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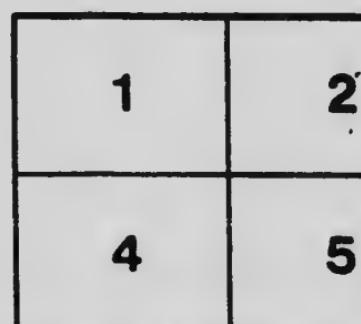
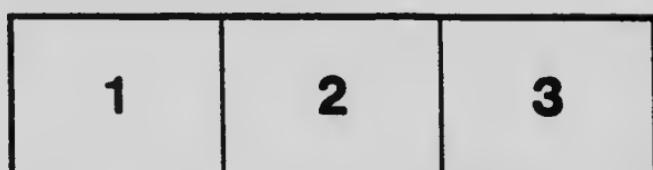
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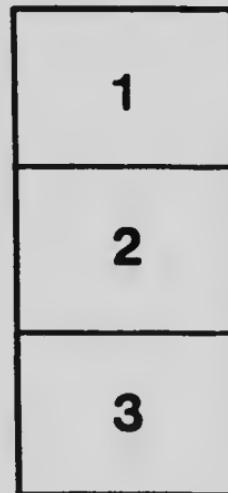
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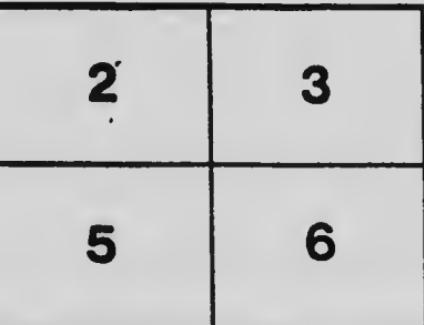
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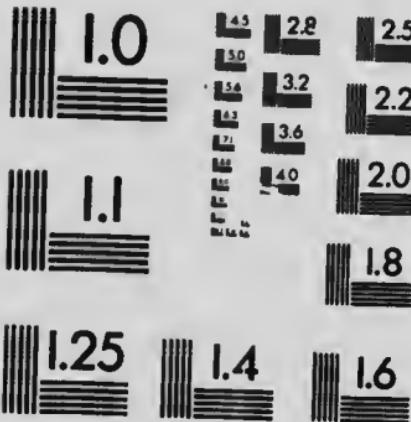


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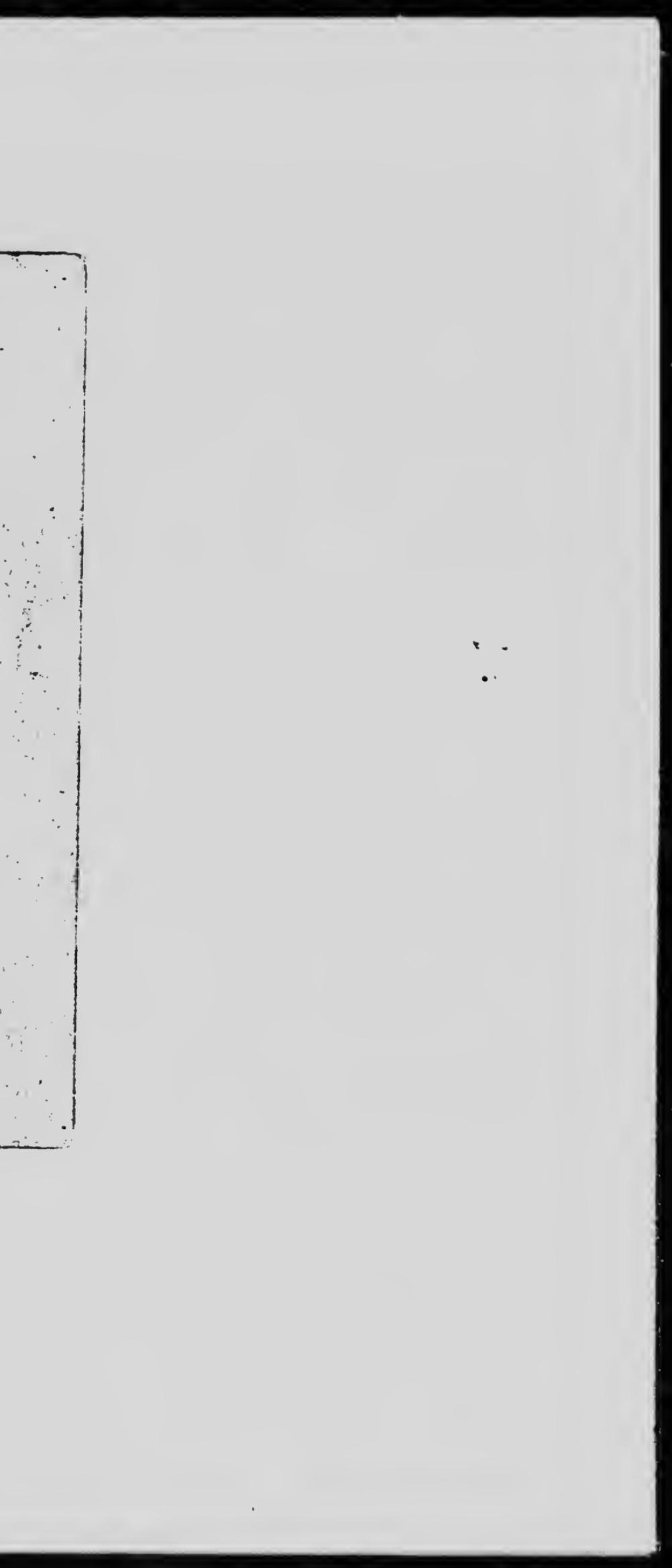
### INTRODUCTION.

