

FOURTH
ANNUAL REPORT
OF THE
Murray Bay Convalescent
HOME.

FINANCIAL STATEMENTS
WITH
LIST OF SUBSCRIBERS AND LETTERS.

Montreal.

PRINTED AT THE WORKING GIRLS' ASSOCIATION, 73 BLEURY ST.

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HOME.
1877.

In presenting to the friends of this Home its fourth Annual Report, we have gratefully to acknowledge the good that has been effected, by the Divine blessing, through its instrumentality; all the women and children who were admitted returning to their homes in good health.

The number of inmates was not as large as in former years, owing partly to defective arrangement with the Richelieu Company.

The large balance remaining over, from the previous season relieved the ladies interested in the Home, of any anxiety with regard to its support. We have, however, in this connection to thank the Rev. J. Baxter, for his kindness in delivering for our benefit, a most interesting lecture on the Holy Land, which realized \$39.55. Also to the young ladies who contributed the proceeds of a concert amounting to \$35.50. Several subscriptions were also received from Christian friends, who had heard of our Home accompanied by letters expressing their sympathy and interest in the work.

It is truly gratifying in carrying on this labour of love, to receive unasked-for means given for its support, as it imparts the comforting assurance that our Heavenly Father is an ample Provider if we only have faith to trust His gracious promises.

It was agreed by the ladies forming the Advisory Committee, that as the Home is becoming better known, and meeting with the approval and support of the public; that in future invalid women and children be admitted from the Hospital, without charge of board if necessary, provided they bear a recommendation from the attending Physician. Also, any persons

in reduced circumstances, known to ladies who are subscribers, may apply for admission, as last summer several deserving cases were prevented coming to the Home from inability to pay board

It is hoped our desire thus to increase the usefulness of this Institution, will meet with due encouragement from those who have not yet subscribed.

Several of the women who returned home last summer, with health restored, have since called upon us to express their gratitude. One, a young woman, who had been in the Hospital several weeks, suffering from a severe attack of inflammation, after a months stay at our Home, was able to take a situation for the rest of the season at the Bay, and has been in service since her return to Montreal.

A little boy of five years old who was very ill with lung disease, returned home in good health, to the great joy of his parents.

A very respectable woman who had been a great invalid, confined to her bed for months, was while there restored to health. The expressions of astonishment and gratitude from her husband, upon seeing the wonderful change in his wife, as he met her, on her return by the Steamer, were very gratifying and touching.

There have been several applicants for admission to the Home within the last two weeks, three of whom are widows with delicate children in poor circumstances. Another, a young married woman with two very weakly children.

A lady, in whom we have every confidence has been engaged to superintend the Home, the ensuing season.

We desire to express our sense of indebtedness to Mrs. Morrison, the lady who superintended the Home last summer, for the order and regularity of its management, and also for the satisfactory manner in which she kept the accounts.

Thanks are tendered to the editors of the *Daily Witness*, *Gazette* and *Star* for so kindly inserting notices of the work free of charge. Also those ladies and gentlemen who have aided us by their subscriptions.

Thanks are also returned for the following donations.—

Mrs. Arnton.....20 lbs. of tea
 D. Morrice Esq.....a large supply of groceries
 Mrs(Dr.)McCullough.....a stove.

Before closing this report, we would express our deep sense of the loss the Home has sustained in the sad removal by death of our much esteemed friend Dr. Bell of this city. He was the first medical gentleman consulted at the commencement of our work, and continued a judicious adviser and annual contributor during the past four years. We sincerely sympathize with his bereaved relatives, but they have the blessed consolation that "their loss is his eternal gain."

In conclusion, if the work in which we are engaged be attended with considerable anxiety, and often discouragements from various causes, still, let us by prayerful continuance in its prosecution, and faith in the Divine blessing, hope that greater good in the future than in the past may be the result of our labours.

Respectfully submitted,
E. M. HERVEY.

RECEIPTS.

To Cash in Bank with Interest.....	\$151 76
" Subscriptions.....	113 00
" Received from Inmates for Travelling Expenses....	36 00
" " " Board.....	62 50
" Proceeds of Concert.....	35 50
" " Lecture.....	39 55
" Sale of Work.....	27 55
" Sabbath School Collection.....	5 11
Total.....	\$471 37

DISBURSEMENTS.

By Paid Rent of House.....	\$110 00
" Travelling Expenses.....	85 13
" House.....	95 42
" Tinsmith.....	4 24
" Bread Box.....	1 75
" Cartage and Freight.....	6 87
" Servants Wages.....	19 50
" Mrs. Morrison's Salary.....	27 00
" Accounts paid in Montreal.....	53 33
" Printing Report &c.....	13 50
" Balance on hand.....	\$54 63
Total.....	\$416 74

Respectfully submitted,

E. M. HERVEY,
Treasurer.

Audited and found correct,

JOHN STERLING, ESQ.

