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PART III.

TESTIMONIALS, \&c. \&c.

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## CHAP. VI.

Teatimonialo-Medical, Ministerial, and Miscellaneous.

## Valúable medical testimony.

We, the undersigned, are of opinion-
I. That a very laige portion of human misery. including poverty, disease, and crime, is induced by the use of alcoholic or fermented liquors, as beverages.
II. That the most perfect health is compatible with Total Abstinence from all such intoxicating beverages, whether in the form of ardent spirits, or as wine, beer, ale, porter, cider, \&c. \&'c.
III. That persons accustomed to such driuks; may, with perfect safety, discontinue them entirely, either at once, or gradually, after a short time.
IV. That Total and Universal Abstinence from alcoholic liquors and intoxicating beverages of all sorts, would greatly contribute to the health, the prosperity, the morality, and the happinese of the human race.
-A. F. Holmes, M.D.,
L.R.C.S.E.

W/d. Nelson,
P. E. Picauli, M.D.

Geo. W. Campbell, M.D. M. M.Cullochi. M.D. Francie Badgloy, M.D.
A. Hall, M.D., L.R.C.s.E.

Arthur Fuher, M.D., M.R.C.S.E.
P. A. C.Manro, M.D.

Lonia F. Tąvernier,
A. Rowand, M.D.

Jon. Barber, M.R.C.S.L:
J. B. Lebourdais,

John Minshall, M.D.
J. G. Bibaud, M.J.
T. Stcarns, M.D.
E. II. Trudell, M.D.
A. G. Regaier,

Silae Gregory,
J. Emery Coderre,
J. L'. Leprohon, M.D.
C. H. Keefer.
W. Praser, M.D.
W. P. Smich,

Hy. Mount, M.R.C.S.L.
A. H. David, M.D.

Je. Crainford, M.D.
S. C. Sewell, M.D.

Wm. Sutherland, M.D.
E. Q. Sewell, M.D.
C. A. Regnault, M.D.P.

Samuel Waller, Physician,
Duncan M'Callum,
F. A. Cadwell, M.D. Louis Boyer, M.D.
O. T. Bruneau, M.D.
P. D. Brouscean.

Rubert Godfrey, M.D.
Hector Peltier; M.D.
I'. H. L. Richelicu.

The foregoing inportant Medical Testimony has recently been circulated in Great Britain by Mr. Dunlop, of Scotland, and received signa. turee, as follows:-London, 184; Dublin, 14 ; Edinburgh, 26 ; Glasgow, 46 ; Leeds, 53 ; Liver* pool, 184 ; Manchester, 75 ; Nottingham, 32 ; Sheffield, 23 ; Provincial Towns, 400 ; in. British India, 29-Total, 1,066. At the request of ithe Author, the Medical Gentlemen of Mon* treal (with a few solitary exceptions) kindly and promptly gave their names; and it is recommended that a similar effort should be made in every part of the Province.

## Rev. John Weales-

"Neither may we gain by hurling our neighbour in his body.. Therefore, we may not sell any thing which tends to impair health. Such is eminently all that liquid fire, commonly called drams, or spirituous lifuors. It is true, these may have a place in medicine; they may be of use in some bodily disorder: (although there would rarely be occasion for them, were it not

- for the unskilfulness of the practitioner.) Therefore, such as prepare and sell them only for this end, may keep their conscience clear. But who are they? Who prepare them only for this end? Do jou know ien such distillers in Eng. land? Thẹn excuse these. But all who sell them in the common.way, to any that will buy, are poisoners-general. They murder his Majeaty's subjects by wholesale, neither does their eye pity or spare. They drive them to hell like sheep; and what is their gain? Is it not the blood of these men? Who, then, would envy their large estates and sumptuous palaces? A curse is in the midst of them-the cu $\rightarrow$. ${ }^{-1}$ God cleaves to the stones, the timber, the furniture of them: The curse of God is in their gardens, their walks, their groves; a fire that burns to the nethermost hell. Blood, blood is there; the foundation, the floor, the walls, the roof, are stained with blood! And canst thou hope, 0 thou man of blopd, though thou art clothed in scarlet and fine linen, and farest sumptuously every day, canst thou hope to deliver down thy
fielde of blood to the third generation? Not ac: for there is a God in heaven : therefore thy name shall be rooted out. Like as those whom thou hast destroyed, body and soul, 'thy meno. rial chall perish with thee,'"

Rev. William Jay, of Bath-
" 1 am thankful that all through life I bave been a very temperate man, and for more than twenty-five years, generally a teetotaler, but for the last six years I have been one conotantly and eptirely. To this (now I am past 70) I ascribe, under God, the glow of health, eveniess of spirits, freshness of ft eling, ease of application, and comparative inexhaustion by public laboury, I now enjoy. The subject of teetotalisin I have examined plysically, morally; and Christianly, and after all my reading, reflection, observation, and experience, I have reached a very firm and powerful conviction. I believe that next to the glorious gospel, God could not bless the human race so much as by the abolition of all intoxicating spirits. As every man has some influence, aind as we ought to employ usefully all our talents, and as I have now been for nearly half, a century endeavouring to serve my generation in this city, according to the will of God, I have no objection to your using this testimony in any way you please. I nin willing that, both as a pledger and a subscriber, you should put down my name,"

