

#### TO THE READER.

# THE ALPHABET OF HEALTH.

IERE are only two ways to accomplish any labor of life, a right way and a wrong way, and the right way is ever the easiest, most simple and most sensible. So, too, in the regulation of the human system, either in health or disease, it is a plain commonsense business if we only place ourselves in a condition to understand it. The Science of Medicine has always been too much mystified, and the care of the human body has been left too entirely in the hands of the profession, without a proper

attendance to the simple laws of life on the part of the people. It is to teach this alphabet of health that the following pages have been written in a brief familiar manner, in alphabetical order and as plain as A.B.C. We recommend nothing but what we have proved by experience to be of value. The proprietary remedies mentioned herein, have long been popular standard medicines, and in the absence of a physician are of incalculable service. In all serious forms of illness, a trustworthy physician should be consulted without/delay if possible. In presenting this Annual for 1884, we sincerely offer our thanks to our friends and patrons for their liberal dealings with us. Our advertised medicines were never more popular or in greater demand than at present, which fact speaks volumes for their merits. We have endeavoured to make our Almanac as attractive and useful as ever. The various hints and receipts are worthy of preservation, and we trust the general make up of the present issue will be attractive to the general reader. With kind regards to our patrons all,

We remain, yours truly,

T. MILBURN & CO.

#### Ague.

Symptoms.—Pains in the head and back, aching of the joints, yawning, general chilliness sometimes shaking, followed by fever and alterwards by free perspiration. Ague therefore consists of a cold, hot and sweating stage.

Cause. - Malarial influence, biliousness with exposure to bad air from stagnant water, low marshy regions, etc.

Cure.—Cleanse the stomach and bowels, and arouse the torpid liver by antibilious purgatives, such as National Pills. For the fever, warm herb teas a such as Yarow, Sage etc, the hot foot-bath and other sweating means. During the intermission Quinine in'5 to ro grain doses, every three or four hours will break the chills. Our Burdock Blood Bitters should then be taken as a tonic, and to regulate the liver and prevent a return of the disease.

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#### Asthma.

**Symptoms.**—Distressing tightness across the chest, difficult breathing, a , wheezing noise upon drawing in the breath, worse at night, and in very damp or very dusty atmosphere.

**Cause.**—This is a nervous disease, peculiar to certain constitutions, the exciting causes are exposure to dampness, the inhaling of dust, etc.

**Cure.**—Relax the spasmodic tightness of the chest by teaspoonful doses of Tinct. Lobelia in sweetened water every-half hour or oftener till relieved; bathe the throat and chest with Hagyard's Yellow Oil, and take Hagyard's Pectoral Balsam to keep the bronchial pipes free from mucous; strengthen the system and regulate the general health with Burdock Blood Bitters, and seek a residence where the air is pure, clear and dry, avoiding all exposure to either dampness or dust.

#### Abscesses.

Symptoms.—Large deep-seated sores or cavities in the flesh from swellings containing pus.

**Cause.**—Inflammation, a scrofulous condition of the system, etc. Hip Disease, and Goitre or King's Evil are among the worst varieties of Abscesses.

Cure.—Burdock Blood Bitters is nature's true specific for all scrofulous conditions of the system, and should be resorted to without delay. The sores if containing matter should be punctured to allow free discharge or poulticed with Flax Seed or Slippery Elm, and Burdock Healing Ointment freely applied as a dressing. The Burdock Blood Bitters has been applied with almost marvellous success, used outwardly direct upon the sore, as in the case of the Revd. Mr. Stout, whose extraordinary cure of Scrofulous Abscess is noted elsewhere in this book. The Burdock Blood Bitters should be regularly taken, until every sign of the disease is absent from the system.

#### **Biliousness and Liver Complaint.**

Symptoms.—Most prominent may be noticed pain in the region of the shoulders, irregular action of the bowels, headache, faint or sick stomach, alternate costiveness and looseness of the bowels, bad taste in the mouth, capricious appetite and feelings, etc. Should there be a sallow complexion, yellowness of the whites of the eyes, and other bilious symptoms, it indicates an overflow of the bile into the blood, as in Jaundice.

**Cause.**—A naturally bilious temperament, indulgence in too rich or hearty food, the excessive use of greasy food, indigestion, etc.

**Cure.**—Arouse the biliary organs to carry off the overflow of bile by the free use of Burdock Blood Bitters; if not sufficiently laxative, use in connection Burdock Pills, continue the Burdock Blood Bitters until all the secretions are regulated and the system is toned.

Diet.—Avoid fat meat and all greasy food, shun pastry, pickles, hot biscuit and all indigestible and highly seasoned articles either of food or drink, strong tea and coffee and all malt or spirituous liquors are hurtful. Eat ripe fruits of a mildly acid nature, stale bread, or brown bread, lean beef or mutton, wild game, oatmeal, pure milk, sweet cream, soft boiled eggs and such-like diet that will easily digest should be used, and the great Key to Health Burdock Blood Bitters will unlock all the secretions, and liberate the sufferer from the thraldom of this troublesome disease.

## Boils, Blotched Face, Pimples and Eruptive Diseases of the Skin

Are caused by impure blood, errors in diet, want of cleanliness, neglect of keeping the pores of the skin open, etc. The general health should be attended to, proper bathing, careful diet, avoiding greasy food, and keeping

the bowels, skin, and kidneys in their proper functions, are the great auxiliaries to health. Burdock Blood Bitters is the best blood purifier known, eliminating all foul poisonous humors from the system.

## Bruises, Burns, etc.

Bruises, Burns, and Scalds, and other similar injuries are of common occurrence, and should be promptly relieved by Hagyard's Yellow Oil—the great specific for pain, swelling and inflammation. When the skin is broken Burdock Healing Ointment, or Victoria Carbolic Salve will be found valuable as curative dressings.

#### **Bronchitis**.

**Symptoms.**—Acute Bronchitis comes on like a common cold, followed by inflammation of the bronchial tubes with distressing cough-soreness of the chest and throat. Expectoration, oppressed breathing, and general feverish and catarrhal symptoms.

**Cause.**—Susceptible temperament to take ccld easily, exposure to draughts of air when over-heated, bad air, damp feet and clothing, poor circulation, bad ventilation, etc.

**Cure.**—In the outset of the cold prevent inflammation by the sweating process, avoiding sudden chill, take some mild Cathartic like National Pills, drink warm tea of Yarrow, or Sage, or Pleurisy Root and remain at rest indoors until danger is past. For the Cough use Hagyard's Pectoral Balsam, and bathe the throat and chest with Hagyard's Yellow Oil. If the throat is sore gargle with Sage tea sweetened with honey, adding half a teaspoonful of borax or alum to the pint cupful; 15 drops of Hagyard's Yellow Oil taken with sugar or sweetened water or milk, three or four times daily, for adults is excellent.

**Chronic Bronchitis**—requires expectorants such as Hagyard's Pectoral Balsam and medicines to tone and regulate the system such as Victoria Compound Syrup of Hypophosphites. Flannel should be worn next to the skin, and the warm salt water bath with much friction used. Good ventilation, nourishing food, pleasant exercise, and pure air are indispensable to a perfect cure.

#### Coughs, Colds, Catarrh, Croup, Consumption.

A Cough, however slight, should never be neglected. "Only a trifling cold," has been the lullaby-song of many a victim to their last long sleep. Bad air, close apartments, damp clothing, heglect of wearing flannel and thick soled shoes, sitting in crowded, hot rooms, sudden exposure to cold draughts of air, allowing the body to cool too quickly after exercise, has marked many a victim for its own on the long death roll of Consumption. A cough should be loosened as speedily as possible, and all irritation allayed before it settles upon the lungs; for if the system be weak, the blood tainted with Scrofula, Catarrh or Consumption is sure to follow. At the very outset of a cold equalize the circulation by warm drinks, or a teaspoonful of Hagyard's Pain and warm clothing, will speedily break the cold. Habituating the body to the use of the bath is a good preventative of colds. A cough, however troublesome, soon yields to Hagyard's Pectoral Balsam, which loosens the phlegm and allays irritation.

#### Catarrh.

**Symptoms.**—Catarrh is a chronic cold in the head, known by pain over the forehead or eyebrows, discharge of matter more or less of the nature of corruption, which causes constant blowing of the nose, hawking of phlegm, etc., Allowed to remain, it often destroys the nasal bones, and all sense of smell is

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# JANUARY, 1884.

If you are nipped by Chilblains and wild winter's frosts. Try Hagyard's Yellow Oil, it but a Quarter costs.

#### MOON'S PHASES

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#### CONUNDRUMS

If you see three pigeons on a tree, and shoot two, how many will remain? (None-the third will fly away.)

Why are noisy people at a public meeting, like sputtering candles ? They only cease to be a nuisance when they are put out.

Those who suffer from Dyspepsia, Biliousness, Constipation, Headache or any irregular action of the Stomach and Liver should resort at once to the use of Burdock Blood Bitters,

What most resembles half a cheese ? The other half.

What creeping plant is exactly four ? IV. (Ivy.)

Which is the oldest piece of furniture in the world? The multiplication table.

The Stomach, Liver, Bowels, Kidneys and Blood perform vital functions in the animal economy. The best purifying medicine for these functions is Burdock Blood Bitters.

When a boy falls into the water what is the first thing he does? He gets wet.

Why is kissing your sweetheart like eating soup with a fork? It takes a long time to get enough.

Bad Blood results from improper action of the Liver and Kidneys. Regulate these important organs by the use of Burdock Blood Bitters.

Why are lovers like apples? They are often paired.

What is that which can be found where it is not? Fault.

When is a bed not a bed? When it is a little buggy.

Broken down conditions of the system that require a prompt and permanent tonic to build up the blood and restore failing vitality will be benefited at once by Burdock Blood Bitters.

Why is a side-saddle like a fourquart measure? It will hold a "gal" on (gallon).

What did Adam first plant in the Garden of Eden ? His foot.

Why is an advertiser like a man out of breath? He puffs.

dormant; or the matter falling upon the bronchial pipes causes Bronchitis, and often leads to pulmonary Consumption. Cleanse the system with Burdock Blood Bitters, and tone up the general health by the best hygienic means.

**Cause.**—As Catarrh is a constitutional or blood disease attended with local inflammation and irritation of the mucous membrane, it must be treated both constitutionally and locally. It is one of the most common and obstinately troublesome diseases of our Canadian climate.

**Cure.**—Cleanse the nasal passage with weak solutions of salt and water or borax, a teaspoonful of either to the half pint. Glycerine or our Burdock Ointment applied with a camel's hair pencil up the nostrils is very cleansing and healing. The system must be cleansed and nourished by Burdock Blood Bitters, and good food, pure air, cleanliness, and change of climate will, in time, cure all cutable cases.

### Croup.

Symptoms.—An acute inflammation of the mucous membrane which lines the whole surface of the wind-pipe and bronchial tubes. It often comes on suddenly at night, and every mother can easily recognize the hoarse, crowing, gasping, choking cough that distresses the little sufferer. In true Croup a tough, leathery, false membrane forms rapidly, which may strangle the child.

**Cure.**—Upon the first signs of a wheezing, hoarse cough, rub the neck and chest with Hagyard's Yellow Oil, and give from 10 to 15 drops on sugar or in a teaspoonful of melted butter—the dose lessened or increased according to age, and repeated every quarter or half hour till relieved. Afterward Hagyard's Pectoral Balsam should be administered for the cough and tightness of the chest. Our Yellow Oil is considered a specific for this much-dreaded disease. Should you not have Yellow Oil, give an emetic of mustard or melted butter every five minutes until relieved, or a half teaspoonful of powdered alum with sugar may be given at a dose until relief is at hand—this last

### Consumption.

Symptoms.—The first alarming signs of Consumption are hacking, irritating cough, rapid pulse, hurried breathing, fatigue upon slight exertion, weakness and loss of flesh, palor of the countenance followed by hectic flush, etc., etc.

**Cause.**—Hereditary weakness, Scrofula and bad habits such as tightlacing, excesses, exposure to colds which remain neglected, etc.

