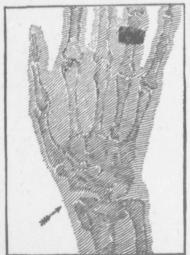


Many thousand grateful patients have stopped at Dr. Pierce's Invalids' Hotel and Surgical Institute in Buffalo, N.Y., (see photo reproduction page 33).



X-Ray Photo Showing Broken Wrist

This modern, up-to-date Sanitarium, not only affords the best medical and surgical treatment by experienced physicians, but it also provides every remedial agent for the treatment of disease without medicines. One of the most wonderful, to the average layman, is the X-ray, which may be used both in the treatment of various diseases and in the diagnosis of many obscure conditions. With the aid of this, the interior of the human body is no longer the sealed book is has been heretofore. Abnormal states of the bones, gall stones, stone in the bladder or in the kidneys, are now shown plainly by X-ray photographs. Internal tumors and abnormal conditions of the deep-seated organs are also discovered by this means, and it has proved very valuable in the diagnosis of tuberculosis of the lungs. Fibroid and other deepseated tumors are now being treated by X-ray and many skin diseases, as psoriasis and

eczema, yield nicely to the effect of these wonderful rays.

MUL 750

Are You Weather Wise?

"What is it moulds the life of man? The weather.

What makes some black and others tan?

The weather.

What makes the Zulu live in trees, And Congo natives dress in leaves, While others go in furs, and freeze? The weather."

We have gathered in this book some of the old and ancient weather proverbs which are "nuggets" of pure gold, for they are built upon the foundation of accurate observation and usually state correctly what the weather will be. Scientific men and meteorological physicists have said that there is much truth in these wise old proverbs. Sailors, Fishermen, Farmers, Woodsmen depend upon many of these weather signs,

to know what may be expected of the weather.

Of course, "All signs fail in dry weather"— and it's also true that "in wet weather it rains without half trying"—but if you will study these proverbs and watch the sky you will become weather wise.

"Above the rest, the sun who never lies,

Foretells the change of weather in the Skies." -Virgil

"Trace in the sky the painter's brush, The winds around you soon will rush."

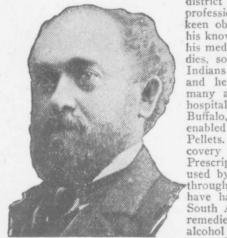
"If the sun goes pale to bed 'Twill rain tomorrow', it is said."

"Evening gray and morning red Make the shepherd hang his head." (Continued on page 3)

[&]quot;So it falls that all men are with fine weather happier far."

A Man Who Became Famous

One of the best known medical men in the United States for the past fifty years was Dr. R. V. Pierce, whose picture appears here. He represented his home



district in Congress. He was successful in his profession, in politics and socially because of his keen observation and his unusual ability to use his knowledge to a good end. He noted early in his medical carreer that many of the home remedies, some of which have been known to the Indians for centuries, prepared from roots, barks and herbs produced astonishing results. His many analyses and trials of medicines in his hospital, called Dr. Pierce's Invalids' Hotel, at Buffalo, N. Y., extending over a number of years, enabled him to prepare Dr. Pierce's Pleasant Pellets, also Dr. Pierce's Golden Medical Discovery for the blood and Dr. Pierce's Favorite Prescription for weak women, which have been used by thousands during the last half century throughout the United States and Canada, and have had an extensive sale in Europe and in South America ever since the year 1868. These remedies are purely vegetable and contain no alcohol nor habit forming drugs. Sold by daelers everywhere.

Weather Proverbs

An excellent sign of the coming weather is this:

"The sun sets weeping in the lowly west,

Witnessing storms to come, woe and unrest." —Shakespeare.

There are good scientific reasons for this:

"A red sun has water in his eye."

"If red the sun begin his race
Be sure the rain will fall apace."

"If the sun set in gray
The next will be a rainy day."

"Evening red and morning gray
Help the traveler on his way:
Evening gray and morning red
Bring down rain upon his head,"

(Continued on page 5)

Stop Coughing!

Stratford, Ont.—"Dr. Pierce's Golden Medical Discovery is a household standby with me in the winter when colds and coughs are most prevalent. After the 'flu' we started using it as a tonic and have found that by taking the 'Discovery' in time it is a preventive of a deep-seated cough. Every member of my family has the utmost faith in Dr. Pierce's Golden Medical Discovery for it has proved its real value to each one of us."—Mrs. Caroline Famme, 31 Milton St.

Obtain Dr. Pierce's Discovery now in tablets or liquid from your neighborhood druggist. You will quickly feel the beneficial effect. Write Dr. Pierce, President Invalids' Hotel in Buffalo, N.Y., for free medical advice. If you wish a trial pkg. of the Discovery Tablets, send 10c. to Dr. Pierce's Laboratory in Bridgeburg, Ont.

Write Dr. Pierce, President, Invalids' Hotel in Buffalo, N.Y., for free medical advice.

Your Health is Your Best Asset-Conserve it!

V. M. Pierce, M. D., eldest son of Dr. R. V. Pierce, brought up in the medical atmosphere of a Medical and Surgical Institute, was graduated from Buffalo and

Harvard Universities, and was fully equipped to take up the direction of the World's Dispensary Medical Association and of the Invalids' Hotel, and these institutions have been his life work. Knowing the vast amount of harm wrought by diseases of the kidneys, and having had opportunity to observe the analyses and the successful methods of treatment in thousands of cases of kidney trouble at the Invalids' Hotel, he has given to the public the latest and perhaps the most important of the Dr. Pierce home remedies—An-uric (anti-uric-acid) Tablets, which are now recommended to those who suffer with kidney backache, irregularity of urination and the pains and disturbances that come from excess of uric acid in the blood. Dr. Pierce's An-uric can be procured of your dealer, or send 10c

V. M. Pierce, M. D. to Dr. Pierce's Laboratory in Bridgeburg, Ont., for trial pkg.

President Dr. Pierce wants folks who have been disappointed in finding relief for backache, weak kidneys or uric acid trouble to try out his latest remedy for such troubles. Anuric (anti-uric-acid) Tablets.

