

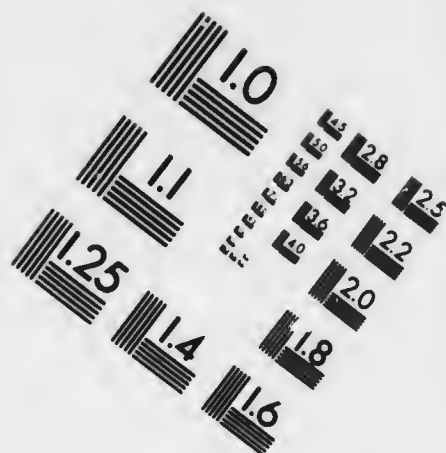
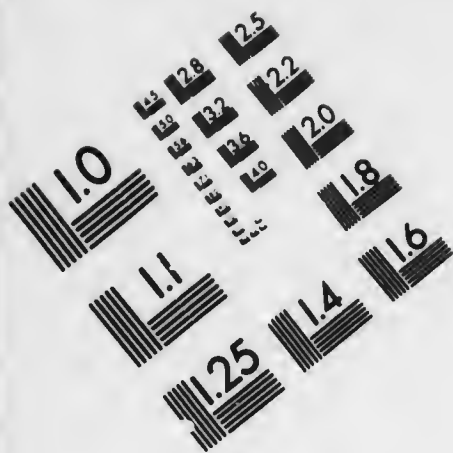
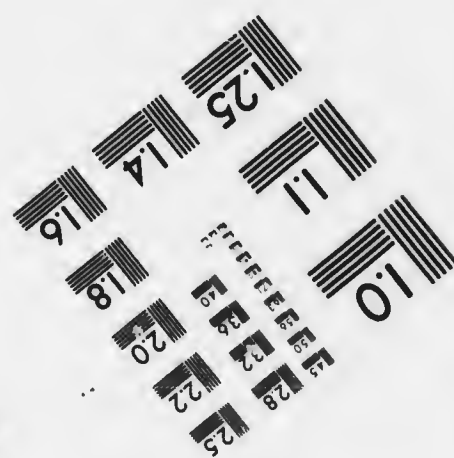
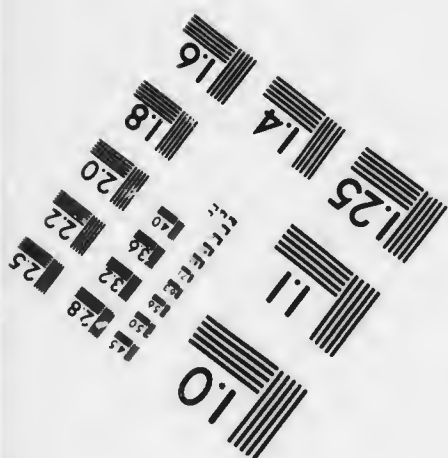
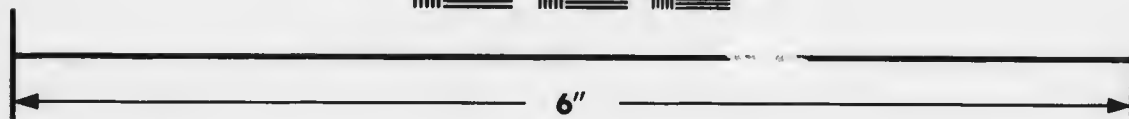
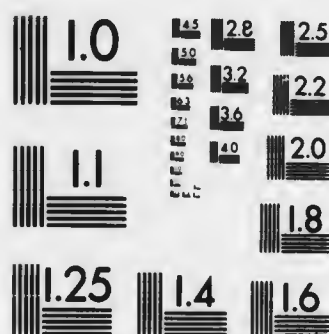


