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FIRST REPORT

— OF THE —

- HILLCREST -

CONVALESCENT HOME.

1886 to MAY, 1888.

TORONTO:
APTED BROS., PRINTERS, 40 COLBORNE STREET.
1888.

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Board of Management. -

President :

MRS. GIBSON, - - - 66 ST. ALBANS STREET.

Vice-Presidents :

MRS. GUNTHER, - - - 18 JORDAN STREET.

MRS. HOYLES, - - - 60 COLLEGE STREET.

Treasurer :

MISS GREIG, - - - 17 QUEEN'S PARK.

Secretary :

MISS S. MICKLE, - - - QUEEN'S PARK W.

Committee :

MRS. E. BLAKE,	379 Jarvis Street.
MRS. BARNETT,	54 Gloucester Street.
MRS. COCKSHUTT,	430 Sherbourne Street.
MRS. GZOWSKI,	"The Hall," Bathurst St.
MRS. HOSKIN,	"The Dale," Rosedale.
MRS. W. H. HOWLAND,	7 Queen's Park.
MRS. JARVIS,	254 Jarvis Street.
MRS. JEFFREY,	130 Bloor Street West.
MRS. LEE,	388 Jarvis Street.
MISS MORRIS,	401 Jarvis Street.
MISS MUTTLEBURY,	75 Grenville Street.
MRS. S. NORDHEIMER,	"Glenedyth."
MISS O'BRIEN,	333 Sherbourne Street.
MISS PARSONS,	201 Jarvis Street.
MRS. SHORTISS,	St. George Street.
MRS. VANDERSMISSEN,	8 Surrey Place.
MRS. WAKEFIELD,	Davenport Road.
MRS. WALKER,	199 St. George Street.
MRS. WYLD,	347 Jarvis Street.

Visiting Physician :

DR. BERTRAM SPENCER, - 8 BLOOR STREET E.

Hillcrest

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Hillcrest Convalescent Home.



PUBLIC MEETING.

The first annual meeting of the lady managers and friends of the Home was held on Saturday, April 28th, at the Home, Davenport Road.

In the absence of the Mayor, Ald. McMillan occupied the chair, and the meeting was opened with prayer by the Rev. Dr. Thomas, after which Rev. D. J. Macdonnell read the first report, as follows :

SECRETARY'S REPORT.

In presenting the first annual report of the Convalescent Home, the Board of Managers rejoice that they are able to give so favorable and so encouraging a statement to the public. During the year just ended 130 patients have shared in the benefits of the Home. This, for the first year, with all its difficulties, is a large number, and is an assurance to its friends, and to those who predicted failure, that Hillcrest is already a success.

The public are, perhaps, already familiar with the facts connected with the building of the Home. In 1885 Miss Evans, of Liverpool, England, who had been visiting here, gave \$6,775 for the erection of a Convalescent Home in Toronto. She generously placed no restrictions on her gift, leaving the Trustees appointed free to choose whether the Home should follow the cottage system so well known in England. or should take its present form.

The money being given, the next most important consideration was the selection of a site. Mr. Wm. Gooderham, with his wonted liberality, here came to the assistance of the Trustees and gave an acre of land on the crest of Wells' Hill, where the Davenport Road meets the Vaughan Plank Road. All who are with

us to-day will acknowledge that for healthfulness and for beauty of situation the site can hardly be surpassed in Toronto. It is as yet, perhaps, a little difficult of access, but in the course of the summer, when the street cars run along the Davenport Road, it will be sufficiently convenient and near at hand.

The following are the names of the Trustees, under whose direction the house was built:—Hon. S. H. Blake, Messrs. W. H. Howland, J. K. Kerr, Q.C., H. P. Dwight, Maj.-Gen. Keer, the late Mr. S. R. Briggs, Messrs. R. Kilgour, J. J. Withrow, J. Gartshore, Dr. Ellis, Dr. Spencer, and Mr. A. H. Smith. Mr. Storm was the architect of the building.

Early in the summer of 1886, the Trustees having completed their work, the Home was handed over to a Committee of ladies, who immediately proceeded to furnish it with the proceeds of a further donation of £1000 sterling from Miss Evans, and the first patient entered Hillcrest in August, 1886. The sum given by Miss Evans for furnishing proved insufficient, and Mr. Gooderham again came to the aid of the Home with a further gift of \$500, which nearly covered the expense of putting the house and grounds into working order, there being only a small debt contracted for grading the grounds and for furniture, which was assumed by the second ladies' committee on its formation in 1887, and which has since been paid.

