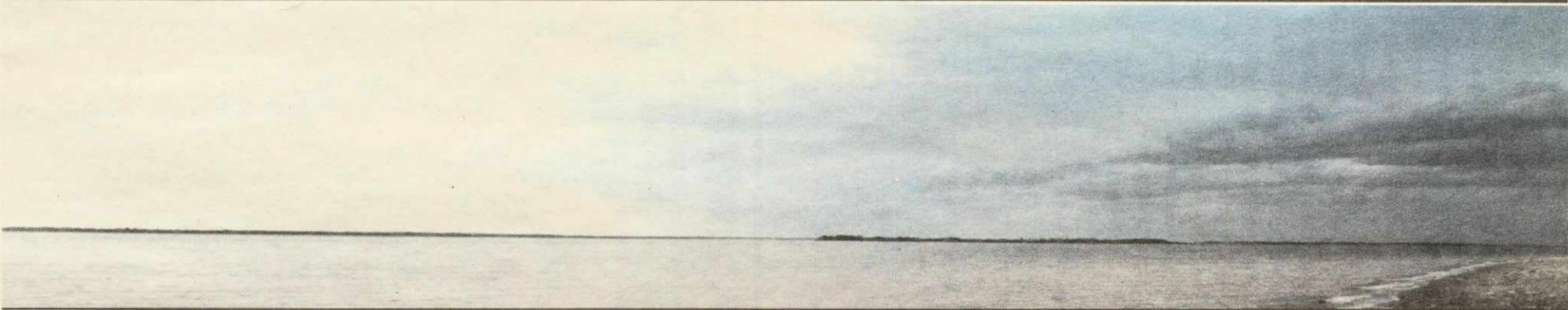




THE GAZETTE

Volume 132, Number 11. Dalhousie University, Halifax, Nova Scotia. Thursday, November 25, 1999.



Water, plus clouds, plus trees, equals another good picture. Wow.

photo by Jon Juan Elmer

Gay-bashings common say Dal students

Attacks reported as assaults, not gay-bashings

BY LEE PITTS

Dalhousie gay organizations say gay bashings are more common in Halifax than most people would tend to think, they just aren't as publicized as the recent attacks in Fredericton.

Kate Greenaway, president

of Bisexual, Lesbian and Gay Association of Dalhousie (BGLAD) says she knows of people who've been gay-bashed within the last few months.

Earlier this month a law student at the University of New Brunswick in Fredericton was severely beaten in what people are

dubbing a gay-bashing incident.

Robbie Peterson was on his way home from a downtown bar early on the morning of November 6 when he was attacked. Since that incident, there have been reports of another gay-bashing in the same city.

A 23-year-old man was

charged in the Peterson attack last week.

The gay-bashing has outraged many people in Fredericton and has been getting a great deal of media play, but Greenaway points out that gaybashings aren't uncommon in Halifax.

Fredericton wasn't an isolated case.

"It's not like this is an incident that only happens in Fredericton," Greenaway said. "We [BGLAD members] all know people who've been gaybashed in

continued on page 3

Violence against women increasing

BY AMY DURANT

Ten years after 14 women were massacred in a Montreal university, the Dalhousie Women's Centre is organizing a week of reflection in memory of this and other acts of violence against women.

The week began Monday evening with a screening of the movie "You Can't Beat a Woman." Suzanne LaPalante-Edward, a mother of one of the women killed in the Montreal massacre spoke to a small audience Tuesday afternoon.

Patty Thompson, director of the Dal Women's Centre says that while the turnout for the first event was high, there were significantly fewer people at the second event.

"The numbers today were a little lower than I would've liked," said Thompson. "But it's hard to schedule events for the middle of the day, everyone has different schedules."

The main focus of the week was held on Wednesday evening with a panel discussion on the question of violence against women and whether or not it has changed at all in the ten years since the massacre.

Dalhousie began holding a Week of Reflection three years ago in an effort to decrease violence against women.

"I think it's important for people to know [about what goes on]," says Thompson. "It's important for people to not become complacent about this issue."

Thomson says this week remains just as important as it was

three years ago. If not more important.

She says the incidences of violent crimes against women have increased recently. Many of which she says are not reported to the Dalhousie community.

"Violence against women has actually increased" says Thompson.

"This is a bad year for violence against women on campus [and] I don't think we don't hear about a lot of things that are going on. I [also] don't think the university is handling these cases properly."

Thompson is not alone in noticing the increase in violent occurrences.

Gina Granter, a third year English and Women's Studies student, says she's noticed the increase in violence within the Halifax community.

"In Halifax in particular, there seem to have been more attacks on women lately than I've noticed before and more reasons than ever to be careful."

Thompson refers to the recent assault on the Dal campus which she says is part of the larger picture.

"Increases of [these crimes] happening are an indication of greater society," said Thompson.

Granter says she is most frightened by what she finds is a lack of concern on behalf of many women.

"I think it's sad that so many women give little thought to the violence that surrounds us... just from the women I've spoken to, they don't seem to take it very seriously. That's the worst part."



photo by Ross Chapman

Rap the light fantastic: Rascalz do it right. Story page 12.

Nova Scotia suffers a shortage of nurses

BY CHRISTINE PRESTON

The Nova Scotia Nurses Union (NSNU) predicts a shortage of approximately 2000 nurses by the year 2003.

Registered nurses are concerned that this shortage will result in staff burn-out and patient safety issues. The NSNU has issued reports of exhausted nurses working overtime after finishing their regular 12 hour shifts. According to the NSNU, nurses have also been forced to work when they are sick due to staff shortages.

Nurses remain concerned about being able to provide safe care due to both decreases in staff,

and increases in workloads.

"There is nobody for sick calls and many of us end up working overtime, this leads to exhaustion and burn-out," said Greg Sampson, an employee in the IWK Emergency department. "Because of the exhaustion many nurses need more sick time and it becomes a vicious cycle."

The problem has been partly attributed to the reduction of full time nursing jobs, retirement of nurses, and a decrease in the number of new graduate nurses.

The migration of nurses to other provinces and countries has also contributed to this problem. Upon graduation, many nursing students are looking for employ-

ment in the States.

"We will not stay in a province to practice where we cannot work in a secure environment to provide effective and quality care to Nova Scotians," said Catherine Butler, President of the Dalhousie University Nursing Society. "There are not enough nurses working in full time positions in this province and casualization, burn-out, and a growing crisis in nursing supply is taking its toll on the ability of nurses to give the care to Nova Scotians that they are educated to provide."

Butler said that while many

continued on page 3

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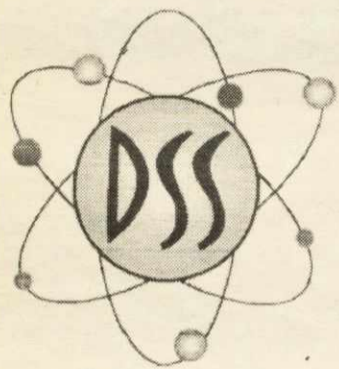
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New administrator, new name

Dal acquires VP Research

BY SHELLEY ROBINSON

Dalhousie is adding a new vice-president to its roster of administrators in an attempt to show it's a serious school needing serious money.

The new position, vice-president research, will start July

1, 2000.

The vice-president will help professors and departments find public and private funding for their research.

The new position combines the work of the current associate vice-president research and the research portion of the vice-president academic and research.

Sam Scully, current vice-president academic and research, says it's mostly a name change.

"The basic purpose is symbolic," he said. "Dalhousie is a research-intensive institution and we wanted to signal and confirm that fact."

Scully says most universities with significant graduate

programs have vice-presidents of research and that Dal's current associate vice-president research is more in line with schools that focus on undergraduate degrees.

And that's not the image Dal is trying to portray.

Scully also says the new position is more than a cash grab, though he admits there is always

room for more money.

"I think we always have to try to do more," he said. "We're having to work harder and harder to get the same research funding."

When the new position takes effect Scully will become vice-president academic and provost — provost signifying the position's seniority.

Gay-bashings common

continued from page 1

the last few months. It's not uncommon, it's just not publicized as the one in Fredericton."

Greenaway says most people don't know about Halifax's incidents because they're reported as assaults and not gay-bashings. Since the bashings aren't properly documented, "it's hard to keep stats," she said.

Caitlyn Hancey, a member of Dalhousie's HUMANS Against Homophobia (HAH), agrees. She says many incidents are reported as regular assaults because "the victims don't want it publicized."

She says many victims are afraid of retaliation.

But Hancey says homophobia in our society is a bigger issue than most people realize and it needs to be addressed. While she knows of cases of gay-bashing that involved a gay person being physically assaulted, she also sees gay-bashing going on everyday, most of which involves verbal bashing.

Her group, HAH, a working group of Nova Scotia Public Interest Research Group (NSPIRG)

is planning a display and a publication which allows people of any sexual orientation to communicate their stories of homophobia — dislike of homosexuals — and heterosexism — the assumption everyone is straight.

The project was well underway before the Fredericton gay-bashing incidents. Hancey says it's a sad coincidence.

Members of BGLAD are also planning on releasing a small publication of their own providing information about gay-bashing.

"I know that bashings are happening, but I don't know the numbers. [They're] not really well known [because] it's not properly documented," she said.

Greenaway believes the public needs to know that Fredericton wasn't an isolated case. Homophobia and gay-bashing are everywhere.

"I'm not downplaying the Fredericton [incident] at all," she said. "I think it was pretty serious and pretty upsetting."

Greenaway insists it's not the only case.

Police charge man in the attack of a UNB student

BY DAN MALONE AND JOSEPH W.J. FITZPATRICK III

FREDERICTON (CUP) — A 23-year-old man has been charged with assault causing bodily harm in connection with the beating of a University of New Brunswick law student.

The break in the case came just one day after Fredericton City Police announced they had a more detailed description of the person who attacked Robbie Peterson.

The person — whose name was not released — was described by police as a male in his 20s, weighing 160 lbs, standing 5'8" tall and wearing bright designer clothing. Crime Stoppers offered a \$2,000 reward for information leading to the arrest of the suspect.

According to news reports, police picked up the man walking on the street late Wednesday, November 17.

The Fredericton Police Force's Major Crime Unit is handling the investigation and will not release the name of the individual until he appears in court for arraignment.

An arraignment date has not been set yet.

Peterson, who is gay, was attacked early on the morning of November 6 on his way home from a downtown bar. He was beaten while his attacker hurled insults regarding Peterson's sexual orientation.

Peterson was struck in the face but managed to get a glimpse of his attacker.

The attacker left Robbie yelling "faggot, what's wrong with you?" The attack happened during a busy time of night with many people going to and from the local hotspots. Cars drove past and people passed as the attack happened. After the attack Peterson made his way to a phone and called for help.

The attack outraged the local community.

Friday, November 12, was no ordinary night in downtown

Fredericton, as a crowd of more than 200 braved freezing temperatures to protest Peterson's beating.

It was the largest gay rights rally in Fredericton in recent memory, eclipsing even protests against former Fredericton mayor Brad Woodside's refusal to proclaim Gay Pride Day.

Peterson, demonstrators claim, was the victim of a hate crime.

Organizers of the rally were primarily students of the Faculty of Law at UNB.

James Whitehead, a UNB postdoctoral fellow and long-time gay rights activist, said the rally was designed to focus the public spotlight on hate crimes. He also expressed concern that police do not record assaults targeted on the basis of race, creed, colour,

religion or sexual orientation as hate crimes.

"We can't expect the police to protect us, they may want to, but they can't be there all the time with their meagre resources," said Whitehead.

Moments before 10 p.m. on the day of the rally, as protesters huddled to stay warm, Peterson arrived. Speaking to the media he expressed his gratitude for the support of his friends and the community as a whole and said he was physically recovering.

Peterson grew up in a large city on the American West Coast where, he said, diversity was appreciated. He picked up on his story and wants to get the word out because he is "terrified that it could happen to someone else."



Robbie Peterson, a law student at the University of New Brunswick was brutally assaulted on November 6, in an apparent case of gay-bashing. A 23-year-old man has been arrested.

Nurse shortage

continued from page 1

graduating nursing students want to remain in Nova Scotia to pursue their career, the shortage makes other areas more appealing.

Although the Conservative government focused on the shortage as part of their summer election campaign, the NSNU says little has been done to rectify the situation.

The NSNU estimates that 650 new full-time nurses will be needed.

Health Minister Jamie Muir stated that the government is working on the problem, but they still need to assess the number of nurses required.

"There have been about 130 new nurses hired or converted [from] casual to full time," said Muir. He also stated that the government made a commitment to increase the number of positions in the Dalhousie and St. Francis Xavier Universities' Schools of Nursing by 75 seats, as well as advertising for nursing positions in the paper.



Somebody peed in the pool

Just a month after its official opening, Dalplex was not open to the general public. Rumors were circulating around campus about why exactly Dalplex couldn't be used by the student population. Some of the rumors included polluted water in the pool to leaks in the air system.

The women's swim team was able to use the pool and due to an irrevocable commitment, the Atlantic tennis Tournament was held at Dalplex.

Benefits of oppression

Marxist-Leninists prepared for a conference called Who Benefits from National Oppression. There was a voluntary fee of \$1,

the conference was part of the organization's sixth anniversary.

Power Mongers at the DSU

Student senate members Board of Governors members were given voting privileges in Dalhousie's student council. Senate rep Gord Owen who brought the motion forward was surprised to see it passed so unanimously as it had been shot down several times before. Fellow rep Andras Vamos Goldman stated the reason for the changes was because the council was less pretentious than in previous years, and less power hungry.

Star Trek more important than homework

Things all began going downhill when the Dean of the Chemistry department found himself in the middle of a fight with a bunch of trekkies playing Star Trek in the computer terminal and monopolizing use of these computers. Students and faculty complained of an increase of abuse of Dal computer labs by individuals playing computer games on computers which were reserved for work. What made this so upsetting was that none of the players ever got past level two...

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\$120 -130 million in fed money for student debt

BY GORDON LOANE

FREDERICTON (CUP) — Leaked federal documents obtained by the National Post indicate Ottawa is considering spending an additional \$120-\$130 million a year on student loan programs.

But Sam Saintonge, president of the University of New Brunswick Student Union, says the new spending will only help students if the federal government increases student bursaries instead of just upping the maximum student loan from \$12,000 to say

\$15,000 a year.

"If the extra money is in the form of student bursaries, perfect," said Saintonge. "If it is in the form of basically upping the maximum loan limit per year, that would not be welcome at all."

According to 1998 Human

Resources Development Canada figures the average student debt load upon graduation in Canada is \$25,000.

Saintonge says new statistics provided by the New Brunswick government to the New Brunswick Student Alliance, a

provincial student lobby group, paint a grim picture about the number of students who must incur a large debt load to get a university education.

"In 1992-93, there was one student in New Brunswick with a debt load of more than \$30,000 upon graduation, but last year some 495 students had debt loads in excess of \$30,000 upon graduation," said Saintonge. "Not only are students indebting themselves, but they are indebting themselves a lot more."

