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## The Western Home Monthly

Vol. XVI.
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## A Chat with Our Readers

The old adage "Time Flies" is brought vividly to mind as we realize that The Western Home Monthly has entered its sixteenth year of publication. Many of our friends tell us that they have been subscribers from 1899 when the first issue of The Western Home Monthly-a very modest publication in those days-
came off the press. We often wonder whether those pioneer subscribers have kept their copies intact and on file and, if such is the case, when comparing the present April issue with that of sixteen years ago they will surely feel pardonable pride in seeing the tremendous headway made by their favorite magazine and in realizing that they themselves, as the orignal subscribers, made a bigger and better Western Home Monthly possible. If The Western Home Monthy has made strides in the past, we hope that it will forge ahead even more rapidly in carefully written and edited articles, stories and illustrations-pretty good meas ure, we think-but our ambition is not yet achieved and we are going to continue pushing forward. Remember that the future of The Western Home Monthly rest with the present subscribers, and we feel sure they will respond nobly to ou appeal for new subscribers. This is essentially a publication you can recommend to your friends, for it is interesting in contents, independent in politics and
Canadian and British in ideals. Surely worthy of your commendation DOES PIN MONEY INTEREST YOU?
Spring and the early summer are times when most of us begin to count up our loose change and see how much we can afford to expend on a few little luxuries for the home or perchance our summer holiday may loom into view. If
you want to spend a little money, without encroaching in you want to spend a little money, without encroaching in any way on you
capital, we can help you. Yes, we can put you in the way of gathering a few capital, we can help you. Yes, we can put you in the way of gathering a few
-possibly many-sheckels by offering you an agency and appointing you repre sentative of The Western Home Monthly in your vicinity. We already have a large list of agents and we are receiving applications daily. Why not communicate with us about an zgency in your town? It will only cost you a stamp to hear what our proposition is, anyway. Wherever you live in the West you will find that the magazine is already well and favorably known and your work will be pleasant and easy
but we shall be well a great deal of time in the preparation of our Easter number bll we shall be well satisfied if our readers find it enjoyable. Every story, every welfare in in This magazine is yours whether your pleasures; in your housekeeping.
This magazine is yours whether you, are spending your days in the quiet of some delightful country home, or a busy man or woman of affairs in the great
metropolis, or a boy or girl who dreams wonderful dramas and builds marvellous castles in the air, The Western Home Monthly is for you and builds marvious Yours for service, help, and amusement. Yours for
or trouble. Yours at all times and at any time Western Home Monthly she ever so wise through experience, can pick up The use. ovations new features which we are constantly adding are meeting with genuine co-operation in this movement to extend the influence, pledging support and Monthly, and already many new subscriptions have been added.


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## AFTER THE WAR, WHAT

What great powers will begin to shape up for further conflict? One can see China, Russia, and probably a Mohammedan confederacy in southwestern Asia; he can see also a new India to the south and a developing but limited Japan to the far east. Away to the west will be Britain, and in between a number of smaller states which will be to the three great Asiatic powers, what Belgium now is to Gergreat Asiatic powers, what Belgium now is to Ger-
many. On this side of the Pacific will be another many. On this side of the Pacific will be another
great power the United States, whose policy in great power the United States, whose policy in
world matters must be the same as that of Canada (the greatest unit in the British dominion).
At present Britain and Japan are working in harmony, and the union is to the advantage of both. Should Japan aim at (what must be to her a necessity) an extension of territory, there may arise a conflict with China that will be ended only by another world's war. Should Russia as a result of her successes, have her appetite for war whetted, what will prevent her from impressing Slavic ideals upon the whole Eastern world? Indeed what is to prevent a conflict between any of these forces-Russ-Chinese; Russ-Mohammedan; Mo-hammedan-Christian; Yellow-White? There is only one thing that will prevent any or all of these conflicts-a determination on the part of all the nations at the time of settlement to begin afresh the conduct of the world's affairs in a new spirit and according to a new method. Unless this war is the beginning of peace, it is the most miserable failure. Nor is it absurdity to think that some such understanding can be reached. The militarists have had their day. Their pet doctrine is hopelessly confounded. It is not true that the surest way to prevent war is to be ready for war. It must be that so long as one nation is ready for war another must be, but that is not the question. We have reached that stage in experience and culture when it is possible to settle all international difficulties by arbitration or by sale and purchase, provided only bitration or by sale and purchase, provided only
there are no armaments. Take away from men there are no armaments. Take away from men
liquor and how many would get drunk? Take away liquor and how many would get drunk? Take away
guns and how many would fight? It is time the guns and how many would fight? It is time the
acts of peace had a chance; it is time the gospel of peace had a fair trial.
In the Atlantic Monthly, Bertrand Russell has well expressed it:
"It is even more necessary to alter men's conception of glory and patriotism. Beginning in childhood, with the school text books of history, and continuing in the press and in common talk men are taught that the essence of 'glory' is successful robbing and slaughter. The most 'glorious' nation is the one which kills the greatest number of foreigners and seizes the greatest extent of foreign terriers and seizes the greatest extent of foreign terri-
tory. The most patriotic citizen is the one who tory. The most patriotic citizen is the one who
most strongly opposes any attempt at justice or most strongly opposes any attempt at justice or
mercy on his country's dealings with other counmercy on his country's dealings with other coun-
tries, and who is least able to conceive of mankind as all one family struggling painfully from a condition of universal strife toward a society where love of one's neighbor is no longer thought a crime The division of the world into nations is a fact which must be accepted but there is no reason to accept the narrow nationalism which envies the prosperity of others and imagines it a hindrance to her own progress. If a better and saner world is to grow out of the horror of futile carnage, men must learn to find their nation's glory in the victory of reason over brute instincts, and to feel the true patriotism which demands that a country should deserve adwhich demands that a country should deserve ad-
miration rather than extort fear. If this lesson can miration rather than extort fear. If this lesson can
be taught to all beginning with the children in the be taught to all beginning with the children in the
schools, we may hope for a lasting peace, and the schools, we may hope for a lasting peace, and the
machinery for securing it will grow out of the universal desire. So long as hate and fear and pride are praised and encouraged, war never can become an impossibility, but there is now if men have the courage to use it an awakening of heart and mind such as the world has never known before: Men see that war is wicked and that war is foolish. If the statesmen will play their part by showing that war is not inevitable, there is hope that our children may live in a happier world and look back upon us with the wondering pity of a wiser age.

## THE COST OF LIVING

Not how much but how little: Well the experi Not how much but how little: Well the experi
ment has been tried. Down in Chicago a man named Charles G. Dawes built a great hotel to keep alive Charles G. Dawes built a great hotel to keep alive
the memory of his son. He decided to run the hotel the memory of his son. He decided to run the hotel at cost, and to let those who roomed and boarded
there get the benefit. During the year 179,000 men there get the benefit. During the year 179,000 men stopped at the hotel at a cost of 14 cents for a bed and a meal. The hotel is run like any other, but the capital is so used as to make the cost of lodging and eating almost nominal. Mr. Dawes wishes it be understood that the hotel is a bus
and that its customers pay their way.

The idea is being taken up for other cities. By careful management many live amply and respectably on a few cents a day. It really requires little money for a man to live. The Dawes hotel is run as decently as any in Chicago. The rooms are clean decently as any in Chicago. The rooms are clean
and in order, and the custom genteel and honorable. and in order, and the custom genteel and honorable.
There is a good lesson for everybody in the Dawes There

## The Place to Die

How little recks it where men die When once the moment's past In which the dim and glazing eye Whether beneath the sculptured urn The coffined form shall rest, Or in its nakedness, return Back to its mother's breast.

The soldier falls 'mid co
Upon the battle-plain, Where reinless war-steeds gallop wil Above the gory slain; But though his corse be grim to see Hoof-trampled on the sod, What recks it when the spirit free
Has soared aloft to God?
were sweet indeed to close our eye With those we cherish near, And wafted upward by their sighs, Soar to some calmer sphere;
But whether on the scaffold high, Or in the battle's van,
The fittest place where man can die
Is where he dies for man!

## ECONOMY

No one would be so foolish as to think that the affairs of a country could be administered for nothing, and all good citizens are willing to be taxed directly or indirectly to pay a reasonable cost of administration. There has been a growing conviction on two points-first, that the cost of administration is not reasonable, and second that the tax levied upon the people is not evenly distributed.

With regard to the first point there need be no argument. It is not alone in national affairs but in affairs pertaining to the provinces that excess has run riot. No words are sufficiently strong to condemn those who have been responsible for unwardemn those who have been responsible for unwar-
ranted expenditure. What with the bonusing of ranted expenditure. What with the bonusing of
railways, the erection of palatial public buildings, railways, the erection of palatial public buildings, the squandering of immense sums on unprofitable public works, there is scarcely a province that does not feel she pinch of poverty. Yet as a nation, Canada is richer in resources than any other that can be named. Our statesmen-save the markhave not learned the meaning of economy; they have acted like boys who have just come into an inheritance, and who desire to show the world how lavishly they can expend their income. The thing is disgusting-not only wrong, but in exceedingly bad taste.
With regard to the second point it has only to be said that the present method of raising funds by indirect taxation-through a tariff-is monstrously unfair to certain classes. It is all very well for manufacturers to clamor for a high tariff, and to endorse the horizontal rise of seven, and one-half per cent. It is a different thing for a man to realize.
that for every dollar he earns, he pays out thirty ents to these manufacturers for the privilege o earning the dollar. That is what it amounts to A twelve dollar suit is taxed about four dollars; a three dollar pair of boots is taxed over one dollar; a hat is taxed another dollar, and so it is all the way through. The only free thing is air-and one way through. The only free thing is air-and one
can't get much of it in small rooms, which is all he can't get much of it in small rooms, which is all he
can afford to live in. Conditions are becoming incan afford to live in. Conditions are becoming intolerable. Direct taxation would make people watch
those who are responsible for legislation and adminthose who are responsible for legislation and admin-
istration. Before long we shall have it, unless istration. Bef

## THE JITNEY

It has struck western Canada, and it is here to stay-the jitney. Up till to-day the man who stay-the jitney. Up till to-day the man who wanted a ride had to take a street-car or trust to
the luck of striking a friend who owned a car. Now, he is part owner of a car, for all practical purposes, he is part owner of a car, for all practical purposes,
and can ride for one or two miles for five cents. and can ride for o
The jitney is going to strike hard at the street railway. It may make it impossible for the'railway to pay dividends-at least dividends of twelve per cent. It will strike harder at the taxicab and bus business. A good illustration of this was at the Panama Exposition. A bus company was organized and began a most promising business, the charge of transportation to the grounds being seventy-five cents. Then came the first jitney. In a month there were 1,500 jitneys and such a business did they carry on that the bus company went into the hands of the receiver. The jitney in the cities of Western Canada will accomplish a similar purpose.

Last summer I engaged a taxi for an hour in order to visit the park. The driver saw that it took about 10 minutes over the hour. The cost was $\$ 7.00$. That was a pretty good charge and surely paid interest on investment, salary of the chauffeur, and everything else. Indeed I have reckoned that the owner was making over 1000 per cent on his investment. Along comes the jitney. I can now go to the park with my friends, stay for an hour and then come back in another jitney for just 60c., or if double fare be charged on account of distance for \$1.20. Being forced to economize, I am not to be blamed for taking the jitney; being desirous to spend some time in the park rather than on the spend some time in the park rather than on
way to the park, I am sure to take the jitney This is how the thing is going to work out. Those This is how the thing is going to work out. Those
who have been practising a hold up game are being who have been practising a hold up game are being called. Their day is done

There is room for the jitney in other fields, and it is safe to predict that there is to be a general shaking up. Let us give two illustrations. At the store in the fall I can buy green beans for 15c. or 20c. a pound. Twenty miles away they can be had from the producer for 2 c . (This was actually the case last fall.) Here is a chance for the farmer to get out his jitney. The trouble with the farmer is that he has not organized as yet. He enters the city on his own account and instead of charging two cents or five cents proceeds to ask the saming two grocer. The people are not looking for bargains of grocer. This kind. But let the producers enter directly into this kind. But let the producers enter directly into
the field to supply city people during the fall months the field to supply city people during the fall months
with cheap vegetables and they will soon capture with cheap vegetables and they will soon capture
the trade. The consumer will welcome the vegetable the trade. The consumer will welcome the vegetable jitney. Or to take another case. Here is a new novel. It costs about 29 cents or 37 cents to print it, yet because it is new it is marked $\$ 1.50$ and sold for that. Of course there is a difficulty here because of copyright; but thank goodness that there are some publishers willing to "jitney" the publishing business so soon as a copyright expires. Thank goodness too that good magazines are to be had at less than actual cost. There are unscrupulous dealers in every line. The "jitney" has attacked one great line-transportation. Look around and see if there are not some other lines that can be "jitneyed." How about lawyers' fees, doctors' fees, fees for service on political commissions? By all means let us have the "jitney" idea extended until it attacks every form of extortion. The man who enters the

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labour in the ordinary kitchen.

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## W. Clark <br> Montreal



## The White Stag of Glencoe

## Written for The Western Home Monthly by W. R. Gilbert

$\square$ HERRE is something about a white' stag which arouses the interest
and appeals to the imagination of everyone. He is a beast part and seems marked out by nature for some high fate; his fame soon spreads in the disin peace-at any rate, until he has reached his prime, and often later. The real interest of a white stag lies in the fact that he is distinguishable from his fellows beyond any chance of and his stature and antlers compared with the memory of those of the year before. Nothing adds so much to the interest of a day's stalking as the recognition of old acquaintances, and so well they rarely fail to recognise any good east they see.

- It is peculiarly satisfactory when one has secured a good stag to be assured that he is the very same as your friend, Major Whackthorn, missed last year; or, when you have yourself missed
one, to be informed that yon beast bears


About 200 Fiji colonists have just arrived in Come the Patriots of Britain
They are all well-to-do men and have fifted themselves out with karticipate uniforactive servic:
ment. Some of them are cqui;
 a charmed life; he was missed last week One fateful day in October I was sent by the Captain and at the end of the out with Sandy on the east beat. It was preceding season by your host. An a glorious, fine day, with all the you that these encounters are authentic. of a long spell of splendid weather, durYou hear how blown the Major was at ing which the surface of even the soakthe top of the brae when he took his ing peat of the Monadliadhs became Dan's advice to impatient to listen to quite dusty, a thing I never saw there language la used when he rolled into before or since in the stalking season. peat bog later in the day; how the Cap- high ground, and spied a lot of doer in tain's first bullet took a tuft out of the Glen Brayne. The glen was both deep beast's back, while his second went and steep, and when we got above the between the forelegs, and how your host, deer we saw there was a good beast yards' sight when the distance was lying in the long heather below us. barely a hundred, and his bullet only and as founders, we crossed the skyline just missed an old hind standing on a view of the deer, which are such a fasknobble behind.

Unfortunately, experience does not cinating manner of approach. It seemed warrant an implicit faith in these recognitions. In the course of a long stalk,
it is not uncommon for the quarry to change his identity more than once, and only this year a friend of mine bought the same stag to the larder on two consecutive days, only to hear that he had been seen on another beat the week fol.
lowing. But a white stag beyond sus picion. gone years was that of Glagnoe. He owes his fame largely to the fact that the forest of Glencoe Was, for some years after he first made his appearance,
tenanted by that first-rate sportsman and talented artist, the late Mr. Edward Ross. There is a sketch of the beast by Mr. Ross, dated $18{ }^{-} 3$, in which he is described as being then four vears old.
It is a water color sketch, and the stag It is a water color sketch, and the stag is depicted as being white, with perhaps
the least tinge of cream color, with a nice little head of eight points.

There can be no doubt that the sta was at that time as painted by Mr koss, who was a highly trained and most careful observer. He really did used to stalk and sketch them sease and fter season, never firing a shot excep at a beast which he considered ha eached its prime. When he did fire there was not much doubt about the esult. The white stag was born in Glen with its a seet in the low ground glen, Whitebridge and its head far up in the mists of the Monadliadhs. High in the len lies a big stone, and behind this the white stag was dropped one day in June by his milk-white mother. So said Rory, the old stalker, and there is, apThe father never disclosed himself, and ve must follow the French law which forbids all search for the father in such a case. At any rate, he must have been
of normal color or he would have been quickly detected.


Winnipeg, April, 1915
beast not a hundred yards away. Sandy became more and more positive it was
the white stag, so there was nothing left the white stag, so there was nothing left
to do but take down the rifle and admire his fine points until he should rise and we could make sure of his identity. Eventually he got up and displayed a pair of lightish roan-colored haunches; the rest of his body appeared perfectly normal in color and I do not believe he had been roling in the peat, though so
late in the season it was very probable. Sandy said at once that he was the white stag sure enough; he was a good beast; we put him at 17 sts, the rifle back in its cover, and crawled quietly out the
way we had come. The day was not a way we had come. The day was not a
blank, though it promised to be so. We had a very long stalk in the afternoon, and I finally shot a fairish stag just after six in the evening, very late for Oct. , so for nort. Trecollect the fire belched from my rifle at the shot
On my arrival at the lodge, burning With conscious pride at my self-restraint,
Ifound it had been decided to shoot the white stag that season, and I was upbraided for my folly instead of being the hero of the evening. Such incidents make cynics of the young.
About a year later I was unexpectedly confronted one evening in the smoking room of a country house with a picture

## The Westepn Home Monthly



Russian Grand Duchess and Danish Princess Help in English Hospital for Wounded. The royal families of the warring nations and even of neutral countries have been highly
atctive in various phases of the war. The members of the gentler sex have invariably
det devoted themselves to hospital relief work This picture take at Aarragate, an English
health resort, shows Princess Margaret of Denmark (on left) and the Grand Duchess Georse

entitled "The White Stag of Glencoe" to hatch in decomposed vegetation, in an illustrated paper. This time he warm sandbanks, and under stones. A was on the back of a pony, and I ob- large number of species produce their
served that his light-colored haunches young alive, the eggs being contained were turned to the camera, and that the in the oviduct until incubation is comrest of his body, which looked quite plete. Amongst this class may be normal, was suspiciously in the shade. mentioned the rattlesnakes and vipers. few points. The letterpress stated that Reptiles manifest no affection for and he was shot in Glen Brayne, he was al- it has been stated that the English ways a stay-at-home beast, and that he viper will swallow her young on the had been found to be suffering from approach of danger. Rewards have been
kidney disease. No allusion; as far as I Kidney disease. No allusion, as far as I
remember, was made to his color except in the title of the photograph. An ignominious epitaph for such a famous beast. offered for conclusive evidence of this but have not yet been claimed.
A poisonous snake is readily disIt would be interesting to know two long needle shaped hollow teeth whether stags, which are born white and the blow is struck. The bone supporting remain so for many years, usually as- the poison fangs is hinged, so that the
sume a more normal color in middle age. fangs may be bent backwards when not sume a more normal color in middle age. opposite direction, and man is no excepTion to the general rule. There was a white stag on the marches of Ben Alder and Corrour, which had much the same appearance as the Glencoe stag as painted in 1893. There was probably an agreethese two forests to spare him, at any rate for some seasons, and the tract of country at his disposal was so extensive that he stood every chance of coming to maturity. Let us hope that he escaped the disease which attacked his famous "., the tessor, and that his head may long the envy of those fortunate enough s spy him. fangs may be bent backwards when not These
These teeth are the only "sting" a tangue can do up small insects as food
The non-poisonous snakes
fangs. Their teeth consist of a file-like bone with the points all turning inward so that it is impossible for a struggling victim to escape or for the snake to disgorge anything it has once started to
swallow. The neck and body extend to an unbelievable extent in order to allow or the passage of the food.
During the winter hybernation takes place in holes in the ground, amongst
all Canadian snakes.

Snake Notes
By S. J. Wigley, Edgerton. Could we but overcome our natural in the study of these should find much and amuse us; but a club is generally our first requisition when we start to investigate snakes and as often as not imely farmer's friend meets an untimely end.
Once a
Once a year snakes shed their skins in order to allow for growth. Previous to
doing this the reptile becomes sluggish in movements and partly blind owing to the outer scale over the eyes becoming loose. The skin bursts at the neck and the animal works its head through the opening and with the aid of rough grass
divests itself of its old coat This divests itself of its old coat. This
operation is performed in early summer operation is performed in early summer
and the cast off skins may be often found in haying time. All siakes swallow their food whole-those with a poison gland kill their prey first; those without either crush their victim or swallow it alive. Among those that kill
their prey by constriction are the their prey by constriction are the
Pythons and Boas which though not poisonous are dangerous because of their huge size.
Many snakes reproduce their young by laying soft-shelled eggs that are left

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of dolars owriters. Send us your song poems or
melodies today or write for instructive booklet

## The Coming of Comfort Stanley <br> \section*{Written for The Western Home Monthly by W. R. Gilbert}

The verandah of Mossley Farm was ool and shady of a summer afternoon. it was on the east side, and only in the peep in at the windows through the peep in at the windows through the scented sprays in a hipping shadow dance ver the red-tiled floor.
Mrs. Osborne stood with her knitting among the shadows of the doorway, her She a study in neutral tints. ive years ago, when masterful Set osborne bore her away from all rivals perhaps it was because of these same Strang he was so keen to win her. armangead, its rich acres, gardens, and orfarmstead, its rich acres, gardens, and or should be so poor spirited a creature. But when they saw the master they wondered no longer. Five-and-twenty years with him accounted for the furrows on the wife's brow, the blue eyes of lips that were moulded for smiles. Maggie Osborne had made a false start, and she had never recovered her lost round, she had merged her will in that her and worse for him.
The grip of the tyrant tightened as time went on till it crushed the vitality out of her. That was why Maggie Osborne, after twenty-five years, was
like a pale blurred impressionist sketch like a pale blurred impressionist
of pretty vivid Maggie Newton.
of pretty vivid Maggie Newton.
She had had no share in her only son, except the agony of bringing him into the world. He was Seth Osborne's lad, to be
nursed, clothed, and sohooled as his nursed, clothed, and schooled as his father ordered.
The lad had his father's spirit; there were outbreaks of rebellion, when the poor mother could only stand by poweress to save him from rough handing. Arnold Farmer Nicholson's Nancy, a rare hand at poultry rearing and butter making.
She was a plain young woman four years Arnold's senior, but that did not a dowry. Seth's foot was down that Arnold skould marry Nancy Nicholson. But Arnold could plant his foot too. He reffused to put the question to Nancy, the truth being that he had a sweetheart and none other.
He gave no reason for his refusal, except at thrree and twenty a man has a right to choose for himself.
There were fierce outbreaks of rage
from the father from the father, and dogged revolt on driven from home.
That same afternoon, while Mrs. Osborne stood among the shadows with her knitting a young girl was walking
briskly up the steep rise from the village briskly up the steep rise from the village
to Mossley Farm. to Mossley Farm.
and fear in her brown eyes, a clear pink came and went in her cheeks, her red lips were set in a firm line.
In truth she knew she had started out on a daring errand, but she had a strong
will and a dauntless spirit, and she meant to oarry it through if possible A thrill shot through her, and she halted on her step a second, at the sight of a big muscular man in corduroy trousers and grey flannel shirt, open at his strong sinewy throat.
his shore, grizzled beard nearly covered his face, and what could be seen was
tanned as if by walnut stain. His whole appearance was of the land, and the smell of the fields clung to him. It was Seth Osborne's boast that he was no gentleman farmer above his business.. "It takes the master's eye and, he said. If he had lived in another age He gripped the upper bar of the gate,
and glowered down at the under his grizzled brows. "What's your wrill, lass?" he a.sked, roughly. are You Mr. Osborne?" she asked. Osborne. What of that?" he growled.
"I saw in the paper that you want a ing the place."
He gave her a long stare, summing her up, as he would have done the points of a ho a tidy ", he said at last, "you do look a tidy lass. But what do you know "Mother and I had a cottage on Dart. moor after father died. Then," her voice trembled, "mother died, and I went among strangers. Have been a mother's help. Here are my references." "References!" He waved them
brusquely brusquely aside. "They're mastly lies. pleases me. I'm willing to try you. pleases me. I'm willing to try you.
Mind your work, aud I'll keep you on. Shirk it, and I'll give you the sack. What's your name?" The question came like a pistol shot. The girl started and flushed.
"Comfort Stanley," she replied "Eh, what? IStanley's not a name of these parts."
"We're Devonshire folks," she said. "Father had a church on the moors." "A poor parson's daughter, eh? Why did they call you "Comfort?" He gave her an odd searching glare.
came a month after father died," she explained, ort!" His mouth twisted sourly, "Well, come along with me, and see the mistress. I'm giving her an extra hand with the fowls." followed him to the rear of the
She house. Mrs. Osborne looked up at the sound of his heavy step. The new maid noted the shrinking fear in the blue eyes.
Maggie," bringing yaid bou a poultry maid, you some steps of a morning." The eyes he turned on his wife seemed to crave forgiveness for something he had robbed her of . It was as if he was trying to
make it up to her. make it up to her.

## FOOD QUESTION

Settled with Perfect Satisfaction
It's not an easy matter to satisfy all the members of the family at meal time, And when the husband can't eat ordinary food without causing trouble, the nood question becomes doubly annoying.
"My lady writes: no appetite for anything I could get for him, it seemed.
"He suffered severely with stomach trouble, was hardly able to work, was taking medicine continually, and as soon again only to give up in a few weeks. "One day, seeing an advertiseme about Grape-Nuts, I got some and he tried it for breakfast the next morning. "We all thought it was pretty good although we had no idea of using it regularly. But when my husband came "It at night he asked for Grape-Nuts. "It was the same next day and I had $t$ get it right along, because when we
would get to the table the question, 'Have you any Grape-Nuts' was a regular thing. So I began to buy it by the dozen pkgs.
"My husband's health began to improve right along. I sometimes felt of thought he would like fe something I still hear the same old question, 'Have you any Grape-Nuts?' "He the last two "He got so well that for the last two years he thas hardly lost a day from his work, and we are still using Grape-
Nuts."
Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human
interest.

## Winnipeg, April, 1915

"Her name's Camfort, Comfort Stan- and the milk pail over a time or two ley. Happen she'll be a comfort to you. yielded her milk kindly to the deft She's a Devonshire lass. Father was a gentle fingers. ${ }^{\text {F }}$. poor parson-married on nought as par- In fruit time it was Comfort who ons do, and left wife and girl to shift for "I didn't tell you tnat!", she flashed out. "Father was a saint. All the moor loved him."
"Well, well," Seth Osborne waved his hand. "We'll not quarrel over it. Saints don't have much truck in this world hey'd best keep from bringing other people into it." look from the girl's ushed cheeks to her husband's face. flushed miracle was this? A poultry
What dianing ot stand up against Seth,
maid dar and not getting set to the right about! Seth smiled a wan little smile. "'ll she said. And the girl's warm heart $\overline{0}$.nt out to Maggie Osborne among the shadows. Comfort went out into the dusk of the garden that evening. She loved all
simple country things. She drew deep


## Who will help me count those toes?

breaths of the June roses that were sending up their dewy incense to a pale
young moon. It was a delightful change from the drudgery of being mother's help to five small children. There had been a short love idyll, a year of joy
and hope, then fate had stepped in to and hope, then fate had stepped in to part dream! cant believe it! It must be a attic nursery! Is it really true that I am poultry maid at Mossley Farm-
that I have passed muster with the that I have passed muster with the
master? master?"
Ste raised a white rosebud to her lips, that had last answered to her young
lover's kiss, as he bade her what might be a long farewell.
Bess and Letty, the dairymaids were friendly to the new comer. "You stand by the mistress, and we'll stand by you," Bess said. "She have been sore put upon, she have. Thie
tryside, likeliest
folk
lass
do say in the countryside, folk do say he she was
twenty-five years ago, when master wedded her. And look at her now!
All her bonnie hair went white when All her bonnie hair went white when
master turned Mr. Arnold from the Comfort's heart welled over with pity for the sad-eyed mistress of Mossley her duties as a farmer's wife. Her but ter took first prize at the show, her poul try repaid her care; but it was as if the Spirit had gone out of it all, the spring Comfort's abounding energy overShe learned to milk innels of farm work. laid up with a mad hand, the most skit. tish of the Kerry cows, after turning her
"Ay, ay; that's a way of speaking," he ran his fingers through his beard selves. It's the fools that lets the chances slip."
Seth Osborne had nipped in the bud the little wifely cares that are the smal coins of happiness, and so Maggie, hi But now Comfort had his oarpet slip pers warming on the hearth, his paper at hand, his pipe ready filled when he set himself down. He took it all in his lordly fashion as the master's due, givin by it. notice that after a glance ove the pape he laid it aside unread, and pulled hard ${ }^{\text {at his pipe }}$
"May I have a look at the paper?" she asked one evening
"It's rascally poor print they're put ting into it. Read me any bits of new you fancy, girl.
After that Comfort read the paper aloud every evening, while Mr
knitted, or went to bed early
knitted, or went to bed early.
One morning Seth Osborne drove of in the buggy. It was not a market day but no one ventured to ask him where he was going. Late in the evening he
returned. They could hear him asking returned. They could hear him asking
for the hired man i.t the yard. for the hired man i. the yard.
He flung himself into the chair, re
fusing pipe and supper, and presently fell into an uneasy doze.
Mrs. Osborne had gone to her room; she was alling more than usual on account of the heat.
Comfort was about to follow her
when Osborne woke up and called he
back.

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## PLAYTIME

## THE PLAYTIME

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Stop a minute, lass! I've something to tell you," he said heavily. "I'd soon know it you irst. The mistress will ticed I wasn't keen on reading the paper this while back. I made out it was the bad print, but well enough knew it was mine eyes that was shirking work, I went to the eye doctor in town to-aay. He says it cataract, and lil have to give in to an operation as
soon as they're ripe for it. Eh , my lass, it was sore hearing, that was!") With a groan his head sank on his clenched hands.
Comfort laid a soft hand on the grizzled head.
the am so sorry", she said gently. "But the operation will make them all right."
"No! no! they'll put none of their knives into me. If it's the Lord's will I must bend to it. A' blind farmer, and the men shirking their work, with no master's eye on them. It's a bad job, can home
The quick red flew to Comfort's cheeks, her heart seemed to rise to her throat. But her voice was calm and clear.

Wrenth the late sum rength ebbed away. . Igot his address out of a lette


## A delightful pillow

"Why not bring home your son 9" she in her desk, and I have bidden him
asked. He started as if sho had struck home. But it's on my own terms," him. "We started as if she news of the young masters," blustert son? I have no son!" he coming was a fresh lease of life for blustered. "The mistress has been putting you up to this!" said quias never named him to me" she said, quietly. "What did he do that you sent him away?" stormed. "How dare you take me to task." In the das that foll In the days that followed Seth Osborne fought with all his iron will
against his growing blindness. He was against his growing blindness. He was lurched over his fields. It was only in the evening that Comfort could wile him into forgetfulness of his loss by reading the bits of news out of the local paper. It had been the Osborne custom, father to son, to read from the Bible of a
Sunday night. Going through the Gospels Comfort came to the story of the Prodigal Son. Seth Osborne leant forward in his chair, his elbows on his knees, his chin on his clasped hands. He raised his head as she finished, and
crashed one mighty fist on the table, making the lamp jump.
"Don't you be thinking you're gettin at me and my boy Arnold. when you're reading that, girl!" he cried angrily. "He was a decent lad, was Arnold. He wasn't a prodigal."
Mrs, Osborne sta
Mrs. Osborne started off, flinging out appealing hands.
"Hold your tongue," she cried.
and groped his way out of the kitchen. "I'm not talking to you."
coming was a fresh lease of life for
Maggie Osborne. Buoyed up by hope she came back to her round of duties. She was very pitiful over her giant shorn of his strength.
Arnold will soon be home, Seth?" she
"Ay, ay," he said, dryly. "Comfort was saying it would save me doctor's and drugs. But I let him know he should wed the wife I've picked for him, or he't fancy that because I'm a blind man that I'll not be master in my own house."
"He'll never wed Nancy Nicholson," she sighed.
"Will he not?" Seth's lips twisted in an odd smile.
Comfort
silver haze of an autumn gavenin in the ing. The fresh clean smell of ripening fruit was in the air. Someone was coming up the hill-
tall, young fellow, with striding tall, young fellow, with striding steps. Comfort whistled a clear blackbird
call. It was a signal of the old love trysts. Arnold Osborne stopped short gazing around him, and up into the boughs of an overhanging tree.
comfort swung the gate open. He passed through, raising his cap. Her
brown eyes followed him with a smile of love and mischief.
He wheeled sain
next moment she was in at her. The lips on hers.

Mrs. Newlywed says
"I find it so hard to economise, but I must do so for a while."

Mrs. Wiseneighbour says
"Why not do your own washing? It isn't hard if an EDDY washboard is part of your equipment. I have a "Household Globe," t's a wonder workerloosens the dirt so easily and I never tear the clothes.'

Winnipeg, April, 1915
The Western Home Monthly
"What does it mean! Why are you here?" he asked presently.
"I'm poultrymaid at Mossley Farm," she laughed merrily. "The master to," she laughed merrily. He didn't guess who 1 was An, oh, Arnie, I love Mossley, Farm, and your mother and the master." "You love my father?" He gave her a doubtful look.
"Yes, I do," she held to it. "And Arnie, dear, he's blind. It's cataract, but he won't have an operation, though the doctor said he ought. He wouldn't have fetched you, but your mother was pining away for a sight of you, so he gave in." "Ay, on his own terms," said Arnold meant well in coming here but he sticks to it I am to wed the wife of his choosing,"
A week passed and Arnold was still at the farm.