This is a spectacular BOW AND ARROW DRILL for eight, ten, twelve or sixteen girls. The scene may represent a street; but this is unnecessary, since an ordinary platform with a background of dark red (blankets or canton flannel) will answer the purpose equally well.

The costume consists of a white blanket draped gracefully and rather loosely about the body, the corners tipped with silver ornaments. For convenience it may be substituted widths of white cloth sewed together, draped and slashed around the bottom. Silver ornaments may be sewed in with fringe. White stockings with fringes sewed up the sides, for leggings. White silvered slippers, or mocassins made from white flannel and embroidered with silver beads or spangles. Hair flowing. Low crown covered with silver paper or tin-foil, and ornamented with a row of perpendicular white feathers. Quiver, fashioned from pasteboard and covered with silver paper, strapped to body with a cord of silver tinsel, or rope wound with tin-foil, which passes diagonally across front of bodice to back. Silver bracelets and necklaces. Bow silvered, and with a tinsel string. Arrow silvered with white feather and tin tip.

The abbreviations, R. and L., mean right and left as the performers face the audience. The music is optional—simply some brisk 4-4 schottische. Commands in italics may be uttered aloud by the captain.

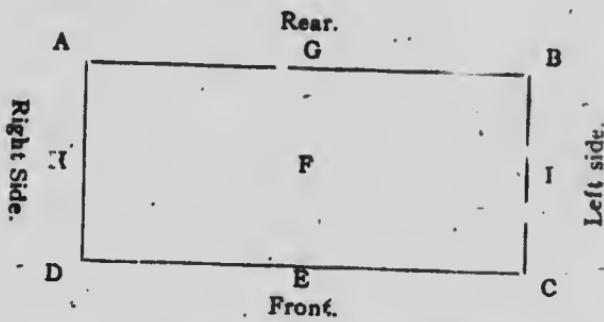
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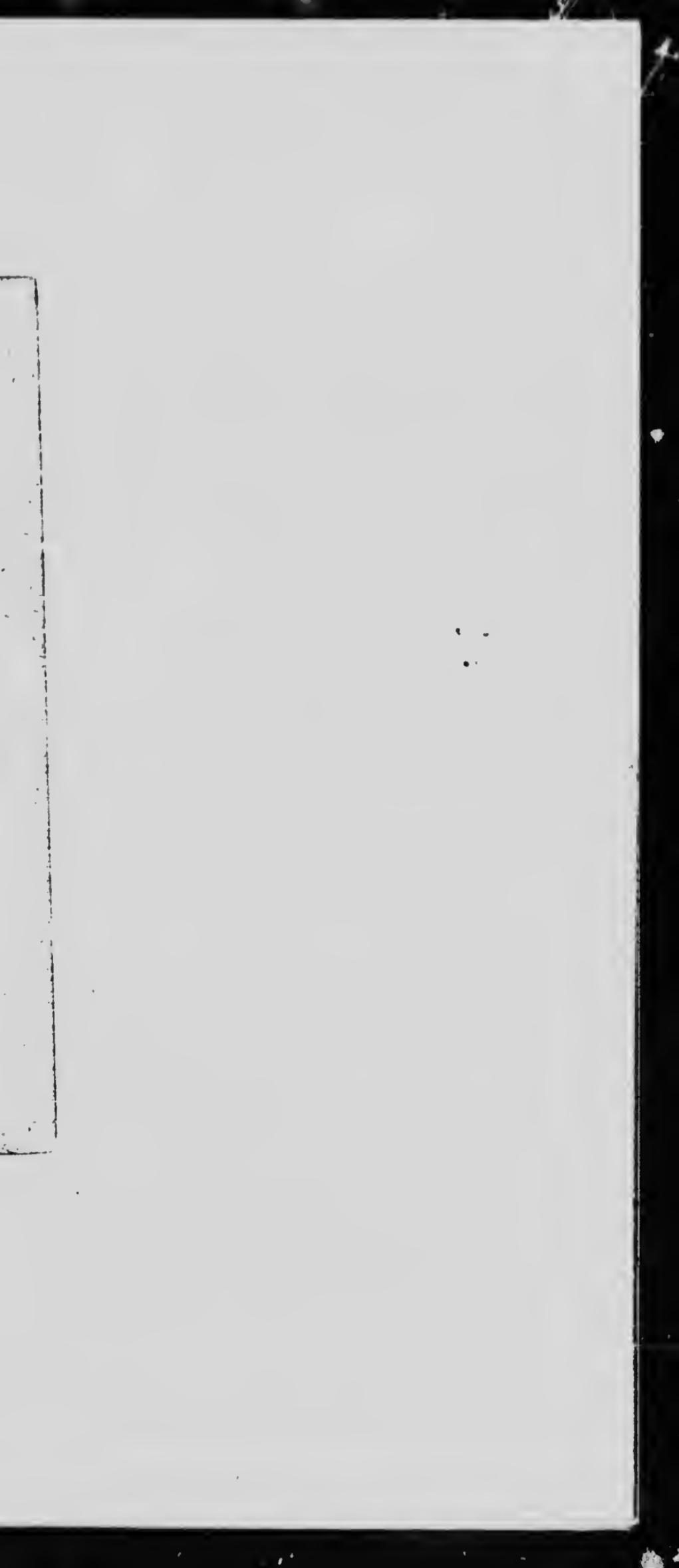
THE DRILL.

