EIGHTEENTH ANNUAL REPORT

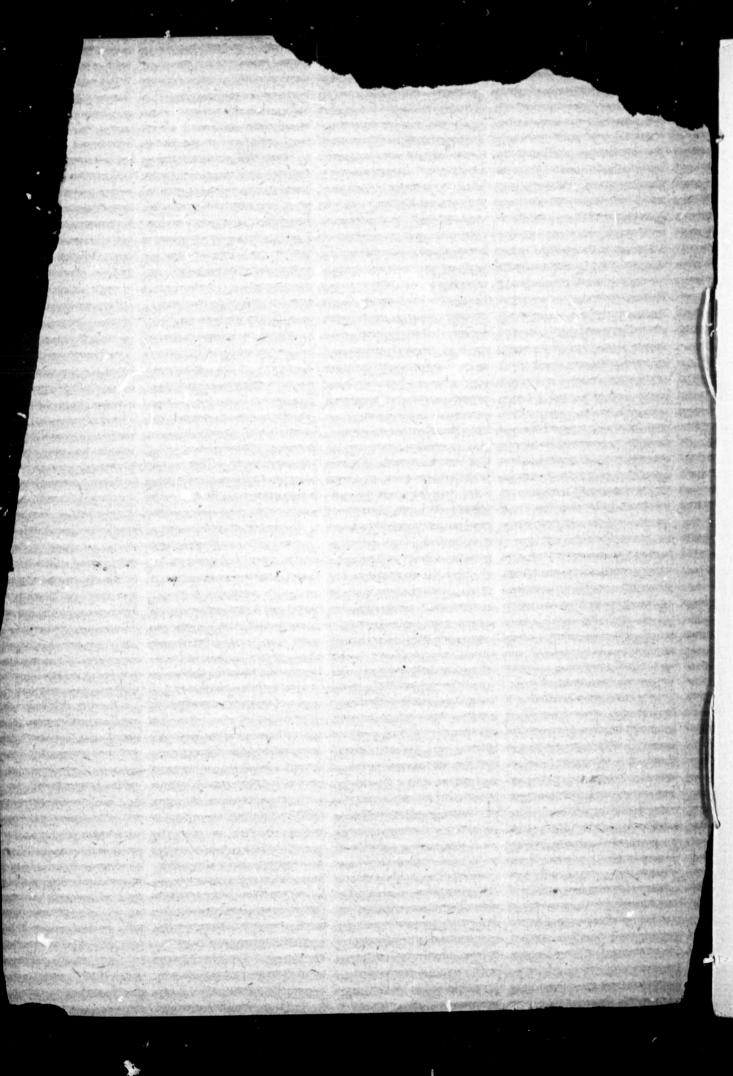
OF THE

MONTREAL

*DIET DISPENSARY

175a ST. ANTOINE STREET.

1897.



The Diet Dispensary—inaugurated by the Young Women's Christian Association in 1879—has, owing to financial and legal technicalities, been incorporated as an independent organization, under the name of The Montreal Diet Dispensary.

DIET DISPENSARY.

President :

MISS DEWITT, 963 Dorchester Street.

Executibe Committee :

MISS DEWITT, Chair.

MRS. E. N. HENEY, Vice-Chair, 105 Metcalfe Street.

MISS ISABEL DARLING, Secretary, 99 Drummond Street.

" Macpherson, Treasurer, 366 St. Antoine Street.

"GOULD, Honorary Treasurer, 963 Dorchester Street.

Mrs. H. Birks.

MISS AMES.

MRS. J. A. PILLOW.

MRS. E. E. SHELTON.

" B. H. Brown.

MISS BOTTERELL.

Associate Members :

MRS. F. LARMONTH.

" F. S. BRUSH.

" W. D. SUTHERLAND.

MISS LIGHTHALL.

MRS. F. TORRANCE.

" E. L. PEASE.

MISS MACFARLAN.

MRS. A. D. NELSON.

Adbisory Board :

HUGH McLENNAN, Esq.

DR. J. C. CAMERON.

DR. A. LAPTHORN SMITH.

A. D. Nelson, Esq.

REV. DEAN CARMICHAEL.

Legal Adbiser :

FRANCIS McLENNAN, Esq.

MINUTES OF ANNUAL MEETING.

The Annual Meeting of the Montreal Diet Dispensary was held at 963 Dorchester Street, on Tuesday, March 30th, at 3 p.m.

