THIRTEENTH ANNUAL REPORT

OF THE

Millcrest Convalescent Mome

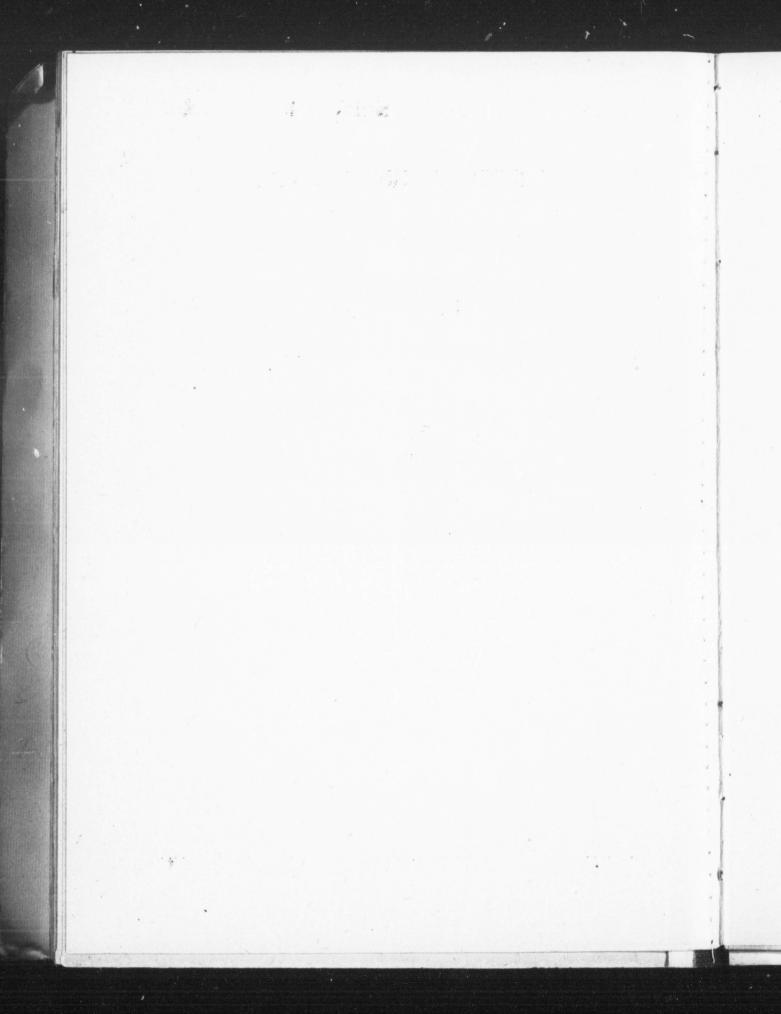
Wells' Hill, Corner of Davenport Road and Bathurst Street.

From Oct. 1st, 1899, to Sept. 30th, 1900.

INCORPORATED 1892.

TORONTO

1900



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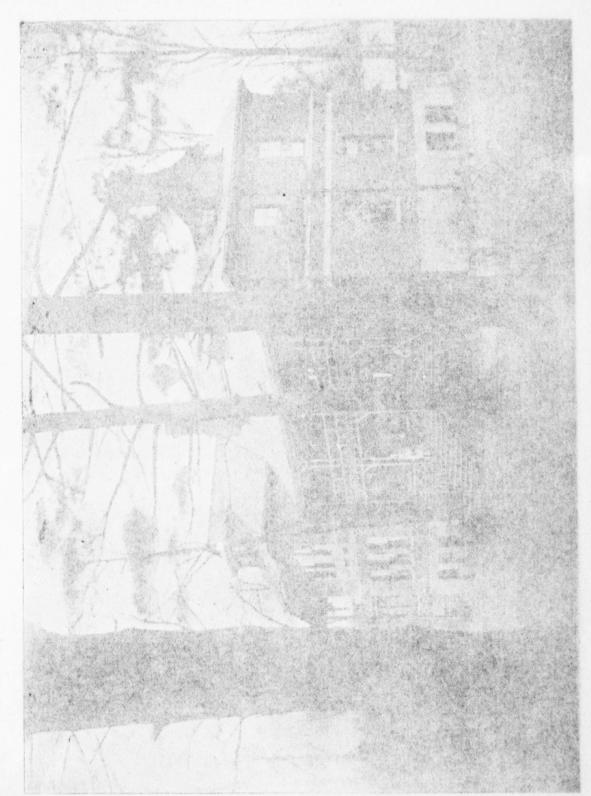
1900

FORM OF BEQUEST.

