

THIRD REPORT

— OF THE —

- HILLCREST -

CONVALESCENT HOME

Wells' Hill. Cor. Davenport Road and Bathurst Street

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1889-90

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TORONTO

APTED BROS., PRINTERS, COLBORNE STREET

1890

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1890

THIRD REPORT

INTEREST

CONVALESCENT HOME

Wells Hill, Cal., December 1880 and 1881

1880-80

APPENDIX

Wells Hill, Cal., December 1880 and 1881

Pres

Vice

Treas

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## BOARD OF MANAGEMENT.

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<i>President</i>	..	MRS. A. GIBSON	..	..	64 St. Albans Street
<i>Vice-Presidents</i>	{	MRS. E. BLAKE	..	..	467 Jarvis Street
		MRS. HODGINS	..	..	92 Pembroke Street
<i>Treasurer</i>	..	MISS M. R. GREIG	..	..	17 Queen's Park
<i>Secretary</i>	..	MISS S. MICKLE	..	..	Queen's Park W

## COMMITTEE.

MRS. BARNETT	..	..	66 Gloucester Street
MISS AIKENS	..	..	29 Wellesley Street
MRS. BYRNE	..	..	414 Huron Street
" COCKSHUTT	..	..	462 Sherbourne Street
" J. I. DAVIDSON	..	..	53 St. George Street
" GIBB	..	..	621 Church Street
" GUNTHER	..	..	Bellevue, Davenport Road
LADY GZOWSKI	..	..	"The Hall," Bathurst St
MRS. HOSKIN	..	..	"The Dale," Rosedale
" JARVIS	..	..	258 Jarvis Street
" A. B. LEE	..	..	414 Jarvis Street
MISS LAY..	..	..	348 Jarvis Street
" MORRIS	..	..	471 Jarvis Street
" O'BRIEN	..	..	383 Sherbourne Street
" PARSONS	..	..	235 Jarvis Street
MRS. PATERSON	..	..	23 Walmer Road
MISS SEWELL	..	..	623 Church Street
MRS. SHORTISS	..	..	115 St. George Street
" VANDERSMISSEN	..	..	15 Surrey Place
" WAKEFIELD	..	..	Davenport Road

## MEDICAL STAFF.

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DR. B. SPENCER	..	..	..	8 Bloor Street E.
DR. H. T. MACHELL	..	..		95 Bellevue Ave
DR. D. J. GIBB WISHART	..	..	..	36 Carlton Street
DR. P. STRATHY..	..	..		98 Beverley Street
DR. ALLAN BAINES ..	..	..	..	194 Simcoe Street

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MATRON	..	..	..	..	MISS LAW
ASSISTANT MATRON	..	..	..	..	MISS KEITH

# Hillcrest Convalescent Home

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## The Third Annual Meeting

of this Institution was held at Hillcrest on Thursday, October 9th, at half-past three o'clock in the afternoon. There was a large attendance of the friends and well-wishers of the Institution.

The Mayor of Toronto was present and occupied the chair. The meeting was opened by prayer offered by the Rev. Dr. McTavish.

Letters were then read from Rev. D. J. Macdonnell, Sir Casimir Gzowski, Rev. Dr. Thomas, Mr. John Hoskin, Rev. T. C. Desbarres and others regretting their inability to be present at the meeting.

Mr. O'Brien then moved the adoption of the Secretary's Report, which is here presented :—

## Secretary's Report.

THE Committee of the Hillcrest Convalescent Home have much pleasure in submitting their Third Report to the friends of the Institution and to the public. We are glad to notice a slight increase in the number of patients in residence during the year. We have had in all 242 patients as against 213 for 1888-89, a gain of 29 in numbers. It is true that our last report mentions 296 patients ; but as is there explained that report covered a period of 17 months. This increase of 29 is not as large as we could have hoped, still it is a gain and we can only hope for better things next year.

On October 1st, 1889, there were 11 patients in the Home, and the number of admissions during the year has been 231. Of these 213 have been discharged and 2 have died, leaving 27 inmates in the Home

on October 1st. Our patients have been very equally divided as to sex, there being 110 men and 132 women. Nearly all were adults, there being only 22 children of 15 years and under.