Send a sample of urine to Dr. Pierce's Clinic in Buffalo, for free chemical and

microscopic test.

Invalids' Hotel, Buffalo, N. Y.

Forecast of the Seasons

These signs are truthful forecasts of the seasons:

"January warm, the Lord have mercy!"

"January blossoms fill no man's cellar."

"January wet, no wine you get."

"If you see grass in January, Lock your grain in your granary."

"January and February,
Do fill or empty the granary."

"A February spring Is worth nothing"

"March damp and warm Does farmer much harm."

"Thunder in March betokeneth a fruitful year."

"Frost year, fruit year."

"Year of snow, fruit will grow."

(Continued on page 7)

How're Your Kidneys?

Windsor, Ont.—"I caught a severe cold which settled in my kidneys. They became

congested and sore, my back ached and would be so sore and stiff just across my kidneys that it was a great effort for me to get up in the morning. But thru the advice of my sister I took Dr. Pierce's Anurie Tablets and they have relieved me of all kidney



trouble and backache. My kidneys are in a normal condition now and give me no more trouble."—Mrs. Amedee Castonguay, 1050 Lillian Street.

Write Dr. Pierce's Invalids' Hotel in Buffalo, N.Y., for free medical advice,

Watch Your Daughter!

Windsor, Ont.—"When I was growing into womanhood I became rundown, my



nerves were bad and I got very weak and trembly. My mother me Dr. gave Pierce's Favorite Prescription and it built me up in health, strengthened my nerves made me and well. Since married, whenever I have felt myself going

down or my nerves beginning to bother me, I have taken the 'Prescription' and every time it has quieted my nerves and made me feel fine."—Mrs. Hilda Hodgins, 504 Aylmer Ave.

Bring Back Your Good Looks

Are you pale, run down, weak and sleepless? If so, you need a powerful reconstructive tonic. Dr. Pierce's Favorite Prescription will help you, by toning up your nerves and removing obstructions which interfere with the circulation of the blood. It was discovered many years ago by Dr. Pierce, a skilled physician, and is made of roots and herbs peculiarly adapted to women's ills. Health and Strength will follow its use. Try it! Now! Women in all ages of life who take this standard remedy know that in Dr. Pierce's Favorite Prescription they are getting a safe woman's tonic so good that druggists everywhere sell it in both tablet and fluid form.

Thousands of women testify that this medicine has entirely eradicated their distressing ailments.

Send 10c. to Dr. Pierce's Laboratory in Bridgeburg, Ont., for trial pkg. Write for free medical advice to Dr. Pierce's Invalids' Hotel, Buffalo, N.Y.

Weather Proverbs (continued)

A general truth is this from Shakespeare: "The weary sun hath made a golden set.

And by the bright track of his fiery

Gives token of a goodly day to-morrow."

"Mackerel scales and mares' tails Make lofty ships carry low sails."

"A rainbow in the morning
Is the shepherd's warning;
A rainbow at night
Is the shepherd's delight."

"Rainbow to windward, foul falls the day; Rainbow to leeward, damp runs away." (Continued on page 9)

Stomach Distress?

Walkerville, Ont.—"My husband owes his life today to Dr. Pierce's Golden Medical



Discovery and 'Pleasant Pellets.' He was a very sick man when I first wrote to Dr. Pierce for advice. He could not retain food and gas would form in his stomach. Finally, helost all desire for food and would have fainting spells. Thru the advice of Dr. Pierce, I purchased some of the 'Discovery' at the

drug store and very soon my husband was well and able to work."—Mrs. Mary Ellen Miers, 89 Monmouth Road. All dealers.

Send 10c. to Dr. Pierce's Laboratory, Bridgeburg, Ont., for a trial package.

"Sound travelling far and wide, a stormy day will betide."

BACKACHE. Pain in the back may be due to many causes. In women it frequently due to disease of the womanly organs. Usually such troubles can be relieved by a course of treatment with Dr. Pierce's Favorite Prescription. and local treatment according to instructions, which will be given free by writing to the Faculty of the Invalids' Hotel, Buffalo, N. Y. When there is great pain in the muscles of the back, with most men and some women it is usually caused by what is called lumbago, a cold which settles in the muscles of the back. If the trouble persists and returns with every change of the weather, it is generally called rheumatism. It is usually caused by a deposit of urate salts in the sheath of the muscles of the back. To understand this one must know that the two kidneys, each as large a mass as your fist perform the duties of removing poisons from the blood from birth to old age. When the kidney cells do not remove the waste materials, uric acid in the form of urate salts is deposited almost anywhere in the muscles of the body and causes great pain, rheumatism or gout. For this, Dr. Pierce's Anuric Tablets should be taken. Most stores can supply An-uric Tablets at sixty-five cents, or send that amount to Dr. Pierce's Laboratory in Bridgeburg Ont. Write to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for free medical advice.

BILIOUSNESS or Congestion of the Liver. If the liver is clogged or stopped up one suffers from frequent headaches, yellow tongue, nasty taste in the mouth, indigestion or pain, sometimes vomiting, diarrhea alternating with constipation. Usually the patient has a muddy or yellow complexion. For this, one should take a gentle laxative made of aloes, jalap and May apple, called Dr. Pierce's Pleasant Pellets. If the trouble is one of long standing, accompanied by dyspepsia, Dr. Pierce's Golden Medical Discovery should be taken.

Weather Proverbs (continued)

A few truthful proverbs run as follows:
"Clear moon,
frost soon."

"Moonlit nights have the heaviest frosts."