Dog tree in bloom, Victoria, B.C
Seth was in milder humor; a son's eyes were over the men, they could not Then one night, standing at the or ohard gate with Arnold, he spoke his mind.
"T'll not deny you're eyes to me Arnold, lad," he said, slowly. "But you word. I well, never you to bide back on mome my own terms. If you'll wed the wife I've picked for you, you'll be welcome to the old home, and all I have will be yours in the long run."
"I'll never wed Nancy Nicholson father,", said Arnold, steadily. Nicholson?" he desing you to wed Nancy who son?" demanded. "It's the las and mine, since your mother's comfort, lass of Mossley Farm - -the sunshine lass of Mossley Farm-young Comfort
The blood mounted to Arnold's brow A great joy overflowed his heart. But away to his father.
"Comfort Stanley?" he repeated. "Ay father, I would wed her willingly, "Try her lad."

No poet voices praise
The ringing rotes ye raise,
Nay, chanticleer himself doth sweetlie
His farmyard trumpet clear
When first the dawn is near,
And gaping milkmaids make their morn ing round.

Your artless anthems range
Along the stops of change,
"The snows are gone," ye pipe," "and snows are gone," ye
bluebirds come!

$$
\begin{aligned}
& \text { Times' at the dewy turn } \\
& \text { When dandelions burn: }
\end{aligned}
$$

When dandelions burn;
In you bare boughs o'er long the bees will hum."

Pipe, then, your vernal theme, Pipe on, though eyes may gleam,
Mid your keen chorals, through a mis'
For with your notes come back
Old things we love, but lack,
And dear, dead faces out of vanished years.

Aye, but to hear that hymn
Arnold found his sweetheart in the God's saints, mayhap, shall cease from
"Father has found a sweetheart forme, Along the wall to listen,
Comfort," he said. With down-dropt eyes that glisten, She looked at him with sweetly start- And sighing, say, "Tis spring in our old
earth."
"Nancy Nicholson," she breathed. "No, it's not Nancy Nicholson. What do you take me for, sweetheart? It's
the girl he calls the sunshine lass-Comfort Stanley. He'll turn me adrift if I can't get her to take pity on me."
"Then you shall not be turned adrift,

The Frogs In.Aprii
By William Hervey Woods
Not for the world's delight
In the wet, moonless night
lift your litanies, 0 tuneless choir
To one high note and shrill,
Piping your own wild will, your dark
and mire.
heavenly mirth
Along the wall to listen,


## What Your Hair Needs

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## A Tale of the Ragged Range

Edith $G$. Payne

PART I.

STSTARRY dusk had fallen upon the foothills and the heavy dent of a late August evening glistened among the shadows by the roadside emerged from the barracks yard at Briggs' Landing and took his way along
the old northern and now seldom-used the old northern and now seldom-used
trail which led over the mountains into trail which led over the mountains into
British Columbia. The moon had not yet British Columbia. The moon had not yet
risen but the prolonged twilight diffused a soft radiance over gray road, scrub bush and hillside and the mare appeared to know her way without much yuid-
anne, stepping along confidently, ears nance, stepping along confidently, ears forward, lusting for adventure, even as
her rider, the dead branches of old windfalls crackling under her feet like whiplashes.
"Take any route you please, but round up those rustiest," had been the C. O.'s instructions. "'rm tired of com plaints from Bar X ranch. Another has
just come in. Sight their lair, if it takes you all of a month. Then tole graph , from Hinton or Cliffedge for posse.
It was a "ticklish" errand, requiring nice diplomacy and the utmost caution, hers was a cool, desperate and utterly relentless man, combining rough bravado and cruelty with a foxy cleverness, and invariably outwitting the Mounted Po lice. Obviously a detachment of the force could not be spared unless capture
were certain. Too often had Alkali Sam slipped through the net before, and he was somewhat of a joke at the barracks. It was with little elation therefore that John Danforth received the brief order to ride eighty miles into the mountains on what he privately considcred a wild-goose chase; yet the jour-
nev, irrespective of its purpose, held the spice of adventure and Danforth yielded to its lure.
He planned to cover the greatest posvibe amount of territory during darkhess and come upon the rosters sometain fastness. So he spurred the mare along and rode rapidly through the
night. The trail wound up over the night. The trail wound up over the Ragged Range, the ascent becoming norrower and more perilous with each step but about midnight the summit was
achieved and Danforth halted on a ridge which flanked his trail and gazed downward where a thousand feet below the Fraser wound its tortuous way, thundcering through Red Canyon. As he paused momentarily on the edge of the
beetling bluff, a ribbon of smoke, gray beet ling bluff, a ribbon of smoke, gray
and wisp-like rose in the dim moonlit
distance hanging shot -like over the wallace hanging ghost-1ike over the
valley. At the same instant the shrill whistle from a train rent the stillness
with astounding suddenness, echoing and with astounding suddenness, echoing and
reechoing a score of times and finally re-echoing a score of times and finally
trailing a way among the confines of the eastern mountains. Then, piercing the inky blackness of the valley below, a meteor-like stream of light appeared
followed by a winding tail of lesser followed by a winding tail of lesser
lights, flickering like a myriad will oo'lights, flickering like a myriad will-o'-
the-wisps, in the gloom. Sliding noiselessly through the canyon this snake-like apparition vanished as suddenly as it had come.
Danforth knew it must be past midnight and he rode on now at a foot-pace. Becky was exhausted and man and beast
were hungry. Dismounting and leading
the spring gurgled invitingly, Danforth made
shown to a col le where a little a fire of twigs and boiled some coffee in his tin canister. In the saddle bag were
a bundle of hay for the mare and his a bundle of hay for the mare and his
own cold lunch and after this short halt own cold lunch and after this short halt
for rest and refreshment, the first gray streaks of the summer dawn began to
appear over the eastern range and Danforth again took up his journey, his eves
mechanically seeking out the distance and the reins lying loosely on the mare's
neck. neck. PART II.
The little teacher of Red Ridge schoolthe frit. "Mrs examination papers of
the autumn turn and outside the small
log building lengthening shadows were falling athwart the trail. The sun was just dipping behind the tallest mountain
crest of the range, and the long bar of sunlight in which the dust-motes lately held high carnival, faded from within the schoolroom where Kate Marston, her head bent over the desk, toiled late. The children had gone nearly two hours ago,
two or three lingering on their shaggy two or three lingering on their shaggy
mountain ponies in the hope that teacher" would soon be ready to ride home with them. Finally they too had departed and now the only living creacure apparently on this part of the mountain slope beside herself was her faithful pony, which was tethered to a
poplar tree at the door, and which champed and pawed the ground with
restless fore-hoof. Miles apart to the restless fore-hoof. Miles apart to the west and east and down in the valley
ar the ranches. Red Ridge school had lay the ranches. Red Ridge school had
been built at the most central point of this mountain district and stood lonely and picturesquely aloof in the upper middle distance looking down upon the far-flung verdant valleys of the Fraser. When the last paper had been blue-pencited and the whole pile bundled into the
desk, Miss Marston, glancing at her desk, Miss Marston, glancing at her
little clock, discovered that it was long after five. With a great sigh of relief she leaned back and stretched her arms over her head indulging in a hearty
yawn. It was seldom she remained so fawn. It was seldom she remained so late, having a four-mile gallop ahead of
her each evening, but fear was no part of her nature and the ride down the mountain held no terrors for the Nova Scotian girl who was equally at ease on the sea or in the saddle. Gathering up, her hat and sweater-coat and locking the
schoolhouse door, she mounted her school-house door, she mounted her
shaggy little pony and set off down the shaggy little pony and set off down the
trail towards Cliffedge, at a fairly brisk pace. There had been talk in the village of night-riders and cattlc-rustlers among the mountains. Some had been seen at intervals all summer and others re-
manned in hiding while the police scoured the region spasmodically and unsuccess-
fully. The leader of the gang that had robbed Bar X ranch had twice slipped from custody during the year. He was wanted on a score of charges and his dark sinister face with its long white
walt across the left cleek (relic of an welt across the left cleek (relic of an
ancient and glorious tilt with an Italian in Vancouver) was reproduced on hand-
bills throughout four provinces with the bills throughout four provinces with the accompaniment of "Five thousand dollars reward." But he seemed to bear a harmed life.
The scent of pine and wolf-willow filled the air, now delight fully cool after dozen invigorating breaths, her eyes idly own form and the pony's as they flitted along the stony road. The valley was soon lost to view and she lad entered upon the last half of the journey on the urge the little animal into a livelier pace road, not ten yards fromed up in the road, not ten yards from the pony's
head. She saw at a glance that he was armed, though he made no sign of drawing the revolver from his belt. Instead he wore an ingratiating smile which sat
ill upon his swarthy face with its ne ill upon his swarthy face, with its neg-
lected beard. The little teacher was in a quandary. The very appearance of the
man left no doubt in her mind as to her peril and with a suffocating heart throb
she covered him with her own empty pistol which had lain for months umps contemplated a mad dash past the fellow but reflecting instantly path such a course would be futile she swerved and weapon. He had advanced and seized the pony's bridle but now fell back a pare e
or two, and swore roundras. Sloe pad or two, and swore romully. She had
little faith in the marathonic ability o the pony. He was lazy and his lew s wert
short. Unless constantly urged forward
he maintained he maintained always a gentle jogging
gait, highly conducive to pleacure-trav-

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were few farm houses along the road. But with a courage born of despair, Kate Marstons and swept on down the trail at a canter, not daring to look betrail at a canter, nowing instinctively that the man was following. A little further down, she knew the old south-eastern trail, now seldom used, crossed this wider mountain path and in she could but reach it and be comparatively safe. mazding all her efforts to this end she continued to whip the pony along, the beating of her own heart sounding strangely in her ears and above its
muffled throbbing-the dread pad-pad of muffled throbbing-the dread

PART III.
Danforth had ridden all day, passing several dead camp-fires on the trail and it was now past sunset again. The last fire had been yet smoldering. At least six hours' start in the beginning, Danforth knew that he was now almost upon them. He had travelled rapidly, for plainly all along the unused trail leading due north and then swerving to the west he had descried the hoofmarks of catche in the soft clay and along sand-stretches.
Now these were lost on the grassy hill slopes but he knew that the rustlers after leaving the foot hills would drive their booty by the shortest possible route to their cache in the Ragged Ran
was his duty to find that cache.
As he looked about him now with eye and ear keenly alert to every sight and sound, he remembered with a curious sound, he re heart that it was a full
throb of the
year, almost to the day, since he had year, almost to the day, since he had
last visited this region and as he thought of it his brow clouded. His final interview with Kate Marston, of Red Ridg school-house had been a painful one, and
were it not now for his duty he would wrefer to take a roundabout route to
Cliffedge where he must telegraph his chief.
"You mounties never do anything-
nowadays." she nowadays," she had flung at him. "It's all bright uniform girl in the country firting with every ging for none."
and can
"Do you believe that?" he had
"Do you mean what you say?"
"Do you mean what you say?"
And with her newly-acquired
gogue-dignity she had answered: peda"Of course I mean it. If you chaps would only show that you could live up
to that uniform-well we might consider you seriously!"
Then, at the Cliffedge Ranchers' Dance she had smiled bewitchingly upon a young rancher from the Peace River and he had heard afterward that the fellow made a weekly trip into the little
mountain hamlet in all kinds of weather. mountain hamlet in assed in review before Danforth now and his heart was very bitter.
Suddenly however he was startled by
the sound of the sound of galloping hoofs. Plainly someone fleeing from sight-undoubtediy
one of the band making off to warn the one of the band making of to was prowling others that a policeman was prowling
about in the vicinity. But the sound drew nearer and Danforth, ever wary, reined in behind a clump of scrub poplar and waited for the rider to pass. He had reached the junction of the two trails and could observe the four paths
with little difficulty. The rider was coming down the northern slope. Becky
neighed and Danforth hastily thrust the oat-bag under her nose. But she refused it and continued to whinny at intervals while the hoof-beats drew nearer.
less than five minutes Danforth saw a foam-flecked shaggy pony careening wildly down the mountain-side, a hat-
less, red-sweatered girl on its back urging it along to greater speed, her hair Wind-blown and her face as white as death. Danforth spurred Becky out upon side so suddenly that she swayed and almost fell out of her saddle. At the
same instant he caught the sound of her pursuer's feet in the distance." "Ride on a bit-I'll attend to them!" he called.
Danforth had removed his scarlet coat Danforth had removed his scarlet, in the day, for policy's sake, and now in the day, for poricy's sake, and Kate Marston, in that first wild glance turned the pony and rode back to his
side.
"It's only one man-but he has a gun panted. fo
Danforth had no time to reply for th girl's pursuer now lunged along, cursing volubly. Glimpsing the tall officer who had dismounted, he whipped out his revolver and fired two shots at him, both of which went wide of their mark. Danforth sprang forward with light
ing-like speed and gripped the man ning-like speed and gripped the man
firmly by both arms before he could fire a third shot. Then, working a, neat trick known to all policemen, he pressed flung him to that of the other and flung him to the ground with a sudden ness that must have astonished him The pair struggled for five minutes and man's chest, called to the girl: "Throw me the rope out of the saddle-bag. Quick!"
The girl obeyed and Danforth protogether with one hand, the latter ankle together with one hand, the latter utter-
ing sulphuric language as he writhed about. Danforth in reaching for the steel-cuffs in his pocket had inadvert ently released his captive's gun-hand and, seizing his chance, the bandit again pulled the trigger of his Colt. A third the mounted policeman's right arm. He was scarcely conscious of the pain while
he bound his prisoner fast and also gagged him. The latter precaution was most necessary, with this man's con federates lurking in the vicinity, within
call probably. Well, he had captured one of the des perate band at any rate; his long journey had not been in vain. And the girl thank heaven he had saved her from a dreadful fate! That was the first and greatest cause for exultation.
And as Danforth rose unsteadily to his feet he looked for the first time cheek ran the prisoner. Down the left Miss Marston saw Danforth stagge and pass his uninjured arm across his eyes. She ran forward.
ing the-you're hurt!" she cried, tear about his throat and rolling up his righ sleeve, which was saturated already with blood.
"Never mind me," answered the officer "I want to see that you reach hom
first." he winced even as he spoke and
But he But he winced even as he spoke and
sank upon a rock by the side of the trail. The girl formed a tourniquet of the handkerchief and stopped the blood flow, in absolute silence. It was now
quite dark. Not a word was spoken quite dark. Not a word was spoken
by any one while Danforth assisted the girl into her saddle and climbed awk wardly into his own, first ascertaining that the prisoner had no knife upon his person. Then the policeman spoke painfully, between twinges of his wound: "There is a farm-house near the cross-
trail somewhere, is there not?" trail somewhere, is there not?" "Yes, a half-mile further down," answered the girl.
"Then we'll get a couple of men to fetch that chap into Cliffedge. It won't do to remain away longer than to go the half-mile. He's a slippery ee
"It-it isn't Alkali Sam!"
"I think it is," said Danforth, quietly. "Then hurry. Let us gallop!
It seemed an interminable length of road to Danforth after the farm-house had been left behind and two men had been despatched to the scene of the ar-
rest. He suffered intensely, the girl rest. He suffered intensely, the ging her sympathy by a few enshowing her sympathy by a few enoftenest remaining silent. Kate Marston was experiencing a hundred conflicting emotions-gratitude, pride, hu-
mility, relief, physical weariness and mility, relief, physical weariness and hunger, anxiety and something else, the others beside.
From time to time in the star-lit gloom she glanced at the officer. Hi face was pale and great drops of pers-
piration stood upon his brow where his piration stood upon his hrow where hair lay matted. His shirt was torn and blood-stained and there was a weary droop to his broad shoulders but with mouth firmly set and teeth gritted he was enduring agony as a soldier only
can. At last the few faint lights of the can. At last the few faint lights of the
little hamlet sprang out of the forward little hamlet sprang out of the forwar "Thank God!"


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PART IV.
Katherine Marston, though a "born
teacher" at once indicated a talent for teacher" at once indicated a talent for nursing besides, as she tended the room of her own boarding place at Cliffedge. The doctor had discovered that the wound was not as serious as they had fearea, and Danforth slept during part of the long night. At seven a message from the commanding officer "Read it," said Danfort smile.
And Kate opened the yellow missive and read the following message: "To Sergeant Danforth, Cliffedge, B.C.: Very glad to learn of the splendid capmen to round up the rest of the band at once. You are promoted to the command of the post at Fort Waldron, and the five thousand dollars reward is yours also. My advice is, get married.
H. W. Halsworthy, C.O.,

Neither Danforth nor the girl spoke for
a long moment. Then Miss Marston laid the message down, and began to fumble with a spoon and a glass of water on
the stand. "That is splendid!" she commented at last, in order to break the ncomfortable silence. "I congratulate ou, Mr. Dan-I mean lieutenant


Lower End of Grand Island, Alta.
"Never mind the title!" replied Danhave always been at heart. Do you understand me?"
"You-you have saved my life," mur
mured mured Kate. "I am sorry for those words last year. I-oh what can I say more than that? I ask your pardon from the bottom of my heart."
"You can say a little more Kate. You can tell me what you think of the last sentence in the C.O.'s message."
No properly constructed nurse would
have committed have committed the blunder Kate
Marston did at this point. For as she caught the twinkle in Danforth's eve the glass of water she had been holding slipped from her grasp, and the contents deluged her patient. It is doubtful however if Danforth even felt the cold
shower bath in the vastly more shower bath in the vastly more impor-
tant matter which now occupied him. His good arm, drenched though it was, encircled his nurse's waist as she knelt by the bedside, and oh, shucks, it was the old, old story. The C.O. at the Landing was just setting out with his posse when a telegraph messenger rode up to
the barracks with a second communication from Danforth. This time it was comparatively unimportant to the C.O. "Thanks, I am taking everything you offered, including the advice.-J.D."

## The Maxwell Car

"No change in the Canadian price of
the Maxwell car is contemplated as a result of the $\tau^{1 / 2}$ per cent increase in Canada, The Maxwell Motor Company of "We are with you to stay and it is felt by the officials of the Company that in the face of the national stress prevailing in Canada that the time is now opportune to convince our Cana-
dian friends that the Jlavell can show dian friends that the Mavell can show
its spit by carrying the burden. We

This was the cheerful message reeived by all Canadian Maxwell dealers direct from President Walter E. Flanors, of the Maxwell Motor Company
of Ltd. Mr. Flanders goes on to say to his dealers:
"Business conditions in Canada are fundamentally sound. The farmer is getting more for his produce than ever before. The export- business of the country will increase and imports from abroad will decrease. Therefore the Dominion of Canada has before it a great opportunity, in that it can now develop many years been undeveloped in conse quence of the people of the Dominion as a whole importing many articles which could just as well have been made at home. The small business man and the the people who buy Maxwell cars. Never before has your opportunity been so great to sell a car that contains so great a value for the money as the Maxwell and you have practically no competition."
In answer to Mr. Flanders' message coming in to the main office daily bee gratulating the company on the broadminded attitude it. has taken in regar to the tax, and expressing genuine pleasure that the Canadian dealers fee
in regard to the same.

DREN SHOWED IT
Effect of Their Warm Drink in the Morning
A year ago I was a wreck from coffee rinking ard was on the point of giving p my position in the school room beause of nervousness.
(Tea is just as injurious as coffee be ing drug too, contains the health-destroy-
"I was telling a friend about it and she said, "We drink nothing at meal time but Postum, and it is such a comfort to have something we can enjoy drinking
with the children" "I was a tonished that she would allow the children to drink any kind of coffee but she said Postum was not coffee, but a most healthful drink for children as well as for older ones, and that the condition of botn the children and adults showed that to be a fact.
ve Pas in despair and determined to ions Postum a trial, following the direcess carefully. It was a decided sucrich delicious completely won by its "In a short fivour.
mprovement in my I noticed a decided growing better month after and kept til now I am healthy, and do my work in the school room with ease and pleasure. I would not return to nerve destroying coffce for any money." Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Postum comes in two forms:
Regular Postum-must be well boiled. Instant Postum
Instant Postum-is a soluble powder A teaspoonful dissolves quickly in a cup makes a delicious beveram and suga oc. and joce. tins Both kinds are equally delicious and ost per cup about the same.
"There's a Reason" for Postum.
sold by Grocer

RECENTLY there died at Athabasca again till the fear of the rapids was Landing, Northern Canada, "Old conquered. So by proving the river's at world, that dwellers in the North- channel was practicable he changed al and speak of as the "outside," this an- the commerce of the north country and nouncement will cause no stir for there the fur catches of the seasons came out e is unknown to fame. But in the istoric annals of the Northland long will linger his name, for he was the first man to run the Grand Rapids of the Athabasca River and in the doing Athabasca River and in the doing thannel could be run by scow, the many orthland. loaded boats to this white water; but


The brigandish looking old gentleman in shirt sleeves is the late Capt. Shott
Perhaps out of laziness or the desire rapids, and running the full length so to save work-reasons that have sim- that both ends touch on fairly calm ilarly caused some of the world's water, is a strip of land known as Grand greatest discoveries-did Capt. Shott Island. This strip offered a safe and through the rapids $s$ me fifty years ago. them a railroad was built by the HudUp until then all the goods that went son's. Bay Company. It is the shortest into the great wilderness of Northern one in the world, a scant quarter of a Canada in Alberta and Mackenzie Land mile in length. It is built of strap iron were brought in by Prince Albert over laid on wooden rails and ties. It car chain of lakes and rivers to Methye ries no passengers. Its freight rate is
Portage on Lac La Loche, then on, via $\$ 2.50$ per ton payable in advance, every the Clearwater River to Fort McMurray man handling his own. One man atand the country beyond. This was tends to all departments so, unhampered known as the Clearwater Route; and by the weight of expenses of trainmen, even to the hardened voyageurs of the section hands, presidents and boards of country was a terrible trial. Fifty odd directors and other costly necessities of his husky manhood, came to hate the lines, this little road has flourished and rough Methye Portage and the length at the end of this year showed a net of the Clearwater Route. Another way profit of a million dollars to the comwas offered to the "outside" via the pany on an original outlay of about a Athabasca River to Athabasca Landing thousand. Its rolling stock is two bat-
then to Edmonton where were railroad- tered lorries (flat cars) the motive


Shooting Rapids on the Athabasca River. There are ninety miles of them between the landing
ing facilities. But on this river, one powers for which must be furnished by hundred and sixty-five miles above the the shippers.
Landing, lay the Grand Rapids, a strctch The system of overcoming the danof water a little over a quarter of a gers of the rapids is very simple. Folmile in length in which distance there lowing the unloading of its freight at is a drop of sixty-five feet. Capt. Shott the upper end of the sland the sand
was a master boatman, and a daring nosed once more into the river and shot "whitewater man," and spurred on by through the right hand channel. Manned his hatred of the older trail he took up by swarthy hal. breed boatmen trained the challenge of the Grand Rapids which from youth to "white water" the scow from time immemorial had been con- goes through the seething stream mak ceded impassable even by the men ing the quarter mile in seventy seconds dangerous river navigation of that land. cently). Reaching the smoother water Capt. Shott ran the right hand chamel at the other end of the Island it floats in a scow and, that all might know that a little way and is then held against this doing was not merely lucky acci- the current by the boat men. At the
dent, he did it over again and still once same time a man arrives at the end of


$\mathrm{E}^{\mathrm{V}}$
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Girls, Too-


 citan
parents had named him Louis Fassoneure but, from the day he ran the rapids first, his christian name and sur-
name were forgotten. The breeds of name were forgotten. The breeds of the land duboed him Shott and the white men added tle Captain. But dwellers They cut his name simply to Capt. Shott, thus saving the extra syllable and by this name was he known until the day of his death recently.

## The Lion's Whelps <br> By James Mabon <br> Author of "Shingle and Sand," "When

 West Winds Blow," etc., etc.
## (Tune-"Hearts of Oak")

Come hearken each lass,
And come hearken each lad
If you don't by to-morrow
You'll wish that you had;
For the song that I sing
Is a song of the way
With the old time Hurrah!
Don't you see how they march?
Don't you hear how they sing? As homeward they're faring;
Faithfully daring;
For the flag and the King.
The pride of our race
And the hope of our land;
The guards of the freedom
At our honor's behest They are up and awa
The boys are the boys
For the heart of the fray. Chorus-Don't you see, \&c.
They fear not the Hun
In the shame of his might
Is the ser than al
n the folds of the of the right.
Flying over each sea
They read once again
How the free are the free. Chorus-Don't you see, \&c.
Then here's to the boys, Glad and gay as they go, The King in each heart go, And each face to the foe Let us hail them again As they march on the way With the true British cheer Chorus-Don't

## Jock's Orders

## (From a Scotch Exchange.)

(As the train slowly left the station was followed by the tear-stained eye Jock! yem, dae outed to her son-

The Spartan spirit did not die, And lives in Scotland yet,
And rings out in that mother's cry-
No gold to swell "The Fund" she had,
No leisure, socks to knit;
She gave the King her only lad-
Jock! yell dae yer bit!
On France's fields, on Belgia's plain,
'To hill give him added grit
To hear, in dreams, that cry again-
The lonely mother's deadly fears
Her soul with anguish smit,
But spirit triumphed over tears-
! ye'll dae yer bit!"
Saddle or trench-in War's wild hell, Where bullets whine and spit. "Twill ring above the bursting shell-

God speed the hour-his duty doneWhen by the fire he'll sit,
And tell her how "The Day" was won When Britain did her bit.
Ho, laggards! Don't you hear the call? How will you answer it? Roll up, and "dae yer bit"! "

And the long night is over, and the way Lies open onward to the perfect day."
When we read the strange romances of even modern days, how people often from the opposite ends of the earth are
brought together, we are tempted to brought together, we are tempted to
believe this old legend and the existence of "aftinities."
But recently a romance of this kind, which can only be explained by the acted in Edmonton, Alberta. Several years ago a young man emigrated from Essex, England, settled in High River, and there prospered exceedingly well. While recently, on a holiday in Edmonton he visited the C. P. R. depot to Among the crowd which alighted from the train, he discovered a face which he thought familiar, and his suspicions were confirmed when he heard the girl asking her direction from a policeman. his old sweetheart, the recognition was mutual, and together they disappeared into Edmonton's busy thoroughfares.
A pretty romance which had its origin in a message in a bottle dropped overboard in mid-Atlantic by a Chicago doctor, nine years previously, culminated in Birmingham, England.
A young lady of Birmingham, whilst spending a holiday at a North Wales seaside resort, picked up the bottle on
the shore. It contained the doctor's professional card, on which was written a request that the finder should return it to him. The correspondence which followed led to an engagement, and after
coming from America to claim his bride, coming from America to claim his bride, moon where the bottle had been found. When a young lady living in Elizabeth, New Jersey, put a note in a bottle which bobbed on the crest of the waves at Highland Beach, and threw the bottle
back into the Atlantic, she little dreamt back into the Atlantic, she little dreamt
that it would reach Yorktown, Virginia, and that it would be piloted there by Cupid. But such was the case, for a young Yorktown man was strolling along the beach there when the bottle
was cast up by the tide. The note conwas cast up by the tide. The note con-
tained the girl's name and address; he tained the girls name and address; were exchanged and visits made; and finally this little romance of the waves had its culmination at the altar.
A straw hat of the two dollar brand, turned out by a hat manufacturing company, started a romance which inve The bride was at one time employed at the hat factory, and on a certain day another girl dared her to write her name inside the sweatband of a straw hat she was working on. The name and address went into the hatband, and then she
promptly forgot all about it. A year promptly forgot all about it. A year road paymaster in the West, who had written "just for a joke" on finding the slip of paper in his hat. Letters were exchanged, then photographs, and in a few years the young man came East
A warm friendship developed, and, five years after the little episode in the factory, the couple were married. A marriage took place recently in Red Bank, New Jersey, which was the culmination of an odd romance. Three years ago the bridegroom was capacking a slip of paper on which was the name of his future bride and her address.

M HBiERE is a beautiful old legend Shortly the young lady received a letter which tells how each soul is di- from him; the return mail brought him Into one beautiful and perfect whole
from him; the return mail brought him reply; and a regular correspondence was begun which ended in the couple becoming engaged and afterwards hap-
pily married.

## pily married.

the means of recently 'bringing about a marriage in Syracuse, New York.
The romance began eleven years ago when the young man was in the hospital corps in the Phillipines. When on duty he wrote his name on a dollar bill and
sometime afterward received a letter
from a young lady in Syracuse. Leaving the army, he located in San Francisco. The correspondence between the two was continued, and finally they met in possession of the bride and no doubt ne of her most precious treasures. While alighting from a tram-car in Glasgow some months ago a young wosenger's eye with one of her hat pins. The unfortunate man was taken to the hospital and eventually lost the sight of the injured organ. The woman, who marry him and look after him for the rest of his life. Her offer was promptly accepted and the marriage took place. A blast of chill December wind which A blast of chill December wind which
nearly wrecked a woman's bonnet began
an acquaintance which eventually made her a bride. The lady who was 71 years old was walking along the street when the wind suddenly lifted her bonnet and sent it scurrying across the street. Approaching her was a grey-haired old
man, a Civil War veteran, who with remarkable agility pursued it, and presented it to her with an affable smile and bow. The pair, who had never seen each other before, walked along together for a block or two, and from that chance and wedding.

A romance of a sadder nature, which recently culminated in a wedding, was Showing a Pennsylvania hospital. Showing slight symptoms of consump-
tion, a young man was ordered to the on, a young man was ordered to the

## \section*{Some Strange Romances} <br> - Tvided into two parts, one being given to a man and the other to a woman. These are the two affinities, des- tined to seek each other through life as their ultimate goal and supreme happiness. <br> "Somewhere there waiteth in this world of ours, <br> For one lone soul, another lonely soul, Each seeking each amid the lonely hours, And meeting strangely at some sudThen blend goal: <br> Then blend they like green leaves with

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 ILLIONS of these little LUX wafers are working wonders every wash-day all over Canada. In color they are like cream-to the touch like silk. The fine, soft, creamy lather LUX makes, is splendid for woollens-it never shrinks or hardens them. In fact, all kinds of garments, woollens, silks, laces, linens, etc., dainty or otherwise, are really preserved by LUX. It leaves them luxuriously clean, but with the fabric absolutely free from matting and shrinkage.SAMPLE FREE on application to Lever Brothers
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Shoemaker's Poultry Book and Almanac for 1915.



C. C. SHOEMAKER, Boz 968 ; Froeport, in.

both lungs were nearly gono. At the hospital he met a ruddy-complexioned, healthy girl; they fell in love, and she
undertook to nurse him back to health. undertook to nurse him back to health. In nursing him she contracted tubercu-
losis. She faded to a living skeleton, losis. She faded to a living skeleton,
her condition keeping pace with his. For three years they occupied adjoining cots, each endeavoring to cheer the other, and at length, when their earthly days seem
At Einsiedeln, Switzerland, a remarkable marriage took place in the
principal church. In 1870 a Swiss couple living in the neighborhood became engaged, but on the breaking out of war between France and Germany, the fiance left the country to
serve under the French flag. The couple serve under the French flag. The couple
then drifted apart for the ensuing fortythen drifted apart for the ensuing fortymoryears; and, strangely enough, each the husband losing three wives by death, and the wife three husbands.
A Kentucky couple, recently, after China. The bridegroom did not care much for going there, but his bride had made it a condition before marrying him that the first five years of their wedded life must be spent in the missionary


Lake Scene in Alberta
said he would go to China or any other Her sister looked at her sharply. For a place to win her, and those who saw moment there was silence-then she A girl was engaged to marry officer stationed at Shanghai, and their wedding fixed for the fall. The trouble in China breaking out, however, the young officer was refused leave of ab-
sence. Rather than put off the wedding, the young lady, accompanied by a marthence to China where the marriage was celebrated.

## The Escape

Little Mrs. Walter Burnett, coming downstairs in her new winter suit, glanced with shy delight from her hus-
band to her sister-in-law. The Burnetts band to her sister-in-law. The Burnetts were young, and would have been poor had they not been so rich in other things
than money. Mrs. Walter had not had a winter suit since her marriage, two years before, and the sensation of feeling herself again in the style made her pretty face under the brown hat as vivid as a rose. Her husband looked at her
adoringly, and remarked that she was "a adoringly, and remarked that she was "a
stunner." Her sister-in-law's aproval was more classically expressed, but no
less warm. less warm.
"Even your sister Sue can't find any A bit of the brightness faded from "Oh, Sue!" she said with a bue that she tried to make light. "It would be too much to expect Sue to like it.
She always thinks the other thing wild have been better." The sister-in-law eyed her shrinking
young relative sternly. "Now, Elsie," she said, with decision, "Stop what?" Elsie parried, feebly.

