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MONTREAL Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL
HOMŒOPATHIC HOSPITAL.

Vol. II. No. 11.

MONTREAL, NOVEMBER, 1897.

25cts. A YEAR.

Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Woman's Auxiliary of the Montreal
Homœopathic Hospital.

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CROUP.

ITS SYMPTOMS, DANGERS AND TREATMENT.

Croup is a disease of childhood that is at once startling and dangerous. During November and December it is very common and causes great anxiety to parents. The child may go to bed apparently well and wake up at midnight or early morning with a violent, spasmodic, distressing cough. Unchecked, this loud, barking, wheezing coughing and breathing gives great suffering to the little patient. The cough is sometimes loud and deep, like the bark of a dog, or it may be of a loose and choking character. There is usually a high fever and quick pulse, and the child is irritable and shows great fear. An insufficient supply of air entering the lungs, the face and neck become red and deeply suffused, showing danger of suffocation. In fatal cases the lips and face become purple, the lungs congested and the patient actually suffocates. This result, however, is rare, except in cases of membranous or diphtheritic croup. The danger is lessened as the cough becomes looser. The exciting causes are exposure to cold, sudden changes of temperature, wet feet, improper diet. Some patients are predisposed to croup from the narrow formation of throat. Membranous croup is now recognized and treated as diphtheria. It is the most insidious and dangerous type of the disease. The

child may give one or two croupy barks at night and the following day appear as well as ever. The second night the croup may increase and again on the following day the child appear quite well. This may be repeated for a week, or, on the third night, the patient may suddenly show dangerous symptoms. The physician is then hurriedly summoned—often too late to afford any permanent assistance.

Homœopathy offers the quickest and most efficacious treatment for croup known. A few remedies kept in the house will often abort a serious attack and prevent calling the doctor at night.

Aconite is the drug required in the very first stage. The child is not, thirsty and restless, with a deep barking cough. Especially useful if caused by exposure to cold dry wind.

Iodine, if the restlessness is subdued but high fever, with cough, continues

Spongia has similar symptoms to Iodine: wheezing and a choking cough may be present.

Kali Bi. is the remedy par excellence for a hard metallic croup cough, without any fever present. This drug will often act like magic.

Hepar sulph is to be given only when the cough has a decidedly loose edge. If given too soon in croup it may cause the cough to tighten again.

Other remedies that might be useful are Bella, Ferrum Phos, Sanguinaria or Sambucus.

In spasmodic croup great relief may be obtained by the application of cold water cloths to the throat, care being taken to protect the chest. Sometimes hot water fomentations may be more useful than cold. The diet must be plain and easily digested. Whenever diphtheria is in the neighborhood, and a child develops a croupy cough, immediate advice should be taken. Membranous or diphtheritic croup requires prompt and careful treatment and will be considered under diphtheria.

A. R. GRIFFITH, M. D.

HOUSEKEEPER'S SALE.

OVER FOUR HUNDRED DOLLARS REALIZED.

The latest effort of the Woman's Auxiliary to aid the finances of the Hospital was a "House-keeper's Sale," held on Friday, Oct. 29, in Beaman's Hall, St. Catherine St. Friends responded most heartily to the request for jams, pickles, cakes, candy, aprons and other useful articles, so that an attractive display met the view of purchasers who were present in good numbers both afternoon and evening.

Prof. Henry, ably assisted by Mr. J. E. Boylan, delighted and amused the audience with their clever sleight-of-hand performances. No less interesting were the wonderful balancing feats of Mr. Veronneau. A graphophone in charge of Messrs. Macaulay and L. Hagar interested others; while the various tables with their levy of fair saleswomen were well patronized. The whole admirably managed by Mrs. J. T. Hagar and Mrs. E. Von Rappard.

The following ladies and their assistants took part in making the "sale" a success:

Tea and ice cream room: Mrs. Geo. Sumner, aided by Mrs. E. Sumner, the Misses Sumner, Jackson, Moodie, Evans, Vibert and Von Rappard.

