



THE BEACON, SATURDAY, JANUARY 19, 1918
 BEACON PRESS COMPANY
 $\mathrm{N}_{\substack{\text { Or } \\ \text { news }}}^{\text {fo }}$ of hostilites than during the period under
review; and yet, though the news hat dicate that the fighting has by beage the heagy cosue news has fierce and extensive
tion of it suggests In the Western campaign artiller
action seems to have been on a reduc scale, but trench raiding was a conspic
ous feature of the week on nearly the
whole front from Alsace to the coast The initiative
results gave.
either side. and Rumanian fronts, the armistice being
still in force. As to Russia, the interna stuin in force. As to Russia, the internal
condition had not improved but rather
the reverse; and rebellious outbreaks the reverse; and rebellious outbreaks
tok ploce at several points, notably at
Sebastapol. But news was meagre and unreliable. The e peace pourparlers were
resumed at Brest-Litovsk, but no satis-
factody results seemed likely to as the Central Powers seem altogether
unwilling to accede to the Russian de unwilling to accede to the Russian de-
mands that they vacate Russian territory. It was announced that a separate peace
had been concluded between Russia and
Bulgaria. The way out of the Russian
 potamien campaign; and of the campaign Allenty's forces continued to make satisfactory progress north of Jerusaleum, and Haifa, and as far east as the Hejaz railreported to be completely transterred to
Portuguese territory, where British and Portuguese territory, where British and
Begian troops rom the north and from
Lake Nyasa were cooperating with Potm guese troops from the east coast in
rounding up the last remnant of the German forces, now broken up into small
parties. kan. campaign, no important results Fighting in the Italian campaign was
somewhat less intense than in the preced ing week, chiefly because of the sevecerity the British and French, held their ground, north, made some advance
tente aviators on Carlsrruue in Baden, an
much damage was done by bombs much damage
military works.
 German destroyer, presumably, on Mo
day night. About twenty shells fell
the town, and three persons were kill and ten injured. The bombardment las ed only about five minutes, at near 11 p.m. German submarines were active during number, of victims. Very few disasters
to shipping by mines and submarines sorate having been most rigorously Iorced.
Scarcity of food was being keenly fet
Great Britain, and more rigoorous rul as to its conservation and distribution
were being promulgated and enforced were being promulgated and enforced,
Food conditios were believed to be be
much worse in Germany, where a political crisis aso was reporteglad of peace, but
ring nations would be glo and lasting peace
there can be no real until the militarism of Germany is crush
ed forever. So it is that the prospect of

## Charlotte county councll

## 1 He County Council convened late on weather conditions, a heavy snow and wind storm prevailing. The biennial election having taken place since the previous meeting, considerable changes have taken place in the personnel, and a for the first time. Mr. John A. GGrant, from St. Stephen, was elected Warden in held. M. N. Cockbum, K. C., having



|  | Winestock, the Commissioner, is now the only licensed buyer and seller of ocean fish" and is trying to break down the Rings " in the fish trade, which woule rather destroy cargoes of fish than lower the price. Similar methods, it seems, |
| :---: | :---: |
| who can suggest a rationa of increasing the nation' |  |
|  |  |
| erefore direc |  |
|  |  |
|  |  |
|  |  |
| cean, the State, and the Fisherman." |  |
| Mr. Frewen takes as his text a statement |  |
|  |  |
| ricultura |  |
|  |  |
| of ocean off the Nore |  |
| than the meat yield of a hundred acr | Naval R |
| the best Northamptonshire pasture," |  |
| erally true |  |
|  |  |
| forcibly of the immense potentialities of |  |
|  |  |
| tentatively to estimate the possible value |  |
|  |  |
|  |  |
| pastures, but at $£ 1$ per head of the popu- |  |
| reminds us that "the present gross return |  |
| efisheries of the |  |
|  |  |
|  |  |
| ltry $£ 12,000,000$ " Mr. Frewen's point |  |
| at the yield from the fisheries might |  |
| eased to an almost unlimited |  |
| ver |  |
|  |  |
| s to give some verv remarkable |  |
|  |  |
| ention. He tells us that |  |
|  |  |
|  |  |
|  |  |
|  |  |
| $\mathrm{ht} \mid$ |  |
|  |  |
| wheatfields |  |
| of corn to |  |
| pe, could afford to neglect its fisher- |  |
| contrary, who |  |
|  |  |
| fisheries with the greatest zeal. But this |  |
| tely, the exact rev |  |
|  |  |
| America was awakened to the impor |  |
|  |  |
|  |  |
| unlike Frank Buckland, contrived to enlist |  |
|  |  |
| came into being, and began to restock the |  |
| polluted rivers of New England with the |  |
| non that had deserted them |  |
| Salmon ova were bought from Canada |  |
| £9 a thousand, which is equivalent |  |
| £135 for the ova of a twenty-pounder, and |  |
| hatched in the Penobscot River. |  |
| en Mr. Frewen visited the Main |  |
| in 1899, four hundred salm |  |
| at size had been bought from the |  |
| nobscot fishermen for twelve shillings |  |
| apiece. The river is still polluted and |  |
|  |  |
|  |  |
| and the annual catch is about ten thou- |  |
| sand salmon averaging fifteen pounds |  |
| e |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