The principal business on this occasion was the election of offcers. The following resignations were received, viz., that of Miss Gould, who had been a most efficient Treasurer for sixteen years; and Mrs. A. D. Nelson, a faithful active member. Miss Macpherson was unanimously elected to fill Miss Gould's place as Treasurer.

With the above exceptions, the office-bearers were re-elected for the ensuing year.

Owing to the unavoidable absence of so many members of the Committee, the meeting was then adjourned till Tuesday, April 13th, at 4 p.m.

The adjourned meeting was held in the Y. W. C. A. parlors. The Rev. T. S. McWilliams presided, and conducted the opening devotional exercises.

The Annual Reports of Secretary and Treasurer were submitted, the latter showed a balance on hand of \$87.49.

Short addresses were then delivered by the Chairman and the Rev. J. Edgar Hill, commending the work of the Dispensary. At the close tea was served by the Ladies of the Committee.



EIGHTEENTH ANNUAL REPORT

OF THE

MONTREAL DIET DISPENSARY,

MARCH, 1897.

In presenting another Annual Report, it is encouraging to notice how, as time goes on, the Diet Dispensary widens its sphere of public benevolence and usefulness.

Owing to the unusual prevalence of influenza, the demands made upon this institution have exceeded those of any previous year, the number of applicants increasing by almost two thousand. An urgent appeal was recently received from the French Protestants, asking if a branch could be started in the East End of the city. Though this has been the ambition of the committee for some time, the state of the finances would not allow of any extra undertaking. However, it is to be sincerely hoped that at no distant date the above request may be favorably reconsidered.

During the past year there have been a number of changes in the Committee of Management. We regret exceedingly to have to intimate, that owing to ill health, Miss Gould, our esteemed Treasurer has found it necessary to resign. The ladies fully realize what a loss this is to the Dispensary, as Miss Gould has certainly done more than her share during the sixteen years of office. It is a pleasure to know that Miss Gould will not quite sever her connection, having kindly consented to be Honorary Treasurer.

Miss Macpherson, a most enthusiastic worker, was unanimously elected to fill the vacancy. Mrs. Birks, on account of being out of town so often, wished to be relieved of the place of Vice-President, Mrs. Heney promised to act in her stead.

The following active members have also resigned:—Mrs. Nelson, Mrs. Sutherland and Miss Macfarlan, but their names are enrolled upon the Associate list. Owing to sad bereavement in her family, Miss Robertson desired to withdraw. We hope that later on she may rejoin us.

As new members, we would welcome Mrs. B. H. Brown and Miss Botterell, Secretary of the King's Daughters' Union.

The cooking and dispensing are in the hands of Mrs. Calder, who has filled this responsible post most satisfactorily. When there are as many as seventy-six orders in one day, a great deal of management and system is required on the part of the Matron. Happily she has some help from her sister.

The Dispensary Committee is fortunate in retaining the services of the two efficient nurses, who, by their daily visits, help to bring sunshine into houses where suffering and want exist. Judging from the letters received from time to time by our President, their work calls forth great appreciation from those with whom they come in contact. Miss Frizzell has just completed ten years in connection with the Dispensary, and let us hope that this is but a short period of her useful career. During the last twelve months, her visits numbered 2,783 and those of Nurse Boyd 2,595, exclusive of voluntary Sunday visiting and night nursing.

The number of deaths on record is fourteen. We would draw attention to the fact that the nurse have many incurables among their patients, a class which the hospitals do not take charge of as a rule. One sad case in particular might be mentioned of a man who died from cancer in the throat. For a length of time the only

nourishment he could take was the jelly brought by Nurse Boyd. Though the Dispensary is intended to help the sick poor only, other services are often rendered. Nurse Frizzell cites an instance, where, in visiting a patient, the eldest of a large family, she felt obliged to provide to some extent for the others members, owing to the father's salary having been greatly reduced.

The nurses are indebted to the many physicians for free medical attendance, special mention having been made of Drs. Orr, Vipond, Thompson and J. C. Cameron.

Nurse Boyd wishes to thank Mrs. R. Esdaile for paying the rent for some of the poor families and for donations of clothing, Mrs. S. Greenshields for \$5 towards sending a little boy to Murray Bay, and Mrs. W. J. Buchanan and Mrs. Kohl for parcels of clothing. Thanks are due to Messrs. Blackader and Mann, Druggists, for allowing the nurses to use their telephone.

Too much cannot be said of the King's Daughters, who are always ready to help in any way whenever called upon. Not only have the individual Circles done a great deal for the Dispensary, but lately they met together as a Union and offered to pay a nurse's saiary, amounting to \$300 a year. This was quite a substantial help, and came in at a most opportune time, when the work seemed hampered for lack of funds.