The number received from the General Hospital or paid for by the city has been 199, while 43 have been sent by friends, churches, etc., or have paid for themselves. We are glad to notice an increase in this class, and hope that in time the Home will be filled by it. They are, generally speaking, our best and most respectable patients, and this class was specially in the donor's mind when she provided the Home. This year again there are a few cases for whom no remuneration has been received. Nearly half of our patients are English, Canadians coming next on the list.

Special mention should be made of the two deaths that occurred at the Home. One, E. D., was a young Englishman in rapid consumption, who, through a slight irregularity, obtained admission to the Home. The disease developed rapidly, and when the attention of the physician in charge was called to him, he was too ill to be moved, and he died after a very few days' suffering. As we said, he was admitted by mistake; for, for the good of the other patients, we are obliged to exclude consumptives, not having sufficient room to isolate them, but we can hardly regret that the last days of the friendless, helpless stranger were solaced by the kindness of our good Matron to whom he was deeply grateful. After his death the Board received most warm letters from his friends in England, thanking them for all the kindness he had received.

The other was that of Mrs. M., whose case was mentioned in our last report. She had been with us so long that she looked upon Hillcrest as her home, "the very best 'Home' in the world," and dreaded being sent away so much, that though it was perhaps rather against the rules none of us had the heart to insist upon it. It was pathetic to see the earnestness with which, though she was gradually fading away, she



always assured us that she was "really better, and would soon be able to walk," until the time came when she was "better indeed!" and her bright face and kindly influence were missed from the ward.

This year there are no changes of importance to chronicle. We are happy in that we have had no history. The work has progressed quietly, but we feel more and more its importance and usefulness. Our aim, which is so ably seconded by our Matron, Miss Law, is that Hillcrest shall be for the time the patients are there a true home, pleasant and happy. While we feel that we can appeal to the Treasurer's statement to show that the Home is well and economically managed, we have endeavored first of all to consider the comfort and well-being of the patients. All will agree that for a Convalescent Home especially, generous but never extravagant fare should be the rule. Many of the patients come in ill, one might say, because they have been half-starved. To these abundance of good substantial food is as necessary as rest or change of air. It is quite wonderful to notice the marked improvement in many cases. We could grow tedious in multiplying instances of it.

But there is something beyond this "partial, practical good" of warmth and plenty and comfort that we must reach if we would be truly successful. In some instances at least, we may humbly say, that there are those who are better men and women because they have been at Hillcrest.

A word is necessary as to the large balance on hand that the Treasurer's report shows, which balance would not have existed if we had carried out our plans of last year. We had hoped to have made several much needed alterations which would have involved a large outlay, but owing to the unsatisfactory conditions in which we are placed, there being no entrance to the Home, we were obliged to defer doing so. It will perhaps be remembered, as has been stated before, that when the late Mr. Wm. Gooderham gave the land there was no

entrance definitely arranged for, as he had not at that time decided upon what plan the ten acres adjacent should be laid out for building lots. Since his death the land has passed into other hands, and while the matter is unsettled we do not feel that we are in a position to make the radical changes necessary to make the Home thoroughly efficient. But we are glad to learn that this vexed question of the roadway, which has caused us so much anxiety and apprehension, will shortly be settled, we are sure, satisfactorily,

As the changes contemplated will probably involve adding to the building, we can assure our friends and subscribers that there is no danger of the balance not being necessary, and for that reason we have felt that we could not add any of it to the Endowment Fund, greatly as we should like to do so.

The religious services at the Home have been kept up during the year. We cannot sufficiently thank the laymen who have so regularly held services every Sunday afternoon and on whom we have chiefly depended. Our thanks are also due to Wycliffe, Knox, Trinity and McMaster Colleges whose students have taken services alternately on Sunday mornings during the College year. We would also thank the clergymen who have held occasional services, and all who have visited the patients and ministered to their spiritual wants.

We are again pleased to recognize the services of Miss Law, our Matron. It would take too long to put into words and to anyone that knows the Home it is unnecessary to say how much we owe to her. The influence of her unfailing kindness is felt through the Home. Miss Keith, her faithful assistant, has been with us for nearly a year. We are fortunate to have secured so valuable an addition to the household.

