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MONTREAL Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

VOL. VIII. No. 10.

MONTREAL, OCTOBER, 1903.

25 cts. A YEAR.

Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Montreal Homœopathic Hospital.

Communications relating to business and subscriptions to be sent to the Business Manager, care Sterling Publishing Co., 42 Lorne Avenue.

Manuscripts, news items, etc., should be addressed to A. D. PATTON, M.D., Editor Record, 58 Crescent Street.

GOVERNORS' MEETING.

The quarterly meeting of the Board of Governors was held on Thursday, September 24th. President J. T. Hagar, occupied the chair, and Mr. T. J. Dawson acted as secretary. Among those present were Messrs. Hagar, Baynes, Durnford, O'Connor, Dawson, Drs. Muller, Morgan, A. D. Patton, and others.

As the quarterly meeting for June had to be adjourned for lack of quorum, the reports prepared for that occasion were taken as having been read and ordered to be inscribed in the minutes. The minutes of the last regular meeting, that of March, were read and confirmed, after which reports for the past quarter were presented by the Committee of Management, Treasurer and Medical Superintendent, all of which showed continued improvement in the workings of the hospital. These reports will be found in other columns of this issue. No report was received from the Woman's Auxiliary whose first regular meeting of the winter season had not been held.

The various reports were commented upon and adopted, after which discussion took place relating to the necessity of securing better quarters for the nursing staff. It was determined to bring this matter before the annual meeting when it was hoped the larger representation of governors would find some means of solving the difficulty. Suggestions, looking to the purchase of the house adjoining the Maternity annex met with favor, and efforts in this direction were promised. The question of providing more efficient means of fire escape was also dwelt upon at length, the matter being left in the hands of the President to report upon to the Committee of Management, who were instructed to have the matter attended to. The Governors were pleased to note that the efficiency and appearance of the hospital met with approval of outside medical men, and hoped that the high standard would be maintained, and that every effort be put forth to keep the hospital abreast of the times, thereby forming the best possible advertisement for homœopathy.

Adjournment then took place, after which many of the Governors present inspected the hospital and examined the improvements and alterations made during the past summer.

Heat relieves the pain of inflammation, but increases that of suppuration. This is a valuable diagnostic aid in appendicitis.

GRACE HOSPITAL.

While in New Haven, Conn., recently we called on Dr. W. P. Baldwin, one of the foremost homoeopathic physicians of that city. The doctor is surgeon to Grace Hospital, the leading homoeopathic institution in the city and state, and kindly extended us an invitation to visit and inspect the hospital.

Grace Hospital is beautifully situated on Chapel Street, opposite Bears Street, in the residence portion of the city. The property, which was originally the Mallory mansion, consists of spacious grounds shaded by stately elms for which New Haven is famed, among which nestles the hospital, more like the home of some old family than a public institution.

We were fortunate in meeting at the entrance Miss Albaugh, the lady superintendent, to whose courtesy we owe the recollections of a very pleasant and instructive visit.

The mansion proper, of the old colonial style, is used chiefly for executive purposes, for which its large high ceilinged rooms are admirably suited. The contrast between this and the light, airy, extension comprising the modern hospital is pleasantly apparent.

The hospital has 50 beds, which are all too few for its needs. It has a substantial endowment, and has several endowed beds in the public wards in addition to numerous private rooms furnished by private generosity. It receives \$5,000 annually from the state and gets one half of the city cases, emergency ones included, for which the city pays at the rate of \$5 per week. There are two resident house physicians, lady superintendent and assistant, with a staff of 20 nurses. A new nurses' home is in process of erection across the street with greater accommodation than they now enjoy.

The cost of private rooms is from \$15 to \$30 per week, and they are in constant demand, being used for homoeopathic patients solely. The long corridors finished in Georgia pine, flanked by private rooms nearly all of them bearing the name of the donor on their door, lead to the public wards, beyond which lie the sun parlors, an innovation we were much interested in, and probably the most useful adjunct to the modern hospital.

The operating room on the third floor was a source of much pleasure, with its modern and complete equipment, and may we add also a source of envy that our own institution lacked much of what we saw in the shape of sterilizing apparatus, etc. We certainly would have liked to appropriate or annex the steam sterilizer and the up-to-date operating table. Space does not permit of description of the detail connected with the surgical department, which seemed lacking in nothing requisite. We were shown the commodious diet kitchens complete in their arrangements even to having an instructor or "dietitian" to teach the nurses. Private and public maternity cases are cared for in well appointed quarters, some of the private rooms looking especially neat and inviting. Isolation wards were also shown, admirably adapted for their purpose.

