## AP5E83X× fol Reserve <br> Everrwoman's Worid



THE Royal Vinolia Toilet Preparations bear the VINOLIA COMPANY'S wellknown motto: "All Alike Perfect." They are distinguished by the refinement and purity with which the word VINOLIA is always associated. Because they are the best, they are the most economical, yet the prices are the same as you have been used to paying. Will you scan this list over so you will be able to order clearly from your druggist or store? See our free sample offer below.

## Royal Vinolia Talcum Powders

In addition to their delightful, absorbent qualities, they have mildly antiseptic qualities, which are very valuable Moreover, they are unimpeachably pure. In four varieties:
"Royal Vinolia," an exquisite talcum, with the odour and delicacy of the new Royal Vinolia Perfume. In Extra Large Tins of Wedgewood design, with sprinkler top. Two sizes, medium and extra large.
"Bonnie Prince Charlie," peculiarly grateful to a delicate skin, perfumed with White Heather odour. Two sizes, medium and extra large.
"Wild Geranium," a subtly attractive Talcum, perfumed with a delightful rose odour. A new Vinolia offering.
"Liril Violette de Parme," a refined Talcum that makes an irresistible appeal to lovers of the beautiful Parma Violet odour.
ROYAL VINOLIA GREAM-For beautifying and preserving the skin. Sold in two sizes at 35 c . and 50 c
ROYAL VINOLIA FACE POWDER-Imparts to the skin the velvety appearance of a well ripened peach. In three shades: white, cream or pink. 50 c . a box.
ROYAL VINOLIA CREAM SOAP-A pure white soap containing all the valuable medicinal properties of Royal Vinolia Cream. An incomparable Toilet Soap for the complexion, 50 c . per box of three tablets.

## Royal Vinolia Dentifrices

These are more than mere teeth cleansers. They are decidedly both teeth and gum preservers. By superior science they succeed in employing that most useful of all cleansing agents and arch-enemy of decay, OXYGEN! They come in three forms, one of which is sure to become your favorite.
Royal Vinolia Tooth Powder, metal box, patent top, 25 c . Royal Vinolia Tooth Paste, exceedingly popular, in tubes with ribbon opening, 25 c ,

Royal Vinolia Liquid Dentifrice, per bottle, 25c
VINOLIA LYPSYL is an exquisite toilet preparation for keeping the lips in a healthy rose-like condition. In dainty metal tubes for the purse or satchel
ROYAL VINOLIA VANISHING CREAM-A cooling and refreshing cream that vanishes from the skin as soon as it has done its healing work. In jars and tubes, 25 c .
ROYAL VINOLIA VEGETABLE HAIR WASH-All the natural oils which give life and growth to the hair are left unharmed, while all dust, grit, dandruff, etc., are removed completely and gently by this new Royal Vinolia Toilet Preparation. Light flakes, dissolving in water, and making a stimulating, luxurious lather, leaving the hair supple and fluffy. This preparation comes in the form of pale Nilegreen flakes of purest vegetable material, afterwards made into a Wash by the purchaser, and is free from those alkalies
which are injurious to the hair. Price, 35 .

Booklet, "The Care of Skin and Hair," and Sample of Royal Vinolia Cream Soap for 2-cent stamp.

VINOLIA CO., LIMITED Toronto
London (Eng.) Paris
New York


VINOLIA COMPANY LIMITED, hold the Royal Warrants of Appointment to their Majesties the King and Queen, and to the Royal Family of Spain, etc.

Made in England and in Canada.




## SAUCE

Made in England every drop, and enjoyed all over the world.

## One Quality

 One Size One Price
## This Book Will Help You

Lovers of Roses



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to reayen torem
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JOHN CONNON CO., Limited

## TAMMERING TOTTERING

positively and permanently over come. Our natural methods per manently restore natural speech Write for free advice and liter ature.

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## RIDER AGENTS WANTED

 Dept. 7 TORONTO, Canada The Wonder of the World.
Rose Bushes with rose on them in
weeks from the time the seed waim planted. It may not seem possible but
we Guarantee ito be io Thew il
BLOOM EVERY TEN WEEKS
Win Winter or Summer, and when 3 years
olid WiIhave Sort, hundred roses on
each bush. Will grow in the hose
 Throw Your VOICE! Into the next
where, Fool your fries \& s, lilts of fun. The Ventrilophone


[^0]

## Housewives

 Leaguecomparing quality and ton, wholesaling and
retailing; and it is
therefore necessary to
cut out these middle cut out these middlemen's prices as they obtained
by
in
aim
Lea
 aim of all the Housewives' and Consumers'
Leagues. They work in connection with
the Farmers' Associations which fully the Farmers' Associa
appreciate their purpo wives' League, under are responsible for most of the high cost of Edmonton is very high and if we goods in groceries only once a week this cost would be minimized. Then the grocer now han-
dies all his goods in cartons dies all his goods in cartons, bags and
packages which of course materially adds packages which of course materially adds to the cost. I will not believe that we as
householders are responsible for this. going to establish more markets, for the to the cost. I will not believe that we as
St. Lawrence market, the only one so far, householders are responsible for this.
is right down town, and inaccessible Probably the wholesaler and retailer
from the suburbs. Even the groceries, find their stocks more easily handled
the retail shops, would going to establish more markets, for the to the cost. I will not believe that we as
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is right down town, and inaccessible Probably the wholesaler and retailer
from the suburbs. Even the groceries, find their stocks more easily handled
the retail shops, would


farmers coming in there instead of going markets, desired by all ratepayers, are not to the council are now
being signed; in the mean time the St .
Lawrence market has been kept in proper
shape-even this matter requiring some in-
Besides this, the larger aims of the League
have'been maintained efficient housekeeping food of good qualit clean shops; early shopping; supervision of weights and measures. The League
asks: As shopkeepers say delivering asks: As shopkeepers say delivering
goods adds $15 \%$ to their cost, are buyers goods adds $15 \%$ to their cost, are buyers carrying their parcels, not entitled to a is: that shoppers should order once or shop-keepers as well as to the grocer whose cost of delivering is thereby les
The report on the work of the Montreal Housewives' League, contributed by Mrs. R. W. Ashcroft, shows what women or-
ganized in a society can achieve. No one ganized in a society can achieve. No one
can withstand their influence. Mrs. Ashcroft says:
"The aims and objects of the Housewives' League in Montreal, since its organization 10 months ago, have been along ways as to the best methods to use in order to ensure pure food, honest weight, santry shops and markets, meats endorsed by the Government stamp, and better
milk. There are about 500 members interested in these matters, and the response they meet with from dealers, show how true it is they must look to women as purchasers of the household supplies, and that to satisfy them means to secure their custom. "The gentle yet persistent movement toward having grocers cover all perishable goods, such as candy, figs, dates, cakes and cheese, is having its reward the dealers welcome rather than dis courage, the visits of these self-appointed inspectors, and the grocer who wins the right to display the Housewives' League card of recommendation, always puts it improving the milk supply and instruct ing mothers how to care for milk, thus lessening the high rate of infant mortality, is an important branch of the work high cost of living in Montreal, the main effort of the Housewives' League is the weekly publication in the press of market reports covering meats, fish, poultry,
game, butter and eggs. These weekly game, butter and eggs. These weekly
bulletins are now consulted by hundred of women each Thursday morning and evening, and dealers are beginning reach for the "blind" advertising which the Housewives' League gives to the right article at the right place

## Progressive Edmonton

## When The Consumers' League

ganized at a meeting held May the St
Mount-
many avenues of work opened up before us that we felt we could not under first efforts should be directed to the improving of the Market. With this end in
view committees visited the market at
up in packages so much alike as to be most misleading. It is our he as to be shall soon some day be able to that we educative meetings along these lines so and what the cost should be
"In June the Edmonton City Dairy invited the executive to be their guests at and we found the most modern and sanitary methods, for the handling of milk, cream, butter, cheese and ice cream were used. After partaking of their toothsome ice-cream we were shown their method of candling and grading eggs. We learned that each days' evaporation shows on an egg and that eggs fresh from
the nests were much heavier than those the nests were much heavier than those even a few days old. We would therefore Edmonton, as we could in this way better judge their freshness.
"I think to the Central Market should be given the credit of the enormous reauction in the price of meat. On special days T bone and sirloin steaks and roasts are sold for 16 c a pound; brisket at 8 c and all other cuts equally low. I visited
the South Side Market last Saturday, the South Side Market last Saturday,
and found very choice cuts exceedingly low. We are hoping for great reductions in prices in the new Market. I may add that these prices are much below the "We wo ed
"We welcome the opening of as many markets as possible as competition is to get cheaper produce. We patronize to get cheaper produce. We patronize
all but ally ourselves with none. Then we are free to criticize and offer suggestions are free to criticize and offer suggestions
to all. We are making a strong appeal for members as we feel that in numbers there is strength; if we had 1,000 members almost anything we asked for we could have.
We are lending our support to the es all animals sold in the city must be killed or brought in immediately after killing to be inspected by a Government In sector as we feel that only in this way can a proper inspection be made and until this is done we do not feel that we can recommend all the meat sold on the mar
"Among the many questions to be taken up and studied by the League are - Why in the midst of a dairy district our dairy in London, England.'
Of all the Women' Societies which are it is doubtful whether any will achieve


## The Choicest

 Perfumes of allCorsonis
PERFUMES

Preferred by dainty women every where because of their

exquisite and lasting fragwhen you buy Cordons PERFUMES you are buying genuine "Made in Ca nadia' Perfumes -prepared by skilled Perfumes-prepared
chemists in the laboratries
the Limited -the only house in the Dominion exclusive ely devoted to the manufacture of
Perfumes and Toilet RequisPerfu
ines.

You not only secure the most delightful of all perfumes, "ut you loyally support the

## Corson's Perfumes

## wo favorites

 ORSON'S "IDEAL ORCHID"CORDONS "POMANDER" CORSON'S "POMANDER" Sovereign Perfumes, toronto - ontario


There is no need to suffer the annoying, excruciating pain of on gently will soothe the aching head like magic. Don't delay, Try it at once.

> Hear What Others Say "I have been a sufferer with Neuralgia
for several years and have tried different for several years and have tried different
Liniments, but Sloan's Liniment is the
best Liniment for Neuralgia on earth best Liniment for Neuralgiant on earth.
I have tried it successfully; it has never
failed Mrs. Ruth
Mo., writes:
". Claypool, Independence,
friend of ours told us about your Liniment. We have been using
it for 13 years and think there is nothing it for 1 years and think there is nothing
like it. We use it on everything, sores, cuts, burns, bruises, sore throat, headaches
and on everything else. We .an' get
年
SLOANE LINIMENT
is the best ism,
backache, sore throat and sprains.
At all dealers, 25c.
Send four cents in stamps for a TRIAL BOTTLE
Dr. Earl S. Sloan, Inc.
Dept. E.
Dept. E.

# Will You Send Me.Your 

 3 Three Best Recipes In Exchange tho Lovely Casserole?(i)HAVE been appointed the Editor of the New "Recipe Page" in Everywoman's World, Canada's Great Home Magazine. I received this appointment when Everywoman's world decided to tell its thousands of Canadian women readers of the best well tried recipes in use in Canadian homes. Will you tell me how you make the three dishes that your family like best, and thereby gain the opportunity of receiving this exquisite Royal Alexandra Casserole and a fine big prize as well?

For my Recipe Department which opens in an early issue of Everywoman's World, it is the desire of the publishers that I leave the old beaten track and instead of giving only the fancy recipes and cooking school advice, usually found in magazines, devote my page to telling the readers of Everywoman's World how to make the dishes that are finding greatest favor in Canadian families, from day to day.
I must make my page a more interesting feature for Canadian housekeepers than can be found in any other magazine and how better could I accomplish this purpose than by asking Canadian housewives to send me their favorite well-tried recipes! I could not possibly publish a recipe page so good and so complete as one produced from the recipes of good cooks all over the Dominion, because then every recipe given will be one that has been tried and proven by the practical results of each individual contributor.


[^1]

Just Write Out Your Three Favorite Recipes and Send Them to Me To-Day.
I want you to tell me how you make any three things that have found favor with your family and friends. You have recipes that I want to publish and tell other women about. Send them to me today

A Word About This Lovely Royal Alexandra Casserole.

Once you have cooked with a casserole you will wonder how you ever managed to keep house without one. Casserole cooking is the greatest advancement the art of cooking has made in the last fifty years.
This casserole is fire proof and practically unbreakable and after dishes are prepared and cooked in it, you simply place the casserole in its handsome frame and put it on the table. Both time and labor are saved by the food being brought right from the oven to the table and served in the dish in which it is cooked.
Almost everything you would want to cook in the oven can be done to perfection in a casserole; meat, meat pies, stews, poultry, all

cereals, puddings, vegetables, and all kinds of desserts etc., etc. It is a wonderful means of reducing living expense because with it you can turn left overs, odd and ends of meat, etc., that you might ordinarily throw away, into the most tempting and delightful dishes served "en casserole."
With your casserole I will send you a book of lovely new Casserole Recipes that will show you how to make new delights of a lot of your old favorites and help you to cut living expense in half.
We chose this lovely casserole as the most suitable reward possible to give to the good Canadian housewives whose recipes are approved for publication in my Recipe Page. It is a genuine "Royal Alexandra" in the beautiful French Carmelite Brown color and has spotless porcelain lining. Its beautiful mount or frame is in a charming dainty, pierced filigree pattern. You would pay at least $\$ 3.00$ to $\$ 5.00$ for such a casserole in your jewelry store and it will delight you beyond measure. I will write to you just as soon as your three favorites are received and if they are accepted for publication and qualified according to the simple conditions of the contest you will at once receive this exquisite casserole and in addition


NEAVE'S
Food for Infants

Infants' foods.
It obtained the GoID MEDAL in ion-
don in 1900 and 1906 ; in Liverpool in 1914, and in Paris At the CHILDREN'S WELFARE EX-
HITHTON in 1 Indon in 19114 it awarded the Gor, MEDAL for whis
HEALTHETT FOOD For BABESE
HI has been the STANDARD Food in England for nearly 90 years.
It is the oldest In is the oldest, the best and yet the
cheapest.
 "I have tried the Sample of Neeve's
Food for Bay and hee ertainly is more
satisfied. He is 3 , months old and
and
 he is strong. healthy and very bright,
and 6 monthsold. He now weighs 19
ibs. 8 oz. (ag gain of nearly 5 pounds in
in NEAVE'S FOOD is stocked by al1 the
Whoosencle Druggiss in canata, and is
sold in 1 lib Tins by all the best petil sold insalil. Druggists in Canada, and is
Druggists. FREE TO MOTHERS. A Sample tin
of Neave's Food and a valuable book "Hints about Raby, by a Trained Nurse"
"will be sent free on writing to the
Agent for Candan. EDWIN UTLEY


## EVERYWOMAN'S WORLD

Published the 15 th of the Month Preceding Month of Issue
THE price of EVERYWOMAN'S
WORLD is 7 Tc. per year in

## EDITORIAL

Enlightened Single Blessedness HE uneducated woman has little
choice. She must marry or be
without occupation that is conwithout occupation that is conshe is hopelessly at a disadvantage. But the woman with education is independant. Brain is sexless, and in the intellectual arena all have equal standing
and opportunity. Many of the best and opportunity. Many of the best
living scienists, historians, litterateurs, physicians, teachers and leaders in social
and moral reform are women, and their and moral reform are women, a
sex is not counted against them.
sex is not counted againstem.
Unlike her less fortunate sister who is without education, she is not forced to marry to secure support and maintain marry to secure support and maintan
standing. She is free to marry or not, it is not that she has no suitors, but from choice.
She has opportunities to meet and measure many men, and though higher education may eradicate much of the sexual sentiment from her character, she still retains enough of the woman instinct to she desires them. Being in a position to choose, her opportunities for suitable marriage are infinitely
greater than those of the uneducated women, who has no alternative but to be chosen.
And yet her field
of choice is greatly narrowed. The same
spirit that has led her spirit that has led her
to higher education has given her the leaven of pride and ambition, and she could never be content to accept as husband a rich or merely "good" or both. The man
for her must be a man for her ind
indeed.
One of the strongest woman instincts is that look up to the man she loves, not morally, physically and intellect The natural by education, but strengthened by it. So the educated woman's field of choice is limited to the uppermost grades
of men, and, unfortunately for her, the of men, and, unfortunately for her, the
men of these grades are mostly married men of these grades are
before she is out of college.
before she is out of college.
Ordinarily the unmarried woman is classified in the same category with the mother-in-law, the stove pipe, and such other recalcitrant, unmanageable things as may be considered legitimate stock-intrade for amateur joke-smiths and vinegar--and-water cynics. We are accustomed from early childhood to regard her as not
altogether human, but somewhat different altogether human, but somewhat different
and apart from the woman who is married. and apart from the woman who is married.
We, somehow or other, acquire the notion that she would have married if she could, and that, having failed, she is disappointed, desolated and soured
On the other hand, in our estimate of He is surried man we are strikingly kind. He is supposed to be by choice free from care and ever happy and jolly.
The old maid suffers
justice.
It is not fair to assume that she could not marry if she would, at the same time assuming that the bachelor would not though he could.
Whatever
character of may have been the true character of old maids in the past, which a mist of prejudice, it is certain that the old maids of this day, as a rule, are not inferior but superior women. In freshness of beauty and vivacity, it must be conceded, they surpass, as a rule, married
women of equal age. in intellectual atwomen of equal age. in intellectual at-
tainment and refinement, as well as in extainment and refinement, as well as in et-
ecutive ability and physical activity, they easily lead their sisters, who are dicapped by babies and endless home and dicapped by batial duties.
sol

| The Editor's Question |
| :---: |
| Number One |
| SHOULD CANADA HAV HE <br> EASIER DIVORCE LAWS? |
| Write out your answer to |
| this question in as few |
| words as you can possibly |
| keep it, and on one side of |
| the paper only. Address it |
| to Editor's Question No. |
| Everywoman's World. |
| Toronto, Ont. |
| Each month a single question <br> will be asked the readers of <br> Everywoman's World, and the <br> best of the answers will be pub- <br> lished. In this way you will get <br> to <br> tnow what the thoughts <br> of the women of Canada are <br> on vital topics of the day. |

girls marry at all

## Conversation.

ONVERSATION is like dress: frock expresses the beauty and grace brightness and grace of the mind. To be able to talk well with people, you must be keenly alive to the whole social "milieu" in which you find yourselves, for conversa tion is essentially social
Conversation does not consist just in what you hear iser side is listening, for your next remark, and if you cannot take the whole meaning up more quickly even than the speaker thought it, the flashing loom of speech and thought will tangle, and lose its fascination.
To get the completest possible pleasure out of a conversation, if is necessary eithe to have som malize to want thant some one else point of view, or to reach a sympathetic conclusion by compromise. In any case, the key-note of conversation is sympathy You are trying to make a picture of another person's mind, her ideas, motives feelings: you are trying to give a picture of yourself. This is the reason that it is an art. In conversation what one omits to say is of more importance than what one says. Conversation, too, must be self-less. illustrate one's own brilliance is a remark in bad taste.
The chief end of conversation is cleare thinking. The process to be sure somewhat circular; but in practice, the curve is a spiral. To speak one must think; to reply one must think again and so there is really no better way of analyzing a situation and thinking out an issue than by talking it over with some other person. For conversation provide conclusion, or at least, a satisfactor

## DANTY GIRLS MAY RELY ON



## CUTICURA SOAP

Assisted by Cuticura Ointment occasionally, to promote and maintain the purity and beauty of the skin, scalp, hair and hands. You may try them before you buy them.

Samples Free by Mail
Cutura soap and onatment sold throushout tho


## "Wear-Ever"

Aluminum Fry Pan is excellent because it stores up such a large

amount of heat that it sears the meat im-
mediately, cooks thoroughly and quickly. The enormous pressure of rolling mills
and stamping machines makes the metal in
"Wear-Ever" Pans dense, hard and smooth. Because the "Wear-Ever" Pan stores up
more heat than ordinary fry pans, a large amount of heat should be applied to the pan when first placed over the fire in order to
"fill" the pan with heat. As soon as the
pan is heated throughout, the amount of pan is heated throughout, the amount of
heat should be reduced.
Replace utensils that wear out with utensils that "Wear-Ever" "Wear-Ever" utensils are stamped from
thick, hard, sheet aluminum, without joints, seam or solder-
pure and safe.
"Wear-Ever" utensils are made by Can-
adian Workmen in the largest and most
modern factory of its kind in anad. If not obtainable at your dealer's, mail us
10 two-cent stamps and we will sendy yout, prepaid, a 1 -qt. (wine measure) "Wear-Ever", Stewpan. Send for our leaflet, "Appetizing
Recipes with the 'Wear-Ever' Fry Pan."


## Dress Goods From Canada

Showing How Canadians Are Keeping<br>Up With The Rest of


The World

| some poor grade |
| :---: |
| of forien |
| ond buods | RUTH WARNER and her had oat

s.med from what

the | sumed from what |
| :---: |
| the traveler told | with notat lirtite eriumph

Ire lied, in Montral.

I rer lied,"In Montreal." Why do
of ours?
We are the huyers, the "ultimate consumer," the women of Canada. Yes, they're "made in Canada." But this is not an advertisement.
I was deluged with textiles. a living form in the shape of millions of samples of print for dresses, for shirts, and aprons, nainsooks, cotton, sheeting, towelling, table-cloth, window hangings, voile, ticking, flannellette, ginghams, galaI heard all their advantages from eager young men, salesmen of the mills. Then I young men, salesmen of the mills. Then I
took some of them home and washed them and they washed, and not only washed, but wore. Neither sunlight nor soap faded them. this country have hereto-
fore
sone
sent out to
the whole-

## 8. <br> His.

 Canadian that's m fact; it's changingnow. The "Made in $\underset{\text { label }}{\text { Cada', }}$ on the out-
put of one put of one
mill at the
outbreak of outbreak of
the war and stayed on in
stite of a
site spite of
wobbly pro test from a
wholesaler
 him that these poor goods were of Cana-
dian make and the ones that were dian make and the onew that were giving
sati-faction were of English make sat"He wa much Engish make He waw much surprised when our representative conclusively proved to
him by our own sample and patterns that the goods he preferred were Canadianmade, and this man made the statement that he would always in the future insist upon getting and would get Canadianmade goods when the price and quality
were equal. were equal.
ninety many people know that probably ninety preces oul of a hundred of Canadian
prints are sold by the retuiler as English prints
goods?

This is done because of unnatural prejudice, but the fact remains that of one
million of pieces of print qoods we cell in turned be-
cause of bad
coloring." A Caloring. dian linen man ufachis goods: "With re-
gard to the quality of the Canadian article being oinferior, if
you will ask an expert would think d a mas m
table - cloths and napkins containin $g$
100 to 120
had not been used to buying that particular weave as Canadian made. I saw
some beautiful cottons, however, with "Made in Canada" stamped on the end of the roll, so that if you insist you'll stamped
anxious to sell you Canadian coods if you're ready to buy. In the end, it will be better for them as it will be better for the country. But if country buyers wander in and refuse even to look at Canadian prints, as they do, the wholesaler can do nothing but sell the imported article
our prints have been sold as English is our prints have been sold as English is the jobber who handles our goods, hut because the average retailer throughout Canada, who has the rettimate disposition of the goods, feels that by having imported prints it is something to talk about and a means of persuading his customer she is
getting the best value for her money in getting the best value for her money in
buying an imported print.
"The retailer ted print.
"The retailer has found this is by far an easier way than having to educate the
consumer to the fact that Canadian made consumer to the fact that Canadian made in other words is following the line of least resistance.
"As an instance of what I mean, out to the retail some time ago we sent a little booklet containing samples of our print. In this booklet we called attention to the quality and others matters of inter-
est, and asked them to solicit this print from the wholesaler as "Canadian" print.
"Among the many replies we got back who one from a certain retailer in Ontario who told us very briefly that he could
never buy Canadian prints as his customers found they did not wash well.
"We had our man in Toronto go and see him, and he reported to the effect that this man was using Canadian prints, English prints, and as a matter of fact, he stated that some two years previous he had bought some prints from another wholesale house, of which he still had
some left, which turned out to be

140 to 150 shots per inch, inch, and 70 s and 90 s line linen yarns, you may get some idea of the fineness of the linens this company makes. The fact that our linens are sold by the large department stores in the Coty of Rohert Simpson Co., in Toronto, together with high grade stores from one end of the country to the other, might convince any person that the quality is right."
Linens can be made just as well in Canada as anywhere. Hand looming of linen in Ireland is a thing of the past. I
have it on the hest of authority that the have it on the hest of authority that the
supposedly hand made linens sold by the supposedly hand made linens sold by the peasants on the roadrices and at sore of the ports where hand made linens are sold
to the unsuspecting tourists are not hand made at all, and in fact, in most cases, are Austrian products or German factorymade, bought at a low price and sold by the peasants as their own handiwork.
Another opinion of Canadian goods, quite independent, is that of a man who buys more cotton goods than anyone in
Canada. Canada.
"Such and such Canadian print," he said, "that you buy at 10 c . a yard rannot be beaten; the $121 / 2 \mathrm{c}$. prints are bette price ; this 15 country makes at tha price; this 15 c . duck cannot
and the 15 c . galatea is as good.'
He quoted Canadian cashmerette a $121 / 2 \mathrm{c}$, as being the best value made and
said the same of cashmere, ducks and drills said the
at 15 c .
Certain piques, repps, and lawns, are "better value than Europe." They
are; I saw them. Not that my opinion are; I saw them. Not that my opinion
counts when an independent expert is speaking; but as an ordinary woman, whe goes shopping, I have a very vivid They are beautiful

So on, with ginghams and the rest.
These are all low priced goods. Can our Canadian mills not make finer weaves? the demand for the staple lines that they are only slowly expanding into the other What we don't know about our own Canadian manufactures is amazing. Some I came across a factory made in Canada. I came across a factory, a lace-making and (Concluded on page 36 )

# French Women Are Not Frivolous 

As We Have Been In The Habit Of Thinking In The Past

## 2) 10 Inw does 

 GABY GI GIRARDfingers of mine
fingers of mine, any one
of a dozen different sets

GABY GIRARD


lous, and are supposed to be, of all women, cord around the, neck nust a gitd
the most immersed in the dictates of of collar and
cuffs of sheer, the most immersed in the dictates of
fashion? Well, let me tell you, a Frenshwoman of only moderate means, myself. 1 am a good example, berause I' am what. you call typically French. So much is this true that certain of your writers have been kind enough to put me in stories,
in which they copy that very bad English of mine, and in which they speak of that expensive perfume I use, and of my
many chic gowns, and oh, la la, of my hats without count Take those hats, for
then all. With a ten cent frame irom your
very admiralle five
and ten cent store and a yard of old brocade which mamma
had before me, and a dozen strong big pins, I will guarantee to
produce $a$ hat which
will will make everybody on the fashiunable wager that I have naid
at least thirt at least thirty dollar
for it. After I wear it a few times I take it
a'l to pieces, puch the a lo pieces, puch the
frame into a different style, use a piece of
black velvet, and there black velvet, and there
I have quite another hat. the fall and felt hat in the spring, and so I always have a good stock of hats on hand,
which I can, with these which I ran, with these
small fingers of mine, smatl fingers of mine,
twist into any shape that I want. dian frieut my Cana-
dian friends always say,
nimble fingers, madame
nimble fingers, madame

And why have youn not? Every Frenchwoman has and they are not gifts of Le Bon Dieu, either, but they exis needed France is not a rich county are it is a thrifty country, where wasteffilness and inefficiency are !ooked upon as crimes Oh yes, I know that this di*agrees with the popilar concepition of France-that France whut ha-kiven to you had novels, extravarant modes, and naughty plays,
but I am talking abour the real France The France which gives you all these evil things is the France of which we French peop le are ahhamed, and which ha no more real, national existance, than the
Every French giri, then, must learn to sew, hecause she must make nearly all of taste, and because the nation puts great deal of stress upon beauty, she must learn to follow the styles, and to achieve great deal with almont nothing. She must learn to make ribbon bows, to mend lare, to clean her own delicate -ilk waists, to take care of her shoes, and to adapt her wardrobe to the changing modes of each destroying gond material. This is true of the rich girl an well as of the poor girl, ich the exception, of course, that the ones, in proportion.
You are always being struck with the pretty appearare renchwoman spends money; no, it is because she spend ime and thought, and not money.
A lady who sees me often said to me, the other day: "Madame, you have so many style."
That makes me laugh. "Why, my dear friend,"
She will not believe me, until I show her. The dress itself, is a plain hlack one well cut. It has a round material, and and elbow sleeves, and I can wear it neck where, and be appropriately dressed, by
cuffs of sheer, plain linen. That will do or morning. Then I have some very beautiful gold bandings, arranged like oolero. I can put them on the dress, add a and buckle to the drapings of the skirt for an afternoon concert or for a enough I want to be just a little bit dressed up in the afternoon, then I pin a long, beautiful frill of lace to the neck, which hangs down and is tucked into the belt. Then, if go to a ball I wear with my same black falk sash, worn gypsy
waist, and a chiffon waist which is adjusted to the waist of my
black dress, and which black dress, and which is embroidered in the A great many people A great many people
have seen that poor have seen that poors
little dress, with all its many ornaments, and they all, except some occasionally very
clever women, give me credit for all kinds of extravagance
Frivolous?
my dear Ca Why, ters, the Canadian sis is one of the most serious minded people in the world. What deceives you is that
beautiful smile, which she wears for everyone; the policeman on the corner, the person who handketchief, or assists her into a car, That smile is inborn in her from the time that she is big enough to understand the value chan. She uses the smile as her small change, but even though she under-
stands how to use it for her not think that it is selfish. First of all a French girl learns to smile for her father and her mother, and even though she later on, the smile at the world at large, of her the real tenderness and fineness she will give it tomain. And very often may have some very bitter in her heart she The French girl has been taught from earliest day that it is due to her from her bright and cheerful, and not for sex to be would she want anyone to doubt that she is possessed of charm. And charm, when you analyze it-what is it but a bright smile, a sweet voice, and a merry sympathetic glance of the eye. In that way a in that way makes up her charm, and in that way, too, she is often accused of frivolity, when it is really goodness of
heart. What
What I like in the Canadian woman is her courage, her independence, and her helieve that she sense, but I seriously from the women own proper business, which is that of being a wife and mother.
Every Frenchwoman, no matter how does, is proud position or what else she Often, with a houseful of servants and with more money than she knows what to do with, the Frenchwoman will go into her own kitchen, and make some special dish for her family, and she is proud of being often the will or motoring to marke often, she will go far out into the country, every day or so, just so as to get fresh eggs
or fruit. or fruit.
As a mother I think I can say, without laying myself open to the charge of ego in the world. In the Bois is the bes in the afternoon you will see be Bologne mothers out with the nurse and the chil dren, playing with them, and making point of seeing that the nurse is really a not see thson to be with them. You wil Canadian mothers going about constantly in the company of their children, and yet this is the usual thing in France.