The student union president adds that tuition increases have been a regular fact of life for students for many years.

According to Statistics Canada, tuition fees across the country have increased by 126 percent since 1990. Federal figures also show that, on average, tuition in Canada has increased at a rate of nine percent annually over the last five years.

Saintonge also says a new trend seems to be developing. "Students are taking longer to finish a university degree than ever before now because they have to work part-time in order to pay the bills and wind up taking only four courses per term instead of the usual five or six courses," he said.

"The net result is that students will spend more to get a university education with the potential impact of greater indebtedness."

Martin refuses request to eliminate GST on textbooks

BY GORDON LOANE

FREDERICTON (CUP) — Federal Finance Minister Paul Martin has refused to eliminate the seven percent goods and services tax on university and college textbooks.

Sam Saintonge, president of the University of New Brunswick Student Union, was one of 30 Canadian Alliance of Student Associations' (CASA) lobbyists who met recently with Martin in Ottawa.

"Martin told us that if he eliminated the GST on textbooks, then he would have a flood of requests from other groups seeking a similar benefit," said Saintonge.

The federal minister, however, did open the door to the possibility of providing university

students with a benefit in another program that could equal the amount Ottawa currently collects from GST on textbooks, said Saintonge.

Saintonge added CASA delegates from the Maritimes were hoping the federal government would follow the lead of provincial governments in New Brunswick, Nova Scotia and Newfoundland, which do not charge taxes on textbooks.

CASA delegates also asked Martin to reinstate federal funding to the provinces for post-secondary education to the levels provided in 1995.

"We asked the Minister to put back the \$3.6 billion that has been cutback since 1995 which has resulted in huge tuition increases for students," said Saintonge.

Students were also looking for improvements to the Canada Student Loans program.

"We have asked that interest rates on student loans be kept at prime plus one percent for floating rates and prime plus two percent for fixed rates," he said.

Saintonge said the delegates asked Martin to come out against inter-provincial differential tuition fees that are currently in effect for Canadian students from other provinces studying in Quebec.

The Student Society of McGill University is currently challenging the Quebec government's differential tuition fee policy in the courts.

A similar move was studied by the British Columbia government but recently rejected.

Saintonge said he came away from the meeting with

Martin with the impression that the federal minister is worried extra money from Ottawa for the provinces for post secondary education may not necessarily go where it should.

"I think the federal minister is concerned that the provinces in some instances might divert the federal money to other purposes such as road construction," said Saintonge.

The weeklong Ottawa lobby trip also featured meetings with at least 100 members of Parliament from each of the federal political parties, as well as senior bureaucrats with Human Resources Development Canada and the Millennium Scholarship Foundation.

CASA is set to launch a national education campaign on November 17.

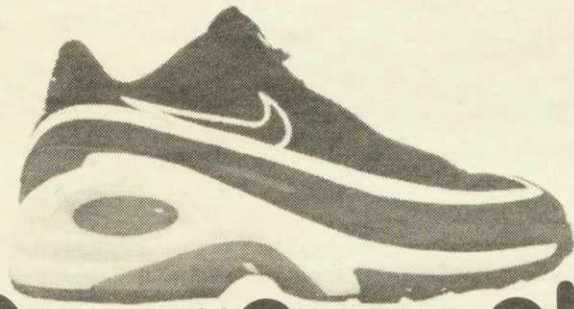
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CHRISTMAS

SCIENCE & ENVIRONMENT



Nike, environment, and social activism in one breath?

BY MELANIE WRIGHT

The shoe distributors known as Nike have been at the centre of critical evaluation over unsafe working conditions for employees as well as harming the environment. The Nike corporation has about 500 plants in 45 countries including Japan, Thailand, Indonesia, China and Korea. The indigenous workers, mostly women, are apparently paid a wage which is normal for their country.

In response to criticism Nike has openly accepted their plan for "Corporate Responsibility" to address social and environmental concerns.

I attended a seminar on the issue at the School for Resource and Environment Studies (SRES) entitled "Nike and the New Environmental and Social Activism," with speaker Scott Wood. Having no clue whether Mr. Wood would take a pro or anti-Nike

stance, I expected and prepared myself for an evening filled with facts on Nike's atrocities against the environment and its employees. But my assumptions were wrong — the seminar took a positive approach.

Scott Wood has been at Dalhousie since 1964, and is a professor of Environmental Studies. Interestingly, he is also on the board of directors for Nike Canada.

According to Mr. Wood, Nike has recently been working on improving the methods used to make their running shoes. Since 1994, Nike has banned the use of solvents Benzene and Phenol, which are known to give off harmful toxic vapours. Wood claims that "80 percent of the solvents used in [new production] processes are water based," while prior to this change in production, volatile chemicals were used instead.

Other steps towards helping the environment have also been adopted. Shoes are now recycled, and made with new materials that will break down easier. Apparently, parts of used sneakers have been broken down and reused in furniture and the flooring for playgrounds.

Obviously, it would be somewhat difficult for Nike to perfect all their products in all their factories given the size of the corporation.

Nobody is perfect. However, that cannot be an excuse for pollution. Wood recognized problems with overseas environmental standards, as companies must comply with regulations within each country in which they are located. That itself can be a problem, especially when some companies take advantage of lacking environmental standards in foreign countries.

In the increasingly global economy "government has less and less ability to control the companies which have no mechanisms of accountability" said Wood.

This is essentially why the average person can make a difference. Since not all companies have strict environmental standards, protests can be effective in changing their practices. Protesting can be in the form of writing to the companies to show your concern for environmental degradation. Also, a company can be hurt in the market place. If people simply refuse to buy products that are not environmentally friendly then companies will have no choice but to change.

According to a pamphlet I reviewed from the seminar, Nike is reviewing all their products and assessing their impact on the

environment and on society as a whole. In addition to the current policies, Nike also has a Forest Resources Policy. They claim that they avoid purchasing wood or paper products from "native old growth or frontier forests." It appears that Nike's action on environmental issues is not as narrow as some might think.

Though the seminar focused more on social issues than environmental issues concerning Nike, this was mostly due to the content of audience questions. Despite this, I left the seminar with the sense that Nike is progressing in the environmental protection department. Perhaps the extensive public criticisms of Nike's previous atrocities has served to head Nike in a positive direction with respect to the environment.

Yet, many people are still very critical of Nike's actions. The internet is saturated with sites which are decidedly anti-Nike. People claim that Nike's environmental and social activism campaign is simply not up to par.

However, in the words of Wood, "Nike pledges to respond fully and completely to any complaints. I think Nike is doing a good job in addressing issues." But then again, he is on the Nike board of directors.




DID YOU KNOW?

Even though there is a special *Gazette* Buy Nothing Day feature out (shameless bit of advertising there) — I figured that you just can't get enough of a good thing. So for this week's tip on how to tread lightly upon the earth, here's some suggestions for pro-Buy Nothing Day activities:


- how about not buying anything? Become conscious of your consumer excesses, and then exercise your consumer power.
- write a letter to any of the many 'corporate evil-doers' to let them know you'll be boycotting their products because their poor environmental/employment/social justice standards.
- if you feel strongly about quashing our culture of consumerism, plan a Buy Nothing Day action — it's all about creatively cultivating consciousness around the issues.

But most importantly, take a long hard look at how much you buy, what you buy, and who you are buying it from. Think about where you could decrease your consumption to save the earth and a human culture free from corporate control. Choose alternative products to encourage a shift in societal meaning.



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 Your Father's Moustache Pub & Eatery, 5686 Spring Garden Rd. layout

Check out a complete listing of participating bars the third Thursday of each month in *The Chronicle-Herald*

A little harder than it seems

And so this Friday is Buy Nothing Day.

People have been talking about it a lot at *the Gazette* office lately. And I have been silent most of the time during these conversations. Not because I'm not interested but because I never really felt as though I completely understood the concept of this day.

But it's not a hard concept to understand. Don't buy anything for a 24 hour period. That's the essence of Buy Nothing Day.

But there's really so much more to it than that.

There are of course questions that Buy Nothing Day forces us to ask ourselves. I know if I were to buy anything this Friday I'd feel guilty without really knowing why.

Supporters of Buy Nothing Day tell us to re-examine our buying habits. As North Americans, we represent 20 percent of the world's population but consume 80 percent of the world's resources. That's the statistic I find most frightening.

So we are urged to examine our lifestyles. Think about what we're doing and what we're buying.

And then supporters of Buy Nothing Day are saying that at the end of the day if we find that there's a problem, do something about it.

Cut back all excess consumption by ten percent.

I took the plunge and had this conversation a few minutes ago with some people about Buy Nothing Day.

"What if it was a Buy Nothing Week?" one of them asked.

And he answered himself. "We'd be screwed."

And then there is the whole problem of defining what exactly excess consumption is?!

He looked at me.

"Does that mean not looking at the Lexus car, and instead looking at a Geo?"

The concept of not consuming for a 24 hour period is bad enough. But trying to imagine cutting back things within life or even the concept of not buying anything for an entire week are seemingly impossible.

He insists it's impossible.

I'm finding it a little bit scary that the idea of not buying anything is so horrendous for so

one that is widely publicized and discussed and the other that is talked about in quiet, dim corners.

The first says that Buy Nothing Day is a reaction to our increasingly consumerist society.

Multi-million dollar companies produce goods and convince us that we need all of these things to make our lives just a little bit better and a little bit more complete.

They tell us we're being controlled by corporate bigwigs who sit in their offices and direct society. They have the money and the power to control not just various, but nearly all, aspects of our lives.

It's a frightening concept, and makes people angry to admit that they may be controlled by a select group of individuals.

And then there is another concept, which is perhaps less discussed and less accepted.

It's just the flip side of the first concept.

It says that corporations are producing all of these consumer goods because there is a need for them. There is a demand.

Ever walked past an empty, but open, McDonald's?

The whole thing about this concept is that it forces us to lay the blame on ourselves.

It's so much easier to lay the blame at someone else's feet.

I'm not saying one concept is more justified than the other.

They're both equally as frightening.

Amy Durant

EDITORIAL

many of us.

So I do what I always seem to do and put a human edge to it. And maybe that's just my way of making it easier for myself. Or more difficult, depending on how you look at it.

I'm buying products and clothes and CD's and whatever else I choose to buy, and yeah, that's totally giving into the Man.

But every store and every service and every place that sells me something employs someone, employs a few people. And so buying nothing won't just hurt me or make life difficult for me, it'll make it hard for that student trying to pay their tuition, or that single mother, or the 16-year-old kid who is so proud to be able to have their own money for once.

So what can we take from this?

As I understand it, there are two sides to Buy Nothing Day,



Correction:
The letter to the Editor in last week's issue of *the Gazette* was written by Billy MacDonald, Red Tail Nature Awareness Camp Scotsburn, Pictou County, N.S.

THE DALHOUSIE GAZETTE

Volume 132, no. 11

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The *Gazette* welcomes letters to the editor and commentary. Up to four letters will be printed per week. The printing of additional letters will be at the discretion of the Opinions Editor. Letters may be edited for length above 300 words and we reserve the right to edit commentary.

All submissions must be typed double-spaced on paper, e-mailed, or on a Mac or IBM 3 1/2 inch disk, in a WP version not greater than Word 6.0 or equivalent. The deadline is Mondays at 4:30 p.m.

Founded in 1869 at Dalhousie College, the *Gazette* is Canada's oldest student newspaper. With a circulation of 10,000, the *Gazette* is published every Thursday by the Dalhousie Gazette Publishing Society, of which all students of Dalhousie University are members. The *Gazette* exercises full editorial autonomy and reserves the right to refuse or edit any material submitted. All editorial decisions are made collectively by the staff. To become voting staff members, individuals must contribute to four issues. Views expressed in the *Gazette* are not necessarily those of the editors or the collective staff. Unless otherwise noted, all text © 1999 the Dalhousie Gazette Publishing Society.
ISSN 0011-5819

LETTERS

More to 'Raves'

To the Editor,

I must say that I was quite pleased to find such a thoughtful piece as Glen Arseneau's "Rave" nestled within your pages. I was less pleased when "an honest look at love, sex and romance" turned into an opus for abstinence. Perhaps we should be thankful for this diversity. Diversity being one thing, tripe and prattle another. All told in the singular case of the rave article, there was an admirable attempt made to look beyond the surface of a persistent youth culture. However I do feel compelled to challenge a few of the assumptions presented there.

The first generalization is that "we are lost (because)...we are being force-fed anti-drug propaganda sprinkled with commercialism". If we treat Mr. Arseneau's perspective as valid regardless of his tenure in the rave scene — a stance which incidentally reflects the hollow raver acronym (PLUR) — then we are left with only the inconsistencies of his text. The argument seems to be that we've "lost sight of what's important" because a lot of people (including corporate interests and Mr. Arseneau himself) have jumped on the bandwagon and because the media have taken notice. Or perhaps we are lost/have lost sight because the various business interests and the media have portrayed the scene in a facile fashion. With regard to Arseneau's loose anthropological argument I must say that I generally agree with his tribal convictions.

Let me put it straight. Having been involved with this DJ/dancing culture since before there were actual raves in Halifax, I must say that I never really saw the virginal innocence that was attributed to our big/little scene. In ways, yes of course I could see something very vibrant and auspicious, but in other more tangible ways I saw only seediness and decay. What is more frustrating is a culture that fails to generate any sort of meaningful counter dialogue, or in this case an argument against prolonged bouts of hard drug use.

Don't get me wrong, I love the stuff but the utter lack of straight talk is dismaying. Simply put, the best intentions of independent writers such as Mr. Arseneau and the Coast's Ara Finlayson come off about as mawkish as the vocals on a sweet disco house track — that is to say feeble or insipid. At very best we might think of the bacchanalian frenzy of a rave as a glimpse into but not a viable path towards ultimate reality.

Heraclitus the pre-socratic philosopher spoke on this very topic when he said "do not revel

in mud". That is to say that those who would claim to have cleansed themselves by bathing in wine, blood or sweat stained halter tops, are in all actuality just getting dirty. For all of the quasi spiritual currents banded about in rave culture there is a fundamental disregard for the sheer self-absorption and delusion that this kind of exposure to hard drugs brings on. This is not to say that self-absorption is fundamentally a bad thing — I've rode that bus a million times — but let us not call it sacrifice when it is more truly indulgence. Much of what goes on at raves only serves to add more needless layers to our personality and to further insulate us from our own basic goodness.

In a really decent way Glen seems to be choking on what he means to say, for that I must applaud him. The relationship between corporate interests and youth culture bears much looking into.

Mr. Arseneau would do well to remain highly skeptical. In a certain sense what is most interesting about rave culture and electronic music is how it has ruptured the tidy circle of mainstream radio and video programming. It is hard to conceive of how one could track the economic vitality of the "industry" in terms of gold records and units sold. The whole ethos of actively participating and attending to music runs dead against the passive pulp of rush hour radio.