One of the most pleasing features about the institution which by the way impresses one as more of a home than a hospital: is that of the convalescent wards and use of the beautiful grounds for those patients who are well enough to leave their beds. The hospital management seems to want patients to get "real well" and uses their magnificent advantages to that end. The only objection we could see to this arrangement was that most of us would take a long time to get well under the circumstances.

The homoeopaths of New Haven are to be congratulated on having such a fine thoroughly up-to-date institution, and one which shows by its work that it is the equal of any, irrespective of schools or pathsies. Judging from appearances the patrons of homoeopathy in New Haven fully realize this, and rally nobly to the support of their hospital. We are very grateful to Miss Albaugh, the lady superintendent, and to Dr. Baldwin for giving us this opportunity to get some slight acquaintance with one of the cosiest and most home-like, yet up-to-date institutions it has been our good fortune to visit for some time.

SOME APPLICATIONS OF HOT WATER.

Headache almost always yields to the simultaneous application of hot water to the feet and back of the neck.

A towel folded, dipped in hot water, rung out rapidly and applied to the stomach acts like magic in cases of colic.

There is nothing that so promptly cuts short congestion of the lungs, so e throat or rheumatism as hot water when applied promptly and thoroughly.—Med. Mirror.

BELLADONNA AS A REMEDY FOR MAKING CONVERTS.

If we would convince an allopathic physician of the efficacy of our remedies, we should select Belladonna in whooping cough. The 9 decimal dilution is certainly not "a homoeopathic nothing," but compared with the much ridiculed centesimal higher potencies it is a positive something that has approved itself brilliantly in practice. Innumerable children have been cured with it from whooping cough, and by it as many skeptics might be cured of their prejudices against rationally practiced homoeopathy. This little clinical experiment is quite simple and gives very little trouble, and may not only be used in the first stages of whooping cough, although these are the best, but also in the later stages and in relapses that may occur. It is queer that we are often called in to help, because, as we are told, the cough that has existed for some time, threatens to become whooping cough, which it is already.

When the well-known symptoms set in, vomiting of mucus, anguish, and crying or weeping with a spasmodic cough, throwing back the head, while the face becomes red and blue—do not delay dropping 4 drops of Belladonna 9 D. in a wine glass full of water, giving one or two teaspoonfuls every three or four hours. Do not give any sugar water or acid fruit juices.

As a rule, such a treatment effects an essential and manifest improvement and the innumerable other remedies given in homoeopathic manuals are then rarely needed. Among these, however, the most tried are Cuprum, Tartarus stib., and Ipecacuanha. Of the latter remedy I use the first centesimal which still shows a plainly yellowish tint; showing that we have to do with substantial remedies, though finely divided. The specific relations of Belladonna to whooping cough is beyond all doubt, as is proved by a forty years' practice.

I will in conclusion only give the remarks of a mother whose children I treated:

But now many thanks for the powders. When the fourth powder was finished, Sigfrid's cough was also at an end, and we know not how to thank you. You have lifted a grievous burden from our minds and saved us many a wakeful night."

Her sister wrote soon afterwards: "Please send me some of the same

medicine which worked such a miracle with sister Fila's children. My girl has now had a severe catarrh for two weeks, and in the last four days this has been aggravated into whooping cough, especially this evening she had a very violent long continued spell of coughing. . . ."

Of course this child also received Belladonna, and I may add, with the same striking effect.—Hom. Recorder.

INTEMPIERANCE.

The following excerpt from an article in the Medical Brief contains some interesting figures and information:

"But in purity, and in lasting and fond remembrance of the loved and lost Frances Willard, will assail with might and main the potent trusts, who to-day are flooding the land with patent concoctions, a few of them as follows:

	Per cent. alcohol.
Green's Nervura	17.
Hood's Sarsaparilla	18.2
Schenk's Seaweed Tonic.....	19.8
Brown's Iron Bitters.....	19.5
Kaufman's Bitters	20.7
Paine's Celery Compound.....	21.5
Burdock Blood Bitters.....	25.2
Ayer's Sarsaparilla.....	26.2
Warner's Safe Bitters.....	35.7
Parker's Tonic	41.6
Hostetter's Bitters	44.3

I quote the above from the American Medicine journal, published at Philadelphia.