Cure.-In the early stages permanent cures often take place, and cures are frequently recorded after actual ulceration of the lungs or tubercles of the This disease, the blighting plague of our nation, is, although lungs exist. often induced by colds neglected, in reality a scrofula of the lungs, and therefore, strictly speaking, a blood disease. Its curability depends upon a prompt treatment with general tonics, blood purifiers, and nutritious remedies. Burdock Blood Bitters will accomplish the first two indications, and Victoria Compound Syrup of Hypophosphites will be found beneficial for nourishing and re-vitalizing the system. The distressing cough may be allayed by Hagyard's Pectoral Balsam; and Nature, aided by nourishing diet, pure air, and pleasant exercise, such as rowing, horseback riding, etc., will be the means of assisting a cure. The general health hints found throughout this work must be studiously observed. Victoria Compound Syrup of Hypophosphites is highly recommended, as hundreds now enjoying health who once were consumptive can testify. Cod Liver Oil and preparations made from Cod Liver Oil are recommended, and have proved beneficial in many cases. The family physician should be consulted.

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DAY OF MONTH.	DAY OF WEEK.	Ont. Marin Provin Sun rises. h. m.	Sun sets.	Que Sun rises.	sets.	Moon sets.	-	Weather Probabilities.	word as he does his bond. No man can get rich by sittin around stores and saloons. If you have a place of busines be found there when wanted. More miles can be made in on day by going steadily than h
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	_	6 50 6 49	5 38	6 52	5 34	34	0	S. or S.W.	"Can yer honour tell me how the make thim glasses so nate?" T
8	-	nrove		-	E 20	EC	_	rain or	gentleman then gave him the i formation how glass was blow
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27	We	6 43 . 6 41 .	5 44	6 44	5 42	70	9	snow.	i' the wind that blew that glass.'
28	Th	6 40 6 38	5 40	0 43	5 43	82	4	changeable	Sow good thoughts and you we reap good actions.

### Constipation.

Is an effect rather than a disease—the result of irregularity in the system, error of habit, or diet. Still, a torpid condition of the bowels should never be suffered. When the bowels become clogged with faccal matter, the general health is sure to be seriously impaired, giving rise to impure blood, headache, piles, fistula, and many serious disturbances. An inactive state of the liver is sure to lead to costiveness. The bowels, in connection with the skin and the kidneys, constitute the grand outlets for imparities of the system and the channels by which diseases are expelled. All strong drastic and repeated purgatives should be avoided, as they tend to debilitate the already weakened condition of the bowels. Injections of tepid water, with a little castile soap, or molasses, or oil, may prove beneficial, but Burdock Blood Bitters is the true remedy, acting upon the bowels and giving them tone without a reacting constipation. Careful attention to diet should be observed—Graham bread, ripe fruits, rice, oatmeal, etc., are most serviceable. Food that sours on the stomach or requires a long time to digest should never be tolerated.

**Cure**.—Burdock Blood Bitters is the key to unlock the clogged secretions and bring health to the sufferer. Over indulgence in eating while the bowels are inactive is a prolific source of serious diseases.

Burdock Pills in connection with Burdock Blood Bitters will sometimes be necessary.

#### Cholera, Cholera Morbus, Cramps, Colic.

#### (See also Diarrhæa and Dysentery.)

In the absence of a Physician, use for the painful Cramps or Spasms of Colic, etc., Hagyard's Pain Remedy, and for the Flux use Dr. Fowler's Extract of Wild Strawberry, according to directions.

#### Congestion.

Is a general term, signifying a stoppage in the circulation with a local inflammation or determination of blood to some special organ or part of the body, as Congestion of the Brain, Congestion of the Lungs, etc.

**Cure.**—Hot packs of Hops or Smart weed, cloths wrung from hot-water; equalize the circulation by rubbing with stimulating liniments, the foot-bath, sweating, evacuating stoppages of the bowels, kidneys, skin, etc., are always in order whether there is general fever or not.

#### Canker.

This is the result of an inflamed state of the mucous membrane and a bad condition of the blood, and consists of raw sores spreading over the throat, mouth, lips, lining of the nostrils, etc. Dr. Fowler's Wild Strawberry will be found beneficial, and Burdock Blood Bitters to correct the state of the stornach and general health.

#### Chilblains.

Bathe the feet for ten or fifteen minutes in as hot water as can be borne; then apply Hagyard's Yellow Oil, and you will have a perfect cure.

#### Corns.

These troublesome excrescences may be removed by the use of our Chinese Corn Remover, in a few days without pain or soreness. The feet should be soften bathed and tight boots or any pressure or friction must be avoided.
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**	MAR	RCH,	188	4.	MISCELLANEOUS.
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Full Las	Quar. 4 I M'n. 11	N'S PHA Ontario. h. m. 8 16 a.m. 2 22 p.m. 5 55 p.m. 0 30 a.m.	Mai d. 4 11 . 19	ritime Pro. h. m. 9 13 a.m. 3 19 p.m. 6 52 p.m. 1 27 a.m.	contented. Use me well and I'm everybody, scratch my back and I'm nobody. —A looking-glass. Josh Billings says the man who wrote "I would not live always, I ask not to stay," probably never hed here wrond emerging
	CALEN				had been urged sufficiently. "Union is not always strength,"
DAY OF MONTH. DAY OF WEEK.	Ont. and Maritime Provinces. Sun rises. Sun sets.	Province of Quebec.	Moon sets.	Weather Probabilities.	as Sir Charles Napier said, when he saw the purser mixing his rum and water. Sick Headache, Dizziness, Nau- sea, etc., are the results of dis- ordered Stomach and Biliary or- gans—regulate the trouble at once by a few doses of Burdock Blood
9) IS 2  <b>Sun</b> 3 Mo 4 Tu 5 We	6 37 5 48 t Sunday 6 35 5 50 6 33 5 51 6 31 5 53 6 29 5 54	6       39       5       46         in       Lent.       6       37       5       48         6       35       5       49       6       33       5       50         6       31       5       52       2       2       2       2       2	10 45 11 56 A.M. 1 03 2 03	wind W.,	Bitters. Haste turns' generally upon a matter of ten minutes too late, and may be avoided by a habit like that of Lord Nelson, to which he ascribed his success in life, of being ten minutes too early.
8 Sat 10) 2	6 24 5 58 nd Sunda	6 27 5 55 6 25 5 56	4 23	and	"What are you doing there?" said a grocer to a fellow who was stealing his lard. "I'm getting fat," was the reply.
10 Mo 11 Tu 12 We 13 Th	6 22 6 00 6 20 6 02 6 18 6 04 6 16 6 05	6 22,5 59 6 20 6 00 6 18 6 02 6 16 6 03	5 30 Rises 7 13 8 14	Fair	Boxes, it is said, govern the world — the cartridge box, the ballot box, the jury box, and last, though not least, the bonnet box.
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16 Sun	16 10 6 08	6 10 6 07 6 08 6 09		Some	fever sore. Six bottles of Bur- dock Blood Bitters cured him, which he considers almost a mir-
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21 Fri	6 00 6 14	6 00 6 14 5 58 6 16	2 22		boy, having bottled a lot of nice preserves, labelled them, "Put up
12) 4	th Sunday	in Lent.		and	by Mrs. D." Johnny, having dis- covered them, soon ate the con-
24 Mo 25 Tu	5 53 6 20	5 54 6 18 5 52 6 20	4 47	rain:	tents of one bottle, and wrote on the bottom of the label, "Put down by Johnny D."
26 We 27 Th 28 Fri	5 51 6 21 5 49 6 22	5 48 6 22	5 20 Sets		A weather report—A thunder- clap.
29 Sat		5 46 6 24 5 44 6 25 in Lent.		wind	Positiveness is a most absurd foible. If you are in the right, it
	the state of the second second second second	and the second se	10 51	S an S W	lessens your triumph; if in the wrong it adds shame to your de-
30 Sun	5 44 6 25	5 40 6 28	11 56	5.015.11.	feat.

# Debility.

A sense of indisposition to exertion, loss of strength, faintness, "Il gone" sensation, languor and depression of spirits, indicate a want of tone and vitality to the blood. Burdock Blood Bitters is the grand tonic for all cases of general or nervous debility.

#### Dropsy.

**Symptoms.**—Dropsy is a thin, watery condition of the blood and a disordered condition of the kidneys, characterized by bloating, suppressed urine, etc., and may affect the abdomen, the lower extremities, the chest, or the brain, as the effusion may locate, and is rather a faulty condition and circulation of the fluids than an absolute disease.

**Cause.**—A watery condition of the blood from improper diet and habits? inactivity of the skin, kidneys and secretary organs, as well as the absorbants that favor the accumulation and retention of the watery portion of the blood in the system.

**Cure.**—Among the best diuretics or medicines that act on the urine are, Sweet Elder, Sumac Spikenard, Canada Balsam Buchu, Acetate of Potassa, Broom Tops, etc., which are familiar in domestic practice. Burdock Blood Bitters unlocks the secretions, purifies and nourishes the blood, and acts powerfully on the kidneys, and fluids of the body, curing to our knowledge many very bad cases of Dropsy.

# Diabetes, Bright's Disease, Gravel, etc.

Symptoms.—Diabetes differs in two essential characteristics. One form is known by an increased flow of urine, the other by an increase of sugar in the urine—the latter form being most difficult and dangerous. In either variety no better treatment can be given than the use of Victoria Compound Fluid Extract of Buchu and Uva Ursi. All diet of a sweet or starchy nature should be avoided in this disease.

Bright's Disease consists of an albuminous condition of the urine, and in the chronic form degeneration of the kidneys. Gravel is a precipitation of the solid constituents of the urine. The two prominent varieties are in the red containing uric acid—and the white or phosphatic gravel. The sediment of the urine when allowed to stand in a vessel will determine the disease. There is more or less pain and stricture in voiding the urine.

**Cure**.—Victoria Compound Fluid Extract of Buchu and Uva Ursi will be found a valuable remedy. Diluent and mucilaginous drinks may be freely used in this disease, but all stimulants should be avoided.

#### Dyspepsia.

Symptoms.—To be dyspeptic is to be miserable, hopeless, confused and depressed in mind, forgetful, irresolute, drowsy, languid and useless. Constipation, headache, heartburn, sour stomach, distress after eating, belching of wind, faintness, dizziness, vomiting and variable or capricious appetite, and fulness and distention of the stomach, are some of the many distressing symptoms of the poor dyspeptic. There is scarcely a disease but what Dyspepsia will resemble; even serious heart disease may be supposed to exist from the palpitation caused by a stomach distended with gas pressing upon the nerves of the heart. The brain and stomach are in close sympathy by connection of nerves, hence the distress of mind and head.

**Cause.**—This is the prevailing malady of civilized life, and largely due to gross errors in diet, overeating, too free indulgence in stimulants and overtaxing the stomach with indigestible food, eating too rapidly without chewing the food sufficiently, indulging in hot biscuits, pastry, confectionery, pickles, preserves, etc.

# APRIL, 1884.

April showers May flowers will surely bring. Try National Pills, you'll find them just the thing.

#### MOON'S PHASES.

	1	On	tario.	Maritime Pro.				
	d.	h.	m.	d.	h.	m.		
Ist Quar.	2	3	59 p.m.	2	4	56 p.m.		
G Full M'n.	IO	б	27 a.m.	IO	7	24 a.m.		
D Last Qr.	18	10	37 a.m.	18	II	34 a.m.		
O New M'n.	25	9	40 a.m.	25	10	37 a.m.		

