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OF THE

## PROVINCIAL LUNATIC ASYLUM

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NEW-BBRUNSWICK,

FOR THE YEAR
1850.

SAINT JOHN:

## PRINTED BY HENRY CHUB AND COMPANY,

 PRINCE WIHHTAM STREET.1851. 

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## OFFICERS OF THE INSTITUTION.

JOHN WARD,
Hon. JUDGE WILMOT,
JOHN SIMPSON,
HoN. WILLAM MoLEOD,
$\left.\begin{array}{l}\text { F. A. WIGGINS, } \\ \text { WLLLAM OLVE, } \\ \text { ROBERT F. HAZEN, } \\ \text { PETER BESNARD, } \\ \text { JOHN DUNCAN, } \\ \text { JOHN C. WARD, Secretary. }\end{array}\right\}$ Commissioners.

RESIDENT OFFICERS.

JOHN WADDELL; Medical Superintendent.
a HUGH McKAX, Clerk.
Mrs. DONNELLY, Matron.
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## 4. OLD OM COMMSCIONED <br> BOARD OF COMMISSIONERS,




To His Excellency Sir Edmund Walkbr Head, Baronet, Lieutenant-Governor and Commander-in-Chief of the Province of New-Brunswick, sec. Acc. \&ec.
May it please your Excellency,
The Commissioners of the Provincial Lunatic Asylum herewith inclose their Account of the Receipts and Expenditures for this Institution, for the year ending the 31st De cember, 1850.

The Receipts are for Warrant on the Treasury, $£ 2400$; of Paying Patients, £115 5s. 8d. ; balance of last year, 238 10s. 2d; amounting to $\mathbf{£ 2 5 5 3} \mathbf{1 5 s}$. 10 d .
The Expenditures are for Food, £887 19s. 2d.; Clothing, $£ 96$ 2s.4d.; Officers and Servants, $£ 677$ 6s. 4d.; Building and Improvements, E 480 13s. 2d.; Fuel, $£ 106$ 2s. 6d.; Furniture, $£ 207 \mathrm{ls} .0 \mathrm{~d}$.; Miscellaneous, $\mathrm{f41}$ 8s. 6d.-amounting ¢ $£ 2496$ 13s. Balance in hands of Commissioners, 557 2s. 10d.

Credit the amount paid by Paying Patients, £115 5s. 8d,, from the amount of expenditure, $£ 2496$ 13s., leaves the net cost for support and maintenance for the past year, 82881 7s. 4 d .

A further outlay will be required this year for a Barn, Root House, and improvements on the grounds. The return from these will, in a short time, more than repay the cost.

An additional supply of Water is also required: the Commissioners, therefore, estimate the cost for the current year at not less than $\mathbf{£ 2 4 0 0}$, and have to request that $\mathbf{£ 6 0 0}$ may be placed at their disposal Quarterly, to meet the Expenditure.

The Commissioners have much pleasure in reporting the now serviceable state of this Institution, and the high character it is obtaining under the able superintendence of Doctor Waddell, whose Report and Return are herewith inclosed. As this report fully embraces all the details, the Commissioners think it unnecessary to again go over these, except in so far as to state the pressing necessity of providing further accommodations.

All which is respectfully submitted.
$\qquad$
 JOHN WARD, ${ }^{\text {In }}$ tevis L. A. WILMOT, WILLIAM MCLEOD, JOHN SIMPSON,
yonyux WHLLAM OLIVE, Bh nalf ROBERT F. HAZEN, F. A. WIGGINS,

Saint John, New-Brunswick 4tide 1st January, 1851.
 <br> \section*{ <br> \section*{ <br> Tand MEDICAL SUPERINTENDENT.}

