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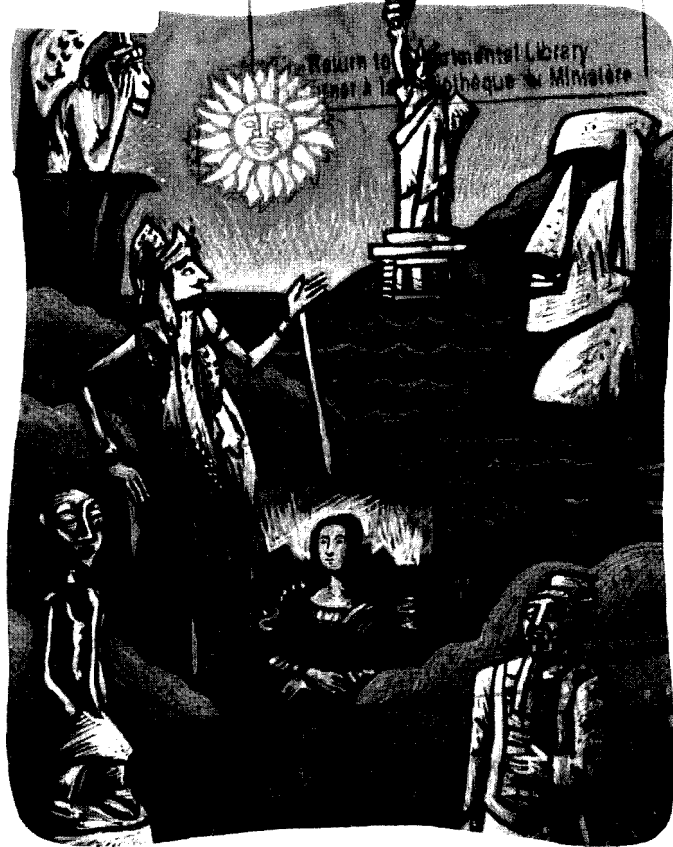
Canada Affaires étrangères Canada  
Services consulaires

Canada

# VOYAGE, BUT...

INFORMATION FOR THE CANADIAN TRAVELLER

2006/2007 9 2006



[www.voyage.gc.ca](http://www.voyage.gc.ca)



If you run into problems while travelling abroad, the travel assistance service is there to lend a hand.

*"Our passports and travellers cheques have just been stolen. Can you help us?"*

*"I am in Caracas and I had severe stomach pains all night. What do I do?"*

Travel Assistance can help when you are experiencing medical emergencies or require personal assistance while traveling out

of province or abroad. Our team of assistance coordinators, nurses and physicians will analyze your situation, answer your questions and find the expert services you need. When necessary, they will manage your case to ensure you get the highest quality medical care and support while minimizing costs.

You will have access to a top-notch assistance service for the entire duration of your trip, available by phone 24 hours a day, anywhere in the world and in the language of your choice.

Before departure, find out what precautions to take in the destination country and the documents required by local authorities, such as passports, visas and vaccinations.

As needed, the assistance service can also provide:

- assistance with language barriers
- referrals to doctors or health care facilities
- administrative assistance to replace lost or stolen tickets or ID
- assistance with hospital admission and repatriation
- legal assistance

Find out more about the type of assistance service that is offered with your travel insurance. If you run into problems abroad, it could make all the difference in the world.

## TRAVEL INSURANCE

[www.desjardins.com/travelinsurance](http://www.desjardins.com/travelinsurance)



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## BON VOYAGE, BUT...

INFORMATION FOR THE CANADIAN TRAVELLER  
2006/2007

Published by Foreign Affairs Canada

To obtain more information or additional free copies of this booklet, visit your nearest Passport Canada office, check the Consular Web site ([www.voyage.gc.ca](http://www.voyage.gc.ca)), e-mail [engserv@international.gc.ca](mailto:engserv@international.gc.ca) or call 1 800 267-8376 (in Canada) or (613) 944-4000.

This publication is available in alternative formats upon request.  
*Ce document est aussi disponible en français sous le titre Bon voyage, mais...*

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## TRAVELLING ABROAD?

Millions of Canadians go abroad every year. For most of us, travel is an enriching and enjoyable experience. For a few, however, travel may mean trouble.

To maximize the success of your journey and to minimize problems while abroad, Foreign Affairs Canada encourages a preventive approach to ensure safe and hassle-free travel.

We have developed this reference booklet to help you plan before you go. It includes essential information on consular services offered abroad, travel advice and Canadian government offices worldwide.

### What Are Canadian Consular Services?

Foreign Affairs Canada has more than 270 offices worldwide, where consular officials are ready to assist Canadians travelling, working or living abroad.

Before you leave Canada, it is important to be informed about the services we do and do not provide.

### Consular Officials Provide the Following Services:

#### *In emergencies*

- Assist in arranging evacuation in the event of war, civil unrest or a natural disaster.



- Arrange help in a medical emergency by providing you with a list of local doctors and hospitals.
- Arrange for a medical evacuation should a required treatment not be available locally (fees apply).
- Comfort and assist victims of robbery or other violence.
- Help find missing persons and abducted children.

#### *When legal issues arise*

- Provide you with a list of local lawyers.
- Provide you with sources of information about local laws and regulations.
- Seek to ensure that you are treated fairly under the country's laws if you are arrested or detained (see our publication *A Guide for Canadians Imprisoned Abroad*).
- Provide assistance if your child has been abducted and taken to another country (see our publication *International Child Abductions: A Manual for Parents*).
- Notarize documents (fees apply).

### **When other issues arise**

- Replace a lost, stolen, damaged or expired passport (fees apply).
- Extend the period of validity of a limited-validity passport (fees apply).
- Add a married or conjugal name to a passport (fees apply).
- Issue a statement in lieu of a certificate of non-impediment to marriage abroad (fees apply).
- Provide an emergency loan (fees apply, and this service is offered only as a last resort and is subject to strict rules).
- Transfer funds (fees apply).
- Provide limited translation services (fees apply).
- Contact relatives or friends and ask them to send you money or airline tickets.
- Contact next of kin, with your authorization, if you have had an accident or are detained by police.
- Accept citizenship applications.
- Provide advice about burying a Canadian abroad or repatriating the remains to Canada.
- Contact your next of kin in case of death.
- Request that local authorities investigate suspicious circumstances in the event of an alleged or apparent crime or death.

### **Consular Officials DO NOT Provide the Following Services:**

#### **When legal issues arise**

- Intervene in private legal matters.
- Provide legal advice.
- Obtain a criminal record check on your behalf.
- Post bail, pay fines or legal fees.
- Get you out of prison.
- Take possession of an abducted child.
- Enforce a Canadian custody agreement overseas or compel a country to decide a custody case.
- Investigate a crime or death.
- Ask local authorities to give preferential treatment to Canadians.

#### **When other issues arise**

- Make travel arrangements.
- Compensate or reimburse you for delayed or cancelled travel.
- Pay your hotel, medical, travel or other expenses.
- Store personal effects or search for lost items.
- Acquire local permits or licences on your behalf, including foreign visas or work permits.
- Assist with job hunting.
- Help you find accommodation.
- Accept mail on your behalf.
- Issue pension or social security benefits.
- Perform marriage ceremonies.
- Pay the burial, cremation or repatriation costs of a deceased Canadian.