The number of applicants during the year was 12,259; of these 10,784 were free, 1,467 paid, and 8 half price.

The articles dispensed:—5, 832% pints of beef tea, 871½ pints of chicken broth, 9,115 pints of milk, 2,283% pints of wine jelly and calf's foot jelly, 275 pints of blanc mange, 386 puddings, besides chicken, lamb, mutton broth, eggs, arrowroot, prepared barley, prepared groats, gruel, fruit syrups, preserves, etc.

We find, on referring to the Treasurer's statement, that the sum total, including balance from last year, is \$2,823.91, and the amount expended is \$2,736.42, leaving a balance on hand of \$87.49.

As may be judged from the previous part of this report, our outlay has been greater than ever before. In September last over \$400

was required to pay the bills which had accumulated during the summer, a time when receipts are always small. Some special effort had to be made to raise the necessary funds. A matinee entertainment was arranged for, consisting of readings by Mrs. Cora Stuart Wheeler of Boston, and Miss Mabelle Biggart of New York, the net proceeds of which amounted to \$240. This, added to a donation of \$100 sent in by a friend, helped to clear off all standing debts, and a fresh start was made on the 1st January, 1897.

Several of the King's Daughters volunteered to collect for the Dispensary and so far their efforts have met with success. This will be specially appreciated by the Treasurer.

The committee regret to have learned quite recently of the death of Mrs. Wheeler.

The Dispensary is at 175A St. Antoine Street, and the Matron will be pleased to have anyone call to see how the work is conducted from day to day.

We are deeply grateful to Mr. Tremble, druggist, who continues to help in a most practical way by keeping supplies of beef tea, jelly, etc., for sale. This enterprise has been very successful, and no doubt our patrons have found it a great convenience. Mr. Charters kindly allows his man to carry the jars to and from the Dispensary.

We would remind the public that donations of any kind are acceptable, and if the friends will remember to send in their subscriptions before leaving town for the summer, it will be esteemed a favor.

In conclusion, the committee would extend thanks to the Press for advertising and inserting appeals gratis, and all others who have in any way contributed to this deserving charity.

Respectfully submitted,

M. ISABEL DARLING, Secretary.

DONATIONS TO THE DIET DISPENSARY.

American Pres. Church Bene-	Mrs. W. R. Miller	15 00
volent Fund \$150 00	Mrs. T. C. Brainerd	15 00
G. Cheney, Esq 100 00	M. W. S. (2 dons.)	15 00
City Union King's Daughters	Mrs. Shelton, (2 don.)	15 00
(4 dons. for Nurse's salary) 100 00	Mrs. W. E. Sharpley	10 00
Anon (Coburg 2 don.) 75 00	Dr. G. E. Armstrong	10 00
Miss Dow (2 don.) 50 00	X. Y. Z	10 00
A Friend 50 00	Mrs. E. L. Pease (2 dons.)	10 00
H. M 50 00	Mrs. E. N. Heney (2 dons)	10 00
American Pres. Church Sun-	Mrs. N. B. Corse (2 dons.)	10 00
day School	Mrs. A. D. Nelson (2 dons)	10 00
Mrs. W. W. Ogilvie 25 00	Mrs. J. B. Learmont	10 00
Anon	James Moore, Esq	10 00
Miss Jessie Dow	Miss Dow (summer trips)	10 00
Miss Orkney	Mrs. John Macintosh	10 00
C. R. Hosmer, Esq., 25 00	Gerald Birks, Esq	10 00
Ed. Rawlings, Esq 25 00	Mr. and Mrs. Walter Drake.	10 00
Messrs. H. Birks & Sons. 25 00	Mrs. Geo. Caverhill	10 00
Inspector Chapel Sunday School	Mrs. J. A. MacMaster	10 00
per Miss Baylis 25 00	Mrs. Hugh McLennan	10 00
Erskine Church Ladies' Aid	Mrs. R. M. Esdaile	10 00
Society 25 00	F. A	10 00
John Gault, Esq. (2 dons.) 20 00	Mr. and Mrs. G. B. Burland.	10 00
W. W. Robertson 20 00	Mrs. Colin Morgan	10 00
St. Paul's Sunday School, per	Mrs. F. T. Adams	10 00
John Fair, Esq	Mrs. F. S. Foster.	10 00
Miss B. Dawson 20 00	Mrs. W. J. Whitehead	10 00
Robert Wright 20 00	F. T. A. (thankoffering)	10 00
R. B. Angus 20 00	D. Morrice, Esq	10 00
G. B. Cramp 20 00	Messrs. Wm. Dow & Co	10 00
St. George's Church District	The Misses Macfarlan	
Visitors' Society 20 00	Anon	10 00
Mrs. H. Lyman (2 dons.) 18 00	F. Wolferstan Thomas, Esq	10 00
Gazette Printing Company 16 25	L. McI. Spackman, Esq	10 00
Mrs. J. Theodore Bigelow (3	St. Paul's Dorcas Society	10 00
don.)	Robert Archer, Esq	10 00
Mrs. S. Greenshields (2 don.) 15 00	Hugh Graham, Esq	10 00
H. Speid, Esq., (2 dons.) 15 00	Mrs. John Aitken	10 00
Mrs. Mackay, (2 don.) 15 00	Mrs. J A Hutchison	10 00
, (2 doll.) 10 00	Mrs. J. A. Hutchison	10 00

