

**PAGES
MISSING**

CHATS WITH YOUNG MEN.

Begin every day with a programme and determine that, let what will come, you will carry it out as closely as possible. Follow this up persistently, day after day, and you will be surprised at the result.

Tranquility. Who does not love a tranquil heart, a sweet-tempered, balanced life? It does not matter whether it rains or shines, or what misfortunes come to those possessing these blessings, for they are always sweet, serene, and calm.

That exquisite poise of character which we call serenity is the last lesson of culture; it is the flowering of life, the fruition of the soul. It is as precious as wisdom, more to be desired than gold,—yes, than even fine gold. How contemptible mere money-wealth looks in comparison with a serene life,—a life which dwells in the ocean of truth, beneath the waves, beyond the reach of tempests, in the eternal calm!

How many people we know who sour their lives, who ruin all that is sweet and beautiful by explosive tempers, who destroy their poise of character by bad blood! In fact, it is a question whether the great majority of people do not ruin their lives and mar their happiness by lack of self-control. How few people we meet in life who are well-balanced, who have that exquisite poise which is characteristic of the finished character!

Who are Catholics? The Church suffers not a little in the estimation of many good people for the lack of a little discrimination between those who are and those who are not Catholics. Who are Catholics is by no means a superfluous question. There are many so-called Catholics who have no real claim to the name. No one is entitled to the name Catholic unless he be a practical Catholic.

The Church is a living organism, and she bestows Catholic life upon those only who are in communion with her, and the means of conveying this life is the Sacraments. These are the only channels of her life, which is grace. Unless, then, a man frequent the Sacraments, in other words, is a practical Catholic, he cannot be said to be leading a Catholic life, and therefore has no title to the name Catholic.

Faith alone is not sufficient; faith without works is a Protestant, not a Catholic doctrine. A man who believes in the Church and prescribes is impractical and illogical, and his faith alone will not save him nor does it entitle him to Catholic communion. He is cut off from the life of the Church and is not to be accounted a Catholic. Many a recreant to his Catholic duties enjoys the name of Catholic, and his misdeeds are imputed to the account of the Church.

"This is your Catholic!" is sneeringly remarked by infidel and Protestant. But the fact is that that man is not a Catholic, nor does he in any sense represent Catholicity. He is no more Catholic than the sneerer himself. It is unfair and unjust to the Church to class such a man as Catholic, and then attribute his failings to the faith which he never practices.—Catholic Columbian.

The Value of Friendship. It would be interesting to trace the influence of friendship in the careers of the successful men of this country. Many of them owed their success almost entirely to strong friendships. "Men are bound together by a great credit system," says a writer, "the foundation of which is mutual respect and esteem. No man can fight the battle for commercial success single-handed against the world; he must have friends, helpers, supporters, or he will fail."

Aside from the importance of friends as developers of character, they are continually aiding us in worldly affairs. They introduce us to men and women who are in positions to advance our interests. They help us in society by opening to us cultured circles which, without their influence, would remain closed to us. They unconsciously advertise our business or profession by telling people what they know about our latest book, our skill in surgery or medicine, our success in recent law cases, our "clever" invention, or the rapid growth of our business. In other words, real friends are constantly giving us a "boost" and are helping us to get on in the world.

"What is the secret of your life?" asked Elizabeth Barrett Browning of Charles Kingsley. "Tell me, that I may make mine beautiful, too." He answered: "I had a friend."

Optimism as to the Outlook. The Republic, believing intemperance to be on the wane, gives instant assistance to those who are in general complaint from the saloon-keepers that what may be called the "social drink" has with so many men become a thing of the past that the sales are seriously on the decline. "Business is bad," they say. The old toper is occasionally heard to say that everybody is too busy nowadays to stop for a course of hours' at a tavern, and, indeed, if he wants a cocktail, he must drink it alone or go without. The Catholic clergy never were so earnest or persistent in their appeals on behalf of temperance as now, and they seem to be getting a strong hold on most of the young men. Some Catholic organizations discontinue drinking in their members, while the young women are openly hostile to their men acquaintances who indulge. The intense business competition has made it all his wits for every contestant to have all his wits about him. Thus the generation now coming into manhood are led to eschew what might otherwise be their worst enemy, as it is many a man's,—Sacred Heart Review.

Take the Straight Road to Your Goal. In the early days of railroad building, in laying a track through hilly or mountainous regions, engineers went around most of the hills and curves, followed the valleys, and often turned aside from even slight obstructions.

