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MURRAY SIMONSKI, Superintending Editor

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EDITORIAL
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## PUT YOURSELF IN HER PLACE

By ELIZABETH POLLARD

Dyou think you can do it? Do you think you can put yourself in the servant's place? If you can, the result will be illuminating, and may go a long. way toward solving a most difficult and
vital problem. The "help" famine isn't vital problem. The "help" famine isn't lessening, and it is becoming quite serious, especially where there is sickness
or babies in a home. Yet there are still plenty of girls in Canada. Why won't they do housework In most cases, they are well fed, comfortably housed,
kindly treated, and kindly treated, and receive better pay than in many the last resort of the wage-earning girl. Why? Put yourself in her place, and perhaps you will Put yoursel.
How would you like this?
"How do you like your new maid?" is a question often asked, and nearly as often the answer is, "I ny shery well after I get her traine my ways. In most occupations, a girl is taught he treated accordingly. With housework, a girl may come with experience and good references, but the new mistress starts in to "make her over." This may go on fron place to place, so long as she does housework for others. How would you like never to be done submitting to the whims and fancies of thers?
ow would you like that?
"Lucy, just help Bobby póp some corn; he's so "But I've only begun my dishes," objects Lucy. Never mind the dish With Lucy it is a case
trouble.
"This is the eighteenth time by actual count that I've been interrupted at my work this morning, confides Lucy, as she stands in a bakeshop waiting
for some biscuits demanded by Bobby at the noon for some biscuits demanded by Bobby at the noon meal.
By these thoughtless interruptions, the work that should be done during the day drags on into the night lengthening the ten-hour day into perhaps sixteen hours, but, unlike other wage-earners, she gets no Cun you. hould you like that?

## The Social Life

You give Lucy a pleasant room (or is it a closet off or over the kitchen?); you provide a neat little table wike a Christian, which is kind and thoughtful. But Lucy gets time to set the itle table When the family meet in the dining-room there is, or should be, pleasant chat and laughter, but Lucy or should e, pleasant chat and laughter, but Lucy eats her
second-hand dinner in silence. Nobody speaks to her, unless she is wanted to do something.

How would you like that?
"But she is used to it!" you exclaim.
That doesn't mend the matter-for Lucy. It is said that eels get used to being skinned, and Irishmen to being hanged-but that doesn't mend the matter
for the eels and the Irishmen. Lucy is young. In for the eels and the Irishmen. Lucy is young. In the parlour, the family has visitors, music, games, or dancing, in fact, a full measure of social life, all the
pleasant recreation that is the heritage of youth. pleasant recreation that is the heritage of youth.
But Lucy has no part in this, except to do the extra But Lucy has no part in this, except to do the extra
work entertaining makes. She has no home or work entertaining makes. She has no home or social life. The usual one evening and
off each week are wholly inadequate.

## Look This in the Face

Why these conditions? Why is Lucy so isolated? Because she is an inferior, a servant, holding a degraded position. This is the arrow that cuts the sharpest and deepest into her soul. You may protest against this imputation. You say you don't regard Lucy sis degraded, in a girl. But pause a moment. look the matter
squarely in the face. Wouldn't it be presumption in quarely in enter or depart by the same door as the family? Would she dare be found sitting in the front part of the house? Not she! Lucy isn't fit to sit at the same table, or in the same room with ny member of the family she serves, or to mingle
with them in any way. What has reduced a nice girl like Lucy to such a state of degradation as this? from it.

## The Country Girl's Dilemma

We've been uplifting and educating the masses until the result shows a lot of nice girls like Lucy. They are away above their position, because the position The more intelled to match the standard of the greater becomes her self-respect and the more keenly she feels the degradation of her position.
A young country girl was employed by a rich city lady. The girl had a brother clerking in the same city, who one day came to see her, and didn't know
any better than to call at the front door. The maid any better than to call at the front door. The maid who admitted him was misled by his respectable ap-
pearance, and showed him into the library, where he pearance, and showed him into the library, whe
later met his sister. The mistress was outraged. later met his sister. The mistress was outraged.
"A servant dared receive her visitor in $m y$ library! Which chair did he sit on?" she demanded.

This one," pointed out the frightened maid
Take it to the attic. No guest or member of my family shall ever use it again.'
How do you think that girl and her family felt? How would you like it? This was raw, but it actually happened. You say you never could have done it. Of course not. You're too kind-hearted and heartless snobbery. But you have probably done things that hurt quite as much, and the prejudice engendered, nursed, and perpetuated by class distinction, responsible for the disaster, is present with you, whether you are conscious of it or not.

## We All Serve

Yet service in itself isn't degrading. We all, each one of us, serve, or should serve, others. That is the excuse of our being. The business man serves his customers, the professional man his patrons, the lawmaker his constituents; even the ruler of a nation serves the people. Then why is any service degrading? This question brings us back to the position. Digging deep into the heart of the matter, the germ of the
trouble is found to lie in the lack of efficiency. trouble is found to lie in the lack of efficiency.
Degrees of honour or degradation depend on the kind of service given.
Years ago a nurse was a sort of servant, and treated as such. Note the standing of the nursing profession to-day. The advanced medical probession forst, then the general intelligent public, began to realize the importance of efficient nursing. ity, and earnestness, requiring years of training were demanded. The result is a profession that no woman feels above entering.
A nurse will have her picture taken in uniform, thereby showing that she is proud of her calling. The uniform of a maid is full prettier than that of a nurse; yet do you ever see a girl exhibiting her pic-
ture taken in it? Why? Because it is the insignia ture taken in it? Why? Because it is the insignia
of her inferiority, the badge of her degradation. She of her inferiority, the badge of her degradation. She
is ashamed of her position. Would you?

## The Efficient Servant

Dignify the position. Realize the importance of efficiency in houseworkers, in their relation to homemaking, which is the greatest, broadest, noblest, and most natural occupation of woman. When the girl comes to this task, bringing a full measure of efficiency, it will be considered no more undignified to relieve the over-burdened home-maker of a part
of her work, than it would be to take over the care of of her work, than it would be to take over the care of
the sick, or take dictation in an office, teach children the sick, or take dictation in an office, teach children
in the home. In each case it simply means a fair in the home. In each case it simply means a fair
exchange. The employer wants the employee's work, and the employee needs the employer's money.
Eliminate distasteful appellations-maid, servant, and domestic. These, as applied to house-workers, will carry a sting for many a year to come. We have shop tirles: then girls, office girls, and various other, girl titles; then why not, "graduate house-girls?" home-worker-one who thoroughly understands home-worker - one who thoroughly understands and darning.

## Worth the Price

It may appear at a glance that the cost of producing these experts would come high. It wouldn't; if rightly managed. To increase the cost of help would mean placing it beyond the reach of people of moderate means, and it is these who are considered herein Wealthy women can take care of themselvès.
-Observe the efficiency attained by nurses; yet a training. The same could during the term of he training. Ahe same cold be done for the house nection with'a girls' oom she established in connection with a girls home, an institution, or any well housework must be done.
In training these girls, their whole lives should be considered. They would begin by being assistants to home-makers, but would eventually themselves become home-makers, requiring a broader train ing, which would increase their value as assistants. Simple home nursing, care of children, and the keeping of household accounts should be included in the course, which should attract a very desirable clas of girl.

## The Efficient Employer

All girls, gentle or simple, should receive housewifely training. Not long ago there came near to being a mutiny in a certain convent, because the Mother Superior insisted on training in general house-
work. The girls held an indignation meeting, and work. The girls held an indignation meeting, and sent up a delegation with the result.
Rather than he the work taught how to do housework Rather than do the work of servants, we'll leave the convent, was the ultimatum.
"Very well," conceded the
Very well," conceded the wise woman. "To morrow morning I shall arrange for a full attendance o all the pupils in the convent. When you are al course; then any girl desiring to leave may notify her parents to that effect."
She explained that all girls were educated with the end in view that, eventually, they would become wives, Home-making, with all it implies, would follow Assuming a girl marries a millionaire, household knowledge is desirable. She may have a housekeeper to manage her staff of servants, but if ignorant of housework, she has no means of knowing if either housekeeper or servant understands her business.
She may know that her household machinery isn't She may know that her household machinery isn't
running smoothly, but she can't put her finger on the running smo
weak spot.
Next comes the woman who can afford help, but must manage her own housekeeping. If she has neve done housework hers, how to to? how.much a giri can reasonably be expected to do. This lack o experience is the cause or are too hard on a pirl, while others are too easy, and consequently are im while othe
posed on.

## The Business Man and His Wife

- Marriage is a partnership. Man's part is to earn and support, whe the woman rears the concren their methods and training. Whatever his buse heir man and his assistants. have received the same training. He has done the work and knows what to expect. They can't fool him. He has his privat to expect. They cant tool him. He has his privat his help. The boy who sweeps the office may ris to be a member of the firm. How long would a firm last, if its head followed the methods of his wife in home-making?
Then there is the ever increasing number of women who must do their own housework. If a tithe of the efforts expended on gaining efficiency in other moneymaking professions were devoted to housework the result would be incalculable happiness to home makers. Delight in housework, and you will do it well. Do it well, and you will delight in it, and cease to regard it as "drudgery." It merges into tha fascinating profession, home-making.
"I tried doing my own housework, by getting in a woman two days in the week to do washing an hreck," affirmed one incompetent home-maker, with wreck, afffrmed one incompetent home-maker, wit
a family of two.



## LAST LEAVE

A Mother's Thoughts That She Never Utters By MILLICENT PAYNE
Illustrated by MARCEL OLIS
God! My boy that was born of me! Fed at my breast, nursed at my knee; Strong in body and brave in mindOh, that this son of mine were blind,
Or maimed, that he might not know that war
Where the screaming shells and the death-guns are!
God! My boy that was born of me! Why must this ghastly world-death be?

God! Is it part of Your mighty plan That man should slaughter his brotherman?
Do you need to take him, my only one, Now, when his life has just begun,
When the young strength beats in hiswaking heart
Untried, all eager to take its part With the good and noble, the great and true -
Is this Your work for my boy to do?

He was Your gift to me years ago, Big son of mine that I cherish so. See, I have had him for twenty years; Shame that I cling to him now with tears -
Myself a coward and he so strong, Light in his eyes, on his lips a song.
Bear with me yet for a little while;
Tears are easy, 'tis hard to smile.
God, give me strength to be brave and true!
Help me to give him back to You!


## MEN WOULD DO THE SAME TO-DAY

By PATIENCE REED

1WAS in the hammock under the pines, with his letter still in my hand, late on the afternoon of that June day. At first I could only read and reread it in a sort of still ecstasy, but now, that I had it two full hours, I wanted to sing and laugh and shout the news to the hammock and waved the letter wildly at a scolding hammock and waved the letter wildly at
squirrel on a branch of pine high above me.
Across the little corn-field, Miss Phoebe Taylor, pumping water for her garden, saw the fluttering paper and waved back to me. I decided then and there to tell her the glad, glad news. She had known, of course, that something had been amiss between Jim and me, but 1 had been too hurt and sad to tell
any one. Now, they were over, those awful two years of silence and separation and he was coming home in August, coming home to me.
Kip, the tawny Collie, came barking up the lane Kip, the tawny Coline, came barking up the lane withe cows from the pasture, and after getting pressed a great head in my lap-with brown eyes mutely questioning.
"Let's go and tell Miss Taylor, Kip," I begged, and Kip wagged consent and understanding sympathy.
All Canadian Junes are wonderful, but that June As we stands out unforgetably to many Against the down the garden path, kip brushed petals fluttered to the ground. An oriole on the highest tip of the great poplar at the gate showered down a little rose-leaf symphony. The maples along the road were greener, the foliage thicker the sky a deeper blue-oh! the world was good and kind that wonderful June day of 1914!
And so we came to where. Miss Taylor was waiting for me at the little white picket gate. Miss Taylor lived with her brother, a retired sea captain. He his first mate in those same way as he had treated "sailed the hinh seas." His attitude was he had superiority, with a little respect thrown in. An of superiority, with a little respect thrown in. A capfirst mate, albeit better than a cabin boy, or a deck hand. Miss Phoebe thought there was no one in the whole wide world like brother Jim.
A little, faded old woman, with hair that might have been the colour of my own once, but now it was faded out, not simply white. Her eyes were faded, too, a colourless blue, like a blue garment that has been washed many, many times. She had a little way of sitting quietly and looking beyond you intently, as though seeing something else. Then, when you spoke, she would come back, gently, with a little ashamed smile. This year, authors one of our greatest Canadian lecturers and waiting: and there flashed before me the picture of Miss Phoebe as she stood that night at the little gate. She carried with her-poor, faded, heart-broken-that atmosphere of waiting, though never realized it until I had heard her story. And yet she was not colourless, nor uninteresting, only a very dear old lady to whom you wanted to go with your sorrows and joys.
"Oh, Miss Phoebe! Such news! Such news!", I cried. "He's coming back! Jim's coming back!" 1 had seldom kissed her, but in my joy 1 drew her close, "Oh, Miss Phoebe, I had to tell you! See! Here's his letter! Jim's coming in August, coming to me! I know I'll die of sheer happiness!'"
She patted me and crooned over me. "My dear! My dear little girl! How sweet, how perfectly sweet, for you both!" and with little excited murmurings and ejaculations she led me to the verandah where here were chairs.
And there, in the early dusk of the June night, I told her everything; our quarrel, and now the
blessed reconciliation, essed reconciliation.
"If he has suffered what I have," I ended, "may God forgive me for my pride and wickedness. Never one day-one moment-in these two endless years but the thought of him has been with me. living my life without him! a the think of simply-could-not have done it, Miss Phoebe."

THANK God that you didn't have to, dear child," and Miss Phoebe looked wistfully with unseeing eyes into the dew-drenched garden. Great joy is not always selfish. It sometimes opens our eyes to the sorrows hidden in other lives. It gave me sudden vision and understanding. There was the hour for confidences
as the hour for connidences.
Oh, Miss Phoebe, you are sad,-you are remem-bering-won't you tell me about-him?" I pleaded. It helps to tell.
In the half light her eyes were suddenly bright
with tears-eyes in which I had never seen tears before.
Why, child," she began haltingly, "I haven't spoken, nor heard his name spoken, for years-for sixty years. Last year in a home paper I saw the name of his nephew - the same name-and my heart almost stopped. This after sixty years!" with a wan smile.
two "So yours," see one can bear it for-for more than two years," she added gently.

Then she told me falteringly, brokenly, of the love of her early youth, of the ardent young lover who had been to her even what Jim was to me.
"It was in September, a September all red and gold, that he marched away with his regiment to fight for the cause of the weak in the Crimea. He came of fighting stock, you see, and he had to go," she ended softly.
"I don't see why," I argued, angry with a hot and sudden anger at the man, dust and ashes for so many long, long years, and with a great, deep pity for her whose life had been one gray, dull monotone. "Your happiness should have meant more to him than the lust to fight and kill.
She drew away from me, stiffly erect, pitifully
roused.
"Why-it was for a principle, for honour, for the future. Don't you understand? He had to go out, years nothing else for him-ah! I fought it all I crept to her again.
"I think I understand," I comforted her. But I did not understand. I lied. Still that surging anger at the man who could march away so blithely leaving this woman to face the years alone with nothing but her memories.
"He was so brave, so fine, giving up all-his work, which he loved, and his future, and me," proudly. "If I can only-be worthy of him. He was so young and splendid, and I am old and-ah, me, child I've so tried to keep young in heart for him, so that when we-" her voice trailed off into silence.
A little breeze drifted across, bringing with it the heavy scent of syringas from her garden-mock orange blossoms, we called them. Somewhere in the woods a whip-poor-will called plaintively, and nearer twilight I pondered over the call. In the fragrant twilight I pondered over the story with a sort of
wonder.

Hwith was a woman who could live sixty years with these two things to strengthen and sus infinite trust that each year brout love, and the nearer to a glad eternity of reunion. But surely nounce the thought of the years together and play, of home and children, of light and or work I don't want to make you sad on such a night," she told me suddenly.
"And thank Goderful, Miss Phoebe," I burst out. "And thank God that wars are over," I surst out rose to go.
"Oh, men would be as brave to-day for an ideal or a principle," she assured me.
"They would see it differently now, I think," I answered.
But she only shook her head and smiled.

August came at last-and with it war: For war was not over, after all. That illusion fell with many others, and instead of Jim came his letter: "My darling, I am going Overseas. I have had some training, and though the military life has never appealed to me, it's up to me-up to every fellow My can-togo. I darent think of what I'm leaving My dearest, dearest girl-you must help me-you and God-
"You must help me!" It burned itself into my soul- and God -his prayer. In a dazed agony him as his train passed to have a fewents with over and over in passed through to Quebec. And must help me, you muth grinding wheels, "You And from som, you must help me-you and God!" weeping, at that brief meeting numbness, and no For it was the endless parting and final parting. I stand now where that
I stand now where that other woman stood, sixty fight for readjustment. The my fight-the old back to me a rather pitiful srip is slowly coming not quite beaten me. With reatjusting. Life has to me what came to Miss Phoebe My will come joy is the memory of his love, my. My greatest that I may come home to him one day - my splendid, eager Jim-my greatest fear that my life may not be fine enough to make me worthy of sharing the same Heaven with him.
Miss Phoebe's prophecy was true, you see Men would do the same thing to-day for an ideal, a principle.


## es.



A Common Query, and an unfailingly pathetic one comes from a corres has begun to take the law into his own hands, and to act in a way that grieves me. As I am a widow, would it not be wise for me to have a near male relative, or an old friend
of the family, read the riot act to him?
No one can advise a woman as to the course she hould take with the boy she has borne and brought up for seventeen years. She must know him better than any one. But this we will say, if we had a halfdozen sons, and each one of the half-dozen were showing off to a terrible extent, we shouldn't call in the head of the clan, the family friend, the parson, or any any way. First we should proved ourself a failure, alk with our obstreperous sons in which we heart not once mention their little faults, or the mis demeanours due to youth and high spirits. We should only hit the weaknesses that grow into vices, but we should hit hard. And we should tell them to be foolish if they must, to get all the good time going, boys would be boys, but never to forget, for one instant, that if they, by word or deed, dimmed the honour of the men we had a right to expect them to become later on, they would do themselves irreparable wrong, and make us wish we had not gone down to death's door to get them, cared for them, hoped for them, loved them, as only a mother can. Then we should put them on their honour-and drop It might.
It might not be half so impressive as the oratory of some good sensible outsider, but it would stir, wide wholesome belief in themselves that would work the cure.

"Uncle Sam Proud of His Women War Workers" is the heading of a eulogistic article which, appearing leading Now Ye for page of a quoted in half the publications in the quoted in half the publications in the "Right you are!" "Beat them if you bless them!"
We do not blame Uncle Sam for being proud; he has a right to be proud. Boasting is in bad taste, says one. On, well, these are exceptional times a native light, under a the line is going to act as a beacon, don't you see. I wonder if we Canadians are proud enough of our women, or rather if we make our pride sufficiently apparent. We seem to consider it a virtue to be able to feel deeply without betraying the fact-which the sun room the othersation that came floating into dour body, I'm thinkin'"" this from Jessie hanging out dour body, I m thinkin',"' this from Jessie hanging out clothes in our yard to the lady gardener (the first
lady gardener, and the very best gardener of any lady gardener, and the very best gardener of any
kind, the neighbourhood has known) busy with the kind, the neighbourhood has known, busy with the
butter-beans in the next. "D'ye think he loves ye at all, "at all?" Silence, as though the garden lady were "weighing the evidence," then, in optimistic tones, "Sure he loves me, at least he hasn't said a blessed word to the contrary, and that's something."


No Sooner Did the Bugles begin to blow and the guns to roar than but another name for service, began to marshall our woman forces, in to marshall our woman forces, in
other words to get our women in working trim. "See-saw Mariory Daw," down went idle hours, frivolous fun, time killing; up came sewing circle and knitting bee; down went bridges and balls; up came tag day, flag day, and Red Cross work galore. The reception as a social function finery, foolishness and all, came in at the front demure and demanding a cup of tea and a collection plate as colation and "He gives twice who gives freely" as motto; with social lines down, let us hope for good, and a burning desire to "corner", enough wealth to procure the soldier laddies everything they can possiyeed from fountain pens to field kitchens. . The of the hey have ways of the nd then supplying it at their creating the demand nd they are never afraid own prices, courageous They still possess hospitable instincts, but like the backsliders in Barr's "Old Friends," "They aren't
workin' them these times." "Think of it!" laughed one of the women who was helping out on Rose Day for a cup of tea and if my unnatural parent didn't tex me twenty-five cents for it. Of course she threw the money in our collection, but the fact remains that few are the friends who give you of their store without charging it up to you-which is, perfectly right and proper under the circumstances.' Pasture

Lives There a Man with soul so dead who can read in the reports of a decisive battle these significant words, tle" without thrilling gloriously? Proving their mettle is second nature to our soldiers, and to their wives sisters, sweethearts, as well. When our girls started in on a campaign of usefulness the pessimist said, "The industrious fever will subside when the novelty wears off," but the fever is higher in this third year of the War than it was in the first. Our girls are making history; they are also setting fashions, and setting them with a vengeance. This season it is bloomers. In a certain country neighbourhood a generation or so ago two progressive housewives attempted to set
this same fashion on the plea that they could "walk this same fashion on the plea that they could "walk
through their work" in bloomers. No use. The through their work" in bloomers. No use. The
ridicule of the men they might have stood, but to have their own sex blushing for them continually was too much. Such forwardness! A pity the Lord had not made them men to begin with! "Walk through their work, indeed!" Not so with the girls of to-day. They have the advantage. For one thing they themselves are braver, for another the bloomers are prettier and dressier than those Ontario pioneers ever dreamed of, and last but not least the
time is ripe for the innovation. Bloomers have become so popular that a big departmental store has inaugurated a "Show Day," with manikins walking about attired in two-piece suits of khaki material, blue serge, brown jean, for factory work and out-ot door activities, white and dark blue linen for the housekeepers, pink and pale blue smock coats and full pleated trousers for the garden and orchard girl and for every other girl doing her bit in the workaday world. In View of the Fact that the educational work of this and other countries is passing more and more into the hands of women, Professor MacCallum's statement before the Royal Society of Canada at its last meeting, that had the nations cultivated the sciences as they must do have been no such devastating warfare as exists at present, is of peculiar interest to all women. The teacher of pecuiar interest avoid the mistakes of yesterday, remembering always that in her profession, above all others, incapability is a sin, carelessness a crime, against both state and indi-
vidual. If, knowledge of the sciences conduces to a just considera tion of freedom and fair play, by all means let us have this knowledge, exalt it, spread it. means let us have not only a learned man, but a wise one, a distinction with a difference. To listen to him was a rare pleasure. The trend of his address was that the old order with its specialists for interpreting special truths, its doctrines, its illusions, passeth, giving place to the new, wherein cults and classes, creeds and counter creeds, will be but memories and where each in his separate star will do his day's work for "the God of things as they are." Let us hope so, indeed! And also let us hope that no official, from common everyday School Trustee to University Governor, will lessen the effectiveness of the woman teacher by dictating to her.


One of our Enterprising Towns boasted a Citizenship Club. Its members, zealous in good works, nailed to the door of the building, which is council chamber, court house, and concert hall in one, a large sign on which was painted, "Be Kind
to Dumb Animals," The first day to Dumb Animals." The first day
it attracted fittle attention, the second, it was an object of general interest, the talk of the town, in fact. Why? Early, very early in the morning the boy who delivers paper dirty hand the door post, and with a bold and reads: "Be Kine an adcition to the sign which now
Great oaks from little acorns-you know the rest.

The kindly progressive people began by wondering if what should have stood first and foremost had been left for a street arab-himself neglected-to add and ende in resolving itself into a Child Welfar province. Even babies! We should think so, indeed!


Healthy, Wealthy, and Wise

For Patriotic Purposes:
"the phrase which has become familiar to us from figuring in the notice of almost every entertainment from Red Cross rummage sales to University lectures, applies particularly to Weifare Work. The way to get first-class citizens for our first-class country is to grow them, and to grow helpless, hope for the hopeless, fair play for the little olk, is a summary of this particular branch of patrio tic work. And it is growing, spreading. What at first, little more than a cry from the babies, and protest from a few women, has become a matter o national, nay, international importance.
Lord Aberdeen, on his late visit to Toronto, said It is a patriotic work that must not be neglected In the second year of the War nine British soldier were killed every hour at the Front, and twelve British babies every hour gave up their lives at home. Count Tolstoi (son of the old count) told us at the Welfare Convention in Detroit that "'Wealth and wisdom wait on health' is a proverb of my country If you desire the coming generation to be prosperou and broad-minded see to it that the little ones of to-day receive the necessary foundation of strength saying "Be Kind to Dumb Animals-Even Babies."


Horatio Bottomley, the well-known writer, is perhaps, the first manthough not the last-to advocate that woman be given not only a vote of he own, but a Parliament of her own to which all matters especially concern
ing her sex shall be referred, and ing her sex shall be referred, and
whose finding shall be absolute. With the House of Commons and the House of Lords, we should have a House of Women. Ms; the do not new to Canadians; the leaders arall, or nearly all, that in the matter of safeguarding women's interests woman should have more voice and wider inests, They have said, what the clever editor of John Bull is saying now, that there is something almost indecent in the public discussions of laws affecting the honour of women and girl children by an assembly of men largely unsympathetic, one-sided, and uninformed. Common-sense would suggest that laws for safeguarding the home, for protecting our budding womanhood, for Child Welfare, the industrial in terests of our army of women workers, and kindred matters, come within woman's sphere, and would b wiser and fairer for being woman-made. At the close of the War the Government of this Countryand of several other countries-will have so many problems on its hands it will likely hee glad to hand hose affecting hearth and home to the women, wher said problems belong. We say, with Mr. Bottomley,
"Home Rule In Woman's Kingdom."


The
Lion's
Lions
Share "The Lion's Share," is not a bit The dialogue is clever, without being
stilted. The detective, arguing Equal Suffrage with Audrey, arguing Equa women who are hottest against it.
The vast majority of women are in favour," she said.
"By wife isn't," he snapped.
majority of women."
is, is, so far as I am concerned," he said. "Every wife is, so far as her husband is concerned. My wife says a woman's sphere is the home, says it so often I'm herself. That's the universal experience of all to men. o give the militants a helping hand

But what of your husband ?" cries her friend.
"He'll keep," said Audrey. "I haven't had a day off from being a wife for ever so long. And it's a little enervating, you know. I don't want to be
ideally happy all the time. I won't be. I want all
and ideally happy all the time. I won't be. I want all the sensations; I want everything.'
Well, it's about time some what's what she wants Well, it's about time some woman had it. Up till
now it has gone to a man," mutters the spinster.


# Jf You Could See Your Skin As Others See It 

## Too often we stand back from our mirrors, give our complexions a touch or two of the mysterious art that lies in our powder boxes and then think our skins are passing fair

IF you could only see your skin as others see it, you would not feel so contented. You would realize just how much lovelier it could be.

Go to your mirror now and examine your skin closely. For the first time, really look at it as someone else would. Find out just what condition it is in.

Are there little rough places in it that make it look scaly when you powder? Is it sallow, colorless, coarse-textured or oily ? Is it marred by disfiguring blackheads? Perhaps you will find its only flaw to be conspicuous nose pores.

Whatever the trouble is, it can be changed.
Your skin, like the rest of your body, is continually and rapidly changing. As old skin dies, new form: This is your opportunity. You can make this 心W skin just what you would love to have it.

## Troubled with blackheads?

If your mirror shows you blackheads, apply hot cloths to the face until the skin is reddened. Then with a rough wash cloth, work up a heavy lather of Woodbury's Facial Soap and rub it into the pores thoroughly, always with an upward and outward motion. Rinse carefully with clear, hot water, then with cold-the colder the better. If possible rub your face for a few minutes with a piece of ice.

Do not expect to get the de-

For sale by Canadian druggists from coast to coast
sired results by using this treatment for a time and then neglecting it. But make it a daily habit, and it will give you the clear, attractive skin that the steady use of Woodbury's always brings.

## To correct an oily skin and shiny nose

First, cleanse your face thoroughly by washing it in your usual way with Woodbury's Facial Soap and warm water. Wipe off the surplus moisture but leave the skin slightly damp. Now work up a heavy warm water lather of Woodbury's in your hands. Apply it to your face and rub it into your pores thoroughly-always with an upward and outward motion of the finger-tips. Rinse with warm water, then with cold-the colder the better. If possible, rub your face for a few minutes with a piece of ice.

Make this treatment a nightly habit and before long you will gain complete relief from the embarrassment of an oily, shiny skin.

A 25 c cake of Woodbury's Facial Soap is sufficient for a month or six weeks of either of these treatments. Get a cake today and begin tonight to get its benefits for your skin.


## Write today for book of treatments

Send 4 c and we will send you a miniature edition of the large Woodbury Book "A Skin You Love to Touch," giving all of the famous Woodbury skin treatments and valuable facts about the skin which few people know, together with a sample cake of Woodbury's Facial Soap, large enough for a week of any of these skin treatments. For 10 c we will send the trin treatments. For 10 c we will send the treatment booklet and samples of Woodbury's Facial Soap, Facial Cream and Powder. Write today. Address The Andrew Jergens Co., Ltd., 2608 Sherbrooke Street,
Perth, Ontario.
Nize Canadian Mothers Who Have Sent Forty－Seven Sons to Fight
（
No Need of Conscription Here ＂I PRAY God to spare my boys to foght to the finish said Mrs．Adolphe La France，a sent six sons：Private Josenh Lo Fra France enlist，
ed in 1014；Private Fred went a year later；
P in Private Noe，and，in turn，the three younger
brotherananweredthe call Conscription makes
no difference to this family． brothers answered the call．，
no difference to this family．
THEY KNOW

## THE MEANING OF SACRIFICE



Husband Greatest Recruiter M $\begin{aligned} & \text { RS，GORDON WRIGHT，London，Ont．，} \\ & \text { President Dominion W．C．T．U．，Vice－} \\ & \text { President }\end{aligned}$ 1 President Dominion W．Cr．T．Hias vice three sonss，Major Wright；Corporal Wrighti，
Captain Wright who isthe youngest Divisional
Quatrermater in the Service．Her husband，
Chief Raster in the Sit Quartermaster in the Service．Her husband，
curee Recruting Oftcice，R．N．C．V．R．．has se－
cure recruits than any man in Canada．

A Gifted Mother Sends Three Sons

 form speaker；but now work for the soldiersy
has crowded everything else out of her life． \％




権
Seven Sons for King and Country $M \begin{aligned} & \text { RS．SCOBIE，Kars，Ont．，has given seven } \\ & \text { sons：Private J．B．Scobie；Lieutenant }\end{aligned}$ LeutenantA．Scobie；Corporal Sandy Scobie；Private Russell Scobie； Sapper Sterling Scobie；and Dr．T．J．Scobi One son remains at home as he is too young．

Six Sons Answered the Call M $\begin{aligned} & \text { RS．BILLINGS，Hamilton，Ont．，has } \\ & \text { six sons on Active Service；two }\end{aligned}$ training．Mrs．Billings has one other son， a lad of thirteen，whose chief desire is that the War may be prolonged until he is of
military age－－he wants to strike a blow for the Empire．

Her All－Four Khaki－Clad Sons ADY POPE，the charming wife of Sir Joseph Pope，K．C．M．G． mother of four khaki－clad sons：Major C．W．Pope，with the Royal Canadian Regiment；Lieutenant Maurice Pope，with the Army Service Corps；Lieutenant Harold Pope，with the Canadian
Canadian Regiment． Canadian Regiment．Lady Pope＇s gift to the Empire represents
her entire family．
 4
＋
＋

## f


The Fighting Spirit Lives
RS．LORNE McDOUGALL has four sons
fighting for the Empire：Brigadier－Gen 1 eral Alex．McDougall；Captain Kenneth McDougall；Captain Morris McDougall；and
Lientenant Archie McDougall．This young soldier was in the trenches for eleven consecu－ tive months，but was wounded quite lately and
invalided to the north of Scotland．
$\qquad$
34

Ten Men From One Family HE Desormeau family is an example of
Northern Ontario pattiotism．Mr．Joseph
Desormeau eniisted，but did not Jurvive Desormeau enlisted，but did Mr．Survive
the sea voyage．Frank，Albert，James，and Joseph，Jr．s．have．Flll been wounded．A brother
and five sons are also in khaki．



## PAGE 6 EVERYWOMAN'S WORLD

## THE WOMEN OF RUSSIA TO SAVE THE NEW RUSSIA

By OWEN E. McGILLICUDDY

WMAN is, for the first time in the history of Russia, beginning to
have some political influence. This one fact alone guarantees solution of the many pressing
problems that have since the problems that have, since the turmoil.
We in Canada, in common with the people of the other allied countries, have a habit of looking for the nearest way out of war
difficulties, forgetting that our allies have domestic problems just as intricate and just as hard to get the right perspective, it is readily seen that democratic government by the end of the pre sent year, they will have wrought a political miracle, the immensity of which has never before been accomplished.
For some time after this achievement, many reasons will be assigned and many persons given But, in the longer analysis, it will be seen that. the women of Russia were directly responsible for bringing order out of chaos and instilling the higher ideals of national and in ternational good-

## Woman's Place in the Nation

 $\mathrm{T}_{\text {time conf problems that: have, from time to }}^{\mathrm{HE}}$ ance, very difficult to understand because of the different meanings that are given to old causes and old terms, the problems of which have been but partially solved in our own western hemisphere. But from the maze of class distinctions, racial differences, and vast ignorancethat envelopes Russia (althourb in a lesser degree now than formerly there stands out the single ray that was really responsible or the transformation that took place during the early months of this year. This enlighten. ng influence was the intuitive feeling for bigh principled patriotism inherent in every woman who has the best interests of her at to acreater advantage than in the present woman's movement in Russia.
When the position of the Russian women of a entury ago and the condition into which these same women are merging to-day is considered, rather dificutt to understand how it has all come about, in fact, so far as histories pace is devoted to women at all. Yet from what meagre information can be gathered it is evident that up to one hundred years ago women in Russia were secluded from the the and filled a position in domestic life me they are nassalage. Even at the presth he Ikonastes, the common altar of the Greek Catholic Church, which is the State church of Russia. But, despite all her disabilities, the omen of Russia have been the potent in They have been the natural propagandists amone the peasantry, and are untiring in their efforts to keep alive the flame of freedom and hus work toward a more equitable distribu

The awakening of democracy, while it had been working quietly and in unseen ways for some years, really broke out into action, so far when, through the influence of Fath Gapon, the "Assembly of Russian Factory and Mill Workers" came into being. Concerning his association, James Mavor, Ph.D., Professor of Political Science, University of Toronto, notes, on page 458 of his celebrated work, "The Economic History of Russia," that "the history ounded and discussed at all meetings. Amos


Encrgetic Russian society zoomen on one of the committees to provide comforts for
picture are shoun Zia and Nada Torby, daughters of the jormer Grand Duke Michael.
the propagandists there was a small group
social dem direction to the debates.
Considerable became members of the branches in considerable numbers. In the late autumn (1904) they numbered nearly a thousand in all
branches. intelligent working woman known as ' $V$. M. K. At first the presence of women was resented by the working men, and even by Father Gapo himself. The women's meetings were fairly successful, although attempts to interest women of the intelligentsia in the movement conspicuously failed.
All women
All women are, by nature, religious, and this is true of the Russian woman to a striking degree of the Greek Catholic of his position, was head eminence, he held a peculiar and from that peasantry. This was one of the reasons why the movement toward democracy moved with such faltering steps and, but for the unusual conditions brought about by the pro-German sym pathies of the bureaucracy in Russia, a limited monarchy would probably have been the net
result of the recert peasant women are heard to. Even to day shall we now say our hard to exclaim, How be explained to them that they can pray to the Duma in place of the Czar and their prayers will be abundantly answered.
The big feature that has helped the Provis-
ional Government along their way ional Government along their way has been a
handicap to them as well. Russian handicap to them as well; Russian women are solve their food problem and to solve it quickly. When it is understood that this food problem, as it existed last winter, was primarily an
bureaucrats claim that the Czar ruined himself by de-
creeing the abolition of vod-
ka. Their argument is that ka. Their argument is that
kone but sober people could none but sober people could
have carried out the revolution, and that had the heads grad and other cities, been esotted by drink they would never have underthe reactionary plots sefeat would the revolution have been so remarkably free from sanguinary excess on a large scale. The police
were, on the were, on the other hand, the victims of drink. They
had seized vodka by order of the Government and had kept plentiful supplies for themselves. Thus the revolution was in part a
struggle between drunken reactionaries and sober citizens, and sobriety triwomen "burdened with the persecution of centuries,

Russia the biggest reason why women in found in the fact that since the Great We broke out they have been mince the Great War dent on themselves in the many and new problems they have had to face. With their husbands, brothers, and sons, either in they have had to look after the crops, to work


Prominent Russian men and women attending an art exhibition. Mme. Maria Levinskaja, the
famous Russian pianist is the figure in white.
extent, the condition of things will soon be extent, the
ameliorated. Another thing that has helped the forward movement of Russia immensely has been the prohibition measure inaugurated by the Czar at the start of the War. The women of Russia, like the women of every other country, have like the women of every other country, have
always hated alcohol because, they have always
been the chief sufferers. In Russia to-day the
in factories, and, to a certain extent, fill, but lesser degree, the work our own women have been and are doing to help the common cause. This has given them a new and more direct interest, not only in their own welfare but in the machinery of Government, and it before been utilized. forces that have neve been the chief sufferers. In Russia to-day the

Equal Suffrage in Russia JUST as the Government of Grea Britain and Ex-Premet Great have been won over to Woman Suffrage by women's efficient part in the nation's work, so have promi ent leaders in Russia come to see that women must be given a higher
citizenship than they the past. On the very eossessed in the past. On the very eve of the
revolution the labour leader ski, now Minister of Justice, com mented enthusiastically on the Sacchi Woman Suffrage Bill which was recently brought into the Italian "I
"I am a firm supporter of the full Franchise for and emancipation of
woman," he said. "I her woman," he said. "I heartily welthat wars bring to women numerous new fields of endeavour which must destroy the last prejudices holding them subordinate to men and bring conviction to all opponents of elec-
toral rights for women". M. Roditcheff, another Duma member, stated that he sympa
thised heartily with the movement for Woman Suffrage. , the has udy the desire to read letters from the Front her children to a peasant woman to encourage that they may spell out the village school, so by their fathers and brothers, , written home write in reply.
In bringing about this improved condition or things in Russia the middle class women by far the biggest factore called, have been communities, where life the remote villaz monotonous, these earnest-minded bed is from all home ties are spending their lives in sings to be found int children the helpful ble is a work of real in books. This has been and the idealism which permeat it is due entirely to hood that their work ises Russian woman success.
The enacting of the law prohibiting the sale vodka dispensed with the old-time vodka sho
and stimulated and stimulated the establishment of educational
and recreational of the comman centres where all the member oxchange thoushts might gather together and People's Palaces, a recemmon problems. The this need admirably. In the litution, are filling these are used to the fullest er communitie Buffiet and tea rooms are attached where
freshments freshments are served, (Conlinued on page 49)

HE summer breeze whispered lazily among the
tree tops; overhead was the deep blue of a tree tops; overhead was the deep blue of a
July sky, fading to the pale colour of forget-meJuly sky, fading to the pale colour of forget-me-
nots toward the horizon. A few clouds nots toward the horizon. A few clouds, snowy white, billowed and unfurled their folds of down, as though the gods, new-waked
from slumber, had called a drowsy wind to scatter and renew the Olympian couches.
Tste river wound its quiet way among the pastures,
, to atch the message. From the distance, now faintly heard, now half imagined, came the hum and click of machinery, for hay making had begun.
Seated near the river in the shade of a tree, Myra was sketching; her back toward the upper reaches of the stream. it was because of that, and also because she was so engrossed with her work, that the advent of the stranger came unnoticed. He was tall and slim, with slightly stooping shoulders; he wore an ill-fitting grey flannel suit, while a towel round his shoulders proclaimed what
his occupation had lately been his occupation had lately been.

Myra started.
"I must apologise", said" she exclaimed
"I must apologise," said the stranger, bowing, but without lifting his panama hat. "The fact is I was talking
to myself."
Myra wa
Myra was silent; she was not desirous of conversation
with a total stranger. "It's true, all the same," man in grey did not move. detail." true, all the same," he said, "there is too much
"Are you an artist?" enquired the girl.
"Am I? I'm not quite sure. Years ago, I forget how many-centuries ,surely-I exhibited pictures at the
Royal Academy." "Why not now?"
"Oh, my health broke down. Come now, there's a freemasonry among artists. Your style is good, your soul is artistic. Let me give you a few hints," and without
waiting to hear any protests, the stranger proceeded to give advice with regard to the sketch, which Myra could not but own was excellent.
Under his directions the picture grew into life; the girl's master hand, till the very drowsiness of the air, and even
the indescribable sounds of a warm day by the river meed to mingle in the colours of the sketch.
Myra thanked him, and as she did so, noticed for the irst time the look of refinement, the clear eye, the broad, intellectual forehead, the sensitive mouth. But what
struck her most forcibly about the man was the sadness struck her most forcibly about the man was the sadness
of his dark brown eyes; even, though the lips were smiling of his dark brown eyes; even, though the lips were smiling, always there seemed to be gazing from those eyes the hope-
less misery of a soul in prison "Look!" he said, "isn't that a delightful corner?
Look!" he said, "isn't that a delightful corner? You see where mean! The back-water runs up toward the while all the rest takes the shadow of the trees. There's the splash of red in the, water again, and the leaning willows are reflected, too."
Myra arranged her easel afresh, and prepared to pencil in the outlines.
"You must see how much you can remember of my teaching," said the man, with a far-away look in his eyes. I'm going to tell you a story. Stop me when you're bored, and ask me anything you want to know."