## 



The close of the year is generally regarded by reflecting minds as a proper season for thoughtfulness. To review the past is calculated, in an eminent degree, to promote improvement. Errors are frequently committed by those who possess great talent and distinguished ability, while success sometimes crowns very humble exertions. It is our highest wisdom to allow these results to influence our conduct: the one to serve as a beacon to warn-the other as a light to guide on our journey through the mazes of that future which still lies before us. It seems a wise arrangement that the close of the year, by general consent, should be fixed upon as a fit time for the discharge of duties so important. Annual revolutions may very justly be considered as so many stages on the journey of life, at which we should acknowledge the invisible hand that has led us, as, well as to refresh for further labour. To my mind, I know of nothing more calculated to bring home with force the brevity of human existence, than to mark the extreme rapidity with which a year passes. Multiplying these very short periods of time by the largest number which yon can imagine the most healthful organism to carry on the machinery of life, and what is it 3- "It is even a vapour." If, then, we would leave a trace of our existence in the improvement of the society with which we mingle, or by promoting the welfare of the institutions in the land in which we dwell, it is absolutely necessary that our actions be at once deeided and energetic. Public benevolent institutions may, like individuals, be regarded as having interests peculiarly their own; and at a season such as the present, it is our highest wisdom to review our conduct in reference to their management. If we have, by ought that we have done, injured them, it is our daty to re-
trace our steps with all possible haste, and to the extent of our
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as this, who are roaming abroad, suffering those privations incident to their unfortunate condition, or, what is worse, confined in places altogether unfit for their treatment.
Here I may remark, that in a country so situated, the number of the Insane must rapidly increase, and those who are treated must be sent abroad at great expense, and this expensive expedient is too frequently not resorted to until every resource has been exhausted at home-valuable time lost-and the poor patient has become a wreck for life.
In justice, however, to this large class, it is my duty to say, that many of them are doing us good service in assisting to carry on the work in which we are constantly engaged, and some of the number, by their labour, so long as they are able to perform it, quite repay us for all that they receive. This remark applies to females as well as to males; and is a circumstance that ought always to be taken into account when looking at the figures representing our expenditures, for our improvements ought at the same time to command attegtion, Those who have been discharged from the list of old cases, as you will perceive by reference to the statement, are-nine recovered, thvee much improved, three died. The only remark that I have to make on these statistics is on the amount of mor-tality-three deaths out of ninety-two old cases; and all among those of the longest standing on our record-one, say thirteen years, one of nine, and the other upwards of three-making an average of eight years to each. This I consider a remarkable fact.
By reference to the same statement you will find that we have admitted during the year, fifty-nine cases-thirty-seven males and twenty-two females. Of these there have been discharged, recovered, fourteen males and eleven females ; much improved, five males and two females; improved, one female, and unimproved, four males. One of these fouf is the case of the man with the tumour in the eye, to which 1 referred in my report of last year. The same opinion that I then expressed, I gave in a letter addressed to his father, that in an operation lay his only hope. The father came to see me, and after talking the nature of the case over with him, and consulting the Commissioner for the month, on the propriety of operating in the Asylum, whose opinion it was that a surgical operation should not be performed there, the father called
in Doctors Robert and William Bayard, in consultation, who agreed in the opinion that an operation was necessary. The young man was then discharged to lis father, who removed him to the City, where the tumour was very skilfully extirpated by Doctor William Bayard, and the operation was followed by the most happy results. The young man is at work in the country, in the enjoyment of health, both of body and of mind. Ont of all the admissions of the year, we have rematning only eleven unimproved; two of these were admitted during ${ }^{*}$ the last week, consequently too late to know the result of treatment; and among the remaining nine, two are old cases, that had been before in the Asylum, and the most remarkable fact in reference to this class of statistics is, that we have had no deaths among those admitted during the year. ov) cabukv han The yearly average of the total number of Patients in the Asylum, for five years, say from 1845 to 1849 , both included, is 140 1-5. The average yearly mortality in the same time is ties and in-door amusements. Our Library, too, is not so varied as is desirable, to be, well adapted for the use of our patients. Outside we have no Ten pin Alley, and no arrangements for amusing and healthful recreations, the influence of which enters so largely into this branch of our treatment, and which abound at all the best establishments of the daind in the United States. And I beg to solicit your attention to these deficiencies in any plans that you may have under consideration