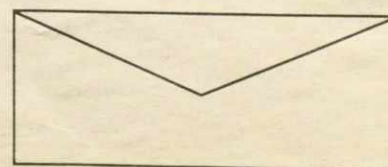
In a way it is not unlike what Chogyam Trungpa Rinpoche, the founder of Shambhala buddhism, described as the reaction of the setting-sun world to the Great Eastern Sun. A biographer of Trungpa Rinpoche's put it this way:

"The flat world does not wish to be perturbed. All of society is banded together on this point. Spirituality, or religion, is granted a reserve but if it steps beyond its stately petty precincts, it has to face the lynch. Just ask Jesus."

Oddly enough there are generations such as our own when spirituality again becomes the vogue. "It's a kind of jacuzzi spirituality, which makes you feel good, even glamorous, and it doesn't undermine the dearly beloved reference point of ego." Who could deny that the overriding sentiment at a rave is that "this is happening to me, I mean this is really happening to me!" I guess what I'm trying to say is that raving feels to me like a kind of jacuzzi spirituality, and I think you'll agree with me. While it is tempting to make much of all the pretty lights and colours it's probably best if we leave that one well enough alone.

Luke Bowden
Spun Communications
coolhand@canoemail.com

Comments?
email your comments to:
gazette@is2.dal.ca



OPINIONS

Toronto's sexual assault squad discouraging for survivors

BY DIANNA DIMOU

TORONTO (CUP) — The sexual assault squad of the Toronto police investigates only 4 percent of 1,600 reported attacks each year. Of the 1,600, only 70 incidents are dealt with.

The squad's mandate is restricted to investigate stranger-to-stranger assaults that involve penetration and attempted penetration, even though most sexual assaults are committed by someone you know.

In fact, half of all sexual assaults are committed by heterosexual men who are known to the victim.

Men who commit sexual assaults are from every type of background: husbands, boy-friends, co-workers, boy-doctors, lawyers and even teachers. It seems that these facts contradict the squads mandate because they only investigate assaults that are stranger accounts.

It's very upsetting because survivors of sexual assault may be discouraged to come out and seek

help, due to the lack of concern for the majority of the victims.

Survivors will not feel confident to come forward, because if they weren't assaulted by a stranger then their cases will be put aside while the stranger-to-stranger assaults are dealt with.

They are sending the wrong message to the survivors who already feel discouraged to talk about what has happened to them. If they continue to narrow their investigations then fewer survivors will come forward.

The system is failing and it

can cause many to go untreated for their physical and psychological problems, which will effect them in every aspect of their lives. If the sexual assault squad doesn't help then someone else will.

For this reason the Sexual Harassment, Education and Complaint Centre (SHEACC) realized a need to have an emergency service available to survivors of sexual assault.

This need created The Sexual Assault Survivors Support Line (SASSL) in 1995, which is located at York University. SASSL

exists to provide unbiased peer support and referrals to survivors of sexual assault.

The sexual assault squad needs to change the way they investigate sexual assaults. We need to encourage the survivors to express themselves and come forward because someone does want to listen.

If the system can't be beaten we as a community have to provide for those that need it. It makes you wonder why sexual assault is one of the most under reported crimes.

CHUCK WAGON BY CHARLES LACERTE

Once again, the holiday season will soon be upon us. It is a time for celebration with friends and family as in the past, food will play an important role. Entertaining does not mean you have to spend hours in the kitchen before and during the party. It is the people that make the party. The food is second so one can entertain with chips and dip or pate and toast points and still have a great time enjoying the company of their guests.

If dinner is in your plans, then try to make as much as possible ahead of time and just reheat for the meal or volunteer your guests to each bring a dish which you coordinate, so you don't end up with all desserts and no vegetables. Another solution is as meal time approaches, have guests help in the kitchen with one person mashing the potatoes and another making the gravy, etc.

Food also makes a great inexpensive homemade gift. Cookies or candies given in a pretty box or wrapped up are always popular and appreciated. But during these days of revelry, one should not forget the true meaning of Christmas, as Ebenezer Scrooge experienced. It is a time of kindness and sharing with those who have a little less and doing what we can to help. Happy Holidays!

SHORTBREAD

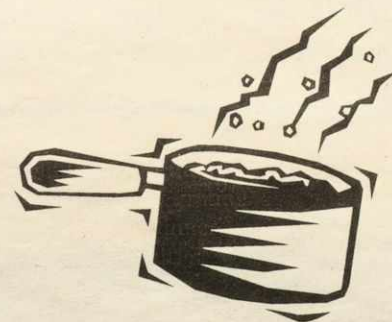
- 1 1/2 cups unsalted butter, room temperature
 - 3/4 cup powdered sugar
 - 2 teaspoons vanilla extract
 - 2 teaspoons almond extract
 - 3 3/4 cups all purpose flour
 - 1 1/4 teaspoons salt
- (makes 6-8 dozen)

In a large bowl, beat butter until light (2-3 minutes). Gradually add the sugar while still beating. Beat in the extracts, add flour and salt and stir until just combined. Divide dough into two flattened disks, refrigerate for 1 hour. Roll dough on floured surface to 1/8", occasionally lifting it as you roll it. Cut out desired shapes. Bake at 325 degrees F, on heavy baking sheets lined with parchment paper, until done (5-15 minutes depending on shapes used.)

Margaritas in a Big Pot by staff

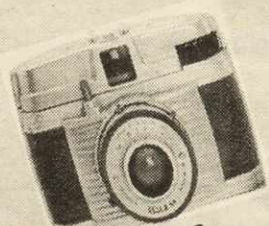
(for when your blender conks out on you)

Don't have a blender but want to have a margarita party? Don't panic. Get a big metal pot, a bag of ice from the local corner store, some tequila, triple sec, and frozen juice mix — lime is good, or whatever suits your fancy. Triple bag the ice and bang it repeatedly on the floor until it resembles something like slush. If you have people below you that might be annoyed, you should probably warn them ahead of time, or take it out to the sidewalk. Keep extra plastic bags on hand because some of them will probably break. Dump most of the ice into the pot, add about a half to three quarters of your bottle of tequila, two or three shots of triple sec, and keep stirring in frozen juice until it tastes good. You can try out other things, like Rose's Lime Cordial or grenadine. Be experimental.



Submit your

POTW
PHOTO OF THE WEEK



Snap happy!

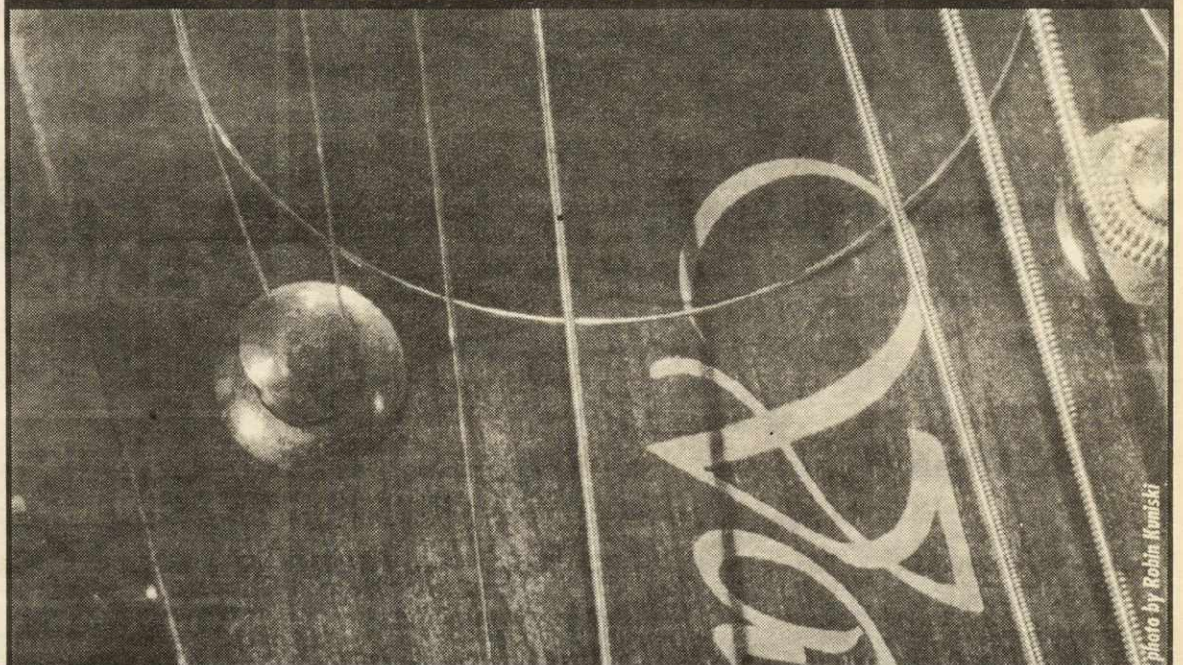
Drop off
photographs
to room

312 SUB anytime.
POTW gets free car every week*!
(drop-off box on the door).

* This offer will not be honoured under any circumstances

THE GAZETTE

PHOTO OF THE WEEK



"What the hell is this?"

Photo by Robin Kimiski



INTERVIEWS BY KATIE TINKER. PHOTOS BY LEE PITTS

If you were on the TV show "Who wants to be a millionaire" and had a tough question, who would you call, and why?

"I'd probably call my comparative religion prof, Tom Faulkner. He's a historian — he's really smart, he knows lots of interesting tidbits."

May Chow,
4th year Comparative Religion,
New Glasgow, NS



"A smarter version of me. He'd know everything."

Fareed Kanji,
1st year Science, Toronto, Ontario



"I'd call my brother — he's a wealth of knowledge."

Jihan Mansoor,
3rd year Pharmacy,
Antigonish, NS



"I'd call the professor from Gilligan's Island, 'cause I hope he knows more than me."

Ahmed Ghaly,
1st year Science, Halifax, NS



"My God, I can't think of anyone! My mom, 'cause she's a prof at Dal."

Moneesha Sinha,
4th year Science, Bedford, NS



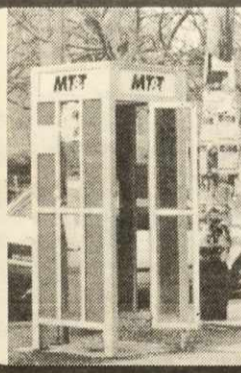
"My mother — she's brilliant, she knows everything. I'm going to show her this issue!"

Cari-Anne Ackland,
3rd year IDS / Spanish,
Greenwood, NS



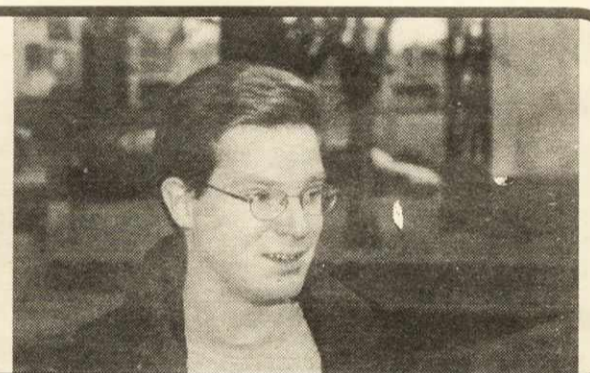
"Please hang up and try your call again. This is a recording."

Phone Booth,
Halifax, NS



"Alex Trebek — even if he doesn't know the answer, he hosts Jeopardy [and] he has cue cards."

Vincent Keating,
4th Year Economics,
Dartmouth, NS



FAMOUS PLAYERS
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Matinees, & Mon. - Thurs. evenings \$5.75, weekend evenings \$9.00

Anywhere But Here (PG)
Fri. - Tue. 1:05, 3:40, 6:40
Wed., Thurs. 6:40 only

The Messenger (R)
Fri. - Thurs. 9:30 only

Pokemon (G)
Fri. - Tue. 1:50, 4:15, 7:10
Wed., Thurs. 7:10 only

American Beauty (AA, SC, MSM)
Fri. - Thurs. 9:10 only

End of Days (R)
Fri. - Tue. 1:20, 4:10, 6:50, 9:40
Wed., Thurs. 6:50, 9:40

Sleepy Hollow (AA, VS, BL)
Fri. - Tues. 2:00, 4:30, 7:30, 10:05
Wed., Thurs. 7:30, 10:05

Toy Story 2 (G)
Fri. - Tues. 1:10, 1:40, 3:50, 4:25,
6:45, 7:20, 9:15, 9:45
Wed., Thurs. 6:45, 7:20, 9:15, 9:45

The Insider (AA, OL)
Fri. - Tues. 1:30, 5:00, 8:00

The World is Not Enough (AA)
Fri. - Tues. 1:00, 4:00, 7:00, 9:55
Wed., Thurs. 7:00, 9:55

Holiday Gift Certificates in \$5 and \$10 denominations

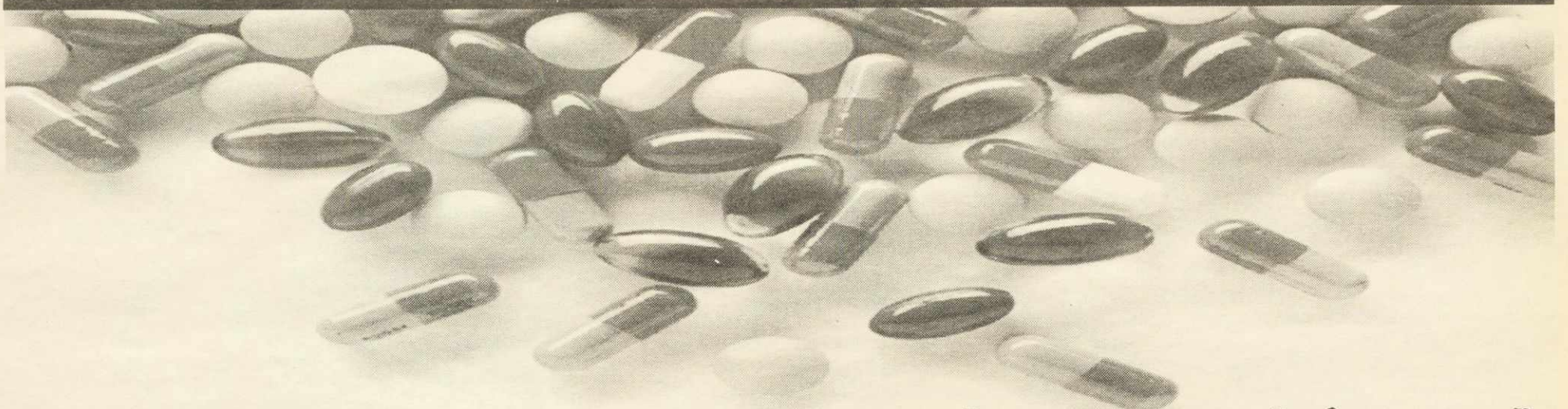
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The diary of a dope fiend

BY MATT EISSES

Entry into this article requires the clarification of a number of points so that you may read this account with understanding. First of all, this article will bring you into a world where the rules and regularities of everyday life no longer apply. The exact date this experiment began is uncertain. However, I can estimate that it was in the vicinity of October 21, 1999 and continues to this very day.