R. R. Grindley, Esq	10 00	Mrs. J. A. Pillow	5 00
American Pres. Ch., special con-		B. McLennan, Esq	5 00
tribution in collection at		Chas. Alexander, Esq.,	5 00
Thanksgiving service	8 25	Chas. Cassils, Esq	5 00
M. S. (2 dons.)	7 00	Mrs. Redpath	5 00
Miss DeWitt	7 00	Mrs. W. S. Paterson	5 00
Mrs. C. Lyman	6 00	H. B. Ames, Esq	5 00
Mrs. McLachlan	5 00	Mrs. Reford	5 00
Mizpah Circle, Westmount.	5 00	Alex. Falconer, Esq	5 00
Jeffrey H. Burland, Esq	5 00	Mrs. Peter Laing	5 00
Miss Fleet	5 00	Miss Alice Redpath	5 00
Mrs. R. Bigelow	5 00	Anon	5 00
Mrs. Kingman	5 00	Anon	
Miss Benny	5 00	Anon	5 00
The Y. W. C. T. U., per Mrs.		Mrs. Holton	5 00
F. D. Adams	5 00	Mrs.Hugh Paton	5 00
Mrs. E. K. Greene	5 00	James Torrance, Esq	5 00
"Henrietta"	5 00	Mrs. F. S. Brush	5 00
Mrs. S. Bell	5 00	Mrs. Hector Mackenzie	5 00
Mrs. F. Stancliffe	5 00	Mrs. F. G. Benson	5 00
Lady Gault	5 00	Mrs. James Haldane	5 00
A. Macnider, Esq	5 00	Mrs. Slessor	5 00
In Memory of Isabelle S. C.	0 00	Dr. F. J, Shepherd	5 00
Macpherson	5 00	M. and A. H	5 00
Lady Hickson	5 00	Mrs. Johnston	5 00
Miss Sawtell	5 00	Dr. T. G. Roddick	5 00
Ministering Children's League	5 00	Mrs. Carmichael	5 00
of St. James the Apostle Ch.	5 00	Mrs. Albert E. Lewis	5 00
"A Friend"		Francis McLennan, Esq	4 00
Rev. Canon and Miss Anderson	5 00 5 00	C. A	4 00
Miss Ames		Mrs. P. Lyall	4 00
Mrs. Hooper	5 00	Mr. Oswald Dobell	3 00
Mrs. Andrew Robertson	5 00	"A Friend"	3 00
Alex Robertson Fac	5 00	Mrs. Clements	3 00
Alex. Robertson, Esq	5 00	H. A. Budden	2 00
Dr. M. H. Patton	5 00	Mrs. Bagg	2 00
Mrs. Wm. Gardner	5 00	Miss S. A. Durnford	2 00
Mrs. Judge	5 00	Mrs. Chas, McEachran	2 00
Mrs. Colin McArthur	5 00	" A Friend"	2 00
Mrs. G. A. Drummond	5 00	Miss Weaver	2 00
"G. O. M."	5 00	Miss McLennan	2 00
Smeaton White, Esq	5 00	Miss Robertson	2 00
Mrs. Chas. Childs	5 00	Mrs. P. S. Ross	2 00

