

I OWE MY HEALTH

To Lydia E. Pinkham's Vegetable Compound.

Washington Park, Ill.—"I am the mother of four children and have suffered with female trouble, backache, nervous spells and the blues. My children's loud talking and romping would make me so nervous I could just tear everything to pieces and I would ache all over and feel so sick that I would not want anyone to talk to me at times. Lydia E. Pinkham's Vegetable Compound and Liver Pills restored me to health and I want to thank you for the good they have done me. I have had quite a bit of trouble and worry but it does not affect my youthful looks. My friends say 'Why do you look so young and well?' I owe it all to the Lydia E. Pinkham remedies."



—Mrs. ROBT. STOFEL, Moore Avenue, Washington Park, Illinois.

We wish every woman who suffers from female troubles, nervousness, backache or the blues could see the letters written by women made well by Lydia E. Pinkham's Vegetable Compound.

If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of charge.

Guide-Advocate

Watford, Ont.

PUBLISHED EVERY FRIDAY.
 SUBSCRIPTION—\$1.00 per annum in advance. \$1.50 in advance to the United States.
ADVERTISING RATES.
 Space One Year. Half Year 3 Months
 One column \$35 \$22 \$12
 Half column 22 12 7
 One fourth column 12 7 4
 Shorter periods 12 cents per running inch.
 Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.
 Local Advertisers—first insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Advertisers must pay for their own copy.
 Business Cards—One inch and under, per year \$5.00.
 AUTOMOBILES—\$5.00 a year.
 Locals—10c per line each insertion. Minimum charge 25 cents.
 Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, FEBRUARY 18, 1916

NOTE AND COMMENT

A New York German editor says the enemy's next drive will be on the Suez canal. The enemy is likely to find the roads at that point rather rough for driving purposes.

The Austrians are using copper bells and church roofs for ammunition purposes. After hearing Emperor William's supplications to the Almighty they, no doubt, believe they are also engaged in a holy war.

Kingston Standard: It is certainly a difficult question to answer why one man should be sent to the front twice before another man, physically fit, is sent once. It is one which many a young man should answer by enlisting.

Great Britain has promised the United States to permit the prompt transportation from Rotterdam of a large quantity of sugar beet seed bought in Austria for sugar beet seed farms in Utah, which are expected to make the United States independent of European supply.

Owing to the fact that the rolled oats products had advantages over certain other cereals for camp and

AFTER GRIPPE

Vinol Restored Mr. Martin's Strength

Wapakoneta, Ohio.—"I am a farmer by occupation, and the grippe left me with a bad cough and in a nervous, weak, run-down condition, and I could not seem to get anything to do me any good until I took Vinol which built me up, and my cough and nervousness are all gone, and I can truly say Vinol is all that is claimed for it."—JAMES MARTIN.

Vinol is a constitutional remedy for all weak, nervous and run-down conditions of men, women and children, and for chronic coughs, colds and bronchitis.

Taylor & Son, Druggists, Watford.

ary consumption, the Dominion Government has placed an embargo on all shipments of rolled oats to the United States. The ruling applies to breakfast foods, oatmeal of all varieties and all special mill products manufactured from oats.

"I see by the reports from the United States seat of government," said a prominent Calgary banker on Saturday, "that agricultural and grain experts prophesy the greatest crop in the World's history for next season. If that comes to pass, and a prophecy of this character is not entirely guess-work, then Canada will indeed shortly come into her own, from an agricultural standpoint."

When the Alberta Legislature meets a Women Suffrage Bill will be introduced. In making the announcement, Premier Sifton says it is the intention of the Government to go further and introduce the principle into municipal and school arenas, giving women the right both to vote and hold office.

From the outbreak of the war to January 8th, the recruits raised by Ireland numbered 86,277, according to the report of Baron Wimborne, Lord Lieutenant of Ireland. He estimates that the present time there are about 400,000 unattested single men of military age in Ireland, but deducting those indispensable for agriculture, commerce and the production of munitions and those medically unfit, concludes that the single men actually available would hardly exceed 100,000.

