that passes by

But turns upon me a grateful eye.

Orer my head the skies are blue; Thave my share of the rain and dew; Dask like you in a summer sun

when the long bright days pass one by one.

And calm as yours is my sweet repose Wrapped in the warmth of the winte snows.

for little our loving mother cares



LIFE'S FURROWS.

Which the corn or the daisy bears, Which is rich with the ripening wheat, Which with the violet's breath is sweet, Which is red with the clover bloom,

Or which for the wild sweet-fern makes
room!

Useless under the smamer sky. Year after year men say I lie. Little they know what strength of mine I give to the trailing blackberry vine; Little they know how the wild grape

Or how my life-blood flushes the rose. Little they think of the cups I fill For the mosses creeping under the hill; Little they think of the feast I spread For the wild wee creatures that must be

fed-Squirrel and butterfly, bird and bee, And the creeping things that no eye may

Lord of the harvest, thou dost know How the summers and winters go. Never a ship sails east or west Laden with treasures at my behest; Yet my being thrills to the voice of God When I give my gold to the golden-rod.

#### OUR SUNDAY-SCHOOL PAPERS.

The best, the cheapest, the most entertaining, the most popular. Yea
Su
Christian Guardian, weekly
Methodist Magazine and Review, 96 pp., monthly.
fillustrated.
Christian Guardian and Methodist Magazine and
Review
Magazine and Review, Guardian and Onward to
gether
The Wesleyan, Halifax, weekly
Canadian Egworth Era
Sunday achool Banner, 66 pp. 8vo monthly.
Onward, 8 pp., 4to, weekly under 5 copies.
Seoples and over
Pleasant Hours, 4 pp., 4to, weekly, single copies.
Less than 29 copies.
Over 29 copies
Sunbeam, fortnightly, less than 10 copies.
19 copies and upwards.
Happy Days, fortnightly, less than 10 copies.
19 copies and upwards.
Happy Days, fortnightly, less than 10 copies.
19 copies and upwards.
Happy Days, fortnightly, less than 10 copies.
19 copies and upwards.
Herean Laci, monthly
Herean Laci, monthly
Herean Intermediate Quarterly (quarterly).
Quarterly Review Service. By the year, 21 cents a
dozen; \$2 per 100. Per quarter, 6 cents a
dozen; 50 cents per 100.
THE ABOVE PRICES INCLUDE FOSTAGE.

THE ABOVE PRICES INCLUDE POSTAGE

WILLIAM BRIGGS, Methodist Book and Publishing 29 to 33 Richmond St. West, and 30 to 36 Toronto.

C. W. COATES, 2176 St. Catherine Street. Montreal. Que.

# Sunbeam.

TORONTO, AUGUST 19, 1905

# TOM'S BATTLE.

"Ther isn't any use in trying to do good, mother," said Tom Winter, on Sabbath afternoon. "I've tried so hard this week, but it didn't do any good. I get angry so quick. I think every time I never will again; but the next time anything provokes me, away I go before I know it."

"You can conquer your enemy if you meet him in the right way. Remember how David went out to meet Goliath. Who would have thought that he, with only his sling and the little stones he had taken from the brook, could defeat the mighty Philistine? But he did, because he went in the name and strength of the Lord

If you meet him in your own strength, he will defeat you; but if, like David, you go out in God's strength, you will overcome. Try again to-morrow, Tom. Ask God to go with you and help you; and when your enemy rises up against you, fight him down. Say to him that he shall not overcome you, because you fight with God's help and strength."
"Well," promised Tom, "Tll try, but

I can't help being afraid."

Everything went smoothly the next day until play hour. The boys were playing ball, and one of them accused Tom of cheating. Instantly his face crimsoned, and he turned toward the accuser, but the angry words died on his lips. His conversation with his mother came into his mind. "I will try, if God will help me," he thought. It was a hard struggle for a minute. He shut his eyes tight together, and all his heart went out in a cry for help and he conquered.

" David killed Goliath, and that was the end of him," said Tom, that night; "but my giant isn't dead, if I did conquer him once."

"I know," said his mother, "but if victory makes you stronger and him weaker; and when the warfare is over, there is a crown of life promised to those who endure to the end.'

## SALLIE AND THE FLOWERS.

While all persons delight in the beauty and the fragrance of flowers, some few seem to discover in them a spirit of intelligence, and sympathy, and love, capable of responding to the gentle approaches of a human soul.

Sallie was one of these. From the time when she began to manifest any peculiarities of disposition whatever, she began to show a special fondness for flowers. She would move among them as if they had been little children endowed with feelings similar to her own. She sought their companionship and seemed to be most at home with them when most alone with them.