#### CALENDAR.

7				, vi									
>	MONTH.	WEEK.	1	Mar	iti	nd me ces.	1	Prov Que	of				Weather
>	DAY OF	N OF	ri		S	Sun ets.	ri	ses.	S				Pro
	_		h.							. m.			
		Tu	5	39	6	28	5	38	6	29	A.	м.	1.11.11.1
ł		We	5						6	31	0	53	
		Th	5			31	5			32		42	Fair.
		Fri	5	33						33		24	
	5	Sat	5	31	6	34	5	30	6	35	3	OI	0.11
	I	4) P	al	m	Su	ind	ay		0.1				Cold
	6	Sun	5	29	6	35	5	28	6	36	3	33	and
		Mo	5							37			
		Tu								39			cloudy,
		We	5	23	6	39	5			40			
		Th	5	21	6	40	5	21	6	42	5	25	with
		Fri	5	19	б	41	5	19	6	43	Ri	ses	
	12	Sat	5	18	6	43	5	17	6	44	9	00	some
	15) Easter Sunday.												
	13	Sun	5	17	6	44	5	15	6	46	9	55	wind
		Mo	5	16	6	45	5	13	6	47	IO	46	- 11 Bell
	15	Tu	5	14	б	46	5	II	6	48	II	35	and
	16	We	5	12	б	47	5	IO	б	50	Α.	M.	
	17	Th	5	10	6	49	5	08	6	51	0	18	frequent
	18	Fri	5	08	6	50	5	06	6	52	0	58	
	19	Sat	5	06	6	52	5	04	6	54	I	36	showers.
	I	5) L	01	N S	u	nda	y.					_	
	20	Sun	5	04	6	54	5	02	6	56	2	IO	Fine
	21	Mo	5	02	6	55	4	59	6	58	2	42	1 1110
		Tu	5	00	6	56	4	57	6	59	3	15	and
		We	4	58	6	58	4	55	7	00	3	47	
	24	Th	4	57						02			warm,
			4	56	7	00				03		ets	te ter me,
			4							05		30	with
	I									Eas			
	-	Sun								06			occasiona
	28	Mo	4	52	7	02	A	40	7	07	10	44	
	20	Tu	4	51	7	03	A	47	7	08	II	38	showers.
	29	We	4	50	7	04	A	45	7	00	Α.	M.	
	201		4	50	1	-4	4	75		- 31			(10)
			~	~	1	~	~	-	1	~	2	~	111

#### WORTH REMEMBERING

WHY SOME PEOPLE ARE POOR.

Coffee, tea, pepper and spices are left to stand open, and lose their strength.

Potatoes in the cellar grow, and the sprouts are not removed until the potatoes become worthless.

Nice-handled knives are thrown into hot water.

The flour is sifted in a wasteful manner, and the bread pan is left with the dough sticking to it.

Clothes are left on the line to whip to pieces in the wind.

Tubs and barrels are left in the sun to dry, and fall apart.

Rags, string and paper are thrown into the fire.

Pork spoils for want of salt, and beef because the brine wants scalding.

The best Blood Purifier ever discovered is Burdock Blood Bitters, composed of simple herbs, barks and roots.

TO PURIFY WATER. - A lump of alum attached to a string and swung around a few times slowly through a pitcher of water will cause the sediment to fall to the This bottom in a few minutes. neutral sulphate of alumina makes lime water perfectly pure, destroying at the same time all organic compounds. Almost all water has lime in it.

It is less pain to learn in youth than to be ignorant in age.

Health giving Herbs, Barks, Roots and Berries are in Burdock Blood Bitters, which regulate all the secretions, purify the blood and strengthen the entire system.

DOMESTIC RULES. - ISt. - DO everything in its proper time ; and .- Keep everything to its proper use; 3rd .- Put everything in its proper place.

REMOVING WARTS .- Get at the drug store five or ten cents worth of oil of cinnamon ; wet the warts thoroughly three times a day till they disappear.

Mrs. Henry Sheldon, of Farmersville, was cured of Canker of the Stomach by Burdock Blood Bitters when her friends had nearly abandoned all hope.

Cure.—There is no medicine that can surpass the virtues of Burdock Blood Bitters, in perfectly and permanently curing Dyspepsia, as an abundance of testimony received from many a sufferer, who has been cured after all other means had failed, will prove.

The most strict attention must be given to diet, no liquid and especially hot tea or coffee should ever be used during meals. Sour Stomach should be counteracted by lime water given with milk, or by a draught of 10 grains Bicarbonate of Soda, and half a teaspoonful of Essence Peppermint in a quarter of a tumbler of cold water after meals, Eat nourishing, easily digested food, the more plain and simple the better, and take an abundance of pure air and agreeable exercise. Heartburn is a scalding eruction from the stomach, and a frequent attendant upon indigestion; it is relieved by the lime water or soda and peppermint recommended for sour stomach.

## Diarrhœa and Dysentery.

Symptoms.—Diarrhea consists of the looseness of the bowels generally, with pain more or less severe, and a general feeling of weakness and uneasiness.

**Dysentery** is an inflammation of the mucous membrane of the lower part of the bowels, is always painful, with great straining and frequent griping and a bearing down distress. The Evacuations become slimy and often bloody, there is more or less fever thirst and general prostration.

Cause.—Unwholesome diet, unripe fruits, drinking to excess even of cold water, indigestion, colds, bad air, bad drainage, neglected constipation, etc.

Cure.—There is no medicine known to science more successful or deservedly popular in curing Diarrheea, Dysentery, Cholera, Cholera Infantum, and all summer complaints and fluxes than Dr. Fowler's Extract of Wild Strawberry, which has for nearly thirty years been the leading remedy in the market. Resort to this without delay. Let the diet be very light—a little scorched flour in milk, or parched rice, slippery elm water, etc., only should be allowed until danger is passed; remain at perfect rest in bed until all scoreness and weakness of the bowels is over. Warm fomentations of hops, etc., to the abdomen are very serviceable. If very bilious sometimes a cathartic of Rhubarb or some mild medicine may be needed to carry off offending matter before the discharge is checked. Should the discharges prove obstinate injections of thin starch with 12 or 15 drops of Laudanum may be used. As the patient progresses light substances of a starchy or mucilagenous nature, like Irish moss jelly, oatmeal gruel, milk, toast, etc., may be given as food. Dr. Fowler's Wild Strawberry should be continued until the symptoms entirely disappear, and all danger of the disease is over.

## Diphtheria.

**Symptoms.**—The first symptoms are those common to a cold and most low fevers. If the throat is dry and sore, and *brown or ash coloured spots appear in it, the disease is Diphtheria*, if only quinsy or ordinary sore throat, the passages are *red and shining*. In Diphtheria the patches or ulcers exude a foul mucous that forms into a tough leather-like membrane similar to croup. There is great prostration of the system, and a physician should early be consulted.

Cause.—Bad air, bad drainage, sewer gas, development of microscopic germs, etc.

Cure.—The system must be sustained with tonics like Quinine, Tinture of Iron, etc. A teasponful of sulphur in a tumbler of water may be used as a gargle, or 15 drops of Sulphuric Acid in a glass of water may be used as a gargle. In the absence of a physician, or the above remedies, Hagyard's Yellow Oil may be used both internally and outwardly with benefit.

(11)

MAY, 1884.

This month may find you with your blood impure Try Burdock Blood Bitters, bad blood and bile to cure.

#### MOON'S PHASES.

	Ontario.	Maritime Pro.					
	d. h. m.	d. h. m.					
Ist Quar.	2 0 50 a.m.	2 I 47 a.m.					
Tull M'n.	9 10 50 p.m.	9 11 47 a.m.					
• Last Qr.	17 II 37 p.m.	18 o 34 a.m.					
		24 6 16 p.m.					
O ist Quar.	31 II 39 a.m.	31 о 16 р.т.					

		n han										
MONTH.	WEEK.	Ont. and Maritime Provinces.					Que	of			1 sets.	Weather
DAY OF	DAY OF	ri	ses. m.	Se		ri		S	Sun ets. m.	h.	IOOW H.	Pro
	Th Fri	4	46	7	08	4	42	7	IO II	0	02	Very fine
-	Sat 8) 3	4	45	7	09	4	40	'7	13 Eas	I	36	with
4	Sun Mo	4	43	7	IO	4	39	7	14	2	06	warm
		4		7	12	4	36	7	16	2	35 01 28	showers.
	Th		37	7	14	4	33	7		3	57	
10	Sat	1	36	7	16	4	32	17	21	7	49	Fair and
-	9) 4 Sun	_	_		16	4	31	7	Eas 22		41	plcasant.
13	Mo Tu	4	34 33	7	19	4	29 28	7	24	9 10	17	
15	We Th	4	32 30	7	22	4	26	7	25	II	35	Fine with
		4	29 28		23 25		24 23		28 29		м. 09	some
-	/		gati					-		_	-0	rain.
19	Sun Mo	4	26	7	27	4	21	7		I		
21	We	4		7	29	4		7		2	43 15 51	Fine for
23	Th Fri Sat	4		7	31	4	17	7		3		some
									sce			days.
	Sun								38		25	
27	Mo Tu	4	20 19	7	34 35	4	14 13	7	40	9	16	Frequent
29	We Th	44	19 18	7	36 37	4	13 12	7	41 43		00 36	showers.
	Fri Sat	4	18		38 39	44	11		44 45	A.	M. 08	the statist

#### ALL SORTS.

Four drinks of whiskey means a pound and a half of beefstefak; two beers, a dinner of mutton chops; one cocktail, an egg plant or head cauliflower. "What'll you take, Charley?" stands for a nice oyster stew for the whole family on Sunday morning. "Set 'em up again," means sugar in the house for a month. This is a bit of practical domestic economy, furnished by a workingman for the consideration of his fellows.

A man who couldn't afford any summer wanderings, says he stayed at home and wandered "in his mind."

Hagyard's Yellow Oil cures Deafness, Rheumatism, Neuralgia, Sore Throat, and many other diseases that follow the sudden changes of the weather.

Some one says: "No thoroughly occupied man was ever miserable." How about the man occupied in fighting a dozen hornets which have got up his trousers?

A couplet for young ladies— "The best of all ways to lengthen our days, is to go to bed early and never wear stays."

Magical in its action is Hagyard's Yellow Oil in subduing inflammation and quelling pain.

A French lion-tamer quarrelled with his wife, a powerful virago, and was chased by her all around his tent. Being sorely pressed, he at last took refuge in the cage among the lions. "Oh, you contemptible coward," shouted his wife, "come out if you dare!"

An old Scotch woman recommended a preacher who arrived at the kirk wet through to get at once into the pulpit—"Ye'll be dry enough there."

Hagyard's Yellow Oil has become a household necessity, and as staple a production as flour from which the "staff of life" is made.

"Who was the meekest man?" asked a Sunday-school teacher. "Moses." "Very well; who was the meekest woman?" "Never was any."

Men will wear trousers longer in July than in June, one day longer.

#### Deafness.

SAF FORM

Hagyard's Yellow Oil has produced some most remarkable cures in many of the worst forms of Deafness. Earache may be relieved promptly by the same remedy used according to directions.

#### **Dizziness.**

Many people are troubled with dizziness, which is usually a symptom of disordered digestion or unequal circulation. The best remedy is Burdock Blood Bitters, which resorted to early may prevent serious illness by restoring tone to the digestive powers and promoting a healthy circulation of the fluids, and allaying nervous irritation.

#### Epilepsy, Fits, Fainting, etc.

Bromide of potassium, in five to ten grain doses, given in peppermint water thrice daily, is the remedy for Epilepsy. Some strong stimulant like Hagyard's Pain Remedy in milk will give prompt relief in Fits, Faintness, etc., and Burdock Blood Bitters will repair the debilitated system found in those complaints.

# Frost Bites, Felons, etc.

The inflammation and pain may be promptly relieved by Hagyard's Yellow Oil, and Victoria Carbolic Salve used afterwards as a dressing to the sores. These two invaluable remedies should be found in every household,

#### Freckles, Tan, Sunburn, Chapped Skin, etc.,

Are promptly cured by that superb toilet article, Victoria Carbolated Glycerine Jelly. It softens and clears the skin and removes all blemishes.