"This allowing Sue to spoil everything for you. She is a fine woman. I appre. ciate her thoroughly, but she has fallen of everybody's pleasure by belated advice. Your only chance of comfort in anythin is to stop her before she say ing up the path this minute. Now, com member-this is your chance to strike for freedom.
"Oh, 1 couldn't!" Mrs. Burnett faltered, as a clear voice soundedi in the hall. her sister-in-law whispered, and the someone else was in the room. "How do you do, everybody?" Sue called, cheerfully. "Isn't this glorious weather? Well, Elsie, so your suit ha come home. I wonder- sue eyed th between her brows. Elsie saught her breath, and glanced "Sperately at the two allies.
"Don't what" Sue asked, in surprise
"Don't say it-what you always do you know-about thinking the green would, have been better, after all. You see-" and there was a quiver in her new suit, and I just love it, and I want think I look nice in it, and -

## New Scenes from a New Land

By Bonnycastle Dale

CIXTY years ago these fiords and woods. This was the second case only we "inside passages echoed to the had ever met of this great cowardly beast tump, cump of the warlike attacking, and if you notice it was only paddlestrokes of the Hiadas and Northern when the man returned to the ,Animal Coast Tribes-to-day all this wild, lonely Kingdom position of "all fours," again Look at Prince Rupert, our starting place attacked-they will not fight even a tiny from the western end of the steel-we had child in the upright, or belligerent pocome partly by packed train and partly sition, man naturally assumes.
by G. T. R. Here is a city not older than
Just a word further about the animals by G. T. R. Here is a city not older than Just a word further about the animals
the little ones that race up and down its on this coast, my Natural History work steep streets on their way to the brand on this coast, my Natural History work
take me into all the wildest places-and new schools-everything man has done we sleep, night after night, either in a tiny seems brand new out here, only Nature tent, or under a spreading cedar-are we wears the sweet livery of age. We were well armed you ask? I will tell you.
going south on a C.-P.-R. boat, the When we first came to B. C. after reading going south on a C.-P.-R. boat, the When we first came to B. C. after reading
"Beatrice" and one of the old white the regular magazine writers of the east, I "squaw men," now becoming rare in this country, was climbing the gang plank with us. He bore the marks of the conflict and, but for the good Indian woman he married he would be worse sacrifiedlazy adventurers, a lot of them, they just
picked out a woman of the tribes to be their actual "helpmate" and she proved pure gold and brought, up the family, and kept up "the old man." I greatly admire and respect these woman, and the good men too that contracted these marriages-


British steamer entering Vancouver
"Yes, I'm an old man now, and I have this coast, and we seem to be mostly got to go all the way to, Victoria to get "here" when it happens.
something for my cough"- he had about a quart of "cough medicine" in his grip, "Indian Act," couldn't he was under the or money in Rupert, and he had just made or money in Rupert, and he had just made buy him a quart of firewater for the trip. The trim "Beatrice" bore us through many a silent fiord where the sea lions and these narrow channels of the "inside passage" were calm and peaceful. On the way down were two scholars of the native tribe of Coast Indians on their way back after the holidays to the mission and the Anglo Schoon, two fair looking youngsters, hair-but the way those two did make ove-spare my blushes, he held her hand all the time she was not using it to feed herself with-finally Fritz, inquisitive oungster, asked the Purser about this the daughter of a chief, according to the ribal rights property descends in the emale line, the cigarette smoking youngter really belonged to a tribe near the mouth of the Skagit, on the U.S. side, but they were engaged and she was going to eason-how small the world is-this boy's father, some years ago, was walking ahead of my chum and I through some nolar bush along the Skagit, there was now on the ground and the man knel instantly the panther (felis concolour, the mountain lion or Cougar out here) which had been silently following him jumped from the bushes full onto the back of the native-up! leaped the startled man, up!
with the great animal on his back- and yolled at the top of his lungs-of - leaped
the great cat and ran swiftly into the
here" when it happens.
Oh! what remarkable people leave their civilized homes and settle at the ends o the trail. Our boat drew up alongside a before the blast as we "scrunched" along it, down the inlet came a boat manned by six children, rowing as regularly as men-f-wars-men, around towards the beach it shot, the bow grounded, out leaped the lld the boy and touched his hat, up wen the bearded wild looking man in the stern rose up and stepped along between the saluting oars, touched his cap to the oungster at the bow and walked swiftly up the wharf. He touched his hat to the aluting the Purser he said: (these are aluting the Purser he said: (these are nember). "I want to cable to King George, I have been subjected to the indignity of having papers served on me by hese colonial authorities, please transmit the cable and, (in a lower voice) keep any moat strode the strange character, the boy saluted, the oars were raised, the man stepped in, the tiny officer followed him and off they rowed with military precision Fritz hung like a burr to that Purser until orn Englishman, living the lonely life of The-man-at-the-end-of-the-trail, until the silence and the loneliness of it all, and other attributing causes, broke down that
thing we call the mind, and he became a hong we call-in this case imagining he was the lone representative of his race and people, assailed by all the inhabitants of this new land. I met this boat's crew and oung officer and wild commander once more, in civilization, they al came ing, later, as I came down the corridor

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build up the unstrung nervous system and strengthen the weak heari. Miss Hildia Dicaire, Martintown, Ont., writes: "In August, 1914, I was out of school for my health. I was visiting friends in London, and heard of the war. It made me so nervous that I burn's Heart and Nerve Pills I improved greatly, and could take my school again. I have recommended them to many of my friends.'
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## FRE


from my room, I ran across the youngsters the air-here the Dogwood tree grows to playing "duck on a rock," with real, rocks rank luxuriance. Another beauty we we
too, in that palatial hotel, and they fled noticed on our trips southward along from my approach like little wild men, Puget Sound is the Madrona, an Arbutus, calling: "Pather, theres's a man in our atree that bears red fruit amid green Our good boat breasted the huge swells farem in winter, and sheds its rich barl Our good boat breasted the huge swells from a red bole in summer-take some of
of Queen Charlotte Sound in excellent these Puget Sound trips if you want to shape, it was not her fault that most of the meet the new T. S. citizen. I have been passengers failed to respond eagerly to the in villages decorated for the 4th of July
dinner bell, in fact, that table was almost when not a single soul in the tiny berg dinner bell, in fact, that table was almost when not a single soul in the tiny berg
untenanted, then later when we all met, spoke English as their daily tongue. I untenanted, then later when we all met, spoke English as their daily tongue. I
we all gave those ghastly excuses-one well remember Fritz and I dropping into we all gave those ghastly excuses-one well remember Fritz and I dropping into a
chose clams to lay the blame upon, little watervile village and asking at the another fell back on pork chops, one dear big white house on the wharf for supper
soul was sure the milk "was the slightest and rooms for the ni-ht -a tiny girl bade bit sour," and they were one and all us come in, there was a forcign curl on the offended when Fritz, boyishlike, broke end of her every word-a peasant woman
out: "Why the whole lot of you were sea- met us in the hall and awed us out: "Why the whole lot of you were sea- met us in the hall and thowed us oo our
sick, I was alright, only I drank too much rooms in the atic, later we took our ginger beer." Again we drew into calm places at the table, ererybody ate their island sheltered waters and in the dim food so quietly, no word was spoken. failing light passed quaint Indian villages lritz, the incorrigable was silenced for
with their hosts of hideous carved mon- onec. It was uncamus this strange reserve sters, high held on totem poles, keeping -it was more tham that, I detected tears guard over sleeping tots, while the older in the eyes of the lit tle giel that served usfolks gossiped and gambled and cleaned then I heard her whiser to the girl that fish on the beach. If any of my readers are in search of any more. I clanced acrose at ritz, and, pleasant farming lands they would do weil making our cercuses. we left, waid Fritz.
to search the valley of the Skeena and the "That's a minister in black," said Bulkley and Stewart. Here you can find "I fear we have intruded." "I think there of native coll, fair climate and huge growth
ore at the picture of the


 seent for mikes distant, flowing over your our
saddle bow in waves of ungarnered burn
luxurance.
people, we left these exquisite foolish get readr," sail the minister. "Twenwithout taking up land, becemse, at that "all right, dosh is gont," twentr five six ame, it wat hundreds of miles from rail-
road or neighbour, now the coumtry is
Wchow rather to live in that delightWe have lived in many placese, and trust the supper.
oo live in mans mores ats our han


$\qquad$ home from Hallif minst of a great
but I never enjoy

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SEe what 10 © will do

[^1]A War Ship in Action


Robert Williams, A.B
(R. Williams, A.P., who served five ant three years in Tinimipeg as an emm ployee of the T. Eaton Co., sends the fol-
lowing interesting and thrilling letter to There dars aftor the declaration Whr .IIr. Willians. who was a native of
Belfast, left Winnipeg to rejoin his old ship.)
last Sunday morning heading for our
coast on coast on another little raid, but as soon
as they saw us they turned about, and made of at full speed for homie. Wive
mour battle cruisers, and somie liellit (four battle cruisers, and sonie light
cruisers and destroyers) made aiter cruisers and destroyers) made atter
them, and our boat being the fastest of them, and our boat being the fastest of
the bunch was given orders to find out the strength and formation of the enemy. We got to within four miles of
them, when they suldenly opened fire them, when they suddenly opened fire
on us, and as we had all the informa on us, and as we had a the tail and
tion we wanted then we turned tal reported to our flagship. It was a splenreported to our flagship. . $t$ was a spien
did sight to see our big ships, the Lionl and 'Tiger' come into action. After the
Dig ships had been hammering at one another for about three-quarters of an hour our boat was again ordered to
steam in between the enemy and our stean in between the enemy and our
own ships, and raise smoke so that the own shins, and raise smoke so that the
enemy's rane might be spoiled. You
finow these boats can raise dense clouls Know these boats can raise dense clouls
of black or white smoke at any time and can corer themselves completely in it. It fairly made some of the boys
hair stand up straiglt-there we were diair stand up straight-there we were
between both fires. The enemy's ships took no notice of us till we wre athent
lalf way across and then they opened up. They were usiug shrapnel and lyddite, and you could see the shells
coming closer and closer until at last coming closer and closer untli at last
they got us. It is a miracle that the boat still floats. We were hit about a
dozen times, one shell, an 8.2 went in through the ship's side and burst int the foremost stokehold killing four stokers, another burst on the upper deck and
part of it took away a cliap's lower jaw, another went under my gun but failed to burst-it would have taken six of us if it had. The sleell that burst in
the stokelold was one of the last broad-

H.M.S. Meteor
H.M.S. Meteor. side that the 'Blucher' fired before she "Dear Brother-I received your wel- turned over. We were about 2.000 yards hear of you all. I suppose you will have it put us out of action, and we had to
 and a lot time es we were under fire for waiting to go in dock and get disloed up


#### Abstract

Where the Last Plants Grow - By Aubrey Fullerton may not $\quad \begin{aligned} & \text { Eillesmere is nearly equal to the com- } \\ & \text { bined area of all the West Indies. }\end{aligned}$ the furtheset mo finallity known what whicat will iliar Arctic archipelago, though unfamow and ripen, but we do know where been carefully charted, after many years "country begins that will grow noth- of polar exploration, and one may find, The limit of regetation is for the trouble of looking at a map, an rpisingly near the top of the map, in almost bewildering arrix of well-named rupion that is commonly supposed to islands, capes, bays, straits, and mountntterly barren and desolates But ains, Searly all ithese far north places on the islauds of the Arctic there lave been named in honor of the explor- grass-covered prairies and flower- ers who found them. A great many of  W close to the borders of the polar daring Danes and S.cedes nave always taken at foremost part in Artic explorThe Arctic Islands, just north of the taken ation. (loremost part in Artic explorWiall mainillaullt, aric: worth knowing The islands of the Morth are unlike


places, the limestone and crystallin places, the limestone and crystalline intery little is known as yet of the rocks of whica these islands are formed, having been chiefly along their conts and many of them are absolutcly barren. Some of the islands lie low their coasts. soil there there is even a sprinkling of many have coast:lines marked by high On Baffin Island, for mintance, are goodly Batlin Inlaul' eated tablelands beyond. sized plains and vallow, wall corced and ronds coast, for instance, is high with moss and other Aritic plant life, on two thousand to three thousand feet which great herds of caribou and musk- alove the sea level, reaching at the north onen feed huxuriously; and similar areas, ent of the island ever, five thousand feet.
on \&maller scale, are found on Elles- The interior of Battin is, generally speak mere, King William, and others of the ing, a rough plain, varied with rolling group. The low hillsides on King Wil- hiills and valleys. In the southwestern fiam Island are spread with what the part of the island are two large lakes, explorers descrive as a rariegated car- each more than a humdred miles long.
 made a list of sixty distinct plants north several of them with valuable minerals of Hudson Strait. that the rest of the world would pladly The Eskimos of these island regions be able to use. There is so much iron are, with their kinsmen on (ireenland, in the coast hills on Prescott and Prince the northernmost people of the world. Albert Land that compasses refuse to act Their numbers are uncertain, but are not in thecir vicinity; mica exists on several large, Baffin Island having a popula- istants, and on bayn a mica mine is in small camps or settlemunts along the that sends over a vessel load of miners coasts, and spend their whole time in every year; there is copper at a number fight for existance, hunting the caribou of places; and lignite coal is of such and fishing for seals with a skill born of frequentocurrence that it has been used necessity. Sometimes, too, bands of by many exploration parties, while even Eskimo hunters cross over from the suggested. There are traces of gold too mainland to hunt the wild game with and placer mining may some day be which the islands abound. worth while.
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The Sweet Heart of the Corn

The Supremacy of the Air


Royal Flying Corps, Netheravon,

## Wilts.

The enclosed article was written specially Flying Corps that it has ventured further for The Western Home Monthly by my afield and afforded valuable assistance to nephew, Mr W. E. G. Murray, McGill the French air service. The enemy seems he outbreak of the war Mr Murray, who was then a member of The King Edward Horse, was injured while on active service on the western front and nvalided home. After recovery $h$ joined the Highland Light Infantry and is now an aviation scout or this famous readers.-Hugh Mackay, M.D., Winnipeg.]

Six months of the world war have firmly uperfluous auxiliary but as an indispen sable factor in any of the vast undertakings which constitute a so-called battle. It was not until the British Expeditionary Force had suffered considerably from the was induced to attempt seriously extensive operations in the new element. As a result of this determination, the balance has swung round until to-day the British Armies have secured a great moral March
superiority.
German aeroplanes were solely for the German aeroplanes were solely for the
purpose of reconnaissance and artillery purpose of reconnaissance and arsilery
observation. Their pilots and observers were expressly forbidden to encounter hostile aircraft except where literally invitable. From the beginning the Germans have handled their air fleet on the olicy of conservation, trusting almost
ntirely to anti-aircraft artillery to conluct an offensive against enemy aeroplanes. Taking advantage of the situation thu created, the British aeroplanes adopted policy of daring, and offered fight on any
and every occasion. Failing to realise and every occasion. Failing to realise German authorities refused to alter their policy, and would not hear of aggressive actics on the part of their machines.
The climax was reached about the be ginning of the New Year. By that time,
owing to the vigilance of the British machines, German aeroplanes were very rarely seen to ascend in the day time. They began to come out at night; but of course this was of no use for a hundred obvious reasons. One cannot reconnoitre ne will not make a safe landing. during January there was the remarkable situation of complete air supremacy for the British machines. The unfortunate ffect of the successful aircraft activity of was now reversed, and there is the war was now reversed, and there is a great
deal more in this than might be gathered at first glance. Not only were the Germans cut off from a most valuable source of information, but their troops could not avoid an appreciable depression as a result
therefrom. It is one of the experiences of this war that the moral of front line troops depends principaly upon the doing as we please, riendly aircraft. Infantry will advance $\begin{gathered}\text { ting at our ease, } \\ \text { inder a terrific fire and will hold on to the } \\ \text { To dream that fate will let us off from }\end{gathered}$ under a terrific fire and will hold on to the lanes are doing better work than tho One of the lessons of the great retreat To owe for every blessing, and never from Mons, was that constant worry by $\begin{gathered}\text { pay a pin- } \\ \text { hostile aircraft was most demoralizing. But there's bound to be a reckoning when }\end{gathered}$ ostile aireraft was most demoralizing. Ifter a hard day's march, when infantry he buzzing of a hostile aeroplane and the bursting of a few bombs is a serious matter from more points of view than The only safety for us lies in paying as from the actual material damage done.
But, on the other hand, when a force is Bat, on the other hand, when a force i-
alyout to lianch an offensive or a counterattack, there are fow thing a more onfiendly acroplanes rircling orer the We must give and strive and labor hard
 It is no exaggeration to stato that it is. With no trembling fore we win,
noment when


It is tempting to indulge ourselves in o be about to change his air tactics, ir is a matter of cardinal importance and, ideed, of vital bearing on the future ourse of the world war. Nor is it by means of his Zeppelins or airships that he proposes to challenge our air supremacy.
Even the Prussian now admits the complete myth of his Zeppelins. Only two are now on the western front and these are under such close observation that they dare not move from their powerfully armoured and guarded sheds. No, it is propose to win back their air prestige. It is known that a huge fleet of these is now being constructed and that already about 250 machines are in readiness for their pilots and observers. They will and will be almost entirely devoted to air fighting. They will be a very important actor in the strategy of the hyperfensive which the Germans are to launch the westo front abs the of

Hence, when the world war passes into is next phase, war in the air will become case of isolated combats; but there will develop squadron-encounters and a whole new branch of air manoeuvre and air tactics. The British Government is awake to all the possibilities of the situation and ness of the "K manner." Let it suffice to say, that steps are being taken to meet the new departure in enemy rolicy. The nflict will be deadly-the issue clearmuch of the later strategy of will depend If the enemy overcomes his present ineriority by a gigantic effort, he will goa a ong way towards relaxing the iron grip his present containment. If he loses, then he is out of the air for the rest of the
war, and his capitulation will be appreciably nearer. As the war develops aircraft will be an increasingly dominating factor. Artillery becomes $500 \%$ more efficient under its direction. Intelligence is more reliable and more easily secured.
Surprise on the part of the side that is "out" of the air becomes quite impossible. Those who are interested in the considerations of tactics and strategy will do well o follow the great battles of the air that are at hand. So far the Royal Flying
Corps has as complete a mastery of its element as the Royal Navy has of the sea; nor will this mastery be easily won. Lieut. W. E. G. Murray.

The Safest Rule

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the bills
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come
'Tis a rule without exception, for God's We world is ordered so, meet each obligation, of no
plete has been the trimuth of Rom

The Woman's Quiet Hour<br>By E. Cora Hind

One day, at the general meeting of more especially this year. Easter falls the Grain Growe s of Saskatchewan, at Regina, the question of qualification for
school trustees was up for discussion school trustees was up for discussion. True frame a resolution which Democracy would permit of a woman board even if she were not on the school ment roll. Hon. George Langley asked if they did not think that all adults in tees whether tees whether the: had property or not?
Immediately one of the woman dele gates said, "No it should be only the wives of ratepayers this privilege for women should be extended, We don't want the hired girl voting." A number that just like a woman?" A woman on the other side of the house, said, "But the women who are working for us to-
day, are the mothers of the next genday, are the mothers of the next generation and we do want them traine
to vote, trained to a wider outlook"
B,

American Nurses on their way to front to nurse the wounded of the Allies, had thrilling experiences
as their ship "La Touraine" caught fre et sea. The good ship, though considerably damaged, safely
landed her passengers at Havre

A little later the same afternoon the closer community settlement came up and one of the men who had despised ine woman for not wanting the "hire terms that "he was sure the Grain Growers did not want to be tied up in communities with ,Dukhobors, Mennon tes and Galicians." By the way there were men of all these nationalities an vention. He had balled up the question in his mind, for this was not really the point at issue at all but what struc me was the total lack of any spirit of democracy in both the man and the ton which ceases not day or night to ry aloud for its rights and a squar deal, but is just a little inclined to the pirit of the off quoted prayer, "Oh Lor less me and my wife, our son John and The wife, us four and no more., let the "hired girl" vote belongs to the clas who are so largely responsible for a good type of young women refusing to ngage in housework as a profession and means of livelihood. As for the man, he must have sadly lacked in ob
servation if he has not realized that crvation if he has not realized thay with great profit to ourselves, learn rom our foreign communities. There can be no true democracy in prompted these two remarks.

Cmer the storm and the clod to-day And to-day the hard peril and pain-To-morrow the stone slall be rolled an
For sunshine shall follow the rain." It seems to me Joaquin Miller's ex Mivite lines are a very fitting Easter-
i.le sentiment for the Canadian West,
rue, but it is very specially a testing time for Canada and Canadians. As a have come to as empire, our good thing have come to us too easily; self govern-
ment; the right of free speech; and ment; the right of free speech; and
without any of the sarrifices of blood towards the establishing of true democ and tears with which other nations racy as a world wide principle, and in have won freedom, and because the doing of that task is learning invalu these great boons hem come easily able lessons on her own account. The sense of individual responsibility for the Lord that which has cost me nothing? welfare and the upbuilding of the nation Hitherto Canada's Easter offerings have has been sadly lacking, but in this war had hitle of the savor of true self-sac already Canada is paying her portion rifice, but not so this year.

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selves from all
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## Back Home

$T$ HERE is someone interested in your success in Western Canada Possibly it is a former neighbor who may be induced to visit you
and see what these Provinces can produce. The opportunities Western Canada offers for poultry, butter, mixed farming and home mesking gene:ally, might induce her to again become your near neighbor, and that is why we ask you to turn in her name and address. You are interested in the growth and development of this country; we are vitally interested in the settlement and production, and ask your co-operation to the end that we all may profit by encouraging the "Back to the land"
movement. Farm products will command a high price especially for the next few years and only ten per cent of our soil is under cultivation. We will endeavor to interest your friend or friends if you will send us the names and addresses, and thank you for your co-operation in making our new plan a success

Sit down and make a list of all your friends whom you think would be interested in Western Canada, and either mail the list to the Immigration Agent, Canadian Northern Railway, Winnipeg, or hand it to the
nearest Canadian Northern Railway Agent:

## I I A B =

 firmest tomatoes - the biggest squash - the tenderest green beans-the sweetest sweet corn-the crispest

## The Philosopher

## the great renewal

What human being, old or young, well or sick, was ever indifferent to the coming of Spring, the most
velcome season of all the four? All life responds to welcome season of all the four? All life responds to the great renewal, the annual miracle. The skies be migrant birds, the sun shines ever more strongly, the reezes are prophetic of summer, rather than reminis cent of winter, and there is a spirit of promise and o renewal over all the earth. It is, of course, the season which speaks most poignantly to youth; but who ever
becomes so aged as not to respond to its influence? becomes so aged as not to respond to its infuence
However long the count of the years that have added themselves, so rapidy, one after the other, to his sum of life, another Spring brings with it hope and a touch of youth. But this Spring has a shadow upon it darkening its joy, a more terrible shadow than any preceding Spring has ever known since humankind ha the coming of another Spring the war will be ended and that the great source of all life and its renewal will be giving its healing to the wounded spirits and
broken hearts.

## HOCH DER ARITHMETIK!

How many people of German birth or extraction are millione the war began, th talk was of six or seven milions. But the figure was
inflated rapidly by the exponents of Kultur under the Stars and Stripes, who soon betrayed the fact that their Americanism was a very thin veneer over their pan-Germanism and inherited submissiveness to the the number was up to $15,000,000$. In January the slithery Count Bernstorff, Ambassador of the Kaiser at Washington, touchingly referred to "the 20,000,000 people of German origin in the United States." Then Hermann Ridder, editor of the New York Staats Zeitung, placed the number at 25,000,000. Last of the people of the United States were Germans by birth or descent. That would bring the number up to nearly $35,000,000$. As a matter of fact, the United States census figures show that the total number of such people is $13,000,000$ odd, and this includes those
born in Germany, those born in the United States with one or both, parents of German birth, and those born in the United States with one or both grandparents of German birth. The slogan of the hyphenated ex ponents of Kultur in the States is evidently "Hoch

## to starve the german guns

Besides food for man and beast, modern warfare equires food for guns of all calibres, from the soldier' rifles to the great guns that throw projectiles weighing such as rubber, oil and gasoline. But to consider, fo the moment, only the food for the guns, it is importan to note that the stoppage by the British sea power o all supplies of cotton to Germany means the cutting off of a material of paramount importance in the
manufacture of ammunition. A military authority writing in one of the English reviews, figures it out that from one shipload of 20,000 bales of cotton enough nitro-cellulose, or guncotton, can be obtained for
$3,000,000,000$ rifle shots, or fifteen days' shooting for all the German armies. Of the ammunition for the big guns cotton forms 75 per cent. It is computed
that Germany and Austria have been using 945 tons of cotton per day to keep up their ammunition supply As for copper, of which there must be at least 75 per cent in the brass used in cartridges and shells, the London Times makes it plain that an average of
$1,300,000$ German rifles firing an average of 20 shots $1,300,000$ German rifles firing an average of 20 shots daily have consumed ord the machine guns and the heavy artillery, 125 tons, on an exceedingly conservative estimate, making a total of 430 tons of brass used daily. That is to say, more than 300 tons of copper a day. And the copper is absolutely essential; the projectile contents (chiefly part of Germany's problem. The container, the outer coating of cartridges and shells must be three-fourths copper; otherwise cartridges are not dependable in army rifles, nor are the big shells in the big guns, the copper bands at the base onnery. That is to say Ger essentia must have more than 100,000 tons of copper a year, to keep on fighting as they have been fightiting year, for (to say nothing of the necessity of meeting
thus increase in the Allies tuns and rifles). Now
the the increase in the Allies' guns and rifles). Now
Giermany has been producing only 26,000 tons of copper Germany has been producing only 26,000 tons of copper
a year, and Austria less than 4,000 . If that amount a year, and Austria less than 4, 400 . pound of conount
could be even doubled, and not a pound of copper used for industrial purposes in Germany or Austria,
it would still fall yery far short of 100,000 tons. Hence the commandeering of the copper bottoms of kettes,
boilers and other kitchen utensils and of all other copper that can be laid hands on, and the desperately ingenious attempts to suugyle copper into Germany
and Austria. The rizid tightening of the Allies' grip on all communication between the outside world and Austria, whatever it will mean for the German and
Austrian people, will mean gradual starvation of the Austrian people, will mean

## A REMARK BY THE DUKE OF CONNAUGHT

The Duke of Connaught was reported not long ago as saying that every household should have a pet.
But is it not a fact that few, indeed, are the households But is it not a fact that few, indeed, are the household that have not a pet? Grandmother is the pet in one is not what the Governor-General meant. He was referring to such pets as dogs and kittens and other domestic animals. Nor are birds to be forgottenwhich reminds the Philosopher of a parrot he is acquainted with, which is greatly prized by the house believer in transmigration, would be inclined to think the body of that parrot inhabited by the soul of some cynical mountebank or acrobat who had died of acut indigestion. There are houses in which a geranium is he pet. Who has not known a geranium in delicat health being made a pet of ? There are pets and pets which gets more petting than any other on the whole list. You don't need to have a real grievance at all, to start with, in order to have a full-grown pet grievance o end with. And it is a vigorous sort of pet. Your pet pup, or kitten, or canary, might die, but your pe
grievance! It must be because of pet grievances tha grievance! "It must be because or pet grievances hat with sulking and grouching. A person who is sulking is described as "in a pet.", But these reflections have carried us far from the very sensible remark of the Duke of Connaught, who is entirely right in saying

## THE RIDERS OF THE PLANNS

The annual report of the Royal Northwest Mounted Police is, to look at the outside of it, just a Governmen
blue book, like any other. But when you look inside it blue book, like any other. But when you look inside it
you are pretty sure to find records of adventure and o energy and resourcefulness and high courage in the ischarge of duty, set forth in the most matter of fac way, as being all in the day's work- as, in truth, the are for the "riders of the plains," whose fame as the
preservers of British law and order is worldwide. Theservers of British law and order is worldwide reaker, he is stopped by no difficulties or dangers The history of Western Canada is rich in stirring ecords of the achievements of the Police. The annual eport just to hand is, like all its predecessors, interAmong the matters set forth in it with official brevity sthe pursuit, by Sergeant C. S. Harper and two constables, of a criminal into the fastnesses of the Rocky Mountains and his capture, with the girl he was charged with abducting. Two horses were lost by
alling down cliffs, and more than once the pursuing alling down cliffs, and more than once the pursuing making progress difficult. But at last they sighted the moke of the fugitive's camp, and after capturing him and his companion, began the return journey, which was as full of peril as the first one. The captors and and a guard had to be maintained all night. Going nd coming took eighty-one days. The lawbreake was turned over to the courts to be dealt with. It was all in the regular routine of the Royal Northwest
as to women's honesty, and men's
Among the items of news in the papers during the past couple of weeks (outside the war news) which but which he has not seen commented upon, is one which told of the absconding of a young woman who was employed in an Eastern city as a cashier. The item stated that her embezzlements amounted to a
considerable sum. It is a rare thing for a girl or considerable sum. It is a rare thing for a girl or
woman occupying a position as cashier, or any other post of tust, to betray her employers and abscond with the funds; indeed, the Philosopher, who has read the newspapers pretty attentively for a good many years, cannot recall another case of the sort. It has sometimes been argued that men have a clearer idea
than women of commercial honesty and plain, everyday fair dealing. It has been argued that a woman is less likely than a man to return money, if she is overpaid by error, using sophistry to convince herself that
there may not have been an error, or that she is not here may not have been an error, or that she is not
bound in duty to report it. It has been argued that bound in duty to report it. It has been argued that
a woman is more likely than a man to keep any valuable a woman is more likely chan a man to keep any and can
she finds, unless she actually knows the owner and personally restore it. These things have been said, and others like them-by male writers, it must be
admitted. But the fact stands that dishonesty on the admitted. But the fact stands that dishonesty on the part of a woman cashier is practically unknown; and that, if the truth is got at in this one cassonable sum found that the embezzling was done for a man. There are many reasons, no doubt, why women do not embezzle . They have imagination to forsee the disgrace that discovery of such wrong-doing entails, and, as a
rule, they have a religion of which honesty is a cidin principle. Nor do they gamble. Who could undertale principle. Nor do they yamble. Who could undertake
to give the number of the men, young and old, who
began began- gambling with money not their own on cards, horses, wheat or stocks, and having lost, went on
"borrowing" from the money in their charge, until
they found themiselves in the clutch of the law.

## PREHISTORIC MANITOBANS

This terrible war, which so eclipses all precedin wars in history, forces the mind into many an unac customed train of thought. As, for example, in regar to the ancient civilizations that were destroyed by were but primitive, as in the case of the prehistori people on this continent who vanished utterly, leavin nothing to succeeding ages but the mounds whic afford the learned in such matters so fertile a field fo
heorizings. There used to be a mound within the theorizings. There used oo be a mound within th gated in 1879, and a number of human skeletons pottery and implements found. There are other such nounds on the Red River, on the Rainy River, and in the Souris River country. They are relics of a race peaceful, race, that was wiped out by the Iroquois ${ }_{t}$ is strange to think that a large portion of this Western country was once occupied by people wh developed a considerable measure of civilization, wh had their own problems of existence, their own religion,
heir own arts and crafts, and who vanished ages ago.

## 'BURN THIS LETTER'

There came recently to light in England some letters which had been received by King James the First and put away so safely that or three centuries they have
hin undiscovered. One of them, which is both inter esting and illuminative in more ways than one was written to the King by the Duke of Buckingham he favorite whose influence over the first of the Stuar monarchs of England is a matter of history, and is a

##  

The letter-with its disclosure of the old belief in the philosopher's stone, believed of possess the property of converting the baser metals into gold, or of curing
various bodily ills, and its disclosure also of how titles were bought three hundred years ago-was not burnt. Some historical writer ought to compile a book containing all the most important letters which those who eceived them should (in the interests of their own, o he writer's good fame) have burnt, but did not. An write a letter and end by a request to the man yit write a etter and end by a request to the man it it
writen to that he shall burn it, do not send it, bu

## VERY FEW WOMEN LEGISLATORS

An interesting (and, to the Philosopher, a new) argument is being set forth in the States by the opare putting this contention forward that in the State where women have the vote, women are not being more conspicuous part in the actual work of law making? A pamphlet which has come in the Philoso pher's mail from Cambridge, Massachusetts, say



of "omenen care or thy the mothering infuence
"But, if this is true, why is it that the sufrage

Then follows this table of figures:


This argument against woman suffrage may be summed up thus: Since only a little more than one per cent of
the legislative membership in the woman suffrage
States is con he legislative membership in the woman suffrage
States is composed of women, what becomes of the
argument of the argument of the advocates of woman suffrage that
there is need of woman's influence in lawmaking? there is need of woman's influence in lawmaking?
But the plain and obvious But the plain and obvious answer to that is this:
Woman's influence can be exercised without any Woman's influence can be exercised without any as legislators. It can be exercised in electing men of as legislators. It can be exercised in electing men of
the right sort. And what about the argument that if women had the suffrage, they would become numerously troublesome as office-seekers? The above figures seem to dispose of that argument. A certain man
who is prominent in Canadian public life, and who is osopher not many months ago "l must admit frankly that I have yet to hear the first solid and valid argument

I

## HEADNOISES BOOK FREE



Ear Passages Where Trouble Starts If you have buzzing, ringing noises in your
read and ears, or a snapping in our ears Yead and ears, or a snapping in your ears
when you fow your nos. white ance for
the wonderfully helpful book on head and ear
 This book explains just what causes dishey are the forerunners. of that terrible
 nd permanently, and to regain cleaer, disisinct
Eraming beginning to end it's full
Frot medicicl information of great aalue to all
sufferers from head noises, and its illustrated
 Send for this book at once and learn of
the successful Newanethod for the treatment of Your head and ear noises. If's. yours, just
for the asking. Write your full ${ }^{\text {name }}$ and ddress on the dotted lines and mail the Free
free headnoises book coupon
Full Name
Address

## 

$\$ 1.50$ Rapid Vacuum Washer $\$ 1.00$





## Sunday Reading

## Which One Do You Need ?

Half of success is in seeing the sig Sympathy is a key that fits the lock of any heart.
The religion that produces no sun shine is all moonshine.
There are too many hungry for love
for any ever to talk for any ever to talk of suffering from loneliness
tian's best man's burden is the ChrisWhen your face spells failure it's no use talking of the glory of your faith. There's no argument equal to a happy steal
Stealing sorrow is as much a $\sin$ as acquiring stolen joys.
Love never knows nor what it costs.
The song of sympathy until the singer has been to the school of sorrow. True spirituality can see the altar in It's the common virtues that make uncommon saints.
Success is not in an endeavor to do a great thing, but in repeated endeavor
to do greater things. 0 do greater things.
o impoverish your The long look within ourselves will cure us of a lot of impatience with other folks.
A life is an empty lamp without the The only permanent guest is have happiness as a open to the helpless.
You are not likely to cheer the hearts of men by looking down in the mouth
yourself. Many a man thinks his life is clouded over when the truth is he is burying his head in the steam of his own sighings. A. merry heart kills more microbes than any medicine. To-morrow's burden is the only one
that breaks the back of to-da That breaks the back of to-day.
Tears over resterday's broken toys blind us to to-day's treasures.

## From "Levels of Living"

## While There's Life

A Scottish parson, remarkable for the larging one Sunday upon the text "Except ye repent, ye shall all likewise perish."
"Yes, my friends," urged he with solemn earnestness, "unless ye repent ye shall as surely perish, deftly placing bottle fly that had just alighted upon the reading desk while the parson's right hand was uplifted, "just as surely as, my friend, I flatten this poor fly." descended the fly got away, whereupon the minister further "improved the occasion" with ready wit, exclaiming,
"There's a chance for ye yet, m friends."