The journey in question, was not a physical journey, but a mental one that was induced through the consumption of a large quantity and variety of legal, as well as illegal, intoxicants. I observed the test subject, listened to his thoughts, and tried to understand where he was coming from.

The particular names of the substances consumed and their 'true' results (not the bullshit propaganda that the government feeds you), will be explained as they are relevant to the journey.

The entrance of this binge of exploration began at the crack of dawn, with a 26oz bottle of whiskey. Our faithful lab rat made a habit of starting his morning with a strictly whisky diet, and so begins the affair.

The effects of alcohol, when examined from a 'sober' standpoint, should be anything but desirable. It impedes motor skills, inspires stumbling, hinders reflexes, and causes one to slur. However, alcohol is an entertain-

ing buzz, acts as a good lubricant in some social situations, and is the only substance that brings people closest to their primal state.

Now that our farm-boy/test subject has detached himself from the anguish of humanity by releasing the drunken beast within, he feels he should heighten and sharpen his perception. Not to mention the fact that he was heavily burdened by the need for alcohol-induced sleep.

This is accomplished through the consumption of what are commonly called Magic Mushrooms. Magic Mushrooms contain a mild poison called psilocybin. When this poison is ingested, the body begins to fight back. The poison seems to hone his perception as sharp as a razor. It allowed our farm-boy, as he explained, to see the hidden intentions of those around him. He could read through any lie. He understood the subtlest body language as if it were crystal clear speech. The realization of this heightened awareness was a new experience for our once ignorant cowboy. The myths of grand hallucinations and magical journeys into Never Never Land were uncovered, and the true power of this magical plant was released. In order to compose yourself on these mushrooms, it seems, you must be able to handle the onslaught of information. Otherwise, your head is a jumble of unorganized thought. Apparently,

In his haste to stumble through a sea of self realization,

he turned away from the natural gifts that the great mother had provided, putting his Magic Mushrooms aside, and decided to delve into the realm of synthetic chemicals.

The primary one carries the name of ecstasy. The name of the drug is not a misrepresentation of the effects that it entails. Imagine a state of mind, where every sense is at its peak sensitivity. Every touch, every sound, every taste, every smell and every single solitary glint of light can cause the body to team with an obscene abundance of pleasure. It is, in every sense of the word, 'ecstasy.'

But, dear reader, this is only the entrance. Our subject used these merely as a vessel to the obscure. A warped look at everyday life.

He indulged in acid, or LSD, if you prefer. The drug of champions, a mind game for the masses. LSD is a nasty toy, and if not used carefully, has the ability to render the mind lost. Being a volatile type of drug, it is not to be taken lightly. In this case, our farm-boy was careful. Small doses at a time — always small doses at a time. His mind expanded to great lengths, exposing the evil side of himself, as well as those around him — truly a learning experience. Usually this is not a very serious problem, but with the amplified energy that LSD entices, many a problem arises with our test subject.

Marijuana shall be added to the list. Almost every drug user — or abuser — uses marijuana on a regular basis. Our weak and

indulgent pawn is no exception. Marijuana contains a drug called THC, which numbs the brain, and the senses. Marijuana is the prime substance for relaxation, and our friend is always up to relaxing.

As the night progressed, the quantities increased. As he became more accustomed to his heightened state of awareness, he learned many new tricks, and many new lessons. Excessive drug consumption can be a learning experience, it seems.

Our trusty cattle-rustler also met many new and exciting faces through the course of this transition. Some of them brought gifts, others painful revelations, and some of them brought both. Some of these faces, and the actions they undertook, are important and relevant to my intoxicated companion's tale and lessons, or so he has told me.

He told of a love tale, one woman, two men. The woman came between the men, and the men confronted each other. Our chemical-processor of a subject relayed this to me in fairy-tale-gone-bad way. A drunken fight over a girl became a multi-layered microcosm for human nature.

He also told me of another betrayal. Two friends who let alcohol and their desire for sex come between them. A more melodramatic and detailed perspective of an every day occurrence.

The journey is almost at an end...or is it? Will our battered and weary farm-boy slowly fade back into the 'sober' world, or is there anything left of that 'real'

part of him. Can someone transcend drug abuse like this and ever live the 'sober' life?

His soul has been purified and his life has been changed, he tells me. He has learned the penalty for foolishness and laziness, and the jumbled abundance of information one sees through a veil of recreational drugs. When we allow ourselves to be foolish and do not notice what is happening around us, we will miss great opportunities, lose wonderful changes, and always wonder why life seems so difficult and unfair. Inhibitions are what keep people from being unhappy.

There are no exceptions to these rules, we can all be great people. We can all do great things. We just have to do them, and stop thinking that we can't. Regardless of any other consequence, people should live as they see fit, barring of course anything that will undermine basic morality. See things as they truly are, and be truly happy.

And remember, our intuitive back-woods chicken chopper is always watching, listening, learning, tripping and always thinking exactly what is going on.

Ladies and gentlemen, you may not have learned anything in this story, but maybe that is the point. I know I have.

To be continued?

This story is not necessarily a reflection of the views of the Gazette. It is a true account, as disturbing as it may be, but we do not encourage the use of drugs, er... hard drugs.

Looking for a transcendental, transpersonal experience

A week without food - a Dal student's attempt at fasting

BY G. GRAHAM SIMMS

Last week I began a fast to cleanse my body and mind. I consumed only a mixture of water, maple syrup and lemon juice. This is sufficient to live on for a few weeks, with the syrup providing sugar energy to keep me propelled, and the juice providing essential vitamins. In addition, I consume my usual daily dose of Ginseng-Guava Jelly, Ginko-Biloba (provides oxygen to the brain), Kava-Kava (stress relief) and a multi vitamin.

Monday — Immediately I was hungry and my stomach was growling. My first cheating was

rationalized by telling myself that I needed to sample the gallon of humus I was making in case there was not enough garlic. Later that night I covertly ate a chocolate bar in a corner of my room, chewing quietly so my roommate would not hear.

Tuesday — Stopped feeling hungry. Consuming large amounts of the syrupjuice mix. Stealthfully eat one bite of lasagna. At least its organic and vegetarian, I say to myself.

Wednesday — Still not physically hungry, its more of a craving for a sweet, or fatty taste in my mouth, not in my stomach, which is full of the mix. The maple

syrup (I'm drinking three quarters of a bottle per day) is giving me a lot of energy. This and the increased effect of ginseng in my empty stomach makes me speedy and wired all day. My co-worker catches me dancing in the walk-in freezer.

While I'm making dinner for two friends, I have an olive, one I found at the bottom of a martini. Tomorrow is a holiday, which is a good thing because the next morning I feel like I drank five martini's.

Thursday — Day four. Body feeling slow until I get it jacked up again on the sugar/ ginseng/vitamin fix.

Friday — Day five. Begin to feel hungry at a cellular level. There is a slight ringing in my ears. I fight contemplating ending the fast. My mind automatically comes up with a thousand reasons why I can end it early. It would be so easy. Cheeseburgers appear in my minds eye,

and I dream of them in carnal and graphic ways. That night I tempt myself by going through the drive through of McDonalds, but my will-power prevails.

Saturday — For the past few days I have been very aware, sensitive and stimulated. My vision and hearing seem sharper, richer. I feel detached from all physical desires, my will-power seems strong and I get a lot of work done. But I realize that my will power, like that of most people, is weak. My flesh is weak. I have cheated every day of the fast. But the bizarre thing is that I hid it from everyone, even lying to myself with endless rationalizations.

I find that I have a lot of extra time since I'm not hunting down my next meal to feed my face. Certainly we eat largely out of habit and pleasure rather than necessity, but I do miss the ritual and social aspects of preparing food and eating with friends.

Sunday — Finally the experience I was hoping for — a transcendental, transpersonal experience. It was more mild than those I have had before, but those were usually under the influence of psychedelics, to experience man's fundamental, timeless interconnectedness with nature. This time I may or may not still have been under the influence of a puff of smoke. Basically, while I was falling asleep and my brain cycles began to slow down, my consciousness remained alert. This is not that unusual, many people have experienced it, where essential truths are briefly realised, and aspects of the universe may unfold and be understood on a cosmic scale only to suddenly fold right back up and be instantly forgotten. Attempts to describe the brief state of illumination are usually in vain, incomprehensible and contradictory. It can only be experienced.

Anyone can dance

Changing the way people think about body image in the dance world

BY KATIE TINKER

The row of rusty old scales in the girl's washroom at the National Ballet School of Canada made Kathryn Edgett shake.

The Halifax jazz dance teacher had just come from a seminar talking about the dangers of putting too much emphasis on body image in the dance industry.

And the scales only reminded her that the problems that have plagued the modern dance industry for years are far from gone.

The scales are left over from a time when dancers had to weigh themselves every day to prove their worth as dancers. And sometimes if you weighed too much you just didn't come back.

"It's an albatross from an old day," Edgett said. "But it's still going on."

The body-image seminar was part of a two-day conference Edgett attended earlier this month, in which dancers from around the world came together to talk about health and excellence in dance.

Unhealthy obsessions with body image still lead many dancers, especially young women, into eating disorders such as anorexia nervosa and bulimia.

"I keep hearing from students who've been devastated by the ballet experience, or just their previous dance teachers," said Edgett. "And they hate it, they hate their bodies and they loathe themselves."

Edgett says she was encouraged by the openness with which the issues were talked about at the conference. Indeed, she says she was surprised to even learn of such a high-profile, international event, and she wouldn't have thought

there was enough public recognition of the way things were to make such a gathering possible.

"There's definitely a taboo about talking of the abuse, and the eating disorders that are rampant in the dance world," Edgett said.

"But I'm excited that the leaders in the dance world are talking about this, because it will filter down [to the rest of the industry], in a big way."

Trying to encourage self-acceptance in her students, regardless of how they're built, has been a concern for Edgett for a long time. Aside from running her own private dance school, Edgett also teaches dance to theatre students at Dalhousie. She says developing a healthy attitude toward body image is a major struggle for many of the people she teaches. In fact, being in the dance class is often what triggers a student's awareness of how deep their insecurities really go, since in that context it's something they can't avoid dealing with.

"They're still looking in the mirror, at 18 to 21, and they're telling me, 'I don't want to look in the mirror at myself.' And they're studying to be actors. So I have to help them, over three years, learn to look."

Told at age 12 that she should quit dancing because she didn't have enough coordination, Edgett has learned through experience that only she should be the one to determine what she can and can't do. She says she wants her students to feel the same kind of control; she wants to steer them away from feeling that what their bodies look like has to govern whether or not they can pursue their dreams.

"I care about my kids when I teach them here; I hate that they feel they have no power over their own lives. I want to teach them that they have so many choices with their bodies. But they're fighting a culture that I don't think has got this figured out yet."

In Edgett's third year dance class, students of all different body sizes stand in black leotards on the hardwood floor facing the mirrors that line the walls. No one looks uncomfortable with what they see; they have the acceptance of people who've spent hours studying themselves as they learned new steps or rehearsed familiar ones. After a while they dissolve into a new formation and in groups of four they take turns performing a routine across the floor. Each group is cheered on by the rest of the dancers.

"I don't know anyone in our class who is extremely hard on themselves about the way they look," said Sandra Klass, a student in Edgett's third year dance class.

"And Kathryn [Edgett] I think is a huge part of it. I remember our first dance class, she said, 'you know, you're going to be in your leotards and you're going to have to get used to looking at your bodies in the mirror, and you have to learn to love who you are.'"

For Klass, an awareness of how easy it is to be the wrong shape for professional dance — especially ballet — came at an early age.

"I did a lot of dance when I

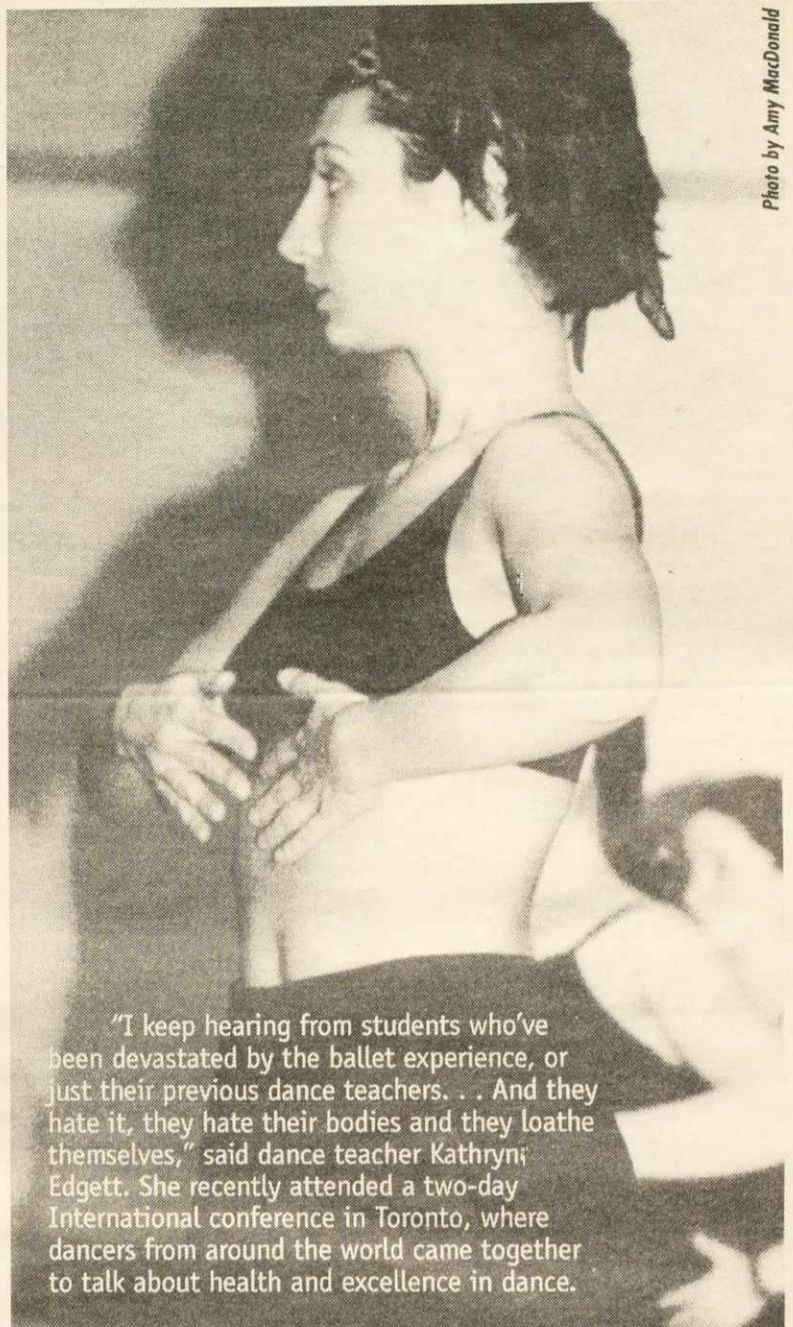


Photo by Amy MacDonald

"I keep hearing from students who've been devastated by the ballet experience, or just their previous dance teachers. . . And they hate it, they hate their bodies and they loathe themselves," said dance teacher Kathryn Edgett. She recently attended a two-day International conference in Toronto, where dancers from around the world came together to talk about health and excellence in dance.

was younger, and they always told me I was too tall. Even at the age of eight and nine, we were always told 'if you want to be a ballerina you have to be this and that, thin and a certain height.'"

