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# CANADIAN DRILLS AND EXERCISES No. 1.

PROPERTIES DE LA COMPANIONE DE LA COMPAN



## Fancy Flag Drill

ΒY

#### EDITH LELEAN

Price, 15 Cents, postpaid.

WILLIAM BRIGGS, Publisher

Wesley Buildings

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TORONTO, ONT.

Entered according to Act of the Parliament of Canada, in the year one the immed nine hundred, by Rorrs Lallan, at the Department of Agricultura.

### FANCY FLAGE DRILL.

Drill. The girls should be dressed in a uniform costume, distinctly British. White dresses with red, white, and blue sashes look very pretty. Cheese-cloth may be cut up into strips and a red, a white, and a blue strip sewn together. The sash can be either tied around the waist or fastened on the left shoulder. If fastened on the shoulder, a very pretty effect is obtained by catching the end of the upper part of the sash that falls back over the shoulder to the left sleeve, then, whenever the arm is raised the sash will follow the arm. Each girl will hold two flags, one in each hand. The flags should be about fourteen inches by nine inches, and mounted on a twenty-four inch stick. See that the hand grasps the flag by the extreme end of the stick.

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#### FANCY MARCH.

The girls will form up in pairs in the anterooms. The hands will be held in a line with the shoulders, elbows will be slightly bent. The flag held by each

inside hand will cross sticks with partner's. Be sure that there is a straight line of flags as well as a straight line of girls.

The pianist will strike a chord as a signal that the march is ready to begin and then to the strains of some rousing, patriotic march, the girls will come down the centre of the stage in twos.

Reaching the front they will separate, the right hand girls passing to the right and the left hand girls to the left. As they turn, the left hand flags will be brought to the hips (the left hands will rest on left hips), and the right hand flags will be held as before. They will meet at back of stage and come down again in twos, crossing flags as . This time on reaching the front, the first pair will pass to right and the second pair to left, the third pair to right and the fourth pair to left, etc. will meet at back of stage and come down in fours. flags will cross with those on either side, except, of course, the two outside flags which will be held in a straight line with the others. At the front of the stage they will separate, two right hand girls passing to right and two left hand girls passing to left, inside flags crossed. At the back of the stage they will meet again and come down in fours, this time the first four will pass to the right, second four to left, third four to right, etc. They will come down again in fours separating, when they reach the front, in twos. They will then march to the back and come down in twos. When they reach the front, the two head girls will halt and the others will march up as close as possible behind them. They

will then all separate their flags and turn back to back. Then the whole line, with flags held well up, will wheel towards the front so as to form one straight line, facing the audience. The two head girls will have to take very short paces so as to act as pivots, while end girls will take very long paces. The whole line will then backward wheel to their places.

The line will now wheel in the other direction. This time the end girls will act as pivots and the two head girls will take very long steps. This will bring the girls into a straight line at the back of the stage, but with their backs to the audience. Let the flags be raised sufficiently to be seen over the heads of the girls. They

will then wheel backward to position.

The girls are now standing in pairs facing the audience. All lower flags except the first pair. They will cross inside flags and raise them as high as possible. second pair, with flags lowered, will pass under crossed. flags of first pair; when they are in front of first pair they will raise their flags and cross them. First pair will have to step back so as to make room for second pair in front of them. Third pair with flags lowered will pass under the flags of the first and second pair; when they take up their position in front of the line, they will also raise their flags and cross them, while the first and second pair step back so as to make room for third pair in front. Fourth pair will pass under crossed flags of first, second, and third pair, and take their stand with raised flags at the front of the line, while the first, second. and third pair step back to make room for them.

When all have thus passed under, the last pair will be at the front of the stage, and the first pair at the back. Let them mark time for a moment or two so as to prepare for the next movement.

The first pair (now at back), will lower flags and pass underneath the whole line of crossed flags to their places as first pair. The second pair, (now at back), will lower flags and pass under the crossed flags of all but first pair, until they take up their position as second pair. Those who are holding their flags for others to pass under will have to keep stepping back in order to make room for those in front. All the pairs will thus march to their places in line, and when in place will raise their flags, inside flags crossed.