James J. Hill, the empire builder, has observed the success and failure of many men. He says: "If you want to know whether you are destined to be a success or a failure in life, you can easily find out. The test is simple and infallible. Are you able to save money? If not, drop out. You will lose. You may not think it, but you will lose as sure as you live. The seed of success is not in you."

Will Germany really put in practice her threat to kill officer prisoners in revenge for the death of those innocent lambs, her submarine sailors? It is quite on the cards that she will. She has committed crimes against humanity and the law of nations sufficient to make her capable of even so shameful a deed as that. And she is fast coming to the stage when the fear of the public opinion of other nations counts for nothing with her.

Dr. Edwards, member for Frontenac, wants to know the nationality, religion and province of the troops who have enlisted for service, and has given notice to this effect in the House of Commons. He asks for the number of enlistments during the years 1914 and 1915, the number of Canadian-born, of French-Canadians, of men born in the British Isles, and of German-Canadians. He asks also for the number of Methodists, Anglicans, Roman Catholics, Presbyterians, and so forth. It will take weeks to secure the information.

In an interview Monday, David Lloyd George, British Minister of Munitions, declared that Great Britain is preparing to deliver a blow that must be felt by Germany. He called attention to the organization of one of the world's greatest armies by England, in addition to her already overpowering fleet. The country, he declared, has undergone an industrial reorganization as well. "England," he said, "is planning to put her whole weight into the war, and Germany will feel it very shortly. It is an effort such as England has never made before—a truly prodigious effort. In the days before the war she had the greatest fleet in the world, but now she has one of the greatest armies, and in a very short time it will be about the best equipped army in the world." Mr. Lloyd George is confident of the outcome of the war.

Lord Burnham, proprietor of the London Daily Telegraph, who has just died in his eighty-eighth year, was one of the world's most famous newspaper men. Burnham was given charge of the Daily Telegraph away back in 1855. At that time it was a small, obscure sheet run as a sort of side line by Burnham's father, who conducted a printing establishment. The young man took hold of the paper and made it one of the world's

greatest newspapers, a paper characterized by able editorials, excellent cable news, and general reliability. As a matter of fact, it became and has remained the paper of the great middle class of London. Edward Levy, Lord Burnham, was born in 1833, was made a baronet in 1892, and raised to the peerage in 1903. On the occasion of his eightieth birthday the journalists of Great Britain paid him a remarkable tribute, a large delegation headed by Lord Northcliffe visiting Burnham in his country house and presenting an address which was signed by all the leading newspaper men in the country.

The following is from the St. Louis Post Despatch:

I am more powerful than the combined armies of the world.
 I am more deadly than bullets and I have wrecked more homes than the mightiest of siege guns.
 I steal in the United States alone over \$300,000,000 each year.
 I spare no one, and find many victims among the rich and poor alike; the young and the old; the strong and the weak; widows and orphans know me.

I massacre thousands upon thousands of wage-earners in a year.
 I lurk in unseen places, and do most of my work silently. You are warned against me, but you heed not.

I am relentless. I am everywhere, in the home, on the street, in the factory, at railroad crossings and on the sea.

I bring sickness, degradation and death, and yet few seek to avoid me.

I destroy, crush and maim; I give nothing, but take all.

I am your worst enemy.
I AM CARELESSNESS.

Deafness Cannot Be Cured
 by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous surfaces. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.
 We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.
 F. J. CHENEY & CO., Toledo, Ohio.
 Sold by Druggists, 75c.
 Take Hall's Family Pills for constipation.