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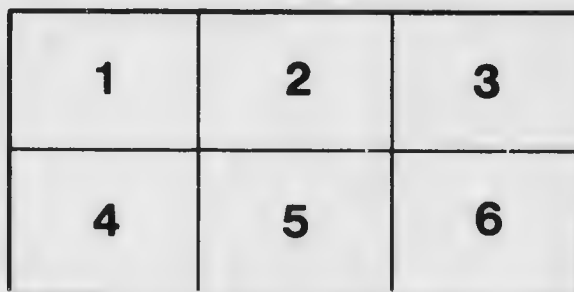
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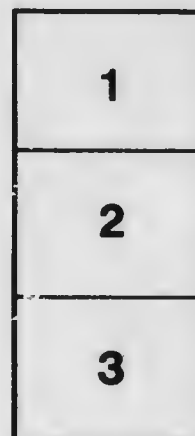
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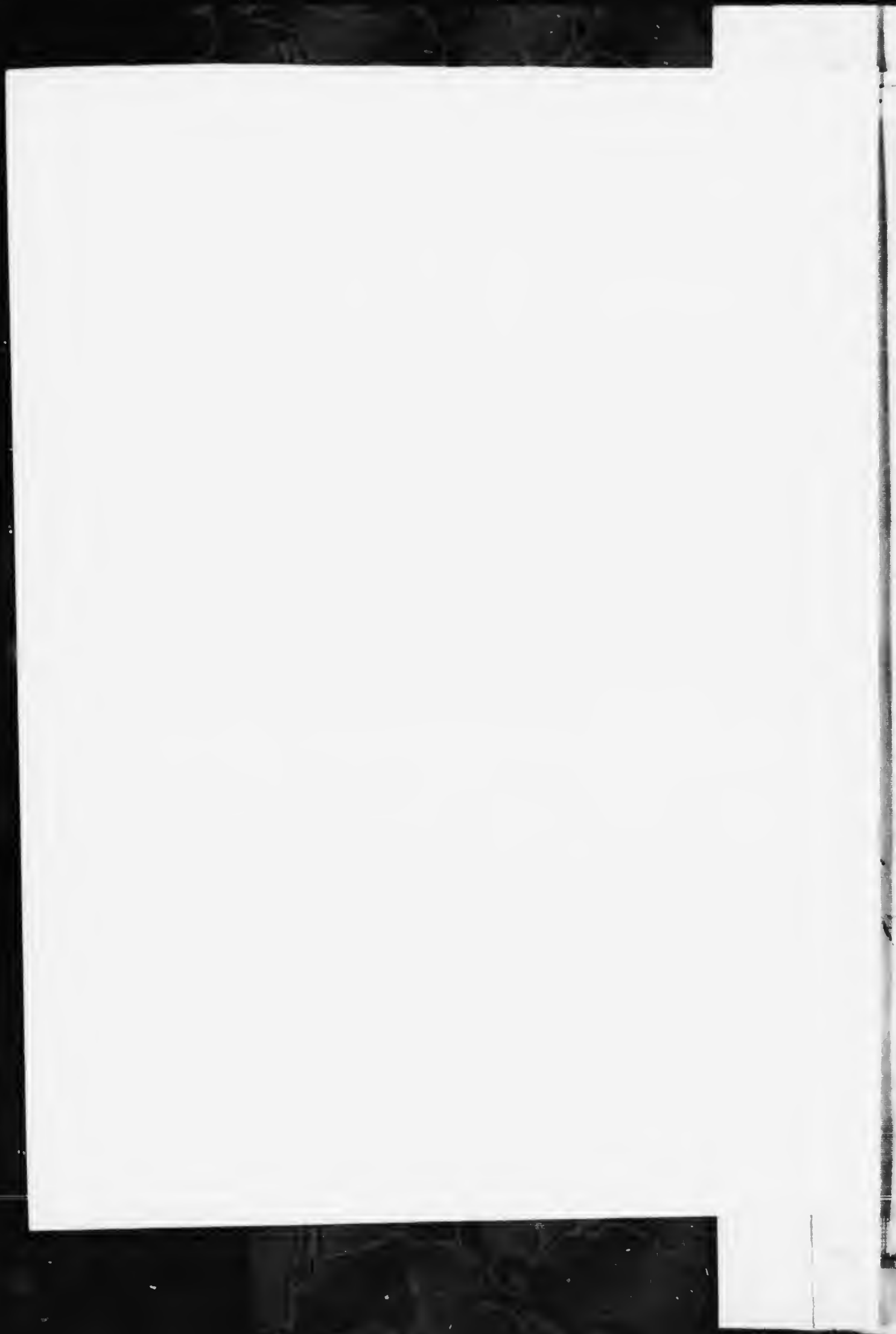
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PROVINCE HOUSE



WILMOT SPRINGS
V.P.A.