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I have already mentioned that many of our patients assist us to a very considerable extent in carrying on our work. Labour, well directed, may be regarded as a most valuable agent in treating the Insane. A largeinamber of the old cases in every community where there is no Institution for their treatment, enjoy a darge amount of health, and many of them a high degree of energy, and their insanity appears in their directing these in a wrong channel, and in wasting them upon improper objects. Some imagine themselves engaged in an extensive enterprise, and day and night exhaust themselves running from house to house, explaining the nature of their scheme, and its bearing on their own and others' interests. Others seem entirely bent on working mischief, and wander from place to place, most industriously engaged in their favourite pursuit. Others, again, almost invariably in good circumstances, become the unfortunate subjects of a delusion that they are becoming poor, and that absolute want will ere long overtake them, and that they and theirlfamily will ultimately come to ruin. This latter class is exceedingly troublesome : they give no sleep to their own eyes, nor slamber to their eyelids, but, night and day alike, driven on by this imaginary monster, Want, they bastle at home, bargain with their neighbours, and wander abroad in pursuiv of gain,-keeping their family in tyranny; their neighbourhood disturbed, and the whole community in an uproar. Now so long as such persons are permitted to go at large, so long will they continue the bent of their own wrong inclinations, till they absolutely exhaust the powers of nature, and then follows a period of torpidity, which continues till the system rallies, when again they appear in all their former activity, to go the same rounds, and in turn to be followed lby the same results, till at length they become prematurely worn out, and may be seen lying wrecks on the surface of society. Td meet the wants of these cases, the restraints of an Asylum are admirably adapted. There the causes of excitement no longer exist they are confined to one seene and to one set of companions, - and these companions generally not of a kind to keep up eircitement, for each has his own hobby aud peculiar troubles, aind enough to do to attend to himself. But restraint is not the only thing necessary in such cases,-some vent must be given to exalted energy, and hence the value of labour, rega-
lated in kind and degree by the will of another; and when
nen judiciously managed, it is surprising how soon its beneficial influences may be obşerved, and how soon, in an Institution such as this, it becomes habit.
Prompted by these views, I have been enabled, during the past year, to get a large amount of useful and profitable labour performed, while I hàve had the high satisfaction of being instrumental in dispelling the mistaken views, and regulating the misguided conduct of a number of persons now at home, discharging the functions and enjoying the reputation of good members of society.
Mechanical restraint we have as far as possible abandoned: there do, however, occur cases when it is necessary to resort to it, and in such cases its use may be considered as kindness. If my views were to become so modified that I would be disposed to do away with it altogether, it would be impracticable in an Institution so incomplete as ours; but I mast confess that I can scarcely conceive of one so perfect in all its parts, that the entire yielding of mechanical restraint would be any thing but a sacrifice, -its indiscriminate, and frequent use, I can, however, regard in no other light than that of cruelty.
To Diet I have been particularly careful that it has been both sufficient in quantity and wholesome and nutritious in quality ; in general, I am inclined to think, that the insane require more nourishment than persons in health.
Cleanliness has had our especial attention, for the state of the skin has much to do with those diseases on which insanity depends, and the tidiness and comfort of the apartments exercise a powerful moral influence.

Retiring early to rest, I have, as a general rule, insisted on-believing that sleep, for the insane, is one of the very best restoratives, and regularity in retiring is one of the best means to ensure it.
Trusting that it may not be regarded out of place, I beg to make a remark or two in reference to my views on the subject of Temperance, and the bearing of these views on the discharge of my duties as a Public Officer. Long ago, I arrived at the conclusion that Alcoholic stimulants, in all their forms, when resorted to in a state of health, were useless, and to me at least injurious, and being deeply imbued with this feeling, I determined to act on the principle of total absti-
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I beg on the ws on $5 \mathrm{agos}_{3}$ in all seless, d with labsti-
nence, and to exert my influence to induce others to act with me. The means I used was the simple machinery of the Temperance organization, with which, in all its modifications, I have been identified for nearly twenty years. As a Medical Practitioner, however, I have ever entertained the opinion that Alcoholic stimulants should have a place on the shelf of the Apothecary; and I am free to admit that, in the present state of my knowledge, there is nothing that I would be willing to place there as a substitute, and I have, from first to last, been accustomed to prescribe them-so far as regards conscientious scruples-as freely as if I bad no connexion with the Temperance movement. Entertaining these views, I am quite sure that it will be gratifying to you to learn that I have accomplished the work of the year, having had, under treatment, 151 Patients, and have used but about one quart of each, Brandy and Wine. Let it not be supposed that I have been dealing in "infinitismals" when I speak of so small a quantity in connexion with so large a number of Patients, for I would prescribe, if required, a pound as readily as an ounce; the truth is, the cases requiring these remedies are rare; and I would consider it wroing not to avail myselfof their medicinal virtues in the few cases in which they are applicable, because I believe their influenee on the system in a state of health to be vicious. Incurable Paralytics and Idiotic persons are being sent to us, and have encroached upon the accommodations designed for the Insane, till the evil has assumed a form that requires a remedy. It is quite possible that the reason why such persons are sent here is, that they may cease to be a burden on the Parish to which they belong. If the object of our Institution were correctly understood, and sufficiently appreciated, and if those who have the power to send them were guided by proper feelings, they would rather protect us from such cases than impose them upon us. The golden rule would, I think, operate well under such circumstances. Let any one put the question to himself: If Providence were to afflict me with insanity, would I like to be confined in a Ward-perhaps already overcrowdedwith persons who, from the effects of incurable disease, are deprived of the power, to say nothing of the will, of attending to the ordinary decencies of life? Now, this is just what happens with us in our present circumstances. If a patient be sent to us in a state of violent excitement, no matter how re-