## Last Mark Down Winter Coats and Furs

 heavy all-wool Chinchilla Cloth Coats in Black, $\$ 24.00$, to sell for $\$ 17.00$A few in Navy, and Black Astrachan Cloth in small $\$ 10.00$ sizes, regular close for each $\$ 6.00$
Small lot of Furs in Muffs and Neck Pieces at about hall price. These Price
will be for 2 weeks.

## C. C. Grant

St. Stepheri, N.B.

We Keep the Quality Up It is one th ally good.
It is quite another thing to make flour that

## PURITY FLOUR

Never disappoints. Whether
you buy one barrel or a hunyou buy one barrel or a hun-
dred the quality is ALWAYS the same and makes
More Bread and Better Bread--and
Better Pastry, too.

## YARN!

We have received another lot of GOLDEN GROVE YARN-Pure Wool
R. A. Stuart \& Son


FLASHLIGHTS Shingles

J. A. SHIRLEY

Hardware, Paints and Glass

Remember this! Paint insurance on your buildings is just as important as fire insurance.

## Sherwin-Williams <br> Paints and Varnishes

Fire may never come, but the deteriorating effect of
the weather on buididins of fevery kind is certain, unless protected by paint:
Unprotected wooden surfaces crack and become open and porous, then decay and rot starts. This means
expensive repaing, which can all be avoided by the Examine your builidings now-A Aitte money spent in
painining at one may save you much larger expendipainting at oncer
ture a litiel later.
Sherwi-Williams Paint. Prepared. is the ideal pain
 matchiner tacocroding to special tormulae the ereult
of years of experimentand experience in paint making

## G. K. GREENLAW

Advertising Pays---Try a Beacon Adv

THE BEACON, SATURDAY, JANUARY 19, 1918


## "HUNTING IN COUPLES

BY HORACE GREBN
Author of "The $\log$ of a Noncombatant"; War Correspondent for the Eveniug Post in
Belgium, France, Germany Austria.Hungary, Bulgaria, Rumania, etc. Mr. Green is
now a lieutenant in the Aviation Section of the United States A.





