

SMEI－WERELYY GON，ST JO＇AN，N．B．AUGUST 28， 1091


SUMMER HETT MORE DERDIY strong and tissuè healthy and firm．

## THAN COLD Wirter＇s busts．

Exhausting and Debilitating Hot Weather Brings Nervous Exchaustion，Prostra－ tion and Heart Failure．

Recent Sudden Changes Causing an Alapming Amount of Sicknoss．

In this southern country it has been customary to think of the winter as the season of serious sickness and untimely deaths，whereas facts go to show that summer is the time when most people suddenly drop off victims of nervous exhaustion， physical weakness，heart failure or some equally dreaded dis－
ease which results from low vitality．If the lungs are healthy most people can stand the bracing and exhilarating col weather，but the withering heat of summer causes loss of flesh， weather，fut teelings of fatigue and weakens and debilitates the It is possible to guard against the exhausting effects of summer heat by using Dr，Chase＇s Nerve Food regularly atter each meal，for it is a preventive as well as a cure for nervous dis－ eases and all ailments which arise from thin，watery blood Rnd a failure of the digestive system to supply proper nourish－
ment to the organs of the body．It forms new，red corpuscles in the blood，creates new nerve force makes the muscle
Wor women suffering from weaknesses and Irregularities peculiar to their sex，this great food cure is marvellously ef fective．For every form of weakness and physical decline it is a restorative of incomparable value．Instead of stimulating
the heart to unnatural action or deadening the nerves，Dr． Chase＇s Nerve Food gradually and certainly enriches the blood，restores the nerves and produces permanently beneficia
results to the whole system． 50 cents a box， 6 boxes for resuits to the whole system． 50 cents a box， 6 boxes
$\$ 250$ at all dealers，or Edmanson，Bates \＆Co．，Toronto．
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