The Board gratefully acknowledges the grants of the Ontario Government and the City Council; the valuable services of the medical men on our staff to their patients during the year; and of our Solicitor, Mr. Delamere, Q.C. We regret very much that Dr. Primrose, who has

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been on our Medical Staff for some time, has this autumn felt obliged to resign. We thank him most heartily for his services to Hillcrest in the past. We are fortunate in having secured the services of Dr. Allan Baines, who has kindly consented to take his place on the staff.

Our thanks are also due to all subscribers and to the kind friends who remembered us at Christmas or sent us donations through the year of provisions, clothing, etc., all of which proved most useful; to the press generally, especially to the lady who has sent us the *Empire* since her visit to Hillcrest; to Mr. W. A. Murray, Mr. John Kay, Mr. Elias Rogers, Messrs. Swan Brothers, Mr. Scott and others who have liberally allowed a discount on articles purchased for the Home, and to all who have helped us in any way.

Dr. Spencer kindly moved the adoption of this report.

The Treasurer's Report, which will be found elsewhere, was then read by Mr. N. W. Hoyles, who moved that it be adopted as read, which motion was seconded by Mr. McMurrich.

Dr. Strathy then read the Medical Report, which was adopted.

The names of the members of the Board of Management for the ensuing year were read by Rev. Dr. McTavish and their nomination was seconded by Mr. Goulding.

After a vote of thanks to the Mayor for his services as Chairman, which was carried on motion of Mr. Hoyles seconded by Mr. McMurrich, the benediction was pronounced and the meeting dispersed.

### **Doctor's Report.**

*Mr. Chairman, Ladies and Gentlemen :*

As the physician in attendance at the Hillcrest Convalescent Home at the present time, I have been asked to read a report, and on behalf of the Medical Staff I submit the following : —

The Home has had as inmates within the last year 110 males and 132 females. Unfortunately, those coming from the Hospital, which

composed a large number of these, did not bring with them any certificate of the disease from which they were convalescing, and therefore it has been impossible to formulate or make any references in that direction.

Here, if I may be allowed to do so, I would suggest that the Hospital be requested for the coming year to name the disease on the form that accompanies the patient, for it is obvious that it would be a matter of both interest and instruction to watch and see what diseases were most benefited during their period of convalescence by their stay in this Home.

We have had two deaths—one a woman of 65 years, another a man of 23 years. These patients died in April and May of this year; the former of \_\_\_\_\_ and the latter of hæmoptysis. This is a satisfactory showing, for when our wards have not been full and in our desire to extend the benefits of this Institution to as many as possible, we have perhaps admitted some not strictly convalescents, and these not having the usual tendency to recovery that our patients here usually have, have a more prolonged stay, and when worse cannot be persuaded to leave unless made to do so which our kind-hearted Matron is loath to recommend. So far as I know we have been singularly free from that class of patients which prove a bug-bear to many charitable institutions such as ours, viz., malingers. For such we must all be on our guard, for the funds of this charity can be fully employed in giving a home to truly deserving convalescent patients.

If this charity has done no good since its organization except the good extended to those unfortunate people who had La Grippe, it would have well merited praise and its funds been well spent.

Look through our wards any of you who have not been here for a few weeks and see our typhoid fever convalescents; men and women who, owing to the crowded state of the Hospital, had to be discharged from there as soon as they were able to stagger away; patients many

of whom might have had relapses, lung trouble or other diseases owing to their weakened condition had they not had some such place as this to come to; and then consider the good we are doing by being able to make room in the Hospital for acute diseases. The Superintendent of the Hospital would not discharge these patients if he had no other place to send them to, and the good work of the Hospital in times of much sickness would be seriously interfered with.

In conclusion allow me to testify on behalf of the Medical Staff to the efficiency, courteousness and untiring energy of our Matron, Miss Law. In her we have a valuable aid to the good work we are endeavoring to do, and in her the patients have a sympathetic and kindly nature which tends in no small measure to cheer and comfort them and so hasten their recovery from illness.

P. J. STRATHY.

### Treasurer's Statement.

Receipts and Expenditures from 1st Oct., 1889, to 30th Sept., 1890.