The Home was again open for the reception of patients on March 1st, 1887, on which day one patient entered on a City order, but Miss Scoble did not assume her duties as Lady Superintendent until April 7th. On May 12th Hillcrest was formally declared opened by His Excellency the Marquis of Lansdowne.

In regard to the difficulties encountered in establishing the Home, perhaps a word of explanation will suffice. When the Home was presented ready built and furnished, it would seem that there should have been no trouble in making it an immediate success; but it must be remembered that in this great gain there was also some loss. It had not like other charities grown up among us. It was nobody's pet scheme. Very few had heard of the noble deed so quietly done by Miss Evans; many even of those ladies who undertook the onerous work of carrying it on had not heard of the existence of Hillcrest until they were asked to form a Committee of Management. As, therefore, the institution had no crowd of enthusiastic friends, and as the whole cost of maintenance was in charge of the Committee, who had absolutely no funds to fall back upon, it is a matter for congratulation that the end of the year finds us free from debt. For this result we have to thank the kind friends who generously responded to our recent appeal for funds.

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The Home, as its name implies, is for the benefit of those who are recovering from illness in their own homes or at the hospital. Such an institution must be a necessity in any city the size of Toronto. When once the convalescent stage is reached, the hospital has done its part, and the patient, still weak, ill, and unfit for work, must make way for others who are in a worse case than himself. But this is often just the critical period, when a week or two may decide whether they will regain their wonted strength and vigor, or slowly sink into confirmed ill-health. Their imperative need is not medicine, but fresh air, wholesome, nourishing food, comfort and freedom from care. These they often cannot possibly obtain in their crowded, ill-ventilated homes, and some even sadder cases have nowhere to go, and after a few weeks of hopeless struggle, drift back to the hospital in a far worse state than they were before. For all these, as well as for tired mothers and over-worked toilers, to whom a fortnight's rest might prove a prolongation of life and usefulness, Hillcrest was designed.

In compliance with the plans of the donors and Trustees, a small weekly fee is charged. This is put at \$2.40 per week, which is 40 cents less than the rate charged in the public wards of the General Hospital, viz., \$2.80. But with this small rate of payment Hillcrest is not, nor will it ever be, entirely self-supporting, if we are to maintain a high standard of excellence. Recognizing this fact, it has been proposed to endeavor to secure a small sum as an endowment fund, the interest of which could be used every year. Miss Evans, our kind friend, has promised if it is raised to start it with a donation of £100 sterling. But this fund is as yet a long way off in the future, and for some years the utmost that we hope for is that with the kind assistance of our friends we may be able to pay our way.

During the year 130 patients have been received at Hillcrest. A few of these were chronic cases for whom no permanent re-establishment of health could be expected, but even in these, except in two cases, the general improvement has been very marked. Of the other class all without exception have gone away much benefitted by their stay, the gain in health and strength being sometimes almost marvellously rapid. Most of the patients have come on City orders from the General Hospital, the rest from their own homes, where they either pay for themselves or are maintained by private charity, or by the church to which they belong. The managers hope that this second class will be much larger in the future than it has been in the past; for many a weary toiler among our poorer brothers and sisters might be saved months of pain and weakness by a little timely rest and change. The charge for maintenance is so small that we feel sure many would

gladly spend the money that they set aside for charitable purposes in a way that would be so beneficial to the poor.

During the year the Home has been very highly favored in having Miss Scoble, who has generously given her services as Lady Superintendent. She has put her whole heart into the work of making the Home a success, and to her the opening prosperity of this, the first year, is mainly due. It was indeed with great regret that we learned that she was obliged to leave us. We would most heartily thank her for all that she has done for Hillcrest, and we wish her a pleasant journey and a safe return to her numerous Toronto friends.

After Miss Scoble left Miss Fox most kindly offered her services to the Home, and remained with us until July, when the new Matron took charge.

Our new Lady Superintendent is Miss Law. We hope and believe that she will carry forward with true success the work begun by her predecessors.

Our thanks are due to Dr. Spencer, who has chief medical charge of the Home; to Dr. O'Reilly, of the General Hospital, and to the other doctors who may have visited their patients at Hillcrest; to the students of Wycliffe, Knox and Trinity Colleges, and McMaster Hall, who have by turns held services on Sunday afternoon in the Home, and also to all the kind friends who have helped us in various ways, especially those who at Christmas or through the year have sent donations of provisions or goods.

In conclusion, we hope for the future to be able to preserve the home-like aspect and features of Hillcrest, so that it may be, according to the aspirations of its foundress, less an institution than a *home*—a quiet, happy resting-place, where the sick and the weary may gather new courage and strength before they go out again to the battle of life. May the time never come when rules as rules, or dollars and cents shall be considered before the comfort and well-being of those for whom the Home was founded.

