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# MONTREAL

# Homœopathic Record

DEVOTED TO THE INTERESTS OF HOMŒOPATHY AND OF THE MONTREAL  
HOMŒOPATHIC HOSPITAL.

VOL. VI. No. 2.

MONTREAL, FEBRUARY, 1901.

25cts. A YEAR.

## Montreal Homœopathic Record

— PUBLISHED MONTHLY —

By the Woman's Auxiliary of the Montreal  
Homœopathic Hospital.

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tions to be sent to the Business Manager, care Sterling  
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37 St. Gabriel St.

### HOSPITAL GOOD NEWS.

Those interested in the management of this Hospital have reason to be both grateful and happy these days. Through the generosity of ever helpful friends and interested workers, liabilities which last summer totaled over \$6,000 have been reduced to less than \$1,500. When the extension to the Hospital was built in 1896 the cost outran the estimates as well as the contributions, and to meet the demands of contractors a temporary loan was absolutely requisite. To meet this difficulty Mrs. G. D. Phillips, one of the largest contributors to the building fund, loaned the Hospital management \$3,000 till such time as subscriptions could be secured to pay it back. This time never seemed to come, as the growing wants of the institution absorbed everything as fast as it came in. Indeed annual deficits piled up from year to year till the aggregate reached the respectable sum of over \$6,000. The liquidation of this debt was the subject of much discussion and

anxiety for the committee of management and other friends. Finally Mr. Samuel Bell set the ball rolling by the handsome contribution of \$1,000. This was emulated by another generous governor, who refers that his name should not be mentioned, with another \$1,000. These generous gifts were supplemented by Mrs. Phillips presenting the management with \$1,000 of the debt due her and also \$1,000 more upon a life annuity of 5% a year.

Then the Woman's Auxiliary, freed from the responsibilities of hospital managements, had turned their energies toward the reduction of the debt, and having been gratifyingly successful in securing subscriptions and in bazar work wiped out an old outstanding account of some \$540.

Thus by the combined efforts of these self-sacrificing friends the Hospital management have had the great pleasure of seeing this mountain of a \$6,000 debt shrink within a few short months to the comparatively controllable amount of some \$1,450. Even this it is hoped soon to wipe out through the conservative course the committee is following.

Such experiences of generous consideration and sympathy are the oases in the desert through which those who voluntarily manage public institutions have to travel. They refresh the weary and dispirited toilers who meet so much that is discouraging and give them new strength and courage to labour on in this mission of love and good will to their fellow man.

## GIVES LITTLE MEDICINE.

Families who practice homeopathy are being constantly assured by their apologetic allopathic friends that their doctors are of the modern school and give very little medicine. And we know this to be true in many cases. Leading allopathic doctors are on record in this city as giving absolutely no medicine in typhoid fever, whooping cough, etc., apparently having learned the inefficacy, if not the positive harm, of the administration of the crude drugs they only know. Of course, giving little allopathic medicine is a poor substitute for the divine art of homœopathic medication, but it takes the world in the mass a long time to learn the truth whether in medicine or anything else. But is this giving of little medicine a practice that is at all general, or is it not rather confined to the few half informed of the better class of city practitioners?

Listen to this extract from an article on "Grip" in the February issue of the Medical World of Philadelphia, a journal which is a reformer in spelling if not in medicine.

"Purge well in the inception. Keep the patient warm and quiet. Use alcohol in some form, freely. Insist upon easily assimilable food being taken. Use nerve sedatives which will not irritate the sensitive gastric mucosa. Beware of antipyretics, especially in the aged. Quinin is one of the safest and best antipyretics for use in grip, but really does little good. All the coal-tar derivations are dangerous; it is stimulation and not depression which you need. Quiet nausea, restlessness, cough, and insomnia, by morphine, bromides, lupulin, or codein. Support the heart by strychnin, digitalis, caffein, or aromatic ammonia. The vaporization in the room of turpentine, menthol, eucalyptol, or compound tincture of benzoin is useful. The latter may aggravate nausea, and may have to be discontinued on this account. Have all food administered in liquid form: milk, broths, egg-water, koumyss, true meat extracts, milk punch, egg-nogg, and oyster broth make a dietary from which to select.

"In convalescence, it is often necessary to use strychnin, quinin, iron, or cod-liver oil. Watch the heart closely, and guard the lungs carefully.

"Timidity has no place when dealing with the grip. Dosage must be heroic, and sleepless caution is necessary. The onset is sudden; the symptoms alarming; the sequelæ and complications serious; the mortality frightful. Much of this might be changed by prompt action, adequate dosage, reasonable hygienic adaptation, and attempts at isolation."