"If the moon show a silver shield, Be not afraid to reap your field; But if she rises haloed round, Soon we'll tread on deluged ground."

"The moon with a circle brings water in her beak."

"Pale moon doth rain, Red moon doth blow, White moon doth neither rain nor snow."

"The bigger the ring, the nearer the wet."

(Continued on page 10)

Women of All Ages

Chatham, Ont.—"During the time I was rearing my family, Dr. Pierce's Favorite

Prescription was a great help to me, especially during expectant periods. I found it very helpful in quieting my nerves and in giving me greater strength. And while I was passing thru the critical time of life I also found the 'Favorite Presscription' to be



very beneficial in keeping me well and strong and enabling me to come thru that trying period strong and healthy. It is an excellent medicine for women of all ages who are suffering from womanly ills."

—Mrs. Ella Ripley, 17 Ingram St.

Write Dr. Pierce's Clinic in Buffalo, N.Y., for free medical advice.

Weather Proverbs (continued)

We quote from Longfellow as follows:

"For I fear a hurricane;
Last night the moon had a
golden ring,
And tonight no moon we see."

"When stars flicker in a dark background, rain or snow follows soon."

> "When the mists begin to nod Fisher, then put by your rod."

"When the clouds are upon the hills They'll come down by the mills."

"In the morning mountains, In the evening fountains."

"When leaves show their under sides, Be very sure that rain betides." "When the clouds appear like rocks and towers

The earth's refreshed by frequent showers."

"When the wind is in the east, it's neither good for man nor beast."

"The winds of the daytime wrestle and fight,

Longer and stronger than those of the night."

> "When the glass falls low, Prepare for a blow; When it rises high, Let all your kites fly."

> > (Continued on page 12)

Personal Magnetism?

A healthy woman is magnetic, attractive, usually beautiful, because she emanates the radiant joy of living. Do you possess this desirable quality? Perhaps you are weak, nervous, ailing. Do not be discouraged, Dr. Pierce's Favorite Prescription will help you. It is made of healing herbs adapted to the peculiar weaknesses of women.

How can I be beautiful? That is the question every woman asks herself. The answer is health, radiant, glowing health. Bright eyes, clear complexion, rosy cheeks, animation, make for beauty every time. What women need who are weak and rundown, and lack these requisites for good looks, is Dr. Pierce's Favorite Prescription, a veritable boon to women suffering from any malady peculiar to their sex. It is made of herbs long known to the Indians and skilfully blended by chemists in Dr. Pierce's Laboratories, Buffalo, N.Y., and Bridgeburg, Ont. Send 10c. for trial pkg. of the tablets.

How's Your Stomach?

Royal, N.S.—"In August, 1923, I was taken sick and a doctor was called. He

pronounced my case inflammation of the stomach and attended me for about a week, but I was getting worse. My son advised me to try Dr. Pierce's Golden Medical Discovery. I did so, and am glad to say in twenty-four hours I was out of bed. I



have not had a doctor since. I am feeling good for a woman sixty-four years old. I highly recommend the 'Discovery' to any similar sufferer.''—Mrs. Charles Trimper.

Liquid or Tablets. All dealers.

Weather Proverbs (continued)

Some sensitive noses can smell rain— Shakespeare puts it thus:

"A very ancient and fish-like smell."

"When the dew is on the grass Rain will never come to pass."

"When the stars begin to huddle, The earth will soon become a puddle."

"Heavy frosts generally are followed by fine clear weather."

"When the grass is dry at morning light Look for rain before the night." "Sunshine and shower, rain again tomorrow."

"The dews of the evening industriously shun,

They're the tears of the sky for the loss of the sun."

"A coming storm your shooting corns presage,

And aches will throb, your hollow tooth will rage."

"When the wind backs and the weather glass falls,

Then be on your guard against gales and squalls."

One of the Real Secrets of Beauty

Who does not know women and young girls who are continually in tears? Who always see the dark side? Who have frequent fits of mclancholy without any apparent cause? The intelligent physician will know that it is some derangement of the complicated and delicate feminine organs. The young girl suffers bodily and mentally in silence. There is undue weariness, unexpected pain, unreasonable tears and fits of temper.

Dr. Pierce's Favorite Prescription exerts a wonderful power over woman's delicate organism. It is an invigorating tonic and is specific for the weaknesses, irregularities and painful derangements of woman.

Careless, easy-going doctors frequently treat their women patients for biliousness, nervousness, dyspepsia, liver or kidney troubles, when the real sickness is in the organs distinctly feminine, and no help can come till they are made perfectly strong by the use of Dr. Pierce's Favorite Prescription, in tablet or liquid form.

Send 10c. for trial pkg. to Dr. Pierce's Laboratory in Bridgeburg, Ont.

Mothers, Read This!

Chatham, Ont.—"During my first expectant period I got in a terribly rundown state



health. nerves gave way. I was very weak and my kidneys were bad. Thru the advice of a friend began taking Dr Pierce's Favorite Prescription and from that time on I did not have any more trouble with either my nerves or my kidnevs but kept well and strong, and

my strength came back very quickly afterwards. My child was very strong and healthy and always has been (see picture above) hardly having had a sick day."—Mrs. Cyril Little, 2 McDougall Ave.

All dealers. Tablets or liquid.

Burns and Scalds. Sunburn, Colds.



Burn.

Never drag the clothing off of a burn or a scalded part of the body. Cut off all the cloth you can with scissors and soak what remains stuck to the wound with olive or castor oil, vaseline, fresh lard or cream. Remove only when it comes off readily.

For Burns, Baking Soda made into a thin paste with water may be smeared over the surface to keep the air from it. Dr. Pierce's "Soothaline" is the best thing to use. Apply this balm to a cloth and cover the wound, using a light bandage to keep it in place.

