## PROGRESS.

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ST. JOHN, N. B.. SATURDA Y AUGUST 17, 189
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DODGE PATPENTE Wood Split Pulleys.

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DO YOU WANT A GUN?



PROGRESS．SATCRDAY；ACGUST 17． 1895

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What leading Art Bumbriiterers saf of our New Patent Foilin.



 Ass for Braineri and Ammstrun's "Isiticic Djes" Wash silks.
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## RothesayCollege <br> FOF BOTE

RESIDENT STAFF





## RothesayCollege

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> Windsor, Nova Scotia, 107th Year.
> M Bradford, M. A., of St. John's College Cam-
bridge, Eng, (2 Ist Wrangler)...Head Master bridge, Eng, (21st Wrangler)... Head Master
with Two Resident Assistant Masters, both Engliih University Graduates, and five non
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MBITETE, TURNPR \&CO.

## Cheapest, Strongest,



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 3 KEOS LAMB'S TONGUES.

## Pineal Syrup.

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## Dysentery, Chronic ODartoen

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## o's. Wine

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PROGRESS. SATURDAY, AUGUST 17, 1895.

## HER ELOPEMENT.





















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## of Surpriss Soas

and use it, or have it ueed on
wash day without boiling or sealding
the clothes.
Mark how white and clean it makees
them. How little hard work there about the wash. How whit d smooth it

YOU'LL ALWAYS have a cake

## Are Your <br> Feet Mates? <br>  <br> Buy the Slater Shoes <br>  

Price Etampod on the Soles of Every Pair.


For Sale by Street \& Co.



HOW WHEELS ARE MAD ARE MADE
 Noon Declined Io Any wxtent of buyclere riders in this country, and a ma jority of them have each paid something
close to $\$ 100$ for bii or har wheel, but not about the making of the wieel or the wh int the bieycle is made is a might seen in one of the large tactories, where great care is taken to turn out only ab solutely perrect machines.
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menns $837.50,000$ : figures which sho
that the biycle craz is is thing viewed in a monetary light. iture of the nation is bicycling. Thare rencexiz or more little articices like lamp which would swell the total $10850,000,000$. manutacturere, this sum supports an in in
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burt the name st In one of the tactories visited there wal
a machine whi $i$ h had been made expresal) ot the bicycle. This machin mas kept
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hardet-wo ked thing in the
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YOST WRITING MACHINE CO.
IRA CORNWALL, General Agent for the Maritime Provinces,
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CAREFULLY MADE - BABY'S OWN SOAP

 TuE cueare touncr soan oo,



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WOMAN and HER WORK.
 an be alender and graseful, and even those elmanin so, indefaitely. Fieah io a thing
bich has a most ticonvenient way ot dirSibuting itell an it it is almost cortain to
 pe: feect bust ; but untortunately these ad-
vantajes are eure to be conoterbalanced
by a deposite ot tat about the waist and bips, which go fart to to ards manring he
gigure, and further still tomards ruining ber temper. Perhaps it may sound like exaggeration to say so, but I do not know women who has always taken an innocent
 It is not so bad at first, because ber
fiend congratilate har on the improvemant, and envy the soff curves which have replaced ber two meager out lines, and sye
is naturally pleased. But bye and bye, is naturaily pleased. But bye and bye,
when her busband or her brothers bebin to
tase her boout her, weight in the apecially aggravating mannoer that only "our ooti" hat for two or three years rem ark-"How fin rou !o the aspect of affirs begins to much f sah io ant to takg a gloomy viem
of life, and make hersall and her relltives vary miserable.
Sonetimes the suff terers trom too much
Aneh preparations so iliberally advertised; a then her trou bles have indeed begun, and olen ler figure, a ruined pirestive apparatus
and broken healtb, as well. The fact that so many different medi-
cines for reducing filsh, are made and
 inference, as I believe corpulency, especially amongst women, is very largely on the
incerese in Americi, and alos in Caazad.
It is impossible to go anywhere without It is imposible to go anywhere without
noticing that the fat wommn keems to be
everywhere, and as she takes ,up twice the anount of room that her more slender sisters, the publio should be quite as much
interested in the beat method of reducing this too large
woman hereill.
ond There are remedies which are not only
(fifacious but pertectly harmless. these methods all require time, persi tence
and \& greater amount of patience tha
most most women possess, together with a know-
ledge of the cause of obesity, in order to apply the remedies intelligently. great accumulationont ot tat, causes of ack of exxer-
cies of the proper kind, combined with to cise of the proper kind, combined with to
much of what is called "fuel food" that is to asy of heary and heatiog food. Untor ress, we grow stout almost imperceptibly
and we must get rid of our extra fesh in
the same minner. Some women seem to think that all they need in order toem regain cise, such as walking or cycling; but this is reduce flesh is the kind which brings into
play a certain set of muscles least used, and where, in consequence the
adipose tusue has collected. Theese almosi invariably consist of the ebdominal muscle and consequently it it is toward these
musces the