| Ducks! !! Confound it! Nothing but ducks! 1! The spell is broken. Jim comes out of his trance, the Missus coughs to her throat's content, and you all land and stretch your aching museles./ Jim is a mere mortal again. <br> Well, it was a great night. We ought to have killed something anyway. <br> On the morning of the kill the Missus went out at sunrise with George. No results other than seeing fresh tracks of cow and calf moose. After a council of war we packed up and, an hour before noon, broke camp in favor of an unknown pond or group of ponds to the northwest of the Lake of Istands, vaguely hinted at by an Indian friend of Jim's. <br> We worked up a winding creek about six miles in length with marshy banks, and the further'we pushed up stream the fresher and more numerous became tracks and "sign" of game. We hauled, pushed and shoved the canoes over beds of shallow ooze, often waiting ten or fifteen minutes while George chopped big logs which had fallen across stream. Finally the stream dried up altogether. The Missus and I sat disconsolately on a $\log$; Jim and George grunted, spat, and retired into the forest. <br> "They've got a hunch," I said. <br> "Better leave them alone," suggested the 'issus. <br> Presently we heard a shout. Forty yards away, clinging to a limb near the top of the tallest pine tree in the neighespied the figures of Jim and George pointing triumphantly to the northwest, <br> Bolschil" they shouted, which is White Bear Indian for water on lake. <br> Everything except the guns and a day's rations were cached by the side of the stream, to be picked up on the return trip. Then, dragging the lightened canoes by means of a leather "tump" line strapped to their shoulders, the halfbreeds squashed along the banks, sinking a foot into the ooze at every step. I carried the duffle bags; the Missus took the guns and paddles. At the end of half a mile we water hardly bigger than a puddle. bathed in a gorgeous October sunset. Shallow water, three marsh coves, and a lot of reeds and lily pads. <br> Awfully moosey looking," whispered the Missus. <br> Ugh-hugh!" Jim grunted. "Any tobacco handy, Mr. Green ?" <br> We paddled to the only firm ground on the shore, a jutting rock, anything but level. We didn't chop wood or make a fire, for fear of frightening game. Excite- ment ran high. The Missus and I waited while the men squatted and looked over the horizon with much guttural grunting, | punctuated by rapid spits ! It was a cloudy evening and the rain threatened to hide the sunset's afterglow. It was geting dark. About $6.10 I$ had just stretched out on the pine bows and was vaguely thinking of putting wax-candle grease on my rifle sights, when Jim said he would go out in the canoe and try a few calls around the bend. In two minutes he came running back. Quick! <br> Quick, Mr. Green. Get your gun, <br> Wha-wha-what?" <br> Quick, quick! Sh-sh-he's a big one. <br> A great big bull-just around the bend." <br> No doubt about it. Jim was in no trance this time. All four hurried into next, flat in the bottom, then Jim with his birch-bark horn, and George paddling in the stern. Wallowing in the marshes about five hundred yards from our camp stood the bull-a huge, black splotch with towering neck and horns, vaguely outhined he was up-wind of us, and as we approached continued thrashing the Kily-pads and occasionally emitting a sound between a snort and a gargle. I had five shells in my chamber. <br> Jim gave the short mating grunt three times - "Ugh!-Ughgh!-UUUGHGH !" <br> The bull stopped eating, threw up his head, and eyed us inquiringly. Jim, wild ly excited over the success of his calling, kept digging the Missus in the ribs and ejaculating in a stage whisper: "See him? See him? He heard me-answer ed me. There he comes!" <br> Ugh!-Uughghgh!-UUGHGHGH!" <br> The bull suddenly charged towards us and horned the underbrush angrily and passionately. He lifted his head. I could hardly make it out against the dark background. There was a moment's silence. I could hear the water dripping from his bell. I watched him for a momentfascinated. <br> Shoot! Quick!" whispered Jim at about 140 yards. I took more time than was necessary, Jim repeating excitingly: "thoot, shoot, shoot!" I fired. The bull turned very slowly, exposing the right side. He was hard to make out against the darkness. I again took deliberate aim at the shoulder and gave him two more. After the third shot the bull turned his back and staggered feebly towards the wood, Jim standing uprtght in the canoe and yelling at me to shoot again. At the fourth shot the animal fell sideways with a thud-one kick like a fallen horse, and it was all over. <br> Jim stood upright in the danoe and pounded the Missus (the nearest thing) on the back with his paddle. She passed it on to me. We paddled back to our | rock to get into the two canoes, the guide being afraid to approach the animal with four persons in one canoe and only one paddle. I threw out my remaining shell paddle. I threw out my remainig through the marsh. He lay on his sidea huge, black bułk,-quite dead. <br> We measured him. Fifty-four inches spread and twenty-two prongs! <br> I was astonished to find that all four shots had taken effect; the first when he was head on, went through the lowered jaw and apparently between the legs without doing further damage ; the second and third, either of which, Jim says would have finished him, were found within three inches of each other, em bedded near the heart; the fourth, as he staggered away from us, had entered staggered away from us, had entered to rear quarters and passed the length of the spine the spine. <br> Cutting off a saddle for immediate con-sumption-the first fresh meat we had tasted since Haileybury-we postponed until the following day the remainder of the autopsy and the arduous preparation of the head and skull for the long paddle back to civilization. Moses, we called him, on account of the Hebraic bent of his nose, and the lake, out of deference to Jim's calling, we named "Lake Ugh." <br> And you know," quoth the Missus that night as we toasted hands and feet before a crackling pine $\log$ blaze, while revelled in the guides' praise of my steady marksmanship, "you know, you don' Now, if I had shot Moses <br> But later in the evening as I rinsed the frying-pan in the starlit waters of Lake Ugh, some fifty feet below our campfire, <br> overheard the Missus taking Jim aside "Oh, Jim. Do you think there'd be a chance if-if just you and I got up at sunrise and worked out that little creek t the northwest . . ? I want a bul you know, and-and-it's got to be really big one-or I simply won't fire at him.' <br> For the remainder of the trip I was forced to smile at the fashion in which one young lady made Jim's life miserable by insisting that every nook, creek, and cove be thoroughly investigated. For the ensuing ten days at sunrise, on the homeward journey and at eve, there were lively staikings of the Quebec moose. But depart unhurt, the Missus remaining true to her determination of a record head or none at all. <br> And so, as I have had occasion to remark, it is the glowering eye of Moses beneath 54 'inches of spreading antlers and above a drooping bell, which looks stonily Jupon us from the wall in that $6 \mathrm{ft} . \times 10$ cubbyhole which our landlord, for reasons impertinent to suggest, sees York Evening Post. |
| :---: | :---: | :---: |