## 14

spectable he may be; or whacluxaries he may have enjoyed at home, he must be confined in the Lodge where these persons are, for in the centre building we have noi the means to resfrain him, so that he, his attendant and the building, may be safe $=$ lhat part of the establishment was not designed for such a purpose, and at present affords no such aecommodation. How painful the sight to witness respectable persons, who have been accustomed to the comforts and even the elegancies of life, peeping, as it were, through the alapk cloud in which their intellectual faculties have been enshrouded, to look upon a scene partly made up by objects so disgusting ; they naturally shrink back, and plunge deeper into the gloom from which they were emerging; and reason; even in their madness, that that state which makes them imaginary Princes or Heroes is preferable to that. $\mathbf{I t}$ will be longere the effect is lost upon wy own mind of an exclamations made by a gentlemeri under the circamstances I have just described, wom out by exciteinent, his whole body, as io were; abtundle ofirritability and sen sitiveness; his reason dawning;-Isay it will beiloug before I forget an exclamation of lris, when realizing the full leffects of these inflnences : " I Wish to God I were mad, then Ilshouldibe happy." In the name, then, of our common humanity; I beg your generous interference toput a stop to this crying evilsab once, and forever: Let these poor unfortunate persons bestemoved to some dher Institation whene they may be made as comfortable asithe nature of their circumstanices / will permit, or let separatéaccommodation be provided for them herej that they inay no longer, by their presencej roperates cas sa dead weight on our curailive ifeatment of the Insane if pona juit cto in By every means' in my poweri I have endeavoured totbring to the notice of the public the defective state of the Institution; for the want of sufficient ricedmmodationil. Wisitois,? Graind Juriesp, Editors of the City Press, all have inspected oureseve: ral Wards, and observed their crovided statey and the difficuls ties in mamagement arising out lif thaticircumstance; ;and Grand Juries and Edifors have alike pointed odt the necessity fov increased/accommodation;yand for theirskindness indoing so, I beg to thank them; and/His Excellency the Lieutenant Governorf, when inspecting the Establishment last August, left a membrandum in our Visitorst Book, of which the following is

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joyed at persons ns toremay be forsuch odation. ns, who gancies which kinpon aturally owhich ss, that eroes is st upon iunder iexcite ind senefore II rects of ouldibe p; II begs evil ab s berreraderas permits rejithat a dead 3idice dibving itutions Griand rrseved lifficuls e;and cessity rdding tenant ist, left wing is (heysis

Sis 4 lam much pleased with the order, cleanliness, aud gene"ral management of this Establishment, whilet I regret, that " the part of the originaldesiga not being completed, interferes 4 in some degree with the requisite accommodation of the Pa 4 tients, and compels rooms to be occupied, and evencrowded, ", which are hardly fit fon the reception of Patients." srorftuy. The evil, nevertheless, still exists, and it is painfully felt in our utter inability properly to classify our Patientemfor this evil there is only one remedy; and it lies in completing the original design of the Institution by building the wings and another
 7Having thus pointed out the defects in out Institution, it is but right that I should notice what is creditable while our Lodge is icrowded, and while there are, in other pants of the Hstablishment, more patiente perhaps than ought to bep we pave elegant apartments in the centre building iequal to any, thing of the kind, I believe, on the continent of America, some of which ate vacaut while the class of persons for whom they were designed are spending their means in the support of Foreign Institutions:ixiler a few persons, whose disease has become chronic, who are kind and gentes and who require a comifortable and respectablesbome, we have just che accommodations they would like, where they might live in a style equal to the requirements of our best classes, and at an ex. pense, as reasonableas aceommodations of the kind can be obtained in the United Statesion But I must admit that Ihave but little hope of seeing these apartments profitably oecupied, while our pauper and non-paying Patients occupy the Chapel on the same flat, and the rooms on the flat just over them, while the same stairs myst be used for all. There is too near a proximity tossuit our better classeal) While in the States, last Summer, I fonnd Patients in the Institutions there, from NewnBrunswick and Nova-Scotia, paying for accommodations an amount of money not far short of if if not equal ios that which it costs to support this Institutionguthere were no iless than twenty in the McLeani Aoylum, neak Boston, It is perfectly evident then that /a large amount of means is withdrawn from these Provinces to suipport similar Establishments abroad. Is it not then, may 1 ask, poor economy for the Inhabitants of this Province, while they permit themselves to be so largely taxed for the support of the poor Insane, to allow those who
are able to pay-for the want of accommodation suitable $\varphi$ their tastes-to go abroad to spend their means in support of
tuti Foreiga Institutions, when the amount so spent would go far to make their own self-sustaining? Sarely the policy is bad, and the sooner it is rectified the better; and I confidently trust and hope, that correct-views on this point will induce those tho have the power, to pur this establishment in an efficient working condition, ample for the accommodation of all classes, High as well as low. TThe following extract from a letter of 30th July last, from Dr. Ray, of the Butler Hospital, appears a-propos: Cl Jocis I I hope your people will see the proptiety of placing your Institution on a respectable footing, regarded as a matter of policy. So long as the better class of Patients shun it, fo long Will it be merely a Pauper Establishment; and though a valuable Institution for Paupers, it will furnish no relief to any clasis who are able and willing to pay. They will be obliged, as much as ever, to incur the serious expense of placing their Patients in Hospitals abroad, while they contribute to the support of their own Hospital at home. I trust they will, ere long, See "the mafter in its true light." As the Provincial Lunatic Asylum is designed to be a permanent institution, it is but right that we have respect to the probable future wants of the country ; and occupying the po. sition that I do, I feel that it is proper that I should devote my best exertions to shape it to meet those wants. It is the opinion of those best informed on the subject, that the Province is rich in undeveloped resources, and that it is on the very eve of having pass through it a Great Inter-national Highway, and that it is destined at no very distant day to support a numerous and busy population. In this opimion I entirely concur; but before anything great can be accomplished for this country, there must be a population to do the work. The opening up of our mines, and working the minerals, and constructing our Railroad, would require a great accession to our population, and the history of the experience of our neighbours in the United Stafes should guide us here. There the stream of Emigration which their great public works attracted to their shores was composed of the Eick and the weakly, as well as the healthy and vigorous, and that has proved a prolific source whence their benevolent Public Insti-