THE HILLCREST CONVALESCENT HOME can legally receive any money or property which may be given or bequeathed to it.

In case it is desired to give land, or its proceeds, by will, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows:—

Bequest of land. I give to the HILLCREST CONVALESCENT HOME, Toronto,(Describe the land so that it can be identified.) Or. I give to the HILLCREST CONVALESCENT Bequest of a HOME, Toronto, a mortgage, dated..... mortgage. and made byto me, for \$.....on land described as follows: (Here describe the land so that it can be identified.) Or. I give to the HILLCREST CONVALESCENT Bequest of money. HOME, Toronto, \$..... to be paid out of my estate.



MILTER CONVALESCENT MINE WHILE HILL TORONT

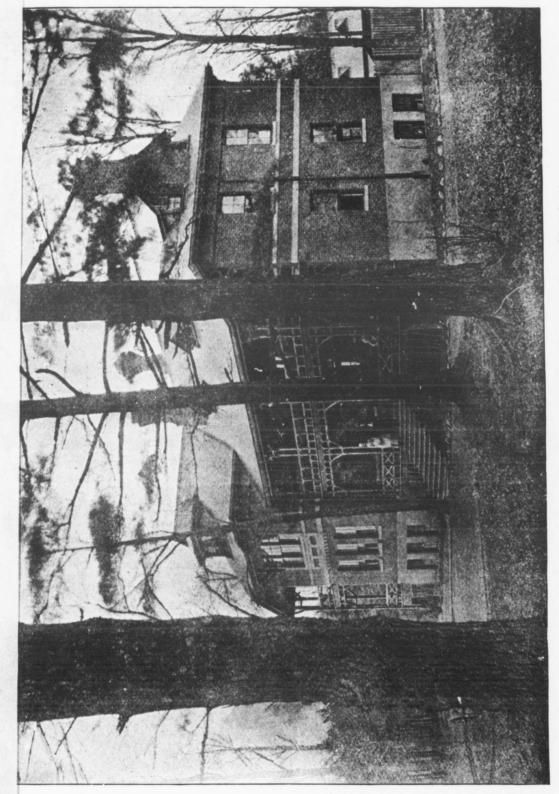
FORM OF BEQUEST.

THE HILLER'S CONFALESCENT HOME can legally receive any money or property which may be given or equeathed to it.

In case it is desired to give land, or its proceeds, by will, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows:—

Bequest of land.	HOME Toronto, Describe the land so that
Bequest of a mortgage.	HOME Toronto, a mortgage, dated
	and easile by to me, for
	(Here nearlbe the land so that it can be identified.)
Bequest of money	I give to the HILLCREST CONVALESCENT

to be pend out of my estate.



HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

Hon. S J. K. K J. J. G. Dr. W.

DR. BE

A. H S H, P. I Miss Ai

Mrs. B

" J. " G Miss M

MRS. G

LADY G

MRS. H
" H
" JA
MISS LA

" S. " M

" O'

" PA MRS. PA

Miss SE

MRS. SH

" VA " W

Together

Members of the Corporation.

Hon. S. H. Blake, Q.C. J. K. Kerr, Esq., Q.C. J. J. Gartshore, Esq. Dr. W. H. Ellis Dr. Bertram Spencer A. H Smith, Esq. H, P. Dwight, Esq. Miss Aikins Mrs. Barnett "E. Blake "Byrne "J. I. Davidson "Gibson Miss M. R. Greig Mrs. Gunther Lady Gzowski Mrs. Hodgins "Hoskin "Jarvis Miss Lay "W. Macdonald "S. Mickle "Morris "O'Brien "Parsons Mrs. Paterson Miss Sewell Mrs. Shortiss	"Rathnally," Avenue Road. 48 Front Street West. 74 St. Albans Street. 8 Bloor Street East. London, Ont. 107 St. George Street. 29 Wellesley Street. Balmy Beach, 467 Jarvis Street. 414 Huron Street. 53 St. George Street. 159 Bloor Street East. 17 Queen's Park. "Bellevue," Poplar Road. "The Hall," Bathurst St. 92 Pembroke Street. "The Dale," Rosedale. 258 Jarvis Street. United States, "Oaklands," Avenue Road. Queen's Park. 471 Jarvis Street. 383 Sherbourne Street. 48 Isabella Street. 23 Walmer Road.
Mrs. Shortiss	115 St. George Street.
" VANDERSMISSEN	15 Surrey Place.
" Wakefield	Well's Hill, Davenport Rd.