SPADEAU.

NATURAL MINERAL WATER

FROM

WILMOT SPA SPRINGS.

HISTORICAL SKETCH AND ACCOUNT OF ITS
CURATIVE PROPERTIES.

THE WILMOT SPA SPRINGS

ARE located in the Township of Wilmot, Annapolis County, Nova Scotia, about two miles north of Middleton, on the Windsor and Annapolis Railway, near the foot of the range of hills known as the North Mountain, about thirty miles from the old historic town of Annapolis Royal, and one hundred miles from Halifax, in the centre of the great fruit-growing district, *the Annapolis Valley*. It is easily reached from all points by railway and steamboat. The Springs are grouped in the midst of a park of five acres in extent of primeval forest. Pine, hemlock, spruce, maple, birch and beech, rear their monster forms in close order to the height of one hundred feet, where they have flung from their massive tops the storms of centuries. Here, in the dense shade, bubble up these hygean waters for the healing of the nations. *In the most oppressive heat of summer the balsam-laden air is always cool,* and the invalid who cannot seek the seashore to enjoy the salt breeze can find here most delicious respite from summer's oppressive heat.

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Well has one of our living poets, Mrs. M. J. K. Lawson, described the scenery of this beautiful region:—

"Up the eastern mountains,
Dappled with light and shade,
There a broad patch of woodland,
And here a cultured glade.

Homesteads by crag and dale,
Green pastures white with sheep,
The drowsy cattle grazing,
The glossy calves asleep.

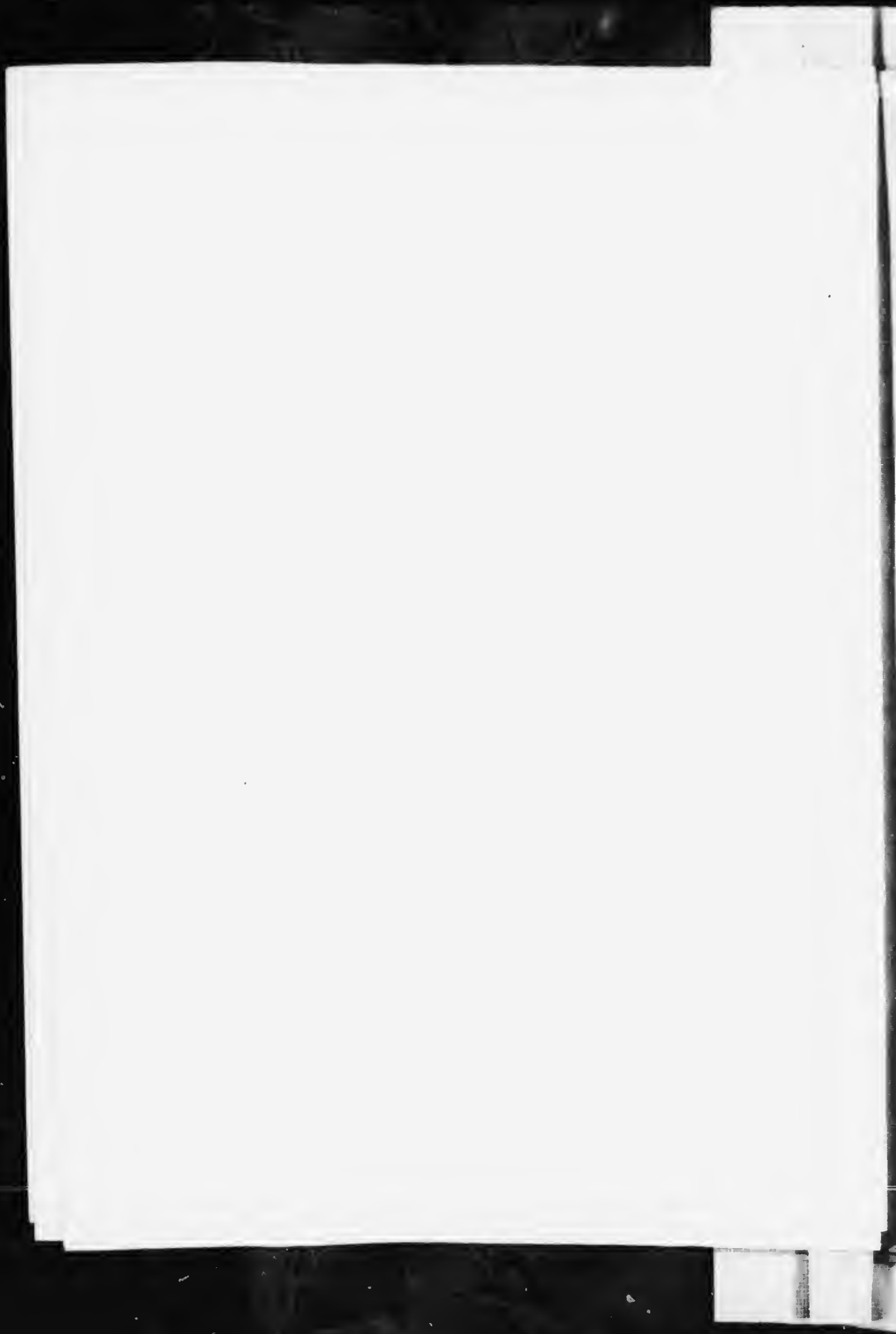
The orchards wear their glory,
Where the plum-tree's purple crest
Glistens beside the apple,
In golden autumn dress.

