

From J. M. Lawrence

13/8/96.

MCGILL COLLEGE
MONTREAL



Y. W. C. A.

DIET DISPENSARY.

(Recommended by the Medical Faculty.)



SIXTH ANNUAL REPORT.

APRIL, 1885.

The object of this work has been explained so often, and its name chosen with the design of being perfectly clear, that we feel justified in sparing you a complete *resumé* of its origin, rise, and growth. Besides, we know that many here have looked kindly and encouragingly upon the Dispensary since its first baby efforts, have followed with interest the various stages of its career, and are quite familiar with the simple machinery used in carrying on its work.

We find on reviewing our affairs for the past year that no change has taken place in the management, the officers remaining the same. The Committee during the past few months has become a little smaller, owing to absence from the city and the illness of two members. In passing we cannot refrain from mentioning the unanimous co-operation of all the members of the Committee and their cordial efforts for the general good. The only occurrence of any moment is the removal of our manager from the hospitable roof of the Y. W. C. A., owing to the contemplated alteration in the household. We are happy to say that Mrs. Martin is comfortably placed and continues to give complete satisfaction, not only by her zeal and sympathy but by her economy and practical skill in her department.

We are glad to know that during the long and severe winter we were able to alleviate, in some measure, a little of the wide-spread misery arising from sickness, cold and scarcity of work, and that this charity has been in many cases a real God-send. It is of course difficult in this, as in similar institutions, to avoid impostors, but we have almost escaped this very discouraging and disagreeable phase of charitable work, and by exercising the same care as formerly, we hope to be as successful in the future as in the past.

It was deemed advisable in the Autumn—to meet our increased expenses—to draw public attention through the daily papers to our work. This appeal met with a response sufficiently liberal to relieve our immediate wants. Later, a bazaar, held by several little girls at the house of Mrs. M. Seymour, Dorchester

Street, realized a handsome sum and gave us very timely assistance, and quite recently, through the unsolicited exertions of Mr. Kemp, a generous donation was received, collected from among his friends. Thus, though our expenses increase constantly and the demands on our resources, our supply, fortunately, has been equal to the demand, and we feel deeply indebted to the liberality of those kind friends who have enabled us to meet all our expenses without undue anxiety.

Last summer, acting on the advice of several physicians, we made arrangements to have pure, rich milk supplied at the homes of patients requiring it. It was thought better, and involved no further expense, to have the milk delivered morning and evening as needed, than to dispense it from the Rooms, as carrying it home under a hot sun would have a bad effect. We intend to restore this item to our list of articles dispensed in the coming summer, finding it preferable to beef-tea in many cases.

During the year we have filled 2864 orders, of these 1713 were free, 971, half-price, 180, cost price. Have made and dispensed 1767½ pints beef-tea, 271 pints chicken-broth, 328 pints calf's-foot jelly, 325 pints wine jelly, besides considerable quantities of milk, gruel, broth, blanc-mange, and fruit jellies.

In closing we beg to tender our sincere thanks to the Trustees of the American Presbyterian Church for the use of their rooms, gratuitously, to the Ladies of the Y. W. C. A., to the Editors of the *Gazette*, *Herald*, *Star*, and *Witness*, for free advertisements and notices, and to our many friends who by influence or donations have encouraged the work.

ISABEL S. C. MACPHERSON,

Secretary.



DONATIONS TO THE DIET DISPENSARY.

Mrs. J. B. Smith, 3 gallons black currants; Mrs. E. K. Greene, flowers at various times; Mrs. G. H. Kemp, flowers at various times; Mrs. Brush, bottles; Miss Sanderson, 12 packages gelatine, 1 stone sugar, 2 doz. bottles; The Davis and Lawrence Company, 1 demijohn wine; Mrs. John Popham, 1 doz. eggs, 1 doz. lemons, sugar: Mrs. Williams, 15 lbs meat, 2½ doz. lemons; Mrs. Joseph Gould, 2 doz. eggs; John Watson, Esq., 1 doz. cups; Rev. T. C. Perry, Laprairie, 2 pairs fowls; Mrs. Ramsay, 15 bottles; Mrs. D. Sinclair, 12 lbs. sugar; Editor of the *Witness*, printing at various times; Editor of the *Star*, printing at various times.

