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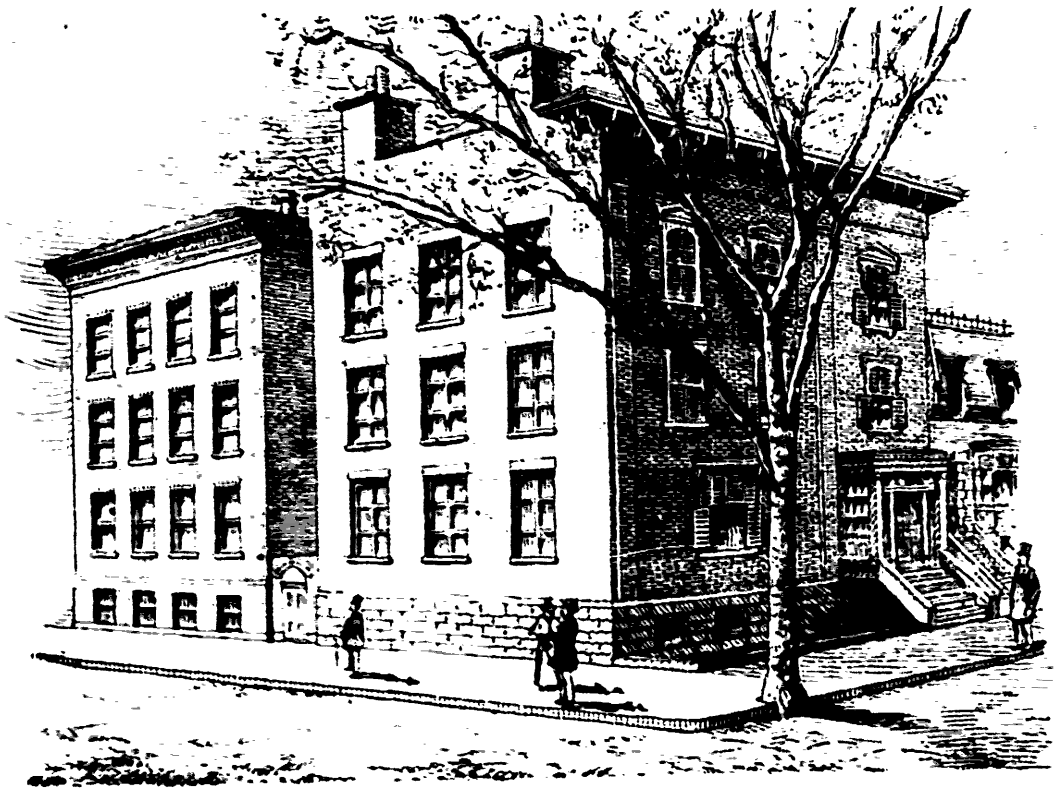
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MONTREAL

HOMŒOPATHIC RECORD.



DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE
MONTREAL HOMŒOPATHIC HOSPITAL.

“As we have therefore opportunity, let us do good unto all men.”

PUBLISHED MONTHLY BY THE WOMAN'S AUXILIARY OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

MONTREAL HOMŒOPATHIC PHYSICIANS' DIRECTORY.

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Rates, \$2 and \$3 per day. Semi-private Patients, 50c. and \$1 per day.

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CHICAGO HOMŒOPATHIC MEDICAL COLLEGE

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NEW COLLEGE HOSPITAL. NEW LABORATORY BUILDING.

TWENTY-FIRST YEAR, 1896-97.

Regular Session opened September 15th, 1896. Announcement and Catalogue sent on application.

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MONTREAL

Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
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VOL. I. No. 12.

MONTREAL, DECEMBER, 1896.

25cts. A YEAR.

Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Woman's Auxiliary of the Montreal
Homœopathic Hospital.

Telephone 3937.

Ambulance 3020.

All matters of business and subscriptions to be sent to C. S. De Witt, care of Montreal Homœopathic Hospital, 44 McGill College Avenue.

All manuscripts, news items, etc., should be addressed to Dr. Arthur D. Patton, care of Hospital.

RETROSPECTION.