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e a perct to the the po d devote It is the the Proon the national $t$ day to opinion 4 accom0 do the re minereat ac. ience of is here. public ick and that has ic Tnsti.
tutions have been peopled. The same results may very reasonably be anticipated here-Besides, the new impulse which such great works sill impart to the latent energies of a hitherto quiet population, will contribute largely, I have no doubt, to the production of mental disease. It is probable that to this cause, more than to any other, may be attributed the great increase of insanity in those countries where Railroads and other great public works are revolutionizing the business transactions, and over-stimulating the energies of the people. Against all such contingencies, then, it is but prudent we should be provided, and I beg to submit whether this should not be regarded as an additional reason for increasing our accommodation with as little delay as possible.

During the year, I have freely opened the door to Vi sitors, and it has afforded me much pleasure to commanicate such facts to respectable persons from all parts of the country, relating to our management, as I thought would be gratifying to them to know. And I am not aware of any evil consequences having resulted from the course which I pursued in this particular. I was anxious, for two reasons, that the real state of the Institution should be known by those who took an interest in it,-first, that they should be made acquainted with our mode of working the machinery which we have; and secondly, that they should be informed as to what we still require, and in this way secure their countenance and aid in carrying on our benevolent operations.

Dr. Chandler, in his Report for 1849, of the "State Lunatic Hospital, Wurcester, Mass.," in expressing his views on this subject, fully sustains the course that I have adopted. He says:
"Some publicity of an Institution of this kind is well, especially when new, and when there was in the pablic mind some donbt of its utility and its necessity, but there should be some limit to the number and to the time of promiscuous visits.
The chronic Insane are often pleased with an opportunity of conversing with any one, and some of this class are not injured by judicious visitors."

I am fully aware that it is impolitic to attempt to proceed in advance of the people of any country in developing its public Institutions, and I am quite satisfied that if the real position and true wants of the Asylam for the Insane were fully
brought to the notice of the people of this Province, they
would with one yoice, yote rs the means for its inmediate completion

