







WORDS OF HOPE. TO ALL WHO SUFFER FROM A RUN DOWN SYSTEM.

Mrs. Harriet A. Farr, Newark, Ont., Tells How She Obtained Cure After Suffering for Two Years. Thousands throughout this country suffer seriously from general debility—the result of impoverished blood and shattered nerves.

How Contagion Spreads. The Way to Avoid the Transmission of Disease. In these days we have most of us learned the lesson that contagion—that is to say the "catching" quality of a disease—is every case a matter of a specific microbe or germ.

Baby's Birthright. Is Health and Happiness—How Mothers Can Keep Their Little Ones Well. Health is the birthright of all little ones. It is a mother's duty to see that her baby enjoys it.

Razor Grinding Falling Off. Considerable concern is felt in Sheffield, England, at the decrease in the number of razor grinders, which has heretofore been an important trade in that city.

British Harrow contains 1,000 Springs. A Norwegian 600.

A Scourge of Doubt. THE ERROR OF LADY BLUNDEN.

CHAPTER VIII. "I have come," says Gretchen, shyly. It is the night of the Potter's ball, and very nearly ten o'clock.

There are times when we read words so poor. Come now, Gretchen, I can hardly see you there. She comes slowly up to him, and standing so, furis and unfurls her fan with a certain bashfulness that sits very prettily upon her.

Consumption and whooping-cough. We know, we passed from one person to another by means of the expectorations, and it is to be hoped that in the near future we shall put this knowledge to better use than we do at present.

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One cent worth. One dollar foolish. To use any but the best.

SUNLIGHT SOAP REDUCES EXPENSE.

Ask for the Octagon Brand. TRY BEEF AND SPINACH. HOW FAT PEOPLE MAY REDUCE THEIR WEIGHT. Diet that Has Taken Thirty Pounds Avardrop of a Person in Six Weeks.

The Time to Cut Hay. Mr. F. W. Hodson Gives Some Valuable Hints on the Question. The aim of our farmers in growing forage crops is to produce from a given area of land as much as possible of the digestible nutrients in a palatable form.

THE EFFECTS OF THIS DIET are so wonderful that it is worth while to describe it, even though it is a little too rigid for the average person.

THE MOST POPULAR IDENTIFIERS. CALVERT'S CARBOLIC TOOTH POWDER. CLEANING LADIES' WAISTING CO. COLORED GENTS.

MINARD'S LINIMENT. A Farmer's man took the village doctor a note the other day, and with some difficulty the doctor explained.

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THE AWAKENING.

The meaneat man on earth has just been found. His mind had been wandering with fever for three weeks, and when he came back to his senses and opened his eyes he saw a fair face under a white cap bending over his pillow.

TELESCOPIC FIRE LADDERS. A German invention in fire ladders has recently been tried with success at Pittsburgh, Pennsylvania.

TWO LETTERS. THEY PROVE THE PERMANENCY OF CURES BY DODD'S KIDNEY PILLS.

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If you drink Japan tea try a packet of Blue Ribbon Ceylon Green which is fast displacing it. Put up Black Mixed & Ceylon Green.

E. B. Eddy's "Headlight" ParLOUR MATCHES. The finest matches in the world, made in left edge pens, and especially suitable for domestic use.

THIS PAINT. Ramsay's Paint. A horse can pull three tons on level steel rails for every ton he can pull on an ordinary high-road.

TWO LETTERS. THEY PROVE THE PERMANENCY OF CURES BY DODD'S KIDNEY PILLS. Over Six Years Have Gone by, and Still I Am Well.

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