Meredith Zwicker is also in Edgett's class. She says she loves dancing, but knowing the rigid requirements of the profession has discouraged her from considering it as a career.

"I know there's no way I would even get my foot in the door in the professional dance industry. And that's not something I lose sleep over," said Zwicker.

"I have a friend who's a size two, who auditioned for a professional dance school several years back and was told to lose weight. This is a girl who if she gets stressed out she drops 10 pounds and has bones sticking out, and she was told to lose weight. I'm not interested in that."

Outside of school, Zwicker teaches dance to young people at a local school. This experience has reminded her that the problems in the dance industry are just as real for kids as they are for people who make their living that way. Kids who show promise start their training early, and it doesn't take long for them to realize what's ahead of them if they decide to stick with it.

"At the theatre school, I've seen girls go from the age of 11 to 14, and I have to watch them go from being out there and wanting to do everything, to pulling back and learning how to be a young lady," Zwicker said.

"Then come the eating disorders. It's so scary."

Both Zwicker and Klass danced as youngsters, but drew away from it as teenagers for various reasons. Both have experienced a renewal of their passion for dance since beginning their studies with Edgett, and say they know now that dance will

always be a part of their lives. But they know that if they were to consider doing it professionally it would mean a lot less enjoyment than they know now, and a lot more stress and perfectionism.

"You have people [in the theatre class] who are here just because they love it, and it's so great because it totally rubs off on you," said Zwicker.

Anuschka Rose works at the National Ballet School of Canada, and was a member of the steering team that helped put the Toronto conference together. She says the image of professional dance as a breeding ground for eating disorders and low self esteem is something she'd love to see change. She says that while these problems certainly continue to be very real, there are many institutions that have done a lot to overcome them.

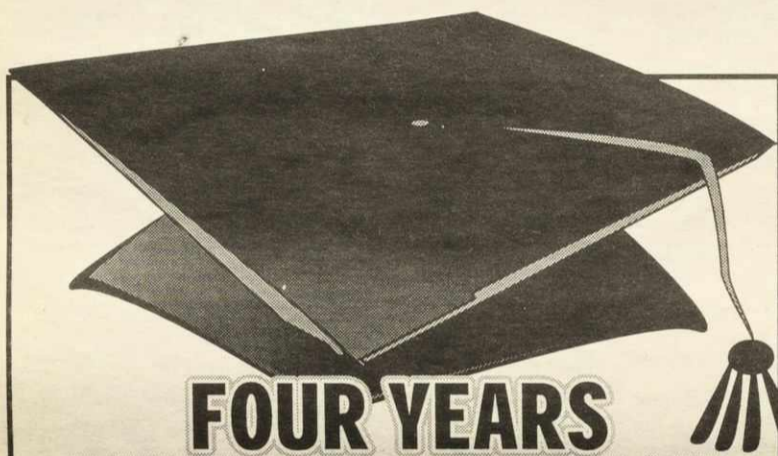
"There's a stereotype that lots of suffering has to happen before you can get artistry out of anyone," said Rose.

Dance teacher Kathryn Edgett says she came out of the conference with a renewed awareness of how much of a difference she could make personally to the lives of the students she teaches, simply by practising what she preaches.

"The kids see me at 46 [years old] get up on the dance floor with my dance tights on; I've got to learn to stop saying I wish I didn't have this fat around my hips. I have to watch my words now, because they take it on board pretty personally if they're sorting out the issue themselves."

Edgett says if everyone that attended the conference went out with the same awareness she did, than she's positive it will do some good to the industry.

"This was a huge event. It wasn't just another little conference... I [think it will] change things; but it's not going to happen all at once."



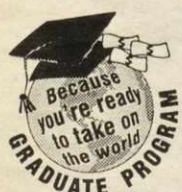
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State-of-the-art backpacking

The effect of backpacking in the military and everyday life

BY DANIEL MCKILLOP

An ambitious study taking place in the Kinesiology Department of Dalhousie University could change the way people and the military view backpacking. The study is looking into the physiological effects of arduous backpack walking.

Using computer technology, Masters student Ryan Johnson is measuring the biomechanical changes of volunteer subjects during and after they march long distances wearing backpacks that weigh 25 kilograms.

Inspired by the set military protocol of properly packing a backpack, and the deviations Canadian troops often take from the established standard, Johnson's research project will explore the advantages and disadvantages of loading the pack one way over another. Although the actual military backpacks used by the Canadian Armed Forces could not be obtained, the research team is using a recreational version, which were specially manufactured for the university project by Ostrom Outdoors, an Ontario based company.

In order to measure the effects of varying the weight distribution in the packs on the people carrying them, a 25 kilogram block of lead, along with styrofoam, is placed in the backpack. Participants must march 10 kilometers around Dalplex each time, while the placement of the lead block shifts from high inside the backpack, to the middle, and to the bottom. One trial is also reserved for attaching one half of the total weight (12.5 kilograms) to both the front and back of the subject, where a smaller pouch is strapped to the chest.

Interestingly, the project is being supported by Adidas. The company will benefit by having a particular brand of shoe tested for comfort and durability after heavy use, and may refine the sneaker as a result of Johnson's findings. A work order was sent to Adidas Asia and the shoes were sized for the participants of the project at Dalhousie. Adidas Canada donated brand-name t-shirts and waterbottles, and Adidas International provided the shoes.

Ten tiny and very expensive, reflective spheres are attached to the subject's body and backpack as he or she steps over a force plate. The plate is set on a platform that is in close range of five infra-red cameras, which reflect the IR light off of the moving spheres on the subject's body, then electronically compute the location of the markers in a three-dimensional space, producing an animated image of a body and backpack on a computer screen. The visual picture that is generated on the computer is an outline of the ten lodes secured on the subject, forming a recognizable shape. Three markers are placed on the backpack, three on the foot, one on the ankle, knee, hip and shoulder. At least two of the five

cameras must see every marking sphere at all times in order for the data to be processed successfully into the computer and generated onto the screen. In order for the data to compute, the subject must walk across the platform at a constant speed, and fully step on the pressure plate. For reasons of accuracy, an average of the data collected at each trial over the plate is calculated by running five individual tests.

The total cost of the technical equipment used for the research amounts to roughly a quarter of a million dollars. While the motion capture equipment is being lent to the research team by the School of Physiotherapy, the computer that controls the system costs over \$2,000 US, and the five infra-red cameras cost \$17,700 each.

Before beginning the long walk, each subject must stand on the force plate without moving to establish a control reading of the subject's posture. The subject then passes over the force plate five times while carrying the backpacks. After five kilometres, the subject is again read by the computer monitored camera, and returns to complete the final five kilometres to be read a third and final time.

As part of the total ten kilometres, however, each subject walks a kilometre on a treadmill before being examined by the computer. While on the treadmill, a head-piece is placed on the subject, which is attached with a tube to a stationary metabolic cart that is designed to measure oxygen consumption. The machine also collects other measurements of physiological effects, such as metabolic rate, volume of consumed oxygen per kilogram of body weight, the volume of carbon dioxide exhaled by the subject, and the kinds of metabolic fuels that are burned while on the treadmill.

At the end of every 10 kilometre trial, each subject fills out a questionnaire that is designed to evaluate both the perceivable effects of the load distribution in the backpack, as well as the strengths and weaknesses of the Adidas shoes, relating to the arch support and heel hold, as well as other aspects.

The beginnings of the research began in last November, and is mostly privately funded by Johnson and his advisor, Dr. Ron Pelot, a professor of industrial engineering at Dalhousie.

Pelot described the project as "an ambitious and very useful study with a broad scope." Since, he said, "many manufacturers do not end up testing their products themselves," he knows the project, among many things, "will provide additional information to establishments like the military by explaining certain trade-offs and variables" if they had not already been tested for.

Included in the team are three undergraduate assistants, who are necessary and instrumental in seeing that the project



Masters student Ryan Johnson is conducting a study on the physiological effects of arduous backpack walking. Inspired by the set military protocol of properly packing a backpack, the research project will explore the advantages and disadvantages of loading the pack one way over another.

completes itself. As well, there are ten people participating as subjects, each volunteering once a week for three hours. The subjects were recruited based on their levels of fitness, height and their availability during the five week testing period.

Participants are always supervised during the 10 kilometre trek around the Dalplex, and the "Dalplex staff has been

absolutely fantastic," said Johnson.

During one of the tests, a volunteer was marching ten kilometers with an empty backpack, to establish a baseline scan for how he functions when not loaded down with 25 kilograms. The actual experimentation stage should be completed by the end of November.

"The data will go to the pack manufacturer," said Johnson.

"We'd love to see the papers published," which he believes is "the goal of every research project. It's good news for students in general," he maintains, "since you don't need to have a Ph.D for your work to matter."

"It is especially excellent that a company like Adidas accepts grad studies as valid."

Johnson hopes the whole project will be completed by May.

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ARTS & CULTURE

The
Rascalz
stir it up

photo by Ross Chapman



BY PATRICK BLACKIE

The Marquee, the chameleon of musical venues, played host to the Vancouver based hip-hopers the Rascalz last Thursday. Anyone who left this show unfulfilled is either a poor judge of a good show or was in the wrong place.

The night began with a hip hop quartet, solo MC and finally a solo DJ, all in preparation for the impending musical riot. They were all good, but the crowd was lost in their anticipation, and couldn't afford the attention.

Then the Rascalz, led by MC's Red One and Misfit and DJ'd by Kemo, came on, starting with the single "Gametime/ Sharpshooter" (an obvious but unfortunate choice, whereas it is one of the less fulfilling songs on the new album, *Global Warning*).

The show was consistently potent. The set, composed primarily of new material, was broken up on a couple occasions by the groups full time breakdancers — Zeb and Dedos — who danced skillfully for the captivated audience.

The Rascalz are still taking in primarily Canadian attention, but they say that they are expanding into all markets, slowly but surely.

"We've got some underground hype [in the US]. It has a lot to do with radio stations playing our stuff more," said Misfit.

He also pointed out that although they are only now starting to receive the recognition they deserve, competing in the US market is not a priority.

"We're [concentrating] on the whole world. That's the meaning behind *Global Warning* — to let everyone know what we're about."

The Rascalz also have the reputation of combining all the elements of hip hop — MCing, DJing, breakdancing and graffiti. Dedos, an accomplished graffiti artist, was responsible for the album cover to their 1997 release *Cash Crop*, among other projects.

"[Combining MCing, DJing, B-Boys and graffiti art] wasn't intentional," said Dedos. "It was something we were all into at the time, and it just happened."

Live shows are important to any group, and a group that establishes a tight, powerful live show is destined to some degree of musical appreciation. The Rascalz have a fantastic live show, the kind that even a non-hip hop fan has to be able to appreciate. Red One and Misfit actively keep the crowd captivated with impressive rhymes and constant movement while the B-Boys further to entertain with an almost impossible style.

"Our live shows are how we get out to people, make an impression, and hopefully that impression will stick," said Red One.

And of course, there's the beats.

The Rascalz have been climbing the Canadian music ladder in the last few years, slowly establishing themselves as a force to be reckoned with.

"We've been doing some trailblazing, going places, doing shows and making statements that will tell people that we are setting precedent," said Misfit about the groups rising success.

The Rascalz declined a Juno award in protest of the fact that no urban artists or awards were televised in the 1997 award show. The next year, it was televised, and the Rascalz performed.

They have also been active in fighting racism, as well as being involved with the Free Tibet movement.

"If we have a positive image, if that's what people get out of the Rascalz, that's good," said Red One. "It's all what you get out of it."

With the release of their new album and the radio time it has been receiving, the Rascalz are on their way up. They have a tight live performance and are equally tight in the studio. They are setting up shop at the very top of Canadian hip hop, and all signs indicate that they could stay there for a while.

However, it is a big market, and there is still a lot that can be done for the Rascalz and their stature in hip hop in general. In the mean time, if they ever come this way again, dip into a social lubricant or two and check it out. It'll be worth it.



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Big Wig and Diesel Boy punkin' the Pavilion

BY CAITLIN KEALEY

They came, they played, they rocked, they left for Moncton.

It was a cool November day when Punk extraordinaires Diesel Boy (San Francisco) and Big Wig rocked the Pavilion for an early afternoon show before they zoomed off to Moncton for a show that same night. Now that's intense.

Big Wig exploded onto the New Jersey punk scene in 1996 and made a quick name for themselves through heavy touring and numerous compilation tracks and two albums — *Unmerry Melodies* (1997) and *Stay Asleep* (1999).

With a crazy and energetic live show, Big Wig blew me and most of the audience away. Catchy, sarcastic songs about politics, unity, and girls — a not so strange mix when you listen to the music which is also a blend of all different types of genres. They had a humorous stage presence, shutting down a heckler by offering him the mike and generally joking around in between songs. The drummer was, by far, the strangest one to watch — he needed to be stapled to his stool. He was bouncing up and down through the songs, spinning his drumsticks, and just being an acrobatic maniac throughout the set. I thought he was going to go flying into the air and land on his face from all his monkey-like movements. Luckily he didn't and overall it was an amazing show that made the crowd scream for more.

Then came Diesel Boy. The

San Fran punkers came together in 1993 to form a high energy, finely tuned punk rock band with an uncanny talent for cranking out instantly memorable toe-tappin' tunes. They may not look like the average punk band with their nicely gelled hair and fitting clothing, but don't let appearances deceive you. They are known in the punk world by their memorable contribution to the Fat Wreck Chords Compilation, "Titty Twister." This song was taken from their first release *Strap on 7 Inch* (1996), which had four songs — two of which are crowd pleasers to this day. They began touring after the release of their first album *Cock Rock* (1996). They have been touring since. Across the US and Canada three times and even to Europe is no small feat. They have managed to release a second and third album in between all the crazy touring: *Venus Envy* (1997) and *Sofa King Cool* (1999).

Their live show is a bundle of energy and the crowd was certainly into it. Saving the hat trick of well known punk rock anthems for the end, Diesel Boy made the Pavilion shake when they played "Punk Rock 101," then a cover of Ricky Martin's "Living La Vida Loca" a-la-punk, and closing with their hit "Titty Twister," the punks looked like they were about to explode. Even Big Wig got into the action diving off the stage into the frenzied crowd.

After the show I got a few quick words with both bands. I spoke with the two lead singers: Tom from Big Wig and Dave from Diesel Boy.

Gazette — What is upcoming for the band(s)?

Tom — We are working on a new record, we just lost our bassist right before the tour and our guitarist is quitting when we get back. We picked up Etienne (from Useed) right before the tour started, he is from Quebec, but we'll have to find new members.

Dave — Writing songs, hopefully doing *Snow Jam*.

Gaz — Does either band have plans to come back to Halifax?