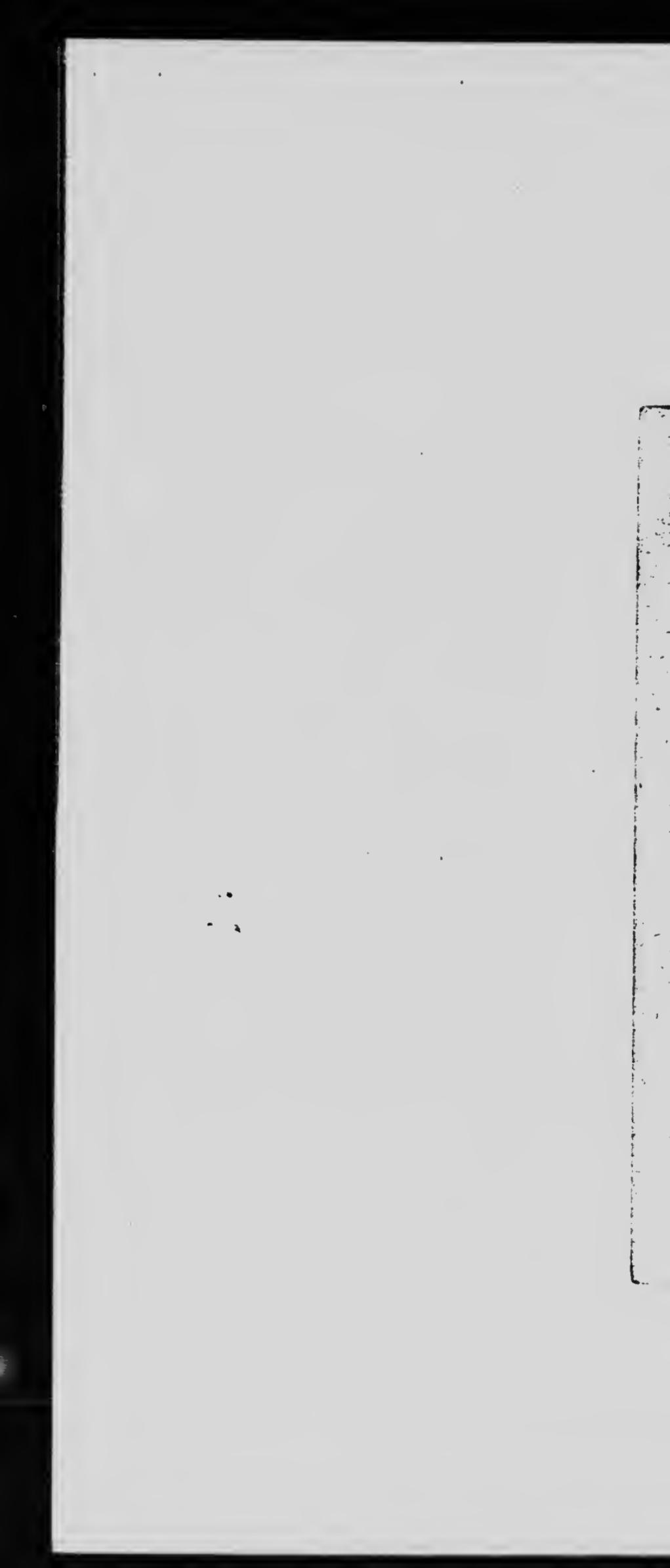
With bows in right hands, arrows in left, enter in two lines at A and B. Meet at G; march, double file, to E. Line on right turns to D A G; line on left marches C B G. Right line marches diagonally G D. Left line marches diagonally G C.