#### Fevers, Congestions, and Inflammations,

Are conditions of high inflammatory action of the system with an undue determination of blood to some organ or part of the body. A fever is simply an extra effort of the vital powers to remove some offending or poisonous matter from the system, and should be aided by all means to promote perspiration, equalize the circulation and expel morbid accumulations. Burdock Blood Bitters is the best preventative of those conditions of the system that give rise to fevers. Inflammations are local fevers requiring hot fomentations and similar means to allay irritation. A too sudden degree of cold should never be employed in inflammatory action; hot poultices, fomentations of cloths wrung out of hot water, are better. Even in sun-stroke hot packs applied to the head relieves pain and congestion sconest. Any schoolboy knows that cold contracts while heat expands or relaxes. Old Dr. Thompson was about right when he said, "Heat is life; cold is death." A tea made by steeping half an ounce of Yarrow herb in a pint of water,

A tea made by steeping half an ounce of Yarrow herb in a pint of water, a little ginger may be added, and drank freely while warm; and encourage the sweating process at the outset of any fever. If the lungs are threatened or there is danger from eruptions as in Measles, Scarlet Fever, etc., a similar tea of Pleurisy Root and Ginger may be used with some mild opening medicine with great benefit. Quinine in 3 to 5 grain doses for adults is serviceable after sweating to prevent a return of the fever. Children under ten years of age require about one-fifth of the dose of most medicines that adults should take, and infants about one-tenth of the adult dose.

Inflammation—or local fever, in any part is characterized by heat, redness, pain and swelling—when settled upon the covering of the lungs it is called *Pleurisy*—when upon the lungs, *Inflammation of the Lungs*—when upon the covering of the bowels, *Peritonitis*—and if upon the membranes of the joints, *Rheumatism*, etc., thus any organ or serous tissue may take on inflammation which should be treated upon the general principles governing local fever. Hagyard's Yellow Oil is the grand specific for Rheumatism and other local inflammations.

(13)

JUNE, 1884.

Fruits now begin to ripen, and the urchin squirms, Until cured by a dose of Freeman's Powder for the worms.

#### MOON'S PHASES.

a basil solo log		Ont	tario.	Maritime Pro					
S	d.	h.	m.	d.	h.	m.			
G Full M'n.	8	2	32 p.m.	8	3	29 p.m.			
O Last Qr.	16	9	17 a.m.	16	10	14 a.m.			
O New M'n.	23	0	16 a.m.	23	I	13 p.m.			
) 1st Quar.	30	0	57 a.m.	30	I	54 a.m.			

#### CALENDAR.

(	_		-		_	_	_	_					in co
	MONTH.	WEEK.	1 1	Ont. Mari rov	itii	me		Que	of			n sets.	Weather
5	DAY OF	AY OF	ri	ses.	S		ri	Sun ses.	S	ets.	;	MOO	Pr
5	A	DA	h.	m.	h.	_	_	. m.			h.	m.	
1	I	Sun		16				09		46	0	38	1.
1		Mo	4	15	1.			08		47	I	04	Change-
è	3	Tu We	4	15	7			08		48		32	-11.
2	4	Th	4	15				07	7	49	2 2	0I 32	able,
		Fri	4	14				07		50 50	3	04	but fine.
?		Sat	4	14				06		51	3	41	out june,
>	-	3) T		_				ay.	_	5-	5	-	with
	-			-		_	_		_	20	D:		
(		Sun Mo	4	13				00		52		I7	frequent
>		Tu	4					05		53		00	
5		We	4	13				05		54		38	showers.
		Th	4	12				05		54		II	
2	13	Fri	4	12				05		54		45	
>	14	Sat	4	12	7			05		55		17	Carl
5	2	4) I	st	Su	nd	lay	a	fter	. 7	rin	ity	7.	Cool,
	15	Sun	4	12	7	48	4	05	17	55	II	46	fair
2	16	Mo	4	12	7			05		56		M.	
>	17	Tu	4	13	7	48	4	05	7	56	0	16	and
1		We	4	13		48		05	7	57	0	49	
(		Th	4	13		48		05		57	I	26	pleasant,
>		Fri	4			48			7	57	2	07	
5	_	Sat	4	14	-	49		06	-	57	2	55	and
	_	5) 21									-	y	hot
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>		Mo	4	14				06		58		ets	for
5		Tu	4	14		49		06		58	8	52	50.
		We	4	15		49				58		33	some
2		Th Fri	4	15		49		07		58 58		08	
>		Sat	4	16 16		49		08 08			IO	40	days.
	20							fte					
1	-					_	_	_					
2		Sun Mo									II		
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	2.1	· · · · ·		1.1	20.4			-					. 1 %

#### VARIETIES.

The newspapers often print the "last words" of men, but never those of women. The latter would take up too much room and crowd out all the advertisements.

Dr. Fowler's Extract of Wild Strawberry is the best known remedy for Bowel Complaints and all manner of Fluxes.

When you see a sour-faced woman sifting ashes on her icy sidewalk, it is difficult to tell whether she loves the human race, or hates the new carpet of her next door neighbour.

"Gracious, wife!" said a father, as he looked at his son William's torn trousers, "get that little Bill reseated."

Red used on a railway signifies danger, and says "Stop." It is the same thing displayed on a man's nose.

Dr. Fowler's Extract of Wild Strawberry is an unfailing remedy for Colic, Cholera Morbus, Cholera Infantum and all Summer Complaints.

"No, sir," said the peach dealer to the man who had brought him a load of potatoes and proposed to measure them in one of his half bushel peach baskets, "No, you don't!

What is the difference between the North and South pole? All the difference in the world.

Why is a lawyer like a restless man in bed ? Because he first lies on one side, then on the other.

Why is conscience like the strap of an omnibus? Because it's an inward check on the outward man.

t,

There is no remedy known to medical science that is more positive in its effect, to cure Cholera Morbus, Colic, Diarrhœa, Dysentery, Cholera Infantum, and all Bowel Complaints than Dr. Fow. ler's Extract of Wild Strawberry.

What is the difference between a fool and a mirror? The fool speaks without reflecting, and the mirror reflects without speaking.

Why is a lady at a ball like an arrow? Because she can't go off without a beau, and is in a quiver till she gets one.

# Gout, Rheumatism, Lumbago.

**Symptoms.**—Rheumatism attacks the young; Gout more frequently the old and those who live luxuriously. Rheumatism attacks the larger joints. Gout the smaller. A Rheumatic pain is a deep-seated one, apparently as if in the bone. Gout comes in sudden twinges of pain. Rheumatism affects both muscles and joints; when transferred to the heart it is very dangerous. Rheumatism neglected or ill-treated often cripples for life by a deposit forming about the joints, stiffening and distorting them by contraction of muscular ligaments. Lumbago is a form of muscular rheumatism.

**Cause.**—These are constitutional and blood diseases and often induced by improper living, exposure to cold and dampness, and by a depraved condition of the blood.

**Cure.**—Rheumatic diseases are best treated by Burdock Blood Bitters for the constitution and blood, while no outward application can at all compare with Hagyard's Yellow Oil, the great remedy for Rheumatism. The sweating process, warm fomentations, and wearing warm flannels should never be neglected, and all exposure to cold air and dampness should be avoided.

#### Headaches

Of all forms are nearly always symptomatic, and are curable by keeping the stomach and bowels in order, and equalizing the circulation of the blood, all of which Burdock Blood Bitters will best accomplish.

#### Itch.

If two drams of Flour of Sulphur be added to one bottle of Hagyard's Yellow Oil, and the infected parts freely and frequently bathed with it, it will destroy the Itch insect and effectually cure this disease.

#### Measles.

**Symptoms.**—The first signs are similar to those of a Catarrh or common cold, followed on the third day by an eruption resembling flea bites upon the face, then the neck, body, and extremities; they run into each other in the form of semi-circular patches. Diarrhœa is a common attendant.

Cause.-Infection or contagion.

**Cure.**—Warmth and avoidance of chills. Hot whiskey, or what is better, a warm tea of Pleurisy Root,  $\frac{1}{2}$  ounce Ginger,  $\frac{1}{2}$  ounce hot water ; 1 pint may be given freely—for infants Saffron Tea may be used, or weak warm whiskey —and keep the bowels regular. With care little danger is experienced, except by taking cold, causing disease of the lungs, sore eyes, etc.

#### Mumps.

**Symptoms.**—An inflammatory swelling of the parotid glands (the glands under the ear at the angle of the jaw). Slight fever, stiffness of the jaws, and an abhorance of anything tasting sour.

**Cause.**—Contagion—it usually prevails in the season of winter colds, and may affect one or both sides.

**Cure.**—Hagyard's Yellow Oil is usually the only remedy required, used according to directions. The bowels to be kept free by Senna tea or Rhubarb. Avoid taking cold, as the chief danger lies in a transfer of the swelling and inflammation to other glandular organs, in which case warm fomentations, bean poultices, etc., will be required.

# Neuralgia or Nerve Pain.

Symptoms.—This is a very common and distressing disease, severe pain darting and shooting along the course of the nerves of the head and face. (15)

JULY, 1884.	The Lad	
Water, ices and green fruits bring dyse Summer complaints are quickly cured Wild Strawberry.	tarian :	ules for ke
MOON'S PHASES.	As soon as you sheet; Better be with	
	itime Pro. h. m. feet; Children, if he Damp beds au	nd damp c
<ul> <li>♂ Full M'n.</li> <li>8 4 53 a.m.</li> <li>8 Last Qr.</li> <li>15 4 21 p.m.</li> <li>15</li> </ul>	5 50 a.m. 5 18 p.m. Eat slowly an well	ill; id always
O New M'n. 22 7 37 a.m. 22	8 34 a.m. Freshen the a 5 41 p.m. dwell;	ir in the h
Company of the second s	Garments mu Homes should	be health
CALENDAR.	doubt,	be well, as
H W Ont. and Province	Just open the Keep the room Let dust on th Much illness	windows b is always
Provinces. Quebec.	Just open the ' termine the termine t	is caused
Lo Sun Sun Sun Sun O rises. sets. rises. sets.	care:	
a h. m. h. m. h. m. h. m.	Old rags and be kept ; People should	old rubbi
I Tu 4 17 7 50 4 10 7 57 0 04 2 We 4 17 7 50 4 10 7 57 0 34	Quick moveme	t;
3 Th 4 18 7 50 4 11 7 57 1 07 4 Fri 4 19 7 50 4 12 7 57 1 41	Warm. and right; Remember the	
5 Sat 4 20 7 49 4 13 7 56 2 20	Rain. See that the ci	stern is cl
<b>27</b> ) 4th Sunday after Trinity. <b>6</b>   <b>Sun</b>  4 20 7 49 4 13 7 56  3 03	Cool and Take care that trim;	
7 Mo 4 21 7 48 4 14 7 55 3 53	pleasant. Use your nose drain; Very sad are	the fevers
8 Tu 4 22 7 48 4 15 7 55 Rises 9 We 4 23 7 47 4 16 7 54 8 16	Pain Walk as much	
10 Th 4 24 7 47 4 17 7 54 8 50 11 Fri 4 24 7 46 4 17 7 53 9 21	Xerxes could	walk full n
12 Sat  4 25'7 45 4 18 7 52  9 51	and hot Your health is wisdom m Zeal will help	ust keep ;
28) 5th Sunday after Trinity. 13  <b>Sun</b>  4 26 7 45 4 19 7 52 10 22	for you will re	ap.
14 Mo 4 27 7 44 4 20 7 51 10 51	some If the Ste	
16 We 4 29 7 43 4 22 7 49 A.M.	days. and fails to functions, D	yspepsia
17 Th 4 30 7 42 4 23 7 48 0 02 18 Fri 4 31 7 42 4 24 7 48 0 47	Wind. follow. Cu	ressing s ire it w
19 Sat  4 32 7 41  4 25 7 47  1 37 29) 6th Sunday after Trinity.	Dull. Blood Bitte	
20 Sun 4 33 7 40 4 26 7 46 2 36	Sarah he u	sed to 1
21 Mo 4 35 7 39 4 28 7 45 3 41 22 Tu 4 36 7 38 4 29 7 44 Sets	is married.	
23 We 4 37 7 37 4 30 7 43 8 07	and "boss" wife	
25 Fri 4 397 34 4 32 7 40 9 11	hot There are	
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e right place in the evenWhen the inflammation is confined to the large nerves of the hip it is called Sciatica. Sometimes the attacks are periodical, or occur at intervals.

Cause.-Cold, unequal or obstructed circulation, etc.