# Akin to Love 

## A February Tale for May Reading

## By L. M. MONTGOMERY

Author of "Anne of Green Gables," etc.

AVID HARTLEY had dropped in to pay a neighborly call on Josephine Elliott. It was well along in the afternoon ande hong blue shad frosty were and aver the windows were covered with silver nalms. But the big, bright kitchen was warm and cosy, and somehow seemed was warm and cosy, and somehow seemed and that is saying a good deal. He had an uneasy feeling that he had stayed long enough and ought to go. Josephine was knitting at a long grey sock with doubly aggressive energy, and that was a sign that she was talked out. As long as Josephine had plenty to say, her plump, white fingers, where her mother's wedding ring was almost lost in dimples, moved slowly among her needles. When convercation flagged she fell to work as furiously as if a
husband and half a dozen sons were waiting barefonted husband and half a dozen sons were waiting inareforted
for its rompletion. David often wondered in his secret for its rompletion. David often wondered in his secret
soul what Josephine did with all the interminable grey soul what Josephine did with all the interminable grey sorks she knitter. Sometimes he concluded that she put
them in the home missionary barrels; again, that she sold them to her hired man. At any rate, they were warm and comfortable looking, and David sighed as he thought of the deplorable state his own socks were generally in.
When David sighed Josephine took alarm. She was afraid David was going to have one of his o!d attarks of fooli-hness. She must head him off in some way, so she rolled up the grey sock, stabhed the big, pudgy ball with David got up. "Now. you're not going before supper," said Josephine, hospitabiy. "'Il have it ready in no time. air and tone of a man dallying with a great temptation. "Zillah'll be waiting tea for me-and there's the stock to 'tend to. '
did not guess Zillah won't wait long," said Josephine. She did not intend it at all, but there was a scornful ring in her
voice. "You must stay. I've a fancy for some company
David sat down again. He looked so pleased that Josephine went down on her knees behind the atove, smiles. or square meal, after the starvation rations Zillah puts him on," she thought.
But Josephine mivjudged David just as much as he misjudged her. She had really askerf him to stay to tea out of pity, but David thought it was because she was lonesome, and he hated that as an encourusing sign. And he was not thinking of getting a good meal either, although his dinner had heen such a one as only 7illah Hartley could produce. As he leaned back in his cushioned he was glorying in the fact that he could spend another hour with her, and sit opposite to her at the table, while she poured his tea for him just as if-just as if-
Here Josephine looked straight at him with such intent and stern brown eyes that David felt she must have read his thoughts, and colored guiltily. But Josephine did
not even notice that David was blushing. She had only not even notice that David was blushing. She had only
paused to wonder whether she would bring out the blue paused to wonder whether she would bring out the blue plum or the green gage preserve, and, having decided on the gage, sho him at all. But he alluwed his thoughts no more vagarie no more vagaries.

Josephine set the small square table for two with her mother s wedding set of pale blue china, thin as an eggmother's wedding day, but David thought it was out of compliment to him. And as he knew quite well that Josephine prized that blue china beyond all her other earthly possessions, he stroked his smooth shaven, dimpled chin with an air of a man who is offered a very subtly sweet homage.

Josephine whisked in and out of the pantry and up and down cellar, and with every whisk a new dainty was added admitted, was past-mistress in the nohle art of cooking She felt an artist's pride in her table when she set the teapot on its stand and invited David to sit in. She sat at the head of it herself, with her smooth, glossy crimps of black hair, and cheeks as rosy clear as they had been twenty years ago, when she had been a slender slip of girlhood, and bashful young Dave Hartley had looked at her over his hymn book at prayer meeting and tramped all the way home a few fet behind her because he was too shy to go boldly up and ask if he might see her home.

Al taver the totermined to ask Josephine head over the it was eighteen years since he had asked her to marry him for the first time, and two years since the last. He would try his luck again. Josephine was certainly more gracious than he had ever remembered her as being before. When the meal was over Josephine cleared the table and washed the dishes. When she had taken a dry towel and sat down by the window to polish the blue china, David understood that this was his golden opportunity. He moved over and sat down beside her on the sofa by the window

Outside the sun was setting magnificently, and David grasped at the sunset as an in ",
"Isn't that fine, Josephine," he said, admiringly.
in the old Fifth Reader when we went to school. Dye mind how the teacher used to dril is up in
Friday afternoon? It began-
'Slow sinks, more lovely ere
his race be run
Along Morea's hills the set-
ting sun."
Then David declaimed the whole passage in a sing-song tone, accompanied by a few crude gestures, remembered from long-ago school boy elocution. Josephine knew what was coming. Every time David had proposed to her he had begun by reciting poetry. She twirled her
towel along the last plate resignedtowel along the last plate resigned was over the better. Josephine knew by experience that there was no by experience that there was no
heading David off, despite his shyness, when he had once got along as far as the poetry.
"But it's going to be for the last time," she thought, determinedly. "I am going to settle this question so decidedly to-night that there'll
ever a repetition.
When David had finished his quntation, he laid his
Josephine's plump arm.
"Josephine," he said, huskily "I suppose you couldn't-could you, now? -make up your mind to have me? I wish you would, Josephine, I wish you would. Don't you think you could, Josephine?
Josephine folded up her towel, crossed her hands on it and looke her woner squarely in the eye.

David Hartley, she said, deliberately. "What makes you go on asking me to marry you every once out of mind that I can't and won't?' "Because I can't help hoping you'll , change your mind through time,", said David meekly.
"Well, you just listen to me. I will not marry you. That is in the first place, and in the second, this is to be final. It has to be. You are never to ask me this again under any circumstances. If you do,
will not answer you-I will not on I hear you at all; but-" and on I hear you at all; but-" and jusepnine spoke very
slowly and impressively- "I will never speak to you again -never! We are good friends now, and I like you real well, and like to have you drop in for a neighborly chat well, and like to have you but there'll be an end, short and sudden, to that, if you don "t mind what I say." "Oh, Josephine! ain't that rather hard," protested
David feebly. It seemed terrible to be cut off from all hope with such finality as this;
Y' mean every word of it," returned Josephine calmly. You detter go always feel as if I'd like to be alone for a spell after a disagreeable ex-
David
David obeyed sadly and put on his cap and overcoat. losephine kindly warned him not to slip and break his and she even lighted a candle and held it up at the kitchen door to guide him safely out. David, as he trudged sorrowfully homeward across the fields, carried with him the mental picture of a plump, sonsy woman in her trim dress of plum colored homespun and ruffled blue-check apron, haloed in by an aureole of candle light. it was not a very romantic vision, perhaps, hut to beautiful than anything else in the world.

When David had gone, Josephine shut the door with a little shiver. She blew out the candle for it was not yet She thought the big empty house in which she was the only living thing, very lonely. It was so very still except for the slow tick of the "grandfather's clock" and the soft puff and crackle of the wood in the stove. Josephine sat down by the window, stretched her tired arms and yawned.
said " wish some of the Sentners would run down," she said aloud. "If David hadn't been so ridiculous I'd have got him to stay the evening-he can be good company must have dismal times at home with nobody but Zillah, She looked out across the yard at the little house at the other side of it where her French Canadian hired man lived, and watched the purple spiral of smoke from the chimney curling up against the sunset sky Would she run over and see Mrs. Poirier and her little black-eyed baby? No, they never knew what to say to each other. "As it is Itwasn't so culd I'd go up and see Ida," she said. "As it is, I'd better fall back on my knitting for I saw Jimmy sticking through his socks the other day. How set back that marrying notion of his once for all and I'm gladglad of it."
She said the same thing the next day to Mrs. Tom
entner who had come down to help her pick her geese
They were working in the kitchen with a big tub full of hey were working in the kitchen with a big tub full of of dead birds which Leon had killed and brought in. osephine was enveloped in a shapeless print wrappe and had an apron tied tightly round her head to keep the lown out of her hair
"What do you think, Ida," she said, with a hearty laugh at the recollection. "David Hartley was here to tea last night and he asked me to marry him again. There' persistent man for you. Mrs. Tom did not laugh. Her thin, little face with its faded prettiness looked as if she never laughed
"Why don't you marry him?" she asked fretfully.
"Why should I?"'retorted Josephine. "Tell me that, Ida Sentner."
"Because its high time you were married," said Mrs. Tom decidedly. "I don't believe in women living single and I don't see what better you can do than take Davic
Josephine looked at her sister with the interested ex pression of a person who is trying to understand som mental attitude of another which is a standing puzzle amused her. Ida had married very young and for fifteen years her life had been one of drudgery and ill health Tom Sentner was a lazy, shiftless, fellow. He neglected his family and was drunk half the time. Meadowby people said that he beat his wife, but Josephine did not believe that because she did not think that Ida could keep from telling her if it were so; Ida Sentner was no given to bearing her troubles in silence.
Had it not been for Josephine's assistance, Tom Sentners' family would have stood an excellent chance of
starvation. Josephine practically kept them, and her starvation. Josephine practically kept them, and her enerosity never failed or and all the grey socks, whose des tination puzzled David so much, went to the Sentners.

As for Josephine herself, she had a good farm, a com ortable house and a plump bank account, and was an independant, unworried woman. And yet, in the face of all this, Mrs. Tom Sentner could bewail the fact that Josephine had no husband to look out for her. Josephine shrugged her plump shoulders and gave up the conundrum merely saying ironically, in answer to her sister's las "And
"And go to live with Zillah Hartley?" Ever since John Hartley's wife died he's been wanting (Continued on page 30)

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# Delia's Bachelors 

Turning Time Backwards for the Rest of One's Life

TUHE sun leaped up the big oak and was freefto"peep
in at Delia's half-closed shatters. in at Delia's half-closed shutters,
then it seemed to pause and proceed upon its course with more d liberation. Inside the room Sol turned his attention to the wall
where a fine old portrait had once hung. A dizzying succession of pictures had followed, resulting to-day, in a valueless French thing combining masses of ribbons, frills and legs, entitled "La Coquette." He passed unhurriedly over the dark rim ${ }^{\text {² }}$ about the frame (an evidence that the last art treasure to occupy that space, had possessed superior
quantity at least)'and on'to the fimsy dressing quantity, at least) and on'to the flimsy dressing table which had superseded a substantial wainut bureau. Next, he lighted up the swing-
ing clusters of programs and cards, the college flags and banners, then went round to a wire rack which fairly oozed photographs of callow youths. Some of these wore cap and gown, some football or gymnasium togs, and a few, sagging under the weight of their'own importance, wore the conventional garb of the embryonic man.
Presently, a shaft of merciless brilliance fell athwart Delia as she lay asleep and it showed her, like her surroundings, to be marred.by a
feverish effort toward rejuvenation, toward a feverish effort toward rejuvenation, toward a nodernizing of that which might have been
beautiful and dignified with age, but which was cheap and tawdry glossed by the superficial finger of ultra up to-dateness.
finger of uitra up to-dateness. Changes had transpired outside, too, but not the sort that Delia made. Nature had attended to the decaying pillars of the driveway, to the growth of weeds between two rows of stately poplars where, in years gone by, Judge Chesley had rolled his luxurious way to the musical clatter of prancing bays; Nature and her faithful henchman, with their thumb-prints and ugly of chesleyvale untidiness and waste where order and beauty once had flouri hed.
Delia stirred, groaned ${ }^{-}$and stretched herself awake. marshalling her scattered faculties. Then of a sudden, she bounded into the middle of the floor and rushed across to her flimsy dressing table.
In appearance the woman who stared back at her was certainly not attractive. Wisps of rather colorless hair were tightly wrapped around appliances which, according to their advertisement, were infallihle for imparting a natural wave, nvernight; eyebrows and lashes were covered
with a glutinous, yellow substance claiming a stimulation of their growth. The eyes, themselves, were those of a woman so tired that eiglit hours' sleep had failed to vivify her, and loe-ide tnis, various plasters and adhesions clung to her face-these purported by their inventors to obliterate the marks left by Time's fingers, if properly and faithfully applied. Her hands were encased in a large pair of sentleman's soiled evening gloves.
"Put me in the battle front,"" observed Delia, critically, to the woman in the mirror, "Put me in the battle front, and I guarantee to check the advance of the oncoming egions. Indeed, I have every confidence that I could put them to flight! Um-hum.
eginning-1 have stopped the clock!"
She laid aside the soiled gloves and made a rasping noise looked abseutly at the face of the clock and continued her monologue.
"I wish I could have stopped it twenty years ago-or, perhaps, I ought to wish I could turn it back that length
of time and live it over a of time and live it over again." A frightened sort of look
crossed her face. "I wish I could hold it still!" she cried. crossed her face. "I wish I could hold it still!" she cried
In another twenty years, I will be OLD.
Slowly she pulled the plasters from her face and removed the yellowish paste. Then taking her hair from its
 Their burning was conducted as solemnly as though it had been a religious rite.

## After that the felt better.

She had hardly breakfasted before callers began to arrive It was the usual thing in the small college town for the frivolous and unoccupied to run in to Delia's. She was not surprised, therefore, or unprepared to receive six of the season's buds. She was always a particular friend of debutantes, who never felt unsophisticated in her presence. he never criticised them or gave them advice, indeed she se often went so far as to "Weir sell-esteem and her own popularity. about the spacious verandah. Delia always had the very latest news.
"Something which will surprise you beyond the power of speech. Briefly, I am going to-" "Be married!" they shrieked in chorus. "I knew itI've just expected it for ages, but-er-who is the lucky nan?'
Half a dozen names were suggested upon the instant, but Delia shook her head
her smile was almost grim.

## To equalize matters the boys presented her with half

"If you will permit me to finish, my dears," she said, "I may add that I am going to restore my ancestral estate, replace the family heirlooms and antiques, renounce the life boarders.'’
The girls were too overpowere
Muriel voiced ,the natural query,
"But why?
"For many reasons." Then with apparent irrelevance, " " am not going to the Senior hop."
"Nelia!
"No, and for a reason you will never guess-I have not
The girls
The girls were embarrassed. Refined natures are apt to
eel embarrassed for one who, accustomed to victory, has to acknowledge defeat.
"Of course you will be," some one murmured. "And anyway, I don't see what that has to do with your taking boarders. Why, gradually, you will drop out of everything and be just like-
"Beside," Muriel hesitated and blushed, "a girl like you von't be able to take-er
Delia laushed outright.
Delia laughed outright.
"No," she confessed. "I shan't. I am going to take college students and bachelors. No others need apply!"'
The pirls were aghast. Their Delia outraving the The girls
"I will keep you on tenderhooks no longer, my children. but will tell you all about it; to begin witt-to-day is my birthday. I am forty years old-forty!'
The maidens were shocked. Youth is apt to be shocked at the sudden appearance of the withering hand of Age.
Of course people hinted that Delia-but they were not sure.
"It happens, too," she went on, "that to-day is Thursday, the first Thursday for five years upon which I have " $A$ ghe on a hair hunt."
"A what?"
"A hair hunt. That means that I sat for an hour in a strong light and plucked out all the gray hairs I could find. A somewhat thinning process I admit, but on the whole not

No one said anything, so Delia continued,
"This is the day upon which Delia is to be born again!not the usual sort of birth which presupposes something inordinately helpless and young, but a bursting into middle
age and womanliness and sincerity and I trust-use."

By MADGE MACBETH
Illutstration by
R. A. STEWART

Muriel broke the pause "Well, :1 which followed by remarking, cularly laudable in a ferson deliberately putting on the garments of age. It is like our great grandmothers who took to married. One is only as old as one feels and looks and acts."
"Precisely, dear child. But it has been many
a year since I felt twenty-five and only by dint a year since I felt twenty-five and only by dint
of constant struggle have I succeeded in looking it without being grotesque. As for acting it she sighed, "it is an awful strain for thirty-nine to act like twenty, to be always 'the life of the party,' to keep not only abreast with, but ahead
of, the times. And oh, the aches and pains of the aged body! I think it goes to the back and the feet, first. To' be able to wear old lady's shoes-that will compensate for so much!" "But the dances," said one of the "You won't be happy left out of things." a treadmill, after all; once started you have to a treadmill, after all; once started you have to go on, until you are willing to give a wrench and get off. The day will come-has come, when I must be left out of things, anyway; that's tion to generation like somebody's from genera made over to fit like somebody's fur coat. . . lived for years in dread of the day when I would be chaperoned by my own god-daughter. Behold, I frustrate the designs of Fate! I drop out now." "Don't be ridiculous," scowled Muriel. Of course Delia wasn't just out. Indeed, none
of the girls present remembered exactly when her of the girls present remembered exactly when her debut had been made. But she was as much one
of them, she was as much of them, she was as much a part of the youthful
social life of the little town as were the students social life of the little town as were the students,
themselves. She always set the pace in entertainthemselves. She always set the pace in entertaindid the correct thing. fads. She always knew and ni a cedar chest with a pound of camphor for the rest of her life, so to speak, was too utterly absurd "The men won't hear of your dropping out
one of the other girls. "You have always had more attention than the debs. Why, look at Hodgetts and Clayton
and Barnes-"
"No wonder Barnum said the peplied Delia, a trifle sadly. It actually frightens me to the public wanted to be fooled. It actually frightens me to think how successfully I have hoodwinked this town for years! You all probably thought when in reality the whole lot of me-and meant you toly as a sympathetic well dressed ear into which they could pour confidences about Her, whom they home." Having told me about her and feeling assured that I was content to be a sister to them, they could see no reason why they should not enjoy my sprightly company I have managed the college functions. That's the way I have managed for the past three years. But I want She took it from the
passages evidently marked find sill and picked out certain "It is from a girl who used them.
your mothers will remember to live here-Amy Spencer; friend. Amy married Bob Hard. She was my greatest boys at the University and went, one of the wildest with him. It has been years and years since I heard from her. She was distinctly a girls' girl, and not very popular with the college men. None of us understood why Bob was attracted by her. I urged her not to marry when she did, but she pointed out with perfect frankness that she might never have another chance. 'You know, Delia,' we are the contemporaries of the older every year. Now will be their older sisters; and the students; tomorrow we mothers and grandmothers. and after that we will be their Bob, but I am too lazy to be try to only do I really love be at home on the shelf.' " Delia twisted the letter around her finger and looked back through a misty passage of twenty years. I never dreamed that I should had heaps of beaux and had too many chances; Amy wants to send her son to college. I blush to realize that I might have taken him up and tried to make a beaus of him! Think of that, during the next five years, you precious young things! But the letter-she says

I write this to bridge the silence of many, many years hoping to find you still in the old town-perhaps upon its dignity old house. (How I love to look back stantial gimcracks!) Hoping thy in these days of unsubmarried woman with children of your are now a happily you will let me throw myself upon our close friendship forgetting that it was followed by such a silence a silence which I would have been glad to break had I I ame to do so,
I am about to ask you a favor.
And I want to send him to the University that he may sit
(Continued on page 33)

# A Better Way To Use Fresh Vegetables 

## $F^{\text {RUTIS }}$ and vege at a ild were formerly

 under the ban of
suspicion by very many people,
and by such, in times of cholera and by such, intirely ignored. It is
they were entim generally conceded
now pretty now pretty generally conceded
that injurious effects attend the use of these articles after they become by many, much more healthful articles of diet than meat. Contrary to the opinion which still prevails to some extent, men are able to endure hard muscular
labor on a purely vegetable diet. The same amount of care used to keep meat resh should be applied to vegetables. Housewives would do well to under stand that it is quite as important to have
green peas and green corn fresh from the green peas and green corn fresh the water.
fields as to have fish fresh from the They should know that the sooner all three commodities are cooked, after being taken from their abodes, the better and sweeter they will be. He who has not eaten peas and corn near the garden where they grew, or fish near the water, does not know
the taste of these at their best. They who buy them in the market need to discriminate. In cities, certain days are known as market days-usually three days in the week-when the market garsupply of peas or corn should be procured early in the morning of these days, to last intil the following market day.
By making a study of the subject the buyer will be able to judge of their freshness. When peas remain in the market twenty-four hours, even though
kept sprinkled, the pods are apt to become kept sprinkled, the pods are apt to become have a fresh, firm feeling, when handled. Corn husks generally reveal, to the eye, the condition of the corn. When it has been kept over, the edges of the husks usually
look dry and withered. Until a little experience has taught the buyer, she should
depend upon the integrity of the
throwing herself upon his honor
The age peaponis honor. with their peas and corn has much do do ourths fill excellence. If half or three please mosted, they will be found to younger than older.
With the present improved varieties in the market, more depends on freshness and size than on kinds. The old white marrowfat pea-or Irish marrowfat, as
it was called by some-was the standard of excellence; and it has not been sur passed. It was long ago replaced, in the market, by the black-eye marrowfat, much more productive but of very inferior quality. Fortunately the latter has now given way to the telephone pea. This and kindred varieties has broad pods and usually finds its way to market before getting too old. Among the best varieties of corn is Stowentinues in market after cool nights begin-at which time it is better able to preserve its sweetness, after being plucked.
peas should be podded and corn husked as soon as they reach the house, whether to be cooked at once or not. It is a mistaken though prevalent notion that they keep better in the pod or husk. When thus prepared, they may be kept in the refrigerator until wanted for cooking.
If they cannot be kept cold, it is much better to cook them at once. A good way is to put peas over the fire and bring them to a boil, when they may be set aside and the cooking finished when they are wanted. They will, unlike fish, be as palatable the second day as the first-providing they are fresh when first cooked. In shelling peas, if any very old pods are found, they should be rejected. Some people are of the opinion that corn will be or part of the ears, are permitted to remain until they are boikels should be corn from the cob, the kernels should be scored-split in harp knife blade through the centre of
sharp
through the leaves also. The water, thus pumped into the air, was returned to the earth in the form of rain and dew. The destruction of the forests is followed by floods in springtime and droughts in summer. One of the islands of the sea, after Leing deforested, became a sandy desert. The remedy for our floods and by the national government.

The roots of trees and plants are connected with the soil by means of minute rootlets which drink in the moisture
from the earth. When the plant is refrom the earth.
moved from the soil, the minute rootlets moved from the soil, the minute rootlets
are destroyed and the source of the full water supply is cut off; so that the leaves, if permitted to remain, soon exhaust the supply. Other parts of the plant also evaporate the moisture; but not as rapidly as do the leaves. Bouquets of cut flowers are preserved, for a time, by placing them in water; in this way the
waste is in a measure supplied waste is in a measure supplied. The
nurseryman, who digs trees early in the nurseryman, who digs trees early in
fall, first carefully removes the leaves.