HE lay, full length, on the grass, and, feeling in his
pockets, produced a cigarette pockets, produced a cigarette case and a box of matches, with a sigh of satisfaction.
It all happened ten years ago you," he began," is true. though I must look over forty.... I am thirty-five now, artist like myself, was guardian to a A fittle cousin of mine, an a girl fresh from school. They to a little cousin of his, and were just like brother and sister, for Rosalind was an orphan. We will call my friend 'Thomas,' because that wasn't his name.
age, and father and mother both died before he was of age, and he was left in rather an awkward predicament.
He would have found for his own quarters a home for Rosalind somewhere, but she wouldn't those two. Not in a sentimental way, you understand. Thomas had a very strong prejudice about cousins marrying, and he never thought of Rosalind in that way at all. He just loved her!-loved her with the best kind of him and his old housekeeper the it from me, that between his place when the men came there was good order kept at
and talk and sing, and get a glimpse of Rosalind. She was pretty, too! Of course she soon grew up, more quickly than most girls. There's something about keeping a host her self-possession that quickens a girl's wits and teaches unaffected, simple-hearted girl it would be difflcult to find. She was just a good comrade to all the men, and if she had favourites, none knew it.
id was her desire to be independent, of what she considered charity from Thomas, that led to the trouble of which I am going to tell you. He was then very poor, and she had just a small annuity, enough to buy her own clothes by exercising strict economy. The idea that possessed her was that she could earn money on the stage. Thomas at first protested, but finally gave in. He saw the own living, there would be no anxiety she could earn her " 'I don't want to have to marry for money', she said and I don't want to marry any one at all unless she said, comes along. Just think, dear old boy if you were ill and couldn't work, we should be up a very tall tree!' "So it was settled. There up a very tall tree! they knew who had a little influence in stage-land, and between them they found a place for Rosalind in a very small part. With the money so obtained she was enabled to attend a School of Dramatic Art, where she made many girl friends, and it was through one of these that she met Brunton. Brunton was an idler, cursed with a comfortable competence. He did nothing useful, and the old adage about idle hands and the Devil, came true in his case. Thomas did not know him. In fact, he hardly knew of his existence till the engagement was announced. There was no doubt that Rosalind had altered her lover's life; it was this sense of power that made her love him. Her maternal instinct yearned over this young scapegrace, and for three years the man kept straight. He gave up he learned about his antecedents, the less pleased he mare "Still, the girl had made up her mind, and nothing could shake her. A year after the nd, and nothing announced, they were married. As I said Brunton was straight for three years under Rosalind's influence. It was thus two years after they were marripd that the trouble began. One night Stephen Brunton came home horribly drunk. Rosalind was (Continued on page 38)


SCIENCE Mrs. Clara Spcight, Humbertsongreat energy, endurance and activity indicated in the wide head, the promi-
nent chin, and the large nose, broad and nent chin, and the large nose, broad and
full at the root. The lower part of the full at the root. The lower part of the
forehead shows an observant, scientific type of mind, and the thin lips ability to appeal to the intellect.
CLEVER man once said that the reason so many want to write is because the reader has no "come
back" at them. There is some truth in this; but there are other and more weighty reasons.
We all want and seek means of self-expression; we have
all felt the neds all felt the needs of "talking ourselves and we have tried this on one ong-sufering friend atter another, frequently
with the result that the unsympathetic effect produced has caused us to "close up like a clam," and we are turned back, in on ourselves without relief or satisfaction.
But in writing we can "write ourselves out,"
and the reader has but two choices and the reader has but two choices-to read curiosity holds him to the last wailing line. If curiosity holds him to the last wailing line. If
we are one of those who boast that, "I I ust can't stop, writing, my pen simply runs away with me, we yearn for a larger audience, a wider field, in which to exploit our inner selves, and we find it much easier to do this to an unseen and unknown reader than to any one face to
face. So we begin mailing manuscripts to face. So we begin mailing manuscripts to
unknown editors in the search for an unknown but sympathetic reader.

## How Many Words Do You Know?

In literature there are almost as many departments as there are types of mind and of
disposition; but in every department, literary dispoik calls for intellivence of a very high order The writer deals with ideas and seeks to present facts and conclusions in a way that will reach, interest, and influence other minds, and
by no other means but the written word. The peaker can reinforce his thought by gesture, ttitude, expression of face, tone of voice; should, therefore, spend unlimited time and patience in the mastery of this, his only means of expression.
The English language stands without a rival in the number of words it contains; it is as extensive as almost any other two languages commatter of surprise that the ordinary person natter of surprise that the ordinary person
finds a mere 300 words amply sufficient for his daily needs and conversation. Place over against this the 30,000 words that are often used by the person of unusual mental capacity and broad experience. What a difference in the subtle shades of meaning, in the variety of expression, those 30,000 words afford!
It it ofter considerd a confession nd an admission of ignorance to use the dic tionary, but it has been my experience that men of scholarship and culture are constant students of the dictionary; and my first counsel to any one ambitious of entering the field of literature is to secure the very best dictionary you can, and make it your continual companion. Every time you read, or hear, a word with which you are not familiar, or of whose meaning you are
not sure, go to the dictionary, find the word, not sure, go to the dictionary, find the word,
study it, think about it, until you have made it as much your own as the most ordinary words you commonly use.
Check over, once in a while, the words that you can truthfully say you know in every shade of their meaning. This will probably not be much of a task at first, but if you make it a rule day, you will soon have a vocabulary of from 6,000 to 10,000 words, and long before that you will have become so interested in words and their meaning that the tracing of a word will be a keen pleasure and an absorbing pursuit. Very few magazines accept manuscripts from any writer having a vocabulary of less than 6,000 to 8,000 words. How do they know? The fact
is plainly written all over the manuscript. Why did the writer use "get" when she meant "receive," and "admittance" when it should have been "admission"?
The power to remember words and to use them with ease is more easily developed by some than by others. More than a century ago Dr. Gall, of Vienna, discovered that this particular power of expression was related to the
development of the brain just above and behind the eye; and for this reason persons with prominent eyes find it easier to remember and to use words than those whose eyes are deep-set; but it does not follow that because your eyes happen to be prominent and words come easily that you are, therefore, destined to become a writer. Many persons, with prominent eyes are simply

## WILL MY DAUGHTER BE AN AUTHOR?

## By ARTHUR B. FARMER

Head of the Psychological Clinic, Memorial Institute, Toronto
(Registered in Ottawa in accordance with Copyright Act)
verbose, and these wordy writers are finding a smaller and smaller market for their work. and be able to say it in clear, concise, well chosen English.

## To Be a Good Writer

The essentials of good writing may be reduced to the idea, the something worth saying; the words with which to express the idea; and the ability to use words to express ideas in a
pleasing manner. Readers quickly tire of pleasing manner. Readers quickly tire of
writing that is jerky in style and unmusical in rrithg that is jerky in style and unmusical in
rhythm. The importance of the musical sense in writing is recognized in poetry, but sense in writing is recognized in poetry, but
often overlooked in prose. The thought ex often overlooked in prose. The thought ex-
pressed in a manner that offends the musical sense may be expressed in a more attractive form if it be rewritten and again rewritten. No wiser advice was ever given to the writer than the old maxim that "easy writing makes hard
reading and hard writing makes easy reading.'


HUMOURIST
J. W. Bengought- Note the height and breadth of the upper part of the forchead, indicating tration.


NEWSPAPER EDITOR
A. E. Smyth--Newspaper work calls for extraordinary powers of obscrvation and memory,
quick decision and untiring industry. Note the extraordinary development of this head around the eyebrows and the width of the head at the ears.

The article or poem that you dash off in a moment of inspiration, and mail without re, lines, but the poems and articles you read with so much pleasure that seem to run so smoothly and with so little effort, were written, rewritten, and written again and again, corrected and enough to send out for publication. In my own experience a twenty-line statement of argument was written by one man, rewritten by another and then two others spent four hours polishing and improving the use of words in those twenty ines before the meaning intended was expressed in the best possible manner.
Tennyson was once asked if he could have exof onsed the thought contained in a certain line
poems in any other way, "Probably not," he said, "I smoked only seventeen cigars writing that line.
The patience and the thoroughness that are needed by the writer who will write and rewrite,
change and correct, review and polish, calls
for powers of both body and mind much above lose mental application and are necessary, very trying, and are usually that to do but a few hours of really good work each day. The writer of the active, energetic, muscular type, while often vigorous, is frequently lacking in the finish that is required in the higher order of literary work. No less important than patience and thoroughness is the ability to work; this calls for a fine artistic sense's ow

## Can You Arrange Your Ideas?

To vocabulary and style must be added the ability to arrange ideas in a form and sequence readily grasped by the reader, and this requires
the same mental ability as that neded by the inventor in designing a new machine and by the architect in planning a building. Ingenuity and originality in the arrangement of materials is o the highest importance if one's writing is to be


PRIMITIVE POETRY
Robert W. Service. - A fine intellect with plenty of poetric imagination, The square buill, musculaz
iype loves the open life of which he writes in such vigorous verse.


## historia

Miss Janet Carnochan.-The high, narrow forehea, full in the centre, indicates the historical sion. The large chin and broad face with noses of medium size, give the capacity for patient research.
effective, but even with a high order of inventive genius there is neèd for great patience and much eyes of an editor. Amateurs for the critical have passed beyond that stage, should remember that "genius is a capacity for taking infinite pains; your possibilities and prospects in the field of literature may well be measured by the numberor hours you cant spénd in correcting and Thus far we have sp and the expression of thought; fiefly of language in these come only with labour tility and skill tience. But more important than all is the something to say. Of greatest importance in all writing is the thought, Thought, of course, unless properly expressed, is dead, but the finest jewelled English, no matter how pleasingly it it be a means of conveying a thought worth while. The whole problem of authorship is to find something worth saying and to put it into a form that will give pleasure and delight in the reading. To do this the writer must be

L. M. Montgomery a face of bal-
ance and refinement. The smooth high ance and refinement. The smooth high forehead shows love of stories and sym-
pathetic perception, st the height and pathetic perception, the height and
squareness above the temples and the squareness above the temples and the
arched eyebrows susgest poetic feeling and artistic taste, while the full eyes
show facility of expression show facility of expression.
student of human nature, a keen observer, and given to analysis of thought and action; he must have a personal interest in life, a love of nature, sense of justice, insight into character,
vivid imagination, and the power to feel deeply and strongly every human emotion, for only as thought is cevery human emotion, for only as to and enriched by feeling will who read.
The power to feel! To those who realize how precious is this attainment all fortune is good ortune, even misfortune is to be welcomed as an opportunity for acquiring a wider and icher experience of life, a deeper understanding of all that others feel. To suffer without being crushed develops the character, refines the with the great heart of into closer touch this human touch the written word is powerless; charged with feeling the written word may not only hold and inform the mind but awaken the soul and inspire the will to action.

The Five Things Needed
Shakespeare, the greatest poet, dramatist,
historian, and all-round writer that the world has ever seen, has a head showing the five points have emphasised: head unusually long from the ears forward; forehead, high, broad, smooth, and well rounded-a magnificent intellect; eyes prominent, giving the ability to remember and chin showing endurance, and well developed that goes with an unce, and the form of face work. The head is high and broad above the ears and at back part of crown indicating, not merely a desire for publicity, but the ambition that becomes a real, consuming desire for attainment; the tenerally well developed and well rounded appearance gives the capacity to touch
the emotional life of man on every side. The principal fields in the literary world are the magazine and newspaper. Newspaper work offers opportunities for the beginner to earn a little money and to gain valuable experience. The right place to begin is one of the simpler they should write Too often beginners think effusions should write editorials and that their torial page.
Shorthand
solutely necessary, are of very while not abany one wishing to succeed in any line of literary work. After three or four years' practice and "a nose for a person of good ability who ha "a nose for news," and a gift of narration and $\$ 30.00$ a week; when, and earn from $\$ 15.00$ to more important assignments capable of handling haps, $\$ 40.00$ to $\$ 50.00$. Those whom the city editor considers fit to assign to book reviews, to report lectures and exhibitions have a splendid chance to learn the public taste and
may become contributors to other papers and perhaps magazines
The editorial chair, to which the beginner al ways aspires, requires the very highest degree editor must be a manager; he must understand human nature, that he may assign to each in his employ that work for which she is best suited the sporting reporter is a failure at garden par of the election woman who writes entertainingly of the election that returned the first woman in the Household Department, is seldom any us he must keep peace between rivals for choice assignments and it is readily seen that his position is no sinecure. He must be a critic, severe, unrelenting, but just, firm and discerning. He must have a retentive memory to keep in mind matters attracting regarding all importan ber what has alredy attention; to remem thus avoiding repetition appeared in the paper to guard against the imposition those wh would submit matter as original that has already appeared in print; to keep in touch with resources of thought that he may call on their needed. B the position, really the high requirements of and very far between

## The Magazine and Short Story

The magazine presents a wide field for large number of persons of many and varied
tastes. The articles specialists each in her (Continued on page 47 )

AM not strong on creed, that is, the orthodox creeds. I rarely get through the Apostle's without mumbling or trailing along behind my neighbour, but all my life I've believed so
strongly one precept that it has. come to be strongly, one precept that it has come to be
one-no, the article of one-no, the article of my faith.
Ive seen so much of fitting round pegs into
square holes that if a child of mine figurative, square holes that if a child of mine, (purely if a child of mine should manifest an unmista kable talent for pushing a hand organ through the streets, I'd hustle around lively to get a monkey
Dick is a living monument to the saneness of my theory; modesty forbids any mention of myself. I was destined
to be a school-teacher, but gave destiny the slip, and painted china instead. To be sure, I painted dozens of pot-boilers in the shape of inane bread and butter plates with forget-me-nots and wild roses galore; but it was orother Dick's pot I was boiling, so it was justifiable. The call of Paris and the Ecole des Beaux Arts was stronger than the voice of a mediocre shystering law-practice, so he went.
Now that he is a big, prosperous young architect, the bread and butter plates have gone to their well-earned rest, and my fancy runs riot in wonderful pieces of symbolic colour and meaning that people may buy or leave, as they choose; strange they always choose to buy so much more readily when necessity no longer drives my brush. theory the tongues of men and angels when 1 see my theory scorned and violated, but my wrath always gets the When I look at Virginia Ainsworth in her pampered helpless widowhood, sacrificing her three daughters to her own selfishness and the little god of convention, words fail. It was bad enough to see Edith's good nature and Grace's good looks going in the grind of the school-room, but when brown-haired Betty, just out of high school, was the next, it was more than I could stand. Teaching, to Mrs. Ainsworth, meant the quickest, surest way, regardless of any special aptitude or fitness, of getting returns for what she, so feelingly, reminded the girls she had spent on their
education. education.
In the days before my city studio was a possibility, I
painted in a little room in Hillsdale, overlooking the painted in a little room in Hillsdale, overlooking the Ainsworth back yard, and the glint of the sun on Betty's brown curls had warmed the cockles of my heart (what-
ever they are) many a time when things looked blue and Dick was far away. She fell into the habit of bringing her little girl troubles to me instead for mother who was too busy to listen to her, busy treasuring a beauty that was been faded these fifteen years gone.
I hadn't seen Betty since early summer when she had tremulously announced her mother's decision about the school.
Wields October came my yearly desire to get out to the perfectly woods, so out to Hillsdale I went. I had the wonderful vase I that I wanted some milk-weed for a down and gray-gras painting. I could see their sind of sunset hues; but I knew, too, that I wanted to refresh my nostrils with the tang of the wild crab-apples that were falling in the thicket at the foot of Trevor's Hill, and to watch the patriarch red squirrel gather his hickory nuts
When I got to Hillsdale, I walked straight out the mill
road from the station. It was getting late afternoon, and road from the station. It was getting late afternoon, and I should have no time to spare. Just when I was thinking
leaves and the strange homing sense that always comes to me with the fall eventide, I came to the crab-apple thicke fence exclamation of surprise betty raised her head and ac cepted my presence as naturally as though I had been dropped from the skies to be her special comforter. It "It's that d-dreadful broken bits of woe.
hings right Everyone talks , Caroline. I can't do things right. Everyone talks p-pedagogy and psychostuffy and chalk-dusty and Mattie Reeves can't get long division!" And a little whimsical Betty-smile came out for an instant.
"Oh, Caroline, her braids stick straight out, she works so hard, and I think I must be as stupid as she, for I don't know how to help her and"-another big shivery, choky sob- "Mother says it's the only respectable , thing for girls "had some talent!"
"You have, Betty," I said, glad of the chance for a moment to think. "You can-
'Oh, Caroline dear," with a shaky laugh, and quick as ever to forget her troubles, "I know it's going to be the muffins. But what's the good of a talent with no commercome on home with me and I'll exercise my lone tale but your behalf. Mother's at a Guild Meeting, and Grace and Edith are writing a paper form,' convention, so I'll have to get supper. There'll be muffins and strawberry jam and puffy omelet and orange pekoe in that thinnest cup that you like so well."
It sounded alluring as only, Betty's soft, coaxing. little voice could make it sound. Id almost forgotten my milkweed and the last train. $w$
Besides, a plan was b. but all I said was: "No, Betty, I don't think I'll go with you to-night; I have half an idea that we can beat this eaching business and I want to get home and start things.'
"Oh, Caroline," with a long, blissful sigh and never a question as to what it was, "do you suppose Mother would let me do it?"

Mother be hanged!" was what I wanted to say, but instead I said, most diplomatically: "I think I'd better to be gone from ten until twelve Saturday morning, and ''ll ruge fom ten until I left Betty at
side verandah for her gate after she had darted up to the bine to give me.

DICK was lounging in the dusk of the studio when I let myser an a " gule stuffed with firecrackers," but went straight to the telephone, turning on the light so that I could read Professor Sidway's number
"Professor Sidway?" I asked, although I knew his voice at once- 1 just wanted to hear Dick's snort.
Yes, this is Miss Marsh. I wish you could find time o call to-morrow. This evening? Well-let me see('Dick, how long will it take to go down to the Venetian of a bite of dinner?') Dick's information took the form of inarticulate mumblings, so I settled the matter myself.
"Hello-I think I may say eight-thirty, Professor
'Now, D
trappingest py boy, calm yourself," I said to the biggest strappingest piece of manhood knew. Your old-maic
sister has no matrimonial designs on Professor Sidway.

She is just acting as understudy to Providence. You remember that little Betty Ainsworth who was so desperately afraid of your old Mac dog? Well, her mother has her cooped up trying to teach a lot of wooden-headed urchins things she s very shaky on herself, and it's simply killing her, chat is, killing the real live, fun-loving Betty. The only thing the child can do is cook, she must have
 and I'm trying to get Betty the jo science teaching hasn't any training, but it seemis they just worse, she girl who can actually do things; and for the practical side of it, Betty can't be beaten. Now, young man, if you understand, I'll borrow your expression and suggest that we 'beat it' for the Venetian. The professor will be here at half-past eight.
Dick, mollified by the explanation, muttered something about having seen a good deal of that "old gink" hanging round of late, and mumbled a few threats about what he'd do to any man trying to get his sister; all very unnecessary for no phalanx of suitors waited just outside our door to nab a china-painting spinster of thirty-eight. Yet, I didn't look so bad when Dick had hooked me into a gray chiffon frock just the colour of my eyes, and I had pinned on a cluster of Betty's blue woodbine berries.
$W^{E}$ got back from dinner to find Professor Sidway on our steps, and we went in together. Talk of dragon-like chaperon!. Dick would star in that role. We had been waking briskly in the cool fall air and I know my colour the curls come out around my frost aut Didoes make give the professor time for more than one errand was business, and Dick ensconced himself with his pipe in his big old chair, resolved to see that he attended to that business. It all worked out beautifully, however except that the position wouldn't be open before, possibly, the second half-year.
some see, the professor explained, we are putting in some new equipment to accommodate the extra class of real need of that is installed, Miss Gleason wili have no retain her present position until the holidays, we shall be ready for her.
With that matter settled, Professor Sidway started out to make himself entertaining. Dick was drawn in by a remark he let fall about Paris, and when he closed the door on the professor at eleven o'clock, it was his with official
sanction "clever old chap!" Does forty-five seem so sanction "clever old chap!" Does forty-five seem so My enthusiasm waned a little by
when I counted that Betty would by Saturday morning, more days of slow torture in that sche at least forty-eigh way out to Hillsdale, I decided that relief must be imm diate. The jerky suburban train must have joggled my brain cells into unusual activity, for my plan was ready when I got out at the station. Of course, Virginia Ainsworth looked on it with the amount of common-sense that one might expect from her. When I proposed that Betty should come to me as cook until the professor's position was open, I don't think she could have experienced a deeper humiliation if Betty had been tendered a berth in the almshouse or jail, but Betty herself clinched my arguments when she came in from a self-imposed errand and found me still there.
"Be your really cook, Caroline," she cried joyfully, Mother gave a grudging consent, and I warned Betty that she would find "that dear (Continued on page 49)


An actual photograph of three typical race track gamblers in the act of "coaxing" heir horse past the winning post. This class of men-once thrifty usiness men-were quickly degraded by race track influence.

## THE FIGHT THAT DEFEATED RACE TRACK GAMBLING

The Most Profitable Business in Canada

By ELIZABETH BECKER


Winning the race. A few men would win money, but the vast majority selected the wrong horse, for even the surest tips are untrustworthy. The only certainty about a horse race is its uncertainty.

GLORIOUS day of tingling, spangling, spring sunshine, a perfect oval of emerald turf and,
fluttering here and there like a bevy of early butterflies, an ㅁำดロロ ever increasing crowd of smartly $\square \square \square$ still larger crowd of men. Old men, young men, middle-aged men, men in the smartest of rac ing toggery, men who look as though they wore a suit only once, but a very long once, men who bear the hall mark of gilded youth, the keen face of the Anglo-Saxon financier, men with the crafty face of the foreign financier, shrewd men with a Yankee drawl, and important personages with the stamp of authority in every movement. Everywhere an air of expectation and of suppressed excitement, until there enters on the scene the reason for and race-horses, ridden by jockeys, gorgeous in the colours of the stables they re present. Many exclamations over the good points and the records of the entries are heard; but they are certainly far from beautiful, these gaunt, rangy, long-legged, long pedigreed crea tures. The horses are lined up to the tape, the starter good start, others wasting time fretting at the nearness of other horses. The field soon strings out, each trying for first place and working up to his best gait; and in a few minutes two have so far outdistanced the others as to have the field practically to themselves. The interest is intense. The crowd on the lawn cheers and the packed grand stand rises as one person to watch head shoots under the tape half a length ahead of the horse he has raced, side by side, for the last half mile. The audience goes mad with excitement, cheering the winner to the echo as he skims along. The horses are trotted back at a leisurely pace; the jockeys slip off to be weighed, and the horses, carefully blanketed, are led ancient crusaders, who went forth, not to win a race, but to rescue a nation.
This was the original race meet; a gathering of sportsmen and their friends to see the races
run for varying purses and cups put up by equine admirers; but the greed of commercialized sport, that pollutes all it touches and sees in a horse race only a means of getting easy money from dupes, degraded this once legitimate amusement until it became so serious a menace
to the morals of the people, that those a wake to its blighting influence, secured action to prohibit the gambling that had bicome the chief feature of the races-a prohibition that is in force only for the dura-
tion of the war tion of the war.
The fight against the gambling and not against the sport. The race track and the jockey club
were known in were known in
Greece 2,500 years Greece 2,500 years
ago, and for over twenty centuries the Arab has given a loving care to his horse that is usual ly bestowed only on human beings and America the sport has flourished for more than two hundred years; and yet the promoters of the races state, in al without betting. either with book men or the betting machine, the race course and the thoroughbred would soon disppear.
Horse Racing an Old Amusement
Germany has long been notorious for its lotteriestand its other forms of gambling. With their usual thoroughness in making everything profitable, even vice, their race tracks are


Mr. W. E. Raney, who fought the race track gambling, tooth and nail.
public institutions, under state regulation. In r911, the betting machines took in seven and a half million dollars, of which the State took one-sixth as a tax. Both horse racing and gambling have for many years flourished in France, and finding it necessary to regulate the gambling,
the Pari-Mutuel system of betting was established there in 189 r . This system replaced the disreputable system of book-making on the majority of Canadian tracks. Nor is horse racing a new thing in America. In South Caroina, one hun-
dred and twentyfive years ago, race week was a great event, and it was quite without the vices of the races of to-day. Dr.
Irving, the secretrary of the famous South Carolina Jockey Club, describes the occasion thus: "The best idea we can give of
the moral influence the moral influence
of race week is to of race week is to
state that the state that the
courts of justice used daily to adjourn and all schools were regularly let out as the hour for starting
the horses drew the horses drew
near; with one consent the stores in Broad and King Streets were closed; in fact, it was no uncommon sight to see the most venerable and disand judges, side by side on the course clergymen deep interest in the animated scene around
them." While betting is not new in America, the book-maker was unknown until about thirty years ago in the United States. His rise and
fall have taken place in this time, and now Maryland and Kentucky are the only States of the Union that permit this form of gambling. If we believe, with Matthew Arnold, that the aim of all true education is to help men to see clear and think straight, then," said Mr. W. E. Miller Bill before the House support of the 1910, "a law that makes a riven act lawful here and to-day, and criminal elsewhere and at another time, will not help men to see clear and think straight. Such a law confuses ideas of right and wrong and tends toward mental and moral anarchy. It causes the average man to inquire, as did the York County Grand Jury in 1909: "Why is it any more wrong to place a bet in a cigar store than on a race track? Is it because fashionable society are the offenders oft-times there, or is it because the wealth re presented in these institutions has terror for
the law-makers?" the law-makers?
"When we learn of the dishonesty, the hardship, that comes on many a home through the follows many a young person's get-rich-quick efforts; when, worst of all, we awaken to the tolerance of public opinion to institutions which have so outraged public sentiment in other countries that they have completely prohibited them, we fear not only for the good name of without which no nar the moral honesty prosperity and her safety" can maintain he

## The Outlaws Enter Canada

 Canada has always rather prided herself on maintaining a higher moral tone than some of her neighbours, but while she was thanking the Lord that she was not as other nations, unaccomplished her downfall, the enemy had of New York and Michigan enacted legislation prohibiting the business of race track gambling. Driven out of these states, the neighbouring country where no such law existed presented a convenient and safe harbour for all pirate gamblers in who chose to prey on her people,and 1895 the race tracks at Fort Erie and and in 1805 the race tracks at Fort Erie and
Windsor were estab- (Continued on page 42.)


What a rotten little hole this is," said Tony savagely. "The women are all cats!'
"I suppose you know that the - ahcats have hung your scalp at her belt," returned Mrs. Shane, mockingly. "Does she say 'yes' or 'no'?"

## THE MAGPIE S <br> NEST

## New Readers Begin Here

DREAMY, and living much in the dreams she fashioned from the old romances she read, Hope Fielding lived in a world unreal, but
real to her.
To her father's lonely ranch in Alberta came three strangers, talking of the railroad that was coming daughter about Hope's age, sent Edgerton, who had a When the railroad did come, Mr. Fielding, who was a path maker and not a money-maker, moved back farther north.
Hope was ambitious and needed money to pay her way through the Normal School. She went to the city and engaged as housemaid in a hotel where Evan Hardyone of the men-was boarding. Here Conroy Edgerton came and she recognized him instantly. He was interested and they met a few times. Jim Sanderson-a boarder-had been pursuing Hope for months and finding her alone made himself so objectionable that she knocked him down with the butt of a revolver. Then she left
Hope taught school and found life flat and unprofitable; she made friends with Mary Dark and Mrs, Patton, and with Allen Kirby, who happened to be Edgerton's chauffeur. He took her motoring until Edgerton came-then Edgerton took her. Edgerton offered to send her to college but Hope refused. Ned Angell took her to the Tennis Club dance, where she met Tony Yorke. She also saw Jim Sanderson, but kept her self-possession and appeared not to recognize him.
Hope and Mary Dark took rooms together, and presently Hope became engaged to Tony, but the engagement was not announced. Mr. Edgerton's daughter, Emily, came to visit her father and after a dinner at Mrs. Shane's paid her duty call, meeting Tony again.

A

## CHAPTER XI.

VIN fizz, quick, Tony," said Mrs. Shane, yawning and stretching out a trim pair of minutes more and I'd have expired. Dio mio, to think that ten years ago I was just like her!" way in ten of God has stretcher a long way in ten years," said Tony cryptically, allusion. When she smiled, Cora Shane was singularly sweet. The ten years seemed to melt into the dimple at the corner of her red mouth; the curve of her cheek was

By ISABEL PATERSON

Illustrated by MARY ESSEX
flawless; even her bulk-she was a large woman-only gave her an infantile softness. And her lovely, lucent, sapphire eyes seemed to gather a tender light. One got that she had an ugly nose and no waistline
Oh, yes," she assented, musing. "Really, really, I
 Nothing new," said Tony. "Didn't friend husband "Yes, but you saw Edgerton afterward. Pull hard Tony. It means Europe for me. I don't want to wait three years, as I must if this falls through. Besides, " "Ike to see you win.
It's good to have a friend," said Tony, and, as she took the foaming glass, kissed her wrist. It was only his way; she knew it-but she liked it.
"How I'll hate to give you up, Tony," she sighed.
"Well! Is Lent appren
"Oh, don't be stupid.
This will cut your stupid. I was just thinking ahead. High time you did, and stop philandering. or marry Fielding lately?"

She prided herself on her bluntness. And she did not miss the quick, calculating look he flashed at her
"Oh, twice a day or so," he assured her jestingly. Rather apropos des bottes, aren't you? You do get the weirdest hunches, Cora.
I thought you might have, with the Edgertons," pursued Mrs. Shane coolly. "What do you make of that anyway?

## "Of what?"

A man in hisged. "Oh, you know what people are saying. A man in his position, too! Men are all fools."
"Guilty in general," said. Tony. He was gazing at a pattern of the wall-paper. "But do be more explicit.

Really, how should I know? Eleanor Travers was here yesterday, and was absolutely up a tree about the course. Some one has said something. Wanted to know. if she should ask Miss Fielding. She has to ask the Edgertons, and Mary Dark, and Lisbeth Patton. Either way, she's afraid of committing a betise. I told her I'd ask the devil if I wanted. But I only shocked her." She loughed.

But what did she hear?" asked Tony gravely. has some story; says he used to know her-"
"Jim?" said Tony, darkening. "Did he tel you so? "No. I had it all second, third, fourth hand. You ask him. And she goes out in Edgerton's car.'
"What a rotten little hole this is," said Tony savagely, because she did go out in Edgerton's car. Had he not In the motor. I mean And she's Miss Dark sometimes. There's a tever girl that Miss Dark. I believe she years lmost swing this deal for us. The women here are all cats-saving your presence ma'am" He wanted to arn it off lightly. And he wanted to hear more, if more there it off li
were.
"Oh
, well, I have nothing against her, conceded Mrs hane handsomely. "She seems a queer little waif; Angell led heard her say a word but yes and no. Ned course you know the-ah-cats have hung your scalp at her belt. Does she say yes or no?"
"Both, as you observed," returned Tony promptly, his surface unruffled. "Damn the cats!" So he sold her, with that kiss on Mrs. Shane's wrist ten minutes before. "She is clever, really; sketches the quaintest things." Shane amiably, "if Mary Dark won't? And then there's Shane amiably, if M
still another chance."
"Show it to me," said Tony.
I said it was time you married. There's Emily
What more could you ask?", She studied him covertly. "Cora, you will absolutely drive me to a blush," said He was inwardy conscia of a slight good taste. "I could ask no more, and should pet a great deal less. Why are you so set on springing the fatal trap on me? What have I done'to you."
laugh. "Never young heart," said Corg, with a ringing you had sat out three dances with me the first time I saw you, heaven knows-

He reddened.
She said tho more. But, after he had gone, she was distinctly irritable, pondered over her dinner, and snubbed own idle suggestion took-root in off to the club. And her ton-why not? Could heor her mind. Emily Edgerseriously of Hope Fielding? little to berinsing was her grievance, crystallised Those who credited th report that she had a deeper right than mere friendship over Tony forgot how exquisitely selfish (Continued on page 30)


Demonstrating a fire rescue．Girl Guides are thoroughly trained for such hazards

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吅品NG SOLOMON＇S assurance that there is no new thing under the sun＂was given unique emphasis perceptions yet undulled，found a parallel＂between the＂virtuous woman＂of whom the wise king sang so beautifully and the ideals
of the Girl Guide movement． Conversation has drifted from one thing nother，as it so often does，one day at the tea hour not long ago till，finally，a little group of women settled into a serious talk upon the Guide movement．The men of the party were for the moment forgotten，and there was a little gasp of astonishment when the young man referred
to，broke in on the discussion demanding to know if it were really true that the Cuanding to taught to be the good wives，mothers and housekeepers he had overheard one of the ladies declare they were．＂If they are it isn＇t the new－fangled nonsense of drill and all the rest of it I thought it was and I shan＇t try to stop my sister joining it，＂he said，handsomely．
from a pamphlet issued by Headence or so from a pamphlet issued by Headquarters
Office， 22 College Street，Toronto，which says that the aim of the movement is＂to make girls more capable in womanly arts－cooking， washing，sick－nursing，the care and management of children that they may be better mothers and guides to the next generation，and，finally some－ the Guides，the first of which declenest＂f Guide＇s honour is to be trusted．＂He studied the stip for a while and then looked up with a whimsical smile．
sort of Solomon＇s＇virtuous moman＇ it？＇Heart of her husband doth safely trust in er kind of thing you know？
Only one or two in the little party caught his looked up the last chapter of Proverbs home， looked up the last chapter of Proverbs，that
wonderful Book which lies，in our English Bible，between the Psalms of David and the ＂Song of Songs＂，and fascinatedly drew com－ parisons between the＂virtuous woman＂as would naturally develop from the girl who has kept the Guide laws．
A Guide，she found，promises＂on her honour＂ to be loyal to God and the King；to keep herself pure in thought，word and deed；to periorm， when possible，every trust committed to her charge，and to be tender and kind to all living the eleventh verse of that wonderful chapter of Proverbs，and you who may，with her，compare King Solomon＇s ideal and the girl that the Guide law aims to produce will find，all along，the same close parallel．
hold and eateth well to the ways of her house－ the poetic phrasin the bread of idleness，＂is the poetic phrasing of the twenty－seventh verse， tenth law，＂A Guide is thriity＂And she is taught to be so not only that she may have wherewith to keep herself but that she＂may have to give to him that needeth．＂
＂$A$ Guice is a friend to all，no matter to what social class they may belong．＂This is the fourth of the Guide commandments，and in the＂Handbook for Guides，＂this law is
amplified by a reminder that a Guide must amplified by a reminder that a Guide must
never be a snob，for a snob is one who looks down upon another because she is poor，or who is
upor and resents another because she is rich． poor and resents another because she is rich．
A Guide is like Mr．Kipling＇s Kim－＂Little friend to all the world！
Exquisitely did King Solomon touch on these same essentials of gentle breeding－＂She riseth also while it is yet night and giveth meat to her
household and a portion to her maidens；she household and a portion to her maidens；she
stretcheth out her hand to the poor，yea，she stretcheth out her hand to the needy and in her
reacheth forth her hands tongue is the law of kindness．
Solomon even forged a weapon of defense against those－and their name is Legion－ who contend that the Guide movement is un－ feminine．

I am quite sure that the writer of the Pro－ verbs never mentioned＇Athletics＇when he was
speaking of a nice woman，＂said one of the ob－ speaking of a nice woman，said one of the ob－ that Biblical light was being thrown on her pet aversion．
＂No，perhaps he didn＇t use the wortd＇athle－ tics，＇but he does say of his perfect woman that，
＇she girdeth her loins with strength and ＇she girdeth her loins with strength and
strengtheneth her arms．＇And I have no doubt at all that Solomon would say that a girl could do both more effectually to－day by rambling

# THE NEW PERFECT WOMANHOOD DEVELOPMENT 

How the Girl Guide Movement Promises a New Race of Canadian Women

By G．C．MARY WHITE

through the woods，and learning the ways of God＇s beasts and birds，by swimming and by quired of a first－class Guide the the sitting playing bridge in someone＇s drawing－room， from which the golden afternoon sunshine has been shut by heavy window curtains．＂
King Solomon who sang of the glories of spiri－ tual love in the days when＂love＂meant little beyond the passing passion for a pretty face， perfect setting in surroundings a jewel，in a doors．In his＂Songroundings of the out－of－ is compared to the loveliness of the garden wherein they linger，and so exquisite is she that he dreams of her birthplace as being beneath the apple boughs．So when he speaks of the virtuous woman whose price is far above rubies，＂it is not strange that he should sing
also of her as one who has bought a field which
these girls are working，not in any haphazard amateurish way，but under experienced gar dabour of love and patriotism，but labour which will be crowe and patriotism，but labour which in the sheaves．

INDEED，thoroughness，if it is not one of the 1 Guide laws，is one of the universal practices This was illustrated a year ago at one of the Guide fetes held at＂Casa Loma，＂the home of the Chief Commissioner for the Canadian Guides， Lady Pellatt．Twilight was falling；the aud－ ience which had covered the green lawns was moving off，and various companies of the Guides the heroines of the day，the members of the particular company which had been enacting a fairy play written by their captain．Into the babel of laughter and praise the voice of an


Guides wearing badges of proficiency won by passing severe tests．The third from the left is
Silver Fish，having won all honours attainable
she has＂considered＂and found desirable and as＂planting a vineyard with her hands．＂ Again，the happy parallel．Last year，when the first warning went out over the country，
sent by the wise men who foresaw the food sent by the wise men who foresaw the food
shortage of this year，little companies of Guides heeded that warning wherever possible．Young girls，busy with their school，busy sometimes Kelping their families by wage－earning outside the home as well as by helpfulness within it， could not hope，at the sudden call，to grow many mushels of potatoes，many pecks of tomatoes， many quarts of beans．But what they could corner of the home garden or from plots of vacant land given ti．em by sympathisers with their practical patriotism，came into the Gith
treasury for the wants of the soldiers overseas．

THIS year the Guides all over Canada turned themselves definitely to production and by had received word at Headquarters that almost every company and patrol throughout the Dominion had land ynder cultivation．And
official from Headquarters broke with the word that a brooch had been lost in the grounds Instantly the captain of the play－actresses stood stiffy at the salute and all her youthful
company straightened up like soldiers on parde Tompany straightened up like soldiers on parade ＂No．－company，the young voice rang out， and don＇t just look for the brooch，find it．＂ Scarcely had the command been given and the girls scattered to the search than the lieutenant of a junior company came up． tired with the play．＂Maid she，＂your girls are
search instead of them？＂ ＂Bravo，the Guem？＂
＂Discipline and sisterliness the onlooker softly As it was Solomon who said＂A me breath．＂ doeth good like a medicine，＂it is not surprising that he gave the impression of a happy woman in his picture．He says in one place，＂She shal rejoice，＂and in another＂Her children arise and call her blessed；her husband，also，and he praiseth her．＂Solomon evidently did not nor with grumbling over difficulties．Neither did


They know how to enjoy the woods．The woodlands are an open book to them．

a stretcher impr
the founder of the Guides，Miss Agnes Baden－ Powell，sister of General Sir Robert Baden ＂Powell，for the 8th Guide law is an order to smile under all circumstances．＇
Her religion is expected to play a very real part in the Guide＇s life and while captains and Guide mistresses are bound＂on their honour＂ not to attempt to influence a girl to change the honour bound to foster in her the true observ－ ance of her faith．Her badge，given to her at her very solemn enrolment as a Guide，is called her＂life＂and this may be taken from her for a day，a week，a year even，or until such time as she does works of sufficient merit to have it But to her again
But most of the ethical training of the Guide is the Guide motto，and mans．＂Be prepared Miss Baden－Powell，who was one of those who looked forward and saw that in the not－far－ distant future there would be need of women carrying sound minds in sound bodies who would regard all work as sacred，she gathered little groups of girls，and took them with her to the open where the winds of God would blow from to creep into even the childy which had begun and there，under the guise of sames she nour ished love for life＇s simple things and taught them that laughter must spring from＂mirth that has no bitter springs．＂Gradually the movement spread，crossing to Canada just a ebb．It was home training was at its lowes ebbil It was not so much that girls were un
skilled in domesticity－skill experience－but deep in their hearts they wit begun to feel that there was degradation in working inside the home，that social advance ment and a place in the public eye were the highest good in life，the care of children irksome and that＂motherhood was naught．
$T_{\text {to it thinking women ane appeared，drawing }}^{\text {HEN }}$ attractive method of who had longed for some to see the true things with clear eyes．The uniform itself was a lure and the semi－military discipline of the Guides carried the suggestion the girl slipped little by little fransformation， shackles of a faltle by little from under the shackles of a false environment and into th that the first fruits of Guide membership wer pleasant to the taste she was ready to reach after the later－ripening growths．So one by one as she grew in womanly grace，she added the badges of proficiency to her arm－the iron which proved she had passed the test as laundress needlewoman，under she had qualified as the two keys proclaiming her knowledge of housekeeping，the spur which showed she was wise in tests of horsemanship；the green cross of the child－nurse graduate；the white cros that proved her skill in the sick room；th gridiron of the past－mistress of kitchen
mysteries．
steries．
There are many Canadian Guides who have won the all－round proficiency cords for passing
seven of the tests one who has attained the＂silver fish＂the only of one who has made her way the sigg against the stream of difficulties in life and the highest honour a Guide can win．He badge went with her across the ocean a few short weeks ago，when she left as a bride with her soldier nusband，ready to turn her Guide may require of her，and had her fellows land vhat beautiful tributes to fully－equipped womanhood were to be found in the writings of the poet－monarch they might have transcribed for her the 2وth verse of that chapter which we have been studying：＂Many daughters have done excellently，but thou excellest them
all．＂
All over Canada the leaven of the Guides is working．There are now about 300 companies， in remote corners of the prairie lands of Alberta and Saskatchewan，some in the heart of Old Ontario and Quebec，and some on the Pacific wisely begun，under movement has been ship，there are to be found and devoted leader counterparts of the＂virtuous growing up to be price was far above rubies，＂and in days to come there will be no need for written defence or spoken apologia for the Canadian Girl Guides for＂their own works will praise them in the
gates．＂

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A
S the city clock struck the hour of five on a late spring afternooh, Jerusha Abbot pushed back the papers on her desk, The air that the office window. The air that was warm, yet cool, played with her hair and soothed her temples. Idly she watched the traffic and put away the day's work, and her fecretary arranged the work to be first attacked in the morning When the two to draughtsmen and clerks from the outer office Jerusha came back to her desk. Outside, the spring called to her. Inside, a mountain of work was call ing quite as insistently. The heating plant in the new public library was not working satisfactorily and demanded her immediate attention. The excavation for the Children's Hospital was costing double the amount she had anticipated. Finally, but foremost in her thoughts, the City Fathers had returned her design for the new gateway into the Natural Park; had returned her dignified Ionic design in gray granite, and asked for something to cost
less, preferably of cobblestones
cers. I'll take this home and said. I'll have to see Mascers. Ill take this home and make a design in cobble-
She took down the coat of her
on her plain but expensive of her man-tailored suit, put into the slanting yellow-gold of the sunlight. Just around the corner her machine was drawn up at the curb-a long, low, imported racing car with untold reserve power, that was, someway, typical of its owner
As the car wound its way among the congested five-o'clock traffic, she was aware that both she and it were the cyno sure of many eyes; aware that townspeople, who had strangers with them, pointed her out.