1. *Line up!* Girls at D and C remain stationary while the lines from G move front till a straight line is formed from D to C.
2. *Salute!* With right hand (arrow in hand):  
(1st count.) Touch forehead.  
(2nd count.) Arms extended at side.  
(3rd count.) Again to forehead.  
(4th count.) Down at side.
3. *Arms, position!* Bows held against R. side and shoulder.
4. *Retreat!* March backward four steps.
5. *Present Arms!* Bows perpendicular at arm's length in front of body (cords toward body).
6. *Ready!* Fit arrows to cord with L. hand and point toward audience.

7. *Fire!* Stretch cord back with left hand, at same time stepping forward with weight on right foot, exclaiming explosively, "Whiz-z-z!"
8. *Rest!* Step back. Bows in "position" (see 3 above); arrows at L. side.
9. *Face, Diagonal Right!* Face D.
10. *Present Arms!* (See 5 above.)
11. *Ready!* (See 6 above.)
12. *Look Out!* Body stooped forward; faces toward A, thus bringing backs of heads toward audience. Bow and arrow horizontal, at arm's length, on a line with forehead.
13. *Retreat!* Retaining above position, march backward C B G E. Backs will thus finally be presented to audience.
14. *Steal upon the Enemy!* Bodies still stooped: bows perpendicular; eyes sight along arrow; march G A D.
15. *Defiance!* Quick movement; weight forward on right foot. Bows horizontal, overhead. Arrows back and away from body, toward G.
16. *Line up!* Bows on right shoulders; arrows at L. side. Line at D remains stationary; while from A it marches forward toward C till a straight line is formed D C.
17. *Defiance:* Defiance attitude through two measures.—Tableau effect; colored lights.
18. *Defiance and Warfare!* (Tableau). Beginning with the girl at D as number one, every other girl—or the odd numbers—step forward one step.
  1. Drop on left knee.
  2. "Present" arms, front (5).
  3. "Ready" (6)."Defiance" position retained by the even numbers (standing).





*19. Protection! (Tableau).*

1. Even numbers (standing); face D.
2. Present arms (5).
3. Ready.
4. Fire. Weight back on left foot.

Meantime the odd numbers (kneeling) face C, heads bowed. Bows still drawn, dropped at right side till the arrows point toward the floor.

*20. Saved!*

1. Even numbers gradually shift weight to right foot, bow and arrow still at arm's length extended. Face front, and gradually bend forward from waist, feet stationary, till the arrow almost touches the floor, by side of (kneeling) odd numbers.
2. Arrow and bow held by cord in left hand, dropped at left side; put right hand on left shoulder of odd (kneeling) numbers.

*21. Rise!* Odd numbers (kneeling), arrow and bow held by string in right hand, at right side, left hand resting on right shoulders of even numbers (bending), rise as even numbers (bending) regain upright position.

*22. Retreat Glide! (Tableau lights.)*

1. Mark time.
2. Weight on left foot; cross right foot over left with motion from the hip and knee. Step back with right foot, left crossed over right, step back with left foot, right crossed over left, and so on, as in "Skaters' Schottische." Retreat till the line is at A B.

*23. Forward Glide!* Hands of couples taken from shoulders and clasped, extended arm's length overhead. Glide forward till the line is at H I.

*24. Face Partners!* Couples face, i.e., odd numbers face even numbers.

25. *Salute!* Even numbers (bows and arrows in left hands): 1. Raise left hands of odd numbers; 2. Bow; 3. Kiss hand; 4. Drop hand.

26. *Rebuff!* Odd numbers face D. Even numbers put right hands to hearts. Heads bowed.

27. *Supplication!* Arrows and bows still in left hands, the even numbers: 1. Step front two steps; 2. Kneel, facing H; 3. Right hand extended toward H, heads raised toward odd numbers.

28. *Coquette!* Odd numbers, bodies toward D, faces toward C. Arrows in right hands and bows raised on a line with face horizontally, one end in right hand, the other in left. Look coquettishly at even numbers, between the arch of bow and the bowstring.

Even numbers, right hands on hearts.