Asyl thing
 pangue mats had the privilege to meet in convention, at Boton, Sugeriptendents of some Twenty-six Asylums for the Insame : At that meeting, most of the leading questions, touch. ing the accommodations, management, treatment, both moral and medical, of the Insagh, were fully discussed. Practical, as well as theoretical, views were elicited from all parties, and made commonistock. The meeting ras most interesting, and highly yteful, and pleasing circumstances in connexion with it were the unbounded civility ofithe civic authorities in their of. ficial capacity to the Association as a body, and the gentlemanly and polite bearing of the American members th Doctor Douglas, of Quebec, and myself, the only representatives there of Britioh Provincial Institations As After, the Convention adjourned, I proceecded to visit some of the most interesting Asy. lume in chat country Besides those at Somerville and, South Bonton, the forgner under the superintendence of Doctor Bell, and, the latter under that of Doctor Stedman, I went to iritoric
 intendence of the justly celebrated Dr. Ray Tho This Institus tion had for me an especial interest, as it is the one of which ourn is a copy. I was struch, however, with thergreat diffem. rence that exists in many respects between that fine Fistablish ment and our own The Building was completeno Wings ry Liodgej and all, and there were put 110 Patiento gccupying those ample accommodations, While we with the gentre. building and one Ladgen being minus both Wings, andione Lodge, accommodate ninety-five upon an average thrgughout, the year, and frequently over pone hyndred" rearoll sill ot
From Rrovidence, I progeeded to Worcesten Hospital for the Insane, under the superintendence, of Doctor Chandlew; in thence to Retreat, at Hart ford, ander Doctor Butlepi thenge to Bloomingdale, sunder Doctord Nicholas; DFlushing Sanfordim Fill, under Doctor Rgel; the Nerm York Cityi Lupatic Asyhw lum, Blackwell's Island, under Dr. Ramney; State Lunatignit Asylum, Tranton, New Jersey, puder Boçor Buttolph; Phila: dolphia Hoppital, Blogkley a Mnder Doctor Heanes ; Friends

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 qisuperyn Institu. $C_{\text {, which }}$ at differm tablish Wings, upying sentre undipne pughomit $\mathrm{H}^{\circ} \mathrm{OT}$ for the nder: engesto ianfordin c Asym quatis Phila: riends

Asylum ${ }^{\text {s }}$ for the Ihsane, Frankiford, (Pa.) wider Doctor Wor. thingtov, Penitsylvania Hospitaf for the fisane, Under Doctor Kirkbride. At all of these Institutions I was cordialy welcomed, and politely entertained; aud from the medical Gentle. men in charge, as well as from other officers, 1 received the utmost attention' every thing was doue that 1 could desire, promote the object of my mission. ${ }^{\text {Bit }} \mathrm{To}^{\text {r }}$ all those gentemen $\mathrm{I}^{\mathrm{t}}$ owe a lasting debt of gratitude, and the new friendships which I had the pleasure to form will be among iny most endaring.
In my absence to the States, my place was fllef by your appointment, by Doctor John Boya, of the City, and the kind and gentlemanly manner in which be discharged bis dutywhich was most faithfully performed-has made Hing quite a favourfie with all the inmates. 3 . The Chaplaincy being vacant, it may be a matter of interest to know how 1 have managed under the circtimstances. I have already informed you that we have had thiree deaths, one of these was a member of a fanfly who. when informed of the cevent, removed the body and buried it themselves. Another being a Methoaisit, the ley. Mr. Daniel was requested to attend the funeral; the other being an Episcopalian, the Rev. Mre Cdster was invited to do that duty-both of whom very Ifindy eofiserited. The Rev. Mr. Daniel, Wesleyan, the Rev. Robert Ifvine, Preshyterian, the. Rev. Mr. Harris, Baptist, have each preached ohice for us. To all these Rev. Gentlemen we are under obligations, and they are hereby mositgratefully acknownedged. To the Clergy of all denothinations alike 1 freely open the doors for then to visin the sick, and they have all very promptly attended when requested.

To His Honor Mr. Jutive Parker we owe a contribir tion from the Bible society, of Bibles and Testaments, and from the Church sbciety a contribution of the Books of Common Prayer, and from his owt Library a lot of Pening Magazines-Athese Booke wave beth much used, and highly valued ; and to His Honor the Jutuge we beg to tender our

To the Proprietors of the "Walfax Guardian," througn the kindness of George E. Morton, Esq.; to the Proprietors of "The Free Chrreh Witness," through the kindness of Wm. Murray, Esq, and to the Proprictors of "The Christian Visi-
ator" through the kindness of N, S. Demill, Esquiwe are in.
gal debted for their respective Papers. They will please accept

${ }^{31}$ The Buildings are, I believe, in as good order from the roof
oito the basement as they can'well be, inder our presentarrange-
soments. There is scarcely a room in the whole Establishnent
sthat has not had something added in the course of the year,
nwhich has materially increased our expenses, but has, to the
full extent, increased the value of the Property and comfort of os the Inmates, and the Chapel to which I called your attention lolast year, as being in a bad state for a Ward, has been imas proved till it is now one of the most commodious, and every or way one of the most comfortable, Wards in the Institution.