Collected for the Diet Dispensary by G. H. Kemp, Esq. :—

<table border="0" style="width: 100%;"> <tr><td>Capt. Adams.....</td><td style="text-align: right;">\$5.00</td></tr> <tr><td>J. S. McLachlan, Esq..</td><td style="text-align: right;">5.00</td></tr> <tr><td>Ames, Holden & Co.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>James Linton & Co.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. G. W. Weaver.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>O. S. Wood, Esq.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Belding, Paul & Co.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>H. A. Nelson & Sons .</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. J. A. Pillow.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>W. V. Lawrence, Esq.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>A. H. Sims, Esq.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Lyman, Sons & Co.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>J. Stirling, Esq.....</td><td style="text-align: right;">4.00</td></tr> <tr><td>Mr. Macdonald.....</td><td style="text-align: right;">3.00</td></tr> <tr><td>Mrs. R. H. Holland.....</td><td style="text-align: right;">3.00</td></tr> <tr><td>T. M.....</td><td style="text-align: right;">3.00</td></tr> <tr><td>R. C. Jamieson, Esq.....</td><td style="text-align: right;">2.50</td></tr> <tr><td>J. B. Sutherland, Esq .</td><td style="text-align: right;">2.00</td></tr> <tr><td>L. H. Packard, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>C. R. Hosmer, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Walter Paul, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Dr. Bazin.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>W. H. Warrer, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Henry Morgan & Co.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>James Baynes, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>John Murphy, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>S. Carsley, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>D. T. Irish, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>J. Watson, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Geo. F. Phelps, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Geo. S. Brush, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>H. R. Ives, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Geo. Armstrong, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>J. A. Matthewson, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Wm. Reed, Esq.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>J. W. W. U.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Cash.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Cash, M. H. B.,.....</td><td style="text-align: right;">1.25</td></tr> <tr><td>Cash.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Cash.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Cash.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Philip Henry, Esq.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>W. A. D.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Cash.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Cash.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>H. M.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Total.....</td><td style="text-align: right;">\$124.75</td></tr> </table>	Capt. Adams.....	\$5.00	J. S. McLachlan, Esq..	5.00	Ames, Holden & Co.....	5.00	James Linton & Co.....	5.00	Mrs. G. W. Weaver.....	5.00	O. S. Wood, Esq.....	5.00	Belding, Paul & Co.....	5.00	H. A. Nelson & Sons .	5.00	Mrs. J. A. Pillow.....	5.00	W. V. Lawrence, Esq.....	5.00	A. H. Sims, Esq.....	5.00	Lyman, Sons & Co.....	5.00	J. Stirling, Esq.....	4.00	Mr. Macdonald.....	3.00	Mrs. R. H. Holland.....	3.00	T. M.....	3.00	R. C. Jamieson, Esq.....	2.50	J. B. Sutherland, Esq .	2.00	L. H. Packard, Esq.....	2.00	C. R. Hosmer, Esq.....	2.00	Walter Paul, Esq.....	2.00	Dr. Bazin.....	2.00	W. H. Warrer, Esq.....	2.00	Henry Morgan & Co.....	2.00	James Baynes, Esq.....	2.00	John Murphy, Esq.....	2.00	S. Carsley, Esq.....	2.00	D. T. Irish, Esq.....	2.00	J. Watson, Esq.....	2.00	Geo. F. Phelps, Esq.....	2.00	Geo. S. Brush, Esq.....	2.00	H. R. Ives, Esq.....	2.00	Geo. Armstrong, Esq.....	2.00	J. A. Matthewson, Esq.....	2.00	Wm. Reed, Esq.....	2.00	J. W. W. U.....	2.00	Cash.....	2.00	Cash, M. H. B.,.....	1.25	Cash.....	1.00	Cash.....	1.00	Cash.....	1.00	Philip Henry, Esq.....	1.00	W. A. D.....	1.00	Cash.....	1.00	Cash.....	1.00	H. M.....	1.00	Total.....	\$124.75	<table border="0" style="width: 100%;"> <tr><td>Proceeds of a bazaar held by the "Minnie B. Society".....</td><td style="text-align: right;">\$76.30</td></tr> <tr><td>Ladies' Aid Society, Erskine Ch.</td><td style="text-align: right;">13.00</td></tr> <tr><td>American Presbyterian Church Benevolent Fund.....</td><td style="text-align: right;">15.00</td></tr> <tr><td>Mrs. John McDougall.....</td><td style="text-align: right;">10.00</td></tr> <tr><td>Miss Benny.....</td><td style="text-align: right;">10.00</td></tr> <tr><td>Hugh McLennan, Esq.....</td><td style="text-align: right;">10.00</td></tr> <tr><td>Miss Orkney.....</td><td style="text-align: right;">10.00</td></tr> <tr><td>Mrs. Dow.....</td><td style="text-align: right;">10.00</td></tr> <tr><td>Mrs. Benj. Dawson, Jr.....</td><td style="text-align: right;">10.00</td></tr> <tr><td>Ladies' Aid Society, St. Paul's Ch</td><td style="text-align: right;">10.00</td></tr> <tr><td>The Women's Presbyterian Missionary Society.....</td><td style="text-align: right;">7.00</td></tr> <tr><td>Ladies' Aid Society, Knox Ch.</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. W. S. Paterson.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. E. N. Heney.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs C R. Hosmer.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Henry Birks, Esq.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. N. B. Corse.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. Mary A. Bigelow.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. O. S. Wood.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. M. E. W. Papineau, Monte Bello.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Anon.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>E. R.....</td><td style="text-align: right;">5.00</td></tr> <tr><td>Mrs. L. H. Holton.....</td><td style="text-align: right;">4.00</td></tr> <tr><td>A friend.....</td><td style="text-align: right;">3.32</td></tr> <tr><td>Mrs. Geo. T. Moss.....</td><td style="text-align: right;">3.00</td></tr> <tr><td>Mrs. E. K. Greene.....</td><td style="text-align: right;">3.00</td></tr> <tr><td>Mrs. Bagg.....</td><td style="text-align: right;">3.00</td></tr> <tr><td>Mrs. T. D. Bigelow.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Mrs. G. W. Reed.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Mrs. Hugh McLennan.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Mrs. James Haldane.....</td><td style="text-align: right;">2.00</td></tr> <tr><td>Mrs. H. R. Ives.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Mrs. M. McCulloch.