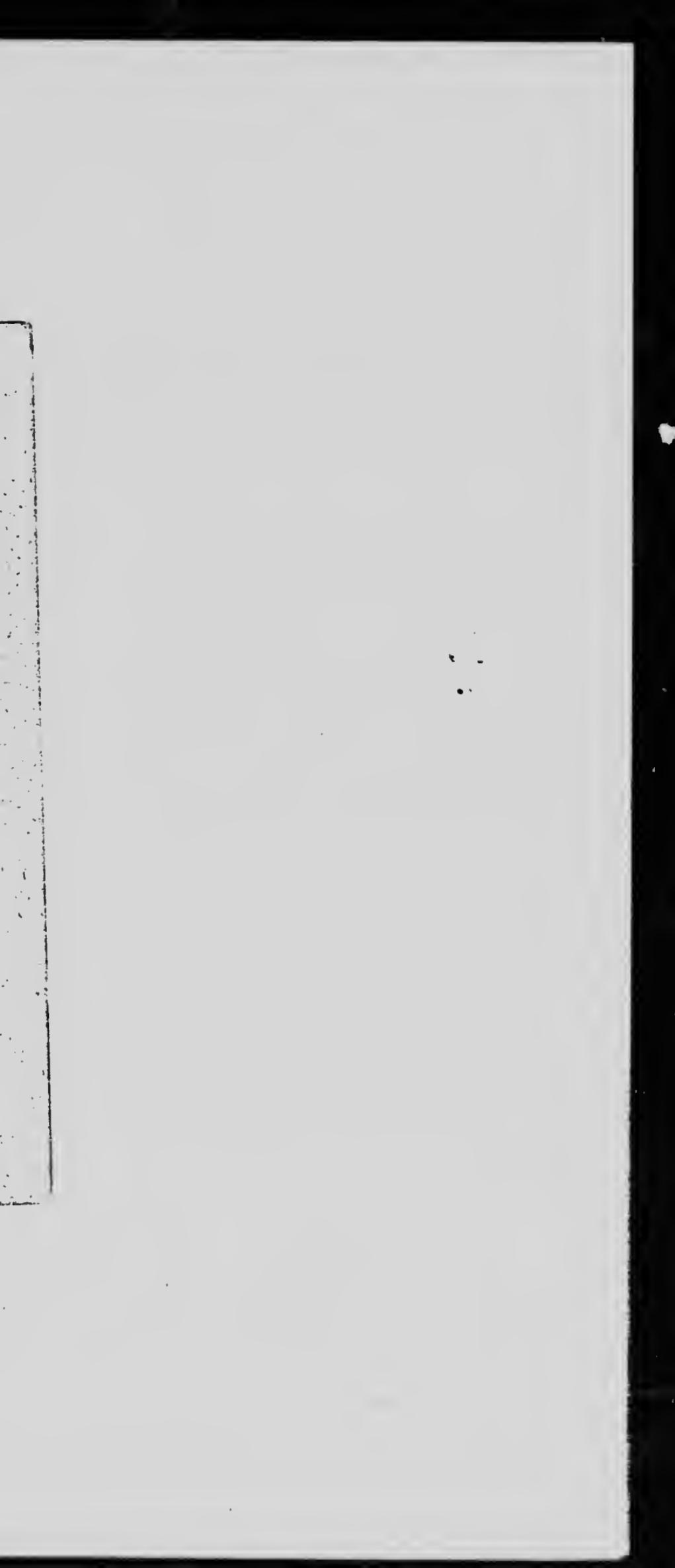
29. *Invitation!* Odd numbers: 1. Drop bow to right side. 2. Take arrows in left hands, beckon toward C (and even numbers) on one count; back toward selves on next count; then again toward C and so on four times.