S. MICKLE, SECRETARY.

The Treasurer's report, which will be found annexed, was then read by Dr. W. H. Ellis, after which short addresses were given by Rev. Dr. Thomas, Mr. Wm. Gooderham, Mr. Carpmael, and Rev. Hugh Johnston.

At the close of the meeting, Mr. Hoskin, on behalf of the Lady Managers, presented Miss Scoble with a handsome travelling clock as a slight token of their high appreciation of her services.

Mrs. Duncan-C
A Friend, per M
Clark
Sheriff Jarvis..
M. G.
F. Perkins ...
Well-wisher...
J. Lewis
Mrs. W. Dougl
Miss Saunders
Blake, Kerr,
Cassels.....
Mrs. E. Blake.
Mrs. Sampson
Mrs. A. B. Lee
Mrs. Wyld ...
Dr. Wilson ...
E. Gurney ...
Miss Langton.
Miss Lay and
R. Kilgour ...
J. Davidson...
Mrs. Riordan .
A. C.
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CRETARY.

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DONATIONS, 1886-88.



Mrs. Duncan-Clark.....	\$ 5 00	Friends (at opening of	
A Friend, per Mrs. Duncan-		Home).....	\$24 30
Clark	5 00	His Excellency the Gov.-	
Sheriff Jarvis.....	5 00	General	100 00
M. G.	5 00	Mr. Neil Currie.....	25 00
F. Perkins	10 00	Mrs. Creelman	1 00
Well-wisher.....	1 00	J. Rawlinson	50
J. Lewis	2 00	Mrs. T. Thompson	5 00
Mrs. W. Douglas	1 00	Mrs. S. Nordheimer	50 00
Miss Saunders	5 00	Mrs. Crooks	1 00
Blake, Kerr, Holman &		Elias Rogers	20 00
Cassels.....	25 00	Mrs. Jarvis	5 00
Mrs. E. Blake.....	95 00	A Friend (per M. G.)....	5 00
Mrs. Sampson	2 00	Mrs. Macklem	1 00
Mrs. A. B. Lee	5 00	A client of J. Stark.....	50 00
Mrs. Wyld	10 00	Mrs. W. H. Howland....	5 00
Dr. Wilson	5 00	J. Davidson.....	20 00
E. Gurney	2 00	Mrs. H. Gooderham.....	10 00
Miss Langton.....	10 00	Gen. Keer	1 00
Miss Lay and friends....	3 00	Mrs. Topp	15 00
R. Kilgour	10 00	Mrs. Clark	15 00
J. Davidson.....	20 00	Mrs. Gibson	5 00
Mrs. Riordan	2 00	Mrs. Miller.....	1 00
A. C.....	1 00	Mrs. Hoyles	4 00
Mrs. S. Macklen	5 00	Mrs. Ellis	20 00
Miss Mickle	6 00	Mrs. Montezambert	2 00
W. H. Howland	22 00	Mrs. Macdonald	5 00
Mrs. Gibb	10 00		
Rev. G. M. Wrong	5 00		
		Total - -	\$667 80

SUBSCRIPTIONS.

Collected by Mrs. Hoyles.

Moss, Hoyles & Barwick..	\$10 00
Mrs. John Cawthra	5 00
Mrs. Hoyles	5 00
Mrs. R. H. Bethune.....	5 00
Lady Macpherson.....	5 00
Lady Macpherson.....	10 00
H. Covert (Port Hope) ..	5 00
Samuel Taylor	5 00
H. & C. Blachford	5 00
Gzowski & Buchan	5 00
John N. G. Hagarty.....	5 00
Dr. Howitt	2 00
Mrs. Maxfield Sheppard ..	1 00
	<hr/>
	\$68 00

Collected by Miss Greig.

Robert Jaffray	\$20 00
Sheriff Mowat	10 00
G. W. Rathburn (Deser-	
onto).....	10 00
W. B. McMurrich.....	10 00
Fred. J. Stewart	10 00
Lady Wilson	5 00
Mrs. Greig	5 00
James Maclellan	5 00
E. R. Greig	5 00
Mrs. A. S. Ball (Woodstock)	50
	<hr/>
	\$80 50

Collected by Mrs. Gibson.

Mrs. Stephen Heward	\$10 00
A. H. Campbell.....	10 00
Mrs. A. Gibson	10 00
Mrs. W. Howland	5 00
Mrs. Manning	5 00
Dr. Daniel Wilson	5 00
Miss Michie	5 00
George S. Michie	5 00
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	\$55 00

Collected by Mrs. Cockshutt and Miss Parsons.