In fine, if—

	Per cent. alcohol.
Beer	2 1/2 to 6
Wine	10 to 20
Whiskey	25 to 40

These condemned as poisons, the vendors thereof maligned, persecuted sometimes it is too true, justly, by party or parties numbering approximately about one-fifth the population of our common country, in a word, what shall be said, or rather what shall be done to or with corporations who, without taxation, mix this poison crude, neither purified nor rectified, with more insidious and dangerous drug extractions, poisons or toxics, place them in all marts of trade, advertise with shrewd adroitness and cunning, with imaginary indications, fostering desires and unwonted tastes, by the aromatized little demon getting in his work too well. Maturing in time a typical debauchee to suffer a characteristic hell, and in a short time fill a drunkard's grave. I confess I have not conception or words to do the subject justice, and therefore submit."

REPORT OF THE COMMITTEE OF
MANAGEMENT FOR QUARTER
ENDING AUG. 31ST, 1903.

To the Board of Governors:—

The great prosperity which has attended the efforts of the entire working staff of the hospital during the past year, and which was so fully reported on at the last quarterly meeting, is still with us, and the Governors are to be congratulated on the great strides which have been made.

Even during the summer season we have been kept very busy, as the report of the Medical Superintendent will show, and there is every reason to believe that your committee will be in a position to present a still better report at the annual meeting, when the entire work for the year will be laid before the Governors for their consideration.

During the vacation season a great many of the long contemplated improvements were undertaken, and in most cases completed. To enumerate all that has been done would take up too much time at present, and even then would not be fully realized. We would earnestly request all who have the interests of this hospital at heart to make a thorough examination of the various departments now in operation and see for themselves what has actually been done. Your committee is of the opinion that this is the only way to fully realize the amount of alteration and improvement which has been made through the generosity and kindness of friends as well as through the revenues derived from the hospital generally.

From time to time we have received very gratifying letters of appreciation from patients as to the care and treatment accorded them while in the hospital, as well as commendations from outside medical men as to the improvements which have been made, one of whom but lately classed this hospital as "the neatest, brightest, and best conducted in the Province of Quebec." We would be pleased to have the opinions of our own supporters, they who in the past have done their share to raise the status of the hospital to its present standard, and so encourage your committee to still further exertions in the good work.

The Lady Superintendent has resumed her duties after an extended term on the continent, and we believe the work here will be much benefited thereby. During her absence the work was most admirably conducted by Miss Trench, to whom your committee feel greatly indebted for the very efficient manner in which she took up the work

at a time when it seemed as if we would be without the services of a Lady Superintendent, owing to the falling health of Miss Lorenz.

While much has been done, much still remains to be done, and one of the first things your committee would urge the governors to consider is that of better provision for safety of patients in case of fire, a need that does not require to be enlarged upon, so vast and far reaching is the necessity. The question of better accommodation for our nursing and domestic staff is also of paramount importance and improvement along this line must keep pace with the common advancement of the hospital. Your attention is also drawn to the need for improvement in our elevator facilities, as we have outgrown our present arrangements, and must look for some more modern and convenient means of handling our patients.

All respectfully submitted,

J. R. BAIN,
Secretary.

ARTHUR D. PATTON, M.D.,
Chairman.

ONE WAY TO FIGHT CONTAGION.

Charles V. Chapin gives most valuable suggestions about teaching cleanliness to children. Teach them not to spit. To spit on a slate, floor, or sidewalk is an abomination. Not to put the fingers in the mouth. Not to pick the nose. Not to wet the fingers with saliva in turning the leaves of books. Not to put pencils into the mouth or moisten them with the lips. Not to put money into the mouth. Not to put pins into the mouth. Not to put anything into the mouth except food and drink. Not to swap apple cores, candy, whistles or anything that is habitually put into the mouth. Teach them to wash the hands and face often. Teach them to turn the face aside when coughing and sneezing. Children should be taught that their bodies are their own private possessions and that personal cleanliness is a duty.—Medical News.



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TREASURER'S REPORT FOR QUARTER ENDING AUG. 31, 1903.

REPORT OF MEDICAL SUPERINTENDENT FOR QUARTER ENDING AUGUST 31st, 1903.

