# k/isulk. <br> 7. <br> Che Aut-shell. <br> " MULTUFM IF PRPさO." 

Volume I.

## THE NUT-SHELL

1 Monthly Journal of General Information for the Masees.

## PUBLISHED BY

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This miniature journal is printed from being cast and imported from Surope especially for this publication. It ts marvel of mechanical alill, and a fair
indes of the rapid advancement of the typographical art. This, and future num bere, should be carefully preserved as the will prove not only a curiosity, but wil valuable information not to be obtained elsewhere.

## " NUT-SHELL" GOSSIP.

I HAVE heard so much ahout myself I during the past few weeks while being earried around in everybody's poeket, that in presenting mynelf once atrained to talk a litile sbout myself although natural modeaty forbid me saying some thinga which i have heard When 1 made the statement lant month that I was the amalleat production from movable type ever iasued from the press in this or any other country I was laughed at by not a few of the "smart uns," and told that I was old eaough to grow a beard. The prineipal argument against my elaim Toronto Mail and some to that the politan vapers had been produced from type just as small. I wros amused on hearing sueh remarks at the gullihearing sueh remarks at the gulli-
bility of the publie, and although my voiee was too weak to enter any protest at the time I take his opportunity of removing the cob-webs from the eyes of my crities, and trust that it
will save me the annoyance of being will save me the annoyance of being
grosiy maligned hereafter. Several prominent journainata throughout Canfae similue productions of their reaective journals, not from type, rewcver, but through the proeens of photography, the original paper having been reduced to miniature by this proeess and tranaferred to stone by the fithographer for printing. Therefore as not a single line of type has been used in simi publications I cannot permit myself to be classed in the anme ategory, and hope this will be an end the matier.
Thave al ready grined the reputation for having a very protty face, and fike an open book. The girls-my apecial favoritem-any the very sweetest thinga about me, and always carry me near the upper left-hand corner of their left aide. They handle me very enrefully and always show me to their beau-ideal, that is, of course, when the sas is not turned too low.
nany oceasiona when that arnused on many occasiona when that class of used to 'se" make the attempt to reat me. They would don their eye-glanes, look askance nt me, hold me close, then at arm's length, and at last apparently atrike the proper focus, and aftirm in the gravent possible way that they could read, every word as "plain as could be," while at the
name time I know they couldn't tell
whether I was the production of the industrious house-fly during the warm days of Auguat or the handiwork of the Printer's devil.
This month 1 present you with an
entirely new programme and will en. entirely new programme and will endeavor 20 kreep you interested in me. Want to make as many friends an posaible, and whould you not happen to I am to be found. Call around and see me and do your ahopping at "the same time. Au revoir, $\begin{gathered}\text { THE NUT-AHELL. }\end{gathered}$

## SOMETHING ABOUT LONDON,

Every four minutes marks a birth In the next two hours after gou real this thirty habies have been horn and Think of it ? The have taken place. Think of it ? The evening paper that preceding four-and-twenty honrs must give 300 sepsrate items. Verily, ite joys and sorrows are a multitude. London has 7,000 miles of atreets and if yon walked them at the rate of twenty miles a day you would have to Walk almost a year, and more than a
year by nearly fifty days if you should year by nearly fifty days if you should
rest on Sundayn. And if you were a reat on Sundays. And if you were a
thirsty sort of a traveller and couldn't thirsty sort of a traveller and couldn'
pass a public house don't be alarmed pass a public house don't be alarined
the 7,000 miles have five-and-seventy miles of public-houses, so you need not think of thirst
In a year London folks awallow 200,000 calves, 300,000 swine, $8,000,000$ head of fowls, $500,000,000$ pounds of ash, $500,000,600$ oysters, $200,010,000$ lob-atern-is that enough to figure on ? If aot, there are some million tons of eanned proviaions, no end of fruit and egetables, and $50,000,000$ bushels of food down you might frel glad to food down you might feel glad to
know. It takes $200,000.000$ quarta of beer. But more than this, they drink $10,000,000$ quarts of rum and $50,000,000$ quarta of wine; the wine, the rum, the beer,280,000,000 quarts.