With this number, the first volume of the RECORD is completed and another mile stone along the road of homœopathy's progressive march has been passed. The experiment of publishing a paper in connection with the hospital has proved a success, more pronounced than even the most sanguine dared hope for. Begun in a small way, in size, circulation, and appearance, it has steadily grown to twice its original size and circulation. Of the quality of the pabulum furnished our readers are the best judges. Improvement therein may have accounted for the increase in circulation, but the increase in size is due to the demand for more space on the part of the business management and represents push and energy.

This has been a red letter year for homœopathy in the province of Quebec, and the substantial progress made during 1896 is a matter of congratulation and pride to the friends of our cause. Some of the incidents may be enumerated, as, the establishment of the hospital paper, the completion and opening of the

new wing of the hospital, the addition of the out-door department, increase in number of hospital staff, graduation of first-class of nurses, and the holding of several unique and original entertainments; as well as the increased interest taken by the public in the hospital and its work. Of the growth and standing of the various departments of our work, we shall speak in a future number, giving a description of the hospital and dispensary portions, at present we take the opportunity of thanking the many friends of the hospital for their generous aid and support during the past year.

To the patrons and readers of the RECORD we desire to express our sense of indebtedness for the encouragement so freely and substantially given, enabling us to firmly establish this potent factor in the dissemination of the therapeutic gospel according to Hahnemann. We promise for the coming volume, at least, no retrogression from our standard, homœopathy "isn't built that way," and we ask you to continue to help us to spread the knowledge of a more benign and rational system of healing.

From our friends, not of the faith, we invite inspection and court investigation of our methods and institutions, a fair field and no favor, being convinced of the superiority of our means and methods of treating disease we do not fear the outcome, being assured that it is but a matter of time when the scales will fall from their eyes, and the fallacy and questionable utility of heroic medicine appeared in the true light. The dawning of a brighter day is near at

hand, the knowledge of our therapeutics is fast gaining access to all parts of the Dominion and we trust ere another year passes over us, the gentle beams of the light of homœopathy will have penetrated the cimmerian darkness of allopathy in all parts of our fair heritage; and throughout the land the soothing presence of the great truth *Similia Similibus Curantur* will be felt in the sick chamber guarding the loved one from the advances of the Grim Reaper, and with firm but gentle skill baffling his encroachments.

A NOVELIST'S CREED.

Elizabeth Stuart Phelps, in a new chapter of her autobiography in the November *McClure's*, speak of the ethical purposes which have characterized almost all of her stories and the creed from which they sprung. It is a distinctly serious chapter in which the novelist cites and attempts to controvert Mr. Howell's objection to the art of the New Englanders on the score that their intense ethicism prevails too strongly over their esthetical sense. Mrs. Phelps Ward gives her creed as follows:

"The creed is short, thought it has taken a long time to formulate it.

"I believe in the life everlasting, which is sure to be; and that it is the first duty of Christian faith to present that life in a form more attractive to the majority of men than the life that now is.

"I believe in women, and in their right to their own best possibilities in every department of life.

"I believe that the methods of dress practiced among women are a marked hindrance to the realization of these possibilities, and that they should be scorned or persuaded out of society.

"I believe that the miseries consequent on the manufacture and sale of intoxicating liquors are so great as to command imperiously the attention of all dedicated lives; and that, while the abolition of American slavery was numerically first, the abolition of the liquor traffic is not morally second.

"I believe that the urgent protest against vivisection which marks our immediate day, and the whole plea for lessening the miseries of animals as endured at the hands of man, constitute the 'next' great moral question which is to be put to the intelligent conscience, and that only the educated conscience can properly reply to it.

"I believe that the condition of our common and statute laws is behind our age to an extent unperceived by all but a few of our social reformers; that

wrongs mediæval in character, and practically resulting in great abuse and much unrecorded suffering, are still to be found at the doors of our legal system; and that they will remain there till the fated fanatic of this undeveloped 'cause' arises to demolish them.

"I am uncertain whether I ought to add that I believe in the homœopathic system of therapeutics. I am often told by skeptical friends that I hold this belief on a par with Christian religion, and am I not altogether inclined to deny the sardonic impeachment! When our bodies cease to be drugged into disease and sin, it is my personal impression that our souls will begin to stand a fair chance; perhaps not much before."

SURGICAL POINTS.