Dr. Pickering Leaves E. Lambton for Elgin

(Special Correspondence to The Globe) Forest, Ont., Feb. 9.—Dr. H. Pickering, who left yesterday for Aylmer, to establish a veterinary practice there, had made the most marked progress in East Lambton as Liberal candidate for the Commons. For a number of years he had followed successfully his profession in the west, and is widely known among farmers and stockmen. Having prospered also in realty investments, he returned to Lambton county a few years ago with the intention of remaining here, but the change in western business conditions recently prompted him to resume practice. Dr. Pickering's personality and ability as a speaker brought him into prominence, and though one of the youngest candidates in Ontario, his success in politics was assured. Naturally, his removal will mean his retirement from the candidature, and while he will be an acquisition to the Liberal forces in Elgin, his withdrawal from East Lambton is causing widespread regret in this county.

No surgical operation is necessary in removing corns if Holloway's Corn Cure be used.

James Stewart, a prominent farmer on the outskirts of Petrolia, fell through a trapdoor of his barn, breaking three ribs and suffering other minor injuries.

CASTORIA

For Infants and Children

In Use For Over 30 Years
 Always bears the Signature of *Chas. H. Fletcher*

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE.
 Trains leave Watford Station as follows:
GOING WEST
 Accommodation, 75..... 8 44 a.m.
 Chicago Express, 3..... 12 13 p.m.
 Accommodation, 83..... 6 44 p.m.
GOING EAST
 Accommodation, 80..... 7 43 a.m.
 New York Express, 6..... 11 16 a.m.
 New York Express, 2..... 3 05 p.m.
 Accommodation, 112..... 5 16 p.m.
 C. Vaill, Agent, Watford

TAKAKE

The Harmless but Efficient Remedy for Headache, Neuralgia, Anaemia, Sleeplessness, Nervous Exhaustion, &c.
 50c AT ALL DRUGGISTS, or by mail from
 GEORGIAN MFG. CO., COLLINGWOOD, ONT.

HOUSEKEEPING LABOR SAVERS

Don't grab all the labor saving machinery. Give the lady who gets your meals a chance.

Home Washer - \$12.00
 Excell All Washer - 10.00
 Bonnie Washer - 6.50
 Wringers - \$3.00 to 4.50
 Carpet Sweepers, \$3.00 to \$4.00.
 Vacuum Cleaner and Sweeper combined - \$6.00



The N.B. Howden Est.

REMEMBER

"The hen doth not stop scratching just because the worms are scarce." Persistently, never tiring, so doth she scratch, knowing that in the end she findeth her grub, and so, we—persistently, never tiring, shall endeavor to convince you that

The Watford Planing Mills

is the proper place to take your contracts, as we have the largest experience, the largest stock and the largest lumber business about here. We can therefore supply your contract cheaper than you can get it elsewhere.

Our Aim
 Is to have a large turnover with small profits. Once a customer always a customer here.

WATFORD PLANING MILLS
 Established 1870 Geo. Chambers

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry Full Stock of
INTERNATIONAL STOCK FOOD
 FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.
CALDWELL'S MOLASSES MEAL
 AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.
ALL KINDS OF GRAIN TAKEN IN EXCHANGE
 Chopping and Rolling Done While You Wait
 PHONE 39