**Cure.**—Rub upon the painful parts the following liniment :—Chloroform, strong tincture of Pepperment, tincture Capsicum, and extract of Hamamelis —equal parts, and take inwardly a powder of 5 grains Quinine, 5 grains Carbonate of Iron, and <u>1</u> grain of Morphine, every four or five hours until relieved; or, if preferred, use Hagyard's Pain Remedy or Yellow Oil, and regulate the bowels with Burdock Pills, and tone the system with Burdock Blood Bitters. Hot fomentations of hops and smartweed, or a ginger or mustard poultice may be all sufficient to relieve.

# Nervous and General Debility.

Physical exhaustion, depending upon nervous weakness, is the great and growing malady of the times, owing to the fast age in which we live, and the various indiscretions and lack of observance of physical laws.

Symptoms .- The more common manifestations of Nervous Debility are mental depression, love of solitude, defective memory, confused ideas, restlessness, sleeplessness, often dimness of vision, hurried and difficult breathing, emaciation, a general loss of vitality of body and brain. Any imprudence against the laws of our being, or any weakening drain upon the system, may cause this difficulty, with its long train of distressing symptoms. The cure must be accomplished by moral, mental and general hygienic means. Strive to cultivate the virtues, and guard well the general health, Sleeplessness is often caused by an undue pressure of blood upon the brain. This form may be best relieved by keeping the head cool, equalizing the circulation and keeping the bowels free. Opiates and narcotics do more harm than good. Always sleep with the head towards the north if possible; this is no whim, but a scientific electrical principle. Bathing and those two great essential elements, iron and phosphorus, are the tonics indicated. Victoria Compound Syrup of Hypophosphites supply these elements, and form the grand natural specific for all cases of Nervous Debility and other exhausting forms of disease.

#### Night Sweats

Are the result of debility, and are of a very exhausting nature. A strong infusion of Sage drank cold, and 8 drops of Muriate Tincture of Iron, morning and night, may be taken in a tablespoonful of water. Victoria Compound Syrup of Hypophosphites will be found a valuable medicine for night sweats.

#### Palsy.

Symptoms.—It is a disease of the nervous system, having its origin chiefly in the brain. It is a loss of motion or sensation in any part, sometimes accompanied by a numbness or a prickling sensation; sometimes a shaking or trembling of the limbs is a form. Severe mental exertion, intemperance, or the rupture of a blood-vessel of the brain are among the causes.

**Cure.**—Restore the circulation by electricity, friction, bathing with Yellow Oil or Hagyard's Pain Remedy, and take Burdock Blood Bitters to restore the equilibrium of the system and stimulate the secretory functions. In any case your family physician should be early consulted.

#### Piles.

**Symptoms.**—Painful tumors situated in the rectum or lower bowel—they may be protruding or external, or else high up in the rectum, or they may be of the bleeding form.

**Cure.**—Regulate the bowels with Burdock Blood Bitters, and use Burdock Healing Ointment applied to the tumors. The extract of Hamamelis or Witch Hazel is excellent for all forms of Pile tumors, applied as a lotion. Also cold applications such as snow, ice, water, etc., often relieve.

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#### HOUSEHOLD WISDOM.

Never put pickles in a jar that has had lard in it.

Beeswax and salt will make rusty flat-irons as smooth as glass.

Fish may be scaled much more easily if dipped for an instant in boiling water.

Bad blood, low vitality and a Scrofulous condition of the system leads to Consumption and other wasting forms of disease. The preventive and cure is Burdock Blood Bitters.

It will rest you wonderfully to change your seat in the room occasionally if you have a long day's sewing to do:

Tough meat may be made as tender as any by the addition of a little vinegar to the water when it is put on to boil.

It soothes and cools a feverish patient to bathe him with warm water in which a little saleratus has been dissolved.

It restores the bloom of health to the pallid cheek. Burdock Blood Bitters acts on the Blood, Liver, Kidneys, Skin, Stomach and Bowels, purifies, regulates and strengthens.

To take tar and shoemaker's wax out of clothing, break an egg and take the yolk alone and rub the soiled parts with it till the tar softens and comes out, then wash with water.

"We have never sold a medicine that has given such general satisfaction as Burdock Blood Bitters," says Joseph Coad, of Frankville, Ont.

If the brass top of a kerosene alamp has come off, it may be repaired with plaster of Paris wet with a little water, and will be as a strong as ever.

Roasted coffee is one of the most powerful disinfectants, not only rendering animal and vegetable effluvia harmless, but really destroying them.

A. Lough, of Alpena, Michigan, suffered twenty years with Dyspepsia and general debility, but found quick and permanent relief in Burdock Blood Bitters.

#### Quinsy or Sore Throat.

These well-known common diseases yield to the internal and external action of Hagyard's Yellow Oil as if by magic.

### Sore Eyes.

Take Burdock Blood Bitters, and use an eye-wash made by pouring boiling water, one pint, on one-half dram of Borax and one-half dram Gum Camphor. Apply when cold, freely and often.

#### Scrofula

Is a term applied to a morbid condition of the glandular system, characterized by swellings, enlarged joints, abscesses, pustular eruptions, thickening of the upper lips, sore eyes, etc. It is often hereditary. Consumption is Scrofula of the Lungs.

**Cause.**—Want of pure air, sunshine, wholesome food, and proper nourishment. The bones of Scrofulous persons are liable to disease, as Hip Disease, White Swelling, etc. Goitre or swelled neck is Scrofula affecting the submaxiliary glands.

**Cure.**—Burdock Blood Bitters will be found valuable for all Scrofulous diseases. Pure air, good nourishing food, and a total avoidance of all fat pork and intoxicating drinks, will cure nearly all cases of this obstinate and all-prevalent malady if taken in time.

One of the most remarkable cures of Scrofulous Abscess on record is that of the Rev. Wm. Stout, of Wiarton, who suffered for twenty-three years, and was treated and operated upon by many of the best physicians and surgeons in this country with but little benefit; in despair he tried most of the advertised remedies with no better success; at last he used Burdock Blood Bitters both internally and outwardly as a wash directly upon the open sores, when, to his surprise and relief, they immediately commenced to heal, he continued the use of Burdock Blood Bitters to the exclusion of all other remedies unit perfectly cured, and permanently too, for that was over two years ago, and now he is in the enjoyment of perfect health, and, save several large scars upon his neck, no signs of the terrible disease remains. Read his statement in circular form, which will be sent to any address upon application to the proprietors of this Almanac.

## Skin Diseases.

There are many varieties of skin diseases such as Salt Rheum, Ringworm, Herpes, scaly and crustaceous and pustular eruptions, moist and dry humors, etc., but they can mostly be classified together as belonging to the same order, and are curable by perfect cleanliness, good nourishing diet and regular habits. Obtain pure blood by using Burdock Blood Bitters. Salt Rheum and Ringworm may be treated by washing with Carbolic or Sulphur Soap and applying Creasote or Carbolic Acid with a camel's hair pencil. Burdock Ointment may be freely used. For pimples, blotches, and unsightly eruptions of the face, Burdock Blood Bitters is the remedy, which may be used internally and externally. It drives the humor from the blood. Boils and blotches may appear thicker for a short time, but are eventually removed.

#### Toothache.

If our Victoria Toothache Charm will not quiet the most raging tooth, which it seldom fails to do, recourse must be had to the "iron" treatment of a competent Dental Surgeon.

#### Ulcers and Wounds,

Where the skin is broken, should be treated by our Burdock Healing Ointment or Victoria Carbolic Salve, having paid especial attention to cleansing them with warm suds of pure Castile Soap.

# SEPTEMBER, 1884.

While purchasing your household Fall supplies, Remember Freeman's brilliant package Family Dyes.

#### MOON'S PHASES.

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#### HOUSEHOLD WISDOM.

The impleasant odor left in the breath after eating onions is entirely removed by a cup of strong coffee, and the coffee being prepared while the onions are being cooked counteracts the smell.

An attack of indigestion, caused by eating nuts, will be immediately relieved and cured by the simple remedy, salt. Medical men recommend that salt should be used with nuts, especially when eaten at night.

Shun harsh purgatives. To regulate the Bowels, act upon the Liver and restore a healthy tone to the system take the milder and more natural means, Burdock Blood Bitters.

To beat the white of eggs quickly put in a pinch of salt. The cooler the eggs the quicker they will froth. Salt cools and also freshens them.

In caring for furniture rememther to keep water away from everything soluble, therein, oil from everything porous, alcohol from varnish, and acids from marble.

All the year round Burdock Blood Bitters may be taken with good effect upon the entire system, but especially it is required in Spring and Fall for Biliary troubles and bad blood.

Poison of any kind swallowed will be at once thrown from the stomach by drinking half a glass of warm water in which a teaspoonful of ground mustard has been stirred. As soon as vomiting ceases, drink a cup of strong coffee in which has been put the white of an egg. This neutralizes any remains of the poison which the mustard may have left.

Use Burdock Blood Bitters.

If you have not already received a copy of our book, Health in the Household, which contains a valuable collection of information and practical receipts for the preservation of health and cure of disease, we will send it on the receipt of a three-cent postage stamp. T. MILBURN & Co., Toronto.

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## Urinary Complaints.

**Symptoms.**—The kidneys form one of the most important channels of the system, for the outlet of disease. When their functions are disturbed the system is soon loaded with impurities, and other vital organs are overburdened. The kidneys are subject to many diseases, some of which have been noted elsewhere. Chronic disease of the kidneys is usually manifested by pain, weakness, and often heat in the small of the back. There may be a too frequent desire to urinate, or the urine may be scanty, thick, high coloured with a sediment or pale, or it may be mixed with blood and slime.

**Cause.**—There are various causes, according to certain conditions; the chief are poor nutrition, improper circulation of the fluids, and bad blood.

**Cure.**—All these conditions of ill-health may be remedied by the superb diuretic properties of Burdock Blood Bitters, which act in a health-giving manner upon all the secretions, and especially upon those of the skin and kidneys, expelling morbid matter from the blood and promoting a natural tone and healthy action to every ofgan in the body.

#### Worms.

Symptoms.—Both children and adults are afflicted with worms occasionally, and the result is a variety of bad symptoms resembling many different diseases. In children there is more or less fever and restlessness, feetid breath, starting in the sleep, vomiting, diarrhœa, bloated bowels, picking at the nose, frequently a cough with great emaciation, pale pasty expression of the countenance, variable appetite, etc. Worms often give rise to convulsions or fits. There are five varieties of worms that infest the alimentary canal the round worm, the thread worm, the long worm, the common tape-worm, and the broad tape-worm.

**Cause.**—The causes of worms are difficult to name, crude vegetables, imperfect digestion, and a foul, slimy state of the stomach fayour their development.

**Cure.**—Freeman's Worm Powders are an infallible cure for all varieties except the large tape-worm. These powders are pleasant and harmless, contain their own purgative, and are adapted for children or adults. Abernethy's Royal Worm Candy is another valuable worm remedy, if the medicine should be preferred in the form of lozenges. Another popular worm medicine is Low's Pleasant Worm Syrup, which has done excellent service in removing tape-worms, as well as the more common varieties.

#### Woman's Diseases.

There is a vast amount of suffering among the females of our land, from complaints peculiar to their sex, due mainly to indulgence of bad habits, ignorance or neglect. No derangement of the female functions can long exist without involving the entire system into sympathetic suffering. There are two periods in every woman's life when her general health is influenced and often seriously disturbed, the first is the period of change from childhood to womanhood, occurring about the age of fifteen; the other the decline of womanhood to old age, occurring between forty and fifty. At both periods the system undergoes important changes, requiring all the resources of nature, and sometimes of medical art to maintain the equilibrium of health. It would require a large volume to detail all the various troubles incident to the sex, such as painful periods, suppression, female weakness, with all the exhausting effects and attendant evils, from which she often suffers for years through natural delicacy of seeking medical aid. To all such we would offer hope that they may be effectually relieved, and often radically cured if taken in time, by building up the shattered system, allaying nervous excitement and irritation, and unlocking all the secretions with the great Key to Health, Burdock Blood Bitters. Every female should read our special circular To Ladies only. Sent to any address upon application.

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#### FUNNIGRAPHS.

An old bachelor recently gave the following toast: "Woman the morning star of infancy, the day star of manhood, the evening star of age. Bless our stars, and may they always be kept at a telescope distance."