The Tonsils are the scavengers of the throat; hence their removal in children is unwise unless the breathing space is so reduced as to hinder chest development. Shrink them by electrical punctures or by the slower process of medicine. Drugs are: Baryta Carb. and Iod. Calc. Carb. Merc. Iod. and Ferrum Iod.

When a child breathes only by the mouth, the cause is generally found in Adenoid growths of the Naso-Pharynx. Unless surgically removed the expression is ruined, chest development stunted and hearing endangered. Cases have been cured by Sang. Wyethia and Hydrastis Can.

Persistent headache over the eyes in school children should receive attention. Defective vision is as a rule the cause.

In consumption the open air is the best antiseptic to the poison.

Homœopathy used *Bacillinum* in the higher attenuations ten years before Koch thought of its possibilities.

Ringer discovered Calc. Sulph. six years ago, but forgot to state that Hahneman used it a century previous.

The pain of appendicitis is usually in the right side of abdomen, low down. Frequently it is felt over the stomach or the liver.

Kneipp advocates tramping in a tub of cold water, for sleeplessness. Tramp till feet feel warm and don't dry them, but put on cotton socks and walk till moisture has disappeared.

Powdered alum and fine salt in equal parts rubbed on inflamed gums, soothes the pain.

Herodotus found the skulls of the Egyptians thick and hard because they avoided caps.

SUBSCRIPTIONS AND DONATIONS
RECEIVED IN NOVEMBER, 1896.

Lady Van Horne	\$ 25 00
Mrs. R. G. Reid	20 00
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Collected by E. L. Marcon	4 25
Unknown	4 00
Montreal Ice Exchange	3 50
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Miss Ames	2 00
H. H. Austin, Esq	2 00
Mrs. H. Watson	2 00
Mrs. Arnold	2 00
Mrs. Denoon	1 00
Mr. Hall	1 00
Concert Receipts	183 00
Total	\$ 238 75

HINTS.

Dr. O. A. Williams in *Materia Medica Journal* says that the country people in his part of the country use *Symphitum* with considerable success for obstinate bronchial coughs. Dr. Williams has prescribed it with good results. The 1st potency would be about the right strength.

A correspondent wants to know what to take for "fidgets" of the legs and feet. Farrington, in his *Critical Materia Medica* says *Zincum vul.*, 6th potency.

"What is good for a cold in the head and larynx—a rasped tickling in throat and one nostril or the other alternately stopped." Perhaps *Phytolucca dec.*, 6th, might benefit.

Esculus suppositories are the remedy for painful piles and *Esculus* and *Uamachus* for painful bleeding piles. For exceedingly obstinate, chronic cases *Collinsonia* suppositories are a good remedy.

The tincture of *Symphitum* rubbed on parts where the bone has once been broken will often relieve the pain that may linger for years in such cases the treatment will be more efficacious if at the same time *Symphitum* 30 be taken interally.

Bicyclers and athletes generally should remember that Arnica oil rubbed on the limbs will prevent soreness of the muscles and tend to make them lithe and tough.—*Homœopathic Envoy*.

THE PRACTICE OF MEDICINE IN
CHINA.

The work of the Chinese practitioner begins at daybreak, when he receives his office patients. At ten o'clock he is carried in a sedan chair to visit his patients. On the door of his house the sick one hangs a card bearing the name of his own physician, a necessary precaution, as all the houses are similar and are not numbered. The doctor is received with profound respect. He is offered tea, and a pipe, and then is invited to feel the pulse of the sick one. If it be a man, the doctor seats himself in front of him; if a woman, a bamboo screen is placed between them, which is, however, withdrawn when it is necessary to examine the tongue. The left hand of the patient is extended upon a book, the doctor lays the three first fingers of his right hand upon the pulse, tries it with each finger separately, then with all three he presses firmly upon the artery and counts, without a watch, the number of pulsations. This accomplished, the patient presents his other hand, and the performance is repeated.

After asking questions of the sick one concerning his illness, the doctor calls for pen and paper to write his prescription, the principal ingredients of which are of the vegetable kingdom.

If the patient be a mandarin or person of high rank, the physician writes out the nature of the sickness, the prognosis and the treatment, and receives as honorarium about ten francs (\$2.50). But often the family and friends are satisfied with just a verbal communication.

The charges for a visit vary generally according to the pecuniary condition of the patient.