HANDSOME, LUXURIOUS FURNITURE

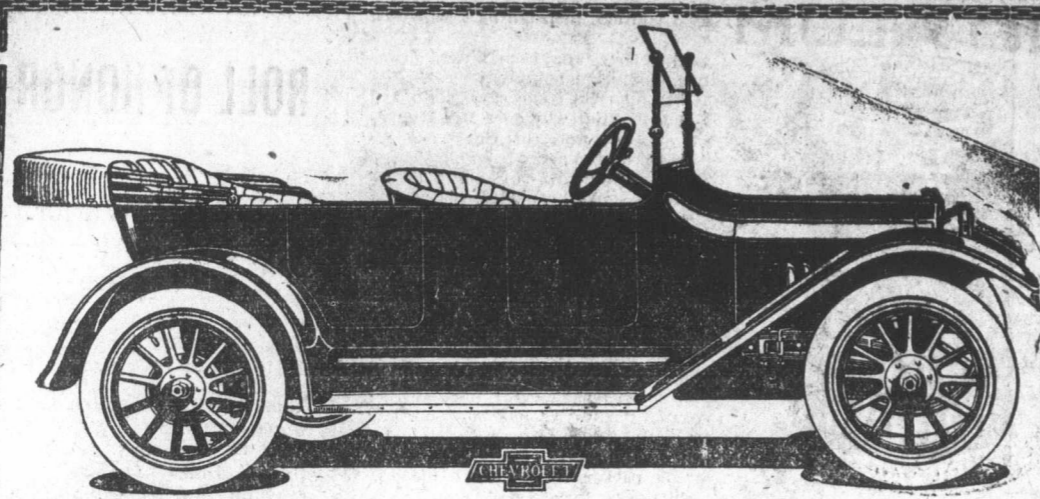
Buffets Extension Tables Brass Beds Iron Beds
 Sideboard Parlor Tables Walnut Beds Oak Beds
 China Cabinet Card Tables Pedestals Dresser
 Chiffonier Magazine Stands Child's Rockers Book Cases
 Dressing Table Jardinere Stands Bed-Room Chair Secretaries
 Hall Seats Umbrella Stands Rocking Chairs Desks
 Morris Chairs Hall Mirrors Kitchen Cabinets Hall Racks
 Music Cabinets Living Room Chairs Felt Mattresses Dining Chairs
 Parlor Sets Library tables Couches Pictures
 Davenport, and anything kept in a first-class furniture store.

MASON & RISCH PIANOS
 Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31.
 FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

Guide-Advocate Ads, are Business Bringers



CHEVROLET
"The Product of Experience"

WELL equipped, fine appearing, easily operated car, with Valve-in-Head Motor.—\$675 f.o.b. Oshawa. It is a car the ladies can drive with safety and enjoy. It is equipped with a compound steering gear, a special break arrangement, self starter, electric lights, clear vision wind-shield and all that constitute ease and comfort in operation. Detailed specifications or a demonstration on request. Call and look it over. Several Ford cars for sale cheap.

R. C. McLEAY - DEALER - WATFORD
NOTE.—If you purpose building this season let us figure on your requirements.



FORD TOURING CAR
Price \$530

For service and economy the Ford Car is not excelled and we are trying to keep the service part up to its highest point of efficiency. This point should appeal to all persons who are thinking of a car.

The Runabout is now \$480; the Town Car \$780; f.o.b. Ford, Ontario. All cars completely equipped, including electric headlights. Equipment does not include speedometer. Get particulars from Ray Morningstar, Watford, agent for Watford and Warwick, or G. A. Halden, Alvinston, agent for Alvinston and Brooke.

Ford
THE UNIVERSAL CAR

January 19th—I started this over a week ago but ere I finished the order came down the line to "start to" as there was something expected, and between neglect and lack of time I have left it unfinished, but I'll now endeavor to scratch off a few lines in conclusion.

The weather has been much better the last fortnight which makes life much brighter for those inclined to look on the dark side of things. As for myself I have had just first class health through rain and shine. What can I ask more?

We had a hard knock the day before yesterday. Our Co. Major got wounded by a German rifle grenade and died a few hours later. But it's the way of the world, we must all go when our time comes whether it is in war-stricken Flanders or peaceful Canada. Lieut.-Col. Kelly completed his task without seeing the war zone, and you people at home must not think that because we are out here we are doing more than most of you at home. We are just doing our duty, nothing more. I must now close, hoping to hear again from you or from any person who cares to write me.

Pte. C. E. RONTLEY, 53610, C. Co., 18th Batt., 4 Bgd., 2nd Can. Div. B.E.F., Army Postoffice, London, England.

ARKONA

Mr. J. F. Dickinson is in Toronto this week on business.

Mrs. Huffman of Aylmer, is spending a few days with her son, Dr. J. L. Huffman.