The grip patient who has had the privilege of being treated homœopathically, or the one who has simply trusted to the protection of his bed and let nature take its course, will be amazed at the glib references in the above extract to morphins, bromides, lupulin, codein, strychnin, digitalis and the rest, and particularly that the "Dosage must be heroic." Verily there must be some of the allopathic practitioners not yet converted to the plan of giving little medicine.

## DONATIONS IN JANUARY.

The Lady Superintendent of the Hospital acknowledges with thanks the following donations received in January:

Miss Baylis, old linen.

Mrs. Summer, 14 yds. art muslin for screens.

Mrs. W. F. Smith, magazines, ice cream for nurses,

A friend, 5 calendars, 2 books, 58 assorted scripture mottoes (\$4.00 worth).

Mr. S. Bell, 1 desk (\$5.00).

Mrs. Sheffield, medicine bottles for dispensary.

Miss Moodie, art muslin for screen, 1 palm for Board Room, 2 cushions, covers for maternity floor, bust of her late Majesty the Queen.

Mrs. A. Boyd, medicine bottles for dispensary and papers.

Anonymous, cakes.

Mrs. Sheffield, magazines.

Mrs. Mackenzie, 1 doz. large sheets, 1 doz. pillow cases.

Lord Roberts, the great English commander, is a homœopath.

## AS TO ANTITOXIN.

We followed in a family in this city where six members, adults and children, had had diphtheria. All save the youngest had gotten "well;" this excepted one died of "taking cold." Each of this six had been most generously and scientifically treated with antitoxin, and each, as stated and expected, got "well." But every one of the survivors is now troubled with sequelæ. Some are unable to talk plainly; others cannot swallow drink; others have urinary incontinence; others are breaking out in eruption. But all are "well"—thanks to the prompt and early use of antitoxin. When we were called to the scene, the girl of twenty, a visitor in the family, told us that she wished to be treated homœopathically, so far as medicines were concerned, but with the addition of the antitoxin. The homœopathic medication was truly and carefully given; but the antitoxin was postponed from visit to visit, to the great and increasing uneasiness of the patient and her family of antitoxined friends, until it became very apparent that the throat was clearing up and the patient getting well. This lady is now about the house and, barring a slight huskiness of voice, in her usual good health. Oh, yes! we know the answer to this very self-complacent statement. We always hear it. The doctor didn't know a real case of diphtheria from a passing follicular tonsillitis. The patient would have gotten well just the same, whether homœopathic medication had been given or withheld. There are many such cases. But the cases of the remainder of the family, which were pumped full of antitoxin the moment a bit of a speck appeared upon either tonsil—these were in truth and variety all frightfully dangerous diphtheria cases and would have perished but for the prompt and successful administration of antitoxin, or if they had been subjected to the nonsensical practice of homœopathy.—Dr. Frank Kraft, in American Homœopath.

## SOME WORDS FOR MOTHERS.

Mothers should not look upon every rash and ailment of a child under two years of age as a teething rash, and thus delay sending for the doctor until the child is in a severe state of collapse. We have met with a case in which the mother considered that the scarlet fever rash was only a teething rash, and did not discover it until about two hours before the child died, when, owing to its serious state, she considered it prudent to send for a doctor to see the child.

Diarrhœa in children, occurring in the summer, is not to be looked upon as being caused by the heat, or something in the way of fruit which the child has taken; it frequently means acute enteritis, and, unless treated early and efficiently, will carry off the child.

Parents should not think that it is necessary that their children must have such complaints as whooping cough and measles, and that, therefore, it is an advantage for them to be placed in the way of those who are suffering with the excuse, "It is best to get it over." All contagious diseases are preventable, and every precaution should be taken to keep children from the likelihood of acquiring infection. It is a mistake to think that the presence of a disinfectant in the neighbourhood of infection is sure to prevent it spreading. It is also a mistake to think that a bad smell is deprived of its injurious nature by being covered by another odour which is stronger. Deodorisation does not always mean disinfection.

Space precludes us from pointing out the legion of other errors.—Health.

Frequently buyers of homœopathic medicines write for "directions for use." Take six or a dozen pellets four or five times a day until relief is experienced then stop. If there is no relief after the second day the wrong remedy has been selected and another must be chosen. The right remedy gives prompt relief.

**"RADNOR"**

Dr. J. R. Kippax, Professor of Medical Jurisprudence in the Chicago Homœopathic Medical College, writes: "Radnor Water is an agreeable and exceedingly pure table water, and surpasses the leading German Waters in therapeutic value."