That's Jerry Abbott, our rising architect. She has the city council eating out of her hand. They build what she she tells them. Don't know how where she tells them, how force personified. Yes, thousand dollars."
To Jerusha, threading her way adroitly, the homage of the multitude was merely a natural phase of her success; merely the earned increment of years of almost dynamic work and ambition.
As she passed the Polson building she was hailed by a well-dressed man emerging from the doorway. She swung " "Ger to the curb, a little surprised.
for him to ente ask you to drive walk for the exercise. But I wanted to Can you git? chow you."
"Saturday? Oh, no, I couldn't. Not this week."
"I thought you took Saturday afternoon off."
"I do, officially. But I'm always too busy to plan anything. I could go Sunday, I suppose
holiday; more like truant prday always seems more like "Shan't we take the car? I I haven't
let it go this year.
No. We'll drive Richard III. A horse is the only hing for this errand. At ten, then, Sunday morning." Pursuing her way, Jerusha wondered much at the only other architect in the young city of Waterford, and of late Jerusha had felt a certain shyness about meeting him,

## SHADOWS IN DREAMS

By EVAH McKOWAN

Illustration by
CYRIL P. BRADY
knowing, as she did, that she had encroached greatly into what had ance been his territory. She knew the feeling was foolish, for he, man-like was always affable and easy in her presence, but she simply could not help it.
And his errand-what could he want to show
Did he want to ask her advice about something? But his pride would forbid that.
In her exquisitely furnished apartment, she ate a solitary and expensive dinner, served by a solitary and expensive French maid. And all through the meal and her mail and evening paper, curiosity as to the purpose of Sunday's excursion persisted, to be finally crowded out by the matter of the cobblestone gateway.
A brilliant sun shone in a sapphire sky when, on Sunday morning, Richard III. mounted the crest of the long hil leading from Waterford, and, with neck arched as though proud of his task, sped down the road, beating the tur with fying feet.

The two, in the comfortable seat of the trap, settled in deep contentment. The earthy smell of growing things came from the greening fields, mixed at times with the "Penny for your thoughts," she said at lengt
He turned and looked at her, and she noticed how steelblue and straight were his eyes.
"I was wondering what the spring-all this riot of colour and fragrance and song means to you.

The spring?" she repeated, putting up feminine derences. For several y,

HE took her cue. In the silence that followed, she
reflected how conversationally safe one always was with Grant.
"I see you're resigning from the school board," he ventured at length.

Yes. Why?
"He only smiled, and she asked again.
"What do you read in that?"
"Oh, I imagine it must be a new school somewhere.
Probably the high school; it's the worst. Am I right?" more than I see some firm who now, but I simply could not sit by and brick atrocities come in here and inflict that style on us He smiled again: "Yes, that would be terrible."
She turned to him impulsively
'Grant, don't you get it-my dream? A little city
nestling among its hills and built of the gray granite quarried from them; shaded with its native trees and paved with its own cement: with all public buildings in harmony, both in design and material, and ing why may it not be one of the most beautiful young; why may it not be in the world?" "ities istl"

Still, he answered, while false notes are not desirable, a minor chord here and there but accenuates the beauty of the harmony. And there is such a thing as deadly monotony.
Nonsense," she said, crisply. "You have bee in old Quebec villages, or little towns in England and Normandy. There was monotony, as you call it in those places. That is, they were all of one material and practically one design. Yet the effec was distinctive and restful. That is what I am after, a town designed with distinction. We have all the materials within our gates. I wonder you didn't get it going before I did."
" out an Alberta farmer to fit an apartment, or put a clergyman into a flippant summer cottage. For a lion, I would big pile I did for the Gregsons on the North Hill Road. It's fitting. They wanted something to shout, 'We have more money than any one else.' It shouts all right, and every one's expectations are fulfilled."

JERUSHA reflected that all the people she knew who lived in Grant's houses were rapturous over the just-what we-wanted-ness of them.
I call monotony the crowning $\sin$, he went on Every time I drive by the cement village out south, tha you designed for Garford, I think of that. Everything is orderly and convenient to the $n$th degree. but all individuality is stamped out. The English couple, who love to putter around a rose garden, live in a house of the same size and design as the Dutch neighbour next door who ha ten children, each of whom has a different animal pet. keep saying Smith lives here, and Smith lives here, and smith lives here, all down the street The one is a sensible as the other
Jerusha sat very still with her hands clasped tight Grant Wetherel was the first man in Waterford to criticise her work directly to her. She flashed him a look from her strong, deep, brown eyes.
"No," he said, answering her thought, "I'm not jealous The only one I envy is the man who owns a beautifu piece of God's earth somewhere, who has his healt and the job he was made for, and a wife and children to work for. He is the only succe
She was watching him intently.
Do you know, you were really made for a poet," she told him.
"Even so," he answered, "I think my work can stand all the poetry I can put into it. We don't agree on that but I certainly did not bring you out to-day to quarrel about it."
"I know," she said. "When is my devouring curiosity to be satisfied?
For answer he turned in at a gateway with stone pillars on each side of which were regal Lombardy poplars, and passing her the reins he opened the gate; then, as they
drove up the curved, grass-grown gravel drive, her eyes grew wide with delight. The house of blue stone was almost hidden by huge, old trees; the walks were flaggings of the same stone (Continued on page 30)

PAGE 16 EVERYWOMAN'S WORLD
THE ALPINE PATH


At fourteen $I$ worote "The History of Flossy Brighteyes," the biography of a doll. I couldnt't
kill a doll, but I draged her throush every other kill a doll, but I dragged her through every other
tribulation and then allowed her a happy old age tribulation and then allowed her a happy old age
wiilh a good litlle girl who loved her for the dangers with a good little girl who loved her for the dangers
she had passed through and overlooked her consequent lack of beauty.
HAVE spoken of the time I realized
physical pain. My first realizaphysical pain. My first realiza-
tion of the mental pain of sorrow came when $I$ was nine years old. and Pussy-willow. Catkin was a
 suit me, but Pussy-willow was the
prettiest, "cutest") little scrap of gray-striped fur ever seen and $I$ loved her passionately.
One morning I found her dying of poison. I shair never forget my agony of grief as I watched
my little pet's bright eyes glazing, and her tiny paws growing stiff and cold. And I have never laughed with grown-up wisdom at my passionate sorrow over the little death. It was too real, too symbolical! It was the first time I realized death, the first time, since I had become conscious of
loving, that anything I loved had left me forever. At that moment the curse of the race came upon me, "death entered into my world" and I turned my back on the Eden of childhood
where everything had seemed everlasting. I where everything had seemed everlasting. I
was barred out of it forevermore by the fiery was barred out of it forevermore by the
word of that keen and unforgettable pain. word of that keen and unforgettable pain.
We were Presbyterians, and went every SunWe were Presbyterians, and went every Sun-
day to the old Cavendish Presbyterian Church on the bleak hill. It was never a handsome church, inside or out, but it was beautified in its worshippers' eyes by years of memories and sacred associations. Our pew was by a window and we looked out over the slope of the long western hill and the blue pond down to the curv-
ing rim of the sandhills and the fine sweep of the ing rim of
blue Gulf.
There was a big gallery at the back of the church. I always hankered to sit there, principally because I wasn't allowed to, no doubt,
another instance of forbidden fruit! Once a
year, on Sacrament Sunday, I was permitted to year, on Sacrament Sunday, I was permitted to
go up there with the other girls, and I congo up there with the other girls, and I con-
sidered it a great treat. We could look down sidered it a great treat. We could look down
over the whole congregation, which always flowered out that day in full bloom of new hats and dresses. Sacrament Sunday, then, was to had new hâts or dresses, sometimes, oh, bliss, we had both! And I very much fear that we thought more about them than we did about the service and what it commemorated. It was
rather a long service in those days, and we mall fry used to get very tired and rather inclined to envy certain irresponsible folk who went out while the congregation sang "Twas on that night when doomed to know." We liked the Sunday School much better than the church services. Some of my sweetest memories are of the hours spent in that old church with my little mates, with our testaments and lesson day night we had been made learn our catechism and our Golden texts and our paraphrases. I always enjoyed reciting those paraphrases, particularly any that had dramatic lines.
The London Spectator, in a very kind review of "Anne of Green Gables" said that possibly Anne's precocity was slightly overdrawn in the statement that a child of eleven could appre-
ate the dramatic effect of the lines,
Quick as the slaughtere.
In Midian's evil day.'
But I was only nine when those lines thrilled my very soul as I recited them in Sunday School. All through the sermon following $\mathbf{I}$ kept repeating them to myself. To this day they give me a mysterious pleasure and a pleasure quite independent of their meaning. So ran the current of my lie in childhood,
very quiet and simple, you perceive. Nothing at all exciting about it, nothing that savours of "career." Some might think it dull. But life never held for the a dull moment. I had,


## (Third Instalment)

in my vivid imagination, a passport to the
geography of Fairyland. In a twinkling I could-and did-whisk myself into regions wonderful adventures, unhampered by any restrictions of time or place.
Everything was invested
fairy grace and charm, emanating a kind of fairy grace and charm, emanating from my own
fancy, the trees that whisnered fancy, the trees that whispered nightly around
the old house where I slept the wody I explored, the homestead fields, each individualized by some oddity of fence or shape the sea whose murmur was never out of my ears., all were radiant with "the glory and the dream.",
I had always a deep love of nature. A litle I had always a deep love of nature. A little
fern growing in the woods, a shallow sheet of fern growing in the woods, a shallow sheet of
June-bells under the firs, moonlight falling on the ivory column of a tall birch, an evening star over the old tamaide fine whene, shadowme "thoughts that lay too deep for tears" and
feelings which I had then no vocabulary to express.
It has always seemed to me, ever since early childhood, that, amid all the commonplaces of life, 1 was very near to a kingdom of ideal
beauty. Between it veil. I Could neever it and me hung only a thin times a wind fluttered it and I caught a glimpse of the enchanting realm beyond -only a
glimpse - but those glimpse-but those glimpses have always made life worth while.
It goes without saying that I was passionately fond of reading. We did not have a great
many books in the house ally plenty of papers and Grandmother took Godey's Lady's or two do not know if I would think much of that magazine now, but then I thought it wonderful, and its monthly advents were epochs to me. The opening pages were full of fashion plates and were a perpetual joy; I hung over them
with delight, and whiled choosing what frocks I would have if I could Those were the days of bangs, bristles, and high-crowned hats, all of which I considered extremely beautiful and meant to have as soon as I was old enough. Beyond the fashion
pages came the liturary pand pages came the literary pabulum, short stories
and serials my eyes out in delicious woe over the argonies of the heroines who were all superlatively beautiful and good. Every one in fiction was either black or white in those days, There were no grays. The villains and villainesses were all neatly labelled and you were sure of your ground.
The old method had its merits, quite hard to tell which is the villain and which the hero. But there was never any doubt i Godey's Lady's Book. What books we had were well and often read. I had my especial favourites. There were two red-covered volumes of "A History of the World," with crudelycoloured pictures, which were a never-failing
delight. I fear that, as history they were delight. I fear that, as history, they were
rather poor stuff, but as story books they wer rather poor stuff, but as story books they were
very interesting. They began with Adam and Eve in Eden, went through "the glory that was Greece and the, grandeur that was Rome,"
down to Victoria's seign. down to Victoria's reign.
THEN there was a missionary book dealing because it was full of pictures of cann revelled


My old home at Cavendish, Prince Edward Island, taken from the front. In the grove to the
with the most extraordinary hair arrangements always loved fairy tales and delighted in ghost stories. Indeed, to this day I like nothing oter than a well-told ghost story, warrante must be a real ghost story, mark you. The
spook must not turn out a delusion and a snare.

I DID not have access to many novels. Those reading for children. The only novels in the house were Rob Roy, Pickwick Papers, and Bulwer Lytton's Zanoni; and I pored over them Fortunately whole chapters by heart novels. I could revel not share the ban of Tennyson, Whittier at will in Longfellow, Burns. Poetry pored Scott, Byron, Minton, part of one's nature more thoroughly than that Which is first read in mature years can ever do. has echoed throven into my growing soul an consciously, ever since; "the music of the immortals, of those great, beautiful souls whose passing tread has made of earth holy ground." But even poetry was barred on Sundays Then our faithful standbys were Pilgrims Progress was read and re-read with never-failin delight. I am proud of this; but I am not quite so proud of the fact that I found just as much delight in reading Talmage's Sermons. That was Talmage's palmy day. All the travelling colporteurs carried his books, and a new volum a "best seller" does now to us pretty much wha it was the does now. I cannot claim tha at that age I liked the Talmage brand much it was the anecdotes and the vivid, dramatic word-pictures. His sermons were as interesting as fiction. I am sure I couldn't read them with any patience now; but I owe Talmage a very real debt of thanks for pleasure given to a child
craving the vividness of life. My favourite Sunday b
thin little volume entitled "The Memoir a Anzonetta Peters." I shall never forget of book. It belonged to a type now vanished from the earth-fortunately-but much in vogue at that time. It was the biography of a child who at five years became converted, grew very and saintly life for several yellously patient and saintly life for several years, and died,
after great sufferings, at the age of ten. If must have read that book a hend
if I did once. I don't think it had a on me. For one thing it discouraged me horribly it was na was so hopelessly perfect that I fel She never secmed imitate her. Yet I did try ordinary semed by any chance to use the invariably responge of childhood at all. She only "How are you to-day, remark, if it were quoting a verse of scripture or a hymn stanza Anzonetta was a perfect hymnal. She died to a hymn, her last, faintly-whispered utterance
being
"Hark, they whisper, angels say,
Sister spirit, come away."
$I$ dared not
in current conversation. I had a wholesome


My "red letter day" came when I was nineteent and received my first cheque for a short story. I
did not squander that five dollars in riotous hiving, nor invest it in necessary boors and gloves; no, I burght five volumess of poeptry veith it. I wanted
something $I$ could keep forever in momory of something $I$ coul.
having "arrived."
conviction that I should be laughed at, and id my best; I wrote hymn ffter hymn in my little diary, and patterned the style of my entries after Anzonetta's remarks. For example, I remember writing gravely "I wish I were in Heaven now, with Mother and George Whitefield and Anzonetta B. Peters.'
But I didn't really wish it
But I didn't really wish it. I only thought I with my own world, and my own little life full of cabbages and kings.
I HAVE written at length about the incidents and environment of my childhood, because of my literary gift. A different environment would have given it a different bias. Were it "Anor those Cavendish years, I do not think written.
When I am asked "When did you begin to write?" I say, "I wish I could remember." ing, or whember the time when I was not writ Ing, or when I did not mean to be an author. around which every effort my central aupsition of my life indefa tigable little scribbler, and stacks of manuscripts, long, ago reduced to ashes, alas, bore testimony to the same. I wrote about all the little incidents of my existence. I wrote descriptions of my favourite haunts, biographies of
my many cats my many cats, histories of visits, and school had read.
I discovered therful day, when I was nine years old, been reading that I could write poetry. I had little black, curly-covered atrociously printed "opy had fallen intocored atrociously prosed a "poem" called "Auturn" in blank verse in imitation thereof. I wrote it, I remember, on then used in the of the long red "letter bills" easy for me to postal service. It was seldom those blessed got all the paper I wanted, and Grandfather kept lere bills were positive boonre times a week a discarded "letter bill" came my grateful way. The Government was not so
economical oconomical then as now, at least in the matter As for "Autumn," I remember only the opening lines:
"Now autumn comes, laden with peach and The spart
landsman's horn is heard throughout the And the poor partridge, fluttering, falls dead.
in Prince, peaches and pears were not abundant in Prince Edward Island at any season, and am sure nobody ever heard a "sportsman some partridge shooti, though there really wa says my imaginationg. But in those gloriou by facts. Thompson had imased to be hamperer so forth; therefore I must have them too
Father came to see me the very day I wrote it, and I prourly read it to him. He remarked unenthusiastically that "it didn't sound much
like poetry." This scuelched like poetry" This squelched me for a time you will be practically noting is bred in your bones, I had found outt that I non-squelchable. Once
overflowed write poetry overflowed into verse over everything.
wrote in rhym wrote in rhyme after that, though, having con
cluded that it cluded that it was because "Autumn" did no rhyme that Father thought it wasn't poetry.
I wrote yards of verses and trees and stars and sunsets. And I addressed "Lives" to my friends sunsets. And I addressed A school chum of mind

# NATIONAL SERVICE -FOR THE WOMAN <br> A Page for the Canadian Woman Who Wants to 

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## Serve Your Country Your Country Serves You



Wyour yout doing to serve yan country - you woEvery male voter be longs to one party or the
other and he votes other and he votes with his
party. And advises And every male voter
woman with the vote to "Kerp out of party

Party politics is not National Politics. Get into National Politics and strike at the root of the corruption that hampers alike both the Government and the Opposition and the branches. The root of the evil is the Patronage System. Do you thow evil is the Patronage System is? Read Professor Wrong's editorial in the July number. Study politics. "Canadian Civics," by
R. S. Jenkins, M.A., is a good little book with which to begin; it gives a good, ground idea of National and Provincial Affairs ${ }^{40}$ cents, post paid, The Copp, Clark Co., sociation, 205 Yonge Street Toronto Get "The Federation of Canada," by Professor G. M. Wrong, Sir John Willison, Z. A.
Lash, K. C., and President Falconer, issued by the University of Toronto, and published by the Oxford University Press; price, 50 cents. Read "The Dawn of a New Patriot
ism," by John D. ism,", by John D. Hunt, Clerk of the Execu-
tive Council of Alberta, and published by The Macmillan Co.. Toronto. pubisished by The Macmillan Co., Toronto; price, SI.00.
Of the older books, Ruskin's
"Two Paths," price, 35 cents; Henry George's "Free Tride, and Tariff,", price, 40 cents;
and Carlyle's "Heroes and Hero Worship," and Carlyle's "Heroes and Hero Worship,"
price, $\$_{1} .50$, may be had from, or ordered Read these books and
Read these books and judge for yourself. Dont take your politics from husband,
lover, son. Remember, men have a success of governing the country. Man is in party politics; woman must go into The Colitics.
The Canadian Problems Club, previously
known as the National Proble known as the National Problems club, is for the purpose of studying National Problems,
and numbers both men and women. It has, and is forming, branches all over the country, If there is one near you, join at once. If there is not one in your community, city, or town, write to Professor R. M. MacIver, Medical Building, University of Toronto, Toronto. Professor MacIver will be glad to give you all information, with directions
for joining or forming a club. The fees for joining or forming a club. The fees
are merely nominal.

Ten Seconds for Safety!
Ten seconds to avoid injury, perhaps death! Stop making cripples-you can't
make them whole again. The War is make them whole again. The War is
making many cripples, but carelessness has making many cripples, but
The Workmen's Compen
Ontario deals with accidents then Board of loss in time of one week or more. cause a they dealt with 16,192 accidents, all of which happened in 1916, and in addition to this enormous number from 800 to 1,000 cases were left to be adjusted in 1917. A total of about 17,000 for one year. Of these, 256 died and 418 were permanently
disabled-nearly io per cent. And these are the figures for one province only, Accidents can be prevented. One think before an accident is worth a million thinks afterward. Don't gamble with life and limb. If you lose a hand or foot, you are not worth so much to yourself or your
country as though you were whole 17,000 drivers of motors and
were watched at an important crossing. of these 3,300 ran at reckless speed, and 11, Of did not look in either direction to see if a train were coming-they trusted to luck. Teach children that "hooking" rides on the back of rigs is dangerous: that walking on the railroad track is against the law and common-sense: that the roadway is not a children haven't: to cross roads and streets at the crossings-that's why they are there: to turn down boards that have nails pointing up-it may prevent a case of lock-jaw: to look efore crossing a street-car or railroad trackcars run on tracks and cannot dodge you. egret-vHICH?

## The Empire's Call to Service

To-day, with Conscription a living reality, a vital necessity, the Empire calls to Canadian women to stand, not back of our men with comforts, sympathy, cheer, hope, but
shoulder to shoulder with the soldier in shoulder
the trenches.
Conscription is not of men alone but o service-service for the nation. The Empire calls for food, woman must produce that food; the country demands that business go on, woman must do that work; the army must have shells, woman must make them; the nation calls for sacrifice and Conscription rounds up the shi
among men, and Conscription must round among men, and Conscription must round is work for every woman, every girl, to do.

## Have You Bought a War Bond Yet?

The Government gives every one-that means you and me-a chance to "do our bit," and if we do not do "our bit" we are when they come home? The Government issues War Savings Certificates for \$2r.50 $\$ 43.00$, and $\$ 86.00$ each; these mature in three years at $\$ 25.00, \$ 50.00$, and $\$ 100.00$; that means that the Government pays interest at the rate of $5 \quad 2-5$ per cent. The Post Office Savings Bank pays 3 per cent.; banks pay 3 per cent. Make $22-5$ cents on
every dollar by buying War Savings Certificates!
But listen! The country pays this interest and "the country" means you and me. You and I pay this interest every time we buy a postage stamp, every time we pay a
War tax on anything, and we pay it War tax on anything, and we pay it with-
out getting anything for it, unless we buy

## Fire a Shot for Germany!

> Waste a slice of bread and fire a shot for If every one of the $3,600,000$ homes in Canada wastes a slice of bread a day weighing about 1 oz . and containing almost $3 / 4 \mathrm{oz}$. of flour, we are throwing away $2,600,000$ ozs. of flour every day. That
means that $162,500 \mathrm{lbs}$. of flour is wasted a means that 162,500 lbs. of flour is wasted a throw away $\$ 12,992$ in flour each day.
> Counting $4^{1 / 2}$ bushels of wheat to make a barrel of ordinary flour we waste 3,654
bushels of wheat a day. That little slice bushels of wheat a day. That little slice
of bread we waste may be made up of a of bread we waste may be made up of a left in the breat box, of the crust cut off of our morning's toast, but no matter how we waste it, it amounts to 3,654 bushels of wheat a day
> Allowing 6 lbs . of flour to make 9 lbs . of
bread, this amount bread, this amount of flour would make 243,750 loaves of bread of $11 / 2 \mathrm{lbs}$. each!
Read England's message to Canada
> through the Director-General of Food "Canada can help by avoiding waste and decreasing home consumption. If every one in Canada cuts down the daily consumption of bread by one-quarter, many thousands of tons would be added early to the wher export. whose deathless exploits in themselves added a glorious chapter to the history of the civilized world, can all do their bit by increasing production, or decreasing consumption.
> We can cut down our consumption of bread But we can cut down using them instead. hat crust of bread! England is making
> of food a punishable offeste of any kind Canadians would be out of jail if waste were punishable here by imprisonment?
Would you?

## The Object of This Page

THE tide of National Service is sweeping the Empire from the centre of its throbbing heart in London to its farthest bounds in the islands of the sea;
and we, in this broad and wide, prosperous and resourceful Dominion are not behind in our wish to accomplish, in our desire to "do our bit."
Woman is serving the Empire well-in recruiting, in caring for the soldier, in giving of her best. But in these great works, which are most imperative, others equally important have been neglected.

The Government is now bringing these less imperative, but equally important, subjects before our notice, and we shall, each month, give you practical information the Nation and "do your bit" in winning the War. The Government stands back of us with its accurate and reliable information, its pamphlets, publications, statistics-free for the asking-and its
your hearty co-operation. "National Service for Women " will be incorporated in our new department,
"Public Life for Women," which begins in the September number. This "Public Life for Women," which begins in the September number. This
change has been made advisable since the entrance of women into the Political Life of the Nation. Address letters of enquiry to "The Editor of Public Life for Women, Editor-
ial Annex Everywoman's World, 307 Hamilton Trust Building, Toronto, Canada."
a War Savings Certificate ourselves! When we buy these we get $22-5$ cents on each dollar, above the bank interest, and this
helps us pay the extra War taxes. At the helps us pay the extra War taxes. At the
end of the first year you may have your money back with interest, if you wish. If you cannot save $\$ 21.50$ yourself, form a club and make that extra $22-5$ cents
The National Service Board are publishing advertisements in newspapers and magazines all through the country showing the
necessity of buying National War Savings Certificates and Bonds. Read these carefully and understand for yourself the urgent necessity of loaning your money to the Government. Remember that the Govern-
ment pays a higher rate of interest than the ment pays a higher rate of interest than the banks, and that your money is absolutely safe.

Don't wait to be asked to do this or that; the real live men and women are too busy
to go after you. It's up to you to go after the thing you can do well, and see to it that you are a help and not a hindrance. Don't let self stand in your way, rise higher than self or any selfish consideration
Sink your petty jealousies, your likes and your dislikes, your shrinkings and your inClinations; sink yourself in the Nation's The call is Empire-wide; the need is worldwide; to-day's opportunity comes but once in history.
Find out what you can do, and do it with all your might, as you would do it if the

## KATHLEEN ELIZABETH STEACY

$3,000,000$ Bushels of Wheat Wasted!
Canadian wheat are wasted every good Canadian wheat are wasted every year
because the housewife insists on buying white bread.
Why? Because it looks nicer than the Why? Because it looks nicer than the
brown; because she thinks that since it is "refined" it must be better! 3,000,000 bushels of wheat wasted for looks $3,000,000$ bushels of wheat would be
saved if the millers stop turning out white saved if the millers stop turning out white
flour and, instead, roll out the whole wheat in one uniform flour.
The coarser parts of the wheat berry-the parts that contain the most nourishment and are healthiest-are now used for animal feed-given to the animal that the child may go undernourished or hungry!
The millers will stop this wholesal if the housewives ask and insist on waste whole wheat bread. Whole wheat bread for health! Whole
wheat bread for wealth! Whole wheat wheat bread for wealth! Whole wheat
bread for economy! It rests with you.

## Fire! Fire! Water!

Sir Clifford Sifton, Chairman of the Commission of Cnnservation, says, about Canada and Fire: ion's resuit of the Conservation Commis the greatest fire loss that Canada has country in the world from which statistics are available. The per capita loss is constantly increasing. Conditions are growing not better, but worse. Fire losses in Canada during the last fifty years have amounted to had increased to $\$ 2 \mathrm{I}, 500,000$. In other words, while from 1890 to 1914 our population increased about 67 per cent., our fire loss increased 290 per cent. Fire losses and fire protection combined cost Canada in the year roy, no less than
exclusive of losses by forest fires
At the lowest calculation 50 per cent. of
these fires was preventable. The prolific cause of fire is carelessness and bad house-keeping.
Don't drop matches on the floor and leave them there; some one may step on them. Don't leave matches where a child will get
them; the child who plays with matches is an innocent criminal or victith matches is on whether you must turn in an alarm for fire or send for the doctor-whether the child eats the sulphur or ignites it.
Don't look for a gas leak with a lighted match, nor use gasolene where there is a fire or light-one second! and it's too late. near a fire; these are used to light a fire, not left to start a fire. Pull the plug out of an electric iron after using or you'd better turn in a fire alarm. Don't leave the lamp on the table where the baby can pull it down; if you must do that, send for the doctor first. Water: 365 days in the year, and in Ontario alone there were 367 persons
drowned during drowned during 1915. How many were Learn to swim, and have your children taught to swim before venturing on deep water, and don't forget that two inches of water can drown if it be in the right place. Don't rock the boat; a small joat on the water is no place for play.
It is the mark of good citizenship to prevent accidents. Canada needs you and Fire: During the year igI6 the Fire Rangers reported 1,455 fires, of which 343 covered over ten acres each.
The total area burned over was 905,828 acres and the quantity of timber destroyed was $223,008,000$ feet board measure, and of totals do not include fires ards. These Bay Railway line or fires in the the fudso ern parts of Manitoba, Saskatchewan, an Alberta, in regard to which reports were not received.
Of these, 246 were caused by settlers and 410 by campers and travellers. and I! A match travellers"-that's you and I! A match or cigar stub thrown away and the result is the los of to die itsell of dollars in trees that the country cannot whare.
Who gains by this loss? No one
Who loses by this carelessness? You

beauty of design with perfect comfort and fit. Pure wool and fast dyes make for lasting satisfaction.

The model illustrated above ne of the many striki
Autumn models. Autumn models.

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Dunnville, Canada
KEEP YOUR GOOD LOOKS


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Removes Hair or Fuzz from Face Neck or Arms $\mathrm{D}^{\text {ELAATONE }}$ is an old and woll. known geientific proi.








## EARLY AUTUMN BLOUSES



No. 9980 --Ladies' Blouse with collar and chemisette, with double 40 and 42 inches bust measure. Size 36 requires $13 / 4$ yards 40 -inch
material with $3 / 4$ yard 24 -inch material with $3 / 4$ yard 24 -inch contrasting goods, and $3 / 4$ yard
plaiting. The chemisette may be of
crepe or silk voile, matching or crepe or silk voile, matching or liouse. One-piece sleeves in either
ong or short length. Pattern 15 c .


No. 9983 .-Ladies' Slip-on Blouse skirt. Wizes over 36,38 , 40 anderneath the 42 inches bust measure. Size 366 requires 3 ards 36 -inch material, with $33 / 4$
yards edging and 3 yards ribbon. Front and back are gathered to shoulder straps. Narrow plaiting
is the very latest trimming, and make the prettiest kind of a finish. Pattern, 15 cents. Embroidery
design No. 14465, 15 cents.

## SMARTLY TAILORED SKIRTS



AUGUST 1917
FOR AFTERNOON AND MORNING


Smoin woin-Miseses, mind front rolled to form revers one-piece short sleeves with
flare cuffs, or plain full length sleeves. The three-
piece gathered skin piece gathered skirt is $23 / 4$
yards wide at lower edge,
belt is separate; dress is belt is separate; dress is
finished with double collar Sizes $14,16,18$ and 20
years. Size 16 requires $51 / 4$ years. Size 16 requires $51 / 4$
yards 36 -inch material with $1 / 2$ yard 36 -inch contrasting goods. Pattern 15 cents.
Embroidery design No. Embroidery desi
14240,10 cents.

No. 9997.-Ladies' Dress with separate waist closing at left side. The gathered
skirt measures $21 / 4$ yards at lower edge, is in four sections held together with
French tacks and joined to French tacks and joined to
the underbody in slightly the underbody in slightly
raised waistline. This is rather an ambitious design
for the home dressmaker.
but it fully repays the but it fully repays the
trouble. A very stylish
dress.


P tterns are 15 cents each, post paid. When ordering, write very plainly, give name and address,
nur ber and size of pattern wanted, and enclose 15 cents for each. Patterns may be obtained from
dealers handling Home Patterns, and from our Pattern Department EVERWOMN's Worts 621 emperance Street, Toronto.


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Send for our Style Book, or send 25 c . for a sample collar, mentioning your size and the kind you like.
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CHILDREN'S SENSIBLE STYLES

## 

 No. 9968 . One-piece
dress, long or short sleves.
The pockets are distinctive. Sizes 6, 8, 10,12 and 14
years. years.
yards 36 -inch material, with
8 1/ yard contrasting goods.
 dery desis
cents.


No. 9974.-Dress
separate overblouse, sith
slips separate overblouse, with
on over the head, closes at on over the head, closes at
back, long or short sleeves. Sizes $6,8,10$ and 12 years. Size 8 requires 2 yards 27 -
inch material, and $31 / 6$ yards 27 -inch plain goods;
for the blouse, $11 / 4$ yards
27 -inch material. 15 cents


No. 9972. - One-piece
Dress, fronts form side pockets; long or short sleeves. Sizes $8,10,12$ and
14 years. Size 8 requires 2 yards 44-inch material, with go yard An-inch contrasting
An unusual design.
Pattern, 15 cents.

NATTY STYLES FOR CHILDREN



Patterns and size of pattern woast paid. When ordering write very plainly, give name and address,

NEW EMBROIDERY DESIGNS


No. 14819.-Masonic Design for Sofa Cushion. The pattern includes two additional Masonic designs 4 by 4 inches. The large design may be used with or without the stars that form the background. It is suitable for a sofa cushion, table
cover, curtain or similar articles for a den or library. The two smaller symbols may be adapted to mar articles for a den or library. The ewo smaller symbols 15 cents.



No. 14815.-Sunburst Motifs and Borders for Beading. Two motifs and 3 yards mings. They may be worked in steel, gold, or coloured beads. Pattern, 15 cents.

M-


No. 14818.-Wide and Narrow Borders. Widths, 5 inches and 2 inches; yards of each in pattern. These borders are worked in the running or darning stitch thread. Pattern, 15 cents.

## cos सील

No. 14814.-Motifs and Border for Beading or Embroidery. Three motifs, in each pattern. To be worked in $21 / 2$ inches, and 3 yards of border, $21 / 2$ inches wide Pattern, 15 cents.


No. 14816.-Fleur de Lys and Oak Motifs and Border. Two motifs, $101 / \mathrm{byy} 61 / 2$
inches, two motifs, $3^{1 / 2}$ by each pattern. In embroidering this design, the stitches are run crosswise, except in the narrow upright leaves, where they run lengthwise. The veins of flower and leaves are done in a heavier thread. Pattern, 15 cents.

Patterns for designs shown on this page mailed on receipt of 15 cents each. Give number of pattern wanted. Write your name and address clearly. Address, The

## Attractive Dresses for the Home

will please the ones you care for most, and brighten work itself. At the same time they will be practical, serviceable and not at all expensive if you make them of

## "Steelclad" (Made in Galatea

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## Artificial limbs are admitted MUSICTaught FREE DUTY FREE. SOLDIERS and others should get the best



YOUR SMALL ADVERTISEMENT Ramadind



## AUGUST taI7 A The college Girlen

## THE GIRL WHO LEARNS TO THINK AT COLLEGE

## A Message to Undergraduates

## By MARY E. LOWREY

THERE were six of us, gathered in formally around a grate fire and enveloped in the pleasant calm tha when Caroline King, apropos of nothing whatever, remarked with sudden energy: "I wish I had college to live over again! filling her cup for the fourth time,
who is coming to college in the fall," wine on Caroline, disregarding both interrup tion and tea, "and I asked her what course she intended to take, and she an swered that she didn't know. I asked her what profession she wanted to be fitted for, and it had never occurred to her. So
simply out of curiosity I inquired just why she was coming to college at all, and she said with a good deal of surprise, 'Why Ive grown up with the idea of going to
"And then I remembered," continued lege ine, that i had gone through col Up to my third same hap-hazard fashion more practical year I really hadn't any ation than of life of life beyond graduremember realizing quite suddenly on day at the end of my third year that very own living and re to start to earn my happened I should never that whateve And yet here I am! And I belie school ninety per cent of the cirls who so throug college without a definite purpose drif into the teaching profession simply be cause there seems to be nothing else for it,
There was a little awkward silence; as a teacher, Caroline is frankly a misfit. Then Clara Elis remarked
there are just two me the other day that there are just two kinds of college girlpurposes of education, and the solely for comes solely for purposes of co-education "That isn't true," declared Margaret girls go to is, as Caroline says, that mos have 'grown-up' with the idea of they If college women were as definite in the aim from the beginning as college men doubt they would achieve bigger result than they are doing. But it's possible to take it too seriously. I remember tha some of the giris who went through college with that awful intensity of purpose were a little trying a times. I think if I were to make friend firousin, 1 should tell her never have the same of an, for she will The trouble is that opportunity again college at an age when she isually enter erant toward others and most intol toward herself; most inclined too to her prejudices seriously Do you take the biggest thing I learned at college was just how to like people
education had not then that Margaret's education had not been wasted ; her friendship is a privilege that some widelys none of its preciousness for bein too the days whe Most of remembered, able little freshette who $m$ an unproach overture with a kind of frigid sery friendly

IT was Clara Ellis who put in a word for the most orderly is a business woman, and She always speaks in figures - mathown ical figures-and from her conversemat methods, one feels somehow that hal brains must be arranged in neat rows and not all alter the scrambled fashion "What your
line," she declared, "is, needs most, Caro knowledge of the necessity of method a her work. Academic life of method in systematized combination of four phase a of life-mental, physical, social and spiritual-and the girl entering college is
likely to live every tensely than she has over tom more inShe must have a working systeme berore of time table of activities-if she is develop herself continuously and symmet ricall. Do you know the percentare? Caroline "Ret statistical, Clara," pleaded Caroline. Remember this is a tea party not a board meeting."
garet warmly: "she was "" declared Marwho wasn't taking wasfeine only one of us last year, and who hadn't act in her crawl out of bed to graduate actually to
to me that if there were less of that hit-or miss spirit during college there , would be Nell Gardner, who teaches English in th High School, spoke for the first time. "I gave my third form an essay to write on Sir Isaac Newton the other day, she said, "and six out of thirty began, 'Sir Isaac Newton discovered the law of gravitation.' So, simply out of curiosity, party to the and tracked the whol celled them Reference Library. I can they could use their imaginations on, and warned them that every sentence, in had to be original. And I wish," she added, "that my, High School teacher ha had enough sense to do the same
pretty badly is, I have the reference habi " pretty badly myself," she went on. " critical or thought wrote an original Critical or thoughtful essay in my life. to the Fi had to form an opinion, wen going through college again I should think for myself, no matter how crude the results might be, but when I try now I find my self in a sort of mental vacuum. This reference system is-dementalizing," she concluded indignantly - she had just dropped four stitches and was feeling a little bad tempered. I don't consider Andre Carnegie a public benefactor; he's th patron saint of the lazy-minded.
BUT no one can afford to be indepen dent of other people's ideas," objected Nan, who is a librarian. "Of course, if you let your reading take the place of your college is supposed to train one to read the things that stimulate to more thought even if they don't amuse more thought to one. There isn't any royal road to real knowledge."
"In other words, if you want to know the unknowable, you must read the unread able," "suggested Caroline.
"I often think," Nan went on, "that when we go to college we become so ab sorbed in the process of being educate, that we forget the object of it. We dont go there simply to attend a certain numand to pass, to read the prescribed text and to pass examinations. We go to make ourselves accessible to ideas, erantly think more widely and more to not one's class standing that is the fina test of education."
"It's a pity," said Margaret reflec tively, "that we take so long to acquire a real conception of college. At first it seems like a sort of sublimated high school. We don't realize that, while the object of the high school is simply to teach us, the object of the university is to teach us to teach ourselves.
control," "quotence, self-knowledge, selfcontrol," "quoted Nell. "That's the basis of real education, because the whole of one's The trouble with ds on self-realization The trouble with our present system is comes as the result of education, when it should be the starting point
Nell has very advanced ideas on the subject of education, and she knows more about child psychology than the man who invented the term. I have sometimes wondered what her pupils think of this efficient young woman, who charts every phase cf their development and scrut inizes their helpless little mental pro cesses with an eye that nothing can escape. dedicate it to should write a book and garet, after a pause
"They wouldn't read it," Caroline read anything the. Undergrads never's illustrated by a nambypamby artist," Too often when a girl leaves college all thoughtful reading is dropped, as though her education were finished when, as a matter of fact, it is really only begun If she can think, she is in a position to reason out all those problems which mhist, sooner or later, confront her and which she must settle for herself. Thi of things, with - not only along the surface mind-and with the superficial part of her the power to reason, carries with 1 tween the true and, to distinguish be recognize and appreciate the true values of


HOW GRANDMOTHER REMEMBERS CITY LIFE IN CANADA By AUBREY FULLERTON

$\Gamma$HERE are five cities in Canada, now
honourably old and richly storied, whose
records show how greatly we have of living. Slowly
enough the changes came, and for many years city life was a
mere expansion country life; but in old capitals, having grown from pioneer posts to villages, and
from villages to from villages to towns, took on the garb and manner of urban
grandness. In the
course of that evolucourse of that evolu
tion were developed the differences that
make the cities of to-day what they are Montreal wasnot built in a week, nor did the dignity of grow overnight

NE characteristic Canada has ob tained from the first, subject of course to the interruptions of his
tory. Away back in the time of the early French regime, when conditions were sometimes far from favourable, there was a social life in remarkable wild and notably at Que bec. That city had only even at the close of the French period. As far back as 1700 there were famous dinner parties and state functions, at which as high a standard of etiquette was observed as in Paris itself. too. A writer of the time says that the ladies of Quebec were "fond to the last degree of dress and show;" and another, writing of the society women of Montreal, says: They are attentive and they laugh at one another when they are not dressed to one another's fancy." In Montcalm's time old Quebec was gay with dinners and balls. "Rooms well lighted, excellent order, excellent service, plenty of
refreshments of every sort all through the night, and the company stayed till seven in the morning," writes Montcalm himself of one such ball. When the English occupation came, the round of festivities continued, and display of his social good-will that Prince Edward, Duke of Kent, helped greatly in winning the hearts of the FrenchCanadians for British rule. The Prince, during his 1791-94, was always glad, however, to escape now and then from the social duties of the city, and holiday at his favourite retreat by Montmor-

Igarb as that.
Bountiful and expreads upon the fes tive boards.


Where the Duke of Kent used to go to escape from the social duties of Quebec.

with lantern and stafl at
Montmorency Falls.

The pulpit of an old-time church; note the
tables might be laden to groaning, and spread with fine glass and silver, but the guests were Each gentleman car ried a knife in his pocket, and the ladies sheathes of leather, silk, or birch bark. And if a guest wished to wash his hands before sitting at the
table, he found a basin in a corner of the otherwise stately
dining-room.

IN its way as notable as any feature of
Quebec's social life was the merry record of the old Beaver House in Montreal. city from 1785 to 1824 an organization Club, whose membership, restricted to fifty-five persons, was
made up of the heads of The North-West Fur friends. It was purely a social club, governed by unusually strict rules, one of which was compulsory at-
tendance. For forty years it held fortnightly meetings, which began always with a feast of prodigal
proportions and an invariable ist of toasts, and concluded
with an all-night programme of fun and revelry. Such meetings could not be held to-day, but in its own time The Beaver Club was not only a social power in Montreal, but a poitical infuence through-
out Canada. The theatr dinner-hall, had its place in the social life of the old-time cities, and its art reached a really surprising degree of excellence. One of the first
stage performances in Canstage performances in Can-
ada, if not actually the first, was in the winter of $1693-94$, when Count Frontenac, still youthful at seventy-four, encouraged an amateur production by his officers, assisted by some Quebec ladies. Two plays were acted, "Nico mede" and "Mithridate,"
and they were received with and they were received with the priests. A second performance was planned, but the bishop paid a sum of money in consideration of its
being stopped. being stopped.
HalifaX was a theatreloving city. Eighteenth
century Halifax, with it rison and fleet of warships, was always gay, and besides numerous balls and banquets it had many and ex-
cellent dramatic
 events. "The Mer-
chant of Venice" was chant of Venice was
advertised in 1789, at advertised in 1789 , at
five shillings for a box, and three shillings for first pit. "Beaux Stratagem" was put The a month later. The management,
through the public through the public
press, requested the press, requested the
ladies "to dress their heads as low as possible" for the sake of those behind.
There is something un-Canadian about a
sedan chair, but as sedan chair, but as
late as 1794 society late as $1794 \begin{aligned} & \text { society } \\ & \text { women of Halifax }\end{aligned}$ wemen of to and from their engagements in little box-like vehicles propelled by man-power. Sedan chairs stood for hire on the main street, and were at the dis-
posal of the public posal of the public
for a shilling or a shilling and sixpence ended these elaborate feasts, there was a for Sunday conveyance to church. By made strange interfusion of primitiveness. The however, the sedans (Continued on page 24)


## Thrift that brings Comfort instead of Sacrifice

THRIFT, the paramount national duty, applies to time as well as to money-to small personal outlay as well as to larger family expenditure. Applied to the daily shave, thrift means the use of a

## GILLETTE SAFETY RAZOR

The Razor of National Service.
The Gillette reduces shaving time to five minutes or less-an actual saving of a week of working days a year! To the man who depends on the barber, it saves still more time, and from $\$ 25$ to $\$ 50$ or even more annually. This means the cost of one or several War Savings Certificates.