When radishes, beets and other vegetables are taken from the ground, the tops should be immediately cut off. If market
gardeners would remove the leaves and sell gardeners would remove the leaves and sell their vegetables by count or weight, the
latter would reach the consumer in much latter would reach the consumer in much
better condition. The husks of green corn and the pods of green peas discharge, to a considerable extent, the office of leaves, and, unless removed, will absorb much of the sweetness of these vegetables. The husks and pods should be removed by the gardener. Instead, they gather these vegetables, consigning them, in the husk or pod, to large sacks where they remain over night and, in sultry weather, become so
heated that the sweetness is gone before heated that the sweetness is gone before
they reach the market. If they were to be they reach the market. If they were to be
brought to market in thin crates, perbrought to market in thin crates, per-
mitting a circulation of air, the injury done by heating might, in a great measure, be obviated, and thus profit accrue to both buyer and seller.
$\bigcirc_{\substack{\text { NE of the most } \\ \text { beneficial vaca }}}^{\substack{\text { tie }}}$

## Six on a Vacation for Three Dollars

tions in ever took
one in which I
complethen completely closed the door ${ }^{7}$ on my
int
ins
ing into a new world - a world of insects, birds, fresh, damp smelling earth, waving green tree
tops, and yes, even mud! I don't like bugs or mud, either, yet through some strange transformation the arternoon promenade of a yellow lined clam shell became things of paramount importance to me.
Ever since I was a child I had wanted to go back to the old river where I had enjoyed so many care free, happy hours when my dresses yet reached my knees. "Impossible," said our friends. "You can't get back the spirit of childhood.
Things which charmed you then would bore you now.
But nothing daunted, six of us, old time friends, rented a little rustic cabin which had been erected by an enterprising man had elapsed, years filled with work, joys
and sorrows, and sorrows, trips to foreign lands, accomplishments, reward for endeavor, it is true. Yet my nerves were frazzled.
I longed to get away from the clang of I longed to get away fr
the street car, the dress up parade, the shrill call of the newsboy, all
the monotonous life of the monotonous life of
civilization. And in this little. rustic cabin where scarcely one team a day passed I found my haven of rest. It was a big one
room cabin with wide fabeplace of
cement, beds which several against the wall, and a lean-to kit-
chen. plenty of doors and plenty of donss and
windows with rough wooden shutter which could be closed in case of
storm. storm. Ele cloth covered kitchen table, while Deating up a cake, one could look out at the screen of waving green
boughs, could take deep soul satisfying breaths Bark of the house was a little cement walled cave where we kept ice, butter and milk. The cabin was provided with good
tight screens and there was a folding partition by which it could be divided into two parts if desired. In front was a rustic porch which extended beyond the cabin and was built completely around a great oak tree which afforded a good, substan-
tial back for a ruistic seat. This porch was our living room.
Then began our adventures. The first day was one of doubt and perplexity. It was not a time for dawdling about in hammocks. The whole bent of each mind was changed. It was as if Aladdin hard rubbed the lamp and given each of us a ost her appetite suddenly prepared fo for supper with a speed that would have surprised her friends in town. The woman whose nerves had been "frazzled" by the writing game and didn t much care woke to the fact that the water in the old well on the place wasn't fit to drink and that it must in some way be carted from the tiny cross roads village a mile distant. "The cave committee" decided that she didn't like the looks of that damp smelling hole in the ground and was sure a snake would grab her when she went in to get the ice.
"Humph!" I hear some one say, But it was! A vacation from old thoughts and habits which had been wearing grooves in the brain and carving wrinkles in the
face. If there were to be grooves and wrinkles they would be in a new place at any rate Always before during my vacations, sitting on the deck of a steamer or reclining in a chair on the hotel piazza gazing at the mountains the old set of thought habits would not loose their hold, for a number of days at any rate There was the same peering ahead into the future, the same thoughts of the

MARA $\begin{aligned} & \text { past, the mind chasing } \\ & \text { round and round the }\end{aligned}$ same old way
squirrel in a cage. But here, close to the soil, down among the damp-smelling roots of things-a yellow lady
bug and a pink clam shell saved hug and a pink clam shell Hurrying down the shady country lane carrying a huge tin pail I suddenly stopped and smiled at the energy I was devot ing to that problem of getting water. we didn't. We could go back to town. But here I was, forgetting everything but the perplexity of getting that bright tin pail filled with cold, sparkling water. Vacating! Vacating the old habits, the old interests. That is the secret of a real rest, and to get it you mmist entirely change yew things, new perplexities even, but new thew utlok atl I grasped the handle of the pail. The old man tilted back against the store, his pipe between his teeth and lonked on imperturbably. Arms unused to heavy lifting refused to work. I looked helplessly up at the sky, hoping a passing bird man might see my plight. There was none. But approaching from the East was a
young man smeared from head to foot /a with red paint. He hith red enaint. grin
and a pair of brown, and a pair of
brawny arms.
"Can't I help you ?" thankfully surrendered the pail. As we trudged up the shady lane I larned that he, too, ha sought a vacation y entirely changing his change was even more radical than occupation was cerbs. Now he was painting the bridge river. fore in my life," he confessed with his engaging get out in the open and ind some work to do at the same time. When hunting a couple of painters my chum hunting a couple of painters my chum a half bad job even if we do get more on ourselves than we do on the bridge." In the still hours of the night, while we were asleep under the blankets a storm came tearing down over the hill tops, bending the trees like grasses. Through the open windows, by the vivid flashes of lightning, we could see their wildly tossing branches. The rain beat upon the shingle roof.
might leak, or the tree in the porch prove might leak, or the tree in the porch prove
a lightning target. But everything remained intact. We lost sleep, it is true, but with morning came the sparkling foliage, the mists rising from the river, and the keenest appetite for the bacon, eggs and hot coffee.
The daily trip to the village for the mail which was left by the rural carrier at the country store was one of the pleasures we enjoyed. we had an expedition over the hills after wild gooseberries. We got several pailsful and the Lady of the Pink Kimona made them into jam at the oil cloth covered table by the window where the screen of green leaves swayed. After a two mile tramp through the woods to the village and back it was restful to lie full length in a hammock and watch the busy crows circling overhead and listen to the soothing far-off tinkle of a cow-bell.
The whole outing of two weeks cost each of us less than three dollars apiece. The owner of the cabin refused to take a bill for provisions was only a little over $\$ 10.00$. And when the honk of the auto horn at last rudely broke the stillness it was with real regret that I packed my bottle of pennyroyal oil (sure cure for mosquitoes), looked my last at the slowly circling crows, and stepped back across the threshold into the crowded room called Civilization with its artificial squirrel cage routine of thought and habit.


TIME flies quickly. It seems but a year or two ago that you, my dear daughter, were given to
my arms: and it seems hardly more than an hour ago that you went from my arms to the strong and loving arms. that will protect you through life, and yet I know it is full ten days since we gathered up the old slippers and swept from the garden walk the scattered rice that followed you to your carriage. You are now mistress of your wn lovely home, and 1 feel it was so wise for you to go have got your bearings post your wedding journey until you a girl wife is iust a child to her mother until she becomes as well, sharing duties that are common to both, bearing burdens that maidenhood does not know.
The most common tasks of life are glorified by love n lonking back over my own married life-from which lessons may he drawn that will be of help to you at the becinning of your married life-I know that many days ould have been dull, many burdens almost too heavy load. There are many pages that a mother does not turn for her chillren to pad until they themselves nave left the roof tree and look back upon the home as only a st"p! ing-place by the way that leads to a fuller and broader life

The mother who resents the interest that creeps in between her and her daughters when love has called them from her sheltering care, is not uise. She must know that her children bide for only a time in her home, looking forward always, and as is natural, to the day when they will have their own homes, no matter how happy the childhood and girlhnod home has heen to them. It is the mothers' home, to the end of life, not theirs. Their home awaits them some where else in the world. They must fix it well upon a rock, my child, if it is to be against ituelf cannot tand " Husband and wife must blend in interests what There are I ages, as I have said, in the life of every mother that she does not turn for her children to readnot until they have left her sheltering care, and, in many cases, she never turns them. I would prefer to let you read a few from my day book now, lest at some time you might stumble upon some knowledge of them.
I did not know when I became a bride, as I know to-day, that a man s nature is not immediately changed the momknow that the ring upon his bride's finger, after marriage as she was before, so far as tacte in dress, in house furnishings, in her general view of life. I did not realize that a man and woman meeting and loving ever so dearly are still products of different environments. And the brought to mew brought to me, my dear daughter, many heartaches, for I de lared to myself that "I cuuld not stand it?" and now I realize that what I felt I could not "stand" was merely that your dear father, horn to lead alu ays, would not sink his individuality to conform to my whims. For just one month, one sad, unhappy, one wretchedly miserable month we separated! Fancy that. No one knew, however. I went back to my mothers' home, declaring only that I was homesick. I vowed when I left my own door that I would never return to your father again, that he was a tyrant. When I crossed the threshhold of my own door a a ain I vowed would never, never the call of duty or necessity - never from chave, except at

There will come disagreements in early married life It is not possible for two natures to I Iend entirely no marter how many years are spent together and it is imwithout irritating or giving offence. If mistakes are made, love will smooth out all the wrinkles, and tind ways to excuse and forgive.

Every house that stands has four corner stones. The gotten, nor Patience and Forgiveness

Marriage is a partnership; and while you, my daughter will not be oliged to practise so many mical and practical ways to manage a household is a thing a wife should consider well worth her while. I have tried by my example, as you know, to direct my daughters and prepare them for domestic duries. You will, I fee sure, ap.ly what you have learned in our home, but settle, and now that you must depend entirely upon self, and have me no longer to rely upon as a referee, some may have them for vandy reference, a number of directions for household management. At present know that you are too happy in just your every day life to louk too far into the future and anticipate its cares.
would not have tt otheremise But once in a life time
 has been your muther's
The making and building of a home is not a haphazard thing, and so I have spuken of the "business" of being wife. There is no more excuse for the woman who keeps her household accounts carelessly than there is for a man
who manages his office or factory carelessly. The "leaks"

## EPISTLETTES

The mother who resents the interest tha creeps in between her and her daughters when love has c

Husband and wife must blend in interests without sinking or losing individuality

A woman remains much the same after mar riage as she was before

It is impossible to learn at once how to meet the moods of another without irritating or giving offense

Marriage is a partnership.
There is no more excuse for the woman who keeps her household accounts carelessly than here is for a man who manages his office or factory carelessly.
in household expenditures may amount to a great deal. To not know how money is spent is must unwise-mu-t disastrous, if the bank account is not unlinited. I a man did not know how the money was spent in his busi ness he would soon find hills overdue that could not be met. It is unfair to the one who supplies the funds with which to maintain the home to handle them carelessly. No business can prosper if one partner is not fair in al

to expect him to tolerate a poorly managed home. The right-thinking woman does not enter upon married like an irresponsib, and the purpose, of leing treated f the succesp of infant. She knows that one hal Of course a wife cannot do all. She must the met half udgment in domestic must be allowed to exercise her hough she is inestic and household matters, and eve learn through the inexpenced in the beginning she can only and homemaking experience downs of a housekeepin The most beautiful homes are not built up through duality about the home that is furnished new ly throughout every few years, to conform to fashion and style. It is the addition here and there of a piece of furniture, a picture a drapery that just fits the room and the moods of the oc iously, that in the end results artistically and harmon most beautiful homes in express the occupants. The een many years in building, some of them at first most plurge in exterior. An expensive in appearance as some a trying to be as magnificent wreckage added a wing here and the pretty stone cortage tha is a far more beautiful piece of, and then another story, pile built up to be merely massive and ime than the grea home that has grown room by room and impressive. The that are most inviting and cosy, and tells and corner The same thing in come just to meet needs and moods. he same thing is true of the furnishing of this home.
I am looking forward to a vi-it in your home when that and duties behind is possible for me leave my own care pportunity to derful sense of home possession. I would not intrud upon this for the world, though I fancy I hear you chiding we can meet could never intrude. Oh, my dear child forgotten the early dan ground today-l have no ot merely dim memories- my married life. They ar to grow so. They are living have never allowed them gone, to my new home my vers. Went, as you hav as a princess. It was a very very own home, as proud with roses all about and honey bees droning over the fields of white and pink clover. bees droning over the gave way in time to the beautiful home that lite cottug so lately left, and where there wa- but one garden path leading up to the cottage door I now look upon a dozen garden paths all bordered with roses. But the bees do not hum any more entrancingly than they did that June than those that fell not a rose blows that is any tovelier pormay hearts which the married life of a to them. This is what rounts i and in the martied life o
There will be "red letter" days along the way in you when monotony will also be many dull and rainy day -your books, your music like a cloud over everything that the sly dittle ged of mischief sewing, and it is then He is ever watching of mischief can get in his best work The only thing that can , you know, for grey corner finite tact. We cannot always him is patience and in buoyant, nor can those with whom our daily lives ar associared. Often there are dronping wings at the end of the day, tired hearts and head-, and at such imes silence is often the hest remedy. A forced gaiety in never wise. Better hours of quiet restfulness, but a!way- with that comes to tho love sincerely one does not speal ne does not speak.
Expect, my child, the feeling of monotony to creen ove and when all the glamour of the newness of your hom as it has happens lived over. This will happen who has changed from the weman and to every man To postpone it hy too eager old to the new home life let it come, face it and endeavor is not wise. Jus come on from day to day. Much has oren sid and written upon the subject. Very wiseacres been said and writte wives to fight off this hour. I would can bring about you false glamour continually, but time you will relax and not feel it worth the effort. And by wit and must be forever entertaired and dazzled by wit and sprightliness is a poor life partner. The rea droop and need the hours when the wings of the spiri and sympathy the upholding of another in sweet peace

Though we are miles apart we can have very frequen visit, for the post is a regular and friendly thing, and things that I have long letters, for there are so many ul in your daily life. And no

# A Model Nurse 

The Freedom And Knowledge I Am Gaining With The Help Of My Babies

# Getting a Teacher 

What a Toronto Music Student Thinks

About Studying Music

At Home

F first the day my first child was was
born I resolved to

By
EVALYN EARLY hold an important part hold have a recognized place in his life. To enjoy and appreciate
with him the good and beautiful of this with hom the good and "moping" blindly big world, and not go mop. To do this
on, ignorant of ist charm.
I realized I must be his companion, playmate and confidante, in other words, playmate. To-day my babies enjoy their
his nurse. To mother's companionship and love. We are staunch comrades, and this is how it all
happened. In the springtime of life, happened. In the springtime of life,
when all is beautiful and gay, my babies, five and two years, respectively, enjoy
with me full days of pleasure together, regardless of home duties or tasks; these regardless or home duties or tasks; these
are second considerations. Many days are second coll spent journeyirg to the
our time is wel calling by names the many trees, plants, flowers, animals and birds, enjoying its swings and many child's amuse-
ments found there,with a final lunch on the grass
wild fowers and collert.
ing the numerous pebbles along the
driveway Many a happy hour
is spent rolling down the mother nurse joining in the sport. Often
the visit to
the park is changed to a stroll out
some lonesome road,
plucking sunflowers and
wild wild daisies on
lots, $\begin{gathered}\text { vacant } \\ \text { digging }\end{gathered}$ the little saplings to replant in our back ward reaching home.
When the summer days approach hot and sultry, each morning as the solar rays are creepme skyward and upward, babies with "Dada." Dishes are cleaned and placed away in a "jiffy." With a happy good-bye to Dad as he leaves for business, babies and nurse start for an early walk in the cool of the morning. Often spades and little pails are carried and a sand pile is formed on the corner of a street where a new house is being erected, or an asphalt street molded $A$ few times the sand was being laid, perhaps a mile out, for this all happened in a western metropolis, where these new achievements and forms of progression were needed and wanted. an afternoonna feels that the necessity of essential to her health, so takes advantage of same, lying down with her children for a half hour ot more, regardless of home duties. Those not completed to-day can be done to-morrow.
With the coming of fall mother nurse changes her plans to afternoon pleasures,
sought between lunch and 4 o'clock. sought between lunch and 4 o'clock.
Sometimes a long car ride is indulged in giving notice and discussion to the many items of interest seen from the windows. The immense buildings are talked of what the height and who the occupants, railroad crossings made, sign boards read, and as we ride nearer the country our eyes feast on nature's beauty, on her alfalfa and cotton fields, "looking like
little fairy snowballs hung on a bush, little fairy snowballs hung, on a bush, for the sun to smile upon," so our boy could be seen all along the route.
If the fall winds are unusually strong and piercing, a short walk to a suburban are learned by name "on sight." The sperified routes with stops and fare "re quired ' are inquired into. The distance and dextination of each made known, an as they hurry by the uccupants' faces and manners are studied. If their faces are smiling, their voices pleasant and cheerful, we decide the day's work or mission has been an enjoyable one and the bearer is a pleasing character. Our boy avors the
motormen, because he says "so much
explain how the conducto
explain how the conductor ne most beautiful impression left on our minds was, when one autumn afternoon, late in the season, we walked to a floriculturist's plant, near a mile distant. All evidence of the dying fall
surrounded us. We could feel it as we surrounded us. We could feel it as we gathered the many fallen leaves, in their
tints of yellow,.gold and brown, and see tints of yellow, gold and brown, and see
it when we collected the many different seeds of the wild flowers now rank and tall, drooping by the roadside. All our conversation was of the departure of nature-why so? where to?-and when its return? Oh! suddenly we found ourselves looking on a wonderfully big
glass house located in the centre of a glass house located in the centre of a wide expanse of land, full of
flowers with all their beauty flowers with all their beauty
and fragrance. The expression and fragrance. The expression
on my children's faces was on my children's faces was
that of pleasant surprise. And our oldest child afterwards said
"Mother, it was like fairy tale. Yes, it was grand!
were wishing were wishing
for Spring for Spring and walke
right into its right into its
real beauty real beauty
All our re All our re-
creations tocreather "in
gether
my efforts gether
my effors to
answer their many tang iblequestions and man," have taught me the greatness and goodness of our Creator fullness and wholeness of humanity.
When the wintry days are with us, snow and ice covering the earth, we find pleasures with each other in the minging and directing of house games and axtrem blizzard or to necessitate our remaining indoors, for an hour each afternoon our wraps are put on from head to heels, all uindows are thrown open, gas turned out and a fresh air romp enjoyed. I have found this the means of discouraging
might have experienced.
There are exceptions to all rules. Every mother is debtor to her children for the character. To pay this debt she must eve strive to better herself and improve he surroundings. In other words, "keep up with the times," "be up-to-date." To do this she is compelled to mix with the world, giving to others the best her mind and life possesses, accepting their best in return. The mothers of to-day can find helps, improved ideas and suggestions that benefit and assist in church societies, magazines, mothers clubs, etc. In her endeavors to atted all, conditions considered, to leave her children to the care of a substitute. Under only extreme conditions do I leave my babies to the trust of another, for our home is bereaved of grand-parents and deprived of sisters and aunts. I am a member of church societies and a mothers' club, and when I am marked present, my babies are too. I am sure their trips with me enimprove their manners, broaden their little minds and hearts. But in the absence of myself from my children, I ever carry prayer in heart and mind that the God who watches over all will care for them. They are my staunch comrades whose companionship I happily share. Our walks through the woods have tanght me there is a fragrance and beauty in the depthe of flowers and foliage deep,er than mere sight, and their use is for better purposes than
decorating, that their sweetness can sink decorating, that their sweetness can sink The objects and duties I once considered trivial and insignificant have grown to be the things of real power and worth.

3

W$\mathrm{E}_{\mathrm{s}}^{\mathrm{E}} \mathrm{e}$ have

By leading the Mendel-
our stu- IREAS EFFINGWAY ssohn Choir is suffidents to turope to study
music: if a son or daughter
showed showed he goal considerable musical talen lways of the parent's ambition has expected our students to get or complete their education in such a way as was, we thought, not possit le here. We neglecter our own musical possil ilities to buid up
others at our own expense. Doing this, we lost in reputation, in music, and in money; our loss was the gain for Europe to which we had got accustomed to look or the final seal and stamp of approval in music. This is to be changed. We can train our musicians in Canada;: we are going to do so.
The present is a good time to begin. No one can study music in Europe now
except with a great deal of difficulty. And this gives us the opportunity to oing to Europe to get, what they got,
what they got at what they got at they could have obtained further if they had stayed at their musical education Eurnpe Eurnpe to study
with masters, but they didn't always find the masters to study with. There quacks in Europe as in America, and
the foreign students would be the ones most easily imposed herause of their of the country and its musicians. Granted a teacher of standing, even, the teaching was not as thorough, as conscientious as the Canadian colleges ; for foreign masters had a way of passing by the students ordinarily talented to put tremendous emphasis on the exceptionally gifted one. The majoriry of students who went to Europe and came back actually not in such good form for plaving or singing as they went away. The exceptions would have arhieved just as murh by staying in Canada-mote, for their ad-
vanced study would have added lustre to the reputations of Canadian tearhers and doliars to the incomes of Canadian colleges
The chief advantage which we were supposed to get hy European study was atmosphere. Mat Mus at mosphere is largely a matter of imagination: like artistic temperament and other slang expressions of the arts, musical atmosphere is oftenest on the lips of those who fuss more about atmosphere than they do about music. The thing is to get the music; the atmosphere will take care of itself.
All these students who went to Europe Cand have got just as good resulis in Canada; can get just as good results now,
even better. If the European reputation means something, there are teachers in Canada with world wide reputation. Also there are Canadian teachers who are ing Canadian public who appreciate this At the present time there are teachers in Toronto who are capable of making Toronto one of the greatest musical centres of the world. At the present time, it is possible to name six or seven more than capable musicians, musicians before the public over the whole continent, who have ohtainer all their education in Canada. This fact is not so uire'y advertised by their agents as it should be. The opera at Monireal is a significant expresmucical life But the one achievement and it has been an achievement-that marks Canada as a musical country and Toronto as a musical centre is The Mendelssohn Choir. What Dr. Vogt has
be accomplished.
far as the Symphony Orchestra is concerned, not enough has ever been done; but enough has been done to show what may ony Orchestra is really present Symphony
gether
At the present time, there is still too much rivalry and not enough co-operation among all the people who love music. We want to keep our musicians at home and train them here. Very well, then, all must work together to that end. We have the teachers, we have the music latent in the hearts of a hundred composers A European reacher now resident in (lt is wonderful how Canadia" girls love good msuic. But it must be sood music. good msuic. But it must be sood music.
They do not regard music as a matter of culture: they want it.'

This desire for musi
must be met by tion. To get suc-
 cessful teaching we must have
faith in our teachers. Thi is why less rivalry and
more co-operation in music is needed Every country had to begin some-
time. Let us establish Canada's reputation as a musical country ; We must have faith in ourselves; then advertise; can be built up can be built up.
Real musical composition only composition only
began in Eurpe began in Europe
ahout the time America was discovered, and the European musical reputation and atmosphere has been made since. The lig reputation is not so old as that for it is really a matter of the last fifty years, glorious years so far as music is concerned, for they mean more than all the other 450 put together , than is exactly how mic
The point is, somebody had to begin; some nation had to hegin. First real
musical composition began in-Italy? musical composition began in-Italy?
France? Germany? Rusia? No: in the France? Germany? Russia? No: in the
Netherlands, in Belgium. There were Netherlands, in Belgium. There were
English composers of the same period who English composers of the same period who
did notable work. It was from these beginnings only that Eurovean music developed.
Canadian music must be organized, and the people represented by their Govern
ment will have to do it. This is different apparently from the situation as it has been in Europe, where music has always had the patronage of the great as well as the devotion of the people. But here in Canada, as we are a democratic nation, we have to look after arts and sciences ourselves, and ourselves and our government irtitiate movements that in started by individuals. Our Government in Canada has subsidized railroads, en couraged agriculture, and aided manufactures. Now we are surely well started in things material and we can take thought for those things which are in a new land left for consideration until after a certain degree of prosperity has been attained. Clearing land, farming, making transportation possible, developing a constitution and a political life-all these things naturally and inevitably came first. But now music. Already it has givene a patron on to painting and the National Gallery affords proof that the arts are regarded. Let the Government in similar way encourage Canadian music. This can be done by symphony orchestras, great choral societies, and musical bodies, and grand opera companies supported by the crovernment. Winnipeg, Torontu, Montreal, and in the farthest east and west, musical centres to which all the musical life of the land will turn for inspiration and guidance.

This is Canada's opportunity in music as in everything else.

# SWEETHEARTS AND WIVES 

## HOW LESTER WILLIS LEARNED WHAT IT MEANS TO BE A.WOMAN

By BEATRICE SHAW

WLike movement himself with a long, lazy catlike movement of pure physical enjoyment;
the action sent the blood bounding through hie action sent the blood bounding through of perfect, health and strength from the muscles rippling under the skin.
He He decided to spend the evening in his
own rooms and went to his bedroom to own rooms and went to his bedroom to
change his dinner jacket coat for a smoking. Returning he met his man, doubt and uncertainty adiating from the smug countenance.
"A lady has called to see you, sir."
"A lady-now-who is she-what does she want?" "A lady-now-
"I dunno, sir."
What is her name?"
"She won't say, sir,-nor her business neither. Says "Is she young,
"Young, sir, and seemingly" not too bad to look at, "hough her veil and "
"Show her up."
The curt interuption sent the man away without demur. Willis closed the door which shut off his bedroom from his sitting-room, dropped the curtain over it and waited.
She entered quickly. They were alone. Dorothy flung She entered quickly. They were alone. Dorothy flung
back the heavy veil which shielded her face and faced him back the
silently.
"Dorothy, you here-at this hour-alone-are you mad?
His eyes rested on her coldly, pitilessly; anger plain on his knitted brows, in the set of his lips. She took a step forward.
"Lester-I $I$ had to come. Your letter. I don't under stand." His gaze continued cold, inexorable.
"The meaning was plain, I think-it must end."
She quivered as a thoroughbred horse quivers under the curb.
"End-why - why must it end? What harm does it do you to be friends with me-for me to love-likeHe flung himself impatiently into the nearest chair. Dorothy remained standing, disregarding his indication to take the opposite one.
Under his critical
slowly, painfully across the she shrank, and a flush crept slowly, painfully across the pinched features. She became
suddenly conscious of her shabby skirt, of its dipping hem, of her shoes sodden with water, leaving wet patche on the soft green pile carpet.
"Se saw her embarrassment and his mood relaxed "See here, Dorothy." The words came rapidly as a
man speaks who wishes to end a difficult task as quickly as possible. "I wrote to you because I thought it best because I wished to avoid a scene.

There will be no scene." The interruption was quick, the tone steady, the violet eyes were dry and unblinking your own lips. your own lips. I could think of no other way to do it, so I came up here-straight from my work-it seemed to me He waved her apologies aside.
"Perhaps it would have been best if you had left it as I wished, but it is too late now. I meant just this-just pleasant, but it must end. It is better that you and I should not meet except casually when occasion arises."