The money paid is wrapped up in a red paper, and when the patient is especially grateful, in a gilt paper.

The doctor does not make a second visit, except in very serious cases, and if he is requested to do so.

If the recovery does not proceed rapidly, a second physician is called in, then a third, a fourth, a fifth—until the family, tired of seeing doctors, call upon the aid of some divinity endowed with the virtue of healing.

But it is all useless.

Generally speaking, the visit of the first doctor is quite enough to send the patient into the kingdom of Confucius.—*DR. M. DE T.: From the Journal d'Hygiene Paris, Nov., 1895.*

Subscribe to the Record, and send it to your friends, only 25 cents a year.

WOMAN'S AUXILIARY.

The annual meeting of the Woman's Auxiliary was held at the hospital, Nov. 18th, when Mrs. W. Sutherland Taylor presided in the absence of Mrs. Morton. The room was well filled, and the reports encouraging.

The following officers and committees were elected :

President, Mrs. Hector McKenzie; hon. vice-presidents, Mrs. W.E. Phillips and Mrs. James Hutton; 1st vice-pres., Mrs. W. Sutherland Taylor; 2nd vice-pres., Mrs. E. Von Rappard; treasurer, Miss Van Horne; secretary, Miss M. E. Baylis.

Training School Committee:—Dr. Laura Müller, Convener; Mrs. R. J. Evans, Mrs. Thos. Nichol, Mrs. Gaunt, Mrs. Dr. Griffith.

Furnishing Committee:—Mrs. Sumner, Convener; Mrs. Krause, Miss McCulloch.

Entertainments:—Mrs. Gaunt, Convener; Mrs. James McDougall, Mrs. J. T. Hagar, Mrs. E. Von Rappard, Mrs. C. H. Binks.

Library:—Miss Stanley, Miss Miller.

Supplies:—Mrs. Thos. Nichol, Mrs. J. T. Hagar.

Sunday Services:—Mrs. H. Thomas.

Sewing:—Mrs. C. H. Binks, Convener; Miss Moodie, Mrs. Sheffield.

Thanksgiving dinner was arranged for, and then followed the presentation of medals to the first two graduates of the training school Misses Egan and Adams, the medals were of gold, neat and pretty, suspended by chains from a plain gold bar, bearing the name Phillips Training School. The medal has the crest of the Montreal Homœopathic Association on its face, and on the reverse the name of the graduate and date of graduation. These nurses fully recommended by the Hospital are now open for engagements and can be found at 121 Mackay St.

A unanimous vote of thanks was passed to all those who took part in the very successful concert held in Windsor Hall, November 17th, for the benefit of the Hospital. And to the Committee whose untiring efforts contributed to the success.

HOSPITAL REPORT.

Patients admitted November, 1896...	14
Patients discharged.....	7
Patients in hospital Nov. 30.....	13
No. of patients treated in the Out-Door department	98

INVALID COOKERY.

FOR INVALIDS.—When the yolk of an egg cannot be borne, the white may be given with perfect impunity. Albumenized milk is prepared by shaking in a wide-mouthed bottle or jar one pint of milk with the whites of two eggs. These are so thoroughly incorporated by this process that few would suspect their presence, and the mixture is much more nourishing than the milk alone. A delicious egg-nogg is made by heating the yolk of an egg separately and adding to it three teaspoonsful of sugar, with the juice of half a lemon squeezed on it; when well mixed the milk is poured in, the white, beaten to a stiff froth with a small teaspoonful of sugar and a few drops of lemon juice, is heaped on the top or beaten through the milk, according to the fancy of the maker. Orange juice may be substituted for the lemon. Albumenized water is a refreshing and at the same time a nourishing drink. It is prepared like the milk; by shaking together the whites of two eggs and a pint of cold water and flavored with lemon juice, a slice of lemon being left floating in the glass. Cold toast-water can be used to make it.—*Miss Scord in Christian Union.*

OYSTERS.—Put some oysters into the bottom of a hot, shallow dish and pour enough boiling milk over to cover them, Let them stand two minutes and they will be sufficiently cooked to be in the most digestible condition,

THANKSGIVING OFFERINGS.