## WHAT A LEMON WILL DO

Lemonade made from the juice of the lemon is one of the best and safest drinks for any person, whether in stomach disenses, excellent in sick all in canes of jaundice, gravel, liver eomplaint, inflammation of the bowels and fever. It is a apecifle againat worm and skin complaints. The pippin crushed may be used with sugar and water and taken as a drink Lemon uice is the beat anticorbutic remedy known. It not only cures the disease, but prevents it. Bailors make daily
use of it for this purpose ase of it for this purpose. We alvise
every one to rub their gumg wish
and every one to rub their gums with
lemon juice to keep them in a healthy lemon juice to keep them in a healthy
condition. The hands and nails are also kept clean, white, moft and supple by the daily use of lemon insisad of soap. It alno preventa chilblaina Lemon is used in intermittent fevers, mixed with strong, hot, black eoffee, may be sugar, Neuralg a, it is said. may he cured by rubbing the part affected with a cut lemen. It is valu able also to cure warts. It will
remove dandruff by rubbing the remove dandruff by rubbing the
roots of the hair with it. It will
allevinte and ain alleviate and finally cure, eoughn and
colds, and heal divessed lunga it taken hot on going to hed at night Its unes are manifold, and the more we employ it internally the better we whall find ourselves, $A$ doctor in Rome is trying it experimentally in maiarial fevers with great auccess, and thinks it will supersede quinine.

DEPORTMENT IN SOCIAL INTERCOURSE.
B OTM our comfort and our suecess in deportment towards those with whom we come in contact. And, in mocial matters, even the mallent pointe are worthy of the closest attention on the part of the mont gifted. It han been truty anid that "triffes make up the sum of human life." If the fate of ompires sometimes hinges on the alightest eircumstance, much more the
welfare of a single human being Learning and intellect are of priceleas value. But even the scholarand the genius cannot afford to ignore the minor courtesies of social intercourse. And, while true politeness is the native expt ision of a warm and generous heart, and the basis of all genuine eulture, there are many social customs and unages which are purely conventional, and can only be aequired course with people of intelligenes, re finement and thorough eultivation.
Our apace here will not permit an ex haustive diseussion of aocial etiquette. But we hope to present, in a very conaise and convenient form, the mos assential rules of good behavior, an reoognized by the beat authorities, and in the higheat cireles. These will be venient reference on all ocessions.

Etiguette of Introductions.
Before introducing strangers, it is nell to aseertain whether the acquainance is mutually desired, or not. In ordinary cases, a gentleman should not han grenen distinct permisaion. Ill
given unged introduetions are embarisasing. Where there is difference of rank, or position, the persor of lower statue should be introduced to him who holds the higher place. A lady should never ine introduced to a gentleman. Courtay gives the precedence to lailies in all eases. The younger person should be
introduced to the elder.
No parade of words is necessary to an introduetion. It is enough to say, "Mr Brown." Then, turning to the other friend, say, "Mr. Brown, Mr. Thompaon." The two gentlemen will then nhake hands and exchange some courtcous remark, or merely bow.
The name form will be ob
The name form will be observed in presenting a gentleman to a lady, but your bow to the lady should be more
pronounced and deferential pronounced and deferential. It will Whan the person introduce
famous for some achievement or dis. covery, it is pruper to couple his claim to specisl recognition with the name which it ennobles.
Introductions do not oblige the personn introduced to continue the nequaintance. When you are introduced will lady at the house of a friend, it wili be at her option subsequently to The democratic unages of the prefer. Atates entitle you to call on the President, or on the Governor of your own State, at any public reeeption, merely handing your card to the maater of ceremonies. But a private interview with either should be sought through some Senator or representative of your
sequaintance, who will arrange the mequaintance,
matter for you
matter for you
More eeremony is required at all foroign courta. Should you visit Windsor Cantle when Queen Victoria is there, be negesaary to see the Canadian Mininter sand ohtain eredentials of that gentleman. Then, when these are submitter to Her Majesty, a special time will he designated for your presenta.
tion. And this is done with much orm and

