

Watford Guide-Advocate

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WATFORD, ONT., FRIDAY, MARCH 29, 1918

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LOCAL HAPPENINGS

THE GUIDE-ADVOCATE welcomes all items of interest for this column. Call Phone 11, send by mail or drop item in GUIDE-ADVOCATE Letter Box.

Easter Morn

May the light of Easter morning shine upon your path today; May the one who rose triumphant in your lives His power display; May he who rules the Eastertide Each moment in your hearts abide.

GOOD FRIDAY.
HOT CROSS BUNS.
EGGS 40c., butter 40c.
NEXT SUNDAY IS EASTER.
TULIP BEDS have begun to bud.
SHE MCLAREN'S WALL PAPERS.
CORRECT Easter millinery at attractive prices.—A. BROWN & CO.

SEND IN THE NAMES of your Easter visitors.
FOR USED CARS SEE RAY MORNING STAR.

MARCH has behaved in a fairly lamb-like way all through.
EVERYBODY should go to church at least once on Easter Day.

GEN'T's smart new Easter hats, collars and ties.—SWIFT'S.
AHLISA CRAIG Hydro Commission had a net surplus of \$532.12 for 1917.

THE provincial auditor warns Petrolia against a champagne appetite on a wheelbarrow income.
READ our ad and buy your house-cleaning necessities from T. DODDS & SON.

THERE will be service in Trinity church Good Friday evening at 8 o'clock. All welcome.
PUBLIC SCHOOLS closed for the Easter vacation on Thursday and will re-open on Monday, April 8th.

AN exchange says that gossips have motor cars beaten to a frazzle when it comes to running people down.
DENT'S kid gloves are real kid, they cost \$1.75 and \$2.00, and are worth the money.—SWIFT'S.

WOMEN may be able to make a cake according to the directions; but they can't manage a husband that way.
CANADA extends a hearty welcome to the first contingent veterans. The best is none too good for these noble men.

A WINDSOR man defines thrift as ability of an Irishman to buy a bill of goods from a Jew and sell it to a Scotchman.
FLOWERS FOR EASTER.—Easter Lily plants, Carnations, Sweet Peas and Daffodils on sale to-day at MCLAREN'S.

"PADDY R.", the aged matinee horse at one time owned by John Roche, of Watford, died at Carmen, Man., the other day.

THE directors of the E. L. Agricultural Society are reminded of the meeting to be held in Watford on Saturday, March 30th at 2 o'clock.
AMONG those in Western Ontario who received the official War Service Badge this week is \$44003, W. C. Aylesworth, 15 months' service in 149th Battalion.

MEN will wear a King or Borsalino hat on Easter Day.—A. BROWN & CO., sole agents.
ABOUT the best way for some of the soldiers to get their jobs back after the war is, in the opinion of one newspaper, to marry the girls who are holding them.

AT THE ALVINGTON NOMINATION Monday to fill the vacancy in the Council caused by the resignation of Mr. John Brown, Mr. James Holmes was elected by acclamation.
LET us refill your oil barrels with the best coal oil obtainable at a lowest price.—T. DODDS & SON.

THE Ontario Fire Marshal's report for December recently issued shows there were 14 fires during that month in Lambton at a loss of \$3,216, with \$2,215 not covered by insurance.
J. H. HUMPHRIES, the new Chevrolet dealer and agent for the Cocksbutt Implement Co., has leased from the Geo. Chambers Estate their machine shop, and will keep on hand a full line of repairs.

WHEN YOU buy your Easter suits at SWIFT'S it's right.
OUR CITIZENS may look for a drop in the price of bacon, as owing to the high price very little is being used, and as a consequence Canadian packers are finding themselves with large quantities on their hands.

THE main street was scraped last week and the surplus dirt carted away. McLachlan's traction engine and the township scraper were used for the job and the street is now in a better condition than it has been for years.
NEW SILK and Lisle hosiery for Easter, all shades.—A. BROWN & CO.

WHEN YOU WANT SHOES let us show you what we can do for you. Our spring shipment is here and comprises handsome, stylish shoes, well built, of fine quality and varied styles. Every pair an unusual value. A big assortment for ladies, men and children, and the price as right.—P. J. DODDS, the exclusive shoe store.

OUR SPRING STOCK of footwear has arrived, and comprises all styles for men, women, and the little folks. Dressy boots in doggoe kid, gunmetal, patent colt and calf leathers. Call and let us show you. The prices are reasonable.—P. DODDS & SON.

WITH prices still soaring as high as the sky And you wonder where they will stop. It's a nice thing to hear as Easter draws near, That eggs have taken a drop.

AN OKLAHOMA man dropped dead while in the act of handing his wife some money. There are wives nearer home who would almost be in danger of dropping dead if their husbands fog once handed them money without grumbling.

BARGAIN PRICES on odd lots of wall paper at MCLAREN'S.
MRS. ALEX. FAIR passed away on Wednesday at noon after a very short illness. The funeral will take place from the family residence, corner of Erie and McGregor streets, Watford, on Friday at 1.30 for Arkona cemetery. Service at 1 o'clock.

REV. GEO. W. CONNERS, pastor of the Baptist Church, will preach next Sunday, Easter, upon the theme, "Christ's Resurrection the Pivotal Doctrine of the Christian Faith." Services as follows: Wyoming 11 a.m., Calvary 3 p.m. and Watford 7 p.m. The public cordially invited.

Boy's Cottonade and Khaki bloomers for school wear, 75c., \$1.00 and \$1.25.—A. BROWN & CO.

DID you get your booze shipped in to your own address or did you impose upon some good-natured fellow by getting him to loan his name for the transaction? The men who receive the goods direct are not the only ones that "tak a wee drap," so it is just as well to be charitable in your judgment.

No fewer than a hundred and thirty-five candidates in the recent Dominion elections lost their election deposits, which means that \$27,000 will be turned into the treasury by them to help pay war expenses. Of those who lost their deposits, 110 were Opposition candidates and 25 Government candidates.

THE best is the cheapest and that is why we recommend and sell Lowe Bros. paints and Chi-Namel varnish stains.—T. DODDS & SON.

OUR SPRING SHIPMENT of wall paper is here, comprising suitable patterns for every room in the house, English, Canadian, and American papers with borders to match, all shades, cut out and ordinary. Get your paper early while the stock is complete.—P. DODDS & SON.

J. HARRY FOWLER, for more than ten years city hall reporter for the London Free Press, was presented with a purse and address by the civic employees of the hall on Thursday night. He was also tendered a banquet by a number of personal friends. He left this week for Ottawa, where he has taken another position.

YOUR Easter hat is at SWIFT'S, will you call.
THIS will be a musical Easter in Watford. All the church choirs are preparing special anthems for the occasion and after evening service the Watford Choral Society under the leadership of Mr. F. K. Matthews will present the Cantata "Zion," by Fearis, in the Lyceum under the auspices of Lambtons 149 chapter I. O. D. E.