No More Improvisations
A good story is told in the January
number of the "Choir" of Mr. Alfred number of the "Choii" of Mr. Alfred
Hollins, the well-known blind organist. Mr. Hollins has a wonderful power of he finds exceedingly exhausting, and for this reason never responds to the
demand for an encore. A short time ago Mr. Hollins gave two
recitals at a church in the Nidlands, one recitals at a church in the Midlands, one
in the afternoon and again in the even-
ing. At the second recital a crowded ing. At the second recital a crowded
congregation demanded an encore, and
so per-sent were they that he made a so per-sont, were which he said: "I have
short, peech in
already given two improvisations, one so it is not po soible for me to comply
with your request at present; but if you he will exfemporise upon them, then I
will be willing to try a thirrd." The
congregation were not prepared for two sermons, and in this dexterous manner
serm he escape.

## The Politics of God's Kingdom

 By the Archbishop of York(The following extract from a recent may well form a footnote to our recen ymposium).
The politics of the Kingdom of God are expressed in principles which may be called commonplace, such as these-the
wealth of a nation consists ultimately not in its exports or its imports, but in the number of noble lives that are being ived within; the capital of a country whether for use at home or export citizens; the defence which citizens; the defence which a country against injustice, indifference, materialism, vice, and selfishness without which the public weal is continually assailed. It is a mistake to think that the kingdom space. It is here now, in the hearts and consciences of men. Again, the mistake is made of thinking that the kingdom of God is this world at its best, and is something to be evolve y the thought, the energy of men-a material Utopia.
material Utopia supposing such a would still be within it a blank which it could never satisfy; there would still be
desire in the midst of its citizens deep very, naiture, which not all their to their, very nature, which not all their prosperman's primary need of God. The Kingdom of God is something that comes from above. It is not something to be volved out of human nature, but something which is to come into human ature, to dignify, to strengthen, and the city of God, it is for the city of God to make man.
Whence are we going to gain that persistence, that earnestness which makes us see that intemperance, for in-
stance, is something not to be tolerated The flame of moral zeal must be kind led from above. From above comes no only moral zeal, but moral persistence.

## "I Am the Way"

We do not know when or where the wave of trouble is to sweep up against us as a great roller suddenly heaves up of such awful surprises we build in cloudless days where the flood can never reach us, high up on the rock. That is the message of Jesus to many a life which wants to hear of other things, as the disciples wanted to know of that mystery of life and death is undisclosed by Him, many a problem which distracts the mind is left unanswered; but along
the way $H e$ opens moves for ever the the way He opens moves for ever the
hope and peace of man. Not knowing hope and peace of man. Not knowing
whither we are going, we take our life and duty just as they come; and across all the uncertainties of joy and trouble and achievement and regret, and life and death, that may await us, the voice of Peabody. I Am the Way! -Dr. F. G

## Prevailing Prayep

The river that runs glow and creeps by to banks, and bests leave of every turf nesses, and spends itself in smaller porit runs with vigorousness and a full stream, and breaks down every obstacle,
making it even as its own brow, it stays not to be tempted by little avocations, sea through full and useful channels. the is a man's prayer. If it moves upon the
feet of an abated appetite, it wanders into the society of every trifling accident, and stays at the corners of the fancy, cannot arrive at heaven; but when it is carried upon the wings of passion an!
strong desires, a swift notion and a the intermedial reepions of clouds, a: : 1 stars not till it dwells at the foot of t :
throne, where mercy sits, and thence sends holy showers of refreshment (Eph
vi. 18).-Jeremy Taylor.


BARGAINS

## Pianos Players Organs Phonographs

UXBRIDGE ORGAN, FIVE OCTAVE, CABInet style, in walnut. A splendid bargain at
$\$ 40$. Terms $\$ 10$ cash and $\$ 6$ monthly. GODERIGH CHAPEL ORGAN-OAK CASE
new, selling for $\$ 70$. Terms $\$ 10$ cash and $\$ 6$ monthly. case, in golden oak. Regular price S $_{2} 140$, almost
new selling at $\$ 70$. Terms $\$ 10$ cash, $\$ 6$ monthly thomas organ piano case, in wal nut, beautiful design. $\$ \mathrm{~A}$
slightly
$\$ 6150$ inonsthyd, selling for $\$ 80$. Terms $\$ 10$ ceash, PLAYER ORGAN - SHERLOCK-MANNIN
 20 cash and $\$ 7$ monthly. EUNGBLUT UPRIGHT PIANO - ENGLISE
make, small piano, walnut case; selling for $\$ 125$ Terms $\$ 10$ cash and $\$ 6$ monthly. NEEDHAM o COMPANY, LARGE SIZE
piano, in golden oake case, regerar price \&400
piano used about five years; selling for $\$ 200$ Kerms $\$ 10$ cash, $\$ 7$ monthly. case, very elaborate in design, sis0 piano taken
in exchange, in very findition celling for
ore D225. Terms $\$ 10$ cash, $\$ 7$ monthly.
new. Regular price $\$ \$ 00$, selling for $\$ 265$. new. Regular priee s400, selling for $\$ 265$.
Terms $\$ 15$ cash, $\$ 8$ monthly.
 Three years; regular price $\$ 500$; selling for $\$ 325$. EVERSON PLAYER PIANO-USED ABOUT
two years, in nice walnut case, $65-$ note instru
 NEW SCALE WILIIAMS PIANO- $\$ 500$ IN strument, in use one year by leading music teacher
in studio, selling for $\$ 360$. Terms $\$ 15$ cash and
$\$ 8$ monthly. ENNIS PLAYER PIANO-EQUIPPED WITH

 ELECTRIC PLAYER PIANO APOLLO, A combination of ther regular piano, APOLLAE, piano A
and the electric player, $\$$ siovo instrument, per and the electric player, a siovo instrument, per-
feetly new, but was used for demonstrating purpose,
pelling for $\$ 800$. Terms arranged to suit. This



ONE COLUMBIA HORNLESS PHONOGRAPT and 25 records, regular price $\$ 45$, sale price $\$ 26$. ONE EDISON HOME PHONOGRAPH AND ONE EDISON HOME PHONOGRAPH AND 10 records. Diamond Point reproducer; sale MAKE YOUR SELECTION WHILE THERE MAIL ORDERS FOR ANY INSTRUMENT

Cross, Goucling \& Skinner
323 Portage Avenue

## What the World is Saying

Retribution<br>Germany may yet have a touch of Belgium's ex-perience.-New York Herald<br>\section*{Furrow and Trencl}

Patriotism may be displayed in the furrow as well as in the trenches.-Edmonton Bulletin.

## Too Much Kultur in Their Systems

Our citizens of German extraction could do with
ittle more extracting.-New York Evening Post.

## Doesn't Seem Fair

A German editor gets six months in jail for ridiculing the Crown Prince, but the Crown Prince gets nothing
for being ridiculous. It's hardly fair.-Hamilton or being ridiculous. It's hardly fair.-Hamilton

## The Vastness of Russia

The problems Russia has to face in equipping, feeding and transporting her armies must dwarf the
troubles of other countries. Russia is a world in hertroubles of other countri
self.-Montreal Gazette.

## As to State Religion in China

There is some question as to what is the State eligion of China, Buddhism or Confucianism. Gathered from the despatches we should say it was Con-
fucian worse confounded.-Victoria Colonist.

## A Bad Family

The Crown Princess Cecilie is said to be the most opular woman in Germany. No doubt she is a very estimable lady; but she married into a bad family.
Montreal Daily Mail.

## The Turk is Done for in Europe

The Turkish minister, Talaat Bey, says that Germany was not responsihle for Turkey entering the war. Well, he is throwing away an alibi that might com
in handy some of these days.-Minneapolis Journal.

## A Land of Extremes

One of the most amazing things in this war is that Germany, a police-ridden country, has developed into an international criminal and outlaw. The same
nation illustrates the extremes-too much law and nation illustrates the extrem
no law at all.-Toronto Star.

## Politics and War

Clausewitz was right when he declared that war was merely an extension of politics. But though he mean the saying as a justification of war, sensitive and civil Ottawa Citizen.

## Oxford and Cambridge at the Front

 The cry, "Send us the best you breed," is being nobly responded of the undergraduates of both Oxford and Cambridge have already enlisted, while a considerable portion of the remainder are members of training corps, and will eventually go to the front.-Can-adian Journal of Commerce. adian Journal of Commerce.

How Much Wheat Will this Country Grow Great Britain imported $185,125,000$ bushels of wheat from August 1, 1913 , to July 31, 1914. Russia exporteds in the same time. How far is Canada going to help to make up the deficiency?-Lethbridge Herald.

## German Falseness

John Bull would prove himself a true humorist if he should ask Uncle Sam to guarantee Germany's good faith on anything. It's about as easy to guarantee the way a scrap of
Brooklyn Eagle.

The Turkish National Policy
Turkey has the most curious policy that ever Turkey has the most curious policy that ever
governed a nation. It is simple, and it has the beauty of simplicity. If you see trouble, get in
don't see it, make it.-Chicago Tribune.

## Good Indians

While the Piutes. were on the warpath in the back
ends of Colorado and Ctah, reviving the old days of ends of Colorado and Ctah, reviving the old days of
fear and death and savagery, the Northwestern Federation of American Indians met at Tacoma to urge the suppression of the liquor trade among their race and to
devise ways of helping the old and the needy. That
contrast tells the story of a half century of progress, contrast tells the story of a half century of
and the work will not be undone.-Collier's.

Ambassador Bernstorff might call up the age-long massacres in Armenia as proof of "Turkey's traditionally tolerant attitude towards all religions." The Turk shelters other creeds almost as faithtully as
many protected Belgium.-Kansas City Times.

## School Boys as Potato Growers

Has not Mayor Walters taken a big risk in offering $\$ 5$ to every boy under 15 years of age who raises ten bushels of potatoes on a Garden club lot this year?
The youngsters may earn the whole of the mayoral The youngsters may earn th
salary.-Hamilton Spectator.

## "Belgian" Means'"Brave"

While Queen Eiizabeth of Belgium was reviewing couple of regiments, German aeroplanes were dropping bombs from overhead, but the review went on. The Belgians have lost their country temporarily,

## Where Fodder Abounds

Ontario at the present time has twice as many beef cattle as Alberta, Manitoba and Saskatchewan combelt every year to feed them all for ten years.-Melfor Moon

## Again the Wriggling Dernburg

Dr. Dernburg argues that as the war has cost the United States a loss of trade amounting to $\$ 500,000,000$ therefore the allies are warring on the United States What he means, evidently is that if the allies had just kept quiet and let Germany lick them wing in a struggle, the whole thing could have been over in a
month and business booming again long ere this.-
New York Tribune.

## A Kultural Idea of Dernburg's

As we are intensely concerned with the true progress of civilization, Doctor Dernburg has evolved the ingenious theory that a war against Germany is practically
a war against the United States. Why not change the official designation of this country to the United States of German-America, or the United Hyphen States, or something of that sort, and be done with it?-Provi dence (R.I.) Journal.

## The Other Way Round

How would it strike neutral powers if Britain should threaten to destroy their shipping unless escorted by man-or-war Wostilesubmarines made it difficult and dan gerous either to maintain a close blockade or to search ships for contraband? Would they regard it as happy compromise to require neutral men-of-war to guarantee that the ships under their convoy were no bound for Germany and carried no contraband?-
Springfield Republican.

## Belgium Must Be Set Free

When Germany set foot in Belgium, she put the British fleet between herself and all her oversea posdiplomatic arrangea commerce; and if she dreams leave her in possession of Belgian territory, she had better make up her mind that we consider our guarantee of Belgian territory to be as valid and vital at this moment as
Republican.

Patriotism and Hate
The avowal that the love of good Germans fo Germany is inseparable from hatred of other countries shows how deeply the aggressiveness of German polic viewing their own country as in a natural state of challenge to all others can Germans have come to absorb the view that hatred is the normal manifestation of patriotism. It is a purely militarist conception.

## The Duty of the Canadian Hen

Someone should stir up the Canadian hen and make her realize that we are at war, and that every part of the
country should do its best. During the last fiscal year Canada imported $11,250,000$ dozen eggs. Th eggs came from Great Britain, Hong Kong, Japan, New ago that we werc exporting eggs to Great Britain. Ottawa Evening Journal.

Instability in China
News comes from China that the deposed Emperor, who is now eight years old, lives secluded in a pavilion
in the Forbidden City in ignorance of the downfall of the ancient the ancient dynasty Perhaps it is just as well for the
young Pu-Yi. It might be dangerouc for him to sthey young Pu-Y1. It might quiet home just now. The politic:
far from his
situation in the new republic is by no means tranquil. Quebec Chronicle.

## Hats Off to the British Navy

Britain sends some of her most powerful battleships to pierce their way through the Dardanelles, guards her commerce on the seven seas of the world, and main eep sufficient fighting strength in the North Sea keep the much vaunted in the Kiel canal. Take off your hats, gentle men, to the British navy.-New York Times

## Made-in-Germany News for Neutrals

The Germans cannot realize that there is any im partial opinion anywhere in the world. For them th world consists of the Germans, who are all good; their enemies, who be German if they could and therefore wish to believe what the Germans wish to believe. Hence the manner in which the wireless news is composed. It tells the world what Germans wish to believe, assuming that all neutrals will believe it on evidence that would
satisfy Germans.-Manchester Guardian.

## The French People

Before the war, many people considered the inhab tants of France decadent, enervated, corrupt. Bu the Gauls have shown themselves possessed of a type nation might be proud. They have shown themselve prepared, devoted, resourceful and self-denying. Their prepared, devoted, reserest may hate them, but must feel a ver cordial admiration for them.-Detroit Free Press.

## Costliness of Sea Power

The staggering money-cost of modern naval warfare is indicated in some degree by the following authoritative estimate. If the twenty-nine Dreadnoughts now in commission in the British navy were sent on an
eight-hour full-power coal-burning run they would eight-hour full-power coal-burning run they would
consume 4320 tons of fuel, running up a bill of some $\$ 15,000$. If a single Dreadnought battle squadron of eight ships were ordered to steam at full speed for twenty-four hours and to fire each gun and each torpedo tube once, the cost to the nation would b approximately $\$ 1,000,000$, allowing nothing for the

## A Forth Bridge Fabrication

An officer tells of an interesting sidelight on the false dissemination of news in Germany afforded by an naval battle to Edinburgh. Steaming up the Forth the bridge came in sight, and attracted the interested "attention of the rescued German seamen, who inquired "What great structure is that? On being informe that it was the celebrated Forth bridge the men ex pressed their surprise and incredulity, and remarked blown up by the Germans months ago.-Edinburgh Scotsman.

## Freak Legislation

In Kansas a bill has been introduced in the interests of pure complexions, forbidding the use of powder cosmetics, false hair, etc., by women under 40 years o age. In Denver a curfew law for chickens and rabbits has been introduced. In Boston legislators are en-
tertaining bills to tax bachelors, to abolish hay fever and to prohibit doctors and dentists from growing hair on their faces. Evidently the fool legislator is in his glory and has broken out like an epidemic to make the country wonder where all the fools come from.Seattle Post-Intelligencer.

## Germany's Six Excuses

We know, and it is hard to see how the German people shoull not also know, that the Belgian invasion ix seen officially explained by German authorities in ix separate and mutually contradictory ways. Bel many knowingly violated international law, but had to do it for her own advantage. French soldiers ha entered Germany, though not Belgium. French soldiers had entered Belgium, though not Germany France would have invaded Belgium if Germany had not. Britain would have done it if Germany an
France had not.-New York World

## The Insanity of Kultur

 In his memoirs, Li Hung Chang, the Chinese viceroy says that Bismarck said to him:" "You have seen bu little of us in your part of the world, for Germany as aunit is only a new nation, but the time will come when the German a newpire will dominate Europe. England with all her bluster and show, has a hundred weak points, and she knows that a conflict with a power that is nearly her equal will mean her undoing. I I hate the
boasting Englanders." The Germanic dream about boasting Englianders." The Germanic "dream about
dominating Furope, ahout beinr the "blonde giant
avidly rampant" that Vietzche picture has as much substance as most other dreams. Sometimes dream subst:ance as most other dreams. Sometin
lead to suicide.-Toronto Nail and Empire.

## The Western Home Monthly

The Young Woman and Her Problem Pearl Richmond Hamilton．

## Fighting Her Way

 Mark Twain said that the cauliflower nothing more than educated cabbage． The American Beauty has been developed from the wave been grafted from trees that originally bore tiny bitter green fruit．All naturevalue of cultivation．firl who has to fight own way A girl who has to fight her own way
is the most fortunate of girls．Last is the most $\begin{aligned} & \text { week } I \text { reeived a letter from a Cana－}\end{aligned}$ week girl who is now working her way
dian Clicago．She expects to finish her course in College this year．I quote this from her letter：＂At present I am working my way through school here－
and am earning more than the price of my board and room．I＇d like to whis－ per in every girl＇s ear，the joy I am having in feeling that I am getting something the world cannot take away －an education．girl to study．Some girls say they every girl aford it．Many a girl has worked a way through and many a girl can do it now．There is always a way if one just prays and works hard enough． I have always wanted to study but，＂
no idea of the joy of it until now．＂
no idea of the joy of it of eighteen who received a prize of one hundred dollars for an es－ say she has written in a nation wide contest says：＂I have had to fight my own way since I was fourteen years old．Perhaps that is why I won the prize．I had had so much fighting to was not afraid of obstacles．I mean to teach that I may encourage other irls who are fighting their way，＂ If you look into the lives of successful women you wird fight before achieving the goal of their success． Obstacles sharpen one＇s wits．＂When
ambition runs high，obstacles do not ambition runs，high，obstacles do no Harriet Beecher Stowe said：＂When you get into a tight place，and every cannot hold out a minute longer，neve give up then，for that is just the place and time that the tide will turn．
High and continuous courage is a com－ pelling power．Castine Swanson wa once a poor immigrant girl．She worke her way through school．Boston needed a superintendent she was chosen，and to， day she is recognized as one of Boston＇s splendid women．
We can fight obstacles best by having our mind so full of high ambition that
discouragements will not have powé discouragements will us，because there is a mightier power within us．

Why Some Girls Fail in Business The head of the Women Telephonists of London who has about five thousand girls and women under her supervision， was recently asked to write of the thing that prevent girls from succeeding in business．Miss A．
giving these causes：
First－the majority of young girls First－the majority of chice as a mere stop－gap between that time and their marriage－or some other profession that
they will like better． they will like better．
Take your wor：
importance． Second－Another grave defect
business girl is her conservatism．She does not want to learn anything new－ the person who can do two things well is of more value in the business world
than the person who can do only one． than the person who can do only onc． ation is doubled by her knowing how to do more than one thing．Few young girls realize how much they might learn by observation．
Third－another defect is her unwill－ ingness to accept criticism or discipline，
and a desire to set up her own standard of excellence in her work．She suffers from too high appreciation of self．
Fourth－another defect is their habit of talking shop in public places thus disclosing important busine
that injure their employers．

Fifth－Improper dress．Neat plain dress is the only suitable attire fo business．Heavy colds and absence from business results from wearing filmy Every month I receive letters from girls asking this question：＂How may I be happy？＂ You cannot complain and be happy at the same time．Life pays us back in our own coin．Those who serve are
served．＂One act of kindness each day， would make act of kindness each day， would make the year a string of pearls．＂
An immigrant girl told me last week that An immigrant gire not like people here．She is lonely and cannot find a permanent situation so she blames the country． One of the first lessons for a girl to learn is that of adapting one＇s self to
her environment．It can be done her environment．It can be done brightly．＂Earth＇s real queens are those who see the royalty of loving service．＂

## Heroines of the Telephone

There is probably no class of young women more abused by the people whom
they serve than telephone girls．The

public seems to regard them as mere
machines in place of real human girls， sensitive and responsive to kindly treat ment．I wonder any other line of work than among the telephone girls． There was the Belgian girl at Liege． When the Germans were bombarding the city，she sat at a private telephone when all other telephones were de stroyed，and after each return shot from the fortress，looked calmly to see where it fell，and telephoned to correct the range：＂A little more to the right．＂，
＂Too far to the left．＂＂Not so high．＂ The Germans were amazed by the ac curacy of the Belgian gunners and in－ vestigated．The girl was discovered arrested and shot．Even the German officer who ordered her shot expressed age． on our continent who have risked death to stay at their posts when duty called，through fire，earthquake and collected records of telephone girls and these are some of the examples he cites． When the Title Guaranty Building of St．Louis，twelve stories high，and ful of people，caught fire，two girl opera－ tors－Julia Devine and Lorraine Davis－ began to send warning to every office
in the building．They kept at work

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after the smoke poured chokingly into
their room, and until every person had their room,
been warned
been warned. Rose Coppinger of Webbers Falls, Okened to destroy the town, stayed at her post in the Pioneer Telephone Company's exchange after all the other girls had gone, frantically plugging hole after hole, calling up the farmers and business men of the surrounding country. fire crept so close that the building in which she was at work began to tremble and totter-and she did not attempt to escape till the wires were useless.
When word came
When word came that a flood was bearing down on the town of Folsom,
New Mexico, Mrs. Rooke, night operator, sent the warning to all the scattered farms in the lowlands: "Flood coming! Run for high ground!" Forty lives were saved, but the building in which she worked was carried away. The next ayy she was found with the head piece The work at its best is
nerves but I imagine not the least the of the nerve-racking experience is the sharp irritating cutting voice of women
who delight in "calling the who delight in "calling the telephone girl down"; perhaps the impatient business man comes in for his share of girl with the harness on her head is human and a little consideration on the part of the public will insure better
service.

Will the young woman who wrote to the writer of this page, and expressed the wish to communicate with any one who might be interested in her exper-
ience, kindly send her name to me, as I ience, kindly send her name to me, as
wish to write her personally

The Old Road By Nancy Byrd Turner
A mile or more it keeps beside the high ${ }^{\text {way }}$, mooth as a river goes, Sunken with time, a sweet abandoned byway
That trade no longer knows,
Whose boundaries are lost to them that
pass, Where one must search to feel, Deep under tangled vine and fragrant grass, old scars of hoof and wheel.
Then with a bend it takes a waiting meadow,
And, if the year be spring, Glows like a rainbow with the shine and shadow
Of many a glancing wing
at cannot And, through the warm June hours, breast, knee-deep in daisies on Here, breaking sharp to let a brook go

If it be autumn is rife, with song. If it be autumn, goldenrod and aster By wet brown stones a few late violet hide, Their little faces drenched And one bowed maple strews its red

Bright, ruddy flames unquenched. Now, soft ascending creeping, solitary,
It threads the pine wood's rim Where hoily, as in a sanctuary,

The sunlight filters dim;
Where the old road becomes a checkered ${ }^{\text {aisle }}$ That whispered anthem stirs
Till even the romping wood-folk pause a
while,
Quiet as worshippers.
Hallowed-henceforth not quite a com
mon byway,
Slowly it curves, to slip
Back with the measure of the marching Back with the measure of the marching
highway In gentle comradeship.
A mile br
ing still,
ing sthe, long steeps safely
Far on the high crest of a brooding hill
'Tis somewhere lost at last.
to have lived!-life's first endeav finished,
Still on a happy quest,
Onward and up with joy all undiminished Still, eager, to thave pressed.
Now in the open's light,
Now in a shadowed place apart with God,
Now-on the mountain's Now-on the mountain's height.
So to have loved-the children in their Maying,
The dumb things round me; dreaming ssing, praying,
A pilgrim in the land
Striving no tender task to pass undone, So to have left, when all the way was

## |A memory like this!

## Unwise Modes of Punishment

Years ago, a little girl, wearing an old phouid shawl folded cornerwise over he green silk and a Quake, left her homeet with a green silk cape, left her home, one rain
Sunday morning, for Sunday-school. Choking sobs and a tear-stained fac marked her as a very unhappy child. Her appearance at sunday-school in this nusual rig had been chosen by her conscientious mother as the most effectual some, to her mind, grievous offence of her ittle daughter. Nellie was an extreme y sensitive ohild, and her mother reas ned that her dread of ridicule would cause this wearing of her oldest clothes on Sunday to be a punishment which she mother's judgment did not err; for ye afterwards the memory of that day of torture to her sensitive spirit would al ways stand out in all its unjust propor olled to und she saw a child being com pelled to under or puishment. shment upon carefre to inflict such punAre there not other modes of correction just as effective, and at the same time less humiliating? To subject a sensitive person, especially a child, to ridicule, as it has a tendency to rind, inasmuch, child awkward and self-conscious-traits no thoughtful mother would care to have her little one take on; for a child once made to feel that she is an object of criticism, ever after may carry about
with her the effect of that one rude blow to her pride and self-esteem in a distrust ful attitude towards every one with whom she comes in contact.
It is not necessary to mortify a child judiciously aware of a fault. A few stringent methods are dee more a withholding from it of some antici pated enjoyment, may often have the same salutary results without the attendant mortification of this harsher mode of punishment.
There is a certain dignity to which it is often very difficult for an oversensitive boy or girl to acquire. One such instance as that cited in the opening sentences of this article may be the means of robbing such a boy or girl of a selfable to one of a naturally temperament. In the instance just narrated, which is by the over-zealous mother save the stirby the over-zealous mother save the stir-
ring up of a rebellious feeling towards herself in the heart of that little girl, coupled with a certain self-abasement in all its stingits was sure to return ory rehearsed the scene.
"John, I understand that you have been saying mean ,things about me to "Why, dearest! Everybody knows that isn't so. Why, I tell everybody that it is
"That's what I mean."
vse PURITY FLOUR

A Trip to the Peace River through Grande Prairie
As Told by an Early Settler in the West
Written for The Western Home Monthly by Irene Wilson,

$\mathrm{M}^{\mathrm{y}}$P parents moved to the West when rabbits and at night saddles, provisions,
$\mathbf{1}$ was a boy in knickers. Having was a boy in knickers.. Having West, it was therefore quite natural that the life of a p ioneer should appeal to me. As civilization came westward, and the
pioneer became a thing of the past, my pioneer became a thing of the past, my
thoughts turned to the north country, the last Great West. Varied were the reports
of the country: some extolling its advantages, while others considered it practically useless.
I decided to see the country myself, so
when the oportunity When the opportunity presented itself, on September 15th, 1914, 1, with others, left
Edson for the Peace River with a bunch of cattle.
Considering the amount of money the Government had spent on the corduroy road running north from Edson, I expected to find at least a good wagon road.
Indeed, the Government has already spent enough on this road to build a good railway into the country; but the country
from Edson to the Grande Prairie is pracfrom Edson to the Grande Prairie is prac-
tically waste land, full of bog mires and

alkali and it does not seem that any amount of work makes a lasting improve ment. There are Government men, who, time, fixing up the impasiele places, bu notwithstanding all their work, no one could imagine the condition of the roads without having passed over them. The cattle seemed to make better progress than
the horses. Sometimes for a distance of
St the horses. Sometimes for a distance of
two miles they would be wallowing through two miles they would be wallowing through
mud to their bellies. Over and over again, we got our horses into mud holes where we thought it impossible ever to get them out. Indeed, we considered ourselves lucky to lose only one horse on the trip. for many years, remain as a monument to the condition of this road.
The country north of Edson is a rolling prairie, with some very high hills. A great part of the country is wooded with jackpine and poplar; but there are practically no trees of any commercial value. The
road winds in and out around hills and road winds in and out around hills and
mud holes, and as the trees project over the road in manyplaces, there is not a patch of sky to be seen. As neither wind nor sun penetrates, it is not surprising that, in these parts, the road never dries. All cans and the ashes of dead camp fires. Sometimes we travelled through miles of burned country where there was not a blade of grass to be seen; nothing but burned and blackened trees. The mon-
otony of such a country can better be exotony of such a country can better be ex-
perienced than described. We found it very difficult to get sufficient grass for our stock, while passing through this wooded
country. The woods were alive with
twenty-five cents for a team and ten cents or a passenger.
The Mail team, which is equipped with ix horses, accommodates passengers into Grande Prairie for thirty-five dollars, and out again for twenty-five. One might
almost as well walk the journey, for passalmost as well walk the journey, for pass-
engers are invited to dismount and walk at every mud hole, which is practically all the way. Nevertheless, the Mail team, on both trips, generally has all the passengers it can accommodate. Many make the journey on foot. The distance into miles, and with our stock the trip took us almost a month. From there north to the Peace River, a distance of about seventyfive miles, travelling was easy.
When we reached the Grande Prairie, the country. But we had passed through so much worthless country that we were rather disgusted and perhaps failed to appreciate Grande Prairie as we should have done.
The rivers here are very beautiful. Like the mountain streams, the Saskatchewan looks like a river of beautiful green
water. The Big Smoky, which is very water. is also a beautiful river. The banks are very high and can be seen from a long distance. From the top of one bank to the top of the opposite, the distance to travel is five miles. There is a Government road buit on either side. As the bank is so steep, the road winds around and around, almost like following around a corkscrew. The rivers abound in fish, principally

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The Grande Prairie is less hilly than the country we had passed through. There is less brush and the soil is better. Hay did not seem as plentiful as it should be, but there are a few good hay meadows,
had offen heard of the large bands of wild horses in this country, but the bands are small, so also are the horses. There are
few deer, but moose are plentiful. Ducks are scarce, and prairie chickens are not as
plentiful as further south. Most of the better homesteads near the are homesteads to be had further back. The homesteader's house, as a rule, consists of a small shack, sometimes of logs
sind sometimes of mud or sod. As a rule, and sometimes of mud or sod. As a rule, the homesteader has just enough lan the roads -are Impassable for heavy loads during a greater part of the year, the settler does not plan or raising more than can be consumed on his own farm. Most of the
work is done by ox teams, as they have work is done by ox teams, as they have
proved more hardy on the long trips than horsed One sees many beautifully matched teams of oxen in the country. The settler sometimes finds it necessary to drill from one hundred to one hundred
and fifty feet for water; and the water is and jifty feet for water; and the water is
poor, mostly alkali. There is good water poor, mostly aikaike inere in ititul wountry around Bear Lhake, with plenty of hay. Boar Creek, which flows out of lit, is large
and muddy. and muddy.

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for work; and when work was to be had, in
many cases, the employers had taken admany cases, the employers had taken ad that when the expenses were paid, there was very little left.
I did not have an opportunity of seeing the Peace River Country as thoroughly a might have. The soil seemed more ferhay less brush, and the country is mor hay, less brush, The water, also, is much better. I am convinced that when the railway penetrates the north country, the Peace River Country will be developed very rapidly. There is bound to
one large city in this country
The Indian names and the Indian traditions still cling to the north country. Indeed, such names as Pieskwaskau (Split Tongue) and many others which might be quite familiar to the old settlers, prove tenderfoot
In summing up my trip through the north country, I would say, that al though there is considerable good land there, the time has not yet arrived when It is altogether uncertain when the country will be reached by a railway, and whe that time arrives, there will still be good homesteads within a reasonable distance of the railway. Under present conditions, and provisions so high, (flour $\$ 8$ per sack), that it is nocountry for a poor man; and a man who is supplied with money is no called upon to go through the privations and hardships which he necessarily mus present time. It is difficult to realize the vastness of the country which lies to the North, and, as the country is all to b divided into homesteads, it will eventually be the poor man's country, and there wil rest of the Province

## A Doctor's Dilemma

Here is one of the most dramatic epi sodes that has ever come into my exper ence. My paien was a tempered, highly strung, iñtelligent, and very likeable. There was no hope for him, he had a cancerous growth, but, though he was suffering intensely, he bore it all with wonderful patie. After I had watched him, ho
a short time, I came to the conclusion that some intense mental suffering was the probable explanation of his fort.tud that it made him almost unconscious of physical pain. His mind seemed to be absorbing thoughts.
These thoughts, whatever they were,
gave him no rest. He would battle with gave him no rest. He would battle with them until he was quite exhausted, and then he would beg us for drugs. This "was so tired, so tired," he would say. "Please make me sleep." But even in his sleep
the struggle evidently still went on. Often the struggle evidently still went on. Often cry aloud.