Together with all members of present Board not mentioned above.

Board of Management.

President Mrs. A. Gibson 159 Bloor Street East.
Vice-Presidents MRS. GOODERHAM St. George Street. MRS. HODGINS 92 Pembroke Street.
Vice-Presidents MRS HODGINS 92 Pembroke Street.
Treasurer Miss M. R. Greig 17 Queen's Park.
Secretary Miss O'Brien 383 Sherbourne Street.
MISS C. AIKINS MRS. AUSTIN RUSSELL BALDWIN BARNETT Balmy Beach. MISS BROUGH MRS. BULL MISS BROCK MRS. J. I. DAVIDSON GEORGE G. H. GOODERHAM GRAHAM GUNTHER GUNTHER GUNTHER MORRIS MRS. J. L. MORRISON MRS. STRATHY MISS TORRANCE MRS. GRANT TYRRELL Davenport Road. 36 Lowther Ave. Balmy Beach. 08 D'Arcy Street. 131 Bloor Street West. Queen's Park. 28 Walmer Road. 36 Maple Avenue. 504 Jarvis Street. 134 Bloor Street East. Poplar Plains Road. "The Dale," Rosedale. 581 Jarvis Street. 1001 Bathurst Street. 471 Jarvis Street. 48 Isabella Street. 75 Winchester Street. 48 Isabella Street. 71 Queen's Park. MISS TORRANCE MRS. GRANT TYRRELL MISS Sherbourne Street.
" VANDERSMISSEN 15 Surrey Place.
HONODARY MEMPERS

HONORARY MEMBERS.

LADY GZOWSKI, MRS. EDWARD BLAKE,
MRS. WAKEFIELD, MRS. SHORTISS, MRS. JARVIS.

Medical Staff.

DR H. T. MACHELL	95 Bellevue Avenue.
Dr. Crawford Scadding	182 Bloor Street West.
DR. ARTHUR SMALL	244 Bloor Street West.
DR. PHILIP STRATHY	467 Spadina Avenue.
Dr. Harold Parsons	72 Bloor Street West.
Consulting	Physician
DR. BERTRAM SPENCER	8 Bloor Street West.

House Furnishing Committee.

MRS. DAVIDSON.

Mrs. Hodgins.

MRS. STRATHY.

Supply Committee.

MRS. MORRISON (Convener).	Mrs. George.
MISS AIKENS.	Mrs. Graham.
Mrs. R. Baldwin.	MRS. G. H. GOODERHAM.
Mrs. Bull.	MISS PARSONS.

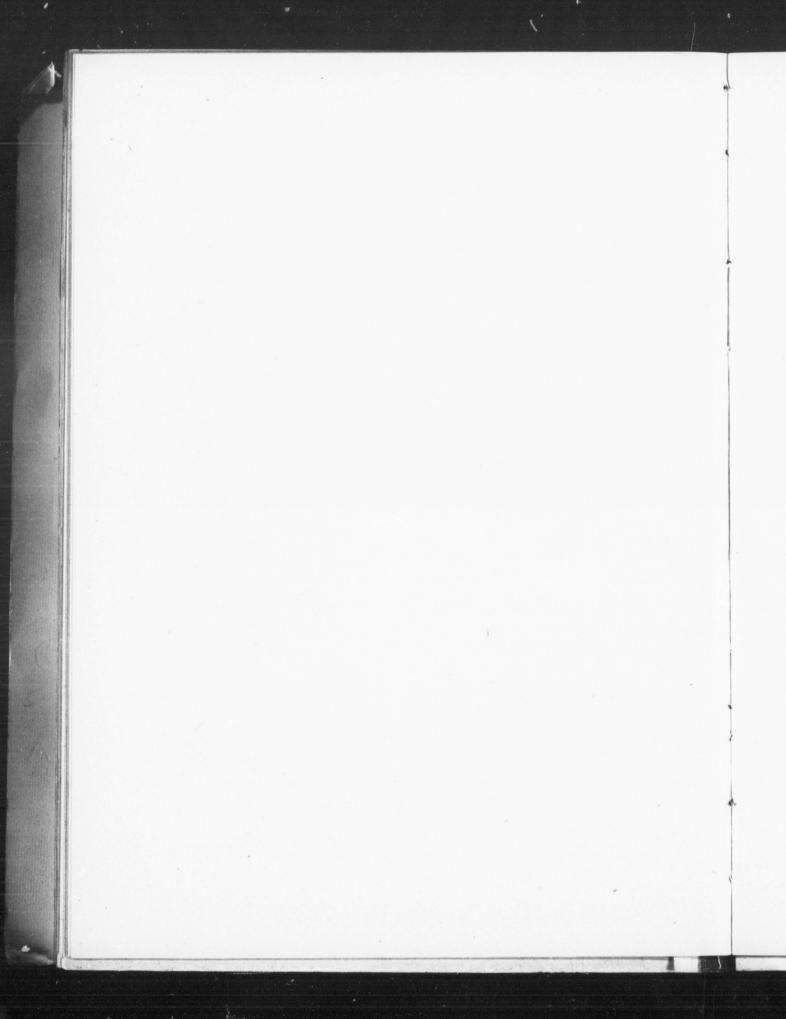
Library Committee.