For cold on lungs rub "Soothaline" over chest. For sprains and swollen joints rub well and vigorously.

For Sunburn, Burns, Chapped Skin, Chilblains, there is nothing so soothing and healing as Dr. Pierce's (Mentha) Soothaline.

If your store does not keep it, send 65c. to Dr. Pierce's Laboratory, Bridgeburg, Ont. Send 10c. for small tube.

THE BLOOD SEEN UNDER MICROSCOPE IN ANEMIA

FTER an attack of the grip or pneu-Imonia, or even a hard cold, the blood is left thin, watery, and one is said to be anemic. This is also often true of young girls. Instead of the blood cells being round, they become irregular, as in "B." When you feel weak, nervous, or the skin breaks out in pimples, eruptions or boils, and you feel "blue" and without any snap or energy, sometimes hands cold and clammy, there is usually a large decrease in the red or white blood corpuscles and you should build up with some good blood builder and tonic.

You can put iron in your blood and the cells become round and red, losing the irregular shape, by taking a good iron tonic, called "Irontic," put up by Dr. Pierce and sold by most dealers. This "Irontic" (iron-



tonic) is compounded of a soluble iron and herbal extracts. With this you gain in vim, vigor and vitality. Instead of pale cheeks, tired and worn-out before the day is half done, after taking "Irontic" your cheeks will have color, you will feel strong and vigorous, ready for work. 65c a package.

A good alterative and herbal tonic can be obtained at any drug store, favorably known for over fifty years as Dr. Pierce's Golden Medical Discovery. Put up in

both liquid and tablet form. See page 18.

FIRST AID-Continued

BLEEDING, or Hemorrhage, To stop the flow of blood in a severe cut, roll up a piece of clean cloth (or better gauze, cheese-cloth or mosquito netting will do) into a hard lump and press into the cut. If no clean cloth such as cheese-cloth or gause can be obtained, a clean piece of tissue paper will do. Over this put a larger fold of cotton and still other pieces until a thick compress is placed hard down upon the cut, and over this bind a bandage as tightly as possible—the pressure is important. After the bleeding has stopped dress the cut with tincture of lodine.

NOSE-BLEED. Don't bend over a

bowl of water and apply water to the nese. Sit erect with the head back with cold compresses on the nose and on the back of the neck. A roll of paper placed under the upper lip sometimes stops bleeding. A weak solution of salt or vinegar with water snuffed up the nose will frequently stop the flow of blood. Roll up plugs of cotton, of cloth or paper, place in nose; lie on back. Sometimes it is stopped by merely sitting or standing erect with the head well back and holding the arms above the head. If the bleeding persists after several or all of these treatments have been tried, send for a doctor.

Help from the Fields and Forests

Many years ago Dr. Pierce, a skillful physician, who realized the value of herbs, knew that the Indian women used decoctions made of certain herbs and that they usually passed painlessly through the ordeal of motherhood. He used the same herbs and roots to prepare an improved and more palatable nerve tonic for women's ills and called it Dr. Pierce's Favorite Prescription. It has been a great favorite for fifty years and still is a real help to women suffering from ills peculiar to their sex. Nervousness, too, soon disappears.

Do your children set your nerves on edge? Do not become discouraged, relief is in sight. What you need is Dr. Pierce's Favorite Prescription, a medicine adapted to the weaknesses of women, containing no alcohol, made of herbs the Indians knew about years ago. Thousands of homes for fifty years have known the value of Doctor Pierce's medicines and many testimonials to their worth come unsolicited,

Young Mothers!

Windsor, Ont.—"In my young motherhood Dr. Pierce's Favorite Prescription was

such a great comfort to me as a tonic and nervine that I would urge every expectant mother to take it. It kept me well and strong, and able to attend to my household duties right up to the last. My children are grown now, but I have not forgotten the great ben-



efit I derived from the 'Favorite Prescription'."—Mrs. Annie E. Perry, 231 Bridge St. All dealers. Fluid or tablet form.

Send 10c. for a trial pkg. of tablets to Dr. Pierce's Laboratory, Bridgeburg, Ont.

Dr. Pierce's Family Medicines

Doctor Pierce's Remedies are now put up in larger bottles, the contents increased one-third (33%), thus the bottles of "Medical Discovery" and "Favorite Prescription" contain 11½ ounces.

DR. PIERCE'S GOLDEN MEDI-CAL DISCOVERY is an alterative and vegetable tonic. Contains no alcohol. 65-cent size, 45 Tablets: \$1.35 size. 100 Tablets. Liquid (11½ oz.) \$1.35.

DR. PIERCE'S FAVORITE PRE-SCRIPTION is an herbal tonic for the chronic weaknesses of women. Contains no alcohol, nor any harmful ingredient. Tablets, 65-cent size, 45 Tablets; \$1.35 size, 100 Tablets. Liquid, (11½ ozs.) \$1.35.

DR. PIERCE'S ANURIC TAB-LETS. A new Remedy for Kidney, Bladder and Uric-Acid Troubles. Price, 60 Tablets, 65c; 125 Tablets, \$1.35. DR. PIERCE'S IRONTIC (irontonic) TABLETS make Redder Blood. 65c. Bottle contains 100 Tablets.

DR. PIERCE'S PLEASANT PEL-LETS for Stomach, Liver and Bowels. Vial now contains 60 pills for 30c.

DR. PIERCE'S HEALING SALVE is a superior dressing for open, running, or suppurating sores or ulcers. 65c.

DR. PIERCE'S ANODYNE PILE OINTMENT is a soothing, cooling, healing, antiseptic application for Piles. Price, 65 cents.

DR. PIERCE'S (MENTHA) SOOTHALINE is especially recommended for Sunburn, Chilblains, tired, burning, aching feet, chapped skin. Applied after shaving "Soothaline" is very cooling and healing. 65 cents.