## ANTISEPTICS.

By Walter J. King, M.D., Denver.

Before Lister inaugurated Antisepsis in 1867, the death rate in general operative work was over 45%. This was at once lowered to 15%, and at the present time has been reduced by many operators, Lister included, to  $\frac{1}{2}$  of 1%. And are antiseptics to receive all the credit of this marvellous improvement? Under Lister's first antiseptic the mortality was 15%; under his last one  $\frac{1}{2}$  of 1%. Wonderful, isn't it? But the most wonderful part of it all is, that the antiseptic used in both cases is the same identical article. Lister's first antiseptic was carbolic acid; after many experiments with numerous substitutes, he has readopted as his present and last antiseptic, carbolic acid. It is not to antiseptics but to surgical cleanliness, or aseptics, that is due these excellent results.

An antiseptic arrests and prevents the growth of germs; it does not destroy the germ, but retards or prohibits its further development or growth. As soon as the antiseptic is removed from a wound, the germs take on new vitality.

A germicide kills the germ.

Let me briefly mention several antiseptics:

Carbolic acid is an excellent antiseptic, germicide, anæsthetic and anti-pruritic. Its objections are its caustic or irritating properties and the oozing of serum which it causes in wounds, thus necessitating drainage. Lister abandoned it because of its volatility and slowness of action. There is also the danger of its causing carbolic poisoning and death.

Bichloride of Mercury is an antiseptic, but not a germicide. Don't use bichloride, even in solution as weak as 1:1000; it coagulates the albuminous tissues, thus causing necrosis of the cells, and thereby does directly opposite to what you desire, provided it is your desire to hasten the healing of the wounds, for new cells must now form to take the place of those thus destroyed. When left in contact with organic life, it is prone to decompose. It corrodes all the common metals, and is exceedingly poisonous even in small quantities. I believe I know of at least one case in which bichloride enemata were the cause of the death of a patient.

The most important thing to remember about Iodoform is to remember never to use it. The smell is more foul than the discharge it is used upon. If you want to brand your patient with a trade mark of syphilis, just apply iodoform on the wound. It is to the decomposition of the iodoform and the consequent liberation of free iodine that it owes its antiseptic qualities. Use the iodine itself in preference to iodoform. Iodoform may be absorbed and cause toxic symptoms and death; it also is a frequent cause of eczema.

Permanganate of Potassium acts by the oxidation of the offending entities, and a mutual destruction of the germ, and germicide results. But it oxidizes organic matter of all kinds, and may oxidize the organic matter and be itself destroyed before the bacteria are affected. The same is true of Peroxide of Hydrogen.

Boracic Acid is considered by Lister to be almost as efficient an antiseptic as carbolic acid. It has no germicidal power but is of great utility as an antiseptic and deodorant, and is free from odor and irritating properties; it has an almost utter absence of toxide effects.

A proprietary combination of carbolic and boracic acids is prepared and sold under the name of Sennine. It is highly recommended, and to those who feel they must have an excellent germicide and antiseptic I would commend it. It is supposed to possess all the advantages and some of the drawbacks of its ingredients.

The very best dressing I know of is borated calendula. This combination was introduced in 1885 by Prof. David A. Strickler. The boracic acid is a valuable antiseptic and calendula is an excellent healing agent. Borated calendula is my favorite application to all wounds. If irrigation, or if moist or modified moist dressing is deemed best, I make a solution of the borated calendula. For a cut, chapped hands, etc., a cerate of borated calendula and vaseline or lanoline cannot be improved upon. For a dry dressing, nothing can equal the application of this excellent powder, Borated Calendula.—The Critique.

In small doses, one to five drops of the tincture, Verbena hastata is said to be excellent in gastric irritation; also in cases of debility and anorexia.

## HINTS.

Baptisia is a good grippe remedy when there is aching head sore throat, soreness all over and a besotted look.

Blood boils, slight injuries bleed freely, Phosphorus.

Sensation of coldness in the ear, Platina  
Vertigo when rising, Pulsatilla.

Pulsatilla is a good remedy for those who take cold easily in the head.

Indigestion from fat food or pastry, Pulsatilla.

Sensation as of bubbling in muscles or joints, Rhus.

Senecio aur., it is said, will regulate the monthly period; promote if too scant or check when profuse

Thirty drops of Viscum alb. in water is said to ease labor pains.—Homœo. Envoy.