LADIES' SUBSCRIPTIONS.

Mrs. E. Atwater.....	\$10 00
The Misses Murray.....	10 00
Mrs. J. Murray.....	5 00
“ F. Tasker.....	5 00
“ Carmichael.....	5 00
“ Johnston.....	5 00
“ C. Robertson.....	5 00
“ A. Force.....	5 00
“ C. D. Thomson [Quebec].....	5 00
“ Redpath.....	4 00
“ Drysdale.....	4 00
“ F. McCulloch.....	3 00
A Friend by J. Morris Esq.....	2 00
“ “.....	2 00
Mrs. J. C. Beers.....	2 00
“ Cornish.....	2 00
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	\$77 00

GENTLEMENS' SUBSCRIPTIONS.

R. Wright Esq.....	\$10 00
J. Mathieson Esq.....	5 00
G. Drake, M.D.....	5 00
J. J. Dugdale M.D.....	5 00
Mr. F. Clark, [Toronto].....	5 00
T. Crathern Esq.....	1 00
Mr. Hagne.....	1 00
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	\$113 00

Before the close of last season the following ladies consented to act as an Advisory Committee:—

Mrs. Cassels, Senr.,
Mrs. R. Cowan.

Mrs. D. Morrice,
Mrs. C. D. Thomson.

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The following rules were drawn up for future guidance.

ADMISSION OF INMATES.

1. Women, young girls, children and boys (under eight years of age) are eligible for admission.

2. A medical certificate of the applicant's state of health, also a note from a clergyman or subscriber, is required before a card of admission is granted, which may be obtained from the Superintendent of the Y. W. Christian Association. On presentation of this card to the Agent of the Richelieu Company, a reduction will be made on the usual fare.

3. No one will be admitted convalescing from any epidemic or contagious disease.

4. Women and young girls not to be kept in the Home longer than a month unless by special arrangement.

5. Infants in arms not to be admitted unless with their mothers or some competent person intrusted with their care.

6. Board for women and young girls will be \$2.00 per week, children [under ten] half price, payable at the end of each week. An extra charge to be made for washing.

7. Hours of meals.

Childrens breakfast.....	7 a. m.
Women and Matron's breakfast.....	8 a. m.
Children's dinner at.....	noon.
Women's "	1 p. m.
Children's supper.....	5 p. m.
Women's "	6 p. m.

Evening prayers at 7 p. m., after which the younger children will be sent to bed.

The elder girls to go to their rooms at 8.30 p. m.

No inmate allowed out after 9 p. m.

Lights to be put out at 10 p. m., unless in case of sickness.

8. The children [and such of the adults as wish to be present] will assemble in the parlor every morning [Sundays excepted] at 10 a. m., for religious instruction, singing, &c., &c.

The older girls to sew, or mend their clothing from 11 to 12 noon, daily, except when the tide suits for bathing at that hour.

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SUPERINTENDENT'S DUTIES.

The Superintendent will be required to take the general superintendence of the Home, keep the accounts, do all in her power for the comfort of the inmates, and conduct family prayers in the morning and evening.

Subscriptions will be thankfully received in aid of the Home by Miss Hervey, and can be sent to her at Mrs. Hill 922 Kilman Terrace, Dorchester St. or to John Sterling, St. Paul st.

LETTERS.

47 Union Avenue,
Montreal, 21st April, 1877.

Dear Miss Hervey,

Many thanks for the "Second Annual Report of the Murray Bay Convalescent Home," the perusal of which has much gratified me.

In common with many other physicians I am satisfied that such an institution will do much good in supplying a want long felt by the poorer classes whose means prevent them from availing themselves of the benefits often to be derived from a residence at the sea-side, especially during the hot months of the year. I have no doubt many persons will contribute to its support when its claims have become known to them.

With best wishes for the success of your good work.

Sincerely yours,

R. P. Howard, M.D.

Montreal, 10th April, 1877.

Dear Miss Hervey,

I have pleasure in bearing testimony to the great value of the work done by your Convalescent Home in Murray Bay, having had opportunity to visit it and witness the character of your work.

Wishing you continued and abundant success in your labors of love.

I remain,

Miss Hervey,

Phillips Square.

Very faithfully yours,

J. J. Dugdale, M.D.

707 Sherbrooke Street,
Montreal, 30th April, 1877.

My dear Miss Hervey,

I have read with much interest the second report of the Convalescent Home established by you at Murray Bay, and congratulate you most sincerely on the success of the Institution.