Etiquette of Salutations.
All countries bave distinctive forms of salutation. In some parta of the world, nowes are gravely rubbed to-
gether. In this country the prevalent sether. In this country the prevalent anutations are bowing, raising the hat, hands, worda appropriate to the ocansion, and kiasing. The last, however, is nacredly reaerved for near and dear Priends.
Gentlemen introdueed to each other will extend and gramp right hands for a moment. To present a passive hand, or one or two fingers, in an insolent ing to hold and shake the Continuthough a lease of it had been taken, is rather embarrasing,
A gentleman, introduced to a young indy should not extend his hand unless the lady takes the initiative.
Do not grasp hands as though to
show your muscular power. A brief, firm grasp will snffiee.
Should nimdy bow to a gentleman on he street, he should raine his hat, bow lightly and pass on
Ladies ehould not ordinarily stop in friends. But when a lady gentlemen necessary to do so, the gentleman secosted must pause.
Ladies, in
Ladies, in their own houses, are expected to extend the right hand to very guest they rueeive.
When shaking hands
When nhaking hands with a lady, a rentleman is not permitted to press You man
You may not remember a pernon who bows to you on the street, or he may
have blundered in thinking he knew you. But politeness requires you to return his salute.
In meeting friends in public places, nalute them with quiet courteny, and
not in a loud, boisterous tone.

Etiquette of Dres.
The golden rule in dress is to aroid oxtremes, while you conform, on the
whole, to the prevailing fashions. Do whole, to the prevailing fashions. Do not affeet fushons that are radically
unbecoming to you, and avoid all unbecoming to you, and avoid all
eceentricities of dress. Do not choose eceentricities of drens. Do not choose
garments that would render you conspicuous. Let it he your aim to dreas in aceoriance with your means and your social position. Ladies who are not rich, but whose tantes are eulitivata moderate expenine, by proper eare in the choice and arrangement of materials The style and fit of a garment is more important than the cost of the fabrie.
Home
Home dressen, and those for the ehurch or the promenale, should le quiet and not ent, while those for the
opera, for dianer parties, or other pubopera, or dianer parties, or other pub-
lie oreasiona, may he richer and more elahorate. It is only with these more costly dresses that expensiveormaments should be worn. The ostentatious ex-
hibition of jewelry in in wretched hibition of jewelry in in wretehed
taste. tante.
Neat and tasteful coverings for the
hend, feet and hands are specially ime hend, feet and hands are specially important, and indicate a cultivafed
taste. When going from home, im. maeulate linen is indispensible.
A gentleman may wear a threadbare cont, but his linen must not be solled nor hin garments untidy.
Etiquette of Callo.
What are termed morning calls are made between noon and 5 p.m. Avening oallis are made between and $9 \mathrm{p} . \mathrm{m}$. $10 \mathrm{p} . \mathrm{m}$. With way be prolonged until visit may be extended friends the hour, but care ahould be taken not to make it tiresome to your entertaine In ealling on any person in a hotel or loarring-house, it is eustomary to

## Aiman' c-shell february, 1 siso.

stop in the parlor, and send your eard
to their room.
Residents in a place make the first
eall upon any newcomers.
When anling.
-rowded do not prulong yourstay
erowded do nut prulong your stay.
No gentieman will preiong a
he finds his host or hontens dreused if
go out.
Cards, used in calling, shonld have nothing on them but the name and ad-
dress of the ealler
In making oalls, avoid political, re ligious, or controverted topics of con
versation.


Take no children, dogs, or other pets,
with you in making calls. In large houses,
ring, when ealles, the hostess should servaut may show them out, unleas she herself designs attending them to the door.
Lailies should make their morning calls in simple neglige-not in elahorOrdinar
brief-from ten to twe entlls should be Calls from people twenty minutes. try are expented, for obvious reasons, be longer and lens ceremonions than from those who resile in the eities.
When a gentleman is going abr and is pressed for time, it is usual to enclose his card to each of his friends. Upon the envelope he writes P. P. C In making an informal evening call,
In the gentleman may leave hat, gloven, formal call he retains hat and In a in his hand.
In formal calls, ladies are not pected to remove honnet or wraps, Do not seat yourself too ciosely the side of a lady when calling. It presnmes familiarity
A laty shouid not keep callers waitng. Should they call at inconvenient morning dress than to make nn elabor ate toilet. If there is any fault, it in their own.
Never resume your sent aiter rising
to depart. It is extremely awwarn to depart. It is extremely awkward to ake leave twice.
It is a breach of etiquette to walk round the room, while waiting for your hostess, examining the furmiture,
bowks, or pietures. ouks, or pietures.
To prolong a call
the next meal time, is a positive rude ness. In ealling, it is rude to place yuur hair so as to bring your hack towaris any one in the room.