Many young men, in laying the tracks of their careers, follow the methods of early railroad construction. They avoid every hill of difficulty, go

You Are to Be the Judge!



good than all the drugs and doses of quacks or good doctors or patent medicines he or she has ever used. Read this over again carefully, and understand that we ask our pay only when it has done you good, and not before. We take no risk; you have nothing to lose. If it does not benefit you, you pay nothing. We do not offer to send you a sample to test the effect of our Vitae-Ore, but we do offer to send you a regular \$1.00 package of the most successful curative medicine known to the civilized world, without one cent of risk to you. We offer to give you thirty days to try the medicine, and if you are not satisfied, you may return it to us free of charge. We know that when Vitae-Ore has put you on the road to a cure you will be more than willing to pay. We are willing to take the risk.

What Vitae-Ore Is. Vitae-Ore is a natural, hard, adamantine, rock-like substance—mineral—when it strikes down like lightning and is then of medicinal value. It contains free iron, free sulphur and free mag-

A Mineral Spring at Your Door. Address THEO. NOEL, Geologist, Dept. A. D., 101 York-st., Toronto, Ont.

OUR BOYS AND GIRLS. THE LITTLE MAID OF ISRAEL.

CHAPTER IX. When fourteen days had passed since his departure for Samaria, the caravan of Naaman again entered the gates of Damascus.

The little maid, learning of this, made haste to seek her mistress. "Dear mistress," she said, "the caravan of my lord has entered the city and proceeded to the palace of Benhadad, the king."

"Why dost thou tremble and grow pale, dear mistress," she asked. "I did come to thee at once with the tidings of my lord's return, thinking that thou wouldst rejoice and be happy."

"If I knew that he were healed then indeed would I rejoice," said Claudia. "But if he be not healed my heart will be filled with sadness and sad indeed our meeting."

"Be at peace, my lady," said the little maid, earnestly. "My lord has returned healed of his leprosy."

"Thou hast indeed great faith, child," said Claudia, with a faint smile. "But only when I hear from the lips of my husband that he is healed will I believe. But come and go with me, for whether Naaman return in sorrow or gladness I will do him honor."

The little maid hastened to put a rich silken robe upon her mistress, binding back her golden hair with a circlet of glittering gems.

"Come," then said Claudia, "thou shalt await with me the coming of Naaman."

Upon entering Damascus, Naaman at once sought the palace of the king. The latter received him most graciously, saying: "What fortune did attend thy journey into the land of Israel, my good Naaman?"

"My lord, I return healed of my leprosy," replied Naaman.

"Thou comest indeed with wonderful tidings," exclaimed the king. "Marvelous is the power of this magician of the court of Jehoram. What sayeth thy wife, the beautiful Claudia? great rejoicing must indeed be hers."

Advertisement for SURPRISE SOAP, featuring a woman in a dress and a box of soap. Text includes 'Ramsay's paints are for beauty, protection and durability—made from the best oil, turpentine and pigments.'

Advertisement for a 'FIRST-CLASS MACHINE', showing a mechanical device. Text includes 'Enclosed find \$14.20 to pay for the 5 drawer drophead Windsor Machine you sent on trial and another of the same kind.'

Fallopian and Eustachian, while modern chemistry was founded by Lavoisier, a French Catholic, he would also note that Malpighi, who was the first to use the microscope in anatomical and physiological research; Cosalpino, called by Linnaeus the first orthodont and systematic botanist; Spallanzani, who traced the origin of the germs of the atmosphere; Vallisneri, who made the first geological survey; Buffon, the founder of zoology; Margagnoli, the founder of pathology; Claude Bernard, the first to institute a laboratory of physiology; and the immortal Pasteur, the first to trace the microbe origin of disease, which has revolutionized medicine and surgery, and placed them on a scientific basis, were all members of the household of the faith. In fact he would have no difficulty in showing that the history of science is the history of the lives of eminent and devout Catholics.

Advertisement for CARLING'S PORTER, a tonic. Text includes 'CARLING'S PORTER is unequalled as a pure, wholesome tonic. Every dealer in good goods can supply you.'

Advertisement for IRON-OX TABLETS. Text includes 'The Vital Difference between Laxatives and Purgatives cannot be too clearly understood. The former are GENTLE, the latter VIOLENT. A LAXATIVE administers the organs a PURGATIVE takes the work out of nature's hands.'

Advertisement for O'KEEFE'S Liquid Extract of Malt. Text includes 'Is made by a Canadian House, from Canadian Barley Malt, for Canadians. It is the best Liquid Extract of Malt made, and all Leading Doctors in Canada will tell you so.'

Advertisement for Style. Text includes 'Style need not cost a woman more than for it will only buy a cake of that famous English Soap of the highest quality, Maypole Soap, which washes and dyes at one operation. Old clothes can easily be made new. Brilliant, fadeless colors. No mess, no trouble' with 'Maypole Soap. Sold everywhere, 10c. for Colors, 15c. for Black.'