Miss Torrance (Convener).	Miss	Morris.
MISS BROCK.	Miss	McCollum.

Superintendent.

MISS WATSON.

TELEPHONE 4452.



Hillcrest Convalescent Home.

THIRTEENTH ANNUAL MEETING, 1900.



HE ANNUAL MEETING of this Institution was held at the Home, on Monday, Oct 22nd. As the Lieutenant-Governor was unable to be present, the chair was taken by

W. B. McMurrich, Esq., Q.C. The meeting was opened with prayer by the Rev. Chancellor Burwash Letters of regret were read from His Honour the Lieutenant-Governor, the Bishop of Toronto, Principal Caven, and others.

The Secretary then read the following report of the Board of Management:—

"Happy is the country without a history," might be taken as the motto for the past year, for in presenting the 13th Annual Report of the Board of Management of Hill-crest Convalescent Home, they find that the events to record are few, though the Home has continued to prove its usefulness by providing a bright and cheerful restingplace, with good food and invigorating air, for those who have needed its care.

The Board are thankful to record that only one death has occurred during the year. In October last, Mrs. New, an old inmate of Hillcrest, passed away.

This year the City has increased the rate paid for public patients to \$2.80 per week,—the sum paid to all

hospitals—and the small increase in their income has been of great assistance to the Board, in carrying out their work.

The Board has also been encouraged by the increased demand for the Private Rooms, which far exceeds the accommodation at their disposal, and they feel that under the charge of their new Superintendent, Miss Watson,—who is a trained nurse, and most ably qualified for her position—that they can look forward with confidence to an ever-increasing demand for the bright and sunny rooms of Hillcrest.

It was with regret that the Board accepted the resignations of Dr. Bertram Spencer and Dr. Allen Baines, from the Medical Staff. Dr. Spencer has been chief of the Staff ever since Hillcrest was built, and the Home owes much to his constant interest in, and care for the patients. The Board are much gratified to feel that in his new appointment as Consulting Physician, they may still count upon his ever ready sympathy and assistance. The vacancies created by these changes have been filled by Dr. Harold Parsons and Dr. Arthur Small.

The Board are glad to take this opportunity to thank the Medical Staff for their unremitting care and attention to the patients under their charge.

The Home is much indebted to the thoughtful generosity of many friends for donations of all kinds especially to one whose generous gifts have enabled them to extend the benefit of Hillcrest for a longer period to some who needed it, and also to Mr. Thomas Dunnett, to whose generosity the patients owe a strawberry feast and Thanksgiving dinner.

The Board desire thankfully to acknowledge their Heavenly Father's providential care over, and blessing upon the work of this Institution during the past year; which was begun and is sought to be continued in His Name.

They also wish to express their hearty thanks to the many kind friends who have helped them in their work—to those who have visited and read to the patients—and above all to the clergymen and others who have held services on Sunday and week-days at Hillcrest.

The following is a summary of the statement prepared

for the Provincial Government:

Inmates in Home, Oct. 1st, 1899 Admitted during the year	23 197
	220
Number discharged	20I I
In Home, Sept. 30th, 1900	18
	220
Male	54 166 220
Canadian. English. Irish. Scotch.	70 28
United States Other nationalities	5 3 220
Toronto, County of York	$\frac{3}{13}$
Protestant, Roman Catholic Jew	202 17 1 220

On motion of Dr. Arthur Small, seconded by A. D. Crooks Esq., the above report was adopted.