Preserves and jams: Mrs. A. R. Griffith, with Mrs. A. D. Patton and Miss Adams as helpers.

Cakes: Mrs. C. H. Binks and Miss Bancroft.

Candy: Mrs. W. De Forest Smith and the Misses Hagar, McFarlane, E. Bailey, Bolton and Bannister.

Toys: Mrs. Gwilt, Miss Barr, Irene Von Rappard, Ruby Gnaedlinger.

Fish Pond: Miss M. Hagar, G. Bone. Aprons, Bags, etc.: Mrs. J. A. Sheffield, Misses Baylis, Sheffield, Rodden and Dr. Laura Muller.

The following amounts were made at the different tables:

Aprons, bags, etc. \$128; jams, etc., \$73.75; candy, \$45.43; ice cream and tea, \$27.69; cake, \$11.06; fish pond, \$6.86; toys, \$6.10; flowers, \$2.40; graphophone, \$2; at the door, \$6.94.

These amounts with the sum received for admissions bring the total receipts up to a net result of \$415.60 after payment of expenses, with still some few returns to be made.

The Woman's Auxiliary acknowledges with many thanks donations for the various tables from the following: Alex. Clerk, Esq., \$50; collected by Mrs. J. A.

Sheffield, \$38; Mrs. W. Sutherland Taylor, Lady Van Horne, the Misses Van Horne, Mr. S. Bell, Mrs. A. R. Griffith, Mrs. F. E. Grafton, Mrs. Phelps, Mrs. Woodley, Mrs. Small, Mrs. J. Cowan, Mrs. O'Connor, Miss J. Carmichael, Dr. Laura Muller, Miss Moodie, Mrs. C. E. Searff, Mrs. J. A. Sheffield, Mrs. Chas. Childs, Mrs. W. Childs, Miss Morkill, Miss A. J. Henderson, Mrs. H. L. Henderson, Mrs. Deacon, Mrs. S. Munn, Mrs. Plimsoll, Mrs. Gaunt, Mrs. Chillas, Mrs. Geo. Darnford, Mrs. Barnes, Mrs. R. Cowan, Mrs. Moody, Mrs. Moss, Mrs. James Baylis, Mrs. S. M. Baylis, Miss Baylis, Miss E. Moore, collected by Miss Marie Robertson a large box of useful articles from friends, some of whose names have been lost, Miss Somerville, Mrs. Barrard Boston, Mrs. D. Somerville; Mrs. R. D. McConnell, Lachine; Mrs. F. Young, Caraqueet, N. Y.; Mrs. J. E. Somerville, Curry Hill, Ont.; Mrs. Wardle, Westmount; Mrs. Geo. Holland Holland; Miss McConnell Holland; Mrs. W. A. Gunn, Rainville, Ont.; Mrs. Alan Somerville, Georgeville, P.Q.; Mrs. W. H. Nolan, Mrs. Stanley, Mrs. Luke, Mrs. Doran, Mr. J. Cowan, Dolly and Edith Sandham, the Penarow Nursery, Mrs. Greaves, R. B. Hall-Robert Hall, Walter Paul, George Holland & Co., Nelson, Sons & Co., C. H. Detlef, J. M. Aird, Charles Alexander, Laing Manfg. Co., A. Scott, A. R. Grafton, J. C. Wilson, Hodgson, Sumner & Co., Mrs. Hector Mackenzie, Mrs. J. T. Hagar, Mrs. Von Rappard, Mrs. Nichol, Mrs. H. Thomas, Mrs. F. H. Barr, Mrs. Gwilt, Miss Barr, Mrs. W. De Forest Smith, Miss McCulloch, Mrs. Binks, Mrs. G. Sumner, Mr. Sumner, Mrs. E. F. Ames, Mrs. Mathewson, Mrs. G. S. Wait, Miss Bennett, Miss Childs, Mrs. Führer, Miss Sheffield, Misses Hager, Misses Von Rappard, Mrs. C. G. Jones, Mrs. Hawken, Miss Rowbottom.