### **Emergency Consular Services**

Canadian government offices abroad offer 24-hour assistance, seven days a week. Outside of office hours, your telephone call will automatically be transferred to a consular officer in Ottawa or you will be asked to leave a message for a return call. In either case, there will be a prompt response. If you leave a recorded message, make sure that it is clear and that you leave a complete telephone number or contact address.

From some countries, you can use a toll-free number to speak to a consular officer in Ottawa. In addition, you can make a collect call to Foreign Affairs Canada in Ottawa at (613) 996-8885.

In some locations where Canada does not have a local office, an Australian or British mission will provide you with emergency services. These and possibly other missions can also contact the nearest Canadian office on your behalf.

**Check the "List of Canadian Government Offices Abroad" section for information on how to contact the Canadian office(s) in the country you plan to visit.**

## **BEFORE YOU GO**

### **Get Informed**

Take time to learn about the political, cultural and economic environment of your destination. Learn at least a few key phrases in the country's language. Even a modest command of the local language will go a long way.

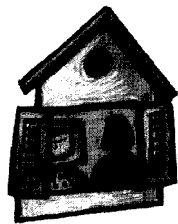
Some countries experience ongoing wars, insurgencies or sporadic unrest. Find out if your destination is known to be dangerous. Consult the Country Travel Reports and the "Current Issues" section of our Web site for up-to-date information on safety and security conditions, health issues and entry and visa requirements for over 200 travel destinations.

### **Before you go abroad, we advise you to:**

- Find out the location of Government of Canada offices in the countries you plan to visit and carry the contact information with you (see page 33 or visit [www.voyage.gc.ca/alt/canoffices.asp](http://www.voyage.gc.ca/alt/canoffices.asp)).
- Provide family or friends with a travel itinerary and contact details, as well as the emergency number for Foreign Affairs Canada (see page 47).

## GOING ABROAD?

BE PREPARED. EXPECT THE UNEXPECTED!



Connect with the world and keep posted on travel advice for more than 200 destinations.

- Our **Country Travel Reports** offer information on safety and security, local laws and customs, entry requirements, health conditions and other important travel issues.
- Our **Country Profiles** provide valuable resources, including maps, facts, statistics and social and cultural insights.
- Our **Current Issues** page features wide-ranging information on evolving situations of concern to Canadians abroad.

Wherever you go, wherever you are, visit:

→ [www.voyage.gc.ca](http://www.voyage.gc.ca)

### Your Passport

Your passport is the only evidence of your Canadian citizenship and identity that is accepted in all countries. You and all family members should have a valid passport if you plan to travel outside Canada. Passport applications are available at [www.pptc.gc.ca](http://www.pptc.gc.ca) (the Passport Canada Web site), Passport Canada offices, postal outlets in Canada and Canadian government offices abroad.

#### *A Passport for Everyone*

**Canadian children must have their own passport.** The practice of

adding a child's name to a parent's passport is no longer permitted.

Before you leave on your trip, **be sure to complete the "In case of accident or death notify" section** (page 4) in your passport. This information will help us quickly notify your family or friends if an emergency arises.

#### *Processing Time*

The processing period for in-person applications in Canada is 10 working days. The processing of mail-in applications takes a minimum of 20 working days. So, plan to apply well before departure.

## REGISTER WITH US



If you are travelling or living abroad, you can register with Foreign Affairs Canada. Registration will enable us to reach you and provide assistance in case of an emergency at home or abroad.

We encourage you to register if:

- You will be away from Canada for at least three months.
- You will be visiting a country, or region of a country, that is covered by an official Travel Warning.
- You are travelling to a country that has security concerns or does not have a Government of Canada office.

You can register on-line at the "Registration of Canadians Abroad" section of our Web site ([www.voyage.gc.ca](http://www.voyage.gc.ca)) or through the responsible Government of Canada office abroad (see page 33).

Registration is voluntary, and the information you provide is protected and used in accordance with the provisions of the Privacy Act. Under the Privacy Act, personal information may be disclosed under certain circumstances, including situations where disclosure would clearly benefit the client, where the public interest in disclosure clearly outweighs any invasion of privacy or pursuant to a court order.

In countries where Canada has no direct representation, there may be arrangements in place for you to register with another country's embassy or consulate. For example, Canada has such an arrangement with *Australia*. Consult the *Country Travel Reports* on our Web site for country-specific information.

### **Keep It Safe!**

**Make photocopies of your passport's identification page and of your identification cards.** Keep the copies separate from the originals when travelling. For added security, leave a copy with a friend or relative at home. We also recommend that you carry a birth or citizenship certificate in addition to your Canadian passport. These simple steps may speed the replacement process if you lose your passport.

### **Expiration Date**

If your passport is due to expire within six months of your scheduled return to Canada, check with the destination country's embassy or consulate in Canada for its rules and restrictions regarding passport validity and expiration. Some countries will not let you enter if your passport is due to expire within six months of entry.

If you have any questions about passports, contact Passport Canada.

### **Do You Need a Visa?**

You need a visa to enter certain countries. Your travel agent or the country's embassy or consulate in Canada can advise you of the requirements. **Apply for visas well in advance of your trip.**

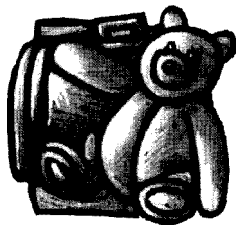
Some countries will allow you to enter only if you can prove you will be leaving and have enough money to support yourself during your stay.

Be prepared to show your return or onward ticket, a bank statement or any visas that demonstrate that you plan to visit another country.

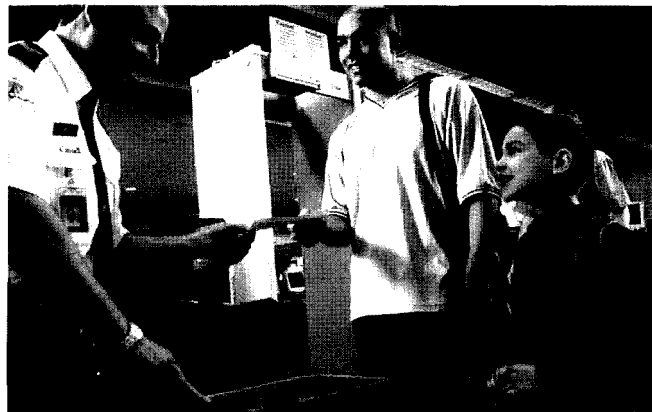
### **Travel with or by Children**

If a person younger than 18 is travelling alone or with only one parent or another adult, we recommend that a consent letter be carried proving that the trip is permitted by the custodial parent (or both parents or the legal guardian, as the case may be). For an example of a consent letter, refer to "Frequently Asked Questions" in the "Before You Go" section of our Web site.

Make sure you and/or the child carry proper identification, such as birth certificates, baptismal certificates, passports, citizenship cards, records of landing and certificates of Indian status. Identification could also include any documents, such as divorce papers or custody court orders, that might be required by the country you intend to visit. These documents will help prove your citizenship, residency and custodial rights when you return to Canada.



## **Pack right...**



## **...enjoy your flight!**

For more information on how to pack for your next trip, visit our website at [www.catsa-acsta.gc.ca](http://www.catsa-acsta.gc.ca) or call 1-888-294-2202.