Tom — Yes, but they aren't concrete. We don't know when but we do want to come back for sure.

Dave — Sometime soon.

Gaz — Fill in the blank. If you like _____, you will like Big Wig/Diesel Boy.

Tom — Sex!!

Dave — Uhh....I don't know....poutine? Gob?

Gaz — Who would win in a fight Big Wig or Diesel Boy?

Tom — Me!

(Hesitation)...we wouldn't fight....okay...Big Wig.

Dave — Big Wig, because they are from New Jersey.

Big Wig's homepage is at <http://subscript.org/bigwig/> and its worth giving these guys a listen. To hear or learn more about the punkalicious wonderfulness known as Diesel Boy go here > www.dieselboy.com



Fumes: Diesel Boy exhausting, leave audience feeling punky.

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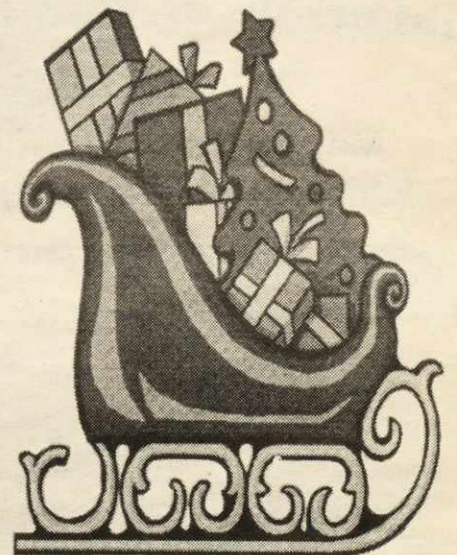
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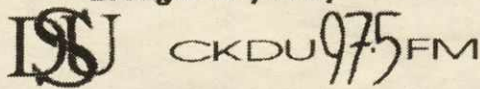
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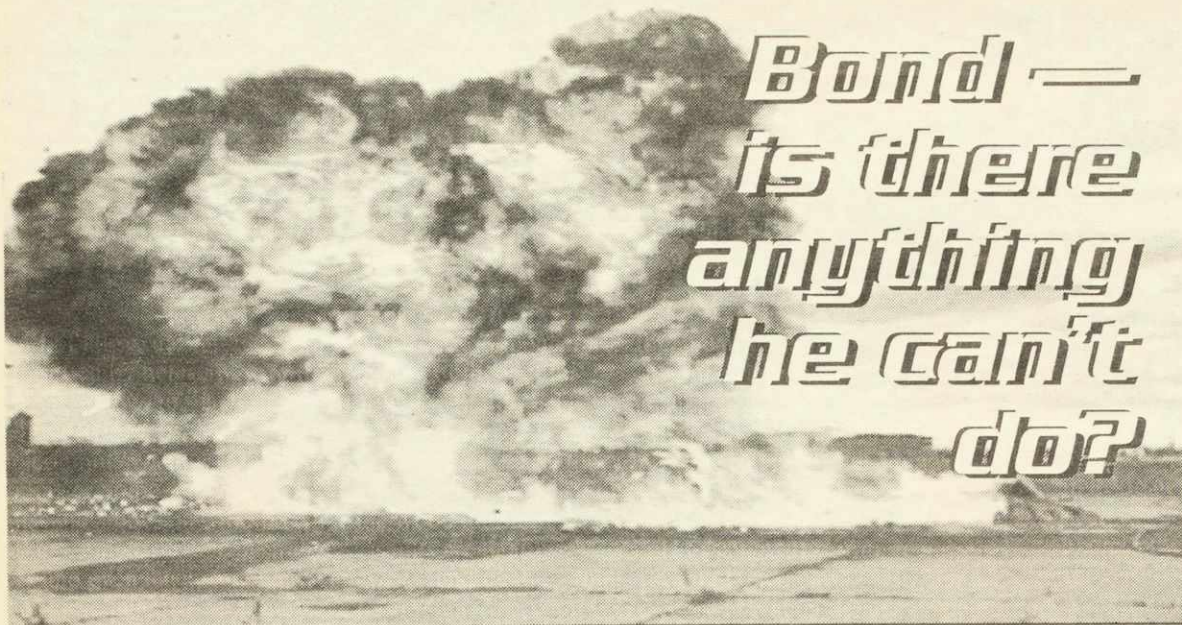
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BY MARK EVANS

When it comes to Bond films, you really have to compare them to each other, since any other scale is basically worthless. That's because they are all, to one degree or another, exactly the same. James Bond films follow

the simple — and lyrical — formula, "bed some asses, kick some asses." For a character with nineteen "official" films under his belt, there hasn't been any real character growth since *On Her Majesty's Secret Service*.

And hey, there's no problem

with that. People don't go to a Bond film for spiritual growth, they go to see terrible one-liners and choreographed action sequences. With that in mind, it's almost unfortunate to dub *The World Is Not Enough* (*TWINE*) the 'whatever' of recent Bond films.

For starters, the plot. It basically revolves around a plan to monopolize oil supplies in the western world for the next century. Whatever. This is a pretty lame plot, and its implementation is all over the map. There is a point in the film where somebody gets captured, and they are put in a cage to watch a clock. Thrilling. Not to say that they weren't cheesy, but I think I preferred the old extravagant death traps.

Now for the villains. There

are villains in this Bond film? It's like a parade of wusses. The main villain, Renard (Robert Carlyle), has a bullet lodged in his head that's slowly killing him. At the same time, it makes him immune to pain, since it has cut off his sense of touch.

Whatever. This is a novel concept and it goes absolutely nowhere. Renard is in not nearly enough scenes, and when he is he acts like every other Bond villain. Show me a Bond film where they don't shoot the henchmen.

The rest of the cast is not bad. It's nice to see so many of the supporting cast from *Goldeneye* and *Tomorrow Never Dies* and they add to the film immensely. John Cleese playing 'R', who will be taking over from 'Q' (Desmond Llewelyn) when he retires, is an extremely welcomed addition.

There is something off with Pierce Brosnan's portrayal of Bond in this one. His colder-hearted Bond is fine, but he seems like he's sleepwalking through the role as if he was bored. Brosnan did better in *Tomorrow Never Dies* when he looked like he was having fun.

As usual, the action sequences make the film. But even these have such a mechanical feel to them at times that it isn't funny. The entire opening sequence is fantastic, although the boat sequence borders on ludicrous by the end. One set piece towards the last part of the film involving a couple of helicopters is hurt by

the fact that you can tell where all the FX shots are being done.

The worst offender here is the ending, which is excessively close to yawn-worthy. The other two Brosnan films were good, and they had at least passable endings. Watching Bond and 006 go at it on top of the radar array is fun, watching Bond and Wai-Lyn tear up a submarine is also fun. This one is just... well... whatever.

Opening theme by Garbage? It sounds too much like Sheryl Crow's from the last film, but that's Garbage for you. Opening titles with the oil women? It's nothing compared to previous Bond intros. Denise Richards as a nuclear scientist? Thinking Richards could actually act her way out of a wet paper bag? Ha!

It's a shame too, because Brosnan is my all-time favorite Bond, and expectations were really high for some classic Bondian action. Even worse, a couple of clever touches that break "Bond formula" hint at so much untapped potential. There is just no escaping the general malaise that seems to be strewn throughout this one though. It waddles along like a lame duck.

Bottom line: Hey, it's Bond right? Most people know whether or not they're going to see this one anyway and if they have lower expectations they might enjoy it more. For me, after the other two excellent Brosnan Bond's, it was a bit of a let-down. *TWINE* rates two and a half stars out of four. It's a Bond, just not a great one.

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Films with a Stalinist... er, Marxist Edge

BY GREG MCFARLANE

Whenever asked to give a definition of politics, I usually reply with a cynical answer: the misapplication of philosophy. Accordingly, whenever I'm asked to define 'marxist', I usually say, "someone who misapplies the philosophy of Karl Marx".

There are lots of marxists out there. Lenin was a marxist. Mao was a marxist. Even Stalin was a marxist.

Marx, I'm willing to bet, wouldn't consider himself a Stalinist. This, it turns out is an interesting statement, especially as it applies to the Dal Arts Centre's screening of Dziga Vertov's

Enthusiasm.

Enthusiasm is Vertov's 1931 ode to the achievements of industrial development in the Soviet Union. Taking the shape of an historical documentary, Vertov's timeline presumably starts at the onset of the communist revolution. With subtlety of an Adam Sandler film, Vertov outlines one of communism's chief claims: church bad, proletariat good. This is done with ominous music accompanying every picture of a cross, and happy music (probably from an accordion) and happy faces leading proletariat marches down the street.

Soon, the churches are

destroyed, and the workers can turn their efforts to the plants, factories and farms that drove the Soviet economy and making statues of Lenin's clean-shaven head.

But the Soviet Union, from my vantage point, sounds like it was quite the annoying place to live. Vertov fills *Enthusiasm* with every bothersome horn sound he can find. These sounds, we are to presume, energized the workers' spirits as they toiled in the smoky factories and on the vast farmlands. Every so often, those lucky proles would get the opportunity to eat dinner, as an equally grating but probably welcoming dinner bell would chime. All in all, if Vertov was trying to promote Soviet-style communism, he wasn't doing the best job.

All of this taken into account, the worst part about this film is that it totally disregards the impact of Stalin in Soviet politics. Where's the purging? The maiming, the mass death? Nowhere. I understand the position Vertov was in. Nobody spoke against Stalin. That being said, why are we showing films trumpeting accomplishments made under his control, even if under the guise of artistic genius? Legitimizing this film is the equivalent of legitimizing Stalin, and thus de-legitimizing the philosophy of Marx. Therefore, the only enthusiasm displayed should be when the film is relegated to the trash heap of history.

The Dalhousie Arts Centre's *Four Films With a Marxist Edge* series continues Wednesday, December 8, with the Italian film *Umberto D*, and December 15, with the German film-adaptation of Brecht's *The Three Penny Opera*.

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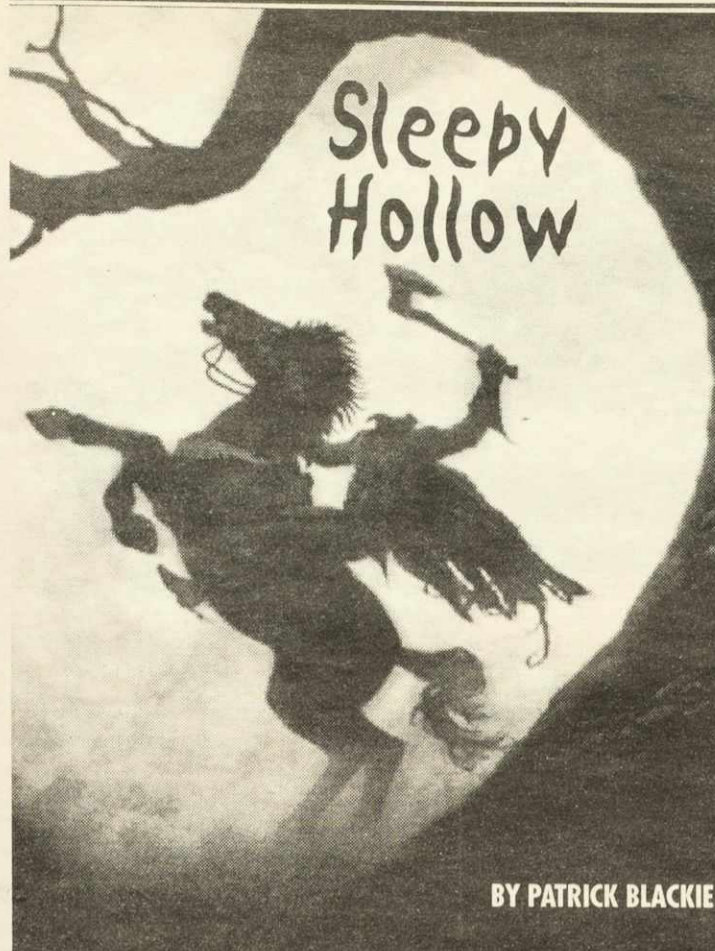
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BY PATRICK BLACKIE

Certain things have certain markers that immediately identify their origin, from soft drinks to porno, McDonalds to gun stores. A beautiful example of this in filmmakers is Tim Burton, and one of those recognizable films is *Sleepy Hollow*.

Based on Washington Irving's 18th Century novel, the story is about a New York City detective, Ichobod Crane (Johnny Depp) who goes to Upstate New York to investigate decapitations that are occurring in a small farming village named Sleepy Hollow.

When he arrives, he is skeptical of the townspeople's claim that the heads were taken by the spirit of a murderous horseman (Christopher Walken) who had been decapitated himself and buried in the woods outside of Sleepy Hollow. He insists that the spirit is nothing but superstition, vowing to find the actual culprit of the murders.

He soon discovers that the Headless Horseman is real, seeing the killer in action, and is tempo-

rarily stunned into a cowardly retreat. However, Ichobod takes a dramatic turn and decides that he will still stay and find the horseman.

Crane, along with his new-found friend, played by Christina Ricci, goes to the burial site of the horseman, and after exhume the remains, learns that the skull of the horseman had been taken.

The story then turns into a complex mystery, with virtually all the townspeople suspected of stealing the skull. Whoever has the skull controls the horseman, and so it becomes a rush in order to find the killer.

To compliment the directorial genius and the plot quality of this movie was an excellent performance from the reliable and talented Johnny Depp. He played a character that was almost a complete contradiction, but handled the odd lines and quirky traits well, making an entertaining character with well timed lines and offbeat humor that masked any oddities.

Tim Burton has the unique

ability to sum up the mood of a film in one shot, but maintains the ability to make every scene just as stunningly detailed. He expands his optical resume with this movie which is (almost) worth paying \$9 just for the background.

One thing about *Sleepy Hollow* that is certain to deter some is the over-abundance of graphic head-chopping. The Horseman is a busy man in this movie, and no detail is omitted from his victims' decapitation. While this is funny the first few times, I think that maybe the movie went a little too chop-crazy.

Great acting and Tim Burton's patent slapped on make *Sleepy Hollow* a high calibre movie. It may not compete with all of his past works, and may not be of the same kind of offbeat script or new ideas that have been successful in recent movies, but it maintains its integrity. Not for everyone, but if you like the past work of this legendary filmmaker or if you like seeing heads get chopped off, it is a must see.

Frank Zappa and The Open Waters Music Festival

BY DANIEL RABIN

The Open Waters Music Festival. The posters are all around town, everyone must recognize that "new age", harmonious, yet attention grabbing computer logo. The subtitle, "Festival of New and Improvised Music," must grab a few tree oil wearing eyes.

Yet why is it that in such a diverse place as Halifax, where improvisational and experimental are ideas that create and form the soul and heartbeat of the community, is nobody interested in attending?

I have hypothesized: The music is too weird.

Now before the uproar begins let me elaborate. It is not weird in the "I wear glasses and braces" sense, nor is it weird in the "I have a cousin who looks at me funny" sense. There are only two words that can describe this music — Frank Zappa.