The Treasurer's Report, which appears elsewhere was moved by O. A. Howland Esq., and seconded by Dr. Philip Strathy and carried.

The Medical Report was read and its adoption moved by Dr. Harold Parsons, seconded by Mr. Hall as follows:

"On behalf of the Medical staff I beg to report as follows: During the past year 220 patients have been admitted to the home. Of these 52 were males and 168 females; 198 were public and 22 were private patients. The classification as to disease is briefly as follows:—46 were convalescent from acute diseases as Typhoid fever, Pneumonia etc. 31 were recovering from operations, and 143 suffering from Debility, Neurasthenia, Chronic Rheumatism, Chronic Bronchitis, Arterio-Sclerosis, Disease of the Heart, and Gastro-Intestinal tract.

On four occasions it was found necessary to advise patients to return to hospital or under the active treatment of their physicians, by reason of the acuteness or urgency of their condition. While we would gladly care for such cases, it is hardly justifiable to retain them, when other institutions, better fitted to deal with them, offer

them admission.

We have again to record the admission of Pulmonary Tuberculosis to our wards. It may seem hard to turn such cases from a place so eminently adapted to them, but a consideration of the menace their presence is to those about them, will, we think, justify our action in discharging them. Three such cases have been admitted during the past year, when recognized, however, they

were requested to leave. Were such patients truly convalescent, and the dangerous elements absent, there could be no objection to their remaining.

It is evident that the institution and the purpose it serves are not sufficiently known. We would suggest that it is to the Practitioners of Medicine, the Hospitals, Dispensaries and Nursing Missions, that we must look for assistance that the object of this Home may be fulfilled; if these persons or bodies were constantly kept aware of what is offered to their convalescent patients by such an institution as this, there is reason to believe that we should be able to do a greater work.

In conclusion, we would congratulate the Board of Management on having obtained the services of our present Superintendent. It is necessary that this Home should be under the care of a well trained nurse, and we take pleasure in testifying to the able manner in which Miss Watson has performed her arduous duties."

Henry O'Brien, Esq., Q.C., then proposed the names of the Committee for the ensuing year, coupling with it a vote of thanks to the retiring members. This was seconded by C. Ward, Esq., and carried.

After a vote of thanks to the Treasurer and to the Secretary for their services, the meeting adjourned.

TREASURER'S REPORT.

RECEIPTS AND EXPENDITURES FROM OCTOBER 1ST, 1899, TO SEPTEMBER 30TH, 1900.

Receipts.