Rufus Fairbanks, Esq. 2 00 Miss L. Galt. 2 00 J. MacK. Rea, Esq. 2 00 Mrs. S. Finley. 2 90 Major Evans. 2 00 Mrs. James Fairie. 2 00 Mrs. Doran. 1 00 Mrs. John Murphy. 1 00 "A Friend". 1 00 Miss Lighthall. 1 00 "A Friend". 1 00 Mrs. Paine. 1 00	Mrs. James Wilson 1 00 F. E. Yardley, Esq 1 00 Miss Ogden 1 00 Iss Annie Ogden 1 00 Miss Butler 1 00 Mrs. B. H. Brown 1 00 "A Friend" 1 00 Mrs. D. F. Gurd 1 00 A Patient helped 60 "A Friend" 50 Miss Holden's S.S. Class 50
Received from the "King's	Collected by Min Diagram
Daughters" since March 15th, col-	Collected by Miss Florence B. Simms, \$57.75, from:—
lected by Mrs. J. R. Meeker and	Mrs. E. H. Botterell \$10 00
Mrs. A. Woods, of "St. Martin's	Mrs. J .Burnett 5 00
Circle," \$28.50, from :—	Mrs. R. B. Angus 5 00
Miss B. Kerry \$1 00	Miss Duncan 5 00
Mrs. Jas. Peck 1 00	Mrs. Chas Hope 5 00
Mrs. J. M. Oxley 1 00	Mrs. Sterry Hunt 5 00
Mrs. Adami	Mrs. W. D. Reid 2 00
Mrs. A. M. Ewing 1 00	Mrs. Turnbull 2 00
Miss Ogilvie 1 00	Mrs. Wanklyn 1 50
Mrs. Laing 1 00	Mrs. F. Redpath 1 00
Mrs. E. Schultz 1 00	Mrs. Lewis 1 00
Mrs. R. R. Lovell 1 00 Mrs. Mulholland 2 00	Mrs. Bovey 1 00
Mrs. Hamilton 2 00	Miss Scott
Mr. James Morgan 5 00	Mrs. W. H. Weir 1 00
Mrs. R. Reid 5 00	Mrs. Hague
Chas. Lalonde 50	Miss Dougall
Mr. McMillen 50	Mrs. Godfrey 1 00
Mr. Sullivan 50	Mrs. Peterson 1 00
Mrs. G. S. Carter 50	Mrs. R. McD. Paterson 1 00
Mrs. Wertile 50	Mrs. Ewan 1 00
Mrs. McPherson 50	Mrs. Edie 1 00
"In His Name" for her sake 50	Mrs. A. W. Stevenson 100
Mrs. Von Rappard 50	Mrs. J. T. Wilson 1 00
"In His Name" 50	Mrs. Thos. Tait 1 00
	"A Friend" 50
	Mrs. Wallis 50
	" A Friend"

Parcels of new clothing from :- Mrs. C. R. Hosmer, Mrs. Kinloch, Mrs. Thos. Bigelow, Miss Jessie Dow, Mrs. Macintosh, Mrs. Hugh McLennan, Mrs. E. L. Pease, Mrs. J. A. Pillow, Mrs. Ames, Mrs. Adams, Mrs. J. T. Bigelow, Mrs. W. W. Ogilvie, Friend M., Mrs. G. B. Burland, Mrs. Justice MacKay, Mrs. Brainerd (for Miss Frizzell), Mrs. Heney, A Friend, St. Martin's Ch. Ladies' Aid Society, Erskine Ch. Ladies' Aid Society, Whatsoever Circle, Ready Circle King's Daughters, St. George's Ch. King's Daughters, Dorcas Society American Pres. Church; Ladies' Committee of the Industrial Rooms Bazaar, I. H. N. Society, Golden Rule Circle of King's Daughters, Mrs. Dunlop's Circle, The Guild of the Church of the Advent, The Labor of Love Circle, Ladies' Aid Society, Crescent Street Church; Ladies' Aid Society, St. Andrew's Church. Parcels of partly-worn clothing:-Mrs. Hugh Watson, Mrs. R. B. Capon, Miss Luddington, Miss Buchanan, Mrs. Edwin Gould, Anon., Mrs. Durnford, Mrs. W. J. Whitehead, Mrs. G. T. Hartt, Mrs. A. D. Nelson, Miss F. Johnston, Anon., Mrs. Rae, Mr. Morrison, Anon., Miss DeWitt, Osborne Ave, Miss Darling, Mrs. McNaughton, Mrs. Trenholme, Mrs. G. B. Burland, Mrs. J. H. Burland, Mrs. Brush, A Friend, Westmount, Mrs. MacIntosh, St. George's Church King's Daughters. Old linen, bottles, sheets, cheese cloth, Mrs. Wm. Kinloch; 4 tins of Nestle's Food, Self-Denial Circle. Flowers:—Mrs. Brainard, Ormstown W.C.T.U. (per Mrs. James Anderson), Mrs. DeWitt, Flower Mission, W.C.T.U.; wall paper, Miss DeWitt; papering room, Mrs. T. Darling; tea, Mrs. McLennan, crab apples, Mr. G. A. Green; 1 doz. towels, Mrs. James; parcel of linen, Mrs. Birdlaw; pair of sheets, Miss Glass; box of preserves, Y. P. S. C. E., Dewittville (per Miss Libbie Ross); two sheets, turkey, 2 doz. oranges, Mrs. Shelton; 2 doz. sheets, 2 doz. pillow slips and pillows, Committee "Home for Friendless Women"; 1 doz. boxes gelatine, ½ doz. boxes patent groats, ½ doz. boxes patent barley, ½ doz. boxes Sanlight soap, 5 boxes Cadbury's cocoa, Whatsoever Circle; 5 towels, thanksgiving offering of groceries, etc., Ready Circle; thanksgiving offering of groceries, etc., Faithful Circle; box of candy boxes, J. C. Wilson; 2 quilts, "Heart and Hand" Circle, American Presbyterian Mission; ½dez. bottles port wine, Messrs. Gillespie & Co.; sugar, 3 packages corn starch, Mrs. McCormick; 12 boxes candy, Mrs. Heney; nurses' supplies, Whatsoever Circle; 1 package gelatine, 6 tins patent barley, 6 tins patent groats, Mr. R. H. Bryson; 4 rubber water bottles, Alpha Rubber Co.; 12 jars preserves, 1 bottle raspberry vinegar, 7 lbs. butter, Mrs. Mc-Gillivray (Westmount); parcel of papers, the Misses Anderson (Abercorn).