THE dust was bad on main street several days this week. Well, you know, a bushel of March dust is said to be worth a King's ransom, but that adage was coined before multi-millionaires were as plentiful as they are now. It would likely require a train load to ransom a King in these days of the low purchasing power of the dollar.

FOR MEN on Easter—smart cravats, silk hose, soft silk and pique collars. Arrow shirts.—A. BROWN & CO.
LAST Sunday evening Rev. Mr. Tiffin preached to a splendid congregation on the "Duty of the Hour or the Exigency of the War." This sermon was in harmony with the proclamation of the Lieut. Governor of the Province of Ontario, calling on all ministers to preach upon the subject of the food crisis and the need of increased production. The sermon will surely do good as it is feared many do not yet realize the need.

READ our ad and buy Victoria Brand paints. While they last 79c. a qt.; also special household varnish at 30c. per can.—T. DODDS & SON.
A LARGE cow-breakfast hat, grey flannel smock neatly belted in at the waist, grey riding breeches, canvas leggings and stout boots will be the serviceable and smart costume which the National Service girls will wear on the Ontario farms this summer. Each girl will wear on her arm the honored National Service badge, and after two months' service will be the proud possessor of the N. S. button.

ACCORDING to a motion made in the Ontario Legislature by Hon. T. W. McGarry, and carried, a license fee is to be imposed on public halls and upon the use of moving picture films. It is also proposed to fix a fee to be paid for the censoring of moving picture films. It is also proposed to fix a fee to be paid for the censoring of moving picture films and advertising matter, and pictures used in that connection. The object is to regulate halls and the fee will be a nominal one.

D. & A. and Cossard corsets.—A. BROWN & CO.

If we can suit you in suit or coats why should you worry.—SWIFT'S.

SONG SERVICE. There will be a special Song Service in the Methodist church next Sunday evening. The choir will render choice anthems, solo, duet and quartette. The congregation will have a part in singing appropriate Easter hymns. The pastor, Rev. A. C. Tiffin, will preach an Easter Sermon in the morning. The public are invited to share in these Easter Services. All will be made welcome.

THE time-limit placed upon shipments of booze to Ontario is 12.30 on the night of Monday, April 1st. Carriers have until the end of May to deliver the goods. Express companies are doing a rushing business and in some places making day and night deliveries. Many private cellars are being stocked as never before. People who heretofore kept a single bottle of liquor on hand for emergencies are now buying by the case so as not to be without some when needed for medicinal or cooking purposes.

In the House of Commons J. E. Armstrong, member for East Lambton, gave notice that he will move a resolution setting forth the desirability of the deposits of bituminous and anthracite coal located in eastern and western Canada being more fully utilized for the benefit of the residents of the central provinces, and that the enormous peat and lignite deposits be developed. Mr. Armstrong also proposed that order in council governing the manufacture, import and sale of oleomargarine should be amended and more strictly enforced.

SMART new belted overcoats for young men, spring styles.—SWIFT, SONS & CO.
THE BRITISH FOOD MINISTRY has discovered that "potato butter" is a good substitute for butter or margarine. The official recipe says to peel the potatoes, boil or steam them until they fall to pieces and become floury. Rub through a fine sieve into a large basin previously warmed. To every fourteen ounces of mashed potato add two ounces of butter or margarine and one teaspoonful of salt. Stir thoroughly with the back of a wooden spoon until the whole is smooth, and it can then be made into prints.

Such butter costs 10 cents a pound, perhaps the hint may not be entirely unwelcome in Canada.
NEW BOOKS.—A complete line of Gilbert Parker's works and many other popular writers. All well bound, 60c each.—MCLAREN'S.

THE WATFORD PATRIOTIC LEAGUE held their regular Wednesday afternoon meeting in the basement of the Library. A number of willing workers were present. Several bales of quilts and clothing have been sent overseas. At present we are working on clothing for the Belgians. Last week 46 pairs of socks were sent to Mrs. McPhedran. The League wish to thank the friends who so kindly donated money from time to time and also Mr. Harper and Mr. Schlemmer for the use of their sewing machines. There is plenty of work to do. Come and do your bit.

THREE SONS of Mr. and Mrs. W. J. Trenchou answered the call of duty. Russell, who made the supreme sacrifice in the early summer of 1917 and Jeffrey and Bruce now serving in France. Surely the Trenchou family is doing its bit. Following is an extract from Signaller Bruce Trenchou's letter to Tecumseh Chapter I. O. D. E., received a few days ago. "It was indeed my lucky day for I was broke and needing a smoke very much when the box came. My morale of course went up 100 per cent. With each name in this combination box came memories of a certain little town in Ontario we often talk about."

YOUR new waltz for Easter, call on Saturday.—SWIFT'S.
AT the meeting of Havelock Lodge, A. F. & A. M., on Tuesday evening a motion was unanimously carried making a grant of ten dollars to each of the following societies for patriotic purposes, namely, Tecumseh Chapter I. O. D. E., Lambton's 149 Chapter I. O. D. E., The Women's Institute, and the Watford Patriotic League. No doubt the gift, being unsolicited, will be doubly welcomed by the ladies. Other local fraternal orders might wish credit to themselves follow the Masons' lead. Most of the lodges have money on hand that could not be more wisely spent than for patriotic purposes, and the ladies need all the financial help they can get in their noble work. If the men were as enthusiastic as the women about winning the war there would be little doubt of the final outcome.

20TH CENTURY SUITS and overcoats for correct dressers—those natty belted lines catch the eyes of the young men.—A. BROWN & CO.
MRS. ROBERT JOHNSTON passed away early Thursday morning. At time of going to press arrangements had not been made for the funeral.

BORN

In Plympton, on Feb. 28, to Mr. and Mrs. C. R. McKimley, a daughter—Jana Irene.

At Wyoming on March 18th to Mr. and Mrs. F. J. Gunne, a son.

DIED

In Watford, on Wednesday, March 27th, 1918, Mrs. A. M. McMillan, beloved wife of Alexander Fair, in her 63rd year.

In Enniskillen on Thursday, March 15th, Alexander Gunn, in his 67th year.

In Plympton, on Sunday, March 17th, Eliza Cairns, relict of the late Jas. Lowrie, aged 78 years.

SPRING WHEAT SEED FOR ONTARIO

The world demand for wheat in 1918 justifies the greatest possible effort towards increased production. The small acreages of wheat put in last fall will mean increased acreage in Ontario available for Spring Wheat. The Ontario Government is co-operating with the farmers in order to provide seed. It has purchased 50,000 bushels of No. 1 Marquis Spring Wheat seed through the Seed Branch of the Federal Department of Agriculture. More will be purchased if necessary to fill needs.

DISTRIBUTION—Seed is sold only in two-bushel bags. Carloads will be placed at certain points in the Province where less than car load orders can be filled. Where Farmers' Clubs or other organizations bring in car load lots, the price at their local stations will be the same as distributing points.