Doctor's Terrible Mistake
One day he was unusually weak and nervous and the black thoughts would
not be drowned. He began by mum bling and muttering, and then he shrieked out: "Did he live, did he live? Oh, God let me know, let, me be sure. I cannot
die until I know," broke from him. And then his voice grew weaker, and he sobbed "I did not know. Oh, , ,od, is that an
excuse? I did not know." Of course, we managed to quiet him, but I was more than ever sure now that my surmise was correct, and I decided trouble, and, if possible, find the means of satisfying him. It has always seemed
to me that in this troubled world it is every man's due at least to die in peace. I had always manifested, it took only few well-directed questions to bring forth
his story. As a young man, some twenty or
twenty-five years before, he had studied twenty-five years before, he had studied
medicine. He took his degree, hung out his sign, and his very first call was to
house where the littic son of the famil had been taken sudtenly ill during th
night. Ater examining the child, h
pronounced the case bromehitis, ordere
hot applications, and told the parents to
keep the room very warm. But the
next day the child was worse, and he continued to fail very rapidly Whether from inexperience, or carelessness, or the arrogance of youth, the
young doctor did not even seem to conyoung doctor did not even seem diagnosis but continued with the same treatment The little boy was an only child, and the parents were almost frantic with fear. Finally they decided to consult another physician and called in a well-known child's specialist. The new physician
hardly looked at the child before he pronounced the diseaseto bediphtheria. Then, noting the closed windows and hot packs, he said:-"Who did you have here, a horse doctor?" He worked over the child for and hour or more, entirely reversing or no hope for success.
My poor patient tried to make me understand his shame and humiliation as he slipped out of the room. He said that he had never been able to under-
stand why he did not recognise the disease, stand why he did not recognise the disease,
for it is almost impossible to mistake or it is almost impossible to mistake to the professional stigma, but gradually the possible consequences of his mistake overwhelmed him. He was horror-stricken. Perhaps he had killed the child.
He could not tell, and he was afraid to He could not tell, and he was afraid to
find out. And he had been afraid to find out ever since.
The next day he left the city and for two years he tramped the earth trying the fargily had moved and he made no nquiries about them. But he never practised medicine again. He decided that he was not fit to be entrusted with the fate of a human life. He opened a chemist's shop, but he never presumed
on the knowledge of his lost profession and never allowed himself to advise even for the slightest ailment.
"I had only one case, you know,"
he said; "it was my first and my last." He was silent for a moment after finishing
his story, and I confess I was too choked with pity to find anything to say. Then he turned to me, his eyes big with hopeessness and pleading. "Do you think he lived? Or, if he died," and he shuddered, "could his parents forgive me? with this sin upon my soul."
That afternoon, when his brother came, I told what it had learned. of course, the brother knew all about it, and then I unfolded my plan. He was to make every effort to find this family which o bring the father or the child to see the patient. If it was impossible to have one or the other come in person, then he
was to bring in writing an affidavit either was to bring in writing an affidavit eithe ts death, of the parents' ${ }^{\prime}$ forgiveness, or I felt, sure that after all these years they could not refuse to grant it to the man when they heard that he was dying and how he had repented and suffered. my suggestion and to leave no stone unturned in his efforts to find this famly. It is needless to go into the details of his search, which was successful. He found he father and learned that not only did the child live, but that when he grew up,
he himself took up the study of medicine The father and mother, moreover, hal cally almost forgotten about the whole ncident. Neither the man nor his son was able to come to the hospital, but the brother brought to us a paper which
plainly stated that the boy had completely recovered from the illness and that neither he nor his parents bore any malice toward the doctor for his blunder and reely forgave him for any worry he had Inwittingly caused them.
I feel that once 1 have had a peep into Paradise, for 1 have seen a soul reclaimed
handed my patient this letter, and as he read it a look of truly heavenly joy ind contentment smoothed away all the rouble and worry he had ever known Ie looked up at me and Just whispered It's all right. The boy's alive. They've forgiven me; they've forgiven me. Surely
my Lord will not be less kind. I think I shall rest now." Then he gave us such a
happy smile and closed his eyes to sleep.
He did not wake again, but the smile


## The Luck of the Nugents

Written for w.h.M. by w. R. Gilbert.

It had been a parching summer, quite unlike anything within the memory of the
oldest man or woman. For Ireland, it had been very hot indeed, and the people had been very hot indeed, and the people had gone abo good old days when it
sighing for the gady Day in spring to Lady
rained from La Day in harvest, when the potatoes were washed out of the ground, and the oats
beaten flat to the earth, grew musty and beaten flat to the earth, grew the green grass lay never fwathes and refused to ripen.
It was something so unexpected as to
seem unnatural and uncanny. "We'll be havin' the terrible winter for this"' they said, and shook their heads over the golden abundance of the hapotatoes that grea dry as flour,-when other years they had been green and spotted. "Sure, a good harvest for every man," they said, "is as bad as a bad harvest. Ther'll be no prices goin' for anything at all, at all, Eily Carew was as unreasonable as any of them. She thought it the lonesomest summer she had ever known. She missed
the sound of the waterfall in the glen below the Eagle's Nest.
The silence seemed grave-like to Eily Carew, in the Eagle's Nest, where every-
one was old, except herself and Norah Molloy, who had been her foster sister and was now her maid. And since Norah spoke habitually in a soft little whisper, and glided about like a mouse, she did not add much to the liveliness, to say
nothing of the fact that Norah's eyes had a way of filling with tears whenever they met her foster-sister's, and then each
would sigh and turn away from the other. The beautiful summer had succeeded the saddest winter, for the Captain, as he was known to all the countryside, other wise Captain Terrence Nugent, of the Eily had longed to be married before Terrence went. She had thought that no one, not even Terrence himself, could know what a comfort it would have been name. But Sir Jocelyn, Eily's grandfather, would not have listened to such a ment, not that he was not fond of Terrence Nugent at the time, but that he thought man, whose only fortune was his sword, mand who had to let his whole mansion, Castle Clody, to rich Americans for an indefinite period.
The rich Americans, a Mr. and Mrs. Wells, their son, Hiram, and their daughter Pheobe, had called at the Eagle's Nest. desired; but no one would have supposed as much from the way he had come out
of his dreams to receive the visitors in his most charming fashion.
The American young woman was very pretty and exquisitely dressed. She
talked a good deal of Captain Nugent, and his perfectly immortal old house. While she chattered, restless as a mor her the old man's unworldly ey
with thoughtful expression.
Why shouldn't Terrence marry her and t Eily alone? a being miserably poor? Ehe needn't think of marriage this many a year.
Despite his odd, unexpected prudence, and his grandfatherly jealousy, Sir Jocelyn had to acknowledge that captain rence was a bonny lad. Golden-haired, grey-eyed, six-foot-two in his stockings galliant, daring, a splendid horseman, the people's hero. When he rode at the races even the women clubbed their
pennies together, "to put a bit on the
Captain's horse," and when Finn-ma-Coul foll at the double ditch at Punchestown,
breaking his knees and nearly his owner' heart, there were a good many humble
pennies lost as well as the Captain's last chance of retrieving his fortunes.
Captain Terrence had had no eye apparently forrence Miss Phoebe Wells. It
Sir Jocelyn could have entertained such an idea he might have noticed that the
ha of the Wells millions, a well groomed
young man with somewhat Indian fatures
Them
always been grown up and old, lost something of
on Eily.
But thought of Jocelyn would never have Clody was occupied Eily kept to her own grounds. The Wells family would have been very glad to be friendly with the old
baronet and his grandchild, but Eily although a friendly creature by nature shrank from the incessant rush and hurry in which the Americans lived; although she liked Miss Wells ever since the day
when the American girl had surprised when the American girl had surprised her in the hazel glen where she and Terrence
had parted, and coming upon her suddenly, had given her a warm hug, exclaiming: "You poor little thing. I think it's downright too sad for this world
Eily was often in the hazel glen.
Eily was often in the hazel glen. Sometimes when she had sat there quite a long
time, Norah, her maid, would come to look for her. She would know of Norah's coming by the softly-breathed sigh which seemed just the echo of her own. For Norah's lover, too, was at the war. He was the Captain's soldier servant, Patrick, and he was own foster-brother to tore
Captain, and as devoted to him as Norah to her foster-sister
Time hung heavy on Eily Carew's hands that dry summer. There was a restlessness upon her.
She would
She would snatch a hasty look at the war news before taking the papers to her grandfather, always dreading to look,
always with the same passionate relief when the beloved name was not in the list of casualties. And then the vigil of the hours began again, with the hope and the
terror till another morning gave her short respite.
She envied now the thin stream that trickled over the stones and went down to Castle Clody. She often longed for the comfort of going there among Terrence with the litter about it of pipes and huntwith crops and spurs and silver cups and letters, and the pervading smell of tobacco over it all. When she had last seen it in company a pair of dogskin gloves had pain upon the table. racehorses on the walls, pictures of the racehorses on between the swords and pistols. It would have been almost like seeing him to have gone into the dear, untidy room once more. She smiled to herself, remembering the
St . Patrick in tent-stitch which had hung St. Patrick in tent-stitch which had hung
above the chimney piece. The beaded above the chimney prece.
eyes had alarmed Mrs. Wells when she paid her first visit to Castle Clody, and she had assented eagerly to the suggestion that Captain Nugent's own modest suite
of two rooms should be locked up while the house was let. "I shall feel safer," she said in her usual drawl, "if that very
weird old gentleman is kept under lock weird key. He might take to straying round the house after dark."
Under the St. Patrick had stood a tiny Under the St. Patrick had stood a tiny
cup of crystal, a little gem of workmancup of crystal, a little gem of workmanplain contentment of the room. Captain Nugent liked to tell his visitors about it.
It was a model of the Cup of Clody, which had been lost some time in the Elizabethan wars. With the cup the luck of the Nugents had disappeared. Many people thought that they had had the greatest of luck in not going under like many another great family in those days. They the centuries, even when the last Nugent fought among the merce would come back to marry a wife and rear a son.
Sitting on the seat above the waterfall with her eyes closed, Eily Carew could were in it. She remembered lifting the were in ittle cup, and looking into its depths with a kind of awe. The original Cup of clody communion cup, which had belonged to one of the old a Nugent who had saved he Monastery from pillage and the monk It was made of pure gold, and a piece of
unflawed crystal, which had been shaped to form the cup. The little model re-
mained to show what the cup had been, mained to show what the cup had been
the cup which legend said St. Patrick had

## Indian Place Names in Western Canada

 Written for The Western Home Monthly, by Max McD.THE Red Man's contribution to place names in Canada, and particularly in Western Canada, makes a considerable body in the aggregate Indian names now permanently atcities have a peculiar interest to us all. In them the Indian has perpetuated himself by a monument fmore eloquent and more imperishable than could be erected
by mere human hands. It is a sound polby mere human hands. It is a sound pol-
icy, and but a measure of justice to the cy, and but a measure of justıce to the
original inhabitants, that seeks among Indian tribes, some now almost extinct, for the titles of provinces and cities, lakes and rivers, mountains and forests. Moreis on the white man's side alone, the debt The descendants of the Indians have zept with great fidelity the names of their
ancient localities, and have bestowed them ancient localities, and have bestowed them

## Old Traders Responsible for Many

 Names in Far WestBut in the names which Indians have themselves given to places in Western Canada is the curiosity of the Easterner aroused. When such localities as Whiskey Gap, Leavings, Pincher Creek, Porcupine Hills, Robber's Roost, Stand Off, Slide
Out, Slide In, Medicine Hat, Jumping Pound, Freeze Out, Bull Horn, Jumbo Valley, Old Man, etc., are spoken, the stranger in the West begins to enquire how
the selection was made.
It was in the early seventies that the monopoly of the Hudson's Bay Company took over judicial rights in all that vast territory which lies between the International Boundary and the North Pole. The ending of this monopoly was a signal
for an inrush of adventurers. Gamblers
the early days of smuggling and Indian up was the name given the place by the up was the name given the place by the has been changed to Whoop-up, with an innocent suggestiveness of some poetic Indian title.

These pounds were ingenious constructions of trees laid one upon another, inter-
woven with twigs or wattled with branches and were used by the Indians for killing buffalo in winter time. In summer they chased these animals on horsebas
A little farther up the stream from the Pound on Jumping Pound Creek; is an old Indian camping ground marked by the covers of the teepees
Readers of R. M. Ballantyne, Palliser, the two Henrys, and others, know why the side the creek for some distance, its crest flanked on either side with piles of stones in lines converging toward where the ridge ends in one of the small coulees that run
down from the heights to the bottoms in
constructed some animals-"little brothwoman and her son.
"At the north end of the Porcupine Hills, "Old Man" stopped to make another trib of men. The animals were following close y behind him, for they served him willing ly, but the new people ate them. In order still better to appease their hunger the northern plains. This was roughly the country east of the Rockies for a hun and the North Saskatchewan orthward paused at the meeting of the Bow an Elbow Rivers to create another famil and teach and provide for it. At Re Deer, he stretched himself on the earth for
another sleep, and there to-day may b another sleep, and there to-day may be he moved still farther north and climbed to the summit of a tall hill. It was steep and he amused himself by sliding to ite foot, the place being known to this day as
The Blackfeet to doy ho

The Blackfeet to-day believe that " $O 1$ Man" has moved to the mountains in th West, beyond the vexing sight of civili zation, and when he is sorely needed by his people he may come back. His hom is at the source of the Old Man Rive The source of this river is in the face of and is believed to be the outflow of a sub terranean stream. From it gush fort great waters so suddenly and in suc volume as to fill one with wonder and amazement. To see a river spring into
being, full grown, from the face of a blank wall, is quite calculated to lend an air of mystery and miracle to the surroundings. The Bloods, then, chose no common place region for the dwelling-place of thei
A Head-Piece Responsible for "Medicin Hat"
"Medicine Hat" is a name with a character of its own. It throws some light on the ways and thoughts of primitive people to a white man. We think of it as some thing diabolical that is good for us; but the Indian distinguishes as "good medicine" and "bad medicine," anything tha will change his fortunes for better or fo worse. Imagine that Lo is hunting ante he finds the top of a tomato can, and short ly after he gets a crack at his game. Can he doubt that the piece of tin gave th luck? Not he. He wears that fragmen of tomato tin around his neck with his Well, several years ago, there was Blackfoot Chief who lived at Seven Person's Creek, hunting sometimes, and make ing war on the Crees between times. $H$ had much joy and profit in a head dress of feathers which he called his "medicine
hat" for when he wore if he had good luck if he had fortune.
One day he met the Crees near the pres ent site of Medicine Hat. He fell upo them with great industry, smiting, slaying, But just as he beaming with sat gust of wind whirled out of the West, and catching the magic hat, tossed it into th Saskatchewan. Instant was the effect The poor Chief lost all confidence in him self and his cause, and with victory with "skedaddling" over the plains in a panic, skedadding over the plains in a panic,
followed by his tribe. And thus befell th evil that leaves its record in Medicin Hat.
Other Place Names of less Importance There are many other place less interest that might be included in list of those with which Indians are con nected in the Great West of Canada. Jus a few more, however, must suffice for the completion of this article Whoop-up, is a defile through which th whiskey smugglers path is a dhich the o and from Fort Benton. Once a poss of Red-coats, following a gang that had slipped out of Slide Out, came upon them in this defile and the smugglers had to surrender their whiskey. Since that da Whis, the depression has been called Few of the pl
ties have che places named in the seven ties have changed those names. Pity the day that some vandal brings about their
abolution and they become Smithburgs and Jonesvilles and Browntowns like hundred thousand other inanities between he Cuousandico other Hudson's Bay.

## The God-Lonesome Man in Brasstown Valley

By Mrs. L. H. Harris

$I^{T}$T was a winter night, and when the that cultivate their own moral natures by
stranger 1 lifted the latch and entered stranger lifted the latch and entered an sitting with his warped brownie legs extended to meet the warmth of a blazing
log fire. His hands were clasped over his log fire. His hands were clasped over his
waistcoat, his chin rested upon his breast, waistooat, his chin rested upon his breast,
and his lips were puckered sternly about the stem of his pipe.
"Mister", he said, when his guest was
comfortably settled in the opposite chim-ney-corner, "did I ever tell you about John Harpeth?"
o, you never did.
He was known far, and near as the God lonesome man, beca'se he believed he'd
been predestined to torment from the foundation of the world.
"We have had sinners here, same as you have on your side of the mountains, or-
dinary prodigal sons that went astray and come home again properly penitent. but he was the only one we ever had that didn't weaken durin' revival season, nor
took backwater towards the kingdom of took backwater towards the kingdom of
heaven even when he was sick and exheaven even
pected to die.
"He was ill-begot to start with," and reckon he fell from grace when he was
born. His mother was ashamed to show her face, and he growed up in her shadow, ragged, ugly, and too proud to speak to
decent folks. Anyhow, by the time I'm fixin' to tell you of, he was a man grown his mother was dead, and he was livin' in a little black house up on the only hill in Brasstown Valley, likea lonely young eagle. He always made me think of an eagle,
walkin' around sorter awkward beca'se he walkin' around sorter a akward beca'se $h$
had to wear breeches over his talons had to wear breeches over his talons. He same cold eye.
"He hated every man to his face, so to
speak, and he knowed enough damnin speak, and he knowed enough damnin passages from the Bible to git along with-
out doin' any cussin' of his own." out doin' any cussin of his own
half-appalled look upon his guest, and in
quired: a blazin' hell-p'intin' Scripture at you, feelin's nor nothin' to protect yourself? "No, I never did."
"Well, sir, it'll come nigher makin' you
feel ha'r-hung and breeze-shaken above the pit of fire and brimstone than any "And the pizen use Harpeth had of the Scriptures was what caused folks here in the Valley to be afeerd of him, drunk or
sober. Prim Mayberry ${ }^{\text {lowed }}$ it made the goose-bumps sise on his back in June owalk along the big road below Harpeth' fill and hear him up there in the cornpsalms ag'in' the Hittites as if he was pray-
in'. And Jonathan Snow was so afeerd of him he'd come a mile out of his way to keep from meetin' him , and riskin' his
speritual peace of mind ar'in' his selections speritual peace of mind ag' in' his selection
from the Old Testament. That was beca'se Jonathan once took a lien on Harpeth's mule for five doollars when Harpeth
was drunk and didn't now what he was was drunk and didn't know what he was
doin'. The next day they accidently met at Stallin's's store, and Hiarpeth syore at out on the old man's forehead and his knees give away. Snow wanted to git out a
warrant and have him took up fur breakwarrant and have him took up fur break-
in his peace, but the sheriff laughed and owed he couldn't arrest a man fur quotin' "Besides, Harpeth had good reason scrape or fell in debt, he'd slouch into the at a terrible rate of interest, and give a at a terrible rate of interest, and give a
morttaqe on his stuff to kiver the loan.
So while we hil down here, Harpeth, poor and drunk and God-lonesome, set up on his hill and watched us carry on. There's nothin' a
man is such a dern fool about, Mister, as with devilment like If he dorpeth did spide hell it it with meanness like Snow's. Once, I recollect, I quititss usin' strong language fur a
month, and 'lll be danged if I didn't begin to feel my oats, speritually speakin', words in my conversation, I migm carnal have
drawed up into one of them tointit saints that cultivate their own moral natures by
despisin'everybody else's. Now there was
that that old meetin'house rooster, Jonathan didn't git drunk nor fight and beca'se he had the impudence to believe that he was elected to salvation from the foundation of the world, same as Harpeth 'lowed he wa'n't elected. And every time he took a due-bill from Harpeth fur payin' him out
of some trouble, he'd clear his conscience by astin' the prayers of all Christian people
fur the pore fur the pore lost, sinner, as he called him. Then maybe he'd git down to lead the prayer, and fairly scarify him before the "Bu
But Harpeth was far beyond the breath no tame sight to see a man that feat neither God nor man act accordin' to the liberty of his sperit. Harpeth'd work he hed a week in his corn-field, as hard as if nine child'en to suppor But when Saturday noon come, he'd ram
his breeches in his boot-legg and sat his breeches in his boot-legg and start for

Liquor Ridge on Blood Mountain. Now
it's no cheerful sound to hear somebody passin' down the sound to hear somebody callin' out terrible things a' , youme Moses and the Prophets. Them were the nights when Harpeth got even wire the saints. They say Jonathan Snow used to crawl in bed and pull the kivers over his head when he heard him comin'.
Fur he always took pains to give Snow right smart serenade from Deuteronomy or some fur part of the Scripture where the language wa'n't good.
"But if the liquor went the other way to his head, as it was apt to do, h'd take up
the idea that he was the angel Cabriel exiled from heaven. Then hed set down on the horse-block in front of old Zion
Chureh and sing all night. Seemed as if Church and sing all night. Seemed as if
he had an inspired windpipe and was he had an inspired windpipe and was
courtin' the very stars above his head. courtin' the very stars above his head.
He could reach an octave higher than any prima-donna angel that ever sung, before the throne of grace, and-I don't keer
whether it's sound doctrine or no-I whether it's sound doctrine or no-I
believe the Lord heard him." believe the Lord heard him
Pappy arose, kicked the logs into a red
blast of flames, and turned his back to the grateful warmth, which was his usual method of indicating a flank movement in the story he was telling.
Mister, the more lonesome a man air, Mister, the more apt he is to git Eve-
hongry," he went on coining his face into a witty smile and leering hown at int guest. "Adam hadn't et his first meal in
Paradise before the Lord knowed that was the seat of his trouble; and every man since then gits a tech of it soon or late.
So it was with Harpeth. Him that had been conceived in sin and born to in-
iquity, that believed his Maker had somthing ag'in' him from the foundation of
the world, that had been outlawed by the world, that had been outlawed by
decent society, turned his face in time to the last refuge that fails a man, the heart of awoman; And it's accordin' to these
Scriptures I've jest been tellin' you that


## Lady volunters training in London against British invasion

the personification of fat speritual peace,
when all at once who should she see on the when all at once who should she see on the heer Rosie! He was holdin' her $h$ peth and her Rosiel He was holdin' her hands and if he'd never been drunk or committed a sin in his life. Misses Mayberry give a
squawk, run forwards, and snatched Rosie squawk, run forwards, and snatched Rosie
up as if she'd been a young chicken settin' up as if she,
by a hawk.
drawin' 'ow-down rapscallion' says she drawin' out her head at him like an old
hen with her neck-feathers up, 'to be tryin' to ruin a decent gal.'
"I wa'n't
"I wa'n't tryin' to do no sech thing!"
he answers quick as a flash. 'We aim to he answers,
'lowed, As if thage, wa'n't ruin enough'' she Rowed, clear around behind her. 'I'd rather see her dead!",
rather see; I was tellin' yout what you'd goin' to see!' he answers big as life, sorter "cickin' his spurs to sass her.
"'You come along, Rosie,' says she, draggin' the gal after her with one hand,
and holdin' on to the basket of eggs with and holdin' on to the basket of eggs with he other. And as they went down the
"'See you again soon, Rosie.' That "See you again soon, Rosie.' That and she shook her fist at him; but the pore gal was so 'shamed she dassent lift her head to look back.
"'See you soon, Rosie,' he hollered in answer to Misses Mayberry's fist. And
she mighty nigh flung a fit a curve in the road to hear him yell at the top of his voice:
"Prim took it worse'n she did when he heard what had happened. Air you acquainted with Prim Mayberry, Mister?
He looks as if the Lord had hewed He looks as if the Lord had hewed his and sunburned. He wa'n't the man to
kissin' good, but it didn't. When Har-
peth seen that look on her face, he stepped beck send he say
"'You too?'-jest that way, and she
knowed what he meant. It fell on her like a jedgment she didn't deserve, and she put her hands together flat, so, and helt 'em up before him like a pair of folded wings, But he she was pleadin' with 'em to him. But he begun to laugh, not at her, but at
everything-at man in his little day, and at God in His Heaven. It was the reandest maddest, most awful laugh I ever heard; and Rosie trembled at it like a reed shaken in the wind. Harpeth looked down at her
and seen her still shiverin' and seen her still shiverin', with her little white hands liited and her ace turned up
to him like a prayer that never hopes to be answered, and I reckon it was too much fur him. Anyhow, he give a kind of sob, snatched her to his breast, kissed her, drapped her back to the ground, and was
gone before she had time to turn red. "Mister I wisht you could hed. that gal then. As the petals of the rose fit the rose, so at last her name fitted Rosie. Her eyes were like skies in May, her yaller hair laid out in the wind like
corn-tassels. She cast one glance up and corn-tassels. She cast one glance up and
down the path to make sure nobody was in sight, then she pressed one hand to the cheek where his sips had started the flowergarden, drawed it away, looked at it in a kind of sweet wonder, and then I'll be ain't talkin' about the propriety of seech doin's in general, but with nobody there
but me and God to know how it took plare but me and God to know how it took place
between'em, I jest laid back in the shucks between 'em, I jest laid back in the shucks
and thanked Him for lettin' and hanked Him for lettin' Rosie have had any more never would; fur things went from bad to worse with her and Harpeth. Folks was kind of mor as if she'd been guilty of a kind of moral weakness beca'se she stuck
to it that she was sorry for him

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she loved him beca'se nobody else did Twa'n't a reasonable reason, and her pa her holt to it so stubborn. But I knowed it was the kiss that had been laid upon her ike a true-love seal.
"As for Harpeth, he was God-lonesome now for true. He fairly roosted on Liquor the other young bucks around here, beca'se they were afeerd to go up there where he was to git their whiskey. They say he had seven wild-cat stills all to himself, and every night we could hear him ragin' from one to the
"And when we all thought he'dYdone as bad as he could, he fetched a surge and one worse than possible. Things had been goin' on the way I'm tellin' you for Ridge like he had the devil's own virus in im, and Rosie settin' down here on the o'step grievin' like an orphaned moon-ower-when one Saturday, 'long towards ight, Harpeth waked up there in his own paper in his pocket showin' he'd give to onathan Snow a mortgage on all his cor and fodder and cowpeas and two kilns of weet potatoes or ten dollars, and he seen rom the date that was the very day it was
to be foreclosed. Well, sir, what with trinkin' so much and realizin' it mean uin to be stripped bare of all he had, I eckon he went crazy and wa'n't responsible for what he done. Next thing come the sound of shootin' and yellin' from tovards Harpeth's house. Folks jerked the trouble. Every man and woman in the Valley come fyin' along Brasstown oad the next minute, for there set Harpeth hill beneath a crown of fire, the house didn't git further than to the foot of it be ore we see Harpeth himself standin' at the top with a pistol in each hand, spittin'
buckshot at us and yellin' like a demon. Somebody give a groan, and we dropped back out of range, drawed together in skeert to speak, much less to dar' tha

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and tenderness pasted ag'in' my do'-jamb with the snow layin' over her like a bridal
veil. And I understood she didn't want him to see her.
"Then it happened. Rosie Mayberry come mincin' down the road with her Bible and hymn-book under her arm, and her face set with the fair Sabbath seal that sech virgins wear. She hadn't heard a
sound of what had been goin' on. But now sound of what had been gor fer on Harenched to the her eyes fell on Harpeth drenched to the
skin, his shirt open, bar'footed, and all she seen was his face.
" 'Oh, John' she cries out, droppin' her books and runnin' to him, 'you air changed'
"Then we seen it too, as plain as if the change in Harpeth's face
"'I-I-believe I am ' he answers very gentle, as if the wonder of it had jest come over him.
'You don't feel so terrible predes-
tined now, do you?' she went on, holdin' to his arms and gazin' up at him with her little head throwed back like a bird's.
"'Well, not the way I did ' he answers, still as if he was in a trance and was seein her in a vision. Then she reached up her two hands, put em together ag'in behind at once, her face like a day in April that ain't sho' of itself.
"I sorter cleared my throat to remind 'em that we was still there. And, Mister, that was the first time she knowed it; she Then she drapped her hands, and turned burnin' red. But he put his arms around her, helt her close, and looked over her head at us as serene as if he'd jest lit from exchases.
"I'm cold' quavered old man Snow, ettin' up and shakin' the water out of his beard. Harpeth reached down, took his dry coat, wrapped it around his enemy's
shoulders, and went back to Rosie.
' If a man take your coat, give him your cloak also,"'ssays 1 to myself. The
Scriptures air fulifled. And so it was. Harpeth was changed beca'se he'd acted up
the law of Heaven. You can explain everything else, but I'll be danged if you can explain the peace that passeth all understandin' that a man gits, not beca's or a Baptist and believes in election, or Presbyterian and believes in predestina tion, but beca'se by some miracle of the sperit he acts accordin' to the higher dispensation. And while I don't take much stock in this r'arin' damnin' church divin ity we hear some preachers tell about, Iv
never doubted the Power that could chang a savage like Harpeth into a man. An that's what happened. From that day he was different, not accordin' to science theology, but accordin' to them Scriptures which hint for immortal things of the sou
When he jumped into the creek to sav the man that helped to ruin him, he jest b accident discovered the law of eternal life same as a fellow once flung up an apple and discovered the law of gravitation.
that day. We was too happy. When that day. We was too happy. When
we'd all been up and congratulated Rosie and Harpeth, and somebody had toted old man Snow off, Prim he 'lowed for us to come down to his house to dinner. I put Buck Stallin's on a horse and told him to
ride fur the license as if his life was at ride fur the license as if his life was a that weddin'. And so in the afternoon the parson come over and tied the knot, Harpeth standin' up in Prim's own Sun day clothes, beca'se by this time he was so tame he'd have wor eMisses Mayberry's there ain't a soberer man nor a happier
woman in this Valley today than them woman in this Valley today than them two, livin' up
Harpeth Hill."
The man arose and gave his seat to " girl. replied.' ${ }^{\text {Don't }}$ mind her being polite," exclaimed a sad-faced woman. "I'm taking her to a sanitarium."

##  

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same is not all you claim, and not satisfactory as $\mathrm{r}^{-}$


Winnipeg, April, 1915

## A Profitable Garden for 191

Written for The Western Home Monthly By Glenna Whitelock Wolfe

THE scarcity of vegetables every year and the high prices paid for garden
products, especially during the Fall of 1914, should cause any woman on the farm to see that the year 1915 will prove more than profitable.
In any ordinary Western town there are always a number of people who are glad to regularly engage fresh vegetables from farmers. Almost every grocer, too, is for fresh vegetables. It is surprising how grocery bills are thus cut down. For any able-bodied, energetic woman,
half an acre of ground is not too much. half an acre of ground is not too much. Select some low-lying well-enriched summer fallow, in size thirteen rods long and six rods wide. All rows should run
The potato is always a paying vegetable right goodly portion of the garden plot. Twenty rows of potatoes can be handled quite easily. As the highest prices for potatoes are paid in July and August, it time, which is the earliest time possible in this latitude. As soon as danger of frost is over (usually the middle of May) early potatoes should be planted. Cu the seed potatoes one or two eyes to each potatoes in formaldehyde preparation two gills of formaldehyde to one-fourth barrel of water). The rows should be three feet apart and the hills should be not ess than sixteen inches apart. Keep the soil around the vines mellow and free from soil of value in a dry season.
Onions are rather difficult to raise, but they are very profitable. Eight rows may well be given to them and the rows should be at least twenty inches apart. As to the variety of seed to be planted, let this ocation of the garden plot. Seed the alogues are a great help in solving this question. As frost does not injure onions, they may be planted as soon as the ground nay be worked. The seed germinate more quickly if it is soaked in tepid wate water and mix with some dry soil, so that the seed may be handled more easily. Sow as thin as possible and cover to a
depth of one inch. As soon as the faint green onion rows appear, cultivation
should be commenced. Keep the soil well oosened and freed from weeds. As soon as the plants can be handled easily, they should be thinned, leaving a distance of hree inches between each plant. As the eason advances and the bulbs become ather than towards the bulb. In its deal manner of growth, the onion bulb should almost all be visible above ground Should onions be kept over winter, they hould have the roots cut off, as this preents sprouting.
Eight rows each (eighteen or twenty are none too many when one considers the great demand there is for them. The thick, short orange-colored carrot is the best for market as well as for table use. The pure white or the purple topped turny are seemingly in more demand than globe-shaped beets cannot be excelled. The middle of May is a suitable time to plant these. Sow as thinly as possible and never cover the seed more than an
nch. Plants must be thinned out until hey stand not closer than four or six inches apart in the row.
Of this garden, ten rows should be reserved for cabbage and three rows for her
first cousin-the cauliflower. Soak the seed as described for onion seed and plant in the hot bed the early part of April. every evening.
When the plants are six inches high soil around the pet out, While filling in pint of water. "Two feet each way and a cloudy day," is an adage well to be remem-
bered, in regard to setting out cabbage For two or three days, the young plants will appreciate protection from sun. A
shingle, placed in the ground on the sunny side of each plant makes a good protection

The Western Home Monthly GLASSIFIED PAGE FOR THE PEOPLE'S WANTS

If you want to buy or sell anything in the line of Poultry, Farm Property, Farm Machinery, or if you want Help or Employment, remember that the Classified advertisement columns of The Western Home Monthly are always ready to help you accomplish your object. Cost 3c. word, minimum 50c. Cash with order

## FRUIT AND FARM LANDS

WANTED-To hear from owner
farm or unimproved land for sale.
WANTED

FARMS WANTED-We have direct buyers. property naming lowes ne
buyers buyers iocate desirable property free Amerp
can Investen Assent
Minneapolis, Mins.
cultivation. If possible, cauliflower should be given a richer soil than cabhange.
Should worms appear in the cauliflowe hould worms appear in the cauliflower
heads, Persian insect powder should be heads, Persian
dusted on them.
Numbers of market gardeners have found that it is indirectly profitable to occasionally give a pretty bouquet of
flowers to their customers, along with their regular weekly supply of vegetables. Nasturtiums, candytuft, ten weeks stocks and phlox are easily raised, make up into pretty bo
preciated.

## Quality in Hay

It is very generally conceded that, in the majority of cases, hay forms much too arge a proportion of the diet of the farm fore, that the quality of the hay set aside or the feeding of the team should be beyond reproach. The farmer understands this as well, and perhaps better, than anyone else, , but either necessity or what he considers motives of economy
often prompts him to the sale of the best and the retention of the worst. There is no real economy in this. How much ready money was realised by the sale of stack of good hay that ought to have
been consumed at home, instead of a spoiled sample that was good only for spoiled sample that was good only for
litter, and had to be coaxed into the
horses' stomachs by chaffing, spicing o horses, stomachs by chaffing, spicing or steaming, is not the true test of economy. To obtain the necessary abulum from
poor, badly saved hay the horse had to coor, bady saved hay the horse had to conrew a great deal of extra work on the digestive organs, to their subsequent injury, which, in the end, means ill-health,
loss of condition, and inefficient work loss of condition, and inefficient work. It
one of the chief causes of colic, which is one of the chief causes of colic, which is so of broken wind, which impairs working capacity. It is significant that broken-
vind occurs mainly among agricultural wind occurs main
horses and ponies.

The opportunity given to the women of the past has been very immigration in ope past has been very meagre. The
opportunities in the West have been conopportunities in men's opportunities, and only men have been employed in the schemes or attracting immigration. This order of things is to be changed by the Cana-
lian Northern Railway. All the women ian Northern Railway. All the women clance to do something. The plan as outlined in the Canadian Northern advertisement on Page 21 is one which has this Publication's Editorial sanction, and we ve every faith in it.
There are many women in the West who know that they could not be perin the East and South, but would dearly love to have their old friends as neighbors. The chance of bringing this about is offered by the Canadian Northern Rail way. Their plan is to bring old friends
together in this new land. Won't you please help them? If you send in a list whom you think will be interested the Canadian Northern will do their level best to induce them to settle in your dis-
trict. Sit down and write the list now.