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Mrs. Wm. McLennan.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Anon.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>G. O. M.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Miss Florence White.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Miss Allan, Ravenscrag.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Miss Mabel Allan.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Mrs. Brush.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>Miss M. A. F. Brush.....</td><td style="text-align: right;">1.00</td></tr> <tr><td>A friend.....</td><td style="text-align: right;">.50</td></tr> <tr><td>Total.....</td><td style="text-align: right;">\$395.87</td></tr> </table>	Proceeds of a bazaar held by the "Minnie B. Society".....	\$76.30	Ladies' Aid Society, Erskine Ch.	13.00	American Presbyterian Church Benevolent Fund.....	15.00	Mrs. John McDougall.....	10.00	Miss Benny.....	10.00	Hugh McLennan, Esq.....	10.00	Miss Orkney.....	10.00	Mrs. Dow.....	10.00	Mrs. Benj. Dawson, Jr.....	10.00	Ladies' Aid Society, St. Paul's Ch	10.00	The Women's Presbyterian Missionary Society.....	7.00	Ladies' Aid Society, Knox Ch.	5.00	Mrs. W. S. Paterson.....	5.00	Mrs. E. N. Heney.....	5.00	Mrs C R. Hosmer.....	5.00	Henry Birks, Esq.....	5.00	Mrs. N. B. Corse.....	5.00	Mrs. Mary A. Bigelow.....	5.00	Mrs. O. S. Wood.....	5.00	Mrs. M. E. W. Papineau, Monte Bello.....	5.00	Anon.....	5.00	E. R.....	5.00	Mrs. L. H. Holton.....	4.00	A friend.....	3.32	Mrs. Geo. T. Moss.....	3.00	Mrs. E. K. Greene.....	3.00	Mrs. Bagg.....	3.00	Mrs. T. D. Bigelow.....	2.00	Mrs. G. W. Reed.....	2.00	Mrs. Hugh McLennan.....	2.00	Mrs. James Haldane.....	2.00	Mrs. H. R. Ives.....	1.00	Mrs. M. McCulloch.....	1.00	Mrs. Wm. McLennan.....	1.00	Anon.....	1.00	G. O. M.....	1.00	Miss Florence White.....	1.00	Miss Allan, Ravenscrag.....	1.00	Miss Mabel Allan.....	1.00	Mrs. Brush.....	1.00	Miss M. A. F. Brush.....	1.00	A friend.....	.50	Total.....	\$395.87
Capt. Adams.....	\$5.00																																																																																																																																																																																				
J. S. McLachlan, Esq..	5.00																																																																																																																																																																																				
Ames, Holden & Co.....	5.00																																																																																																																																																																																				
James Linton & Co.....	5.00																																																																																																																																																																																				
Mrs. G. W. Weaver.....	5.00																																																																																																																																																																																				
O. S. Wood, Esq.....	5.00																																																																																																																																																																																				
Belding, Paul & Co.....	5.00																																																																																																																																																																																				
H. A. Nelson & Sons .	5.00																																																																																																																																																																																				
Mrs. J. A. Pillow.....	5.00																																																																																																																																																																																				
W. V. Lawrence, Esq.....	5.00																																																																																																																																																																																				
A. H. Sims, Esq.....	5.00																																																																																																																																																																																				
Lyman, Sons & Co.....	5.00																																																																																																																																																																																				
J. Stirling, Esq.....	4.00																																																																																																																																																																																				
Mr. Macdonald.....	3.00																																																																																																																																																																																				
Mrs. R. H. Holland.....	3.00																																																																																																																																																																																				
T. M.....	3.00																																																																																																																																																																																				
R. C. Jamieson, Esq.....	2.50																																																																																																																																																																																				
J. B. Sutherland, Esq .	2.00																																																																																																																																																																																				
L. H. Packard, Esq.....	2.00																																																																																																																																																																																				
C. R. Hosmer, Esq.....	2.00																																																																																																																																																																																				
Walter Paul, Esq.....	2.00																																																																																																																																																																																				
Dr. Bazin.....	2.00																																																																																																																																																																																				
W. H. Warrer, Esq.....	2.00																																																																																																																																																																																				
Henry Morgan & Co.....	2.00																																																																																																																																																																																				
James Baynes, Esq.....	2.00																																																																																																																																																																																				