RECEIPTS:

Cash on hand June 1st.....	\$800.00
Patients' fees for quarter.....	2,252.12
Nurses' fees for quarter	147.75
Donations and subscriptions....	101.00
Bank of Toronto dividend	235.00
Dispensary receipts	6.21
	<hr/>
	\$3,542.08

DISBURSEMENTS,

Salaries and wages for quarter.	626.25
Petty cash paid out for—	
Groceries and provisions...\$62.00	
Medical and surgical supplies	114.85
General expenditures and laundry	11.48
Furnishings	12.58
	<hr/>
Repairs and painting (less \$10.00 for insurance)	200.91
Insurance	303.05
Special nurses	84.00
Mrs. Phillips (interest).....	18.00
Light	225.00
Telephone	59.00
Water taxes	12.50
Sundry accounts paid during quarter	64.02
	<hr/>
	2,443.80

\$3,070.55

Balance cash on hand Sept. 1, \$171.53.

Memorandum of amount owing on current accounts at Aug. 31st:

Amount owing Aug. 1st.....\$584.57

Add—

Groceries and provisions..\$312.93	
Medical and surgical supplies	35.43
General expenses	1.00
	<hr/>
	349.36

\$933.93

Less—

Accounts paid during the month	\$444.53
L. Paton & Son, balance written off	28.00
	<hr/>
	472.53

Balance amount owing Aug. 31st, as per balance sheet.....\$461.40

E. M. MORGAN, Treasurer.

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The work of the hospital during the past quarter compares favorably with that of the corresponding period of last year, the figures being a total of 96 patients for 1903 as against 81 patients for 1902.

As a rule we expect work to be light during the summer months, and are pleased to be able to report an unusual state of affairs in this respect, the first summer months being remarkably busy ones, exceeding any like period in the history of the institution.

The grand total of 96 patients is made up as follows:

June.....	32
July.....	35
August.....	29

Males, 41; females, 43; children, 12. Surgical cases, 37; medical cases, 53. Maternity cases, 6.

Deaths numbered four for the quarter.

Private and maternity, 47; semi-private cases, 24.

Public cases, 25.

Operations for the quarter numbered 25.

Private nursing in the hospital amounted to 79 days.

Outside the hospital and special duty, 11 1-2 days.

Of all patients admitted, those under homoeopathic treatment numbered 50.

During the absence of the Lady Superintendent, the position was ably filled by Miss E. Trench, one of our graduates, who had a particularly hard time during the warmer months, when sickness and press of work made her available assistance less than it should have been. In connection with this matter we would like to call your attention to the necessity of better accommodation for our nurses. We have no doubt that much of the sickness among our nurses last summer was due to the overcrowding of their sleeping quarters, as well as to the lack of room for rest and recreation after the arduous duties of the day.

A. R. GRIFFITH,
Medical Superintendent.

HOSPITAL NOTES.

WORK in the hospital was very light during most of last month.

THIS MONTH ends the hospital year, don't forget your annual subscription.

THE NUMBER of patients cared for in the past eleven months was in excess of last year's total.

THE MATERNITY annex has cared for 59 cases since its opening, bringing in a total revenue to the hospital of \$2,586.49, exclusive of its value as training for nurses.

DR. SCHENKELBERGER, our house physician, left on a vacation trip to Chicago. On his return he will engage in private practice. His successor has not yet been appointed.

A NEW opening has been made into the laundry on the basement floor, saving much time and many needless footsteps.

WE WANT a steam sterilizer for dressings, etc., for the operating room. How would it do for a Christ was present, slightly anticipating the season.

THE NEW exit from the laundry to drying yard greatly improves the working facilities, and saves time, labor and vapor.

NURSES' LECTURES began this month, with study at night in addition to their day's work. Call around some evening and see the facilities and room they have to do it in. You will surely be convinced that we need a new nurses' home.

IF YOU KNOW of any poor people in need of medical aid, send them to the dispensary any week day between 12 and 1. If they are too sick to come, let us know and we will try to help them.

A PROMINENT city physician said lately that our little hospital was one of the cleanest and brightest in the Province, and the nursing staff compared most favorably with all other schools. Encouragement counts.

THE NEW hardwood floor in the large private wards have materially enhanced their appearance, so much so that we would like to have all our wards so finished. The cost would not be very great for the smaller wards, and the durability and cleanliness is unquestionable. Wouldn't you like to invest about \$15 for us in this way.

THE REGULAR monthly meeting of the committee of management was held September 21st. Attendance was small, after reading of minutes, routine business was transacted. Owing to the proximity of the Governor's quarterly meeting discussion on matters of various improvements was deferred to next meeting when all the unfinished business of the year will be brought up and an attempt made to close out those of most importance. The next meeting will be held Monday, Oct. 26th.

DONATIONS IN SEPTEMBER.