> Table Etiquette

Habitual disregard of the courtesies and etiquette of the table will make persons appear awkwayl and con-
atrained when it is important that they should be completely at their ease. Parents should traiu their chidren, hy example as well as precepi to be attentive and polite to each other
at every meal And those at every meal And those who are
thus trained will exhibit urbanity afterwards.
When from homedo not seat yourself mutil your seat is indiented by the houtess.
Do not sit either vary near the table, or at an ineonvenient distance
hands or elbows on the ta place your hands or elbows on the table, or $t$ on either side of you.
Do not put large pienes of fool int the mouth. It hns the appearance of sraediness, and, if you appearance of sildressed, you must either pause hefore answering, or rua the risk of choking yourself
To eat and drink noisily, smacking the lipa, sucking in soup with $n$ gurgling sound, or breathing heavily while breeding.
Food should always be conveyed to the mouth with a fork-never with a knife.
Whon helping others to gravy or
aace, put it on a vacant spot on the sauce, put it on a vacant spot on the
plate, and not over other things. plate, and not over other things.
On sending your plate to ho reple On sending your plate to bo replen-
ished, remove the knife and fork, and ished, remove the knife and fork, and Tea and coffec should be sip
he cup, and not poured out into them the cup,
Always lift and pass food to others sourteously, and never shove it across the table.
To use one's own knife, spoon or fingers, instend of the butter-knife, sugar-tongs, or salt-spoons, will conly ignorant of polite usages are gross-

Do not gormandize on one or two articlenspecially to your taste. It is Spitting, sneezing, coughing, or hand blowing of the nose at table, are all If ike objjectionable.
If obliged to use your handkerchief, do it quietly, and tyrn your head from Never.
Never spit out, upon your plate, bones, cherry stones, grape skins, ete.:
but either carry them to it hand, or upon the spoon or fork.
It is not polite to sonk up gravy wi th bread, or to take up bones with the fingers.
Bread
Bread must alwayn be broken-naver cut ; and bread only may be placed on Where there
door open and allow her to enter first, if practienble. A gentleman should never pass before a lady anywhere, if spalogy.
should a laily addrems an enquiry to A gentleman on the strcet be will lifi his hat, or at least tonch it respect. fully, as he repilien. If he cannot give the desired information, he will express regrets.
No gentlen
No gentleman will stand on street corners, or on steps, or in doorways. much less make audible are passing moch less make andible remarks upon In $p$
endeavor tie conveyanorn all should entering, and sin gintlum passengern $1: 1$ retain his seat when there are lanies stand-

Never talk politics or religion in
publie conveyance.
driver. Pay this quarrel with the hack Nhould ray his fare, and dismiss h m take his number, nad eomplain to the authorities
tion. Wait visits on a general inviuh fic Should one person really desire visit from another, he will extend an unmistakable invitation.
best- to inform friends in in ated, it is the precine time friends in advance of the precise time of your arrival, and may be sport to sourprine. A surt very annoy ing to them
have friending in a city where you house uninvited $o$ not drive to thei and then call, or inform them of you arrival. Shouli it be convenient Whey will invite you to their house When friends are coming to vinit you, relieve them of all care about their lasgage, on their arrival, by
talking charge of cheeks, ete. The hostess of chould share
of a guest, however irregular : ments polite guest will conform, as clokely on poasible, to the eustomary meal hour. When ataying with friends, study ta disturb their domestic arrangements a It is is an lossible.
It is the correct thing after breakfast devices, unlees somely to their own ment has heen made. But arringeshould introduce lier wist the hostiss piano, portfolios, library-any devicen for passing the time plenasny devicen the visitors should heeept thin hint, and leave her morning hours for imper. ative domaestic duties.
Priends in the city, is thave other eourtesy the city, it is a kindly presence in your house, and invite them to call, or dine, i f take teade ing the visit.
It is grossly impertinent and rude to question a child or servant about Never enter aceount of your servant's short con ings.
It
is It is extremely rude to make is in which yourisuns between the house in whes with whice visiting, and other homen wieh winch you may be ac
quainted Do mot your friends, pass on the good nature of you uninvited. friends, put out washing iniring friextra work you ma require to have done
Appear to be satisfied with whatever arrangements have been made for your
comfort.
Do not aet ns though you considered your friend's house a hutel. In ease wait on you as on others. But, should it be otherwise, let it be your, should do all in your power to lighten tier iabors during your stay.
When so unfortunate as to break or
injure sny article of furniture, when injure ony article of furniture, when
visiting a friend, visiting a friend, have it repaired, or replaced at once at yonr owa expense.
Do not invit, friends who call to Do not invit, friends who call to re main for meals, but leave that wholly
to the discretion of your hostens.