John Murphy, Esq.....	2.00																																																																																																																																																																																				
S. Carsley, Esq.....	2.00																																																																																																																																																																																				
D. T. Irish, Esq.....	2.00																																																																																																																																																																																				
J. Watson, Esq.....	2.00																																																																																																																																																																																				
Geo. F. Phelps, Esq.....	2.00																																																																																																																																																																																				
Geo. S. Brush, Esq.....	2.00																																																																																																																																																																																				
H. R. Ives, Esq.....	2.00																																																																																																																																																																																				
Geo. Armstrong, Esq.....	2.00																																																																																																																																																																																				
J. A. Matthewson, Esq.....	2.00																																																																																																																																																																																				
Wm. Reed, Esq.....	2.00																																																																																																																																																																																				
J. W. W. U.....	2.00																																																																																																																																																																																				
Cash.....	2.00																																																																																																																																																																																				
Cash, M. H. B.,.....	1.25																																																																																																																																																																																				
Cash.....	1.00																																																																																																																																																																																				
Cash.....	1.00																																																																																																																																																																																				
Cash.....	1.00																																																																																																																																																																																				
Philip Henry, Esq.....	1.00																																																																																																																																																																																				
W. A. D.....	1.00																																																																																																																																																																																				
Cash.....	1.00																																																																																																																																																																																				
Cash.....	1.00																																																																																																																																																																																				
H. M.....	1.00																																																																																																																																																																																				
Total.....	\$124.75																																																																																																																																																																																				
Proceeds of a bazaar held by the "Minnie B. Society".....	\$76.30																																																																																																																																																																																				
Ladies' Aid Society, Erskine Ch.	13.00																																																																																																																																																																																				
American Presbyterian Church Benevolent Fund.....	15.00																																																																																																																																																																																				
Mrs. John McDougall.....	10.00																																																																																																																																																																																				
Miss Benny.....	10.00																																																																																																																																																																																				
Hugh McLennan, Esq.....	10.00																																																																																																																																																																																				
Miss Orkney.....	10.00																																																																																																																																																																																				
Mrs. Dow.....	10.00																																																																																																																																																																																				
Mrs. Benj. Dawson, Jr.....	10.00																																																																																																																																																																																				
Ladies' Aid Society, St. Paul's Ch	10.00																																																																																																																																																																																				
The Women's Presbyterian Missionary Society.....	7.00																																																																																																																																																																																				
Ladies' Aid Society, Knox Ch.	5.00																																																																																																																																																																																				