The Lady Superintendent acknowledges with thanks the following:

- Mrs. Baker, 4 quarts preserves.
- Mrs. E. M. Morgan, 12 quarts preserves.
- Mrs. J. A. Sheffield, 15 jars apple jelly.
- Mrs. F. Scholes, magazines.
- Mrs. J. T. Hagan, 2 baskets crab apples.
- Flower Mission, W.C.T.U., cut flowers.
- The Misses Dow, magazines.
- Mr. W. C. Nicholson, installing three electric bells and one light.
- Mr. Alex. Lagace, painting iron fence.
- Mr. Jas. Kerwin, clock for diet kitchen.

SUBSCRIPTIONS AND CASH DONATIONS IN SEPTEMBER.

The hospital treasurer acknowledges with thanks the following:

Mrs. S. M. Baylis.....	\$5.00
Mr. S. M. Baylis.....	5.00
A Friend (per A.D.P.).....	5.00
Mr. O. R. Grauberg.....	1.00
Miss Von Liebig (collected).....	20.00
	<hr/>
	\$ 36.00

PHILLIPS TRAINING SCHOOL
NOTES.

Miss E. Scott, having completed her training, will leave the hospital this month to take up private nursing. Miss Scott is the first of the "03" class to leave.

Miss Johnson, of Granby, who was on probation, has left the training school.

Nurse Routhier was called to her home owing to the death of her mother. Miss Routhier has the heartfelt sympathy of her classmates and friends in this, her second bereavement since entering the Training School.

Nurses' classes began last month and lectures by the medical staff will be inaugurated about the middle of October.

Three of the senior nurses were out on private duty last month and the same number on special duty in the hospital.

Miss Egan '96, and Miss Duval, '99, have changed their residence, their new telephone number is Up 2491.

Miss Pangborn, '97, was a visitor to the hospital last month. She is living at her home, Rockland, Ont., and doing a little professional work. She found many changes from the hospital of six years ago.

Of the 25 graduates of our Training School, 14 claim this city as their residence and are more or less engaged in active practice. Five nurses married and two are dead. Three live in the United States, one in Scotland, and two in Ontario. Two of our graduates are superintendents of larger hospitals than our own. Of our former lady superintendents, one died in China, one is ill in Cornwall and one is in charge of the Toledo General Hospital.

HOSPITAL WANTS.

- Rugs for two private wards.
- Straight chairs (antique oak) for private ward.
- Preserved fruit, to fill cupboard.
- A barrel or two of apples.
- Sugar, flour, in barrels.
- Hardwood floors in private wards.
- A real elevator.
- Better nurses' quarters.
- Money for our winter's coal.
- A steam sterilizer.
- Your name in the visitors' book.

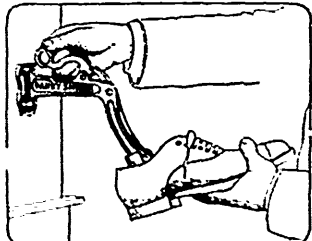
HOSPITAL REPORT FOR SEPTEMBER.

Number of patients in the hospital	11
September 1	11
Admitted—	
Private patients	16
Semi-private patients	7
Public patients	8
Maternity	1
	—
	32
Discharged—	
Private patients	12
Semi-private patients	9
Public patients	10
Maternity	2
	—
	33
Died	4
Operations	5
Number of days' private nursing	
outside	38½
Number of days' private nursing in	
hospital	24
Remaining in hospital October 1....	10
Viz.:	
Private patients	5
Semi-private patients	2
Public patients	3
Maternity	0
	—
	10

A hundred thousand dollars for the University of Pennsylvania medical laboratories have been donated anonymously.

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A WARNING AGAINST CROSSED LEGS.

"Uncross your legs," said a doctor.

"Oh, no!" said his son. "What's the use of being so polite all the time?"

"My boy," the father answered, "it is not on account of a mere rule of etiquette that I tell you to uncross your legs, but it is because leg-crossing is an injurious thing—a thing as baleful to the health as kissing or as microbes.

"When you cross your legs you fit the kneecap of the lower limb into the cavity under the knee of the upper one. In the cavity that you thus compress there are the two important exterior and interior popliteal nerves and a number of glands and blood vessels. Compression does not act well on these organs. It benumbs them and weakens and emaciates them. You feel the injury in a numbness of the whole leg—the leg goes to sleep.

"Keep on with the habit and your legs weaken. They become thin. They lose their shapeliness. It is only such men and women and children as never cross their legs who have strong and supple and beautiful limbs."—Ex.

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