Etiquette of the Toiiet-Details.
Bathing.-The first and moat esseatial toinet requisite is unquastionabily the bath The most scrupnluus and thorough eleanliness of jerson is an
indispensabie characteristic of skir) lady and gentleanan. And this is quite as necessury to health and comfort as to decency. Without thin, all other eulture will prove unnvailing Every part of the hoily should be carefully and thoroughly wanhed e ch dav in summer, nnd quite frequently i
winter, and this should be followed b winter, and this should be followed by ansk rubbing of the skin with crash
towols. A litule ammonis in the water towols. A little ammonia in the water invigorating. The partienlar fong of the bath is less important than its regularity and thoronghness And brink rubbing is exceedingly beneficial. thonld be carefully Teeth.-The teeth should be carefully brushed night and morning, using pure soap snd soft Water, with a little tineture of myrah. Many do this after erch meal, which is
still better. Those who do this sill require no powders, which are sit to injure the enamel, nor are they likely tir wnffer from toothache. Should tartar collent on the teeth, or the teeth

## THE NUT-SHELL, FEBRUA〕Y, 1890.

theriselves begin to decny, go at onee to a good dentist, and have the evil eorrected. You cannot be too careful of your teeth. To allow teeth that are cleaning and filling is ruinous thout health.
The Pinger Noils.- These must alway be kept scrupulously elean, and not permitted to grow inordinately long Keep the nails of a neat, oval shape People of culture give specina attention to the appearance of their finger nails. To neglect this indicates valgarity Gloves should be worn on all proper querte.
The Hair.-The hair requires a good den of care. Frequent bruires a good a stiff brush keeps the scalp elear, and
atimulates the growth of the hair atimulates the growth of the hair
Wash often enongh to keep clean, but not so frequently as to render the hair hot so frequently as to render the hair
harsh and britte. Oriinarily, no oil should be used When deemed neces. xary, apply ns little as ponsible, Re. ruprove its growth and appearance. Avid halduess and heappearanee. keeping the tread cool. Head coverings should he worn only when indispen. sable, and these nhoult not be very warm. To keep the head warm is ex. tremely injurious both to the hair and
to the general henlth. Of course, then, to the general henith. Of course, then,
wiga are nudeniruble appeninges. To wiga are undenirnble appeninges. To
remove damiruff Dedore damizuff use borax water. application. Long hair is a womande fory, and a mang hair
The Beard. -The full heard is now in vogue. Thin is nature's ornament to a man's face. And unless it has some srave defects, it ahould he stlowed to
krow, and be carefully krow, and be carefully trimmed and
cared for. Whether in enaly manhooid or in adraneed age, thare is cthing
more in keeping with a manly more in keeping with a manly mypear-

## THE WAY THEY KISS

Adapted from the original by our poet. ]
The Montreal girl bows her stately head,
And fixes her atylish lips
ta a firm, hard way, and lets them go In spasmotie litile sipp.
The Kingston girl removeth her spee And freezeth her face with a smile,
And the stickn out her lips like an open hook.
And cheweth her gum meanwhile.
The Ottaw a girl nays never a word,
And yon'd think she was rather tame: With her practical view of the matte in hand
she gets there just the same.
The Toronto girl, the pride of the world,
In her elinging and soulfol way,
Aisorbs it all in a yearnful yearn,
As big as a bale of hay
The Belleville girl gets a grip on her nelf,
Theu she gratur haes of her hat. heu she grahs up her prize in a fren
zied way Like a terri
$r$ shaking a rat
The Peterboro' girl, so gentle and sweet With a rapturous warmth and th youthful soul
Fluats a way on a soa of bliss,
We have sung you a song of the girl who kins,
Ant to reach the height of earthly blisa You must kisa a London girl.
With your arm 'round her waist, her face upturned,
In a sweet confiding way, world
Though the wint the whiskers play
And eloser together your lips you draw Till they meet in a rapturous glow, fence 'ries " C

## A CURE FOR DRUNKENYESS.

It is not generally known that a habitual drunkard in Norway and Sweden renders himself to imprison. ment for his love of strong drink, and
that during his incarceration he is rethat during his incarceration he is required to submit to a plan of trentment