Mr. George Goulding	\$25 00
Mr. Charles Cockshutt ..	10 00
The Misses Carty	10 00
Mr. James Scott	10 00
Mrs. Pollard	10 00
Mr. James Webster	5 00
Mrs. Hugh Macdonald ..	5 00
Mrs. Topp	5 00
Mrs. W. M. Clark.....	5 00
Mrs. John Leys	5 00
Mr. George Craig.....	5 00
Mr. John Kerr	5 00
Mr. George Ritchie	5 00
Mrs. Moerschfelder	2 00
Mrs. John McBean	2 00
A Friend.....	2 00
Mrs. H. Nelson	1 00
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	\$112 00

Collected by Mrs. A. B. Lee.

Mrs. Arthur Lee	\$5 00
Mrs. A. Nairn	5 00
Mrs. H. W. Nelson	5 00
Mrs. H. E. Clark	5 00
W. A. Murray & Co.	5 00
Walter S. Lee	3 00
Thomas H. Lee.....	2 00
Mrs. W. Taylor.....	1 00
Mrs. Joseph Lee	1 00
Mrs. Grantham.....	1 00
Mrs. John Brown	1 00
A Friend.....	1 00
J. Henderson	1 00
Mrs. Fitch	1 00
J. Cleghorn & Son	1 00
Thomas Clayton	1 00
Miss Richardson	50
Mrs. W. C. Crowther	50
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	\$40 00

Collected by

A Friend (Barr
Mrs. Gowan (B
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Major Evans .
J. R. Strathy.
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Collected by M

McMaster, Dar
George A. Cox
A. M. Cosby
B. E. Walker .
Wm. B. Hamilt
Kilgour Bros..
J. H. Plummer
A. A. Allan & C
H. A. Nelson &
Mrs. S. J. Willi
John Gowans .
John Catto & C
Dr. A. A. Macd
H. S. Howland
H. Bourlier...
John Y. Reid

Collected b

Wyld, Grasett &
Eby, Blain & C
Northrop & Lye
Mr. F. Wyld .
Mrs. McLean H
Mr. Campbell M
Mrs. Campbell
Mr. J. Dudgeon
Ryrie Bros....

TRUSTEES' ACCOUNT.

1885.			
April 10	Cash paid into People's Loan by Miss Evans for building Convalescent Home.....	\$6,775	00
June 30	Interest on Bank Account	56	46
Sept. 15	Cash from Miss Evans, being proceeds of £1,000 sterling	4,838	88
Dec. 31	Interest on Account	182	86
1886.			
June 30	Interest on Account.....	91	16
	Interest on Account	22	33
			<hr/>
		\$11,966	69

Advertising Builders and Contractors, <i>Globe and Mail</i>	\$	24	00
Excavating, Masonry, Bricklaying, etc.		3,672	00
W. G. Storm, Architect		497	48
Carpenters' and Joiners' Work		3,882	63
For Coal.....		40	00
“ Plastering		450	00
“ Painting		473	76
“ Slating.....		316	00
“ Insurance		112	00
“ Surveying		34	55
“ Galvanized Iron Work		317	00
“ Plumbing		293	78
“ Grates, etc.....		90	00
“ Scrubbing and Cleaning		15	00
“ Furnace, etc.....		365	89
“ Earth Closets.....		102	00
“ Window Blinds and Fixtures.....		56	00
“ Fencing, Sidewalks, etc.		113	01
“ Furniture and Hair Mattresses.....		301	55
“ Beds and Wire Mattresses		144	00
“ House Linen, Blankets, etc.		211	01
“ Carpets and Matting		98	84
“ Furnishing Sundries.....		114	46
Cheque for Balance		241	73
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		\$11,966	69

LADIE

Cheque for balanc

Kitchen and La
Carpentering ..
Furniture

Houselinen and
China.....
Balance to Trea

s for
 \$6,775 00
 56 46
 I,000
 4,838 88
 182 86

 91 16
 22 33

 \$11,966 69

LADIES' FURNISHING COMMITTEE ACCT.

Cheque for balance from Trustees for Furnishing\$241 73

.....\$ 24 00
 3,672 00
 497 48
 3,882 63
 40 00
 450 00
 473 76
 316 00
 112 00
 34 55
 317 00
 293 78
 90 00
 15 00
 365 89
 102 00
 56 00
 113 01
 301 55
 144 00
 211 01
 98 84
 114 46
 241 73

 \$11,966 69

Kitchen and Laundry Furnishing.....\$ 82 80
 Carpentering 17 49
 Furniture 62 04
 Housetinen and Carpet 70 20
 China..... 5 15
 Balance to Treasurer as per her account 4 08

 \$241 37

E ACCT.