INECELFIS.	TAL ELECTIONS			
1896, March 16th.	1897, March 15th.			
To Balance from last year \$ 81 64	By Meat and Poultry	\$761 40	40	
1897, March 15th.	" Wages	825	09	
To Donations to date 1,889 10	" Groceries	218	20	
" Sales to date 392 70	" Milk	334	32	
" Membership fees 9 00	" Gas and Fuel	20	26	
" Drew from Special Deposit 45 00	" Stationery, Postage and Printing	41	88	
" Interest on Coal Bond 60 00	" Rent	180	9	
" Coloured Cotton Bonds 60 00	" Car fare for nurses	54	8	
" beposit in Bank of	" Jars, Crockery, etc	20	91	
Montreal 72	" Ice.	53	00	13
" Proceeds of Entertainment 285 75	". Water Tax	, 11	64	
\	" Summer Trips	9	9	
	" Expenses of Entertainment	142 90	90	
	" Sundries	10 01	01	
	· ŠÁ	\$2,736 42	42	
	" Balance on hand	87 49	49	
\$2,823 91	**	\$2,823 91	91	

Treasurer.

JOSEPH GOULD.

Montreal, April 10th, 1897.

TREASURER IN ACCOUNT WITH DIET DISPENSARY.

SPECIAL OR INVESTMENT FUND.

DR.

CR.

1897, March 15th. To Interest on Coloured Cotton Bonds 60 00 " " Dominion Coal Bond 60 00 " Deposit in Bank 1 08	\$55 58 By Drawn from Special Account for Current Expenses
\$176 66	To which must be added: Bonds in Coloured Cotton Co
	Making Special Account stand \$2,176 66

RULES

I.—The officers shall consist of Chairman, Vice-Chairman, Secretary and Treasurer; to be elected by ballot annually.

II.—That a business meeting be held on the last Tuesday of each month, three members to constitute a quorum.

III.—That all free and half-priced orders be signed by a physician, clergyman or city missionary; any other person desiring to recommend an applicant must of ain a written order from a member of Committee.

IV.—That it be optional with the Committee to refuse applicants who, on investigation, prove unsuitable.

V.—That in no case should the Nurse carry supplies where it is possible for the patient to send for them.

VI.—That the Dispensary be open daily, Sundays excepted, from 9 to 12 a.m., and from 1 to 5 p.m.

VII.—That the Dispensary be visited daily by a member of the Committee, to attend to the distribution of clothing, cash entries, and general business. Each member in turn visiting for a week at a time.

VIII.—That applicants provide their own dishes to carry away supplies. The Manager is required to exact from any person failing to do so a sum equal in value to cost of borrowed article; said deposit to be refunded on return of borrowed article.

BY ORDER OF COMMITTEE.