The girls are now in line, just as they were when the march commenced, and are ready to take their places for the drill.

The first two will remain as they are. The right hand girls of the second, third and fourth pairs will march to right of first pair, and the left hand girls to the left of them. That will place eight girls in first row facing the audience. As they take their places let the flags be crossed with flag on either hand, all flags will be crossed but two: the flag in right hand of the girl on the right and the flag in left hand of the girl on the left. The fifth pair will stand directly behind the first pair, while the sixth, seventh and eighth pairs separate and march to right and left of them. The third row will be formed in the same way.

#### SALUTE.

The pianist will strike four chords.

#### First Chord -

Flags will be uncrossed and held well up, hands on a line with the shoulder.

#### Second Chord-

Each girl will cross her own flags in front of her face.

#### Third Chord-

Right foot is drawn back about twelve inches, right knee is bent, crossed flags are brought close to forehead, and each face looks smilingly between the flags at audience.

#### Fourth Chord-

Right foot is brought up, right flag is raised, and left flag is brought to hip by resting left hand on hip.

#### "WE'LL FIGHT FOR THE GRAND OLD FLAG."

It may be but a tattered rag,
But we'll fight to the death as our fathers fought,
For the grand old British flag.
Who dares to lay a hand on it,
Who dares to touch a fold?
Shall learn that Britain's sons to-day,
Can fight as they fought of old.

It may be but an old bit of bunting,

Chorus—And we'll fight for the grand old flag, my boys,
The dear old British flag.
Though we dwell apart we are one in heart,
And we'll fight for the grand old flag.

'Tis not with serfs downtrodder,
'Tis not with alien slaves,
That the foe must account, who dares give affront,
To the flag that o'er us waves.
But with men, free, bold and fearless,
United heart and hand,
To guard the honor and the fame
Of the flag of the motherland.—Chorus

When the Boers in the far-off Transvaal,
'Gainst Britain took up arms;
Our own dear boys feared not to face
Grim battle's dread alarms;
They buckled on their knapsacks,
They bade one fond adieu;
And one bright day they marched away,
To show what our boys could do.

Chorus—And they'll fight for the grand old flag, my boys,

The dear old British flag;

And when home again march our gallant men,

And when home again march our gallant men, They'll tell how they fought for the flag.

Note.—The rousing music and stirring words of the above song were written by Major F. E. Dixox, and it is through his courtesy that we are able to publish the words in this drill. The last stanza has been added by Miss LeLean with (apologies to Major Dixon), as being appropriate to the time. The music may be procured either from the composer, 30 Wellington St. East, Toronto, or from Whaley, Royce & Co., Yonge St.

#### DRILL.

1.—"It may be but an old bit of bunting,"

Step forward with right foot, let weight of body rest on it. Wave right flag from right to left during the singing of above line. Wave flag from right to left on word "be," then at the last syllable of the line it will be straight up to the right.

2.—"It may be but a tattered rag,"

Step back with right foot. Number one movement repeated. This time wave to left on the word "It."

3.—"But we'll fight to the death as our fathers fought,"

Step forward with right foot, raise the right flag as high as possible, draw the body up to its full height, let the left flag point downwards to the back. If this movement be properly done, both flags will be in an oblique line, one pointing upward and outward and the other downward and backward.

4.—"For the dear old British flag."

Bring feet together. Cross flags in front of face as if showing the flags to the audience.

5.—"Who dares to lay a hand on it, Who dares to touch a fold,"

Step forward with right foot. Transfer flag from right hand to left hand. Both flags are now in left hand, see that sticks are crossed. Take index finger of right hand, and move it up and down in time to the music, as

if warning the audience not to harm the flag. The expression of the face should be in harmony with the hovement.

6.-"Shall learn that Britain's sons to-day,"

With right foot still forward, drop right hand at the side and stand erect, looking lovingly at the two flags still held in left hand.

7.—"Can fight as they fought of old."

Step back with right foot, drop on right knee, hold two flags in a straight line obliquely to the right as if aiming at a mark; look carefully along sticks as if looking at the object; let the right flag be in advance of the left.

8.—(Chorus) "And we'll fight for the grand old flag, my boys,"

Spring up, step forward with right foot, raise right flag, draw body up to its full height, lower left flag until right and left flags are in an oblique line with each other.