## A-DRUNRARD ON FIRE.

Dr. Nott, in Lis lectures, gives the rowlowing account of a joung man about twents-s five years of age :-
" He had been a habitual drinker for many years.- I saw hitn about 9 o'clock on the evening on which it happened; he waid then; as usual, not drunk, but full of liquor. About 11 o'clock the same evening, I was called in to see him. In found him literally roasted, from the crown of his head to the soles of his feet. He Was found in a blackomith'swhop, just acrons from where he bad been. The owner, all of a oudden, discovered an extensive light in his shop, as though the building was one general flamp: He ran with the greatest precipitancy, and on throwing open the door, discovered a man otanding in the midst of a widely-eztended, oilvercoloured flame, bearing, as the described it, exactly the appearance of the wick of a burning candle in its own flame. He seized him (the drunkard) by the shoulders, and jerked him to the door, upon which the blaze was instantly extinguished. There was no fire in the shop, neither was there any possibility of any external source. It was purely a case of spontaneous ignition. A general sloughing soon came on, and his flesh was consumed or removed in the dressing, leaving the bones, and a/few of the larger blood-vensels; the blood, neverthelen,
rallied round the heart, and maintained the vital apark until the thirteenth day, "hen the died, not only the most loathsome, ill-featured, and dreadful picture that ever was presented to human view, but his shrieks, his groans, and his lamentations also, were enough to rend a heart of adamant. He complained of no pain of body : his flesh was gone. He said he was suffering the torments of hell, that he was just upon the thireshold, and ohould soon enter its dismal " cavern ; and in this frame of mind he gave up
the ghost."

## ANOTHER VOICE FROM THE BENCH.

In addition to the many testimonies borne by - the Judges of our land to. the demoralizing cal thi sure in recording that given by Justice Wightman, in his charge to the Grand Jury at the York Assizes, July 12, 1847 : -
cI find in this, as in every other calendar that comes before me, one unfailing source, directly or indirecily, of most of the crimes that are committed-intemperance. The depositions show that public houses and/beer-shops are usually the places in which crime originates, in many instances the suffering parties being the victims of their own intemperance, which encourages the atiacks made upon them; and in others it is the canie (I allude to cases of personal violence and.
he vital e died, ed, and to hu. nd his a heart body : ffering on the dismal ave up
rne by alizing plea-Vightat the
rallied round the heart, and maintained the vital spark until the thirteenth day, "hen he died, not only the most loathsome, ill-featured, and dreadful picture that ever was presented to human view, but/his shrieks, his groans, and his lamentations also, were enough to rend a heart of adamant. He complained of ono pain of body : his fleah was gone. He said he was suffering the torments of hell, that he was just upon the thireshold, and should soon enter its dismal the ghost."

## ANOTHER VOICE FROM THE BENCH.

In addition to the many testimoniea borne by the Judges of our land to the demoralizing effects of strong drink, we have now much plea-
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A CORONER'S SPEECII.
"At one of the public meetings held at the annual conference of the British Association, in the month of July last, at Bolton, J. Taylor, Esq, Coroner, alluded to the effects of intemperance as witneased by himself in the capacity of attorney and coroner for the borough, and gave a few instancev. On Monday week no fewer than thirty-four drunkards, apprehended on the Saturday night and Sunday previous, were brought before the Mayor for their misconduct. Un the same day an inqueat was held, in which the verdict returned was "Died from excessive drinking.' Earls the following morning he saw a policeman take a drunkeu man to the lock-ups on a truck. He went to the cell into which the person was put, and there caw six or seven others in a similar state. Next day another inquest was held, whep also the verdiph
was, ' Died from excessive driuking.' Such was his every day experience. A statement made by Father Mathew, with regard to no teetotaler having died from famine or pestilence, had been disputed; but he (Mr. T.) could at all evente, tell them: with truth, that he never knew of any consistent teetotaler who, in the common acceptation of the term, had to go aboutt to beg his bread. He had been a coroner eight years, and had. never yet held an inquest on a teetotaler." -Bolton Chronicle, July 17, 1847.

Commodore Joseph Smith -
"So far as my experience goes, I have found the abandonment of the use of spirits by seamen to be beneficial in all respects, lessening both crime and punishment. On my last cruise, the
wi
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ca th up pe 29 ship in which my flag was worn, the frigate Cumberland, with near five hundred persons on board, sailed in November, 1843, and returned in No. vember, 1845. The first part of the cruise the men generally drank their grog; by a course of reasoning and discipline they gradually (and voluntarily of coursef stopped their liquor, and received the small pittance of two cents per day therefor. At the end of the year, all but twa had relinquished the spirit part of their ration, and those two requested to be transferred to another ship of the squadron: I gratified them, No personi temaining who desired to draw his grog, it Whas pumped off and landed, and the caska filled
uch usas lade by etotaler id been event?, of any ассер. beg his irs, and taler." ;ámen $g$ both se, the Cum board, in No. ise the urse of nd vond re. er day ut twa m , and nother
with good pure water. . To the end of the cruise no more spirits were issued. `The crew were, so far as I observed, at all times contented and happy. I never heard of a complaint that liquor was in the slightest degree necessary to enable seamen to better endure the hardships and privations of a sailor's life. On the contrary, the inen were satisfied they were better off in all respects without it."

## TESTIMONY OF THE WORD OF GOD.

"Who hath woe? who hath sorrow? who hath contentions? who hath wounds without cause? They that tarry long at the wine; theythat go to seek mixed wine. Look not thou upon the wine; at the last it biteth like a serpent, it stingeth like an adder."-Prov. xxiii. 29-32.
"The works of the flesh are manifest, which are these; undeleanness, murders, drunkenness, revellinge, and such like; of the which I tell you, that they which do such things shall not inherit the kingdom of Gool."-Gal. v. 19, 21.
"If ye live after the flesh, ye shall die; but if ye through the Spirit do mortify the deeds of the body, te shall live.' - Rom. viii. 13.
"Let us walk honestly, as in the day; not in rioting and drunkeniess, not in chambering and wantonness, not in strife and envying. But put ye on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof." -Rom.xiii. 13, 14,

## 2

" Be not deceived; God is not mocked: for whatsocver a man soweth, that shall be also reap. For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life ever-lasting."-Gal. vi. 7, 8 .
"Woe unto them that rise up early in the morning, that they may follow strong drink; That continue until night, till wine inflame them. Woe unto them that are mighty to drink vine, and men of strenget to ningle strong drink."Isaiah y. 11, 22.