A woman's head is turned by the outside of a bonnet—a man's by what's inside of it.

Hagyard's Yellow Oil is the best remedy for both internal and external use known to man.

A young lady being told at a recent fire to stand back or else the hose would be turned on her, replied: "Oh, I don't care, they are striped on both sides, anyway."

Try Hagyard's Yellow Oil.

An old lady from the country said she never could imagine where all the Smiths came from until she saw a large sign, "Smith Manufacturing Company."

"Kind words can never die," and there are none but kind words spoken regarding Hagyard's Yellow Oil, that old reliable remedy for external and internal use. It cures rheumatism, deafness, croup, sore throat, and all soreness and wounds of the flesh.

"No pains will be spared," as the quack said when sawing off a poor fellow's leg to cure him of the rheumatism.

Thousands suffer untold miseries from Rheumatism, when Burdock Blood Bitters taken internally and Hagyard's Yellow Oil applied outwardly would prove a perfect and speedy cure. If you suffer from the tortures of this disease, try these remedies and be convinced of this truth.

Bridget—" Ach! Dennis, my darlint, what is't ye're a-thryin' of ? " Dennis — " Whist, mi hearty! 'Twas ounly pourin' boilin' wather down the hen's throat, so that she'd be afther layin' boiled iggs!"

Hagyard's Yellow Oil, the great external and internal remedy for all pain, soreness, lameness, sprains, bruises, burns, frost-bites, colds, cramps, etc.

# THE KEY TO HEALTH

# Burdock Blood Bitters.

It unlocks the confined secretions, and liberates the sufferer from the thraldom of disease. It regulates the bowels. It cleanses the blodd. It tones up weak nerves and strengthens the system while it acts at once, and at the same time upon the bowels, the liver, the kidneys, the skin and the blood.

It is a compound Fluid Extract of a variety of roots, barks, etc., among which is included the Burdock, a root whose cleansing power in action upon the blood, kidneys, skin, etc., is familiarly known throughout the land.

#### The Medical Virtues of Burdock.

The well-known manufacturing chemists, Parke, Davis & Co, Detroit, in a recent publication have a lengthy treatise upon the value and virtues of the Burdock plant generally, and the seeds in particular, in which they say; "Burdock has long held a prominent place among vegetable alteratives or depurants, and has been esteemed for its aperient, diurctic and diaphoretic properties. Stille and Maisch (Dispensatory 1879) accredit it with producing a gradual and insensible modification of nutrition, and it has been chiefly employed as an adjuvant in the treatment of Rheumatism, Gout, Chronic cutaneous diseases and pulmonary Catarrhs, Scrofula and constitutional Syphilis, and in the discharge of copious urinary deposits,

Dr. Wm. C. Reiter, an old and prominent practitioner of Pittsburg, Pa., details his own experience in using a preparation of Burdock for an inveterate case of Salt Rheum or Tetter, which he had inherited from his father, and which had been a family affliction for generations. The doctor was advised by a patient, an old farmer, to give the medicine a trial; the farmer claimed to have found relief through this means, after the disease had affected his hands so severely as to cause a shedding of his nails. The doctor followed the advice given, and was cured after years of suffering. He pronounces the remedy an alterative Stomachic, improving the nutritive, secretory and assimilative functions. When the obstinacy of Salt Rheum is considered and its rebellion against the curative power of ordinary treatment is understood, and when such diseases yield so readily to the action of Burdock, what may we not hope for, and expect from that marvellous remedy ?

Dr. Coffin, a noted English Medical Botanist says of Burdock—" This is a biennial plant, or of two years growth; it is a good antiscorbutic (against scurvy), slightly aperient and tonic, and an excellent remedy in cases of Scrofula, and obstructions of the kidneys. It is good for any 'taint' in the system, inasmuch as it will generally cleanse the system after the patient has unfortunately been put through a mercurial course by the doctors. It is also useful in Rheumatism, Leprosy and the Gout, all of which it will expel from the system, if perseveringly taken. The seeds are also an excellent diuretic.

The United States Dispensatory says:—" The root is considered aperient (laxative), diaphoretic (acting on the secretions by sweating, etc..) and diuretic (acting on the urinary secretion), without irritating properties; and has been recommended in gouty, scorbutic, venereal, rheumatic, scrofulous, leprous and nephritic affections." Dr. J. Adolphus, of Hastings, Michigan, speaks of Burdock in the strongest terms as a remedy in cutaneous or skin diseases. Other and later medical writers speak of their experience with this plant with a great degree of satisfaction. In conversation with a prominent Chemist of Toronto, whose name is high in medical fame, he informed the writer that he had prescribed Burdock in an obstinate case of Dropsy and Liver Complaint, which affected a cure when all other remedies had failed.

#### NOVEMBER, 1884. If your back is lame from colds or dire disaster, Invest a quarter for a Burdock Porous Plaster. MOON'S PHASES. Ontario. Maritime Pro. d. h. m. d. h. m. 🕑 Full M'n. 3 19 a.m. 16 a.m. 3 3 D Last Qr. 6 52 p.m. 9 5 55 p.m. 9 O New M'n. 17 o 54 p.m. I 17 51 p.m. Ist Quar. 25 2 58 p.m. 25 5 55 p.m. CALENDAR. Probabilities Ont. and Province DAY OF MONTH. of Maritime sets. Provinces. Quebec. OF Sun Sun Sun Sun rises. sets. rises. sets. Y'O h. m. h. m. h. m. h. m. h. m I Sat |6 39 4 49 6 43 4 44 4 20 Rain 21st Sunday after Trinity. 44) 2|Sun 6 41 4 47 6 45 4 42 5 32 or snow 3 Mo 6 43 4 46 6 46 4 41 Rises 4 Tu 6 44 4 45 6 48 4 40 6 08 and

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#### GLEANINGS.

An Irishman, watching a game of baseball, was sent to the grass by a foul which struck under the fifth rib. "A foul, was it? Och, sure, I thought it was a mule!"

Silver or silver-plated knives should be wiped with a damp cloth and thoroughly dried as soon as the meal is over. If left for a half-hour or so, they are apt to be stained.

Nothing known to medical science can surpass the healing properties of Dr. Fowler's Extract of Wild Strawberry in Cholera Morbus, Dysentery, Colic and all Bowel Complaints.

"Walk slower, papa," cried the little girl whose short steps were no match for the strides of her masculine progenitor. "Can't you go nice and slow like a policeman?"

CURE THAT COUGH.—You can do it easily, speedily and effectually if taken in time, and the remedy is safe and pleasant. Hagyard's Pectoral Balsam is the best cough-mixture in the market.

Of the madstone, which, in the West, is popularly believed to insure its possessor against hydrophobia, and death by snake bite, the Terra Haute Express says:-"Madstones are very rare, and very few are known to exist. There is one at Des Moines, one in Keokuk, one in Louisville, and one in Taylorville, Ill. Many people doubt the stone's existence. Where the madstones come from no one seems to know. Their possessors are not able to An old Indian chief said tell. that the stones were found in the stomachs of extremely old buck deers. The stone is porous, and when it is applied to the wound the virus passes through it into the bandages."

Why suffer from the effects of impure blood, giving rise to unsightly blotches, pimples and festering sores; when the blood and secretions can be so easily and pleasantly cured by the use of Burdock Blood Bitters? The cost is trifling and the result marvellous.

weather.

Taking the accumulated evidence of the best authorities, and from cures we have known it to make, we have no hesitation in recommending Burdock Blood Bitters as Nature's true Specific for Dyspepsia, Biliousness, Liver Complaints, Kidney Complaints, Constipation, Headache, all Humors of the Blood, Scrofula, Erysipelas, Salt Rheum, Eruptions, Old Sores, Female Complaints, Nervous and General Debility, and all broken down conditions. In fact there is scarcely a disease of a chronic obstinate nature where the secretions are suppressed, the fluids corrupted, or the glandular system diseased and the nerves debilitated and vitality nearly exhausted, but that will find its proper remedy in this grand renovating restorative. READ THE FACTS AND FIGURES. A FEW OF THE MANY REMARKABLE CURES MADE BY IP d O R R ters, 000 ALONZO HOWE, Tweed, Fever Sore for 25 years, cured by 6 bottles. A. BURNS, Blacksmith, Cobourg, Dysyepsia, 15 years, cured by 3 bottles. W. A. EDGAR, Frankville, Liver and Kidney Complaint, cured by 4 bottles, Mrs. H. SHELDON, Farmersville, Canker of the Stomach, cured by I bottle. Rev. W. E. GIFFARD, Bothwell, Dyspepsia, worst form, cured by 3 bottles. W. H. HOWARD, Geneva, N.Y., Paralysis and General Debility, cured by I bottle. Mrs. B. GIFFORD, Port Rowan, Chronic Liver Complaint, cured by 2 bottles. Miss F. MILLOY, Erin, Headache and Irregularities, 2 years, cured by 2 bottles. GEO. M. NOLAND, Toronto, Chronic Ulcer on Leg, cured by 3 bottles. Rev. WM. STOUT, Wiarton, Chronic Abscess that baffled the best surgical skill for twenty-three years, and the most remarkable case on record, cured by a few bottles. D. MCCRIMMON, Lancaster, Chronic Rheumatism, cured by a few bottles. C. BLACKETT ROBINSON, TOronto, Chronic Headache, cured by 1 bottle. ANNIE HEATH, Portland, Eruptions, Weakness; etc., cured by 1 bottle. ISAAC BROWN, Bothwell, Salt Rheum, declares one bottle worth \$500 to him. Burdock Pills, Or SMALL SUGAR-COATED GRANULES. We have introduced to the trade and the public an elegant little Sugar-Coated Granule, designed to act as a mild and gentle purgative, and to fill the requirements of a family Cathartic Liver Pill in a concentrated, convenient and palatable form; easy to administer to children or delicate invalids, whose sensitive stomachs rebel against ordinary pills or cathartic mixtures. They are also admirably calculated to assist the action of Burdock Blood Bitters when a more speedy laxative or purgative effect is desired, and to more quickly arouse the secretions to prepare the system for the alterative and tonic effects of the Blood Bitters. Prepared as they are from the most pure and highly concentrated active principles of vegetable remedies, they are safe and speedy in effect, with a marked and specific action upon the Liver and Kidneys,

while regulating the Stomach and Bowels. Burdock Pills are neatly put up in the form of Small Granules (little grains), elegantly Sugar-Coated, and enclosed in air-tight vials, to perfectly preserve them in any climate. Sold by all dealers. *Price* 25 cents. Samples will be sent by mail free on application.

(25)

2)

DECEMBER, 1884.

Hagyard's Pectoral Balsam, Pain Remedy and Yellow Oil is found

In every well-kept household all the year around.

#### MOON'S PHASES.

		Ont	tario.	Maritime Pro.					
1	d.	h.	m.	d.	h.	m.			
@ Full M'n.	2	I	42 p.m.	2	2	39 p.m.			
D Last Qr.									
O New M'n.									
🛈 1st Quar.	25	8	4 a.m.	25	9	ı a.m.			