Moreover, there is not a man living with a beard to shave who cannot shave better with a Gillette if he will use it correctly-with the black screwed down tight and a light Angle Stroke.

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IRISH TABLE AND BED LINEN.

 Pillow Cases, size $19 \times 30$ inches
from 8108 per pair.
Embroidered from 8108 per pair. Embroidered Linen
Bespreads. from
g7 44 each. Embroid.
 Hemstitched Linen Huck Towels, from
8468 per dozen.
THE IDEAL COLORED DRESS
LINEN. non-crushable finish in white LINNE, non-crushable finish in white and
fastionabbe shades, 36 inches wide, 80.48
per yard. IRISH CAMBRIC HANDKERCHIEFS.

 ${ }^{\text {dozen. Khaki }} 1.66$ per dozen.
IRISH COLLARS AND SHIRTS-OUr






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Beware of parties anting our name; me employ neither agents nor trayellers.
 convey precisely the same impression as everything else you do. Therefore, your notes and letters should be written on dainty stationery.

## Empress Louise Papeteries

 are of the daintiest.Supplied in delicate tints of green and azure as well as white.


## Where You Cannot Prophesy PREPARE!

N
OT even the best-informed man in government or business circles dares to attempt a prophecy of conditions after the war. We hope for the bestmeantime wise men are preparing now for anything.

How?
By regulating their expenditures according to their actual needs rather than by their prosperity-by husbanding the surplus-and by investing to the limit in Canadian War Loans that help so much to maintain present prosperity.

Money saved and loaned to Canada by Canadians is a twofold safeguard for the future. The lenders will benefit directly from the excellent interest return and absolute security-and indirectly because the interest thus kept in Canada will help to keep business good after the war.

Canadian War Savings Certificates are issued in denomina tions of $\$ 25, \$ 50$ and $\$ 100$, repayable in three years. At the
purchase prices of $\$ 21.50, \$ 43$ and $\$ 86$ respectively, they vield purchase prices of $\$ 21.50, \$ 43$ and $\$ 86$ respectively, they yield over $5 \%$ interest. Buy them at any Bank or Money Order Post Office.

## The National Service Board of Canada. ottawa.

HOW GRANDMOTHER REMEMBERS CITY LIFE IN CANADA
(Continued from preceding page).
had given way to hackney coaches, which marked one further step toward rapid transit. street lamps, and only such light as came from the houses and shops broke the narrow lanes of aarkness. In 180 some one in Montreal suggested a system of street lighting, but not Curiously enough, but surely with entire proCuriously enough, but surely with entire pro-
priety, the first public lighting in that city was undertaken in order, as so announced, "that ladies might be induced to visit their friends much more frequently." The west end of St. Paul Street was experimented on with twenty-two lamps, then the east end of the street, and after an act was Dame Street. Three years later installation of street lamps ment of twenty-four night-watches to trim them. of Montreal groped about in the dark because the authorities would not come to terms on an outlay of $\$ 3,900$ a year. By that time the lighting was by gas instead of candles. In Kingston gas lamps were introduced in 1847, and tally they made a wonderful change, there as elsewhere, in the life and social habits of the people.
"Service at early candlelight" was a frequent form of church announcement a hundred years ago. Toronto churches were lighted by clusters of tallow-dips even up to 1820 . The great high pulpit, under its umbrella-iike soundig board, number of candles, and in which were set a sexton's duties to go up to the pulpit and snuff these candles just before the sermon began. The introduction first of oil lamps, and then of gas, made no greater difference anywhere than in the churches.
Who has not heard of "Muddy York," known? There was ame Toronto was once served the name. In time when it well one acre of land at the corner of Yonge and King Streets offered to exchange full rights and title to it for a pair of boots; the acre-lot was a mudhole surrounded by other mud-holes, but boots were valuable property.
One of the earliest attempts to put the privileges of Toronto Bay to social use was in 1837 , at the foot of Bay Street. They were fitted with cold and warm baths, accommodating two hundred persons, and reading and refreshment rooms were also provided. It was hoped to make the Baths a popular resort, and for a year or two they promised very well; but the City life afterward failed.
City life a hundred years ago was less dependin 18 r 7 , mails passed between Kingston and Toronto by stage once a week, and there were no means then of hurrying them up. The roads ere bad, and the distance was accordingly greater than now. The trip was made in three nd a half days each way, for which slow, but f eighteen dollars. Postal rates we
graded according to extremely high, and were Toronto to Kingston cost fifteen cents per halfounce; to Montreal twenty-three cents; and to Halifax fifty-five cents. Postage was paid in coin, for there were no stamps until 185 r . BeCore that date the lowest rate anywhere in wondered at that letters were sent only on the most important business, or by private carriers. Few letters and no newspapers must have helped to make a restful kind of life in the old Canadian cities. In the days when mails were infrequent, and before the press had begun its public mission of news-telling, people depended they knew of current of mouth for or town-crier, whose business it was to proclaim the news through the streets, does not seem ever to have been as marked a feature in Canadian city life as in either Old or New England; were one way or another he did exist. There were court-criers, who shouted out official promoned the there were bell-ringers, who sumings; and there were wassembly to their the rounds with lanterns and staffs. In Montreal the men who were appointed to trim the street lights also served as night-watches, and were sary during th whatever police work was necessary during the hours of rest.

## Uncle Peter's Competition

 The six prizes for the drawing competition Bunnies, to issue were won by the following Eileen K. Scott they have been sent:- D Mouat, Nelson, B.C.; Tom Durand, Brockville, Hiedel, High Bickers, Lyons Brook, N.S.; Bessie ner, Ont. The dr issue were very for the competition in the June in for the May competition; it would seem that the Bunnies are fond of birds. The prize of One Dollar has been sent to Doris Thompson, Alameda, who made a very nice and very caretul drawing. The three other prizes went to RusHoward, Weir Cowley, Alta.; Beatrice M Jarvis, Ont. Two extra were sent to Agnes Morris, Sheppardton; and Leda Turcotte, Denzil, Sask. Uncle Peter in the August issue all go in for the competition

## LAUGH TIME TALES

Funny Things That Happen People



MENDING TROUSERS Two pastors' wives were visiting together.
One said: "I don't know what we will do-my husband is so discouraged. Somehow his people do not care to hear him preach, and our salary is far behind. My husband feels so blue that he does not like to visit the people and pray with them, and so he sits around at home nearly all the time." The other sister said: "We are getting along, fine. My husband spends mach of his time visiting, and the people their homes. Our congregations are alway; good, and our salary is paid up promptly." While the two sisters were talking, they were mending trousers. One was mending her husband's trousers at the seat; the other was mending her husband's trousers at the knees.

WITH A DIFFERENCE
The witty lawyer, whose ability brought him to the front rank in his profession, ultimately became a Member of Parliament. In course
of a debate on one occasion he roused the temper of a Member of the opposite party. The latter jumped to his feet and angrily retorted: "The honourable Member for P., as every one knows, has rooms to let in his upper story."
The lawyer merely smiled as he replied, the difference between the honourable Member for Q. and myself. Mine are furnished."


JUDGING BY THE EPITAPHS Little Clarence: "Father!"
His Father: "Well, my son?"
Little Clarence: "I took a walk through the cemetery to-day and read the inscriptions on the tombstones.
His Father:
His Father: "And what were your thoughts after you had done so?"
where all the wicked people were buried"
HAD TO SING

A little girl of four was happily singing one stop your singer "Why, Mother, the sing is in me, and it has
to come out." to come out."

HARD ON THE DOG
"They tell me that Smith was arrested to-day, because he drowned his dog in the river, said Jones.
a dog in the river?" demanded for drowning "Why, they claimed that a sunken bark obstructed navigation."

## NO NEED FOR A DOCTOR

Sandy took a big bite from his apple and "I believe I've swallowed a worm!" he exclaimed.
"Well, well, mon, and what if you did?" encouraged his Scottish friend. "Twill put
new life into ye!" new life into ye

## OVERHEARD

"That new girl of mine breaks everything.
"How about the Ten Commandments?" they're not mine, you know.

## UP OR DOWN?

"This War is making everything more
expensive," complained Father. "I see by he expensive," complained Father. "I see by he "That's nothing in my young life," said
little Johnny. "The only time it worries me little Johnny. "The only time it worries me
is when it's going down." is when it's going down.*

## HIS $\stackrel{*}{W}$ ORK

A street singer, who was followed in his slow progress through the thoroughfare by a procession of children, turned on the biggest with an
exasperated: "Now, then; ain't yer got nothin" exasperated: Now, then; ain ter got nothin
better to do than follow a pore man about like this? Why don't you go to work? You're
big enough, and old enough, by the look of you." "This is my work," retorted the urchin, a ragged boy of thirteen, or fourteen years of
age; "I'm an inspector." age; "I'm an inspector", the itinerant vocalist.
"No," grinned the urchin; "inspector of - nuisances."

## A $\stackrel{*}{S E L L}$

Smith, the hotel manager, and Jones, a
manufacturer's agent, were talking one day manufacturer's agent, were talking one day about their respective business interests.
"I say," remarked Jones, "how ever do you use such an enormous quantity of pears and
peaches?" peaches?"," "Well," replied Smith, "we eat what we can, and what we can't eat we can." "We do about the same in our business."
"How is that?
"We sell an order when we can sell it, and when we can't, we cancel it."


COMMANDING OFFICERS
The school was breaking up for the summer holidays, and the head master was addressing a few remarks to the pupils.
"In conclusion," he said, "owing to the shortage of tutors, so many of them having
enlisted, we shall have to rely on you next term to do a great deal of private study, but-" "Hooray!" cried the school.
"But, as I was about to remark," continued the Head, "if we find that Private Study is
inefficient, we shall have to call in the aid of Corporal Punishment!"

## A FIRELESS HEATER

Hubb: "I just read an account of two girls getting lost in the Alps in midwinter." Hubb. "No; they warmed themselves on? mountain ranges!"

AN INCH IS AS GOOD AS A FOOT An old gentleman was viewing some statues. Standing by one of the largest was a porter. Going up to him, the old gentleman said:
"That's a massive statue, porter! inches across.
OId Man: "Is that so?
Old Man: "Is that so? I wonder why they Porter: "Och! Sure, then it would have been a foot."


The fond mother of a smart boy was making a lot of nice preserves one day, and as she sealed them up she labelled them thus: "Gooseberry jam, put up by Mrs. Mason."
Johnnie soon discovered the shelf on which they were deposited, and fell to work. Having and wrote underneath: "Put down by Johnnie Mason."

## SURE SUFFERING

District Visitor: "Well, one must do some-
thing for the suffering poor."
thing for the suffering poor."
Friend: "Quite so; but
Friend: "Quite so; but are you sure that they do suffer?
District Visitor: "Oh, yes. I visit them, and


Buttons to the nock
ithe comene work.
ing garment.


## The Vogue of the $\mathbf{0}$ verall for Women

Canadian women who work (and in these war times what woman does not
work at some thing) in the house, in the fields, in munitions, have all adopted work at some thing)
the sensible overall.
Housework, back yard gardening, berry picking, dairying, factory and munition work can all be done better in overalls than in the old clinging skirt

## Carhartt's Women's Overalls

are one piece all over, garments in slip-over or bib style as illustrated. They are the original
garment designed specially for women, and their pleasing materials, styles and good tailoring
commend them to all women protect yourself by demanding the original Carhartt's. commend them to all women. Protect yourself by demanding the original Carhartt's. The materials used in Carhartt's Overalls for women, are all hard wearing non-trat
fabrics much superior to the flimsy prints and percales usually used in women's overalls.

Your dealer has Carharth's Overalls for women, or can get them for
you. If you have any dificulty in getting the original, write to the

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Few drops stop soreness, then the corn or callus shrivels and lifts off. Try it and see! No humbug!

This tiny bottle holds the wonder of You feel no pain or soreness when wonders. It contains an almost magical drug called freezone. It is a compound made from ether.
applying freezone or afterwards. pound made from ether. Just ask in in the skin
Apply a few drops of this freezone small bottle of freezone. This will upon a tender, aching corn or a hard- cost but a few cents but will posiened callus. Instantly the soreness of every hard corn, soft corn, or corn disappears and shortly you will find between the toes, or the tough calthe corn or callus so shriveled and luses on bottom of feet. Genuine loose that you just lift it off with the freezone bears the name of Edward fingers. It doesn't hurt one particle. Wesley


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Compact to carry and yet large enough to provide room for complete camera ap-pointments-appointments that help to make better pictures; large enough, too, to permit of a picture post card size.

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cution, Physical Culture Bookkeeping, Shorthand, Typewriting

## Alma College

ST. THOMAS, ONT. OPENED 1881
ROBT. I. WARNER, M.A., D.D., Principal

37th YEAR BEGINS 17th SEPT., 1917 F ARTHER south than Winnipeg by five hundred miles. On parallel of Boston and Chicago. Location superior for health. Six
acre campus, Scholatic buil ings
board. Diligent stadentent, successful grod. $=v== \pm=$ $=2=2=5$ $5=4=2$ The best education for the daughter. A
residential school is best. Alma College is a
residential school. Patronized by leading residential school. Patronized by leading
Christian denominations and by best homes. CALENDAR ON APPLICATION


## MATRIMONY AND MATRICULATION

The influence of the one on the other, viewed in the light of common-sense

By LOUISE MORRIS

SEPTEMBER is with us, the time for schools and colleges to reopen, and evidence with gowns and much en boards in our vorious and mortar Learning;" and the question arises in the girl is of mothers and fathers whether a girl is benefited by a collegiate career, equipped to become what eld, or better should wish her daughter ultimately mother -a good wife and mother Some to be ago this question was a live some years colleges for women were in their infantile state; and it was a much-discussed sububect for a happy marriedion ife unfitted a woman for a happy married life."
Many mothers and fathers, especially
mothers, are now deb mothers, are now debating very seriously
the advisability of send the advisability of sending their girls
further on in the pursuit of Knowled Yurther on in the pursuit of knowledge, or
allowing them to sto of their regular school the completion them at home to teach them all the secing of housekeeening to teach them all the the secrets
of
of ife in college mand home-making, lest a domesticity and may destroy the germs of A mother wonders if by of simple things. a colle giate course, she is iveang her daughter ope with which to hang hearself for her a inating in her all that ghees to fo and elimsimple things of life worth while make the The advice to parents who
this question is: If your parents who are debating o drink deeper of the fountain of kxious edge, if the school education does not knowisty her and she wishes to know more of
old thind old things and new, by all means let her of the averauld be a slur on the intellect that too much father or mother to think daughter to becomation would unfit their ne could in these a home-maker. No emancipated womanhool enightened days of as she was in the pre-collegish a girl to be woman was satisfied with dhys, when a Instead of a collegiate career three R's. mental to matrimonial happor beseng detrigive an added charm.
$\mathrm{A}_{\text {Companionshin ery man prefers th }}^{\text {SSURED }}$ and companionship of a wife whefers the and thoughts are not all centred on the
three deadly $D$ 's of the inevitable "porch perchers"-Dress, Disease Domestics. It is too sweeping an anser
tion to mare tion to make, to say a college life unfists ali wamen for domestic affairs; as a matter of Yact the college life itself, has very little
bearing on the le bearing on the case. It is the woman
herself, not the that makes the home or the college mate. If she mars her as a man's help. domestic propensities the love of home and all the lectures on science developed, then on art will neverer kill sit it Place a girl in colleg
home-loving girl her room will she be a fact. She will have her will show that cushions, her inevitable chafing dias, her five o'clock tea cups, all the inn dish, her little household gods that some wrable love to surround themselves with will hen will be just as clever, just as bright, but her love of home, order, neatness and
hospitality is bright She will have bound to come to the and of hot tea for a warm welcome and a cup standing the fact that workers, notwithtending lectures or studying been atfor several hours or studying the classics Because her br
with abstruse matter is no been occupied gregarious instincts should beas why her A college girl is not a machine of learnant. girl, and any qualities she living, breathing girl, and any qualities she posserses as a girl can not be buried beneath the lava of
learning. A college ed prevent a girl college education does not domesticity who has the love of home and becoming a most sensible com her from wife and capable intelligent companionable is better able to grapple with life's proble She since she has mastered the problems in Euclid. A trained mind can accomplish trained one in less time than an untion forms the common is educaorder, and punctuality are very System, are the fundamentals these three attributes are the fundamentals that go a long way
toward the foundation of a domestic structure.
No one could ever think that greater fill the position handicap a woman to for her. A wife and mother needs all the education, all the knowledge that she can get. But domestic qualities are not for all women. Education does not influence a woman's real character whatever. Housewives, like poets, are born, not made. Education is a trimming and embellishment for which every woman is the better. There are any number of girls who could not answer an ordinary question of the elemental three R's, who as wives are a for housekeeping, ave profound contempt for housekeeping, and who think all domestic work menial, yet where real knowledge is concerned are profoundly a college course this kind of girl, if given a college course, develop into a paragon of
domestic virtues? Not a bit of it. Her domestic protensities would be more in the background than ever. From her lofty height of learning she would look down with contempt on the little woman to whom home, husband and children mean the real things of life.
WHEN Eve ate of the tree of knowledge, she was thrust out of Eden, but possibly if she had eaten more apples she would have known how to remain in her paradise Our Eves of to-day eat a dangerous thing. ledge that grows in eat of the tree of knowleat heartily, grows in our gardens of learning, good. Every woman is better for the higher education; it is better for the and deepens does not affect her actual possibilities of developing into a wife who makes her nome happy, yet at the same time a coliege course must and will have the tendency to bring out all the best and highest in a woman; if that woman have good instincts in her, it will accentuate the good and eliminate the bad; education is not a magical wand to transform a woman's nature, "but a "perfect woman nobly if thned is more perfect and more nobl If the crown of learning be on her head. loving wives, devat our grandmothers were able home-makers, and to them the higher education of the masses to them the highek But this is an age of was a sealed book should not care to or progression. We the tallow dip or the stage-coach mode of travel.
girls wan mothers and fathers, if your girls want to go to college, let them go. to fight go, out in the world well equipped to fight life's hard battles. If you could afford it in the Winter, would you not wish your girl to have all the warm furs she cold just as well, but a fur one not only protects from the frost fur one not only wearer, and she feels that confidence in herself which is inspired by handsome clothes.
SO it is with an ordinary and a college a cloth jacket and the difference betwee "fur" lining that you can possibly afford into your girls' brains, you mothers and fathers; let their minds be as well nurtured as their bodies for all the mental storms of will be the whatever kind of stuff is in them will be the better for all the extra layers of learning you can afford to put on. An old, rather vulgar, but trite saying is: "You neither can silk purse out of a sów's ear; successful you make a home-lover or a looks down upon aker out of a girl who duster with disgust, whether she be a valedictorian or merely a graduate from the public school If a graduate forer greatly desire a college education, give it to her, if you can. It will never make one iota of difference in her capability of becoming a happy wife and mother.

## \section*{CONSIDERATE} <br> He: "I wish you'd drop the 'Mister,' and call She: "Oh George <br> wit you abo but it would be very unkind to

Uncle Peter＇s Monthly Letter My Dear Bunnies：

Our Bunny Club is growing fast，so many new Bunnies coming in all the time．Isn＇t it simple？If you haven＇t joined already，join now．That＇s all that is required to make our Bunny
Club the biggest Children＇s Club in Canada．Each one does his or her share by joining right away．Look for every puzzle competition this month and try to win a prize．
Have you your own gardens this year？I hope you have，I should like to think that all my Bunnies do some work in the garden every fine day． You may be sure that Uncle Peter has his garden，and plenty of lettuce in it， too．Carrots and beets are nice for young Bunnies，and Uncle Peter has lots of all of them in his garden．They don＇t take much space or much trouble， and it＇s fine to have them growing．
That＇s why I hope my Bunnies，or most of them，are gardeners． Uncle Peter has finished telling stories about John Bunny and Mr．Fox for a time．Next month we shall have a story about some of the other animals．
I am pleased to hear，from so many of my Bunnies，that they like my stories so much．
Your affichonati Bunny．Inde． Zngere peter．

## Competition

Bunnies，here is a chair．See how it is erawn．If you look at it carefully you will see that there are twenty－five straight lines in it of different lengths， something else，a box，a house，or any－ thing you like．Use exactly fifty－five lines altogether．The lines may be any

length you like and joined together in any way you please，but each line must be a straight line．Drawings may
be done in either pencil or ink，and should reach me by Sept．20th． Address，Uncle Peter，Everywoman＇s World， 62 Temperance St．，Toronto． Six prizes will be given for the six best drawings according to age．Be sure to put your name，address，and age on the back of each drawing．

## Golden Rhyme

Said the Rose to the Cabbage
How beautiful am I！
Poor Cabbage！No flower you are showing．
Then there came a stormy day But the Cabbage just kept on growing！

Registered in accordance with the Copyright Act for Everywoman＇s World．

## Mr．Fox gels interested in Lettuce．

## Who is it sits by the old oak tree？ Can you tell me，Bunny dear？ A Bunny who＇ll never appear．

DOWN by the edge of the woodland，quite near to where John Bunny lives，there is a picket fence，and on the other side of the fence is Mr．Smith＇s vegetable garden．Mr．Smith is a wise man，and like a great many other people he has a
vegetable garden where he grows lots of nice things for his
table．Of course，there are lots of lettuces．The pickets

 Mr．Smith has plenty of lettuce planted to allow for some of it being taken away by the Bunnies who find out where it is．
Every one knows that the Bunnies will eat garden things wherever they can get them．There are no laws in Bunny－land to say whether things belong to them or not．They are like the birds，they get their meals wherever they can，only the
cause they can fly over the fences．
One morning，as John was going down quite early to the garden，Mr．Fox happened to be taking a walk through the wood．He saw John Bunny in the distance and followed him，but by the time he got to the edge of
the wood John was safely inside the garden gathering the wood John was safely inside the garden gathering
lettuce．Mr．Fox looked up and down the fence，but lettuce．Mr．Fox looked up and down the fence，bugh． he could not see the place where John had got through．
So Mr．Fox walked over to the fence to speak to him．

＂Good morning，John，＂said Mr．Fox．＂However $\square$
did you get in there？＂
Mr．Fox said he had not．
＂Then，perhaps I didn＇t jump over，＂said John． Fox？＂asked John．Mr．Fox said he had been picking flowers．John laughed；it really did seem funny to think of a fox spending his time picking wild flowers！
＂Do you know anything about flowers，John？＂ ＂Well，yes，I do，＂said John．＂Mrs．Bunny always lets me know when dinner is ready by ringing a hare－ bell，and the other day when I was drinking milk out of a butter－cup，she asked me what made the bull－rush when he saw the cow－slip and heard the cro－cus．Do you know，Mr．Fox？＂asked John．＂Mr．Fox had to
admit that he didn＇t know at all．＂When I saw you admit that he didn＇t know at all．＂I＂I rose to meet coming，Mr．Fox，＂proceeded John，＂I rose to meet
you，and although you are not what I＇d cauliflower，it beets all how sage you have bean most of the thyme．Lettuce hope you＇ll urnip often to watch parsnip lettuces for lunch．I am not at all afraid of you as I often eat bigger animals than you，Mr．Fox．＂
＂Is that so？＂asked Mr．Fox．
＂Certainly，＂said John Bunny．＂Why，only this morning I had a dande－lion for my breakfast．But your hands seem cold，Mr．Fox， hadn＇t you better go into the woods and get some fox－gloves？＂
＂My dear John，＂said Mr．Fox，＂do please talk about something else．I see quite well that you know a ot more about flowers than I do．By the way，I think I shall ，wait for you and help you carry your lettuce home．＂
Now，John Bunny did not like this last idea at all． He had very much wanted to take some lettuce home
with him，but it began to look as though he could not get away with them at all，as Mr．Fox seemed to have made up his mind to sit right there by the fence and wait for him． There are two sides to a fence，and John knew Mr．Fox well enough to be sure that he would stay on the other side of the fence，and that he could easily follow him down the fence as far as he might go．＂If I can only get Mr．Fox＇s attention on to something else，or get him to go away for a little while，I shall be able to slip out，＂said John to him－ golf．
＂
＂How long do you think you will be，John？＂asked Mr．Fox．
＂Well，＂said John，＂I＇m not in any hurry，I think I＇ll stay right here for a long time yet，as I certainly do want to get together a good pile of lettuce first，＂and John went back and started picking lettuce，and
after awhile，when he had gathered a nice pile，he brought them over and pushed them through the fence to Mr ． Fox．Then he gave Mr．Fox a piece of string and asked him to tie them into nice bundle．Mr．Fox did so．
＂Now，are you ready to come home，
John？＂asked Mr．Fox．
lettuces first，＂said got some more lettuces first，said John，and going lettuce patch，having a good feed． By－and－by Mr．Fox began to get tired By－and－by Mr．Fox began to get tired
of waiting，sitting there in the hot sun－ shine．＂When are you coming，John，＂ said he．＂I＇m tired of waiting here in the heat．＂
＂You don＇t have to wait if you don＇t want to，＂said John．＂I never asked ＂ou to wait．＂
＂Oh，I＇m going to wait，＂said Mr．Fox． Then he lay down in the shade．After awhile，as John did not show any sign mad．He called out to couldn＇t wait any lo was going home．Then and that he hind a big tree and waited．＂John won＇t go home without his lettuce， anyway，＂said Mr．Fox to himself． From where he sat he could see the pile of lettuce quite plainly．＂I＇ll certainly wait until he comes for them， said Mr．Fox．
So soon as Mr．Fox was out of sight， John quietly worked his way out through the back of the lettuce patch and round the other side to another hole farther down the fence．He didn＇t care any more about lettuces．All he
wanted was to get safely home．And wanted was to get safely home．And
back by the tree，Mr．Fox still waited back by the tree，Mr．Fox still waited
patiently in the quietness，while the patiently in the quietness，while the
birds chirped up in the branches and the bees hummed in and out of the the bee
flowers．
flowers
Mr．Owl flew by and wished him ＂Good－day．＂ ＂Good－day，Mr．Fox，＂said Mr．Owl． Have you turned vegetarian，or are you going in for vegetables on account of the High Cost of Hunting
＂I＇m waiting for my friend，John Bunny，＂said Mr．Fox with a frown． He did not like being made fun of by Mr．Owl；
＂Why，＂said Mr．Owl，＂only a few minutes ago I met John Bunny close o his house，and he asked me to give you his very kind regards．
Mr．Fox felt so mad he could have done almost anything，but unfortun－ ately there was nothing for him to do rage，and Mr．Owl，being，as you know， a good－natured old fellow，picked up the pile of lettuce leaves，all nicely tied up with string，and flew with them over to John Bunny＇s house，where he dropped them at the front door．
＂Children，＂said John Bunny that night，＂never have too much conver－ sation with people who are not friendly toward you，unless there is a good stout fence between you，and more than ＂I shall certainly hat
＂I shall certainly have to start a garden of my own，my dear，＂said
John to Mrs．Bunny．＂Every one is doing it，and it＇s a good thing with the cost of living going up all the time．＂ Mrs．Bunny quite agreed with John， and so does and so andeleleter．



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## A HOME-MADE GARAGE FOR MILADY'S CAR

By MELVILLE ROBERTSON

OUTSIDE the fire limits of cities, the most satisfactory and inexpensive garage for
the housing of one car is a squat, substantial frame structure, such as any man with a liking for tools and amateur carpentry can put up
easily. Such a garage costs but little- from $\$ 50.00$ to $\$ 75.00$-for materials, and can be finished in three or four afternoons' work. The pre-requisites are the ability to drive a nail, to saw straight across a board, and to use a spade. First in planning a garage comes the concrete floor. This and its concrete approach are of utmost importance, for they solve the two procost little, if any, more than does a fonce, and planking. In making this floor and approach for a garage twelve by twenty feet in size, spade up a trench one and one-half feet deep along
of three pairs of extra long wrought iron hinges The doors themselves can be made from a
double thickness of the drop siding, placed double thickness of the drop siding, placed
longitudinally instead of horizontally as on the longitudinaly instead of horizontally as on the outside walls. Theach should be placed a sary, relieves the blank, barn-like appearance which the locked building otherwise would have.

THEN the roof. The frame is easily and puickly made from two-by-fours; one third pitch-meaning a height at the ridge-pole of
four feet above the eaves in this particular case -will finish and proportion. The eaves should overhang one foot on each side, and six inches front and back. Eaves any larger would make of them would detract seriously from its trim


THE HOME-MADE GARAGE
Simplicity makes it easy to build, and tasteful design makes it a decided addition to almost any premises
each of the four sides of the rectangle. In these footings. Roll and tamp the make six-inch these trenches so that it is level, ready for the concrete floor slab. Then carry up the concrete footings a foot and one-half above grade, and round the floor up to it at the edges so that when perfectly hardened it forms a continuous fion wall, iron studding sockets are embedda-twenty-four inches apart. the eight-foot studs-two-by-four inches is the size used ordinarily.
N these studs the drop siding, with which the Uparage is finished on the outside, is nailed. garage, up as high as the level of the lower sills
appearance,
The rafters can be crossed lightly by any the siding will planking that is convenientthen over this there should be carefully laid a good roll roofing, taking care that the edges of each overlap at least six inches. It will be found an economy in this case to use a prepared asphalt roofing material; the common tarpaper used for cribs, chicken houses and other make-shift buildings is sure to leak or blow off fter a very short time.
Inside, the garage can be finished attractively with wall board. Two cupboards should be and holders of tools and utensils. Then the arage is finished
For the man who does not feel very sure of his


PLANS TO GUIDE THE BUILDER
The two plans taken together give a good idea of the home-made "one-car" garage.
of the windows planned, should be finished. be made if the amateur carpenter has sufficient patience, but usually it is better to buy themre secured, and the drop siding continued around them up to the eaves. Two windows on each side and one at the back is an ideal arrangement, tho be is an obect these can be dispensed with.
Then the doors must be planned. In larger track type, but this cannot be used in orhead of this size for obvious reasons. The best substitute is a pair of doors, heavily hinged, and held closed by bolt or padlock.
The door frame can be made satisfactorily from
carpentering ability, garages similar to this are board is numbered. All to the correct length and builder to fit and nail them shis, wever, is more expensive.

THEN for those who live within the limits prescribed by cities in which no wooden buildportable be constructed, there remains the steel innumerable comp ris manufactured by chased at a cost of $\$ 125$ and can be purmainly upon the strength and durability of the material. If one is venturesome and willing to rely upon himself, he can obtain such a from any made from his own specifications-

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## JEAN BLEWETT'S OWN PAGE

Ethel Legiuska, the famous English pianiste, who has been the pet of New York musical circles for the past few years, and who is both young and beautiful, has renounced the decolleté gown. She has also denounced it as as incongruous, unæsthetic, and tlippant to immodesty in the musical American. Her argument is that the ambitite spends too much time, thought, money, on clothes, that her ambition should be to centre the full interest of the audience on her
work, not on herself. "The real artiste," she goes on to say, "does work, not on herself. "The real artiste," she goes on to say, "does not challenge her audience to comment on her frocks and their style,
she wants people to forget her as woman, and think only of her she wants people to forget her as woman, and think only of her performance-as they do with a man artis. Sex comparisons are indeed ocious. A trains, and kindred finery. The real artiste does not get on the platform to demonstrate the beauty of her face or figure, to make a lavish display of her neck and arms, or her taste in dress, but to perform. She is a worker, and everything that takes from the dignity of her work should not be tolerated. There are many modest and becoming styles, so why cling to the decolleté gown which, very often, is neither.

The Ten Pairs of socks in course of construction are of colours ranging from silver to dark grey, from khaki tr. cream, but the heads of the ten knitters are all white. The members of this particular Patriotic Circle are in their seventies, every one of them, though you would not suspect it. They seem quate yo ${ }^{\text {g }}$, ared your and pushed or drew them into the lines of service. One of them has produced two hundred pairs of socks with her capable wrinkled hands: two or three are cunning her closely; and all have done well. ToGratd Circle
day they are less industrious it would seem, the needles forget to click at times. Would you know the reason? One of the circle, that dark-eyed one, born in Belgium but brought up in Hamilton, is telling the story of Catherine Breshbovsky, called lovingly by the people, Grandmother of the Revolution. It is a moving tale, God wot, of Siberian prisons, Cossack outrages, of hunger that could not weaken, and cold that could not chill a soul on fire for freedom. "She gave," goes on the impassioned voice, "her youth, her beauty, her strength, to the cause, and now the cause gives them back to her. The true, the wonderful, the 'miracle woman, she is ied in thimph to the imperial Room of Petrograd where monarchs were wont to issue their decrees. She is hailed with acclaim. Is she thinking of the home and husband she gave up that she might work for reeedom and Justice? No. Kark
work is for the common good." The needles which have been moving slower, slower top altogether. "Three cheers for the grandest of Grandmothers!" cries one ol lady waving her work aloft, and the circle falls into line with the earnestness of seventeen, rather than seventy. It is Grandmothers' Day, all right.

"Girls Hold Fast to Their Ideals until they lose their hearts," was what the Cynic said when the girl came in the day after the engagement was announced to receive our congratulations. When she began to describe the life partner she was about to take, we naturally expected to hear her claim for him a few noble qualities. But no She dwelt wholly and solely on his appearance. "The handsomest man! she ended, all blushing pride and self-congratulation. What would have been the use of breaking in on her mood with some old
maxim like, "Beauty is as beauty does", or a reminder that several persons had gone to the altar with that or a reminder that several persons had gone to the altar with that sort of man only to find him
poor company later on! It would not matter so much with whom a girl stood at the altar if she did not have to pour his coffee, be interested in his interest, listen to his stories, laugh at his jokes, bear his babies, and, hardest of all, live her life by his rule through all the days to come. In "The Lion's Share," Arnold Bennett's heroine remarks of the illiterate Countess of South Minster, "I can understand how she captured him. If I'd been a man, I'd have married that face like a shot." And a clever spinster replied with, "It might be all right if he'd only married the face, but he has married what she calls her mind.'


In My Lady's Work Basket, alongside the bodkin, scissors, the embroidery rings and other accessories, reposes, when not in use, the thimble which my lady feels sure she could never sew without.
Where is my thimble?" she asks, even before her needle is during the last two hundred years. Before that only been in use as an art, and robe-making as an occupation embroidery thrived wonderful backgrounds of tapestry and velyet went out through pushed by nothing harsher than a finger nail. The first one to devise the thimble was a youth called "Lofting, the Silversmith" who in his little shop in London beat and bent a piece of his precious metal into a bell for the thumb of his promised wife, she having displayed to him some time before a small thumb much pricked by the needle.
and kissed theag they please of old fashions, but new ones suit me best," she cried, and kissed the gift-and very likely the giver as well.

## For Cool Desserts MAPLEINE


and the
them.
At a At a corner of the house, great lilacs were in
bloom. She buried her face in them while he found his keys and unlocked the door.
Inside, the odour of carbolic and freshly Inside, the odour of carbolic and freshly
scrubbed floors greeted them; even the windows scrubbed floors greeted them; even the windows
glistened with recent tolilshing.
"Istr. this nice", she exclaimed. "I was all
ready for a dusty, musty smell. What a hall, "Isn't this nice!" she exclaimed. "I was all
ready for a dusty, musty smell. What a hall,
and look at that fire-place in the living hroom.
Tell me, who owns such a lovely place? It is Tell me, who owns such a lovely place? It is
just right, ,oth inside and out."
"A client of mine has bought it and I "A client of mine has. bought it and I
am to put it in shape. He wants ideas
for decoratinand furishing. That is why you
are here. He has greas confidence in your taste. are here. He has great confidence in your taste,'
"But who is he? Do I know him?" she asked,
bewildered. "He has heard of you, and he knows your
work. He has confidence in your taste and
judgment and he wants a womn' judgment, and he wants a woman's touch ylaced
on his home," the man answered.

THEY wandered through the rooms; she, furniture; .he, following her, his arms folded,
listening to her voice rather than to her ideas. She opened a door into the west wing and they
stood in a room almost surrounded with windows stood in a room almosts surrounded with windows
-a veritable sun parlour. "Oh?" she cried, "what Ha our she cried chilldren?", an adorable
"He has-hopes," he told her gravel
They insected the kitchen last. "

Isn'tit quaint!" she exclaimed. "Whatever
they put on all those shelves! And looking do they put on all those shelves! And looking
at kitchens reminds me that I am about famished. How far are we from a place to eat?" "We are at one. Come and see the hamper I
have under the seat." have under the seat.
They crossed the
They crossed the yard to where Richard III.
was standing and while he extracted a large was standing and while he extracted a large
japanned hamper she went to the horse's japanned hamper she went to the horses
head. He nuzzled against her shoulder joyfully. "He is a beauty," she said. "I have often wondered why you did not drive a car. I think
I know now I know now."
Cars are for practical people. I'll carry
this hamper over to that crab-tree in bloom. this hamper over to that crab-tree in bloom.
We can wath the river from there, and if We can watch the river from there, and if
youll get the grub ready as a cave woman
should, IIl turn Richard III. loose in the clover, sho then start, a fire."
ane "All right,"
"All right," she , answered, "only hurry.
What have you got?" What have you got?"
"I have beefsteak
"answered, "only hurry. "I have beefsteak-young woman-beefsteak.
I'III get a pan from the kitchen. Then when we've finished, I want to tell you about my
client." She inspected the hamper, and found snowy
linen and monogrammed silver and china. Beside the steak there were mushrooms and salads, coffee in vacuum bottles, strawberries and cream and feathery angel cake; then, with surprise, she watched him make a fire and fry the
steak with almost aboriginal skill. When they steak with almost aboriginal skill. When they
had finished she drew a long, deep sigh. had fimished she drew a long, deep sigh.
couldat certainly was good. Marie herself couldn't beat it." No one can beat Mrs.
"Certainly not. No
Hammond" Hammond."
"Mrs. He

Mrs. Hammond?"
"My housekeeper. She is a good old soul
if she has her queer spots. It's funny, the tab if she has her queer spots. It's funny, the tab
she keeps on my doings, lest I marry, and there she keeps on my doings,
will be no place for her.,
Jerusha was brushing the crumb
lap, "Why don't you?" she asked.
lap, "Why don't you?" she asked. from her "That brings me to my client," he said, help-
ing her to her feet. "Jerry, this house is mine ing her to her feet. "Jerry, this house is mine;
I am glad you like it. I brought you down to I am glad you like it. I brought you down to
show it to you because I want to offer it to you, show
together with its owner."
Wide-eyed she stood and faced him, framed with the crab-apple bloom, her heart beating
almost hammerlike with the tremendousness of almost hammerlike with the tremendousness of
the moment but unable either to speak or move.
"I have been abrupt," he said gently at last, taking her hand and leading her to a rustic seat
above the blue waters of the river. above the blue waters of the river.,
"You are surprised now, but-"
"Grant," she said, finding her voice and withdrawing the hand he still held. "I never even
"I know," he answered quickly. "I am the
one who dreams. Every day when I leave the one who dreams. Every day when $I$ leave the
office $I$ dream that $I$ am going to a home-not an hotel or apartment, but a home. Something like this, it has always been, with trees and a drive. And down the drive a little girl runs to meet me, with flying golden curls, and back in the shadows a woman in white waits to greet me. The little girl has always been clear in my mind,
but until lately the woman has been indistinct but until lately the woman has been indistinct
and shadowy. Of late, however, she has taken and shadowy. from the shadows, and when, in my dreams, my little girl and I come up to her, it is always you."
Jerusha laughed unsteadily.
"I should never imagine that $I$ am the sort of
person to come out of shadows in dreams. Men person to come out of shadows in dreams. Men
talk business with me; praise me while they try to outwit me, but I am not the type that men love,"
They are strong, aug meet in business, perhaps. They are strong, aggressive, and much like
you. People talked once of you and Senator you. People talked once of you and henator
Tillman as a possible match, but Innew it was
more fitting when he married that golden-haired more fitting when he married that golden-haired
and useless English beauty. They mentioned you and Garford out at the cement works. He married his frail and pretty stenographer.
Jerusha tried hard to keep her colour
Jerusha tried hard to keep her colour from

## rising. These were the only men whom she had

 "Your practical nature would best be compledreamer. Most people do not know me that way, but I am, and if you can learn to love me-tell me, do you think you can? I'll wait a yearShe shook her head.
I'm not a debutante, and my idth but my work. Then, my ambitions for my city-Grant, noI can't give them up. They are me."
His eyes were on the river, sombre and dark. "And if I do not ask you to give them up?
You could go on with your work; keep your You could go on with your work; keep your
office and all if you wish. We could go up and come back every fine day, and have an apartment
for when we wished to stay in town for when we wished to stay in tow
whatever will make you happiest."
she told him. "But I know that your ideal wife should be waiting in the shadows; she should be gracious and charming to the men you brought into your home, but you would never want her to be out among them, and to do
battle with them and beat them with their battle with them and beat them with their own
weapons-as I have done and would do. I
don't, in reality, fit your don't, in reality, fit your dreams and
believe you can change them to fit me."
"I
"I admit I was brought up with the ideas you
mention," he said. "But you are you. I love mention," he said. "But you are you
you just the way you are."
After a long pause she spoke again.

After a long pause she spoke
"It could never be the same to me. A woman married is not an individual. Full credit for my work would never come to me. The name
Wetherel would not suggest me, but you. Men would consult you about what I should do. They would send my bills to you. I should
simply be a piece of property. That much for me. For you-you mentioned that your client
had-hopes."
"And have you none?"
"Only those that I have striven toward all these years. Material things and their rewards.
So I cannot be the woman of your dreams. I'm So I cannot be the woman of your dreams. I'm
ever so sorry, but I couldn't give the other up." Jerusha never remembered how she got through the rest of the day but, back again in her own apartment, she did know that a felt before, assailed her. During the evening she wandered through her luxurious rooms, and they seemed empty and hollow. The rugs and treasures from the Orient gave her no satisfaction to-night. She played a few discontented chords on her imported grand piano; even her books she viewed with distaste. She longed for waman companionship, and her thoughts A picture of Rose
A picture of Rose-now Rose Colborne, since
she had, to Jerusha's disgust, she had, to Jerusha's disgust, thrown over a
promising career in art and married Dr. Col borne-was on the mantel. Jerusha paused before it.
"Dear
"Dear old Rose," she murmured, "You
always had so much good sense. Wouldn't I always had so much good se
love to talk to you to-night."