## Fry's

O PRIZE MEDALS AWARDED TO ETHE FLRM.

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ONE GIVES RELIEF.

## in the same way. E ormoun puiff, reace

ing to the eibow composed the: sleeve ,
 peared in the coilar, and in a sish whe
beld the tullness of the bodice in place just below the bust.
Amongst the useful and durable dresses
for mountain wear, yachting,' and outing
generall gloves to the elbow, a white e ehifton parasol
and a chifon hat trimmed with plee astin
butternps add the finishing touches. to the front P Somehow it never seems
go out of tashion go out of fashion, and now there are som
very pretty combinations of color used, to A pale chamois color. and white, are con-
tratass frequently employed in trimming

 dre
to popular this season, but there are plenty
of exceptions showing both elose fiting
bodices, and blouse waists, the former mide with a box plait down the back. and
a tull. sott vest of whits lawn trimmed with The butter colored lace, and the yellower
it is the better, forms an odd and pretty contrast with the shoer white dotted or
plain muslin it is used to trim.

Giray linen is a very tavorite material
for summer wear
servicamber, warr, partly because it
more I fancy because it i
tashion able. A pretty gray linen gown
worn by a blonde recently had a plain, bnt
very full skirt, the bodice was plain, and
tight fiting in $t$ t.e back, and a belt of white
tight fitting in t.t.e back, and a bello of white
collar and culfs of thin white lawn, a white
sailor hat. and a white parasol finished a
cool, and daints looking cost tume. Another
striking linen yo nn was il ck, with a white
striking linen go no was il.ck, with a white
muslin collur dotted and edged with black
embriodery. Of coorse it lo loked very
much likg half mounsing and I am dorb
much liky hal mouning and I am doubt
tul about its washing capacity, but then it
was distinguished looking and
that is everything in these days.
It is scarcely necesary to osy that exer-
cises of these musel 18 should begin with
 trous to the heallhth of the subject.
Exarciest disal


| That tincture of myrrb dropped into the |
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| water is an excellent wash tor the mouth |


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| Progress <br> Print |



| The - Sun <br> The first of American Newspapers CHARLES A. DANA Editor. <br> The American Constitution, the Amer ican Idea, the American Spirit. These first, last, and all the time, forever <br> The Sunday Sun <br> Is the greatent Sunday News- <br> Price 5 c.a copy; by mall \$2a year <br> Daily, by mail - - \$6 a year <br> Daily and Sunday, by <br> mall, - - . - $\$ 8$ a year <br> The Weekly, . . . \$1 a year <br> Addrees THE SUN' Now Yor |
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The market is advancing
nd now is the time to buy. We will book orders for Oc-
tober delivery. EVANS \& SONS,

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e can meet all demands both in quality and pris
REPAIRS PROMPTLY ATTENDED TO: Wehave Second Hand Wheels for Sale


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ON A HARD ERRAND.

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