She flinched and bit her lip till the blood ran red on her teeth

## "If I don't mind, why need you?"

## "i do mind."

She shrugged her shoulders and was silent.
Exasperated he spoke warmly.
"You are young-too young to know what it may lead to-in the eyes of the world, at any rate, even though we may know there is no more than friendship in it. You are a another man later, who will marry you and forget me -

There will be no other man-
The words came steadily quietly, "It is not easy to get-you, Lester.
He leaned forward, speaking earnestly.
"I waint you to forget-I ask you to forget. Dorothy, believe me, dear, I am too fond of you-really I am-to let you go on drifting into a fool's paradise, risking your good name when I know that love could at best be but transitory with me. So it must come,
it-later you will see the wisdom of it.,
She turned to the door smiling a faraway, curious little smile-the all-wise smile of a woman who knows He followed her the man who tries to teach her

He followed her out to the elevator.
"Dorothy-don't go like that!-say one word to me first. Say you forgive me for any pain. I have caused you,
and believe that I only mean to be kind. Have you nothing
you can say before you go?" for her eyes were unresponsive,
his hand held her uplifted veil "I can only say uplifted veil. Mr. Willis-that I hope some Mr. Falle will teach you what it means to be a woman."
His hand fell from hers. A gust of wind shook the win-
dows, the rain rushed against the glass. rain rushed against
shivered. shivered.
"It's a beast of a night." The topic came as a relief in the strained silence. "You will not mind my not seeing you home-a taxi is the quickest, I think-take a
He pushed some coins into her small, damply gloved hand-the fingers closed over them, but she did not reply. The elevator reached the floor, the iron gates opened, and As he returned to the armichair before the fire, Willis felt somewhat as a man might feel who in a fit of insensate rage has killed the dog that loves him best. Dorothy's great reproachful eyes had the dumbly pathetic pleading of a whipped spaniel, and the pleading haunted him in spite of his self-righteous reiteration, "It is best!-it is far the best," as he punctured the blazing fire till the flames roared up the chimney.
And yet she was very sweet-he remembered the little things about her that had first attracted, afterward held
his fastidious taste. He recalled her delicate face his fastidious taste. He recalled her delicate face, the big
mysterious eyes, the sensitive mouth with the faint quiver ing smile hovering around the lips, and her presence qeemerto fill the room, he was permeated with the scent of her hair with the sweetness of her voice.
"Dorothy-Dorothy-Dorothy." Gradually he slipped into the embrace she held out to him-the room widened, darkened. He was alone with her in a vast expanse of moon and stars. Together they flew upward, higherhigher and always she was a little above him-he was straining to reach her, to clasp her, but she evaded him. The little mocking smile was on her lips-her voice like a far away whisper reached his ear.
"Fate will some day teach you what it is to be a woman." Suddenly she released him-he felt her grasp relaxthen he was falling rapidy into space, plunging downward
earthward through the darkness. His feet struck some thing hard, the whirling sensation stopped. He was standing on the pavement, the roar of the City around him, beside him jostling pedestrians, and in the streets the traffic of a great town homeward bound.
Willis did not quite know why he was standing on that particular spot, but he felt sure that he was waiting for something-he was also sure that the something that he was waiting for would come before long, and that nothing but patience would hasten it.
It was raining too-a steady, soaking rain. Willis knew that he was wet; that he had been wet for some time yet he was conscious of neither annoyance nor irritation he who usually loathed a mud speck, cavilled at a raindrop He knew that he was wretchedly uncomfortable, but at the same time it seemed to have come to him that it wa his lot in life to be uncomfortable, so he merely held the ragile umbrella rigidly over his head and waited.
He became conscious of a burning sensation in the palm of his right hand. Curious he opened it. On the shabby grey suede of his glove, lay two bright half-crowns, and as he gazed at them a voice from far away murmured in his ear. "It's a beast of a night-I can't see you home-
ake a cab-take a cab-take a cab.
He tried to throw the coins away, but they stuck to his to drop them in the gutter, only to find his forward impeded by something clammy and wet which flapped around his dripping ankles, and twisted itself round his legs. Glancing down he saw that he was incased in a narrow blue serge skirt, the edge of which was heavy with moisture and caked with mud.
He drew back with a jerk of annoyance, and at the movement a thing that appeared to have been poised on his head slipped suddenly over one eye. He surmised the hand that held the half crowns to readjust it with unged first one side then the other, and finally helf it down his back. At length with weary resignation he closed the umbrella and hoisted the unwieldy appendage into its original place, prodding it through and through with various pins which his fingers drew as if from long usage from among its trimming.
The hat restored, Willis discovered that it was necessary to keep his head at one precise angle, his neck a rigid column, in order to maintain its equilibrium, and with the Cabs passed him in dozens, taxi's, hansoms, four-
"J can"only say to you, Mr. Willis,
that I hope fate will some day that I hope fate will some day
teach you what it means
to be a woman.
wheelers, the coins still burned into his hands, but Willis remained patiently on the pavement waiting for he knew not what.
Had he
Had he been himself, he would have flung depression to the winds and gone home in a cab to a this - but being, as he understood, for the this programme. He was unable to carry out lying in the bottom of his coat pocket there was only enough money to carry him through the week until the employer doled out the munificent wage which he considered sufficient recompense for the expendi-
ture of Dorothy's ture of Dorothy's youth and health and temper-therefor cabs were not, in the ordinary regime of Dorothy, things to be considered for a moment. If it rained one got wet; it. True, there were the That was all there was about who was Dorothy and the half-crowns. And the Willis tally asked each $\begin{gathered}\text { and the Dorothy who was Willis men- }\end{gathered}$ circumstances. Willis felt Dorothy's impulse to throw them in the gutter, to give them away so the match to throw at the next corner. He felt her hatred of the man who could take away her happiness and offer her five shillings to pay for a cab as a substitute. But the Willis in Dorothy brought prudence to the rescue and insinuated that the was sorry been kindly if the act had been crude. He was sorry for her. He wished her to be comfortable.
He would like to He would like to think of her going home in a cab even if she went home unhappy,
Automatically Willis beckoned slid along beside the curb. Automatically Willis beckoned. The cab drew up beside
him. He shut the umbrella. Stumbling over the skirt.
longer Willis, but Dorothy. It was dected that he was no unruly hat straight, who pulled was Dorothy who set the and re-arranged the twists of damp the disordered skirt, It was warm and pleasant inside the cab-Willis sank. back against the cushions, only to spring into an erect position again as the brim of his hat flopped over his eyes. Willis had always kept up a pleasant little fiction that he considered a pretty woman the most enviable person on the world, but as the cab swept on its way he began to doubt the wisdom of his remark-later he began to doubt He grew alarmed speed at which they were travelling -it seemed thed as the whirring of the machinery increased revolution. Willis let deels positively sang in their rapid driver. A blast of cold, wen the window to shout to the and his voice was lost in the air tore the hat Irom his head. faster they flew till the lighow of the wind. Fasterand the houses became an indisting. A crash a final an indistinguishable blur. the snapping of a Kodak shutter a like a pistol shot-or Willis was standing in aill
the cab, the streets, the hat, the rain, the wedroomthe rain, the wet shoes al A delicat
to his nostrils frour of multitudinous perfumes crept up stood, a table whereon were littered table before which he brushes, open powder boxes, fanciful cosmetic rell and gold
The long narrow mirror reflected an image at first strange to him, a moment after he recollected it as the form of the identical woman to whom he had last made his favourit remark about the enviability of pretty women. He remem bered also the faintly sarcastic smile with which she had uh it . All that Mr. Willis, if only you could know for one hour never say that endure every day of their lives, you would
It was an attractive picture that greeted his Golden hair exped fisitely moulded, exquisitely gowned. oolden hair piled high in intricate coils and puffs and curls on the daintily set head, bare white arms with dimples a flashed a magnificent ivory neck, whereon sparkled and Yet Willis was damond necklace.
Yet Willis was not pleased, neither was he any more skirt and dripping he had been in Dorothy's blue serge rigidly encased foos. A stiffness, a sensation of bein most unyielding of anees to neck in the tightest and move his head lest a oppressed him. He dared not and to add to his discomfort should become dislodged coated with cement. Finally his silke itself felt as if thrust into high-heeled, glittering shoes as reet were unyielding in their compression as the garment which encased his body.

Concluded on page 32 )
The Perfect Home

Few indeed, and there are still
ho are aware of the fact that in the Southern States seventy-five per cent. of the concerts, given by the given under the direction of women who have made their impress so emphatic in this field, that it is now well nigh useless for any one of the tion in the cities where woman rules all hat is doing in music land
While public spirit at the outset has ctuated many of these women in an effort to bring the best in music to the majority ew, nevertheless, it is an absolute fact that hundreds of women who started in this work through club activities, are now so firmly and profitably intrenched all over the country that one may not to-day proure a route for any musical organization of what ocal interests are in the hands impresario," and let mesay right here that the term is wholly proper. Ellen Mai bus, Ohio and Buffo bus, Ohio and Buffalo, N.Y.,., respectively, doubtful if there are two men in all the country, whose activities in the sa
field are as varied or half as successful.
This is so true that some of the greatest celebrities in the world of music have
offered both of these ladies an annual honorarium equal to that of a cabinet officer exclusively to direct their tours. Not only are there hundreds of local
women managers, but the number of omen who have their own musical comincreasing, and out of some sixty musical bureaus in New York City, at least half are now directed by wo these represent a vital influence. An-
oinette Sawyer has interests to-day equal to those of any one man in the musical field. These women have brought to their work in many instances, a knowledge of music. Some have been artists or
soloists, but not all are gifted in this re spect, nor is musical knowledge or talent requisite for achievement as a public caterer.
There is not a town to-day in Canada of ,000 inhabitants that could not support a The larger cities have local a year. woman has not in Canada, embraced this work extensively. Yet I can think of no better locale than the territory between
Suspension Bridge and St. Johns, Newfoundland, in which to build up a prow oundland, in which to build up a profit-
But woman is making her
Be amusement field to-day in impress in every branch of the theatre. The Schy berts of New York started with girl ushers, then they placed women in their box offices with such a result that they are now being emulated all over the country Woman is even replacing the ubiquitous hat check boy in the Cabaret shows, and I who have made so good that their salaries are at
men.

The best press agents in New York City Te women. Anna Mable Pollock and S7,000 a year; Dorothy Richardson
Ling, Belasco's "o poblicity now at the head of a big publicity bureau. Beulah Livingston is a young girl who two years ago began to help provide "copy" in press bureau conducted by a man; now he is selling more copy than her erst rious girl is placing the cabaret dancers sh has interviewed for the press, in vaude ville theatres. Two years ago unknown and without influence to make her way,
Miss Livingston now earns never less than $\$ 100$ a week
The leading dramatic agencies which supply the stage, producers with talent E. L. Fernandez was the mother of an infant prodigy known as Bijou Fernandez
In the effort to procure engagements for Bijou, Mrs. Fernandez discovered a depecialized; she had no experience, but had a large acquaintance with stage folk
its talent. At her death, Mrs. Fernandez was succeeded by Bijou, who had become one, of the best leading laties avail income possible from operations in the booking agency field-Bijou retired from the stage and now conducts the
business, never so successful as now. Miss Packard began about the sam Miss Packard. Fegan about the same
time that Mrs. Fernandez did. To-day, time is the booking agent for the Schuberts, the second largest concern operating in the amusement field. Her two sons are also conducting similar agencies, but theid
success combined is not to be compared with that of the mother.
The biggest play bureaus are under woman's direction. Elizabeth. Maubury earns $\$ 75,000$ a year and it is through
her sucessful play bureau that this lady has attained her present high social distinction. Miss Maubury's chum is Miss Annie Morgan daughter of the great
financier who passed on in 1912. Alice Kauser's success as a play agent is second only to that of Miss Maubury's: A dozen women are earning in excess of $\$ 5,000$ a year in the same field.
Woman was early in the field as a producer of Photoplays,
Alice Blache writes her own Photoplays, directs them, and produces them in her own studio at Fort Lee, where she welcomes the woman aspirant. These wome for "turn down" the sincere aspirant, and this is true of women in practically every branch of the stage or screen productivity whe
The most sucessful Vaudeville Theatre in the Country attained its present status through the remarkable regime of a woman. ${ }^{\text {In Washington D. C., for a generation }}$ one of the Capital's great institutions. It was leased by P. B. Chase in the early 90 's and he found its conduct a problem so difficult that he was on the verge of bankday tha was about to quit when one woman dancer by name of Solarel. This was the period when serpentine dancers were as common as Tangoists are today. Solaret happened to meet Mr. and Mrs. Chase socially and during her engagement she expressed her views as to what a Vaudeville theatre should be with such poignancy to Mr. Chase begged her ment of Chase's theatre. Solaret at once assumed her own name that of Winnifred DeWitt, and had the greatest success.
While woman's opportunities in theatredom are greater today on its business side than on its artistic, the business woman is still a development of the theatre's evolution, but these opportunities are now increasing at a rapid rate and the aspirant who seeks to enter this phase or
the field will do well to read the "trade" papers of the various branches-The because Mitror is a good medium Vaudeville and Motion Pictures and one can keep informed through its weekly issues quite accurately
For motion picture information exclusively the Moving Picture World is
the best medium. For musical information I would recommend Musical America Variety faudeville the green paper called can't afford as before stated for those who information The Dramatic Mirror is stage But what about the aspirant who has to pro to proceed to
If you are a dramatic aspirant but still seek to develop such talent as you possess
and can afford the $\$ 500.00$ a year (for 2 or 3 years) I suggest the Empire School of acting New York City, or F.F. Mackay's School of Dramatic Art at Berkely Lyceum are the best in America and Charles Frohman engages every year about half of the graduates of the former, the other producers gladly availing themselves of
the rest. I can name a score of famous
(Concluded on page 25)

How We Can Best Be Happy by the Practice of Efficiency

By mal girl wants to
marry and marry and have
home. Yet many girls are
manght, before organize, furnish, arrange, equip and conduct a home? If we threw our
boys into the world-battle with no colleboys into the world-battle with no colle--
giate or industrial training we should think ourselves monsters of cruelty. We do throw our girls into a struggle no less fierce- the struggle to make and keep a
home all it should be-and we tell them home all it should be-and we tell thenm
nothing of the tasks and trials ahead. nothing of the tasks and trials ahead.
Are homes of less value than stores and Are homes
How shall the home be revived and of the principles of domestic science, and a personal acquisition of a better understanding by women of the hard problems which their men folks are meeting every day. At least forty per cent of a mans
efficiency lies in the hands of women--his mother, his sweetheart or wife, his housekeeper, his clerk or stenorrapher, and these or customer On mere selfish basis, or customer. insist that their daughters be taught how to earn a good living and how to conduct an ideal home.
Home is the great power-house of wires, our emotions the currents, our actions the manifestations of light, energy
and influence carried from home by the and influence carried from home by the
radiant stream of ambition and affection. radiant stream of ambition and affection.
In a power-house we employ the highestIn a power-house we employ the highest-
priced electrical engineers, to handle the machinery with fautless care. But in a kitchen we hire cheap maids totally ignorant of the digestive machinery, the sciensehold economy, hygiene, sanitation, organization.
I know a woman living in the country who works fourteen hours a day-and
never seems to get a thing finished. She takes five steps where one would do. She has no place for anything-and keeps everything in its pace. thread in her work baske, you think it the worst snarl you have ever seen, but you change your mind when you see her temper. She is faded, wilted, nervous, shrill. She has pains and weakness ald to the utmost--the utmost being a debauch of self-pity. She has grown common to her husband, and for years mere
servant-in-waiting to her children.
Another woman living in the cit spends an hour every morning planning keeals, instructing her maid for the work of the day. Then she rides to her office downtown, where she conducts a large law practice, earning thereby the wages of her maid and housekeeper, and a good deal more. Her evenings are free for time to spare for human service and uplift work. She is in demand for lectures
and magazine articles. She holds the and magazine articles. She holds the
adoration of her husband. She keeps her adoration of her husband. She keeps her I know that the
ives, and of women in small towns, have not the facilities and resources to manage their homes effectively by an hour's work a day, and to embark on a public career at the same time. I know that the average housewife gets about 300 per cent more out of the time and money available, than her husband would. But I also know
that from twenty to forty per cent of the that from twenty to forty per cent of the
motion in the average kitchen is lost momotion in the average kitchen is lost mo-
tion, and that one dollar out of every five spent on the household is wasted.

## THE HOME ITSELF

The site of a home should be high and dry, with abundance of light and mortality-rate. If choosing a city apartment, look for an eastern exposure, and
be sure that no buildings are so near as to be sure that no buildings are so near as to
shut off your sunlight. Easy access from the home to shops, theaters, churches and other public places should be had on payment of a single fare.
A man's home should be away from his within good walking distance, a half-mile to a mile. The most loving wife needs to
be delivered from the presence of her husband for at least eight hours every day; and if the home is too near the office, he may run over any time and interrupt the
household regime. An actor is a poor
husband because never home-a doctor is a poor husband because always
home.

$$
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& \text { home. } \\
& \text { Sanitation should in- } \\
& \text { clude open plumbing }
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$$
\begin{aligned}
& \text { clude open plumbing ; } \\
& \text { rapid and complete drain- }
\end{aligned}
$$

age; scientific prevention of sewer-
gas: abundance of running water, hot and cold; use of proper soaps, cleansers and disinfectants, from cellar to the attic modern cleaning methods-such as oiled cloths, sweeper, and vacuum cleaner, i place of old-fashioned broom and feathe and tapestries that gather dust and curtain and substitution of rugs, simple furniture and other common sense equipment A few of the items under the hea ing apparatus both healthful and reliable that keeps the temperature from sixty t seventy degrees Fahrenheit in cold weath er; bathroom appliances and convenien ces, to make the daily bath more enjoyable and expeditious; ventilators for all the windows in the house; an emergency case of home remedies, such as mustard plaster court plaster, hot water bottle, smelling salts, fountain syringe, peroxide of hydro gen, bandage material and sanitary cot What to Do in Accidents and Emergen cies; and address book with names of best druggists, physicians and surgeons avai able-these having first been investigated a lighting system (whether of gas, electr city or acetylene) that includes soft shaded, overhead lights, but full-power concentrated desk lamps; a combination of color scheme harmonious and restfu a good supply of drinking water guaran by chemical analysis, or distilled or boiled in your own kitchen.
Certain articles for home use cos less from mail-order houses, others cost in each list? year, bargains may be had regularly-in
clothing, furnishings, foods, and so forth. Do you buy accordingly? In the Kitch en, there is a science of utilizing "scraps" and left overs. Have you learned it? pound of beans, of whole-wheat grains, o nuts or of cheese, contains from two to pound of best steak, and costs perhap pound of best steak, and costs perhap.
half as much. Do you consult moder tables of food values in ordering the daily meals?
Both vitality and morality require that a sense of harmony and repose comfort us in a the few hours of ease accorded to us. In this violently practical age, when even schools and churches are made fo
utiltarian purposes, the home is the onl utiltarian purposes, the home is the only place where we can satisfy our souls with of color, beauty of texture, form, harmony of color, beauty of texture, poetry of sym
bolism. We are soothed, or irritated, by the pattern in the rug, the picture on th wall, the contour of the home against the sky. A cottage costing $\$ 3000$, planned by an artist for the needs and the taste of the members of the family, is a better investment than a $\$ 30,000$ mansion void
of the magic touch of refinement and affection
Hurry is the chief cause of worry, and a home is the haven of rest where w can smile at our haste, and watch the world go by. One of the first rules of ments or troubles or fears be mention's ai the presence of the fers mentioned in Above all, gloom should be chased from the dining-room.
One of the first duties of a mother is to make her children proud to wait on until they are too old to tired to care. Each member of a family has certain duties and responsibilities to
every other member. These are usually every other member. These are usually ignored; and often violated, as in the case
of a father who whips his boy, or of a girl who wears her mother's clothes
Parents mostly are guilty of either children-they force dogmas on the young folk, or they neglect altogether to provide religious training. I do not think He looks at the love in our life. Great ness overlaps goodness. And as a man greatest human love is the love of wif and children, so does that love, truly and
wisely and freely expressed, make more for wisely and freely expressed, make more for righteousness than any other instrumen-
tality on earth.

## Beauty Is No Secret

Irregular features are common-Real Beauty does not lie in the perfection of features but in the complexion. A velvety skin with a soft, clear, pearly white appearance is the perfect complexion. To obtain this appearance the society women of two continents have consistently used

## Gouraud's

 Oriental Cream for nearly three quarters of a century. They found it to be the ideal liquid face cream. It has none of the disadvantages of dry powder, such as clogging the pores - rubbing off-easily detected-and leaving " that parched feeling"-Try it! and see the improvement in your appearance and the nourishing effect on the skin.It does not contain grease and consequently will not encourage the growth of hair-a very important point in its favor.


## There Is More Beyond

## What The Heart Tells Us

$\prod^{H E}$ lover of nature enjoys a veriyear. Wherever he looks, he sees thousands of eyes looking wonderingly
at him, peeping from earth and bush, from at him, peeping from earth and bush, from
shrub and tree, as if to ask whether it is shrub and tree, as if to ask whether it is
safe for them to venture forth after their long and dismal winter-sleep, and enter up a world of balmy air and genial sunter upon a new life in
turns, melodious notes turns, melodious notes break on his ear, notes of greeting from birds of song, who have come from far distant lands to enjoy the new life and light that attend returning spring. Whatever his
eye lights upon, there he reads the word Resurrection. He sees the eye lights upon, there he reads the word Resurrection. He sees the
dead returning to life. He sees that which had drooped and dead returning to life. He sees that which had drooped and withered and decayed assuming new form and vigor-budding, And the heart, too, celebrates, at this season, its most joyful festival of all the year. While eye and ear are busy feasting without, the heart within divines the answer to the greatest riddle of life. It, too, reads Resurrection wherever it looks, the resurrection which eye can not see and ear can not hear and hand can not touch, which the heart alone can feel deep within, the budding and biossoming and fiowering anew of precious lives that here drooped and withered and decay. never wakened again.
Whatever the doubt
immortality quickens anew in the quickening period the hope of It is not accident that the resurrection of heroes and martyrs of ancient nations and denominations were placed by the loving and sorrowing heart in the spring season of the year. From the first, the heart availed itself of the language of nature to give expression to the revelations of the soul. From the very first, the
mighty miracles wrought by spring in the realm mighty miracles wrought by spring in the realm of nature encouraged the heart into a belief of yet greater spring-miracles in a higher sphere, of a quickening in some other world into new blossom
and flower and fruitage of them that here are mourned as dead and flower and fruitage of them that here are mourned as dead.
And notwithstanding all the centuries that have rolled
since the heart first dared to think that daring thought, the belief since the heart first dared to think that daring thought, the belief
in the deathlessness of life, in its elevation to a higher spher in the deathlessness of life, in its elevation to a higher sphere for
higher work, is as strong to-day as it ever was in the past. higher work, is as strong to-day as it ever was in the past. In vain
have skeptics sought to doubt it away. In vain have unbelievers have skepticg sought to doubt it away. In vain have unbelievers
tried to laugh it to scorn. In vain have certain systems of philosophy tried to batter down its ramparts. Beyond displacing some absurd fancies which ignorance had piled up during dark ages of credulity, they have not touched the foundations upon which the heart has based its belief. If philosophy has not proven the
immortality belief, science has not disproven it. On the contrary, the further the scientist has penetrated the realm of life and soul, the more awed has he stood in front of the Mystery of
Mysteries, the stronger has grown his consciousness of the Mysteries, the stronger has grown his consciousness of the limita-
tions of human knowledge the deeper his conviction though we stand unowledge, the deeper his convictions that, even forbidding waters no mortal craft has ever crossed and recrossed,

More is a Yonder Shore, there is
Beyond. Spain believed herself, at one time, at the end of the world. In possession of the Strait of Gibraltar, leading from the Mediterranean out into the wild and the most daring sailor had ever ventured far, she not eve her emblem the two Pillars of Hercules, so famed she adopted as promontories of rock on either side, and on the scroll thro of the these she wrote the words Ne plus ulira, "There is Nothing Beyond One day, a brave Italian, named Christopher Columb Beyond. out upon the unknown and untried sea, which popular fancy had peopled with all sorts of monsters, and which the most learned sailing on and proven to be without a yonder shore, and, by bravely sailing on and on, discovered a yonder shore, a new and undreamed found herself no longer than the one he had left behind. Spain playing her ignorancer at the world. Ashamed of dis nothing west of the Pillars use of an emblem telling that there from her motto, and made it res eses, she struck the word $N$ More Beyond.", and made it read Plus Ultra meaning: "There i It is said tha
who are far out upon the shes of the Adriatic, wives of fishermen stanza of a favorite hymn. Then the eventide to sing the firs second stanza sung by their husbands, and wafted to them over the billowy bosom of the deep. It is their heart not their over the hears the song of their beloved far away. That message of hear and they return to the trusting, loving hir homes and duties contented. Even so doe tide, sounds across the of them that have faith hear, at the even which ear never her form the Yore, sound long-ago, sounds of booved sweet and sustaining, sounds of the lighten the burdens of life, calling unto beloved, sounds that winter-night, of a new budding and blossoming and fruiting on the yonder side of the grave
And those there are who go further still, who declare that science Beyond. The creation well-nigh established that there is More proves a life-giver; its law the universe proves a Creator; its life Inteligigence Supreme; evolutioner and harmony prove Power and innate yearning for; the incompleteness of our present life, the capacities for a mor the fuller and higher and better, the latent by the corruptibility of the existence whose unfolding is thwarted bear eloquent witness to thesh and by the sway of the senses, all there is More Beyond. All edeclarations of heart and soul that the night of the grave, of a sprin morn in a Yonder Life, after raging of the winter's storms. All confirm the comforting words :
"Death, with the might of his sunbeam
Touches the flesh, and the soul

## When It Means Poverty To Be Rich

## An Answer to Last Month's Discourse

THERE is an unfortunate confusion beBy
slaving on, after an ample fortune has been Wealth is a benefactor of society, as JOSEPH KRAUSKOPF, D.D. secured, and that will urge them to devote
is also he who uses it wisely. To it we owe
almost every blessing of civilization, and but for it we might still have grovelled in savagery, where grovels to-day the wealthless savage. Literature, art, science, commerce, industry, schools, and and the contributions of them who accure products of wealth, "weal" from which our word wealth is derived, clearly The word the meaning which the word wealth originally possessed for the wise. It constituted the basis of the common weal. It stor the food, clothes and employment, for education, government and law for home, society and general happiness.
And for what it stood then it stands now, and he is his own, as well as the commonwealth's, worst enemy who rails against wealth and would content himself with nothing short of its abolition. Notwithstanding all the abuses, the uses of wealth are so much greater that only the voluntarily blind and the hopelessly stupid can fail to see what would become of society in which wealth wealh-producers were buppressed
and and to regard every man of wealth as a man of evil. There is
but envy and viciousness in such an attitude; frequently it is but but envy and viciousness in such an attitude; frequently it is but a
mode of revenging one's self on others for not possessing what possess. For, consciously or unconsciously, nearly every bread winner is trying to accumulate wealth. It constitutes the most engrossing of human pursuits. It is part of our instinct of self preservation, and that some succeed better than others, and some not at all, is part of a divine plan, that has predetermined that human society shall possess a diversity of talents and interests to assure it a diversity of achievements.
as dangerous as is or sharp-edged sword in the hand of a child is as dangerous as is wealth in the hand of him who knows not its uses and dangers. From the moment such a one acquires it as mammon enslaves his. It is indeed a the enslaved his subjects as mammon enslaves his. It is indeed as the psalmist says: "The cankers that gnaw deep within and out , we but knew all the but knew all the skeletons grinning in the closets of palatial mansions, if we but knew all the scandals for which large hush monies are given, if we but knew all the sorrows hidden beneath tinsel and glitter and all the shames concealed behind make-believ faces, if we could but hear the frequent seff-confessions "I was infinitely happier when I was poor and little known than now when I am distracted by a thousand social cares and bowed dow children oran ing ine the Egyptin from Egyptian bonlar on are really truly hap instead of hurling malicious epithets at them we would , and sincerity, say: Poor, poor people of wealth! They have nothing, nothing, but money
The causes that make for such unhappiness are many. One
eward. Forgetting that wealth is the happiness that is their just make the slaving for it an end in it but a means toward an end, they accumulation nor causing others thell, never enjoying aught of their the more they acquire, giving only thoy it, laboring only the harder evincing their ownership of it only ine less the more they can spare, guard it and to bear its burden, $\begin{gathered}\text { in the responsibility they have to }\end{gathered}$ han that of the camel towards bearing to it no other relationship sentinel who stands guard over some treasure not his or that of Another fruitful source of unhappiness is the not his own enslaves people of wealth. Having acquired other extreme that pleasure, than tho other use for it than that of serving their of the promise of a new excitemg any and every whim that holds out is sought and found through ent or diversion. Even distinction who spend the found through avenues of vast expenditure. They the richest, and are, therefter, they who waste the most, are deemed about. No extravagance is too most sought and the most talked tion, and furnish the latest soo great if it can only attract attenare gotten up, each course of which is of novelty. Dinner parties restaurant. Theatre-parties are is taken at a different hotel or travel to another city to see, at a large up obliging people to be seen more comfortably at home. Beexpense, a show that can turned into barnyards to create a new sensation homes and halls are tion. Even mad rivalry in extravagance, dissipation, and a exhaus tay turnished homes beco bat
 passage, and keeps them almost constantly on the wing. Verily Neither is there hearich.
anxiety, on the one side, in thestless greed, breathless toil, ceaseles side, ceaseless exhaustion ine accumulation of wealth; on the othe from the rich. Go to the health spending of it, exact their tribut the private hospitals and sanitariusorts at home or abroad, enter among the men, and the physical wreck the mental break-down and the feebleness and degeneracy amockage among the women no longer envy the rich, nor utter a word of young, and you wil those so weak and blind and selfish as to turn malediction against of blessings into a curse
marked for death, but not so mighty as to make healthy what guilt, as to meath, as to make innocent what is branded with make beautiful what superficially plated, as to but they will not bears the stamp of $\sin$. It may buy clothes, buy houses, but they will noth when the heart is cold. It may without anchorage. but they will not give light when the miliant illuminations, is never a product of external treasure; it is dark. Happiness within, from a clean heart, from a pure, it can spring only from cent mind, from a consciousness of having wisely, from an inno and one's profit lives may be happy with little; he who of lives otherwise live
wretchedly even though