There, in the sylvan grove,
The cool SPA Waters shine,
Mixing a draught of healing
Deep in Nurse Nature's mine.

Down in the crypt-like cistern,
By plummet never spanned,
Jets up the hot whirlpool,
Troubled by angel's hand.

Strange the, from Nature's recess,
Where all is cold and dumb,
Up to its quiet basin
The hygean draught should come."

THE SPA SPRINGS HOUSE, but just completed ready for guests, is an excellent Summer Resort. It is three stories in height, including Mansard roof, and has ample piazzas. It will accommodate about one hundred guests. The rooms are airy, and all the appointments are of the first class. An ample bath-house is provided with hot, cold and shower baths of the water from the Spadeau Spring. Good livery horses are always at the service of the guests. The drives in all directions are very fine. Only five miles away rolls the Bay of Fundy with its wonderful tides and bracing sea air. Mountain and dale are beautifully interwoven.

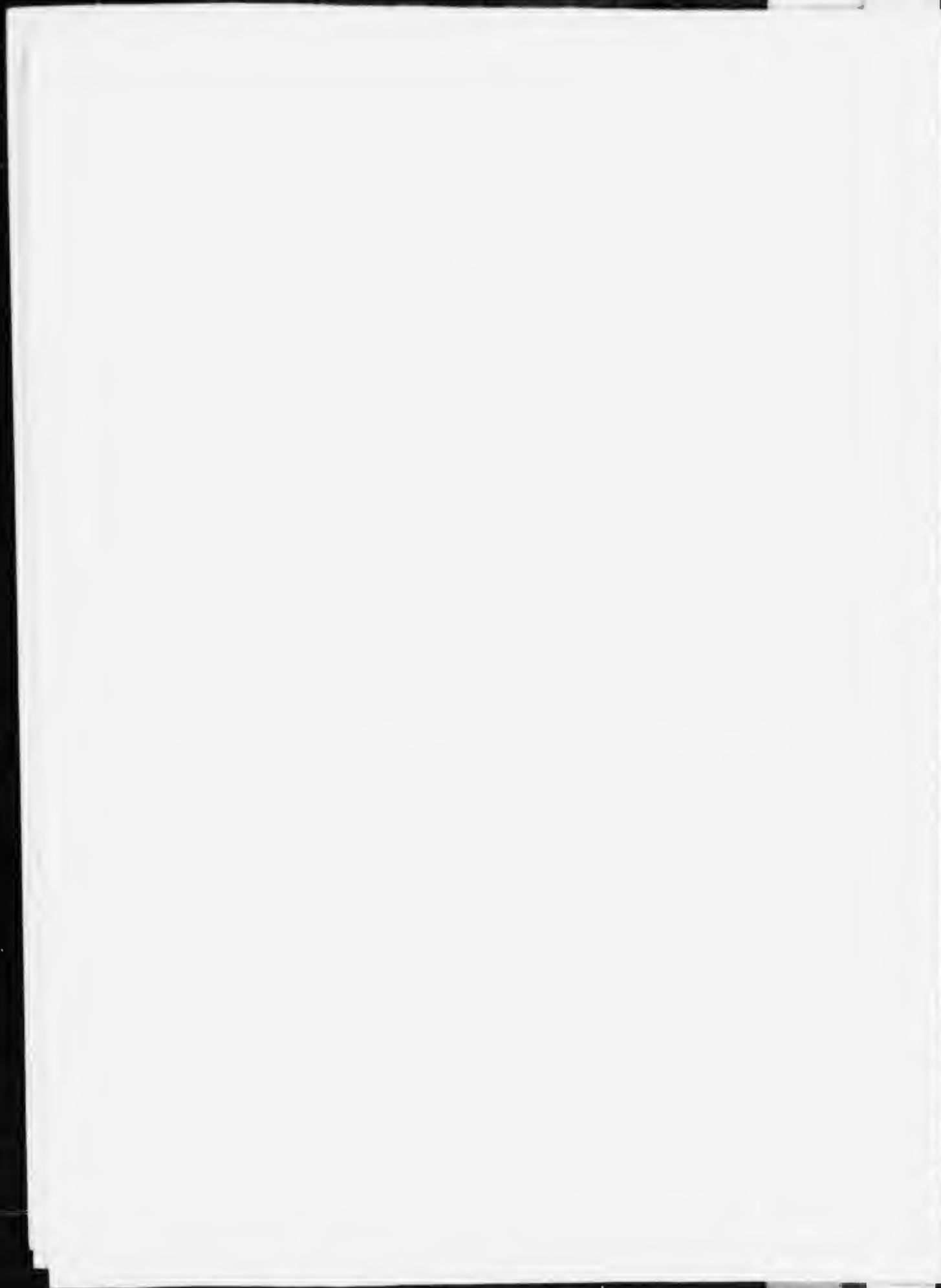


HISTORICAL ACCOUNT OF THE WILMOT SPA SPRINGS.

For ages before Nova Scotia was settled by the French or Anglo-Saxon, the mineral waters from the group of springs known as the Wilmot Spa Springs were highly prized by the Micmac Indians for their curative qualities, and the mud from the outlet of these Springs, saturated with the water, is by the remnant of these people believed to be of wondrous healing power in cutaneous diseases. Experiment and experience have proven that their faith is well founded. The **Wilmot Spa Springs** were known before the opening of the present century, by the proprietor, Farsfield Woodbury. Their medical value became known about the year 1817. The surrounding country being sparsely settled, the news spread slowly; but as their curative properties became known, visitors were attracted, until in 1830 all the farm-houses within reach of the Spa were filled to overflowing each summer. The absolute demand for better accommodation prompted the proprietor of the Springs to erect a Hotel of proportions to meet the demand. Visitors of all classes visited the Hotel, and, from the register of fifty years ago, we see the signatures of many of the prominent men of the period from our own Provinces and the United States. The testimonials received from that time to the present are certainly enough to convince all of the remarkable virtues of these waters as a remedy for numerous of the ills to which flesh is heir.