A resolution to see Rose on the morrow took possession of her. The Colbornes had moved to
a little town ninety miles a little town ninety miles away, but she knew
that, barring a meeting with police, that would not take her long.
$\mathrm{A}_{\text {vented her leaving }}^{\mathrm{T} \text { the of dat }}$, the night that she might get away the next day. tary and eurned the office over to her secre Waterford hill and opened the throttle. It
Jerusha founted a few minutes of three when Colborne place. She rang the doorbell with nervous fingers, waited, then rang again. Getting no response, she opened the door and entered a little hall fragrant with a bowl of apple blossoms, and wandered on until she stood in
"Isn't this just like Rose "
"Isn't this just like Rose!" she exclaimed.
On the casement window-open a little so
that the breezes wandered through, swaying that the breezes wandered through, swaying
the dimity curtains and bringing the breath of apple-bloom - stood a row of little jars, like jewels of amber and topaz. Rose had been making marmalade. On the white table before the window were four golden-brown loaves of
bread, covered with a towel with bread, covered with a towel with a red border "Isn't it all too dear," sighed Jerusha. She opened the white refrigerator. Bottles of cream and a blue-banded bowl of eggs were on one
shelf, a crisp pile of lettuce, tiny threads of shelf, a crisp pile of lettuce, tiny threads of
onions and strawberries in boxes on another Some chops on a platter, asparagus and peeled potatoes revealsd the secret of the day's dinner A clothes rack in the corner of the kitchen
hung with fresh and snowy garments pren the week's ironing done. As Jerusha looked rather absently at these her heart stood still, for she saw that the ironing consisted chiefly of
tiny dresses and underskirts of exquisite daintitiny dresses and underskirts of exquisite dainti-
ness. "Told think that I never heard! That she never told me!" she said under her breath and turned
away into the dining-room, restful in its blues and grays. From this a sunny alcove opened; Jerusha stepped on tiptoes, because, though aware of the plants in the windows, the
sewing machine and comfortable rocker eyes were fixed on the comtral feature, a wicker cradle. As she drew near, little snufllings were followed by a yawn and the cradle stirred. Then, as she peered above the edge, two big blue eyes opened suddenly. Jerusha looked
about helplessly.
"What will I do if he starts to howl?" she Instead of howls, however, a winning smile brought dimples into the little round cheeks.
The woman knelt and touched a pink head. Instantly her finger was gripped with a strength she had not imagined possible, and the little head citement as she turned back the covers and citement as she turned back the covers and
lifted the willing weight, trying awkwardly to "Jerry Abbott!"
Jerusha wheeled just in time to be rapturously "You old dear! Wherever did you come from, "You almost made me drop your son," Jerusha said severely, "and how is it that I
never hear of him until I come in here and almost fall over him?"" "Let me fix him and get his bottle while you take your things off. Goodness, Jerry, "Ie You thiuk youre busy"
urning. "I'm so excited at seeing yout the redon't know what I am doing-just you that I greedy son. Was he starved?-Oh, yes, Well, when one has a baby there is hardly a minute to
really call one's own. Just now I stole a second o slip over for the milk. Some days I have to take him. I have a woman three hours every
morning to clean the place up. The rest I do myself, so I am pretty well tied. Idon't suppose you think this young man worth it, but we do. and money. What do you thimk of that from the Rose of old ambitions?" think of that, from As ferusha gazed at the Rose who had, she had once thought thrown her chance to the winds,
and then looked at her exquisite baby boy, suddenly her soul awoke.
"Think?" she said at last. "Rose, I think you have everything and I have nothing!",
"Jerry Abbott! Do I hear you aright?"
"Jerry Abbott! Do I hear you aright?"
"You do. That bundle you are holding is worth everything I have or ever could have.

## You have it all.

"But Jerry, what has changed you so ? I that you cannot have
"How do you know that?"
"Grant Wetherel was here. Jerry, has he "Grant Wetherel
"What did he tell you?" countered Jerusha. "He was sitting by son's cradle here, just devouring him with his eyes. Jerry, don't you just love to see a man-any man at all, but
especially a well-groomed thoroughbred like Grant-adoring a baby? Finally he got up and said:
"Rose, don't you agree with me that a kiddie
like that is worth any man's swallowing his pride
I said: "Grant Wetherel, if you think a man has to swallow his pride to be a husband and father, then you're |very Imuch better a
$\mathrm{H}^{\mathrm{E}}$ walked around the table with his hands in
of "'Re.
"I was so surprised, I almost collapsed. I saw at once where his pride came in. People were apt to ascribe his wanting you, to, well, material reasons. He knew even you might
think so." "Oh, I didn't. Not for a minute," protested "Well, any one might, you know. I did my best to persuade him that some one else would
better fit his ideas and ideals. I know he left better fit his ideas and ideals. I know he left
here awfully blue, but I couldn't encourage him. here awfully blue, but I couldn't
He said he meant to try." Just at this moment Dr. Colborne came in, his brisk cheerfulness bringing sunshine into a
world that Jerusha felt was strangely without any. He greeted the waest warmly, then, slipping his hand under his wife's chin, tipped her face up.
"Can you rush dinner, hon? I have to drive to Conway. I'll be gone about all night. Here, give me the youngster," him any time. Jerry
"No, you can hold him wants him." " holl him any til "Then I'll get busy and make all ready," he said. "Anything I can do for you, Rose?
"No, I've evergthing all ready, dear."

And while they hurried Jerry held their treasure, a contented, comfortable and soothing
burden, snuggling into her arm, and making her burden, snuggling into her arm, and making her heart ache.
Later that night, the two girls sat on the
moonlit porch. "Toonlit porch.
"Tell me all about Grant if you want to,"
Rose invited. Rose invited.

Jerusha told her of their day together, of the homelike stone house in its beautiful setting, "And, Rose, the
"And, Rose, the funny part is the different view-point I have down here. There, my reasons
seemed perfectly sensible and sound. Here, seemed perfectly sensible and sound. Here,
they are unconvincing, not to say ridiculous. Is there any lotus about this place? I don't want to do anything ever again but be a queen
bee, protected and worked for as you are. When bee, protected and worked for as you are. When
I think of the Children's Hospital and the park I think of the Children's Hospital and the park
gate at Waterford, I could shudder. What has gate at Waterford,
gotten into me?"
" You have had a glimpse of real things, Jerr I don't suppose you ever put a baby to bed think just the way you did. When girls spoke of their careers, I was thrilled. Now, I think
of my son, and my (Continued on page 43).


## IMPORTANT LITTLE THINGS

By KATHERINE WYNNE


#### Abstract

PRENTS differ in their opinions as to and a child's education should begin, school. The child himself doesn't care a scrap about the age when he begins to go to school; it is not a matter of so much importance as many wiseacres think. But he does care about the time when he is permitted to begin to educate himself, and he understands the fundamental principles of education far better than most of those who have spent years in the study Education-to Education-to lead out; investigation-to track in. There you have it! Education-to draw out that which is in one's self; investiga-tion-to search into that which is in outside things and other persons. The baby feels these two opposite processes, and how they dovetail into each other. He and how they dovetail into each other. He wastes no time in considering if he be old enough wastes no time in considering if he be old enough to begin to search into the why and wherefore of to begin to search into the why and wherefore of things, or if the time be ripe to draw out of the store that is within himself. Not hel Neither does he worry about the best thing on which to begin. He goes straight to the important neces-sity-that of beginning, and beginning at once He investigates the thing nearest to him with He investigates the thing nearest to him with his hands and tests it with his mouth.


Put It In Writing
$\mathrm{H}^{\text {ERE'S }}$ an idea for the mother who finds it $H_{\text {dificult to say just enough and not too }}$ much when

## writing.

The very novelty of finding a note tied to his toothbrush reminding him that "I'm here for use," will please Jimmy s
try to remember next time
A square of cardboard fastened upright to the door-mat and informing all that "This is for you. Look on the back," and when you look on the back admonishing you to "Wipe you boots, "will do more toward establishing a good
habit than the oft-repeated "Johnnie, wipe habit than the oft-repeated "Johnnie, wip
your feet!"
When Anna neglects to sweep her room, tie a note to the broom handle and prop it against, her dresser. You can write "I want to sweep," and Anna's impulse is to pick up the broom and begin. Or write, "Mother's tired and couldn' do it," and see if she forgets so readily another
time.
This idea can be enlarged to take in little, tender, loving messages and bits of advice. If these are sealed with real sealing wax, they "Mother spoke hastily this morning, and i sorry." "Father is glad his little daughter is more tidy." "Some one forgot to water the plants-was it you?"

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Later, the very small child wants to investigate a button and buttonhole, but Mother is in a hurry to dress him and will not give him time. He wants to fit that button to that buttonhole Mother but he is not allowed to do so, and nips in the bud his desire to be order. She thus to wait on himself. It is a natural impulse, but, instead of recognizing this and educating the desire-leading out his capability of achieve-ment-she smothers it, dwarfs it, and weakens for life his faculty of independence.
Presently she thinks he is old enough to dress himself, but her first lesson of dependence is too strong, and he has now lost all interest in
buttons and buttonholes-his mind is occupied with another and newer problem. There is food here for thought.
Buttoning Your Baby With Ribbon Q UEEN VICTORIA invented the safety in the Royul Nursery, and, in doing so, g
The safety pin holds its own place in the baby's wardrobe, and fills its chief use in securing the napkin; but used instead of buttons and buttonholes, it shows carelessness on the part of
the mother or nurse, and may prove a source of the mother or nurse, and may. prove a source of
danger to the child. Used to secure the clothing, it may slip and the point be caught in the baby's soft flesh or the hand of some one else.
But while we extol the use of the button and buttonhole, we are not blind to their faults. Buttons will catch in the washing machine and the wringer; and buttonholes will tear out. We inconvenient minute, and that the buttonhole will surrender its button when least expected. So we thought the matter over and the result is "Button your baby with ribbon."
Cut the shoulder straps of the little shirt where they join the body part, and bind; then, above the binding on the shirt work a couple the end holes; opposite these on the straps sew the end of a washing ribbon. You can now put pulling the baby's little arms; lace the ribbon hrough the holes and tie to itself. The little flannel skirts and e tied on the shoulders in the slime skirts should sleeves in the little frocks and dresses make it impossible to fasten them on the shoulders, but they are better tied under the arms, rather than in front or at the back; one side of the front should be cut double and then cut in a bias ribbon to the centre of the under front, pass it around the baby, and tie to the ribbon sewed to the edge of the over front under the arm. Use ribbon instead of eyelet holes on the dresses, and ie in neat little bows.
An added advantage that ribbon has over buttons and buttonholes is that in warm weather the clothes may be left a little looser, and on
cool day úrawn more closely about the child.

Children love mystery, and very soon you will find all sorts of little messages in all sorts of unexpected places that will give you a warm glow around your heart.
Some mothers find it difficult to speak the little loving appreciations that mean so much to the child but surely every mother can write them! These little notes might easily mar the beginning of a better understanding betwee. you and your children, and might very we lead to that confidence which is the sweetes and most lasting bond between parents and children.
Point the child to the thing he should do and not to the thing he should not do. Isn't this better than the everl
do this," "You mustn't do that"?

## Try it and see.

The Reason Why
EVERY normal child wants to know why, and $\mathrm{E}_{\text {will ask }}$ more questions in five minutes than a sage can answer in five hours.
The wise mother guides him into the way of answering his own questions and allows him when it is possible, word here,
that is needed. to him, a great, big, wonderful place, full of interesting things and absorbing mysteries. When Father takes him travelling, he misses a great, big opportunity if he does not use the changing panorama to teach his small son many, many thing
workable object before him.

## worka the windmill fim

As the principle on which it explain its use and the principle on which it works; if possible, If you rough drawing to help him understand. hour howe a wait of ten minutes or half an hourts, show him the engine, point out tne different parts, and, so far as you can, explain their uses. Presently you pass a butter and cheese factory, discussion that will probably last until you destination is reached
How much better this is than to stuff the child with a lunch he does not want and is better
without. The boy's keen wish to try this and that, and his everlasting questions are but the desire to learn more of the world, the people, and the
things in it. When you send him to school you pay to have him taught, but you often neglect the teaching you should give him in your daily, hourly, intercourse with him.
Many a father laments that he cannot send his boy to a Manual Training School or to an Agricultural College, but he neglects the object lessons that are lying all around on every hand. He frustrates the boy's desire to make and paint a wheelbarrow, and sees no reason why he should
be allowed to build a rabbit hutch. When the boy is older and the gate is off its hinges or a lock broken, the father will think he should know how to make the repairs, forgetting that he Why but obstacles in the way of his desire to learn.
Wh?

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## 

## THE ALPINE PATH

rhyme. She and I had a hahit, no dioubt, a
reprehensible one, of getting out cogether on the reprehensible one, of getting out Cogether on the
old side bench at school, and writing "po'try" on our slates, when tie naster fondly supposed
we were sharpening our intellects on fractions.
WE began by first writing acrostics on our each other in which we wrote poems addressed to samely; finally, cne day, we agreed to write up in
stirn
stiring rhyme all stirring rhyme, all ourteachers, , including the mas-
ter himself. We filled our slates; two verses were devoted to each teacher, and the two concerning
the reigning pedagogue were very the reigning pedagogue were very sarcastic
effusions dealing with some of his firtations effusions dealing with some of his firtations
with the Cavendish belles. Alma and I were gleefully comparing our productions when the
master himself, who had been standing before us but with his back toward us, hearing a class,
suddenly wheeled about suddenly wheeled about and took my slate out firmly believing that the end of all things was at hand. Why he did not read it I do not know,
it may be he had a dim suspicion what it was it may be he had a dim suspicion what it was
and wanted to save his dignity. Whatever his and wanted to save his disnity. Whatever his
reason, he handed the slate back to me in reason, he handed the slate back to me in
silence, and 1 sat down with a gasp, sweeping off
the the accusing words as I did so lest he might
change his mind. Alma and I were so badly change tis mind. Alma and I were so badly
scared that we gave up at once and forever the stolen delight of writing poetry in company on.
the side bench! the side bench!
I remember-who could ever forget it?- the
first commendation my writing received first commendation my writing received. I was
about twelve and I had a stack of about twelve and had a stack of poems
written out and hidden jealously from all eyes, written out and hidden jealously from all eyes,
for I was very sensitive in regard to my cribblings and could not bear the thought of having them seen and laughed at. Nevertheless, I
wanted to know what others would think of wanted to know what others would think of
them, not from vanity, but from a strong desire to find out if an impartial judge would see any
merit in them. So I employed a little ruse to merit in them. So I employed a little ruse to
find out. It all seems very funny to me now and a little pitiful; but then it seemed to me and a little pitiful; but then it seemed to me
that I was at the bar of judgment for all time. It would be too much to say that, had the verdict been unfavourable, I would have forever surrendered my dreams, but they would certainly have been frosted for a time.
A lady was visiting
A lady was visiting us who was something of a
singer. One evening I timidly asked her if she singer. One evening I timidly asked her if she
had ever heard a song called "Evening Dreams" She certainly had not, for the said "Evening Dreams", was a poem of my own composition, which I then considered my masterpiece.
It is not now extant, and I can rememter the It is not now extant, and I can remember the first two verses only. I suppose chai tiney were
indelibly imeessed on my memory by the fact indelibly im essed on my memory by the fact
that the visitor asked me if $I$ knew any of the that the v.sitor asked me if knew any of
words of a
trembling the "song." Whereupon $I$, in a verses:

When the evening sun is setting
Quietly in the west
Quietly in the west,
In a halo of rainbow glo
I sit me down to rest.
I forget the present and future,
Ilive over the
I live over the past once more,
As I see before me crowding
As I see before me crowding
The beautiful days of yore.
Strikingly original! Also, a child of twelve would have a long "past" to live over! 1 finished up with a positive gasp, but the not notice my pallor and general shakiness For I was pale, it was a moment of awful import to me. She placidly said that she had never
heard the song, but "the words were very heard the song, but "the words were very
pretty."
The fact that she was sincere must certainly detract from her reputation for literary dis-
crimination. But to me it was the sweetest crimination. But to me it was the sweetes
morsel of commendation that had ever fallen to my lot, or that ever has fallen since, for that
matter. Nothing has ever surpassed the matter. Nothing has ever surpassed that
delicious moment. I ran out of the house - it delicious moment. I ran out of the house - it
wasn't big enough to contain my joy, I must wasn't big enough to contain my joy, I must
have all outdoors for that-and danced down the lane under the birches in a frenzy of delight hugging to my heart the remembrance of those words.
Perhaps it was this that encouraged me
sometime sometime during the following winter to write
out my "Evening Dreams" very painstakingly out my "Evening Dreams" very painstakingly

- on both sides of the paper, alas!- and to send On both sides of the paper, alas!- and to send
them to the editor of The Household, an American magazine we took. The idea of being paid can magazine we took. The idea of being paid
for them never entered my head. Indeed, I am not at all sure that I knew at that time that people were ever paid for writing. At least, my
early dreams of literary early dreams of literary fame were untainted by any mercenary speculations.
complimentary than our visitor thehold was less complimentary than our visitor. He sent the stamp" for the purpose, being in blissful ignorance of any such requirement. My aspirations were nipped in the bud for a
time. It was a year before I recovered from the time. It was a year before I recovered from the
blow. Then I essayed a more modest flight. I copied out my "Evening Dreams" again and sent them to the Charlottetown Examiner.
I felt quite sure it would print them printed verses which I thought, and, for that matter, still think, were no better than mine. For a week I dreamed delicious dreams
seeing my verses in the Poet's Corner, with my
name appended thereto. When the Examiner came, I opened it with tremulous eagerness There was not a sign of an evening dream about
I drained the cup of failure to the very dregs. It seems very amusing to me now, but it was crushed in the very dust of humiliation and I had no hope of rising a alin. I burned my to write because I couldn't help pit, I sent no more poems to the editors.
Poems, however, were not all I wrote. Very
soon after I began to write verses I also began to soon after I began to write verses I also began to write stories. The "Story Club" in "Anne of
Green Gables" was suggested by a little incident of schooldays when Janie $S$, Amanda $M$ - and I all wrote a story with the same plot. I remember only that it was a very tragic plot, and the heroines were all drowned while bathing on Cavendish sandshore! Oh, it was very sad!
It was the first, and probably the last, time It was the first, and probably the last, time
that Ianie and Amanda attempted fiction, that Janie and Amanda attempted fiction,
but I had already quite a library of stories in but I had already quite a library of stories in
which almost everyone died. A certain luguwhich almost everyone died. A certain lugu
brious yarn, "My Graves," was my masterpece. It was a long tale of the peregrinations of a in every circuit to which she went The oldest was buried in Newfoundland, the last in Vancouver, and all Canada between was dotted with those graves. I wrote the story in the first person, described the children, pictured out
their death beds, and detailed the and cpitaphs. Brighteyes," the biography of a doll. I couldn't kill a doll, but I dragged her through every other tribulation. However, I allowed her to have a happy old age with a good little girl who loved her for the dangers she had passed and overNowh consequent lack of beauty,
humour. Well, there was not much my forte is humour. Weall, there was not much humour in those eariy tales, at least, it was not intended
there should be. Perhaps I worked all the tragedy out of my system in them, and left an unimpeded current of humour. I think it was my love of the dramatic that urged me to so much infanticide. In real life-I couldn't have hurt a fly, and the thought that superfluous But in my stories battle, murder and sudden But in my stories battle, murder and sudden When I was fifteen I had
railway train, and it was a long first ride on a with Grandfather Montgomery to Prince Albert, Saskatchewan, where Father had married again and was then living. I spent a year in Drince
Albert and attended It was now three the High School there.
It ate It was now three years since I had suffered
so much mortification over "Evening Dren so much mortuication over "Evening Dreams."
By this time beginning to recover and lift its head again was wrote up the old Cape Leforce legend in rhyme and sent it down home to the Palriot, no more of the Examiner for me!
$\mathrm{F}^{\text {OUR weeks passed. One afternoon Father }}$ came in with a copy of the Patriot. My verses
were in it! It was the first sweet bubble on the onted me. There were and of course it intoxi-, errors in the poem which fairly made printers creep on my bones, but it was my poem, and in a real newspaper! The moment we see our first darling brain-child arrayed in black type is never to be forgotten. It has in it some of the mother when she and delight that comes to a mother when she looks for the first time on the During that wint
articles printed. Anter I had other verses and prize competition was published in the Montreal Witness, and a descriptive article on Saskatchewan was printed in the Prince Albert Times, and copied and commented on favourably by several
Winnipeg papers "June" and kindred subjectseral effusions on long-suffering Patriot. plume myself on being quite was beginning But the demon of filthy lucre was creen. into my heart. I wrote a story and sent it to the New York Sun, because I had been told that it paid for articles; and the New York Sun sent the fack to me. I flinched, as from a slap in the face, but went on writing. You see, "Never give up!" first, last, and middle lesson-
The next sum
Island and spent the followinto Prince Edward Island and spent the following winter in Park
Corner, giving music lessons and writing verses for the Patriol. Then I attended the Cavendish school for another year, studying for the Entrance Examination into Prince of Wales College. In the fall of 1803 I went to Charlottethat winter, studying for a teacher's liceoleg I was winter, studying for a teacher's license. them back. But one day I went into the Charlottetown post office and got a thin letter with the address of an American magazine in the "orner. In it was a brief note accepting a poem, "Only a Violet." The editor offered me two subscriptions to the magazine in payment. kept one my zelf and gave the other to a friend,
and those magazines, with their vapid little

AUGUST 1917
pen brought me first tangible recompense my
"It is a start, and I mean to keep on," I find
written in my old journal of that year. "Oh, written in my old journal of that year.
I wonder if I shall ever be able to do anything dearest ambition." Prince of Wales College After leaving Prince of Wales College I
taught school for a year in Bideford, Prine Ed-
ward Isfrnd. I wrote a good deal and learned ward Ishand. I wrote a good deal and learned
a good deal, but still my stuff came back, except
from two periodicals the editors of which evidanty thought that literatert of monetary
reward, and quite independent considerations. I often wonder that It first I
give up in utter discouragement.
used to feel dreadfully hurt when a story or poem over which I had laboured and agonized came
back, with one of those icy little rejection slips. Tears of disappointment would come in spite of
myself, as I crept away to hide the poor, crimpled manuscript in the depths of to it and did not mind. I, only set my teeth and said on alone, in secrecy and silence, Ines to any one Down, deep down, under all discouragement and
rebuff, I knew I would "arrive" some rebuff, I knew I would "arrive" some day.
In the autumn of $x 895$ I went to Halifax and spent the winter taking a selected course in the winter came a "Big Week" for me Monday I received a letter from Golden Days, a Philadelphia juvenile, accepting a short story I had sent there and enclosing a cheque for five dollars. It was the first money my pen had ever earned; I did not squander it in riotous living, neither did I invest it in necessary
boots and gloves. I went up town and bought boots and gloves. I went up town and bought
five volumes of poetry with it-Tennyson, Byron, Milton, Longetllow, Whittier. I wanted something I coul.

N Wednesday of the same week I won the Evening Mail for the best letter on the subject, "Which has the greater patience-man or
My letter was in the form of some verses, which I had composed during a sleepless night and got up at three o'clock in the wee sma' hour Companion sent me a cheque for twelve dollars for a poem. I really felt quite bloated with so much wealth. Never in my life, before or since have 1 been so rich
After my Dalhousie winter I taught school wrote more years. In those two years School publications and juvenile per Sunday The following entry from my journal refers to this period: summer and ground out stories and verses on days so hot that I feared my very marrow would meit and my gray matter be hopelessly spinning stories, ond I love my work! I love of my room and shape some 'airy fairy' fancy into verse. I have got on well this summer and added several new journals to my list. They are a varied assortment, and their separate tastes juvenile stories. I like doing these but I should like it better if I didn't have to drag a 'moral into most of them. They won't sell without it subtle, as suits the fibre of must go, broad or I have in view. The kind of juvenile story I like best to write-and read, too, for the matter of that-is a good, jolly one, "art for art's sake," or rather "fun for fun's sake," with no insidious of jam!" " It was not always hot weather when I was eaching. During one of those winters of school In the evenings, after a day of strenuous schoo! work, I would be too tired to write. So I religionsly arose an hour earlier in the mornings or that purpose. For five months I got up at six ould not yet be on, of course aight. The fires would not yet be on, of course, and the house coat, sit on my feet to keep them from freezing, and with fingers so cramped that I could scarcely hold the pen, I would write my "stunt" for the day. Sometimes it would be a poem in which I would carol blithely of blue skies and rippling brooks and flowery meads! Then I would thaw When people say to me, as they to school. do, "Oh, how I envy you your gift, how I wish I could write as you do," I am inclined to wonder, with some inward amusement, how much they would have envied me on those dark, cold, winter mornings of my apprenticeship.
(To be continued.)

## WHAT HE REQUIRED

Some time back a gentleman advertised for an hostler, and mentioned that a returned soldier put in an appearance seeking the billet. fellow Do you smoke?" asked the gentlem

## "No," was the reply.

"No."
Are you a member of the Church ?
Seeing that an answer in the affirmat
But when the gentleman asked
total abstainer?" it was rather "Are you "Look 'ere, mister," he said, "strike me yer knows wot yer want. You hadvertised fo angel, that's what yer wants," and walked awa in disgust.


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Rogers teaspoons. Each dinner service is guaranteed full size for family 4 ee, 4 s 07 pices plates, 12 bread and butter plates, 12 soup plates, 12 sauce dishes, 2 ustaters, 2 pieces comprising 12 cups and 12 saucers, 12 tea plates, 12 dinner The beautiful set of Teaspons are in the It is handsomely decorated in rich floral design and will surely delight the most fastidious housekeeper Read our Wonderful Offer
 edy to their friends and neighbors. That is why we offer to give away these magoif
cent premiums,


Carnation French Canadian Teaspoons -the most beautiful pattern ever seen. These magnifl. cent spoons will delight any suaranteed to give every ar suaranteed to gi
isfaction in wea
Grand Premiums

Will you sell just 12 boxes among your friends
You can easily do this because every one per box?
Yrau can easily do this because every one you know will be glad to learn of tht
grand remedy. It is one of the world's best known prescriptions, a tried and prover
rene e:aedy for weak and impure blood, nervousness, indigestion, constipation an
anaemi. In all
 Sond No Money-Just send your name and address to-day and we will send
the 12 boxes postage paid. You will be able to sell them quickly and easily because
 charges parid, the beautiful set of spoons, and the handsome sind yout all delivery
receive without you can also
coll
 iums as you did. We pay all delivery charges right to your door.
REMEMBER YOU TAKE NO RISK. You do not spend fine prem
a cent of your REMMEMBER YOU TAKE NO RISK. You do not spend a cent of your own
money. We trust you witho our goods until sold and if for any reason you cannot
sell them we wilt take them back ond give you beautiful premiums or pay you a bit
 The International Mfg. Co.s Dept. 2


Let me tell you just as one housewife to another
that the spot or streak of soil on your silk curtain or the chair which is upholstered in light colored silk, satin or other fabric, will come off in a moment with a little-

## CARBONA Cleaningrifid.

 and a white cloth. And Carbona will not injure the most delicate fabric or color. Never use dangerous benzine, naphtha or gasoline. You canhold a match over your bottle of Carbona and it
## will not explode.

15c. 25c. 50 c . $\$ \mathrm{I} .00$ bottles. At all druggists.


Meet me at the TULLER for value, service
New Hotel Tuller
DETROIT, MICHIGAN
Center of business, on Grand Circus Park, Take
Woodward car, get off at Adams Avenue: ABSOLUTELY FIREPROOF
200 Room 200 Rooms, Private Bath, $\$ 2.00$ Single, $\$ 4.00$ Up Doubble. 00 Rooms, Private Bath, $\$ 2.50$ Single, $\$ 4.50$ Up Double.
00 Rooms, Private Bath, $\$ 3.50$ to $\$ 5.00$ Single, $\$ 5.00$ Up

TOTAL 600 OUTSIDE ROOMS All Absolutely Quiet
Two Floors-Agents' Sample rooms. New Unique
Cafes and Cabaret Excellente

## A

## UNUSUAL WAYS BY WHICH TO <br> FATTEN YOUR BANK ACCOUNT

by Mary acnes bray pease

WMEN are constantly blazing new
trails in the World of Work. There travis in the World of Work. There
is ow no need of being pushed into a
trexesion or busines which is dis profession or business which is dis-
tasteful because careful search will revea that makes a special appeal to each particula
Canadian women seldom feel that they are given the same advantages in the business
world as those accorded to men. When, there world as those accorded to men. When, there-
fore, a woman makes a marked success in a new fore, a woman makes a marked success in a new One woman has started into a line of work One woman has started into a line of work long-felt want. She sells bonds and other
securities. Her happy hunting ground is the helpless widow or single woman left with means but with no business acumen or experience Women in general are extremely ignorant upon all matters of finance. Many of them have
read and heard so many stories of the way men swindle women that the the way men to a woman who is qualified to give them the advice they need. Then again, a woman best knows the business limitations of the average eminine mind and is more patient and painstaking in the presentment of her subject. surprisingly. Until a footing is established bond dealers as a rule give a small salary but after a clientele is established the income is derived from commissions, and these commis sions mean a comfortable income ranging from $\$ 2,500$ a year up.
Advertising claims the working hours of represents several publications for and she secures "space." One of these is a farming magazine, another a religious publication, and still another a daily newspaper. The headquarters of all three publications are situated in different cities. This work needs enthusiasm persistence, patience, and a firm belief that the money expended. Unlike the first fescribed business, this one is almost entirely associated with men. Success has come after hard exper ence and much discouragement, but it has come and come to stay, spelling independence and freedom from inancial worries.
A rail looking woman makes a tidy little income seling houses. She tries to confine type. She seems to have an almost uncanny knowledge of who may want to sell and who to buy. She points out conveniences or hides the
lack of them in ways that would never to the mere man. "Just as soon as I have another $\$ 500$ saved, I'm going to build some kind of sonveniences recently. I know what going to see that they get it." The future In rosy to such an optimist and, as a man com petitor grudgingly remarked, "she sure is in on the ground floor
$\mathbf{R}^{\text {ATHER far removed from these three is the }}$ at her playing and probably critics would laugh at her versifying, but "she comes up smiling" and, incidentally, selling. Songs for vaudeville turns are her long suit, and the particular tinkwhat the public wants. Her postcare evidently used by American houses who deal in thes commodities for lazy or idealess people your friend's daughter graduating ? Send her a postcard with a suitable verse for the occa-
sion. Has an acquaintance come sion. Has an acquaintance come into a for-
tune? The postcard expresses your joy thereat. Does the darling of your heart crave a valentine? It can be supplied. And these sentiments for menus and even rhymed adver tisements, and then add again; the tota averages over $\$ 2,000$ a year.
The real work in connection with the fore-
going is the selling, which requires what in going is the selling, which requires what in personality a singer in vaudeville and decides thaty hears vehicle for one of her songs he or she is all her fancy craves. An interview is arranged the song has a new owner, and the composer is richer by $\$ 25$ or $\$ 50$, Postcard verses bring following was sold at the best houses. The
'I'd like sold at this price
My reason you'll opine;
Because your shadow often
Beside my valentine
parturis country taxi-driving is a new de women have ventured. Two only English established jitney routes and are also teaching car owners and those who hope to be, the laws of the road. The outdoor life and the excitement of the near shaves that constant driving in the heart of the town occasions seem to agree with this enterprising pair, as is testified by thei The exigencies of way colour.
women count up their possibilitios many earners. One of these is a girl who had no
tically the higher education and who had prac tically no parlour tricks. She did know food
values, however, and decided to see in what way values, however, and decided to see in what way
this could serve her purpose. One morning while doing the family marketing, she got the Great Idea. A rather dilapidated motor ca which she could drive was still a possession, and the next day she hied to the country some miles distant and visited several farmers to whom she made a proposition to take chickens, eggs, butter, vegetables and other farm produce on regular days in the week. She then made a door to door canvass of the street on which she Book, and wrote notes to thoses from the Blue it inconvenient to call upon. She does a thriv ing business, as her patrons know that they can depend upon her goods. She has a standard o excellence from which she never swerves. Th benefits are threefold-to herself because she is now economically independent; to the customers because they are insured good food; and to upon first class production sions such as Christmas and Thankeiving she brings the produce to her own home and pack it attractively. The boxes of chickens and othe poultry practically sell themselves. Her plucked chickens really deserve the name, and the weary housekeeper or maid does not have to spend stantly studying ways and mears. She is con ment and in several cases mas ind of improve to follow out lines prescribed by poultry-raising and other agricultural experts with most gratifying results.
A MORE usual feminine occupation, but pur Cap and Buar unusual conditions, is that of the walk, this little lady has demonstrated that she is very able to use her hands. Her lounge and bedside table are a perfect riot of coloured silks and lovely laces. She tells you gaily that the work never grows monotonous because of the she finds the work a panacea for pain-a, too, able heart's ease. Her caps and bags go on long journeys sometimes, over to Uncle Sam's country and even to England. She begins working for her Christmas trade in the Summe to a month's the end of the year treats hersel on Easter caps and before she starts in again seems to be a discriminating Her one conceit powders. She selects these to suit the cap bag. A gay little youthful cap gets a small sachet of faint elusive odour; one suitable for an older face a more pronounced fragrance She weaves little stories into the colours and laces, and sometimes hates to send the little shouldn't marry and live their way lest they In the years to come, we Cappily ever after. be made to realize the change in outlook and fortune which we are now facing. Marriage can no longer be regarded by the young woman The casualty the certainty of former times, constant call lists appearing daily and the bring home to the con men, over and done withe fact that our old life is to face new conditions that we must be ready will come back from the War unfit or our thei usual place in the battle for existence, and we must fit ourselves to fight or help to fight this new battie with them. Gone will be the dream which womane should be a haven of rest in by which that remains aloof from the struggle

$$
\begin{aligned}
& \text { Let us then be upported. } \\
& \text { With ang }
\end{aligned}
$$

Still achieving, still pursuin

> Learn to labour and to wait."
$I^{\mathrm{N}}$
artisement paper appears the following ad
Amateur photographers and tourists can save disappointing failures by spending a little time in the field with an expert amateur artist; everything photographic demonstrated skilpictures at the be produce artistic Address, _", beginning. Terms reasonable
Come to think of it, the innovation is a valuAlmost every amateur fills a "long felt want." before he is amateur wastes so much materia picture with any degree of certainty, that he save both time and to pay for instruction and Then, too the material.
more persons the ustist who is teaching one or arrangements with a of a camera can mak cameras and material, allowing a commission that would be an additional source of income item thoping and printing would be anothe themselves ally. would be willing to pay for liber The lover of out door work finds nothing so conclusively than the yield in dollars which a small corner of the garden will invariably give saleable product is , it

# At The Gate of An Enormous Markef 

CROWDS AT THE GATE of the Canadian National Exhibition, Sept. 4th, 1916, when 14I,000 people were present during the day- less than T-5 of the number of readers of
EVERYWOMAN'S WORLD.


## Crowds of Eager Buyers Read Everywoman's World

CAN you picture for yourself how great is the crowd of buyers-heads of families130,000 of them-who read Everywoman's World?
Can you form a reasonably true impression in your own mind of how enormous is the crowd of people in these homes-and the greater crowd of friends and neighbours who are influenced by these people?
With only 5 to each home the total is 650,000 people! Each home will influence at least one additional family ( $1,300,000$ people) and probably two additional families ( $1,950,000$ people).
This vast aggregation of homes, situated as we have them situated, is a market the size and richness of which the human mind can hardly grasp.

And Everywoman's World, as the gate through which to reach this market, is only just beginning to be appreciated at its full significance as a potential merchandising power.
Nothing like it has ever been available in Canada before this great Canadian home magazine was established.

## What does it all mean?

$\mathrm{I}^{\mathrm{F}}$you had stood from 8 o'clock in the morning until ten minutes to seven in the evening to see 130,000 soldiers march past you, four abreast, on the way to the firing line, you could form a mental picture of how great is this market represented by the 130,000 buyersheads of families, who subscribe for and read Everywoman's World.
It takes 10 hours and 50 minutes for 130,000 troops to pass marching four abreast! This fact will help anyone to realize what the 130,000 circulation of Everywoman's World really means in business.
But let us consider this circulation volume from another point as represented by Everywoman's World in this rich, responsive market for worthy goods in Canada!
The 130,000 circulation of Everywoman's World represents 46.42 times the seating capacity of the largest public hall in Canada, Massey Hall, Toronto, seating 2,800 .
Compare the City of Toronto, second largest city in Canada, with a population of approximately 75,000 homes, and then realize that the 130,000 circulation of Everywoman's World represents nearly twice as many homes as there are in the City of Toronto!

This 130,000 is equal to the combined number of homes in 251 live Canadian cities and go-ahead Canadian towns which we have listed
and printed in a folder from which the text of this advertisement is taken.

## Their buying power

BUT the buying power of these homes represents much more to you than mere figures could possibly indicate, because in every city, in every town, in every village, and in every rural place throughout Canada, the subscribers to Everywoman's World are the well-to-do people in each communitypeople of wealth and culture, who readily subscribe to a magazine selling at $\$ 1.50$ a year

In reality the figures representing Everywoman's World circulation do not give you any adequate idea of the volume and relative buying power represented.

This 130,000 circulation reaches approximately 10 per cent. of the homes of Canada.
It reaches fully 15 per cent. of the Englishspeaking homes in Canada!

## Known quality

THE buying power of these 130,000 Everywoman's World homes has been ascertained by careful canvass from our subscription correspondents. We have secured data relating to 25,205 Everywoman's World homes and subscribers. On 16,450 of these we have the actual figures representing automobiles owned, pianos owned, talking machines owned, property owned.

These statistics, most carefully compiled, show that at least 52.4 per cent. of the subscribers of Everywoman's World own their own homes.
And the average value of these homes is $\$ 8,167$
Think of it! These 52.4 per cent. of our subscribers alone represent over $\$ 556,336,040$ in property owned. Their purchasing power is enormous.

The buying power of the remaining 47.6 per cent. of our subscribers-a large percentage of which are in every probability property owners also-is obviously great. They average 4.5 to 5 members in each family and the expenditure for requirements of daily living for the commodities of life-food, clothing and shelter and for such luxuries whi h have become recognized as necessities-will average a very high figure, as you will see at a glance. Estimating only at $\$ 500$ per home, and it amounts to $\$ 3,094,000$.

Interested Advertisers and Advertising Agents are
requested to write us for complete data covering
property, automobiles, pianos and talking machines
property, automoonles, prianos an's talking machines
census as taken on Ever ywoman's World circulation

## Other big value

THE unique distribution of Everywoman's World 130,000 circulation multiplies by several times its first apparent value.

It is like good seed spread evenly broadcast in fertile ground multiplying itself many fold and producing prolific results.
It is distributed absolutely uniformly everywhere throughout Canada where there are English-speaking people and where prosperity abounds.

For the sake of ready comparison by those who are best informed on the situation as it is in the United States, say for the "Post," we would point out that, for Canada, Everywoman's World, like the "Post" in the United States, has sold its subscribers, not by old-time magazine methods but by modern plans of commercial merchandising. It is sold to people who have the money with which to buy, who have education to the point where they readily appreciate the need of a great home magazine.

## Something new in Canada

AGREAT many Canadian manufacturers and Canadian advertisers in general have of late become real investors in advertising, since they havz a real, active, "deliver-thegoods" merchandising force available in Everywoman's World, linked up as it is now with Everywoman's Storekeepers, edu cating the local retailers to appreciate that, in effect, they get LOCAL CIRCULATION in Everywoman's World.

Each local storekeeper knows that from one in every four to one in every seven or eight of his English-speaking customers are subscribers for Everywoman's World.

## The new way of buying space

C
AUTIOUS advertisers, realizing this fact, are buying space in Everywoman's WORLD on a new basis-a scientific, logical basis, which is proof against argument or even suspicion. They buy enough space in enough issues to everlastingly impress the readers of Everywoman's World and the Storekeepers with the merits of their goods! They set aside an appropriation large enough to cover this investment, then they proceed to the next strongest publication in the market, and so on down to the limit of the money they have appropriated for advertising.

## GREAT EFFICIENCY

$\$ 3.500$ to $\$ 5,000$ invested in space in EVERYWOMAN'S
more results than can be obtained from appropriations
of from $\$ 20,000$ to $\$ 50,000$ spent indiscriminately in
various medium scattered widely.
rious mediums scattered widely.
For interested advertisers, we gladly prove this fact
from merchandising records.
"More for less money" is always popular and natur-
"Mily EVERYWOMANS WORLD has come to head tho
list with discriminating national advertisers.


## $\$ 100.00$ for the Idea of the House We Want

WHa kind of a house would you build? You have many ideas regarding it already. Complete it-think out just what you would
like. Dream the Dream House-then put it on paper and send it to us. We want the preactical ideas of everyone who on onows just what such a house should be in these times when women do so much of their own house

What would you build the house of -stone, brick, frame, brick veneer, cement,
materials?
How many rooms would you have in it? how wat rooms would they be, and greatest convenience?
What kind of heating would you put in? Whose make? How woul
ventilation?

## ventilation? Wh ould you provide open fireplaces, and in which rooms?

 and in which rooms? Would you have laundry tubs inthe basement? In the kitchen or pantry, beside the sink
What height sink?

What material would you use for your foundations? Would you pre-
fer cement? If so, why? fer cement? If so, why?
How would you light the house? By gas or electricity What fuel would you use for cook-ing-coal, wood, gas, electricity, oil?
What kind of floors would you Would you have any metal ceilWould you use weather strip for the exclusion of cold draughts Would you have fitted screens for loors and windows?
How would you heat your water for the bathroom and kitchen?
Would you provide clothes closets for each bed-room, and a roomy linen closet in addition

The above questions are given in order to suggest some of the specia features which you might like to have in your "Dream House." They will

## $\$ 100.00$ for the Best Ideas

Everywoman's World's new department of Home Decoration, Home asked how you would spend $\$ 500.00$ on improving your Hay issue, where we want to know just what kind of a home you would build for yourself, and for the Dream House which is the best planned, most convenient, and best fitted to save work in the home, according to our judgment, we will give $\$ 100.00$ in
cash, divided as follows:-

## 1st Prize. 2nd Prize.

$\$ 50.00$ cash
20.00 cash
20.00 cash
5.00 cash
and 25 additional prizes of $\begin{gathered}\$ 1.00 \text { each for the next best } 25 \text { ideas } \\ \text { submitted. }\end{gathered}$

## Send Us Your Ideas !

WANTED.-The best ideas for the "Dream House," such a house as you
vould want for your very own. And this house must be not merely a house, would want for your very own. And this house must be not merely a house, but a home. Think of all the things you can which would make a real home of it. Here is your opportunity to make something out of your wishes.
Ideas need not be submitted in finished drawings. It is the ideas th
Ideas need not be submitted in finished drawings. It is the ideas that we
want. Rough, crude drawings and descriptions will be quite all right We want. Rough, crude drawings and descriptions will be quite all right. We
will submit them to our architect, and have an artist draw them out complete, if worthy of publication.