CHAPV VII.
Auccdotes and Facts-Statistics.
ANECDOTES AND FACTS.

## IT MARES MEN FOOLS.

In Lewis and Clark's Travels among the In. dians, is the following anecdote of the native good sense and virtue of the tribe of Ricaras. At the time it occured, the value of the example was not practically appreciated by the civilized Americans, but in this day of temperance organization and practice, it will be felt. "We are gratified," says the travellers, " at discovering that these Ri-
cars made no use of no spirituous liquors of any kind ; the example of the traders who bring it to them, so far from tempting, having in fact disgusted them. Supposing that it was as agreeable to them as to the other Indians; we at first offered them whiskey; but they refused it with this sensible remark; " that they were surprised that their fathers should present to them a liquor which would make them fools." On another occasion they observed to M. Tabeau, " that no man could be a friend who tried to lead them into such, follies.

> EXAMPLE.

Died, at Lanark, Canada West, Mr. Andrew McBeath, in the 103d year of his age. He was born in Sutherlandshire, in the memorable year 1745. He was for many years Forester to the Duchess of Sutherland. He gave pleasing evidence that for him to die would be gain. In the 101st year of his age he added his name to the Temperance Society in order to encourage others to go and do likewise.

## A SIMPLE REMEDY.

A Quaker was once advising a drunkard to leave of his habit of drinking intoxicatingliguins.
"Can you tell me how to do it?" said the slave of his appetite.

Quaker.-It is just as easy as to open thy hand, sriend.
Drupkard. - Convince me of that, and 1 promise, upon my honor, that I will do as you tell me.

Quaker:-Well, friend, when'thou findest any vessel of intoxicating liquor in thy hand, open the hand that contains it, before it reaches thy mouth, and thou wilt never be drunk again.
The toper was so pleased with the plain advice, that he followed it, and was a toper no more.

## BEWARE OF THE LAST SPREE!

A genteman called upon a friend, who, for years, had been addicted to the vice of intemperance. He conversed with him for some time on his wretched state, and finally he was persuaded to say that he would attend the meeting and sign the pledge. But he insisted on having hits last spree. Entreaty, warning, expostulation; all were vain. He was fixed in his resolution to hatre one frolic more; before he joined. His friend foft him with the agreement that on the next evoning he should call for him, to go and
"last spree." Alas, and so it proved. The next morning he was raving mad with rum, and before the sû̉n had set, a corpse! He had gone into the presence of his Maker with the faithful sarnings of his friend still ringing in his ears. Let the inebriate read this and avoid a like fate.
a reprobate father.
At a Wesleyan class-meeting, a nan rose and addressed the leader thus:-"I am very thankful. to Gor!, and to you for your Sunday School: My son, who now sits beside me, is my spiritual father. He heard me cursing, while in a state of drunkenness, and said to me, ' $O$, father, my teacher said to-day, at the Sunday School, that neither drunkards nor swearers could enter into heaven.' This so affected my mind, that from that time I was enabled, by the grace of God, to leave off those wicked practices ; and botp miyself and my son are now members of your society." He then laid his hand on his son's head, and repeated; "My son is my spiritual father."

## NO TROUBLE.

" The drinkers of water needed not to care when the wine was laid waste; they could live as well without it, as they had done,-it was no trouble to the Nazarites. The more delights we male

## 16

vee of to our eatisfaction, the more wo expose ourselves to sorrow and disappointment." Henry.

## STATISTICS.

BRITISH ARMY.
From the year 1822 to 1839, 1,418 men were tried in one Battalion for various misdemeanors arising aint of the use of infoxicating drinks, and there being 101 Battalions, gives a total of 143,218 tried by Courts Martial, aud if we reckon 700 as the strength of each Battalion, that gives $1,271,600$ as the strength of the whole, and thus we find that about 12 per cent. of the whole forces are tried in eighteen years. The number of lashes awarded in the above Battalion were 118,075 , Which multiplied by 101 gives $11,925,575$ lashes; which again multiplied by 9 , gives 107,319,175 stripes. 34,196 day imprisonment, multiplied by 101 , gives $3,453,796$ days imprisonment. - 26 sent to General Service, multiplied by 101, gives 2,626, which is greatly below the number sent to the Western Coast of Africa in the tivo years delailed. 111 reduced, multiplied by 101 gives 11,211 non-commissioned officers reduced. 13 transported, multiplied by 101, gives 1,313 transported. In 1839, the Mutiny Act authorized

Courts Martial to mulct those convicted of Habitual Drunkenness of their beer money, additional pay, or regular pay, to the extent of 3d per day; but at no one time could they deprive the ofiender of more than 1d, and to constitute an act of Habitual Drunkenness, the man must have been entered in the Defaulters' Book for being drunk four: times, in the year, and after a first conviction, twice within six months of that conviction was considered the same. Imprisonment was also the general a ward in connexion with the forfeiture, and the offender lost his service during con-w finement. Thus we find from the two the poor deluded lovers of strong drink in eleven years forfeited in one Battalion $\mathbf{£ 1 2 8 7} \mathbf{5 s}$. $\mathbf{3}$ d. and in 101 Battalions $£ 130,0131254 \frac{1}{2} \mathrm{~d}$.

Thus we see that about twelve men in every hundred are tried throughout the Army in eighteen years by Courts Martial, and that a tax of not leess than one Kundred and thirty thousand pounds is paid by these British idolaters for the sensual gratification of worshipping at the shrine of Bacchus; and this is not all, blood is spilt, felons are made, the general character of the whole is compromised, and yet the authonities look calmly on and stick up for moderation.