If the above mentioned medicines cannot be procured of your neighborhood dealer they will be sent direct from Dr. Pierce's Laboratory in Bridgeburg, Ont., on receipt of price named above, or send 10c for a trial size.

BRONCHIAL COUGH, or Bronchitis. An inflammation of the lining membrane of the large bronchial tubes, situated just below the collar bone. The cough is incessant, for a day or two it will be dry and hard, after two or three days the cough will bring up frothy, slimy tissues from the lungs. There is considerable fever and a dragging soreness across the upper part of the chest.

TREATMENT: Apply mustard poultices across the chest mornings and nights, keeping on only a few minutes, or apply Dr. Pierce's (Mentha) Soothaline. Keep on the chest a large, thick pad of cotton after rubbing on the "Soothaline" and hold in place with a wide bandage. Give a good laxative, such as castor oil or Dr. Pierce's Pleasant Pellets. The cough will be alleviated by occasional doses of Dr. Pierce's Golden Medical Discovery. Hot drinks, such as hot lemonade, linseed tea, barley water and a liquid diet are best.

Forty Years' Use

Alport, Ont.—"I have used Dr. Pierce's Golden Medical Discovery in my family of

nine children for over forty years. I have no hesitation in pronouncing it to be the best proprietary medicine of which I have knowledge for building up the body and keeping it in good order. If taken according to the



directions together with Dr. Pierce's Pleasant Purgative Pellets I am convinced that there is no better tonic."—H. F. Bickmore.

Dr. Pierce's Pleasant Pellets are effective, yet they do not gripe. Send 10c. for trial pkg. Write Dr. Pierce's Invalids' Hotel, Buffalo, N.Y., for free advice or 10c. pkg.

BOILS. The cause is same as in Pimples. Very painful, tender, advance rapidly and finally burst and discharge bloody matter. May arise from imperfect action of the liver and kidneys. Often occurs with those who are run down—whose resistance is below par. The infection is often caused by bacteria from shaving brush, razor or shears, or clippers. One boil may infect the adjoining skin

and start another.

TREATMENT: Spirits of turpentine applied to the boil in its earliest stages will almost always cause it to disappear; but when suppuration has commenced each boil should be kept covered with a collodion dressing so that its discharge cannot possibly get on clothing or spread to skin. When it breaks, paint with tincture of iodine. Most boils heal without interference. Next, improve the blood to prevent subsequent returns to other parts of the body. For this purpose take Dr. Pierce's Golden Medical Discovery, an alterative tonic, which cleanses the blood, One or two Pleasant Pellets each day will also aid. One should always take a good laxative like the Pleasant Pellets at least once a week, Internal cleanliness is as necessary as a clean skin.

Pimples on the Face (or Acne). An inflammation of the sebaceous glands and surrounding tissues. The exciting cause is believed to be a microorganism. The causes may be many, such as puberty, digestive disturbances. constipation, menstrual, irregularities, anemia, sedentary life, general debility and lack of muscular tone. Unless the constipation and indigestion are cured it is impossible to get rid of the pimples.

TREATMENT: Wash the face and neck with a good Castile soap. Apply Spirits of Turpentine once per day to dry up pimples. If the bowels do not move freely once or twice each day, use a good laxative, such as is made up of May Apple, Jalap, Aloin and Extract of Stramonium in minute quantity. Put in a ready to use form by Dr. Pierce over fifty years ago and called "Pleasant Pellets".

How Is Your Blood?

Strength is a valuable asset. If you are weak, run-down, heed your neighbor's advice. Thousands have been benefited by the use of Doctor Pierce's Golden Medical Discovery. It is a tonic for all seasons—Spring lassitude; Summer languor; Autumn chills; Winter colds. Good blood is the source of health and strength. Golden Medical Discovery, purely vegetable and free from alcohol and narcotics, will clear the skin, give vigor to the heart beats, tone up the nerves and make life a joy instead of a burden. Try the Discovery, now! For sale by druggists.

You can always get Dr. Pierce's family medicines from your neighborhood druggist or dealer, in tablets or liquid. Send 10c. for trial pkg. of any of Dr. Pierce's remedies to Dr. Pierce's Branch Laboratory in Bridgeburg, Ont. See list of Dr. Pierce's Family Medicines with prices on page 18.

Watch Your Daughter!

Chatham, Ont.—"My daughter had always been delicate, had functional dis-

turbances and was very nervous and weak. She also had a lot of trouble with her stomach. But after I began giving her Dr. Pierce's Favorite Prescription she did not suffer, her nerves were good, she began to get stronger and finally developed into a healthy, ro-



bust girl. What this medicine did for my daughter, it will do for other ghis if they will only try it."—Mrs. Fred Crouchman, 30 Adelaide St. N. All dealers.

If Your Pain Is There, What You Need Is a Good Tonic For The Kidneys

The kidneys are the scavengers and they work day and night in separating the poisons from the blood. Their signals of distress are easily recognized and in-



clude such symptoms as lumbago, backache, depressions, drowsiness, irritability, head-aches, dizziness, rheumatic twinges, dropsy.

People are realizing more and more every day that the kidneys, just as do the bowels, need to be flushed occasionally. The kidneys are an eliminative organ and are constantly working, separating the poisons from the blood. Under this continual and perpetual action they are apt to congest, and then trouble starts. Uric acid backs up into the system, causing rheumatism, neuralgia, dropsy and many other serious disturbances. It means that you are a victim of uric acid poisoning. Then ask your druggist for Anuric (anti-uric acid) and you will very soon become one of hundreds who have been helped by this powerful enemy to uric acid.

Dr. Pierce manufactures these Anuric tablets and you can obtain a trial pkg. by enclosing 10c and addressing Dr. Pierce's Laboratory, Bridgeburg, Ont.