Such a sanitarium was greatly needed, and I hope your efforts to provide the benefits of a sea-side residence for delicate women and children will meet with the success they so richly deserve.

From long experience of the benefits of the climate of the lower St. Lawrence in a large proportion of our summer complaints, I can with more than ordinary propriety strongly recommend your Convalescent Home to the support of the charitable.

Yours very truly,

Miss Hervey.

Geo. W. Campbell, M. D.

Mayor's Office, City Hall,
Montreal March 6th 1876.

Dear Miss Hervey,

I must congratulate you, on the successful result, of your efforts to establish a "Convalescent Home" at Murray Bay.

You rendered an important service in instituting the "Infant's Home" in Montreal; and the "Convalescent Home" at the sea-side supplies a long felt want.

I trust you will be spared many years, to continue your works of charity and benevolence.

Yours very sincerely,

W. H. Hingston.

Montreal 23rd May 1876

Miss Hervey,

Dear Madam,

I sincerely congratulate you on the success which has attended your effort, to establish a Convalescent Home for the sick poor at Murray Bay—How desirable, indeed how essential, a change of air and scene is to the treatment of many painful and chronic diseases have long been known to physicians but hitherto unfortunately such relief has been restricted to but very few. I sincerely trust your philanthropic scheme may

meet the support it so justly deserves, and that those whom Providence has blessed may be led to give out of their abundance in its support. To the charitably disposed I would say, that I know of no better way, of disposing of a donation than by giving it to your "Convalescent Home." With best wishes I remain,

Dear Madam

Yours very truly

J. M. Drake M.D.

31 St. Ursule Street.

Quebec, October 29th 1875.

Dear Miss Hervey,

Having had the honour to be professionally connected with "The Murray Bay Convalescent Home," during the months of July and August of this year, I trust you will not consider it out of place if I give you my opinion upon its management, working and merits. There can be but one opinion upon its necessity, that it is an establishment of the greatest utility and necessity, meeting as it does the wants of a large class of ailing women and children, suffering from diseases caused by insufficient food and air, too poor to bear the expense of change, in the ordinary acception of the term, and too independent to accept charity. Murray Bay possesses peculiar advantages for an establishment of the kind combining as it does, in such proximity to Quebec, splendid scenery, sea air, and bathing; during the past summer all the inmates benefited very much by the fine air, good food, and kind care bestowed upon them by you and the matron, Mrs. Smith, and without exception returned to their homes much improved in health and spirits.

With the kindest wishes for the continued prosperity and advancement of the "Home." Believe me dear Miss Hervey,

Ever yours sincerely,

James M. Cassels, M.D.

Beaver Hall Terrace,

Montreal March 13th 1876.

Dear Miss Hervey,

It is with great pleasure I have learned, that you intend continuing at Murray Bay, during the coming summer the Home you established two years ago. The benefit it has been to many is in some degree recorded in the report already published, and the good it will accomplish will constantly increase as the Home and its objects become better and more widely known. An Institution of this kind is but the natural result or expression of the feelings of a prosperous civilized and christian people who desire to extend to their poorer fellow citizens the benefits which they themselves enjoy. In other countries the "Seaside Homes" have long been remembered amongst the recognized and necessary benevolent institutions and many of them are magnificently furnished and liberally endowed or supported. Those who visit the poor and sick in the crowded, dirty and badly ventilated houses, courts and lanes in this and other cities, during the hot days of summer fully appreciate the benefits offered by a Home such as you have so benevolently laboured to sustain, when it is often the only means left of saving the life of a sick and exhausted child or mother—to say nothing of health renovated in many others who are by this means restored to active and useful life. Several of the sick children who had been inmates of the Home, I visited after their return, and found them fat, rosy and in the best of health. The donations, even though small, from a large number of well wishers, together with sums contributed by inmates who may be able to pay something, will I trust enable you to carry on this beneficent institution in a most prosperous manner during the ensuing summer.

Believe me,

Miss Hervey,

Yours very truly,

St. Mathew St.

John Bell. M.D.

COMPARATIVE TABLE OF RECEIPTS FOR
CONVALESCENT HOME.

	Paid by Inmates for Board and Travelling Expenses	\$ 45 75
1874.	Collected by Mrs Doran	17 00
1875.	Paid by Inmates for Board and travelling Expenses	115 25
1876	Ditto.	147 00
1877	Ditto.	98 50
	Total in 4 summers.....	\$ 423 50
1874.	Subscriptions received.....	\$ 120 00
1875.	Ditto.....	245 35
1876.	Ditto.....	182 00
1877.	Ditto.....	112 50
	Total in 4 years.....	\$ 659 85
	Total Receipts.....	\$1083 35

This does not include receipts from Lecture and Concert.