Quoting from an old manuscript of the Rev G. Robertson, Doctor of Wilmot, N. S., under whose personal notice came a large number of the cures which were effected in the years gone by, he writes of the Springs:

"Their medical properties, which are both powerful and efficient, remained undiscovered until about 1817 to 1820, when some gentlemen who had visited several watering places in Great Britain, and had examined Wilmot Spa Springs, suggested the probability that the latter might contain certain of those healing virtues which are found to result from the use of Spa water. Accordingly, their effect was tried in a series of experiments, first upon children who had been suffering from the diseases which are commonly peculiar to their years, and



afterwards on persons of all ages who were troubled with various kinds of ailments. In all these experiments the issue seemed to answer the anticipations of those concerned, always proving favorable. As might be expected from such favorable results, the waters of the Springs rose gradually in estimation and repute, and promise to afford not only the means of curing many diseases, but a delightful resort to those who may wish to enjoy for a time some relaxation from the duties of their business or profession."

The above is under date of 1832.

Since that time the Wilmot Spa Springs have been visited by thousands of people who have been benefited by drinking the waters, and numerous are the certificates bearing testimony to their value.

The fact that the former owners for a number of years have taken no pains to make the value of the Springs known, and all the visitors that could be accommodated in the village have come without solicitation, accounts for the comparatively select number who are aware that the Wilmot Spa Springs are

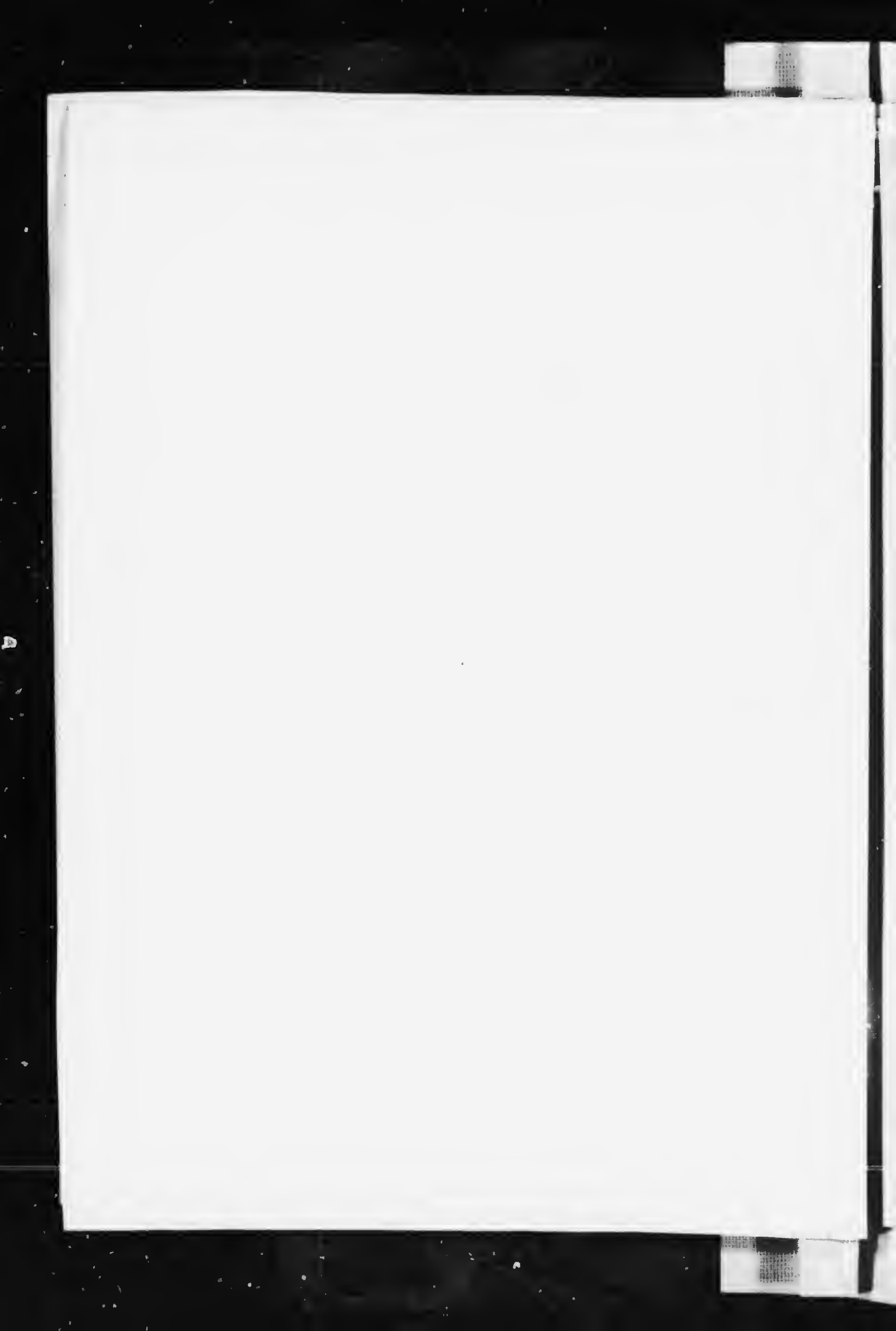
SPADEAU.