"Blackheads"

Blackheads, or comedones, are caused by lack of healthy condition of the skin. A concretion of sebaceous fluid pitting the pores of the skin, the surface becoming black from atmospheric dust. Due attention to the proper functions of the system is most essential to a permanent cure. Constipation is frequently present, and a mild laxative, like Doctor Pierce's Pleasant Pellets, will be corrective.

Squeeze out the contents of each black-head every day. Be sure your hands are clean, that no poisoning may occur. Then wash with hot water followed by Doctor Pierce's (Mentha-) Soothaline. (See page 18).

Send 10c. to Dr. Pierce's Branch Laboratory in Bridgeburg, Ont., for a trial package of any of Dr. Pierce's medicine. Dr. Pierce will give you medical advice free. Address your letter to Dr. Pierce, President Invalids' Hotel, Buffalo, N.Y.

What's Your Health Worth?

Windsor, Ont.—"For over six months I was in ill health—was not able to do a day's



work. I got very weak and lost in weight, could not eat, suffered from poor circulation. was chilly all the time and had a slight cough. I doctored but still kept going down and every one thought I was going into a decline. I finally began taking Dr. Pierce's Golden Medical Discovery and thru the use of

this medicine I was completely restored to good health. I gained in weight, went back to my work and never felt better. I have been a strong and healthy man ever since, which I owe to Dr. Pierce's Golden Medical Discovery."—William E. Brush, 450 Dougall Ave.

AUTO-INTOXICATION. Usually bad breath is due to indigestion, dyspepsia or to a blockade in the intestines. If the twenty-five feet of intestines is choked or clogged up, the blood becomes poisoned, and we suffer from what is called Auto-Intoxication, often accompanied by headache or yellow-coated tongue, bad taste in mouth, nausea or gas, languor, debility, yellow skin or eyes. At such times one sheuld take a good purgative, such as castor oil, salts or Dr. Pierce's Pleasant Pellets. Also use a good mouth wash, such as listerine, or wash the mouth out with milk of magnesia and a little water. Clean the teeth thoroughly with a good tooth powder.

Middle-Aged Women

Mrs. Geo. E. Smith of 324 Langlois Ave., Windsor, Ont. says: "When I was passing thru the critical period of life it was Dr. Pierce's Favorite Prescription that I took as a tonic and nervine. I found it to be a wonderful medicine. It not only brought me safely thru that trying period, but I feel quite sure that I owe my good health of today to this best of women's medicines. Too much cannot be said in its praise."

The Reflections of a Married Woman

are not pleasant if she is delicate, rundown, or over-worked. She feels "playedout." Her smile and good spirits have taken flight. It worries her husband as well as herself.

This is the time to build up her strength and overcome those weaknesses or ailments which are the seat of her trouble.

Dr. Pierce's Favorite Prescription regulates and promotes all the proper functions of womanhood, enriches the blood, dispels aches and pains, melancholy and nervousness, brings refreshing sleep, and restores health and strength. It removes those disorders and derangements of womanhood.

Obtain Dr. Pierce's Prescription now, in liquid or tablets, from your druggist or send 10c for trial pkg. of tablets. to Dr. Pierce's Laboratory in Bridgeburg, Ont. Write Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for free medical advice.

COMPLEXION—Bad, Sallow, Blotchy. A good complexion depends upon the blood. Pure blood will usually show a good complexion. A faulty digestion, indigestion, dyspepsia, is the cause of a sallow complexion or pimply face as well as constipation and autointoxication. Follow advice same as in constipation, and for the heartburn, indigestion, dyspepsia and general stomach trouble, take Dr. Pierce's Golden Medical Discovery, or alterative extract.

CONVULSIONS in Children. Place child in warm bath. Little else can be done—but no need for alarm. Consult physician.

DIARRHEA. Most often this is the result of some infection or some food which has irritated the intestines. The main thing is to put very little in the stomach. Rest, warmth and starvation is the main treatment, but all irritating material in the bowels should be removed by castor oil or Dr. Pierce's Pleasant Pellets. Drink plenty of water, hot water is best. To relieve the pain and check the drain, take Dr. Pierce's Smart-Weed, or Water Pepper. Ask your deater in merchandise or send Dr. Pierce's Laboratory in Bridgeburg, Ont., 65 cents.

How to Build Up A Rundown Constitution

Windsor, Ont.—"I had become in a rundown condition, my nerves were bad, especially the nerves of my stomach. I would have spells of nervous indigestion. But after taking a few bottles of Dr. Pierce's Golden Medical Discovery, my health was much improved and my nerves were stronger. I did not have any more trouble with indigestion. 'Golden Medical Discovery' seemed to tone up my entire system and made me feel much improved physically."—Charles M. Brush, 408 Caron Ave. All dealers. Liquid or tablets.

London, Ont.—"I took Dr. Pierce's Golden Medical Discovery when in a very weakened and rundown state of health and it strengthened me at once—my appetite improved, and my nerves became normal. In fact, I have felt so much improved in health since, that I would never hesitate to recommend the 'Discovery' to any person who is in a debilitated condition."—Mrs. I. Hicks, 547 Richmond St.

Weather in 1925-1926

Scientists and leading meteorologists in Washington, D. C., now are making a more intensive study of ocean temperatures as the determining control of most weather phenomena.

Reasoning from the information at hand one would expect a long, severe winter thruout United States and Canada and, in fact, thru the whole northern hemisphere. Winter grains in the northern part of the grain belt may suffer from lack of sufficient snow cover. Early cold waves may reach the Gulf Coast in January, so that it may be wise to postpone for a month early vegetable planting in that region. Farmers in the northern half of the corn belt are advised to secure early maturing varieties of seed corn because the 1925 season may be materially shortened by late frost next spring and early killing frost in September 1925. The general public is advised to lay in an ample supply of coal as soon as possible.