## No Matter What You Require in

 Heary and lightHARDWARE

Builders', Mill, Machinists', Plumbing, AUTOMOBILE and MOTOR BOAT SUPPLIES

Pumps, Brass and Iron Goods
for steam and watre
WE have IT

Cutery A Specialty

MAIL ORDERS GIVEN PROMPT ATTENTION
T. McAVITY \& SONS, LTD.

St. John, N. B.
年



ler mouth ghe actires your eve med
Slash of water, whirring of wings a
"Ouack!

## YEASTLESS BREADS FOR WARTIME FARE

## Boston Brown bread 1 cup rye meal 1 cup granulat 1 cup rye meal

 $1 \frac{1}{1}$ teaspeons soda $\frac{1}{2}$ teaspeons sod e cup molasses2 cups sour milk cups sour milk or
milk or water Mix and sift dry ingredients, add mola ses and mik, strir unti ( one miled, tur powder can makes an attractive shaped loaf) and steam three and a half hours.
The cover should be buttered before being placed on mould, and then tied dow
with string; otherwise the bread in risin with string; otherwise the bread in rising
might force off the cover. The mould
should never be filled more tian two. thirds full. For steaming, place mould mater, allowing the water to come halt
and water, allowing the water to come half
way up around mould Cover closely and way up
steam,
ed.

##  <br> 1 teaspoen bakin it teaspoon salt

Stir the boiling water into the cont meal,
add the beaten egg and stir in flour, salt ad the beaten egg and stir in flour,
and baking powder, sifted together. S
the grated cheese. Mix in the grated cheese. Mix quickly, and
drop by tablespoonsful in a hot frying-pan


THOSE CLIAMS
Sift the soda and salt with the flour,
add the molasses and milk, and Beat well.
Pour into a greased mould and steam Pour into a
three hours.

Sweet milk brown Bread 1 cup white flour
2 cups graham flour 2 cups graham flour
it teaspoon soda
and 12 teaspoons sa ${ }^{\frac{3}{2} \text { cupp molasses }}$
w England brown Brean $1 \frac{12}{12}$ cups stale bread
34 cups cold water ${ }^{3}$ cup molasses $1 \frac{1}{2}$ teaspoons salt
$\frac{1}{2}$ cups rye meal $1 \frac{12}{2}$ cups corn meal ${ }_{12}^{2} \frac{1}{2}$ cups graham flou hrough a collander, add molasses, dr
ingredients mixed and sifted and remain
ing water. Stir until well mixed, fill but

## health Bread

 3 cups bran$1 \frac{1}{2}$ cups graham flour 1 cup white flou
sup molasses
1 teaspoon baking powde
2 cups milk
2 cups mik
Sift together the dry ingredients. Beat
in the milk and molasses, pour into greasabout one-half hour before baking. Bake
about one and one-quarter hours in a slow ome
Dr. Keirstead' report of the Food
Controller's work in New Brunswick:
During the past month our Pledge Cara
Campaign has been pushed in the rural
districts trough medium of the pub-
lic schools. Teachers have given hearty
cooperation in instructing their pupis,
and in circulating the pledges in their
localities. In some cases the teachers
$\qquad$

## fore it is com

Canada has to foot enormous losses each year because of ineffective
orest ranging systems. To cut down New Brunswick's share of that loss Corest ranging systems. To cut down, New. Brunswick's share of that loss
it is expected that the Forest Service will be given authority this winter to
completely reorganize the fire ranging system