#### RECEIPTS.

Balance on hand, 1st October, 1889.....	\$ 923 70
Received from Government of Ontario.....	817 50
"    City of Toronto, Grant.....	200 00
"    "    "    for Patients.....	1573 15
"    the County.....	
"    Private Patients, and Patients paid for by Friends.....	539 80
"    Subscriptions.....	876 50
"    Other Sources.....	48 21
	\$4978 86

#### EXPENDITURES.

Butcher Meat <sup>s</sup> .....	\$ 474 04
Butter.....	107 84
Wine and Spirits.....	2 15
Flour and Meal.....	209 24
Milk.....	229 87
Potatoes and Vegetables.....	104 88
Groceries and Provisions not enumerated.....	316 27
Advertising, Printing, Postage, etc.....	50 40
Soap, Brushes and Cleaning Appliances.....	50 13
Fuel.....	301 38
Furniture and Furnishings.....	512 87
Grounds, Cultivating.....	1 04
Oil and lights.....	69 36
Medicine.....	28 82
Repairs.....	98 05
Live Stock.....	16 25
Salaries and Wages.....	672 91
Insurance.....	
Other Expenditure.....	38 85
Cash Balance in Bank.....	\$1549 39
"    on hand.....	145 12
	1694 51
	\$4978 86

ENDOWMENT FUND.

To Balance, 1st October, 1889 .....	\$556 50
" Interest credited on deposit to 30th June, 1890.....	52 44
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	\$608 94

M. R. GREIG,  
*Treasurer.*

Having examined the Cash Book of the Convalescent Home, of which the above is a summary, and having compared the Expenditure with the Vouchers and Receipts, I hereby certify as to the correctness of the foregoing.

W. GILLESPIE.

TORONTO, October 1st, 1890.

## DONATIONS.

Mr. John Cowan, Oshawa.	\$100 00	Mrs. Seidler .....	\$ 5 00
Mrs. Edward Blake.....	75 00	Mr. Jas. Darling, Montreal	5 00
Mrs. S. Nordheimer.....	20 00	Mrs. Humphrey .....	2 00
Mrs. Wakefield .....	10 00	Mrs. Crooks .....	1 00
Mrs. Jarvis.....	10 00	A Friend .....	1 00
A. A. Allan & Co.....	10 00		
Mr. Howard .....	6 00		
			\$245 00

Donations of Clothing, Books, Papers, Fruit, etc., have been acknowledged from time to time in the daily newspapers.

## LIST OF CHRISTMAS GIFTS.

One Turkey, 2 pair of Chickens, Mrs. S. Heward; 1 Ham, Mrs. Jarvis; Turkey, Mrs. John Hoskin; Oranges and Figs, Miss O'Brien; Turkey, Mrs. E. Blake; Oranges, Mrs. Greig; Box of Biscuits, Miss Greig; Turkey, Mrs. C. Cockshutt; Turkey, 2 Jars of Honey, Mrs. John A. Paterson; 2 Turkeys, Swan Bros.; Oranges, Mrs. Gibb; Harper's Magazines, Miss Skynner; Ham, Mr. Clayton; Turkey, Mrs. A. B. Lee; Cake, Mr. Jas. Wilson; 5 lb. Tin of Vaseline, Mr. Jeffray; \$5.00, Mr. A. B. Lee; \$5.00, Sloane & Crowther; \$5.00, Eby, Blain; \$1.00, Mrs. Brodie; \$1.00, Miss S. Mickle; Barrel of Apples, value \$5.00, J. Cleghorn; Magazines, Mrs. Ridout; Turkey, Mrs. Young, Davenport Road;  $\frac{1}{2}$  Sheep, Oranges, Mrs. S. Nordheimer; Turkey, Mrs. B. E. Walker; Goose, Mrs. Gibson; Turkey, Misses Sewell; Cake, Miss Morris; 9 tins of Tomatoes, Mrs. Vandersmissen; Oranges, Miss E. Vandersmissen; 1 Turkey, Mrs. Gunther; Ham, Mrs. Hoyles; Turkey, Lady Gzowski; Turkey, Mrs. Cosby; Goose, Anonymous; Goose, Rev. H. M. Parsons; Turkey, Mrs. John I. Davidson; Goose, Mrs. Wyld; Oranges, Biscuits, Mr. J. G. Gibson; 8 Pairs of Socks, Mrs. Shortiss; 3 Pairs of Felt Slippers, Mrs. Hodgins.