PONIES
SHETLAND PONIES-Write for particu-
lars. J. Marples, Hartney, Manitoba.
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## STAMPS-Package free to collectors for cents postage: also offer hundred

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mail. Lovely robes, day and night gons,
flannels, etc., finest materials.
Everything flannels, etc., finest materials. $\begin{gathered}\text { Everything } \\ \text { necessary } \\ \text { Franks, } 175 \text { Alfred St., Notse Lists }\end{gathered}$ Nottingham, England.

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mater how por, can acquire riches. In-
vesting for Profit is the only progressive


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BROTHER-Accidentally discovered root;
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Mite Killer to general stores, druggists, Mre killer to general stores, druggists, and
grocers. Also agents for same in every town
and village. Marshall \& Marshall, Niagara
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SONG POEMS WANTED for publication Experience unnecessary. Send us your verses
or melodies to day or
orooklet-it's trite for instructive,
free. $\begin{array}{lll}\text { ooklet-it's free. Marks-Goldsmith Co, } \\ \text { Dept. 67, Washington, D. } & \\ \text { T.F. }\end{array}$

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## The Young Man and His Problem

## GENTLEMAN

St. Paul describes a gentleman when he thus exhorts:-"Whatsoever things are pure, he thu things are of good report, if there be any virtue and if there be any praise, think on these things." Dr Barlow says of the gentleman, "He should labor and study to be a leader unto virtue and a notable promoter thereof, directing and inciting men thereto his countenance and authority, rewarding the goodnêss of-meaner people by his bounty and favor."

## PERMANENCE

Men usually prize possessions which have in them the quality of permanence. Gold does not corrode therefore it has unusual value; truth, beauty universally prized. When Paul attempted to name the choicest gifts he selected those which never pass away, which abide. These were the gifts of faith, hope and love. Similarly when Jesus undertook to name the blessed ones he selected those who had enduring qualities-the humble, the penitent, peacemaking and the self-sacrificing. It is not worth while for a man to live for anything less than the highest. The things that are really worth pursuit can be carried by a person into the next world. They are part of himself. One loses in human quality When he puts real estate above righteousness; dolopment. George Herbert never wrote anything more worthy than those lines he penned when a young $\operatorname{man}^{\prime \prime}$

Only a sweet and virtuous soul
Like seasoned timber never gives;
But though the whole world turns to coal Then chiefly lives."

## SOCIALISM

In the story of the early Christians it is said that "They lived together and had all things in one object to it for its essence was volun aryism. It was a great mistake when people at tempted to build it upon any other principle. A compulsory socialism cannot endure. In other words legislation without good-will behind it is bound to good-will in people by education of the right kind. The right kind of education has chief regard to moral growth.
So if any young man has good moral principle and honest conviction he need not worry unduly about his lack of scholarship. If he has good-wil
he will accomplish something for society. He will be a true socialist. And of such there cannot be to many. "We can only reach this richer and even beautiful life of co-operation and brotherhood through the deepening and broadening of our own of a better thought. The sentiment must expressio the action. And since both sentiment and action are distinctly individual possessions it is in the human heart and the human body that society must be redeemed. The work of social realization must e carried on by a two-fold process, by the socializ individual life, and by an untiring effort to foster the social instincts in others-in one's relatives, one's friends, one's acquaintances, one's home community, one's country."

## OPPORTUNITY

A man goes through life only once. The journey can never be repeated. If there is anything to be seen or done there must be no dawdling. The fellow out. The old Roman maxim says. "Opportunity is bald-headed behind," meaning that if she passes by it is impossible for us to seize her. Just think what opportunities there are for young men in Western
Canada-not only in business, but in political, reigious and social life. It is nothing less than shameful for any young man to fail in his opportunity to leave an impress on the life of his community.
It was a simple school boy who made this resolution, "I shall never permit an opportunity to pass by of doing a kind action: I shall make political and social righteousness in my adopted country my may do all the good I can."

## DEBT

There is no torture much greater than that endured by a conscientious man who find himself in dured. It was Horace Greely who said, "For my own part I would rather be a convict in a state prison, a slave in a rice swamp, than to pass through life under the harrow of debt. Let no man misjudge himself unfortunate or poor, so long as he has the full use of his limbs and faculties, and is substanrags, contempt, suspicion, unjust reproach are disagreeable, but debt is infinitely worse than them all. And if it had pleased God to spare either or all my sons to be the support of my declining years, the lesson which I should most earnestly seek to impress upon them is, 'Never run into debt.' If you week buy a peck of corn, parch it and live on it, rather than owe a shilling. I speak of real debtthat which involves risk or sacrifice on one side, obligation and dependence on the other-and say, from all such let every, youth humbly pray God to preserve him evermore."

## UNCONSCIOUS INFLUENCE

All lead a life of unconscious influence. Our very faces and countenances are but reflections of ou true character, and are silent but constant influences he is generally our unconscious. A man may talk virtuously but if he live an impure life his unconscious influence for evil will destroy the effect of his words. The influence of character is the heaviest weight in the scale of life. A good life will
preach when no word is uttered and will stimulate good in others when silently pursuing its own purposes.
A pure-minded and right-acting young man is the reatest force for good in a community man is the ways preaching by his attitude, his chance remarks his practices. This is particularly true if he is a leader in athletics. The captain of a base-ball team has more power in a community than the preacher or the teacher. He has therefore the greater, opporyoung man avoid his responsibility by simply shirk ing it. Unconsciously everyone is preaching and
teaching.

## FEAR

"That which makes people unhappy, which keeps many young people from getting married is not pov. erty, but fear of poverty." So said a wise man. People can be very poor and yet very happy, they
can be very wealthy and yet poor. The only man who is really wealthy is he who has treasures locked up in his own soul. This must have been what he meant when he wrote
"Some have too much yet still they crave
I little have, yet seek no more,-
They are but poor, tho' much they have,
They are but poor, tho' much they have,
And I am rich with little store.
They poor, I rich; they beg, I give,
They lack, I lend; they pine, I live."

## SPORT

One of the easiest ways to tell a man's character is to examine his attitude to sport. If he advocates and practices honesty, fairness, good-feeling and if he takes his knocks and defeats good spirit we call him a genileman; if his thoughts of play are associated kind he is a mere thing-not a true sport at all The young men of Western Canada by engaging in healthy clean sport do much for themselves and their country; if they encourage the objectionable they are doing the greatest possible wrong. Sport should help a man's body and his mind, and it should develop the strongest and most lovable
friendships. If it leaves bitterness behind it had better be done away with. I am anxious that this Western country shall continue to produce not only the best crops but the best men. To that end let there be clean sport. It is good to see men around from the games: It is better to see them on corner lot enjoying a game themselves. Let every man get into the game as a preparation for the noble serious game of life.

## GETTING INTO SOCIETY

Originally the world consisted of one couple. They represented in themselves the aristocracy and the common people, the wealthy and the poor, capiplied they divided into races, plied they divided into races, classes, creeds. Then bitterness. Some of the more highly-favored indiiduals and nations held themselves aloof from the others. Thus there were Greeks and Barbarians, Jews and Gentiles, the upper ten and the vulgar hrong, the king who rules by divine right and the yet, they can all trace their origin to that first couple, and this very fact should promote humility and kindliness. That it does not do so is well il lustrated in a young Scotchman's description of good society. "A man first calls himself a white the race. Then he calls himself a Briton and reduces is inch of associates. Next he becomes a Scotehman and enters the company of the select few. A urther division gives us the clan Campbell, and then the subdivision the Covenanters. And so on goes the were on a pivot-all alone. And this heound as walking in good society."


## Let the Blizzard "Blizz"!

WHEN your buildings are "Pedlarized," you need have no fear of the power of the fiercest blizzard to harm your barns or their contents. A roof that is covered with Pedlar's "George" Shingles is, practically, one large sheet of metal. The most furious of windstorms cannot make it buckle, because each shingle is held in place by a row of nails at the SIDE-the very point where a wood shingle is most vulnerable.

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head to slip through. Without any warning, up comes a windstorm and -zipl What happens? Off come the warped and loosened shingles, leaving the structure worthless and unprotected -its contents at the mercy of the elements.

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are WIND-PROOF. They are securely locked on FOUR sides. As each shingle is nailed in place, the next shingle completely covers and protects the nailing flange from the weather. All four edges of every shingle are concealed and securely fastened. The wind simply CANT get underneath and pry them loose. There is no give-no straining-no possibility of loosening. The side locks are self-draining and self-ventilating, preventing the possibility of "sweating" on the underside, thus protecting the woodwork of the roof from moisture.
A "Pedlarized" roof is lighter than cedar-no heavy substructure is required. Barns covered with Pedlar's "George" Shingles, and sided with Pedlar's Corrugated_Galvanized Sheets, cost less than if built entirely of wood, and have the additional advantages of being durable, fireproof, lightning-proof and rain-proof.

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It's a mistake to make oat food compulsory. The right way is to make it inviting.
Serve only the luscious flakes. Make this ${ }^{-}$the wanted dish. Then this energy food, which you know a child should have, will be the food he loves to get. That's the theory behind Quaker Oats.
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This is also the food
for growth. It is rich for growth. It is rich
in the elements of which brains and nerves are made.
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oats.

That's why Quaker Oats is important. It fosters a love for this dish. It leads to larger use. Anc millions of people, young and old,

Large Package 30c Goratan a pipe
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first place among oat
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## The Quaker Oats Company

Peterborough, Ont.
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## Care of Babies in the Spring

By Dr. Leonard Keene Hirshberg, A.B., M.A., M.D. (Johns Hopkins)

LORD CLARENDON, wise beyond which has wriggled its way from its his generation said, "It is not the catch into the infant's skin; no othe quantity of the meat, but the ailment that can be on the instant ale the feast." If mothers with youngsters of your family doctor, then look you to under two and a half years would pon- the child's pabulum would truth many infantile maladies would be forefended and forbid by
heaven. Most babies are in the same boat as Byron's guests:
"But 'twas a public feast, and public Quite dayfuite full, right dull, guests hot, and
dishes cold, Great plenty, much formality, small And every body out of his own sphere." That is to say, the fond mother and doting grandmother have never been
known even in the saddest of hovels, to starve the budding offspring. Rather do they overfeed it and mar its health by too much, too rich, or too often given pabulum.
Experienced physicians are often con-
sidered austere, cold, and even brutal sidered austere, cold, and even brutal
by unwise and over-solicitous parents. Watch must be kept upon the throat and breathing organs such as the lungs. In the late spring and warming summer a vigilant, maternal eye must look to the infant's herbivorous victuals.
which the watchmen of the child's, upon ical revenue must be Janus-headed in order to look both before and behind, both at the kind and quantity of the food and the degree of temperature and purity of the germ-free air grandparents, Who have forgotten that children finally
restored to health, never tell tales of the perpetuated errors inflicted upon them by a less wise if older devotion. Yet, as some one recorded, the last, best fruit which comes to perfection, even in the kindliest soul, is, tenderness toward the ing, warmth of heart toward the cold, philanthropy toward the misanthropic. Therefore, doctors saturated with the triumphs of the newer things and grandmothers without records of their own multitudes of well-known unsuccesses, with each other. Fine feelings and super-sensitiveness, when the present comfort and future efficiency of a darling baby are the stakes, without the vigor of reason are in the situation of the end
feather of a peacock's tail, namely, ways besmirching something or someone with its inevitable mud.
In the spring the mother's fancy turns
-or should so turn-to thoughts of a baby's food. Strangely thoughts of a baby's food. Strangely enough, in the
winter, the attention of the guardian of baby's well-being which enters the respiratory tubes as pneumonia is the child's Charon in the winter; as diarrhoeas and choleras are its shadowy
Reaper in midsummer, the two demons Reaper in midsummer, the two demons
must both be prohibited in the must both be prohibited in the spring; must be eternally guarded against from
February until July The baby's lingo is the "language of human instinct is to this but badly un derstood vocal expression of infants.
"The glorious angel who was keeping The gates of Light, beheld her weeping; To her sad song, a tear-drop glistened With his evelids, like the spray From Eden's fountain, where it lies, On the blue flower, which-Bramins say-
Blooms nowhere but in Paradise." Blooms nowhere but in Paradise. the little tacker are to indicate some threatening danger, study its language is a human individual are onwards. You a capacity to learn Italian, Japanese Russian, and any foreign tongue, there fore seek ye the word of your babe colic or cold, anger or habit those signs. engorgement, nervousness or some disurbance outside of its little body will
be as clear to you as a written word If, then you, as a modern, sanely. living mother have convined, yourself
the child has no snre throat; no dry
hard cough, no fever.

Starvation is luckil
ven the poorest infants as rare among above the desert of Sahara. There is obviously no need for advice here, because the maternal mistake, abetted by excessive feeding. women relatives, is Here there is al ger, exaggerated like a traveller's ratives, in the hot day of spring, when the microbes in the milk, are not iced parboiled, or Pasteurized as is often the ase in the summer.
ermon to mothers that human milk is the only certain preventive of ninetynine per cent of babyhood illnesses and anguish, it may here be taken for granted that the delinquency and dere-
liction upon the part of some mothers liction upon the part of some mothers,
nurses, or doctors, there is no breas milk at hand for the child.
The happiest substitute of an unhappy list of foods, dried milks, paps, condensed, evaporated and artificial milks, is the mixed milk of a herd of culin and found free of the Great Whit culin and
Plague.
If the pretty, puckering mouth of the hungry babe could be given a weakened cow's milk only in the correct amounts and at the correct intervals directly from the breast of a healthful cow as it receives it from its mother's bosom,
there would be few dysenteries, summer complaints, sick stomachs, and adult stomach disturbances in after life. Since, however, even the clean herd of cattle with disinfected skins, in cement and easily washed stalls, milked by whiterobed, pure-handed milkmaids, fairly in the wide-world-Walker Gordon or certified milks-reaches the distant, infantile lips, there are more germs in the purest milk than there was wickedness Sodom and Gomorrah.
It is these noxious dysentery bacilli,
cholera germs, sore throat bacteria disease inciting microbes that are and thema to decent citizens. One tiny cholera or diphtheria bacillus dropped from the air into even the most perfectly clean or sterilized milk, will, before it reaches a baby on a hot day spring by the billions.
What then must happen to the artificially fed, bottle baby whose milk comes from a distant farm? It will ail or fall seriously ill. While the calves of those cows thrive and prosper; whereas even the babies on that very
farm who drink the self-same milk grow farm who drink the self-same milk grow
sleek and fat, the distant city baby withers and falls away and may even succumb to the dreadful maladies so common in childhood.
Plainly, then, if such a child is given too strong a mixture of bovine milk or given too much or too often even a
proper dilation of the milk, the vomiting proper dilation of the milk, the vomiting enough in tone to fall a prey all the more easily to the invading micro-parasites of childhood distempers.
Just think of it, one whole generation has passed since Pasteur, Koch, Soxhlet properly applied-sored that heat, if able a device-will kill all bacteria. Al though this has been in a measure used generously by some mothers to destroy the microbes in cow's milk, it has not oeen employed to the extent of stamping Fet there is more than a suren's maladies his will do it. The polemical bitterness between va rious organization and anti-organization group there as to the value of boiled nilk or Pasteurized milk for bottle fed babies must now come to an end. The miscovery a few months ago that boiled

## The Western Home Monthly

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thoroughly for fifteen minutes-is more thoroughly digested than either Pas Thus its constipat plained. The baby digests it are ex pletely that there is nothing left to pass
from her. A little orange-juice, milk of from her. A little orange-juice, milk of magnesia, or sweet oil compensates for
this, and keeps the bowels active. Little more need here be said. If boil
Lits, ing cow's milk kills the malady-producing germs which gather around the child's festive board; if boiling cow's
milk aids digestion; then despite a few milk aids digestion; then despite a few
minor troubles, such as constipationminor troubles, such as constipation-
which is remedied in the manner suggested before-on the warm days of of destructive summer, when practically all infant sickness and death come from bacteria infested milk-boil your milk for fifteen minutes, place it at once queen of America

## Home Nursing

An elderly lady who lived with her An elderly lady who lived with her
married daughter was greatly annoyed by the noise and confusion of the daughter's
town home, where children and company town home, where children and company
and pets made life a nightmare for her. and pets made life a nightmare for her.
She therefore begged permission to stay on in the farmhouse where she had been a boarder during the summer, and offered
the daughter of the house a fair salary if the daughter of the house a fair salary if she would be a sort of
to her during the winter
to her during the winter. the task rather doubtfully, but she soon found the wor read to her patient, played for her, played games with her, cooked savory dishes for her, and petted her as if she had been her Meanwhile the daughter in a stranger. relieved to know that her mother was happy and comfortable; the mother, for the first winter in many years, was content and the young girl received a fair compensation for her work as nurse, and gained
in training and cultivation, for her patient in training and cultivation, for her patient Parents of defective children often wish them to have quiet, with persona attention, but are not able to send them to an expensive sanitarium. The young food pay. In summer the parents can ook after the children themselves at quiet resorts and in the country; but in winter, business and school and other necessary occupations and activities often make that impossible. There are many
deficient children who are quiet, lovable and easy to care for, but who cannot stand the noise and confusion of the city. The girl who undertakes this work must see that the child is regularly fed and cared for in every way; that it is amused
and nuried and petted as much as is good and nure ed and petted as much as is good much as possible. Many girls in charge of such children are able to do fancywork, plain sewing or other things at the same time with the nursing, and thereby earn two incomes at once; but the second with the real work.
Occasionally a tuberculous patient wishes to be cared for in a farmhouse, but uch a case is too dangerous for the untrained nurse. Persons suffering from
overwork, children who need the outdoor life, elderly people to whom town is a girls who have broken down in business or social life are the best patients. No on suffering from infectious diseases should be taken, nor should a young nurse have
the sole care of a hopeless invalid. Only those who are seeking cheerful company, long hours of sleep and rest, regular hours and simple food should be taken, and even then a single patient is enough for a nurse.

## Mouth-Breathing

A correspondent writes to ask, "Why do I wake in the morning with a dry, unmouth, in spite of the fact that I scrupulously, obey all the laws of bedroom ventilation?" The question must be answered mouth open?", If you do, you are sure to long you have been doing yourself harm instead of good

The air you breathe should reach your ungs warmed and purified and moistenea; instead of that, it has entered them cold wonder, then, that you wake tired and uou refreshed, that your throat is sore and hoarse, or that the night was made feariul y nightmares?
Mouth-breathing means a poor complexion, a seriously-altered expression of
the face, and injured teeth young girl, once she has come to realize young girl, once she has come to realize
these facts, has cured herself in a few weeks or months. An appeal to her reasonable human vanity has accomplished speedily what years of nagging might have In some cases the
In some cases the cure depends upon proper breathing. If the whole nasa cavity is filled with growths that only the surgeon can deal with breathing ont the through the mouth, becomes impossibpt But when a mouth-breather has learned that the nasal passages are not impeded, he must address himself patiently to correcting his bad habit.
He must take breathing exercises at regular intervals, and keep his mouth To assist in breaking up the habit during sleep, he will sometimes find it a good plan to pass a light bandage under his chin and fasten it at the top of his head, surgeon's plaster.

Lateral Curvature
The spinal column follows the curved ine of beauty; no part of it is perfectly ward ward, the part of the spine to which the direction, and the lower portion curves forward once more. There are curves also to right or left, but these are normally very slight. When they are so great as o be noticeable, they constitute the deormity called lateral curvature of the The curve usually begins to form in childhood and increases very slowly, without pain, so that it often exists a consid rable time without being discovered.
The absence of pain has its unfortunate side, since it is naturally in the early
stages, before the bones of the spine have changed their shape, that treatment is most successful. First of all, it is necesary to determine the cause, and remove it if possible, for the disease can never be red while the cause continues to act.
The curvature may be due to a wrong bad lighting, defective eyesight, or badly constructed desks; to the carrying o heavy weights on one arm, as in the case of school children who take a dozen books home for study every day, or of the "little hardly more than infants, carry baby brothers and sisters round all day, or to the shortening of one leg, which throws he body to one side, and makes the child Other causes, such as disease of the lungs, which produces a falling of one side of the chest, have to be considered as affecting he results of treatment although they may e themselves incurable.
The treatment of lateral curvature, if begun early, offers much hope of permamatic and persevering if it is to be successful. It consists chiefly of systematic xercises that twist the spine in a direction pposite to that of the abnormal curvelastic, and strengthen the muscles so clastic, and strengthen the muscles so after it has been straightened.
ory is told by the Chicago Ne of a Chinese mandarin who went to his doctor for advice. He could not sleep, had no appetite, suffered greatly from
lepression, and nevertheless was taking on fat at an alarming rate. ${ }^{\text {an }}$. "We"ll soon put you in condition
again," said the physician. "What you ngain," said the physician. "What you our times a week rou may come her floors." in the morning polishing my "But why not my own floors"" the mandarin inquired. doctor, smilingly.

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How they do Things in Alberta
By Prof. W. J. Elliott, School of Agriculture, Olds.
T IS A fact that in Alberta there are The boys are taught to judge draft many young men who came to the horses, dairy and beef cattle, the vari new land of the West with their ous types of hogs, etc., and while these parents at a time when there were few animals are being discussed, matters purse was not stout enough to employ Alberta feeds that are available and hired help Thus the boy got very little suitable. Next in importance to the or possibly no public school training live stock work comes the work of grain after coming to the province. These judging, weed seed identification and a facts are to be regretted, yet they are thorough discussion of Alberta's, soils part of the price that is paid by the and how to handle them. The iron and pelp their parents win a home for themselves.
Alberta, like the rest of the provinces of this new Dominion, has literally thousands of boys who are to be the future farmers, and who are dencient as cerned. These boys range from 16 to 25 years of age. They will not go to the public school even though later finncial success would make this possible. We could not expect a boy of twenty
years of age to stand in a class at the public school with a ten year old boy in knee pants. Then where can he go? wood repair work is another very im
portant phase of the education. A car pentry and blacksmith shop has been provided and all kinds of farm repairin s. done by the boys. They are first taught the use of both iron and wood The boys make door hooks and chains, make clevices, whiffle trees, wheel bar rows and wagon boxes. This includes the cutting out and making the wood work and the making and shaping of all rons for the same.
English, and work in Chemistry, Phys-


Studying soil chemistry, Olds Agricultural School, Alta.
The high school standards will not ad- ics, Botany and such subjects as are mit him; the colleces hold their stand- directly and closely related to agricul ards of admission above his head. The ture. For instance, the boys are shown
facts are then, that the man who is to the cattle fed on the farm and learn become the tiller of the so:l and on that they receive certain propostions of whose shoulders the burden of Canada's oats and barley, cut oat bundles and prosperity must rest, will have to do wild hay. The bors then go to the without a training.-No, that will not classroom and an instructor in chem Alberta's Schools
The Minister of Agriculture has esablished three schools of agriculture in the province that are primarily for he the future farmer of the province These schoolg belong to him. He has a right to go to them, and at them he meets others just like himself. There re no standards of admission, the only hing being a willingness and a con-
cientious effort to do on the part of cientious effort to do on the part o
he boy. The atmosphere of the schoo is an agricultural atmosphere, the in structors have the word "Practical" written high and clear above every lesson that is taught. The idea of the riew of the importance of his calling, o that he may grasp the idea that very business on the face of the earth omes second to that of agriculture. And, in the second place, the school eeks to give such information as will urns home. No leson is given in re classroom that is not immediately fol owed by practical work in the laboratory, the stock judging room, the seed
testing room or the blacksmith and esting room

The Course of Study
Prime importance is given to live tock, as the permannent sureess of West. en agriculture is wapmed of West-
istry shows them the same oats, barley
and roughage. The chemical composition of each is discussed in terms of put fat on animals boy learns that to starchy foods like barley and wheat and that to produce milk the oat is the grain that is used above all others. In this way, the discussion of the composition of the feeds on the farm is so ingoing on on the Demonstration Farm that he becomes familiar with the ordi nary feeds on an Alberta farm, and, without knowing it, is actually studying the chemistry of cattle feeding. It is just in ways of this kind that all of
the lecture work of the classroom is made of actual value to the boy in practical way.

Are the Schools Well Attended?
The natural question to ask is, "How by the farmers and farmers, sons?" When the principals were appointed and the staffs were being called together last fall. the Minister of Agriculture suggested that if 15 to 20 boys were received at each school, he would bc
entirely satisficd. The schools have cer-
. The entirely satisfied. The schools have cer-
tainly been appreciated by the farmers and the attendance of the boys has proven beyond the question of a doubt that these are the schools that the farmers want for the education of their

In the three schools, 176 boys were enrolled for agricultural instruction. We doubt if there is a province or state on this continent that can show such a
One hundred per cent of the record. One directly from the farms. In boys way it will be clearly seen that the agricultural schools are not encroaching upon the work of the public schools or collegiate institutes. They have drawn heretofore have received no instruction.

Blacksmith's Shop, Olds Agricultural School, Alta
At the Olds school, 37 boys were regis- home gardening, poultry and butter tered the first day, and inside of two making. Here again the work is made weeks a total of 61 boys was admitted. as practical as possible. Somewhat
More seats had to be ordered and more an idea may be gained of the practical equipment secured. Before Christmas nature of the work when it is said that the principals of the schools were ad- Mr. Pat Burns, the noted cattleman and vising the farmers not to send any more packer of Western Canada, after going boys, as the schools had practically all through the buildings, and seeing the that they could possibly handle. suggest was and girls at work declared that he that there will be in the neighborhood had ever visited and offered on the spot of 260 boys at these three schools next $\$ 100$ scholarships for the best stock winter. The school term only runs for judge, for the best grain and weed seed
five months in the winter, beginning judge, for the best cook and the best five months in the winter, beginning judge, for th
oftober 27 th and lasting until the end the present writing, the So apparent is the usefulness of the Olds school alone has received signed up schools that already the Minister of


Girl's Class Room, Olds School, Alta
applications from 42 boys and 18 girls Agriculture is planning large extensions from last year's class who wish to take in the way of buildings to acco
a second year', and, in addition, 33 boys next year's quota of students. a second year', and, in addition, 33 boys next year's quota of stare the
and 6 girls have registered for the
first year. This makes a total of $99 \quad$ Advanced Agricultural Course first year. This makes a total of 99 registered for next year's work at the It will be seen by the foregoing that Olds school alone. Indications are that the course as offered by the Alberta by the time of the opening day the Schools of Agriculture is designed par school will be refusing to register any are to the farm. There..of course, will regarded so highly by the farming com- be a small percentage oi students who munitics that the Minister of Agricul- wish to go on for more advanced work.
ture is literally besieged with delega- The Schools of Agriculture, therefore, ture is literally besieged with delega- The Schools of Agriculture, therefore,
tions arking that additional schools be fit in with a regular continuous system tions aking that additional schools be fit in with a regular continuous system
establiched at other points in the of a aricultural colucation in the Prov-
province:

Household Science Branch
In addition to the work that is given for farm boys, a course is offered in daughters science for the farmers' farmers' daughters the surrounding towns as girls from ing advantage of towns as well are takcovers a study of foods, sewing cooking, laundry work, hygiene, sanitation, home care of the sick, and work in

proviuce

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dries for at least two years, most of it three years, some of it dries for at least two years, most of it trree years, some of it
dinationlarly the pieces for the hubs, which receive special particularly the pieces for the prod

 naurall, wit is this right drying of good wood which gives Petroliin and Chatham wagons
tation C local agents can furnish you with 1 HC local agents can furnish you with catalogues giving a great deal If vian inad rather get it direct fro
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| 83 |


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employ. employ.
schools are about equivalent to the two years offered by Guelph and Manitoba agricultural colleges, with particular adaptation to Western conditions. Students who complete the two years' will be admitted directly into an advanced degree course as offered by the Provincial University.

Extension Work
The staff at each school is composed of thoroughly practical men, and dur-
ing the seven months of summer when the school is not in session, these men devote their entire time to agricultural extension work. In short, this extension work may be said to cover any prac-
tical assistance to the farmers in the tical assistance to the farmers in the needless to say that a good deal of this nextess to say that a good deal of this the farmers' sons who attend the school during the winter. The animal husbandry instructor has outlined a series
of experiments to be conducted by 20 of experiments to be conducted by 20
of the students along the lines of the summer feeding of hogs.
The agronomy instructor has an experiment outlined in connection with alfalfa, and approximately 20 of the students will undertake this experiment. the school have formed an experimental


Girisin Domestic Science Class, Olds Agricultural School, Alta
union, and under this uni•n a great agriculture is very much less than it many varieties of grains and grasses otherwise would be.
will be tested out. The agronomy in- It might be added that of the 20 structor of the school is the secretary acres under the supervision of the $\begin{array}{ll}\text { of the union and will be in a position } \\ \text { to give practical advice at all times. } & \begin{array}{l}\text { schools of agriculture, about } 15 \text { are set } \\ \text { aside for experimental plots, where the }\end{array}\end{array}$

## Cow Testing Associations

Cow Testing Associations are being started, and so great is the call for assistance in this line, that it will require
the balance of the staff to visit the the balance of the staff to visit the
students and farmers once per month students and farmers once per month
to weigh and test the milk of the cows to weigh and test the milk of the cows
that are entered into the cow testing association. It is an interesting fact school and 11 of the girls have signified their intention of keeping the records of the herds at home, with a view to securing the advantage of the cow
testing association. It will thus be seen that the staff are kept directly in touch with the farming community surrounding each school
Co-operation With Demonstration Farms A point that might be brought out in this connection is with reference to the demonstration farms and the schools of agriculture. The schools of agriculture occupy 20 acres of land on the corner of
the demonstration farms of the land is handled under the direc tion of the Superintendent of Demon stration farms, who conducts each farm as a more or less commercial proposition. Herds of dairy cows representing the Carious breeds and imcluding milking stration farm, and milk of superior qual ity is shipped to large centres like Cal gary and Edmonton. The Demonstration Farms are not handled entirely in
the way of experiment stations, but
ather follow out the experiments of th arious stations and test the grains rasses, etc., in a commercial way. It s an interesting point to note that these demonstration farms are paying their unusual with demonstration farms in the Dominion of Canada.
The students thus have a demonstra tion farm at all times run along ordinary farm lines and operated as a payby proposition. The anstruction gained on is thus made all the more valuable The manager of the demonstration farm gives instruction to the boys under the heading of "Farm Management" and, needless to say, his talks are borne out -

The school of agriculture does not need to carry an expensive equipment in for way of the various classes of stock for educational purposes. The stock the ordinary stock that is carried on the demonstration farm. A team of horses may be drawing straw, ice, hay grain or anything on the farm, and at noon the harness is taken off them and they are sent to the stock judging room
for the use of the students. In this way, the operation of the schools of aside for experimental plots, where the various classes of grain, grasses, shade trees, shrubs, fruits and berries, are ing community. All those who visit the demonstration farms and the schools of agriculture are high in their praise of the practical nature of the work that is given to the students and of the useful for the farmers living within the district covered by one of Alberta's schools of agriculture.

There are three ways in which a soil loses its moisture-by percolation, leaveration, transpiration through the Losses by evaporation may be reduced to a certain extent by mulching the soil. impervious to the movement of rather Generally speaking the are of water is about three inches deep and is obother either by using a harrow or some id form of cultivation. It is by the to conserve that the dry farmer is able ture to produce amounts of mois Losses from transpiration cannot be controlled to any extent as they are the principal agents being heat. humidity and air movement. In an arid climate because of moisture become very large light. Consequently air and intense sunmoisture are needed for the successful production of crops in an arid than
humid climate.