Mr. Phil Fuller of Watford, was in town on Monday making arrangements for his summer supply of ice.

Miss Elva Fuller is attending Military openings in Toronto this week.

We are open to buy any quantity of hand picked beans.—BROWN Bros.

Mr. Clarence Jackson has accepted a position in the Standard Bank.

A grand Patriotic Concert in aid of Red Cross Society will be held in the Methodist Church on Wednesday evening, February 23rd. The following artists have promised to be present, Miss Jennings, Mrs. Uiter, Messrs L. Grogan and R. McFarland, Camp Scene; Solos and Chorus by Arkona Company, 149th Battalion. Lieut.-Col. Bradley and a soldier from the front will address the meeting. Come and enjoy the evening.—Col. Kenward, Chairman.

The following is the report of Sr. room of Arkona Public School—Entrance Class—Beatrice Oakes 78, Albert Weedmark 79, Fred Dowling 69, Mae Watts 58, Nellie Donaldson 54, Harvey White 41, Jr. IV.—Rhea Thoman 75, Bruce Augustine 70, Morgan Wilson 62, Norman Crawford 55, Sr. III. (in order of merit)—Mable Topping, Joe Stephenson, Charlie Lucas, Ruth Richter, Class III.—Joyce Fuller, Florence Austin, Iva Johnston; Sara Hostetter, Elma Augustine, "Nellie" Langan, Queenie Kemp, Maurice Smith, Thelma George, Ida Eastman, Lois Baldwin, Class II.—Elsie Weedmark 79, Peter McNaughton 75, Vera Stephenson 66, Harold Wilson 60, Alice Wilson 58, Harry Richter 42, Robert Walker 26.—H. EASTMAN, Teacher.

KEEP LITTLE ONES WELL IN WINTER

Winter is a dangerous season for the little ones. The days are so changeable—one bright; the next cold and stormy, that the mother is afraid to take the children out for the fresh air and exercise they need so much. In consequence they are often cooped up in overheated, badly ventilated rooms and are soon seized with colds or grippe. What is needed to keep the little ones well is Baby's Own Tablets. They will regulate the stomach and bowels and drive out colds and by their use the baby will be able to get over the winter season in perfect safety. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Recruiting and Marching Song
(Written especially for Colonel Bradley and the "One Four Nine".)

Right about! Quick step!
Here we are in line!
Every man a soldier is,
Ne'er a grouch or whine.

Face your Colonel—now salute.
(Measure yours with mine)
Now we're off, a long march
For the "One Four Nine".

Sing a song to keep up heart,
Sing it loud and long.
Make the woods and uplands shout,
We're the brave and strong.

We're the lads in training now,
Lion hearts and bold,
Some day you'll be proud of us,
What we have we'll hold.

What we have we'll hold boys,
Then we'll add some more!
Little bits and little bits
Make a mighty score.

Right about! Face about!
Keep a steady eye,
You're the lads to make them quail,
Ours to do or die.

But dying's not the only work,
We have yet to bring
Honor, glory, D. S. O.
(Hear those fellows sing.)

Shout your voices hoarse lads,
Ne'er a man repine,
Lambton shall be proud of us
And her "One Four Nine".

Lambton shall be proud of us,
Boys in khaki hold,
Future heroes marching on,
Faces bright and glad.

Does not matter what your height,
Be you short or tall,
Lean or lanky, dark or fair,
Any boy at all.

With big heart inside his coat,
(Take your oath and sign)
We'll make a soldier out of you
For the "One Four Nine".

CHORUS:
"O the One Four Nine!
The One Four Nine,
Lambton shall be proud of us
And our One Four Nine.

So it's step out, look out!
(Make those buttons shine)
We're out to hunt for glory
For our "One Four Nine".

ROBINA SIBBALD BROWN.