Mrs. W. S. Paterson.....	5.00																																																																																																																																																																																				
Mrs. E. N. Heney.....	5.00																																																																																																																																																																																				
Mrs C R. Hosmer.....	5.00																																																																																																																																																																																				
Henry Birks, Esq.....	5.00																																																																																																																																																																																				
Mrs. N. B. Corse.....	5.00																																																																																																																																																																																				
Mrs. Mary A. Bigelow.....	5.00																																																																																																																																																																																				
Mrs. O. S. Wood.....	5.00																																																																																																																																																																																				
Mrs. M. E. W. Papineau, Monte Bello.....	5.00																																																																																																																																																																																				
Anon.....	5.00																																																																																																																																																																																				
E. R.....	5.00																																																																																																																																																																																				
Mrs. L. H. Holton.....	4.00																																																																																																																																																																																				
A friend.....	3.32																																																																																																																																																																																				
Mrs. Geo. T. Moss.....	3.00																																																																																																																																																																																				
Mrs. E. K. Greene.....	3.00																																																																																																																																																																																				
Mrs. Bagg.....	3.00																																																																																																																																																																																				
Mrs. T. D. Bigelow.....	2.00																																																																																																																																																																																				
Mrs. G. W. Reed.....	2.00																																																																																																																																																																																				
Mrs. Hugh McLennan.....	2.00																																																																																																																																																																																				
Mrs. James Haldane.....	2.00																																																																																																																																																																																				
Mrs. H. R. Ives.....	1.00																																																																																																																																																																																				
Mrs. M. McCulloch.....	1.00																																																																																																																																																																																				
Mrs. Wm. McLennan.....	1.00																																																																																																																																																																																				
Anon.....	1.00																																																																																																																																																																																				
G. O. M.....	1.00																																																																																																																																																																																				
Miss Florence White.....	1.00																																																																																																																																																																																				
Miss Allan, Ravenscrag.....	1.00																																																																																																																																																																																				
Miss Mabel Allan.....	1.00																																																																																																																																																																																				
Mrs. Brush.....	1.00																																																																																																																																																																																				
Miss M. A. F. Brush.....	1.00																																																																																																																																																																																				
A friend.....	.50																																																																																																																																																																																				
Total.....	\$395.87																																																																																																																																																																																				

M. C. GOULD, TREASURER.—IN ACCOUNT WITH "DIET DISPENSARY."

1884, April 1st.	DR.	
To Balance.....		\$16 27
1885, March 31st.		
To Donations to date.....		395 87
“ Sales to date.....		306 53
		<u>\$718 67</u>

1885, March 31st.	CR.	
By Butcher's bill.....		\$200 23
“ Grocer's “.....		52 68
“ Gas and Fuel.....		36 66
“ Wages....		152 00
“ Milk....		16 22
“ Ice.....		11 50
“ Incidental Expenses.....		18 58
		<u>\$487 87</u>
1885, April 1st.		
By Balance on hand.....		230 80
		<u>\$718 67</u>

M. C. GOULD, *Treasurer.*



COMMITTEE.

MISS DEWITT, *Convener,*

949 DORCHESTER STREET.

MISS GOULD, *Treasurer,*

MISS MACPHERSON, *Secretary.*

MRS. E. N. HENEY,
 “ A. D. NELSON,
 “ H. BIRKS,

MISS E. MACPHIE,
 “ C. N. MACFARLAN,
 “ A. STEWART,