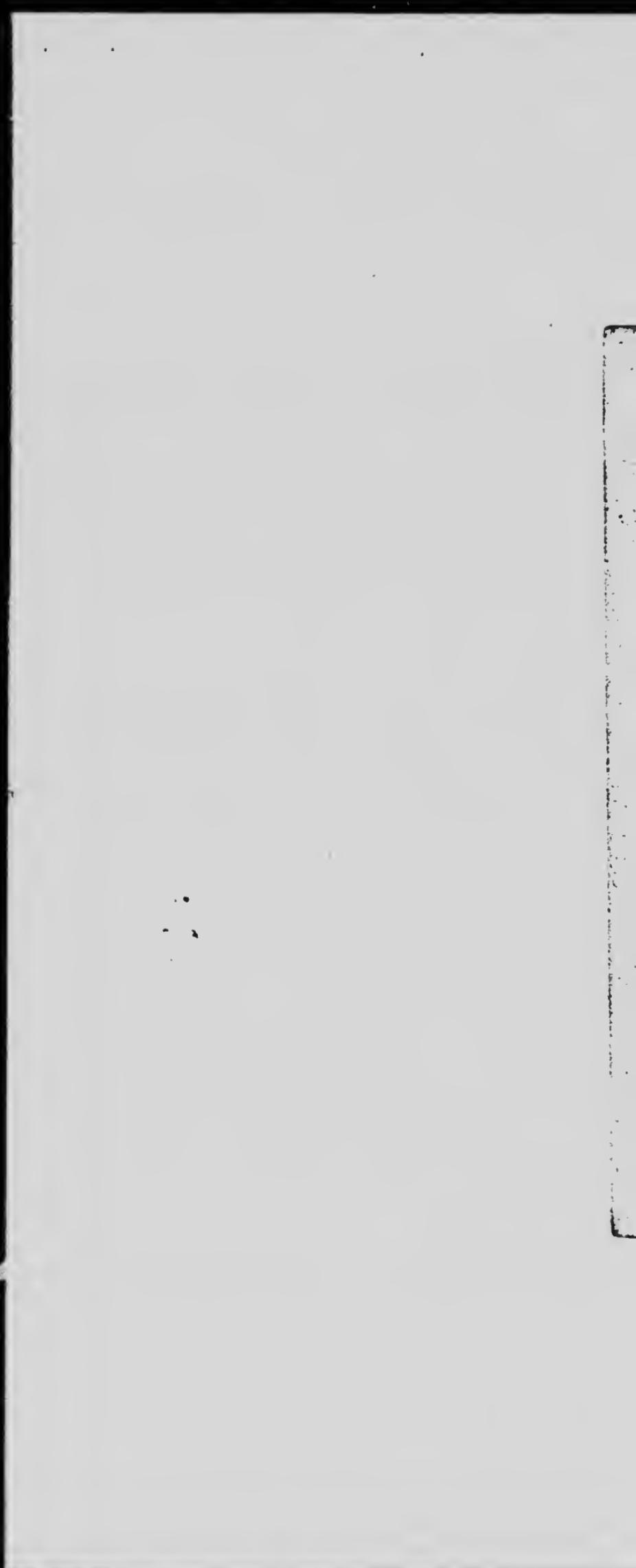
30. *Repel!* Odd numbers: Arrow four times waved away from body, violently toward C; faces toward A. Even numbers: Heads on breasts, and right hands fall to right sides.

31. *Suicide!* Even numbers (kneeling):

1. Face front,
2. Right hands on arrows, at left sides.
3. Heads thrown back, lift arrows in right hands far overhead on one count: down till the points touch breast, on next count; up overhead, on third count; and so on, giving four downward strokes in all, and remaining positions, with tableau lights and music.

*Curtain.*





## JUMPING ROPE DRILL.

(For seven girls.)

Costumes : Simple or elaborate. A simple costume is every-day short dresses with white apron, long black stockings, and flat-heeled slippers. Hair curled or crimped and hanging about shoulders. An elaborate costume is made of tarlatan and satin. Tarlatan skirt made ballet fashion, very full and short, a bodice of blue satin and five points of satin over the tarlatan-skirt in form of overskirt. These points should hang to bottom of skirt. The slippers and stockings and hair should be the same as for a simple costume except that the girls may have an elaborate rosette at left side of hair near front. Each girl is to have in hands four yards of heavy rope, one inch in diameter.

### DRILL.

Girls stand outside of stage R. entrance in single file, with ropes in both hands held in large loops against shoulders and loosely across front of body. Throughout drill girls are to move lightly and easily, the body swaying continually.

Polka music : Trip lightly with ropes against shoulders, 1, 2, 3, R., then 1, 2, 3, L., all around stage to L. front, body swaying in the direction of the steps taken. When at stage front girls glance coquettishly at audience as they take positions shown in Diagram 1.

X X X  
X X X X

DIAGRAM 1.

Two-step Music : Drop R. hand to side (during four counts). Bend head daintily to R. and smile at audience (four times). Drop L. hand to side and raise R. hand to shoulder (during four counts). Bend head