9.—"The dear old British flag."

Bring feet together, cross flags and hold them well up as if showing them to the audience.

10.-" Though we dwell apart we are one in heart,"

Step forward with right foot. Hold both flags well up to the right; wave both from right to left in time to the music. If the flags are waved to left on word "Though," at the end of the line they will be pointing to the right.

11.—"And we'll fight for the grand old flag."

(Movement same as number 7.)

12.-"'Tis not with serfs downtrodden,"

Step back with right foot. Let the right flag point downward, then wave from right to left. Wave to left on word "not." Left flag rests on hip.

13.—"'Tis not with alien slaves;"

Step forward with right foot. Raise right flag and wave from right to left. Wave flag to left on word "Tis." Left hand still rests on hip.

14.—"That the foe must account who dares give affront,"
Same foot position. Hold flags to the right, and wave
both from right to left, waving to left on word "That."

15.—"To the flag that o'er us waves."

Right foot is placed over left: Both flags are carried to left and waved over the head of girl on left. Flags are waved to back on word "flag."

16.—"But with men free, bold and fearless,

United heart and hand,"

Feet together, flags are held well up and crossed with the flags of the girls on either side, girls mark time with feet through singing of this line.

17.—"To guard the honor and the fame
Of the flag of the motherland."

Both sticks are held close to the forehead, both flags hang downward. The right stick points directly to the

left, the left stick directly to the right. The flags are separated sufficiently to show the face of each between her own flags.

Chorus.—(The same movements as before.)

18—"When the Boers in the far off Transvaal,
'Gainst Britain took up arms,"

Step back with right foot, point distinctly to the back with both flags as if pointing to some far-off place, let the right flag be in advance of the left, follow with the body the direction of the flags, keep faces turned to audience so that the sound will not be lost.

19.—"Our own dear boys feared not to face Grim battle's dread alarms,"

Feet together, right flag over right shoulder, left flag over left shoulder, mark time with feet.

20.-"They buckled on their knapsacks,"

Transfer right hand flag to left hand, hold both flags in left hand and look at audience.

21. - "They bade one fond adieu;"

Step forward with right foot, with flags held as in last movement, with tips of fingers of right hand daintily waft a kiss to the audience.

22.—"And one bright day they marched away,
To show what our boys could do."
(Movement same as number 16.)

23.—(Chorus) "And they'll fight for the grand old flag, my boys,"

Step forward with right foot, raise both flags as high as possible, draw body up to its full height.

- 24.—"The dear old British flag;"
  (Movement same as number 9.)
- 25.—"And when home again march our gallant men," (Movement same as number 19.).
- 26.—"They'll tell how they fought for the flag."
  (Movement same as number 23.)

#### Salute-

Let the salute be given just as before, while the pianist strikes four chords.

A patriotic march is again struck up and the girls march at once off the stage in pairs, number one pair leading off, followed by number two who fall in behind number one. The inside flags should be crossed as before.

#### PRESS NOTICES.

Toronto Saturday Night-

The feature of the fifth Military Concert at the Massey Hall was the fancy flag drill by pupils trained by Miss Edith LeLean. They introduced Major F. E. Dixon's new song "We'll Fight for the Grand Old Flag," which made quite a hit. The drill was executed with ease and grace, and the pupils were vociferously applauded and encored.

#### Toronto Mail and Empire-

Without doubt the feature of the Military Concert at Massey Hall, on Saturday evening, was the fancy flag drill by twenty pupils of Morse Street School, who eminently distinguished themselves. Their graceful exercises and capital rendering of Major Dixon's new song "We'll Fight for the Grand Old Flag," elicited thunders of applause, and the greatest credit is due to Miss LeLean, by whom they were so perfectly trained. It will be repeated next Saturday evening.

#### Hawkesbury Post-

Canada still lacks a truly patriotic sentiment. It is because our school system does not provide for it. Miss Edith LeLean, of Toronto, saw this. She not only saw that our public schools needed patriotic sentiment, but being blessed with decided literary ability, and fired with a national pride, she has been able to provide the much needed stimulant.