For those of you who never heard these words uttered, pity. For those of you who recognize the name but still know nothing, shame. However, for the benefit of all, Frank Zappa was one of the great iconoclastic musicians of the 20th century. He was born in 1940 in Baltimore where his Sicilian-born Greek-Arab meteorologist father was employed to manufacture poisonous gas during WWII. The Zappa family moved to Lancaster, California, a Mojave Desert town Frank called "a cultural wasteland".

Frank's first album was *Memories of El Monte* and from there he joined a bar band which eventually formed the Mothers of Invention, his seminal band of renegades, punks, freaks, yokels and meter maids. Together they created some of the newest, and weirdest music that had ever been heard. With over 60 albums to his name, Zappa adventurously served up "jazz from hell" experiments on his computerized Synclavier keyboards.

With a lifelong flair for creating unclassifiable, post-

modern, cross referencing music, Zappa created genres now known as Classical Reggae and Melodic R&B with dissonant avant-garde. We owe a lot to Frank Zappa and his milk producing Mothers of Invention, and I believe that this is the reason why the Open Waters decided to feature Frank on the second night of the festival.

Now that we have shared some information we can move onwards. The Second night of the festival was an evening of grandeur and style. Men and women with skinny cheeks, black clothing and marvelously small, thick rimmed spectacles adorned the majestic Pier 21, in such a classy fashion that even Oscar Wilde himself would feel a touch 'under dressed'.

The musical ensemble was a melting pot of some of the east coasts most talented classical players. Members of the Symphony of Nova Scotia and the Upstream Music Ensemble collaborated to make some really weird music

The following sections of the first set included, Sandy Moore's "Shadows," Steven Naylor's 'Snow in Summer' and

Paul 'The Monster Bassoonist' Cram's 'Irons in the Fire.' The music that all these 'Mothers of Inventions' created was some of the most unharmonious music possible. Surprisingly, this is not a bad thing. The music was so different and interesting that it, in Zappa-esque fashion, broke down all pre-existing musical genres.

Bassoonist legend and master blower Barry Guy then stepped onto the scene. Barry was featured in the conductor's own 'Monkey!', a piece that — like it's title would suggest — was very ape like.

Following the conductor's 25 minute epic came Chris Palmers' 'For Those in Peril on The Sea' which was divided into five sections: Derelict, Mutiny, Storm, Waterspout and finally, Requiem. This piece was a musical fantasy about one of the most mysterious of Maritime sea disasters—the case of the Mary Celeste.

Zappa himself could sum up the Open Waters Music Festival the best: "Ya can't always write a chord ugly enough to say what you want to say, so sometimes you have to rely on a giraffe filled with whipped cream."

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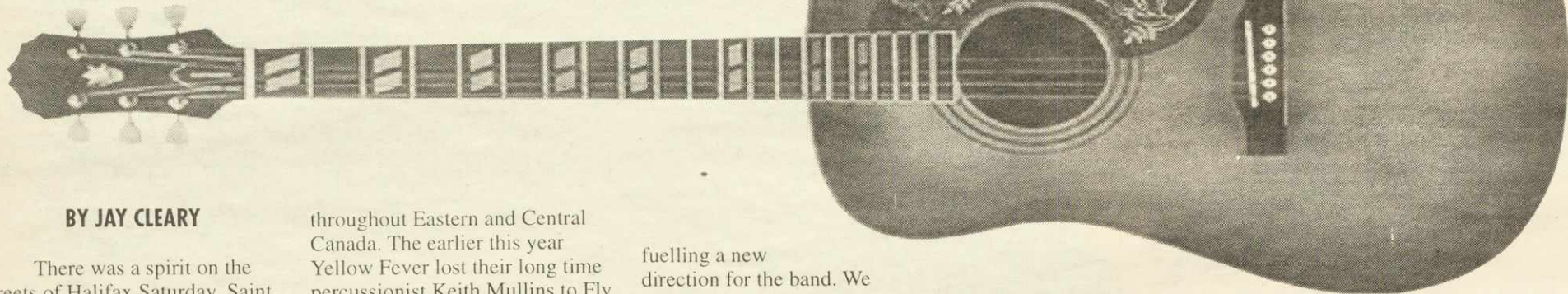
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The hardest working bands in Halifax



BY JAY CLEARY

There was a spirit on the streets of Halifax Saturday. Saint Mary's win over Waterloo had Vanier Fever in the air. The Attic hosted another type of Fever that was sending contagious vibes out on the dance floor. Dr. Yellow Fever and the Jive was performing their last show with their long time flutist Alexandra Morrison.

For the last year and a half Yellow Fever and the Jive have honed their sound playing in hometown Halifax and touring

throughout Eastern and Central Canada. The earlier this year Yellow Fever lost their long time percussionist Keith Mullins to Fly Jimmy Swift. As Alexandra made her farewell, the stripped down four-piece was still able to deliver. Charismatic frontman Kamran Abdi put down his guitar and cut up the rug with his 'rhyming and stealing'. Lately the Fever has been experimenting with their sound with the help of Underground DJ John Farrugia. The Farrugia vs. Fever experimentations has been

fuelling a new direction for the band. We can all look forward to a new funk and bass Yellow Fever in the New Year

On another side of town, Fly Jimmy Swift was rockin' the Marquee. The crowd poured out on the streets after Guitartist/Vocalist Craig Mercer soaked the packed bar with his drenching guitar solos. The band, formally known as PF Station, is recording a follow-up to their 1998 effort "Ahh Yeah." Fly Jimmy Swift, who has had their share of with line-up changes, is working with Sloan producer Laurence Currie. "I really feel like we're ready,"

Craig said. "We've got a great bunch of songs."

The real story starts way back in 1992 when freshmen Craig and Kamran formed PF Station. Playing with an ever changing line up, Craig and Kamran developed their talents in student basements. Kamran left to pursue his own musical direction as Dr. Yellow Fever, while Craig reformed his band as the front man and molded his band as the Maritimes' strongest Rock and Improvisational touring group.

Just recently the longtime friends shared the stage on Halloween at the Attic.

These bands have been working hard, playing to packed crowds almost every weekend. They have played consistently great shows, determined for success on their own terms. As the school year winds down there will be much to look forward to in 2000. The Halifax music community is eagerly awaiting the evolution of Halifax's hardest working bands.

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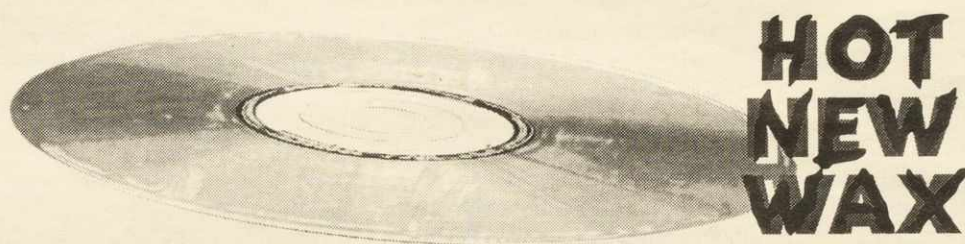
TO	MON	TUES	WED	THURS	FRI	SAT	SUN
VANCOUVER	18:55 ^a	18:55 ^a 20:45 ^b	18:55 ^a	20:55 ^a	—	—	—
CALGARY	18:55 ^a	18:55 ^a	18:55 ^a	20:55 ^a	—	—	—
EDMONTON	—	20:45 ^b	—	—	—	—	—
TORONTO	—	15:00 ^b 23:25 ^{c,10,11}	13:50	23:25 ^c	—	—	18:05
ST. JOHN'S	—	18:30 ^c 19:55 ^b	—	18:40 ^c 18:45 ^b	—	—	—

^aBegins Nov 8 ^bWeek of Nov 1 only ^cWeek of Nov 8 only
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The Roots — The Roots Come Alive (Okay Player/MCA)

Timeless. From the extended version of "You Got Me", to the whisper-quiet "Step into the Realm" and even to the Grandmaster Flash dubs, *The Roots Come Alive* shows how great live hiphop can be. You can pick up the record in 1 or 2-disc sets, but skip the second disc. It covers ground everyone else treads on, and is nothing the Roots should be proud of. But the first is golden. — Greg.

Jazzyfatnastees — The once and the future (Motive/MCA)

If the Roots are for the boys, the 'nastees are definitely for the girls. Tracey Moore and Mercedes Martinez belt out jazzy lyrics over deceptively forceful tracks, but even with the Roots' Questlove and Hub on the drum and bass, they just can't summon the magic. It's a good CD, but that's about it. In a year, you'll wish you saved your money. — Greg.

Les Rythmes Digitales — Dark Dance (Wall of Sound)

'Hey you, what's that sound?', it's les Rythmes Digitales — a lyrically hypnotizing, danceable, sing along record. All the tracks are up beat, aerobics ear candy. 'Everyone wants to get down like that.' — Anika

Sprawl — Faster Than You (Imoj)

The Toronto trio shop promise of someday playing great songs. The spirally guitar effects and nasally-whining-Billy-Corgany vocals intrigue the ears, but it just doesn't have any staying power. The songs lack direction and border on indulgence. It's too bad, because these guys could be on to something. — Nicole

SoulWax — Much Against Everyone's Advice (Pias)

A very innovative record, with a jacket that is interesting enough to warrant hours of gazing. With some must hear tracks like "Overweight Karate Kid," "Conversation Intercom" and the title track, this record is certainly listen-worthy. — Anika.

Split decision

Dal loses, keeps victory against X-Men

BY TERRY HAWES

The Dalhousie Tigers hockey club almost suffered the dubious distinction of being the first team to lose two games in one day.

After a tough 3-2 defeat to the St. FX X-Men on Sunday, the Tigers had to go through a shootout that was wiped out from an October 20 game when the black and gold used the same shooter twice. Fortunately, Dal maintained that controversial result with a 3-2 win in the shootout to gain some reward for a hard-working display in the regulation match.

Dal sits on a 2-8-2 record, but seven of their eleven matches have been decided by one goal, making the team very competitive in the AUAA.

The Tigers play twice on the road this week against Acadia and UNB before they play their last game before the Christmas Break on December 1 against SMU at Dal Arena.

St FX 3 Dalhousie 2 (Nov 21)

The Tigers surrendered two third-period goals to fall to the X-Men in a match in a match where Dal was the better side for the first two periods.

After the humiliation of last Wednesday night where the team was decisively outplayed in a 6-2 loss to SMU, the Tigers played a solid all-around game for 40 minutes before X got the breaks

when it counted to steal the win.

Dal came out strong and had a two on one break in the first minute only for Dan Tudin's shot to be stopped easily by X goalie Shawn Degagne. Tudin came close a couple of minutes later on a breakaway, but was again foiled by Degagne.

The X-Men capitalised on Tudin's misses with a goal at the 2:44 mark. Rob Massa took the pass from Kurt Walsh and beat Dal's Neil Savary through the legs. Despite the early goal, both teams continued to play wide-open hockey in the first period.

However, Dal's hard work paid off late in the first period as Derrick Pyke picked up the loose puck and flicked it past Degagne to the right-hand side. It was no more than they deserved for one of their better periods this year.

The second period shifted to a more defensive style of play as both teams had few scoring chances. This in no way led to a boring game — not by a long shot.

Dalhousie took a 2-1 lead at the 9:38 mark when Tim Bryan's shot from the point was tipped perfectly by Denis Aucoin, who deflected it out in the air for the goal.

Xavier was not fazed, and about a minute later, Massa and Dean Stock broke out on an odd man rush. Massa's pass to Stock looked certain to be a goal, but Savary dove to make a fantastic save that fooled even the goal judge, who flashed the red light regardless of the save.

The momentum was slowly shifting towards the blue and white and they tied the match five minutes into the third period as a point shot was tipped by Paul Andrea, giving Savary no chance in the Dal goal.

Once again, Dalhousie failed to convert their opportunities.

Dean Stock got revenge for an earlier high-sticking incident that went uncalled by Dal forward Warren Holmes heavily into the boards. This brought defenceman Jason Metcalfe into the fray, leading to an extra 10-minute misconduct for the Tigers.

Xavier was the aggressor now and the winner came seven minutes from the end. Savary stopped the initial shot, but X-Man Massa was there to pounce on the loose puck and tuck it into the open net for the win.

The game puck went to X forward Rob Massa with two goals and an assist, including the game-winning goal.

Shootout
Dalhousie 3 St FX 2

The Tigers kept their shootout victory with a 3-2 win in sudden death after the scores were level after five shooters.

Derrick Pyke scored first beating Degagne to the blocker side and they went two up as Jan Melichereik beat the X keeper through the legs. Yannick Evola and Paul Andrea managed to beat Neil Savary as the Tigers were



Stick it: Dal has ups and downs.

stopped on three consecutive shots sending the shootout to sudden death.

But Dean Stock was denied by Savary leading to Jason Metcalfe's winning goal on a deke to the left-hand side.

Saint Mary's 6 Dalhousie 2 (Nov 17)

SMU outhustled and outplayed the Tigers last Wednesday night, out-shooting the Tigers 32-8 after two periods in a rather lopsided victory.

Jim Midgley had a goal and four assists while Travis Kennedy and Ryan Davis had a goal and an assist each. Other SMU scorers were Chad Murray, Bob MacIssac and Steve Gallace.

Warren Holmes and Marty Johnston replied for Dalhousie. Saint Mary's is 3-0 against Dalhousie this year.

The game puck goes to the line of Midgley, Davis and Kennedy. The trio combined for nine points — 3 goals and 6 assists — against the Tigers.

Tigers undefeated in womens' basketball

BY JOHN BADCOCK

Revenge was sweet for the Tigers as they defeated St. FX 59-51. The St. FX X-women were declared favourites to win the AUAA women's basketball title after their win in the Subway Centennial Tournament, which featured all eight AUAA teams. On November 17, the Dalhousie Tigers travelled to Antigonish looking to avenge their loss at the hands of the X-women in the Subway final.

The first half saw both teams battle like two heavyweights in a title fight. The X-women held a 26-23 advantage at half time. The Tigers struggled on offence at times, but played well on the defensive side of the ball holding the home team to 30

percent from the floor.

Janet Wells led Dal with five points at the half.

The Tigers' offence began to show signs of life in the second half, shooting 44 percent from the floor as a team. Logan Dunning provided the spark, scoring ten points and grabbing five boards in the second frame. Dal continued their strong defensive play, allowing St. FX only 25 points in the half.

Defence wins games, and the better defensive effort won this game for the Tigers 59-51. The Tigers also helped themselves by hitting 21 of 33 chances from the foul line. Janet Wells led Dalhousie's offence with 15 points, including nine of 14 from the charity stripe. Angelia Crealock had a solid all around

game scoring six points to go with eight rebounds and six assists. Kristen Moore led the way for the X-women with 14 points and ten boards.

On November 21, the Tigers hosted the UNB Varsity Reds looking to remain undefeated in this young AUAA women's basketball season.

Dalhousie dominated the first 17 minutes of the first half, leading the Varsity Reds by 16 with 3:45 to play. UNB refused to give up and went on a 7-0 run to keep it close. Dal headed into locker room with a 41-33 half time lead.