Advertisement for The London Mutual Fire Insurance Co. of Canada. Text includes 'ESTABLISHED 1850 TORONTO, ONTARIO FULL GOVERNMENT DEPOSIT' and 'Losses Paid Since Organization, \$ 2,250,000.00'.

THE HOME SAVINGS & LOAN COMPANY LIMITED

IN BUSINESS AS A SAVINGS BANK AND LOAN CO. SINCE 1854
78 CHURCH STREET
Assets, - - \$3,000,000.00
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OBITUARY.

PAUL CAMPBELL, KENTON.
Another of Glenora's most highly respected citizens, Mr. Paul Campbell, died at his residence, 263rd Kenton, on Friday evening, April 10th, having reached the age of seventy-eight years.

lessee of Byward market for several years and city collector for the past year. Seven years ago he married Miss Agnes O'Farrell daughter of Mr. Michael O'Farrell (the geologist) Surveyor, Mrs. John O'Reilly, Mrs. Robert O'Reilly, Mrs. H. J. Stora, Mrs. A. McLaughlin and Mrs. Alex. Devlin are his cousins.

He was survived by a wife, for whom much sympathy is expressed in the loss of a true friend, and he is also survived by a brother, Mr. Angus Campbell, Alexandria, and one sister, Maggie Campbell, living on Tuesday morning at the funeral home of J. A. McMillan, 111 St. James street, and one sister, Mrs. J. A. McMillan, 111 St. James street, and one sister, Mrs. J. A. McMillan, 111 St. James street.

He was married in 1882 to Honora Griffin, who bore him three children, two of whom survive him, namely, Miss Minnie and W. P. Ryan of Toronto.

By hard work and perseverance he succeeded in educating his children and making for himself and family a comfortable home and living, and for many years he was engaged in the coal and wood business in Brampton, retiring from the same some six years ago and spending the same six years of his life in Toronto.

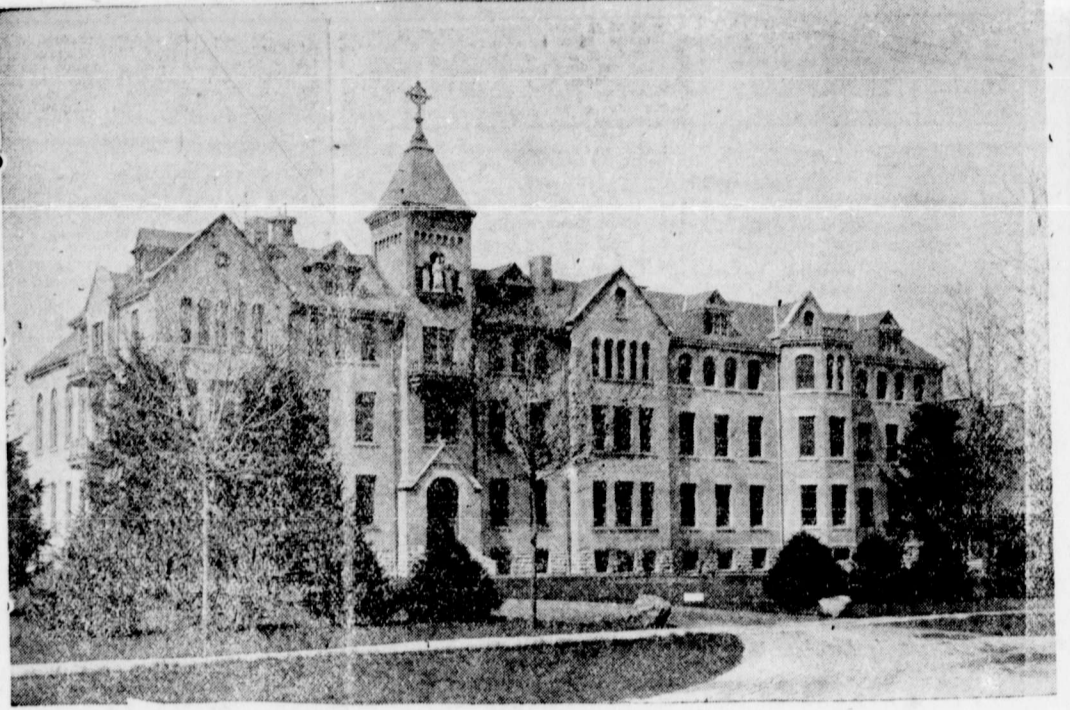
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ST. JOSEPH'S HOSPITAL, LONDON, ONT.

MARRIAGES.

MURPHY-CURTIS.
At St. Patrick's Church, Dixie, on Wednesday, April 23rd, a splendid wedding took place. The bride was Miss Mary Curtis, daughter of Mr. J. H. Curtis, and the groom was Mr. John Murphy, formerly of Wilby, Ont.