The following is a true story, though there is no need to give names or give places. A young man was taken sick with a fever, and, as is now required, certain parts of him were taken to a bacteriologist—no small fry, either—who went through the usual pow-wow, and, as usual, never having seen the patient, diagnosed a case of typhoid fever. On this the next regular thing to do was to cool down the patient in a tub of water, which was done—why it is done, seeing that it cannot reach the seat of disease, no one knows. After the fourth or the fifth day of this dousing the patient broke out in numerous spots and an old doctor gently whispered, "small-pox." And now they are wondering if bacteriology is as infallible as it assumes to be.—Homœo. Recorder.

Do not forget Mezereum in skin diseases, red smarting and itching; in circumscribed spots that itch violently at intervals, or where the scratching has made the parts raw.

## MUST DESCRIBE SYMPTOMS.

An es. emed correspondent asks, "What is the best remedy for catarrhal trouble of the stomach?" Every month questions of this nature are sent in, demonstrating that there is a considerable misconception of the nature of Homœopathy. A homœopathic prescription will cure. A homœopathic prescription is one that cures the patient's symptoms. Now no two cases of "catarrhal troubles," as a rule, present the same symptoms, consequently it is impossible to honestly recommend any remedy on the name of a disease alone, though we may say that in general, Hydrastis, Sanguinaria, Homarus, Petroleum and several other remedies have been successfully used in catarrh. In homœopathic prescribing both doctor and patient should forget the name of the disease; the patient should give the symptoms of his disease as clearly as possible, and the physician should then seek the remedy that has produced similar symptoms and prescribe it when found even though not mentioned in the text books as having been used for the particular disease with which the patient is supposed to be afflicted. That is Homœopathy.—Homœo. Envoy.

For results of a heavy blow or jar of any kind apply Arnica tincture, twenty drops in a tumblerfull of water, to the contusion, and administer Arnica 3 every two hours for a day. Arnica should never be applied to the skin undiluted, as it may produce bad effects.

In cases of neuralgia of long standing or constantly recurring, Melilotus off. may prove to be the remedy. It sometimes acts magically in ovarian neuralgia; also in gastralgia, neuralgia of the stomach or of the abdominal viscera.

## ABBHEY'S EFFERVESCENT SALT.

A pleasant effervescing aperient, taking the place of nauseating mineral water. Recognized and prescribed by eminent members of the profession in Great Britain and Europe and Canada.

## TREATED THE SYMPTOMS.

By DR. BERLIN, GUBEN.

Translated from *Leipziger Pop. Z. f. Hom.*,  
Sept., 1900.

I. On the 28th of October, 1899, I was called to Miss B. here who for fourteen days had been suffering from vomiting. She had received homœopathic pellets from a lay-practitioner up to this time. The vomiting took place once or twice a day, and the matter vomited was of a brown or chocolate color from the admixture of blood. The stool was black, like tar; thus it also contained blood. An examination showed painfulness in the region of the stomach, but no swelling (as that of cancer) could be felt in the stomach. Still there was a possibility that the cancer had its seat in the small curved part of the stomach or on the posterior wall of the stomach, where it sometimes escapes investigation. Still, in my prescription, I kept to the symptoms present: Nausea, chocolate-colored vomiting and black (bloody) stool. I therefore prescribed Ipecacuanha and Phosphorus, five drops in a teaspoonful of cold water, once an hour in alternation. Ipecacuanha was given to remove the nausea which was the most prominent, and Phosphorus in view of the dark colored vomit and the blackish stool. The patient was only allowed to eat farinaceous soups and milk, everything as cold as practicable, five or six sips every twenty or thirty minutes.

On the 29th of October no further vomiting had set in and the nausea was more endurable. On Nov. 2nd I heard that the patient had had another spell of vomiting on Nov. 1st, but the matter vomited as well as the stools were of a lighter color. Ipecac. and Phosphor. were continued in five-drop doses, each remedy three times a day. On the 9th of Nov. I was told that the nausea, vomiting, etc., had not again returned, and that the patient had for several days been out of bed and enjoyed a good appetite. The issue shows that there was no cancer of the stomach, else there would have been neither improvement nor cure. It must have been an ulceration of the stomach, unattended by any symptom except the black vomit.

II. Mrs. H. of Gr. consulted me on the 19th of last February about her husband, 70 years of age, who, for the last six weeks, had been confined to his

bed. He had a pretty good appetite, but every second or third day he was early in the morning seized with a horrible nausea and then had to vomit all day long. As soon as he drank or ate anything he had to throw it up. A physician from Guben had come several times and had given medicine, but without any improvement so far. The physician did not pronounce any opinion, but the patient had fallen off so much that all in the village declared he had cancer of the stomach and would not get over it. Still, at the advice of an acquaintance in Guben, she wanted to try Homœopathy once more. I told the woman that under the circumstances I could not give any advice without a personal examination. Still, at her repeated request, I finally gave Ipecac. 3d., five drops to be taken every two hours, but with the understanding that if the vomiting was not checked I should have to make a personal investigation. But on the 26th of February the woman returned radiant with joy, reporting that the vomiting had not since returned, that her husband felt well again and that since yesterday she had not been able to keep him in bed any longer. Also the diet prescribed (the same as in the previous case) had been omitted for several days, and he was eating any and everything. All the neighbors were astonished at this turn, as they all had been sure that he could not last much longer.