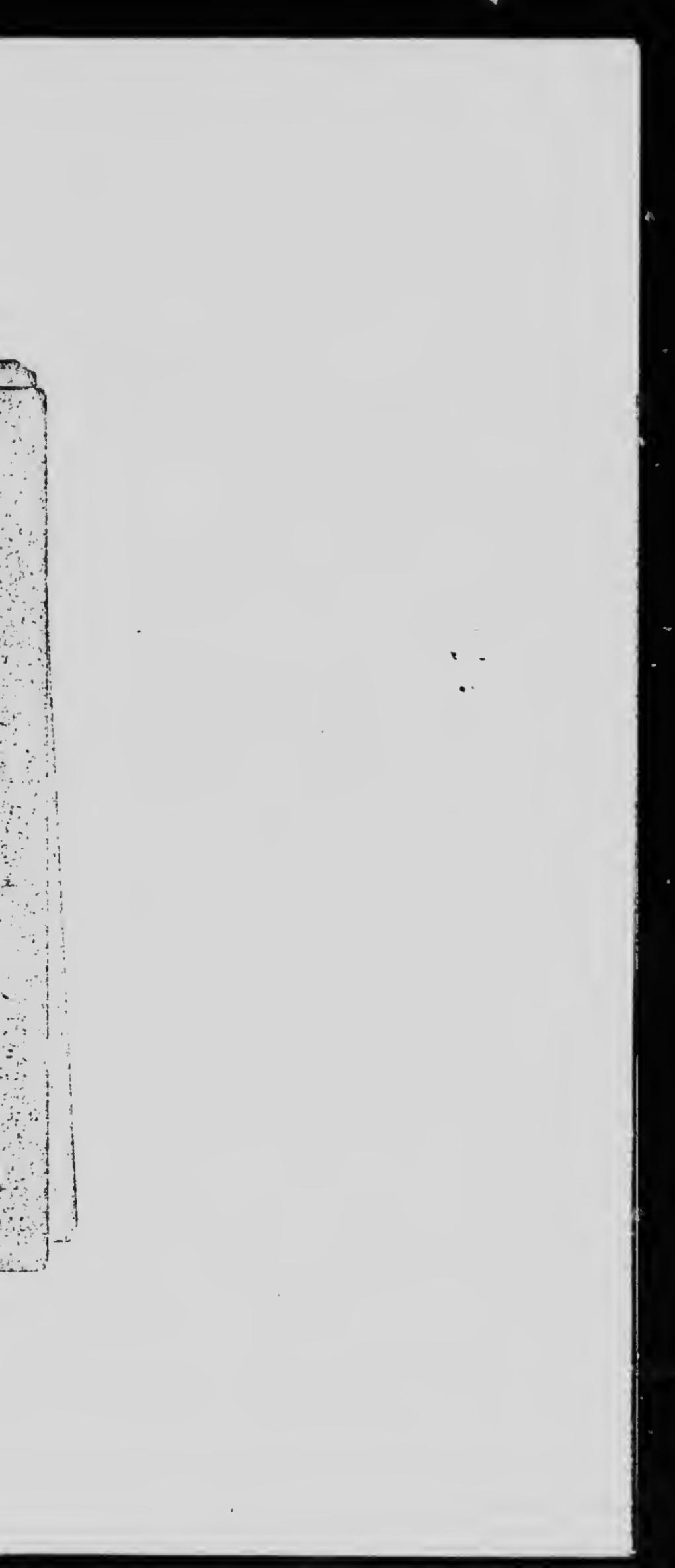
daintily to L. and smile at audience (four times). Stand easily with hands at shoulders, look at audience pertly (four counts). Trip over ropes with one foot as ropes come around forward under feet (during eight counts). Front row trips backward to back row, while back row trips to front row (eight counts), taking positions shown in Diagram II.