WHERE TO BUY—Purchases can be made either in the warehouse at the distributing points, or orders may be placed with the nearest District Representative of the Provincial Department of Agriculture, or they may be sent direct by mail to the Markets Branch, Department of Agriculture, Parliament Buildings, Toronto.

PAYMENT IN CASH—Price is \$2.74 per bushel at all local stations. In all cases, without exception, cash must accompany order. Send remittance by marked cheque, postal note, post office or express money order, made payable to Ontario Department of Agriculture, Markets Branch.

ORDER EARLY—In the event of the requirements of the Province being underestimated, there may not be enough seed to go around. It is advisable in order to insure having their orders filled that purchasers should place orders as soon as possible. All orders are subject to confirmation and will be filled in the order received. As seed is delivered in two-bushel bags, orders should be for an even number of bushels, and no order for less than two bushels can be accepted.

NAMES OF DISTRIBUTORS—The Canada Flour Mills Company Limited, Chatham; Hunt Bros., Limited, London; James Cullen, Woodstock, and St. Marys Milling Company, St. Marys.

ONTARIO DEPARTMENT OF AGRICULTURE,
Markets Branch,
Parliament Buildings,
Toronto, Ontario.

THE SPRING TONIC FOR PALE, THIN PEOPLE

If You Want to Gain in Weight and Recover Your Appetite, Energy and Ambition, Try This Well Known Remedy

With the passing of winter many people feel weak, depressed and easily tired. The body lacks that vital force and energy which pure blood alone can give. In a word, while not exactly sick, the indoor life of winter has left its mark upon them, and a blood-building, nerve-restoring tonic is needed to give renewed health and energy. Dr. Williams' Pink Pills are an all-year-round blood builder and nerve tonic, but they are especially useful in the spring. Every dose helps to make new, rich, red blood, and with this new blood returning strength, cheerfulness and good health quickly follows.

If you are pale and sallow, easily tired, or breathless at the least exertion; if your complexion is poor, or if you are troubled with pimples or eruptions, Dr. Williams' Pink Pills are just what you need to put you right. If you have twinges of rheumatism, are subject to headaches or backaches, if you are irritable or nervous, if your sleep does not refresh you, or your appetite is poor, you need the treatment which Dr. Williams' Pink Pills alone can give—you need the new blood, new health and new energy this medicine always brings.

A Complete Wreck

Mrs. C. Forsythe, R. R. No. 2, Fisherville, Ont., says: "At the age of four my daughter Viola was feeling very much run down in the spring. Then she was attacked with whooping cough which left her a complete wreck. She had no appetite, could not sleep well nights and was subject to chills which sometimes kept her in bed for the day. She was doctoring steadily, but not apparently getting the least benefit, and I naturally grew very anxious. One of my neighbors suggested giving her Dr. Williams' Pink Pills, and I got a box. When she began using the pills she weighed only 87 pounds. Before the box was all gone I sent and got six more boxes, and under their use she constantly grew stronger. Her appetite improved, the color came back to her cheeks, she could sleep well, and feels and looks like a different person, and with all this while using the pills she gained 20 pounds in weight."

Gained in Weight

Mrs. M. B. Rickert, Kitchener, Ont., says: "I was weak, run down, and losing weight when I began using Dr. Williams' Pink Pills. I took the pills steadily for a month, and the difference they made in my condition was most gratifying. I gained both in strength and weight, and feel since I used the pills like a new person. I also recommended the use of the pills to my daughter-in-law, who was pale, thin and weak. When she began using the pills she weighed only 103 pounds and when she discontinued their use she weighed 137 pounds. For all weak people I think there is no medicine can equal Dr. Williams' Pink Pills."

A Spring Cold

Mrs. Chas. Winegarden, Delhi, Ont., says: "Last spring my daughter Ruby was taken with a bad cold. She seemed weak, had a constant pain in her side, grew pale, and as the remedies usually used in cases of this kind did not help her we feared she was going into a decline. I decided to give her Dr. Williams' Pink Pills and got six boxes. Before she had used them all, she was again well and strong. The cough had left her, she had a good appetite, the pain in her side disappeared, and a nice rosy color had returned to her cheeks. I have therefore most reason to speak warmly in praise of Dr. Williams' Pink Pills."

A Sallow Complexion

Miss Gladys Marshall, Chatham, Ont., says: "I suffered from nervousness and my blood was in a very poor condition. My face broke out in pimples and my complexion was very sallow. I took doctors' medicine but without beneficial results. I was feeling much discouraged when a friend recommended Dr. Williams' Pink Pills. I used in all six boxes, and was ever-joyed to find that my complexion had become quite clear, pimples had disappeared, my nerves were strengthened and my old-time health and ambition returned. I shall always have a good word to say for Dr. Williams' Pink Pills."

Notwithstanding the increased cost of all drugs, there has been no change in the price of our Dr. Williams' Pink Pills. They can be had through any medicine dealer at 50 cents a box, or six boxes for \$2.50, or will be sent on receipt of price by The Dr. Williams' Medicine Co., Brookville, Ont.

NEWSPAPER ADVERTISING with a little vim and pep in it and the advertiser delivering the goods 313 days in the year, makes the advertiser's bank account swell with two dollars where it only swelled with one dollar before. But advertising does not pay unless you deliver the goods.

A COMPLETE and final analysis of the vote cast in the general election shows that the Union Government had a popular majority of 264,216 over the united vote of all opponents of Government candidates. FORD TIRES at \$15.00 and up.—R. MORNINGSTAR. mr8-tf

WHICH SCHOOL?

A course in the ELLIOTT BUSINESS COLLEGE Yonge and Charles Sts., Toronto, will prepare you to ACCEPT and HOLD a choice position as stenographer, typist, accountant or office assistant. This College places many students in positions each year. The instruction is absolutely first-class. Open all year. Enter at any time. Write for large catalogue.

Spring Term from April 2nd

CENTRAL Business College

WATFORD, ONT.

Commercial life offers the great opportunities. Recent lady graduates of this school are earning as high as \$1000 per annum. The last application we received from an office man with some experience offered initial salary of \$1800 per annum. Students may enter our classes at any time. Graduates placed in positions.

Commercial Shorthand and Telegraphy Departments.

Get our Free Catalogue.