Canadian Air Transport Security Authority

Administration canadienne de la sécurité du transport aérien

Canada

If you or your partner are travelling to another country with your child and there is a possibility that a custody dispute might develop, you should talk to a lawyer before the child leaves home. Our publication *International Child Abductions: A Manual for Parents* contains further information.

Your child custody arrangements in Canada may not be recognized in another country. In extreme cases, you or your child may not be allowed to leave that country. Check your status with that country's embassy or consulate in Canada before you travel. If you have custody questions,

contact Foreign Affairs Canada's Consular Case Management Division at 1 800 387-3124 (in Canada) or (613) 943-1055.

### Travel with Same-Sex Spouse

Although same-sex marriages are legal in Canada, they are not recognized in many countries. Attempting to enter as a same-sex married couple may result in refusal by local officials. In addition, homosexual activity is a criminal offence in certain countries. Consult our Country Travel Reports or the destination country's embassy or consulate in Canada for specific information.

### TRAVEL IN EUROPE

The member states of the European Union (not including the United Kingdom and Ireland), plus Norway and Iceland, make up the Schengen area, which aims to abolish border controls between those countries and create a single external frontier. However, controls are still in place at the borders of the newer Schengen countries.

Canadians do not need visas for short-term visits to Schengen countries, but some member states require you to register with local authorities within three working days of your arrival. It is important to get your passport stamped when entering the Schengen area. The absence

of an entry stamp from the initial Schengen port of entry could create difficulties during subsequent encounters with local police or other authorities.

For more information, see the *Country Travel Reports* on our Web site. For the most up-to-date and authoritative information, contact the embassy or consulate of the countries you wish to visit.



# TRAVEL NOTICE

"...coverage for out-of-country health care services is limited; you should purchase supplementary insurance."

Ministry of Health and Long-Term Care

**CALL FOR YOUR FREE  
Travel Insurance Guide.**

[www.medipac.com/free](http://www.medipac.com/free)



The Canadian Snowbird Association understands your travel concerns!

- Medicare limitations
- Currency exchange
- Travel restrictions
- Border crossing

**CALL FOR YOUR FREE  
Travellers' Checklist.**

[www.snowbirds.org/free](http://www.snowbirds.org/free)

**CALL THE CSA FOR YOUR FREE  
Travel Insurance Guide AND Travellers' Checklist.**



**1-800-734-7147**



## Women Travelling Solo

Our booklet *Her Own Way: Advice for the Woman Traveller* provides specific information for females, including those who travel alone.

## Dual Citizenship

Canadian law permits a Canadian to have more than one nationality. However, your Canadian citizenship may not be recognized in the country of your second citizenship, and authorities of that country may prevent Canada from providing you with consular assistance. This situation is especially likely if you do not use your Canadian passport to enter that country due to personal choice or legal requirements.

If you are considered a national of another country, you may be compelled to do military service, required to pay special taxes or subject to increased scrutiny by immigration and security officials.

## TRAVEL TO THE UNITED STATES AND MEXICO

Canadians should carry a valid Canadian passport for all visits to the United States and Mexico. For detailed information, see our Country Travel Reports.

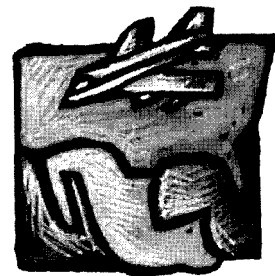
To avoid unpleasant surprises, confirm whether you, your spouse or any other family member is a citizen of another country.

Where permitted by the laws of the country in question, the Government of Canada encourages Canadians to use their Canadian passport when travelling abroad and to present themselves as Canadians to foreign authorities.

If you have questions or concerns regarding dual citizenship, contact the nearest Canadian government office or refer to our booklet *Dual Citizenship*.

## Persons with a Disability

Many countries do not provide access to people in wheelchairs or make allowances for those with special hearing, visual or other requirements. For more information, refer to the Canadian Transportation Agency Web site ([www.cta.gc.ca](http://www.cta.gc.ca)) and the Government of Canada site "Persons with Disabilities Online" ([www.ph-ndirect.ca](http://www.ph-ndirect.ca)).



## Getting Medical Advice

Provided by the Public Health Agency of Canada

The Public Health Agency of Canada, through its Travel Medicine Program, strongly recommends that your travel plans include contacting a travel medicine clinic or your physician **six to eight weeks before departure** to determine your need for vaccinations, preventive medication and advice on precautions to take to avoid disease while travelling.

## Vaccination, Preventive Medication and Personal Protective Measures

Based on your current health status, immunization history and anticipated itinerary, a health-care provider can assess your individual health risks and advise you on vaccination requirements, your need for preventive medication (e.g., for malaria) and personal protective measures. International travel can expose you to infectious diseases not frequently seen in Canada. Ensure that your routine immunizations—tetanus, diphtheria, whooping cough (pertussis), polio, measles, mumps and rubella—are up-to-date. Proof of yellow fever vaccination may be required to enter some countries. Seek a risk assessment **well in advance** of your departure, as you may need to start receiving vaccinations or taking preventive medication a month or two beforehand. For a list of travel

medicine clinics in Canada, visit the Travel Medicine Program's Web site at [www.travelhealth.gc.ca](http://www.travelhealth.gc.ca).

If you are travelling with infants or small children, you may need to arrange an alternative or accelerated childhood immunization schedule for them.

## AIDS

Some countries require proof of HIV testing. Have the test conducted and obtain the results before your trip.

## Medication

If you take medication, be sure to pack an extra supply in case you are away for longer than expected. Carry a duplicate of your original prescription, listing both the generic and trade names of the product, in case your medication is lost or stolen. If you wear glasses or contact lenses, having the prescription will make it easier to replace them.

**Do not try to save luggage space by combining medications into one container. Keep all medications in the original, labelled container to avoid customs problems.**

Some medications that are sold over the counter in Canada are illegal or require a prescription in other countries. Find out whether your medication is legally available in the country you plan to visit. For travel to some countries, it is advisable to obtain a note from your doctor, stating the medical reasons for your prescription and the recommended dosage.

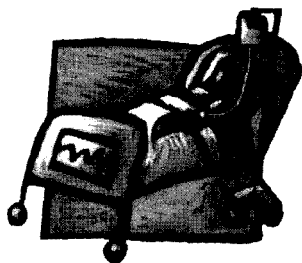


If you need syringes for a medical condition, such as diabetes, it is important to take along an adequate supply. You should also carry a medical certificate that shows they are for medical use.

### Supplemental Health Insurance

Do not rely on your provincial health plan to cover costs if you get sick or are injured while abroad. At best, your health plan will cover only a portion of the bill. It is your responsibility to obtain and understand the terms of your supplementary travel insurance policy.

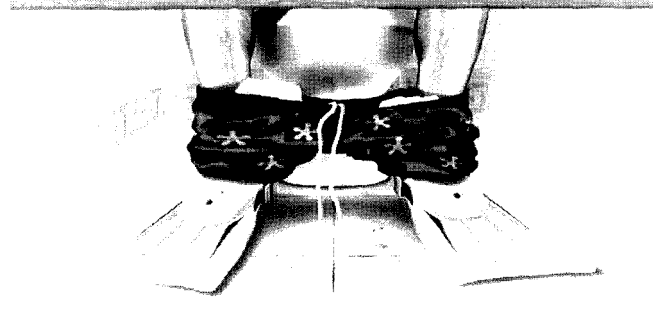
Some credit card companies offer their holders health and travel insurance. Do not assume that coverage is automatically included or that the card alone provides adequate coverage. Some companies charge an additional premium for travel coverage. Others require that you pay for your travel arrangements using that card. Verify the conditions, limitations and requirements before departure.