Any names omitted from the lists of those who contributed to the sale, if sent to the Secretary, will be published in the next issue.

HOSPITAL NOTES.

In what does the recent Housekeepers' Sale resemble the Homœopathic administration of medicine?

Because, from very little things, there are great results.

Let Purchasers should mention the Homœopathic Record to encourage our generous advertisers.

TO CURE HEADACHES.

SIMPLE REMEDIES THAT WILL BRING SPEEDY RELIEF TO SUFFERERS.

"A hot bath, a stroll in the fresh air, shampooing the head in weak soda water or a timely nap in a cool, quiet room will sometimes stop a nervous headache," writes Dr. F. F. Herrick in Ladies' Home Journal. "When over-fatigued from shopping or sightseeing, a sponge dipped in very hot water and pressed repeatedly over the back of the neck between the ears will be found exceedingly refreshing, especially if the face and temples are afterward subjected to the same treatment. Neuralgia is caused not only by cold air, but by acidity of the stomach, starved nerves, imperfect teeth or by indolence combined with a too generous diet. Heat is the best and quickest cure for this distressing pain. A hot flatiron, passed rapidly and deftly over several folds of flannel laid on the affected spot, will often give relief in less than ten minutes without the aid of medicine. Hot fomentations are of equal value, though when the skin is very tender it is more advisable to use dry heat, nothing being better for the purpose than bags of heated salt, flour or sand, which retain warmth for a long time. Cold water applied by the finger tips to the nerves in front of the ear, has been known to dispel neuralgia pains like magic. When caused by acidity, a dose of charcoal or soda will usually act as a corrective. Sick headache is accompanied by bilious symptoms, and attacks usually come on when the person is overtired or below par physically. This is a disease of the first half of life and often stops of its own accord after middle age. A careful diet is imperative in every case, sweetmeats and pastry being especially pernicious.

"Eating heartily when very tired, late dinners, eating irregularly, insufficient mastication or too much animal food, especially in the spring or during the hot weather, is a frequent cause of indigestion, causing headaches by reflex action."

HOSPITAL RECORD FOR OCTOBER.

In Hospital, Oct. 1.....	16
Admitted.....	13
Discharged.....	18
Died.....	0
In Hospital, Nov. 1st.....	11

WOMAN'S AUXILIARY, MONTREAL HOMOEOPATHIC HOSPITAL.

Treasurer's Report, for October, 1897.

Dr.	
To cash on hand, Oct. 1st	\$368 75
" amount received from subscriptions	52 00
" " " " patients.....	219 75
" " " " dispensary.....	12 80
" " " " nurses supplies	4 50
" " part proceeds Housekeepers sale	359 05
Total	\$1,016 85
Cr.	
By amount paid for wages	\$ 69 09
" " " " food supplies.....	182 85
" " " " furnishings.....	26 99
" " " " med. & surg.....	75 99
" " " " repairs.....	25
" " " " gas acc., Sept.....	21 96
" " " " laundry, Mar. and April	127 27
Total.....	\$501 31
" cash on hand, Oct. 31st	512 54
Total.....	\$1,016 85

MARY VAN HORSE,
Treas. W.A.M.H.H

SUBSCRIPTIONS RECEIVED.