The Farm, Orchard, and Pleasure Grounds have been improved considerably; the Farm to such an extent as will involve the necessity for the erection of a large Bapn, with Cellar for vegetables and a Piggery.

The crop of the last year consisted chiefly of Oats, Turnips, and Potatoes, which has to some extent reduced our expenditures for these supplies, besides the Straw has saved us an outlay for that article.
In review of all that has passed under my observation in reference to the Provincial Lunatic Asylum, I think we have much for which to be grateful. No accident of any serious nature has occurred, and an amount of general comfort. has been secured, quite equal to what, under the circumstances, could reasonably have been anticipated. Some of our Patiente have been restored to their friends, and to usefulness ; others have been prevented from injuring themselves and those around them; some have been kindly nursed in sickness, who had no friends of their own to attend to them ; others still, have had their sorrows soothed by all the kindness that they could have enjoyed in the midst of their own relations, and have gone down to the tomb; and a large number are yet enjoying a comfortable home and good health. While this was being accomplished here, the community has been freed from the trouble that would have resulted from their being at large, and private families have been relieved from burdens that they were ill able to sustain : and when all this is compared with the state of the coun. try without such an Institution, it is only then that the aggre.
ow
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I: ha Of in I fal the an fro e accept luys the roof arrangelishment he year, as, to the omfort of attention jeen im. nd every tution. been imwill inith Cellar

Turnips, expendid us an
ion in rewe have y serions nfort has nstances, Patiente ; others nd those sickness, ; other kindness eir own a large nd good the comald have families le to susbe coune aggre-
gate of the good that we bave accomplished swells into its own real importance.

While I thank the Commissioners for their generousiconfidence, kind assistance, and valuable counsels wand here I include William Jack and A. Campbell, Esquires, who have retired from the Board-1 feel it but due to the Officers, Attendants and Servants, who have cassisted me in carrying on the work, to say, that for the most part I have been highly pleased with their indastry and faithfulness.as And now, with a heart overflowing with gratitude to the Great Giver of all Good, for bringing us to the close of another year, under such favourable circumstances, I pass from its duties with renewed energy and greater experience, to enter upon those of a new year.

JOHN WADDELL.

## Provincial Lunatic Asylum,

Saint John, N. B., 1st January, 1851.

























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| Age. |  |
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27
BRIEF STATEMIENT.


Renaining at 3 Fst December, 1850 , and in what Condition.


Medical Superintendent:

NUMBER OF PATIENTS IN ASYLUM AT FIRST OF EACH MONTH.


Sumber of patientr from nach count ob

| Char: lotte. | $\begin{gathered} \text { Carlece } \\ \text { ton. } \end{gathered}$ | Glow: cester. | Kent | King's | Northum berland. | Queens | $\left\lvert\, \begin{aligned} & \operatorname{Sin}-2 \mid \\ & \text { bury } \end{aligned}\right.$ | $\left\lvert\, \begin{array}{\|c\|} \hline \text { Ste. } \\ \text { John } \end{array}\right.$ | West. morland. | York. | Totat. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 26 | 7 7 | $2^{201}$ | 4 | 8 | 7 | 1 | 2 | 69 | 7 | 18 | 151 |

ABSTRACT of the Total Expenditure on the PROVINCIAL LUNATIC ASYLUM, for the Year ending the 81 st December, 1850.




We, the Commintioners of the Photameras. Humaric Astiout, ito hereby Certify, that the foregoing Account is correct and true, according to the best of JOHN WARD,

WM. OLIVE,
PETER BESNARD,
ROBERT F HAZEN,
J. SIMPSON,
F WIGGINS.

 FROM THE





## PROVINCIAL EUNATIC ASYLUM.

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SECTION 1.
That none but Lunatics proper shall be admitted as patients.
That no mere Idiot shall be received except on clear proof that such Idiot, being at large, is dangerous, and that his admission be forthwith reported to the Lieutenant-Governor, and sanctioned by him on a medical report.

That persons labouring under the temporary insanity of delirium tremens, or its effects, shall only be admitted as patients, on their board and attendance, at a rate not less than Fifteen shillings per week, to be settled by the Medical Superintendent, being first paid or secured to the satisfiction of the Audit Committee. ㅈํ is 1 nifit mhi

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SECTION 11.
That no female, in a state of pregnancy shall be knowingly admitted as a Patient, except on clear proof that such a female being at large is dangerons, and that her admission be forthwith reported to the Lieutenant Governor, and sanctioned by him on a medical report; and should it be ascertained that any Patient admitted is pregnant, the Secretary shall immediately motify the relations or parties procuring her admission of the fact; and she shall, without delay, be removed by them before confinement. And that no infaut shall be admitted with its insane mother, except in cases where payment shall be secured for the additional attendance and expense thereby occasioned.