## SUBSCRIPTIONS

The City not having been divided by the Hillcrest Convalescent Home Committee into districts for regular annual collections, the public are earnestly requested to send voluntary contributions to assist the ladies who have kindly collected from the following list of friends, as funds are needed to carry on this useful and excellent work.

*Collected by Mrs. Cockshutt and  
Miss Parsons.*

Mr. H. Goulding.....	\$20 00
“ Charles Cockshutt....	10 00
“ James Scott .....	10 00
The Misses Carty.....	10 00
• Mr. James Webster .....	5 00
“ Geo. Richie .....	5 00
“ B. E. Bull.....	5 00
Mrs. J. L. Brodie .....	2 00
Total.....	\$67 00

*Collected by Mrs. Gibson.*

A Friend.....	\$50 00
Mrs. A. Gibson .....	10 00
“ S. Heward.....	10 00
“ Hugh Blain.....	5 00
“ Manning .....	5 00
Miss Wilson.....	5 00
Mr. G. S. Michie.....	5 00
Mrs. W. H. Howland.....	2 50
Miss Michie .....	2 00
Total.....	\$94 50

*Collected by Miss Greig.*

Mr. Sheriff Mowat .....	\$10 00
Mrs. Greig .....	5 00
Mr. Justice MacLennan ...	5 00
Total.....	\$20 00

*Collected by Mrs. Gunther.*

Mr. John I. Davidson.....	\$10 00
Mrs. John Burns.....	5 00
“ E. Gunther .....	5 00
“ Potts.....	1 00
“ T. Thompson .....	5 00
Total.....	\$26 00

Mr. Robt. Elliott, in goods \$10 00

*Collected by Mrs. Hoyles.*

Mrs. John Cawthra.....	\$10 00
Moss, Barwick & Franks..	10 00
Mr. H. C. Blachford.....	5 00
“ C. S. Gzowski.....	5 00
Mrs. R. H. Bethune .....	5 00
“ Hoyles .....	5 00
Lady Macpherson .....	5 00
Mrs. John Hagarty.....	5 00

Mr. Fred Perkins, Jr.....	5 00
Dr. W. H. Howitt.....	2 00
Miss Munro .....	2 00
" Amy Munro .....	1 00
Mrs. Sheppard.....	1 00
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Total.....	\$61 00

*Collected by Mrs. A. B. Lee.*

Hon. Frank Smith .....	\$10 00
W. A. Murray & Co .....	5 00
Mrs. H. E. Clarke.....	5 00
" Fitch .....	5 00
Mr. W. C. Crowther .....	5 00
" H. P. Dwight.....	5 00
" A. B. Lee .....	5 00
" John Leys, Jr.....	5 00
" G. Harrison .....	5 00
" Walter S. Lee .....	3 00
" Thomas H. Lee.....	2 00
T. H. Lee & Son .....	2 00
Lyman Bros. & Co .....	2 00
Mrs. Joseph Lee .....	1 00
Mr. John Brown .....	1 00
Jas. E. Ellis & Co.....	1 00
Mrs. H. W. Nelson.....	1 00
Mr. C. W. Lee.....	1 00
" B. Lee.....	1 00
" E. C. Poffley .....	50
" P. G. Godan.....	50
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Total.....	\$66 00

*Collected by Miss Morris.*

Mrs. John Hoskin.....	\$10 00
" Sweny .....	5 00
" Aikens .....	5 00
" Walter Mackenzie ..	2 00
" James Henderson ...	2 00
" Elmes Henderson... ..	2 00
A Friend .....	1 00
" .....	1 00
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Total.....	\$28 00