The Parkland Districts of Alberta

## S. J. Widgley Edgerton

It is a prevailing idea in the Old cottonwood, all help to make such a picCountry and in many parts of Eastern ture that will rival the finest parks in Winnipeg to the Rockies is one dead afford shelter and shade to herds of level treeless plain; wholly given over to cattle and droves of horses. the cultivation of grain; and that the The sportsman can find much in the only place where beautiful scenery may bluffs that line the river banks and steep $\begin{array}{ll}\text { be enjoyed is in the great mountains that } \\ \text { lie beyond. } & \begin{array}{l}\text { ravines, to interest him. An occasional } \\ \text { bear, timber wolf or lynx will give a }\end{array}\end{array}$


## River Scenery in Alberta

There is reason possibly for these in- spice of danger, while deer and small orrect notions, for grain growing has game will furnish supplies of food and been boomed and extolled till strangers capital sport.
believe it is the sum and substance of The naturalist, too, will find much to Photographers delight to picture the plants invite investigation and the and great ploughing machines at work on the sibility of fresh discovery is ever present long furrows that terminate only with to sustain the interest.
the horizon. Humourists have told of the horizon. Humourists have told of the touching farewells between the far mer and his family as he starts out to

A traveller asked a priest: "What is the plough the strip of land that leads into difference between an ass and a priest?" the unknown. it up. "Why," said the triumphant com-

I.fe's a Joke that's just begun

[^3]
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By Charles Cristadoro, Pt. Loma, California
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## About the Farm

$$
\begin{aligned}
& \text { Keep a reasonable number of cattle Note that a balanced ration of } 17 \\
& \text { No whether the number be large or pounds gives as much butter fat as an } \\
& \text { and whe }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Keep a reasonable number of cattle } \\
& \text { and whether the number be large or }
\end{aligned}
$$ small, keep them tuberculin tested; and poubalanced 21 pound ration, and that retest, preferably, every six months, continuous silage is sometimes cheaper segregating but not necessarily destroy- than pasture. A ton of alfalfa hay ing reactors. clean: feed no milk from reacting keep in mind that only 100 pounds of


"War to the end without Mercy"-Premier Viviani's Pledge for France
The German torrent is checked," said Rene Viviani, the French Prime Minister, in an interview with a war correspondent. Viviani has been directing France's affairs ever since the war has started
and he firmly believes that the backbone of German militarism is broken and that her military machine is gradually being crushed. "Germany planned this war, deliberately. If Germany really
 mer, was ano her decisive remark of the French Government. Viviani works fifteen hours a
or even untested cows, and no milk re- butter fat yearly per cow cost the pro urned from creameries, to calves or ducer on an average 35 cents per pound: other stock, unless such milk be first and that 300 pounds yearly per cow cost
heated up to at least 145 degrees Fahren- $121 /$ cents about per pound. Thus does eit for thirty minutes (pasteurized), it pay royally to improve the herd. This is not theory, but sound practice. Produce the Feed
Select and Keep Good Producers It pays better to market your hay and
Select and Keep Good Producers
rain in better to market your har and Khow what cach con prodncon oret steers and hogs. Erect one or more silos. and ahove her keep, and pomptly got grow alfalfa, corn, sorghum, swect
rid of unprofitable ones. A fono and clover, katlir corn and sor beans. Beet infor umprow conte alout the and kep. One just pays for her keep, the lent silage. Rotate your crops. Use other nets a protit of son to siol per shage and thats secure milk-producing ammu. Sseertain carcfully, your hos fodder the year around, which wit

 quite so well an (a) aration. Use the Manure

Use Only Pure Bred Bulls
Tpoen this deper
provement of that the und and im- food, that when this is fed to the cow provement of the law. There is very threefourths of the plant food is re-
little difference in : $\$ 100$ worth of
cream contains but $\$ 1$ worth of fertility
while $\$ 100$ worth of butter contains but ten cents worth of fertility. This makes
it plain that feeding hay to the cow it plain that feeding hay to the cow
leaves nearly all its fertilizing cons. it. eaves nearly all its fertilizing cons. it-
uents in the manure to be returned to the land, while hade the he returned to
the lis sold, toss to the soil. Either use the manure daily upon the farm, or store it in a
shailow concrete pit, at a reasonable shallow concrete pit, at a reasonable
distance from the barn or milk-house, distance from the barn or milk-house,
and thus save the valuable nitrogen that the groundi, sun and rain would help climinate. Keep the pasture highly fer-
tilized. The addition of lime phosphates, etc., to a cow pasture, has meant a large increase in the yield of milk. Nortgage
Keep the $\underset{\substack{\text { Barn Clean and Well } \\ \text { Ventilated }}}{\text { and }}$
Ventilated
Keep the barn well lighted, ventilated and securely fly screened. Keep it clean. ness. Keep the cows clean by care and abundant bedding. See to it that covered milk pails are used, and that the milk utensils are well washed and then scalded. Do not throw down hay to cows an hour before milking. See
that the milkers are healthy and persons, who wash their hands carefully before milking. Remove milk pail, when full, at once from barn, and strain the
milk through cotton or gauze or better, milk through cotton or gauze or better,
clarify it with clarifying machine. Even clarify it with claritying machine. Even
the best milk produced demands clarification and pasteurization to insure absolute cleanliness and safety at ALL taken to keep the milk clean and free from contamination of any kind. Never be without a dairy thermometer in the
Keep the Cows Comfortable
Remember that the dairy cow is a daily revenue producer, and is the most valu work, and is profitable in proportion to the attention she receives. She is a source of immediate income, and at the same time helps keep up the fertility of
the soil. Also remember that the dairy the soil. Also remember that the dairy cow is a mother, and that good care, kind and gentle usage, liberal feeding, and she is to give good profit from her
motherhood. As you measure to the motherhood. As you measure to the
cow, so shall it be measured to you in ew, so

Be Considerate to the Cows
During milking time use no profane
language. Keep dogs and strangers out of the barn. Become acquainted with
and know your cow. It pays. Under no and know your cow. It pays. Under no
circumstances permit a cow to be kicked or abused by the hired man-it never pays. It is mean and brutal as well. There alwass is some reason for a cow's
being restless. Find the cause and rebeing restless. Find the cause and re Provide Shade and Wind Protection, Etc. Provide ample wind protection, shade, salt and clean water. He who obeys all of these commands will reap abundant profits, for he who sets apart the gross product of a succession of single eoers the accumulations at 6 per cent interest, will, at the age of 70 , have to his credit not less than $\$ 30,000.00$. Note well, that a thrifty steer may gain 500 pounds in a Year which 500 pounds reduced to a dry food basis of weight amount yieling 8000
or 70 pounds. A cow yin pounds of milk per annum, will produce ${ }_{960}$ pounds of dry food matter, milk solids. And note that the dairy cow has increased the total bank deposits of the
state of Wisconisin three hundred per
$\qquad$ cent in te

[^4]the pigs, for if the pigs are shut up they
will have a tendency to worry aud not do so well.
Great care should be taken at weaning
time as that is the critical time in the time as that is the critical time in the
little rigs' lives. Any direct change or little $f$ igg' lives. Any direct change or
overfeed may check their growth for sev eral weeks. When the pigs are about
four or fie weks old placed near where the sows are fed, and fresh feed put in for the pigs every time
the sows are fed It will only be the sows are fed it will only be a very short time until the pigs will be waiting
at the trough for their feed. It is very fer growth out of essential to ge the most thed pigs that they lave plenty of exercise. This they will get while gathering forage which they should
have. Alfalfa undoubtedly is the best, have. Alfalfa undoubtedly is the best,
but if it is not a vailable, a field of rape but if it is not available, a field or rape
or oats slould be sown for that purpose. slop of 4 per cent. middlings, 20 per cent ocrn chop, and. 5 per cent, tankage,
with all the shelled corn they will eat with all the shelled corn they will eat
twice a day and plenty of clean water twice a day
at all times.
I have been using tankage in the ration for my weaned pigs for several years sults in the bone, feet, and thriftiness by the use of a limited amount of tank-
age tnan I can with any other feed.age tnan en can with.
Independent Farmer.

## Poultry Alphabet

A utility bird is rarely worth doctoring, the axe being an excellent surgical strument to apply to sick fowls. Balanced rations supply maximum nourishment with mi imum of waste. Cull closely, for it does not pay to board
idlers.

## o not atte thoroughl

Every insect left to mature will decreas the profits of the flock.
F-i-1-t h spells failure.
Good stock is the best foundation but it must be handled with common but it Hens are not magicians; so cannot manufacture eggs unless given the proper materials.
Indolence -and poultry-breeding make a combination which would bankrupt wealthy financier
nst a little observation will prove that
the $\overline{\text { I-know-it-alls never }}$. ful poultrymen.
Kindness shown to
creased egg-supply Lice multiply
roundings.
May chicks, pushed to maturity, make fall layers to fill in the time when earlier hatahed birds are resting.
Oo mixed flock can give the satisfaction of mixed flock can
of a single breed.
One's favorite breed is usually the best with which to win sucerss erels as soon as separated from cock eress
Quished.
Quickly kill
Quickly kill the chicks which are dwarfed or crippled when hatched.

> Rush young brrds towaru you wish large protfis.

Select breeders early and dispose of other male birds.
ing waste no feed, either by over-feed-
Tnless careless methods, or one-sided diet they you give your flock regular care, Very few poultrymen know so much that they can learn nothing from the exper ience of others.

## Facts About Silos

Some false statements about silos and 1. Silage ruins a cow's teeth.

Silage causes tuberculosis in cattle
4. Silage acid eats into the walls of crete silos. Silage does not keep well in any-
thing but a wooden silo.
6. The only good silo is--kind of a

Silage is the cheapest feed that can produced on the farm.

[^5]

## SOW SIMMERS SEEDS

 You Can't Cut Out ABSORBINE will clean them off permanently
and you work the horse same time Does not bulster or remove the hair W. F. Young, p.o.f.f, 138 Lymans Bulldang, Montroal, Con-

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2. Silage acid does not injure well constructed concrete
3. Silage is kept perfectly in all common types of silos that are well constructed.
4. A larger proportion of the corn crop can be utilized in the form of silage than in any other form.
succulent feed in Winter. 6. Silage is very valuable as a supplement to pastures, especially during the hot Summer months when pastures are likely to be short.
7. The best corn silage is made from corn cut when practically mature, that
is, when kernels are well dented but stalks and leaves still green.
8. The higher the silo the better the 8. The higher the silo the better the
silage will keep, other things being equal.

9. The important thing in silos is not thing wrought out as if it were the pivot of what they are made, but how they are on which fortune is to turn. Others go
made. Smooth, strong, water-tight and around the place with their faces down air-tight walls are the chief requirements toward the earth, sick of it all, wishing 10. Freezing is prevented more by
10. Freezing is prevented more by
keeping the upper part of the silo closed
and by keeping the outer edlye of the
and by keeping the outer edge of the
silage lower than the midule than by
thick or double walls.-A. 1). Wilson.

Grow
When the farmer gets tired of doing
good work and sags back, the world gets
tired of helping him and sags back too.
tired of helping him and sags back too.
The hind legs of a mule are not more
apt to fly up and hit a fellow in the fore for near the wattles, it would be natural than is the carth to kick when she is oway may gradually get the neck bare not used right. In casess where the head and back of the That is why it pays to put the very neck are lare, and upon whichc is found
best there is in whetance like dust, it is due to scurf. best there is in ur into erery kind of For this trouble nothing is better than
iarm operation we prriom.
to first give a teanponful of castor oil. The farmer who mum- husiness does after which give, daily, a little condition

 Even the cows that
the morning and bong han lhe in quarters, feeding a little sulphur in the
fuls of milk sing the same sung: "Were soit food and anoint the skin with vase

## Young People

The Bur and the Nut
Prickly-Bur said to Hazel-Nut "Ho, ho! I have children three And 1 ve shut them tight away from Where the girls and boys can't see In a green-spiked cell I have hid them At the to

At the top of the chir to Prickly
Then Hazel-Nut said to Prickly-Bur "Hush, hush! I hide but one But I've wrapped it round all safe and And I think my work well done,
For I've tucked it away from the light
From the rain and the dew and the sun!"
But Jack Frost came with his magic wand
Of delicate hoar-white frost
And he said, "My will o'er valley and hill And he found the cell that was hid so And the children out he tossed.

Then he spied the lut of the Hazel-Hut hat she thought no one could see, And threw on
found,
While he laughed aloul in glee: "Ho, ho! My will o'er valley and hill
No power has ever cose Hear, Pricklv-Bur! Hear Ha It is I-the King-Jack Frost ',"

## "A Wonderful Land

By Anabel Hadley
Oh, Grandma-town is a wonderful land. Whith paths that lead to-everywhere; Some silken shan, some little feet bare Tleere are stories for boys and stories for girls. f little Bo-Peep with her hair in curls, There are b. for bris and And the swins, There are walks that lead through flow And lullaby sones that banish fears. There are stories of goonlies in Crandma A room full of dollices short and tall,
Or animal toys with soft coats of brown. and there's grandma herself, which i.

## Bubbles

By Belle Lawrence.
"Tt isn't so much fun playing soapbubbles!" sighed Ted, as he laid down his pipe and stioned ows
dow.
"0 "O dear," cried Bessie, "Frankie's nice ones at all!"
"TTell, well! " What's all this about?"
ent asked a deep roice, and the children saw
Uncle Xed standing in the "Now what shall it be to-day?" he
said, as the children gathered round him. Ted suggested Indian stories, Frankie preferred to hear about wild animals, and Ressie insisted on fairy stories, as
both the former frightened her. But as tncie Nid was about to protest, fearabg tromble alicad, his eyes rested on the "Why: let's have some soap-bubble sugguring were alwars met with in"Xn firt." sain hee "we'll see if w. manemen


With Father's Music
Bragdon, the composer, was working on his symphonic poem. when the baby's Bragdon bore it manfully the nursery ates, expecting baby's mother to min to the rescue. Then he opened the doo and shouted up-stairs:
"What is the matter? Harry, are you "easing the baby?"
"No, papa."
"You must
"You must , be doing something to "No, papa-tru
id was papa-truly! All Ethel and our lullaby," to sing him to sleep with

## Face Pictures

We write our lives upon our faces deep n autograph which they will always
Thoughts cannot come and leave behind no trace
Of good or ill: they quickly find a place Of good or ill: they quickly find a place
Where they wio will may read as in a book

## hiden meaning of our slightest look.

ach for t
climb

Steps ne'er are wanting, ever the sublime Allures us onward, and our lives will be Just what we make them, to eternity. hat they now are, the face will surely show,

Time deepens all the lines, or dark
fairby care.
Thoughts into actions very quickly grow, Actions are seeds which everyone must They reap the richest larvest of good deeds
o sow but
seeds.


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 ingI will ivise away frees his spingrige i,0oo Hibibemal Apple and 1,000 Trancendert Crab Graft. shese are gratts and should grow two feet this
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clude several essentially Canadian ones, which are now published for the first time, and should be very valuable in after years.

## What Others Say

"T have just received a enpy of The Western Home Monthly War Supplement, and have glanced rapidly through it. It surely is most interesting, and a book that will be greatly welcomed. I thank you for it." H. W. Daly, D. R. Dingwall, Ltd., Winnipeg.
"We acknowledge with many thanks receipt of 1914 War Book issued as a supplement to your periodical. The writer has only had time to glance nev the War Book but from a cursory examination it appears to me a supplement of this kind will undoubtedly increase the good/will of all toward your paper With many John S. Barlow, The Western Canada Flour Mills, Ltd., Winnipeg.
"Permit me to acknowledge with deepest gratitude the receipt of a copy from your hands of the 1914 War. The work indeed is a ereditable one, and should be still more appreciated by our children's children in years to come. Cot only your color plates, but your black and white electros, all of which I presume are made advanced for "Made in Winnipeg", goods. Again my heartiest appreciation for this superb collection of most
and interesting pictures

Cordon E. Hunter, J. J. Gibbons, Ltd., Winnipeg. "Re your War Illustrated-this is one of the hest publications of the kind that has reached our Office. The copy we have received has been handed around." Illun II. Xoble, The Oxbow Herald, Oxbow, Sask.

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(which is exactly what it costs us) and a copy will be forwarded you. BUT RESEDBLR. The supply of whese books is bery limited-so better write at onn to-day and secure bLT REAIEMbLR. The supply of

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## The Home Doctor

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## GREY 35 YEARS--CURED IN THREE SHORT WEEKS

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Look Years Younger.



Nine Rules for the Children's Care. clothes become too smaill, make them 1 Don't forget that lowered vitality on using restricting garments. 1 Don't forget that lowered vitality
makes ohildren much more liable to catch any infectious disease that may be going. Try to keep them strong and a
2 Don't let the baby-soother remain in the mouth when baby is asleep, if it has been necessary to give it to him
asleep, remove it whenever he goes to asleep, remov
Slumberland.
3. Don't, if you are a nurse, ever hide 3nything that may have happened to a child in your care-such as a bad blow on the head, a bad fall, etc. Very often
something can be done at once in case of something can be done at once in case of a bad accident, and perhaps save the child's life, whereas, if left,
very serious, if not fatel.
4. Don't tell children creepy and gruesome stories just before going to bed
Indeed, swech stories are better not told at all.
5. Don't forget that fat is very important as a preventive of consumption. Butte
fat.
6. Don't, on any consideration, let your children wear any garment that Yourt oilildren wear any garment that


British "Tomimies" use Dogs for Scouting


starts with inflammation, and ends in a permanent hardening of the muscular of the neck it causes a chronic condition of the neck it
Fortunately, however, the usual attack of "stiff neck" lasts only two or three days, although it is the cause of a good deal of pain. Women and children suffer from it more often than men. It is said that exposure to a draft win often bring or the nerves of the face frequently accompanies it. At the height of the attack, the usual uncomfortable accompaniments of a "cold" will be no-ticed-a feeling of lassitude, with a furred tongue,
slight fever.
It follows that the same remedies that It follows that the same remedies that
would be adopted for nie ordinary cold will be of use, in addition to local treatment for the relief of the pain. Most people find warm applications very helpful, and as the pain gradually lessens, vibratory massage, or gentle massage
with the hand, often gives relief. with the hat of stiff reck is An acute attaok of stiff neck is pain-
ful but unimportant; but a chronic torticallis, whether painful or not, is generally a serious matter, and often leads to deformity. That is especiailly the case with children, in whom it may indicate the onset of tuberculosis of the spine.
When a child has a stiff neck that does not yield readily to ordinary household remedies, a physician should make a thorough examination at once.

## Open Windows

When the children are restless, constantly waking up or complaining o are getting their due allowance of fresh air in the sleeping hours. There cannot be the smallest objection to fresh air, even the baby of one month old can sleep with slightly open windows. When there is plenty of ventiation, children ret in every way if they have fresh air. And open windows should be the rule in the bedrooms and nursery.
If Mary is pale, or Jackie refuses to get up in the morning, the cause is very probably due to sleeping in stuffy rooms, makes a great difference to a child's good looks and health.

## The Care of Sponges

All sponges used for children should be frequently scalded and kept scrupulously clean. Never use a dirty sponge for the
delicate skin of a young child if you wish it to keep clear and free from blemishes.

## The Shape of the Mouth

A child who has hurt the outline of its mouth by constantly sucking the thum should, as soon as it is old enough, go through regular lip exercises, and a clear upon. This will belp to give the mout a better shape.

## Little Girl's Arms

I met a mother the other day who told me she was terribly worried because he daughter, a pretty debutante, had suc a child," she said, "but I never troubled about them." That was her mistake She could have cured them easily enough before the skin got thick and coarse. rub, night and morning, with a loofa wel soaped with o rough with towel to stimulat the circulation, and then massage wit cold cream, will work wonders.

It Rubs Pain Away.-There is no liniment Thomas' Eclectric Oil. The hand that rubs it in rubs the pain away and on this account
there is no preparation that stands so high
in public esteem. There is no surer pain
in piller tho
kill in public esteem. There is no surer path
killer procuralale as thousands can attest who
have used it successfully in treating many
ailments.

## Household Suggestions

## The Bread that Mother Used to Bake

There is a good deal of truth in the rather tiresome jokes about the impossibility of getting bread such as "Mother used to Bake." There are many reasons why we, however expert and scientific in
our cooking, cannot hope to match the our cooking, cannot hope to match the is in the material not the method. We can no longer get the old rich brown graham flour with a flavor all its own; cornmeal is altered in consistency and
flavor and buckwheat is not the same at flavor and buckwheat.
all. The chief reason for the change in the quality of graham flour may be found in the changed method of making it. Formerly this flour was produced by grinding up the whole wheat, without extracting any part thereof thereby in-
suring the flavor, the color and the nutritious quality that made the product so highly prized a few years ago. It is now the custom to separate the product in the grinding; to use half of manufacture of high-grade white flour, and only what is left for the graham. Then, having reduced the quantity of the graham flour by taking away so much, the millers make up the deficiency by adding thereto the requisite measure
of ordinary flour of low grade. This why graham flour has deteriorated in why graham flour has deteriorated in they were forced to put a cheaper article on the market-and they did.
Cornmeal also has lost much by the new process of making it. The grain is now ground by the steel roller process,
whereas it was formerly crushed by buhr stones, and however great an improvement this machinery may be in
facilitating the work of the miller, its introduction has in no wise improved cipal cause of the meal. But the prinmeal is the division of the product, as in the making of graham flour. The whole corn is no longer used. The hard, flinty part of the grain, which formerly went into the product along with the
rest of the kernel, is now carefully extracted and used as a separate commodity, and finds a ready sale.
Still another circumstance has operated in a less important way to lower the gustatory quality of all milling products. This is the substitution of the roller process for the buhr stone in the making
of flour. It is the testimony of millers that, everything else being equal, the flour produced by the roller process has not the same quality of taste as that made in the In the making of buckwheat flour there is no separation of the parts. The son for any division of the product, and
the presumption is that all buckwheat flour is honestly made-at least, since the pure food laws became operative.
A low grade flour, probably corn lour, or something just as inexpensive,
is added to the buckwheat in sufficient quantities to materially increase its weight without making it unmarketable, and this mixture is put on the market at the pric of pure buckwheat.
will deal with this, but in the meantime will deal with this, but in the meantim
we can only do our best by careful cooking to make our breadstuffs palatable, and comfort ourselves with the thought that
even mother's baking was not always good.

Hot Scotch Rolls
Boil and mash fine one large, mealy potato. Scald one pint of flour with boiling water; add one teaspoonful salt, one heap-
ing tablespoonful of sugar, the white of one egg, and half a compressed yeast cake dissolved in warm water. Set to rise and when , ery light add sufficient flour to nead it thoroughly. Do not knead too stiff. It can be thoroughly kneaded be too stiff. An hour before bed time work in two ounces of butter or lard. Roll it up in woollen cloths and let raise until morning. Then make out in rolls, if
possible, an hour before you commence breakfast. Let get very light and then inables the thitions, clears the passages, and bake ten or fifteen minutes.


Sometimes wheat is simply baked, and in a moderate oven. That breaks up some part of the food granules. But those granules, of course, are mainly starch in any white flour product. Much of the wheat is omitted.

When ease of digestion is wanted the baked bread is toasted. That breaks up more of the granules. That's why toast is suggested for breakfast. And why doctors prescribe it for maximum nourishment with minimum tax on the stomach


## Triple Cooking

Puffed Wheat is baked in superheated ovens-at 550 degrees. It is toasted by rolling for one hour in that fearful heat. So it's baked and toasted in a matchless way.
Then it is steam exploded. A hundred million explosions -one for each granule-are caused in every grain. Thus every wholewheat atom is
fitted for digestion as it never was before.
That's what Prof. Anderson's invention means in a hygienic way. And that's why millions of mothers serve Wheat and Rice in puffed form to their children. You will do it also when you know the facts, especially between meals and at bedtime.

## Puffed Wheat, 12c Puffed Rice, <br> Exeep tin Exteme 15c west

## Thin, Airy, Flimsy Bubbles

These are enticing morsels. nut meats in candy or ice They seem to melt like cream. Let children eat snowflakes. The grains are them salted, like peanuts, eight times normal size- when at play. And by all four times as porous as means serve them in your bread. The taste is like toasted nuts. grains. All folks easily confections. Use them like atom feeds.

## The Quaker Oats Company

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## 48

> "It'sa Long Long Way to Tipperary"

Anybody Can Play This on the Piano or Organ in One Evening
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 tirriod Min Mico

Eyeglasses Not Necessary.
Eyedeght can be srengthened and Mort Porms



























The Western Home Monthly

## Lighter Vein

## Recognized Him at Once

Among the many rebuffs received by solicitors for charity funds, that the New York Tribune illustrates a gentle wit which must have pleased
almost as much as a generous contrialmost as much as a generous contribution:
A clergyman in a small Western town
entered the office of the local paper, and said to the editor:
"I am soliciting aid for a gentleman of
refinement and intelligence who is in refinement and intelligence who is in dire need of a little ready money, but who is far too
"Why," exclaimed the editor, pushing village. who answers that description. What is the , gentleman's name?" "I ription. "I regret," said the minister," "that I " "Why, it must be II," said the editor. prosper you, parson, in your good


## ake Scene near Edgerto

## No Cloud on His

Colonel Brownson, eighty-four years old, but still erect and vigorous, was
riding leisurely homeward on his bay mare Kit, when he was overtaken by a man residing in the next township, with whom he had a slight acquaintance, and they fell into conversation
"I have just been down to the country seat," said the other, "on what I suppose you would say is a foolish errand, inas-thirty-seven years, and whearly I am for thirty-seven years, and nearly everybody
within forty miles of here knows me. have been proving up my title."
"Your title?"
"Yes; and let me tell you, colonel, you had better look up yours., You never
"I am not afraid about my title, sir" majestically answered Colonel Brownson, who had never owned an acre of ground in his life. "I won it, sir, in the Mexican War!"

## Feeding the Stock

The victim of the following story, told Tour Around Monte Rosa," was possessed of a keen sense of humor. Otherwise his dignity might have been ruffled came to his ears. came to his ears.
she met the Rev. Robert Montgomery the poet, who told her an incident of his early career in the pulpit. When he was pointed curate in a rural Scotch district and lodged in the house of a small tenant-farmer.
Notwithstanding his office of clergrman, the family did not appear to hold their boarder in high veneration, for one out to her mistress:
"Missis, shall I feed rie the mon his dinner?"
these houses many items of interest concerning his employers and their families, and has a decided belief in his own importance to their welfare.
One day the head of one family went out into his back yard, and seeing the colored man at work over the ash barrel, said, affably:
"Let's see, what's your name?"
"Thomas Jeff"son, sah," was the reply. I am quite sure-I have heard that nambefore." "Yas, sah, mos' likely you is heard it," "I's the negro, showing his white teeth. "I's done shovel ashes an', wheel har'ls out o', dis year alley fo' de las' ten

## A Useless Implement

Aunt Ann Arkwright, the bustling spouse of Uncle Joshua Arkwright, which a showed him a silver implement which a friend had given her as a birthday present. It was shaped something ably toward the handle. Uncle Joshua inspected it with some curiosity.
"What is it?" he asked.
"Haven't you any idea?" she said,
"Wo, not the least in the world."
"Well," said Aunt Ann, "it's a pic-
knife.
Uncle Joshua picked it up
critically, and laid it down again.
"I haven't any use for it," he said, "
far as I'm concerned. It's too wide couldn't eat pie with it 'thout cutting couldn't eat

Miller's Worm Powders, prove their value
They do not cause any violent disturbances in in
the stomach, any pain or griping, butt do thei the stomach, any pain or griping, but do their
work quietly and painlessly, so that the
destruction of the work quiety and painlessly, so that the
destruction of the worms is impercentible.
Yet they are thorough, and from the firstose
there is improvementin the conditist dose
sufferer and an entire cessationdion of the
to

## You need not shake this bottle <br> HP sauce <br> is so perfectly blended-

 there is no sediment-the last drop is as delicious as the first.Would You Refuse A Present of \$100?



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tee to save you fuly and
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1040-Ladies' Apron-One of the most shown woolen mixture in brown tones practical features of an apron is the was used, wtilh trimming of tan serge
protection it affords.
The design here and brown velvet on the cape coat. The shown dass this good point and some designs are good for broad cloth, velvet,
others others. It has deep arm openings, and corrduroy, taffeta, cashmere or crepe.
is cut with suffcient is eut with sufficient fulless. It is held The cape is eut with raglan sleeve por-
to position at the back with a belt. tions It is stylish and shows the lot $t 0$ position at the back with a belt. tions, It is stylysh and shows the latest
Gingham, percale, drill, lawn or linene features of fashionabte wraps.
The are good, materials for this style. pattern is cut in 3 sizes: Smaill, medium dium and large. It requires $33 /$ yards
and large and large. It requires 414 y yrrds of 36 of 54 inch material for a medium size.
inch material for a medium size inch material for a medium size. Pat- Pattern 100.
tern 10e
tern 110c. ${ }^{28877 \text {-Giris' } \text { Coat-White linen with }}$
 of grey in a darker shade was used for with a very pleasing front closing at the the
this model.

trimmed with white would also be effect- belt, a wide collar and deep cuffs. Th ive. The style is equally good for pattern is suitable for any of this seachambrey, percale, cashmere, flannel son's cloakings, for silk, cloth or wash
flannelette, lawn or galatea. The fronts materials. It is cut in 5 sizes; 2, 4, of the waist and skirt are shaped in 6, 8 and 10 years. It requires 3 yards points to correspond. The skirt back of 44 inch material for a 6 year size has a group of dart tucks over its 1027-Girl's Combination Waist and centre. Long or short sleeves may be Drawers-For this design nainsook, cam used. The pattern is cut in 6 sizes: bric, long cloth, muslin, or crepe could $34,36,38,40,42$ and 44 inches bust be used. The front is cut to combine measure. It requires $51 / 4$ yards of 44 the waist and body portion. The back
inch material for a 36 inch size. Pat- is in two pieces. The pattern is cut ern 10. in 5 sizes: 4, 6, 8, 10 and 12 years. Pat 1044-A Stylish Up-to-Date Gown- tern 10c.
Composed of a two piece skirt, with yoke 1049-Girl's Two Piece Dress with tunic and a blouse waist, with long drop Long or Short Sleeves-This model is shoulder effect. A flaring collar finishes composed of a pretty blouse waist, made
the neck edge. The sleeve may be with diagonal closing, and with long the neck edge. The sleeve may be with diagonal closing, and with long cuff, or finished in full length style. and shaped cuff. A round collar trims As here shown, figured silk crepe and the neck edge. The skirt, which is charmeuse are combined in pretty brown buttoned to the waist, is a three piece tones. The pattern is cut in 6 sizes: model, made with an inverted plait at 34, 36, 38, 40,42 and 44 inches bust chere inch material for a 36 inch size. Pat- ens, also for all wash fabrics, and for tern 10c. corduroy and silk. It is fine for com-1007-9920-A Comfortable Suit for binations of materials. The style is Fall Materials-This combination por- simple but pleasing. The pattern is cut trays Ladies Cape Coat 1920. As here tern loc. 10,12 and 14 years. Pat

HAD A BAD COLD
WITH PROLOMGED coughing.

TRIED NEARLY EVERYTHINQ finally DR. WOOD'S NORWAY PINE SYRUP CURED HIM.

Mr. Wallace H. Grange, Vancouver B.C., writes: "During a cold spell her about the middle of last October (1913), I caught a cold which got worse despite all treatments $I$ could obtain, until about November 22nd, a friend said, 'Why not try Dr. Wood's Norway Pine Syrup?' Really, I had no faith in it at the time as I had tried nearly every other remedy I had heard of, to no avail, remedy a trial. I purchased a 50 cent bottle, and in three days I was feeling a different man. My cold was so hard, and the coughing so prolonged, that vomiting occurred after a hard spell of pocket, and every time I was seized with a coughing spell I would take a small dose. I can most heartily recommend Dr. Wood's Norway Pine Syrup to anyone with a severe cold, as its powers are most
marvelous, and' I never intend being without it at all times."
When you ask for "Dr. Wood's" see that you get what you ask for. It is put up in a yellow wrapper; three pine
trees the trade mark; the price, 25 c and 50 ; manufactured only by The $T$. Milburn Co., Limitci, Toronto, Ont.


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1196-Girls' Dress with or withou Chemisette and Tumi-As here show was combined with plue chambrey waist fronts are crossed over a chemi sette that may be omitted, or it may be made gathered or plain, and in high or ow neck outline. The sleeve is in raglan style, and extends in yoke effect over forms a stylish tuner in Russian style the skirt to the waist under the belt Serge, cashmere, novelty plaid, or checked
suiting may be used for this model. It suiting may be used for this model. It
is a good style for linen, velvet or coris a good style for linen, velvet or cor-
duroy. The tunic may be omitted, and duroy. The tunic may be omitted, and length. The pattern is cut in 4 sizes $8,10,12$ and 14 years. Pattern 10c. 1182-Ladies' Kimono-Every woman's wardrobe should boast of one or more comfortable garments of this kind; it is most desirable and convenient for the rials, inexpensive and attractive are ald ways to be found in the shops, suitable

1194-Girls' One Piece Dress with Sleeve in Either of Two Lengths-This serge with tan trimming or of of brown mere with black braid for decoration. As here shown blue and white checked suiting was used, with white pique for collar, cuffs and belt. The design is cut on simple lines, and is easy to make. The sleeve in wrist length has a neat
cuff. For short length the cuff is shaped cuff. For short length the cuff is shaped percale, chambrey, poplin, or voile are also nice for this style. It would like wise be effective in linen with free edges embroidered in scallops, and a simple ootif in embroidery on sleeves and 4, 6, 8 and 10 . Pattern 10 c .
1211-Dress for Misses and LadiesMany types of this style are now in to slend of which are especially suited is distinctively smart, and may be worn er any guimpe or waist and skirt, that harmonizes with the model. As here
a garment of this kind is a comfortable ness of conve- elty suiting in brown tones, was used nience. It could be made of white drill with trimming or braiding on tan silk, with trimming of striped percale, or of The waist pattern 1169 is cut in onted or figured percale, with facings of 6 sizes: 34, 36, $38,40,42$ and 44 inches ontrasting materials. The model is cut bust measure. The skirt pattern 1166
 cut in confined by a belt. The pattern is cut in 3 sizes
Pattern 10c.
1191-Ladies' Skirt with Yoke Turic -As here shown grey broa cloth was used, simply finished with machine stitcha two piece underskirt, that may be of lining beneath the tunic. The tunic flares gracefully at its lower edge, and may be made of contrasting material with yoke and underskirt alke. This style would be nice for novelty weaves,
for plaid or checked fabrics. The pattern for plaid or checked fabrics.
is cut in 6 sizes: $22,24,26,28,30$ and 32 inches waist measure. Pattern 10c. 1201-A Practical "Short Clothes"
Outfit-This combination will readily
10.

1058-A New Gown in Tunic Style Brown serge in a new shade was used for this model, with facings of green satin on collar, sleeve and belt. The dress is made with regulation waistline, and has a long tunic, the front of which s cut in one with a vest portion, to which
the waist fronts are joined. is finished in square outline, with a neat shaped collar. The sleeve in wrist length is close fitting. The short sleeve has a pointed cuff. A shaped belt covers the joining of waist and tunic. The pattern is cut in 4 sizes: 14, 16, 17 and 18 years. Pattern 10 c .

ppeal to the home dressmaker. The appeal to the home dressmaker. The
dress is in simple Bishop style, and may
be finished in be finished in French waist style, and
with short sleeves and low neck. The with short sleeves and low neck. The is sure to prove a comfortable garment The good features of the drawers will nainsook or canton flannel are good for the petticoat and drawers, with edges, embroidery or feather stitching for a finish. The pattern for this excellent 3 and 4 years. Pattern 10c. sizes: 1, 2, 1169-1166.-A Becoming Gown.- In pleasing simplicity, yet with several new and attractive style features, this combination will readily appeal to the
woman of quiet conservative tastes. The woman of quiet conservative tastes. The waist is cut on simple lines, and is open
at the throat, where shaped revers meet a smart collar. Jaunty cuffs finish the sleeve in either wrist or short length. The lines of the skirt are new, with panel sections outlined by tucks. Plaits over
the hips are stitched to below hip depth, and add to the comfort and graceful ful,
to develop. It is made with deep tucks over the shoulders, and the right front in wrist or short length is equally becoming. The skirt is a comfortable three piece model, with plaited fulness at the ide seams. It may be finished in normal or raised waistline. A shaped band covers
the closing in the skirt and meets the trimming of the waist front. The rolling collar forms a neat neck finish. The design is good for galatea, gingham, chambrey, seersucker, serge, percale, or oile. The pattern is cut in 6 sizes: measure. Pattern and 44 inches bust 9925-Girl's Dress with Long or Shorter Sleeve-White linene combined with blue and white percale was used for trimming in the voile, with ratine shade is also pretty new blue or rose portions are joined to a yoke, and the The pattern is cut in with a sailor collar. 12 years. It requires 4 yards of 36 inch


So few people really understand the skin, that "a skin you love to touch" is rarely found.
Whatever the condition that is keeping your skin from being beautiful, it can be changed. Is your skin colorless, sallow, coarse textured or excessively oily? Are there little rough places in it that make it look scaly when you powder?
Whatever the trouble is, you can make your skin what you would love to have it. Like the rest of your body, your skin is continually being rebuilt. As old skin dies, new forms. Every day, in washing, you rub off the dead skin.