The Woman's Auxiliary M. H. H. acknowledge with many thanks the following subscriptions received during October, collected by Miss Robertson: D. T. Pridham, Chicago, \$2, M. A. Pridham, 50c; Wm. Ross, \$1; Mrs. Monk, \$1; Mrs. James Hutchison, \$1; James Hutchison, \$1; W. W., \$1; A. R., \$1; Mrs. D. Somerville, \$1; Mrs. J. Robertson, Chicago, \$1; Charlie Robertson, Chicago, \$1; Mrs. E. Clarke, \$1; W. S., \$2; Mrs. J. A., \$1; Miss Hailey, Verdun, \$1; Mrs. T. L. Clarke, \$1; Miss Somerville, \$1; Mrs. Marshall, 25c.; Mrs. W. Leath, 50c.; Mrs. James Poustie, \$1; A. C. Seeds, 25c.; H. Mullins, \$1; Mrs. J. A. T. Georgeville, 50c.; M. R., 50c. \$22 00
James Baylis, Esq., annual sub... 10 00
A. Friend, per Miss Baylis..... 5 00
Donation to bread bill..... 8 25
Mrs. W. Patton, aux. fee..... 2 00
Mrs. A. Patton "..... 2 00
Mrs. Elliott..... 2 00
Donation box..... 75

Total

HOSPITAL WANTS.

Flannel hot water bottle covers.
Linen or cotton bags with a draw string to hang on patients beds for holding necessary small articles.

LET ALL GIVE THANKS.

Contributions towards Thanksgiving Dinner for nurses and patients will be gratefully received at the Hospital, in time for the Twenty-fifth of November.

SICK ROOM COOKERY.

BEEF TEA.

Mince or shred finely 1 lb. lean beef; place in self-sealing jar with 1 pint cold water. Stir and let stand an hour. Then set in full saucepan of water over fire and let it *approach boiling* for an hour. Remove jar, strain, salt to taste.

ESSENCE OF BEEF

One pound lean beef, chop fine, pound in a mortar with 3 tablespoons water; let it stand 2 hours. Place in covered earthen jar with a little salt, cement cover on. Place in pot half full of water; keep short of boiling 4 hours. Strain through coarse sieve, and 6 oz. should be obtained for 1 lb. meat. Dose is 1 teaspoonful at a time. To vary it some give a teaspoonful of cream mixed with 4 oz. of essence.

MEAT FOR CONVALESCENT

Take a chop or steak, cement in self-sealing preserve jar; place in water on the stove short of boiling till cooked soft and tender. The juice formed in the jar must be eaten with the meat.

A MELODEON OR ORGAN WANTED.

The want of a melodeon or small organ is greatly felt at the Hospital Sunday Services, as the music is much liked by the patients, and one of the nurses is always willing and able to preside at it. For a full year through the kindness of the Willis Piano Co., who have loaned a fine instrument gratuitously, the patients have been enabled to enjoy a delightful hour each Sunday afternoon which makes the present deprivation the more marked.

Should any of the kind friends of the Hospital be willing to donate a small instrument or even its loan for a time it would be much appreciated.

DONATIONS FOR OCTOBER.

Old Linen—Mrs. Farrel, Mrs. Thomas, Mrs. Sumner, Mr. James Baylis. Magazines—Mrs. Murphy, Mrs. Barnes, Miss Jenkins, Mrs. Farrel. Flowers—Montreal Flower Mission. One gown, a box of toy bricks, no name. Barrel cabbage and beets from Chambly. Basket of grapes for nurses, Mrs. Stewart. Three waiter's jackets, linen bag for patients, going for board room, from Mrs. J. A. Sheffield. Collard head for nurses, Mrs. Thomas. One dozen doylies, Mrs. W. E. Phillips. One quart cream, also one gallon cream for "sale," Loynachan & Ford.

HINTS.

A correspondent of a Gorman Homœopathic journal recommends *Ledum pal.*, in one drop doses of the mother tincture, for bad coughs in persons of a rheumatic constitution; also for coughs in those given to drinking.

Arnica internally, and the diluted tincture externally, is highly commended for inflammation of the knee joint. When *Arnica* tincture is used externally it should always be diluted, say half a teaspoonful in a half pint of water.

A few doses of *Belladonna* is the best known preventive of scarlet fever. Dr. Stierenart once gave it to two hundred persons exposed to the contagion, and not one contracted the disease. Fifty others refused the remedy, and of these fourteen were seized with the fever.