When Their Excellencies Lord and Lady Minto were in the city, they were interested in the growth of the hospital, and it will be shortly, when completed.

ST. JOSEPH'S HOSPITAL, LONDON.
ITS WONDERFUL POPULARITY EVIDENCED IN ITS GROWTH—SOMEWHAT REGARDING THE HOSPITAL, AS IT WILL BE SHORTLY, WHEN COMPLETED.

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STEINWAY NORDHEIMER HAINES PIANOS NORDHEIMER'S Limited. 188 Dundas-st., LONDON 356 Tondal-st., ST. THOMAS 36 Qu'elle-ave., WINDSOR.

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TEACHERS WANTED.

WANTED—A TEACHER FOR THE BALANCE OF THE YEAR, able to teach both English and French, and having a second class certificate for the English. For particulars address Rev. Father J. C. St. Armand, Grand Depot, C. M. B. A. Regina, Sask. Box 57. 1252-3

GRAND TRUNK RAILWAY SYSTEM \$42 to CALIFORNIA

Also low rates in effect until June 15th, 1903, to points in Montana, Colorado, Utah, Oregon, Washington and British Columbia. BUFFALO AND NEW YORK Leave London at 12:35 or 2:25 a.m. daily arriving New York 4:35 p.m. and 8:35 p.m. Through coaches and Pullman sleeper to New York.

MONTREAL AND OTTAWA

The "Eastern Flyer" leaves at 6:10 p.m. daily; calls parlor car to Toronto; Pullman sleeper to Montreal and sleeper Toronto to Ottawa.

TENDERS FOR COAL, 1903.

ASYLUM FOR INSANE, TORONTO. Hard coal—1,350 tons large egg size, 20 tons stove size, 150 tons nut size. Soft coal—90 tons lump; wood, green, 100 cords.

ASYLUM FOR INSANE, KINGSTON. Hard coal—1,600 tons large egg size, 20 tons stove size, 150 tons nut size. Soft coal—90 tons lump; wood, green, 100 cords.

ASYLUM FOR INSANE, HAMILTON. Hard coal—1,600 tons large egg size, 20 tons stove size, 150 tons nut size. Soft coal—90 tons lump; wood, green, 100 cords.

ASYLUM FOR INSANE, MIMICO. Hard coal—1,700 tons large egg size, 20 tons stove size, 150 tons nut size. Soft coal—90 tons lump; wood, green, 100 cords.

ASYLUM FOR INSANE, BRIDGEVILLE. Hard coal—1,700 tons large egg size, 20 tons stove size, 150 tons nut size. Soft coal—90 tons lump; wood, green, 100 cords.

ASYLUM FOR FEMALE PATIENTS, COBURG. Hard coal—45 tons small egg size, 20 tons stove size, 150 tons nut size.

CENTRAL PRISON, TORONTO. Hard coal—100 tons large egg size, 20 tons stove size, 150 tons nut size. Soft coal—90 tons lump; wood, green, 100 cords.

INSTITUTION FOR DEAF AND DUMB BELLEVILLE. Hard coal—300 tons large egg size, 20 tons stove size, 150 tons nut size. Soft coal—90 tons lump; wood, green, 100 cords.

REFORMATORY FOR BOYS, PENNINGTON. Eighty tons egg size, 50 tons stove size, 14 tons nut size, 1,000 tons soft coal screenings of run of mine lump. Delivered at institution dock.

CONSTITUTION IS CAUSED BY INDIGESTION, K. D. C. AND CO. Free Samples, N.S. & C. Family Medicines. Don't save pennies to lose dollars. Buy economical when your health is at stake. Get the medicines at reasonable cheap prices. We don't give away our medicines. Anything you physician put on your order for yourself you get no substitute, but the genuine articles, at Walton's Grand Opera Pharmacy.

VOLUME The Catholic LONDON, SATURDAY THE BIBLE

The Christian G interesting and ho is now in circula of the Vatican p work many chang the spiritual en Times have certa comment of our cu us that some w weeklies are not their antipathy fo phrasology is mo old narrow-mind action, which ha controversial m ist on occasion instance, wished his readers that n never had until n patiated at lengt very ingeniously something to the why not come ou the Church with enemy of the l the gentleman again why shoul tricks to impress If he have a cha via direct Spe tion. And he knowing that t popular edition before the "Am being. Is this l The Italians seduced by " learned Christ's Testament neve the Church, to Professor H. P. from age to age on the rock of i speaks to the se soul in the sero divine authorit It would be the fact of the Gospels looms the editor. O spectacle of M ping, so the p over the mea would cure his this matter. I tinue to be ho lies of Italy w mised by their precon their reason a faith, but rea is the Author

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