



AK BE CONTAINS NO ALUM The Evening By RUTE CAN One of letter friends has been kind enough to send me a description of some of the remedies he has found successful for insomnia. Knowing that there are always many sad people to whom, what should be hours of sweet unbroken rest, are hours of tortured tossing I take pleasure in passing on his sug gestions. If they help but one person to : few hours more sleep. I am sure that everyone who has ever suffered the agony of insomnia will think this space well utilized. "During a time of trouble and resulting sleeplessness," he writes, ") discovered the efficiency of some little remedies. I noticed that approaching sleep was at that time most often disturbed by common noises which ha hardly entered my consciousness whe the mind was in its normal state When sleep came long after midnight it was short, because, soon disturbed by the noise of the awakening city which combined with the daylight made it impossible to find the mu needed rest. "The discover of these cause gested to me' the following remedies Put cotton in my ears-as much as possible - and blindfolded myself Thus I reduced the disturbing causes to a minimum and the effect was most berreficial and helped the mind a good deal in overcoming t initial cause of the sleeplessness "The blindfolder should be a g heat conductor (linen or cotton. wool) to prevent accumulation heat underneath.' It should cover eyes from the eyebrows to the che bones, leaving the forehead free. "I find these little helps als if I need a short rest during the da In the latter case I am producing ar

Carter's HIL

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CHIEF BITS V-

a sad declasion, remarked the four, and whistering through be Ned Cameron as he clasped her hand, tears, " I am glad that you have come.

emainet

EGW."

"I think a would be best for me to He cannot survive until norming, site go with Ned. Your Fafier would not an another her lips to those of Minnie's. recognize me if I were to go there, her brother's wile, pressed Christonand you could come for me if any- her's hand, and then turned to Mrs. a full, he thought his tailor could fu sallings; thing stould happen,' said Minnie to Whitney. Leaning her head upon as well as any other man's tailor. ter shaulder, site cried :

I prefer that you accompany me to time to wait 1. I have needed you so had tumpted him to forsake learning A moved the moved efficient will be "Let us ga, then. It is quite dark Mrs. Whitney answered :

"The carriage is at the opposite "Let us go to him !" side of the depot. May must have This was all the explanation or re- ed to pretend love for her. espected you," said Mrs. Whitney crimination that passed between the



with the goodsthey ship, and the Colonia Dayle, K. et to render innself agreeable. He had self-conceit enough to think and Foreign Markets they enough ,

STEAMSHIP LINES timse'f eminently attractive and

fascinating ; and, although turking of arranged under the Plare to which the sil, and indicating the approximate him to a dashing suit of dottes about

PROMINCIAL TRADE NOTICES er instand. *Do as you think best, Minnie, hut trefer that you scrompany me to time to wait! I have needed you so and many Beile Mellen. He was forwarted, beigtis pard, on receips of an and the William in the second of the secon Mrs. Whitney present: "Hinsh, May! I have come at last, and style; but he had long ago case-their trade carls for all, or large abre-their trade carls for all, or large abre-

is enenie run £1. For many months his heart had THE LONDON DIRECTORY Co. Ltd been in that chaotic state that comes ag, Abetharett Love, Lordon, E.C. between two lawers, and the coming of beautiful Mrs. Grant to his uncle's

establishment was the one thing need- EUROPEAN AGENCY ful to people itis soul with the fairy tistion of a new love, and in second

.

W BOUZSALZ ladente promptiy ez-ecutet at lowest cash prices for all kinds of British and Convinental Wallis, Ernest G. Therefore he had welcoment the thought of being left with Mrs. Granz Books and Stationery. BINE MINES BUT Lestiner.

Chemicals and Dauguists' Sundries, and Mos. Athining were away, with China, Earthen wars and Gianwars, the greatest delight. He meant to Dides, Motors and Accessories, Dispers, Milliners and Piece 6 err and Piece Goods prove it his powers of attractiven as Funcy Goods and Perfumery Bartware, Machinery and Metale

Seweillery, Plane mit Witkities, Whit this thought he had entered. Planegraphic and Ophics Goods. the parties where site sat alme, and Provisions and Otimen's Sames, etc.etc.