## SUGAR UAED IN DISTILLERIES.

$3,477,453 \mathrm{lbs}$. of sugar were used by licensed browers in the United Kingdom, from the passing of the Act 10 th Victoria, cap. 5 , to the 5 th of July last. The quantity of sugar taken into stock by distillers, during the same period, amounted to 11,419 cwt. ; the quantity actually conveyed to the mash tun, to 10,026 civt; the quantity of proof spirits made therefrom, to 105,165 gallons; the average produce of gallons of spirits per cwt. of sugar, to 10-49; and the total amount of drawback allowed on such spirits, to $\mathbf{£ 5 , 8 6 7}$.

> - a small calculation.

Supposé a man drinks four glasses of liquor at five cents a glass-in a week he spends one dollar and forty cents, and in a year seventy-two dollars and eighty cents. This will buy the fol. Jowing articles:
Four barrels of flour, - . - - . . $\$ 24,00$ Four pair of boots, $\quad \ldots \ldots$. $\quad$. $\quad 15,00$ Forty lba. of Butter, - - . . . 10,00 A hundred lbs, of beef, - . . - 8,00 A new hat,:
A new satin vest, 4,00 A bonnet for wife,
Sugar plums and cakes for children,

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PQPULATION OF THE GRAVE.
From extensive calculations it seems the average of human birth per second, since the birth of Christ to this time is $8-15$, whiclit gives about thirty-two thousand millions; and, deducting the present supposed population of the world, (960,000,000 ,) leaves the number of thirty-one thousand and forty, millione, that have gone down to the grave, giving death and the grave the victory over the living, to the number of thirty thousand and eighty millions.

Of the number in the grave, about
$9,000,000,000$, have died by war,
$7,000,000,000$, by famine and pestilence,
500,000,000, by martyrdom,
$580,000,000$, by intoxicating drink,
$13,000,000,000$, natural or otherwise.
Thus it will be seen that war and strong drink have sent nearly one third of the human race to a premature grave.

## a great enemy.

The great work in which we are engaged, is progressive. It is not the work of a day or year. Intemperance had woven itself into all our lawe,
our habits, our fashions, our festivities; our business, our births, our burials. For two centuries it had been steadily becoming consolidated; $y \in \mathbb{A}$ for 4000 years, since Noah drank of the fruit of the vine, it has claimed dominion over thousands and millions. In the countries of France, Great Britain, Sweden, Prussia, and the, United States, the annual consumption of intoxicating liquors is officially reported at one thousand, nine hundred and seventy million, nine hundred and sixty-three thousand, nine hundred and eighty-gallons, con-: taining 217,596,878 gallons of pure alcoholand. yalued at $\$ 546,265,086$. The average findunt consumed by each individual is 4 gallons in the United States, 114 in Great Britain, 2 in Prussia, 7 in Sweden; and 32, in France. The number who die of drunkenness in Great Britain annually, has been estimathat 60,000 -the number in the United. States at 30,000 , near seven millions in the life-time of a single man in these two Chris. tian communities. Such is the enemy we combat.

Farina, which is toos all grain, consists of

## 21



Thus peophthated, these three elements constitute sind nutritious substance.

## Sugar consigts of

| Carbon,. | . | $42: 47$ |
| :--- | :--- | :--- |
| Hydıgen, | . | 7.19 |
| Oxygen, | . | 50,34 |

100
Sugar is very dilierent from grain, and jet the component parts are the same, and the ratio of ingredients does not greatly vary.
Olive oil consists of
Carbon, $\because . \quad . \quad 77.21$
Oxygen, .. . . . 9.43
Hydrogen, . . . 13.36
100
What finerence betiveen oil and flour or sugar, fet the elements are the same.

Oxalic acid consists of
Oxygen, . . . . 64
Carbon, : . . . . 32
Hydrogen, . . . . 4
100
intellectually, and physically; I, therefore, voluntarily agree to abstain from the use of all intoxicating drinks as a beverage; I will not traffic in them, nor provide for or offer them to others, either as wages or at entertainments, and by all suitable ways and means I will dichountenance such use and traffic in this connpuinty. And may God help me to kecp this iny pledge. Amen."
" I hereby agree and faithfully promise, that I will hereafter totally abstain from all that can intoxicate, as a beverage; that I will not directly or indirectly engage in the manufacture or sale thereof; and that I will use all proper means to induce others to sign this pledge."
"By the grace of God, I abstain froin and discountenance the use of all intoxicating bevcrages, and wage an uncompromising and exterminating war with the drinking usagex and the traffic."

CHILDREN's PLEdge.

This little band
Do with our hand The pledge now sign, To drink no wine, Nur brandy red To turn our head, Nor whisky hot, Thit matien the sot, Nor fiery rum

To turn our home
Into a helld
Where none could divell,
Whence peace would fly,
Where hops would die,
And love expire,
Mid such n are:
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## CONSTITUTIONS.

## PROVINCIAL AND DISTRICT UNIONS.

This Union is established to supply the want which was felt by the friends of temperance in $\longrightarrow$, of a Central Body to which they could look for assistance in providing country societies with suitable advocates, or in giving them such aid as their circumstances might require. The objects of the Union are the following :-
1.-To establish an efficient travelling agency of well qualified individuals, who are instructed to avoid polemics and party politics.
2.-To procure statistical details respecting prisons, penitentiaries, pulice offices, hospitals, \&cc. with a view to exhibit the ravages of intemperance.
3.-To expose the state of the laws respecting the traffic in intoxicating liquors.
4.-To take suitable opportunities of laying before persons in authority, statements which may convince them of the value of our principles, and the necessity for their general adoption.
5.-To keep the cause prominently before the public, by obtaining the assistance of the press;

Here we have the same elements as in bread, and yet oxalic acid is a poison.
Alcohol consists of

| Hydrogen |
| :--- |
| Carbö, |$\quad . \quad . \quad 13.70$

Yet alcohol is different from oxalic acid, bread, "sugar, or oil, still the elements are the same.