### Be sure to ask whether your policy:

- Has an in-house, worldwide emergency hotline you can call if you are in trouble. Find out whether it operates 24 hours a day, seven days a week; if the operators are multilingual; and whether nurses or physicians are on staff.
- Pays foreign hospital and related medical costs and, if so, whether it pays up front or expects you to pay and be reimbursed later.
- Provides for medical evacuation to Canada or the nearest location with appropriate medical care.
- Pays for a medical escort (doctor or nurse) to accompany you during evacuation. This service can cost as much as \$100,000 if it is not included.
- Covers pre-existing medical conditions. Notify your insurance company and get an agreement in writing that you are covered for such conditions. Otherwise, you could find your claim "null and void" under a pre-existing condition clause.
- Covers premature births and related neonatal care.
- Allows for cash advances if a doctor or hospital requires immediate payment.
- Pays for the preparation and return of your remains to Canada if you die while abroad. Otherwise, this service can cost as much as \$10,000.

**sanofi pasteur**  
The vaccine business of sanofi-sintelabo Group



Travelling allows us endless opportunities to be exposed to new sights, sounds, smells, tastes, experiences and new people.

### Did you know?

- ▲ Travellers' diarrhea is a common problem for Canadians travelling to a developing country
- ▲ During a two week trip, up to 50% of people will have one or more episodes of travellers' diarrhea
- ▲ An episode of travellers' diarrhea can last 3 - 5 days

### Travellers' Diarrhea is usually caused by contaminated food.

The most common cause of travellers' diarrhea is food contaminated with bacteria called enterotoxigenic *E. coli* (ETEC). Travellers' diarrhea can also be caused by contaminated water.

In addition to the sage advice "Boil it, peel it, cook it ... or forget it!", a new, easy-to-take oral vaccine may also lower your chances of developing travellers' diarrhea while you are away.



Dukoral™ is a trademark used under license from SBL vaccine AB.

Plan ahead - help protect against travellers' diarrhea

For more information visit us at [www.travellerself.com](http://www.travellerself.com)

**Carry details of your insurance with you.** Also, tell your travel agent, a friend or a relative at home and a travelling companion how to contact your insurer.

**Get a detailed invoice** from the doctor or hospital before you leave the country. There is nothing more frustrating than trying to get the proper paperwork from thousands of kilometres away. Always remember to **submit original receipts** for medical services or prescriptions received abroad. Most insurance companies will not accept copies or faxes. *Keep a copy of the submitted documents for your files.*

### **Extended Stay Abroad**

Your provincial health insurance plan will become invalid if you live outside the province beyond a certain length of time. This period varies by province. Personal medical insurance is available for those working, studying or living outside Canada for an extended period. Coverage is available for both the contracted individual and dependants. These insurance plans consist of full accident and sickness coverage,

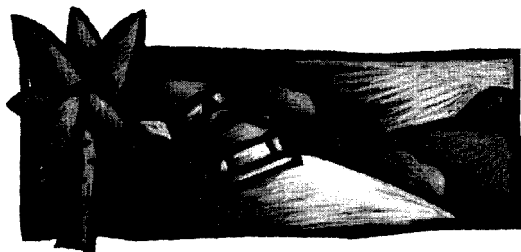
including emergency medical evacuation and war risk. Many companies have changed their terms and conditions related to terrorist acts, war and civil unrest. Check with your insurer before you leave Canada.

### **Other Insurance**

You may also want to purchase a travel insurance package that includes flight cancellation, trip interruption and/or lost luggage coverage. Doing so can avoid major disruptions and additional costs. Again, check the terms and conditions of these policies.

### **Travelling by Car**

Keep in mind that each country has its own driving regulations. In some countries, a driver may be questioned and/or detained by police following even a minor accident. You may be required to obtain an *International Driving Permit and/or* additional insurance to drive a vehicle in another country. For further information, consult the Country Travel Reports on our Web site or the Canadian Automobile Association.



## **Why is International Travel Insurance Required?**

**Here are 10 reasons to pack it in your luggage:**

1. Health insurance is one of the best investments you can make. Accidents or illnesses can happen to anyone, anywhere, anytime. All it takes is an unguarded moment or exposure to a harmful virus, and you or your family could be indebted for many years.
2. Some hospitals will not admit you unless you have insurance or can pay up front, regardless of your medical condition.
3. You cannot take medicare for granted when you work outside Canada, even for short periods. Your government health insurance plan (GHIP) will foot only a portion of the bills.
4. Your GHIP may terminate after you have lived outside Canada for a certain period of time.
5. With certain exceptions, when you return to Canada there will be a wait of up to three months before you can benefit again from your GHIP.
6. A comprehensive travel insurance plan can help you leave a country, at no extra cost, in the event of a major medical emergency for which local facilities are inadequate.
7. Travelling to a country where war or civil unrest is a concern may require specialized insurance to ensure full protection.
8. Should you decide to extend a business trip to take a holiday, you may need additional coverage besides your employer's policy.
9. Many people take advantage of being abroad to try new things. If you plan to participate in any hazardous activity—scuba diving, parachuting, rock climbing, hiking, alpine skiing, etc.—check the limitations of your insurance coverage first.
10. Do not assume that your Canadian automobile insurance or the coverage purchased with your rental vehicle will provide adequate protection in the event of an accident or theft. Much of the coverage we take for granted in Canada is not available abroad. Make sure you know what coverage is in place before you drive.

Telfer International Consultants Inc.  
[www.telferinc.com](http://www.telferinc.com)



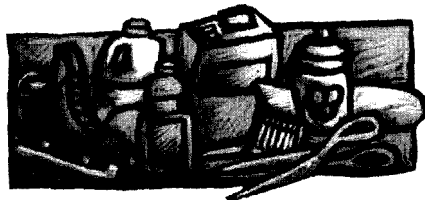
## Money Matters

Canadian currency and traveller's cheques are not always accepted. Before you leave Canada, consult a bank or foreign currency agent to find out the most appropriate currency to carry.

It is always a good idea to have a small amount of local currency on hand when you arrive, unless importing local currency is a crime. There may be restrictions on the amount of money you can take into or out of the destination country. Check currency regulations with your travel agent or the country's embassy or consulate in Canada.

Be aware that your debit or credit card may not be accepted abroad. Check with your bank for information on ATM services in other countries.

Before departure, make arrangements to obtain additional funds if needed. Foreign travel is often more expensive than expected.



## Canadian Taxation Status

If you are living, working or travelling abroad but maintain residential ties in Canada, you are usually considered a "factual resident" of Canada for taxation purposes. However, there may be other factors involved, so review your situation with the Canada Revenue Agency (CRA) before you leave to avoid surprises. For details, see the CRA publication *Canadian Residents Abroad* (T4131).

## Avoiding Customs Difficulties

Before taking valuable items abroad, you can use a free identification service at any office of the Canada Border Services Agency (CBSA). For more information, see the CBSA pamphlet *I Declare*.

## Transport of Dangerous Goods and Aviation Security

Passengers are not permitted to transport dangerous goods aboard aircraft in carry-on luggage, in checked baggage or on their person. Consult the airline or Transport Canada's Web ([www.tc.gc.ca](http://www.tc.gc.ca)) site to find out what you can and cannot take with you.