Every colored leaflet, whether found on a slender stalk near the earth, or on the branch of a tree overhead, attracted her attention and kindled her admiration. Quietly and lovingly she would place her hand around every rose or flower of any kind within reach of which she came, and kindly press it toward her face, while inclining her head to it, to behold its beauty and to receive its fragrance. And she would walk under fruit-trees in the spring-time, and look up lovingly and tenderly at the branches covered with white or pale-red blossoms.

One day she was found, when quite a small child, trying to climb the bent trunk of a small peach-tree, some of whose blossoming branches hung just above her head; and, when asked what she was doing there, of hosts. Now your temper is your giant. 'said that she was "'mellin' the flowers."

It was not her fortune always to he her home where flowers grew in gre abundance, and richness, and variety. I she did not eschew any, however comm or poor they might be, that she chanced find. She seemed capable of discovering soul of beauty even in those that were the ordinary eye the least attractive.

In

met

Va.

Ane

No.

No.

Or

And "

God w

By

Say

And

emi

The last place which was known to as home on earth had a vegetable-gardbut few flowers, and these were not of rich quality. Nevertheless, she would about them and caress them as if they h been the richest and the rarest, and won munion with them. To have heard h. Whene and not to have seen her, one would ha No. supposed that she was gently pouring her soul in confidence to some loved a loving friend.

She never broke forth in exclamation of ecstatic delight in beholding the and k beautiful things. She rarely uttered wer beautiful things. She rarely uttered we by of exalted admiration in regard to the Who p Usually a smile would dimple her ches while she would softly and caressingly a That c of something that she had culled from scanty stock in the garden: "Isn't sweet!" in very much the same man and tone in which one would speak of beautiful child.

She loved them, and went about the and talked to them, rather than prais grupie them. She seemed to hold them preciin her heart, rather than on her lips. The were her sisters, gentle, tender, amiable, like herself; and she, like th bloomed in beauty for a time, and tree. 38 faded from the earth.

The last summer went by, and then Ples flowers, one by one, breathed out the for rig lives. She was left for a season with kingdo them, and then she perished, too. when last I saw her grave, I found flowers blooming in brightness and bear by the side of it, as if they had come watch and to wait till she should awake commune with them again.

# PITY THE CHILDREN ACROS THE SEA.

Pity the children across the sea, Who never the name of the Christ h

Dumb idels they worship on bended king. Which see not and hear not a sin word.

Pity the children across the sea, What The Master proclaims in a voice Way? love:

Jud: Suffer these children to come to me Weak ; Of such is the kingdom of God abound city

Pity the children across the sea,

Give them your pennies and pray that d And God's richest blessings from hear shall be

Poured on your hearts when him yard obey.

ne always to had ers grew in gre s, and variety. however comm that she chanced ble of discovering those that were ast attractive. was known to a vegetable-gard hese were not of

WHEN TO SAY "NO."

metimes 'tis wrong, but often right:

And "No" when asked to gamble:

No," though I'm tempted sore to lie,

Or steal, and then conceal it; and "No" to sin when darkness hides,

I must say when asked to swear.

when strong drink I'm urged to

No" is a very little word;

So let me justly wei h it.

share .

In one short breath we say it-

" No" to a Sunday's ramble!

And I alone should feel it.

henever sinners would entice

My feet from paths of duty, No," I'll unhesitating cry-

By everyone is spoken,

By this one simple token,

" No, not for price or booty."

od watches how this little word

nd knows those children as his own.

he promptly utters " No " to wrong,

hat child has entered wisdom's ways,

LESSON NOTES.

ISAIAH TO MALACHI.

LESSON IX .-- AUGUST 27.

JEREMIAH IN THE DUNGEON.

Read the lesson verses. Jer. 38.

Read Zedekiah's talk with Jere-

Jerusalem was taken, Jer. 38, 28 Read what was done with him. Jer.

Also what was done for the Ethiop-

Read a lament of the captivity.

miah. Jer. 38, 14-24. Find where Jeremiah was when

ian. Jer. 39. 15-18.

QUESTIONS ON THE LESSON.

What is Jeremiah sometimes called? by? Who followed Jehoiakim as king Judah? What kind of a man was he?

ak and wicked. Who was besieging

city? How long was he besieging it?

t awful place? The angels of the

Learn the Golden Text.

1-13.

39, 11-14,

Lam. 5.