## Here are a Few Suggestions

They will help you to pick out the different points that go to make up a complete home. You can copy these out together with the questions given
above, and arrange them in such a way as to fit in with the descriptions of the above, and arrange them in such a way as to fit in wit

## To The Editor, Home Improvement Division EVERYWOMAN'S WORLD, Toronto

The following is a description of the kind of house I could call my "Dream House," and the way I would have it planned and built to be a real Home. have described the house from basement to attic, and also enclose my plan
how the rooms would be arranged for convenience and economy in work.

Foundation walls?
Collar Floor 2 ....

Materal for construction of house
Kind of floors?
Open fireplaces? ? it ans?
Kind of mantel,
Coal, gas, or erectric any?


Kind of sink, and height
Laundry tub in kitchen ?
Coal or gas for
Refrigerator?
Refrigerator? Creirigerator to basemen
Drain roon
How would you heat your water?.
How would you h
Front verandah?
Back verandah?

There are other conveniences you would like that are not in this list; add
NOTE CAREFULLY.-All replies in the "Dream House" contest must
ach Everywoman's World not later than October First
There is no expense to enter; all entries will be treated as absolutely contidential where so desired, so write us fully and get our help and advice
if you need it, particularly if you are in a position to turn your "Dream House" if you need it, particularly if
into reality some time soon.

Address all entries and correspondence to:
The Editor, Home Improvement Division
EVERYWOMAN'S WORLD, Toronto, Ont.

## 


Hot pipes in linen closet (if water heating
used)?
Den, or upstairs library
Fire grate in such a roon
Separate bathroom and closet
Sunroom off den or bedroom ?
Aspect of sunroom ?...........
Any attics or store room?...
Why the attics ?


Would you treat the roof in any special way
for coolness?
What roofing material ?....
Whose bathroom fittings would you select?.....
Washable finish for bathroom walls?.............
How light the hase ? How light the house ?
How to kep out draught
Washable bathroom walls?
Washable bathroom walls ?
Any storm windows and doors
Screen windows and doors?
she was. Sometimes that will safeguard a wo-
man's virtue quite single-handed. And if Tony
feared her a trifle, as he undoubtedly did-why feared her a trifle, as he undoubtedly did-why
else had he lied oso valorously and subtly, but else had he lied so valorously and subtly, but
now?
ant - was half because he never cared to antagonize the really amusing social set she
represented and half because she was stronger than he, in will. Besides, every man is afraid
of every woman. He considers her either subof every woman. He considers her either sub-
or super- or else merely extra-human; she is a uperstition with him.
As for Mrs. Shane-Tony belonged to her set.
To her. That extraordinary jealousy of the unplaced women, of the gay little unconsidered
privateers flying no flag but their own, so often felt by their secure sisters, had her. It has deep roots, that jealousy. The very security
of such as Cora Shane, their livelihood, is menaced by those others. Have they not given
up the right to their own flag for an assurance of up the right to their own flag for an assurance of
their own menkind, and all that rests on their menkind, the whade foundation of their lives?
To have him marry Emily Edgerton would not hurt. It would, on the whole, be an acquisition
to their set. But Hope- that woald be treachery. In short, he should not. There was an
end to it. Well, she had done what she could. end to it. Well, she had done what she could.
It was something, also. Going the idle rounds It was something, also. Going the idee rounds
of hotel and club that evening, Tony woke with a start of disgust to the knowledge that he had been looking for Jim Sanderson. Revulsion
carried him forthwith to carried him forthwith to Hope, but there was a
little devil of curiosity pricking his brain. For a long time now it had been quieted, drugged by the sweetness of her lips at first, again by the cold fact of Edgerton taking Hope out with his daughter for the world to note. But he was
harassed by the knowledge that both Edgerton and Hope were greater individualists than he; he knew, instinctively, that their actions would
not square with what impulses would to like actions. Muddled, of course, but he could get no nearer a definition of his perplexity.
Ned Angell, in like case, being a sentimentalist, Ned Angell, in like case, being a sentimentalist,
would never have perceived the fundamental would never have perceived the fundamental
discrepancy, and so would have been satisfied.
But Tony didt But Tony did; and his bewilderment antistiey.d as much as it hurt him. He fell back, with
unconscious irony on Cora Shanes unconscious irony, on Cora Shane's word;
they were outsiders. He had let Hope into
his very heart, and she was an outsider still! his very heart, and she was an outsider still!
A horrible miscalculation, somewhere. The changing order of things has laid many traps for
such as Tony Yorke; they were better off, such as Tony Yorke; they were better off,
selfshly considered, in the days when there
were iust two kinds of women, their own kind were just two kinds of women, their own kind
and the others.
$\mathrm{S}_{\text {a }}^{\mathrm{O} \text {, depressed and tormented, with the im- }}$ ages of Edgerton and Ned Angell inimically
before his mind's eye, he came to Hope's door.
She before his minds eye, he came to Hope's door.
She answered his ring herself. She wore a big
white linen apron. she had white linered apron; she had a smudge of charcoal
on her nose and her hair in a on her nose and her hair in a braid; and she
walked through the mist of his brooding re flections straight to him. They vanished there remained only a little girl with a smudge nose and trustful eyes; and he kissed her and
gave himself up to the gave himself up to the moment. It was impo
sible to detect the flavour of anything in sibe to detect the flavour of anything intriguante
about her; her sweet stupidity-the obverse of a directness that was itself as much a defect as a virtue-her very plainness, made the ide ridiculous. For, on analysis, she was plain one cannot defend a title to beauty on the strength of a pair of pretty ears, a lovely throat,
the limpid colour of her the himpid colour of her round sleepy eyes, and a
braid of hay-tinted hair, from which two short feathery curls escaped at the nape of her nect
A tiny dent in her upper lip, a delicer neck. sion at the apex of her collar bone, delighted him
he kissed them, he kissed them, and cuddled her like a pet strative like ans anders grave and undemonstrative, hike a too thoughttul child. Mostly h
loved him. It was typical of tho-day it exasperated him. What was beneath it all? What was she thinking? More, what was she? said at last, half teasingly, half in too , he earnest. "You're the coldest creature. You
just love being loved." "No, no-I lon't"
gled visibly for words. The best . She strug was: Id-love you just as much, if I offer never touch you. If you didn't care for me If I could just see you sometimes. You don't understand." To his horrified surprise, he
perceived two tears forcher perceived two tears forcing themselves between
her lashes. He comforted her, almost alarmed, ready for once to admit to a woman with no reservation of a smile, that he certainly did not understand. She made no more effort to explain, and he muttered again, half -esentful
of her admission that his caresses essential. "But you are cold!" and owned to To turn the subject, he enquired vain to melt her.
"SHE'S at the ofice ye"
ton is going away yet," said Hope. "Edger-
they are tremend I believe, and they are tremendousty busy with-with some
new scheme or something." new scheme or something."

## eager for news

"Maybe," said Hope dissembling badly. It
mater. But it might be knew something of the "If he'll only take it up,", said Tony, and
walked about the room nervously " Yo

## know, ladybird, it means a lot to me-to us: If it goes, we needn't wait any longer. I'll carry you off in a minute." The faint red ran into her face; she nodded. "Have idea how he stands? You're pretty good friends, aren't you?" His tone was elaborately casual. "Yes, in a way," she assented. "But $\bar{I}$ don't really know anything about That was not true, and it ding abs affairs." to lie to Tony, but she could not betray con- fidences.

$\mathrm{S}^{\text {HE }}$ thought it not quite fair of him to try to pump her, and was still more astounded when to help sway Edgerton in his fe wanted her not say that edgerton in his favour! He did
noty; his words were covered with an "if" and other indirections. But that why it hurt. but At first she did not know the inward but two reasons crystallised out of she really knew nothing of the project, so far as its intrinsic merits went. It would be absurd of her to recommend it. Besides, Edgerton business. She could not imagine him as moved by her pleading. And then, Tony should not man's part. He should stand on his own feet. In truth, she was dangerously unsophisticated; no one had ever told her just how much "Oh, I couldn't do anythin"
"Oh, I couldn't do anything," she murmured. "Well, I hope we'll get him anyway," said come , but somehow he felt as though he had gathered again. Hope had shut him off from something in her mind. What was it? The when she had spoken of Jim Sanderson. He wanted to ask her about that, but she had been question would be pointedly meaningless, and he could not think of a plausible excuse for bringing in Jim's name.
Yost earnestly. She waid Hope, and she did, he wanted, but she wanted him to to have what self-and for her. He had suid it was for her"If it falls through," said Tony, suddenly mody - a rare phase with him - "it might
mean waiting for years. Could you give me
felt that cloud of you want me." She, too, unspoken, between them. "Must I, ever? I could go on working, you know."
"Good Lord, I should hope not," he said, positively startled by her view-point. What on earth would the people he knew think of such
a proceeding? a proceeding?
though she were reaching out to hift; she felt as gulf; they strained to each other, and yet in spite of clasped hands and meeting lips the gulf remained. He had not said that nothing should keep them apart.
Mary, arriving late and weary, brought Hope troubled to rea, it through.
sensations into the faint cloding her own brow.
write to-morrow." Naid Hope absently. "T'll write to-morrow," She was talking to herself.
"Mary, is he going to buy in the Kenatchee
Mary w
no one else, but she knswered the question to no one else, but she knew Edgerton told Hope after keeping his own counsel with as a relie else. "I don't really counsel with every one has an ace up his sleeve, I'm sure. He's playing
them -but I don't know why them - but I don't know why. I asked him to-
day, and he only laughed. He knows what he' day, and he only laughed. He knows what he's
doing, I'm sure-but I don't. These alleged
business business men here are babes in arms compared to him. None of them ever really made any grew up round the They simply sat still till it gift-like a strawberry mark!" She laughed. Ah, dio miol Hope, I'm tired of this town.
"But you told me-" Hope began. The fact is, my child, I'm making too much money. I wax fat and kick, like Jeshurun. almost as money and no place to spend it is to spend it. I am tired of this particular traadmill. Im tired of setting springs for wood cocks, digging pits for fools. Every time I write a new rhapsody to lure some unsuspecting the absolute truth to I have to go out and tell square my conscience. As a result, Mrs. Man
ners wont ners won't speak to me, and Cora Shane has
been telling every been telling every one that Johnny Walters must have thrown me over and soured my dis-
position. Dear Johnoy heard it position. Dear Johnny heard it himself, and
came to me with tears in his eyes to ask if it were
t tre , true." She laughed again. "And I'm afraid ask goring to Eleanor Travers' dance lest I
ask her brother. You know he has truck for a wouldn't go to college, and drives a he weighs two hundred the family skeleton, is such a person." the town doesn't know there
(Continued on next page)


Say Egg-0


Best by Test

You begin to look old, with rhose
grey and faded hairs, always so grey and foded hairs, always so
conspicuous. Send at once to your nearest store for a bottle of

LOCKYER'S HAIR RESTORER


Sold Everywhere Lockyer's gives haalth to the Hair and re: scalp; ts the most periect Hair Dressing.


 1
"I didn't know she was giving a dance,", said
Hope, still absently.
$=1$ wonder if Kenatchee Hope, still absently "I wonder it Renatchee To which Mary answered lucidly: "Ah, I,
think I shall have to settle with Cora Shane." She went to the elelephone and called up Miss
Travers and asked herself to tea the next days. Travers and asked herself to tea the next day
Shortly after, Hope received a card to the dance. She looked at it listlessly, as she had
at Edgertons sletter, which was yet unanswered, at Edgerton 'sleterer, which was yet wanswered,
and sidat at last that she did not want to goanywhere.
But you should," said Mary, though she
"Why?"
Tony stayed away for two weeks.

## $\mathrm{H}_{\text {He wanted to see her; he craved the delight; }}^{\mathrm{E} \text { had not mant to }}$

 the full, tender tide of emotion-hall-.sensuous,half spiritual that she stired in him. But half spiritual that the stirrem in him. But
there was a cloud bet ween them when hewould go to her, he seemed to be walking into it. He
could not get away from it, even in thought, with hout dismisisis her with, itten unoossioushly,
he found himself wishing to put her imaze from he found himself wising to put her imaze from
his mind Then he sought or a way thrugh,
and harked backe to Jim Sanderson, as the the
 was away.
Other worries crowded on him; his financial Other worries crowded on him; his financial
affairs were by no means in order; there were numberless petty irritations about money, the more exasperating because release from them
was in plain sight but remained just out of reach. And yet in this case the association of ideas
that kept him away from Hope failed to operate in wonted sequence. He should have begun to dislike Edgerton, as being connected with both
his anxieties, but he did not. It would have been counter to both his training and his instincts. Edgerton was still Success, and he still respected Success, and liked those who had none the less because his one or two letters to him, touching the Kenatchee Falls business, went unanswered.
But since nothing lasts, gradually he began to lose that sense of separation from Hope, the
more because a small sum of money came in more because a small sum of money came in
opportunely and eased the other pressure. And when at last he turned into her front gate, he walked joyfully.
She came to his arms, like a nesting bird, too happy to speak. And he had his delight again.
They never were fluent with each other, since They never were fluent with each other, since the definite engagement. They had ex-
hausted the generalities available for first acquaintance. The significance of the fact escaped them. It was not jealousy, but the mere search for a topic led her to ask him if he had been busy
I'd square a few other accounts and I paid all my old calls. I thought I'd surely meet you, stung him. Why did he not meet her, some where? Though she would cloister herself, wear the willow for him in solitude, she would never, never have told him so, nor even let him, guess it.
"Mary tried to drag me to the Travers' dance. I don't think I want people, just now."
"Most of 'em are plain nuisances," he said, smiling, "but I need some of the
ness. Got to be nice to them."
"I don't see how you do it," she said, in honest wonder. "Have you got any further with Kenatchee?" His mention of business had suggested that, but immediately she was sorry, because he had told her that it meant their marriage. She had almost a horror of seeming
to wish that it might be hastened. She wanted him not only to approve the plans, but to originate them. She wanted to be the Princess of the Glass Tower, and that he should climb eagerly to the very top for her.
"Can't do anything till Edgerton comes back. I hope he hurries."
she said, qualifying it only with, "I am months," though."
"Why no, not exactly. But he is going to
New York first, maybe to Europe." New York first, maybe to Europe."
ask. It was as though he could hardly see her now for the returning cloud. But he said nothing. There was something back of all this not help him, Tony? It would be only natural unless-unless she could ask nothing for a rival and hope for success.
He was cold. His pride as a man and a lover was stabbed; also, he suffered more simply. Then she leaned to him hesitantly, and he kissed
her, and found it hurt; something base hat her, and found it hurt; something base had absolutely. Thereafter he went looking for flaws, for discrepancies.
Still making conversation, he as
Miss Edgerton coming back with him
"Yes, I think so. Mary had a letter from her; she wants to come back. She's going to Europe, too
Was that it? His relief was immeasurable. Emily had written
But that answer

To his own creeping shame, he found himself
perpetually setting traps for her. And he knew
he was waiting for Jim Sanderson to come back perpetually setting traps for her. And he knew he hated it and sometimes he almost hated
himself. And some he did not know whether his shame we for doubting her or for ever having believed her Comfort above everything.
Once in a while
Once in a while he forgot by drinking more than enough. There were still moments when And increasingly he found himself at ease with Cora Shane. The absurd reason underlying that fact was that to Cora Shane he had denied Hope. So with her the whole entanglement did
not exist. Hope did not exist. Mrs. Shane, not exist. Hope did not exist. Mrs. Shane,
needing no more information than she got from needing no more information than she got from
other sources, never spoke of her. The long room, with the flowers on the grand piano and Cora welcoming him from the depths It took him out of himself. He was there very often.
So of course he saw Hope less. Yet he was more loving than before when he did see her There grew a kind of wildness in his affection for her. He was trying to shut out the cloud
from between them. They were both rom between them. They were both aware of She moped, and tried to hide it. Ned Angell became a nuisance to her: He covertly accused unhappiness had for him a morbid fascination. He was sentimental, in a word. He wanted to sympathise. She could have slain him for it cheerfully; figuratively she threw him out of then he hovered. It was and crop. And pungent cynicism and sharp, unsparing laughter saved her from running amuck in some way. Mary knew. But her every word and action
insisted that she did not know. Hope was insisted that she did not know. Hope was grateful
She saw hardly any one but those two, and occasionally Allen Kirby. She would not go
anywhere, except for aimless, prowling walks in anywhere, except for aimless, prowling walks in
the dusk. A weight of uncertainty clung to her. What was the matter? She repeated the question to herself until it became meaningless with iteration, like the mutterings of a fever patient. And then one day something about it made her laugh, some burlesque touch of acknowledged. That cleared her brain. There was nothing the matter, except that she was a fool, and probably Tony was still worried over
his business affairs.
Having settled on that explanation she was
peaceful again. But she was not again so happy she hoped, where before she felt she had won to the end.
And she should have been haughty, and exact ing. So she would have fared much better Tony thought her patient with him when her still, absolutely. He, taking the world's valuaion of the world, took love's outward valuation of love. But Hope asked only the crumbs from the table; she did not think any one-except Tony, perhaps-splendid enough to command the whole feast. This is no more than a rather dealistic absurdity, to make of it a feast rather any dilly thoust her little know? Laetitia Dale. Always, of course, she would e there. So he need never hasten to her needed a spur. What jealousy he had felt was a horn instead. Yet he loved her. We must all
Mary knew at last that she had failed. There was only luck to hope for now. Hope shrunk announcement that Mary had any urging to an And the need of an announcement was equally obvious. Quite shamelessly, Mary broke her word and told Lisbeth.
"But why won't she?
with simple bewildermen Pritid Mary thoughtfully. know she's perfectly right Bit goes, we ociety doesn't really care a fig for decency; it's nly bent on self protection. Just reverse rresistible force strike her, head on." the
"T will," said Mrs. Patton with regretful conossip now. Can't you fancy him learning that? He'll be in a terrible predicament-won't know whether to believe it or not! I mean, to believe if there's any truth in it. Mary, can't
you ask her to do it for you? She lives with you ask her to do it for you? She lives with "Oh, bunk," said Mary
ong as my uncle is Minister of Mines aty. can afford seven scandals Mines at Ottawa, Government doesn't fall before the next Birthday he'll have a nice shiny knighthood, and then I can afford a dozen. I do like the British sstem we ve taken over with the Birthday Honours of being inalienably respectable once
established, unless we get into the newspapers. established, unless we get into the newspapers.
Why, even the fact that my uncle can't get on with me for half an hour doesn't make any difference. No, your suggestion is really awfully good, only it won't work. If I told her exactly ere in the stocks before the whole town. If didn't, she would not understand, but would probably insist on leaving me in genuine sorrow at having done whatever-it-might-be that njured me. Why, she wouldn't even hate
can only think of (Continued on next page)


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## $\Delta$ <br> $\square$ A Life for a Life

## THE MAGPIE'S NEST

putting an announcement in the paper, and the amusing-but no, I don't dare."
"Then take her out more."
"Lisbeth, I haven't the heart for that either Wait till she's five years older, over with all
this, and has grown a skin. I did take her out this, and has grown a skin. I did take her out
last week, to the Lockwood's. Mrs. Lockwood was just plain catty curious to see the girl she's heard so much about. But I took her. It was funny. After the weather, some one said something about books. Hope brightened, her eye
positively gleamed with intelligence. She made positively gleamed with intelligence. She made
a remark-I forgot what-and Mrs. Lockwood said that, for her part, she thought Marie Corell wrote beautifully. Hope sat with her mouth was squirming inside, checkmated. You know, she really had expected conversation-well you've spoiled her I suppose. Mr. Lockwood himself must have noticed her hunted look. He brought her the last collection of Christy
stiffs to look over, a tribute to her artistic stiffs to look over, a tribute to her artistic
endowments! Then she sat turning the leaves in a kind of trance for awhile, and the rest of us talked scandal, over her head, until Dr. Wilton brought in Viola Steb's name. Hope said
she thought Viola exceedingly pretty, the sound of her voice created a mild sensation, she'd been sitting so mumchance. And Dr. Wilton-you know what a gossiping cad he is-started to tell a story about Viola. Of course, you've heard it. Afraid she's afterward that up and go out. She told me would tear a girl's name to pieces like that, for wouldn't. She was unhappy; she was lost. took her away. 'She can't talk at all, can she? Mrs. Lockwood said afterward. 'I should think Tony would be bored to death.' Now, what Mrs. Pat
Mrs. Patten did not know. She herself could year for the death of her father.

They owned defeat by yielding to helpless,
belated laughter at "Let's talk about something else, and leave Hope to the ultimate mercy of heaven," said "Well," sighed Mrs. Patten, "if I knew what to do 1 d do it. Ned keeps telling me about it, you know." "Oh, Ned!" Mary bit the rest of the sentence off and swallowed it. almost inaudibly, her eyes over-brilliant. "His father-" "Y know" sid Mis "Yes, yes, I know," said Mary hastily, soft-
ened. "Those idiotic Roman fathers. They break their boys, and then virtuously chuck them on the dust-heap-out here. It's sweeping smoking flax into the fireplace. What's a man to hold to here? Lisbeth, do let's be cheerful, they went out into the kitchor something. So and later Mary walked home, not so much for the exercise as because there were no street cars. Spring was late and stormy; she got herself in a pleasant glow, tempered with apprehensions of a frosthitten ear; struggling against a snowladen Norther that seemed utterl "A this was Apr.
A perfectly irrational climate," Mary come Hope." And she jerkerhaps it accounts fo plunged into the house headlong, and careened off Ned Angell, who was just going out.
"NED," she said acidly, "you have a positive left him, before he could find breath to answer to put whatever construction he chose on the sentence.
Hope was at her drawing-board. It was quite evident she had been working without regard for frown, as though she feared he might have come back.
(To be continued)

## AN INTERLUDE IN A LIFE

very patient, but it was no good. The devil had returned to the man, and returned to stay.
"Then Rosalind's boy was born, and she had "Then Rosalind's boy was born, and she had
to give up earning money for a time. She had to give up earning money for a time. She had
been getting on very well, and was pretty sure of a good salary, taking the year through. Brunton was disgusted. His own money was
ample for them both really, but he had accustomed to expect his wife to provide for herself, and his habits were extravagant.
"That was the beginning; matters quickly grew worse. Brunton, with his brain steeped in alcohol was madly, unreasonably jealous. He became a nuisance at the theatre where
Rosalind resumed Rosaind resumed her work again. He hung about the dressing room in a maudlin condition, There were frequent scenes, and sometimes the man would give vent to his ill-humour in a toud voice from the stalls.
" T HE manager did all he could to retain sistent in his annoyance, that finally when sistent in his annoyance, that finally when
it became legally possible, Rosalind was asked to go. After that, managers all fought shy of her; there were plenty of girls, pretty enough, and clever enough to take her place, so that she soon dropped out of the running. Thomas was
furious; he had several interview. with furious; he had several interviews with Brunton,
and they nearly came to blows. Brunton and they nearly came
cused him of jealo
"'You wanted the girl for yourself,' he sneerer. Thade Thomas to enter the hadly jealous, didn't care a fig for that, and appeared pretty frequently in the evenings to protect his little Rosaind from the drunken brute. At last, however, Rosalind begged him not to come, be-
"Finally she vented his jealous rage on her. "Finally she ceased even to write, and Thomas guessed that the poor girl had been forbidden to
do so, and dared not disobey for fear on up the demon of jealous passionar of stirring his wit's end; he was also very angry. He was at reached him through his friends, ugly rumours cruelty, of sobbing heard ". stairs, of a sodden, toad-like brute sitting with swollen eyes in the hall, and refusing admission to every caller. somehow, by determined to end the matter way. He went to the house a, if in no other in, pushing the man roughly from thed his way Rosalind was not to be seen

Where's Rosalind?' he aske
claimed. 'She's been calliny $\begin{aligned} & \text { Yout! two ' Brunton ex- }\end{aligned}$ you've been pining for her, have you?

You beast!' burst from Thomas.
'You dare to force yourself in inton retorted. between me and my wife! Come then, you shall see her. Come, and see all the good shall damned interference does!' He panted his way up the stairs, and Thomas followed.

They entered a room bare of furniture Brunton fumbling with unsteady hand at the little, beautiful girl crouched Rosalind-poor, treated in such a manner by such a black to be steady feet shuffled across the room with unsteady feet, and pulled away a shawl from the
girl's shoulders. girr's shoulders. 'See, what your love does for
her, you dog!' he snarled. "Thomas stood where, he was"; his heart seemed to stop beating -the bare shoulders scarred! The arms and wrists discoloured!
Had he dared-this Had he dared-this sodden lump of brutality? Brunton laughed.
"Yes!" he
"Then Rosalind turned her head and saw her cousin. 'Save me! Oh, save mel' she cried and tried to run to him. "Brunton's swollen face was the face of devil, his eyes stared, his lips drew back from his teeth in a savage snarl.
less joudel Tare!' he gasped, 'you dare, you faiththe face with hake that!' a
"Thomas was motionless; all power of speech and movement had left him. His brain was hot, burning; a band of iron was pressing a torrent of blood seemed to rush before his eyes, he sprang upon Brunton and dug his fingers "'You damned hound!' he shouted. 'You damned hound!' ' half an knew no more. The police came fingers before they dead man's throat. "During the trial that followed, he was still dazed and confused. The jury decided, on medical evidence, that he was a criminal
lunatic: and vided for his needs ever government has pro know well enourb ther since. The warders his behaviour has been is perfectly sane, and years that he was able to escane two for ten The early morning bather who yesterday lost his clothes and his towel, must have been annoyed. The stranger paused, and raised his
hat; then " hat; then, "But you see my hair is unduly crooked, it inst inger of my right hand is is only a short holidaressly set. So really this listening it has cleared my y you so much for Sometimes I have thought I really should mad. It is a pity suicide is such a cowardly act; it would be so much easier; I thought of it just now when I was bathing. I hope girl.
"You'll hear of my capture presently; one gets so fearaully of hy capture presently; one
me sometimes, me sometimes."
walked slowly across the the stooping shoulders, the village, and wass the sunlit meadow toward
of a shady lane.

## Where shoes built on leälin

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Perhaps you have not known just where to buy shoes built on Neölin.
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merchants are now ordering big portions of next Fall's stock on Neōlin. At that time you will be able to obtain Neōlin-soled shoes at any store selling good shoes for women.
But you want Neōlin right away. So to make it easy for you to find it, we have offered shoe merchants the ticket illustrated here. They are on shoes in the windows. You can find Neōlin-soled shoes by merely looking for these tickets in shoe store windows.
Neölin has been a great success. Because of distinct superiorities, it is replacing leather for shoe soles. Neolin's appearance can be imitated. But Neōlin's qualities are the result of methods and materials known only to us.
Now there are other soles that look like Neōlin. But there is only one Neōlinand every pair of soles is branded with the trademark shown on this ticket.
To be sure of the genuine Neolin-mark that mark, stamp it on your memory Ask for Neölin, with the accent on the " O "-Neolin-the trade symbol for a quality product.

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## Compound Tag

AY tag a new way, and you will have your guests, old and young,
enjoying themselves in five minenjoying themselves in five min-
utes. Make one person It, and give him a maple leaf or a little evergreen twig with which to tag. So soon as some one is caught, he jons hands with the It, and to-
gether they
go in search of other captives, the second person also receiving a leaf or twig to tag. When a new captive is made, he takes the hands of the one who tagged him, player after player being added until a long line
is formed. The person at each end of the line is formed. The person at each end of the line
only has the power to tag; the real fun of the only has the power to tag; the real fun of the
game comes when a long line, holding hands, game comes when a long line, holding hands,
is in pursuit of a nimble boy or girl who alone remains to be caught.

## A Rainbow Party

A prism party founded on the colours is particularly pretty for out-of-doors where the space affirds opportunity for rainbow effects to be
carried out with ribbon, flowers, Chinese lanterns, and tissue paper bunting.
For little folk, the spider game may be intro-
duced with a new twist duced with a n new twist. Fill a number of little
pots with gilt-covered bonbons to represent the pots with gilt-covered bonbons to represent the
traditional pot of gold that lies at the end of a traditional pot of gold that lies at the end of a
rainobow. From each of these stretch ordinary spool cotton of different colours, winding it in
and and out of bushes and other obstacles. The
thin cotton makes a much more interesting game than the usual tape or ribbon, as it breaks more easily when the lost end must be found. Strands of coloured tissue paper may be used instead of the cotton.
This frolic should
This frolic should be followed by a quiet
game. Seat the children in a wide ring on the game. Seat the children in a wide ring on the
grass and a grown-up called grass and a grown-up, called the Announcer, names a colour, say, yellow. Beginning with
the child to the left of the Announcer, each person must name in turn some yellow object. Any
banished from the circle. For the next round red or blue or green is taken, all who fail being banished as before. This continues until all the colours have been used. The youngster
remaining longest in the circle wins the prize remaining longest in the circle wins the prize,
a pretty triffe in one of the colours nem a pretty trinte in one of the colours names, or a
book with a colour in its title, as "Little Red Riding Hood" and "Blue Beard."
A paper hunt is good fun; hide a number of
little gifts about the grove, one gift in each little gifts about the grove, one gift in each
colour. From each gift sprinkle a trail of coloured paper, torn into small scraps, leading almost to the starting point. The course is very winding, and there are plenty of breaks.
A bag containing pieces of coloured paper is passed, and each child draws one; the colour drawn is the trail he must seek. Partners may hunt together, the two drawing the same colour pairing off.
A target or a large maple leaf decorated with
stripes of the different tints stripes of the different tints affords endless
pleasure. The game is played with pleasure. The game is played with darts that
may be made or bought. Each dart hitting the white counts one; blue, two; red, three and so on. The boy or girl winning most points receives a paint box as a prize.

## Strange Beginnings of Familiar Customs

 Shaking HandsIn the good old days of chivalry every man carried a sword or a dagger. This was deemed
necessary for purposes of necessary for purposes of honour and self-pre-
servation, for in those times every litle pretext was seized on as an occasion for ate pretext were very easily insulted, and sometimes without any provocation undertook to poke holes in their fellow men or slash them in the throat. When, therefore, one man desired to show another that his intentions were peaceable he extended his right hand; signifying that he
placed himself at the mercy of the other by giving up his fighting arm. If eother by reciprocated the friendliness, he, too, extended his sword hand, and each then grasped the other's hand, in token of mutual trust and
friendship friendship.
That is the
That is the origin of hand-shaking as a mode of
greeting and a manifester greeting and a manifestation of good will
Although there is no longer any sense in it we Atill continue to use the right hand in this
ceremony ite ceremony, and are taught that it is not proper to
shake with the left hand

Buttons on the Back of a Coat No man would consider his frock coat or
cutaway properly finished if it did not have two cutaway properly finished if it did not have two
buttons placed in the small of the back immediately above the coat tails. These buttons serve no purpose whatever, and yet fashion
demands that they be put on. This fashion had its origin in a very practical
object. When men carried swords these buttons were placed on coats for the purpose of holding the sword-belt in position, and in that capacity some reason or other they were retained after
sword-belts were abandoned, and now no tailor has the courage to leave them off, though he
may not have the slightest notion why he puts may not have the slightest notion why he puts
them on.

## The Mysterious Name

This is a capital trick, and one that may be introduced at any time. Borrow a visiting
card from any stranger in the company, and card from any stranger in the company, and,
holding it between the thumb and the second finger of the hand, wave it about every slowly, at the same time asking some one to call out the name of any celebrity. This having been done the card is almost immediately handed back to the owner, who finds the selected name written Thi
Tid of ingenious trick is accomplished with the aid of a thimble, to the end of which is attached a small piece of pencil about a quarter of an
inch in length. This thimble having been placed on the forefinger of the hand, it will be found, by experiment, that the name may very easily be written on the back of a card held as directed. Before and after the trick, the thimble is root of the thumb.
Spring These on Your Best Friend Prove by logic that an oyster is better than heaven. Nothing is better than heaven; an is better than heaven. Why is a man who makes pens a wicked man? Because he makes men steel (steal) pens and then says they do write (right).
Why is music cheaper on Sunday than during the week? Because during the week you get it by the piece, and on Sunday you get it by the choir.
Which death would you prefer to die, Joan of Arc's or Mary Stuart's. Most people prefer ter than a cold chop.
If you were invited out to dinner and on sitting down to the table saw nothing but a
beet, what would you say? That beet's all. beet, what would you say? That beet's all.
When is charity like a top? When it begins When is charity like a top? When it begins Why do tailors make very ardent lovers? Why is a lover like a knocker? Because he is bound to adore (a door).
Why does the air seem fresher in winter than it does in summer? Because it's kept on ice most of the time.
When is a nose not a nose? When it is a little

## An Excuse-Aged Seventy-Five

In the days of dueling in Ireland an antagonist wrote to his chatlenger:
"Dear Sir,--I must decl
Dear Sir,- I must decline to meet you with pistols.
mother, at the age of seventy-five, an orphan."

## Certainly Wrong

A school-ma'am reproving a young offender said: "Tommy, Tommy, you know better than that, you shouldn't say, willy done it,' that isn t rhght. of course not", said Tommy with
just resentment, "then Willy lied about it."

## The Old and the New

Table Etiquette as It Was
While eating with knives and drinking out of saucers is not now regarded good manners in polite society, there was a time when such conduct was both permissible and proper.
ina belonging to your great-grandparents of will notice that the saucers are deep and very much like small bowls. They are made in this shape especially for the purpose of drinking out of them. The coffee or tea was poured from the cup into the saucer, and the cup was then placed on a small shallow platé, resembling a from the cup in those days. Among the old knives of our great-grandparents you will find some with a broad flange
at the tip. This served as a scoop for taking up and holding the food, which was eaten from the end of the knife-quite the proper mode of eating among ladies and gentlemen of former
days. days.
Queen Elizabeth was the first English sovereign to use a fork, Her courtiers were not at all
pleased with this strange innovation, and public disapproval became so general that a clergyman of that day went so far as to deliver a fiery
sermon against the use of forks, declaring that sermon against the use of forks, declaring that
it was an insult to God, when he had given us it was an insult to God, when he had given us
fingers with which to lift our meat

## Concerning Introductions

No question is more frequently asked than this: "How shall I introduce persons to one
another?" The matter is perfectly simple. Introduce
a younger lady to an older one, and present gentieman to a lady, not a lady to a gentleman, mother or aunt, say, "Mother, this is Myra mother or aunt, say, Mother, this is Myra Bets; Myra, my mother, Mrs. Allen", or,
"Aunt Mary, may I present Miss Chase? Miss Chase, Mrs. Munson." A little ceremony is better than too great informality., Say "-Mrs. Brown, may I present Mr. Jones?" Speak the names very distinctly when introducing person to one another. Never mumble them unde There are cereank plainly
ceremonious introductions introductions and unductions and but in all cases, introductions should, indiscriminately made-that is to say, without previous knowledze on the part of thy, withouk introductions as to whether the persons thus introduced will be likely to appreciate one another, or the reverse, or unless they had exinstance, a lady wo become acquainted; as, for acquaintances would not introduce two of her though moving in different circles to each other, unless they had expressed such a desire; as an undesired introduction, if made, would oblig the one person, to whom the introduction wa rude disregard or to continue an acquaintance that was distasteful.
A gentleman should ask a mutual friend or acquaintance, for an introduction to a lady but gentlemen do not ask to be introduced to each other, unless some special reason exist for so doing-some reason liat would commen itself to the person whose acquaintance was
desired, as well as to the person making the desired, as well as to the person making the pear to be either puerile or sycophantic
pear to be either puerie or sycophantic.
When a woman meets a man whom she she should take the initiative and bow firs She should be sure she does know him, and then assure herself that he sees her. Passing and re passing in street or promenade, a single bow answers every requirement. You need not
bow like a Chinese mandarin every time you meet a friend.

## The Basis of Good Form

Underlying politeness is consideration for others. Conventional rules are not arbitrary They have grown up, imperceptibly, little by
little, during hundreds of yeare, just as common law which obtains in our courts has grown. Reasons of convenience and comfort are under good form, and it is that the wheels of family and social machinery may run without friction that we have rules for the daily life. It may be a veneer, easily cracked, soon broken. We need that gentleness which refuses to wound another's feelings, that thoughtful love that can take another's place; in short, we need consideration as the basis of politeness. Thus, at the table, good manners require that people should be pleasant, not glum and morose. A meal taken in silence and hurry, when the first
effort of every one is to be fed and get away effort of every one is to be fed and get away, is Equally, wherever people interrupt each othe rudely, each trying to take and hold the floor, where there is fault-finding or criticism of the food, table manners are violated. Anv fault finding by anybody, anywhere in the home, for any reason, is a distinct attack on the home'
tranquility and a fracture of good manners.

## A Country Wedding

Nothing is prettier in the country than a wedding in the garden, on the lawn, or in the free from leaves and debris. Rugs are sprea here and there. Little tables for refreshment may stand about, and chairs be placed in proups. A wedding in a country church, to which the wedding guests and the principal participants walk, is always very attractive.

## A Home Wedding

To a home wedding the parents of the bride
send out their invitations two weeks before the send out their invitations two weeks before the event, in this manner:
Mr. and Mrs. Frederick Evans

Mr. and Mrs. Frederick Evans
request the honour of
at the marriage of their daughter
Helen Grace
Mr. John Robert Fallows,
Thursday, August Third, at four o'clock, 16 Summers Street
Sometimes the invitations read, "request the honour of your presence," but the individual ouch is given by leaving a blank in the engraved
form in which the names of the invited guests orm in which the name
are inserted in writing
Good manners invariably demand an imme diate reply when one is invited to a home wedding. Accept or decline at once, by letter
addressed to the person who invites you. If,
however, the invitation is to a church wedding and a large subsequent reception, one's visiting
card, sent on the day itself, is a sufficient acknowcard, sent on the day itself, is a sufficient acknow-
ledgment if one cannot attend

## Brain Twisters

What is the difference between one yard and two yards? A fence.
Why is Buckingham Palace the cheapest piece of property in England? Because it was piece of property in EnglandP Because it was
bought for a crown and is kept up by a soverWhat is the difference between forms and ceremonies? You sit on the one and stand on What is the difference between a man going
the other up stairs and one looking up? One is stepping up the stairs, the other staring up the steps. Though it has no remarkable about a yard-stick? each end and one in the middle. it has a foot at Why are fatigued persons lil
Because they are always tired, a Why is an empty purse expressive of con Whancy Because you find no change in it. When can donkey be spelt with one letter? Why should $M$ into her refrigerator? Because it will change ice into mice.
What's the difference between Shakespeare and Queen Elizabeth? He was a wonder, and Why is the letter R indispensable to friendship? Because without it your friends would be

## What Happened

"So you have been camping with a party of
friends?" "Well," replied the man who tries to speak the truth and nothing but the truth, but I can't say we were a party of friends but I can't say we we
when we got back home.

## The New Woman

A prominent Winnipeg suffragist told this
story last week:
Ayhort while ago, while walking in the country enjoying the blue sky and the crystal air, I tising putting. They looked very smart in their trim golf suits, their skirts of rough homespun and their scarlet jackets, against a background of trees in fresh green tints. How n old farmer and one of his farm hands came along he road in our direction.
ame wisthin hrumbled the farm hand, as they a min hearing distance, 'them girls in the
"The old farmer shook his head and sighed:
Ah, Barney,' he said, with profound truth,
times is changed since I was young. In them times is changed since I was young. In them
days the cows scared the gals.,"

## Gran'ma

All the people in our house is, grown up 'cept one;
All the folks is far too old to , member having fund All the folks is far too old to 'member having fun. All except my Gran'ma; but she understands Never paysses up her lips or scolds at "children's ways."
Nurse, she can't remember times when she was very small,
Sometimes thinks I'll like the things I don't enjoy at all; That's because she's far too old to 'member, All the things she used to do when she was very wee?
Gran'ma can remember what she did when she was small;
Gran'ma didn't like, she says, to go to bed at all; Gran'ma likes to hear the tales I make up in my head;
Gran'ma never bustles round-she stays by me
instead. In my heart, right deep, deep down, I've got a Fairies made my Gran'ma-yes, I'm certain that they did;
Though the others think she's old, she really-do Though the others think she's old, she really-do
you know-?
Comes the next to me in age!-the fairies told Comes the next to me in age!-the fairies told
me so. -Ethel Talbot.

## Love and Flowers

She was a maiden with glorious eyes,
And he was a gallant commander,
en flowers and Said he, "What's your favourite flower, dear
lass?" Said she, with a sigh, "Oleander."
His name was Leander-his heart gave a jump; Said he, "I'm in very great need of her. Said he, "I'm in very great need of a wife,
Sweet maid, will you Sweet maid, will you be my own blossom for
life?"
Said she, with a blush, "O Leander!"
-Harriet Whitney Symonds.

Yours is the responsibility for the purity of your family's food!

on bag or carton is proof positive that this important part of your supply is, beyond all question, absolutely pure. In buying your sugar by the name "REDPATH" you are fulfiling the trust reposed in you by husband and children.
"Let REDPATH Sweeten It".

## Insist on This Package

This is the red, white and green package which you have been buying for over eleven years. It is the original-refuse all substitutes.