Vinegar, when pure, cousists of


What a difference there is between vinegar and alcohol; bread; or oxalic acid, yet the component parts are the same.

These analyses are given to illustrate this fact, that the qualities of bodies arise not so much from the elements of which they are formed, as from the proportions of those elements.

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## CEAP. VIII.

Pledgès-Society ; Personal ; Childreņs.-Constitutions -Provincial and District Unions; Local Society; ILadies' do.; Juvenile do.-Form of Petition to Par-liament.- Returns for Annual or Quarterly Reports.

## PLEDGES.

## SOCIETY PLEDGES.

"We, the undersigned, do agrec, that we will not use intoxicating liquors as a beverage, nor traffic in them; that we will not provide them as an article of entertainment, nor for persons in our employment; and that in all suitable ways we will discountenance their use, throughout the community."
"We pledge ourselves that we will not use intoxicating liquors as a beverage, nor traffic in them; that we will not provide them as an article of entertainment for our friends, and that we will do all in our power to discountenance. their use throughout this community; and we further pledge ourselves that we will not rent any buildings or tenement for the sale of intoxicating drinks."
persodal pledges.
"Because I believe the common use of alcoholic drinks to be injurious to man; morally,
intellectually, and physically; I, therefore, vo. luntarily agree to abstain from the use of all. intoxicating drinks as a beverage; I will not traffic in them, nor provide for or offer them to others, either as wages or at entertainments, and by all suitable ways and means I will discountenance such use and traffic in this community. And may God help me to keep this my pledge. Amen."
" I hereby agree and faithfully promise, that I will hereafter totally abssain from all that can intoxicate, as a beverage; that I will not directly or indirectly engage in the manufacture or sale thereof; and that I will use all proper means to induce others to sign this pledge."
"By the grace of God, I abstain froin and discountenance the use of all intoxicating beverages, and wage an uncompromising and exterminating war with the drinking usages and the traffic."
cinildren's pledge.

This little buind Do with our hand The pledge now sign, To drink no wine, Nor brendy red To turn our head, Nor whisky hot, That maken the sot, . So here we pledge perpetual hate Nor fiery rum .To all tint cin intoxicate.

To turin our home Into a hell;
Where none could divell,
Whence peace would fily
Where hope would die, And love expire,
Mid such a Are:

## CONSTITUTIONS.

## PROVINCIAL AND DISTRICT UNIONS.

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1.-To establish an efficient travelling agency of well qualified individuals, who are instructed to avoid polemics and party politics.
2.-To procure statistical details respecting prisons, penitentiaries, pulice offices, hospitals, \&c. with a view to exhibit the ravages of intemperance.
3.-To expose the state of the laws respecting the traffic in intoxicating liquors.
4.-To take suitable opportunities of laying before persons in authority, statements which may convince them of the value of our principles, and the necessity for their general adoption.
5.-To keep the cause prominently before the public, by obtaining the assistance of the press;

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and to urge the necessity of extending the circulation of temperance periodicals.
6.-To make arrangements for an annual meeting of temperance delegates in

## RULES.

That the following shall be the only pledge recommended by this Union :-

1-_" We, the undersigned, do agree that we will not use intoxicating liquors as a beverage, nor traffic in them; that we will not provide them as an article of entertainment, or for persons in our employment, and that in all suitable ways we will discountenance their use throughout the community."
2.-That the business of the Union shall be managed by an Executive Committee, consisting of no more than twelve persons, and none shall be members of this Committee, unless they shall lave signed the pledge recominended by the Society, or one involving the same principles and practice.
3.-That the Committee shall have power to choose their own office-bearers. Any five meinbers shall be a quorum. The Committee shall have power to enact such temporary rules for the
cirr u-

Union as they may think expedient; but such rules not to be permanent, until they have been confirmed at a general meeting of Delegates. The President and Vice-Presidents shall be (exofficio) members of the Executive Committee. The President, Vice-Presidents, Treasurer and Secretaries of all councry Auxiliaries shall be at liberty to attend the meetings of the Executive Committee as Visitors and vote.
4.-'I hat the Executive Committee shall convene an annual meeting of Delegates, all of whom shall have adopted the pledge recommended by the Society, or one involving thè sanse principles and practice; and that the business of the Delegates shall be to receive a report of the proceedings, of the Executive Committee for the past year; to choose an Executive Cormmittee for the coming year; and to take under consideration such measures as may appear calculated to promote the great object of Union. The Members of the Executive Committee shall be entitled to assemble in the Meeting of Delegates, and to vote there.
5.-That all the Agents and Officers of the Union shall be such as are pledged to its principles.
6.-That the annual meeting of Delegates shall.
have power to appoint to the rank of Patron, Vice-Patron, President, or Vice-President, such persons as may have conferred on the cause of temperance any important benefit.
7.-That every Auxiliary of 100 members shall have power to send one Delegate to the annuial Meeting; of 500 members, two Delegates; of 1000 members and upwards three Delegates.
8.-That no party politics, nor sectarian peculiarities in religion shall be introduced into the . tracts, or other publications of the Society, nor into the lectures or speeches of its public advocates.
9.-That the Executive Committee shall convene an Annual General Meeting of the Union in $\longrightarrow$, to hear a report of its proceedings, tand of the general state of temperance.
10.-That while this Union would neglect no legitimate means to accomplish the object before it, it would rest its hopes of success on the blessing of God alone.
constitution of a local temperance society.
Preamble.-Whereas the use of intoxicating drinks leads to a corruption of the social habita, to the ruin of personal and family comforf; to the com-
at an Annual Meeting, at which a Report of the proceedings of the Committee and the Treasurer's Account shall be presented.