*this could be your laundromat.  
Ça pourrait être votre buanderie.*

[www.canada123go.ca](http://www.canada123go.ca) 1-877-go123go

**TRAVEL & WORK ABROAD**  
**VOYAGER ET TRAVAILLER À L'ÉTRANGER**

Foreign Affairs / Affaires étrangères  
Canada / Canada

**Canada**

## Traveller's Checklist



Help ensure a safe and problem-free trip by taking these steps before leaving Canada:



- Pack this booklet and a copy of the Country Travel Report for your destination.

- Carry a passport that is valid well beyond the date of your anticipated return to Canada; keep a copy of the identification page separate from the original.

- Plan your itinerary and budget.

- Arrange for health and travel insurance.



- Leave copies of your passport identification page, itinerary and insurance policy with friends or family.

- Obtain any required visas well in advance.

- Check whether dual citizenship is an issue for you.



- If travelling with children, carry documentation proving your right to accompany them (consent letter, court order).

- Take care of health needs: vaccinations, prescriptions, medical certificates, supplies, extra eyeglasses.



- Obtain an International Driving Permit, if required.

- Register with a Canadian government office abroad, if needed.

- Anticipate financial needs: local currency, traveller's cheques, departure tax.



- Prepare for your flight by carefully attending to luggage, documentation and airport security.

- While abroad, keep receipts for purchases and make special arrangements for food, plants and animals brought back to Canada.

## ON THE ROAD

### Taking Precautions

The same rules apply abroad as at home, only more so. Foreigners are usually at greater risk than locals. In many countries, foreigners are specifically targeted. Be sure not to wander into unknown areas—find out how safe they are first. Do not pick up hitchhikers or cross borders with people you have just met.

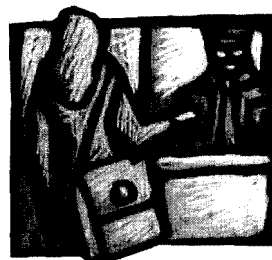
Watch your luggage and make sure it is locked. **Never take anything, even an envelope, across a border for someone else.**

Do not display large amounts of money or expensive jewellery in public. Use a money belt or a case with concealed sections for valuables.

Remember to telephone home, particularly if you have promised family members or friends that you will do so. We receive thousands of calls every year from worried family members or friends who have not received a promised call.

Keep a separate record of your traveller's cheques and credit cards. **Never carry your passport, travel tickets, identification documents, cash, credit cards and insurance papers together.** If you do so, you risk being left with no identification or funds in case of theft or loss.

Use the safety deposit box at your hotel. Never leave valuables in your room.



### Foreign Laws and Customs

When travelling or living in a foreign country, familiarize yourself with the way of life there. Respect that country's laws, religions, culture, class structure and economic conditions. Although you may not agree with some of the country's beliefs, remember that you are a visitor.

In many countries, appropriate attire for both sexes is very important and may even be legislated. Penalties for disobeying local laws can be severe.

Be especially respectful of temples, mosques, churches, synagogues and other religious sites. Many are off limits to foreigners or people who are not members of that faith. Ask permission before taking photographs of religious artifacts, buildings or local people.

Never take photographs of military facilities, a harbour where naval vessels are docked or industrial installations such as oil refineries. Your film and camera could be confiscated, and you could even come under suspicion of espionage.

## LOST OR STOLEN PASSPORT

If your passport is lost or stolen while you are abroad, you should immediately report the incident to the local police. Make sure you get a copy of the police report or the report number. Then contact the nearest Government of Canada office. Before a new passport can be issued, you must complete an application form, produce documentary evidence of your Canadian citizenship (e.g., a birth or citizenship certificate), present new photographs, pay the required fee and complete a "Statutory Declaration Concerning a Lost, Stolen, Inaccessible or Destroyed Canadian Passport or Travel Document" (form PPT 203). If you subsequently find the missing passport, it must be returned to Passport Canada for inspection and destruction.

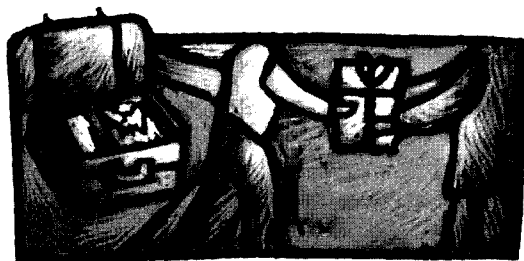
## Illegal Drugs

Drug use and trafficking are prohibited in all countries, even though drugs may be readily available and openly used in some areas. Most countries impose heavy fines and long prison sentences for possession and trafficking. In some countries, possession of even small amounts of drugs carries a prison sentence. **Never take any parcel that is not yours across a border.**

Choose your travel companions wisely. Never cross a border with a hitchhiker or as a hitchhiker. Although you may not be carrying anything illegal, your companions may be. For details, consult the "Drugs and Travel" section of our Web site.

## Crime and Punishment

Thousands of Canadians are currently imprisoned abroad for a wide range of offences. The laws and customs of other countries can be very different from those in Canada, and ignorance is no defence when a crime is committed.



## When you travel, remember: Cultural places and objects in other countries are protected by laws there and by laws here in Canada

*Canadians may be prosecuted in foreign countries...*

Many countries enforce strict laws to protect their cultural heritage: monuments, historical and archaeological sites, museums and objects.

Travellers can face serious penalties and imprisonment for acts committed against that heritage. Sometimes even a seemingly innocent act, such as picking up a small piece of broken pottery or stone to bring home as a souvenir, can result in fines or imprisonment for "theft" or "vandalism".

*...and here at home.*

Recent changes to Canadian law now mean that Canadians may also be prosecuted in Canadian courts for acts committed against significant cultural heritage outside Canada.

Other recent changes to Canadian law prohibit the illegal export of cultural objects from certain countries, whether or not the object is brought to Canada.

## Stay informed and stay out of trouble!

For more information, consult the  
Department of Canadian Heritage website:  
[www.canadianheritage.gc.ca/travel](http://www.canadianheritage.gc.ca/travel)



Canadian  
Heritage

Patrimoine  
canadien



While in a foreign country, you are subject to its laws and regulations. **Your Canadian citizenship offers no immunity.**

If you find yourself in trouble. Canadian consular officials abroad can provide a list of lawyers with the necessary expertise, contact your family and friends and ensure you receive fair treatment **according to the standards of that country.** They cannot, however, wield any influence to reduce your sentence or fine.

### Judicial Process

Never assume that the legal system of another country is the same as at home. "Innocent until proven guilty" is not a universal principle.

In certain countries, you may not have a right to legal representation or to a trial in your own language.

Some countries do not recognize or respect religious freedom; freedom of association, speech or the press; or equality of the sexes. For instance, guilt by association is often presumed, and you may be charged just for

### SEXUAL EXPLOITATION OF CHILDREN

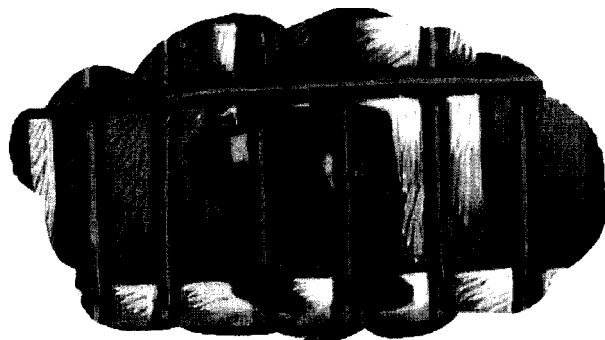
Most countries vigorously enforce laws against the sexual exploitation of children. Canadians who are suspected of committing such acts at home or abroad can be charged under the Canadian *Criminal Code* (available at <http://laws.justice.gc.ca>). Those convicted face a penalty of up to 14 years' imprisonment. For more information, see the publication *Child Sex Tourism: It's a Crime* on our Web site.

being in the company of a person suspected or found guilty of a crime.