## TO COMBAT FOREST

## DESTRUCTION BY MODERN

 FOREST SERVICE$$
\begin{aligned}
& \text { By Robson Black, Sec, } \\
& \text { estry Associationt Ottaw }
\end{aligned}
$$

$$
\begin{aligned}
& \text { estry Association, Ottawa. } \\
& \text { Forest protection has made greater } \\
& \text { advances in Canada during the past five }
\end{aligned}
$$

$$
\begin{aligned}
& \text { adverest protection nas maae greater } \\
& \text { years than in in the during the pasious fifty. Those }
\end{aligned}
$$

$$
\begin{aligned}
& \text { two or three years will witness tremend } \\
& \text { ous further addances in Government for- } \\
& \text { estry policies. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { estry policies. } \\
& \text { New Brunswick has more than } 7,500,000 \\
& \text { acres of public owned forest lands under }
\end{aligned}
$$

$$
\begin{aligned}
& \text { acres of public owned forest lands under } \\
& \text { lease, for the greater part, to scores of } \\
& \text { wood using industries. While the indus. } \\
& \text { tries are providing the chief source of }
\end{aligned}
$$ Soak bread in two cups of water. Rut

through a collander, add molasses, tered one-pound baking-powder tins two
thirds full, cover and steam two hours. ed pans, and let stases in the pans for
about one-half hour before baking. Bake
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Moncton the Daughters of the Empire
ate eliving up to their pledge, not only
individually but in their patriotic tea room,
and
and Chapters in other places are render
ing excellent service. In Campbellton
the Committee has secured the exclusio
the Co
of foo
and in
able is

sumption of sweets and other foode the The
local Committe of Chatham has carried
on organization work and held
on organization work and held public
meting in ectres near that town,
The Women's Institutes are doing good
The Women's Institutes are doing good
educational work in food values, and a
strong public sentiment in the province
in
in favor
created

Sift the salt and soda with the white
our. Add the bran and sift again. Add

| sugarar and be |
| :--- |
| greseac pans |

## Buar baw <br> 2 cups bran 2 cups white flo 1 cup brown su <br> 1 cup sour milk 1 teaspoon soda 1 teaspoon salt

## Potato Bread <br> 3 pounds potatoes 1 cup lukewarm water 5 to 6 cups whole whea $1 \frac{1}{3}$ tablespoons salt

 ${ }_{1}^{1 \frac{1}{2} \text { tablespoons salt }} \begin{aligned} & \text { tablespoons sugar }\end{aligned}$2 cakes compressed or dry yeast,
softened in $\frac{1}{2}$ cup lukewarm Boil the potatoes in their skins until
very soft. Pour off the water, and peel very soft. Pour off the water, and peel
and mash the potatos while they are still
hot. When the Potatoes are lukewarm hot. When the Potatoes are lukewarm
add the dissolved yeast cake, then the
other cuptuls of water. and the salt and slour. Mix into this one scant cupful of
flatiow the sponge to rise for about two hours. Add the remainder of
the flour and knead thoroughly until the dough is smooth and elastic. Let rise
until nearly double in volume, then knead and shape into loaves. Let thes
doublé their volume and bake.

Rice Briead
cup lukewarm mik and water
cup uncooked rice

## poons salt

tablespoon sugar
tablespoon butter,
ping (if desired).
cake compressed or dry yeas
to 8 cups whole wheat flour
Cook rice unti tender in boiling wate
which one teaspoonful of salt has bee added. Put the sugar, salt and fat (if
used) jinto the mixing bowl and pour over used) into the mixing bowl and pour over
them a half cuptul of the liquid. Add the
yeast cake softened, in one-quarter cup of Ce lukewarm water. Add two cuptuls of
Hur and the boiled rice which bis beet cooled until lukewarm. Allow this sponge
to isise until very light. then add the rest Hhe flour. This dough is so stiff that Smie pressure ls necessary to work in the
Iagtof the flour. Allow the dough to rise
att uatil double in bulk, knead and shape in-
to to loaves; let th
bulk, and bake.