Article V.-That the Committee shall meet every month for the transaction of business, and that public meetings for the purpose of hearing addresses, shall be held

Article VI.-That any member may withdraw
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 from the Society on notifying the Secretary of his intention.Article VII.-That no alteration in this Constitution shall be made but at the Annual meeting, led and with the sanction of two-thirds of the members present.

Article VIII.-That all meetings shall be opened with prayer.

> CONETITUTION OF A LADIES' TEMPERANCE SOCIETY.

Believing that the female portion of our community, can and will act more efficiently by a distinct and separate organization, than if connected with other societies, for the suppression of intemperance, and the relief of the reformed inebriate and his suffering family; therefore, we, the undersigned, do agree to form ourselyes into a
socioty; to be governed by the following Pledge and Constitution:-

## PLEDGE.

" That the members of this Sociely will not use intoxicating liquors as a beverage, nor provide them as an article of entertainment, nor for persons in their employ, and will in all suitable was discountenance the use of them throughout the community."

Article I.-Resolved that this Society be called the

Article II.-That the object of this Society be to claim the intemperate of both sexes, and especially our pwn, and to relieve the necessities of the reformed inebriate, and those that suffer with him or her, by all consistent and proper means within our power.

Article III.-That the Officers of this Society be a First and Second Directress ; a Corresponding and Recording Secretary ; a Treasurer; and Visiting Committee, with power to add to their number.
-Article IV.-That it be the duty of the First Directress, to preside in all the meetings of the Society, and superintend all its operations,
jirticle V.-That the Visiting Commitoe ohall conelist of Ladies, whose duty if shall be to divide the into sections, for the purpose of visiting such families in their respective sections, as may need theif assistance.

Article VI.-That any Lady may become a member of the Society by signing the Pledge and Constitution.

Article VII.-Meetings to be held monthly; five to form a quorum.

Article VIII.-That the Society meet Annually for the purpose of electing officers for the ensuing year, when a report of the proceedings and success of the Society during the past year shall be read.

Article IX.-That the above Constitution be
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me be forming the Cold Water Army, are briefly:

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d with

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tion, march with badges and banners, masic; \&cc. to a grove, and there let parents and others meet them with refreshments; or go to church: let there be public addresses, or let the dialogues and other pieces be spoken.

## FORM OF PETITION TO PARLIAMENT.

To the Honorable the Commons of the Pro.
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asic; \&c. ers meet rch : let yues and

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he Pro. embled, Inhabi. use of ravages estrucint, inmpairs 9 wáys etched pport , that h the rally, indif-

Therefore, we, your petitioners, respectfully request your Honorable House to inquire ints the cause and extent of Intemperance in $\mathbf{C a}$ nada; with a view to provide such remedy.for the same as in your juilgment may appear best, And your petitioners will ever pray.

- N. B.-There should ailways be three separute lists of names, one being required for the Governor General, and one for each House.


## RETURNS.

In reporting the progress of a Local, Township or District Society for any particnlar period, statistical information is' of vital importance. For want of this kind of information a great difficulty has been experienced in preparing for the press, the present work. The following or similar interrogatories should be faithfully answered in forthcoming Quarterly or Annual Reports of Societies throughout all Canada, and not only then, but in each succeeding term, thus keeping a faithful record of operations:

1. Name and date of organization?
2. Number of members in good standing? Males ? Females? Juveniles? ,.

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* 3. What population in your locality ?

4. Number of churches?
5. Are any of the Ministers abstainers?
6. Number of schools?
7. Are any of the Teachers abstainers?
8. Distilleries or Breweries in your vicinity?
9. Places for the sale of intoxicating drinks ?
10. Any Coffee or Temperance Houses?
11. Is your Society connected with a Local Union?
12. Public meetings held during the year?
13. Joined Society since last report?
14. Violated the pledge in the same period?
15. Copies of Temperance Papers circulated by or amongst you?
16. Tracts distributed by you since your last report 1
17. Have you in your vicinity any Physicians, Magistrates, Lawyers, Judges or Legislators, abs stainers?
18. Have you a "Cold Water Army" or Jus venile Association?
19. Confirmed Drunkards in your vicinity 1
20. Any Temperance Stores in your locality 1

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## CHAP. IX.

Advico in reference to Organizing Societies, and Transacting Buainowa at Public and Committeo Meetinge.

1. This Manual may fall into the hands of some individual who is defirous of making an effort to organize a Temperance Society in bis own locality, where none has hitherto existed, but knows not how to proceed. Friend, draw out on a sheet of clean paper a pledge, and sign it yourself-get your wife and children to sign it too-then go to the leading Christian persons in your neighbourhood, and ask them to sign it. Whẹn you have got six names, call a meeting in the school-house, lecture-room, or church. on an evening, if possible, not to interfere with any established meeting. Previous to the people assembling, lay your plane, that is, draft a Conotitution, invite the minister, or some leading piou- man, to take the chair, or rather to preside at the meeting, and tell him distinctly what you want done. If you find him indisposed to go as far as you wish, take him as far as you can, and after the meeting is organized by bis stating the object for which it is convoned and