G. U. C. F.

This year's officers of Watford Council No. 255, of the Canadian Order of Chosen Friends were duly installed by Grand Organizer W. F. Campbell of Hamilton, Ont. The officers so installed are as follows:—

P.C.C.—William Westgate.
V.C.—Mrs. Robert McNaughton.
R.C.—James B. Parker.
Sec. & Treas.—W. E. Fitzgerald.
Prelate—Mrs. W. E. Fitzgerald.
Marshal—Frank McNaughton.
Warden—Mrs. Fred Westgate.
Guard—Thomas Kerr.
Sentry—Edward J. McNeil.
Trustees—Dr. George Hicks, Thomas Kerr and E. D. Swift.
Representatives to Grand Council—1st, William Westgate, Alternate, Mrs. W. E. Fitzgerald, 2nd, Dr. George Hicks, Alternate, S. C. Reycraft.
Auditors—Thomas A. Ganit and Dr. George Hicks.
Physicians—Drs. W. G. Siddall and C. W. Sawers.
Several new members were initiated.

Before the meeting closed Mr. Campbell gave a very inspiring and enthusiastic address showing what was expected of the members of the Order generally. He also showed the excellent financial standing of the Order, and especially so now since the members were paying Government standard rates which made the insurance of all those interested on a very safe basis. Organizer John Berdan of Stratroy, was also present and entertained the members to a few humorous and appropriate remarks. The members and their friends then partook of coffee and other refreshments and a very enjoyable evening was spent.

I. O. F.

The following officers for this year of Court Watford, No. 444, of the Independent Order of Foresters, were installed at the last regular meeting of said Society.

C.D.—John Brison.
J.P.C.R.—George Pike.
C.R.—E. A. Edwards.
V.C.R.—Manfred Thompson.
R.S.—W. E. Fitzgerald.
P.S.—D. A. Maxwell.
Treas.—W. J. Trenouth.
Orator—H. Hollingsworth.
Organist—Orlo G. H. Jacklin.
S.W.—Roy Hollingsworth.
J.W.—S. W. Lonck.
S.B.—Joseph Wynne.
J.B.—William McKercher.
Trustees—E. D. Swift and Robert Fleming. Also the C.R., V.C.R. & R.S.
Auditors—W. E. Fitzgerald and S. W. Lonck.
Court Physician—James Newell, Ph.B., M.D.

The officers were publicly installed by Very Rev. Dean Davis of London, Ont., Past High Chief Ranger, etc. After this ceremony was concluded Dean Davis delivered an excellent and appropriate address and explained the benefits of the Order, pointing out what the Society was doing, not only from an insurance standpoint, etc., but also in looking after the orphaned children of deceased members, and in caring for members who were stricken with consumption. Dean Davis showed in different ways how many of those children who were looked after by the Order had taken foremost ranks in different walks of life and gave the Order credit for this great work which otherwise would have been neglected. He explained that the members of the Order should be sympathetic and kind, and especially with their own members, and that we were all God's family and all brothers and that kind words and kind treatment to others were very far reaching in their effects. Dean Davis closed by specially asking us to look after the welfare of our young men who left their homes and were liable to all the temptations that are so common in every day life. Those who failed to hear this excellent address missed a treat. Rev. Mr. Irwin also briefly addressed the gathering. Votes of thanks were tendered to Dean Davis and to Rev. Mr. Irwin, which were suitably replied to. Those present then adjourned and enjoyed an oyster supper at Bro. Mitchell's refreshment parlors.


Alvinston Free Press.—After a very successful tour of the ice races, Murray Roche arrived home last night with Texas Jim. This crack pacer, who holds the world's record on ice for the fifth mile, is good for seven heats if need be. Due to the fact that the majority of the races after two or three heats were unfinished, thus demanding a race next day, Texas Jim failed to make a better showing.

A complaint has been laid against some of the Indians of Kettle and Sioney Point reserve on the charge of destroying muskrat houses. Some of the aboriginals also believe they have a right to kill or trap game at any time, when as a matter of fact, they must observe the game laws the same as a white man.

Several new members were initiated.

