


Used by the masses, who, unsolicited, certify to its worth
*Tones the Stomach and Stirs the Liver to Healthy Action

## EFFERVESCENT

Is Nature's Remedy for Tired, Fagged-out and Run-down Men or Women
If taken regularly contributes to Perfect Health, Makes Life Worth Living






| THE ST．John Evenina TMME，MONDAY，NOVEMBER 14， 1004. |  |  |  |  |  | － 2 |
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# The Demand for <br> MANITOBA FLOUR 

Has Been Steadily Ihereasing in the Maritime Provinces

The People Find That it is More Profitable to Purchase Flour Made Frorn Manitoba Wheat

## KEEVVATIN ＂FIVE ROSES＂FLOUR

Is the Best Flour Made From Manitoba Wheat

It is Manufactured by the
LAKE OF THE WVODSMilling CO．，Lmireo