Every farmer should be interested in watching the progress of these new weather studies as a determining factor in planting crops.

Our greatest American Explorer, Capt. Donald B. MacMillan, after fifteen months in the Artic brought back (in October 1924) exhaustive scientific data. "The glaciers are moving southward. Iceberg perils in the North Atlantic are likely to be greater next year than ever." These gigantic glaciers moving with the ocean currents tend to cool the sea and the coastal shore.

Why Not Enjoy Health?

Corbyville, Ont.—"A member of our family doctored for years for stomach trouble. Suddenly grandma remembered her husband's cure of long ago and advised a trial of Dr. Pierce's Golden Medical Discovery. The very first bottle brought relief. In our family it holds a valuable place."—Miss Annie I. Gordon, R. R. 1, Box 56.

"AN-URIC"

The Great Discovery in Chemistry, Eminent Medical Authorities Endorse it. A New Remedy for Kidney, Bladder and all Uric Acid Troubles

Dr. Eberle and Dr. Braithwaite as well as Dr. Simon-all distinguished authors-agree that whatever may be the disease, the urine seldom fails in furnishing us with a clue to the principles upon which it is to be treated, and accurate knowledge concerning the nature of the disease can thus be obtained. If backache, scalding urine or frequent urination bother or distress you, or if uric acid in the blood has caused rheumatism, gout or sciatica, or you suspect kidney or bladder trouble just write Dr. Pierce at the Surgical Institute, Buffalo, N.Y.; send a sample of urine and describe symptoms. You will receive free medical advice after Dr. Pierce's chemist has examined the urine -this will be carefully done without charge, and you will be under no obligation. Dr. Pierce, during many years of experimentation has discovered a remedy which is many times more potent than lithia in removing uric acid from the system. If you are suffering from backache or the pains of rheumatism, go to your best druggist and ask for a 65 cent bottle of "ANURIC" put up by Dr. Pierce.

Lumbago? Backache? Take This Man's Advice

Minnitaki, New Ont.—"I was suffering a long time with lumbago and kidney trouble



butafter taking
Dr. Pierce's
Anuric Tablets
I found great
relief. I recommend 'Anuric very highly to all those
who suffer with
k i d n e y
t rou ble."—
Henry Parker.
Help your

weakened kidneys by obtaining this "Anuric" (antiuric acid) of Dr. Pierce's at your nearest drug store or send 10c. for

trial pkg. to Dr. Pierce's Laboratory In Bridgburg, Ont. Write Dr. Pierce's Invalids' Hotel, Buffalo, N.Y., if you desire free medical advice.

DYSPEPSIA, Indigestion or Weak Digestion, is most often associated with constipation. Obstruction in the bowels disturbs the stomach and leads to the usual symptoms of dyspepsia and to vomiting. Many chronic diseases of the kidneys produce dyspepsia. Many diseases of the blood, including all the anemias show themselves chiefly, as a rule, by stomach trouble and general weakness. The constipation should be treated with occasional doses of castor oil or Dr. Pierce's Pleasant Pellets. The sufferer should diet, and by writing the Invalids' Hotel and Surgical Institute, Buffalo, N. Y., can receive free medical advice and a diet list, which should be followed. To correct most cases of dyspepsia, Dr. Pierce's Golden Medical Discovery will give tone to the blood. assist the assimilation of food in the stomach and correct the liver trouble. If kidney trouble is suspected, which produces dyspepsia sometimes, a sample of the water should be sent to the chemist of the Invalids' Hotel and Surgical Institute, to find out whether the kidneys are to blame. A simple analysis will he made free of charge, or a thorough and complete analysis will be made for the sum of two dollars. This includes a most careful and scientific chemical and microscopical examination, also a bacteriological stain of the sediment, if indicated, and a complete type-written report of the analysis, with a letter of explanation, will be sent you by return mail. And if the kidneys are affected, in most cases An-uric Tablets, which can be obtained at most drug stores, will be of benefit. In case of chronic Bright's Disease, of course, little can be done.

ECZEMA. Eczema is very often due to the eating of some article of food. Diet is advisable. Take Golden Medical Discovery for improving the condition of the stomach and blood.

Why Mothers Worry

There is a critical period in a young girl's life. If she is healthy, nature takes care of her and she experiences no discomfort; but if she is weak and worn out, because of neglect, she may become a wreck. The real mother will watch and guard her daughter at this crisis. She knows that Dr. Pierce's Pavorite Prescription, a medicine adapted to the weaknesses of women, is just what is needed to build up a young girl's strength, prevent a collapse and restore her to health. It has helped thousands. Liquid or tablets.

A healthy woman is magnetic, attractive, usually beautiful, because she emanates the radiant joy of living. Do you possess this desirable quality? Perhaps you are weak, nervous, ailing. Do not be discouraged, Dr. Pierce's Pavorite Prescription will help you. It is made of healing herbs adapted to the peculiar weaknesses of women. Thousands have felt its refreshing influence. For fifty years it has stood the test, and still is the Favorite Prescription.

Send 10c. for trial pkg. to Dr. Pierce's Laboratory in Bridgeburg, Ont.

Advice for Women

Chatham, Ont.—"At middle life I was distressed with hot flashes and weakness. I



also became nervous and irritable. I had taken Dr. Pierce's Favorite Prescription in earlier years as a tonic and nervine and found it so beneficial that when I was advised to take it at middle life I did not hesitate. Itverv soon rid me of the hot flashes, weak-

ness, nervousness, etc., bringing me thru that critical period in good health."—Mrs. Susan A. Ackert, 54 Edgar St.

Send 10c. to Dr. Pierce's Laboratory, Bridgeburg, Ont., for trial pkg. of tablets.