HER DREAMS CAME TRUE

Life Unbearable from Indigestion and Constipation Health Restored by "Fruit-a-tives"



MELLE C. GAUDREAU
Rocheon P.Q., Jan. 14

"I suffered for many years from Indigestion and Constipation. I became thin and miserable. Frequent dizzy spells and I was run down that I never thought I would get well again.

A neighbor advised me to try "Fruit-a-tives". I did so and to the relief of my doctor, I began to improve. I advised me to go on with "Fruit-a-tives". I continued this medicine and Indigestion and Constipation relieved. I consider that I owe my health to "Fruit-a-tives" and I want to thank those who suffer from Indigestion or Constipation or Headaches, or "Fruit-a-tives". Give this lovely fruit a fair chance and you will get same as I did."

CORINE GAUDI
50c. a box, 6 for \$2.50, trial 1c. At all dealers or sent postpaid. Fruit-a-tives Limited, Ottawa.

CENTRAL Business College
STRATFORD, ONT.

YOU CAN SECURE A POSITION

If you take a course with us, demand upon us for trained men many times the number of untrained men. Students are entering each year. You may enter at any time.

Once for our free catalogue. We will mail you a copy of our catalogue, Shortland or Tel. department.

D. A. McLACHLAN - PRINCIPAL

Business and Shorthand
Westervelt School
Y. M. C. A. Building
London, Ontario

College in Session Sept. 1st
Catalogue Free. Enter at once.

J. W. Westervelt, Principal

A. D. HOOPER
Painter and Decorator
WATFORD - ONT.

GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
SATISFACTION GUARANTEED
ESTIMATES FURNISHED

RESIDENCE—ST. CLAIR

CHANDRY FLEMING KERWOOD
Shorthorn Cattle
AND
Lincoln Sheep

ED. DeCEX, Proprietor
Kerwood, Ont.

Children's
FOR FLETCHER'S CASTOR

Men!

Would you like a free suit of kaki, free shoes, free toilet requisites, etc.? Your outfit is waiting for you at the **Lambtons 149**.

Woolly Store
Selling Specials
in Women's

.....	\$2.00
.....	\$2.50
.....	\$3.00
.....	\$3.00
.....	\$1.25
.....	\$2.10
.....	\$2.25
.....	\$1.90
.....	\$2.00
.....	\$2.75
.....	\$3.40
.....	\$3.50
.....	\$4.25

at old prices.

& SON

Don't Beat
Kultur
N WILL
Lambtons 149

Bank
DA
cause—
sided the necessity habit.

DECIDE TO-DAY!

You still have a chance to prove your manhood — To-morrow may be too late.

While They Last \$1.23

Enlist in **Lambtons 149**

T. DODDS & SON

Letter from Pte. Routley

Pte. C. E. Routley sends a mud-spattered letter to a friend in Watford under date of January 11th, 1916, as follows:—

Somewhere in Belgium I find myself in my dugout answering your very welcome letter of December 3rd. You must excuse me for not answer-

ing sooner but duty comes before pleasure, and correspondence is one of our pleasures out here, especially receiving letters from Canada.

We have some very exciting times here occasionally but the hardships are not as great as I expected. The wet weather and mud is worse than the Germans to contend with. We have plenty of good clothes and boots and get fairly good

MEDICAL. JAMES NEWELL, PH. B., M.D. L.R.C.P. & S., M.B.M.A., England. Watford, Ont.

C. W. SAWERS, M. D. WATFORD, ONT. (FORMERLY OF NAPER) OFFICE—Main Street, formerly occupied by Dr. Kelly.

W. G. SIDALL, M. D. WATFORD, ONTARIO Formerly of Victoria Hospital, London.

DENTAL. GEORGE HICKS D. D. S. TRINITY UNIVERSITY, L. D. S. Royal College of Dental Surgeons, Postgraduate of Bridge and Crown work.