Gelsemium is said to permanently cure many cases of habitual sick-headaches when other remedies have failed.

Melancholy young persons subject to epilepsy have been much benefited by *Indigo* 3.

Ineffectual urging to stool, flatulence, eructations and mental depression are the general symptoms calling for *Lycopodium* in constipation.

Tartar emet. has cured dull headaches from deranged stomach, with nausea, vertigo and trembling; condition greatly aggravated by walking.

Tartar emet. is a good remedy for attacks of suffocative breathing in which the chest expands with difficulty; also, for suffocative coughs with rattling in chest, as though choking with phlegm. The *Tartar emetic* syrup sold at homœopathic pharmacies is the best form in which to administer the remedy.

"Asthma, he cannot lie with his head in a low position," Nitrum. Hahnemann.

Always worse in damp weather is one of the indications of Natrum sulph.

Ruta grav., internally, is an excellent remedy from strained eyes, from reading or work.

Nitrum: Great enlargement of the eyeballs for many days; the left eye cannot recognize the letters at the usual distance; at a longer distance they become clearer but smaller. Hahnemann, Chronic Diseases.

Fluttering of heart, Natrum mur.

Dr. Proell says that where the urine cannot be completely excreted, or the bladder entirely emptied, Natrum sulph. will cure the condition.

Berberis Aquifolium is said to be an excellent remedy for pimples on the faces of young women or girls. This hint has never been published before, but was given verbally by an experienced physician. He said it acts the best in mother tincture pellets.

Numbness of forearms and hands may be relieved by *Silicea*.

Constant desire to urinate whenever standing or walking may be cured with *Mag. phos.*

Cough that comes on when food is swallowed may be relieved by *Kali bichromicum*.

Painful, hard swellings may be cured by *Kali mur.* When lanced there is no discharge.

One of the best remedies for sores or abscesses that discharge pus or other matter is *Silicea*.

A good remedy for anemia or chlorosis, with headache, waxy skin, is *Calcarea phos.*

For neuralgic and intensely painful spasms about the heart *Magnesia phos.* has been found curative.

When all other remedies fail in asthma try *Blatta orient.* It has cured a number of remarkably bad cases.

Kali mur. for earache, with white or gray-furred tongue and swelling of the glands and throat, cracking noises in the ear when swallowing.

Headache worse in warm room, *Kali sulph.*

Ceanothus Americana is the great spleen remedy; for the pain under the left short ribs--*Homeopathic Envoy.*

WHEN THE PEOPLE NEED PROTECTION THEY CAN ASK FOR IT.

At no time have the people applied to the members of the old school for protection. At no time have the people asked the Allopathic school to make laws for protection against the practices of the Homœopaths. Every single soul in the United States of America has a

perfect right to be treated by the Allopathic school if he wants such treatment. No one is compelled to employ a Homœopathic physician unless he wants that kind of treatment. And yet, bright business men, who have been successful in life, amassed fortunes, and reached the most honorable positions given to men in this country--men, bright, cultured; head and shoulders above their fellows intellectually, are Homœopaths, and as such place their own lives and the lives of their families in the hands of Homœopathic practitioners with perfect confidence as to the outcome. These people, wise in the business affairs of life, have exercised their judgment in the selection of medical men, and time has proven the wisdom of their choice. --*Clinical Reporter.*

SENSITIVENESS OF THE EAR.