which is from the principal Spring of the group, stands among the **Most Valuable Mineral Spring Waters in the World.**

THE PHYSIOLOGICAL ACTION OF SPADEAU.

In order to form a correct idea of the physiological action of **SPADEAU**, one must have some general idea of the action of waters of this class.

"The beneficial use of such waters more or less impregnated with substances imbibed by them from the bowels of the earth, has existed in all ages." "The learned and renowned A. Trousseau, Professor of Therapeutics in the Faculty of Medicine, of Paris, France, thus speaks in words with which every physician must be in accord: "Say what the chemist may, mineral waters do not operate alone by means of their predominant



mineral constituents. They are associated with many others which have been demonstrated, and probably with others still which have escaped their research, and nature has done for this what we attempt every day to do in pharmacy when we seek to enhance or mitigate the power of a medicine by associating it with others."

He adds:—"Under their salutary influence the appetite revives, the constitution becomes reorganized, and patients in a deplorable condition visiting these Springs, after a single season have been greatly improved, and often most unexpectedly cured."

The functions of digestion, respiration, secretion and excretion, depend in great measure upon the relative amount of acidity or alkalinity of the animal fluids.

SPADEAU

May be so used as to neutralize or diminish this acidity, thereby producing a corresponding physiological change, viz., health and vigor.

In point of fact, these waters have long been known as the most efficient in *chronic gout* and *RHEUMATISM*, and the various disorders depending upon them.

DYSPEPSIA.—Who that has experienced the sour or rancid eructations or regurgitations, flatulent distention and pain, need any description of its unbearable melancholy horrors?

SPADEAU is an almost *unfailing* specific for this type of illness, when taken often during the day in small quantities.

SPADEAU is a mild *laxative*. Persons of a constipated habit may have most pleasant relief, and in many cases be permanently cured.

It is a *diuretic*. Its salutary effect upon the kidneys is very marked. No doubt can exist respecting its efficiency in diseases of this class.

In treatment of **URINARY CONCRETIONS OR GRAVEL**, **SPADEAU** has proven itself of great value, producing in many cases most satisfactory relief.

It may be difficult to explain its action, but the value of



this natural mineral water in DIABETES does not admit of a doubt. In favorable examples, the progress of the disease may be stayed by its use for years.

Many of the certificates given are truly wonderful, describing the great relief and in many cases the permanent cure of most PERSISTENT ECZEMA, TUMORS AND ULCERS, from freely drinking SPADEAU and applying it to the body in local application or by baths. Its value in these diseases is supposed to be due to the presence of *Iodine*, which it has been found to contain by recent analysis.

SPADEAU has been drank freely, almost to the exclusion of ordinary water, by the families residing in the immediate vicinity of the Springs, and, as may be ascertained by inquiry, they have been a long-lived people, and free from the diseases mentioned in this account. It is a remarkable fact that during the various visitations of DIPHTHERIA and MALIGNANT FEVERS that have swept through the Province at various times, there has never been known a case of either of these diseases by those who **Habitually Drank SPADEAU.**