What had been the matter with the old man could only be to some degree concluded from the effect of Ipecacuanha. There could not have been any organic change in the stomach, but, it must probably have been a catarrh of the stomach, showing itself chiefly in the chronic vomiting. The cure itself was simple enough for any one familiar with Homœopathy. Any layman would probably have chosen Ipecac., and would thus have easily gotten the better of any allopathic doctor.—Homœo. Envoy.

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The eclectic authorities say that Lobelia is one of the best drugs known to overcome habitual constipation or intestinal atony. Also that all forms of chronic sore throat are benefited by it.

Don't forget Rheim when dealing with a sour—physically sour, of course—baby.

**A BILIOUS HEADACHE CURED.**

Since exposure to a frightful snowstorm my patient had been suffering from periodical headache on one side. Almost every week he had to lie abed for one or even two days, being unable to hear any light or noise. Only when at the height of the disease bilious vomiting set in the dreadful pain gradually abated. Cold compresses were of little use, but tying a silk cloth firmly around the head caused some relief. His physician had prescribed Antipyrin, which at first cut short the attacks, but later on even double the quantity had no effect; also the homœopathic remedies prescribed for him, Atropin, Glouin and Ferrum phosphor. gave no relief. He visited me on November 24, 1899, and made his plaint. According to Farrington's Clinical Materia Medica his symptoms indicated Argent. nitric., and the remedy proved itself in his case, for he came to me to-day and reported that since he used the little pills he has had only one attack, and this was caused by a violent emotion caused by the unexpected news of the death of his nephew and partner.—Translation in *Homœ. Envoy*.

**IMPORTANCE OF SYMPTOMS.**

The Critique publishes a paper by Dr. A. J. Clark of Loveland, Colo., the truth of which is as old as Homœopathy, yet is refreshing to read in these days when so many homœopaths are prescribing all sorts of drugs whose names end in "in" or "ine" and prescribing them in many grain doses.

A laborer was taken down with rheumatism, every joint red and swollen, Aconite was prescribed but the next day the man's mother told the doctor that the patient suffered so much that he had to often get up and move about to obtain relief, but would soon be compelled to lie down again. A perfect picture of Rhus tox which was given and the next morning all pain had disappeared.

In another case, a bad one of rheumatism, no relief was obtained until the doctor learned that the pain always was aggravated about four in the afternoon. *Lycopodium*! It was given and the whole trouble soon cleared away.

The world is full of invalids that could be cured with homœopathic prescribing.—*Homœo. Envoy*.

**SCARLET FEVER PREVENTIVE.**

Whenever I have a case of scarlet fever I give the other members of the family, old and young, *Belladonna*—and in that way I have greatly lessened the practice I might have had.

When I was practicing in Bradford, Vermont, forty years ago, my brother was principal of the Female Collegiate Institute at Amberg. Scarlet fever broke out in the school and each day saw several of the students stricken down with the disease or leaving for their home for fear of being stricken down with it. My brother came to me finally and said: "If the fever cannot be stopped the school will have to be." I offered to furnish *Belladonna* free to the students. Every pupil took it. There was not another case of the disease.

I feel sure that if we will give *Belladonna* freely to those exposed to scarlet fever, and during the progress of the disease when other remedies are not called for, we shall be relieved of much anxiety and the death roll of many names.—Dr. A. M. Cushing in *Medical Century*.

No syrup of poppies, no tincture of opium, no powders of morphine can compare in sleep-inducing power with sunshine. Let sleepless people court the sun. The very worst soporific is *laudatum*, and the very best is sunshine. Therefore it is very easily understood that poor sleepers should pass as many

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hours in the sunshine as possible. Many women are martyrs and do not know it. They shut the sunshine out of their houses, they wear veils, they carry sunshades, they do all that is possible to keep off the subtlest and yet most potent influence which is intended to give them strength and beauty and cheerfulness. Is it not time to change all this and so get roses and colour in your pale cheeks, strength in your weak backs? The sunlight would be a potent influence in the transformation.—Health.

Olive oil is the safest for the constipated baby.

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