TREASURER'S STATEMENT.

1886 to 1888.

To amount of subscriptions	\$ 1,605 93
" Annual Fee	41 00
" received from City for Patients	375 65
" " Private Patients	165 00
" " Patients, paid for by Churches and Friends.....	177 62
To balance of Furnishing Acct., per Mrs. Gunther	4 08
" " per Mr. W. Gooderham	15 76
To amount grant from Ontario Government	75 35
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	\$2,460 39

1888.

By amount expended for Provisions	\$ 170 32
" " Groceries	404 31
" " Meat	246 79
" " Labor and Wages	476 07
" " Milk	81 11
" " Light and Fuel	331 33
" " Extra Furniture	193 84
" " Washing	42 05
" " Medicine	19 41
" " Printing, Stationery and Advt'g....	63 54
" " Building Account	187 75
By balance in hands of Treasurer.....	243 87
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	\$2,460 39

C. H. BARNETT, *Treasurer.*

Having examined the cash book of the Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing.

JOHN S. BARBER, *Auditor.*

balance of
.....\$150 75

..... \$36 95
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..... 51 90
..... 31 74
..... 15 76

\$150 75

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CONSTITUTION.

I.—This Institution is to be known as " Hillcrest " and is intended for the benefit of Convalescents leaving hospitals or living in homes where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies to be elected annually. The Board will nominate its successors in office and send the names of half the number so nominated to the Trustees and half to the Mission Union for approval as provided by the Deed.

III.—The said Committee shall elect by ballot out of its number a President, two Vice Presidents, a Treasurer and a Secretary.

IV.—The President shall preside at all meetings at which she is present, or in case of her absence, then one of the Vice Presidents ; in case of their absence, such other person as the meeting may select.

V.—Five members of the said Committee shall form a quorum.

VI.—The regular weekly meetings shall be held on Friday of each week. The regular monthly meeting shall be held on the first Friday of each month, unless some other day is fixed upon at a previous regular meeting.

VII.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc

VIII.—All moneys received shall go to the Treasurer who shall keep an account of the same and pay out same on the order of the said Committee.

IX.—Changes can be made in the Constitution, subject to the approval of the Trustees, at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

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BY-LAWS.

ARTICLE I.

The Board of Managers shall hold its monthly meetings on the first Friday of the month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning.

ARTICLE II.

The President shall have general supervision of the work. She shall preside at all meetings of the Society, or of the Board of Managers, and shall perform such other duties as are incident to the offices. She shall sign all drafts upon the Treasury before they are paid.

ARTICLE III.

The Treasurer shall receive and keep in some chartered bank all the monies collected, and shall disburse them as the Board of Managers shall direct. She shall report the state of the treasury at each monthly meeting. Her annual report shall be examined by auditors appointed by the Board of Managers.

ARTICLE IV.

The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the annual report of the Board of Managers.

ARTICLE V.

Any person desiring admission to the Home on a City Order, must procure and send to the City Health Officer: (1) A medical certificate that the applicant is a fit subject for admission, (2) A recommendation from some member of the Board, showing that the applicant cannot afford to pay the ordinary charges.

ARTICLE VI.

Any person desiring admission to the Home as a paying patient, must present to the Lady Superintendent at the Home, a medical certificate of fitness of admission, and must pay in advance for one week's board, or must present a letter from some member of the Board or other person, satisfactory to the Board, agreeing to be responsible for the charges of the Home for such applicant during a specified time.

ARTICLE VII.

Any doctor sending in a patient shall be at liberty to visit such patient while at the Home.

ARTICLE VIII.

Infectious and contagious cases are not fit subjects for the Home.

ARTICLE IX.

Unmarried women with infants cannot be admitted, nor any woman known to be leading an immoral life.

ARTICLE X.

A small quantity of alcoholic liquor for use in extreme cases or by medical order, may be kept in the Home, but must be in charge of the matron under lock and key, and only administered by the matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

ARTICLE XI.

The Ladies composing the Board of Managers shall visit the Home weekly in rotation, and enter a report personally or in writing at the weekly meeting.

ARTICLE XII.

The Managers may appoint from time to time Committees from among themselves to attend to any special duties. As a rule such Committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These Committees, for the sake of regularity and for future reference, shall as a rule report to the Board in writing.