W. J. Elliott, President. D. A. McLachlan, Principal.

- MEN WHO ENLISTED IN 149 BATT. AT WATFORD**
- Lieut. W. H. Smyth, Headquarters Ottawa.
 - Lieut. R. D. Swift, Scout Officer.
 - Sergt. W. D. Lamb
 - Sergt. M. W. Davies
 - Sergt. S. H. Hawkins
 - Sergt. E. A. Dodds
 - Sergt. W. C. McKinnon
 - Sergt. Geo. Gibbs
 - Sergt. H. Murphy
 - Sergt. C. F. Roche
 - Corp. W. M. Bruce
 - Corp. J. C. Anderson
 - Corp. J. Menzies
 - Corp. S. E. Dodds
 - Corp. H. Cooper
 - Corp. C. Skillen
 - Corp. C. E. Sisson
 - L. Corp. A. I. Small
 - B. Q. S. - B. C. Culley
 - C. Q. S. - C. McCormick
 - Pte. Frank Wiley.
 - Pte. A. Banks
 - Pte. F. Collins
 - Pte. A. Dempsey
 - Pte. J. R. Garrett
 - Pte. H. Jamieson
 - Pte. G. Lawrence
 - Pte. R. J. Lawrence
 - Pte. C. F. Lang
 - Pte. W. C. Pearce
 - Pte. T. E. Stilwell
 - Pte. A. H. Lewis, Band
 - Pte. G. A. Parker
 - Pte. A. W. Stilwell
 - Pte. W. J. Saunders
 - Pte. Bert Saunders
 - Pte. A. Armond
 - Pte. W. C. Aylesworth, Band
 - Pte. R. Clark, Bugler
 - Pte. S. L. McClung
 - Pte. J. McClung
 - Pte. C. Atchison
 - Pte. H. J. McPeley
 - Pte. H. B. Hubbard
 - Pte. G. Young
 - Pte. D. Bennett
 - Pte. F. J. Russell
 - Pte. E. Mayes
 - Pte. C. Haskett
 - Pte. S. Graham
 - Pte. W. Palmer
 - Pte. H. Thomas
 - Pte. F. Thomas
 - Pte. B. Tremouth
 - Pte. E. A. Shaunessy
 - Pte. W. Zavitz
 - Pte. W. J. Savers
 - Pte. Lot Nicholls
 - Pte. John Lamb
 - Pte. Eston Fowler
 - Pte. E. Cooper
 - Pte. F. A. Connelly
 - Pte. F. Whitman
 - Pte. Edgar Oke.
 - Pte. White.
 - Pte. McGarrity.
 - Pte. Wilson.
 - Pte. Richard Watson, Can. Engineer
 - Pte. L. H. Aylesworth, Band.

THIS is no time to be practising False Economy. Don't imagine because you have a fire on that it is cheaper to bake your own Bread and Cakes. Remember, you must have extra heat, and you know the cost of wood and coal these days! So Save your Fuel and Buy your Bread and Cakes from **LOVELL'S**

Food Value of Potatoes

Canadians who eat them freely can help to save wheat flour.

People who wish to help in food conservation should consider potatoes as a partial substitute for wheat flour. Potatoes are the chief staple of the semi-perishable foods. Canadians do not eat their fair share of potatoes even in normal times. We have been largely a wheat, beef and pork consuming people. These staples are now required for overseas and it behooves us to substitute other foods for them whenever possible. We consume, perhaps, two and one-half bushels of potatoes per capita per year, or about one-third of a pound per day—equal to a fair-sized potato. In some European countries one pound per day per capita is consumed, and in some districts four pounds per day, and nearly twenty-five bushels per year.

Despite the increase in price since the war, potatoes are still among the cheapest of foods. One pound of roast beef costs ten times as much as a pound of potatoes, and twenty per cent. of beef is bone. Three and a third pounds of potatoes supply 1,000 calories of energy, at a cost of less than 10 cents, while about 2,500 calories are required for full grown persons working indoors. That is to say, if all foods were as cheap as potatoes we could live on 25 cents a day. Healthy men have lived and worked for months on a diet of nothing else than potatoes, oleomargarine and a little fruit. Potatoes contain protein of the very best kind. They also contain mineral salts which neutralize harmful acids in the body. The food material in potatoes is 98 per cent. digestible.

Canadians have large supplies of potatoes, carrots, onions and turnips and by consuming these vegetables freely, they can economize with bread.

Good cooks know the ways of using potatoes are various—boiled, steamed, lyonnaise, baked, chipped, fried, hashed brown, creamed, scalloped, stuffed, au gratin, and scores of combinations.

Canada has plenty of potatoes and, although the price is high compared to normal times, it is not high in comparison with other foods in war time.

Animals on Scant Rations

A large part of the animal population of all the countries at war has felt the worldwide shortage of food. The high cost of grain has meant a reduction in that ration to all domestic animals. It has in many cases compelled the stock-raiser and the farmer to dispose entirely of his animals. As serious as the food situation is for us all, when the strictest conservative food measures are adopted it is the captive wild animals who live only for exhibit purposes that must first be on a shorter ration. In zoological prisons animals fortunately (for them at least) do not live long as a rule. The war has made it impracticable to replace those that die and this is well. Sound and sensible conservation would probably demand that the living should be killed or released.

In a recent statement relative to the food supply the Duke of Bedford presented a sad picture of life in the zoo which was thus reported: The only meat that they gave to the carnivora was horse flesh purchased from the army. They had ceased using potatoes. The bread given to the monkeys and other small mammals was made from flour rejected by the Board of Trade, and ship biscuits that had outlived their usefulness as human food. Instead of wheat they used paddy, rice, and locust beans. They were replacing oats with a mixture of maize and split horse beans.

Hay was that left by army buyers, supplemented with park grass and foliage. Only Chinese pickled eggs were employed and the fish that was unsuitable for human use. Bananas, formerly fed to many small mammals and birds, had to a great extent been replaced by boiled mangel-wurzel and beets. Only five pounds of sugar a week were used, and this was "foot" sugar unsuitable for human food. And "greens" were limited to eleven bushels a week of kinds not sold for human consumption.

The Loyalist Chapter, I. O. D. E., Saint John, N. B., has decided to omit refreshments at their meetings in future in order to help to conserve food.

Home-Made Syrup From Sugar Beets

(Experimental Farm Notes)

As one of the consequences of the war the price of granulated sugar has very materially advanced during the past two years. This fact has prompted the inquiry, can a wholesome syrup be made in the home from sugar beets that can be used as sugar substitute?

1. The beets should be thoroughly washed, and the crowns cut off at the lowest leaf scar and rejected. The remainder of the beet is then sliced as thinly as possible, put in a tub, crock or other suitable receptacle and covered with BOILING water at the rate of 1½ gallons per 10 pounds sliced beets. The whole should be kept hot for an hour or so, with constant stirring, and then strain through two thicknesses of cotton. The juice so obtained is brown or brownish black in colour and was found to contain 5.75 per cent to 6.75 per cent sugar.

2. The juice, obtained as already described, is boiled down to a volume of approximately one tenth of that originally present, care being taken that the syrup as it thickens does not scorch or burn. During the boiling the scum which constantly rises should be removed.

To preserve the syrup for future use it should be bottled while still hot in self-sealers and the cover at once tightly screwed down.