## GECTION 11L.

That whenever an Insane Puuper shall be sent to the Asylum by any Parish, he or she shall be provided by such Parish, at the time of admission, with two fill suits of strong and comfortable Clothing.

SECTION IV.
That Patients shall be admitted to the Asylum as follows :

## FIFRY OLASS, PAYLNG PATHENTG.

The person in charge of the Patient shall produce to the Medical Superintendent a Certificate, from a qualified Physician or Surgeon, that the party is insane, with all the particulars of the case, ${ }^{*}$ embracing age, occupation, the cause, character, and duration of the insanity, habits of life, and previous medical or other treatment, so far as the said particulars are known to, or can be ascertained by, the certifying Physician, and shall furnish with the Patient, and during his continuance at the Asylum, a sufficiency of conffortable clothing, and shall give security to the satisfaction of the Committee of Audit, for the payment of the board of the Patient, and suitable attendances, as required,

[^1]
## 31

at a rate to be agreed upon at the time, or to be referred to the decision of the Medical Superintendent, on a reasonable trial.

> SRCTION V.

## GEOOND OLASS, NONRPAYMC PATHENTS.

When such a Certificate of a Physician or Surgeon as aforesaid shall be produced, together with a Warrant under the hand of two Justices of the Peace nearest to the Pa -
 or if poor, but not a pauper, that such Patient has no property or means of support, and is a fit subject for admission into the Asylum as a non-paying Patient.

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That every Patient shall be discharged whenever, in the opinion of the Medical Superintendent, he or she shall have been restored to a sound mind, notice of such intended discharge being previously given to the relations properties acting in procuring the admission of the Patient.

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## FORM OF BOND.

Know all Men by these Presents, That We, ___, of __, and Province of $\ldots$, and $\quad$, of the same place, are held, and stand jointly and severally bound unto the present Commissioners of the Provincial Lunatic Asylum, in the County of Saint John, and Province of New-Brunswick, and to their Successors in Office, in the penal sum of _- pounds of lawfill money of the said Province, to be paid to the said Commissioners, or to their Successors in Office; for which Payment, well and truly to be made, We bind Ourselves, Our, and each of our Heirs, Executors, and Administrators, firmly by these Presents. Sealed with our Seals, and dated the day of ——, in the Year of Our Lord One Thousand Eight Hundred and
Whrbras $\quad$, of the $\quad$, and Province of $\quad$, now is and has for some time past been labouring under Mental Derangement, and unsafe to be at large; and whereas the Friends of the said _—_ haveresolved to send -_ _ to to the Asylum for the Insane, situate in the County of Saint John as aforesaid, in order as well to - safe keeping as to receive the treatment best suited to cases of the like description.
Now, the condition of this Obligation is such, that if the above bounden or either of them, shall well and truly pay or cause to be paid to the said Commissioners of the Provincial Lunatic Asylum, as aforesaid, such reasonable sum as is customary to be paid by persons in the like circumstances of the said $\qquad$ , and shall otherwise conform to the Regulations of the said Institution, then this Obligation to be void; otherwise to be, and remain in full force, virtue, and effect.
In Witness whereof, we have hereunto set our Hands and Seals this _ day of A. D. 18 -.

Sealed and Delivered, \&c.
in presence of

## FORM OF COMMITMENT.

County of
To any of the Constables of the said -County aforesaid.

Whereas it hath been made to appear to us (A. B. and C. D.), two of Her Majesty's Justices of the Peace, in and for the -aforesaid, on the Certificate of E. F., M. D., in said ——, herewith annexed, That G. H., of said ——, (here insert Civil Condition, Occupation, and means of support,) is at present so far deranged in Intellect as to be extremely troublesome and dangerous to be permitted to go at large.
These are, therefore, in Her Majesty's name, to Command you or either of you to apprehend the said - and - safely convey to the Provincial Lunatic Asylum, in the County of Saint John, and deliver -up, along with this Warrant, to the Manager or Superintendent of the Institution, there to be detained and held in safe keeping until - be discharged by due course of law.
And for so doing, this shall be your sufficient warrant and authority.
Giiven under our hands and Seals this__, in the _Year of Her Majesty's Reign. A. B.
c. D.

## medical certificate.

I have carefully examined A. B. of C. D., and believe him to be Insane.


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[^1]:    *Attention is reapeetfully but particularly desired to this.