Implofing divine direction--then stand up yourself, and tell your motives for calling the people together, your success in getting names, your bellef that more will join when the opportunity offers, and then present and read your Constitution; taking care to have the blanks filled up. You must now wait for a response from the people; this may be favourable or unfavourable: if the latter, tell them your stand is taken; and invite all to call at your house and sign the pledge. If the former, which is most likely, then go round through the company yourself, and take down the names of all who give thein. Keturn to your place beside the chairman, and announce the result ; if he joins, then consult with him as to what had best be done about appointing office-bearers. Here you must act with care and impartiality. Look down your list, and select the two most exemplary and active men for Presidenl and Secretary; upon these officers generally devolve, in all societien, those peculiar duties, the right dischange of which ensure success. When this is done, propose the officers seriatim, as they come in the rule, taking a vote on each ; which having finithed, call upon the newly elected President of your society to appoint tic next time and
up youre people es, jour iortunity Constituilled up. rom the surable : cen; and ign the likely, ourself, e them. lan, and consult e about ust act
n your ry and - upon cieties, uge of te, proin the having esident le and
place of meeting, after which the people will be dismissed either by prayer or praise by a euitablo person, a ininister, if possible.
2. You may consider yourself now in a fair way for doing much good, but you must observe order and purictuality. You will observe by your constitution, that a Committee meeting will require to be called very soon to mature your plan of operations. This is done either by written notes of invitation stating the time, place (which ought to be as central as possible), and object meeting. When the evenift arrives, at the appointed hour the President takes the chair or assumes the presidency of the meet-ing-this he does of all others likewise, by virtue of his office. He will, after Mhyer, call for the rending of the "minuten;", or record of proceedings at the last meeting. This being done, it is customary to move a resolution that such minutes be accepted or approved. Then the various points of interest arising out of these minutes come up, in rotation, for consideration and action; after which, new measures of importance may be introduced by any member of committee, and be aoted upon according to the apinion of the meeting.

- Before another Committee meeting, your next Public meeting will take place; consequently, the preparatory arrangements will require to be made, consiating of getting the place, lighting, heating, procuring suitable speakers, \&c. You will require to decide whether you will have short speeches, which would be the case if you had many speakers, or a lecture, in which caso only one person would speak. If there be several speakers it will be well to propose resolutions or topics upon which to remark. Be yure you know the character and ability of your speakers before introduction, which latter is generally done by the President; sometimes each speaker introduces his successor; while in meetings of a social cliaracter, volunteers are called for by the Chair or President. This last consider the following particulars:-The desirableness of having a Soirco or Tea party-ihe utility of organizing a "Cold Water Army"is a distinct female organization necessary ?-how much can be raised to purchase temperance


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our next quentls, ire to be lighting, You ill have eif you ich caso bere be se resok. Be of your atter is uetimes while in ers are his last ssful in e there |uire to e desirJ—the my.' Iry ? eratice
tracts ?--how many can be induced to subserriba for a temperance paper?-can a temperance inn be sustained ?--and other matters arising out of, or connected with those just stated.
4. 'Your first Annual Meeting will be held, of course, as nearly as practicable, at the same date in the year after organization, when a report, embracing all your operations for the past year, will be read, and submitted to a well got up and well organized public méeting, to be followed by a series of well arranged resolutions, interspersed with singing suitable hymns or songe.
5. In large villages and in towns, it is very desirable to have Ward Committes, whose duty would be-general visitation-enrolment of members-distribution of tracto-receiving domations to the funds and subscriptions to Temperaviee periodicals-getting up and notifying of public meetings for prajer or addresses, through the press, pulpit, or by haud-bills-special visits to delinquents and confirmed drunkards. In all other localities a Vigilant Commiltee of three, or at least two, should be appointed, specially for the performance of the last mentioned duty,

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## CHAP.

## Short Storics for Yolung Peroms.

## THE FOOLS' PENCE.

A little mean-looking man sat talking to Mrs. Crowder, the mistress of the Punch-bowl:".Why, Mrs. Crowder,". said he, "I should hardly know you again! Really I must say you have things in the first style. What an ele, gant paper! what noble chairs! what a pair of fire-screens ! all so bright and so fresh ! and yourself so well, and looking so well !"

Mrs. Crowder had drepped lánguidly intó an arm-chair, and sat sighing and smiling, with affectation, not turning a deaf ear to her visitor, but taking in with her eyes a full view of what passed in the shop; having drawn aside the curtain of rose-coloured silk, which sometimes covered the window in the wall between the shop and the parlor.
"\& Why, уои; Ree, Mr, Berriman," she rfplied, "Our busineas" is a thriving oria, and we dun's Jave to mpglept fy, for pme putat waft hand fop an hopmet fipaligood a and fifig yon sap my
two girls, Letitia and Lucy, were about to leave their boarding shool; so that Mr. Crowider and I wished to make the old place as genteel and fashionable as we could; and what with new atone copings to the windows, and new French window-frames to the first floor, and a little paint, and a litte papering, Mr. Berriman, we begin to look tolerable. I must say, too, Mr. Crowder has laid out a deal of money in fitting up the shop, and in filling his cellars."
"Well, ma'am," continued Mr. Berriman, "I don't know, where you" find the needful for all these improvenients. For my part, I can only say, our trade seems quite at a stand-still. There's my wife always begging for money to pay for this or that little uecessary article, but I part from evers penny with a pang. Dear Mrs. Crowder, how do you manage?"

Mrs. Crowder simp ${ }^{\text {red }}$, and raining her eyes, and looking with a glance of smiling contempt towards the crowd of customers in the shop: ©The fools' pence-'tis the fools' pence that does. 't for us," she said.

Perhaps it was owing to the door being just then opened and left ajar by Mies Lucyo who had been serving in the ban, that the words of B4.

Mra. Crowder were heard by a man named George" Manly, who stood at the upper end of the counter. He turned his eyes upon the customers who were standing néar hím, and saw pale sunken cheeks, inflamel eyes, and ragg d girments. He turned them upon the statcly apartment in which they were assembled; the salw that it had been fitted up at notrifling cost ; he stared through the partly npened doorway into the parlor, and saw looking-glasses, and pictutes, and gidding, and fine furnirure, and a rich carpet, and Miss Lncy in a silk gown sitting donn to her piano-furtc: and he thought "ithin hiniself, liow strange it is! by what a curious process it if, that all this uretchedness on my left hand is made to turn into all this rich fincry on mg right!
"Well, Sir, and what's for you ?"
These words were spoken in the same shrill voice which had made the " fools' pence" ring
in his cars.