This plan produee marvelous resulta. inquent subasiststs in making the de wine. The hread is steeped in a bowl of wina for an hour or more before the meal is served. The first day the
habitual toper takea his foed in habitual toper takes his food in this chape without repugnance ; the second palate, finally he poastively loathes a period of from eight to ten days this regime is generally more than sutficient to make a man evince the reatest avernion of saything in the mape of wine, and it is snid that many men after their inearceration

## SPOILED HIS FUN.

Said a man to him friend, with whom Ce went out for a constitutional, "Corme, Iet us take a waik down this Way." "Why?" anked the other
"Didn't you see that fellow over vonder?". "Yes: what of him?" "Well want to meet himas often as I pon Til explain. You know that You am
"I the worst man in the country for owing people." "Yen," "And that when I that a., man I doige him." "I'venoticed venge". "How so?" "Why, you ree the fellow over there owes me. When
I see him dodge me, it tiekle I see him dodge me, it tieklen me nearly to death I have heen so ham-
pered thy men who I owe that I now pered by men who 1 owe that I now
enjog heing owed. See how he gets around the corner! Lets go over the Why Say, hold on; let's go haek. fellow!" "Yen : what of it!" "No. thing, only I owe him. Confound it, but mome unfortinate thing ariaen.

## POLITENESS AT HOME

If people would only keep a little of The suavity which they waste on strangers for the home cirele, how
much more charming life would he. much more charming life would be.
When among acquaintances, alvo everymoty is agreathe nad obliging, everfimy is agrieatio nad obliging,
whife they are surly nnil glum to those who are the neurest to them. It doenn't the formity while to converse around you plense," and "I thank you," are dropped
If only
own folks are present arme peopie are apt th drop their good
lireeling for the time. This in all wrong, A certain plensment freedoin from restraint makes hose happier: hreak the charm entirely, mess and home a place to eat and sleep in, but nothing else.

BEWARE OF THE QUTET MAN A hig hurly min, with the form of a neavy-weight pagilist, says, the New
York Times, was making himelf ceelingly ohjectionable to the passengery on a Sixth nvenue elevated
railwny train recently He sat with his long legn stretched clear a aronoss the disle, his hat forward over his eyen, teelare: ${ }_{-1}$ eelate
Tom $n$ had man, see! I'm lookin
tronhle, and I don d comes from "
 nd in return were profanely shuse for doing so. There wns not a man in the ear who did not freel inelined to
puant the fellow's heat, but he looked puasth the fellow's heat, but he looke
ton formidalle. At Thirty-third street however, the bully met hip mateh.
A quiet-looking little man, with the appearnnce of a prosperous young elerk but who, in reslity, was a woll-known tencher of fencing and boxing, enterei,
and as he maie his way to one and as he maie his way to one of the
cruas-seats, enconntered the outatretch crung-seats, eneountered the outetretch
ed legs of the objectionable person. Very politely the neweomer turned to him and eail
feet so that $I$ can kinds $y$ draw in your feet so that I can ,nass?
The lully looked up
The innly lookel up to see who had and said to the inoflensive-looking man, after a string of onths:
 Wants ter get hy you'li step over dose
feet, and if youse got goos senve.
you't1 be careful how you does it."
The little man's eye flashed, and he said, in a tone very different to that he hat previously used:
"sir, draw in your feet !"
An oath was the only response, and that," gave the bigith a "then take kick in the shins. The bignifieent jumped to his feet to annihis fellow little one, but he did not. Hardly wan he out of his sent before a sledge-ham-
mer blow under the Hat on his buek, and there hed him
flat The blow knocked him out.
The passengers fairly cheered : but the quiet little man wan not looking for glory Going to the neat he had down, uneoncernedly pulled out a
down newspaper and began to read. The
kuard nnd one or two passengers rough yuard nnd one or two passengers rough. $y$ picked the prostrate man up and
ammert him into a seat H is kenses soon began to return, His dazed ant say a word, and at Fifty-ninth street he meekly lefi the train.