| cline is a calamitous one and only the |
| :--- |
| most carefull--nforced restrictions over |
| a period of years can restore, or even |
| save, the fisery |

ater the fishery.
Anual Meeting of the
At the Ninth Annuission of Conservation, Mr. J. P
Babcock; Assistant Commissioner of
Bisherres, British Colnmbia, said:
Find of
River history of the fishing in the the past fourteen years River district in the past fourteen years
is arecord of failure on the part of the
authorities of the state of Washington to authorities of the state of Washington to
realize the necessity of conserving agreat
fishery, notwithstanding the convincing
evidence submitted to them by agents of fishery, notwithstanding the convincing
evidence summitted to them by agents of
their own creation that disaster was im
pending to one of their great industries.
The Canadian autorities. on the other
Tand, have, by their representation of
hacts, evinced, in unmistakable

 losses in the forest areas, although modern
protective systems are capable of greatly
reducing losses. year should not be a big year'. On the
other hand a continuance of the present
wasteful methods of fishing, especially by

CONFISCÁTE HOARDED COAL
Hamilton, Jan, 10.-Major Bocker
disussing the local fuel situation ot day
said he would apply to Provincial Fue Controller R. C. Harris, of Toronto, for citizens, aud wheren evidence of hoarding
found, to confiscate all over thre S found, to confiscate all over three tons
His Worship said there are 500 families in the city who have not a pound of fuel.
When one local dealer resumed taking orders this norning there was such a
Hush of applicants that four poiicemen "Has Crimson Gulch quit drin the back
 giaro bank? "Quitentirely". "What
do you do for amusement?" "Go to
noving pitcures and laugh at the reckless way they think us Wild West fellers be-
ave." -Washington Star. "Are all your family
meatiess day now?" "Yes all except
Carlo. We can't make him realize that
he musnt bite strangers on

- In the finest households in the land nhere baking results alone are the thing
whest that counts, and also in the poorest families where economy is an absolute necessity
"REGL" flour
Stands First

FOOD CONSERTATION
IN LOGGING CAMPS
WHAT THE FOOD CONTROLLER SAYS At the Paciic Logging Congress held
recently, Mr. W. B. .. Arsmstongof Brit-
ish Columbia Loggers' Association, made some very pointec. remarks in connexion
with the present wastage of foodstuffs in logging and lumber camps foodstuffs in ning of the war. Information has been like a competition hamps. Something developed in pro.
received by the Food Controller which

shat | viding luxurious food for their employees. |
| :--- | :--- | :--- |
| with the definite object of attractiog men | mecure a much larger production of bread to their employ. It was stated that: now grains in 1918 than was done in 1917.

 hose in our own homes or in the average
hotel. Mr. Armstrong attributed the tewer ships will be available to carry sol
present 'great waste of food' in the camps diers and supplies from this continent to the general and lavish use of canned
fruits and vegetables. This waste he result that the continued participa
tion the United States and Canada $i$ classified as follows: vegetables is greater than that fruits and or evaporating.
(2) The heavy syrup in which fruits are put up is very expensive-and this class of fruit
of
camps.
(3) The material of which the contain
(i)
ers is made is expensive and scarce, and
is, moreover, very necessary for the con
is, moreover, very necessary for the con-
duct of the war.
(4) It has been
(4) thas been demonstrated that the or her contribution matter how small his
food values of evaporated fruits are equal

cannot produce food \begin{tabular}{l}
if not superior, to those of the same ma- <br>
it. The utmost economy is it imperative <br>
\hline

 

erial put up in a heavy syrup. \& We situation to-day is critical and the <br>
No class of men, he pointed out, requir- \& world is rapidly approachic the
\end{tabular} No class of men, he pointed out, requir be efficient, but, of late years, the select-

 Mr. Armstrong urged that this mistaken
 a standard diet of palatable, body-build-
ing foods for their employees. He urged
that legislation be had enforcing such standardization, at least for the period of
the war. It is most desirable that men should be and I understand in France also, can with given plenty of wholesome food prepared bed
out exaggeration be descriced as critica
and anxious. I am now unable to avoic
and
and in sanitary kitchens and served in clean,
bright dining rooms, but this may be done $\begin{aligned} & \text { compulsory regulation. If foar it will have } \\ & \text { to come with long oueues of people await, }\end{aligned}$
without 'the tremendous waste that now
prevails'- Conservation every the severe weather in practically
england for the daily nec

## CUBA'S CAPITAL WITHOUT

 BREAD

 he musn't bite strang
Baltimore Americam.


## JOB PRINTING <br> TO SUIT YOU

WEDDING invitations, DANCE PROGRAMMES visiting cards and all kINDS OF SOCIETY, COM. MERCIAL, LODGE AND LEGAL PRINTING department.

Beacon Press Co.
THE ALL ORDERS TO
Stevenson Block