G. N. HOWDEN D.D.S. L.D.S. GRADUATE of the Royal College of Dental Surgeons, of Ontario, and the University of Toronto.

Veterinary Surgeon. J. McGILLICUDDY Veterinary Surgeon. HONOR GRADUATE ONTARIO VETERINARY COLLEGE.

CIVIL ENGINEER. W. M. MANIGAUPT, ONTARIO LAND SURVEYOR AND CIVIL ENGINEER.

INSURANCE. J. H. HUME. AGENT FOR FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.

THE LAMBTON Farmers' Mutual Fire Insurance Company. (Established in 1875)

J. W. KINGSTON President. JAMES SMITH Vice-Pres. JAMES ARMSTRONG, Director.

WANTED NOW Reliable salesman to act as agent in Lambton and Middlesex Counties. PAY WEEKLY

SOCIETIES. Court Lorne, No. 17 C.O.F. Regular meetings the second and fourth Mondays of each month.

Medical Corps. Don, M.D. McKenzie, M.D. H. BATTALION

'Canada as a Hostage' The issue in the United States at the present time is called "Preparedness," which means—is the Republic to get ready for the future with trained soldiers and guns or with more reams of note paper.

From Old Subscribers J. J. Williams of Kellner, Sask., in renewing his subscription says:—"The thermometer has been hovering around 30 to 35 below zero ever since Christmas."

Making it Swim From the Philadelphia Public Ledger. There is a story told that some years ago the keeper of the lighthouse on Tory island got married to a London girl, and his wife had among other effects a piano sent her to her new home.

Not the Soldier's Fault General Leonard Wood took in to dinner at a Washington party a young woman who had just returned from England.

5,000 Facts About Canada The public will welcome the new issue for 1916 of "5,000 Facts About Canada," the popular and valuable cyclopedia of Canadian dates, compiled by Frank Veigh of Toronto.

MILITARY NOTES Every young Canadian who puts on the King's uniform brings the end of the war some fraction of time nearer. A widow in Wellington, New Zealand, on applying for a pass to be present at the departure of reinforcements, was asked "Are you next-of-kin to a soldier?"

MANY IN WATFORD TRY SIMPLE MIXTURE Many Watford people are surprised at the QUICK action of simple buckthorn bark, glycerine, etc., as mixed in Adler-ika.

Canada as a Hostage (Continued) E. C. Billings of Brooklyn answers the argument as follows:—"But how 'take Canada?' It cannot be done by a rhetorical flourish. Your correspondent speaks of the subjugation of Canada as though it could be easily accomplished by sending a portion of our small army, and perhaps a few regiments of National Guard hastily mustered into the Federal service, across the Canadian frontier.

Not the Soldier's Fault (Continued) The young soldiers," she said "are having it all their own way with the girls over there now. Too much their own way, in fact. I know of a young lieutenant in the Blues who is said to be engaged to seven girls simultaneously."

5,000 Facts About Canada (Continued) The men of the 149th have received an issue of leather mitts. The mitts are strongly made of leather and fur-lined and are comfortable. The men appreciate them, and feel that everything possible is being done for their comfort by the militia authorities.

WANTED NOW (Continued) Outfit free, exclusive territory and money making specialties. Our agencies are the best in the business for we sell the highest grade of stock at most reasonable prices and guarantee deliveries in first class condition.

SOCIETIES (Continued) Regular meetings the second and fourth Mondays of each month at 8 o'clock. Court Room over Stapleford's store, Main street, Watford.

THE HEART OF A WOMAN In Montenegro the women go into the trenches with food and ammunition for their soldier boys. This is getting close down to nature, and is a splendid tribute to the quality of the women folk, but it does not mean that British women would not do the same for their husbands or sons.

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New Garage at Bothwell Reid Bros., of Bothwell, the well known firm who has secured the district agency for the Chevrolet, have just completed a new cement garage at Bothwell. The Heart of a Woman In Montenegro the women go into the trenches with food and ammunition for their soldier boys.

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