## Kellogg's CORN FLAKES <br> TOASTED

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## THE FIGHT THAT DEFEATED RACE TRACK GAMBLING


#### Abstract

lished. Mexico, another neighbour unprepared to close her doors on the outlaws, was also to close her doors on the outlaws, was also found to be a convenient stamping ground for the hordes of race track followers and the hordes of race track followers, and Juarez was made the Southern centre of operations of the professional gambler. These three racing resorts are, with slight variation, under the resorts are, with slight variation, under the general management of United States profesgeneral management of United States profes- sional gamblers who do not confine themselves to the "noble" to the "noble" sport of horse racing, but are known all over the country as owners of tourknown all over the country a sowners of tour- ing gamecocks and of gambling houses. The president of the Niagara Racing Assciation is part owner of the Interstate News Co., that telegraphs racing information to race track pool


The Alien Labour Law
The managers of some of the tracks, while for compraint by bringing all their help from the United States and that help was usually of an undesirable character, aside from the fact that it was pro-German and was given preference
over Canadians, both civilians and returned over Canadians, both civilians and returned
soldiers. These clubs, so conveniently located at the gateways of Buffalo and Detroit, but just authe the their legislative powers, were an un-
out
mitigated curse to the communitie on which foisted themselves for several weeks of each year. The respectable residents of these unfortunate localities dreaded the racing season, with
its letting loose its letting loose upon them of the hordes of vicious followers of the race course, who, as
the Hon. Sidney Fisher said "he would not like the Hon. Sidney Fisher said "he would not like
to meet alone on a dark night;" another member of Parliament remarked, "they invade a city like a swarm of locusts, crowding decent people out of the cars by their unsavoury presence."
If this had come as an evil and as an evil only If this had come as an evil and as an evil only,
it could have been the more easily reckoned it could have been the more easily reckoned
with, but when it was under the patronage of with, but when it was under the patronage of
some of the highest Government officials, it was more difficult to regulate or to prohibit, for the glitter of gold lace blinds many eyes to the

Professional Gamblers and Canadian Legislators
These race courses at Fort Erie and Windsor were undeniably under the management of outStates who cared nothing for the horses except as an excuse for gambling, and with them were linked in the Canadian Racing Association, the Ontario Jockey Club of Toronto that owns the Woodbine tracks, the Blue Bonnets Club,
Montreal, and the Hamilton Jockey Montrea, and the Hamilton Jockey Club.
There were also in Ontario, Mr, Orpen's Dufferin Park Track, Toronto, the Orpen-Gamey Club, that owns the Kenilworth, the second track at Windsor, the Devonshire at Windsor opened September, 916 , owned by Grant Hugh Brown of New York and Dr. Reaume, the Connaught Club, Ottawa, and the new Thorncliffe track, east of Toronto, controlled by a Baltimore man,
Gad Bryan, and his associate, O'Hara. Of the Gad Bryan, and his associate, O'Hara. Of the
ten tracks in Ontario, the Woodbine and the Connaught Club were the only ones not controlled by professional rake-off men.
These men, some of doubtful, others of notor-
ious reputation, were enger ious reputation, were engaged in a great effort to give them a more complete code of Canada business of betting at races prominent of the men and members of the House of Commons and of the Ontario Legislature were united with them in the struggle.
No effort was spared to secure the patronage of distinguished men, and when to this was added the charming presence of their wives and daugh-
ters, who like Cesara's wife, are above reproach ters, who 11 c Cresar's wife, are above reproach,
the cloak of respectability, nay more, the seal of society was set on racing events. The directors of the clubs installed many comforts and uxuries for the pleasure of their lady patrons, and many a woman, who would not like to be called a gambler, is so carried away by the gay
company and the fascinating excitement of it all company and the fascinating excitement of it all
that she ignores the promptings of reason and that she ignores toins promptings of reason and
conscience and joins with others in a pool to back a sure winner, or takes a little filier on a
horse that somebody's friend's brother said horse that somebody's friend's brother said
could not be beaten. She is delighted when a ew extra dollars are handed to her as the result of her ability to pick the winner, but if she looked into the workings of it, and saw the sordid,
dishonest and vicious source of the easy rins dishonest and vicious source of the easy gains
and the easier and infinity and the easier and infinitely greater losses,
if she saw the ruined homes, the agony, the despair, the imprisonments, and the suicides it causes, she would discountenance it all so utterly that it would soon be left to those who Arousing the Public to the Danger Those concerned for the welfare of the people, seeing the crime and misery resulting from this vice of gambing, and knowing how frequently suicide were traceable to of disgrace, and of and how the desire to get rich quick was under, mining the moral fibre of our Canadian life,
of this Bill were lined up the farmers of Canada, the Agricultural Colleges, the press, the Trade
and Labour Congrese earners of Canada through the Synods. Conferences and Assem blies. Even the Jockey Clubs of British Columbia sought for relief from the crowds of loose characters of every description who follow in the wake of the race track gamblers and whom would have been the greatest flattery to cal thieves. Finally the great body of public
opinion supported the bill

Who Opposed a Bill for the Protec tion of the Morals and Money of the People?
The only vigorous opposition to the Bill Outside of Parliament, was that of the Jockey of the evidence submitted by Mr. Raney, the Committee, with the late Mr. H. H. Miller, M.P. as Chairman, reported in favour of the Bill But when it came before the House, it failed on the first division by one vote, notwithstanding
the able advocacy the able advocacy of several members of the Tovernment and several of the opposion The reasons for the defeat were easily seen
Clubs were in receipt of an annual income of about a million dollars, and they rose in their might to protect that sacred sum of money at all costs. Every one of the Clubs had a spokesman on' the floor of the House, telling of the very exalted character of the club he was most interested in (financially) though the pre
vious session some of them had been classed by members of the House as gambling resorts, pure and simple. But it was to the then Minister of Justice, the Hon. A. B. Aylesworth, supported by the Hon. Clifford Sifton, that the Bill owed its defeat, for Mr. Avlesworth's Official Guard ianship of the Criminal Code made his opinion seem of undue weight to the members who were
not lawyers, and the not lawyers, and the principle of legaizing
the business of gambling when carried on within a racing enclosure was adopted.
Thus Canada fell from her high estate of being a country that gives a square deal to all, to the low grade of a pandering power that protects hhe strong at the expense of the weak, for she passed class legislation of the worst possible character, in that, for a price, she per her morally weak older men and women to become the prey of the unprincipled gamblers of the whole continent, and of their still more disrepuitable followers, that priee to bet phared between the highest officials of the Government and the lowest race track gamblers.

The Social Service Council That the white light of truth might be allowed to shine into the dark corners of this scandalous proceeding, the Social Service Council, early who had appeared in support of the Miller Bill before the special Committee of the House of Commons, to pre committee of the House on the subject This remprehensich we are indebted for the greater part of the matter herein submitted, was presented at the recent Social Service Congress in Toronto, and the ments exposure of graft and the stern indictof graft public men of Canada for monopoly of graft, have aroused so much indignation and given the matter so much publicity that the about the race track in the past few months than in a life-time before
Mr. Raney's probings into the financial and other dealings of the Jockay Clubs have proven, to a shocked public, that among its honoured public men, there are those who will go to any ength to subvert justice to their own ends in
the pursuit of wealth

Race Track Gambling Yields to the Stockholders from 700 to 1700 per cent.
Since the enactment of Dominion Legislation penalties of the Criminal Jockey Clubs from the tablishing of the Pari-Mutuel system of gambling, the race tracks have prospered enormously. or the middlem away with the bookmaker handbook middleman, and consequently with the giving the club and those whe and the tipsters, machines all the profits. It removes to some extent, the danger of the horses being manipulated and it also presents increased facilities for mateurs to place their bets. The betting machines of the Pari-Mutuel, where any one can go and buy a numbered ticket for whatever a small or large arse he fancies, and for either pool small amounts for a big venture seem so much safer and so much more honest than the disreputable old bookies, that betting has ncreased enormously. That any one, with the than before is clubs, is making more money from those who have no right to give away in-


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"Whoar-Ever") Roustor by Jeanon Prosecooth Ad Adama
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tire meal in oven or on top of stove, all at tire meal in oven or on top of stove, all at
one time-a delicious roast, baked potatoes. macaroni, and even a dessert such as baked bother are saved, and you spend less time in the hot kitchen. "Wear-Ever" utensils are dense, smooth
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mills and stamping machines. No joist or
seams. Cannot rust, chip or scale. Pure seams. Ca
and safe.

Replace utensils that wear out
with utensils that "Wear-Ever"

5
 1 A Carnival of Graft 2
3
3
3

side information are more reliable than of yore,
is likewise doubtful and as to the outside pointis likewise doubtui and as the only thing certain about a race is its uncertainty.
If the losses could be confined to those who will make a large profit on their stock, it would not be so serious financially, but it is usually the
poor man, who is staking all he has, or borrowing poor man, who is staking all he has, or borrowing
from some other man, who loses. Ten dollars from some other man, who loses. Ten dollars
for each dollar he lays down sounds so good, and for each dollar he lays down sounds so good, and
some stableman, who knows all the entries, has picked the winner and given him an absolutely sure tip. Figures show that about one per cent. of the predictions given by sporting authorities are correct, so the amateur has little chance, but
this slight chance, instead of deterring him, seems this slight chance, instead of deterring him, seems
to have an irresistible fascination. The evidence to a Toronto butcher before the committee at Ottawa in 19ro, bears this out. He played the races for ten years at an annual cost of
$\$ 1,000.00$, and then was $\$ 2,500.00$ behind. He told of hundreds of men like himself, grocers, bakers, clerks, teamsters, who had been either
crippled in business or utterly ruined by the

A Carnival of Greed and Graft From the figures given by the clubs themselves and the Jockey Clubs of Ontario have, since the war, made a clear profit of over a million dollars a year, and that the different tracks in which these public men participated have made a profit of from 200 to 2,000 per cent. per annum
on their original investment, half going to lead on their original investment, haif going to lead
ing Government officials of Canada and the ing averner part of the other half to the professional rake-off men.
Having given various details of the personnel, the modus operandi, and the financial standing of the clubs, Mr. Raney sums up in graphic and compelling words, the case against the business of race track gambing in Canada as "the great-
country in the world, unless it be China, and hat horse racing has become in Canada, a carnival of greed and graft in which public men, to exploit the Criminal Code for legislation to protect them and their associates of the American betting-house fraternity, whilst they en-
gross a million dollars a year clear betting-house gross a millian dollars a year clear betting-house
profit and that this thing has been going on for many years and has been within the common many years and has been within the common
knowledge of many people, and has gone on more brazenly and more conspicuously since
the war began than ever before, and will goo on in 1917 at more than twice the volume of 1910 if the programme which has been drawn up by
the Canadian Racing Association is carried the Canadian Racing Association is carried The Dominion Government has placed a prohibition on race track gambling while the
war lasts, and it is now the duty of every Canadian, who has the welfare of the nation at heart, to study this evil and to be prepared to fight it to the death. A practice that is an evil during
the war is certainly an evil during peace. That the war is certainly an evil during peace. That
race track gambling has attained such huge race track gambling has attained such huge
proportions and has grown to be a national vice proportions and has grown to be a national vice known outside of those who reap the benefit and those who are the victims. Do you want and those who are the victims.
your country to continue to be the dumping
ground for the hordes of professional gambiers and the rake-off men of professional gamblers from following their disreputable calling in all of the United States except Kentucky and Find out
Find out for yourselves what prominent pub-
lic men, holding high positions in the lic men, holding high positions in the Govern-
ment gather in half of the profits. Look into the whole vast evil and fight it intelligently. And you women whose presence gives a gloss of respectability to an enormous evil, think it out: is gambling any more respectable because it is carried on in broad day light, in the presence of thousands, and under stress of excitemen
than it would be in a common gambling den?

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To quickly advertise and introduce "RURAL CANADA," the publishers of this great new farm paper are conducting an extremely interesting contes which is announced on page of this issue. Every reader of EVERYWOMAN'S WORLD should enter. There are prizes for all. No one need be disappointed, and besides the fine prizes you can win you will profit doubly from the acquaintanceship it will give you with the newest and most delightful of magazines published entirely for the farm folk of Canada
See if you can figure out the vegetables growing in this unique garden Then when you have solved the clever pictures, send in your answers and get in line for a fine prize.

Do it to-day. Thousands of others have received fine prizes from the publishers of Rural Canada. You can too.

## SHADOWS AND DREAMS

## Continued from page 30 )

heart aches for them. You know how I talked about my Art satisfying me utterly. It did then, because I had had nothing but the husks and ks."
"To think," smiled Jerusha, "that I should come to believe that the vital things of existence came out of, well, shadows in dreams.
The next day, when Jerusha said farewell and sped on her homeward way, a note to Grant was in the bosom of her dress, to be sent when
she reached Waterford. It simply said: she reached Waterford. It simply said:
"I have decided that I want to be the dreamwoman in the shadows, while Goldilocks runs to meet you."
Jo meet inside the city she signalled a messenger and the note was sent on its way; but she had not gone three blocks further when, ahead, she
saw Grant Wetherel's trap. She started as saw Grant Wetherel's trap. She started as
though she had been struck, and almost lost though she had been struck, and almost lost
control of her car, for in the seat with him and control of her car, for in the seat with him and laughing into This girl, Jerusha knew, was visiting friends of his. She wheeled her car and commenced a mad search for the boy on a bicycle who carried her note, and also, she felt, her selfrespect. Quickly she went up and down the
streets he was apt to have used in reaching streets he was apt to have used in reaching
Grant's office. Both messenger and note seemed Grant's office. Both messenger and note seemed
to have vanished off the face of the oarth. Finally, sick with discouragement and disappointment, she turned in her car and went of assistance and, when alone, threw herself on the bed covering her face with her hands.
"Oh, oh, why didn't I wait ten minutes," she moaned over and over again. "I might have She found herself praying that the messenge with her note would ride into the river or be very slowly that she came to the reand it was the telephone was ringing-re reaisation that the telephone was ringing - ringing - ringing, It was Grant, and his voice had a new note of gladness.
"I'm coming right over," he said.
"No, no. You mustn't," she cried.
"Why not?" he demanded.
"Because-because- I'm not dressed, and-and-I've "You saw? Oh, that," His laugh somehow cleared the air wonderfully. "T'll give you half an hour to dress. You shouldn't need that much but under the circumstances you may have it. Then, I'll be there. Nothing unde heaven
Jerusha realised that speech was useless. He Her fingers shook as
Her ingers shook as she rang for her maid
"Marie, dinner for two and-and-do you

## Then fro

Then, from her clothespress, she brought an silver daisies on it with ruffles and many little
"And I wondered," she smiled, "why I ever bought this dress!

ROFAL PGAST CAliss

Some women hold to the idea that bread-making is a long and difficult operation, but this is a mistake, for with Royal Yeast Cakes, light, sweet bread can be made in a few hours with but little trouble.
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## wно CAN TELL <br> how serious may be the result of

 an apparently minor injury? Many a case of blood-poisoning and even amputation has been the result of a neglected cutlor burn. Be on the safe side by keeping a box of Zam-Buk handy for such an emergencIn a wound that sets in of germs in a zam-Buk destroys all germs as soon as applied, and protects the sore the same time, the herbal oils and the same time, the herbal oils and posed, are growing new skin and the wound is very soon healed. This herbal healer has hean pro equally good for eczema, scalp sorea equaly good for eczema, scalp sores, and piles. All druggists or Zam-Bule
Co., Tcronso, 50c. box, $\$$ for $\$ 125$.


See that Iron-mould Stain? One touch of Movol and it entirely disap.
pears. Moovis, wonderut
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stored by adding insing water.
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and Boiton, Lanc., England
B2 Movol is British

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Malted Milk for Invalids A nourishing and digestible diet. Contains rich milk and malted

## a Present for the Soldier

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There are so many ways that Dr. Chase's Ointment is useful to the soldier that it becomes invaluable to him. It is used for chafing and skin irritation resulting from heavy clothing and equipment. It brings comfort to sore, sealded feet after the long march. Applied to wounds it prevents blood-poisoning and heals the skin. And it should never be forgotten that Dr. Chase's Ointment is the most effective treatment obtainable for piles, a distressing ailment which
results from contact with the cold earth, whether in camp or trench.

The Canadian soldiers have been well supplied with this standard ointment, and, judging by their many letters of appreciation, there seems to be few things more keenly ap-
preciated. Just try it in the next parcels you send to the front.

## Dr.Chase'sOintment

60c a box, all dealers, or Edmanson, Bates \& Co., Ltd., Tononto. Refuse to accept substitutes, for they only dis appoint.

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Oscar Bennett

Publishers, Everyworce's woorn Limite



## State Province



## MRS. HANNAH'S FAVORITE FISH RECIPES


#### Abstract

Russian Filled Fish FROM 3 lbs fresh pike, or fresh haddock remove the skin and all the bones, add one good sized onion, three finely rolled soda crackers, 3 eggs, 1 teaspoon rolled soda crackers, 3 eggs, 1 teaspoon sugar. Season with pepper and salt to suit taste, add $1 / 4 \mathrm{lb}$. blanched almonds rolled taste, add $1 / 4 \mathrm{lb}$. blanched almonds rolled very fine. Put all into a mincing bowl, chopping all together as finely as possible. When thoroughly mixed, form into nice sized balls. Have ready in a good sized kettle of boiling water in which has been boiled a finely cut large onion and seasoning of pepper and salt. Bail all over a slow fire for two hours. Garnisned with parsley, may be served hot or cold.

Stuffed Broiled Salmon Trout $\mathrm{R}^{\text {EMOVE centre bone from fish. Pre- }}$ half cupfuls of bread crumbs two and a half cupfuls of bread crumbs. Add a piece of butter the size of an egg, pepper and salt, a littie fine minced parsley, a teaspoon of white sugar; thoroughly mix, add one egt the dressing into the fish and sew egg, put the dressing into the fish and sew up. Bake in a well buttered fish pan, up. Bake in a well buttered fish pan, basting as often as possible. Great care placing on the plater the fish whe parsley on the platter. Garnish with

\section*{Fish Stewed in Lemon Sauce}

THREE lbs. fresh fish; slice $11 / 2$ inch pan, add two sliced leme granite saucewater, one onion sliced, $1 / 2$ teaspoon salt, a dust of pepper, $1 / 2$ teacup white sugar, Boil together for $11 / 2$ hours, then carefully


remove fish on to a platter, strain the liquid into a bowl into which has been thoroughly
beaten the yokes of two eggs, for thickening. Sugar or lemon juice may be added ing. Sugar or lemon juice may be added
to taste; pour the sauce over the fish and
serve cold.

## Fried Fish of Any Kind

CUT into slices one inch thick, wipe perfectly dry, sprinkle with pepper
and salt; roll in egg and bread or biscuit crumbs; fry in deep butter or shortening until a nice brown. Serve hot, garnished with lemon.

## Broiled Trout or White Fish

CLEAN, wash and dry fish thoroughly. Then split open, season with pepper and salt, place in a well buttered pan, sprinkle over with dried bread crumbs or ground biscuit, putting plenty of butter on
top of fish; bake or broil in broiler of gas top of fish; bake or broil in broiler of gas oven, basting frequently. Garnish with slices of lemon or sprigs of parsley. Care platter not to break it. Fresh cod to break it.
the same way.
Boiled Salmon
SEW up fish neatiy in a cheese cloth bag, and boil a quarter of an hour to the pound in hot salted water. When done, unwrap with care so as not to break
it. Have ready a large cupful of very rich drawn butter inge which has been stirred a teaspoonful of minced parsley and the juice of a lemon; pour upon the salmon
while hot.

## A HOUSE CLEANING BEE

IF you are one of the women who attack house to be understood by anyone who has not lived in the house with such a type, then hire several women at a time and finish the business up in a few days. It costs no more to pay and feed three omen for three days than one woman for nine! on paper for the whole time it will tal your meals a practice of ordering your supplies and make on the day previous. If you have to do all day work yourself without hiring people to help the if you can't persuade your near neighbors to hee you with your cleaning while you, in turn, help them with theirs later, as farmers used to do in haying time. At least, all three of you would mosphere of house clee (removed from the atmeal time and at night during go back to at ccupied in cleaning the three houst of the time tion which will no doubt furnish the answer to many domestic problems, in the future, is constantly gaining recognition now among housekeepers. If your "bump of order" is so enlarged of keeping root or the trouble, try devising ways feelings of those without doing violence to the comfort of living. dependent on you for their One housewife
cleaning a time to be looked forward to insteas of dreaded by a very simple experient. She
established a toy bank in the living room in which every member of the family, elders and children alike, deposited pennies, nickels, dimes
quarters from timeto timeduring the sir months preceding the spring or fall cleaning. The bank preceding the spring or fall cleaning. The bank
hung on the wall in a conspicuous place and was
surmounted surmounted by a square of cardboard bearing in large printed letters the legend "Remember the tea tray"-or kitchen cabinet or fern dish, or rocking chair, or anything that the family in solemn conclave had decided to he the next most needed article for the comfort of the family or
for efficiency for efficiency in doing the family work. Many stray pennies and pieces of odd change found otherwise have gone for far less useful and less laudable objects just because there was a constant reminder before the children, the grown ups and the mistress of the family herself that This article was needed.
The rule was that it could not be bought until the house was in perfect order again and then-to the consternation of the clerk-the
whole family went together and bought the whair or whatever it happened to be. In this
chent and bought way each one endeavored to do all they could to shorten the time of disorder and-what was better-bore the necessary discomforts without grumbling. So that house cleaning was turned into a bensicial discipline and the children

## EASY METHOD EXPENSE ACCOUNT

$S_{\text {sho all sales-slips, receipted bills, and, whe }}^{\text {AVE }}$ shopping, jot down on your memoranda the
cost of each general item, such as vegetable. It is not necessary to say, " cauliflower, 20 cents," "onions, x cent"-merely the total of that item, vegetable. Then every other day, orthe sam, day, if convenient, enter these small amounts in the proper column in your book. Ice or milk bills paid weekly, rent or insurance paid monthly, should ail be entered in the proper column. It is sometimes better to lump items under "stationery," or to credit the father with a and incidentals. At the end of every week it should be convenient to total the column and make a balance; or in many cases it is just as efficient to total the expenses only monthly depending greatly on whether the bills are paid often, or at the end of the month. This total cash received at the should equal the cash on hand at the month, month-and the hard task of "keeping ac counts" is performed. The surplus each month may be credited to the following month, or pu toward a savings or sinking fund for emergency use. Keeping accounts in this form bringsto ligh
several points:

It will tell you just what you spent every penny for.
and you compare two items for you at a glance, "grocery" It will com that is pulling up your bills. expense, so that any one item with the to you are not spending too much for this item, as It ared with your whole income
It will tell you what items are your biggest
It wll compare all the items this month with the same items last month, so that you can or change find out the cause of any increase It will tell
It will tell you the "average" of each item of your expense, month by month, so that you of any of the regular "'operating expenses," and can thus accurately estimate your next "budget":
It will s
It will show you just where you can retrench
It will show where small "leaks" are in your business that you never suspected
about your home, if you you keep it accurately, and allow it to do so.

# TO ENTER THE BIG CONTEST 

## Closing Date is August 28th, and the Ford Car and Big Cash Prizes will be Awarded Immediately After



Help to Solve Percy's Perplexing Problem

MARY'S letter is surely a puzzler. She has so mixed up the letters in the names of the things she would like Percy to give her for her birthday gift, that they spell something different entirely. Sometimes she has even made two or three words out of one name, as in number nine, which is undoubtedly "Diamond Ring."
Each of the names in Mary's letter represents a present that any girl would like to receive for her birthday. You know one of them; now try to solve the remaining nine puzzle names, and when you do, re-write Mary's letter (just in your own hand) substituting the correct names for those appearing above, and send your solution to us. In this interesting contest we will award
A 1917 Ford Touring Car (value $\$ 495.00$ ) is the Super-First Grand Prize and there are $\$ 510.00$ in Cash Prizes

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| :---: | :---: | :---: | :---: | :---: |
| 2nd Cash Prize.... | 75.00 | 15 th C |  |  |
| 3rd Cash Prize | 50.00 | 16th Cash |  | 5.00 |
| ${ }^{\text {4th }}$ Cash Pri | 35.00 | 17 th Cash |  |  |
| Sth Cash Prize | 25.00 | ${ }^{\text {18th Cash }}$ |  | 3.00 3.00 |
| ${ }^{\text {ath }}$ (th Cash Prize | ${ }^{20.00}$ |  |  | ${ }_{3.00}$ |
| 8th Cash Prize | 15.00 10.00 | ${ }_{21 s t}^{20 t h}$ Cash |  | ${ }^{3.00}$ |
| 9 th Cash Prize | 10.00 | 22nd Cash | Prize | 2.00 |
| 110 th Cash Prize | 10.00 | ${ }^{23 \mathrm{rd}}$ Cash | Prize. |  |
| 12th Cash Prize |  |  |  |  |
| 13th Cash Prize. | ${ }_{5}^{5.00}$ | ${ }_{26 \text { th }}{ }^{25 \mathrm{th}}$ Cash | ${ }_{\text {Prize }}$ | ${ }_{2.00}^{2.00}$ |

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amount given above, making
min Toati in Cubi Prite


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est to every one in the family. More than 130,000 Canadian homes glacly take Everywounn's Worti and welcome it every
month. It fast suplanting American magazines in the favor of Canadianseverywhere, and you wica mane mazanes in in the
it is the biggest, brightest, and most interesting and agree that it is the biggest, brightest, and most interesting magazine being Frankly, this great contest is intended to advertise EverywooMAN's WorLD and to introduce it onded friends and rertise Eeaders in all
parts of Canada; so read carefully the cony which show it to the members of your family and discuss it with your
friends to friends. To qualify your entry to stand for the judging and
awarding of these big cash prizes, we will ask you to helo us awarding of these big cash prizes, we will ask you to help us
further advertise and introduce it by showing your sample conv to only threet or four of your friends and neightours who will
appreciate this worth-while Candian appreciate this worth-while Canadian magazine and want it to
come to them every month. You can easily render this simple faver and forn it an an addititional guarant easily Cand rer Rewart wimple
given to you at once. As soon as your answers are received, we siven to you at once. As soon as your answers are received, we
will write end tell you the number of names solved correctly and win write and tell you the number of names solved correctly
send you the big prize list and sample copy of the magazine.

How the Prizes Will be Awarded The judging of the entries will be in the hands of three inde-
pendent judges, having no connection with this firm, whose names pendent
we will tell you in due course abide by their decisions. The awards will be given to the senders of the best sets of answers quainied according to the rules and conditions ofthe concest. In judging the entries to the puzzle.
points of merit will be (a) general neatness and appearance of the entry (handwriting, spelling, punctuation and style all being considered). All answers must foilow the form of Mary's letter, but containing the sender's solu-
tions for the proper names as called for above. Answers in any other form will not be considered. The contest will close promptly at 5 P.M., August 28th, promptly after which, judging will be commenced and the prizes awarded, Study Mary's letter and
try for the correct solution now. Entirely in addition to the competitive prizes an extra cash reward is guaranteed and sent at
onece eve every contestant complying with the conditions of the
contest. Addess your

THE "CONTEST EDITOR," DEPT. B., EVERYWOMAN'S WORLD, $62-64$ TEMPERANCE STREET, TORONTO, ONT.


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##  <br> YOUR CHILD'S NERVES AND THE FOOD HE EATS

CHILDREN are pale and thin, sometimes sleep well and are subject to night terrors. They also have poor digestion, constipation, and anæmia.
With
ity is not bad. The parents improve if heredthe condition of many of these children, by either insufficient or erroneous attention to the diet. At first, the child is allowed to eat candy,
fruit, bread and butter ice crea meals. When meal time comes, the child has no appetite. The mother, in her child has see that the child eats enough, will resort to coaxing and bribing. If the child is not hungry, the mother will appeal to his palate, by giving something that tastes good, but interferes
with normal digestion wecomes distastefulu, and finally the child will becomes distasterul,
refuse proper food.
Any food taken between meals will interfere with digestion of the meal preceding and will spoil the chill's appetite for the ext meal. It is
my contention that it is my contention that it is not necessary to try to
give the child pleasure with good things to eat give the child pleasure with good things to eat.
There are plenty of other means to make the child happy. Food should be reserved for the appeasement of hunger. In the average child, a few hours of play in the fresh air, providing he a normal desire for food. Children do net crave candy, cake, chocolate, ice cream, soda, etc.,
unless they are taught to by their parents and unless they are taught to by their parents and
relatives, who love to bring them something relatives,
good to eat.

## A child

miss it. It is principally tasted candy does not is responsible for eating between meals, and interference with digestion
extent that they do not like to play to such an extent that they do not like to be interrupted, and in their anxiety to get back toit, they eat too
quickly and try to make the meal as short as quickly
possible.
Coaxing the child to eat when there is no appehim eat as little as he will willingly him wait for the next meal hour before any more food is allowed. Do not let che child
feel that he is doing you a favour feel that he is doing you a favour when he eats,
and he is apt to appreciate good food when he and he
gets it.

## sets it Elim

Nature is boyur fear that the child will starve. Tonics cannot talke the
they may be given as an aid to improve although
How to Bring Up a Child
WHEN a child is born, his little brain is an enses, impressions are gathered, which result in radually increasing intelligence. To begin rraining at the earliest period will facilitate later presses his desires and discom cry, the baby exchild never cries without reason. A new-born ation of the cry has spoiled many a babyterpreIn a baby who seems to be triving quent and persistent crying is generally caused by overfeeding and consequent colic. This fact is frequently not recognized, and we often hear the statement that some babies cry during to remedy this. To pacify thathing can be done will nurse him at frequent tintervals, the mother the use of pacifiers, or will take him up out of hio crib, shake him, and walk the floor. Some mothers will keep the baby at the breast all ight in order to keep him quiet. Needless to ay, not alone is the baby's condition not improved ty this method, but bad habits result, persist, unless the little one is catered will Therefore, "peace at any cost", does not apply to a crying baby. Try to find the cause and remove it. If you are satisfied that there is no real cause, and the napkin is dry, leave the baby alone and let him cry. Spoiled babies may first cry for hours before they finally stop fiter two or three days harm, and generally to remaining in the crib they become reconciled mal baby will go to sleep when left out the aid of rocking, singing of lullabys, etc During the first year the baby rapidly gathers mpressions from his environment. As the child's understanding fimproves, the environ ment must be guarded with increasing watchful nellowed to witness will temper which he is little one. Heredity cannot always be by the for the reproduction of bad traits in the paramed and we may even say that with proper care such heredity may be overcome. Never let the child see what you do not wish him to learn. He must be surrounded by love, harmony, and infinite patience. Tendency to antagonism is
likely to give the Whenever the child's der a great deal of trouble not to oppose them. However, when you find it necessary to say so, do so in a quiet manne always giving some reason for the denial instead of being absolutely dictatorial. Should the child cry, try to pacify him quietly, but do not sive in or argue. Quiet perseverence is sur
to give you ultimate mester
ing and corporal punishment are apt to increass the child's antagonism.
correwtio constant nagging and persisten through labe should be enforce through love, not fear. Fear will ultimately resuit A estrangement, secrecy, and prevarica as not to increase his punished in such a way ing companionship is established, there is nothing that will convince a child more readily than the appearance of displeasure on the part of the guardian, or a denial of that companionship, pro viding that it is accomplished in a quiet manner Remember that in a child the will is stronger
than the intellect than the intellect. To overcome the child's
will, we must use the or else appeal to his emotions kind of reasoning, your child with too much attention and make him feel that he is the most important factor in the household, if you do not wish to bring up a perfect tyrant.
In talking to the child, use correct language but do not burden the mind with unnecessary teaching, or tax his memory with rhymes,
songs, figures, etc. It is the best to let him learn songs, igures, etc. It is the best to let him lear
whatever his brain picks up through his own uninvited attention.
The Development of Character
$T \mathrm{HE}$ most important feature of training during character, not few years is the development of sistent teaching intellect. By patient and perdeal of unnecessary child will acquire a great usually precocious and bright, but that does not in any way help later, and more important development may lertaz the
We often find that bright children make poor students as they grow older. An unusually brilliant child learns without any effort on the part of the guardians. His knowledge is acquired by a tendency to close observation and persistent questioning, which, of course, we cannot control.
In the presence of adults the children should make the child balt-cground. Showing off will him disrespectful, by fostering a feeling of selfimportance.
Every
Every child has many desires. Some of these are harmless, others harmful. In granting them, consult your reason; do not be swayed by your reluctance to deny him anything. A child that selfish and spoiled. Al loving paund to become his child with numerous and expensive toys, but he soon finds that they do not hold his attention for long, and his desires multiply. A baby surrounded by too many toys is apt to become bewildered and cranky. It is best to give him one simple toy, and let him concentrate
on that until he tires of it. A crying and whining
A crying and whining child is frequently the
bane of a mother's life. The only way to overcome that is by absolutely disregarding it. If a child cries for something that he should not have, it is important for the mother not to yield. As soon as the child realizes that crying is of no vis obieceases to resort to it as a means to attain his object. On the other hand, if the mother continue to cry for everything he the babires.

## Be Careful

IN handing your child over to a nurse, care method of dealing with the child her as to your is sure to undo all the good that you may have accomplished
Most children, at some time or other, will try one's patience to such an extent that the impulso to give a good beating may become irresistible. a little dispassionate shown that it is better to try a little dispassionate reasoning, and if that be Ultimately the child will be convinced that pestering is useless and only brings disfavour, loss of love and companionship.
Under no conditions try to obtain obedience by threats, such as calling the bogyman, the policeman, or worst of all, the doctor. Such threats result in a shock to the nervous system, and are productive of all sorts of indefinite the doctor is called because the child is ill, he finds great difficulty in making a satisfactory examination of a frightened, combative child. In telling stories, avoid those that are improbable until the child is old enough to understand that they are only stories and products o imagination. Avoid particularly stories that The care and inspire fear. source of joy, whereas catering to a spoiled child is a hardship which tries the patience and love of the most devoted parent.

[^0]Mouth Organs


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How to Watch Your Coal H W many pounds are in a ton of How many pounds do you receive The average houseviffe takes the little slip, looks at it and reads " $2,000 \mathrm{lbs}$.", looks at the driver, and past him at the ton of
coal. Then she signs the slip, hands it coal. Then she sign
back and-that's all.
She may check the groceries, weigh the meat, count the eggs, and measure the milk, but it seems impossible to check the
number of pounds in a ton of coal. number of pounds in a ton of Your coal merchant may be a respectable and reputable man, but is there any reason why the commodity you purchase
from him should not be checked as carefrom him should not be checked as carefully as your supplies from the butcher and the grocer? He neither handes nor weighs the coal himself, and his
may not be intelligent or honest.
The greatest chance for dishonest is when a number of tons are delivered at once, whether loose or in baskets.
Dishonesty on the part of the merchant may be practised in different ways. Notice if the receptacle part of the wagon runs clear back under the seat; if it stops
flush with the seat, you may find a couple of hundred pounds of your coal under the of hundred pounds of your cal under the an inspector stop this particular load and an inspector stop this particular weighed
send it to the nearest scales to be weig it is found to be absolutely correct, but if the apparently empty wagon were the appar
weighed, it
too heavy!
Duplicate slips is another method. Any driver is liable to be stopped by an inspector and his slip demanded. The inspector's practised eye may note that it is not a full ton, and the slip tendered confirms his suspicion; it reads " $1,500 \mathrm{lbs}$."-three-quarters of a ton. But the slip presented to the mistress of the house for her signature may read 2,001bs."
A little coal left in each bag or basket by the driver aggregates quite a few pounds in ther of bats or bars should be twenty ber of basket
The remedy? Have your bin carefully and strongly made. Examine a wagon to see that there is no partition flush with the seat, and take the load to the nearest pub-
lic scales and have it weighed. This will cost you 15 cents. Then, when it is in your bin, have it levelled, evenly and carefully. Mark where it comes on the sides of the bin. You can easily mark from this where each succeeding ton should comeand your coal is checked and the leakage stopped!

WILL MY DAUGHTER BE AN AUTHOR
own line. But the stories-ah! that is the goal aimed at by most young writers.
Each magazine has its own particular wants and that which is readily accepted by one, is as
readily rejected by another. The story that is accepted by a religious magazine would be promptly rejected by that devoted to farming. If you have leather to sell it is not wise to offer it to a florist, and the plants which the florist would buy are promptly rejected if offered to the hardware merchant. Study the magazines
until you find one that uses the kind of material until you find one that uses the kind of materia ment of many magazines make a certain length of story more acceptable, and thus one pub lisher may want and accept stories only of 1,590 words, another asks for 6,000 . But all editors are agreed that the story must have a purpose that there must be a good reason for its being written at all; and that reader is best pleased
who has been not only entertained, but has also who has something more of life. Once on time a story simply meant a love story, and this was largely responsible for the impression that love and marriage were the only things worth whtle, but the up-to-date story takes the reader through all phases of life-business, commerce, art, literature, science, from the cradle and th The modern short story teaches geograp history, art science, mathematics, grammar, and all the things we were taught at school but failed to learn. Ernest Seaton Thompson has done much in his animal stories toward awaken ing an interest in natural history. Peter Mac Arthur, in his own quaint way, teaches a love and knowledge of nature-human and other wise. Ralph Connor taught us to know and
appreciate our fellow countrymen, the Scot Pauline Johnston told us more about the Indian than we had ever dreamed of. Kirby, in his "Golden Dog" wakened our interest in old Quebec, and L. M. Montgomery makes Prince Edward Island seem very real, even to far-away British Columbia. Janet Carnachan has done much to enrich the annals of Canadian history;
and Robert Service and W. A. Fraser are both dear to the heart of the Canadian people. We
might go on through a long list of Canadians who have made us acquainted with our own people and our own country.
to "begin a writer should avoid the temptation labour; and if you cannot succeed with a short courting failure in a longer work?

## Keep Your House Warm .Next Winter <br> Not only next winter but for a lifetime, you may know that while blizzards blow, your family are cosy and warm, if you, your family are cosy and warm, it heated by the King Hot nates have been discarded as ineffir Fur- <br> 

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 and more than $\$ 1,000.00$ in Cash Prizes to be awarded Upright Piano, a Dandy Shetland Pony and Cart, a High Grade Bicycle,
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#### Abstract

OU do not spend a alngle penny of your money, nor will you be asked to buy anything in order to enter this great Contest and win the Chevrolet Car I. enter this great Contest and win the Chevrolet Car or a fine prize. The Continental Publishing Co., Limited, one of the strongest and best known publishing firms in Canada is conducting this interesting Contest in order Co quickly advertise and introduce "RURAL CANADA for Women" the wonderful new magazine for Canadian Farm Folk and land-lovers everywhere. When your answers to this interesting puzzle are reWhen your answers to this interesting puzzle are re- ceived we shall sladly mail you without cost a sample copy of the latest issue in order that you and your friends may become acquainted with this great new publication and realize the place in Canadian Home Life that RURAL CANADA now occupies. RURAL CANADA is different entirely from any other Canadian form the women folk in our Canadian farm homes. Certainly there are many excellent farm papers pubHshed in Canada but these almost entirely overlook RURAL CANADA realizes that the woman is truly progressiver factor in farming business; that she is the the and wants to know of everything new to lighten and help her with her work, promote efficiency, reduce ex-


But RURAL CANADA to entertaining os well as in structive. It abounds in fine short stories, timely ar-
ticles, fashions, embroideries, crochet work, recipes, a children's page, a family doctor and many, other fine a
features. Its editorials are inspiring and有 short, to know RURAL CANADA is to love it. You and your friends will be glad to make the acquaintance
S soon as your answers are received we shall write
and tell you how many of the names you have solved correctly, and send you free your fine copy
of RURAL CANADA. Then when you know your standing for the big prizes you whill be asked to help us neighborhood by showing your copy of the new magazine will appreciate the worth and high purpose of RUS who wANADPA and want it to come to them every month.
CANADA State your willingness to accord us this simple favor a few you send your answers. It will only require will be sent at once a big cash payment or valuable reward for your trouble. If you wwish we will gladly send
you extra sample copies to leave with your friends to read. Send your solutions of the puzzle pictures today and
Follow These Simple Rules Governing Entry to the Contest
W ${ }^{\text {RITE on one side of the paper only. On one }} \begin{aligned} & \text { shee of paper put } \\ & \text { your answers to the puzzle }\end{aligned}$ Ing Mr., Mrs. or Miss) in the upper right hand corner. ing Mr., Mrs. or Miss) in the upper right hand corner.
Anything other than this must be on a separate sheet
of paper. of paper. Boys and girls under ten years of age are not al-
lowed to send answers to this Contest, because later owed to send answers to this Contest, ecause later
on we intend to have a fine contest for our boy and
gir friends. girl friends. Employees of this company and their relatives are
absolutely debarred from competing. To ensure absolute fairness and impartiality in
awarding the prizes, the properly qualified entries will be judged by a committee of three well known gentlemen, having no connection whatever with this firm,
and contestants must agree to abide by their decisions.
The prizes will be awarded to the duly qualified conThe prizes will be awarded to the duly qualified con-
testants whose entries have the greatest number testants whose entries have the greatest number of
correct or nearly correct names and are considered by
the judges to be neatest and bet the judges to be neatest and best written, (proper
spelling, punctuation and style of entry aiso being spelling, punctuation and style of entry aiso being
given consideration). A contestant may send in as many as three sets of answers to the puzzle, but only one set may win a prize and not more than any one
prize will be awarded one family or household. The prize will be awarded one family or household. The
Contest will close December 27 th immediately after
which the judges will award the prizes which the judges will award the prizes. Send two two-cent stamps to pay postage on your
free sample cony of RURAL CAANADA, illustrated
prize list, etc. Address your solutions to The Puzzle Editor "RURAL CANADA" Dept. 1

Toronto, Ont.