Angelia Crealock led the first half attack with ten points. Janet Wells and Julia Burden also played well scoring eight and seven points respectively. Posts

Janice King and Rita Rieksts were strong on the glass with five rebounds apiece.

The second half saw the Tigers continue to outplay the Varsity Reds, but this time it was the defence that stepped up. Dal held the visitors to 40 percent shooting in the second half.

The Tigers offence only managed to shoot 29 percent from the floor but connected on 15 shots in 21 chances from the foul line. The final score of 74-61 puts the Tigers atop the Baldwin Division with a perfect record of 3-0.

Angelia Crealock led all Tigers with 16 points. Rita

Rieksts, playing her first season with the Tigers after four years at St FX, continued her solid all around play. She finished with 11 points, hit on all her shots, and picked up eight boards. Rieksts was named player of the game.

Jill LeBlanc led UNB with 17 points.

The Tigers next game takes place on Friday November 26 when the Tigers face cross-town rival St. Mary's at the Metro Centre as part basketball triple-header. The Tigers then travel to PEI to take on the UPEI Panthers Sunday, November 28. The Tigers next home game is November 30 against St FX.

AUAA women big at cross-country CIAUs

BY SARAH GILES

On Saturday, November 13, the CIAU Cross-Country Championships were held at Fort Henry in Kingston, Ontario.

The AUAA women put on their strongest show in years. Lavinia Gough of St. FX won silver, Heather Goodfellow of Dal was ninth, and Anne Barrington of MUN crossed the line in 13th spot.

Going into the race, the Tigers were ranked fifth overall.

However, it became clear that they had left the race of the season at the AUAA Championships. As a team, the women finished eighth in a strong field.

Dal's Kelly MacKean was 42nd, Edie Baxter 47th, Sandy Smith placed 72nd, Carmen Holm was 81st, Kirsten Lewis ended up 85th, and Amy Higgins was 86th.

After Goodfellow's inspiring performance, all eyes were on Dal's Jamie Blanchard. Running a brilliant race, Blanchard came up

with a tremendous 17th place finish. In his first year on the racing team, Curtis Archibald finished in 106th spot. Unfortunately, team captain Tom Wallace was forced to drop out of the race.

For two Dal athletes, the season is not yet over. Heather Goodfellow and Coach Dan Hennigar — who recently won 10km Nationals — will be travelling to Toronto next weekend to compete in the National Open Cross-Country Championships.

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Carrie Fair keeps on truckin'

BY ROSS CHAPMAN

On July 9, 1999, at 10:30 a.m. in Tent city, Yukon Territory, Carrie Fair, a member of the Dalhousie Tigers women's basketball team, was attacked and mauled by a grizzly bear.

The bear, presumably unable to find food in the wild due to a rash of recent forest fires in the area, was forced to search dangerously close to the community in Dawson City. Officials site this as the probable cause of the attack, as there was no provocation by Fair.

On November 5, 1999, A ceremony was held for Fair prior to one of her former team's games. She was awarded a cheque for \$2000 to help pay for travel expenses — her parents had to fly to Vancouver to be with her for the six weeks she spent in the hospital following the attack — and other related medical costs. The donation came courtesy of Dalhousie University and the Referee Association.

In a short interview with the Gazette, Fair gave some vivid details of the assault.

"A friend and I were just walking around that morning,

In fact we had just left our tent, when this big bear just came over the hill and headed straight for us. I didn't know what to do. I just froze," she explained. "It was the sort of thing you read about in magazines. Not something that you think actually happens...it was the most scared I have ever been in my life."

Injured and in shock, Fair was rushed to hospital where doctors assessed her condition.

Her injuries were so severe that at one point it was feared that one of her legs may have to be amputated. However, following one of several operations, Carrie was able to regain some feeling in her toes, convincing the physicians that her limb could be saved. She still requires a brace on her leg as part of her long and painful road to recovery.

Hopefully her team will have number seven back on the court with them soon. But for now, there's still a long way to go for Carrie. Considering her positive attitude and the support of her friends and family, the speed of her recovery is sure to surprise.

Tigers sweep Reds

Men's Volleyball improves to 4-0

BY MIKE HARTLEY

After starting the season 3-0, the Tigers faced their biggest challenge to date. In a rematch of last year's AUSA championship, the University of New Brunswick Varsity Reds came to Halifax with something to prove.

The home team worked over the Reds, taking all five sets in front of 200 less-than-enthusiastic fans.

"The match was never really in doubt," team captain Dave Cox said afterwards. "We didn't want to let them think that they could get a set off us."

Aaron Nutting was the player of the match and was deadly-accurate with his spin serve, recording four aces. Overall, Dal's serving has improved from earlier in the season, when it was sub-par.

Nutting warned that "with the number of jump servers we have on this team, there are going

to be times where we can dominate from behind the serving line, but there are also times where it can get ugly."

Chris Wolfenden continued his steady play with an unspectacular 17 kill and 11 dig performance. Ryan Andrews, fresh off of his one-year hiatus, continued to hit the ball well for the Black and Gold, recording 16 kills. Eastern Shore's Josh Muise continued to impress this season.

Even though the scores — 25-20, 25-19, 25-19, 25-19 and 25-19 — may have dictated that the match was close, it wasn't. It is an unfortunate fact of life for the Tigers that they dominate what is by far the weakest division in CIAU volleyball.

"This lack of intensity during the regular season can hurt us later on in the big games," said the team's sport psychiatric consultant, Colin Guthrie after the win. "You look at teams that come from out west who are playing big games every week. Those guys

are used playing in intense matches, something we don't get all the time in the AUSA."

Next weekend the Tigers go on the road to the Sherbrooke Vert et Or Tournament. The Tigers landed themselves in a tough pool with Laval and Montreal. This will be the competition the boys need to see what they are really made of. This will also mark the first real test for rookie middle Sean Wormsbecker. He has been thrown into the fire because of the sudden departure of team leader Scott Bishop and the rotator cuff injury suffered by Bruce Carruthers. Wormsbecker, 19, has shown signs that he will be a very good asset to the Dal team. On the other hand, he is still a rookie, and makes the "rookie mistakes" that teams like Laval, Montreal and Sherbrooke will exploit.

The Tigers aren't back in action at home until the New Year at the annual Dalhousie Volleyball Classic. The event will run from January 21 to 23.

Dal in second at ECWC

BY GAZETTE STAFF

The Eastern Canadian Wrestling Championships were held at UNB this past weekend and the Dalhousie was keen to put on a good show. The event ended up being the team's best performance in the last four years. Dal finished second overall behind UNB. Two or three more wins would have tipped the balance in favour of the visitors from Halifax.

Dal's best athlete of the meet was Brett Leblanc, who dominated the heavyweight

division to win gold. He will be competing in Olympic Trials in three weeks and is expected to do well.

Dalhousie Coach, Scott Aldridge, placed second in the 90kg class, showing that an old guy can still kick ass. Scott Malcolm showed some of his best wrestling with a hard-earned fourth place finish. Malcolm's victory is quite substantial as his pursuit of a Medical Degree has limited him to three practises all term. Benji Parks, a veteran of the Dal squad, placed third in his

weight class. In his last year of competition, Logan Ward placed third, missing second by only two points.

Newcomers Norm Nahas and Taryn Deering also showed excellent skills this past weekend. Nahas garnered a bronze medal at his first tournament in the heavy-weight juniors division. Deering placed fifth.

Rookie Rob Doyle finished fifth out of 24 wrestlers in his weight class. American Andrew Ward placed fifth in the 90kg division.

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CIAU qualifiers lead Tigers

BY SCOTT SANCTON

The Dalhousie Tigers swimming teams continued their dominance in the AUSA this past weekend. At the Annual AUSA Invitational held at Dalplex, both the men and women's teams picked up convincing wins over UNB, Mount Allison University, and Memorial University.

The Tigers qualified four athletes for nationals and Dalhousie now has a team of eight women and one lone male to send to the CIAU Championships. Although at mid-season, the Tigers hope to add to the growing list. New qualifiers include Lindsay Eller in the 50m freestyle event, Amber Mather making the cut in the 200m butterfly, and Caitlin Peterson in the 200m backstroke. Peterson also won the 100m backstroke. Another multiple winner was Sandi MacLean, who swept the breaststroke events and also took top spot in the 200m butterfly. McLean rewrote the history books as she set two new Dal records in the 100 and 200m breaststroke events.

Other CIAU qualifiers also

helped lead the way to victory. Co-Captain Angela MacAlpine won the 400m freestyle as well as the 50m butterfly. Fourth year veteran, Amy Woodworth, turned the hat trick, winning the 200 IM, 800 freestyle, and 400m IM. Rookie Gail Whittaker took the 50m backstroke.

On the men's side, lone CIAU qualifier, Chris Stewart, had three top finishes. Stewart won the 200 IM, 100 backstroke, and broke his own Dal record en-route to a win in the 50m breaststroke. Supporting Stewart with first place finishes were Oscar Stachowiak in the 200 and 400m freestyle events, Mike Lockett in the 50 and 100m butterfly, and Rob Harrison's win in the 50m freestyle.

Now at mid-season, the Tigers will split up the coming weekend with half of the team set to compete at the Ontario Senior Championships and the rest staying home to either compete at the Dartmouth Invitational or to take a well deserved rest.

The Tigers' next home meet will be held at 5:30 p.m. on December 3 against the Eastern Alliance Swim Team.

DALENDAR

To list non-profit events free, email gazette@is2.dal.ca, or fax 494-8890

Friday, November 26

Dr. Ron Steer, from the University of Saskatchewan will be giving a lecture entitled, "Structure and Relaxation Dynamics of Highly Excited Valence States of Polyatomic Molecules," it is being held in Chemistry 226 at 1:30p.m. All are welcome.

Memories of a Christmas Ornament, a movie by Toadstool Productions, done by Maureen Rooney will be shown at 8p.m. at 2248 Maitland St. Tickets are \$15 and can be reserved by calling 443-9590.

Saturday, November 27

Memories of a Christmas Ornament, a movie by Toadstool Productions, done by Maureen Rooney will be shown at 12:30p.m. at 2248 Maitland St. Tickets are \$15 and can be reserved by calling 443-9590.

Monday, November 29

Dalhousie-King's Progressive Conservative Youth meet at 6 p.m. in room 318 of the Dal SUB. For more information, e-mail dalpcy@is2.dal.ca, drop a note in our mailbox at the Dal SUB Information Desk, or visit our web site at <http://is2.dal.ca/~dalpcy/>.

Tuesday, November 30

Cinema PIRGatory shows great films every Tuesday in the McMechan Room of the Killam Library. Usually starts at 7:30p.m. For more information, contact the Nova Scotia Public Interest Research Group at 494-6662. Animal Liberation Collective meet every Tuesday at 5:45p.m. in room 314, SUB.

Wednesday, December 1

Veith House Benefit Concert—Performers include Dave Carmicheal, Doris Mason and many more. It is being held in the Rebecca Cohn Auditorium, Dal Arts Centre and begins at 8p.m. Tickets are \$15 for adults and \$10 for students and seniors.

Humans Against Homophobia meet at 7:30 p.m. in the SUB. Check info desk for room number. For more info, contact the Nova Scotia Public Interest Research Group (NSPIRG) at 494-6662.

Announcements

International Student Services is planning its annual Christmas party. This year's event will be on Dec. 2 from 7 - 10 p.m. They're looking for a student chorale group or choir to lead the celebration of Christmas cheer. If you'd like to participate, please call 494-2038 for more info.

Dal web sites: The Dalhousie Webmaster and UCIS Communications have created an index for Dal and DalTech web sites: <http://websearch.dal.ca>

Looking for Jobs? www.banffjobs.com

The Metropolitan Immigrant Settlement Association (MISA) invites you to join its volunteer tutor program. Volunteers are matched with new Canadians to provide them with opportunities for language practice. For more info, call 423-3607.

Humans Against Homophobia, a working group of NSPIRG, is looking for submissions for a booklet and display compiling diverse experiences of homophobia and heterosexism. Submissions are encouraged in any material form, and from individual

of all orientations and identities. Send marked, HAH submission, to NSPIRG at the Dal SUB or email nohomophobia@yahoo.com or call 494-6662 for more info.

International Student Services is holding its annual Christmas Party on Thursday, Dec. 2, from 7-9p.m., at the Great Hall, University Club. Dress is semi-formal and all international students are invited. For more info call 494-2038.

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Researcher Wanted- Author of unusual statistics column requires the assistance of top quality researcher. The researcher must be able to write well and use the internet and library with equal ease. The candidate must have a keen eye for the absurd or unusual and work well without supervision. Candidate must own a computer and have email access. This is a part-time position of between 8-10 hours/wk. Pay rate is \$6/hr. All inquiries should be forwarded to Unusual Stats, Box 1645 Station M, Halifax, Nova Scotia B3J 2Z1

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STUDENT EMPLOYMENT NEWS

Dalhousie's Student Employment Centre is your one-stop student employment location. Offering on- and off-campus employment opportunities as well as summer and permanent placements, SEC services are available to Dalhousie, DalTech and Kings students as well as recent Dalhousie graduates. Visit us on the 4th floor of the SUB, 9 am to 4:30 pm, Monday to Friday, or on our web site www.dal.ca/sec. The **Dalhousie Tutoring Service** and **Dalhousie Student Volunteer Bureau** are also services of the Student Employment Centre and are located next to the Centre in the SUB. Visit your Student Employment Centre today!

Career Opportunities/Full-Time

McCain Foods (Canada) - Sales Representative (Foodservice) for Eastern Newfoundland and Labrador area. Deadline to apply, 1:00 pm on Nov. 29.

Parks Canada - Business Plan Analyst. Deadline to apply, December 3/99.

Summer 2000

Prince Edward Island Student Travel Counsellor - Applications available in the student employment centre. Deadline date to apply, December 10/99.

Rideau Hall - Guide/Interpreters. Apply through the Federal Student Work Experience Program (FSWEP).

(Note: All deadline dates for drop off to the Student Employment Centre are 1:00. Late applications will not be accepted.)

FEDERAL STUDENT WORK EXPERIENCE PROGRAM (FSWEP)
October 1999 to September 2000

FSWEP gives full-time secondary school, cegep, college, technical institute and university students: Fair and equal access to student jobs offered by the Public Service of Canada; opportunities to learn about the federal government and gain valuable experience while developing and improving their employability skills. Applications will be accepted starting October 12, 1999. Application packages at the student employment centre or go to PSC website <http://jobs.gc.ca> There is no deadline for applying to the general inventory. However, certain departments hire students earlier than others (see Departmental Programs in guide.)

TUTORS NEEDED

The **DALHOUSIE TUTORING SERVICE** is hiring tutors with expertise in Science, Statistics and Business (particularly Finance and Business Math)

To apply, pick up an application in the Student Employment Centre and submit to our office.

Need a tutor? Visit the Tutoring Office, Room 443, Student Union Building or email: tutoring.service@dal.ca

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