#### CALENDAR.

				URE	-		1						vi			
	MONTH. WEEK.		Ont. and Maritime Provinces.					Prov Que	f			I IISCS.	Weather			
	OF	TOF		ses.		un ets.		ses.		un ets.	Moor	IDDIW	Pr			
	DAY	DAI			E	m.	1				h.	m.				
		Mo	7	19	4	20	7	26	4	13	3	50				
	2		7	20		20		27		13	4	45	Change-			
		We	7	21				28		13	5	37	able.			
	4	Th	7	22		19	1.5	29		12	6	44	0			
		Fri	7	23		19	7		4	12	8	03	Snow or			
	6	Sat	7	24	_	19	-	31		12	9	13	rain.			
	4	9) 21	_		_	day		_		_			ruin.			
	7	Sun	1.	25	4					12			Very			
	8	Mo	11	26				33			II					
		Tu	7	28		19		34		12		Μ.	cold and			
	II	We	7	29				35		12		31				
		Fri	77	30				36 38		12 12	1 2	34 36	stormy			
		Sat	7	32				38		12	3	36				
1		o) 31	-			lay						30	weather.			
		Sun					-			12		24	Cold.			
		Mo	7	32 32			1.	39 39		12	4 5	34 30				
		Tu	7	33			15.	39		12	6	23	Rain if			
		We	7	33				41	U.*	13		ets				
		Th	7	34				41		13		46	wind W.			
		Fri	7	35		20	17.	42		13	6	20				
		Sat	17	35		21		42	4	14	7	36	Snow if E			
	5	I) 41	th	Su	nd	lay	iı	n A	d	/en	t.		Change-			
	21	Sun	17	36	4	21	17	43	14	14	8	35	able.			
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1	23	Tu	7	37	4	22	7	44	4	15	10	38	Signs of			
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		Th	7	38	4							Μ.	storm and			
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-		Sat	17	38	<u> </u>			45		18		56	hard			
			st	_		aft		-	_	istn		-				
:	28	Sun		38				45		19		06	frost.			
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	31	We	7	40	4	28	17	46	14	22	6	34	(26)			
													(20)			

PARAGRAPHS.

Poverty is the only burden which grows heavier in proportion to the number of dear ones who have to help bear it.

"How shall we stop the great evil of lying?" asks a religious weekly. Don't know, give it up. It's a habit you ought never to have fallen into.

The dampness of Spring and Fall, and exposure to the chills of Winter, develop rheumatism in those naturally disposed to the disease. Early guard against its approach by using Hagyard's Yellow Oil, the matchless remcky for rheumatism.

Matchmaking mamma (to her marriageable daughter) — "Virginia dear, don't lose sight of that gentleman in mourning. He may be a widower."

About the only troubles that come single are fussy old maids.

A very narrow aperture—the crack of a whip.

Mothers, are your children subject to Croup? Do not neglect a cold, which weakly children take so easily. Remember Croup is always the result of a Cold, and Hagyard's Yellow Oil used as directed, cures both.

A Sunday-school boy combatted with his teacher, holding that the world, being round, could have no end.

Our babies — With all their faults we love them still, not noisy.

Professor—" What are the constituents of quartz?" Student— "Pints." A bland smile creeps over the class.

Pleurisy, if taken in time, is easily cured by a few doses of Hagyard's Pectoral Balsam, and the outward application of Hagyard's Yellow Oil. Both remedies should find a place in every household.

A contemporary asserts that the latest thing out is a bad husband. What about the gas in his wife's room?

Drink your favorite claret during a calm. "Any port will do in a storm."

# Burdock Healing Ointment.

As an aid to the curative effects of Burdock Blood Bitters in treating Old Sores, Scrofulous Ulcers, and Obstinate Humors and Eruptions, such as Salt Rheum, Fever Sores, Boils, Skin Diseases, Piles, Sore Eyes, and all classes of ill-conditioned Sores, where ordinary applications of Ointments, Cerates and Salves are without avail, the use of this great cleansing and healing compound is almost indispensible in perfecting a cure. The sovereign virtues of Burdock, Yellow Dock, Arnica, Calendula and other vegetable curatives are combined in this Ointment, that may be used with a positive guarantee of success in every requirement.

Burdock Healing Ointment instantly relieves Painful Soreness and Inflammation; cleanses the most foul Ulcers; promotes free healthy suppuration, and speedily heals the most ugly wounds of the flesh, In Burns, Scalds, Frost Bites, Chilblains, Cuts, Bruises, and Flesh Wounds, Burdock Healing Ointment is invaluable, IT IS STRICTLY A VEGETABLE COMPOUND, blended with Gums and Oils to form an Ointment that applied on lint or linen will sufficiently adhere to the flesh without being troublesome to remove. Price 25 cents a Box ..

Ragyard's Pectoral Balsam, THE GREAT THROAT AND LUNG REMEDY

#### FOR CHILDREN OR ADULTS.

Safely, speedily, surely cures all Throat, Bronchial and Lung diseases such as Hoarseness, Quinsy, Asthma, Coughs, Colds, Influenza, Bronchitis, Whooping Cough, Croup, Spitting Blood, Pleurisy, and all Pectoral Complaints.

Its properties are healing, soothing, febrifuge, stimulating, expectorant, and diaphoretic, composed as it is of Balsams, Gums and Vegetable Tonics, soothing and expectorant in their nature. The extract of Wild Cherry Bark, Licorice and other safe and well known vegetable medicines skilfully blended to form a pleasant mixture, which the most delicate child can readily take. It is a specific in all diseases affecting the mucous surfaces.

Obstinate Coughs yield at once to its expectorant, soothing and healing properties; even in confirmed consumption it affords the sufferer great relief from the harassing cough. Price 25 cents.

#### TESTIMONIALS.

Below find a few testimonials in favor of Hagyard's Pectoral Balsam. Others furnished on application, at our office, 31 Church Street, Toronto. T. MILBURN & CO.

EVERTON, July 21.

#### Messrs. T. MILBURN & Co.:

GENTS, I. MILBORN & CO.: GENTS, —I beg leave to say to you and any persons who may be troubled with weak lungs or coughs, that I had a very severe attack of Inflammation on the right lung, which left it in a very weak state for about a year, when I was completely cured by the use of Hagyard's Pectoral Balsam. I used about half a dozen bottles, and never have been troubled since that time, which is about six years ago.

Yours,

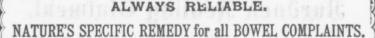
R. N. WHEELER, Merchant.

DIXIE, February 17.

Messrs. T. MILBURN & Co.: GENTS, -I have much pleasure in recommending your Pectoral Balsam. I had it in my store for three years and never was asked for it. My wife tried one bottle for a bad cold, which completely cured her before it was all used. I then recommended it to my customers, to their entire satisfaction, and am completely sold out. Please send me three dozen at once and oblige.

J. KENNEDY.

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# DR. FOWLER'S

of Wild Strawberry Extract

This purely Vegetable Remedy combines the healing, cooling, soothing, astringent, antiseptic and tonic properties of the Wild Strawberry Plant, with other cleansing and healing herbs, whose action is safe and effectual to remedy all fluxes of whatever nature, and from whatever cause arising; forming the most safe, pleasant, and effectual cure known for Cholera, Cholera Morbus, Dysentery, Diarrhœa, Colic, Cramp, Canker of the Stomach and Bowels, Nausea, Sea Sickness, Piles, Leucorrhœa, and all diseases of the Mucous surface of the Stomach, Bowels, etc. Free from Opiates or hurtful drugs-it is safe alike for Infant or Adult. For Cholera Infantum and the disturbed condition of the system of children teething, it is peculiarly adapted. Dr. Fowler's Extract of Wild Strawberry has stood the test of time.

Over thirty years in use, and more popular and better appreciated now than ever, giving universal satisfaction wherever fairly tested.

The proprietors will cheerfully supply names and testimonials of cures to the satisfaction of any applicant.

#### TESTIMONIALS.

"I have sold your medicines for over 20 years, and no medicine could give better satisfac-tion than your Burdock Blood Bitters and Extract of Wild Strawberry. You can use my name in recommending them in any way you see fit." The above from J. R. Bovo, Druggist, Tottenham and Schomberg, and applies to Dr. Fowler's Extract of Wild Strawberry, that grand Specific for all Summer Complaints.

DAVY & CLARK, Druggists, Renfrew, writes us June 3rd—"We have sold Fowler's Extract of Wild Strawberry for a number of years, and found nothing equal to it, for the pur-pose for which it is designed." Dr. Fowler's Extract of Wild Strawberry cures all forms of Bowel Complaints incident to Summer and Fall.

The well-known drug firm of N. C. POLSON & Co., of Kingston, writes--that Dr. Fowler's Extract of Wild Strawberry has long been the best remedy for Summer Complaints in the market, and added that their customers speak in the highest terms of its merits,

J. F. Sмith, Druggist, of Dunville, under date of June 1st writes of Dr. Fowler's Extract of Wild Strawberry—"It sells immensely, in fact has the largest sale during the Summer of any patent medicine in stock," and adds that he can heartily recommend it to the public.

W. H. CROOKER, Druggist, of Waterdown, under date of June 1st writes that "Dr. Fowler's Extract of Wild Strawberry cannot be surpassed, when all other remedies fail then it comes to the rescue, and I find the sales large and increasing." Wild Strawberry positively cures all Bowel Complaints.

ROBERT A. WILSON, Dispensing Chemist, Brockville, says under date of June 5, 1882-"I have not the slightest hesitation in saying that Dr. Fowler's Extract of Wild Strawberry has given my customers more satisfaction than any medicine in my store for the cure of Summer Complaints—Diarrhœa, Dysentery, Pain in the Stomach, Sea Sickness, Piles, etc. You can use my name, etc."

# National Pills,

Sugar-Coated-purely Vegetable. Highly recommended for Biliousness, Headache, Constipation, Indigestion, Dizziness, Heartburn, Bad Breath, Loss of Appetite, Jaundice, Loss of Memory, Sour Stomach, Liver Complaint, or any illness arising from the Stomach, Bowels, or Kidneys.

They are-Certain in their action; Mild and painless in their operation; Speedy in their effect; Composed of no mineral poison; Suited to the old and young of both sexes; Requiring no confinement or change of diet; Not sickening or griping to the most delicate organization; Elegantly sugar-coated and perfectly tasteless. They Regulate the Bowels without causing Constipation.

# Hagyard's Yellow Oil,

THE GREAT HOUSEHOLD REMEDY

### FOR PAIN AND INFLAMMATION,

#### FOR INTERNAL AND EXTERNAL USE,

Used externally it stops all pain, and prevents blistering of a burn as soon as applied. It prevents swelling, removes pain and discoloration of bruises, by a few applications. As a liniment or embrocation it has no equal for Rheumatism, Stiff Joints, Contracted Cords, Calloused Lumps, Painful Swellings, Sprains and Bruises, and lameness of every description. It has cured Chronic Rheumatism of years' duration, after all other means had failed. Stiff Joints have been relaxed that had resisted all other treatment. Neuralgia, Swelled Neck, Enlarged Glands, Spinal Disease, Lame Back, and all muscular pain, lameness or soreness, speedily and effectually cured by this valuable embrocation. Nothing can equal Yellow Oil for Burns and Scalds, Frost Bites and Chilblains, Inflamed Breasts and Chafed Skin.

Internally used it is equally wonderful in its efficacy. One or two doses cures Hoarseness and Sore Throat. The sufferings of Asthma are relieved at the first dose, and in Croup it is almost a specific cure. Bronchitis and Swelled Tonsils yield to its curative influence, Taken inwardly in doses of from 10 to 30 drops on sugar or in water, it cures Quinsy, Colds, Pains in the Chest, Stomach, Kidney complaints, etc. "Hagyard's Yellow Oil" is an old established remedy, and, as the proof we offer will show, is now more popular with the people than ever. If the medicine happens to be new to you, ask your druggist regarding its sales and its merits. We can warrant it without any hesitation to do all we claim for it. Its soothing, purifying, cleansing, and healing properties, are unsurpassed by any medicine of its class in the world. Its powers of subduing inflammation, allaying pain, relaxing stiff joints or sinews, and healing all soreness and lameness of the flesh, are unequalled. Many bad cases of Chronic Deafness have been cured by this remedy, as certificates attest. Every individual should have access to it for use in accidents and emergencies, such as wounds, sprains, bruises, burns, frost bites, stings of insects, etc. Among the many thousands of bottles sold annually throughout Canada, not one has ever been found unsatisfactory to the purchaser. No matter where the pain or soreness, or from what it arises, "Hagyard's Yellow Oil" is sure to give quick relief. In Throat and Lung complaints as a local application rubbed upon the parts, and applied on flannel, inhaled as a vapour, or taken internally, it is sure to benefit. In brief, "Hagyard's Yellow Oil" is the most reliable, cheapest and best pain relieving remedy ever discovered,

Every bottle guaranteed to give satisfaction or money refunded.

Among the many who have successfully tested its curative powers we may name the following:-

FRANK SPINK, Wilton Avenue, Toronto; cured of a bad bruise and injury received by an accident on the G.T.R.