George Maily was still in deep thouglit, and with the end of his rule (for le was a carpenter) he had been making a calculation, drawing the figures in the little puddles of gin upon the cointer. He looked up and saw Mrs. Growder
named end of ecusd sas agg d atcly 1; he cost ; rway and md a situght at a ness
this

THE DRUNKARD ANE THE TWO MONKEJS.

A rich drunkard kept two monkeys for lis sport. One day he luoked into lis dining-roon, where he and his guests had left some wine, and the two Jacko's had mounted the table, and ewer helping themselves generously to the wine -jabbering and gesturing, as they had seen their master and his guests. In a litule time they exhibited all the appearance of drunken men. * First they were merry, and jumped about; but soon they got to fighting on'the floor, and tearing out one another's hair. The drunkavd stood
in amazement. "What!" said he, "is this a picture of myself? Do the brutes rebuke me?" It so affected his mind, that he resolved lie would never drink another drop. And from that day he was never known to be any/other than a sober and a happy man.

THE DEVIL AND HIS VICTMM. $\qquad$
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ofiered that he would give hiun all that his heart could desire if he would fall down and worship him. "I'have but öne desire," said the drunkard; "I care not for gold, or silver, or houses, or landes or honors, or reputation, or wife, or chilldren: give me something to drink, and you shall be my god. I will at once fall down and worship you." "Agreed," said the Devil; "and presenting him the wine-cup made him his own for ever." Moral.-When the pevil makes his attacks upon men that are sober, and well aware of what they are about, he has but litte chance of succeeding.

## CHAP. KI.

## Councel for Tremperance Men.

Doubt and indecision as to the best manner of reviving and sustaining the interest in the Temperance cause, have kept back, in numprope in: stanpes, those who, under pther cirgumptances, Wauld hape apted with prarig gnd diligepoo.

counmel : first, in reference to the principles of action; secondly, to that action itself.

First.-The following prinefiples were unanimously agreed upon by the Convention at London, as forming the basis in all countries and
into if bun and mor mel never needful or useful to men in health, in anyk clime or any employinent.
"That total abstinence from it, as a beverage, is the only true principle of the temperance reformation; the only bope for the drunkard, and security for othere.

4 That the whole manufacture and sale of

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intoxicating drink ap a beverage, though a surce of revenue to thousands, is a manufacture of human misery, and highly injurious to the souls and bodies of men, and should not be licenied more than other moral evils, by human governments.
" That the Word of God often prescribes fotal abstinence to avoid existing evits, and that the spirit of Christian love directs us to shin! wine, or anything whrreby our brother stum. bleth, or is offended, or is made weak.
"That a voice comes up from every part of the globe, calling upon kings, and all that are in authority, upon reffecting and influential men of all classes, upon parents, teachers of youth, medical men, ministers of religion, and all true lovers of their race, to put forth the hand afid stay the plague which is filling our world with woe, and which, unless checked, will continue to sweep thousands of succeeding generations prematurely and wretchedly to eternity."

Secondly.-In reference to action, it is first necessary that the cause be revived, and this may be done by the following means:-

1. Let the people return again to the field of moral effort-let the different divisions of the temperance forces unite in one solid phalanxlet there be a long pull, a strong pull, and a pult altogether.
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2. As we need restrictive legislation, let petitions to magistrates, to corporations, and to the Legislature, be carefully prepared and numerously signed.
3. As the habits of sociely need to be reformed, let a consistent example enforce the suc of fut ma precepts inculcated in public mectings; and let both precept and example be given in a Claristian temper of mind. $\downarrow$
4. The traffic is to be discountenanced; therefore, an earnest zeal must be manifested to persuade and entreat those engaged in it to desist ; while, on the other hand, their supporters are withdrawn, by the accessions to our ranks of all
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ne who sign the pledge. Try to mäke the vender feel, it is his business, and not himself you hate. 5. Drumkurds are to be sared. There must be an unwavering belief that the drunkard can action. Sometimes, too, he has hearty resolves and secret purposes of amendment. Remind him that there is sympathy and hope; urge him to do himself no further harm, and his glietening
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here-persist ; are of all nder hate.
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eye and trembling lip will often assure sou, that you have reached his heart. And, 0 ! to gain such an one, to restore such an one to the path of sobriety, how abundant the reward in his future history ; especially so, if to moral reformation there is added the pardon of Hearen!
5. The rising generation are to be instructed: too much importance can scarcely be attached to the training of youth in principles of sobriety. Teach them to "let it alone;" there is danger in the cup, and they must not "look upon" it. Early enrol them in the "Cold Water Army;" and let them soon begin to "fight the fos, and mever yield till victory is gained."

But some may ask, how shall we return to the field of moral effort? The answer is at hand. By personal appeals - sustaining temperance meetings-re-signing the pledge-refusing to patronise liquor-dealing establishments-trenting with kindness the drunkard and his family -being consistent-and, lastly, by prayer/ulness.

To those who have not yet aided the enterprise, we cay, join the cause while it requires some moral courage to do so. It will soon be little credit to you to enter its ranks. How will

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your cheeks crimson, as your grandechildreh. shall gather round you, and ask you the history of this reformation, if obliged to tell them that it went on without you-that you withheld from it your co-operation !

Let ministers of the Gospel-physicians-magistrátes-legislators-kindly lênd their valuable aid and weighty influence; forgiving all denunciatory language and hard feeling which may hitherto have characterized either the personal or public measures of Temperance men. And now again, we say, let there be a long pull, a strong pull, and a pull altogether! Glorious result-Intemperance fallen, and sobrietyuniversally prevalent. Amen!