Course in Farming

For Ontario Women

A special three weeks' course in farming for women is to be held at the Ontario Agricultural College this spring. Sir William Hearst announced in the Legislature that a course would be opened at the O.A.C. on May 1, continuing until May 22, at which women will be given instruction of a general kind upon farm activities. The course will be open to women who are physically fit and are ready to sign up for three months' service on the farm at the close of the course. One hundred women will be selected from those who apply. The enlisting of the women is in the hands of Dr. Riddell, superintendent of the Trades and Labor Branch.

Children's Food Slogans

A competition was recently held among Indiana school children for the best food-saving posters. The following are examples of the children's work:

- Be canny with food.
- Peel thin and win.
- Spread Butter thin—Help the soldiers get Berlin.
- Bread and Buns will Beat the Huns.
- Every spud is a bullet.
- Save Bacon until Berlin is taken.
- Wise Wives Won't Waste.
- The Kitchen is your Fort.
- Little saving in the preparation of meals all count for your country. Kill Kaiserism in the kitchen.

All Sorts of Items

A stretcher that can be folded and carried in a knapsack has been invented by a Swiss army surgeon.

Schoolboys of Norwich, England, have undertaken to dig gardens belonging to soldiers' wives and widows.

Every time you eat greedily you earn the thanks of the Kaiser and Hindenburg; waste at home weakens the defenses in the battle line.

A device to be attached to a comb has been invented to permit men to cut their own hair.

Nails are arranged in parallel layers for packing by a magnetic machine invented by a Swiss.

A ring to be worn on one finger by a person knitting regulates the tension of the material used.

Washington, March 21.—Increase in the government guaranteed price of wheat from \$2.00 to \$2.50 a bushel was approved by the Senate to-day.

Experiments by the United States hydrographic office have indicated that the depth to which an ocean wave causes a disturbance of the water is 350 times the wave's height.

A Devonshire (England) Vicar's wife keeps a book in which a daily entry is made of all economy in dining room and kitchen. At the end of the month the money is divided equally between the servants and put into War Savings.

St. Thomas, March 21.—Joseph Brady, aged fifty, for many years a laborer with local contractors, was cut to pieces at the Michigan Central high bridge to-night when he stepped out of the way of express No. 3 directly in front of the Wolverine flyer. An inquest will be held.

Paul Letros, proprietor of the Star Restaurant, Toronto, was fined \$25, with the option of 30 days in jail, for serving pork on Wednesday, contrary to the order of the Canada Food Board. This is the first conviction under the new regulations. On a charge of failure to provide a substitute for white bread he was remanded.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Charles H. Fletcher* and has been made under his personal supervision since its infancy. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of *Charles H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

Spring Cleaning

will be your next big drive!

We have the following lines in stock and guarantee the prices are lower than in six weeks from now:

- Home Washers.....\$12.50
- Bonnie Washers..... 6.50
- Jubilee Washers..... 5.50
- Empress Wringers..... 5.00
- Imperial Wringers..... 5.50
- O-Cedar Mops..... 1.50
- Vacuum Cleaners..... 7.50

Tubs, Pails, Scrubbing and Paint Brushes at lowest prices.

N. B. HOWDEN EST.

Spring House Furnishings

Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for

Parlor, Dining Room, Bedroom, Library or Kitchen.

Victor Victrolas, Sewing Machines, Repairs for String Instruments, The New Curtain Stretcher.

Comfort, Elegance, Durability and Value are features that our goods are noted for.

No Big Profits to Pay Here

Our prices are as low as consistent with reliable goods. Let us show you the new patterns.

HARPER BROS.

PHONE 31.

FINE FURNITURE FUNERAL DIRECTORS

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Lack of Food—threatens the Battle Line



The food wanted by mankind does not exist. The word 'shortage' is not strong enough. The whole world is up against a nasty thing, familiar to the people of India, called 'famine.'

—Lord Rhondda, Britain's Food Controller.

One year ago, only the enemy was on rations.

To-day, Great Britain, France and Italy are on rations.

To-day, Germany controls the wheat lands of Roumania, Russia, Poland and Ukraine.

To-day, the shadows of hunger, famine, disease and death hang over the Allies.

Upon the 1918 crop, from Canada and the United States depends the fate of the democratic peoples of the world.

If that crop is sufficient the Allies can be fed.

If that crop is not sufficient the Allies may have to accept a German peace.

That Battle-Line in France and Flanders Must Not Want

Do you realize what a German peace would mean to Canada?

Germany covets our natural resources—our agricultural and mineral wealth, our forests, our fisheries, everything that is Canada's.

Germany won't be satisfied with European territory, with teeming masses, wrangling factions and depleted natural resources. She wants colonies—big, thinly-populated countries in temperate zones for her sons and daughters to go to propagate their kind.

The Kaiser would sacrifice millions of Germans to-morrow if he thought that by so doing he could set foot on Canada's shores as Conqueror.

And what's more, the Germans would offer themselves for the sacrifice, so great is their subjection to the military ideal.

The only thing that balks German ambition is that battle line from the North Sea to Switzerland—and the British Navy.

The Only Thing That Sustains Our Men on Land and Sea—is Food

What are we, each one of us, prepared to do to insure that Food supply?

Germany, by her submarine campaign, has seen that great Armada, the British Mercantile Marine, shrink in volume.

Germany has seen South America, Australia, New Zealand, India and far away outposts of the Empire practically cut off from supplying food to the Motherland because of the lack of ships.

Forty million Allied men and women having been put on warwork, food production has dangerously decreased in Europe.

These forty million consume more food than when they were in ordinary occupations; and there are fewer men for farming. Hence an

increased demand and decreased supplies.

The harvest of France was one-third less in 1917 than 1916, and this year must be smaller still, owing to lack of fertilizers, which cannot be supplied through shortage of shipping.

The world's decrease in live stock, as compared to 1913, is approximately 115,000,000 head.

Herbert Hoover Says:

"Our European Allies are dependent upon us for greater quantities of food than we have ever before exported. They are the first line of our defence. Our money, our ships, our life blood, and not least of all, OUR FOOD supply, must be of a common stock.

"In pre-war times, Britain, France, Italy and Belgium yearly imported more than 750,000,000 bushels of grain, plus vast quantities of meats and fats.

"The submarine destruction of shipping has made it necessary to abandon the hope of bringing food from South America, Australasia and India.

"Food must, therefore, be shipped from Canada and the United States—the nearest and safest route.

"Canadian and United States supplies are normally 350,000,000 bushels short of the Allied needs. By greater production and conservation Canada and the United States must combine to increase the export of grain by 150,000,000 bushels.

"The remaining shortage of 200,000,000 bushels must be overcome by greater reduction in consumption in the allied countries. And this is being done by Britain, France and Italy rationing her people.

"From two and a half years of contact with the German Army I have come out of the horror with the complete conviction that autocracy is a political faith and a system that directly endangers and jeopardizes the future of our race—that threatens our very independence. It has, however, been able to command complete inspiration of devotion and self-sacrifice in its people to the interest of their nation.