Says "Yes" to right, as surely-

And treads her path securely.

eless, she would them as if they h e rarest, and wor them, as if in co o have heard h er, one would ha gently pouring to some loved a th in exclamation

n beholding the arely uttered we in regard to the dimple her ches ad culled from garden: "Isn't the same mana would speak of

I went about the THIRD QUARTER. rather than praise rudies in the old testament from hold them precis n on her lips. Th ntle, tender, a and she, like the r a time, and ther. 38, 1-15. Memorize verses 8-10

breathed out the righteousness' sake; for theirs is the perished, too. Pally steps. perished, too. I ightness and bear they had come she should awake

DREN ACROSS EA.

ss the sea. e of the Christ ha

nip on bended ki hear not a sing

ss the sea, ims in a voice

to come to me

om of God abov ss the sea, ple? Who were angry with Jeremiah? hat did they do? What was the king's

wer? What did they then do with emiah? Who was with Jeremiah in ssings from hear

arts when him

him? What did be do? What did the king say! How did they make it easy for Jeremiah? Where did he stay after this? What was done for Jeremiah when the siege ended! And what for the Ethiop-

THREE LITTLE LESSONS

We have learned that-

1. God's children often pass through deep troubles.

2. He is very near to them then,

3. And brings them out with a great deliverance.

> LESSON X .- SEPTEMBER 3 THE CAPTIVITY OF JUDAN.

2 Chron. 36, 11-21. Mem. verses 19-21 GOLDEN TEXT.

Be sure your sin will find you out, Num. 32, 23,

DAILY STEPS.

Mon. Read the lesson verses. 2 Chron. 36, 11-21,

Tues Read the warning of Jeremiah Jer. 25, 8-11.

Wed. See how the foolish king treated him. Jer. 32. 2-5.

Thur. Learn what Judah ought to have done. Hosea 6, 1,

Read some true words about God Psa. 99, 1-5.

Sat. Learn the Golden Text.

Sun. Read a song of the captivity. Psa. 137

QUESTIONS ON THE LESSON.

What sad story have we to tell? Of what is it a picture? Who was Nebuchad nezzar? How did he rule the captive nations? What change did he make in Judah? How old was Zedekiah when he became king? Whose grandson was he? Was he like his grandfather? What did he do? Who followed him? How did the Lord try to bring them back? What did he have to do at last? What was the fate of Solomon's temple? Can you tell what they took away to Babylon? What about the people? What does Jeremiah tell us about it? Can you tell the story of the escape? Where was the king taken? Why did all this trouble have to come?

THREE LITTLE LESSONS.

We have learned that-

- 1. If we sow weeds we must also reap them.
- 2. If a king will not rule well he must learn to serve.
- 3. The field and the kingdom belong to

NELLIE'S TEMPTATION.

"What little girl is this?" the teacher asked, and she looked kindly at the child who were a faded dress too small for her and a queer hat trimmed with faded rib-

"Nellie Potter knows her," said one of

"I don't either!" said Nellie, and she drew her pretty dress away and looked ashamed and cross

" Why, Nellie Potter! I saw you playing with her last Saturday."

What of that?" said Nellie, her cheeks very red. "I tell you I don't know anything about her.

Never mind," said the teacher, " she is a little new scholar, and we are glad to see her; we will all be very kind to her and make her want to come again."

So the children gathered about her and were very kind, all but Nellie Potter, who kept to one side and looked unhappy. No wonder! Poor, foolish, naughty Nellie had told what was not true.

The new little girl was the daughter of The new little girr was the manginer of their washerwoman, who lived down on Lanc Street; only the Saturday before she had been at Nellie's home with her mother and had played with Nellie for an hour. But because she came to Sunday-school in a faded dress and a queer bonnet. Nellie was: shamed to say that she knew her.

It was not strange that, as the lesson went on, she began to cry so hard that she could not hear what the teacher said, for the lesson was about Peter, how he said that he did not know Jesus.

"I was just like that naughty Peter." she told her mother, sobbing bitterly. Then mother turned the leaves of the Bible and found where it told how sorry Peter was, and how Jesus forgave him. and Nellie premised that she would never. never be so mean again,

# A GRASS POULTICE

When Willie kicked his little sister his mother told him she would punish him. He forgot or did not care. So he kicked her again. His mother called him in the house

" Didn't mother say that she would punish you if you kicked your sister again."

"Yes, mother," Willie answered.

"Well, go into the dining-room and wait till mother comes."

Then his mother went out into the yard. There she pulled an apronful of grass. She came into the house with the big bundle. She found her little boy crying. He was very much scared. She told him what a naughty foot he had. She said she must put a poultice on ... So she put the grass on Willie's foot and tied it up in an apron. She made him lie down on the lounge. Poor Willie! He cried and he sobbed and he mouned. A gentleman came in just then.

"Why, what's the matter with Willie?" he asked,

"Oh, he has a naughty foot," his mother said. "It will kick his sister. I have put on it a grass poultice."

"Oh," the gentleman said, and he understood it all, and Willie was so ashamed that he didn't look up.