# Women Worth Knowing 

Whose Works Have Brought Them

Merited Prominence

## A President of Parts

BY a "president of parts" one means simply a president pos-
sessed of the cardinal qualities: "presence," capability and tact, which mark the successful woman Head qualities so finely in the case of Mrs. qualities so finely in the case of Mrs.
Albert Gooderham, President of the Imperial Order Daughters of the Empire, and Experience has so admirably suplemented nature, that delight prevails at her recent election to new honour and labour in office as President of the National Committee of Women for Patriotic Service. The National Committee of Women for
Patriotic Service is the same committee Patriotic Service is the same committee
in composition as the Hospital Ship Fund in composition as the Hospital Ship Fund banded after achieving its noble purpose. That is, the new committee, like the other, is composed of the presidents and representatives of the nationally organ-
ized societies of women: the National ized societies of women: the National
Council of Women, the Imperial Order Council of Women, the Imperial Order
Daughters of the Empire, Young Women's Daughters of the Empire, Young Women's
Christian Association, Women's Christian Christian Association, Women s thristian Temperance Union, and Most of these societies, it is interesting to notice, happen to have their headquarters at Toronto.
The President, Mrs. A. E. Gooderham, Mrs. H. P. Plumptre, also of that City represent this Committee in the Canadian War Relief Association, Ottawa, which recognizes the organization as the official channel through which all field comfort should be sent to the Canadian War Contingent Association, at the head of which
is Hon. Sir George Perley. Thus, every


Mrs. Gooderham, a woman who serves the Empire in many capacities, principally
as President of the Imperial Order Daughters of the Empire.
appeal for field comforts, which is issued by the Canadian War Contingent Association is communicated at once to the wo Committee of Women for Patriotic Ser vice, commonly known as the Nationa Service Committee.
The officers who largely planned this arrangement and who work this plan with superlative success have been most careful to avoid overlapping, by confining the work of the new committee to service as an official information bureau for ex-
isting societies and to the handling of isting societies and to the handing field comforts, Red Cross work being left most impossible, here, as both Mrs. Gooderham and Mrs. Plumptre are office hold ers in the Red Cross Society, Mrs. Gooderham being on the executive committe of the Central Council and her colleague being Superintendent of Supplies
As to her fitness to serve the Empire in the capacity of director of Canadian women's service, if proof were wanting one has but to call attention to Mrs. Goder perial Order Daughters of the Empire which she has been for three terms presi dent. The Order is now in its fifteent year, having begun at the time of the South African War with Mrs. Gooderham as a member of its first executive com mittee. On the same committee she has served successively as Honorary Secretary, as Vice-President and lastly as President, in which high office her superior abilities
have had abundant scope. She was the have had abundant scope. She was the organizer and first regent of the first mili tary chapter of the Order, the Royal Chapter In the organization's extensive mpaizn for the prevention of tubercul losis in Canada, she has been so wise and

## e

## MARY JOSEPHINE TROTTER

nwearying a leader and under her leadership so much has been accomplished that His Majesty, King George, has recognized her service in bestowing the title, Lady Grace of the Order of St. John.
This then is the woman whose authoritative gavel commands the attention of a countryful of women whose desire is to help the cause of empire. But her virtues and graces are not all presidential. The hearth as well as the platform declares her as a woman of most unusual charm of presence. Music is one of her private delights and
she, with her husband, has been directly instrumental in bringing to Toronto some of its foremost foreign artists who have quickened the whole city, musically. It is, however, as the "president of parts" that the Country knows this consummate hostess, this patroness of art, this patriotic worker, and now is the time when apthe services of her and of her associates in systematizing patriotic endeavour.


A Connoisseur in rose culture,

## Priestess of Roses

The rainbow comes and goes,
And lovely is the rose--"

YES, it is April and the time for garden making, in spite of the fact that exhibit thorns at the is obliged to order to protect its fragrant petals. And the lucky Girl Guides whose homes are in Toronto are rapidly becoming little Eves of horticulture in the classes conducted regularly by Mrs. Allen Baines, who exam-
ines the ines the young aspirants for florist
badges.
Mrs. Baines was reared in a Devonshire garden and her presence sheds the atmo-
sphere of it even yet, after years tact with people to whom yar primrose is (p'r'aps) a primrose. It beams from her eyes as they dwell upon flowers, it trips from her lips in botanical names which were surely made to confound the uninstructed and again it appears in her present labour of editing the second annual of the Rose Society of Ontario, o which she is the efficient President.
As to her lectures to the Girl Guide captains; the series has been a source of enterthainment as well as one of instruction to the classes; for the lecturer has an engag ing wit as well as the knack of presenting timate and simple. Her till on the seed and its life, on bulbs, on plant in their natural divisions, on gardening tools, on vegetables, on shrubs and on other themes of intense interest to girl ambitious to qualify as florists.
You remember the ideal house of Wendy with "roses looking in" at the windows and "babies looking out." Well, that was the way with the Devonshire manor with which Mrs. Baines as a baby was familiar She resents even yet being omitted from thedroom ceiling and beneath her window gave her a hint of the beneath her whind gave her a hint of the was just eight years of age she owned little garden which she made herself, with
her father to instruct her, from a piece of rough ground behind a aurel. When she went to schoochild was still able to indulge her flowe chassion; for the students were all instructed in gardening science.

Since coming to Canada Mrs. Baines has continued to make a specialty of the study | of rose culture. Here, rose devotees defe |
| :--- |
| She is versed in the rite | to her opinions. She is versed in the rite of rose worship as though the flower had

made her its high-priestess. The Rose made her its high-priestess. The Rose stance for just two years and has greatly promoted rose-growing in the pro-
vince, had its beginning in the of Mrs. Baines. So that she merit of Mrs. Baines. So that she merit organization consisting of rose-adorers and connoisseurs.

Our Recognized Stateswoman

$T$$\checkmark$ HE National Council of Women of Canada has been called by Cana
dian men of the press 'the Women' Parliament"-so powerful is it in directng legislation, especially as touches the laws affecting women. If the term is apt, it il not more apt than to style Mrs Willoughby Cummings, who helped to organize the Council and who has been for
a score of years its secretary, a stateswoa score of years its secretary, a
man of singular endowments.
man of singular endowments.
Mrs. Cummings takes work as a mill akes grist, in mas takes a mill out waiting to measure how much shed is


Mrs. Willoughby Cummings, President of
the Toronto Women's Patriotic Legut
dealing with already. When she sees work to be done, she does it, and where a tonic would renew another worker, Mrs. Cummings is refreshed by another set of duties after which she returns to the first with ardor. She has not once missed the yearly meeting of the Council, in all the twen-ty-one years of its existence. For all but four of the said years, she has been its corresponding secretary. For three of the
four remaining years she held the position four remaining years she held the position of recording secretary and in the fourth, ment annuities, she was still an officeholder, a vice-president.
In the International Council of Women, of which the president is Lady Aberdeen, Mrs. Cummings is convener of the Finance Committee
This, then, ,, is the able experienced stateswoman, to whom women looked
when a President was wanted to direct their emergency service in Toronto. Mrs Cummings accepted the difficult office of President of the Toronto Women's Patriotic League, without being relieved in the least of any of her previous obligations. The results accomphished have beei tre mendous. Work has been supplied to plication at the bureau. Red Cross work has been carried on to the extent that over a hundred thousand articles have been handled at headquarters by the workers. The committee receiving "soldiers' comforts gives a similar account of work performed which it has been enabled to make effective. Also, the Belgian Relief Committee records a generous total of gifts, to attended. And all these inter-related deavours have been carried on under deavours have been carried on under one direction of a president who "manages" most ably.

Learn to Play the Piano or Organ

## In One Evening





As simple as "A B C" Would you give a penny to learn to play the
ano or organ in one evening? Imposestble O., not at all. Hundreds of thousands of other ho never played before, played thelr first peece th
ust few minutes. THEN WHY CAN T YOU John H. Fergsen, Acme, Alta., Canada, Bays
was not a little amazed when I found $I$ could
 who in a very few minutes could play it well
nd they did not know one note from another it hne the m music.". Prow, J. A. Quarrington, teache
he cho chirmaster of To and choirmaster, of Toronto, says, "Any person
young or old, with a fair amount of common-sene
 or two', Thousands of similiar reporta are in our filies
Doesn't this convince you that you can play by Doesn't this convince you that you can dlay by
this wonder min mew ethod
Any child or old person, can now understand and Any chind or old person, can now undertand and
play the Pi Pano or Organ without previous know
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 ware to answer these questions:--
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We will then send you counplete instructions, to
ether with 100 of the world t most beautiful plece


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## THIS WASHER MUST PAY FOR ITSELF



These apparent footballs are Para biscuits-
from Brazil, at the manufactory.

FAMILIARITY breeds disinterest. Otherwise, we
romantic women who adore the memory of Sir romantic women who adore the memory of Sir
Walter Raleigh in the act of interposing his cloak Walter Raleigh in the act of interposing his cloak
between Elizabeth's shoes and a muddy pavement, would see romance in our personal rubbers, not to mention raincoats, just as we recognize it in the story of a courtier's mantle laid low for a queen to walk on. While it may not be so pretty, it is a great deal more convenient to have at one's service an organization instead of a casual gallant, when it comes to taking issue with the weather,
Good Queen Bess knew nothing of rubbers. Much less did she know about waterproof garments, MacIntosh of
Manchester not being born, who made the first wrap Manchester not being born, who made the first wrap
of that description. She was dead before even pattens were invented-those curious antecedents of goloshes which came into general use about 1670 . It was probably thoroughly unromantic the knight was not, and the rubber of future generations was an undeveloped sap in of to-day and the woman's family who walk dry-shod on a romance of manufacture-the de-
velopment of the rubber industry. It has all the glamour of Raleigh's mantle; besides, it has the advantage of being constant.
And it all came about because a busy little beetle investigated the rubber tree with a view to possible dinners, and got tree exuded a sticky je operation. The tree exuded a sticky juice by way of pro-
tecting itself against the burglar. This milk was contained in the bark and the moment the boring insect reached it, he perished, the prey of his mistaken appetite and a martyr to the cause of commercial rubber.
For, look you, the hole thus made in the bark became filled with the oozing "latex" and all through the Brazilian forests the natives were familiar with lumps on the tree trunks-good for rolling into balls gum to the rubber insect.
gum to the rubber insect. of these playthings. Herrera, in his account of Columbus' second voyage, refers better toys than the famous ball of Castile. This was the white man's introduction to the substance now put to innumerable uses, including complete protection against water.
However, not until centuries later did the beetle get into the white man's bonnet in a way to make the trade in rubber flourish. A certain French scientist did write about the gum, his government having sent him on a mission to Brazil which took him into the heart of the rubber forests. But rubber in 1735 was as radium is and stayed a curiosity for decades. It made its way into and stayed a curiosity for decades. It made its way into
Europe by inches-expensive inches, which rubbed out pencil marks. That was the first of all its uses and even as late as 1820 people were paying about a dollar for half an inch of the stuff now bought so cheaply
There was not such a thing as a "waterproof" in
England until the MacIntosh product of 1825 . That


The wonderful little electrical cutter which will go through twelve ply of rubberized cloth without the slightest jog or hesitation.

Manchester scientist turned out a garment between which and the perfected raincoats which are to-day being made in Montreal by the Canadian Consolidated Rubber Company, in one of the factories of the Dominion Rubber System, lies all the story of raincoat evolution. Now Montreal ladies are extremely enterprising-at least that group of Montreal ladies who constitute one of he leading women's clubs. Recently, these ladies, who might have studied Browning, preferred to hear a lecture on RUBBER -seeing that some of them had babies to imousines and husbands who held that "tacks and them should be avoided, and all of them jars that inglved jar-rings, aches that ached for hot water bottles, front doors that required door-mats, gardens that thirsted for

Extricating by the use of pincers any impuriies remaining in crude rubber after
has been washed and oven-dried.
imagination very likely-natural enough in a rubber ciated with Mark Twain, esperialy in one years, was associawit had ceased to be a gross ere the death of that famous The point is that those exaggeration.
Mr . Thornton to address their meeting-Mre in asking being a representative of the Canadian Consolidated Rubber Company and a connoisseur in rubber from beetle to boot. They tapped the speaker for information with all the art of the dextrous natives who tap rubber trees beside the Amazon. Romance flowed out of his mouth like latex, the ears of the women taking it up like the little cups that are made on purpose to stick to the running Hevea Braziliensis and pouring it into their mental caladeem to doubt their intelligence unscrupulous dealers might Now this type of intelligence in rubber.
Applied to the purchase of many a factor in patriotism. purchase of many commodities which we
garden hose, hands that depended on rubber gloves in order to preserve their delicacy, throats that tickled for atomizers, shoes that needed "bounce" in the heels, feet that macintoshes against the lachrymosity of weather they held a ripping meeting at the Windsor, if one may believe the report in "The Dominion," a journal published at Head Office by the Canadian Consolidated Rubber Company and circulated by the Company throughout its many branches. There are twenty-eight of these, to
The report deals with the matter humourously, whereas
Mr. A. D. Thornton's position was serious enough when Mr. A. D. Thornton's position was serious enough when rubber necks came from, and who did not him where children's rubbers grew on special little rubber bushes "Ye Editor," who reported the meeting, stretched his
stupidy accept from foreign makers
when better goods in the same lines are made in Canada, it would mean less slackness in our factories and fewer applications at the Unemployment Bureau which our patriotic societies have opened husbands. Iork for the wives of jobless uses of rubber. Can you tell me off-hand as if hot-water bottle (which you hug Canadian were positive about it) was factory? made or produced in a foreign Every
Every smart woman should know about rubber, especially with Spring here, when comparatively few is apparent. And as wives have come within Canadian houseon this subject, EVERYwOMAN's World thought well Everywoman's in the present series of practical talks on manufactures made in Canada. Accordingly, it made the arrangements, and I paid a visit to the Montreal headquarters of the biggest rubber concern in the British Em-pire-the Dominion Rubber System,
gimpse of the French-Canadian stitchers ment of the Women's Raincoat Depart- composed of the Canadian Consolidated Runies - which pany associated comraincoats made this year has added the long list of its entirely in Canada to
 the long list of its more familiar products "Get atmosphere, mainly," my chief had enjoined, what I did get, willy-nilly, from the rubber. And that's Papineau Square in Montreal and discoment I landed a or settlement of factories, against the blue of St. Mary's channel and the clear sky of a snowless winter morning, until I left the district at dusk, when all the morning, budded, magically, with squares of light in rows-the actory windows.
The atmosphere which I got was naphtha. I got it laintly in the office bulding-where the advertising to show me ove Editor" aforesaid, met me and undertook to show me over-and I got it strongly in sundry industrial departments, for instance, the rubly in sundry industrial department, which gave our press photographerning ache. On the whole, I rather press photographer a head


The tree as it grows in Brazilian forests, the original home of all commercial rubber.
a part of rubber manufacture. Neither did the employees seem to mind it. I met some agreeable men at the office-true rubber heels and, in all probability, "NOBBY TREAD" tires on their motors. Once, when my papers threatened to scatter, ten rubber bands were at my service. I say "ten" but mind, it was elastic. What I mean is, courtesy wasn't wanting and every possible attention was extended to help me eet correct and lively copy.
Before starting out to observe the stages through
which all ruber which all rubber must pass in its manufacture, whether it be intended for toy balloons or for part of the apparatus, of the diver, I was introduced to
the form in which crude rubber arrives from its natural home in the forests of Brazil. It comes in another ropy form from its second adopted home in Ceylon, and the Malay States, where immense plantations have been developed from Para, rubber seeds. The "biscuit" is a dusky earth-colored gum ball, much the size and shape of a football, but a solid mass
except for the middle, where the except for the middle, where the
stick was, that helped the juice to harden. The natives produce these marketable biscuits by means of a smoky fire of palm-nuts, over which the blade of a paddle is extended, the handle being turned while a stream of latex is slowly poured from a calabash, held over. The gum thus coagulates in layers as I saw in the half-ball they gave department of the factory.
Congo natives, as my informant darkly hinted, dispense with all these formalities of drying and get the rubber ready for market by
simply smearing the juice on their skins until it is hard, when they rip it off and pack it. I smelled a case of this scrappy Congo-that is to say I definitely sniffed it, for
all crude rubber "smells to heaven" all cruce rubber smells to heaven" 1 enjoyed the naphtha.
You will like to know that the first operation in the manipulating of crude rubber for use is washing.
The substance is soaked in
water and then transferred to an automatic washer which grinds it to a pulp, dashes jets of water through it and mills tout in long and crinkly tissues.
The process of drying naturally follows, the crinkly tissues being taken from the washer and hung on frames They are golden in that they stand for "Golden Fleeces. They are golden in that they stand for wealth; for in just pipes at one end and its big exhaust fan at the other, I saw a quantity of rubber drying out which was worth two hundred and fifty thousand dollars. There were many shades and a number of grades-one being "chicle," the origin of chiclets.
When thoroughly dried the rubber is carefully examined, and any remaining impurities extracted-pincers being
used in the operation. When picked quite clean it is

## RESILIENCY ana Sir Walter Raleigh <br> ready for compounding - a critical stage in the course of manufacture a

 here the color of a summer bathing cap, the hardness of hose, the spring upon what is added, in what degrees and under what conditions - so it come that only expert chemists are capable of handling this department. They were so expert that I couldn't understand them when they told me what went into the mixers to produce say "comforts," or tennis shoe rubber, or any line of rubber goods, whatever. I just looked bright when they mentioned "vulcanization"-and hunted it up in the dictionary after. "Vulcanization," says that explanatory volume, "is the process of treatingcrude India rubber with sulphur at a high temperature, thereby increasing its strength and elasticity, yielding, according amount of sulphur used, either soft or flexible rubber or the hard form called in 1839 -rubber got soft if exposed to the heat and a MacIntosh beside the oven perished. This treatment applies to all rubber, practically, and is one rubber, according to the goods to be manufactured. There are, some five hundred and fifty formulae and all must be mixed to certain standards. When thoroughly milled in the automatic mixers, the now homogeneous compounds are first seasoned for days in a storeroom and transferred to the tubing machines or to calendars, rollers of various sizes; for rubber ready for final "making" is in one of two forms, either sheets or tubing
The rubber is warmed on the hot rollers and worked out on to a carrying The rubber is warmed on the hot rollers and worked out on to a carrying
fabric, for raincoats, carriage-cloth, officers' coats, overshoes, firemen's fabric, for raincoats, carriage-cloth, offing or ponchos, according to the lines of goods in making. Or, it


Tapping a rubber tree for the "latex"-a method employed on a Far East plantation.

Queen Alexandra, if one may mention queens without their stockings. The creator of the stock in 1897, sent
ample to a nurse of the Royal Household-whence the "DIAMOND'S" use at Windsor Castle. The brand is now the recognized standard in hot-water bottledom. It carries a two years' guarantee, but has been known to stand continuous wear for over eight years.
I had only begun to get over the ground when the factory whistles shrieked that it was lunch hour. According to Trotty Veck's experience, "Nothing is so regular in coming around as dinner-time and nothing's so irregular is apt to subscribe to the observation when tempus starts to fugit and food is far. However, this time, a lunch at


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Spring is a Season of Many Needs
by may manton
VERY change of season brings with it certain demands, but the
Spring seems to come with special
requirements, for we are to pass from cold

weather to warm. This year we are to have most attractive gowns that can be
worn both within doors and upon the street

and also unusually pretty blouses for wear with the coat suit and the separate
skirts. We have passed through skirts. We have passed through a season
of over-elaboration and only to return to simple effects and this Spring and coming summer w e are to see very charming blouses for while they are attractive and dainty, they come quite within the reach of the home dressmaker. All the familiar lingerie materials are appropriate but there is a special tendency toward the use of cotton crepe and cotton voile for everyday occasions and crepe de chine and ials will be used in color as well ase matersand and putty shades being especia!ly well liked. The two design that are shown here are excellent. One gives the high Military collar with the V-shaped front that makes a notable feature of prevailing styles and the other shows the newest and best liked variation of the open neck long sleeves will be noted, are made with warm weather with the coming of very length will be those of three-quarter gown is shown used. In the compete adaptations of the favorite In the illustration it is made of in shades of brown with threads gabardine and brown charmeuse is used in combina-


Nos. 8609-8515-Price of each pattern, 15 cents 』 tion. The three skirts are wide and flaring, that favorite idea.
For the blouse 8554 will be needed $3 \frac{1}{2}$ yds., of material 27 in . wide, $2 \frac{1}{2}$ yds. 36,2 yds. 44 in. wide, with 5 yds. of
insertion, and 6 yds. of edging; for insertion, and 6 yds. of edging; for
the two-piece skirt 8556 will be required the two-piece skirt 8556 will be required
$43 / 8$ yds. of material 27 in ., $25 / 8$ yds. 36 , $43 / 8$ yds. of material 27 in ., $25 / 8 \mathrm{yds}$. 36 ,
44 or 54 in . wide. It measures 2 yds. and 16 in , at the lower measures The May Manton pattern of the blouse is cut in of the skirt, from 24 to 32 in . waist meare and The Empire gown 8522 A shows a piece skirt. It is closed at the back and back closings are being exploited on many of the newest designs. For the medium size will be needed $6 \frac{1}{2}$ yds. of material 27 in. wide, $5 \frac{1}{2}$ yds. 36,5 yds. 44 in . wide, with $31 / 2$ yds. 27 , for the trimming. The May Manton pattern 8522A is cut in sizes from 34 to 42 in. bust measure. For the blouse
8609 will be needed $2 \frac{1}{2}$. 8609 will be needed $2 \frac{1}{3}$ yds. of material 27 in. wide, $18 / 8$ yds. $36,18 / 8$ yds. 44 in . wide. For the skirt 8515 will be required $5 \frac{1}{2}$ in, $4 \frac{3}{4}$ yds. of material 27 in . wide, $2 \frac{3}{4}$ yds $44{ }^{3}$ yds. 54 in. wide. It measures 22 yds. and 20 in . at the lower edge. The May Manton pattern of the blouse 8609 is cut in sizes from 34 to 42 in . bust measure and of the skirt, in sizes from 24 to 32 in. waist measure.


## Save Half

## Unusually Attractive Children's



CHILDREN'S fashions show an ele and for the trousers will be required ceedingly charming and replete with $5 / 8$ yard 36 for the blouse. The pattern interest. There has been something of a interest. There has been something of a
reaction against the severe styles for little reaction against the severe styles for litte girls' give evidence of the tendency. Empire styles are always pretty and always becoming to little girls, and they are favorites for the more dressy frock. Middy costumes are both smart and practical and they always please the young wearer, so that their popularity is assured. In the illustrations
are shown also a most attractive are shown also a most attractive little coat that it is sure to be serviceable during the Spring and an apron The apron is just a plain one; it can be worn in place of the frock as well as over it and can be made from any simple washable material. For the 12 -year size will be re-
quired $43 / 8$ yards of quired $43 / 8$ yards of
material 27 inches wide, or $31 / 8$ yards 36 , with $8 / 8$ yard for trimming.
The pattern 8594 is The pattern 8594 is cut in
from 8 to 14 years of age. The little Empire frock is a very dainty one for summer afternoons, for parties or for any other occasions of the sort. As it is shown here it is made from embroidered flouncing combined with all-over material, but the same pattern can
be used for a flowered lawn, or batiste or some similar material to become entirely changed in effect and quite suited to eved in 6 -year size will be needed 15 /ay occasions. For the inches wide, $3 / 4$ yard of material 36 , to make as illustrated or $21 / 2$ yards of material 27 inches wide, $21 / 8$ yards $36,13 / 4$ yards 44 , to make of batiste or other material without border. The pattern 8549 is cut in sizes from 4 to 8 years.
 is eminently picturesque and pretty, but it is quite correct to make the jacket and trousers of one color or white. For the 6 -year size will be required $13 / 4$ wide material 27 inches wide, $11 / 4$ yards $36,11 / 8$
yards 44 for the jacket

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## Popular Embroidery Designs <br> By MAY Manton

T $\xrightarrow[\text { work. Various ase causes of heedle- }]{\mathrm{HE}}$ tributed to keep the supply of lace a limited one and designers are consequently employing embroidery, braid and all similar trimmings to finish the
brim and when unlaced, it lies flat so that it is extremely easy to launder.
This design also can be done all in solid This design also can be done all in solid work or in solid and raised work in com Cross with the eyelet


No. 675 Night gown, stamperd on very fine quality lingerie Nainsook with white mercerized floss to complete embroidery
blouse, the gown and the hat as well as work and purposes. The raised or French work and the eyelet or English embroidery are equally correct and frequently designs show the two combined. The
blouse that is illustrated a new and interesting one for it is pabse is


No. 723 Cross stitch guest towel size 18
inches. Stamped on pure linen huck with floss to complete.
ly simple yet dainty and the embroidery when worked is infinitely handsomer than in the photograph. Work of dainty blouses of voile, fine both for the dainty blouses of voile, fine cotton crepe, ones of lawn and linen. The child's har that is illustrated is not alone attractive from the standpoint of embroidery it also shows a new and becoming shape It is very simple too, the linen being cut out and then laced together to form the


No. 882 Shirt waist, collar and cuffs, stamped on finest grade soft Tussah silk or Linen lawn with mercerized floss to finish-price, Tussah silk-
$\$ 1.60$, Linen lawn
shown on (723) are appropriate for so many uses that it is difficult to enumerate them. In the illustration designs at the foot of the page, the de worked in adaptable; they can in long and short stitch or in com-


No. 810 Child's hat, stamped on round thread linen with white mercerized floss to finish, price......
bination of the solid wor with and short. Gray linen makes an excellent background and if the work an excelle in washable mercerized floss, it can be cleansed again and again. it can」 be Designs for Embroidering Poinsettia Flowers