## A CONTRACT FOR LIFE

 Ithad been taking our
ages
My theory would have scored triumphantly ii Mhy theory would have scored triumphantly in
thext month have stopped at the end of the
not Betty was radiantly happy, next month, for Betty was radiantly happy,
exercising her special gift.
Our tempers all grew placid over the wonderful meals we
feasted on, and Dick said he was good for at Professor Sidway fell into the hahit of dropping in three or four times a week for a cup of time the light was beginning to fail, and I was taking off my painting, apron for the day, so
he would lounge in Dick's big chair, giving little appreciations of my last bit of work or doing of human lore to the soft accompaniment o
Betty in the kitchen singing "Bendemeer' young charms," just as her Irish grandmother
might have sung them. One chill November twilight brought Dick
and the professor together. Dick wonderfully friendly to him of late. While they were trying to warm some of the damp shivers
out of ther bones before the grate fire I slipped out to the kitche

## "It would be

the storm again with only a cup of the man out in fried chich Caroline, isn't it luck that we're havin "I'll
room," I promised, as I went back to my men
Our Our dining-room was a joke since it was only the farther end of the studio, hidden by two big Japanese screens.
No mere man could have withstood the charm
of that table spread with a tall vase of pink roses and a wonderful meal fried golden-brown chicken, fluffy potatoes, simple salad of crisp pale-green lettuce, damson preserves, amber coffee, and a genuine old
fashioned custard pie and, to give zest to it all the piquant sauce of Betty's softly flushed The special core white collar.
The special charm of Betty's meals was that they always put you so at peace with all the insisting on helping Betty clear away Dick was Professor Sidway, back in the big chair in the
studio, seemed to have dropped ten years in some magical way.
It was very still except for the ripple of Betty's laughter and Dick's big muffled bass from the kitchen, and the occasional angry slap of the
rainy wind at the windows. The only light was rainy wind at the windows. The only light was
the fire and the red glow from the baleful eye of a "bloomin' heathen idol" doing duty as a lamp. tatively: "A night like this and a dinner such as tatively: "A night like this and a dinner suct as
we have just makes a man, well, just a wee
bit skeptical about the comforts of bachelor life. bit skeptical about the comforts of bachelor life.
Maybe I'm a trifle old to be dreaming dreams, but-Miss Caroline, every time I see Betty
pour the tea or butter the muffins"-here he paused to regard his cigar for a moment and flick the ashes away - "well, every time I watch
her at her little domestic duties, I wonder if it is her at her little domestic duties, I wonder it it is The chill of the raw night seemed to be creeping in and gripping me. That was what came of
working out beautiful theories! Her own warm love-guarded fireside for Betty, and I could go on
painting china the rest of my gray days, butpainting china the rest of my gray days, but-
I loved to paint china! Oh, yes, that was my I loved to paint china! Oh, yes, that was my
little niche in life! Well, I was fitted in snugly
enough; thank heaven, the professor would enough; thank heaven, the professor would
never suspect. never suspect. Caroline," he was continuing, "I
"ouldn't think of asking you to give up your painting entirely, but don't you think, dear, you would have room in your life for a poor
home-hungry man? Couldn't you just pour home-hungry man? Couldn't you just pour
the tea that some Betty would brew, and smile the tea that some Betty would brew, and smile
across our own table as you smiled to-night?" across our own table as you smiled to-night?"
"Me!" I gasped most ungrammatically, and tremulously near tears. I mean?" asked the
"Whom else should I mean professor very gently, with one of my hands
held tightly in both of his own. "But-but-Betty-" I stammered
Whoopee folk!" burst in Dick, as he dragged a very pink-cheeked, dewy-eyed Betty in from the kitchen. "I beat you to it, old fellow.
You'll have to find another girl for your job. Betty has just promised to take charge of a Betty has just promised to take charge of a
domestic science department for life. Kiss us, Caroline, and give us your blessing."
"Kindly don't interrupt, Dick," said the "Kindly don't interrupt, Dick," said the
professor with the dearest twimkle in his eyes. professor with the dearest twimkle in his eyes. same contract," "Come on, Betty," cried Dick. "Us for the "Come on, Betty," cried Dick. "Us for the

## THE WOMEN OF RUSSSIA TO SAVE THE NEW RUSSIA

gymnasiums are installed for healthful exercises, and reading rooms are also provided. Added to these is a fine recreation hall with a stage larg shows. Upstairs are to be found lecture rooms where talks on practical subjects are given to those who may be interested. In this way women are, at last, being given a chance to take part with men in enjoying helpful recrea-
tion, and Russia already tion, and Russia already feels the stirring of

The Spread of Knowledge Women of the noble classes have also felt the stirring of a desire to give a little real service
to their country. Scores of titled women are now travelling from village to village, aiding the peasant woman to adjust herself to the new men at the Front. They teach sewing, show them how to cook, and give courses in scientific dairying. The cooking lessons have taught the peasant women how to make really good bread, a most important matter, for bread, with the
borshch, or soup, is the sta borshch, or soup, is the staple peasant diet in
most districts-as well as how to manufacture cheese for sale as a commercial to manufactur cheese for sale as a commercial product. Natur-
ally, the necessity of handling heavy field work
by women has emphasized the inder labour-saving machinery, and the peasan women have been told where to buy it and
taught how to use it. Last year the Minister of taught how to use it. Last year the Minnister of trains laden with modern farm implements $t$ every corner of the Empire. The Zemstvos,
and the co-operative societies, organized the buying of the machinery and advanced the the sary capital for its purchase. To-day, hundreds of thousands of these implements are being operated by women even in the most remote
parts of Russia. The absence of mothers from their homes while doing field work made neces This innovation was of creches in the villages 1916; and as they are under Government ous pices, this, not only left the mothers free to
give their field work first-class attention absence. good care for the children in their While Russia is primarily an agricultural professional classes. There have joining the doctors for the last thirty odd years of the Zemstvo medical positions, entailing
work among the peasant women, are held b them. For many years, too, women lawyers have been admitted to practice in many of the
Russian courts. Another extension of profesRussian courts. Another extension of profes-
sional opportunities was made last summer when the Minister of Education granted a woman's college in Moscow equal status in its diplomas with those given in the men's universities. As
this new college consists of two faculties, law this new college consists of two faculties, law
and languages, the extension of privileges opens and languages, the extension of privileges opens
the door still wider. In the realm of art Russian women have at last made for themselves a prominent place.
At the Petrograd Academy the first woman At the Petrograd Academy the first woman
architect graduated in 1916. Previous to 1903 women were allowed to study art only; the architacture course is exceedingly difficult and the examination exceedingly strict. In the rg16 competition it was necessary to draw detailed plans for a home for convalescent soldiers,
housing 2,000 men and 300 officers. Out of a class of thirteen, of which twelve were men the one woman suceeded. The "Institute of Technology for Women " has, during the past few months, received official recognition from the Government and its diplomas are now given full standing, so that graduates in engineering,
architecture, and other branches, possess full architecture, and other branches, possess full
authority to assume responsible positions in authority engineering and architectural projects. big engine the women of Russia have been makin immense strides, during the last decade particularly, it yet remained for war conditions to demonstrate their immense capacity and latent possibilities. Schools for nursing have been
formed in nearly every important settlement formed in nearly every important settlement and
special relief work has been organized special relief work has been organized on a scale
that is not surpassed either in Great Britian that is not surpassed either in Great Britian or
France. Women have fitted into office worl in banks and mercantile institutions, and are doing their work as stenographers, bookkeepers, and salesmen every bit as efficiently as it was previously done by men.
Possibly one of the reasons
Possibly one of the reasons why the Russian
woman's woman's progress appears so great is because
it has been made so rapidly and completely, and probably the biggest factor in bringing this and probably the biggest factor in bringing this characteristic of the average peasant. Once her interest is aroused, the Russian woman pursues the problem to its inevitable conclu-
sion, and now that her aspiration has been awakened, she will not quit until she has gained an equal citizenship with her sisters in
Great Britain and America.


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 yesting for Proft is the only progressive financial
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this man is cray for sivino way such vatuable
land, but there may be method in his madness.

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Care for them. You cannot buy new eyesi


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 Nold

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## Uncle Peter’s Puzzle Page for Boys and Girls

IAM QUITE sure that
you all enjoyed the puzzle you all enjoyed the puzzle there have been so many nice replies to it that the Success Club have asked me to continue to make these puzzles for you.

Here is a new kind of a puzzle for you for August. It is called "Picture Arithmetic",
and you will have lots of fun with it, for as you see, you have to add and subtract pictures instead of figures The idea is to find the correct word represented by each picture, then write them down and subtract the minus words. If you have found the right picture in each case the result will be the words called for.

## $\$ 25.00$ in Prizes will be awarded this month

 cassiand there art
Doliars cash each.
you carry out the condition of the contest
properly. Next there are an unlimited Number Not a single one of you need be disap-
pointed. Every one of you may win a pointed. Every one of you may win a
prize of One Dollar, provided that your
answers to the puzzle are correct, and that
$\qquad$ How to solve these Problems
I told you above that to solve this puz
zle you would have to find the right word zle you would have to find the right words
represented by each picture, and after
writing them represented by each picture, and afte
writing them all down, take away the
words which you should subtract As an
example and to get you started right we
will solve No. 2 so get your pencil and you Record less Cord, plus Gas, plus Post, less Ass, less Pot, plus Ink, plus Eye, 1ess Key, less E,
plus Acorn, less Corn. The letters that remain will spell the word"Regina." Each of the other two p puzzes spell the name of a well known Canadian City. Now that you know the way No. 2 works out, you will be able to solve the oaner two if you put your thinking cap on
and try hard. When you have solved them write your answers out carefully and promptly
mail them to us.


## How to Enter the Competition

Wrivy your answers out to all three





 If you send a correct solution to the puzz



Yoi all know how much EvervWOMAN'S WORLD is enjoyed by your
own family, and you will be glad to have
this chance of your showine your magaine this chance of your showing your magazine
to some of your friends. If there are any children there you will be able to to show
them Uncle Peter's page, and tell them them Uncle Peter's page, and tell them
about the Bunny Club and the Success
Club, and about Uncle Peter's Puzzle Page. Club, and about Uncle Peter's Puzzle Page.
I am quite sure their mothers will want to
have EVERYWOMAN'S WORLD come to them every month, as much for the kid-
dies as for themselves. dies as for themselves.

## You can go in for this Competitio whether you take.Everywoman's World in your home or mot

 So come along boys and girls and winthe prizes. Perraps you may win the $\$ 10.00$
prize. any rate, it will be easy for
anyone of you to win one of the One Dolanyone of you to win one of the One Dol-
lar prizes, however many hundreds there
may be in the competition. Send your
answers it may be in the competition. Send your
answers to Uncle Peter, c/o the Suc-
cess Club, Everywoman's World, Toront

The Prize Winners in Uncle Péter's Puzzle Letter Competition last month
$A^{S \text { THIS issue of EVERYWOMAN'S goes to press we are still receiving answers to the puz- }}$ We will send the prize money to the winners by mail just as soon as Uncle Peter makes his
decision so hustle up boys and girls, and if you have still to qualify your entry, do it within decision, so hustle up boys and girls, and if you have still to qualify your entreter do it it with
the next few days, so that Uncle Peter can consider your entry for one of the big prizes. REMEMBER - There is a $\$ 1.00$ Cash Prize for every boy and girl who qualifies his or her
entry properly, and you can therefore win two prizes by carrying off one of the big prizes as well.


## GARDEN GOSSIP FOR AUGUST

A Plea for the Protection of Song Birds and a Few Words
About the Insect Pests in Our Gardens By D. W. GEORGE

TTHE two great troubles we have to con tend with in our gardens are, $t$ is weeds, and the various forms of insect pests,
As wail to destroy them, so do they multiply. It is a matter of patience, and ther verb, "a stitch in time saves nine",
External cultivation is the only prevention of the weeds. With rake and hoe I fight the little weed scedlings, turning over the soil and disturbing them as they show their heads above
ground between the plants. They are easily ground between the plants.
seen and as easily dealt with.
seen and as easily dealt with.
find greater difficulties. Many pests, however, not at all easily seen, and if I am a little late in reaching the garden in the morning, they are not on view at all. So I have to set traps for them, and study their habits in order to ge Most of the in.
Most of the insects which infest our gardens are very early risers, they like to have thei
breakfasts early before the sun and at a time when the plants are fresh and green, revived by the coolness of the night

Biting and Sucking Insects
These insects are divided into two classes biting, and suckig insects. This rough divi with them in a general way
The sucking insects are not affected by ordin ary poisons, because they burrow into the fibre of the leaf or plant, and the outside application of a contact poison does not reach them On the other hand, the biting insects are easily bugs must therefore be hand the beetles and plants, because they are sucking insects.
Everything useful in the shape of a vegetable is liable to be attacked by bugs of one kind or another; but weeds of all varieties are left severely alone.
The cabbage beetle attacks first the leaves and then the roots of the young plants, which in the proportion of one to sixteen. I dip the roots in this liquid when planting out the young cabbages, and pour sufficient around the roots every couple of weeks or so, to penetrate the soil for about one inch, whether there Radishes, cabbages or
Re attacked by what is lauliflowers, and onions fly, which lays its eggs on the leaves of the young plants. The maggot which hatches from these eggs, at once attacks the root or bulb of the plant; the leaves turn yellow and the The preve
The preventive, which I use at the very first lime eater which a strong solution of caustic will kill both egrs and on each plant. This is seriously affected, I dig it up with a trowel and destroy it. It is not enough to pull it up by the roots, as this may leave the maggot

The Striped Cucumber Beetle and the
Squash Bug
Pumpkin, squash, cucumbers, and melons are visited by the above. They are sucking insects, have already given. They are fairly easy to find, though the squash bug is a cunning ellow and will hide when he has the chance. The early and take him by surprise.
The potato bug can hardly be handpicked if there are many potatoes and little means toward ending his existence. However, paris green is scarce this year. As a substitute have been recommended to use dry arsenate of lead, or a preparation known as Kalcikill, manufactured by the Canada Paint Company, Montreal.

Wire worms and cut worms like a little sheler at night, so, in consideration, I place a few worms are to plants; in the mornings the shingles, and are easily collected and destroyed. These worms are also partial to poisoned bran, so I give them occasional treats of this, which very soon ends their existence. Poisoned bran prepared by mixing paris green or a similar sible quantities, and remember where you put it.

## A Caution About Poisons

If you find it desirable to use these poisons to destroy the pests in your garden, be very careful about where you keep your supply of them. Be sure to keep them out of the reach of children, and do not put them where the chickens can get at them. If you do not like which are harmless to all except insect life, and these preparations are advertised by their manufacturers. I always keep my poisons under lock and key.

1 find that changing the crops from year to year greatly keeps down the multiplication of insect pests. Naturally, if you or I grow the same plant in the same place, tim after tim
the pests that belong to it, get well settled in
Green Fly or Aphis
This little insect, although a sucking species may be killed by contact poisons, as the tis and it does not get much of a hold on the plant. I recommend a spraying of sulphate o nicotine in water in which a little castile soap has been dissolved, as the most effective method This fly is known as the Ant's Cow, and the ants take the greatest care of it, for the sake of ning over my plants, I know that the ants run the Aphis, and I act accordingly bad to disappoint the ants, but I consider the saving of my roses of greater importance than indulging the ants.
Some people think that the ants are hurting
their plants. their plants. This is not the case. Suppose you see them running over your peony buds; to help the peony to open. They do this, by removing the sweet gum which holds the peon petals together at the tips. The peony canno get along nearly so well without the assistance of the ants. However, a nest of ants may d damage sometimes. I remember that I los colony of these industrio year, because a whol home amongst the roots. Perhaps you may nots.
insect pests. I have have much trouble with a matter of chance and very little. It is al it is just as well to be prepared for them, and to know something of what to do, if the occasio Red
Red spider is so small that you cannot see under side of the leaves of many plants him with a solution of flowers of sulphur. I your garden is small a hand syringe will be large enough, and if you have a large place there are many force pumps to select from, worked in other ways. I have a brass syringe for which there are two nozzles, one of which It is very useful for getting underneath the

The Toad-A Good Friend Encourage the toad, that he may live con them, but I have made them so only two o don't think they would leave. I have built them little stone shelters where they may retire to get cool in the heat of the day. A toad will work away, day after day, in your service, never asking any wages, and, of course, boarding will get rid of thousands in a single season he for you. Make up to Mr . Tour insect enemies and he will repay you a hundredfold for your kindness to him. I find him especially valuable in the strawberry patch, as he is so very fond of the slugs.

Save the Birds
We course, we are saving the birds nowadays. We do know, better than we used to, how valu-
able they are to us. Much has been said, written, and done to help preserve the birds. If our feathered friends were destroyed, we might suffer a total loss of a single crop, and might suffer a total loss of vegetation. Now the birds do, we can all help to keep them with us.
I encourage the birds to my garden as much as I possibly can. A bird bath, built so that cats cannot reach it, is a great help; bird houses in secure and safe positions will encour-

## The Cat as a Bird Enemy

The family cat is responsible for the desruction of a great many more birds than most think, and state in all sincerity, Many women pussy is far too well behaved to kill the birds. of their pets cat-lovers know of the real habits of their pets. It is stated on good authority, that no cat ever existed which would not kill own part I have never known of and for my should we try to deny nature? The kitten will chase a moving object, and this instinct tays with them as they grow. Cats delight o kill both birds and mice, and unfortunately, here is no doubt that of the two, they much If you must ha
oo many must have a cat, keep it in at night. in good weather. It is in the vert at night morning that the cat gets in its worst work, when the birds come down to feed on the grubs and insects in the garden. My cat does not get out until later, and the bell which is warning of his neck gives the birds plenty of warning of his approach. This is a simple
remedy and effective. Thousands and thousands of the gardener's best friends pay with their lives for the early morning liberty which is allowed to the domestic cat.

# THE GOOD HOUSEKEEPER 

Canning Your Own Garden
By KATHERINE CALDWELL，B．A．


OF course，you joined the spring ranks of the Back Yard Par－
riots－may their crops be large riots－may their crops be large
and succulent！You decided
趷吅 early this year to plant your
garden，to help in the produc
ロロロロ tion of foods．
and rake and seeds and wee bit with spade you have been a Weeds and wee green plants； patriot＇s pride has made an untivalled dress ng for your crisp lettuces and tender，flavour－ ful peas．＊You may even have looked to and those flourishing little bushes at the sunny foot of the garden－are they rasp－ berries and currants？
All this is well．Because it is a pleasant phase of the Win－the－War endeavour that sweeps over us with a new urge at the recog nition of each opportunity for helping，this is none the less a vital one．The food supply must be augmented and conscrved．Ther should be no waste ground．But more
much more－there should be no waste food！But your＂crops＂ripen suddenly， a great deal at once，and even the most prideful families will raise an eyebrow when Snowball Cauliflower appears on the table the fourth day in succession－and your neighbours cauliflowers are ripe now too－－
Splendid！
Can days ahead，when the productive earth is days ahead，when the productive earth
frost， and canned ones scarce and high in price．
Those Delicious Early Apples Last year，spies and other good winter apples were exceedingly scarce and high in Apples are too valuable a food to be omitted from the winter diet．The solution is very simple－save every one of the early apples that is not used for immediate con－ The juicy，
The juicy，well－flavoured Astrakan，the Duchess and the Wealthy，are not half appreciated；they are delicious when canne
in a light syrup，and will make pies puddings， dumplings or be ever on hand to serve cold，with cream，next winter．The pleasing hought of a long row of apple－labelled ars in your fruit cupboard，will make yo eel very superior，if you read next Decembe hat winter apples are scarce and high in There will be a very good crop of these early apples，also of the Ben Davis a late is never priced with the handsome Spy o Baldwin．But it keeps well and cooks well－ wo important points．
Available Energy When Con－ sumed as Food

## Sugar Vegetabies． <br> Vegetables．． Fruit．．．．． Dairy Food． <br> Cereals． <br> Eggs．．．．．．．．．．．．． Meat and Fish．

Vegetables and fruit－especially with sugar－are obviously very valuable in the diet as energy producers；they have a tonic
value，aid the blood，and sumply what is value，aid the blood，and supply what is
termed＂roughage，＂important in digestive and eliminating processes
The first rush of preservi
You have some idea of the supplies yor now． on hand－jars，tops，rings，etc．Fill in the weak spots now，and be ready for the big harvest days when the hot summer sun has ripened many fruits and vegetables．Have the false ccoan botaes and don＇t practis The same method in outline，will answer for canning almost all fruits．The amount of sugar used must differ，more being added to counteract greater acidity，less used if the ruit is ripe and sweet．It is desirable however，to choose firm，not－too－ripe fruit， especially for canning，as it better retain is shape and true flavour．
An unexpected present of a basket of you at all，if the preserving kit is ready． Given a tin wash－boiler，with something to raise the jars off the bottom，a good supply of sugar of suitable granulation，and fine， clean salt，and the gift or bargain or suddenly ripened crop may be regarded as an unmixed
blessing
Remember that a jar or two of peas or are cooking them for dinner，or have quantity on hand，will fill more than a small shelf，at the season＇s end．Scorn not the modest quantity－that many littles make A few general terms may be defined in
simple fashion．The successive operations should be performed quickly and as rapidly 1．Scalding：Used chiefly where skins are to be removed，as tomatoes or peaches Place fruit or vegetables in an ordinary wire basket，or sieve，or piece of cheese－
cloth，immerse in boiling water 30 seconds to 2 minutes，as necessary． but hold the product for about four minutes

## TIME TABLE

| Fruit | Preparation | Scald or Blanch | Syrup |  | Sterilize |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Apples | Peel，core and quarter |  | $\begin{aligned} & \text { Sugar } \\ & 1 \text { part } \end{aligned}$ | $\begin{aligned} & \text { Water } \\ & 1 \text { part } \end{aligned}$ | Bring boil water to minute． Allow jars to Seal tightly． |
| Apricots | Scald，peel pack whole or halve and pit． | 1 to 2 minutes | 1 part | 1 part | Water boiling 5 to 10 minutes． |
| Blackberries | Wash and pick over |  | 1 part | 1 part | As apples． |
| Blueberries | Wash and pick over |  | 1 part | 1 part | As apples． |
| Cherries（Sour） | Wash，stem \＆ pit，being care pul of juice |  | $\begin{aligned} & 1 \text { part } 1 \\ & \text { and wa } \end{aligned}$ | $\begin{aligned} & 13 \text { juice } \\ & \text { ater } \end{aligned}$ | 15 to 18 mins． |
| Cherries（Sweet） | Wash，stem and pit，being care ful of juice |  | 1 part | 1 part | 15 to 18 minutes |
| $\overline{\text { Peaches }}$ | Scald，skin， pack whole or halve \＆pit | 1 to 2 mins． | 1 part | 1 part | As apples |
| Pears | Peel，halve \＆ core |  | 1 part | 1 part | As apples |
| Raspberries | Hult，pick over |  | 1 part | 1／4 part | As apples |
| Plums | $\begin{aligned} & \text { Pack whole or } \\ & \text { pit } \end{aligned}$ |  | 1 part | 1 part | As apples |
| Rhubarb | See special simp | le preparation |  |  |  |
| Strawberries | Hull，wash |  | 1 part | 1／2 part | As apples |
| Cranberries | Wash，pick over |  | 1 part | 1／2 part | As apples． |

## VEGETABLES

| Vegetables | Preparation | Scald or Blanch | Brine |
| :--- | :--- | :--- | :--- | :--- | :--- |

in the boiling water．This modifies the acidity of the fruit or vegetables，and makes the single－process method possible
3．Cold Dip：A quick plunge into cold water，after the use of hot．This drastic
change of temperature will mean sudden change of temperature will mean sudden
death to many forms of bacteria．It is also valuable as a means of bringing back firmness to the fruit，Just a plunge，remember－in and out immediately．Always cold dip fruit and vegetables，after scalding o blanching．
screwed lightly，to allow for expansion of the glass，and the jars are placed on a wire or wooden false bottom of some folded cloths
（to keep them from the intense heat，which （to keep them from the intense heat，which the table which is given．Tighten the tops， label and keep in a cool，dry dark place．
There are obvious advantages to this method．It is simpler and there is less opportunity for bacteria to survive the pro－ cess；and chief point in the July and August
days－most of the work may be done on the

4．Preparation：Wash all products clean and prepare each as necessary，pare and core apples，stone cherries，peel and core tomatoes，husk and silk corn，string beans，

The Cold Pack Method
The raw fruits or vegetables，after proper preparation，are carefully put into the jars， the hot syrup or brine is poured over，the top
porch or out of doors，far from the heat of the

## Sweetening and Salting

The density of the syrup used must vary with the kind and ripeness of the fruit． colour of the small red fruits（strawberries， raspberries and sour cherries）a heavy syrup is used－two parts of sugar to one of water Apples，pears，plums，peaches，apricots，
the sweeter varieties of cherries，etc．，will the sweeter varieties of cherries，etc．，will
carry a medium syrup of equal parts of carry a medium syrup of equal parts of
sugar and water，and to some tastes，even a sugar and water，and to some tastes，even a
slightly lighter syrup is more pleasing．A slightly lighter syrup is more pleasing．
big point in favour of home－canning is that in these matters of individual taste，you may please yourself．
Always have the syrup or brine boiling when you pour it over the product，which
should be carefully packed to sealers．The fruit packed to the brim of the than half its bulk teaspoon of salt to each quart of water before pouring it into the jars．This ensures an even solution．

## Sterilizing

Put several inches of cold water in the boiler．Screw the tops only partially tight or if using spring－top jars，set the spring but do not fasten the clamp，as the heat will expand the glass．Set them on the false escape of steam．
Time from the moment the water reaches the boiling point．
Remove boiler from heat and allow to stand a few minutes before uncovering tightly and stand upside down to cool If there is any bubbling－indicating escape o air－change the rubber，and sterilize again for 5 to 10 minutes．Do not invert paten spring jars，but test for air bubbles by tap－ ping round the edge of the cover with a wooden spoon．A jar that is imperfectly
sealed will give out a dull，hollow sound． Be sure your jars are absolutely air－tight． If a further heating is required on two or
more successive days，unscrew the top slight－ ly each time，and tighten afterwards．
The foregoing time－table for sterilizing different products is simple and complete． Remember to time from moment water commences to boil．
All vegetables will bleach less if the jar is wrapped in paper before putting away．

## Recipes

Rhubarb．－The simplest of all product to can，as it requires no processing．There is only one point to remember－Use thor
oughly sterilized jars Pack the washed oughly steriiized jars．Pack the washed
fruit closely either in lengths to fit the jar fruit closely either in lengths to fit the jar
or cut in short pieces．Stand jar under the or cut in short pieces．Stand jar under the cold tap and let the water fill it and overflow very tightly．Wrap the jar in paper very tightly．Wrap the jar in paper an
put away in a dry，dark place．Its put away in a dry，dark place．Its
acids will preserve the rhubarb perfectly and although it will bleach，the flavour o the fresh fruit will be retained．
Tomators．－Whole and Otherwise－To prepare the tomatoes whole，for salads，etc． over the fire；for tomatoes， 30 second to one minute will be sufficient to loosen the skins；longer，if the tomatoes are unripe Cold dip immediately；then，with a sharp pointed knife，remove the core．Peel care
fully so as not to break the pulp． tomatoes into jars that have been heated to prevent their breaking when set in the hot water．Add I teaspoon of salt and 1 teaspoon of sugar to each quart．Do no add any water－the tomatoes are largely
liquid themselves．If desired，the crushed pulp of those that break during preparation may be added to fill the spaces．Tomatoe are cut in pieces and packed more tightly， －Fit rubbers closely，adjust tops and tighten partially and sterilize 25 minutes after wate reaches boiling point．
Are you helping as the women of Canada can help so well to－day，to save every bit o the iruit and vegetable crops that are not used for immediate consumption？
Remember，Ktchen Patriotism is a great， try，your men，your family，and，queer freak of poetic justice－it will pay you in the dol－ lars and cents to do it！
Help feed your country in the winter of roy 7 －r 8 by looking ahead now，and provid ing this important supply for your family Save the Fruit and Vegetables！Fill your
jars－and be twice rewarded．

## LIGHT MEALS FOR HOT DAYS

Bran Muffins
Two cups bran, I cup flour, I teaspoon soda, $1 / 2$ cup butter, 3 tablespoons molasses, $1 / 2$ cup Sift dry ingredients, rub in the butter; add
molasses and sour milk, molasses and sour milk; put in hot muffin tins; bake in hot oven 20 minutes.

Banana and Nut Salad
Wash and prepare crispy lettuce leaves,
place on individual plates. Peel banana cut in place on individual plates. Peel banana, cut in
half and then half lengthwise; dip in cooked mayonnaise and roll in chopped nuts; toss on

Casserole of Salmon
One lb. slice salmon boiled, boned and flaked, 2 hard boiled eggs, bread crumbs, white sauce, butter, salt, and pepper.
Butter casserole, place layer of flaked fish, little white sauce, sprinkling of hard boiled egg and a few bread crumbs, salt and pepper.
Repeat until fish is used, sprinkle top with Repeat until fish is used; sprinkle top with
bread crumbs, dot with butter; bake in moderaread crumbs, oven 25 minutes.

## Baked Tomatoes

Peel tomatoes, place on pie plate with a little water, sprinkle with salt and pepper,
squeeze a little onion sauce over tomatoes; dot squeeze a little onion sauce ove
with butter; bake until tender

## Fruit Ice

Juice of 4 oranges and I lemon, I cup pine apple juice; pour 2 cups boiling water on $1 / 2$
cups sugar; add $I$ tablespoon gelatine stir cups sugar; add I tablespoon gelatine, stir
until dissolved; beat yolk of I egg, mix all with juice, using beater. Fill vessel, pack, and freeze.

## Raspberry Rice Charlotte

One-quarter cup rice, r cup milk, $1 / 1 /$ teaspoon sait, $1 / 2$ cup sugar, I pint cream, I teaspoon tablespoon cold water, $1 / 4$ cup hot water. Scald milk in double boiler, add rice and salt, cook until rice is soft. Remove from fire, when cool add vanilla, sugar, egg yolks well beaten, ald water and dissolved has been soaked in the all together and then add the creaim whipped. Put in wet mould. Let stand on ice four hours. Serve with sauce made as follows:
One cup raspberries, cook with $1 / 2$ cup water,
till syrupy consistency. Add I tablespoon till syrupy consistency. Add I tablespoon
lemon juice, strain, pour over charlotte; crush lemon juice, strain, pour over charlotte; crush
rest of raspberries and pour over just before rest of
serving.

## Stuffed Cucumbers

Three cucumbers, I cup cold chopped meat, milk, $1 / 2$ cup bread crumbs, salt and pepper,
x tablespoon butter, I cup stock, few drops I tablespoon.
lemon juice.

## Pare cucu seeds,

seeds, steep. 1 Stufing: Moisten meat and crumbs with and lemon juice. Place cucumbers in baking dish with stock and bake 20 minutes covered uncover, sprinkle with bread crumbs and do
with butter. Brown in oven. Serve imme diately.

Custard Sherbert
Make a rich custard, freeze. Serve in sherbert glasses topped with whipped cream or fresh fruit.

Lamb Broth
Boil in quart of water bones and scraps left from lamb roast, with an onion, celery, parsley, salt and pepper; 1et simmer our Add little over cup rice, picked over and washed, to liquid. Boil until rice is tender.

## Maple Apples

One cup maple syrup, 4 medium sized apples, x cup water.
Pare and core apples. Heat water and syrup
to boiling point; drop apples into heated liquid to boiling point; drop apples into heated liquid
turning often. Remove apples when tender Allow liquid to cook to syrupy consistency

Eggs Scrambled with Tomatoes Four eggs, I tablespoon onion juice, I cu
tomato pulp and juice, salt, perper wutter tomato pulp and juice, salt, pepper, butter.
Beat eggs, add sall and peper to taste and onion uice. Put in pan with melted butter, scramble when they begin to heat. Ad,
tomatoes. Mix thoroughly. Serve on toast.

## Dressed Veal Cutlets

Cut edges of cutlets to prevent curling. Roll lightly in egg and fine cracker crumbs
Put in frying pan with a dessertspoon butter for Put in frying pan with a dessertspoon butter for
frying; put another spoonful over meat. Fry rapidly for a minute, be careful not to burn butter, then lower gas or move to cooler part
of range. Cook each side 20 minutes Put of range. Cook each side 20 minutes. Put
cutlets on heated platters, salt and pepper cutlets on heated platters, salt and pepper
lightly. Add to the pan, r teaspoon flour, stir and pour on $1 / 2$ cup bailing water; cook, add salt. Pour over meat; garnish with slice

## Fried Tomatoes

Peel four tomatoes, slice $r$ inch thick, roll in egg and bread crumbs twice; fry in plenty of Raspberry Ice
Boil together for 20 minutes I pint sugar, I scant quart water. When cool add I cup
mashed fruit with a little lemon juice. Mix mashed fruit with
together and freeze.

By MARJORY DALE

Heat 2 cups milk in top of
Heat 2 cups milk in top of double boiler. spoon salt. Add hot milk to beaten eggs: teafive minutes. Add flavouring, pour into cus-
tard cups. Bake in a very slow oven, setting cups in baking dish with a little water. Scalloped Ham
One cup chopped hàm, $1 / 2$ cup milk, it table-
spoon butter, 34 cuip crumbs, I small spoon butter, $3 / 4$ cup crumbs, 1 small onion,
$1 / 2$
tablespoon flour, salt, pepper, sage. Place layer of crumbs in bottom of dish, salt and pepper, then a dash of sake the a layer of ham and onions. Fill the dish Make a sauce by blending flour and butter over fire, when creamy, pour on hot milk, cook
while stirring until smooth and thick. Pour While stirring until smooth and thick. Pour
over ham. Bake in-a-quick-oven-45-minutes.

## MENUS FOR TWO WEEKS IN AUGUST

| Wed., Aug. 1 s |  | Friday, Aug. 3rd |  |
| :---: | :---: | :---: | :---: |
| elon Omelet Coffec Bran Muffins | $\begin{aligned} & \text { Peaches } \\ & \text { Wheat } \\ & \text { Toasean of } \\ & \text { Toas Milk } \end{aligned}$ | Canteloupe Toast <br> Coffee | Berries Cereal Coffee Top Milk Bacon Curls |
| and Nut Salad Bread Buth Cress ed Tea |  | $\begin{aligned} & \text { Stufted Cucumbers } \\ & \text { Bread } \begin{array}{l} \text { Butcer } \\ \text { Crackers } \end{array} \end{aligned}$ | Lamb Broth with Rice Bread Sticks Radishes Lettuce and Tomato |
| ked Tomatoos Tea Fruit Ice | Currant Jelly Gretatoes Raspberry Reas. Charlotte | fee | ream of Tomato Soup Halbut Salad on ench Fettuce Potatoes Iced Tea |
|  |  | Baked Anples- Boiled Egrs Toffeest $\qquad$ | Creamed Dried Beef Whole Wheat Popovers Coffee |
| Buttered Aspara Raspberry Ice | Rice Croquettes <br> rown Bread B Iced Cocoa | $\begin{gathered} \text { Tea } \\ \text { oast } \end{gathered}$ | ch |
| $\begin{gathered} \text { Cottage Ch, } \\ \text { Crackers } \end{gathered}$ |  |  | lit $\begin{gathered}\text { Baked } \\ \text { Trout }\end{gathered}$ Salmon |
|  | Fri., Aug. 10th | Sat., Aug. 11th | Sun., Aug. 12th BREAKFAST |
| Berries Toast $\quad$ Dropt |  | Toast | ast |
|  |  |  |  |
| Left Over Prune dinner | Shese straws Graham Wafers |  |  |
| - |  |  |  |
| Eaked Potatoes Blueberries Cream Iced Tea | ${ }^{\text {Custard }}$ | Salmon in per Cases Gelatine Jell Gelatine Jelly | Tomato Marmalade Crackers $\begin{gathered}\text { Blueberries } \\ \text { Tea }\end{gathered}$ Tea |
|  |  |  | Thurs., Aug. 16th |
| $\begin{gathered} \text { rries } \\ \text { Russian Toast } \end{gathered}$ | $\underset{\mathrm{P}}{\mathrm{Mel}}$ |  | Cocoa |
| Spinach with Egg Sauc Brown Bread Butter Iced Tea Cracker | Orange and Onion Salad Bread Fingers Plums | Toast Squares Soun Iced Tea | Summer Salad Rolls Baked Green Apples <br> Baked Green Apples <br> and Cream |
| Blanquette of Chicken Rice Toasted Squares Lemonade Bream | Baked Creamed Salmon stufth Spaghetti Stufted Salad Ceach Capioca |  |  |

## Prune Mould

One-half lb . prunes, 1 oz. gelatine, $1 / 4 \mathrm{lb}$. ugar, I pint cold water
Dissolve gelatine in a little cold water. Put remainder in pan with prunes. Add sugar,
cook until prunes are tender, stone, and cut into cook untic prunes are tender, stone, and tut into smal minutes. Pour into mould. Serve with cream.

## Blanquette of Chicken

white over chicken cut in pieces, x large cup white stock, 3 tablespoons butter, I heaping
tablespoon flour, I teaspoon lemon juice, I cup milk, 2 eggs, salt, and pepper
Put butter in
Put butter in saucepan, when hot add flour. Stir until smooth, do not brown; add seasoning
and cream; when it boils, add chicken. Beat and cream; when it boils, add chicken. Beat Cook. Serve with rice border.

## Fried Rice

Pack in square pan two cups well boiled rice; when cold cut into inch-thick slices; dredge
with flour and fry brown in a spoonful of hot with flour and fry brown in a spoonful of hot
butter. Serve with a lump of butter on each butter. Serve with a lu
slice, dust with paprika.

One-half Corn Fritters powder cup flour, $1 / 2$ teaspoon baking milk, pinch salt, I pint corn.
Sift flour, baking powder, and salt together.
Beat egg, add butter Beat egg, add butter and milk together. Then the flour, lastly the corn. Drop by spoonfuls
on pan in hot butter. Fry golden brown.

## Peach Jardiniere

Whole firm peaches, number desired, cut off enough for a shell. Put pulp in a bowl, mix with orange, banana, a little pineapple and maraschino cherries, sweeten to taste.
Fill peach shells, set away on ice. When
serving top each peach with whinped serving, top each peach with whipped cream,
topped with cherry

Slice a Bermuda or Spanish onion in thin slices, soak in cold water several hours; drain; leaves with a simple dressing of lettuce salt and pepper, oil if desired.

Baked Salmon in Pepper Cases
One lb. salmon, 8 green peppers, crackers, butter, salt, pepper, onion juice.
Boil salmon, when cold rem bone, season with salt, penor skin and Mix with equal quantity cracker juce. moistened with butter. The mixture should be quite moist, if not, add a little milk; cut the Parboil for 5 minutes fill with fish. Put in baking pan surrounded with hot water and cook

## Onions Baked in Milk

Peel and slice thin six cups white onions.
Put in deep earthern dish, dredge' with two tablespoons flour, a little pepper; dot with butter; pour over two cups milk. Bake Serve in the baking dish.

Wash and Prune Toast Water. Simmer until tender: remove stones rub througher unieve. Dip toasted bread in hot
milk. Serve as ind milk. Serve as individual portions on small plates. Over each slice put r teaspoon prune
puree. Serve with thin cream.

Tomato Marmalade
One quart ripe tomatoes skinned and sliced
Put on stove with Put on stove with $1 / 2$ cup cider vinegar, $\mathrm{I}-3$ cup Cook slowly, stir often with a wooden spoon, when reduced to less than half it is done. Put
in tumblers.

Caramel Gelatine Jelly
Mix one heaping tablespoon gelatine in two lemon, three tablesponse and rind of pinch of ground cinnamon teaspoon burned sugar, few grains of salt. Stir and strain, set away on ice to harden. Serve with milk or whipped cream.

## Baked Creamed Salmon with Spaghetti

 One and one-quarter lbs. sea salmon, $1 / 2 \mathrm{lb}$. spaghetti, broken fine, butter size of an egg.pint milk, 2 eggs.
Boil salmon, remove skin and bone. Boil spaghetti in salted water, when done drain through colander and pour cold, water through
it. Grease baking dish, put in layer of spaghetti, it. Grease baking dish, put in layer of spaghetti,
thin layer of salmon, bits of butter and pepper, thin layer of salmon, bits of butter and pepper,
continue until all is used. Beat eggs, add milk, continue until all is used. Beat eggs, add milk,
pour over and bake for 45 minutes. Serve with white sauce.
Eggs Poached in Tomato Soup with
Green Peppers
Four eggs, butter size of an egg, salt and pepper, 2 tablespoons corn starch, 6 medium reen pepper,

Make
cutting up and boiling until washing tomatoes, run through sieve; add salt, pepper, butter and sugar: green pepper that has been washed, seeds removed and finely chopped; when it comes to boiling point, add diluted corn starch Serve on toast surrounded drop eggs and poach.

## Cream of Carrot Soup with Rice

Make cream of carrot soup leaving out thickening, wash $1 / 2$ cup rice, put into soup and boil
till tender.

## One and King

One and one-half lbs. veal, I green pepper,
salt and pepper, white sauce, I hard boiled egg toast squares
Boil veal until tender, when cold cut; mal:e white sauce, cut green pepper, remove seeds boiling point, add green pepper and egg chopped. Season to taste. Serve with rice border or on toast squares.

## Raspberry Jambulay

One-half box raspberries, 2 bananas, I cup milk, 1 tablespoon milk, $1 / 2$ small pineapple,
sugar, 2 tablespoons Walt. Wash raspherries, mash, add sugar to taste let stand I hour. Prepare pineapple, chop ver fine, add to berries; cut and slice banana. Put mikr and double tablespoons sugar, and the salt. Bring to boiling point,
slowly add fruit and corn starch. Serve in sherbet glasses, topped with cream.

## Lentil and Potato Loaf

One and three quarter cups lentil puree 2 tablespoons butter, $1 / 4$ cup milk, I teaspoon
salt, one-third teaspoon sage, 2 cups riced ${ }^{\text {spotatoes, }}$ I tablespoon butter. ${ }^{2}$ suaks riced overnight, then cook in buil. Soak lentil tender; allow water to evaporing water una quite dry. Put through colander to form puree. Then mix with the puree, the butter, cream, salt and sage. To prepare the potatoes, peel and cook 2 or 3 medium sized
potatoes in boiling salted water until tender potatoes in boiling salted water until tender.
Draii and dry by shaking gently over the fire Drain and dry by shaking gently over the fire.
Put through rice, season with butter and more salt if necessary. Peason with butter and more bottom of a buttered baking dish; place a layer of mashed potatoes. Brush the top with a little butter and bake until brown.

## To Make Croutons

Cut bread I inch thick, stale bread is preferable, cut into o inch squares, and fry in butter
until a light golden brown.

## Nut and Cheese Roast

One cup grated cheese, I cup chopped walnut meats, I cup bread crumbs, $x$ tablespoon butter,
$1 / 2$
lemon,, 2 tablespoms $1 / 2$ lemon, 2 tablespoons chopped onions, salt
and pepper. Cook onion in butter with a little water and coor. Cook onion in butter with a little moisten with the war. Mix other ingrecients been cooked. Pour into shallow lakish and brow

## Gooseberry Catsup

Five pounds gooseberries, 4 pounds sugar, cups cider vinegar, $1 / 2$ tablespoons cinnamon, tick over, wash and drain gooseberries. Put in kettle and add sugar, vinegar and spices. Bring to boiling point and let simmer two hours.


## Frow Well

## Ot Outs

Of course a FIVE ROSES cake proves itself in the eating, but the way it cuts is a sure indication of the desired qualities
You will at once note that it does not crumble under the keen-edged knife. There is no roughness on the face of your company cake. It cuts well without crumbling, because its moist freshness holds the texture together till eaten. And because it keeps fresh, it prevents waste! And because it prevents waste, the FIVE ROSES way is the economical way to make cakes. Remember that it is the cake you make and don't eat that is costly. To amazing lightness and lasting freshness of flavour, you add economy when
using FIVE ROSES flour.
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## LAKE OF THE WOODS MILLING CO. LIMITED

 MONTREAL WINNIPEG
[^0]:    APPROPRIATE
    The heavy tragedian was in a terrible rage "What's the matter?" asked the manager. "Matter?" growled the actor.," "That fool of a conductor has spoilt the play!"
    He struck up 'Where Did You Get That Hat?' when the Judge put on the black cap to sentence the prisoner to death!"