This gives you your opportunity. By using the following Woodbury treatment resularly you can make this new skin so strong and healthy that it will truly be "a skin you love to touch."
Just before retiring, wash with Woodbury's in the following way: With warm water work up a heavy lather of Woodbury's in your hands. Then work this
cleansing, antiseptic lather into your skin-always with an upward and outward motion. Rinse with warm water, then with cold. Then rub your face for several minutes with a lump of ice.

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The For sale by Canadian Druggists from
coast to coast, including Newfoundland Jergens Co. coast to coast, including Newfoundland 651 Sharbrooke St., Perth, Ont. I enclose 10 cents for a full color reproduction of Clarence Underwood's new painting, "A Skin You Love to Touch," and a cake of Woodbury's Facial Soap, large enough for a week's treatment.

Name.

## Cured Fifteen Years Ago of Piles and Eczema

## By Using Dr. Chase's Ointment-Certifies That the Cure

 Was Permanent.
#### Abstract

Some people have tried so many ${ }^{\text {every }}$ preparation I could hear of. doctors and so many treatments in $\begin{aligned} & \text { Seeing Dr. Chase's Ointment adver- } \\ & \text { tised, } 1 \text { procured a box and this Oint- }\end{aligned}$ their search for cure for piles and $\begin{aligned} & \text { tised, } 1 \\ & \text { ment effected a complete cure." }\end{aligned}$ eczema that they believe there is an actual cure. about Drog point Ointment is that it not only brings relief promptly, but brings about actual and lasting cure. etcheson, 88 rhor, street, Pet- $\qquad$ as follows:-" "I was troubled for thirty years with itching piles and eczema. could not sleep at night, and when I got warm the itching was terrible. knees, perfectly raw. I have tried On Sept. 28, 1912, Mr. Ketcheson wrote as follows:-"I received a letter from you to-day, saying that you found on file a statement made by me 15 on fie a statement made by me 15 years ago. I have always given Dr. Chase's Ointment a good name since it cured me, and shall tell you how I came to use it. "II had suffered for many years from eczema and piles, and had tried docvain. Reading about Dr. Chase's of in ment, I purchased it at once, and was soon completely cured. That was fifoubt of the cure so there can be no ne. I have met a great many people ho have been cured by Dr. Chase's ox, all dealers, or Edmanson, Bates \&


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cuts down their housework-makes housecleaning a pleasure.

It dusts, cleans and polishes all at the one time. No need any more for stooping reaching, climbing or hard rubbing. Easily washed and renewed with 0-Cedar Polish -making the mop as good as new again.

Every mop absolutely guaranteed. Your dealer say "Satisfaction or money back.
Two styles--Round and Triangular.
Four prices--75c.-\$1.00-\$1.25-\$1.50.
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Moles, Warts and Small Birthmarks are successfully and permanently blemishes. Thick, heavy eyebrows may also be beautifully shaped and arched by this method. There are several poor methods of performing this work, butin the hands of an expert it may be done with very ittle pain, l eaving noscar. I have made this work one of my specialties, and with fifteen years' experience, the very best method in use, and a
determination to make my work a success, I can guarantee satisfaction. Write for booklet and further particulars.

## Mrs. E. COATES COLEMAN 224 SMITH STREET, winNipeg

Phone Main 996

1128-Ladies' Dart Fitted Apron- sleeve in one) and may be finished with Who will not appreciate a comfortable or without the hcod. Flannelette, flan attractive apron model? It is dart fitted nel, cashmere, eiderdown, domet or can and has side seams, front and shoulder ton tiannel, crepe or blanket cloth are al seams. It is suitable tor percale, lawn, well adapted for this style. The pattern The neck is cut low and the armscye deep and large. Cuffs, pockets and the and comfortable. In blue and white per- underfacing on the hood are of gray satin, cale with machine stitching for a finish, Eiderdown in soft shades of pink, or blue or bound neatly with tape, this model will-be pretty for this style, with a finish will be durable and serviceable. The pat- of crochit on the edges or binding with tern is cut in 3 sizes: small, 1130-1129-Ladies' Costume-MahogNormal Waistline.-White linen with colployed for this style a long waisted back having bodists of is here shown. The style is good for tions and cuffs of satin. A chemisette percale, popin, madras, gingham, chamof net embroidered in colors, forms an effective contrast. The tunic flares gracefully over the satin skirt. The deign fully over the satin skirt. The de- make a neat or voile. The style would sign is picturesque and becoming. It business wear in blue and beess for omprises ladies waist pattern 1130, cut with trimming of faille or póplin in self in 6 sizes: $34,36,38,40,42$ and 44 color. The waist has a long shoulder to

tern 1129 , cut in 6 sizes: $22,24,26,28,30$ front shoulder and outer sleeve seam are and $32 i n$. waist measure. This costume tuck stitched over the back portions. A
will develop nicely in serge, voile, char- neat cuff and comfortable collar from a meuse, broad cloth, or crepe. In blue very desirable finish. The pattern is cut serge with pipings and facings of black in 6 sizes: $34,36,38,40,42$ and 44 inches satin, it will make a very fine dress for bust measure. The skirt measures about
calling or afternoon wear. Two pat- 2 yards at its lower edge terns 10c. each. $\quad$. 2 yards at its lower edge. Pattern 10c. rimming of soutache braid is dress with tical garment may do duty as a dress or Brown or red serge with facings of an apron. It has sufficient fulness, and striped or plaid woolen would also be fulness with body and sleeve in one. The effective. The waist portions are cut a belt. The design is held in place with in one with the sleeves, and these may lawn, dimity, gingham, cambric, chamis a three piece model with a lap tuck trimmed as desired, and cut with round ct the centre back. The pattern is splen- or square neck edge. The pattern is cut did for all wash materials, such as gala- in 5 sizes: $2,4,6,8$ and 10 years. Pat-
tea, kindergarten, cloth, poplin, percale, tern loc. tea, kindergarten, cloth, poplin, percale, gingham, seersucker and chambrey. Also $\quad$ 1125.-Girl's Coat with or without
for velvet, silk, cloth or novelty woolens. for velvet, silk, cloth or novelty woolens. Cape.-Blue chinchilla, black velvet or
It is cut in 4 sizes: $6,8,10$ and 12 years. brown broad cloch could be 1113.-Ladies' "Cover All" Slumber or for a finish braid binding or trimming Lounging Robe.-For traveling or out the closing, and the garment is loose fitdoor sleeping, this motlel will be found ting and in sack shape. The pattern
very convenient and comfortable. It is is cut in 4 sizes: $8,10,12$ and 14 years.
out on kimono lines havinr body and pattern

Winnipeg, April, 1015

## Kidney Disease in Every Symptom <br> ,

Why Mrs. Mark Found Quick Relief in Dodd's Kidney Pills.

New Brunswick Lady who Suffered for Six Years Tells 'How She Found a Speedy Cure.
Miscou Harbor, Gloucester Co., N.B.--(Special)-"For some five or six years many tonics, but kept growing steadily worse, until I decided to try Dodd's Kidney Pills. They gave me almost immediate relief."
This is the statement of Mrs. A. Mark, well known and highly respected here. Asked to give more particula
to her case, Mrs. Mark said:
"My trouble started with
"My trouble started with a cold, and gradually grew worse. I had stiffness in my joints and cramps in my muscles and suffered from neuralgia. I had was broken and unrefreshing and I was always tired and nervous. I had dark circles under my eyes, I was irritable and often dizzy and had a bitter taste in my mouth in the mornings. I also had attacks of rheumatism.
Kidney Pills to fix me up." Erery symptom Mrs. Mark mentions
spells kidney disease. That's why she spells kidney disease. That's why she
found such quick relief in Dodd's Kidncy Pills.

## Catalogue Notice

Send 10c in silver or stamps for our up-to-date 1914-1915 Spring \& Summer Catalogue, containing over 400 designs of Ladies', Misses' and Children's Patterns, also a concise and comprehensive article on Dressmaking, giving valuable hints to the home dressmaker.
Western Home Monthly
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W

W
The Western Home Monthly

## Correspondence

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The Housekeeper's Creed teresting willter made to publish all in. Dear Fik Sask, Feb, 1915. amount of correspondence which is sent I come again to your valuable columns. us has, hitherto, made it impossible for the West really do get lonesome. Well every letter to appear in print, and, in yes, some of them do, especially at this future, letters received from subscribers time of the year when the vegin thinkwill receive first consideration. Kindly note we cannot send any correspondents
the names and addresses of the writers of the letters published. Persons wishing to correspond with others should send letters in stamped, plain envelopes
under cover to the Correspondence De under cover to the Correspondence De-
partment and they will immediately be partment and they will immediately be
forwarded to the right parties.

## Quite a Traveller

Smiley, Sask., Jan. 4, 1915.
Dear Editor-I am a reader of The
Western Home Monthly and like the paper very much. I enjoy reading the letters written by the young people. I
noticed a letter from a Nova Scotian girl in the November number. I was glad to see a letter from so far east as Nova Scotia, it used to be my home, but it is several years since we left there.
Since then I have travelled a great deal. We lived in Cuba a year and about five
ing of the friends back home. Am I not right, bachelors?
I see some give their opinions of what an ideal girl is; I will now try to spin
mine. An ideal girl should be a fair size and height, fairly good looking at least, lead a good Christian life, be a good housekeeper and always ready to make the best of things. I will now pen a,
copy of "The Housekeeper's Creed," copy of "The Housekeeper's Creed,"
which I have found in a valuable book we have and which I think "hits the nail on the head."
"I believe that marriage is a life partnership with mutual interests as well as love; a partnership of square dealing should not be entered into from any other motive.
man should shore marriage every womarry that she thoroughly understan to the work of making and keeping the


I would far rather see the inside of this toy than eat my supper
years in Virginia, then we lived in Winnipeg for four years and Saskatoon a
year, then we homesteaded in Kindersler four years and now we are living in Smiley. When my father was living he was a sea captain
Smiley is a new $t$. wn, so is not very large. We have a dance hall and a nice
school, but there is no church to attend school, but there is non take care of a sick mother. I like to do housework and am a fairly good cook. It is very for a chum. There are three other girls in the place, besides myself. I like lots of fun. I do not dance, but I am very fond of skating. I don't get much time
for fancy work. This is my first lette for fancy work. Thope I will see it in print. I would libe glad if any of the members would
write to me. My address is with the editor. Wish best wishes to all and
wishing The Western Home Month! every success. Yours sincerely,
Estrella.

## Complete in itself, Mother Graves, Worm Externinator does not require the assitance

home on a perfectly systematic and business basis, as much as the man ha shown her that he has a profession or come for the maintenance of home and come for
family.
"It is reasonable to suppose that the young woman should be able and willing to keep house as conscientiously as she has taught school, or music, or used the ypewriter.
"Can you use the salary of the young each of you may live comfortably, be sides saving a little for the proverbial 'rainy day? This question should be answered before marriage.
"I believe home-making, housekeeping and all that goes with it, is not drudgery, is not a narrow sphere for the wo-
man, but that it is the very highest of living." is and should be interesting and worthy work and that the majority of women would enjoy it if they had the opportunity to know more of its science; that it must be considered elevating-the high-
est art-and not a menial and brainless

If You Wish to Be Well You Must Keep the Bowels Regular.
If the bowels do not move regularly they will, sooner or later, become con stipated, and constipation is productive of more ill health than amost any other trouble.
The sole cause of constipation is an mactive liver, and unless the liver is kept active you may rest assured tha beadaches, jaundice, heartburn, piles, doating specks before the eyes, a feeling
us if you were going to faint, or catarrh of us if you were going to faint, or catarrh o
the stomach will follow the wrong action of this, one of the most important organs of the body.
Keep the liver active and working properly by the use of Milburn's Laxa Liver Pills.
N.B. Elijah A. Ayer, Fawcett Hill constipation : "I was troubled with three years ago my husband wanted me to try Milburn's Laxa-Liver Pills, as the had cured him. I got a vial and took vials I was cured. I always keep them on hand, and when I need a mild laxative I take one."
I take one." Laxa-Liver Pills are 25 c a vial. 5 vials for $\$ 1.00$, at all dealers, or
mailed direct on receipt of price by The mailed direct on receipt of price by The
T. Milburn Co., Limited, Toronto, Ont


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occupation. If a man is not ashamed little did I foresee what I was in for out behind sundown on a prairie home Bless us, wouldn't a woman get off easy of his profession or work, there is no in the way of answering letters. They stead. Brrrh! Think of the dreadflu if all she had to do was er the
reason why a woman should be ashamed
of hers.
Any girls who try to live up to a
creed like the above, deserve a cood creed like the above
husband in every way
Well, now, I must stop my pen lest this should be too long. Hoping to see you for so much space and wishing you all the season's greetings.
Bookworm

Bookworm.
Does Not Fancy the Prairie Dear Friends-When I I wrote befor Dear Friends-When I wrote befor
n the way of answering letters. They
just rolled in by every mail. I take this
winters opportunity of thanking all who wrote me, all lovers of hardship and drudgery, and of wishing you all, including the but me for the village and town every editor, a very happy New Year. You time. Westerners are certainly good correspon- One thing that strikes an Easterner
dents. Is it the vast distances or the like dents. Is it the vast distances or the like mysclf (have only been transplanted
loneliness or just warm hearts? Well, girls, I received three long-dis- thusiatic over the treeless prairies), is tance proposals of marriage. Got 'em the way the Western bachelor can cook. down in black and white. So you see it One chap writes that he cooked a full-
does not hurt to speak your mind does not hurt to speak your mind occa- course Christmas dinner all by his lonesionally. To tell the truth, I was sur- some, and "it wasn't half-bad either." I prised that the boys looked favorably should imagine they would make ideal
upon such a cross-grained old maid of husbands, because they would know just u2. However, I am not made of the what a woman is tied down to after she 22. However, I am not made of the what a woman is tied down to after she
leroine stuff, so couldn't possibly accept is married. You know the Eastern men
any of the three and go and live away think all there is to housework is meals. heroine stuff, so couldn't possibly accept is married. You know the Eastern men
meals? he had to do was cook three "bach it," never washed the frying pan. It seemed to go against the grain with him, but he always washed the dishes. Then you know the Fastern man can't sweep worth a cent. He will whisk the
broom about a few times in the centre of the floor and scatter the dirt into the four corners of the room where it can't be seen-or so he fancies.
How many have been skating? I've been out four times. The ice up our way is in splendid shape and our hockey
team is a crackerjack. We are the candy team. How does the Englishman like our
national winter sport? Such a number

## KIDNEY AND STOMACH

Troubles and Nerve Breakdown--Dr. Cassell's Tablets, the Great British remedy of World-wide repute, prove of inestimable value.

All those in Canada who suffer in any degree from Kidney and Stomach Troubles, Nerve Weakness, Neurasthenia, or that awful depression that comes of wrecked nerves, should read this story and learn how quickly and surely Dr. Cassell's Tablets can overcome such conditions. The case is that of Mr. Harold $S$. Morgan, of 57 , Welham-road, Mitcham-lane, Streatham, London, England, who, speaking to an intervicwer recently said:-"I was a nervous wreck when I commenced taking Dr. Cassells Tablets, and now I am as well and fit as ever in my life. The trouble came on some years ago, with loss of appetite and severe
dyspepsia, and I was plagued with flatulence and violent palpitation. I could hardly get my breath. I had pain over my Kidncys, too, so severe that if $I$ stooped it was torture to stand up straiglit
again. Another trouble was sleeplessness. and then my nerres
 Again. Another trouble was sleeplessness. and then my nerves gave way. I
got weaker and weaker, more and more shaky. I could not have held my hand
stoady had it been to save my life got weaker and weaker, more and more shak. I could not have held my hand
steady had it ben to save my hife. Noise was torture to me, and even music
irritated. Sometimes I really wished I was dead, I felt so depressed and mise irritated. Sometimes I really wished I was dead, I felt so depressed and miser-
able.
"I kept trying all sorts of things, but it was all of no use-nothing helped me-until at last I got Dr. Cassell's Tablets. The result a amazed me and all who
knew me. I could positively feel new health and strength growing in me, and knew me. I could positively feel new ${ }^{\text {h }}$,
to-day I am exceptionally strong and fit.

Here is a story which shows again the power of Dr. Cassell's Tablets to restore activity to the nerves and nerve-centres of the human boly. It is a story of actual fact: it can easily be verified, and, notisithistanding thi wonder of thie
curc, investigation will prove it true beyond ans

## Dr. Cassellis Tablets

## Dr. Cassell's Tablets compel health and vitality for the win




SEND FOR A FREE BOX.

THE WEAK SPOT
IN THE BACK.

When the kidneys get ill the back gives out.
But the back is not to blame
The ache comes from the kidneys, which lie under the sman the back. Therefore, sharp, quick
sick kidneys-warnings of kidney trouble. Plasters and liniments will not cure a bad back, for they cannot reach the
kidneys which cause it. Doan's Kidney Pills reach the kidneys themselves. They are a special kidney diseased surface of kidneys and bladder and help them to act freely and naturally. Mrs. Chester Romain, Fort Coulonge,
Que., writes: "I had been troubled with Que., writes: "I had been troubled with get nothing to do me any good until I heard of your Doan's Kidney Pills.
I got three boxes, and took them and I got three boxes, and took now I am's Kidney Pills are 50c a box, 3 boxes for $\$ 1.25$, at all dealers or mailed direct on receipt of price by The T. Mils When ordering direct specify " $D$
HAVE YOU A BAD LEG
 GRASSHOPPER
OINTMENT and PILLS. Which is a certain
cure for Bad Lefs. Poisoned Hands. Ulcerate
 Gren. Laebel Prepared by ALBEERT, Albert
House. 73 Farringdon Street, London, England.

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Precious Stones and Pearls
 Sapphire
100 carats Blue Sapphire
96 Whole Prarls, 8 carats
2 Rows
Pay not big price Pearls, from. $\begin{gathered}\$ 250 \\ \mathbf{\$ 2 5} \\ 000\end{gathered}$
Pay not big prices to dealer: Buy
direct from our mines. Rates cut low till end of war to get American orders. Variety
packets are good for premium. Letter postage to Ceylon 5 cents.
List Free.
J. Wickramanayaka \& Co.

## Kalutara P. 0

## RANKIN'S

 HEAD OINTMENT

The Western Home Monthly
English fellows as I have heard from! as one of the members of our family Want to hear from a Yorkshireman, but did, and we all read it, would not do
ake to much apace. old Suppose many of you danced the several friends to tea and we 'went to
the movies afterward, then home and to the movies afterward, then home and to
bed. Dido writes he is making a cushion and also a hearth rug. Isn't he clever, It made me laugh to see two letters in the December number signed "Blonde" and "Brunctte". It was with quaking
heart I perused the former. Thourht geart I perused the former. Thought l'd Miss Alberta, glad you think me sensible C have been in your province; also in Rockies, or even the foothills. About books-Patrol of the Sun Dance
Trail, Eyes of the World, The Honorable Trail, Eyes of the World, The Honorable read recently. Opinions on one or all of these would be delightful. Harold Bell Wright is fine, isn't he? Who likes
musical comedy. Haven't seen any for years but I always liked it immensely.
Went with a friend pegt with a friend one night in Winnipeg to The Chocolate Soldier or the
Prince of Pilsen (forget which) and we both laughed so hard the usher very
nearly put us out.
Wish some of you bachelors with the rich baritone would sing to us. Isn't Tipperary fine? I haye a friend who
plays it on the mouth organ. Well I plays it on the mouth organ. Well I this year sometime. It is such a mammoth crime that Hades seems too good a place for the Kaiser and his bunch of militarists. Who reads Irwin S. Cobb,
and Samuel Blyth in the Saturday Post? and Samuel Blyth in the Saturday Post?
Tell us what you think of their articles, everybody.
Before I put in the plug, here's a health to you all. May Western Canada find 1915 the best year yet for crops and
trade! Going up! Anyone who comes from near Ottawa or Montreal please
write. I was born near the latter. Best write. I was born near the later. Bear wises to all.
New

## Good Sound Advice

B.C., Feb., 1915.
Dear Editor-This home looks forward each month to your valuable magazine and when we all get through it there the correspondence column. It is quite amusing to read some of the letters.
Odd ones show common sense, while others a great lack of experience, in this great world of ours. Girls and boys,
some of you haven't been far enouigl from home to decide on girls and men their likes and dislikes. You let that question rest and get busy on the home
question. Girls, you to cook, sew, question. Girls, you to cook, sew,
mend and economize in order that you can help the man you marry. Alove all,
to get up a good plain meal. A great
many of the girls give that their laist thought but if you get the right man I am not afraid but what he will appre-
ciate it and then some girls get so untidy ciate it and then some girls get so untidy
after marriage. Now don't you get that worse than that. A clean, capable wo-
man all men look up to, from the lowest
$\qquad$ or the propect of one. What he owns,
according to his are, bespeaks the kind of man he is. A lian, at the age of 30 goods, deesn't need a wife: such a man to the homestoaler and. boys. stay with it through thick and thin. Far off fields
look green but whon one gets there, it is there is nothing in reaming around. As ing. I have got all kinds of books to
to dress well any sensible man or wh. read lots of work to do, so I don't
man knows that any ambitious person get lonesome very often. I have travel-
gives st, les their laint consideration. gives styles their lait consideration. A led a lot in the United States and
 age, and should like to hear from good, oi fun during the winters, dancing, skatsound Christian people: all letters wi
he an-werel at least once. Address
with the ellitor. True Blue. The Better Life

"I would like to shake hands with "Sammy," whose letters appeared in
the January number. What a lot better this world would be if we had a few more Sammy's. If every one were
friends of those who appear past being called good, even if they do forget us, after they have taken the noble stand,
we have a joy no man can take away I met such a one, but failed to persuade ready to try again if luck gave us an-
other chance to meet I wonder how many lives "Sunset Bill" gave an uplift to a better life or
does lie spend his time flirting. I wonde if he will know his ideal when he meets her. I'll pity her unless she is like This war, I wish it were ended. Just ing, let alone the soldiers Well winter is here with bright days and frost covered trees. I like nothing and a few a walk on these good roads the winter. So yous see I help pass away Would be pleased to hear from farm ife. who care to write to a country girl.

## The Liquor Question

Dear Elitor Manitoba, Feb., 1915. Home Monthly for two or three years and think it is a valuable magazine. One receives enjoyment and instruction I am one of the young . charming (?) Manitoba girls. However, what we make ourselves and we all are trouble, we are sure to find it, so the best way is to never trouble trouble till trouble troubles you. I agree with Handy Sue's opinions. This war is a readful thing and is likely to keep going
for some time yet. Just think the Canadian First Contingent will be at the front now or at Malta, as they may winter there. It was reported that
fifteen of them were in the casualty lists before they left Salisbury Plain. poem "Vote as you Pray", which a thought quite true to nature. I enjoy reading poetry and think that we should encourage the younger generation to read more poetry and prose than we our-
I will answer all letters and would Batch," if he will write first.
Wishing The Western Jome Monthly Wishing The Western Iome Monthly
Uery suecess, I remain,

The Bachelor Homesteader

## Dear Alberta, Feb., 1915

signed to the waste paper basket I will
not be at all surprised, although I trinst ou will find a little space for it. I have often sail to myself, when I
have read the many intercsting lef in the correspondence department of T!... Western Home Monthly, thit I will

I enjoy so much reading letters from other people. telling of their experiences, steaders," and when The Western Home Monthly comes along it's like an old the world. Everybody seoms to around ord for us bachelors.
I am living on a hin ing. skiing and partics, of all kinds.

A FAMIILY REMEDY FOR MANY YEARS

Used "Fruit-a-tives" With The Best of Resulls.

george Mckay Esa.
Kippen, Ont., June 17th. 1913. "I have been using "Fruit-a-tives" They are the best medicine I have ever tried. "Fruit-a-tives" do me the most good-- they never gripe and their action is pleasant
onstiped them for Indigestion and Constipation with the best results, and heartily recommend them to anyone similarly afflicted.
These troubles haveleft These troubles have left me completely and I give "Fruit-a-tives" full credit
for all this., A nicer pill a man
cannot take." GEORGE McKAY. The enormous demand for "Fruit-afact that this wonderful fruit medicine fact that this wonderful fruit medicine gives prompt relief in all cases of
Indigestion, Constipation, Sour Stomach, Rheumatism, Chronic Headaches, and Neuralgia, and all 50 c and Bladder Troubles.
50 c a box, 6 for $\$ 2.50$, trial size 25 c . price by Fruit-a-tives Limited, Othe 0

CANCER

R. D. Evans

BRANDON MAN
A Woman's Sympathy





 WY tive tratiment. MRS. F. E. CURRAH,

## Woman and the Home

## The Little Wife at Homo

The dear little wife at home, John, She has ever so much to do-
Stitches to set and babies to Stitches to set and babies to pet And so many step for you. The beautiful household fairy,
Filling your home with Whatever your home with light, Go cheerily home to-night.

Although you are worn and weary, You needn', be cross or curt, There are words like darts to gentle There are looks that wound and hurt. With the key in the latch at home, John, Drop troubles out of sight, To the dear little wife who is waiting Go cheerily home to-night.

What though the tempter try you, Though the shafts of adverse fate May hurtle near and the sky be dre
And the laggard fortune wait. You are passing rich already, Let the haunting fears take flight Go cheerity that wins success, John, home to-night.
-Margaret E . Sangster

I shall not let myself be hurried.
I shall not let myself be harried
I shall not let myself be worried. And I am perfectly sure that thus I shall best please my friends in the end,

## The Simplicities of Life

The Russians have a score of proverbs intended to show that the Tsar is only a man. In this way the animal instinct of human kinship manifests itself among an unlettered people. You may scratch the veneer of social convention in any primal human animal, careless of artificial and accidental distinction of birth or of wealth or of training. A man is a man and a woman is a woman The feeling that this is true lies back of all our thinking, even when we are between young men and young women of similar social experience and simila tastes and ideals. It accounts for th love one has for the fairy story of Cin of Ruth and Boaz
can choose in regard to them. Because here," he must get his impressions, make his observations in his own little environ ment. The character of that environacter of the lessons the child learns.
A rather prevalent idea is that child has the best environment whose parents can provide him with most maerial comforts of finest quality, who can place him in so-called artistic surroundSo, too, wood and wallpaper, clothes and furniture do not make all of the child's environment. Whatever in any way affects the child, physically, mentally, morally, makes up his world. Whether the baby lies in silk-lined crib or one the child's schoolroom." Many of the noblest, finest-grained men and women the world has known have come from very simple homes. This because the mothers in those homes had high ideals for making up a right environment for for making up a right environment for their daily living that the highest virtues can be practiced in plainest sur-
roundings, that the soul can never be in rounding
No mother, however hard she may
of action-" at meal-time, inculcate from the beginning by example and quie precepts; pleasant, tender, cheery tones laughter and fun; crooning sweet lulla bies; absence of unnecessary confusin
noises; optimistic views of home condi tions, as the young child sees them. Th clear, ringing note through all this is, "Linking ourselves with very bests." A part of baby's environment is his own little, inner self. His prevailing True is the "beginning of a mighty end. not even always calm, but if he is allow. ed to fly into frequent rages, to scream or sulk or grieve, he inevitably gains the impression that this or that way of doing is part of life, and he will go on living more and more accarding to his baby
ideals. If mother's habit is to soothe with the "soft murmurings of her voice," and so help the little one on to patience and peace, she puts upward leading impulses into his life.
"As the twig is bent, the tree is inway: If the little twi thought anothe way: In the little twig is kept straigh needs, the tree will be straight and needs,

Fifty-one years ago a man now living during the war. On the anniversary he


## What Wears on Me

A Declaration of Independenc It isn't my work that bothers me, it' It isn't what I have decided I ought to do in my life, but what other people It isn't the routine, but the unexIt isn
pected. is hard to sing under other folks' burdens. I go with a rejoicing heart to my
chosen recreation, but with a heavy heart chosen recreation, but with a heavy heart to the "amusement" that fashion or even friendship picks out or me.
no lash, but under the lash I fall in an no las
My idea of heaven is that I shall be
allowed allowed to do the things that I can do best, and that therefore I best like to do, and shall have time en
And I have decided
on earth, and at once. science and not other my own conwhat and not other people's idea of what my conscience ought to be
e.duty at a

I have decided to select the recreations that re-create me, and not those that reereate other folks and that therefore they think ought to re-create ne.
I have decided to live $m y$ own life, since no one else will live it . I have decided to listen "are cully to all
the good advice given me the good advice given me .reept it when
it coramends itself to my judguent and conscience, and when it does $n 0^{+}$forget it and not let it worry me.
I have decided to refuse tle tasks that cannot be done well, and to remen

A beauty spot for a calm and quiet rest. On the farm of Mr. D. McCaskill.
The theme occurs over and over again her home wholly ideal. Yet any mother found on his door-step a fifteen-pound ham in literature. The beggar maid was not under love's tutorship can give a tone to and a bag of potatoes-returned "after surprised when King Cophetua raised her the child's environment such as will put many days."-C. E. World. knew, as every was a woman, and she knew, as every woman to-day knows,
that it is her womanhood that draws men to her, not her education nor her dress, nor anything superfical or accidental or external. When that womanhood surmounts all obstacles the world approves, because it sees that the great
simplicities of life stil influence.

## The Mother's Heart the Child's

 SchoolroomBy Sceva Stephen
"By Tiny, unseen, unguessed influences the child's life is molded." The least ceived in our infancy have consequences very important and of long duration. That the child begins to get impressions and be influenced and form habits very early is evident enough if one studies ears." Chy. Childr n a cery nice observback in the dim days," the child stores up observations, as a photographer does his plates, to be brought out and used when occasion demands. How often people of mature years say, with a touch or, "I have always been used to-", onsider that sufncient reason for ranking some of the refinements of life as necessities.
"Being used to" must have a beginning in every life, and that beginning in regard to many essentials of right living 3 ?
the child's environment such as will put noble living; so that the really "bests" will come to be necessities in his life circle. The child learns best from eletors in his everyday surroundings, and are maintained as the months and years go on, his life must begin right and develop along right lines. For instance, many things that are not beautiful in comparison with others, can, nevertheless
teach the elcments of beauty, teach the elements of beauty, and so
stimulate the child's mind as to lead him on to unfailing pursuit of what appeals to his artistic sense. A writer, touching upon thaking home beautiful, speaks with warmth of feeling of the "picturesqueness" many and many a woman-
ly woman who must live very plainly imparts to her rooms by means of "pol. ished tins, many-shaded patchwork coverlets, gay strips in carpet, a scarlet geranium." "P lished tins"-a bright blos-
som or two! som or two! How naby will crow as he With such hin
With such hints of art may go other elemental factors that are priceless in
value to the young life. Because this is so absolutely true, every mother, whether she commands dollars or only dimes, can create a wholesome atmosphere for the iome life such as will nourish the best things essential to true refinement and love of what is pure and lovely, and that cost not a cent more than their opposites, are a mother always theily and becomingly dressed, no matter ow simply; rooms always clean and in heerful good order; table always daint

## The Thimble Family

Good Mistress Thimble, neat and nimble, Drives Brother Needle with a push and While light Sister Thread, with a noiseA stitch drops behina as she flies Then ahead. her a snip,
And starts them off on another trip. Over a hem, or down a seam,
Needle and thread, a lively team.

Fat Uncle Emery, bright and true
When a hard place comes will help And pale Aunty Wax is willing enough To smooth the way when they find it
Then Grandfather Bodkin, with many a Will do his part, and finish the work. Now, where is their home? Well, since I'll tell you-they live in a little work basket.

A Safe Pill for Suffering Women.-The
healthful exercise, is a whichit permits cause of ditle
rangements of the stomach and liver and is
accountable for the pains and - Iassitude that so many of them experience. Parmele's
Vegetable of Pills will correct irregularities of
the digestive organs and resto The digestive organs and restorregularities ond health and
igor. The most delicater Thor. The most delicate woman can use
them with safety because their action, while

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tions-then his pet
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int brass bands the pealing organs, the crashing briss bands, the wailzes, the two the crash, the
solo. duets and quartettes. You will sit awe-
stri ib, strick ine it the the quartettes. You will sit awe
by thee worlicts
greaternal grand operas as sung
 heard inl wur life. old melodies that you have
kiul of tontert our clloice of any the bidisont in your youment. All will bey yours with

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[^1]:    

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[^3]:    Yet the dead level plain is intersected mercial, "the priest has a cross on his breast wild; is dotted with thousands of lakes, while the ass has one on his back." "Very many unnamed and little known; is me to propose a riddle in my turn. What rowded with wild fruit and wild animals, is the difference between a commercial and beautified with fine trees on the traveller and an ass?" The bagman hillsides and slopes. In the parkland made several guesses, but at last was and willow, maple and birch, spruce and "Nor l either," said the priest.

[^4]:    Pigs Must Have Exercise
    There are differences of opinion as to the age at which pigs should be weaned
    but the condition of the pigs and the but the condition of the pigailable has
    dam, the kinds of feed availa more to do with thriftiness and their
    future growth than their age. future growth than their age. As a
    rule, I let the little fellows run with the sow from 10 to 12 weeks. At that age the pigs should have learned to eat
    enough so as to practically wean themselves and the sow can be moved to other
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