Even if you are an innocent bystander at a riot or demonstration, you may be considered a participant and be rounded up with those involved.

**If you do find yourself in legal trouble, contact the nearest Canadian government office at once.** If you cannot do so yourself, have someone else do it for you.

# DRUGS AND TRAVEL:



## A DANGEROUS DUO

**One wrong move — and your travel plans could go up in smoke.**

**Avoid a bad trip.**

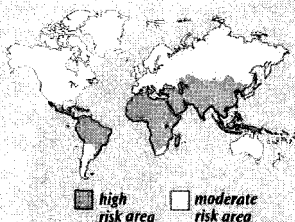
Get the facts at:

[www.voyage.gc.ca](http://www.voyage.gc.ca)

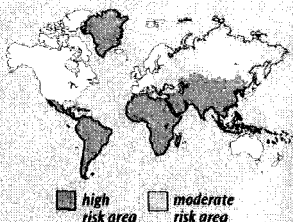


# Travelling abroad? Protect yourself.

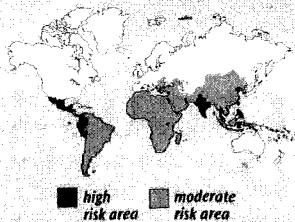
## Travellers' Diarrhea



## Hepatitis A



## Rabies



## Cholera



## HELP AVOID TRAVEL HEALTH RISKS.

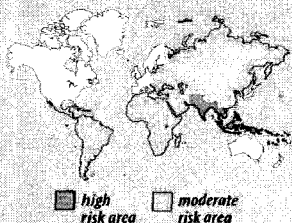
Consult with your doctor or travel clinic  
to discuss your individual itinerary.

For additional information please call  
1-800-268-4171.

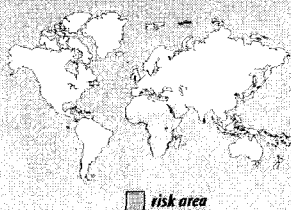
Sources: [www.who.org/ith](http://www.who.org/ith); [www.cdc.gov/travel/](http://www.cdc.gov/travel/); Steffen, Dupont, Wilder-Smith,  
Manual of Travel Medicine and Health, 2003 713284 - 01/04



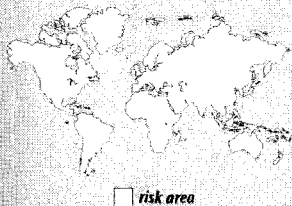
## Typhoid Fever



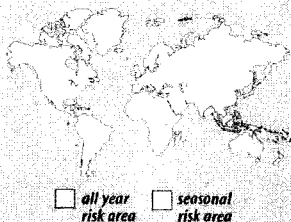
## Meningococcal Disease



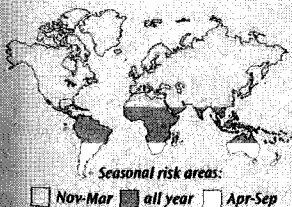
## Yellow Fever



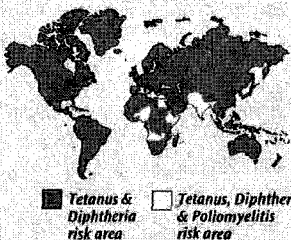
## Japanese Encephalitis



## Influenza



## Tetanus, Diphtheria & Poliomyelitis



sanofi pasteur

The vaccines business of sanofi-aventis Group



## COMING HOME

### Departure Tax

Some countries impose a departure tax or service fee at the airport or point of departure. Before leaving, make sure you set aside enough money in local funds to pay this tax. See the Country Travel Reports on our Web site for more information.

### Canadian Customs and Import Controls

If you have been away from Canada for 24 hours or more, you may bring back goods worth up to C\$50, not including alcohol and tobacco products, without paying duties or taxes. If the goods you bring in are worth more than C\$50 in total, you cannot claim this exemption. In this case, you have to pay **full duties on all goods** you bring in.

If you have been away from Canada for 48 hours or more, you may bring back goods worth up to C\$200 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products as follows: up

to 1.14 litres (40 oz.) of liquor or 1.5 litres (53 oz.) of wine, or a case of 24 bottles or cans of beer or ale, each containing 355 ml (12 oz.). As for tobacco, you may bring back up to 200 cigarettes, 50 cigars or cigarillos, 200 tobacco sticks and 200 grams (7 oz.) of manufactured tobacco.

Tobacco products included in a personal exemption are still subject to a minimum duty unless they are marked "Canada-Duty Paid—Droit acquitté."

If you have been away from Canada for seven days or more, you may bring back goods worth up to C\$750 without paying duties or taxes. These goods can include alcoholic beverages and tobacco products as described above. Note that provincial age restrictions apply to liquor and tobacco products.

When calculating the number of days you are absent, do not include the date you leave Canada, but do include the date you return.

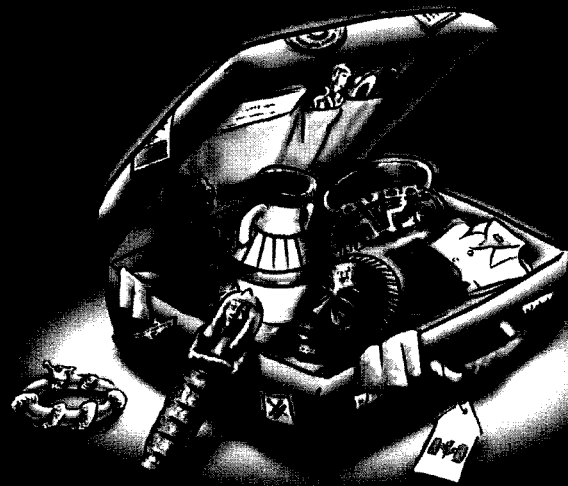
If you have any questions about what you can bring home, call the Border Information Service Line of the Canada Border Services Agency (see page 48).

### Be Aware and Declare

You must declare all items purchased or acquired abroad, whether they are intended for yourself or as gifts, as well as goods bought at a Canadian or foreign duty-free store. Keep your original receipts for possible inspection.