Balance on hand October 1, 1899. \$1,323 09 Received from Government of Ontario. 463 96 " City of Toronto for patients. 1,286 75 " Inmates themselves. 2,601 07 Income from Property belonging to Home. 144 69 Subscriptions, Donations and Bequests. 65 00 Received from all other sources. 33 00 **Sp17 56* *Disbursements. Butchers' Meat, \$511.06; Fish, \$54.96 \$566 02 Butter 153 73 Wine and Spirits. 7 65 Flour, Bread and Meal 175 95 Milk 233 63 Water Supply 12 50 Potatoes, Vegetables and Fruits. 194 39 Groceries and Provisions not above enumerated 274 27 Advertising, Printing, Stationery and Postage 56 81 Soap, Brushes, Mops and Cleaning Appliances 36 25 Fuel 334 36 Furniture, Furnishings, Bedding, etc 143 93 Grounds 22 70 Oil and Lights 47 19 Medicine and Medical Comforts 9 98			
Butchers' Meat, \$511.06; Fish, \$54.96 \$566 02 Butter 153 73 Wine and Spirits 7 65 Flour, Bread and Meal 175 95 Milk 233 63 Water Supply 12 50 Potatoes, Vegetables and Fruits 194 39 Groceries and Provisions not above enumerated 274 27 Advertising, Printing, Stationery and Postage 56 81 Soap, Brushes, Mops and Cleaning Appliances 36 25 Fuel 334 36 Furniture, Furnishings, Bedding, etc 143 93 Grounds 22 70 Oil and Lights 47 19 Medicine and Medical Comforts 9 98 Repairs, Ordinary 298 06 Salaries and Wages 1,009 10 Other Expenditures not above enumerated 183 08 Cash Balance, Bank, \$2,042.76; On hand, \$75.20 2,117 96 Endowment Fund—Subscriptions transferred 40 00	Received from Government of Ontario	463 1,286 2,601 144 65	96 75 07 69 00
Butchers' Meat, \$511.06; Fish, \$54.96 \$566 02 Butter 153 73 Wine and Spirits 7 65 Flour, Bread and Meal 175 95 Milk 233 63 Water Supply 12 50 Potatoes, Vegetables and Fruits 194 39 Groceries and Provisions not above enumerated 274 27 Advertising, Printing, Stationery and Postage 56 81 Soap, Brushes, Mops and Cleaning Appliances 36 25 Fuel 334 36 Furniture, Furnishings, Bedding, etc 143 93 Grounds 22 70 Oil and Lights 47 19 Medicine and Medical Comforts 9 98 Repairs, Ordinary 298 06 Salaries and Wages 1,009 10 Other Expenditures not above enumerated 183 08 Cash Balance, Bank, \$2,042.76; On hand, \$75.20 2,117 96 Endowment Fund—Subscriptions transferred 40 00		\$5,91	7 56
Butter	Disbursements.		
\$5,917 56	Butter Wine and Spirits. Flour, Bread and Meal. Milk Water Supply Potatoes, Vegetables and Fruits. Groceries and Provisions not above enumerated. Advertising, Printing, Stationery and Postage. Soap, Brushes, Mops and Cleaning Appliances. Fuel Furniture, Furnishings, Bedding, etc. Grounds Oil and Lights. Medicine and Medical Comforts. Repairs, Ordinary Salaries and Wages. Other Expenditures not above enumerated. Cash Balance, Bank, \$2,042.76; On hand, \$75.20.	153 7 175 233 12 194 274 56 36 334 143 22 47 9 298 1,009 183 2,117	73 65 95 63 50 39 27 81 25 36 93 70 19 98 06 10 08 96
		\$5,917	56

Hillcrest Endowment Fund.

Balance 30th September, 1899 Subscriptions Interest on Deposits, credited	\$3,293 23 40 00 80 88
	\$3,414 11
Balance on deposit	
\$3,414 11	\$3,414 11

Having examined the Cash Book of the Hillcrest Convalescent Home, of which the above is a summary, and having compared the expenditure with the Vouchers and Receipts, I hereby certify as to the correctness of the foregoing Accounts W. Gillespie,

TORONTO, 19th October, 1900.

Auditor.

Subscriptions.

Thomas Dunnett	\$25	00
Mrs. Edward Blake	20	00
A Friend, per Miss Aikens	20	00

Donations during the year.

Industrial Rooms—underclothes; Mrs. Zimmermann—lamps, curtains and magazines; Mrs. Hoskin—lamps, rug, bag of apples; Mrs. Austin—lamps, turkey; Miss A. Parkinson—Xmas cards; Public Library—books and magazines; Mrs. Gunther—

sofa, curtains; Mrs. J. L. Morrison-scrap basket; Mrs. Norman-scrap basket; Mrs. Gibb-rug and magazines; Miss Somerset-rug; Miss Morris-oranges; Miss Parsons-canned fruit; Mrs. Plummer-one pair chickens, oranges, vegetables and beets; Mrs. Vandersmissen-raisins; Mrs. Bull-oranges; Mrs. Graham-goose; Miss Brough-goose; Lady Gzowskiturkey; Miss Aikens-pair ducks; Mrs. H. Strathy-turkey; Mrs. Gibson-sofa pillow; Robert Barron-canned fruit; Miss McCollum-Xmas magazines Miss Greig-turkey; oranges; Mrs. Gooderham-turkey; Miss George-turkey; Marks Bros.-roast of beef; Cole's-seed cakes, two dozen C. russe and buns; Mrs. E. B. Walker-turkey; Miss Gillespie -magazines; Swan Bros.-turkey; Miss O'Doherty-two pair curtains, pictures, scarf drapery; Mrs. Sweny-turkey; Dr. Clarke-magazines; Mrs. Scott-two pairs curtains; Mrs. Jarvis -turkey and magazines; T. Eaton & Co.-magazines; Mrs. W. H. Beatty-turkey.