[^2]
## The Revived Shirt Waist And How To Make It

By MAY MANTON

THE simple, untrimmed, plain blouse is one of the best; it gives the high neck finish that makes an important feature of prevailing fashions and gives the long sleeves with the new turned-over cuffs, while at the same time, these sleeves carf be cut off and made shorter for real warm weather. The collar is ithe cut full length with the ends meeting at the front or a little shorter to allow for adjusting a ribbon or some similar finish over the neck band and under the ends of the over-portion. Suitable materials are many, but crepe de chine, handkerchief linen, cotton crepe, yoile and rice cloth are many, but crepe de chine, handkerch travelling and for many occasions and many women like the washable silk crepe that is a little heavier than crepe de chine, and there is also a taffeta that is much liked for the purpose. Whatever the material, however, the process of making is always the same.
First, lay the pattern out carefully on the material, and make sure that you follow the directions on the envelope. Mark all round it with a tracer or with a crayon and cut outside of this line for your
as the special material will as the special material will re-
pongee and the like, threepongee and the like, threelittle more width will be advis-
yoke, collar and the cuffs with pattern out carefully on the mathese linings out from what take care to cut as carefully as
for the straight of the material for the straight of the material After having cut out your
collar and cuffs together and collar and cuffs together and
lay them aside neatly. Then as a lay them aside neatly. Then as a
under on the line of smaller perunder on the line of smaller per-
Gather the back across the crosses, then lay the ound lower sides together, and the lower
upper edge of the waist. Baste upper edge of the waist. Baste
evenly, then baste the lining over exactly the same way. Stitch exactly the same way. stitch Price of Pattern 15c. seams, allowing as great width quire. For lawn, crepe de chine, materials that are apt to fray, a able. It will be well to line the same, and if you lay your terial, you will be able to cut otherwise would be waste, but the outside, with the indication aithfully followed.
waist, fold all the portions of the
each larger piece separately and first step, turn the front edges forations and stitch the hems. upper edge between the double
No. 8500 the yoke over the back, the right Sizes carefully, distributing the gathers ${ }_{34}$ to 42 the under side of the back in the yoke up with the seam between them, then baste the yoke and the lining together, well within the edges, but with the edges meeting. Gather the fronts at their upper edges between the double crosses and join to the shoulder edges of the liming yoke, turn the seams up and fell the shoulder edges of the outside yoke over the sill see this part the seam allowance under to make a firm edge. In diagram No. of the work in progress and the back already in place. Mack.
the outside close to the edges of the yoke at front and at back.
the outside close to the edges of the yoke atrm-hole edges, for they are what is known as
Next, you must sew the sleeves to the are set-in sleeves and must be joined in this way before the under-arm seams are sewed up. Baste the sleeves carefully to the waist, meeting the edges, the notches anen turn and stitch again on the wrong side, making the second stitching on the marked outline of your pattern and taking up just the seam allowance, for it makes what is known as a French seam and the neatest possible finish, Baste the under-arm and sleeve edges will be ready again make the double seams. When
for the cuffs. Join the ends of the deep for the cuffs. Join the ends of the deep
ately; press the seams open and
the outside. Arrange the cuffs over the outside. Arrange the cuffs over
sides together and the seams meetsides together and the seams meet-
ber that the line of larger perforaber that the line of larger perfora-
and the one in the cuffs, each indipart and take care to keep the gether. Baste the cuffs to
taking up the lowance, then the lining over
Turn the cuffs will be reafly ing over the the right sides
or baste into or baste into
stitch around turn on the baste again
 cuffs, edges for the ornamental finish. Arrange the the and the notches meeting Stitch bith the line of large perforations in each atter portions of the deep cuffs. Turn the seams up and fell the lining of the deep cuffs into place over the seams, and you will of the neck berly neat as well as strong and baste. Turn the seam allowance of the neck edges of the band under, then slip the neck edge of the blouse between the two thickedges of the band under, then slip the neck edge exactly meeting. Baste carefully and stitch. Join the ends of the outer edges of the collar and of the lining, turn and stitch. Join the ends of the collar-band and of the join the ends of the
lining and turn, then
of both of both long edges un-
place. Slip the overtween the two thickand the notches exactly Baste as indicated in stitch close to the edge Sew a button on the centre back and sew
 turn the seamallowance
der and baste into der and baste into portion of the collar benesses to the depth of
with the centre backs with the centre bath.
meeting, and stitch. meeting, and stitch.
the diagram, then the stitch all around
the band for a finish. the band for a finish. edges of the perfora- to be attached. thens, work neck banoles on the collar band to match these buttons, or work button-holes in the nem band as well as in the collar band and use studs in place of the buttons. Lap the hems on the fronts with the large perforations meeting. Make button-holes through blouse on the perforations sew buttons on the hem on the left front. Gather slip
the waist line, then she and it on the wearer and pin adjust the gathers becom-
after removing the waist from after removing the waist from
If you desire to make the with the over-portion open the pattern off on the line on the goods and then follow the shorter sleeves, cut over-
the material of any width ends and seam to the sleeves side, the seams of the sleeves meeting. Turn up over the ance on the upper edges of material 27 inches wide
 at the waist line, then slip
tape around the figure and
ingly ingly. Pin into place. Then
the figure, baste and stitch. collar as it is on the figure, it is necessary only to cut of perforations before placing the directions exartly. For facings or simulated cuffs of that you may like, join the and the seams of the cuffs seams, turn the seam allowunder and stitch into place. blouse will require 3 yards

Patterns of styles shown above will be mailed to any address upon receipt of price. When ordering be sure to state clearly your name and address, number of pattern want
measure, and address, Pattern Department, Everywoman's World, Toronto, Ont.


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They are going to capture the July cover, ramble over a whole page in August and settle for life
has had for a long time
yOU MUST MEET THEM

(o)

## A Friendly Talk to the Girl Who Loves Beauty



## By SARAH Her every look and

 When I was a child beautiful. CANTWELL SMITHM. A motion speak Of strength and
health and liberty Thealth and liberty." ognized, or if so the desire wa cognized, or if so the desire was vanity, which was not to be encouraged remember quite well that when I was a very little girl the prevalent style of wearing the hair was to have it cut short aver the forehead in a row of "bangs," and my mother not approving of this persistently refused my of hair dressing my hair like other girls, so one day I surreptitiously cut my all too so day ocks into the much coveted bangs then willingly listened to the sermon on vanity which followed,-willing to undergo the lecture through the belief that had greatly added to my charms. Our elders thought that we should be satisfied with being good, but even at that early is such a pretty pirl" is you "Madeline satisfying than being is somehow more ood child." Nor do I think it "such a likely to make egotistical prigs of half so To take pride in one's own pretty looks is at the most only amusing and rather human withal, while to believe overmuch in one's own goodness, is insufferable even in a child
So when a distressed maiden writes me, "But I'm so homely, tell me how to be pretty or at least how to make the best of the few good points I have, "-I know she is not desiring beauty that she can look recognizes that it is a blf, but because she others, and of producing an effect in tuencing lives. She knows as each one of the other f us knows that beauty is power the rest "For 'tis the eternal law
That first in beauty, shail be first in might." to bery girl has the obligation laid on her be and there is little excuse for not being beautiful if one wants to be, and still less for not wanting to be. Not only is it be prerogative of youth, but it should can be and will be if we dong life, and can be and will be if we do our work
well, live much in God's fresh air and sunshine and only trust Him enough for the unknown future years, and above all do not worry, for worry eats into beauty and ravages health and no young girl ought to fall under its terrible sway. Beauty, however, is not a thing that can be definitely described-a pretty girl to me may not be an especially pretty girl to you at all. As the ages ing ideas of beauty. In that firstanging ideas of beauty. In that first early sang, he recognized that fact Homer Helen of Troy will stand forever as his most beautiful of women, for he the not one single detail to describe her.
Whether she had dark hair or fair, was tall and queenly, or slight and vivacious is left to the individual imagination. The fullest description of her beauty is where the aged men of Troy are sitting which ends so disastrously for the battle, and they remark the or their city; "What little wonder it is the other, fight and men forget home and nations for a woman of so wondrous a beauty and so like to the divine, in form and face " Thus as the different conceptions face." ages come and go, she fits into them all, and is forever quoted as the most beautiful woman in the world.
of our grandmother's time is note beauty ered a pretty girl at all,-clear eyes, bright cheeks ansd a healthy body are that are past this frail even in the years was more often a heroine of theature mental tale than of reality the sentithe best fiction. Scott's heroines of sessed an endurance and strength poscould undergo many a hardship. Tennt son's Enid followed the wrathful Geraint over many a rough mile of hill and valley. a journey that would weary out most of our athletic girls today. Nor can we loyal Ruth of the Old Rebekah or the and delicate, rather Testament as fragile radiant with health and strength as buoyant vigor. strength and One essentia
is to strive after health. Tattaining beauty who would be called "such a pretty girl" must not be afraid to climb the highl" hills or face the ocean breezes, she must needs have the spotless skin and the clear eyes which show that she cares for her body in such a way as to make it the fit home f
The sun's warm kiss is on her cheek,
mere athletic prowess. Tanned arms mere athletic prowess. Tanned arms are not elementary factors in robust health. To be strong does not mean that $\mathrm{yr}, \mathrm{u}$ must have something mannis about you, to the detriment of the womanly graces. To-day as always the reall feautiful girl will have about her the finitely appealing grace of womanhood. beauty, then, are the requirements of a wholesome life: plenty of sleep; plent of exercise; plenty of food and plenty resh air, and each of these taken with regularity. This is the reason that th is often go so even after a year of hard stud at home, or the better than her siste inexorable rule one who works. Th works wonders ond lights out at ten meals and exercises builds up her bod at the same time she is in training her mind.
The girl who works in shop or factory early summer or winter, goes forth in the life easier fo that labor which make a much more the rest of us, often finds sheltered daughter in the home, to main tain that health and strength, which is or spirit, to a lasting beauty of either face of regularity yet she, also, has the advantag essentials if she will but sacrifice nonhas the and keep good hours, and she itself a beautifier aseful life which is in monotonous is nor, for daily work, howeve having nothing whatever to do working girl, however, loses more than she dreams when she prolongs her evening into the small hours of the night in amuse ment or even in housework or the makin as fancy waist. Let her instead, spend and much time as possible in the open air walk take walks under the stars if a daily If our sunshine is denied he
on fresh girls would spend the money candy, and that they yearly spend for would drink for the often harmful sodas for even five minutesh water and res themselves bodily weary, they they find find themselves free from that lassitude and those nervous headaches which are the insidious enemies of beauty. Above 'all wink health and think beauty, for wha we think we bring to ourselves and it is a Then there in his heart, so is he.
will hel there are some general rules that The you to look always at your best only from the cleanliness which come irrevocable the daily bath should be a Medes and Persian famous law of the while so beneficial to but the cold bath, in some cases, and should never be in dulged in unless followed by an exhilara ting reaction or glow, otherwise a tepid Fath from sixty-five to eighty degrees at nienheit is better and a hot bath taken and ind will in many cases relieve fatigue For the sleep
should the face a delicate toilet soap preferably chosen and used once a day and should int before retiring at nigh in tepid then in inably be rinsed off wel water as cold as can water. In fact thing I know for be procured is the best and keeping the face muscles firm and ine, while rubbing the face over thre or four times a week with aver ice after a face wash is most beneficial in it esults. Alcohol is a rood cleanser and in its The car avoid the eyes
But care of the hair is very important pensable while care for the health is indis quisite in helping given to details re prerogative of the any girl live up to her s another of the highest beauty, ther of either in making which goes far ahea hat is beauty of the o.. The adage that "pirit
eep, has long ago beauty is but skin or beauty, even real beauty of counten ance, is soul deep and spirit deep. Thi vice and patience and gentleness and ser vice and sympathy is not only the true and enuine beauty but the beauty, too, tha inner beauty law behind it, without which youthful face the mere prettiness of the beauty which passes away; it is als attain. A beautiful the one of us may of kindness every day and we a little deed ful of face and spirit as the hours roll round for as Emerson tellis us "there is no beautifier of complexion or form or be avior like the wish to scatter joy and not


## A Woman's Living

THE wife who accepts a lifelong support in exchange or for the few years of her life given to the bearing and rearing of one or two children is an in ignoble position, and one that self-respecting women are beginning to find uneasy. The tradition evidently still exists that a woman has sufficient work in the modern home. This is not so stupidity in not simplifying the mechanics of livin More and more must we deof living. More and more must we ce-
mand that women be freed from unnecessary drudgery, and from the enervating influences of support in return for sex, in marriage or out of it.-Florence Kiper.

Are Prominent People Happy ?
Even the children get very tired of playing, "Let's Pretend," unless they have at least a paper crown and a gay tablecloth, when they would represent kings and queens. Nothing is more dificult than to assume a virtue convincingly if
we have it not, as the impatient and unwe have it not, as the impatient and an-
disciplined mind realises when nothing can be done but to wait very quietly. Never to come down from the pinnacle of superiority on which an individual has placed himself or herself must be exceedingly uncomfortable, and there must often be times when such would feel much happier among the crowd below. But unless the pinnacle is a safe and secure one, knocked least, humiliating.-Barien King.

## A Marvellous Array of Cooking

 UtensilsThe average French housekeeper would be shocked at the one-iron-pan-one milk-pan-and-a-baking-tin standard of so many English kitchens. However poorly her house may be furnished, she utenuils a marvellous array scupulous cleauliness, outside as well as in, that would astonish many an Englishwoman priding herself on a well-appointed kitchen. Yet each of these utensils has its use, and woe betide the person who put to any other purpose the pan reserved for sauces, or attempted to cook an omelette in any pan but its own!-Evelyn Conan.

The Love That Is True True love is the purest thing known. It is purer than any form of celibacy, coldness or indifference. Pure in itself, it
makes pure whatever it touches.-Mrs. Klickman.

## We Should Do Things Right

Mother Earth tries a thing over and over until she gets it right. She does not to be with her most wonderful creationthe human being.-G. H. Stoddart.

In Enchanted Lands
When the world around us is full of trouble, what a relief it is to our tired minds to leave its sorrow and sighing for awhile, and wander in the Enchanted Land of fiction! One shelf of your little library must certainly be kept or masterpieces in this direction. The works of
Charlotte Bronte, Mrs. Gaskell, Jane Charlotte Bronte, Mrs. Gaskell, Geone Austen, Bulwer Lytton, and Scott are at our disposal for twenty-five cents each, with countless other classics, and modern novels of the best.-Grace Morin.

## The Future

Never before has woman's altruistic feeling flowed as in these days of unspeakable suffering; added to tis, women capacity for organization. It may be capacity for orgork opened a vision for a new social regime, so will the Red Cross service lead women, especially to recognize the folly of war. For can a greater folly be perpetrated than that of nursing the wounded back to health only to rush them back to the battlefield to be shot may find another way? welded womer and manifests itself in welded thought, then, and then only, shall the hand of woman grasp the tiller in the events of the world. Then shall they expect and demand a voice in deciding those questions in which their sons are vitally concerned. Then shall these weak words of mine be translated the people: thunder which shall move the people: We women want to bring to th hell of war. paradise or peact -Ellen Keys

The Burden of War
In the final analysis the burden of war always falls on the women. It is they who carry the cross, ame voice in the govthey shour which declares a war in which they are the real sufferers. To-day we are learning that women are of other use in the world aside from being mothers, and we are also learning that the average woman is just as intelligent as the average man, possibly a little more so."

Irvin S. Cobb.

## To Reside in the Country

 A BlessingIn the country is constant action. The continuing miracles of the seasons their crops and best within human appreappeal to the best mselves into the lives ciation weave themselves invite the weary of the country people, they may have their own gardens, raise their own fruits and vegetables and be away from the sounds of striving and the roar of the streets.-Louise Hagan.

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and and (7) addititonal prizes, sesen initial staalionery (Your own inititial.) These will greatly pleas
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F OR years we have MRS. JANE FORSYTH ting a soft boiled ofg putberries required for to eat, defiles the person family of four on a plot of ground 24
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plants each year. plants each year.
The bed that was set out in the spring I 1914 will be the main bearing bed for 1915, though the plants set out this
spring will also have some fruit upon them. spring will also have some fruit upon them
This summer after the fruit has been re This summer after the fruit has been reup, the ground prepared and planted to up, the ground prepared or turnip, which ever we choose, and il
Plants with which to set out the new bed are taken from the old, in the spring. They then have a long growing season and we find that we get a better and larger crop of berries the following season by planting in the spring
The plants that are set out this spring will have their principal fruiting season next year, but some blossoms will appear
this summer and some fruit but it is this summer and some off these blossoms and conserve the strength of the plant for the greater production of bloom and fruitage next year.
Every three years we purchase new plants from a reliable dealer for we have ound that ours deteriorate in that time. We have also tried keeping, say bed 1914, for two fruiting seasons, but
crop is light and the berries small. crop is light and the berries smail.
is much better to plant each year. Weed are better kept down; plants have more room the rows

Preparation of Bed
The soil is black loam, well drained, any soil that will grow root crops is good for strawberries. The ground
is thoroughly worked and made clear of is thoroughly worked and made clear of
weeds. For fertilizers we usc hen manure (we keep a dozen hens). This supplies (we keep a dozen hens).
the Nitrogen so essential as a plant stimulant promoting leafage and the setting of fruit. Potash is obtained in the wood ash from the furnace. Its use is to increase the quality and yield of fruit We apply the fertilizers early in the spring before it is time to plant and this insures thorough incorporation with
before it is time to set the plants.

The Plants
In preparing the plants the large trongest being allowed to a plant. too many leaves are left on a plant it gives out its moisture rapidly, soon dries out and dies before it is able to establish itself. Long roots and about one-third of the root spread should also be cut of
before setting. We set the plants 2 feet before setting. We set the plants 2 feet apart in hills and keep all the flowers
pinched off the first year. The second pear the plants run together.

## Variety Used

We have found the Wilson, a roundish shaped, medium sized berry, juicy, of ood red color, early, a good yit few run hers, to be best suited for the purpose hough it rusts considerably
It is a berry that will give a fairly good crop even when abused. We are able to gather from 3 to 5 and 6 and more quarts a day.
the neighbors.
There are scores of varieties, both early
There are scores of varieties, both early
and late, that might suit some cases and late, that might suit some cases
better than the one we use, but we have found none better than the Wilson.-L.B.

## Children's Lunches

am not so far removed from the time when I carried a lunch-box not to have some some ideas on the subject, and since that the contents of the average child's dinnerpail.
Greater simplicity seems to me the desideratum-less cake and pie, more of the substantials-a small bit of meat or cheese or a hard boiled egg (cook 30 minutes and it becomes deliciously tenbread and butter and in the country where fresh eggs can be had nearly the year around, they should hold a big place the average child's lunch
Eggs have been analyzed and found contain a chemica! known as lecithinone egg having as much as 16 grains a day will give tone, vitality and activity to the brain and nerves. This will mak
starved. They eat enough of course but their diet is hit and miss and their meals are often lacking in the very things
most needed to vitalize the most needed to vitalize the mental forces under great disadvantages, cold. This of itself is a hine food digestion and takes much of the to heat. Then the eating is accomplished as speedily as possible, hence the mastica tion suffers and that means more work for the stomach and this affects the nerves Let those who put up the lunch se that it is given a neat and dainty appearance. Children like it. Adults enjoy it,
Occasionally let the child find a handful Occasionally let the child find a handfu
of shelled nuts (walnuts, of shelled nuts (walnuts, almonds and chewtnuts or of rock candy; a toffy or a rar stowed away in some corne of caram It will prove a delightful "find" to box youngsters. Encourage them to eat the after their other food. The old fashoined Nut Cake or Doughnut that used to be common in the old families is a good cake for the lunchbox.
Then teach the children not to bolt their food. Reward them, in some wa that will readily suggest itself to the
judicious parent, for taking a long time judicious parent, for taking a long time
to eat.-Mrs. B.D.D. Hamilton

## Business Training Which is

Needed by Women
One of the most important things in which the average woman is woefully remiss is in the prompt payment of
little accounts. The woman of the nation, as a whole, is honest and the right through and through and it is largely the fault of her training, or rather the lack of it that makes her act as she does in many cases.
be met a promptly debt to pay, and it will be met promptly and in full in nine cases out of ten; it is in the small ac counts that the trouble lies. And here, there is not the slightest intent to cause tor, much less to defraud In cipally that the women of it prin exactly what it means to many a cred tor to have to wait long for his med together with
didn't think." help the man who needs the money and a lot of little accounts unpaid alWhat the dig sum.
by no desire to save payment, prompted by no desire to save interest at the ex-
vense of the struggling only by idle procrastination to the commerce of the really mean statistics will ever show. Titr, no men are not willingly "disobliuce" when they are compelled to refsuse furth credit and that they are often driven to choose between losing a customer entirely or taking her trade at a loss for months on a capital not equal to the pressing demand made on it, are two facts Prompt women buyers should remember. Prompt and accuate payments on the part of those customers who can perand a consequent life disappointment for the small merchant.

Another feature in which need a business training is in the payment of loans. Women are rarely large borrow ers (except those in business and business recognizes no sex), but where they are, the obligation is promptly met. As in the payment of little accounts, so it is in the payment of small loans that they There the male standard.
one woman to small loans made by tation of repayment, which the expectaiard of arain after when are never ceived. It is sometimes money is rereal wealth who forgets in ber that 50 cents is ever worth her plenty thought; but in these days women financial standing have almost all received some training in the care of money This is rarely the case with the very poor, to whom
a serious matter
And as such transactions do affect every one concerned, women should attitude in such things, what is their right, correct it in fos, and if it be not others, but most of all to herself only to

## Announce-

 ment!COMMENCING with the September 1915 Issue the price of Everywoman's World by subscription will be $\$ 1.00$ per year, postage paid. Single copies will remain as before at 10 c .

Everywoman's World has been recently greatly en larged and improved and our readers have had the advantage of value greatly beyond the present excep tionally low subscription price. Succeeding issues will introduce many new and excellent departments that have been generally asked for by our readers.

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##  11 McKinson Stecialties

THE WAY ONTO THE STAGE
(Continued from:page I3) $^{3}$
women of the stage of today who came from the Sargent School, while as for Mr. Mackay I do not know of one who was not successful after they left his tuition,
in fact I sent my own daughter to him in fact I sent my own daughter to ning the regulation price and did not
paying paying the regulation price and did not daughter married and left the stage and is now living in Toronto. Toronto, incidentally, has some excellent schools where first training for the stage can be adequately secured. Not a few of the leading actresses to-day secured their early training in that remarkably musical ci
For musical talent there are so many opportunities that one must try to find the best one to fit the special case longer applicant. The chorus is no "Pinwhat it used to be in the the expression "once in the chorus always in it" was common. Today it is very hard to keep a girl in the chorus, and but for the war conditions there would now be a scarcity of choristers with voices and looks. As it is where $\$ 16$; was the chorus salary in "Pinafore" times now $\$ 22$. is the average we Show Girls" getting as high as $\$ 50$.
For chorus positions let me say that a voice is not the great essential save in
grand opera, nor is it a requisite to read grand opera, nor is it a requisite to read
music to obtain a position in musical music to obtain a position in musical
comedy or in the hundreds of tabloid musical productions in Vaudeville. A cousin of mine, Matt Grau, N.Y. Theatre Building, N. Y. City, is the leading agency for the musical productions. Here half of the talent is engaged for the big musical shows.
Joseph Hart \% in the same, building produces as many as twenty vaudeville acts a year, and he is looking for clever girls all the time. He pays well-no one gets less than $\$ 25$. from him and Mr.
Hart has developed scores of girls from the Hart has de
chorus up.
The Thefis Aborn (Century Opera House) and Andreas Dippel (1451 Broadway) are the best places to apply for opera of both grades. In these applications the voice is the principal requisim a photo as he believes in attractive faces as well as good voices.
Have you any specialty that you could utilize to frame up a vaudeville "turn?" If you have not, think it over, perhaps here is scme one thing you can do that would "go over." Can you sing songs so that they will "get across?" Can you play on any instrument well enough to hold a audience for 10 minutes? Can you dance alone or with a partner? Perhaps you cace you to ask for a "try out." Do you know how to go about this without any expense? No! You do not even know that one half of the talent that appears in vaudeville today was "tried out" under the same conditions I shall now reveal to you.
When you are decided that you alone or in partnership. with "pthers have got
"the goods" and if you live far from New York and Chicago, you do not have to go these centres to find out, if you can make good"-almost any vaudeville theatre in the city you live or "She nearby will give you a chance to Show 'Em." When you write to the manager say that you read this article
and are acting on the suggestions in it. If by chance one selfish manager refuses it is not at all likely that the next one will. The bigger the manager, the less 'ikely he will refuse.
Ask him to let ${ }^{-}$you"use his stage some morning, and when you go to the theatre to show what you can do take your nerve with you.
Now that manager is' on the alert for bargains. He knows that if you make good" he can get the first calli, on you a his own terms, but if he does "give you a eek you have scored a Knock out nd inside of 48 hours the big New Yor number" " Be Agencies have got your is to the vaudeville phase of "getting there." You do not have to go to New York, lmost all the companies visit your city or else one near to where "you live, and if you think you can suit a particular manager, apply to him while he is en tour, try that, I used to engage people that way, and was easier to approach in Kalamazo most managers. most managers.
Don't assume the theatre is a pleasure ground, take it up seriously and do, not costs nothing if you go at it right.

## This Month's Cover

Was made from the photograph which received first prize in our recent. compe tition for the best picture of a child. The winning contributor is Ethel Botterill o John Wilkinson of the same city

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laundry (which fact of course we announced
on our card)and it was in this way that we acquired the bulk of our pray that we It is no reflection at all upon this particunized fact that a few trips to the recoglaundry will cause any garment to have
laundry (which fact of course of a large

By $T^{\text {HE coming artist of the }}$ realist school, when he wants truly to symbo lize woman, will depict her with or scroll, for it has ever been her chiefest stay. Queens have not scorned to become accomplished in its use, while in times of adversity it has been the refuge of countless thousands.
The very universality of its use by women has tended to render its employment less lucrative, and "plain sewing" either at home or the house of a customer, in the ordinary way, is a poorly paid and very confining occupation. This con-
clusion was reached by a couple of spinclusion was reached by a couple of spin-
sters of uncertain age who had followed the sters of uncertain age who had followed the
trade for several years. Both were expert trade for several years. Both were expert
needlewomen, in the generally accepted neediewomen, in the generaily accepted
sense of the term, thrown upon their own resources by the death of their parents. Their case was not unusual. They came of a family not poor, but that lived up to its income, so after the doctor's bills and funeral expenses had been paid
the sisters found they had nothing but the house in which they lived. Having no special training they drifted into plain sewing as the easiest way of making both ends meet. Two years of this convinced them that it was a very difficult way into develop into mere automata they must make a change.
The result of their many talks and cogitations was the establishment of a shirt hospita, which by reason of its novelty
and practicability was a success almost from the start. Let the younger, who is the business manager, tell the story in her own words :

Two years of house to house sewing convinced Sister and me that most women
are born slave drivers, and that more consideration is received at the hands of men. Perhaps," she added, with a twinkle in her eye which showed that the the milk of human-kindness was still running in her veins, "it is because women understand so much more about sewing that they demand more of you than the men, but at any rate, we concluded. we so we gradually evolyed our surger sex, stitute for disabled shirts.