## NOW I LAY ME DOWN TO SLEEP.

The Wiehita Eagle snys that the fol owing poem was left at that office by work. work.
Near the eamp fire's fickering light
In my blanket bed 1 lie,
At the twinkling shades of light
At the twinkling stars on high
er me spirits in the nir
silent vigils seem to kee
As I breath my ehi to keep
"Now I lny me down to player-
Sadly sings the whippoorwill In the boughs on yonter tree Saughingly the dancing rill Foemen may he lurking near In the canyon dark and neap, Low I breathe in Jeaus ear-

I pray the Lord my soul to keep." Mid the stars one face I see, One the Saviour ealled away Taught my haby lipes
Her sweet spirit hovera nequ.
In this lonely mountain brake:
"If I should die before I wak
Fainter grows the fliekering light
Plaintively the hions of night
Fill the nir with saddening eries,
Over me they seem to ery
Low I lixp." "If I die.
I pray the Lori my soul to take
"Now I lay me down to sleep
${ }^{1}$ pray the lord my woul to keep:
If shoul die hefore I wake
I pray the Lord my soul to take

## ATCHISON PHILOSOPHY

It is human to be jealous: divine to neeal it.
There is great ehnrity for poor rela Wens, every one has them.
We are nil ineline
who does not 1 netined to distrust a boy Keep any letter to p'ay.
will frailly make you ashonge
Only money, and that is the resolution not nospend it.
It may be
It may be wise to think twiee before peaking, but it is a sign that you are It is the
who is soonest nble to hire gort fires ight his fires for him.
When two friends quarrel, you will find out how much there was in their riendiship originally
Tie mat
his wat becret things we have in harieties woll filen tirn out to be only An bonest man will
not ang good an a woman regret that he i tending that he is better.
The two thinge that honest people wever excuse, under any circumstances, are thievery and insincerity
Only believe half of what you hear hint what you heopie suy: only helieve hal When you hear that littie people do your home in the rain, how natural it ato tarry around the fi:e on the in-
${ }^{6}$
iends desert ways saying that your them most. lont they do pxaetly what

THE NEW

## FINGER" PRAYER BOOK.

Mr. Henry Frowde, of Oxford University, has designed a series of prayer
books, the novelty and merit of why consist alike in their diminutive and the beauty of their binding. It it difficult to believe that a book of nearly 700 pagea will go into the waistcont pocket or into the purse, but such is the delieary of the workmanship and the comppetness of the binding that no diftienity will he found in volume, bound in moroceo ond the tiny which Mr. Frowite has ealled the "Finger" prayer book, weigha about three-quarters of an ounce, is only one ineli in breaith, three and a-half inch. en in length, and one-third of an ineh in thieknens. To get 670 pages and wo ne-thind ooversinto the thiekness paper making and hin marvel of paper making and binding. One
specimen is contrived to hang on the
 consisting of a double cross, one for each of the velvet covers of the look, and this both adds to the heauty of the volume and serves to keep it in a compnet form. A ring is milted, which edition is aliso issued without the dition- also issued without the alendar ail the occaasional services. third, and the weight to about half nn ounce.

INPORMATION ABOUT " YOCR
SELF."
The average number of teeth is thiry C -tw
The we
The weight of the cireulating blood twenty-eight $p$ unds.
The avernge weight
ponnds six ounces. poonds mix ounces
The limain of
y other animal. $X$ other animal.
a minute and 1,900 inout twenty timen $A$ man hreathes in an hour
of nir in $a$ minute. or upwards of seven hogsheads a day.
The avernge weigh
The average weight of the brain of n man is three and a half pounds: of a Five handred and forty we hogahead and one and a quarter pints of blool, pans througli the henat in ne hour.
The average height of an English 5 feet 4 inches, 9 inches, of a Frenchman 5 feet 4 inches, of a Belgian 5 feet 6 The heart senals nearly
The heart sends nearly ten pounds of blood throngh the veins and arterien each beat, and makes four heats while One hundred
lion cells are in seventy-five mil would cover in surface thirty which greater than the humain body.
The average of the pulse in infancy is 120 per minute, in manhood eighty,
at 60 yeara sixty. The pulue of females is more frequent than that of males

## TID.BITS

I thought you were going to marry Miss Goldthwaite, Charley Haven't you had some haspirations in that
Yine? "I had buat it was no go. Her family were all opposed to it." "Well. he fnmily. She was one of "Im," and all
They say that the girls in the more esoterie circles of Boston are disrusaing the question whether the dntive or the hope the dear creatures will finally tile this momentous question, so The nervous timidisy of hrides and roboms can he easily explained, since have a shrinking manner. parties to

C