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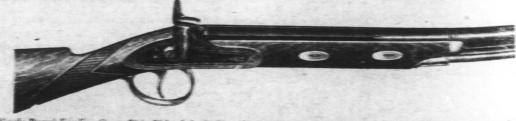
Presenti Shreeti Wilson, John 2. cardi - Serve Denneilly, Juin Lamiert, Benjamine. Meffariane St. Penny, Etitel A., card Derwiney, Minster, Central St. Lamilert, Miss Ethel. Prestity, Misse Allers Wisson E G 4 Dingeran J. Watter St. Water Street Flerson, Miss Mary. Dunn, Wiss Charp, Laite, Miss Maggie, Hashilai Wassi. W. Y.

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stiir. Curnna Piertey, Stephen. setter. Lilly schr Stephen, schr. schr: Goiden Hind X Histop, Win., schr. GachaufLaurence, Capt. John, . Francis, Bec. an Daniey, Antiery, stin. Dura Lass Shiney, Rabert, schr. M. Francis Ellint, Miss Jun-Joinsen, Esener 王 stint. Gerturnde Sewand, Richard. seihr. Diettation Wartlin, Willis, seihr. Herre e Marrin, Willis, schr. Heros Marrine, Thus, schr. Hilbun Cranford, Aliters, Schr. Max Fig-Thiler, P., schr. Max Fig-Thiler, P., sein. Mayfuwer Allen, Sendy. seiter. Dietation: 1 William Route

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Single Barrel Fowling Gons, 30 to 36 in. hel., \$4,00 to \$20,00 : Single Barrel Ducking Gons, 3-s hore, 42 to 35 in \$1.50 to \$12,00; Single Barrel Scaling Gons, 3-4 hore, 48 in. hel., \$12,00 to \$15,50; Single Barrel Scaling Gons Breech, 3-4 hore, 42 to 48 in. hel, with extra Lock, Monlif, etc., \$1,00 to \$55,50; Single Barrel Scaling Gons Breech, 3-4 hore, with extra Lock, Monlif, etc., Hollis's make, \$5,50 to \$55,50; Single Barrel Scaling Gons Breech, 3-4 hore, 48 to 52 in. hel, \$22,50 to \$26,60; Double Barrel Ducking Gons, with extra Lock, Monlif, etc., Bosenh, 7-4 hore, 48 to 52 in. hel, \$22,50 to \$26,60; Double Barrel Ducking Gons, with extra Lock, Monlif, 40 in. hel, by Bollie and other makes, \$14,50 to \$21,00. Comparader, Shot, 65m Cape, etc. \$75,800 to 50 and 50 a Winniessie Birners.

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fortify the body against all germs by the use of en Medical Discovery. It increases the vital system of clogging impurities, enriches the ach and organs of digestion and nutrition in w that the germ finds no weak or tainted spot "Golden Medical Discovery" contains n habit-forming drugs. All its ingredients prin wrapper. It is not a secret nestrum but COMPOSITION and with a record of 40 cars substitute-there is nothing "just as good."

Fads and Fashions. black Velvet brocades on silk tissue Cre grounds are one of the accepted ultra novelties. Velour de laine, vicune and camel's hair weaves are notable among the faced new coats. Bandings and galloons have none of their usefulness from a fash-ion standpoint. Bandings and galloons have lost Only O This is said to be a great season for topcoats and dresses, but fewer C suits are seen. 0 Silk voiles with Pekin stripes of at the the

tificially the silence and darkness of

the night, and in any case, with the

"Of course. I do not allow myself

the remedics which I have heard of

Many people are afraid of ghosts. Few pe

are afraid of germs. Yet the ghost is a fancy the germ is a fact. If the germ could be magn to a size equal to its terrors it would appear m

terrible than any fire-breathing dragon. G can't be avoided. They are in the air we brea

The germ can only prosper when the cond

of the system gives it free scope to establish self and develop. When there is a deficienc vital force, languor, restlessness, a sallow ch a hollow eye, when the appetite is poor and languing the self.

sleep is broken, it is time to guard against

Afraid of Ghosts

to form a habit of the use of these

helps in order not to make my rest

entirely dependent upon them."

the water we drink.

best; results.





bestowed on Victoria the Good some 30 years ago, during the administration of Lord Beaconsfield. The selection of Delhi for these functions is due to its historic importance. It was once the seat of the Buddhist religion and culture, and in the Twelfth Century became the capital of the Mogul Empire. It has therefore associated with it the pomp and power of Empire in India, and its fall in the

tive beginning of the bright era of British Government rule in India.