1 ham, Mrs. Hutton; 1 turkey; 2 part-ridges, celery, cranberries, grapes, figs, oranges, lemons, sweet potatoes, Mrs. S. Bell; 1 turkey, Mrs. Watson; box biscuits, 17 jars preserves. 1 lb. cocoa, 8 bottles grape juice, 1 jar sweet pickle, 1 bottle calf's foot jelly, 3 tins tomatoes, 3 tins sugar corn, 4 tins peas, 1 tin baked beans, Miss Moody; five pies, Mrs. John Cowan, sausages, Mrs. R. L. Gaunt; preserves, Mrs. Nichol; shell oysters, apples, Mr. and Mrs. J. A. Sheffield; venison, roast of beef, oranges, bananas, apples, grapes, Lady Van Horne; 3 qts. cranberry sauce, Mrs. Hector Mackenzie; 1 turkey, Dr. Laura Müller; 2 doz. ginger ale, Mrs. H. M. Patton; 1 turkey, Mrs. Von Rappard; muscatelles, Miss Gillespie; sausages, Mrs. Sutherland Taylor; 2 sponge cakes, Mrs. J. Baylis; chest of tea, Mr. and Mrs. J. A. Mathewson Jr., cake, Mrs. C. H. Binks.

For one dollar, you can have the Record sent to five friends for one year.

HOSPITAL NOTES.

Merry Christmas and a Happy New year.

* * *

When Santa Claus comes to see you, tell him about the hospital.

* * *

The new door plate is handsomer than the one that was stolen.

* * *

Thank you, for enabling us to give thanks in the orthodox fashion.

* * *

Renew your subscription to the RECORD and get *one* friend to subscribe.

* * *

Come to the Children's Bazaar and see the pretty dances, interview Aunt Sally, and vote for your own baby.

* * *

The Children's Bazaar, real homœopathic in every particular, from the originators to the price of admission, small but "just right."

* * *

Homœopathy leads, others follow, first hospital paper, first doll's show, first children's bazaar ever instituted in this city, isn't that a fair *Record* for one year.

* * *

Will you help to get up a Christmas Tree for the patients in the hospital, a little present oft times gladdens the heart of the sick and does more than medicine can.

* * *

We admit the charge of mendicacy, all hospitals live by begging, but we give you something for your money, in the RECORD, no other hospital in the city does as well.

* * *

The Record costs you 2 cents a month, the postage on it is $\frac{1}{2}$ cent, you can easily figure out the fortune there is; in prospect. Send us a quarter and help us to get rich.

* * *

We are glad to note that some of the churches have remembered the hospital with Thanksgiving offerings. From St. Martin's Episcopal Church came fruit and vegetables.

* * *

The concert in aid of the Hospital at Windsor Hall last month was a gratifying success, as \$183 already turned into the treasury evidences, that is clear of all expenses.

Subscribers are reminded that a good many subscriptions to the RECORD expire with this number, by sending in the 25 cents early an uninterrupted delivery of the paper will be secured.

* * *

Flowers are always acceptable at the hospital, those supplied during the Summer from the Montreal Flower Mission, the Westmount, W. C. T. U. and other friends were very much appreciated.

* * *

Thanksgiving dinner was much enjoyed, owing to the bountiful supply sent in by kind friends. Nurses and patients desire to express their thanks for the kind remembrance and the many donations.

* * *

To the Woman's Auxiliary is largely due the credit of selling the tickets for the concert, one lady (Miss Wanless) having disposed of over one hundred, and others in varying smaller numbers.

* * *

The Record has readers in New Brunswick and British Columbia; Georgia and Montana; Holland and China; Peace River and the West Indies; Great Britain and the United States; besides shedding it's light through all the provinces of the Dominion.

* * *

The hospital recently received a visit from Mr. Thos. Corkhill, who was one of the first patients in the institution. He has been in the United States for the past two years and is on his way home to old England. He expressed delight with our progress and said that he would not let his friends in England forget us.

* * *

Christmas will be celebrated in the hospital by a dinner, for which contributions of all kinds are asked, to be sent to the hospital the day previous. Green wreathing for decorations, cut flowers or plants, will be gladly welcomed. Let visitors to the Bazaar remember the inmates of the hospital and provide a small gift for each, thus enabling them to have a Christmas Tree.

HOSPITAL WANTS.

Old linen.

Empty medicine bottles.

Slippers for patients.

Dressing gowns for male and female patients.