DUEL BETWEEN A LIZARD AND A SCORPION.

# SOMETHING ABOUT LIZARDS.

Oh, the kingdom of the lizards! brown, black, olive-green, leaf-tailed, brown-tailed, turnin-tailed, banded, crested, speckled, but every one a lizard.

In the above statement I did not exhaust the list of colors in the lizard kingdom. We find tints of blue, red, ehestnut and yellow. Other features we will notice as together we look at this large, widelyscattered family.

When the spring sun shines on the green lizard, its color is brightest. That master-painter, the sun, when he passes his brush over the earth, does not forget he members of this family. In return, this creature loves the sun. It is just a lazy loafer, seemingly, in localities bathed in sunshine. If one thrust his hand forward as if to scize it, the loafer is gone; he has darted into some safe retreat. Patience and kindness will tame him, and he will come at last and breakfast on gathered flies in one's hand.

There is a lizard called the officinal skink, which might be loosely translated as the medicinal skink. Once it was and not coats. These dresses are made of highly valued by the doctors. They dried feathers, and many of them are very it; they pounded it, and gave it to their beautiful, much more beautiful than those patients. "Lizard" was reputed to be a which girls wear. wonderful healer. It is said that the doctors would sometimes prove their belief in while, as cats and dogs change their coats, this panacea by taking a dose the asslices. The new dresses of most birds are just this panneea by taking a dose the asslices.

This was only fair. They did not hesitate to swallow some of their other remedies, such as " the burnt liver of a hyena, and "the moss from a dead man's skull" was not a dose too difficult for them. Do you laugh! Coming generations may smile and wonder at some of our remedies.

And here is the broadheaded plestiodon, but I will ticket him with an easier name by which he is known—the scorpion lizard. He is a native of our continent; and if he can find the forsaken home of a woodpecker, say, thirty or forty feet above the ground, he is pleased. Without asking who the landlord is, and what the rent may be a month, he drops in at once and is happy. He is called venomous, and can indeed put so much strength into his bite that people will have occasion to remember him at least an hour or two. So that very popular visitor, the mosquito, has enough virulence in his stinger to make us wish him at the bottom of the Atlantic, and yet neither scorpion, lizard nor mosquito is a dreadful creature. This lizard is fond of a home in a tree, lunches on insects, and likes to sip the dew

sparkling on the leaves. Another North American lizard is the five-lined plestiodon, or, as common folks would say, the blue-tail.

And who is this eveing us out of circular eyelids? This is a house gecko, the fan-foot, common in Egypt. He is an agile trayeller, running over the floor or a wall, and is nimble in picking up a bug as he goes along. While common, he is not popular. In Cairo, they nickname him abou-burs, or " father of the leprosy." The common gecko, or ringed gecko, is very much at home in India. By day it hides, and here it differs from the lizard that loves the sunshine; for at night the common gecke darts out of his retreat, and is such a soft-footed traveller that ignorant people in India give him a place among supernatural beings. When cold weather sets in, he retires to winter barracks, and is believed to be nourished by means of "two fatty masses" on its body.

#### CLOTHES THE BIRDS WEAR.

We usually call birds' clothing dresses,

Birds change their dresses once in a

like the old ones, but a few birds have t dresses which look very unlike. wear one dress a part of the year, and the put on the other. Sometimes the n cress is so unlike the old one that we thi the birds are of a different kind.

Some birds have bright red dress ome have green ones, some have blue on and some have yellow ones.

A few birds wear only plain black brown, or gray clothes, and never put any bright colors; others have dresses which there are many colors ming together, so as to make a very sho garment

The bluebird, which we often see in t summer, wears a dress which is almost blue.

A woodpecker, which comes about in t summer, and sometimes in the winter, a bright red cap, a blue-black coat, and nice white vest.

The blue jay wears a light blue her dress and a shawl of the same color. underclothes are nearly white, and overcoat, or cloak, is deep blue, with white border.

There are very many birds, and if keep our eyes open when we walk al the streets and in the fields, we shall some very beautiful dresses.

#### THE WASP AND THE BEE.

A wasp met a bee that was just buzzing And he said, "Little cousin, can you me why

You are loved so much better by peo than I?

" My back shines as bright and as yell as gold,

And my shape is most elegant too

Yet nobody likes me for that, I am told

"Ah, cousin," the bee said, "'tis all v true:

But if I had half as much mischief to Indeed they would love me no better you.

"You have a fine shape and a delic wing:

They own you are handsome, but there's one thing

They cannot put up with, and that is y sting.

" My coat is quite homely and plain, von sec.

Yet nobody ever is angry with me, Because I'm a humble and innocent b

From this little story let people bewar Because like the wasp, ill-natured they They will never be loved if they're so fair.