**Your souvenirs  
may be illegal...  
Get the facts!**

[www.canadianheritage.gc.ca/travel](http://www.canadianheritage.gc.ca/travel)



**Vos souvenirs  
peuvent être illégaux...**

**Renseignez-vous!**

[www.patrimoinecanadien.gc.ca/voyage](http://www.patrimoinecanadien.gc.ca/voyage)

1 800 O-Canada



Canadian  
Heritage

Patrimoine  
canadien

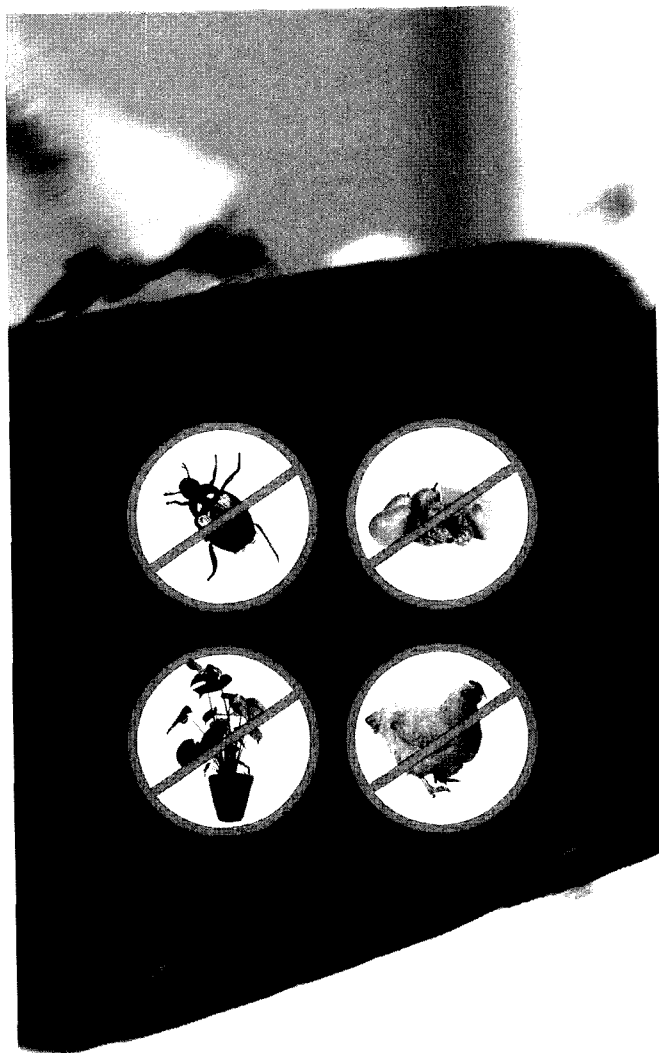
Canada





Government  
of Canada

Gouvernement  
du Canada



# BE AWARE AND DECLARE!

Every traveller entering Canada plays a key role in protecting the country from foreign pests, viruses and animal diseases that could be unintentionally brought in through food, plants, animals and related products. Many of these products are not allowed or must be declared when entering Canada.

Food can carry animal diseases or plant viruses.

Plants and related products can carry insects, harmful microorganisms, viruses, fungi and bacteria.

Animals and related products can carry animal diseases, such as Avian Influenza.

For more information on what products are allowed, visit us at [www.inspection.gc.ca](http://www.inspection.gc.ca) or call us at 1-800-0-CANADA

*Be responsible. Do your  
part to protect Canada.*

Canada

The booklet *I Declare* (RC4044), published by the Canada Border Services Agency (CBSA), describes what you can and cannot bring back to Canada if you have been away for less than a year. After a stay abroad of more than a year, there are special import provisions for household items and personal belongings. Information is contained in the CBSA brochure *Moving Back to Canada* (RC4105).

For information on importing a vehicle, contact the Canada Border Services Agency.

### Illegal Souvenirs

There are restrictions on bringing certain goods into Canada. If you are considering bringing back meat, eggs, dairy products, fresh fruits and vegetables, plants, animals or products made from their skins or feathers, contact the Canadian Food Inspection Agency beforehand for guidance—it could save you a lot of trouble.

For information on importing weapons, contact the Canada Firearms Centre.

There are more than 30,000 species of wild animals and plants regulated

under the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES). A violation of CITES could lead to seizure of your purchase, as well as a fine and/or prison term. Contact Environment Canada for details.

Also, be aware that it may be illegal to bring home cultural property, such as antiques or fossils, whose sale or export is banned or controlled by the country of origin. Strict penalties may be imposed, and cultural property may be confiscated and returned to the country of origin. For more information, contact Canadian Heritage or the embassy of the country you are visiting.

### Health Concerns

If you become sick or feel unwell after returning to Canada, you should see your doctor. Inform the doctor, without being asked, that you have been travelling or living outside Canada and where you have been. If you were ill while travelling, also see your doctor upon return and explain your travel history and any treatment you received.

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## LIST OF CANADIAN GOVERNMENT OFFICES ABROAD

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The following list identifies where to seek consular assistance in each country.

The telephone numbers in this list indicate the country code first and then the city/area code. The city/area codes (in parentheses) are those you should use when calling within the country where the office is located. If you are calling from another country, you may have to use a different city/area code. Also, when calling from one country to another, you must use the local code for international calls before the country and city/area codes of the number you wish to reach. For example, if you are calling overseas from Canada, you must press 011 before the country code. Calls to Bermuda, the Caribbean and the United States do not require a country code, but you must press 1 before the area code. If you are unable to contact an office overseas, please verify the codes with your telephone operator.

In some countries, you can use an international toll-free number to speak to a consular officer in Ottawa. This number may not work from all local telephone service providers, mobile phones or pay

Hours and days of operation vary at Canadian government offices abroad. Call the office concerned to check its hours. If you are unable to reach the office in an emergency or after hours, call (613) 996-8885 (collect calls accepted) or dial the country's toll-free number (if provided below) to reach the Emergency Operations Centre in Ottawa.

phones. Also, a phone card, coins, tokens or an international long-distance fee may be required to complete the call.

Canada has agreements with several countries to provide consular services to each other's citizens at a number of locations around the world. In the following list, the  symbol indicates that an Australian government office delivers consular services to Canadians in that country.

*The information in this list is subject to change. Consult [www.voyage.gc.ca](http://www.voyage.gc.ca) for the most up-to-date list of Canadian government offices abroad, including postal and e-mail addresses.*



**Afghanistan**

Tel.: 93 (799) 742 800

**Albania**

Tel.: 355 (4) 257274, 257275

**Algeria**

Tel.: 213 2191-4951, -4960

**Andorra**

See Spain, Madrid

**Angola**

Tel.: 244 (222) 448-371, -377, -366

**Anguilla**

See Barbados or call toll-free:  
1 888 949-9993

**Antigua and Barbuda**

See Barbados or call toll-free:  
1 888 949-9993

**Argentina**

Tel.: 54 (11) 4808-1000

**Armenia**

Tel.: 374 (10) 56-79-90

**Aruba**

See Curaçao

**Australia**

**Canberra**  
Tel.: 61 (2) 6270-4000

**Melbourne**

Tel.: 61 (3) 9653-9674

**Perth**

Tel.: 61 (8) 9322-7930

**Sydney**

Tel.: 61 (2) 9364-3000

Toll-free from Australia:  
0011-800-2326-6831

**Austria**

Tel.: 43 (1) 531-38-3000

Toll-free: 00-800-2326-6831

**Azerbaijan**

See Turkey, Ankara

**Azores**

See Portugal, Ponta Delgada

**Bahamas**

Tel.: (242) 393-2123, -2124

Toll-free: 1 881 949-9993

**Bahrain**

Tel.: (973) 17 536270

Toll-free: 800-00-732

**Bangladesh**

Tel.: 880 (2) 988-7091/2/3/4/5/6/7

**Barbados**

Tel.: (246) 429-3550

Toll-free: 1 888 949-9993

**Belarus**

See Poland

**Belgium**

**Anvers (Antwerpen)**

Tel.: 32 (03) 220-0211

**Brussels**

Tel.: 32 (02) 741-0611

Toll-free from Belgium:  
00-800-2326-6831

**Belize**

Tel.: 501 223-1060

**Benin**

Tel.: 229 21-30-24-79

**Bermuda**

See United States of America,  
New York, or call toll-free:  
1 888 949-9993

**Bhutan**

Tel.: 975 (2) 322-109, 332-615

**Bolivia**

Tel.: 591 (2) 241-5141, -5021,  
-4517

**Bonaire**

See Curaçao

**Bosnia and Herzegovina**

Tel.: 387 (33) 222-033

**Botswana**

Tel.: 267 30-4411

**Brazil****Belo Horizonte**

Tel.: 55 (31) 3261-1017

**Brasilia**

Tel.: 55 (61) 3424-5400

**Rio de Janeiro**

Tel.: 55 (21) 2543-3004

**São Paulo**

Tel.: 55 (11) 5509-4321

Toll-free from Brazil:

0-800-891-6614

**British Virgin Islands**

See Barbados

**Brunei Darussalam**

Tel.: 673 (2) 22-00-43

**Bulgaria**

Tel.: 359 (2) 969-9710

**Burkina Faso**

Tel.: 226 50-31-18-94

**Burma **

Tel.: 95 (1) 251810

**Burundi**

Tel.: 257 24-58-98

**Cambodia**

Tel.: 855 (23) 213 470

**Cameroon****Douala**

Tel.: 237 343-2934

**Yaoundé**

Tel.: 237 223-2311

**Cape Verde**

See Senegal

**Cayman Islands**

Tel.: (345) 949-9400

Toll-free: 1 888 949-9993

**Central African Republic**

Tel.: 236 61-30-39

**Chad**

Tel.: 235 53-42-80

Tel. after hours:

235 27-30-27

**Chile****Antofagasta**

Tel.: 56 (55) 24-7652

**Concepción**

Tel.: 56 (41) 36-9705

**Santiago**

Tel.: 56 (2) 362-9660

Toll-free from Chile: 800-201-670

**China****Beijing**

Tel.: 86 (10) 6532-3536

**Chongqing**

Tel.: 86 (23) 6373-8007

**Guangzhou**

Tel.: 86 (20) 8666-0569

**Hong Kong**

Tel.: 85 (2) 2810-4321

Toll-free: 001-800-2326-6831

**Shanghai**

Tel.: 86 (21) 6279-8400

Toll-free from China (except Hong

Kong): 10800-1400125,

00800-2326-6831

**Colombia****Bogotá**

Tel.: 57 (1) 657-9800

**Cartagena**

Tel.: 57 (5) 665-5838

Toll-free from Colombia:

01-800-919-0114

**Comoros Islands**

See Tanzania

**Congo (Brazzaville)**

See Democratic Republic of Congo

**Congo (Kinshasa)**

See Democratic Republic of Congo

**Cook Islands**

See New Zealand

**Costa Rica**

Tel.: 506 242-4400

Toll-free: 0-800-015-1161

**Côte d'Ivoire**

Tel.: 225 20-30-07-00

**Croatia**

Tel.: 385 (1) 488-1200, -1211

**Cuba****Guardalavaca**

Tel.: 53 (24) 30-320

**Havana**

Tel.: 53 (7) 204 2516

**Varadero**

Tel.: 53 (45) 61-2078

**Curaçao**

Tel.: 599 (9) 466-1115

**Cyprus**

Tel.: 357 (2) 2775-508

Toll-free: 8009-6082

**Czech Republic**

Tel.: 420 27210-1800

**Democratic Republic of Congo**

Tel.: 243 895-0310, -0311, -0312

**Denmark****Copenhagen**

Tel.: 45 33 48 32 00

**Nuuk (Greenland)**

Tel.: 299 31-16-47

**Djibouti**

Tel.: 25 (3) 35-38-59, 35-59-50

**Dominica**

See Barbados or call toll-free:

1 888 949-9993

**Dominican Republic****Puerto Plata**

Tel.: (809) 586-5761

**Santo Domingo**

Tel.: (809) 685-1136

Toll-free: 1-200-0012

Toll-free from Dominican Republic:

1 888 156-3102

**East Timor**

See Timor-Leste

**Ecuador****Guayaquil**

Tel.: 593 (4) 256-3580, 231-4561

**Quito**

Tel.: 593 (2) 250-6162, 223-2114

**Egypt**

Tel.: 20 (2) 794-3110

**El Salvador**

Tel.: 503 2279-4655, -4657, -4659

**Equatorial Guinea**

See Gabon

**Eritrea**

Tel.: 291 (1) 18-64-90, 18-19-40

**Estonia**

Tel.: 372 627 3310, -3311

**Ethiopia**

Tel.: 251 (11) 371-3022

**Fiji**

Tel.: 679 6722-400,

9924-999 (mobile)

**Finland**

Tel.: 358 (9) 228-530

Toll-free: 990-800-2326-6831, from

mobile phone: 800-2326-6831

**Former Yugoslav Republic of Macedonia (FYROM)**

See Macedonia, former Yugoslav Republic of

**France****Lille**

Tel.: 33 3-20-14-05-78

**Lyon**

Tel.: 33 4-72-77-64-07

**Nice**

Tel.: 33 4-93-92-93-22

**Paris**

Tel.: 33 1-44-43-29-00

**Saint-Pierre et Miquelon**

Tel.: 508 41-55-10

**Toulouse**

Tel.: 33 5-61-52-19-06

Toll-free from France:

00-800-2326-6831

**French Guiana**

See France, Paris

**French Polynesia** 🇫🇮

See New Caledonia

**Gabon**

Tel.: 241 73-73-54

**Gambia**

See Senegal

**Georgia**

See Turkey, Ankara

**Germany****Berlin**

Tel.: 49 (30) 20 31 20

**Düsseldorf**

Tel.: 49 (211) 17 21 70

**Hamburg**

Tel.: 49 (40) 46 00 27 0

**Munich**

Tel.: 49 (89) 21 99 57 0

**Stuttgart**

Tel.: 49 (711) 22 39 67 8

Toll-free from Germany:  
00-800-2326-6831

**Ghana**

Tel.: 233 (21) 21-15-21, 22-85-55

**Great Britain**

See United Kingdom

**Greece****Athens**

Tel.: 30 (210) 727-3400

**Thessaloniki**

Tel.: 30 (2310) 256-350

**Greenland**

See Denmark, Nuuk

**Grenada**

See Barbados

**Guadeloupe**

See Barbados

**Guam**

See Micronesia

**Guatemala**

Tel.: 502 2363-4348

**Guinea**

See Senegal

**Guinea-Bissau**

See Senegal

**Guyana**

Tel.: 592 227-2081/2/3/4/5

**Haiti**

Tel.: 509 249-9000

Tel. after hours: 509 558-0479

**Hawaii**

See United States of America,  
Honolulu

**Holy See (Vatican City)**

Tel.: 39 (06) 6830-7316,  
-7386, -7398

Toll-free: 00-800-2326-6831

**Honduras**

Tel.: 504 232-4551

**Hong Kong**

See China, Hong Kong

**Hungary**

Tel.: 36 (1) 392-3360

**Iceland**

Tel.: 354 575-6500

Toll-free: 800-8462

**India****Chandigarh**

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