Mrs. BERKENSHAW, 26 Pembroke Street, Toronto; cured of a bad lameness of the kneejoint, upon which the surgeous were about to operate, other treatment having been tried in vain.

The family of Mrs. WM. ALLEN, of Acton, cured of colds, croup, sore throat, stiff neck, burns, scalds, etc.; she speaks highly of its success.

It cured A. CHARD, Stirling, of a badly injured knee-joint.

It cured Mrs. WALTER LINTON, Waterloo, of chronic calloused lumps; also a neighbour of rheumatism.

Alderman TAYLOR, of Toronto, of rheumatism, after all other treatment had failed.

Mrs. F. TAYLOR, Toronto, of inflammatory rheumatism ; she says it saved her life.

JOSEPH ARMSTRONG, 15 Muter Street, Toronto, of cramps and colic; and his mother of rheumatism.

JOHN CLARK, Millbridge, of deafness .

# RECEIPTS FOR DYEING.

GENERAL INSTRUCTIONS.—Everything should be clean. The goods should be scoured in soap and the soap rinsed out. They are often steeped in soap be over night. Dip them into water just before putting them into dye bath, to prevent spotting. Soft water should be used, sufficient to cover the goods well—this is always understood where quantity is not mentioned. When goods are dyed, air, rinse well and hand up to dry. Do not wring merino dresses when scouring or dyeing them. If cotton goods are to be dyed a light color, they should first be bleached.

#### WOOLLEN GOODS.

CHROME BLACK-BEST IN USE. —For five pound goods, blue vitriol, six ounces; boil a few minutes, then dip goods three-fourths hour, airing often; take out goods, make a dye with three pounds logwood, boil one-half hour, dip three-fourths hour and air goods, and dip three-fourths hour more. Wash in strong suds. This will not fade by exposure to sun.

WINE COLOR.—For five pounds goods, cannwood, two pounds; boil fifteen minutes and dip goods one-half hour; boil again and dip one-half hour; then darken with blue vitriol, one and one-half ounce; if not dark enough add copperas, one-half ounce.

SCARLET-VERY TINE.-For one pound goods, cream-tartar, one-half ounce; cochineal, well pulverized, one-half ounce; muriate of tin, two and one-half ounces, boil up the dye and enter the goods; work them briskly for ten or fifteen minutes, then boil one and one-half hour, stirring goods slowly while boiling. Wash in clear water and dry in the shade.

PINK.-For three pounds goods, alum, three ounces; boil and dip the goods one hour; then add to the dye, cream-tartar, four ounces; occhineal, well pulverized, one ounce; boil well and dip the goods while boiling until the color suits.

BLUE-QUICE PROCESS.—For two pounds goods, alum, five ounces; cream-tartar, three ounces; boil goods in this one hour, then put goods into warm water which has more or less extract of indigo in it, according to the depth of color desired, and boil again until it suits, adding more of the blue if needed.

MADDEB RED.—To each pound of goods, alum, five ounces; red, or cream-tartar, one ounce. Putingoods and bring kettle to a boil for one-half hour, then air them and boil for one-half hour longer; empty kettle and fill with clean water; put in bran, one peck; make it milk warm, and let it stand until bran rises, then skim off the bran and put in one-half pound madder; put in goods and heat slowly until it boils and is done. 'Wash in strong suds.

GREEN.—For each pound of goods, fulltic, one pound; with alum, three and onehalf onces; steep until strength is out, and soak goods therein until a good yellow is obtained; then remove the chips and add extract of indigo or chemic, one tablespoonful at a time until color suits.

SNUFF BROWN-DARK.—For five pounds goods, cam wood, one pound; boil it fifteen minutes, then dip goods three-fourths hour; take out goods and add to the dye two and one-half pounds fustic; boil ten minutes and dip three-fourths hour; then add blue vitriol, one ounce; copperas, four ounces; dip again one-half hour. If not dark enough, add more copperas.

OBANGE.—For five pound goods, muriate of tin, six tablespoons; argal, four ounces; boil and dip one hour, and add again to the dye one teacup madder; dip again onehalf hour. Cochineal, about two ounces, in place of madder, makes a much brighter color.

YELLOW-RICH.-Work five pounds goods one-half hour in a boiling bath with three ownces hichromate of polassia and two ounces alum; lift and expose till well cooled and drained, then work one-half hour in another bath with five pounds fustic. Wash out one day.

SALMON.—For each pound goods, one-fourth pound annatto; one-fourth pound soap; rinse goods in warm water, put them into mixture and boil one-half hour. Shade will be according to amount of annatto.

PURPLE.—For each pound goods, two ounces cudbear; rinse goods well in scap suds, then dissolve cudbear in hot suds--not quite boiling--and scak the goods until of required color. The color is brightened by rinsing in alum water.

CRIMSON.-Work for one hour in a bath with one pound cochineal paste; six ounces dry cochineal; one pound tartar; one pint protochloride of tin. Wash out and dry.

#### COTTON GOODS.

BLACK.—For five pounds goods, boil them in a decoction of three pounds sumach one-half hour, and steep twelve hours; dip in lime water one-half hour; take out and let them drip one hour; run them through the lime water again fifteen minutes. Make a new dye with two and one-half pounds of logwood (boiled one hour), and dip again three hours; add biohromate potash, two ounces, to the logwood dye, and dip one hour. Wash in clear cold water and dry in the shade. Only process for permanent black.

SKY BLUE.—For three pounds goods, blue vitriol, four ounces; boil a few minutes, then dip goods three hours; then pass them through strong lime water. A beautiful brown can be obtained by next putting goods through a solution of prussiate of potash.

(30)

GREEN.—Dip goods in home-made blue; dye until blue enough is obtained to make the green as dark as required; take out, dry and rinse a little. Make a dye with fustic, three pounds; logwood, three onnees to each pound of goods, and boiling dye one hour; when cooled so as to bear hand, put in goods, move briskly a few minutes, ana let lie one hour; take out and thoroughly drain; dissolve and add to the dye for each pound of cotton, blue vitricl, one-half ounce, and dip another hour. Wring out and let dry in the shade. By adding or diminishing the logwood and fustic, any shade may be had.

YELLOW. -For five pounds goods, seven ounces sugar of lead; dip goods two hours; make new dye with bichromate of potash, four ounces; dip until color suits; wring out and dry. If not yellow enough, repeat.

ORANGE.—For five pounds goods, sugar of lead four ounces; boil few minutes, when a little cool put in goods; dip two hours; wring out; make a new dye with bichromate of potash eight ounces, madder two ounces; dip until it suits. If color is too red, take small sample and dip into lime water, and choose between them.

RED.-Muriate of tin, two-thirds teacup; add water to cover goods; rinse to boiling heat; put in goods one hour, stir often; take out, empty kettle; put in clean water with hiewood one pound; steep one-half hour at hand heat; then put in goods and increase heat one hour-not boiling. Air goods and dip one hour as before. Wash with soap.

#### POSTAGE RATES.

LETTERS to any place in Canada or the United States for each $\frac{1}{2}$ oz	5	cents.
Great Britain,	- 5	**
City or Drop, " Yorkville, Don Mount and Parkkale, each ½ oz		**
POST CARDS, Canada and United States Great Britain	1	**
BOOKS, Canada and United States (limit 51bs.), for each 4 oz. Great Britain, for each 2 oz.	1	"
NEWSPAPERS, Cauada and United States, for each 4 oz Great Britain, for each 4 oz	1	**
PARCEL, Canada (limit 5 lbs.), for each 4 oz (Parcels to Manitoba must not exceed 2 lbs. 3 oz.) (None to Great Britain or United States.)	6	**
SAMPLES, not exceeding 4 oz. to any part of Canada, for each 4 oz	1	
United States, not exceeding 8 oz. Great Britain, not exceeding 8 oz., 2c. for first oz., 1 cent for each addi- tional oz.	10	**

#### REGISTRATION.

Letter,	Canada, each		 2	cents.
**	United States,	each	 5	66
**	Great Britain.	14	 5	
Books.	46 44	44	 5	84
Parcels	, Canada,	44	 5	6.6
Sample		**	 5	**

#### FOREIGN POSTAGE RATES.

Austria, Belgium, Denmark, Egypt, France, Germany, Gibraltar, Greece and Ionian Isles, Italy, Japan, Malta, Netherlands, Norwav, Portugal, Russia, Spain, Sweden, Switzerland, Turkey-Letters, 5c. every  $\frac{1}{2}$  oz; Post Cards, 2c. each; Newspapers, 2c. each 4 oz; Books, 1c. each 2 oz; Registration, 5c.

Australia, except New South Wales, Victoria and Queensland-Letters, 7c. each ½ oz; Books, 3c. each 2 oz. New South Wales, Victoria, Queensland, New Zealand-Letters, 15c. each 2 oz; Newspapers, 4c. each 4 oz; Books, 6c. each 2 oz; Registration, 15c.

EVERY LADY CAN BE HER OWN DYER BY USING

Mrs. Freeman's

# NEW DOMESTIC DYES IN POWDER.

Excelling in brightness of color, strength and permanancy all other dyes in the market. By properly blending, twenty-five different colors may be produced in the cleanest and quickest possible method. List of colors -navy blue, brown, dark green, drab, violet, majenta, orange, salmon, orimson, light green, light blue, black, pink, purple, scarlet. These and other popular shades may be produced in a neak, cheap and rapid manner by following the simple instructions with each package. Magenta locts., other colors 15cts. per package, sufficient for from two to four pounds of goods. (31) VICTORIA COMPOUND FLUID EXTRACT OF BUCHU AND UVA URSI.

V

The Specific Remedy for all Diseases of the Kidneys, Urinary Complaints and Sexual Debility.

For Non Retention or Incontinence of Urine, diseases of the Bladder or the Kidneys, diseases of the Prostrate Gland, Gravel, Diabetes, Bright's Disease, Dropsical Swellings, Mucous Discharges, Sedimentary Urine, Lame Back, Weakness arising from excesses or bad habits, Female Complaints, etc. This is a Sovereign Remedy, praised alike by the people and the profession for the class of diseases named, ALL DRUGGISTS SELL IT. PRICE ONE DOLLAR.

# VICTORIA COMPOUND SYRUP OF HYPOPHOSPHITES,

#### The Great Vitalizer, Nutritive and Nerve Tonic.

Supplies the Nutritious Elements of Blood, Brain, Bone and Muscle; Restores Nervous Energy when lost by imprudence or excesses, Enriches the Blood and Strengthens the System when debilitated by exhaustive Discharges. Supplies the chemical constituents of the System, Iron, Lime, Soda, Potash, etc., in that peculiar weakness and wasting that leads to Consumption, and other debilitating forms of disease. Endorsed by leading Chemists and Medical Men. PRICE ONE DOLLAR.

**Dr. Boyer's Galvanic Fluid,** for External Use only. Cures Rheumatism, Lumbago, Neuralgia, Bruises, Sprains, Swellings, Frost-bites, Headache, Pains in the Joints or Muscles, and for general use as an active Electrical or Penetrating Liniment. Its effects are truly wonderful in all painful conditions. PRICE 25 CENTS.

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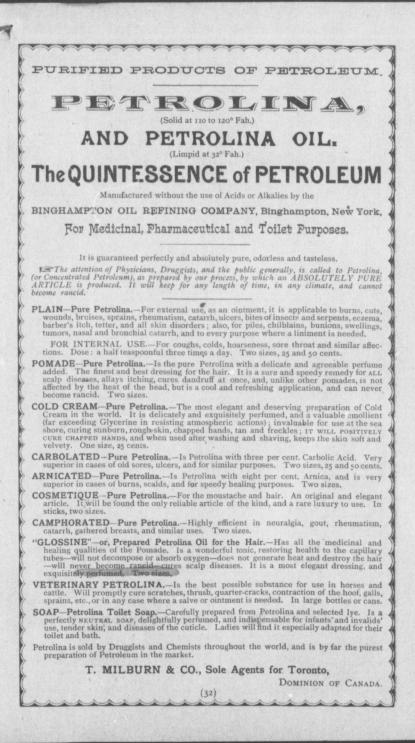
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