Since we we
Since we were making a bid for man's approval, we determined to go about it in
a thoroughly business-like masculine wa We could, perhaps, have opened a shop in our own home at considerably less expense, but it was off the line of traffic and we could not secure the necessary publicity, so
we did what many of our friends told us was an extremely foolish thing-mortgaged our place, and opened up a shop on one of the principal business streets. It was a hazard of course, but we were philosophical, and decided that if the worst the death in life we had bas better than tunately we were optimistic by. Forand believing in ourselves, found that our confidence had been justified.
"At first we did everything ourselves, but as trade increased we took on helpers, until now we have six assistants. No
it's not an Alladin's lamp story. We have not grown rich by any means, but we care making a good living, have regular hours, and enjoy life as we never did before. And the best of it is that any woman or group ohe women who are fairly expert "In the berin as we have done. small cards of good quality (cheapness is the last thing to be considered in stationery) displaying prominently the sign of the red cross, with the words "The Shirt reverse side we gave in a concise manner prices and other information relating to our business. These we distributed in
all the stores, besides mailing a number to parties we thought might be interested

As to our shop: The name and sign of the red cross was painted on both winn dows, and of course attracted attention from the start. In the window we showed several miniature shirts, together with signs, which pertinently enquired: Why neckband or wristband just because the we can replace them with are worn, when we can replace them with new ones?
the buttons and fray the bainds. Our patrons, the majority of whom are men, and the bulk of them single, have found it a very comorting assurance to know that no matter in what condition their shirts are received from the laundry by us when delivered to them they will be in irst class shape. Most of them leave standing orders for repairs, and bills for same are rendered once a month. Ou entirely upon very reasonable, and based done, a record being kept of the repair to each garment. It is this fairness and squareness, I think, that has been one customerest factors in our success, our customers realizing that we have their interests, as well our own, at heart.
Some time ago we found it advisable to add a shirt making department to ou nursed ishment. Patrons for whom we had ingenulang old garments until even ou tired list shirts the besought us to make them some shay and " would be like the one hos account of there being no "wat once " This was a new problem "weakest part. nor $I$ were qualified in this direction by professional training, so we enlisted the services of a capable cutter and designer carrying out our original pans of paying her man's wages for doing a man's work Of course we assist her in the actual sewing fut her supervision in the cutting and like garantees a first class, workman "Thent.
"The last addition to our shop has been the establishment of a little sales depart makes wherein are kept all the standard collar butcollars, and a good supply o these latter . It is needless to say tha whoever heard of not go a-begging, fo collarev button; of a man who could find a body realizes and as for the collars, any o repair one une futlity of attempting in his deadly work laundryman has go old saying, 'Shirts are like paraphrase the broken they can be mended. are like a mirror, once broken that ends them. We have not attempted to branch out at all in our sales ine, for we believe desire to an age of specialization, and of our keep strictly within the bound Wh name, a shirt hospital.
What these women have done can b done by any others of ordinary busines. the that hentional, and doing something before that speen done dozens of time

Story -Telling Hour for the Small Folks
The other day, while visiting a friend house, number of children come into the daughter of six Thought, to visit her little in the were sitting, and cone one in which w around and talking fould be heard moving it suddenly became a little while, when dered what was the so quiet that 1 won unnatural, I asked my hostess what they "re doing upstairs, to which she answered This is their story hour, and they all just love it. I asked her who ald the tories, and then she explained that our young lady-a recent graduate from of five or schools-has formed classes to entertain children in the neighborhood of the childrem this way. The mother noon the nurses usually choose the after time pass more are out, and this makes the the children quickly for them as well as 50 cents each They paid at the rate of five children in hour, and as there wer paid the young lady very well so interested that the mother asked me whether I would like to mother asked me see them, to which invitation I, of course said "Yes." We stole up the stairs quietly and peeped in, unobserved, for we did not wish to attract their attention. I never in greedily erested youngsters. They took the story weery word, and then, when questions was over, they began asking this gave the discussing the theme, and out the moral eacher her chance to poin minds. I said to impress it on their That is surely the mother afterward on your part, and it dollar well spent esting way of earning certainly is an interand girl who has a fondness for children and an adaptability fondness for childre,

# $5-\cos t i f 00-50$ POULIRY 

Timely Authoritative References to the Present Market Situation and Helpful Comment and Instruction in Caring for Young Chicks
By N. C. CAMPBELL, B.S.A

THE annual Spring slump in price of
exgs this year has been more noticeeggs this year has been more notice-
able than usual. Eggs have touched a able than usual. Eggs have touched a surghtly lower than common level in the of the enthusiasm from the enthusiasts on poultry.
soथmuch the lower price of eggs as it has been the very much higher price of grains $\overrightarrow{\text { wheat, oats, barley, and all kinds of }}$ mill-feeds-that has been responsible
for the temporary abating interest in for the temporary abating interest in
chickens. With war prices ruling for chickens. With war prices ruling in in-
grain and feed stuffs one is much more grain and feed stuffs one is much more in-
clined to count the cost for one ought at all times to keep pultry $\rightarrow$ and any other kind of domesticated live stock-on a purely business-like basis
where the where the cost is known and
an ultra modern method
While eggs have tumbled in price, there can have been no complaint on the price
of old hens and of other live poultry. I know of a good many progressive poultry keepers who sold their stock for the Jewish Easter trade and got 16 cents a pound live weight for them right at their home place, the buyers looking atter ultrashipping charges. This is quite the ultra-
modern way to now-a-days to handle a flots laying early in late fall and through the winter and the year-old hens starting in to lay early in January, so that by March 15 th, or by the 1st of April, they have laid their best and it is really no sacrifice at all to sell all very
older hens at this time for the y older hens at this time for the very high price that they will realize live weig date
Considering the cost of feed from this on-at least this year-and the lower price of eggs (also that the old hens wuch
persist in being broody and during such persist in being broody a ind is the acme of
periods will not lay eggs) it periods will not lay eggs it is them, live weight, at 16 cents a pound!

## the present situation

While this year is not the most desirable season that one can imagine in which to carry through a very large flock of, say, 400 to one thousand or more hens, caring for poultry altogether. Next year the situation is quite likely to be reversed it surely will be if many of teepers get less" short-seeing poultry and throw over cold feet
Small flocks and reasonably large flocks of poultry can still give a good account of themselves under good management. Much of what they will eat will otherwise go to waste, and, if kept just for one's use-to supply eggs and poultry for vital home table, they will figure as a cost important factor in keeping other meats at of living. With beef and other me, it is retail prices, almost prohidive, and eggs from one's own flock to use at home. eggs from an patriotic duty
Then there is another side of the question this year. ourselves, and to our which we owe to Emire, to produce as country and the available foodstuffs. much as possible of avaur little flock of 25 to 40 hens can make but little dherence; but think of thousands and tockssands and even milions really have in this which is what we really nultry products country-all producing poudt you gain an primarily for home use, and you appreciation of how, food supply even your little flock can be
As for beginners: With eggs lower in price it is all the easier to get a start and gain desired experience wis keeping.
Chickens may be hatched to advantage any time this month and eeven count For early winter layd six months to develop on betwee the mature pullet, ready to the chick to the is of the right strain, and
CHICKEN POINTERS
Granted that you have your chickens hatched or will shortly have them hatched, seemingly point out two or three points, your success with the chickens all to the bad unless you heed them well. First of all, be in no hurry to feed the newly point before, but it calls for emphasis again because it seems so hard a thing
for anyone to do to keep from feeding Nature has looked Nantly in has looked after her own abunan take case of the chicks and they or more without any feed that you may provide! The entire yolk of the egg has been enveloped within the body of the chick before it came from the shell, the chick must digest this yoik irst, and if you feed iticate little digestive organs a yery heavy handicap indeed.

## the first feeding

You can safely wait forty-eight hours anyway, and better for seventy-two hours, after hatching, before feeding the chicks. Then start them off with water-frim a fountain, so that they cer therefrom, and into the water and suffer therefrom, and give pin-head oatmeal, or dry bulated crumbs. $h a r d$-boiled eggs if you have them to hard-boiled eggs spare; also cracked wheat, or screenings. spare; also crackeed only a little at a time,
Be careful to fee and feed often-five or six times a day for the first week; then out to three times a day by the time the chicks are a morn old. I like the hopper mes cracked grain, -having the feed so far stuff is concerned, grit, and dry chopped epers-sort of a free before the chicks in hich they may go and help themselves at all times. For waterhelp themsefes a simple little fountain ing prefer salmon can and a saucer. Simply punch a hole in the side of the can, say three-eighths of an inch from the can, and fill the can with water, put saucer face down on top a and turn altable upside down and you have that will protect convenient
the chicks from getting wet.
the chicks incubator chicks
incubator chick I recommend For your incubator chicks instructions given you by the manuacturer. Most manufacturers of incubators and brooders get out quite elaborate books of instruction on raisin
you to send for these. . hen-hatched, do not let the hen run at large with them. Tie her or keep her confined in a suitable coop, and doss in the early morning. Keep the wel grainst having the chickens exposed to rain from any thunder storm that may come up quickly. It is sure destrucmay to them if they get soaked with cold rain.
At all times make war against liceone healthy louse on a chicken-especially if on the chicken's head-will make a not kill it. treat for lice
The old hen mother is almost sure to have some lice. Treat her for lice anyway. Use some of the handy prepared louse killers to be had in big packages at
your dealers and, as well, keep the coops your dealers and, as well, keep the coops clean, -you may spray or paint them with coal-oil-and if mother hen can have access to a dust bath, all should be well. Cats are not to be trusted generally near of such prime young delicacy so look out to keep them out of reaching the chicks. Crows, hawks, skunks, weasels and dogs need also to be guarded against.
FRESH FRAGE FOR CHICKS.

If you find it possible, give the chickens the advantage of some ireshly dug ground on which to forage. You might sow so that these, on sprouting, will furnish tender young green feed for them to pick and eat. You can trust the young chicks -withoarden, amongst and -to run in your garden, amons and and ane the garden truck. They will capture and eat many bugs and worms, and they will experience ideal conditions there under which to grow so fast as almost to astonish you.
By all means do not attempt to raise young chickens on old dirty ground where hens and chickens have been year after year for many years,-and, if you can,
keep them off of a tough old sod, which will provide them with but little of use to them.
fascinating interestí
Quite aside from any momentary advantage that comes from keeping poultry, 1 like to be with the chickens and with terest. I believe this is why so many women engage in poultry keeping.

Making the Chicks Grow
depends upon getting a right start. More chicks are lost through improper feeding than from any
other cause. Feeding this, that and the other other cause. Feeding this, that and the othe
thing means taking a great big chance. Star right by giving

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tration on the left. See that ugly little projection at the tip of each finger? That's ust one of the annoyances you avoid by wearing

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IEvery demand of daintiness is met in "Queen Quality double-tipped Silk Gloves. So careculled on, every finger fits PERFECTLY, as pulled on, every finger fits perfight. IOnly the finest grade of Japanese silk is used. This silk, known as "Extra Classical.". is isported from Japan in
the raw , and woven in Canada. ©Quen Quality" and
the raw and woven in Canada.
Made in Canada" stamped in in cvery pair. Prices. St. . . . $\$ 1.50$ the
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## How to Write a Photo Play

APHOTO-PLAY BY A SUCCESSFUL do not say, "Th describes ac- SCENARIO WRITER mother says to the
tions onlly.

There is no dialogue. Written out it has four parts Title, syno
ters, and scenario
wo persons want the same of rivalry only one can get it. And there are obstacles to overcome. People like happy endings, and while a happy ending is not a necessity, it is advisable. Although sorrow is shown, you must be careful never to have scenes offending good taste or morals. Be careful that you do not copy your story from a book, magazine, story or play. These are all copynimals into your play for not all producers are willing to play for not all producers
Have your play full of suspense and Have your play full of suspense and for the play. Let the audience see what the motive is at the very first and do not let them know what the end is until you
get there. Thirst thing to do is to pick your characters and write what they do-that is the scenario. After this, write the Have and
Have a very few characters, and have them in the play from the first to the last There should be on she should have all the interest. Arrange the list of characters as they are arranged on a theatre program. Do not describe how they look, When you have the action of the play clear in your own mind, begin to put it down. Make the different emotions o the actors quite clear by telling just what their movements, gestures and expressions exits-enter trapper-running-trips over exits-falls-
Get right into the story. The story must start with the first movement in the first scene.
The number of scenes does not matter. The length of the play depends altogether on the time it takes to act it and not on the number of scenes or the number of words you use to describe them. A new scene comes every time the camera is
If the and must be numbered accordingly picture, for instance of a hand forging signature the scene is called a Bust scene, and because the camera is moved it is new scene and is given a scene number
Do not include useless scenes. Each scene must carry on the story. Don't describe unnecessary scenes; just say
"love scene." In writing what would be usually spoken, use the word "signifies;

## Resiliency and Sir Walter Raleigh <br> Continued from page 17 )

hey got from little receptacles beside hem and smeared on the garment edge to close the seams. They were girls, lanked the sides of a long table, each with her pot of rubber cement, her roller or flattening and smoothing the seams, her cleaner, and her little pair of scissors Other girls sat at machines that whirred binding the outer edges of the garments, stitching, trimming and sewing on the uttons.
I was shown a display of the finished raincoats-models, these, for the forthcoming season. They were stylish enough irl from the office building consented to play the "living model" and please me by trying the raincoats on-they looked tunningl Romance was on her shoulders. And then, again, Sir Walter Raleigh! Would you like a glimpse of the rubber footwear?"
Indeed, yes!" and I followed my guid up hill and down dale through the tortuous plant, to the huge department where rubber hoes of every sort and size are manu actured. The trip through was impres sionistic. Hundreds of people were spread ing the cloak of romance between ou "Tag-day?" inquired
Tag-day?" inquired a humourous employee whom I watched detaching a calendars in the mill-room. I disarmed is suspicions and fingered the sheet. It was sole rubber, grooved to prevent slipping and already stamped with the actory trade-mark. Rubber for other parts of the shoe, including rubberized net for linings, was run up, likewise, from the rollers in the mill-room, to be taken hand by a staff of expert cutters.
Dies were used in the cutting-out of linings and certain other parts of the but the gum uppers, soles and toe-caps were cut out singly, on tables from patterns, a single gesture sufficing the cutter to cut out each piece beneath his hand

## "Mother signifies, 'I defy you."

 Between two interior scenes in different houses, it is well to show an ex interior scenes are separated scenes are separatedtion, etc. They are used to of conversastory clear. While they are necessary, the must be used sparingly, for they interrupt the action. As the camera is not moved, they do not constitute a scene, and are not so marked. Letters, clippings, etc., serve the same purpose as leaders. A part of a sample scenario will show how these are
written: writte

Hotel office. George enters-approaches hands him telegramhe opens it-reads-
Show telegram-George West, Montreal.
Come back at
Back to scene-George sends boy for bag - pays account -
Leader -George returns
Try not to have a long lapse of time, like ten years, between the scenes. If you can have the story happen in an Let the characters leav the better.
enter the next one leave the scene, and enter the next one shown in a natural order. Begin with scenes in a natural story and keep going the beginning of the In describing the stage not backward. two words only as-Country scheol one or Just that. Never mind the details. Let your play be one that is easy to stage. If it is expensive and difficult to produce it is not likely to meet with so favorable a reception from the companies.
The length of a play depends on the time it takes to act it. A one-reel play requires twenty minutes; a double reel, forty minutes; three reels, an hour. The maxiTo judge how a scene is three minutes. slowly, imagining y your play is, read it slowly, imagining the action.
Typewrite the play if nossible, using $81 / 2$ by 11 inches. Use unruled white paper, $81 / 2$ by 11 inches. On the first page put only the title, synopsis and cast of characeach page the upper left hand corner of Put the title of your play full address. Number the of your play on each page

Part joined part in the "making" section, extreme skill being called for in the joining, as on this depend both shapeliness and comfort; and the making was coninnumer the "last" department, where gested gested mantels and Teddies home from
college. The

The now complete rubbers, lasts wheels, and the varnishing room where the shoes were either dipped into varnish, in a tank, by an automatic operation, or hand-brushed, depending on the uppers. This done, the trucks were carefully reloaded and bodily pushed into monster vulcanizers in which
the freight remained overnight for curing. morning land would be taken out in the morning and the shoes trimmed, inspected, assorted, mated, boxed in the Company's special cartons, and the cartons packed in Some twelve thousping
shoes are turned home factory. Moreover by this great operates it has also other such factories in the country, for instance, those located at Berlin and Port Dalhousie, Ont., and Granby and St. Jerome, P.Q., and twenty-eight distributing centres; so that no housewife need languish for attention and wants Made in Canada" rain, snow and slush protection. Indeed, Dame the romance in family must recognize knight of the rhe service which this whenever they have industry renders highway, and will look brave the sloppy trade-marked products of the Canadian Consolidated Rubber Company. For Queen Bess smiled, you know, on good Sir Walter."
And I am sure "Ye Editor" will smile, too, and courteously and graciously spread before you his "mantle" of knowledge and isformation, if you will write to him and tell him (P.O. Box 330, Montreal) and tell "Mim what else you, wish to know

9
Convincing!



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If he is unable to suply NO-MO-ODO


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F the man who settles his
dress problem by a semi-
annual order to his tailor
THE DRESS

PROBLEM

She Patiently
Bore Disgrace
A Sad letter from a lady whose Husband was Dissipated
How She Cured Him with a Secret Remedy.

'I had for years patiently borne the lisgrace, sufferny, misery and privations due 10 my husband's drinking habits.
Hearing of your marvellous remedy for Hearing of your marvellous remedy for
the cure of drunkenness, which I could the cure of drunkenness, which I coutd it. I procured a package and mixed it in his food and coffee, and, as the remedy his ood and coffee, and, as the reme tasteless, he did not know what it was that so quickly relieved his craving for liquor. He soon began to
pick up flesh, his appetite for solid food returned, he stuck to his work regularly, and we now have a happy home. Afte he was completely cured Itold him what I had done, when he acknowledged that it had been his saving, as he had not the
esolution to break off of his own accord. hereby advise all women afflicted as I was to give your remedy a trial.

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will send free trial package and booklet giving full particulars, testiwho wishes to help. Write to-day lain
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If Foods were placed in order of merit, you would place Benger's Food first,
etained when all other foods are rejected.

Although Benger's Food, when prepared, contains all the nutritive elements necessary to sus-
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weakliest infant or invalid may be fed pon it when other foods fail.

Benger's Food forms, with milk, a de'icious food crean most highly nourishing and $q$ ite free from rough particles whic i irritate delicate stomachs


For INFANTS,
INVALIDS and the AGED


## "Our Length of Life Would Be Greatly Prolonged."

Prof. METCHNIKOFF

One of the world's greatest srientists has specifically stated that if, moved, we would be freed from the most prolific cause of human ailments, and
long as now.
This is a strong statement, but not so surprising when we know
that physicians are agreed that $95 \%$ that physicians are agreed that $95 \%$
of all illness is caused by accumulated waste in the colon (large intestine), that the first step a physician takes in all cases of fillness is to
give a medicine to remove that waste-and that probably more drugs are used for that purpose in this country to-day
The foods we eat and the manual labor or exercise that we fail to ture to act as thoroughly as she did in the past, in removing this waste, and so we are all, every one of us, affected by it.
This, and this alone, is responsible for the conditions known as "costiveness," "constipation," "auto-
intoxication," "auto-infection," etc., intoxication," "auto-infection," etc.,
which are all the result of accumulated waste.
You see, if the presence of this accumulation would make itself evident to us in its early stages, we and there lies the pernicious danger of it.
For this waste is the worst of poisons, as we all know-an atom ably produce Typhoid; and the blood constantly circulating through the colon, absorbs and is polluted by these poisons, making us physicalambition and the power to think and work up to our real capacity

You know how completely a bilious attack will incapacitate you, and it is safe to say that such a complaint would be absolutely unknown if the colon were kept constantly free of accumulated waste.

Now, the reason that physicians agree that $95 \%$ of illness is due to this cause is that it weakens our powers of reseptive to any disease which may be prevalent, and permits any organic weakness we may have to gain the upper hand.

The effect of drugs is only temporary; they force Nature instead of assisting her, ard the doses be effective at all. Here is what the journal

## of The American Medical Associa-

 uEs.- variety of Every drug exerts a variety ofactions, but only a few of the actions of any drug are of benefit in any
given condition; the others are negligible or detrimental.
It may be surprising to you to know, however, that over a million
Americans and Canadians have learnAmericans and Canadians have learned and are now practising the surest
and most scientific method of keepand most scientific method of keep-
ing the colon consistently clean and free from accumulated waste.
Who have proven that by an occasional Internal Bath, taking about fifteen minutes of their time, their blood is kept pure, their intellects bright, their minds clear, their bodies strong and vitally powerful, their nerves relaxed, and every part of their physical being in perfect tune, therefore, naturally follows, in perfect health.
Perhaps you will be interested to know just what an Internal Bath really is - and while it can not be described in detail here, it is no more like the commonly known enema than a vacuum cleaner is like a whisk-broom-but it uses the same medium

- Nature's own cleanser and purifier -Nature's ow

Some years ago Dr. Charles A. Tyrrell of New York City was in a most serious condition-at the point of death, according to physicians who were summoned to attend him, and by the principal of Internal Bathing referred to here, and nothing

Since that time Dr. Tyrrell has specialized on Internal Bathing alone, and has devoted his entire time study and practice to this mode of treatment.
The result of his researches, study, and practical, as well as scientific experience on the subject, is summe up in a little book Int the Why, the Way of Internal Bathing, which can be obtained without a penny of cost by simply writing to Chas. A Tyrrell, M. D., Room 443, 280 Colleg Street, Toronto, with a mention of having read this in Everywoman's World.

There are many practical facts about the working of the digestive organs which everyone should know, but very few do, and inasmuch as the mar gin between good and ill health is inconceivably narrow, and it is apparant that so very little trouble is neces ary to keep well and strong it seems ed years as well as in yould, it seem as though everyone for the asking.
treatise, which is free for

## Beautiul Toilet Set Given Away

 FREEPrincess Mary Toilet Set and Exquisite Bracelet Watch


1

## Akin to Love

## (Continued trom page 7)

Zillah to go and keep house for
him, and if . David got married Zillah'd go quick. Catch her stayAnd David has such a beautiful house. It's ten times finer than yours, though I don't deny yours is comfortable. And
his farm is the hest in Meadowhy and joins yours. Think what a beautiful
property they would make together. will you do when, Josephine, but what nobody to take care of you? I declare the thought worries me at nights till I "I should have thought you had you awake at nights, without keep over any of mine,", said Josephine drily. "As for old age, it's a good ways off for me yet. When our Jack gets old enough
to have some sense he can come here and to have some sense he can come here and live with me. But I'm not going to marry
David Hartley, you can depend on that, David Hartley, you can depend on that,
Ida, my dear. I wish you could have lda, my dear. I wish you could have night. It doesn't seem to matter much what piece he recites-first thing that her one time he went clean through that hymn beginning, 'Hark, from the tombs doleful sound,' and two years ago it wa 'To Mary in Heavy,' as larkadaisical as you please. I never had such a time to keep from laughing, hut I managed it,
for I wouldn't hurt his feelings for the world. No, I haven't any intention of world. No, I haven't any intention of
marrying anybody, but if I had it would marrying anybody, but if I had it wouldn't Mrs. Tom thumped a plucked gonse down on the bench with an expression that said she, for one, wasn't going to waste any more words on an idiot. Fasya drawback? Mrs. Tom sighed. If Josephine, she thought, had put up with Tom Sentner's tempers for fifteen years,
she would know how to appreciate a good she would know how to appreci
natured man at his true value.
The cold snap which had set in on the evening of David's call lasted and deepened for a week. On Saturday evening, when
Mrs. Tom came down for a jug of cream, the mercury of the little thermometer thumping against Josephine's porch was below zero. Evering. Inside, Josephine crackling and snapping. Inside, Josephine but the kitchen was the only place that was really warm.
"Wrap your head up well, Ida," she said anxiously, when Mrs. Tom rose to go You've got a bad cold.
"There's a cold going," said Mrs. Tom "Everyone has it. David Hartley was up to our place to-day, barking terriblea real churchyard cough, as I told him.
He never takes any care of himself. He said Zillah had a had cold too. Won't he be cranky while it lasts?"
Josephine sat up late that night to keep the fires on. She finally went to bed in the little downstairs room, opposite the hig dreamed that the thumps of the thermo meter, flapping in the wind against the wall outside grew louder and more insistent until they woke her up. Someone was pounding on the porch door.
Josephine sprang out of hed and hurried on her wrapper and felt shoes. She had sick. They had a habit of getting sick sick. They had a habit of getting sick out and opened the door, expecting to see hulking Tom Sentner, or perhaps Ida herself, big-eyed and hysterical.
But David Hartley stood there, panting for breath. The clear moonlighe showed
that he had no overcoat on, and he was coughing hard. Josephine, before she spoke word, clutched his arm, pulled him in " $F$ the wind, and shut the door.
"For pity's sake, David Hartley, what's the matter?
ame here 'cause 'twas nearest gasped, "I you come over, Josephine? I've got to to for the doctor, and I can't leave got to go She's suffering dreadful. I know you and her ain't on good terms, but you'll come, won't you?
harr course I will," said Josephine, o refuse to go and help a ci $k$ person if 'twas my worst enemy. I'll go and get ready, and you go straight to the hall fre in it yet. Whares starting out on a bitter dight you mean, without an overcoat or even mittens, and you with a cold like that?
rightened," said David, them, I was so I just lit up a fire in the kitchen stove as soon as I could and run. It just rattled me't to hear Zillah moaning and breathing
so's you could hear her all over the house."