The German farmer, in the name of the Fatherland, supports a nation two-thirds as large as the United States and threatens to subject the world from an area one-half the size of Ontario.

"My vision of War is not of an academic problem to be solved by discussion. To me it is a vision of brave, dying men and suffering women and children, for service on whose behalf the greater exertion of the Allies' farmers comes in a direct necessary and a direct plea. The Canadian and the United States citizen who sees war as I see it needs no inducement and no inspiration but the thought that every spade full of earth turned and every animal reared is lessening human suffering and guaranteeing the liberty of the world."

Lloyd George's Warning

"I fear the disciplined people behind the German Army, the rationed family and the determination of wife and sister and daughter and mother to stand and starve—so that their fighting men may be fed—I fear it more than the Imperial German Army itself."

Britain is now on Food Rations. France is now on Food Rations. Italy is on the verge of starvation. Only continuous support from us can enable us to hold out.

Only with a disciplined people behind can we hope to win. The rationed British Nation, blood of our blood, bone of our

bone, are proudly paying the price and sharing with France and Italy their limited stock of food. For in this there is mighty pride, a conscious measuring of their glory with the best traditions of ancient Sparta, and of Imperial Rome, for Britons know that upon them rests the burden of saving humanity. The story of their service shall ring and echo forever along the hilltops of history.

To Send More Food to Our Allies is Not Charity

It is war. The Allies have a right to demand it. They have a right to resent the offer of only what is "left over." Those who are fighting the common battle for civilization and for our protection have a higher claim than had Lazarus, to only the "crumbs that fall from the rich man's table."

The Canadian people must recognize that our Allies have the first claim on our food supplies.

As the shipping situation makes the Allies dependent upon the North American continent for food, it is vitally necessary that Canada should increase her production of food in order to take a larger part in providing for the Allies' requirements.

This is especially urgent as the maintenance of a large United States Army in the European field will cause a very heavy drain on that country's resources.

There must be no peace without victory.

For nearly four years Germany has been struggling against the powers of law and order. She has failed so far to make good her escape with her booty by superior strength and skill. And now she is attempting by intrigue, suggestion, device and propaganda to divert the attention of her antagonists from the struggle itself, and thus to gain her ends by relaxing the strength and skill of her antagonists.

What she can gain from these tactics is plain to all the world in the sorrowful experience of Russia.

Germany's most dangerous weapon is not her Zeppelin—that is obsolete. Not her submarine—that can be overcome. Not her machine-like army—that has been repeatedly hurled back by the living armies of freemen.

Her most dangerous weapon is her propaganda of peace.

While with her hands she murders and spoils, with her voice she invites to parleys.

When Liberty is in Peril There is Threat of Lasting Disaster in the Very Word "Peace"

Lord Leverhulme, long known in Canada as Sir William Lever, who knows well the German mind, in a recent interview stated:

"You will never be able to dictate terms to Germany till she is beaten. The argument you mention is founded on the dangerous fallacy that because Germany is sick of this war she is sick of war in general. She isn't. I doubt if her Government is even sick of this war. You've read the speech of that old brigand, Hertling. Is there any sign of repentance in that speech? Is it a chastened speech? Is it the speech of a statesman who wants disarmament and a league of nations? No! Germany is back in her mood of 1914. She believes she is winning the war. She believes she has won now. And if we talk of peace to her she HAS won it. Why, it would be better a thousand times that every man in England should be dead than that Germany should issue from this war with the feeling of a conqueror. You hear people use the phrase, 'to the last

man, and the last shilling,' and you think it is only a bit of rhetoric, but to my mind it's the most solemn and absolute truth. I mean when I say it that it would in very truth be a million times better for the people of these islands to be dead, every one of them, rather than live on as the serfs of a triumphant Prussia."

How can any lover of liberty remain insensible to this peril? Food means Victory and the world made safe for democracy—Lack of food means disaster and subjugation to Germany.

The Citizens of Ontario Must Lead This Mighty Crusade for Greater Food Production

They did it last year and will do it again.

As the greatest food-producing Province, Ontario must maintain her leadership in America. Great are our opportunities—our responsibility is tremendous.

Upon every man and woman, boy and girl, rests a personal obligation to serve. Every pound of food produced, in whatever form, is a contribution to the Cause of Freedom.

Ontario farmers should sow 500,000 acres of spring wheat.

Every Ontario farmer whose land is at all suitable, should put an extra five acres into wheat, even at the expense of another crop.

What YOU Can Do To Help

At all costs production must be maintained.

That's why farmers and farmers' sons are being exempted from military service. Working on a farm is equivalent to service in the Second Line Trenches.

To enable the farm to do the work two factors are essential. The first is Time. Whatever we are to do must be done at once. Nature waits for no man. The second is Labor. Many farmers cannot plant the acres they would because they fear they would not be able to cultivate and harvest an unusual crop after they had raised it.

The burden is not one to be placed solely upon the farmer. Neither can it be placed upon the townsman. It is a personal obligation upon every man, woman, boy and girl, in every farm, town and city home in the Province of Ontario.

AWAY WITH CRITICISM—CO-OPERATE! Mr. City Man, don't say that the farmer should do so-and-so, and thus allow criticism in this hour of our Nation's peril to cripple your effort.

Mr. Farmer, don't hastily underestimate the value the city man can be to you.

GET TOGETHER IN THE FIGHT FOR LIBERTY

Let us not lament what MIGHT be, but earnestly face what MUST be. Fifteen thousand boys between the ages of fifteen and nineteen must be organized as "Soldiers of the Soil" to work on Ontario farms this season.

Farmers can get one or more of these boys by applying to the District Representatives or to the Public Employment Bureaux at Toronto, Ottawa, Hamilton or London.

Unmarried men, exempted from military service, are urged to take up farm work. Married men who have had previous experience on a farm are urged to resume farm work for a season. Employers of labor are asked to assist men to take up farm work.

We urge the farmer and the townsman to get together for greater production in the interests of a free people and democracy.

Let the Organization of Resources Committee, your District Representatives of the Public Employment Bureaux act as your intermediaries.

When we have done our best, the cry for food cannot be wholly met. For the rest—our Allies are tightening their belts.

Organization of Resources Committee
Parliament Buildings, Toronto, Ont.
CHAIRMAN: His Honor Sir John S. Hendrie, K.C.M.G., C.V.O., Lieutenant-Governor of Ontario. VICE-CHAIRMEN: Honorable Sir William H. Hearst, K.C.M.G., Prime Minister of Ontario; William Proudfoot, Esq., K.C., Leader of the Opposition. SECRETARY: Albert H. Abbott, Esq., Ph.D.

The heart of this problem is labour.

Without more farm labour more food cannot be produced.

If you really want to serve your Country in a big, practical way, register now for farm labour, or urge and assist your male employees to do so.