In the big lumber mills at Austin, Potter County, there is an engine of remarkable beauty and power. It is a 350 horse-power engine, which drives the complicated machinery of the saw-mill. Standing beside the immense fly-wheel of this engine the other night it struck me that the everlasting clatter and roar of wheels, belts and pistons must be awfully trying to the nerves of the engineer, who had to be always in that room. I asked him if it were not so, and he replied at once, "Not at all; on the contrary, I feel the stillness of the night outside more than what seems to you to be the confused uproar in the room. Every sound that goes to swell the total has its peculiar meaning to me, and sitting here, I can distinguish by the sound, the slightest deviation of any part of the engine from its proper course. If, as I sometimes do, I drop into a dose, not the smallest thing could happen to that engine, not the most insignificant part of its complicated mechanism could get out of gear, but the change of sound would waken me instantly. --*Pittsburg Dispatch.*

"RADNOR"

Dr. J. R. Kippax, Professor of Medical Jurisprudence in the Chicago Homœopathic Medical College, writes: "Radnor Water is an agreeable and exceedingly pure table water, and surpasses the leading German Waters in therapeutic value."

THE DOCTOR'S NEVERMORE.

—Once upon a midnight dreary,
The doctor slumbered weak and weary,
And all the town could hear
Him snore.

While he lay there sweetly napping,
Sad lenly there came a tapping
Like a ramgoat mally rapping
His hard head upon
The door.

“Get thee up” a voice said loudly,
“Come in haste” it added proudly,
Like a man who owned a million or
Much more.

But the doctor never heeded,
Back to dreamland fast he speeded,
For such men as that he needed
In his practice
Nevermore.

For long months that man had owed him,
Not a cent he'd ever paid him,
And the doctor now will dose him
Nevermore.

—*Jasper News.*

BE GOOD TO YOURSELF.

Think deliberately of the house you live in—your body. Make up your mind firmly not to abuse it. Eat nothing that will hurt it. Wear nothing that distorts or pains it. Do not overload it victuals or drink or work. Give yourself regular and abundant sleep. Keep your body warmly clad. Do not take cold. Guard yourself against it. If you feel the first symptoms, give yourself heroic treatment. Get into a fine glow of heat by exercise. This is the only body you will ever have in the world. A large share of pleasure and pain of life will come through the use you make of it. Study deeply and diligently the structure of it, the laws that should govern it, the pains and penalty that will surely follow a violation of every law of life and health.—*Oakland Tribune.*

Beer and ale contains 1 to 8 per cent. of alcohol, wine from 8 to 20, and whisky from 45 to 60 per cent. Recent analyses of the various widely-advertised “sarsaparillas,” “nerve” and other so-called remedies reveal the fact that they contain 18 to 26 per cent. of alcohol. This probably accounts for their great popularity.

TARTAR MEDICINE.

Formerly musk was used as a medicine in various parts of the world, but doctors in civilized lands do not hold musk in high repute. In China it is still thought to be a very good medicine, but the Chinese have queer notions about cures and charms. Abbe Huc, a distinguished traveller, says that when a Tartar doctor finds himself without his drugs and medicines he is not in the least embarrassed. He writes the names of the needed drugs on slips of paper, and these, being rolled up in little balls, are swallowed by the sick man. “To swallow the name of a remedy or the remedy itself,” say the Tartars, “comes to precisely the same thing.”—*Noah Brooks in S. Nicholas.*

Eight men die suddenly to one woman.

To be perfectly proportioned it is claimed that a man should weigh twenty-eight pounds to every foot of his height.

Injections of warm water administered every morning for two or three days are said to be a positive cure for pin worms.

Overfeeding is one of the most frequent causes of infantile indigestion. Infants at the breast are no exception.—*Deschere.*

The Esquimaux give the doctor his fee as soon as he comes. If the patient recovers he keeps it; otherwise he returns it to the family.

A suggestion for the removal of a fish bone from the throat is to drink a pint of milk, following in half an hour with a sulph. zinc emetic. The coagulated milk, as it comes up, brings the fish bone along with it.

Where stomach refuses to retain ordinary foods, substitute cream, one part to sixteen parts of water, one-half ounce per hour until it is retained and digested; or white of egg, one part to three parts of water, with very little sugar. These have been found very valuable. Child over six months of age may be given beef juice, beef or chicken broth.—*Deschere.*