ACT OF INCORPORATION, 55 Vict. (Ont.) 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said Home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of \$11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under The Act respecting Benevolent, Provident and other Societies, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:

I. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who

may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies*, shall merge in the corporation hereby created and cease to exist as a separate corporate body.

- 2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them, or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home, shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.
- 3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home, provided the annual value thereof do not exceed the sum of \$15,000 in all; and may also acquire any other real estate or interest therein, by gift, devise or bequest, if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years, and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.
- 4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

- 5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.
- 6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.
- 7. The said corporation shall at all times, when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

BY-LAWS.

- I. The Home is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.
- II. The Committee of Management, composed of thirty persons, as provided by the Act of Incorporation, shall consist of ladies, to be elected annually, and shall be called The Board of Management. The retiring Board shall nominate its successors in office.
- III. The Board shall elect by ballot out of its number a president, two vice-presidents, a treasurer and a secretary, in accordance with clause 4 of the Act of Incorporation.
- 2. The Board may, by a unanimous vote at any regular monthly meeting, elect honorary members of the Board. Such members may attend all meetings, but have not the power of voting.
- IV. The Board shall hold its monthly meetings on the first Friday of each month at II a.m., at such place as it shall appoint. Three members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.
- V. The President shall preside at all meetings of the Corporation and of the Board, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.
- VI. The funds necessary for the support of the Home shall consist of fees, voluntary subscriptions, donations, bequests, etc.
- VII. All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Board shall direct. The Treasurer's annual statement shall be examined by auditors appointed by the Board.

VIII. The Secretary shall give notice of special meetings, keep the minutes of all meetings, and prepare the annual report of the Board of Management.

IX. Anyone desiring to obtain a city order for a patient must send to the City Health Officer:

1. A medical certificate from a doctor in attendance, stating that the applicant is a fit subject for admission to the Home.

2. A recommendation showing that the applicant cannot pay the ordinary charges.

X. Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate from a doctor in attendance, stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, \$2.80.

XI. Persons suffering from cancer, consumption or any infectious or contagious disease cannot be admitted to the Home.

XII. Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII. A small quantity of alcoholic liquor for use in extreme cases, or by medical order, may be kept in the Home; but must be in charge of the Superintendent, under lock and key, and only administered by the Superintendent, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV. Members of the Board are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV. The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI. The visitor must enquire whether the Superintendent has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII. The visitor must visit every part of the Home and re-

port personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII. Each member of the Board must notify the Secretary before leaving town for a length of time. Any member of the Board absent for three consecutive months without having given formal notice of absence to the Secretary, thereby ceases to be a member of the Board.

XIX. The Board may appoint, from time to time, sub-committees from its number to attend to any special duties. Such sub-committees shall consist of not less than three members, of whom two shall be a quorum.

XX. Changes may only be made in the by-laws at any regular monthly meeting of the Board, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI. The President and Secretary, or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same, and may adopt any form of seal which to them may seem proper as such corporate seal.

RULES FOR INMATES.

I. The inmates shall attend Morning and Evening Prayers, conducted by the Superintendent.

2. All immates must in all respects conform to the orders of the Superintendent, must be punctual at the hours of meals, and must not absent themselves from the table without the permission of the Superintendent.

3. Patients able, in the opinion of the physician, shall assist in

any work that the Supperintendent may require.

4. No patient will at any time be allowed to leave the grounds without special leave from the Superintendent. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only dura stay of two weeks.

5. Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards,

nor any female patient the male wards.

6. The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

- 7. No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Superintendent on arrival at the Home, who will allow one change of clothing in the wards. At the discretion of the Superintendent, each patient may have six pieces washed at the Home every week free of charge.
- 8. On entering the Home, patients are requested to hand to the Superintendent for safe keeping any money or valuables brought with them.
- 9. Patients are not allowed to carry lighted lamps through the house.
- 10. Such patients as are well enough are expected to attend Divine service on Sundays.
 - 11. Patients must be quiet and exemplary in their behaviour,

and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12. Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13. Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14. At 9 o'clock lights must be out, and perfect quiet must be observed in the wards.

15. Whenever patients misbehave or violate any of the rules of the Home, the Superintendent may at once discharge them.

16. No chewing of tobacco is allowed in the building or on the verandah; nor any smoking, except in the place allotted for that purpose in the basement.

17. Nails shall not be put into any wall or woodwork. No pictures or mottoes are to be hung or pasted on the walls; and patients who in any way disfigure any part of the Home may be discharged.