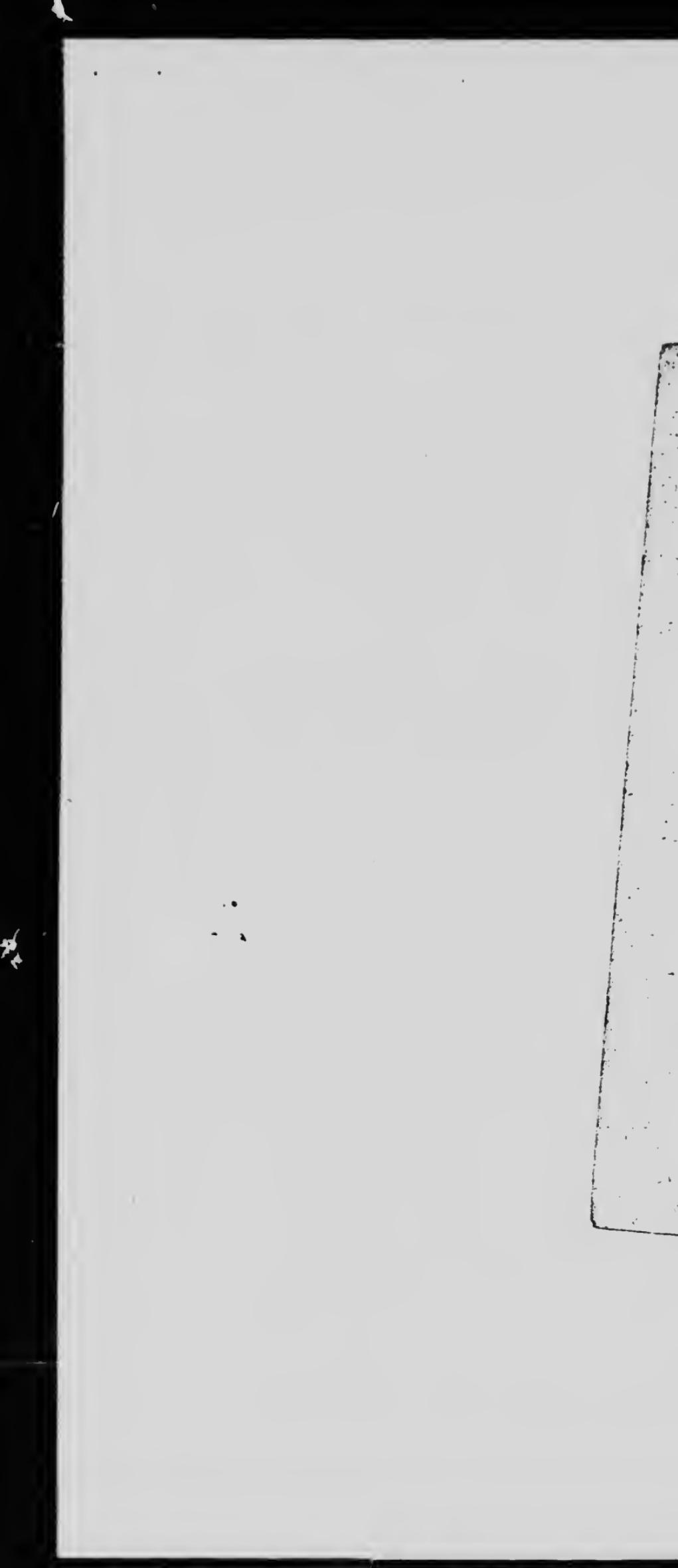
X   X   X   X  
X   X   X

DIAGRAM II.

Jump with ropes in time to the music (during eight counts). Jump ropes in time to music all around the stage, to position, front row leading (during sixteen counts).

Waltz Music : Jump ropes by throwing ropes over heads and bringing them back under feet ; at the same time kick feet, one foot at a time out R. and L. oblique (during twelve counts). Then do the same with swaying motion, passing completely around stage and back into original positions. Form a semi-circle with ends at R. and L. stage front corners (during twenty-four counts). Centre girl of semi-circle trips lightly with rope towards stage front and the , to suitable music, jumps, kicks, trips, or whirls and jumps, etc., in time to music played. (Each girl singly is to do a different style of jumping). As soon as first girl is finished the other girls to L. of centre move toward centre and the jumper steps to end of line. The next centre girl comes forward and exhibits and then goes to L. end of line and the line moves up as before. The next centre girl, however, goes to the end of the R. side when she is finished and that moves the R. side girls toward centre. When last L. girl is in position on R. end of semicircle, girls all face her and bend





slightly forward. Then all trip lightly around stage and back into positions again. Then centre girl comes forward and exhibits and then goes to position at end of R. side, while the others move up as before, and so on until each girl has performed separately. When all have jumped the centre girl will be out of place and she is to jump rope to her own position while the others simply move into place.

**Two-Step Music** : End girls and centre girls jump lightly forward four steps, the others jump lightly, backward four steps. Then all jump back to positions on semicircle. Repeat, but end girl and centre girls the second time jump back, while the others jump forward. This may be repeated three times.

**Waltz Music** : Leader R. end jumps three times forward toward R. followed by next girl who jumps three times forward toward L., and so on, each in turn alternating in jumping; the girls who start off jumping L. forward, the next time jump three steps R. forward. These steps are alternated all around the stage. When stage front is reached again a line is formed facing audience. Hold ropes against shoulder and bend well over. Face L., kick high, first with R. and then with L. foot (eight counts); face front and do same, face R. and do same, face front and do same, stand still and smile. R. end girl remains as she is but faces R. front corner of stage and pouts. The next girl to her steps back two feet, the next remains where she is, the next steps back two feet, and so on until all are either on front line or back line except one girl who is pouting. See positions in Diagram III.

X<sup>4</sup> X<sup>5</sup> X<sup>6</sup>  
X X<sup>1</sup> X<sup>2</sup> X<sup>3</sup>

DIAGRAM III.

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The girls, with exception of pouter, face R. or L. (back line L., front line R.) In this position, each girl throws rope in front of her and trips once, then kisses girl nearest her; that is, 1 kisses 4, 2 kisses 5, 3 kisses 6. After kissing they trip once again and then kiss as before. The tripping and kissing are done eight times. Then the girls take position on one straight line as before, facing audience.

Lancers Music: Face R. and L. Using ropes trip lightly in and out around each other as in "Grand Right and Left" in dancing. All trip into positions of Diagram I.

"Yankee Doodle" Music: Jump in time to the music. The music is played slowly at first but speed increases gradually. When music is played quite fast girls jump to back line, at the same time back line jumping to front line; then all jump to positions and then jump very fast. With crash on piano, all girls drop to knees, as if exhausted, and look smilingly at audience. (Tableau lights.)

"Home, Sweet Home" Music: As soon as girls drop to knees "Home, Sweet Home" is to be played and girls rise wearily to feet, and each in turn, smiling cutely at audience, trips lightly off stage at R.