*Collected by Miss O'Brien.*

Mrs. Henry Gooderham..	\$ 10 00
Mr. Robt. Kilgour.....	10 00
Elias Rogers & Co .....	10 00
Mr. Henry Strathy.....	5 00
" W. B. Bridgeman-	
Simpson.....	5 00
" A. Gowan Strathy ..	5 00
" Christopher Robinson	5 00
Mrs. George A. Cox.....	5 00
" H. O'Brien.....	5 00
" Hebden .....	5 00
Mr. G. F. Hebden.....	5 00
" W. H. Howland ....	5 00
Hon. G. W. Allan.....	5 00
Mrs. E. Baldwin .....	2 00
" Strathy .....	2 00
" Robert Baldwin....	2 00
" F. LeM. Grasett ...	2 00
Mr. H. J. Scott.....	2 00

Mr. J. R. Strathy .....	2 00
A Friend .....	2 00
Mrs. Alfred Gooderham..	2 00
" J. W. G. Whitney...	2 00
" O'Brien .....	2 00
" Henderson .....	2 00
" C. Fleming .....	1 00
" F. Roper .....	1 00
N. J. ....	1 00
Mrs. Gillespie .....	1 00
G. Gibson .....	1 00
Mrs. Robert Sullivan....	1 00
A Friend .....	50
" .....	50
<b>Total.....</b>	<b>\$109 00</b>

*Collected by Mrs. Byron Walker.*

Mr. George A. Cox.....	\$ 25 00
McMaster & Co.....	25 00
Mr. A. M. Cosby.....	20 00
" Wm. B. Hamilton...	20 00
" B. E. Walker.....	20 00
H. A. Nelson & Sons.....	10 00
A. A. Allan & Co.....	10 00
Mr. J. H. Plummer.....	10 00
Mrs. S. G. Williams.....	10 00
Mr. John Catto .....	5 00
" John Gowans .....	5 00
<b>Total.....</b>	<b>\$160 00</b>
	<b>\$630 50</b>



## Constitution

I.—This Institution is to be known as "Hillcrest," and is intended for the benefit of Convalescents leaving hospitals or living in homes where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies to be elected annually. The Board will nominate its successors in office and send the names of half the number so nominated to the Trustees and half to the Mission Union for approval as provided by the Deed.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary.

IV.—The President shall preside at all meetings at which she is present, or in case of her absence, then one of the Vice-Presidents; in case of their absence, such other person as the meeting may select.

V.—Five members of the said Committee shall form a quorum.

VI.—The regular weekly meetings shall be held on Friday of each week. The regular monthly meetings shall be held on the first Friday of each month, unless some other day is fixed upon at a previous regular meeting.

VII.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VIII.—All monies received shall go to the Treasurer who shall keep an account of the same and pay out same on the order of the said Committee.

IX.—Changes can be made in the Constitution, subject to the approval of the Trustees, at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

## Rules and Regulations.

### ARTICLE I.

The Board of Managers shall hold its monthly meetings on the first Friday of the month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place.

### ARTICLE II.

The President shall have general supervision of the work. She shall preside at all meetings of the Society, or of the Board of Managers, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid.

### ARTICLE III.

The Treasurer shall receive and keep in some chartered bank all the monies collected, and shall disburse them as the Board of Managers shall direct. Her annual report shall be examined by auditors appointed by the Board of Management.

### ARTICLE IV.

The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Board of Managers.

### ARTICLE V.

Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the Home; (2) A recommendation showing that the applicant cannot pay the ordinary charges.

### ARTICLE VI.

Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission and must pay in advance for one week's board, \$2.40.

### ARTICLE VII.

Infectious or contagious cases cannot be admitted to the Home.

## ARTICLE VIII.

Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

## ARTICLE IX.

A small quantity of alcoholic liquor for use in extreme cases or by medical order may be kept in the Home, but must be in charge of the Matron under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

## ARTICLE X.

Members of the Board are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

## ARTICLE XI.

The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

## ARTICLE XII.

The visitor must enquire whether the Matron has an order for every patient. In the case of any patient remaining in the Home for more than four weeks, the visitor must make full inquiries as to the reason of such stay and lay the case before the Board at the first meeting after her visit.

## ARTICLE XIII.

The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and the patients at the first weekly meeting after her visit.

## ARTICLE XIV.

Each member of the Board must notify the Secretary before leaving town for a length of time.

## ARTICLE XV.

The Managers may appoint from time to time Committees from among themselves to attend to any special duties. As a rule such Committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These Committees, for the sake of regularity and for future reference, shall, as a rule, report to the Board in writing.