"It is Time You 'Put Your House in Order,' When You Take Cold so Easily, or Are Weak from the After-Effects of the Grip"

The blood is stagnant and poisons accumulate. You show your susceptibility to grip, colds, indigestion and the many ills which accrue from living indoors without proper air and exercise. Feed the body tissues and the organs of the body with good fresh blood. Bloodless people, thin, anemic people, those with pale cheeks and lips, who have a poor appetite and feel that tired. worn or feverish condition, should try the refreshing tonic powers of an alterative and blood enricher. Dr. Pierce's Golden Medical Discovery enriches the blood, stimulates the stomach and puts the body in the right condition. You feel full of "pep." You have vim, vigor and vitality after taking this "Medical Discovery," This is what folks everywhere testify.

Hamilton, Ont.-"Dr. Pierce's Golden



Medical Discovery and Pleasant Pellets have been of such great benefit to me that I give 'them my highest endorsement. I used to have dull headaches which lasted for days and then would become quite severe. I became draggy, my food would not digest properly, my digestive organs seemed to be completely out of order until I was advised to take these two remedies of Dr. Pierce's, but they gave me immediate relief."—Mrs. Annie Cooper, 86 Tisdale St. N.

Good Blood! Good Looks!

A good looking man or woman who can smile is a sure winner in business or in love. A good appetite means smiles and health; but how many enjoy their food? They suffer from liver trouble or inducestion and life becomes a burden. To feel well, the blood must be pure and rich, if it is not many ills are sure to follow. An old reliable medicine good for stomach and liver is Dr. Pierce's Golden Medical Discovery, made of herbs and roots brought in by the Indians from their nearby Reservations. It has relieved thousands, it will help you. Try it.

Does ill health make the future look dreary? You cannot be strong if your blood is not pure. To gain in health and strength you need Dr. Pierce's Golden Medical Discovery. It adds vigor to the heart beat and tones up the nerves, stimulates the liver, puts the blood-making glands in the best of condition. Your health is restored! Vim and vigor are yours!

Send 10c. for trial pkg, to Dr. Pierce's Laboratory, Bridgeburg, Ont.

Looking Backward

Windsor, Ont.—"Looking back over the past I do not know what I would have done



without Dr. Pierce's Favorite Prescription. was living where I could not get a doctor so had to depend on medicine. I am the mother of six children and I took Dr. Pierce's Favorite Prescription during each expec--tant period and it kept me well and strong each time.

I did not suffer with any of the disagreeable features which most women have to endure. It is a godsend to women."—Mrs. Emily E. McAleese, 585 Campbell Ave.

Write Dr. Pierce, President, Invalids' Hotel, Buffalo, N.Y., for free advice.

At The Invalids' Hotel

Patients have the benefit of electrical appliance of every known description which upon test have proven valuable in the treatment of disease. One of the most wonderful of these is the High-frequency current, which is an electrical current, the direction of which is reversed, approximately a million times a second and is driven at a velocity of hundreds of thousands of volts, yet its direct application causes no sensation except a singularly perceptible warmth.

Patients under treatment have exhibited a better capacity for work and walking. In the obese, weight is lost, and strange as it may seem, the lean gain weight. The quantity of urine excreted is increased, as are, also, all of the important ingredients of urine, as urea, nitrogen, phosophates, sulphates, and chlorates. It has been found that the consumption of oxygen increases, and often exceeds the normal physiologic limit of six per cent. In some cases this amounts to more than double the normal percentage.

In tuberculosis of bone and of glands, this current has been the means of curing many patients. In the latter disease it has done away with the necessity for operative measures. In diseases of the skin, as pruritus, psoriasis, eczema, herpes and urticaria, speedy relief is often obtained.

We have no objectional cases under treatment at any time which would in any way be offensive to the most delicate invalid. No insane patients are accepted here, and all other cases which might possibly be objectionable are not here to mingle with other patients. No contagious diseases are accepted, but notwithstanding this restriction every room is thoroughly fumigated on the departure of a patient before another occupies it. No place is more healthful than a properly conducted sanitarium. The dining hall can be easily reached with elevator from all floors. The food and service compare favorably with that found in a first-class hotel.

OF the many advantages afforded by the Invalids' Hotel and Surgical Institute, in treating disease, we can make only brief mention of the more preminent.

In the examination and treatment of patients, our practice is divided into Specialties. Each member of the Faculty, although educated to practice in all departments of medicine and surgery, is here assigned to a special department only, to which he devotes his entire time and attention.

The several departments, consisting of the general medical, surgical (three operating rooms), diseases of women, a department for the treatment of ear, nose and throat, and a department for diseases of the urinary organs; each department fully equipped with modern appliances, with experienced nurses in attendance under the supervision of the medical staff; the labor-

atory for chemical and microscopical examination of urine, blood, sputum, stomach contents, etc., under the care of an experienced chemist, who devotes his entire time to this line of work. The electrical and general treatment room, with mechanical vibratory stimulation which improves nutrition, produces relaxation in the nervous and high strung, has a decidedly beneficial effect in cases of lumbago. sciatica, rheumatism in general of chronic type, sleeplessness, constipation and many other chronic ailments. Turkish and Russian baths, chemical baths, the electrical incandescent light bath. The X-ray. Ultra-violet ray, Sinusoidal and High-frequency, also Static, Galvanic and Faradic Electrical Currents are used according to the individual requirements.



Invalids' Hotel and Surgical Institute in the heart of Buffalo, N.Y.



Our Canadian Branch Laboratory at Bridgeburg, Ont., is complete, and here are made all Dr. Pierce's Family Remedies which have been so favorably known to Canadians for 50 years, and for sale by every good druggist in Canada.



FOR your backache, ANURIC strengthens weak kidneys, helps them to eliminate poisonous uric acid from the system.

At all drug stores, or send 10c to Dr.Pierce's Laboratory, in Bridgeburg, Ont. for trial pkg. tablets.

World's Dispensary Medical Association Bridgeburg Ont.