The only thing that balks German ambition is the Battle Line in France and—the British Navy
The only thing that sustains our men on land and sea is Food

The opening of the new Methodist Church at Wyoming was a grand success. Many people were unable to obtain admission. A collection of \$500 was taken up Sunday and the proceeds of the concert Monday amounted to \$300.00. Steps are being taken to organize a branch of "The Daughters of the Empire" in Glencoe. Harry Craig, of Sarona, has purchased Mr. J. Alex. McKay's farm on lake road, Bosanquet. A man at Chatham was fined \$5 and costs for shooting a muskrat out of season.

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ROLL OF HONOR

Men From Watford and Vicinity Serving The Empire

27TH REGT.—1ST BATTALION
 Thos L Swift, reported missing since June 15th, 1915
 Richard H Stapleford
 Bury C Binks
 Arthur Owens
 L Gunn Newell, killed in action
 T Ward
 F C N Newell
 Alf Woodward, killed in action
 M Cunningham
 Sid Welsh
 W Blunt
 M Blondel
 A L Johnston
 R A Johnston
 G Mathews
 C Manning
 W Glenn Nichol
 F Phelps
 H F Small
 E W Smith
 C Toop
 J Ward, killed in action
 C Ward
 F Wakelin, D C M, killed in action
 T Wakelin, wounded and missing
 H Whitsitt
 B Hardy
PRINCESS PATRICIA'S C. L. I.
 Gerald H Brown
18TH BATTALION
 C W Barnes
 Geo Ferris
 Edmund Watson
 G Shanks
 J Burns
 F Burn
 C Blunt
 Wm Autterson
 S P Shanks
 Walter Woolvrett
2ND DIVISIONAL CAVALRY
 Lorne Lucas
 Frank Yerks
 Chas Potter

33RD BATTALION
 Percy Mitchell, died of wounds Oct. 14, 1916
 Lloyd Howden
 Geo Fountain, killed in action Sept. 16, 1916
 Gordon H Patterson, died in Victoria Hospital, London
34TH BATTALION
 E C Crohn
 S Newell
 Macklin Hagle, missing since Oct. 8, 1916
 Stanley Rogers
 Wm Manning
 Henry Holmes, killed in action Sept. 27, 1916
 Leonard Lees
C Jamieson

29TH BATTERY
 Wm Mitchell
 John Howard
70TH BATTALION
 Ernest Lawrence
 Alfred Emmerson
 C H Loveday
 A Banks
 S R Whalton, killed in action Oct., 1916
 Thos Meyers
 Jos M Wardman
 Vern Brown
 Alt Bullough
 Sid Brown, killed in action Sept. 15, 1916

28TH BATTALION
 Thomas Lamb, killed in action
MOUNTED RIFLES
 Fred A Taylor
PIONEERS
 Wm Macnally
 W F Goodman
ENGINEERS
 J Tomlin

ARMY MEDICAL CORPS
 T A Brandon, M D
 W J McKenzie, M D
 Norman McKenzie
 Jerrold W Snell
 Allen W Edwards
 Wm McCausland
135TH BATTALION
 Nichol McLachlin, killed in action July 6th, 1917

3RD RESERVE BATTERY, C F A
 Alfred Levi
116TH BATTALION
 Clavton O Fuller, killed in action April 18th, 1917
196TH BATTALION
 R R Annett
70TH BATTERY
 R H Trenouth, killed in action on May 8th, 1917
 Murray M Forster
 V W Willoughby
142ND BATTALION
 Austin Potter

GUNNER
 Russ G Clark
R N C V R
 John J Brown
 T. A. Gilliland
ARMY DENTAL CORPS
 Elgin D Hicks
 H D Taylor
ARMY SERVICE CORPS
 Frank Elliot
 R H Acton
 Arthur McKecher
87TH BATTALION
 Roy E Acton, killed in action Nov. 3, 1917
64TH BATTERY
 C F Luckham
 Harold D Robinson
63RD BATTERY
 Walter A Restorick

ROYAL FLYING CORPS
 Lieut M R James
 If the name of your soldier boy does not appear in this column, kindly notify us and it will be placed there.

GRAND TRUNK RAILWAY SYSTEM
TIME TABLE
 Trains leave Watford Station as follows:
 GOING WEST
 Accommodation, 75 8 44 a.m.
 Chicago Express, 13 1 16 p.m.
 Accommodation, 83 6 44 p.m.
 GOING EAST
 Accommodation, 80 7 48 a.m.
 New York Express, 6 11 16 a.m.
 New York Express, 2 2 58 p.m.
 C. Vail Agent Watford

Children Cry FOR FLETCHER'S CASTORIA

KEEP YOUR HOLIDAY HEALTH

Make it your business to always look and feel as well as you do at the end of your vacation. Sunshine, fresh air and exercise are nature's great restorers and the health gained during a holiday should carry you well along to the next vacation.

It is most important that the blood be kept cleared of impurities. This is the business of the Kidneys. One hour's incapacity on the part of the Kidneys and the blood begins to get clogged with poisons which are carried to all parts of the body—giving rise to one or more of the following symptoms:—

Rheumatism follows the crystallizing of uric acid in the muscle tissues and joints. Uric acid poisons should be eliminated by the Kidneys.

Swollen joints and ankles indicate the immediate need for Gin Pills. Pains in the sides and back and through the groins, constant headaches, restless nights, derangements of the urinary system, stone and gravel, puffiness under the eyes and frequent chills—all these should be taken as warnings and a treatment with Gin Pills taken at once.

50c. a box or 6 boxes for \$2.50, or a free sample will be sent upon request to National Drug & Chemical Co. of Canada, Limited, Toronto, or to the U.S. address, Na-Dru-Co Inc., 202 Main St., Buffalo, N.Y. 123

WHERE ORCHARDS PAY

Most Profitable Near Cities When Market Is Convenient.

LABOR IS THE BIG PROBLEM

No Province or State in North America Has So Large an Area Suitable for Apple Growing as Has Ontario.

(Contributed by Ontario Department of Agriculture, Toronto.)

THIS QUESTION will be discussed under four heads: Climate, Soil, Labor and Transportation.

The Factor of Climate.

So far as climate is concerned apples can be grown commercially in any part of old Ontario, south of a line drawn from Parry Sound to Ottawa; in fact, there are commercial orchards producing fruit at a profit considerably further north than this. Many people think of commercial apple orchards as being necessarily confined to the milder parts of the province, and to the lake districts, but the fact is worth emphasizing that we have varieties of apples suitable for commercial culture in every county of old Ontario. The winter hardness of the many varieties grown throughout Ontario is now very well established, and it is possible to select varieties which will be hardy for any district.