You need someone to look after you as bad as Zillah does,"
said Josephine, severely said Josephine, severely. In a
very few minutes she was ready and had a basket packed full of homely no putting hand on anything there" she muttered. She insisted on wrapping and nerk, and made him put on a pair of mittens she had knitted for Jark Sentner Then she locked the door and they started arross the fields. It was slippery, and
Josephine had to cling to David's arm to

## In a few minutes they passed under the

 David's glittering boughs of the poplars on Josephine crossed the threshold of David Hartley's house. Years ago, in her girlhoor, when the Hartley's lived in the old at home, Josephine had a half dozen girls there. All the Hartley sirls liked her visced Zillah. She and Zillah never got on well together. Afterwards, when the other girls had married and gone, Josephine gave up visiting there. She had never been inside the new house, and she and Zillah had Zillah spoken to each other for years.Zillah was a sick woman-too sick to be
anything but civil to Josephine. David anything but civil to Josephine. David
started at once for the doctor, and Joseph-
ine saw that he was she let him was well wrapped up before mustard plaster for Zillah she prepared a her bed to wait When Mrs.
next day she found Josephine came down flaxseed poultices, with her busy making way that bemokened she had made up her mind to some disagreeable course of duty.
"The dillah has got pueumonia," she said from the corner here and Mary Forrest from the corner. She'll wait on Zillah, but to see to the to be another woman here to see to the work. I reckon I'll stay. I else could be got. Tom I don't know who and Jack down to stay l get back. I'll run over every day and keep an eye on things."
At the end of a week Zillah was out of
danger. danger. Saturday afternoon Josephine went over home to see how Jack and found Mrs. Ter were getting on. She "I've had there also.
Josephine, solemnly as week of it," said the stove and put her as she sat down by "I suppose Zillah is pretty cranky to wait on," said Mrs. Tom sympathetically. "Oh, it isn't Zillah. Mary Forrest looks after her-and, anyway, she's a lot more reasonable than you'd expect. She's been too real sick to be very cantankerous. a place of the house. I never lived in such a place of dust and disorder in my born I ever was for antier for David Hartley than "I suppose he's used to it," said Mrs. I don't see how
used to it," groaned anyone could ever get David used to broaned Jo particular when "And a boy. The minute I went in there the other night I took that kitchen in with a washed it believe the paint has ever bee washed since the house was builtcalled upon to And I wouldn't like to be scrubbed either. The when the floor was of dust-you could have shers were just full I swept it out have shovelled it out I'd be chocked. Ast day and I thought the less said ahout the the pantry-well it's the same all through the house. And could write your name on everything so couldn't so much as clean up. Zillah was so ack there couldn't be a bit of noise 1 cleand 1 did manage to sweep and dust, and I saw the pantry. And of course cooked Ye meals were nice and wel face! He look should have seen David' to having things if he conldn't get used all his socks-he hadn't a tasty. I darned name-and I've done give him a little comfort do much. If Lillah heard me moving round she d send Mary out to see what the matte was. When I wanted to go upstairs I'd have to take off my shoes and tip-toe up on And I'll have too's she wouldn't know it. night yet. Zilla stay there another fort till then. I really won't be able to sit up it without falling to tnow if I can stand house from garret to cellar scrubbing the Mrs. Tom did not say much to Josephine. To herself she said, complach to Josephine whe's sorry for David! Wel
ways heard that pity was akin I've alWe'll see what comes of this.'
that fortnight. But it we to live through sense of relief that she remarked to David one morning that she remarked to David "Well, I at the breakfast table
able to attend to things after, to-day, Davil. I guess I'll go home to-day, Zillah is able to sit up and I'm not needed any longer."
Davil's face clouded over.
"Well, I s'pose we oughtn't to keep you any longer, Jusephine. I'm sure it's been good of you to stay this long. I don't
know what we'd have done without you." "You're welcome," said Josephine, shortly. "Don't go for to walk home," said David. "The snow in the field is too deep. I'll "rive you over when you want to go." Josephine, touly.
David went out to his work gloomily. For three weeks he had been living in comfort. His wants had been carefuly
attended to; his meals had been well cooked and well served; everything had been bright and clean. And, more than all, Josepline had been there, with her cheerful smiles and companionable ways.
Well, it was ended now.
Josephine sat at the breakfast tabile long after David had gone out. She scowled at the sugar bowl and shook her head savagely at the tea-pot.
last. "I'm so sorry for him I can't do anything else." anything else. and went to the window, looking across the snowy field to her own home, nestled between the grove of firs and the orchard.
"It's awful snug and comfortable," she said, regretfully, " and I've always telt set on heing free and independent. But it's no use. I'd never have a minute's peare of mind again for thinking of David
living here in this dirt and disorder, and him so tidy and particular by nature. him so tidy and particular by nature. No, it's my duty plain and clear, to come
here and make things decent for himthe pointing of Providence, as you might say. The worst of it is, I'll have to tell him so on my own hook. He'll never dare to mention the -ubject again after what I said that night he proposed last. I wish I hadn't been so dreadful emphatic. Now I've got to cay it myself if it's ever to be said, But I'll not begin by quoting poetry, that's one thing sure."
Josephine threw hack her head, crowned by it- shining braids of jet hlack hair,
and laushed heartily. She bust ded back to the stove and poked up the fire.
"I'll have a bit of corned beef and cabbage for dinner," she said, "and I'll make David that pudding he's so fond of. After al! it's kind of nice to have some one else to think of and plan for. It always did seem like a waste of energy to fuss over cooking things when there was nobody but my elt to eat them.
Josephine sang over her work all day, and David went about his work with the face of a man who is going to the gallows without henefit of clergy. When he came into supper at sunset his expression was so
woe-begone that Josephine had to dodge in woe-liegone that osephine had to dodge in
into the pantry to keep from laughing outright. She relieved her feelings by pounding on the dresser with the potato masher and then went primly out and took her place at the table. The meal was not a success from a social point of view. Josephine was nervous and David was glum. At the close, David said reluctantly. 'Il If you want to go home now, Josephine, I'll hitch up Red Rob and drive you over. Josephine began to pleat the table cloth. She wished she had not been so emphatic on the orca-ion of his last proposal. Without replying to Navid s question she said when she was specially in earnest:-
" I whe to ll you I Zillah want to rell you what P think about Zerrible shaking up, and it's my opinion she won't he good for much all winter. She won't be able to do any hard work, that's rertain. If you want my advice, I tell you fair and square that I think she d better go off tor a little visit as soon as she's fit. Clementine wants her to go and stay a spell with her in town. Twould be just the thing for her.
"She can go, if she wants to, of course," said David, dully, "I can get along by myself for a spell.
"There's no need of your getting along by yourself," said Josephine more crossly for you if you like." "Wouldn't people kind of gossip?" he asked hesitatingly. "Not-but-what-" "I don't see what they'd have to gassip about," broke in Josephine, "if we were -married."
David sprang to his leet with such haste that he almost upset the table.
"Josephine, do you mean that?" he exclaimed.
"Of course I mean it," she said, in a perfectly savage tone. "Now, for pity's sake, don't say another word about it just now. I can't discuss it for a spell. Go out to your work. I want to be alone for awhile.'
For the first and last time David disobeyed her. Instead of going out, he strode around the table, caught Jusephine masterfully in his arms, and kissed her. And Josephine, after a
kissed him in return.

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No ! there's nothing tastes just like this delicious Corn Syrup.
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readers of "Everywoman's World " of her experience with

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Delia Arawak． wardrobe．

## Delia’s Bachelors

in the same class room where Bob studied，play on the same
field，lie in the same infirmary， perhaps；pray in the same Chapel．Only，Delia，dearest，how can I write it？I can＇t subject Robert to the same temptations which proved so strong for Bob－I dare not！Residence life is all right for some boys；even the wretched places which are called lodging houses（and which in many cases are
managed by women who have no more managed by women who have no more
thought for the boys under their roof than if they were so many dogs）may do some no harm．But neither will answer for me．I want Robert to live in a home， to feel the uplifting，inspiring influence of a good woman for we are most of us， thank heaven，more responsive to good than evil．Robert is an affectionate， impulsive，thoughtless boy who has al－ ready been con to see，and if you will only he hopes soon to see，hat he will escape the pitfalls which yawned for Bob．He will revel in your sunshininess，your un－ quenchable brightness，but he needs your woman＇s tenderness as well，．
She stopped abruptly，her eyesand voice full of tears．Muriel rushed impulsively to her and smothered her with hugging． The others followed suit．For a while it looked as though they were having a jolly little weeping party alied the girls，
You＇re splendid！We see it all！You＇re perfectly splendid！We see it all！youtifully orty，so that you can take this Robert boy into your house and be a－oh，Delia dearest，have you got to be a mother to ，smiling through her ＂As soon as Amy＇s＇letter came，I took it to the dean，＂said she．＂I opened my heart to him just as I have to you． Oh，how ashamed he made me fee by man for the work！Then he set himself at getting me six more boys and a pro－ fessor－a new man who is taking Dr Jamieson＇s place．They come on Mon day，upon which auspicious date the day，upon whouse opens．You see，I haven＇t much time for the restoration of the ancestra＇－hell hel＂cried all the girls，en－ thusiastically．＂Come
get thus it happened that old Sol peeping Thus it happene morning felt as though he had come into his own，again．Gone were the flimsy gimcracks which had were the the dignity and beauty of Chesleyvale，gone was the jarring effort at modernity which struck as alien a note as would a gas stove in the home of an
Instead，there was a welcome substan－ tiality about the place．Its rooms and their furniture invited use and gave comfort and homey－ness in return．Delia older wilfully drifted，learned of her ven－ ure and flocked to express their ap－ probation．Whereas they had murmered ＂half enviously，half contemptuously， ＂Isn＇t she a wonder？＂they now remarked that she was plucky．The words of praise had a sincere ring．The younger residents hardly gave her time to sleep o assiduous were they in their attention， a success．

## of her clothes．

her clothes．
＂Not that I want to wear dull black and spectacles，a kerchief and cap，＂ she admitted，＂but I never expect to be seen again in that sort of trash
She pointed scornfully at her＇girlish＇
So the tailor，the dressmaker and the milliner had distinct shocks when Delia curtly refused garments because they made her look young．

## ＂It＇s and said，

Its no use to try and put spring leaves on fall trees．Never looks right． is there anything that can beat it？Same with Miss Delia．I declare，you should have seen her in that violet hat．．．．．．．she made as pretty a picture as I ever want

A strange fact remained；Delia looked younger in her suitable threw her delicacy she had before．into relief：her youthful modish garments had eclipsed them． ＂You look just like your photograph，＂ said Robert，holding her at arms length from his towering self，＂only－only－

Older，＂she laughed，proudly，
I wasn＇t going to say that，returned the boy，flushing as boys will in paying an honest compliment．＂I was going
to say that you have the look a fellow likes to see－isn＇t afraid of，you know－
when he is in a scrape and needs help to get out of it．＂ She ran her fingers through his curly hair and pretended to pull it warning him that she would assume a very different look if he got into any scrapes．But it was glori－
ous to be forty，to have man look at you with nothing but young and to be able to pull his hair！She treated Robert with an intimacy which treated apart from the rest of the boys，she took him into her confidence much as she had done with the girls，and she urged him to lead the rest and be an example for them to follow
house you men do not respect me and my house，＂she said，＂I will he a greater failure than I was before．Therefore， I ask you to be my friend．Help me to
make this experiment a success the first sign of carou－ing，the townfolk the first sign of carousing，the townfolk
will say，＇Well，what else did you expect will say，＇，ell，what else did you expect
of Delia？＇Don＇t let them，Bobbie－ don＇t let them！＂＇
He didn＇t．The boys would no more have thought of behaving like Apaches in Chesleyvale than they would have thought of behaving like gentlemen in one of the lodging houses of which Amy unusual a horror．And they were not self．All the thought and Delia her－ had hitherto put into and energy she that unloved parent，Time，she now of into the making of a Home for her bach－ elors．They were not often lured out in the eveninge for Delia always had some of her girl friends at the house and the impromptu parties at Cherleyvale were far more enjoyable than the premeditated ones elsewhere．She was the gracious hostess，chaperoning them as forty should chaperone twenty and she was more truly when such a condition the other days her only object in life． The boys loved
they bullied her and teased her and showed her their honest young affection in all of the violent ways known to College men， and they were furiously jealous of one another．
As they were jealous as of one another， so was Professor Ellery jealous of them， and of their riotous spirits and their rank sideration，he thought，they made constant demands upon Delia．These demands had they been analyzed，showed that she had too little time left to devote to him．She merely kept his clothes in order，his books dusted，and provided his favorite food at least twice a day．
He often felt a keen resentment against her；she was absurdly young．＂He was fifty－two．
he grumbled probably always be young， he grumbled musingly one night when， as it happened，all the bachelors were
absent at a gym．contest． ＂Heaven forbid，＂she cried，＂Don＇t cheat me of the blissful serenity which comes with age．I am positively looking forward to it！＂
She drew a small smoking stand to－ ward him，and put the ash tray near （But this attention was no more than she would have paid the boys，he remarked．）
＂Age is not synonymous with serenity， he said．＂Age is bad enough，but youth is worse．I don＇t like young people Delia looked at him with her new－ ound tenderness．
＂You mistake them，I am sure，＂ she said．＂Youth may ridicule age－ I did，myself，a few months ago，but it does not mean to be cruel．One does not expect a yearling to bear fruit；one must not expect youth to behave like anything else．Look at those dear boy of mine
＂Senseless nincompoops，＂he mutterec into the stem of his pipe．But when Delia asked him to repeat the remark he made some excuse and changed the subject．Entirely unconvinced，however and preferred youth to age
At Easter，he sent her a modest bunch of violets，whereat Robert went into a paroxysm of rage．
＂Such impertinence，the old fossil！＂ he stormed．＂He is encroaching on Aunt．If I told the boys，they would take him out in the grounds and give him ifty lashes．I won＇t have him thrusting his imbecile attentions on you！He shan＇t nnoy my own old Auntie
To equalize matters，the boys presented her with a half cart－load of glorious lilies． They dwarfed the disgruntled professor＇s to note that Delia wore his He forgot decorated with the lilies，so he nursed （Continued on page 35）

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 have said, I was twice operated on for kidney trouble I got no relief at all. I was urged to undergo a third operation on my left kidney, but by that time I was taking Dr. Cassell's Tablets, and the benefit was so apparent that I refused the operation and persevered with the Tablets. Then I mended rapidly, I had no more pain, the dyspepsia, too, was cured, and I began to gain flesh. In a remarkably short time I was thoroughly well and strong.
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Mr. and Mrs. Peerless and Family

## (9) (ra) <br> Delia’s Bachelors

(Continued from page 33)
his elderly resentment gainst
the hoys still harder. however, that this bitter rivalry in any way marred the tumultuous trary! It made a queen of Delia and courtiers of the men: it filled
her life-and theirs-with heauty and chivalry and love in its broadest sense. There was no happier home i.. ChristenThen suddenly June flung her starry aights and perfumed days across the campus. Buds opened, birds chirruped, lats and all the world was athrill.
All except Delia.
The day came when seniors tucked a strolled home nonchalantly to park. They would have one believe that it was no trouble to have earned the precious roll. Any fool could to it! Juniors switched their tassels to the other side and spoke of their 'last year. Sophs. and Fresh-
men assumed the gait, which if not actually men assumed the gait, whe next best thing, a swagger, was just the next best thing,
and College closed its doors with a hang. Delia helped her bachelors pack, turking in many a tear when they were not endless the trotted up allecting their belongings and distributing them. She stuffed loving silly little gifts in unexpected places, and after they had gone, she found ust as loving and. just as silly ones,
Ellery watched her motherly fussing over them with terrible hitterness in
his heart. She evidently did not care a his heart. She evidently did not care a pipe, his clipping book or his toba co pouch; she did not make a dozen trips from his room to the library or suggest. his leaving things behind, against his return in the autumn.

He nerved himself to the point of hinting that she take him back, but so delicately was the suggestion couched that Delia missed it entirely, thereby adding to
the poor distracted man's humiliation the poor distracted man's humiliation old fool. Obviously, she looked upon him as pre-historic
By noon of a gloomy Wednesday four of them had gone. The grand old oak fairly quivered with the violence of the yell they gave for their Aunt Delia, to say nothing of a Jungleful of tigers.
By dinner time none of the bachelors remained except Robert and the professor. Then Bob, too, swung down the flower ments, (expressed in the latest college phraseologv), from the gate. and turned to Ellery whose train did not go for another hour.
" 1 can't help being silly," she said, realizing that though one does acknowledge to forty, one's appearance is not improved with a red nose, swollen eyes and sniffles. "I feel so terribly lonely without the breaking up of a family meant. Oh the breaking up of a family meant. Oh he poor, poor mothers!
He muttered things which to be sympathetic and then talked about the most trivial matters. She asked him if he had remembered everything. He hoped so. She suggested sending on any trifles he might have left. He thanked her. Silence, an uncomfortable silence, fell hetween the two.
Presently, she looked at the clock and he looked at his watch. "You haven't much time, she ven-
He agreed. They rose and shook hands stiffly. will miss your train," she said, briskly, he thought. must hurry. Good night-and good bye."
He, too, strode out into the heavysented night, and left her pitifully alone. So utterly miserable that she into the house, upstairs, and on the impulse of a been Ellery's, to cry. Her heart ached to bursting, and now that there was no one to see, she threw aside all regard for her appearance. She was hideously alone; even Tilly had gone home for the night. How long she sat there in the dark, racked by great shaking sobs, she did not
know. In memory she rehearsed every day from the time ol the boys coming bered thinking of the lock on Mr. Ellery's door which needed repairing-it had developed a disinclination to move which is common to the best and worst of lockswhen she became conscious of a step on the stair.

Too paralyzed to move or scream,
her breath, while the intruder
came traight toward the room.
He came inside, closed the door, and flooded the room
with light. It was Alfred G. Ellery "Why, what are you doing here? "Missed my train by a fraction, and came back to see if you would extend me your hospitality for another day-unless you would prefer my going to a hotel,
he added. His words were
But Delia's cheeks flamed and she rose "I hardly know what to say," she stammered. "It seems so frightfully
ily, doesn't it?-and yet-yet-even Tilly has gone home." yet-yet-even "Of course," he said, "in that case-natura'ly-"
He grasped at the knob and turned it sharply. But the door refused to open. He shook it gently, violently, desperately He was afrail to look at ,Delia.
No doubt but that it will give inttered "Oh, of course," she returned in a tone which sought to give conviction to herself L.et me try it."

Her efforts were so far successful in hat she pulled the knob entirely off. Its other half dropped with a tremendous thud to the floor outside.
Her pathetic endeavor not to lose her touched Fllery more than hysterics tourhed Fllery more than hysterics would have done. With, sudden insight
he looked at her brimming eyes and sopping handkerchief and an almost unping handkerchief and an almost unarms and comfort her possessed him. But where jealousy of the boys held him dumb before, a sense of chivalry prevented his speaking at the moment. He did not want to force his attentions upon her when she was heloless to escape them. It was impossible for him to break the
door: they made real doors in Judge door; they made real doors in Judge
Chesley's day. There was no clinging chesley's day. he by which he could make a specrine by which he could make a speche could drop and so, reach the ground. There was no rain spout. In books, he told her, there is always a rain spout. Even knotting the bed-clothes together would not send him half to the ground. There was but one way-to leap from the third story window, and he was prepared to. do that rather unhappiness. "Nonsense, she sair, in the tone of affectionate the boys. "There must be a way! ward the boys. But certainly, Mister Ellery, there must be a way!
Then iilence was broken by a step across the street. like a flash Delia was at the uindow straining her eyes to pierce the star fieckedurigi?" she hissed
"Yes, it's I-Delia. Come closer .... I
don't want to rouse the whole streetI'm marooned in Mister Ellery's room, and and unlock the door. Do hurry!" and "Marooned in Mr. Ellery's room?" repeated the puzzled girl. "How on earth . . . Well, what does it matter? No use to get the poor old fellow up at this time of night. You just tumbie intn hed up there, and me morning., ver the first thing in the morning,
Preferring death rather than this a Preferring death rather than this alternative, there was nothr Mellery was marooned there, too. With a little more diecussion Muriel disappeared into the house, and shortly after led old Watkins up to the refractory door. What had transpired in the meantime is neither your business or mine. But when at last they were released Delia and Ellery were sitting comfortally hand in hand, an admirable illustration of that fine old
adaage which informs us that love laughs
at lorksmiths. at lorksmiths.
Murie smallest bit of coaxing persuaded down to stay all night, and the three sat down to supper in the gayest spirits.
So often did Murie! look askance at Delia that the latter bursting into happy laughter, finally said,
'She has already guessed it, Alfredthe minx-you might as well tell her. He did, with two inchesadded height and heaven known how many, chest expand
There were congratulations all around "But the poor bachelors," sighed Muriel, thinking particularly of one of them!" "What a disappointment for them to have lost their lovely college home. "The idea!" protested Ellery either Delia or I want to turn them out eh, my dear? There will be as much room for them here as ever, and they will be quite as welcome. Huh, turning out (Concluded on page 36)


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those fine youngsters!- I should say not! " "Oh, you lovely ideal people," cried ever knew! I'm jealous-I wish I were old enough to have bachelors" Delia. "Don't you wait, admonished Delia. "Don't you wait until you are
nearly forty-one-" she broke off and nearly forty-one-" she broke off and gave a little cry- "until you suffer the
humiliation of having to be chaperoned by our own god-daughter!

DRESS GOODS FROM CANADA Continued from page 6)
embroidery factory, where they showed me beautiful samples of embroidered esigns made by their own designersfascinating stuff. The retail price would be from about 50 c . to $\$ 3.00$; and there was a piece of Canadian voile, not as fine as ome of the imported volles, but still a exture of a Canadian mill. It would re tail plain at about 20
The cotton is imported; we can' grow it. We can grow flax, although to be sure, we cannot get near a commer cial proposition for linens in this connec tion yet, on account of lacking the chief hand labour of Germany and other European countries which is necessary to break the flax. Canada grows lots o flax and cuts it with a binder, but this pulls for fine linens. It will be a long day befor for fine linens. It will be a long day before Canadian grown flax, on account of this abor question. What little is grown in Canada for linens is broken by the Indians The weaving is good; and you can ge the finer weaves as soon as you ask fo them. The bleaching is perfect. The designs, both native and foreign, are don by both nat the business means reater extension or the Conity for Canadian designers. The inks and dyes are exactly the same as these used in England and Europe; the pro cesses the best and most modern.
"We do everything just as they do it; but," a cotton man plaintively added "we can't fill stuff as they can. See," he said, pirking up a piece of 5 c . cotton, "this illiled; anyone can see that. We can
"I hope you never learn," I said.
I have talked so much about the summer cottons and prints and linens that Canadian cloths. I want to tell you about the dye man, but first will you read the report of the shopping of a young woman who out Canadians even the most Canadian:
"When I set out I determined to buy Made in Canada goods. I first looked for an up-to-date serge skirt. I was
shown a Canadian make and a skirt made in the United States. I purchased the on Made in Canada, because I found it to be far better serge, fitting just as well as the other, and much lower in price. The American goods claim to be up-to-date but I found by experience that Canadianmade goods are just as stylish and of better material by far for the price
M found out that all woollen goods Made in Canada are cheaper and by far supe they should be, alt
bear in mind that the cost of production is higher than in Europe and compared with United States, our market is smaller.
The Dye Man said:
"I'll tell you about two Canadian mills I've been through recently; they are as well equipped and as well managed as a woollen mill can be. They are turning out as good goods. They don't make
the finest weaves, but the climate hasn't anything to do with that. It's the marn't If you women will ask for fine weaves from Canada, you'll get them. It's up to youWhere do I comein? I'm dyeing. At present fine cloths are imported undyed, and dyed here, encouraged by a 30 per cent. duty on dyed cloth against 15 per cent. for the undyed cloth. We use exactly the same dyes, and the most modern processes. It's nonsense to say the water here is such that we chically pure for i in get water Lake Ontario water dyeing, made from I murmured something about vegdyes. "No, not vegetable dyes" said. "You can't beat aniline dyes We've got them right, now." I've told you about the dyes at length, because the past objections to Canadian able. Judging by that dye man, they will able. Judging by that dye man, they will
be reliable now. As a matter of fact in the out put of good mills in heavy cloth, they have been so for several years. Then there are the sheep from which the wool may be obtained; and you may think what an extension of this industry will mean to the land.
the corner of a white space and forcibly told why you and I should buy certain Canadian goods because of their qualities, not because of the "Cana"Wanted" by the same coment which said men and women."
taking it home to are; it is worth whil

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GIN PILLS. I did so and six boxes cured me. It is about two and a half
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## PEERLESS POULTRY



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some beginners with adequate reward However, it is because the conditions of
growth have all been favorable, by happy accident or otherwise, that immediate success comes to
of mushrooms.
The cellar where the writer's experi ments with mushroom-growing were con-
ducted was built specially for the purpose t was constructed like a root-cellar against a side hill with a roof of its own.
This, covered with heavy rubber paper on wooden planks was again protected by an The walls a fere inches of stone (two sides), and were protected by earth banked to the roof, leaving only the door with the few steps
descending from the ground really exposed to the weather. All the storms and high winds coming from the hilltop swept acros. the roof, and a large maple tree shaded it the interior promoted the growth of the mushrooms naturally
pipe leading from a spring was led into the cellar and furnished a further and congreat servic
During the mild weather of spring and autumn this cellar proved an ideal place for mushroom culture. In the heat of closed during the day and open for venti lation at night, the temperature was main tained at the degree of coolness of the Except during the very warmest weather this was usually about sixty degrees. In perature at the desired degree by the aid of oil heaters.
Mushroom growers lay great stress on the proper preparation of the compost To get the best results, it is desirable that the manure be as fresh as possible, from the rain if possible, and mixed with straw. When brought from the stable i with a hose, allowed to stand until fer mented by the heat that immediately ensues and then turned to be wet down again if necessary before use in the beds.
This spawn is usually obtained from from those whe still, may be had directl guarantee of its freshness. Broken up into small cubes about two or three inches in bulk, this is planted in the beds when th temperature is right for receiving About seventy-five degrees is generally considered the best. These plantings apart each way. Two weeks ine inche planting the beds were covered after the loam to the depth of one and onght inches. This was first screened and moistened as it would take too much mois ture from the bed if put on dry. While the mushrooms obtain their nourishment from the compost beneath, it is desirable to have the soil on top to afford a firm footnotural warmots and also to maintain the
Bul
But this is anticipating. Our mush the temperature of thes burning to keep the temperature of the cellar up to from fifty to sixty degrees during cold winter the top soil moist all the time to keep spite of the utmost care in using the and in possible spray from the hose, more water than we realized soaked down into the compost and nearly ruined the the Some of the spawn died. A little of it spread and we gathered in the course of
time some very largeand handsome met time some very large and handsome mush-
rooms in spite of sawdust, cold cellar and too much watering of the beds. cellar and
When these of the
the compost furnished splendid taken out the compost furnished splendid soil for then for the plants to in proper condition rooms take nothing from upon. Mush plants need. When fresh beds were that up in the mushroom cellar, quite differe conditions prevailed from those differen winter. It was really summer then. stables where straw was used for bedding horses. The process of wetting it down after it had managed. A second turning was looked after for ten days to heat up with a long, pointed the heap was tested to note the state of the ins thermometer necessary to open places for the wai
grees. Then, when the temperature of the mass had fallen to eighty degrees with the compost quite moist, planting was again
undertaken with fresh hopes for a greater The heat of summer now made it necessary and open at night for ventilation. The and open aten the mometerfortheirheat which slowlydropped to sixty degrees. The day air of summer during a long "dry spell" of weather sionally necessary and when after two months from the time of planting the spawn, the beds began to blossom with mushrooms, big and little, in clumps of a
dozen to fifty, it was a very pretty sight. dozen to fifty, it was a very pretty sight.
The enduring patience of the owner at last had its rewar
These beds had been made of various so that all the space of the collar could be utilized in their planting. The upper tier was made of planks supported on timbers four feet above the lower beds. A floor of heavy planks was also laid with suffiway space below for any water to find its rocks of that might trickle down from the drain pipe led upper sides of the cellar. A wet season no water should get to the beds from below.
Mushrooms must be picked as soon as they reach full size and just before the gain no more in weight the stem. Ther exhaust the bed too soon like a plant whose blossoms go to seed. They may be laid same the bed after picking, where in the they will continue to open. The earth clinging to their roots keeps them fresh for After
After gathering all the mushrooms they where the dirt is carefully scraped from the stem, the tops dusted off scraped fromel's hair brush and after drying off a bit are ready for packing in boxes or baskets.
in In cool weather mushrooms will keep hot weather they for ten days, but in ice-box until eaten. Particularly in August will the maggots develop in the lower part of the stem and work up into the top unless every precaution is taken to
destroy the small fly whose larvæ breed in the mushroom bed during warm weather. We found the burning of tobacco stems afterwards would kill tht for some house of non-poisonous insecticide sprayed over the bed would help to keep the pest down. This also had to be used after old beds were taken out on the floor and sides of
the beds before new Covering the beds with autumn leaves or straw when the weather is very cold
helps to keep the beds warm and also to helps to keep the beds warm and also to
keep the moisture from drying out. keep the moisture from drying out.
Occasionally spraying the bed with warm water containing saltpeter in solution we found increased the productiveness and size of the mushrooms.
Keeping the temperature as nearly as growsth, as one point also helps their perature between fifty and sixty degrees. A product always more or less present be mistaken for the edible mushroom Often appearing before the bed is planted and sometimes after it has been covered with long, thin stems, and small tops, quickly turning black and falling over they disappear and cannot be mistaken
for mushrooms by any one familiar with them. A small Iungi about as large as matches
also sometimes like a yellowish mold compots, but these, of the loam, soon disappear and cause no damage. If the soil with which the bed has been covered has been taken from a likely to appear.
aim to grow mushragement of those who been told that a certain to sell, we have undertook their cultivation at her country to buy an realized enough from their sale attained to that fobile.
in time to provide felicity as yet; but hope cart to take the produce of with a pony



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