(Before Chief Justice and Mr. Justice Johnson.)

Edwin J. Enerett vs. Arthur Seeley. It is ordered that this cause be set

down for Dec. 14th.

down for Dec. 15th.

SCARLET FEVER AND DIPH-THERIA.—A case of scarlet fever was reported to-day from McFarlane Street, and also one from LeMarch-ant Road. Children are stricken in both instances and will be nursed at home. A young man aged 27 has also developed diphtheria at 129 also developed diphtheria at 12 Casey Street. He was removed to the Hospital last night.

DODDS THE







upstairs in the tenament, smelled the smoke and not finding any fire in his own flat, aroused Mr. Rose. The fire had by this time burned right through the ceiling. A few buckets of water thrown on the fire put it out.

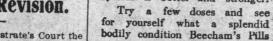


To-day in the Magistrate's Court the gan and will continue daily for some time so that those who wish to make their serving on juries can do so.





tried, this family remedy has wonderful reviving power. They tone the stomach, liver and bowels-all organs of digestion. With these organs in good order, the whole! system is better and stronger.



Can Create Sold Everywhere.

Wednesday, 8th inst., in Buchanan complete change in the specialties Street School Room. Admission, 5c.; last night which captured the audi-Teas, 30c. A good programme has ence and well demonstrated the exbeen prepared for concert, commencceptional ability of those who appear ing at 8.15. Admission to concert, in this department. Nance Hodgkins 10c. Suppers will be served at 9.30.

singing and Billy Webbs comic ballads and dancing were highly appreciated, while Messrs. Klark, Urban and

This morning, suddenly, Daniel Kehoe, aged 72 years, late of Tilton Schrieber in their musical exhibitions

DIED.

In boxes 25c. from his late residence, 52 Pleasant Street.

ce	Leave.			Stations.	Miles.		
es	6 15	a.m.		Clarenville.	miles.		
ee	6 99	"		Shoal Harbor.	B. Martin		
he	*6.44	44		George's Brook.	5.50		
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nd	7.34				16.00	· · · · · · ·	
he	*8.22			Southern Bay.	18.00		
ly	8.41	4		Seal Cove.	30.00		
	*8.50	66		Indian Arm.	34.75		
a	9.54	**		Trinity Junction.	37.00		
l-	10.13				53.00		
k	10.19			Bubt.	57.75		
a		**		ront mexton.	59.25		
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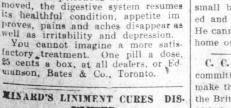


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50 bags Good Canadian Onions-Silverpeel. 50 bags P. E. J. Potatoes-Blues.

BURT & LAWRENCE, 14 New Gower St. P. O. Box 245. Telephone 759.

Harbor, leaving a wife, 3 sons and 1 Harbor, leaving a wife, 3 sons and 1 ing in soprano, alto and tenor saxa-Funeral on Thursday, at 2.30 p.m., phones. This wits greeted with much on the flying transfer and the figure and the fig phones. This wis greeted with much on the flying trapeze amazed the be- mistake. None should miss to-night's applause and decervedly so. Robetta holder. Several people fearing an ac- show for it is well worth seeing.



action at once and by awakening the liver and kidneys ensures the thor ough cleansing of the filtering and

excretory systems. With the poisonous obstructions re-

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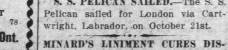
RECEPTION TO GOVERNOR. reception will be given to His Excelency the Governor at Bonavista to

morrow night. There will be a di Minard's Liniment Cures Dandraff. play of fir eworks. 11

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p.m., from her brother-in-law's res

lence, Newtown Road.-R. I.

Thomas Maynard, darling

Beniah and Annie Norman,

year and three months.

with Jesus.

Last night of whooping

lused

MIN

DYOLA

INE DYETORALL KINDS OF GOOD