The most serious climatic difficulty in the Province of Ontario is the occurrence of late frost in spring, and early frost in fall. Other difficulties of a climatic nature can be largely overcome by the selection of suitable varieties, or by careful discrimination with regard to soil, elevation, aspect, etc. It may be pointed out, however, that frosts are more common and more severe over large areas of flat country, than where the topography is rolling and hilly. Large areas of some of the southern counties of Ontario are, therefore, more or less unsuited to commercial apple orcharding because of their flat character. A more rolling country is much to be preferred, so that orchards can be made safer from frost by the better air drainage afforded.

The choice of varieties for various districts will be made the subject of later notes.

Suitable Soil in Every County.

So far as soils are concerned, it may be stated that there is an abundance of land in every county suitable for apple growing. Well drained land is essential for successful orcharding, and there is plenty of soil of this type to be had in almost every district.

Summing up Soil and Climate, it may be said that no province or state in North America has so large an area so favorable in soil and climate for apple growing as has the Province of Ontario. If this statement is true it becomes obvious that the present distribution of apple orchards in Ontario is dependent on other factors.

Most Profitable Near Cities.

Transportation is the most important factor having to do with the distribution of commercial apple orchards in Ontario. In other words, the commercial apple orchards are located within reach of transportation facilities, and the better facilities have been with relation to large cities and to the developing markets of the prairies, the more rapid has been the development of commercial orcharding. A location near a large city may be desirable, but if better soil and climate are to be found at a distance, the more distant location

is likely to be preferred, provided transportation facilities are good.

Some districts in Ontario possess excellent conditions of soil and climate, but are lacking in transportation facilities, and until facilities are available little development can take place in commercial orcharding.

Labor Situation Very Acute.

At the present time the labor situation is acute, and is rendered more so from the standpoint of the apple grower by virtue of the emphasis which, very correctly, is being placed upon the production of exportable food stuffs. The labor shortage will result in the majority of small orchards being more or less neglected. But the large commercial grower of apples has been in difficulty for years over the matter of labor supply. For commercial orchard operations on a sizable basis, it is necessary to be within reach of a temporary supply of labor for apple picking. Otherwise it becomes necessary to build dwellings for men and their families so that a supply of labor may be always available.

The difficulties of the labor situation at picking time can be lessened considerably by the planting of varieties which ripen in succession, and by taking care to get the right proportion of each. A large area of one variety ripening at one time is extremely difficult to handle.—Prof. J. W. Crow, Ontario Agricultural College, Guelph.

The Forehand Beekeeper.

In March the careful beekeeper will find a great deal to do in the way of preparing next season's supplies. All used appliances should be put in the best of shape and necessary new ones secured and prepared before the busy spring season. New supplies necessary should be ordered at once. The beekeeper's supers are his barns, his bees are his harvesters, and given barn-room they will harvest his crop with less risk of weather injury than farmers expect in almost any other crop. Without sufficient barn-room a percentage of the crop will be lost. Containers sufficient for the large crop that may be expected next season should also be ordered at this time. This applies particularly to present war-time conditions when supplies of material are uncertain.

ATTACKED BY ASTHMA.

The first fearful sensation is of suffocation, which hour by hour becomes more desperate and hopeless. To such a case the relief afforded by Dr. J. D. Kellogg's Asthma Remedy seems nothing less than miraculous. Its help is quickly apparent and soon the dreadful attack is mastered. The asthmatic who has found out the dependability of this sterling remedy will never be without it. It is sold everywhere.

Sawing Ships in Half.

The Great Lakes have contributed liberally of their vast tonnage to replace the ravages of the German submarines. Through the entire autumn the coming of heavy ice and the closing of navigation upon our inland seas was forecast by a steady procession of their craft down the River St. Lawrence. Nor was that as easy as it reads, for the passageways from the four upper lakes—upon which the greatest traffic rides—to the blue waters of the salt seas is barred by great natural impediments. But long years ago the Canadians passed them by means of canals. And the determining factor in navigation from Lake Erie to the sea has been the chambers of the canal locks, about 250 feet in length, 45 feet in width, and 14 feet in depth. Long ago the lake craft that conformed to these dimensions were found by searching eyes and taken out to the Atlantic, and other craft were built at the abundant and efficient steel and wood shipyards along the upper lakes. And between fifteen and twenty modern steel vessels, averaging from 350 to 385 feet in length—almost the extreme for a cargo-vessel of less than 45 feet beam—were taken through the Welland canal and the canals of the upper St. Lawrence this last autumn.

The process was simple, although not particularly easy. The vessels were sawed in half. Gangs of men in the dry docks of Cleveland and Buffalo, equipped with acetylene torches, did the job in a time to be measured in hours rather than in days. Temporary water-tight bulkheads were installed and the vessel towed in two sections to the deep water harbor of Montreal. It was another job of hours rather than days to join the hull together at the dry docks of that port and to fit the fresh water tramp with condensers and other equipment necessary for a craft who digs her heels into salt water for the first time.—Harper's Magazine.

Used Canadian Apples.

Canada figured in one of the most dastardly of the plots hatched by the pro-German influences in Russia to end the war while the Czar was on the throne. Aided by that arch-fiend, the Czarina, the Kaiser sent 150 barrels of Canadian apples inoculated with cholera germs for distribution through charitable institutions with a view to starting a plague, and so discouraging Russia, but the fruit decayed en route and was thus unfit for consumption on arrival.

Children Cry FOR FLETCHER'S CASTORIA

A Promising New Wheat

By bringing out Marquis wheat the Dominion Department of Agriculture did a service to Canada and to the Empire that it would be difficult to over-estimate. On account of its vigorous habits of growth, excellent yield and superb milling qualities this variety which year after year as an exhibit from Western Canada has carried off premier honors at the International Soil Products Exhibition in the United States, has largely supplanted the old standard Red Fife that also gained reputation in the flour markets of the world.

A service rendered by the introduction of Prelude a few years later was also of great importance, in as much as it extended the wheat-growing area of this country by millions of acres. To these two very valuable accessions to the hard wheats of Canada is to be added a new sort that comes midway between Marquis and Prelude in the matter of yield and ripening. This new sort has been produced at the Central Experimental Farm, Ottawa, by Dr. Chas. E. Saunders, the Dominion Cerealist, who gives the following account of the new wheat in the March number of The Agricultural Gazette, the official organ of the Federal Department of Agriculture:

"The new wheat, which has been named Ruby, Ottawa 623, possesses characteristics in ripening and other qualities midway between Marquis and Prelude. It is beardless, possesses hard, red kernels, gives a fair yield, and makes flour of the highest quality in regard to colour and strength. Bread made from it ranks in the first class. This wheat is the result of a cross between Downy Riga and Red Fife. Downy Riga,

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was produced from two early sorts, Gehun, an Indian variety, and Onega from Northern Russia. Ruby is recommended for trial where Marquis does not ripen satisfactorily. A very limited distribution of five-pound samples is being made to farmers requiring an early sort. A sufficient crop will be grown this year on the Experimental Farms to provide for a generous distribution next Spring."

The surest way to help the Germans win the war is to waste your own food.

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